Supplemental Table 1. Television viewing time before retirement (wave -1) and mean changes in television viewing time during the retirement transition period (from wave -1 to wave +1) by pre-retirement characteristics of the population. All models adjusted for age, sex and occupational status.

	Before retirement			During retirement transition			
	Total sedentary time (h)	95% CI		Mean change (h)	95% CI		P-value[1]
Total	2.23	2.17	2.30	0.47	0.42	0.54	
Sex							0.56
Men	2.25	2.13	2.37	0.45	0.33	0.57	
Women	2.24	2.19	2.30	0.49	0.43	0.55	
Occupational status							0.32
Upper grade, non-manual	2.08	1.99	2.17	0.43	0.34	0.52	
Lower grade, non-manual	2.27	2.17	2.38	0.51	0.42	0.60	
Manual	2.37	2.27	2.46	0.50	0.42	0.58	
Workstatus							0.0005
Full-time	2.20	2.13	2.27	0.53	0.47	0.60	
Part-time	2.33	2.22	2.43	0.36	0.27	0.45	
Marital status							0.05
Married or cohabiting	2.21	2.14	2.28	0.45	0.39	0.52	
Not married or other	2.32	2.21	2.43	0.56	0.46	0.66	
Heavy physical work							0.56
No	2.22	2.15	2.29	0.47	0.41	0.53	
Yes	2.35	2.20	2.49	0.51	0.39	0.63	
Occupational sedentary time							0.32
0-<4 h	2.15	2.06	2.24	0.50	0.42	0.57	
4-<6 h	2.31	2.20	2.43	0.48	0.37	0.59	
6-<8 h	2.18	2.06	2.29	0.57	0.47	0.68	
≥8h	2.16	1.89	2.43	0.66	0.40	0.93	
Physical activity							0.005
Low	2.38	2.29	2.48	0.55	0.46	0.63	
Moderate	2.16	2.06	2.26	0.51	0.42	0.59	
High	2.12	2.03	2.21	0.38	0.29	0.46	
Body mass index							0.24

Underweight	2.66	1.76	3.57	NA			
Normal weight	2.00	1.92	2.09	0.45	0.37	0.52	
Overweight	2.26	2.18	2.34	0.47	0.39	0.54	
Obese	2.57	2.44	2.70	0.54	0.42	0.65	
Heavy alcohol use							0.95
No	2.21	2.14	2.28	0.48	0.43	0.54	
Yes	2.56	2.37	2.76	0.48	0.32	0.63	
Current smoking							0.94
No	2.20	2.13	2.27	0.48	0.42	0.54	
Yes	2.60	2.41	2.80	0.48	0.32	0.65	
Sleep difficulties							0.18
No	2.17	2.09	2.25	0.45	0.38	0.52	
Moderate	2.29	2.18	2.40	0.45	0.25	0.55	
Severe	2.34	2.23	2.44	0.55	0.45	0.64	
Number of chronic diseases							0.07
0	2.22	2.12	2.32	0.39	0.30	0.49	
1	2.25	2.16	2.34	0.51	0.43	0.59	
≥2	2.22	2.13	2.32	0.52	0.44	0.60	
Mental disorders							0.17
No	2.24	2.17	2.31	0.47	0.41	0.53	
Yes	2.21	2.05	2.36	0.57	0.44	0.70	
Self-reported health							0.0003
Good	2.19	2.13	2.26	0.41	0.35	0.47	
Average	2.35	2.23	2.47	0.65	0.54	0.76	
Poor	2.57	2.24	2.90	0.58	0.31	0.84	
Psychological distress							0.01
No	2.22	2.16	2.29	0.45	0.39	0.51	
Yes	2.35	2.19	2.52	0.66	0.50	0.81	

[1]P-value for interaction with time