

Progress in understanding and treating *SCN2A*-mediated disorders

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Overview

Our understanding of the genetic causes of neurodevelopmental disorders has increased dramatically in the past decade. In that time, the gene *SCN2A* has risen in prominence as one of the leading causes of neurodevelopmental disorders. Remarkably, *SCN2A* is associated with a range of disorders, including Autism Spectrum Disorder (ASD), developmental delay, and early-onset seizures (before the first year of life) of varying severity. Moreover, the functional consequences of mutations appear to predict phenotype and, to some extent, severity.

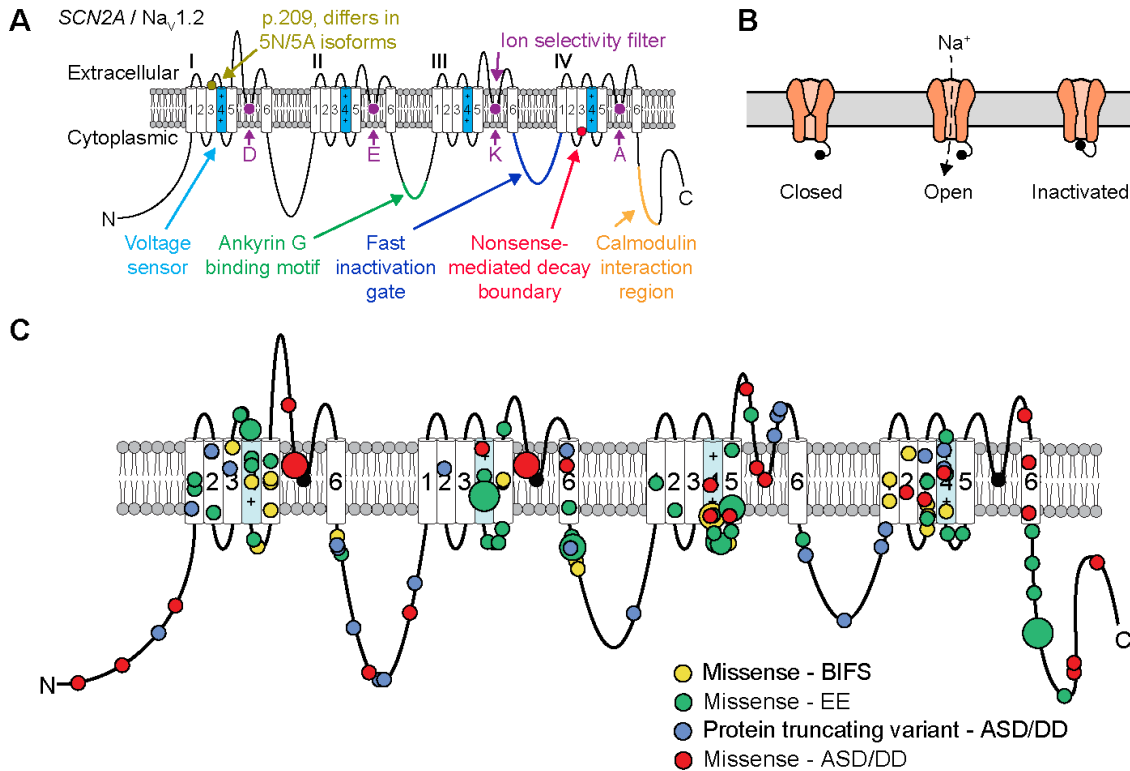
SCN2A encodes the neuronal voltage-gated sodium channel Nav1.2, a sodium channel isoform involved in the initiation and propagation of action potentials in a range of neuron classes. The well-defined biology of this channel, the strong genotype-phenotype correlations, and the potential for developing channel-specific drugs, make it a leading candidate for understanding the etiology of these disorders and for developing treatments for neuropsychiatric disorders. Following an *SCN2A*-dedicated conference organized by Simons VIP (<https://sfari.org/resources/autism-cohorts/simons-vip>), we summarize the current state of research, future directions, and consider potential challenges.

The *SCN2A* gene

The Sodium Channel, Voltage-Gated, Type II, Alpha (*SCN2A*) gene is located on the positive strand of chromosome 2 (2q24.3) in humans, between the closely related gene *SCN3A* and the nuclear protein gene *CSRNP3*. The closely related genes *SCN1A* and *SCN9A* are within 1,000kbp downstream. The *SCN2A* mRNA transcript contains 27 exons with 8,430 nucleotides, which is processed to 26 coding exons (exon 1/27 includes 5' UTR only) with 6,018 nucleotides. The processed mRNA encodes a 2,005 amino acid protein called Nav1.2. Due to the large last coding exon, only stop codons in the first 1,591 amino acids would be expected to induce nonsense-mediated decay (Figure 1A) (Nagy and Maquat, 1998).

There are two known isoforms that use different copies of coding exon 5/26 that differ by one amino acid at position 209: Asparagine (Asn/N) vs. Aspartic acid (Asp/D)

58 (Kasai et al., 2001) (Figure 1A). These isoforms are called 5N and 5A respectively. Of
 59 note, *SCN2A* contains two non-canonical splice sites (AT-AC instead of GT-AG) between
 60 coding exons 2:3/26 and 23:24/26, suggesting involvement of the minor spliceosome
 61 (U12) (Parada et al., 2014; Wu and Krainer, 1999). These non-canonical splice sites are
 62 conserved in the mouse genome (mm10) and observed in multiple voltage-gated ion
 63 channels (Wu and Krainer, 1999).
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 67 **Figure 1. Overview of *SCN2A* / Nav_v1.2.** **A)** Nav_v1.2 sits in the cell membrane and is composed of four
 68 repeating subunits (I-IV) each of which contains a voltage sensor (light blue) and a pore loop with an amino
 69 acid making up the DEKA ion selectivity filter (purple). The cytoplasmic loop between repeats III and IV is the
 70 fast inactivation gate (dark blue, see **B**). Two isoforms are known, differing by one amino acid at p.209 (dark
 71 yellow) (Kasai et al., 2001). The channel binds to Ankyrin G (*ANK3*), which anchors it to the membrane (green)
 72 (Bouzidi et al., 2002), and interacts with calmodulin, which may have a regulatory role (orange) (Mori et al.,
 73 2000). Stop codons before the nonsense mediated decay boundary (red) are predicted to prevent protein
 74 translation, while those after this boundary may not. **B)** Nav_v1.2 is closed at rest. Sufficiently positive voltage
 75 opens the channel, allowing sodium flux, after which the channel is blocked by the fast inactivation gate (**A**).
 76 As the membrane voltage returns to rest the channel resets. **C)** Location of variants in Benign Infantile Familial
 77 Seizures (BIFS, yellow), Epileptic Encephalopathy (EE, green), and Autism Spectrum Disorder/Developmental
 78 Delay (ASD/DD, blue and red). Larger circles indicate recurrent mutations.
 79

80 The structure and function of *SCN2A* / Nav_v1.2

81 *SCN2A* encodes the neuronal sodium channel Nav_v1.2, which is one of several sodium
 82 channels involved in action potential initiation and propagation in neurons. *SCN2A* is one
 83 of four sodium channel isoforms expressed throughout the central nervous system,
 84 alongside *SCN1A* (Nav_v1.1), *SCN3A* (Nav_v1.3), and *SCN8A* (Nav_v1.6). Structurally, sodium
 85 channels are comprised of 4 repeating subunits, each with 6 transmembrane domains
 86 (Figure 1) (De Lera Ruiz and Kraus, 2015). The 4th transmembrane domain is sensitive to
 87 voltage differences between the inside and outside of the cell, and will initiate
 88 conformational changes in the channel that lead to channel “activation” when the voltage

89 becomes more positive. Activation opens the central ion selectivity pore, allowing for
90 electrical conduction by way of sodium flux into the cell (Figure 1B). Shortly thereafter, a
91 gate physically blocks the pore, and the channel enters a conformation termed “fast
92 inactivation”. From here, the membrane voltage hyperpolarizes, which helps remove the
93 inactivation gate to “recover from inactivation”. While exceptions have been noted, sodium
94 channels typically must go through all three steps to then be primed for subsequent
95 activation (Armstrong, 2006).

96 These steps through activation, conduction, inactivation, and recovery from
97 inactivation vary across sodium channel isoforms, both in timing and voltage sensitivity.
98 This is due to small differences in the amino acid structure of the channels. As one could
99 imagine, variation induced by *de novo* missense mutation can also alter the biophysical
100 properties of the channel, especially if such mutations are in parts of the protein that are
101 important for sensing voltage or permitting ion flux (Figure 1C). Furthermore, mutations at
102 key sites for interactions with beta (e.g. *SCN1B*) and other auxiliary subunits (e.g., FHF-
103 14), modulatory systems, and scaffolding proteins can all impact Nav1.2 activity (Yan et
104 al., 2014). How these mutations can affect different aspects of channel function is
105 described in detail below.

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Box 1, terms used to describe neuronal voltage:

A certain set of terms is used to describe neuronal voltage dynamics. A neuron not actively generating action potentials is said to sit at “resting membrane potential,” or V_{rest} . For most neurons, there is a small voltage differential between the inside and outside of the cell at V_{rest} , with the inside being more negative than the outside (typically -60 to -90 millivolts, abbreviated as “mV”). Channels that allow positive ions into the cell, such as sodium channels, are said to “depolarize” the membrane potential, as they bring the membrane potential closer to 0 mV. Conversely, ion channels that allow positive ions to leave the cell (potassium channels) “hyperpolarize” the membrane potential away from 0 mV. This is sometimes called “repolarization”, especially in the context of action potential generation.

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109 **Developmental changes in Nav1.2 expression across brain regions**

110 Nav1.2 channels are expressed across the central nervous system. In cortical structures,
111 Nav1.2 are co-expressed with Nav1.6 predominately in excitatory, glutamatergic neurons.
112 Inhibitory interneurons largely express Nav1.1 instead of Nav1.2 (Catterall et al., 2010;
113 Ogiwara et al., 2007), though both Nav1.1 and Nav1.2 co-express in the somatostatin-
114 expressing interneuron subclass in human tissue (Tian et al., 2014). Similar distributions
115 across excitatory and inhibitory cells are found in hippocampus (Lorincz and Nusser, 2010;
116 Ogiwara et al., 2007).

117 The 5N isoform of *SCN2A*/Nav1.2 is expressed in the fetal brain, while the 5A
118 isoform is expressed in adult brain (Kasai et al., 2001). The timing and nature of this
119 transition has not been characterized in detail. The adult 5A isoform makes the channel
120 more sensitive, resulting in increased neuron excitability (Gazina et al., 2015; Xu et al.,
121 2007).

122 In addition to changes in isoforms, the distribution of Nav1.2 changes markedly
123 over development in excitatory pyramidal cells. Early on, Nav1.2 is the only sodium
124 channel isoform expressed in the axon initial segment (AIS) (Boiko et al., 2003; Gazina et
125 al., 2015; Osorio et al., 2005), an axonal subcompartment located proximal to the soma
126 that is the site of action potential initiation (Bender and Trussell, 2012). In humans, this
127 early developmental period spans from the late 2nd trimester, when cortex is beginning to

128 form, to 1-2 years of age. At this time, Nav1.2 in the distal AIS as well as the rest of the
 129 axon is largely replaced by Nav1.6 (*SCN8A*), which has a lower voltage threshold for
 130 activation. Consequently, the distal AIS becomes the site of action potential initiation in
 131 mature neurons (Kole et al., 2008; Kole and Stuart, 2012). Nav1.2, now restricted to the
 132 region of AIS most proximal to the soma, takes on a new role. Rather than initiating action
 133 potentials, Nav1.2 channels now function as a reserve pool of channels, right next to the
 134 cell body, waiting for Nav1.6 channels to initiate action potentials. Once initiated, action
 135 potentials propagate bidirectionally, down the axon and back towards the soma. On its
 136 way, action potentials are boosted by the reserve pool of Nav1.2 channels, which is
 137 thought to help action potentials backpropagate into the somatodendritic compartment (Hu
 138 et al., 2009). There, backpropagating action potentials may influence activity dependent
 139 gene transcription, synaptic integration, and synaptic plasticity.

140 Another prominent site of Nav1.2 expression is the cerebellar cortex (Martínez-
 141 Hernández et al., 2013). Here, Nav1.2 channels are co-expressed with Nav1.6 in
 142 unmyelinated axons of excitatory granule cells that form parallel fiber synapses on
 143 Purkinje neurons. In contrast to the developmental loss of Nav1.2 in cortical myelinated
 144 axons, Nav1.2 expression persists throughout development, with an apparent peak in
 145 density within the second and third postnatal weeks in mice (Y. Liao et al., 2010; Martínez-
 146 Hernández et al., 2013). This suggests that Nav1.2 serves different roles in mature
 147 neurons with myelinated and unmyelinated axons.

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 149 **SCN2A-mediated disorders**

150 Variants in *SCN2A* are associated with three distinct disorders (Ben-Shalom et al., 2017;
 151 Wolff et al., 2017): 1) Epileptic Encephalopathy (EE), defined by early onset seizures,
 152 before 12 months of age, followed by neurodevelopmental delay. 2) Benign infantile
 153 familial Seizures (BIFS), characterized by early onset seizures before 12 months of age
 154 that resolve by 2 years of age without overt long-term neuropsychiatric sequelae. 3)
 155 Autism Spectrum Disorder/Developmental Delay (ASD/DD), characterized by global
 156 developmental delay, with social and language milestones particularly delayed; up to a
 157 third of children in this category identified to date also develop late-onset seizures with
 158 worsening developmental delay.

159
 160 **Table 1: Frequency of *SCN2A*-related disorders in the general population and**
 161 **literature**

	EE	BIFS	ASD/DD
Cases per 100,000 births	120 (Gaily et al., 2016; Ronen et al., 1999)	20 (Gaily et al., 2016; Ronen et al., 1999)	2,500 (Christensen et al., 2016)
Population frequency	0.12%	0.02%	2.5%
Percent of cases with <i>SCN2A</i> variant	1.2% (EuroEPINOMICS-RES Consortium et al., 2014)	11% (Zara et al., 2013)	0.3% (Sanders et al., 2015)
Estimate of <i>SCN2A</i> -related cases per 100,000 births	1.4	2.2	7.5
Expected <i>SCN2A</i> -related births per year in the USA	56	88	298
Year <i>SCN2A</i> association documented	2009 (Ogiwara et al., 2009)	2002 (Heron et al., 2002)	2012 (Sanders et al., 2012)

Published mutations	107 cases	24 families	92 cases
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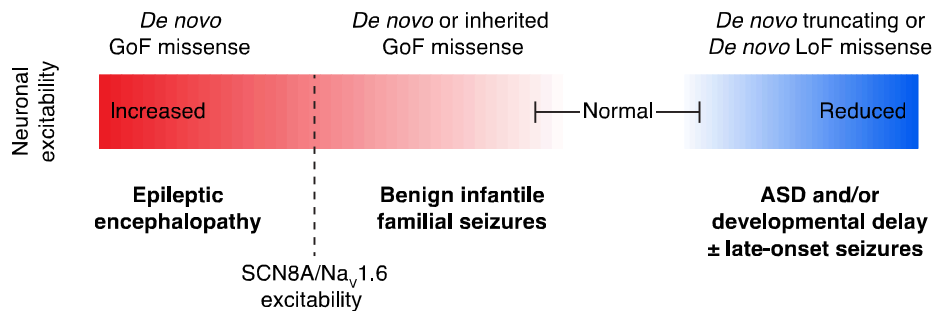
While most children with *SCN2A* variants fit into one of these categories, there are some exceptions, including EE with choreoathertoid movements in R853Q mutations (Kobayashi et al., 2016; Samanta and Ramakrishnaiah, 2015), late-onset episodic ataxia (Leach et al., 2016; Y Liao et al., 2010; Schwarz et al., 2016), intermediate EE (Howell et al., 2015), and schizophrenia (Carroll et al., 2016; Fromer et al., 2014). Further work is required to understand how these disorders relate to the other three distinct categories and the role of cerebellar Nav1.2 in ataxia, hypotonia, and other symptoms.

In interpreting the clinical features of the disorders associated with *SCN2A* it is important to consider how the cases were discovered and the consequent ascertainment bias. Early-onset seizures are distinctive, require specialist treatment at an early age, and have a well-recognized genetic origin that helps guide treatment (Wirrell et al., 2015). In contrast, developmental delay and ASD are often diagnosed in the community and, despite strong evidence of a genetic basis (Sandin et al., 2014; Tick et al., 2015), genetic testing that would discover *SCN2A* mutations is not routine. Considering the frequency of these disorders and the fraction mediated by *SCN2A* mutations, we would expect ASD/DD-related mutations to be 5-fold more common than EE-related mutations (Table 1); however, approximately equal numbers of cases have been described for EE and ASD/DD. Furthermore, within each disorder, there is likely to be a bias towards genetic testing in the more severe cases. As a result, we are probably under-sampling mutations with milder effects on Nav1.2 function and overestimating the frequency of late-onset seizures in the ASD/DD group.

Towards a model of *SCN2A* pathology

An integrated analysis of genetic and electrophysiological data led to a model to account for the three disorders associated with *SCN2A* (Figure 2) (Ben-Shalom et al., 2017). Variants that increase sodium flux (Nav1.2 gain of function) lead to EE and BIFS, while those that reduce sodium flux (Nav1.2 loss of function) lead to ASD/DD (Figure 2). The degree to which the gain of function variants increase sodium flux distinguishes EE from BIFS, with severe mutations leading to EE and milder mutations leading to BIFS. This model is supported by several strands of evidence, including: 1) Electrophysiological analysis of 15 variants; 2) The restriction of protein truncating variants, resulting in loss of function, to ASD/DD cases; 3) The presence of multiple recurrent missense mutations within the three groups, but none between the three groups; and 4) The clustering of EE/BIFS mutations around the voltage sensor and ASD/DD missense mutations around the pore loop (Figure 1C). The subsequent publication of 71 novel *SCN2A* variants from European clinics (Wolff et al., 2017) further supported the model proposed in Ben-Shalom *et al.* across all four of these strands of evidence.

This model has therapeutic implications. Since both increased and decreased Nav1.2 activity result in serious phenotypes, it is important that therapies aimed at modifying this activity can be prevented from over-correcting, resulting in the opposite phenotype.



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207 **Figure 2. Current model of SCN2A pathology.** Gain of function (GoF) variants increase glutamatergic
208 neuronal excitability leading to early-onset seizure phenotypes, while loss of function (LoF) variants decrease
209 excitability leading to ASD and/or developmental delay (Ben-Shalom et al., 2017). Seizure severity is
210 correlated with the degree of GoF, with mutations that greatly increase excitability leading to epileptic
211 encephalopathy (EE), while milder variants lead to benign infantile familial seizures (BIFS) that resolve around
212 1-2 years of age without apparent neurological sequelae. The threshold that distinguishes EE and BIFS
213 variants may be related to neuronal excitability Nav1.6, which replaces Nav1.2 in generating action potentials
214 and has a lower threshold for activation than wild type Nav1.2.

215
216 As with any model, there are likely to be exceptions. At least one has come to light:
217 p.K1422E alters the third residue in the DEKA ion selectivity filter (Figure 1A) and is
218 predicted to produce both loss of function and gain of function effects (Heinemann et al.,
219 1992; Schlieff et al., 1996). A boy with this mutation developed seizures at 13mths with
220 developmental regression and features of ASD (Sundaram et al., 2013).

221 Genotype and phenotype appear to be strongly correlated in SCN2A. Identification
222 of further mutations, consistent phenotyping, and functional characterization of more
223 variants will hopefully refine this model further and provide additional insights into SCN2A
224 pathology and Nav1.2 function (George, 2014).

225 **Children with severe gain of function mutations**

226 Epileptic encephalopathy frequently presents with seizures in the first day after birth, with
227 some families retrospectively reporting rhythmic movements *in utero*, however seizure
228 onset is after three months in 20% of cases (Ben-Shalom et al., 2017). Of note, age of
229 onset is often similar in individuals with the same mutation, suggesting correlation between
230 genotypic and phenotypic severity. Seizure type varies widely between individuals, with
231 most individuals experiencing more than one type of seizure. Some of the children with
232 the earliest onset of seizures are classified as Ohtahara syndrome, based on tonic
233 seizures and EEG burst suppression, while onset after three months often meets criteria
234 for West Syndrome, with infantile spasms and EEG hypsarrhythmia, before being
235 reclassified as Lennox-Gastaut syndrome due to multiple seizure types as the child gets
236 older (Wolff et al., 2017). Development varies from moderate to profound delay. These
237 symptoms are often accompanied by hypotonia and sometimes by dystonia.

238 **Children with loss of function mutations**

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240 Early development is generally unremarkable up to about 6mths followed by an increasing
241 delay in meeting motor milestones, for example sitting at 8mths, crawling at 11mths and
242 walking at 18mths, with a more pronounced delay in verbal milestones with first use of
243 words often after 24mths. About a third of documented cases develop seizures, often
244 between the age of 18mths and 4yrs, and these appear to result in more severe delay and
245 sometimes regression, particularly if the seizures are severe. Seizure incidence is likely
246 overestimated in the currently identified population since genetic screening is not common
247

248 practice in idiopathic ASD/DD, but can be prompted by additional syndromic features, such
249 as seizures.

250 While children with LoF mutations do not exhibit a distinctive syndrome, many
251 characteristics are shared. They tend to be contented children that enjoy physical contact
252 with caregivers. They often engage in repetitive actions, including chewing objects, hand
253 gestures, and roaming. Social interaction is rarely initiated and the response to
254 interactions initiated by others is slow. Eye contact is rarely made and hand contact with
255 people or novel objects is avoided. Motor skills are usually slightly more advanced than
256 social skills, though walking may be slightly unsteady and muscle tone reduced, though
257 without overt signs of cerebellar pathology. Notably, pain and other aversive stimuli elicit
258 a muted response in both degree and duration (Tavassoli et al., 2014). Co-morbidities are
259 typical of neurodevelopmental disorders, including disrupted sleep, gastrointestinal
260 disturbances, and uncoordinated oral and motor movements.

261

262 **Linking disorders to changes in channel function**

263 Several hotspots within the protein are enriched with disorder-associated mutations,
264 including the 4th transmembrane voltage sensor, the intracellular N- and C-terminal tails,
265 and areas that line the central pore. To date, only about 20 of the hundreds of disorder-
266 associated variants have been electrophysiologically characterized (Ben-Shalom et al.,
267 2017; Wolff et al., 2017). Nevertheless, some patterns are beginning to emerge, with
268 mutations within particular subdomains often evoking similar changes to channel
269 biophysical properties (Table 2).

270

271 **Table 2. Electrophysiology and biophysics of SCN2A mutations (see attached excel**
272 **file).**

273

274 While each aspect of Nav1.2 function is listed separately in Table 2, it is quite
275 common for one point mutation to alter multiple channel properties. In some cases, the
276 concerted changes to voltage dependence and kinetics are consistent, allowing for easy
277 interpretation of whether the mutation renders the channel more or less excitable (termed
278 gain- and loss-of-function, respectively). In other cases, a mix of what appear to be gain
279 and loss-of-function effects are observed, and it is more difficult to understand how
280 neuronal excitability is affected. Compartmental modeling can provide insight into the net
281 effect on neuronal excitability in such conditions (Ben-Shalom et al., 2017). Even with
282 these efforts, it can be difficult to place certain variants into “gain” or “loss” categories. For
283 example, some EE-associated variants hyperpolarize the voltage dependence of
284 activation to such a degree that neurons may end up being less excitable over time, as
285 Navs may be activated at rest, but the neuron never hyperpolarizes to allow the same
286 channels to recover from inactivation. This variant is characterized as a “gain-of-function”
287 variant when describing channel biophysics, but this description may not hold at the level
288 of overall neuronal excitability. Similarly, a mutation at the ion selectivity filter (e.g.,
289 p.K1422E) can have mixed effects on excitability. This mutation converts the channel into
290 a non-selective cation channel with increased persistent, Ca²⁺-dominated current and
291 reduced, non-selective conductance when activated (Boiko et al., 2003; Heinemann et al.,
292 1992). Developing models that capture net neuronal excitability effects in such cases is
293 quite difficult, especially considering potential downstream effects on Ca²⁺-mediated cell
294 signaling. More advanced experimental tools, including neuronal culture, induced
295 pluripotent stem cell, and animal knockin models, should be leveraged.

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297 **SCN2A homologues across animal models and channels**

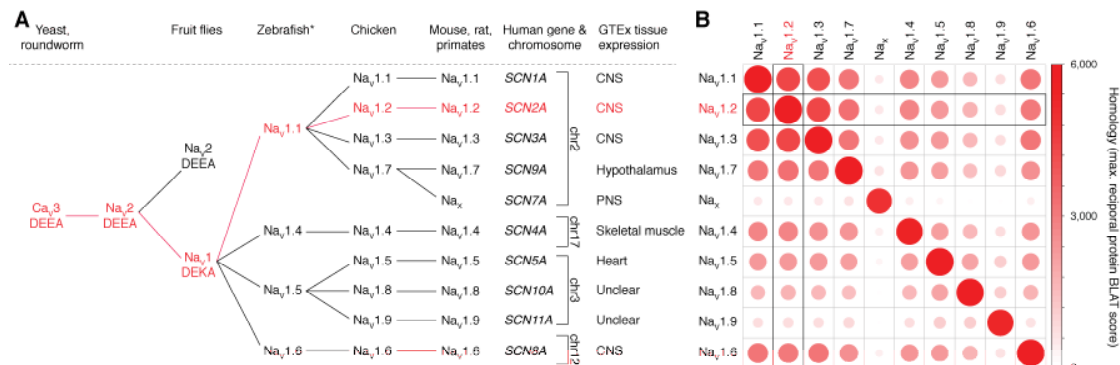
298 Voltage-gated sodium channels (Nav) are derived from a calcium channel (Cav3) early in
 299 the evolution of animals (Anderson and Greenberg, 2001; Goldin, 2001; Yu and Catterall,
 300 2003) with the DEKA ion selectivity filter in Nav1 being derived from the ancestral DEEA
 301 filter (Figure 3, Table 3). Of note, the mutation p.K1422E, described earlier, (Table 2)
 302 reverts the Nav1.2 filter to the ancestral state. The ten voltage-gated sodium channels in
 303 humans are derived from this Nav1 channel (Figure 3) (Liebeskind et al., 2011; Moran et
 304 al., 2015; Widmark et al., 2011) with different model organisms reflecting stages in this
 305 differentiation (Table 3). Nav1.2 retains a high degree of homology to both Nav1.1
 306 (disrupted in Dravet syndrome (Claes et al., 2001)) and Nav1.3 and moderate homology
 307 to Nav1.4, Nav1.5, Nav1.6, and Nav1.7 (Figure 3B). Disruption of Nav1.5 function can lead
 308 to cardiac arrhythmias, including heart block, long QT, and Brugada Syndrome (Wang et
 309 al., 1995). Therapies aimed at modifying SCN2A/Nav1.2 function will need to avoid cross
 310 reactivity with these other channels to prevent serious side effects.

311
 312 **Table 3. SCN2A homologues in model organisms.**

313 *Zebrafish have two copies of each of these four Nav channels due to relatively recent
 314 genome duplication.

Species	Number of Nav channel isoforms	Closest human Nav1.2 homologue	Percent homology to human Nav1.2
Yeast (<i>Saccharomyces cerevisiae</i>)	0	N/A	N/A
Worm (<i>Caenorhabditis elegans</i>)	0	N/A	N/A
Fruit Fly (<i>Drosophila melanogaster</i>)	2	Para / Para	70%
Zebrafish (<i>Danio rerio</i>)	4x2*	Scn1lab / Nav1.1Lb	86%
Frog (<i>Xenopus Tropicalis</i>)	6	Scn2a / nav1.2	85%
Chicken (<i>Gallus gallus</i>)	9	SCN2A / Nav1.2	93%
Mouse (<i>Mus musculus</i>)	10	Scn2a / Nav1.2	98%
Rat (<i>Rattus norvegicus</i>)	10	Scn2a / Nav1.2	98%
Rhesus (<i>Macaca mulatta</i>)	10	Scn2a / Nav1.2	99.9%
Human (<i>Homo sapiens</i>)	10	SCN2A / Nav1.2	100%

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316

317 **Figure 3. Homology of SCN2A across model organisms and voltage-gated sodium channels. A)**
 318 Voltage-gated sodium channels (Nav) are derived from T-type voltage-gated calcium channels (Cav3)
 319 (Anderson and Greenberg, 2001; Yu and Catterall, 2003). In fruit flies the ancestral Nav2 channel, with the ion
 320 selectivity filter composed of the four amino acids DEEA, co-exists with the Nav1 channel with the DEKA filter.
 321 All Nav channels in humans are derived from this Nav1 DEKA filter, while the Nav2 filter has been lost
 322 (Liebeskind et al., 2011; Widmark et al., 2011). A series of gene duplication and differentiation events give rise
 323 to the ten channels seen in humans and reflected in the proximity of similar channels in the genome
 324 (Liebeskind et al., 2011; Widmark et al., 2011). **B)** Homology between the 10 Nav channels in humans, a large
 325 circle and intense red color indicate high homology. *Zebrafish have two copies of each of these four Nav
 326 channels due to relatively recent genome duplication. CNS: Central nervous system; PNS: Peripheral nervous
 327 system; GTEx: Genotype-Tissue Expression Project (www.gtexportal.org).
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329 **Existing treatments**

330 Seizures associated with *SCN2A* mutations often cannot be controlled despite the use of
331 multiple anti-epileptic drugs (AEDs). However, for children with early onset seizures (≤ 3
332 months), sodium channel blockers, such as phenytoin and carbamazepine, are more
333 effective (Wolff et al., 2017), as would be expected based on a gain of function effect (Ben-
334 Shalom et al., 2017). Of note, this is the opposite of best practice guidelines for neonatal
335 seizures and is a compelling reason for rapid genetic testing in this condition (Wirrell et
336 al., 2015). For children with ASD/DD and late-onset seizures (≥ 12 months) the opposite is
337 true, with other AEDs offering the best options, including levetiracetam, benzodiazepines,
338 valproate, and keppra. Few data exist for guiding AED use in seizures starting between
339 3 months and 12 months, however the gain of function nature of these variants would suggest
340 sodium channel blockers would be more efficacious. Some reports have described clinical
341 improvement with less mainstream medications, including lidocaine (Foster et al., 2017;
342 Ogiwara et al., 2009), ethosuximide (Wolff et al., 2017), and acetazolamide (Leach et al.,
343 2016; Y Liao et al., 2010), though data on the generalizability of these effects are limited.

344 At present, no *SCN2A*-specific recommendations can be made for the treatment
345 of other symptoms and best practices for developmental delay, ASD, and co-morbid
346 disorders should be followed.

347

348 **Future treatments**

349 Would modification of $Na_v1.2$ function improve symptoms in the *SCN2A* mediated
350 disorders? If so, several approaches, including small molecules or gene therapy, could
351 provide desperately needed treatment and potentially modify the underlying pathology
352 (Maljevic et al., 2017; Thompson et al., 2017). As with the development of any therapy, we
353 must balance patient safety against the desire for rapid progress.

354 Based on the current model of *SCN2A* pathology, there is a risk of overshooting
355 with such a treatment and converting EE into ASD/DD and vice versa. This might suggest
356 a narrow therapeutic window of activity. Careful characterization of the functional variant
357 will be necessary to avoid exacerbating the symptoms in a misclassified variant. The high
358 degree of similarity between *SCN2A*/ $Na_v1.2$ and other voltage-gated sodium channels,
359 including *SCN5A*/ $Na_v1.5$ that can induce cardiac arrhythmias if disrupted, suggests that
360 cross reactivity is potential concern.

361 We also need to assess the reversibility of the symptoms. *SCN2A* expression
362 begins early in gestation (Kang et al., 2011) and disordered function may alter brain
363 development. In keeping with this concern, computational modeling of loss of function
364 mutations suggests that neuronal excitability is restored in the mature brain as $Na_v1.6$
365 replaces $Na_v1.2$'s role in action potential generation at two years of age, however
366 symptoms of ASD/DD persist. It will therefore be critical to understand the physiological
367 changes that persist within the brain in LoF conditions. Similarly, the encephalopathy in
368 gain of function mutations may be secondary to seizures and tractable to treatment,
369 alternatively seizures may simply be one feature of a more complex neurodevelopmental
370 disorder that begins *in utero*. Experiments equivalent to the reversal of symptoms in
371 *MECP2* mice (Guy et al., 2007) are critical for both loss and gain of function phenotypes.

372

373 **Data collection**

374 Analysis of data from publications and clinical cohorts has already provided insights into
375 genotype-phenotype relationships and appropriate therapies (Ben-Shalom et al., 2017;
376 Wolff et al., 2017). Further progress will require collaboration between scientists and
377 families, including the participation of families in the FamilieSCN2A Foundation
378 (www.scn2a.org) and the *SCN2A* patient registry (<https://simonsvipconnect.org>). There is
379 considerable scope for further development of the tools for collecting and analyzing

380 *SCN2A* patient data including greater data consistency, longitudinal, rather than cross
381 sectional, phenotypes (Bernier et al., 2017), and detailed records of the medications used
382 and their efficacy and side effects. Alongside these phenotype data, it will be necessary to
383 perform functional analyses and develop a database to record these data and outcomes
384 (Table 2), possibly in concert with homologous sodium channels (Figure 3). The
385 development of high-throughout functional analysis would accelerate this considerably.
386

387 **Conclusion**

388 *SCN2A* mutations result in at least two severe disorders, with gain of function leading to
389 early-onset seizures and encephalopathy and loss of function leading to ASD and/or
390 developmental delay. Normalization of Nav1.2 function may yield therapeutic benefit in
391 both conditions, though the issues of therapeutic window and cross reactivity to other
392 channels must be addressed. Concurrent development of such therapies, alongside basic
393 science to understand the neurological impact and reversibility of these mutations, is
394 essential. The results of these endeavors will have important implications, in families
395 affected by *SCN2A* mutations, but also for scientists and families considering the wider
396 phenomena of epileptic encephalopathy, ASD, and developmental delay.

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