

1 E-cigarette use in England 2014-2017 as a function of
2 socioeconomic profile.

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16 smoking cessation products (Pfizer, Johnson&Johnson). RW undertakes consultancy and
17 research for and receives travel funds and hospitality from manufacturers of smoking
18 cessation medications. JB has received unrestricted research funding from Pfizer.

19
20 [FIGURES AND TABLES ARE LOCATED AT THE END OF THIS MANUSCRIPT]

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29

30 Abstract**31 Background and Aims**

32 E-cigarettes have the potential either to decrease or increase health inequalities depending
33 on socioeconomic differences in their use and effectiveness. This paper estimated the
34 associations between socioeconomic status (SES) and e-cigarette use and examined
35 whether these associations changed between 2014 and 2017.

36 Design

37 A monthly repeat cross-sectional household survey of adults (16+) between January 2014
38 and December 2017. This time period was chosen given that the prevalence of e-cigarette
39 use stabilised in England in late 2013.

40 Setting

41 England.

42 Participants

43 Participants in the Smoking Toolkit Study, a monthly household survey of smoking and
44 smoking cessation among adults (n = 81,063; mean age 48.4 years, 49% were women) in
45 England. Subsets included past year smokers (n = 16,232; mean age 42.8, 46% women),
46 smokers during a quit attempt (n = 5305, mean age 40.6, 49% women), and long-term ex-
47 smokers (n = 13,562, mean age 59.3, 44% women).

48 Measurements

49 The outcome measure for the analyses was current e-cigarette use. We also included
50 smokers during a quit attempt where use of an e-cigarette during the most recent quit
51 attempt was the outcome measure. Social grade based on occupation was the SES
52 explanatory variable, using the National Readership Survey classification system of AB
53 (Higher and intermediate managerial, administrative and professional), C1 (Supervisory,
54 clerical and junior managerial, administrative and professional), C2 (Skilled manual workers),
55 D (Semi-skilled and unskilled manual workers), and E (State pensioners, casual and lowest
56 grade workers, unemployed with state benefits only). The analyses were stratified by year
57 to assess the changes in these associations over time.

58 Findings

59 Among past-year smokers, lower SES groups had lower overall odds of e-cigarette use
60 compared with the highest SES group AB (D: OR=0.53, 95% CI 0.40-0.71; E: 0.67, 0.50-0.89).
61 These differences in e-cigarette use reduced over time. The use of e-cigarettes during a quit
62 attempt showed no clear temporal or socio-economic patterns. Among long-term ex-

63 smokers, use of e-cigarettes increased from 2014-2017 among all groups and use was more
64 likely in SES groups C2 (2.03, 1.08-3.96) and D (2.29, 1.13-4.70) compared with AB.

65 **Conclusions**

66 From 2014-2017 in England, e-cigarette use was greater among smokers from higher
67 compared with lower socioeconomic status (SES) groups, but this difference attenuated
68 over time. Use during a quit attempt was similar across SES groups. Use by long-term ex-
69 smokers increased over time among all groups and was consistently more common in lower
70 SES groups.

71

72 Funding: Cancer Research UK (C1417/A22962)

73

74 **Introduction**

75 Tobacco smoking leads to the premature death of an estimated 7 million people globally and
76 96,000 in the UK each year.^{1,2} The burden of mortality and disease is heaviest among more
77 disadvantaged groups with smoking one of the most important causes of health inequalities.^{3,4}
78 Electronic cigarettes (e-cigarettes) have rapidly become the most popular cessation devices in
79 several high-income countries including the USA and UK,⁵⁻⁷ and are associated temporally
80 with population-level improvements in success rates of cessation attempts.^{8,9} However,
81 restrictions on sales and marketing vary by country. Laws in Norway, Singapore and
82 Australia severely restrict e-cigarette availability and diverge from those in the UK and USA
83 where it is legal to sell e-cigarettes to adults,¹⁰ of importance because the benefits of the
84 devices for smoking cessation may be dependent on the regulatory environment.¹¹

85

86 In England e-cigarettes are available for purchase from vaping shops, pharmacies and other
87 retail outlets. Cancer Research UK estimate that in general the cost of cigarette smoking is
88 twice that of using e-cigarettes.¹² Since May 2016 e-cigarette advertisements are prohibited
89 on TV, radio, online and in printed publications under article 20(5) of the European Union
90 Tobacco Products Directive.¹³ Consistent with the diffusion of innovation model,¹⁴ limited
91 data has suggested that awareness and use of e-cigarettes appeared greater among more
92 advantaged 'early adopter' groups during the period in which the devices first became
93 popular.^{15,16} E-cigarette use appears to have stabilised in England,¹⁷ and it is important to
94 assess the extent to which the socioeconomic profile of e-cigarette users in England has
95 changed across this period.

96

97 Behavioural support and nicotine replacement therapy (NRT) can increase the likelihood of
98 smoking cessation, but their long term quit rates are low¹⁸⁻²⁰ and may not appeal to all
99 smokers. Unlike conventional NRT, e-cigarettes mirror the sensory and behavioural aspects
100 of smoking and as such may provide an easier route to smoking cessation for some
101 smokers.²¹ Results from recent randomised controlled trials (RCTs) suggest that e-cigarettes
102 increase the chances of smoking cessation.²²⁻²⁴ Some population studies at the individual-
103 level have found a negative association or no association between e-cigarette use in the past
104 and likelihood of smoking cessation.^{7,25} However, frequency of use or type of e-cigarette,
105 known to be important mediators of quitting, were not considered in these studies.²⁶ The RCT
106 data are supported by population level data which show that e-cigarettes have been positively
107 associated with the success rates of quit attempts.⁹ Despite growing evidence that the devices
108 may confer benefit to smoking cessation and population health,^{8,27} there remain concerns
109 regarding the uptake of e-cigarettes by young people.²⁸ Others have argued that the concerns
110 may be disproportionate to risks suggested by current evidence.²⁹ Further research in this area
111 is needed.

112
113 Health inequalities are present worldwide in countries irrespective of low, middle or high
114 income status. Life expectancy and the possibility of living a healthy life are strongly related
115 to the material, social, political and cultural conditions in which individuals and families
116 live.³⁰ Although overall smoking prevalence in England is declining (currently estimated to
117 be 14.9%,³¹ there is higher prevalence among disadvantaged socioeconomic groups (23.5%)
118 compared with more affluent groups (12.0%).

119
120 Considering that e-cigarettes are the most common type of support used in a smoking quit
121 attempt, they offer a potentially useful tool to reduce smoking prevalence across the social
122 spectrum.³² However, as with numerous other tobacco control interventions there remains the
123 possibility that they widen inequalities in smoking³³ due to greater adoption of the technology
124 among 'early adopters' from more affluent socioeconomic groups who may then achieve
125 higher rates of smoking cessation.

126
127 There is limited data on the use of e-cigarettes split by socioeconomic group at the population
128 level. Furthermore, since e-cigarettes have the potential to either decrease or increase existing
129 inequalities in tobacco smoking, it is important to assess their use and any associated trends
130 across different socioeconomic groups. With recent public health policy in England showing

131 support for the use of e-cigarettes as a smoking cessation and harm reduction tool^{34,35} it will
132 be useful to examine changes in use in the context of this policy environment.

133

134 Using data collected between 2014 and 2017, the aims of this current study were to i)
135 examine whether there are associations between socioeconomic status (SES) and current e-
136 cigarette use, ii) examine whether associations between SES and current e-cigarette use vary
137 annually from 2014 to 2017, iii) repeat the analyses using current e-cigarette use redefined
138 for those reporting daily and weekly e-cigarette use and iv) repeat the analyses using housing
139 tenure as an alternative measure of SES.

140

141 **Methods**

142

143 **Design**

144 This study followed a repeated cross-sectional survey design and used annual data collected
145 between January 2014 and December 2017 (comprising four full years) from the Smoking
146 Toolkit Study (STS),³⁶ a large nationally representative survey of smoking and smoking
147 cessation in England. The 2014-2017 time window represents an up-to-date period since e-
148 cigarette use stabilised in England in late 2013.

149

150 The analytic sample consisted of adults aged 16+ living in households in England. The STS
151 involves monthly cross-sectional household computer-assisted interviews of 1700-1800
152 adults aged 16+ in England, conducted by the market research company Ipsos MORI.
153 Sampling of participants for the baseline survey uses a hybrid of random probability and
154 simple quota sampling.³⁶ Given the high number of randomly sampled output areas included
155 in each wave, which are themselves randomly sampled from over 170,000 initial output
156 areas, it is unlikely that there are substantial clusters resulting in bias.

157

158 All cases were weighted using the rim (marginal) weighting technique, an iterative sequence
159 of weighting adjustments whereby separate nationally representative target profiles are set
160 and the process repeated until all variables match the specified targets.

161

162 **Measures**

163 *Main outcomes*

164

165 The three sub-groups of past-year smokers, quit attempters and long-term ex-smokers were
166 selected because of their relevance to patterns of e-cigarette and combustible cigarette use
167 among current and former smokers in the population.³⁷

168

169 Responses to the question “Smoked in past-year” identified whether respondents were past-
170 year smokers. Those who selected the answer option “Yes” were classified as past-year
171 smokers.

172

173 Responses to the question “Whether tried to quit in past-year” identified respondents
174 attempting to quit. Those who selected the answer option “Yes” were classified as quit
175 attempters.

176

177 Responses to the question “Smoking status” identified respondents who are long-term ex-
178 smokers. Those who selected the answer option “Stopped >1y ago” were classified as long-
179 term ex-smokers.

180

181 The outcome variable of current e-cigarette use was derived from answers of ‘Electronic
182 cigarette’ to the following questions:

183

- 184 1. “Can I check, are you using any of the following?”;
- 185 2. “Whether using products to help cut down the amount smoked”;
- 186 3. “Whether use products to cut-down, stop smoking or for any other”;
- 187 4. “Whether regularly use e-cigarettes in situations where NOT allowed to”.

188

189 E-cigarette use during a quit attempt was derived from an answer of ‘Electronic cigarette’ to
190 the following question: “What used to try to help stop smoking during the most recent serious
191 quit attempt”.

192

193 *Explanatory variables*

194 In the main analyses respondents were stratified by SES using the National Readership
195 Survey (NRS) classification system for social grade based on occupation of the chief income
196 earner, which has useful discriminatory power as a target group indicator.³⁸ The NRS
197 classification system comprises levels AB (Higher and intermediate managerial,
198 administrative and professional), C1 (Supervisory, clerical and junior managerial,

199 administrative and professional), C2 (Skilled manual workers), D (Semi-skilled and unskilled
200 manual workers), E (State pensioners, casual and lowest grade workers, unemployed with
201 state benefits only). In the sensitivity analysis, housing tenure classification³⁹ comprised the
202 collapsed groups 'Social housing' (local authority or housing association) and 'Other'
203 (mortgage bought, owned outright, private renting and other).

204

205 *Covariates*

206 Additional respondent characteristics including sex, age and region were also measured using
207 the STS.

208

209 **Analysis**

210 The analysis plan was pre-registered on the Open Science Framework (OSF)
211 <https://osf.io/8zdgy/>. Analyses were conducted using R version 3.4.1. All scripts and relevant
212 STS variables were saved for replication.

213

214 To assess the trends in the associations between SES and current e-cigarette use (a binary
215 outcome), logistic regression models were constructed to include social grade operationalised
216 as the socioeconomic explanatory variable (five categories with AB as the referent) and year,
217 and the interaction terms. Social grade was treated as a discrete unordered predictor variable
218 rather than an ordinal predictor variable because differences between categories of social
219 grade based on occupation are inconsistent (see above classification).

220

221 Odds ratios with 95% confidence intervals (adjusted for age, sex, and region) were reported.

222 To examine the interaction between social grade and year, the associations between social
223 grade and e-cigarette outcomes were reported stratified by year.

224

225 Our analyses are reported in four tables:

- 226 i. Current e-cigarette use among all adults by social grade (5 categories with AB
227 referent)
- 228 ii. Current e-cigarette use among past-year smokers by social grade (5 categories with
229 AB referent).
- 230 iii. E-cigarette use during a quit attempt among smokers by social grade (5 categories
231 with AB referent)

232 iv. Current e-cigarette use among long-term ex-smokers by social grade (5 categories
233 with AB referent)

234

235 In sensitivity analyses, analyses were repeated with current use redefined to i) those reporting
236 daily e-cigarette use and ii) those reporting at least weekly e-cigarette use. Further sensitivity
237 analyses were run using housing tenure³⁹ as an alternative measure of SES, (two categories:
238 Social housing and 'Other' (referent)).

239

240 **Role of funding source:** CRUK provided support to RW, JB, LS and LK (C1417/A22962)

241 The funders had no role in study design, data collection, analysis, or interpretation of data,
242 writing or the decision to submit the paper for publication. LK confirms that he had full
243 access to all the data in the study and had final responsibility for the decision to submit for
244 publication.

245

246 **Results**

247 A weighted total of 81,063 individuals completed the baseline survey between January 2014
248 and December 2017 (inclusive); see Table 1 for an overview of the sample characteristics.
249 The long-term (>1-year) ex-smokers had stopped smoking for a mean of 20.5 and median 25
250 years.

251

252 [TABLE 1 HERE]

253

254 Weighted e-cigarette prevalence statistics for the four groups of interest are shown for the
255 overall time period in Figure 1 (a-d), and for each year (From 2014 to 2017 in Figure 2 (a-d).

256

257 [FIGURE 1 HERE]

258

259 [FIGURE 2 HERE]

260

261 *All adults*

262 Across the overall period, there was a social gradient in the prevalence of e-cigarette use with
263 adults from social grade E twice as likely to use an e-cigarette compared with those from AB
264 (Table 2). There was no time trend across all social grades and little interaction between
265 social grade and time. The exception was that prevalence in D compared with AB depended

266 on year, with higher comparative prevalence in 2015 compared with 2014 (Supplementary
267 Table s1 and Figure 2a). When stratified by year, the odds of e-cigarette use were greater in
268 lower social grades compared with AB in each year (Table 2).

269

270 [TABLE 2 HERE]

271

272 *Past-year smokers*

273 A social gradient in prevalence of e-cigarette use among past-year smokers was also evident
274 for the overall time period but in the opposite direction with significantly lower odds of use
275 by social grades C2, D and E compared with AB (Table 3). There was no time trend across
276 all social grades and little interaction between social grade and time. The exception again was
277 that prevalence in D compared with AB depended on year, with higher comparative
278 prevalence in 2015 compared with 2014 (Supplementary Table s2 and Figure 2b). When
279 stratified by year, prevalence across the social gradient was largely similar by 2017.

280

281 [TABLE 3 HERE]

282

283 *During a quit attempt among smokers attempting to quit*

284 There were no significant associations across the overall period between social grades and
285 prevalence of e-cigarette use among smokers attempting to quit (Table 4). There was no time
286 trend across all social grades and little interaction between social grade and time. Though, as
287 with past-year smokers, prevalence in D compared with AB depended on year, with higher
288 comparative prevalence in 2015 compared with 2014 (Supplementary Table s3 and Figure
289 2c). When stratified by year, there remained no significant associations between social grades
290 and prevalence of e-cigarette use.

291

292 [TABLE 4 HERE]

293

294 *Long term ex-smokers*

295 Across the overall period, a social gradient in the prevalence of e-cigarette use was evident
296 among long term ex-smokers, with respondents from social grades C2 and D twice as likely
297 to use e-cigarettes compared with AB (Table 5). There was a trend across time whereby in
298 2016 and 2017 respondents from all social grades were more likely to use e-cigarettes than in
299 2014 (Supplementary Table s4 and Figure 2d). There were no interactions between social

300 grade and time. When stratified by year, the social gradient remained; respondents from
301 social grades C2-E in 2015 were each almost three times as likely to use e-cigarettes
302 compared with those from AB. Trends across all social grades were similar, with use among
303 long-term ex-smokers increasing from 2014 to 2017 (Figure 2d).

304

305 [TABLE 5 HERE]

306

307 *Sensitivity analyses*

308 Using housing tenure as an alternative measure of SES yielded a similar pattern of results to
309 the main analysis. Among all adults, respondents of social housing tenure had twice the odds
310 of using an e-cigarette overall and in each year 2014 to 2017 (Supplementary Table s5).
311 There were largely no significant differences in prevalence of e-cigarette use between tenure
312 groups among past-year smokers, the one exception being that when stratified by year,
313 respondents in 2017 from social housing were more likely to use an e-cigarette. There were
314 no significant differences in e-cigarette use during a quit attempt among smokers attempting
315 to quit both overall and in each year. Among long-term ex-smokers, social housing
316 respondents were twice as likely to use an e-cigarette. However, when stratified by year the
317 associations were weaker and non-significant in 2016 and 2017.

318

319 Current e-cigarette use was redefined in further sensitivity analyses as those respondents
320 reporting i) daily or ii) at least weekly e-cigarette use. As for the main analysis, among all
321 adults prevalence of daily use followed a social gradient whereby odds of using e-cigarettes
322 were significantly higher for respondents from lower social grades (Supplementary Table s6).
323 Although less pronounced, the pattern in daily e-cigarette use among past-year smokers
324 corresponded to the main analysis wherein respondents from lower social grades were less
325 likely to use an e-cigarette (Supplementary Table s7). As for the main analysis, daily use of e-
326 cigarettes during a quit attempt followed no obvious socioeconomic or temporal pattern
327 (Supplementary Table s8). Long term ex-smokers from lower social grades were more likely
328 to use an e-cigarette daily compared with those from AB (Supplementary Table s9), and
329 similar to the main analysis the odds of daily e-cigarette use among long-term ex-smokers
330 across all social grades were greater in 2016 and 2017 compared with 2014.

331

332 When current use was redefined to at least weekly use, overall prevalence of e-cigarette use
333 among all adults also appeared to run along a social gradient with respondents from lower

334 social grades more likely to use e-cigarettes (Supplementary Table s10). When stratified by
335 year these differences were largely absent by 2017. No clear pattern in weekly e-cigarette use
336 was evident overall among past-year smokers although when stratified by year respondents
337 from lower social grades had lower odds of use in 2017 (Supplementary Table s11). Overall,
338 no significant differences in prevalence of weekly e-cigarette use between social grades were
339 present among smokers attempting to quit (Supplementary Table s12) and long term ex-
340 smokers (Supplementary Table s13).

341

342 **Discussion**

343 From 2014 to 2017 in England, e-cigarette use was more prevalent among adults from lower
344 compared with higher social grades. This gradient reflects substantially higher rates of
345 smoking among lower social grades,⁵ and the higher prevalence of e-cigarette use among
346 smokers.¹⁶ Within past-year smokers, the social gradient was reversed with e-cigarette use
347 more prevalent among those from higher compared with lower social grades. However, there
348 was convergence such that use among past year smokers was similar across all social grades
349 by 2017. E-cigarette use specifically during a quit attempt was similar across social grades
350 throughout the period of 2014 to 2017. The use of e-cigarettes by long-term ex-smokers
351 increased over time among all groups and was consistently more common in lower social
352 grades. Recent US National Health Interview Survey data suggested that more educated
353 smokers were more likely to transition to exclusive e-cigarette use than less educated
354 smokers.⁴⁰ In addition, data from the Population Assessment of Tobacco and Health (PATH)
355 study suggested that exclusive e-cigarette use was more likely among higher-income
356 smokers.⁴¹ Conversely, this current paper found that long term ex-smokers from
357 socioeconomically disadvantaged groups were more likely to use e-cigarettes compared with
358 more affluent groups. This difference may be influenced by the more favourable health policy
359 and advocacy environment towards e-cigarettes in England compared with the US. However,
360 these comparisons are made with caution, given the different social and demographic
361 contexts and the fact that sub-groups were defined differently. For example, exclusive use in
362 the US study likely included a sizeable proportion of ex-smokers who had stopped within the
363 last year. Also in the US, a recent study with an adolescent cohort found that higher SES was
364 associated with greater exposure to e-cigarette advertising.⁴² However, the associations
365 between SES and e-cigarette advertising in the UK are not well understood.

366

367 In this current paper, the social gradient evident in the use of e-cigarettes by past-year
368 smokers between 2014 and 2017 supports previous research which found that among current
369 smokers, e-cigarette use was associated with higher SES.¹⁶ However, in the current study
370 there was convergence such that differences were no longer evident among past-year smokers
371 by 2017. There has been no overall reduction in tobacco smoking inequalities in recent
372 years,⁴³ and as such it is unlikely that this has had an impact on the observed attenuation in e-
373 cigarette use across the social gradient. Nonetheless, this convergence suggests that the
374 distribution in current use of e-cigarettes by past-year smokers is unlikely to have a persistent
375 impact on health inequalities.

376

377 Use of e-cigarettes specifically during a quit attempt was similar across all social grades
378 throughout the period suggesting that e-cigarette use in this group will not widen health
379 inequalities. Differences in use may have had important implications for health inequalities
380 because previous analyses using STS data found that changes in the overall use of e-
381 cigarettes in England was positively associated with the success rates of quit attempts.⁹

382

383 Among long-term ex-smokers, a social gradient was evident with respondents from lower
384 social grades being more likely to use e-cigarettes compared with the highest social grade. A
385 likely explanation for this apparent gradient is that long-term ex-smokers from more affluent
386 groups are using e-cigarettes either during a quit attempt or following smoking cessation but
387 are then discontinuing their use, while ex-smokers from less advantaged groups continue to
388 use e-cigarettes. Use across all social grades increased significantly between 2014 and 2017
389 and the increase was greatest among lower social grades. The impact that this gradient will
390 have on inequalities depends on whether e-cigarette use by long-term ex-smokers has a
391 protective effect against relapse, for which there is currently an absence of evidence. Insofar
392 as it is protective, it is likely to have a positive effect on inequalities. Insofar that it has little
393 effect on long-term relapse it may exacerbate inequalities because the use of e-cigarettes is
394 not without risk.⁴⁴ These results indicate that attention to long-term ex-smokers as a specific
395 sub-group is important and appears to show significant patterning across SES.

396

397 Strengths of this study include that it used a large representative sample of the population and
398 to our knowledge is the first to conduct an up-to-date and detailed analysis on the use of e-
399 cigarettes by socioeconomic groups at the population level. Another strength is the use of a
400 different indicator of SES in a sensitivity analysis which provided convergent results.

401 However, as is common for this type of analysis, the results are limited by the use of cross-
402 sectional survey data where data were self-reported and smoking status was not
403 biochemically verified. Past e-cigarette use was not included as an outcome because the STS
404 does not currently collect data to this end; only current and recent (<12 month) use in a quit
405 attempt were assessed.

406 It is also difficult to measure e-cigarette consumption levels accurately since no validated
407 quantifiable measure is currently available. However, further sensitivity analyses using
408 different measures of 'current' e-cigarette use were conducted which largely confirmed
409 findings from the main analyses.

410

411 Further monitoring of trends is necessary in the context of the continuous evolution of e-
412 cigarette technologies, variable media coverage and changing positions of different health
413 and medical bodies.^{34,35} Future research could examine how past e-cigarette use varies among
414 long term ex-smokers across the social gradient. Furthermore, and to the extent that e-
415 cigarettes are effective in aiding smoking cessation, future mixed methods research is needed
416 to investigate and explain how the success of quit attempts among those who use e-cigarettes
417 in a quit attempt compares across different SES groups.

418

419 In conclusion, this study found that from 2014 to 2017 in England, overall e-cigarette use was
420 more prevalent among smokers from higher compared with lower SES groups, but that this
421 difference attenuated over time. E-cigarette use specifically during a quit attempt was similar
422 across SES groups throughout the period. A social gradient is also evident among long-term
423 ex-smokers with e-cigarette use consistently more likely among lower SES groups, and use
424 increased across all groups since 2014.

425

426 **Contributors:** JB, LS, LK and RW contributed to the concept and design of the study. LK
427 prepared and statistically analysed the data and drafted the manuscript. JB, LS and RW
428 provided critical revision of the manuscript for important intellectual content. JB, LS and RW
429 were involved in the acquisition of data and obtained funding for the study. LK is the
430 guarantor of this work and, as such, had full access to all the data and take responsibility for
431 the integrity of the data and the accuracy of the data analysis.

432

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434 and socioeconomic profile in the STS. This exchange led to the research questions for this
435 paper.

436

437

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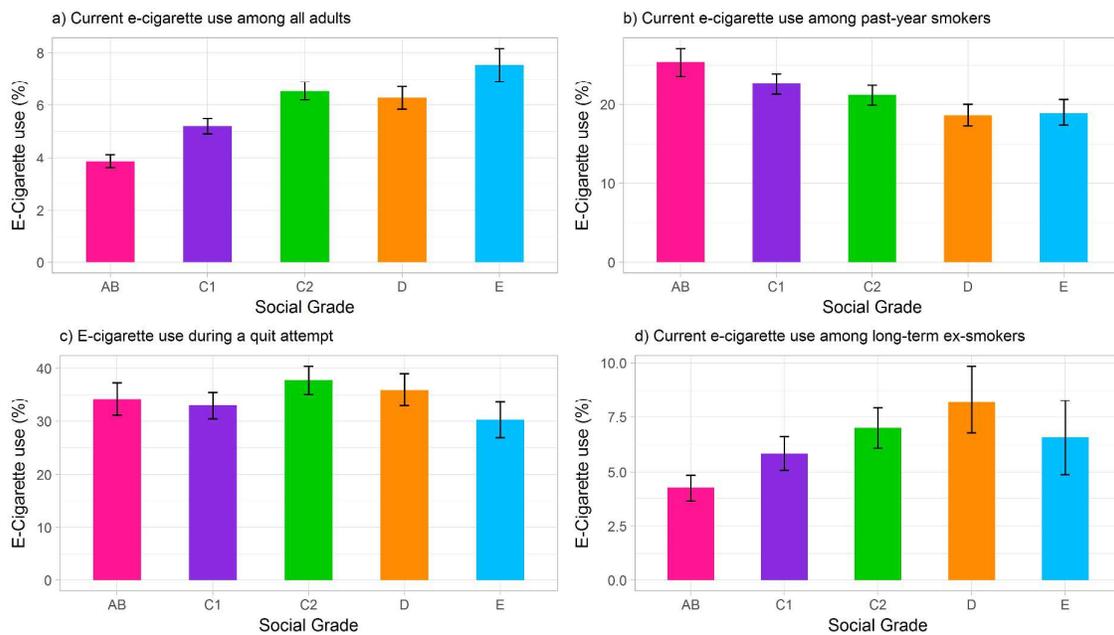
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587 **Figure 1 a-d: Overall prevalence of e-cigarette use in England by social grade (all years 2014-2017,**
 588 **weighted data)**



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590 Long term ex-smokers refers to individuals who stopped smoking >1 year ago. Social grades: AB=Higher and
 591 intermediate managerial, administrative and professional, C1=Supervisory, clerical and junior managerial,
 592 administrative and professional, C2=Skilled manual workers, D=Semi-skilled and unskilled manual workers,
 593 E=State pensioners, casual and lowest grade workers, unemployed with state benefits only.

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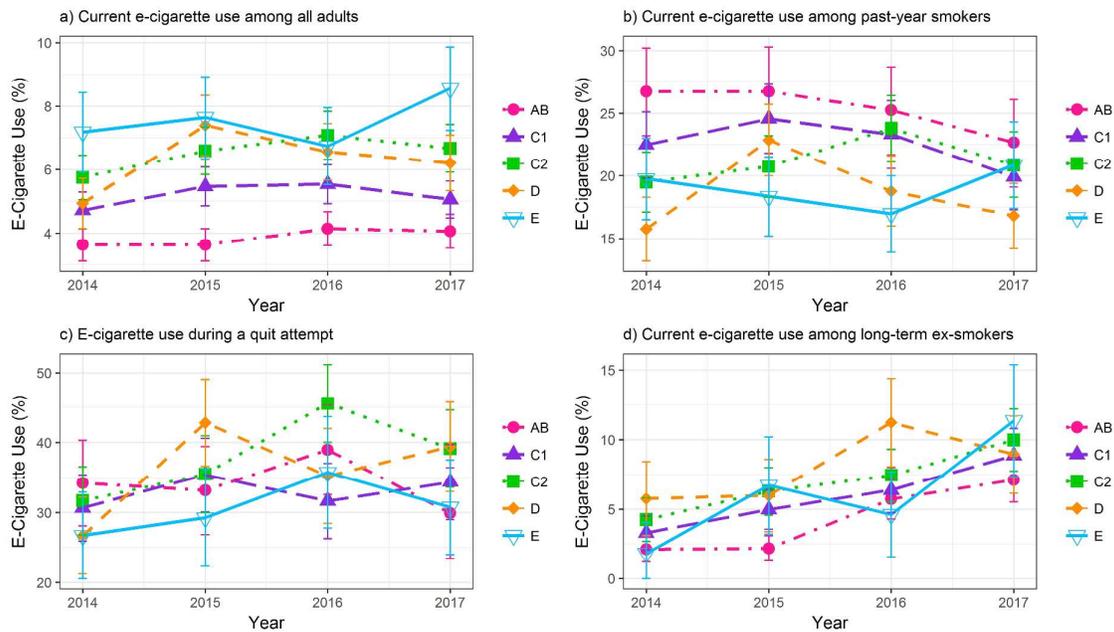
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Figure 2 a-d: Prevalence of e-cigarette use in England 2014 to 2017 by social grade (weighted data)



Long term ex-smokers refers to individuals who stopped smoking >1 year ago. Social grades: AB=Higher and intermediate managerial, administrative and professional, C1=Supervisory, clerical and junior managerial, administrative and professional, C2=Skilled manual workers, D=Semi-skilled and unskilled manual workers, E=State pensioners, casual and lowest grade workers, unemployed with state benefits only.

Table 1: Characteristics of sample (weighted data)

Variables	All adults n (%)	Past-year smokers, n (%)	Quit attempt n (%)	Long term ex-smokers n (%)
E-cigarette use*				
Yes	4450 (5.5%)	3460 (21.3%)	1833 (34.6%)	801 (5.9%)
No	76613 (94.5%)	12772 (78.7%)	3472 (65.4%)	12761 (94.1%)
Sex				
Men	40986 (49.0%)	8615 (53.1%)	2707 (51.0%)	7204 (53.1%)
Women	40054 (51.0%)	7615 (46.9%)	2598 (49.0%)	6355 (46.9%)
Age				
16-24	11612 (14.3%)	2931 (18.1%)	978 (18.4%)	357 (2.6%)
25-34	13571 (16.7%)	3617 (22.2%)	1350 (25.4%)	1271 (9.4%)
35-44	13430 (16.6%)	2990 (18.4%)	1067 (20.1%)	1929 (14.2%)
45-54	14073 (17.4%)	2968 (18.3%)	932 (17.6%)	2411 (17.8%)
55-64	11370 (14.0%)	2028 (12.5%)	580 (10.9%)	2522 (18.6%)
65+	17006 (21.0%)	1698 (10.5%)	398 (7.5%)	5070 (37.4%)
SES group				
AB	21938 (27.1%)	2445 (15.1%)	920 (17.3%)	4358 (32.1%)
C1	22300 (27.5%)	3932 (24.2%)	1352 (25.5%)	3711 (27.4%)
C2	17675 (21.8%)	4182 (25.8%)	1327 (25.0%)	3066 (22.6%)
D	12189 (15.0%)	3309 (20.4%)	970 (18.3%)	1543 (11.4%)
E	6960 (8.6%)	2364 (14.6%)	736 (13.9%)	885 (6.5%)

Ns are weighted.

* E-cigarette use is defined as current use for all adults, past-year smokers and long term ex-smokers. For the quit attempt subset, e-cigarette use was defined as using an electronic cigarette during the most recent quit attempt.

Table 2: Prevalence of e-cigarette use in England among all adults 2014-2017 stratified by SES group

	Overall (N=81057)	2014 (N=20192)	2015 (N=20034)	2016 (N=20436)	2017 (N=20395)
SES group					
AB (N=18966) ref	1.00 -	1.00 -	1.00 -	1.00 -	1.00 -
C1 (N=25570)	1.36* (1.11-1.68)	1.38* (1.12-1.71)	1.47** (1.20-1.80)	1.43** (1.19-1.72)	1.36** (1.14-1.64)
C2 (N=16193)	1.66*** (1.34-2.07)	1.69*** (1.36-2.10)	1.78*** (1.45-2.21)	1.77*** (1.46-2.15)	1.78*** (1.47-2.17)
D (N=11958)	1.45* (1.14-1.84)	1.48* (1.16-1.88)	2.17*** (1.74-2.69)	1.77*** (1.43-2.19)	1.70*** (1.37-2.12)
E (N=8370)	2.23*** (1.75-2.84)	2.28*** (1.78-2.91)	2.12*** (1.68-2.67)	1.84*** (1.45-2.32)	2.61*** (2.08-3.28)

Ns are not weighted. Results for prevalence of e-cigarette use are presented as Odds Ratios (95% CI) against the indicated referent. <0.05 p values are indicated in bold. *p<0.01, **p<0.001, ***p<0.0001.

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Table 3: Prevalence of e-cigarette use among past-year smokers in England 2014-2017 stratified SES group

	Overall (N=16104)	2014 (N=4252)	2015 (N=4201)	2016 (N=3967)	2017 (N=3684)
<i>SES group</i>					
AB (N=2063) ref	1.00 -	1.00 -	1.00 -	1.00 -	1.00 -
C1 (N=4437)	0.83 (0.64-1.07)	0.83 (0.65-1.08)	0.90 (0.70-1.16)	0.96 (0.75-1.23)	0.88 (0.68-1.13)
C2 (N=3712)	0.70* (0.54-0.91)	0.70* (0.54-0.91)	0.72 (0.56-0.94)	0.92 (0.72-1.19)	0.91 (0.69-1.19)
D (N=3144)	0.53*** (0.40-0.71)	0.53*** (0.49-0.70)	0.85 (0.66-1.11)	0.70 (0.53-0.93)	0.71 (0.53-0.96)
E (N=2775)	0.67* (0.50-0.89)	0.67* (0.50-0.89)	0.57*** (0.43-0.75)	0.64* (0.48-0.85)	0.91 (0.68-1.22)

Ns are not weighted. Results for prevalence of e-cigarette use are presented as Odds Ratios (95% CI) against the indicated referent. <0.05 p values are indicated in bold. *p<0.01, **p<0.001, ***p<0.0001.

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Table 4: Prevalence of e-cigarette use during a quit attempt among smokers attempting to quit in England 2014-2017 stratified by SES group

	Overall (N=5176)	2014 (N=1503)	2015 (N=1305)	2016 (N=1156)	2017 (N=1212)
<i>SES group</i>					
AB (N=748) ref	1.00 -	1.00 -	1.00 -	1.00 -	1.00 -
C1 (N=1501)	0.89 (0.61-1.31)	0.89 (0.60-1.31)	1.03 (0.70-1.52)	0.71 (0.48-1.04)	1.08 (0.73-1.59)
C2 (N=1178)	0.91 (0.62-1.35)	0.89 (0.60-1.32)	1.03 (0.69-1.56)	1.19 (0.81-1.75)	1.30 (0.87-1.95)
D (N=911)	0.76 (0.50-1.16)	0.77 (0.50-1.17)	1.36 (0.90-2.05)	0.74 (0.48-1.15)	1.40 (0.91-2.16)
E (N=838)	0.76 (0.50-1.17)	0.76 (0.49-1.18)	0.73 (0.47-1.13)	0.85 (0.54-1.32)	0.95 (0.61-1.49)

Ns are not weighted. Results for prevalence of e-cigarette use are presented as ORs (95% CI) against the indicated referent. <0.05 p values are indicated in bold. *p<0.01, **p<0.001, ***p<0.0001.

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Table 5: Prevalence of e-cigarette use among long term ex-smokers in England 2014-2017 stratified by SES group

	Overall (N=13782)	2014 (N=3170)	2015 (N=3462)	2016 (N=3533)	2017 (N=3617)
<i>SES group</i>					
AB (N=3952) ref	1.00 -	1.00 -	1.00 -	1.00 -	1.00 -
C1 (N=4301)	1.38 (0.74-2.66)	1.37 (0.74-2.67)	1.77 (1.05-3.08)	1.23 (0.84-1.81)	1.28 (0.91-1.81)
C2 (N=2886)	2.03 (1.08-3.96)	2.07 (1.10-4.06)	2.83** (1.66-4.97)	1.27 (0.83-1.95)	1.50 (1.03-2.19)
D (N=1541)	2.29 (1.13-4.70)	2.35 (1.15-4.86)	2.92** (1.57-5.48)	2.14** (1.36-3.35)	1.34 (0.85-2.10)
E (N=1102)	1.14 (0.37-3.03)	1.14 (0.36-3.06)	2.87* (1.48-5.56)	0.81 (0.38-1.58)	1.90 (1.14-3.07)

Ns are not weighted. Results for prevalence of e-cigarette use are presented as ORs (95% CI) against the indicated referent. <0.05 p values are indicated in bold. *p<0.01, **p<0.001, ***p<0.0001.

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