

# An analysis of emergency tracheal intubations in critically ill patients by critical care trainees

NC-17-0097.R1 Driginal Article /a wrulkumaran, Nishkantha; University College London Division of biosciences; Bloomsbury Institute of Intensive Care Medicine Aclaren, Charles; Hillingdon Hospitals NHS Foundation Trust wrulkumaran, Kailash; Imperial College London hillips, Barbara; St George's NHS Trust, Intensive Care Medicine Ececconi, Maurizio; St George's NHS trust mergency, orotracheal intubation, rapid sequence induction, omplications, intensive care Introduction: We evaluated intensive care medicine trainees' practice of mergency intubations in the United Kingdom.
Driginal Article /a Arulkumaran, Nishkantha; University College London Division of biosciences; Bloomsbury Institute of Intensive Care Medicine Aclaren, Charles; Hillingdon Hospitals NHS Foundation Trust Arulkumaran, Kailash; Imperial College London chillips, Barbara; St George's NHS Trust, Intensive Care Medicine Dececoni, Maurizio; St George's NHS trust mergency, orotracheal intubation, rapid sequence induction, omplications, intensive care ntroduction: We evaluated intensive care medicine trainees' practice of
/a arulkumaran, Nishkantha; University College London Division of biosciences; Bloomsbury Institute of Intensive Care Medicine Aclaren, Charles; Hillingdon Hospitals NHS Foundation Trust arulkumaran, Kailash; Imperial College London chillips, Barbara; St George's NHS Trust, Intensive Care Medicine Cecconi, Maurizio; St George's NHS trust mergency, orotracheal intubation, rapid sequence induction, omplications, intensive care ntroduction: We evaluated intensive care medicine trainees' practice of
Arulkumaran, Nishkantha; University College London Division of Biosciences; Bloomsbury Institute of Intensive Care Medicine Aclaren, Charles; Hillingdon Hospitals NHS Foundation Trust Arulkumaran, Kailash; Imperial College London Chillips, Barbara; St George's NHS Trust, Intensive Care Medicine Cecconi, Maurizio; St George's NHS trust mergency, orotracheal intubation, rapid sequence induction, omplications, intensive care ntroduction: We evaluated intensive care medicine trainees' practice of
Biosciences; Bloomsbury Institute of Intensive Care Medicine Aclaren, Charles; Hillingdon Hospitals NHS Foundation Trust Arulkumaran, Kailash; Imperial College London Chillips, Barbara; St George's NHS Trust, Intensive Care Medicine Secconi, Maurizio; St George's NHS trust mergency, orotracheal intubation, rapid sequence induction, omplications, intensive care ntroduction: We evaluated intensive care medicine trainees' practice of
omplications, intensive care ntroduction: We evaluated intensive care medicine trainees' practice of
Methods: Retrospective analysis of 881 in-hospital emergency intubations ver a 3-year period using an online trainee logbook. tesults: Emergency intubations out-of-hours were less frequent than in- ours, both on weekdays and weekends. Complications occurred in 9% of ases, with no association with time of day/ day of week (p=0.860). complications were associated with higher Cormack and Lehane (LC) rades(p=0.004) and number of intubation attempts(p<0.001), but not merican Society of Anesthesiologists (ASA) grade. Capnography usage vas $\geq$ 99% in all locations except in wards (85%; p=0.001). Ward patients vere the oldest(p<0.001), had higher ASA grades (p<0.001) and lowest Glasgow Coma Scale (p<0.001). conclusions: Complications of intubations are associated with higher CL rades and number of attempts, but not time of day/day of week. The ptake of capnography is reassuring, though there is scope for mprovement on the ward.
as ra va va va va va va va va va va va va va

SCHOLARONE<sup>™</sup> Manuscripts

# An analysis of emergency tracheal intubations in critically ill patients by critical care trainees

<sup>1</sup> Nishkantha Arulkumaran PhD, <sup>2</sup>Charles S McLaren MBBS, <sup>3</sup> Kailash Arulkumaran MsC, <sup>1</sup> Barbara J Philips MD, <sup>1</sup> Maurizio Cecconi MD

NA and CSL are joint first authors

<sup>1</sup> Nishkantha Arulkumaran; Specialist registrar in intensive care medicine, General Intensive care unit, St George's University Hospitals NHS Foundation Trust, St George's Hospital, Blackshaw Road, London SW17 0RE. nisharulkumaran@doctors.org.uk

<sup>2</sup> Stephen McLaren; Specialist trainee, Intensive Care Medicine, General intensive Care, Hillingdon Hospital Foundation Trust, UK. Steve.mclaren@nhs.net

<sup>3</sup> Kailash Arulkumaran; PhD student in bioengineering, Department of bioengineering, Imperial College London, Exhibition Road, London SW7 2AZ. Kailash.arul@gmail.com

<sup>4</sup> Barbara J Philips; Reader and Honorary Consultant in intensive care medicine, General Intensive care unit, St George's University Hospitals NHS Foundation Trust, St George's Hospital, Blackshaw Road, London SW17 0RE. bphilips@sgul.ac.uk

<sup>5</sup> Maurizio Cecconi; Consultant and honorary senior lecturer in intensive care medicine, General Intensive care unit, St George's University Hospitals NHS Foundation Trust, St George's Hospital, Blackshaw Road, London SW17 0RE. m.cecconi@nhs.net

### Corresponding author: N Arulkumaran

## Abstract

**Introduction**: We evaluated intensive care medicine trainees' practice of emergency intubations in the United Kingdom.

**Methods**: Retrospective analysis of 881 in-hospital emergency intubations over a 3-year period using an online trainee logbook.

**Results**: Emergency intubations out-of-hours were less frequent than in-hours, both on weekdays and weekends. Complications occurred in 9% of cases, with no association with time of day/ day of week (p=0.860). Complications were associated with higher Cormack and Lehane (CL) grades(p=0.004) and number of intubation attempts(p<0.001), but not American Society of Anesthesiologists (ASA) grade. Capnography usage was  $\geq$ 99% in all locations except in wards (85%; p=0.001). Ward patients were the oldest(p<0.001), had higher ASA grades (p<0.001) and lowest Glasgow Coma Scale (p<0.001).

**Conclusions**: Complications of intubations are associated with higher CL grades and number of attempts, but not time of day/day of week. The uptake of capnography is reassuring, though there is scope for improvement on the ward.

Key words: emergency; orotracheal intubations; rapid sequence induction; complications

# Introduction

In-hospital emergency intubations are often performed in patients with limited physiological reserve, with limited planning, and occasionally in suboptimal locations (e.g. general wards). Over 1 million (emergency and elective) intubations are performed annually within the National Health Service (NHS) alone. Recommendations on equipment availability, rapid sequence induction (RSI), use of induction agents and neuromuscular blockade, and confirmation of intubation are available to improve the safety of emergency intubations(1).

The 4<sup>th</sup> National Airway Project (NAP4) highlighted the inherent dangers of emergency intubations (2). Poor planning of airway control was noted to correlate with poor outcomes, and is particularly relevant in emergency intubations. This ability to plan is compromised by the inherent nature of emergency intubations, but should be mitigated as much as possible by availability of all necessary equipment for intubation regardless of location, with specific mention in multiple guidelines of capnography (2, 3).

Intensive care doctors are faced with increasingly complex patients "with deranged baseline physiology and complex conditions who are disproportionately likely to experience airway difficulty, presenting challenges to airway safety in the intensive care unit (ICU)" (4). We undertook a retrospective, observational study of tracheal intubation performed by critical care trainees in United Kingdom to identify practice and complications. The primary objective was to ascertain factors associated with complications of intubations. The secondary objectives were to ascertain differences in intubation practice and complications in hours compared to out of hours, and to describe the drugs commonly used. Findings should have implications on workforce planning and airway training for intensive care trainees.

# **Methods**

An online logbook, "MedELogbook" (www.medelogbook.com) designed for ICU junior doctors to log their referrals, transfers, procedures, and resuscitation calls was created in September

2013. Individual users entered data prospectively. 3 consecutive years of data (2014- 2016) was extracted from the database on 10/01/2017. All user data was anonymised.

Inclusion criteria included patients aged 16 years or older who underwent emergency intubations. Exclusion criteria were logs from outside the UK, and data logs from consultants. Variables used in the analyses included age, Cormack and Lehane classification of laryngeal view (CL grade), American Society of Anesthesiologist (ASA) classification, complications, drugs used, Glasgow coma scale (GCS), gender, location where intubation took place (accident and emergency (A&E), ICU, operating theatres (OR), ward), patient category (medical or surgical), time of day of intubation, use of capnography, level of supervision (assisting other, directly supervised, independent, indirectly supervised, teaching a colleague, and 'other'), number of attempts at intubation, and use of video laryngoscopy. Complications were selected from a drop down menu of the following choices: airway trauma, aspiration of gastric contents, "can't intubate can't ventilate", desaturation, failed intubation, oesophageal intubation, and 'other'. It was possible to select more than one choice. Furthermore, it was possible to enter free text into the logbook to provide further detail.

Acknowledging that the precise working pattern may vary between ICUs, we divided each day into 'daytime' (08:00-17:59) and nighttime (18:00-07:59 the next day) for both week days (Monday-Friday) and weekends (Saturday-Sunday).

## Missing data

It was mandatory for trainees to complete the following data fields; age, gender, location where intubation took place, patient category, time of day, complications, use of capnography, airway grade, ASA classification, supervision, and number of attempts. GCS prior to induction, drugs used, and time taken were optional data fields.

## Ethics

## Journal of the Intensive Care Society

All users accepted the terms and conditions on registering that "all data entered will be aggregated into a database for the purpose of research and audit. This may be published or presented in a public domain (e.g.: conferences, journals, online). MedELogbook has the right to use any data entered for this purpose. This database will not be used to interrogate the data entered by individual users". Under Section 251 of the NHS Act 2006, NHS Health Research Authority ethical approval is not required as no patient identifiable information is used (5). The local Research Governance & Regulatory Assurance Manager at St George's NHS Healthcare Trust, confirmed that no ethics approval was required.

## **Statistics**

Analyses were performed using SPSS (Version 22, IBM) and graphs drawn using Microsoft Excel. Differences in continuous variables between groups were compared using one-way Kruskall Wallis test. Continuous variables are presented as median (interquartile range). Differences in categorical variables are compared using chi-squared test. Multivariate analysis using logistic regression was performed to assess variables associated with the incidence of complications. Factors included in the multivariate analysis included variables associated with complications on univariate analysis. A p-value of < 0.05 was taken as being statistically significant for all analyses.

## Results

A total of 1213 intubations were recorded on the online database between 01/01/2014 and 01/01/2017. A total of 331 records were excluded because they were performed outside the UK (n=50), were elective procedures (n=253), and because they were paediatric cases (n=28). In total 881 intubations were included in the final analysis (Table 1). Missing data included GCS prior to induction (176; 20%), sedative drugs used (123; 19%), time taken (5; 0.5%) and video laryngoscopy use (79; 9%). The level of training was not stated in 99 (11.2%) entries. All other data fields were complete.

Of the 881 intubations recorded, 500 (56.8%) were performed by trainees in ICM also subspecialising in anaesthesia, 214 (24.3%) by trainees in ICM (without a second specialty), 153 (17.4%) by trainees in ICM with an internal medicine sub-specialty, and 14 (1.6%) by other (e.g. emergency medicine) trainees. Majority of entries were by specialist trainees in the first years of specialist training (ST1 – ST3) (n=383; 43.5%), and in the last years of specialist training (ST4- ST7) (n=285; 32.3%). Doctors who were trainees but not on a formal training program accounted for 114 (12.9%) reported intubations.

The median age of the patients was 59 (45-70) years, 539(61.2%) were male, and 242(27.5%) were emergency surgical patients. 202(22.9%) patients were ASA grade 1, 166 (18.8%) ASA grade 2, 292(33.1%) ASA grade 3, and 221(25.1%) ASA grade 4 (Table 1). Six hundred and thirty-two (70.7%) of intubation views were grade 1, 203(23.0%) were grade 2, 50(5.7%) were grade 3, and only 5 (0.6%) were grade 4. The most common location for intubation was ICU (n=581, 65.9%). This was followed by A&E (172; 19.5%), OR (n=63; 7.2%), and the wards (n=48; 5.4%). Nineteen (1.9%) intubations were excluded from this data category on account of being labeled as "other" locations (radiology suite and labor ward). Complications were noted in 80 of the 881 (9.1%) intubations (Table 2), with desaturation being the most commonly observed (n=38). Most commonly, intubations were directly supervised (363; 41.2%) or independent (n=303; 34.4%). Eighty-eight (10.0%) intubations were assisted, 83 (9.4%) were under indirect supervision, 35 (4.0%) were teaching others, and 9 (1.0%) was recorded as 'other'. The number of intubations with success at first attempt was greatest (n=809; 91.9%), followed by second attempt (n=61, 6.9%), and only 11 (1.2%) of intubations required 3 or more attempts.

### Complications

 Complications were noted in 80 of the 881 (9.1%) intubations (Table 2). Most complications occurred under direct supervision (n=37; 47.5%), followed by independent intubations (n=25; 31.3%), assisting others (n=12; 15%), and indirect supervision (n=5; 6.2%). Similar number of

## Journal of the Intensive Care Society

complications were reported by specialist trainees in the first years of specialist training (ST1 – ST3) (n=31; 38.8%), and in the last years of specialist training (ST4- ST7) (n=31; 38.8%). Doctors who were trainees but not on a formal training program accounted for 18 (22.4%) reported complications.

There were a disproportionate number of complications among higher CL grades (p<0.001). Complications were reported in 6.6% of CL grade 1 (n=623), 10.8% of grade 2 (n=203), and 32.0% of grade 3 airways (n=50, p=<0.001). There was insufficient number (n=5) of CL grade 4 intubations for statistical analysis. Patients with CL grade 3-4 views had a greater proportion of  $\geq$ 3 intubation attempts than patient with CL grade 1-2 views (10% vs. 2.0%, p<0.001). Patients with complications had a greater proportion of 3 or more attempts at intubation (7.5%) compared to patients without complications (0.6%) (p<0.001). There was a significant association between video laryngoscopy use and complications, with a greater proportion of intubations with video laryngoscopy use (19.2%) having complications compared to direct laryngoscopy (8.6%) (p=0.004). However, video laryngoscopy were used more often in patients requiring more than one attempt at intubation (17.8% vs. 7.1%, p<0.001).

A greater proportion of ASA grade 3 (40.1%) and grade 4 (50.2%) compared to grade 1 (35.1%) and grade 2 (36.7%) intubations took place out-of-hours (p=0.007). However, there was no association between time of day and complications. Furthermore, a greater proportion of intubations in ASA 4 patients were independent (41.6%) compared to directly supervised (19.6%) (p=0.024).

Emergency intubations on the ward were associated with greater complication rates (14.6%) compared to other locations (<10%) though this did not reach statistical significance (p=0.065). Age of patient, time of day and day of week, ASA grade, pre-intubation GCS, medical/ surgical patients, and use of capnography had no association with complication rates. The predictors of complications in multivariable logistic regression were number of attempts (OR 5.95 (3.218-11.010); p<0.001) and CL grade (OR=1.729 (1.186-2.521); p=0.004).

#### Time of day and day of week

The frequency of intubations (proportion of the number of intubations recorded in the number of hours within the time period) was calculated to account for differences in the total number of hours over weekdays (120hrs), weekends (48hrs), in hours (90hrs), and out of hours (98hrs) (Table 3). There were 7.64 intubations/hour during weekday in-hours, 3.66 during weekday out-of-hours, 6.95 during weekend in-hours, and 3.71 during weekend out-of-hours.

A greater proportion of the intubations that took place overnight were independent compared to supervised (48.6% vs. 24.6%) in contrast to more intubations taking place during the day being directly supervised compared to independent (48.2% vs. 31.1%) (p<0.001). There was also a significant association between out-of-hour intubations and higher ASA scores (p=0.007). 35.1% of ASA 1 intubations were out-of-hours, compared to 50.2% of ASA 4 intubations. Despite this, time of day was not associated with complication rates (p=0.263) or number of intubation attempts (p=0.344).

There were no differences between in-hours and out-of-hours intubations and other variables (Table 3). There was no positive association between day of week and any variables.

## Capnography

Capnography was used in 866 (98.3%) intubations. Capnography was used in the operating room and A+E on every occasion, in contrast to the ward or the ICU (p<0.001). Capnography was not used was on the ICU in 1.4% of intubations and in 14.6% of intubations on the ward. Patients on the ward were the oldest (p<0.001), and had a disproportionately higher number of ASA 4 patients (41.7%) compared other locations (p<0.001), and patients on the ward and in A&E had the lowest pre-intubation GCS (p<0.001) compared to other locations.

### Use of drugs

## Journal of the Intensive Care Society

The choice of sedatives was recorded in 728 (83%) intubations. Propofol by far most common induction agent used, in 550 (76%) intubations. Propofol alone was used in 253 (35%) intubations, and was most commonly paired with fentanyl (n=134, 18%). Fentanyl was the more popular opiate, being used in 261 (36%). Thiopentone was used in 119 (16%) cases; 58 (8%) of cases as the sole sedative agent.

Choice of neuromuscular blocking agent was recorded in all intubations. Rocuronium was the most commonly used neuromuscular blocking agent, used in 484 (66%) of cases. Suxamethonium was used in 269 (37%) cases, and atracurium used in 96 (13%) cases. 19 (2.6%) of the intubations did not require neuromuscular blocking agents. The most popular combination of neuromuscular blocking agent and sedative is rocuronium with propofol (129, 18%) followed by rocuronium with propofol and fentanyl (109, 15%). The use of vasopressors was not recorded.

## **Discussion:**

We present a large contemporaneous dataset of emergency intubation practices among intensive care trainees in the UK. The case mix of patients is representative of UK ICU demographics; the age of patients and proportion of medical/ surgical patients is similar to recently published data from the Intensive care national audit and research centre (ICNARC) case mix programme (6). Furthermore, the incidence of complications is in keeping with the published literature (7-15).

Our findings represent current practice following publication of findings and recommendations of the NAP4 audit (2). A national survey conducted following the NAP4 audit found improvements in practice including "improved provision of difficult airway equipment and more widespread routine use of capnography" (16), and that although ICU had significant improvements in practice, there was room for improvement. Whilst surveys and clinical studies provide useful information, this dataset provides insight into 'real life' practice. Shortfalls in airway management in the critically ill patient have a significant human and financial cost (17).

## Complications

Among emergency intubations carried out by UK intensive care medicine trainees, there is an overall complication rate of 9.1%, with desaturation being the commonest complication (accounting for 47% of all complications). Complications were associated with increasing CL grade and number of attempts at intubation rather than ASA grade. Others have demonstrated the association between difficulty intubations and complications (10). If the initial attempt at intubation fails, the chance of success declines with each subsequent attempt at laryngoscopy (8, 18) and the number of attempts at intubation is associated with increasing complications (12, 13). Greater clinical experience and attending supervision of junior practioners is associated with fewer complications (8, 13).

The proportion of complications was relatively high in intubations done as part of training (directly supervised). From the data available it is not possible to comment on the severity or outcomes of these complications. Furthermore, we are unable to ascertain the clinical experience of individual doctors. It is inevitable that there will be a learning curve with airway management in the critically ill patients and adequate structured training should mitigate risk (19). Training to include airway management in elective ASA 1 patients, scenario-based training with computerized patient simulator to improve mechanical skills of intubation and team leadership respectively, and cadaver-based training are effective tools in airway management training among critical care trainees (20, 21).

There are likely to be variations in reported complication rates which reflect heterogeneity in patient demographics and illness severity, level of training of doctors, and definitions of complications. For instance, the degree of desaturation or haemodynamic instability is not binary, and is contextual. Therefore, the clinician may be best placed to judge the presence or absence of any complication. In fact, desaturation and hypotension may be considered a reflection of the patients' limited physiological reserve rather than a complication associated with the intubation per se. The reported complication rate of emergency intubations is variable, ranging from 4.2% to 39% (7-15).

## 

## Time of day of intubation

Although one may presume that patients are likely to be acutely unwell at any time of the day requiring emergency intubations, we found that the frequency of emergency intubations was significantly less during weekday and weekend out-of-hours compared to in-hours. The frequency of intubations on weekdays and weekends, however, were similar. The distribution of emergency intubation timings is probably reflective of intensivist practice given the similarity with the reported literature (15, 22). This is may represent improved planning and anticipation of the deteriorating of patients requiring emergency intubation; as recommended by the NAP4 audit (2).

Emergency intubations occurring out-of-hours tended to be in patients who have a higher ASA grade (a surrogate of illness severity). These intubations were more likely to be done independently, though not associated with a greater number of complications. This remains reassuring, and suggests that current workforce planning provides adequately airway-trained staffing levels round the clock. Consistent with this, emergency ICU admissions out-of hours are not associated with an increased mortality (6).

#### Capnography

There were disproportionately more complications associated with emergency intubations on the wards compared to other locations, though this did not reach statistical significance (p=0.065). This is likely to be secondary to the greater illness severity of ward patients (with ASA grade and pre-intubation GCS as surrogates as illness severity). However, almost all cases where capnography were not used were on the wards. This is of concern following NAP4 and ICS guidelines (2, 3). Although it is reassuring to see high uptake in locations where intubations are a common occurrence, the reduction of uptake on wards should not be viewed as acceptable given ease of portability of the equipment. Conversely it is reassuring to see a vast improvement in the uptake of capnography from the survey by Simpson et al (54%) (15). Further investment of training and resource is required to ensure capnography is used following emergency intubations on the ward.

### Use of drugs

Traditionally suxamethonium and thiopentone were the favored choices for rapid sequence intubations (RSIs). Historically, anaesthetists report preference for use of thiopentone (88%) compared to propofol (58%), and etomidate (54%) in RSIs (23). A recent survey of current UK practice suggests a shift towards the use of propofol (with or without opiates) and rocuronium to achieve adequate sedation and paralysis respectively (24). This may represent better familiarity with propofol. We confirm these findings with most intubations performed with propofol and only minority with thiopentone (alone or in conjunction with another induction agent). The concurrent use of opiates is common, with fentanyl proving the more popular option.

Our data suggests that rocuronium now the most popular choice of NMB among intensivists being used in over half of intubations, with suxamethonium accounting for a third. A recent survey suggests that the use of rocuronium is growing, though suxamethonium is still commonly used (24). We speculate that the increased use of rocuronium compared to suxamethonium may be in part related to the ability to reverse the effects of rocuronium with suggamadex and the perceived complications associated with suxamethonium. The use of suggamadex in a timely manner with adequate efficacy during a difficult emergency intubation has been described in case reports (25, 26). However, clinical trials are lacking.

### Limitations and strengths of our study

Potential sources of bias in our data arise primarily from the self-reported nature of our data, and data may be entered retrospectively and may be prone to recall bias of events/techniques. Furthermore, we do not have data on what proportion of the total number intubations performed by intensive care medicine trainees nationally this represents.

## Journal of the Intensive Care Society

Acknowledging that we are reporting perhaps a minority of all intubations in critically ill patients, we do not feel these sources of bias are significant, especially given the similarity in patient demographics, complication rates, and airway difficulties, with the reported literature (6-15).

It should also be noted that the database used to store this data is derived from intensive care trainees as opposed to anaesthetics trainees and as such will be missing out on cohorts of patients in hospitals where the anaesthetics teams provide out of hours airway cover, and not intensive care. We lack data on a number of strategies to improve the success rates of intubation including pre-oxygenation, maintenance of oxygenation, device selection, level of experience of trainee, and human factors (27, 28). We do not accounted for the level of variations in hospital staffing, training of individual trainees and clinical backgrounds. The reasons for intubation, use of cricoid pressure, and use of rescue techniques are also relevant information that is beyond the scope of the database.

Despite these limitations, we capture useful information regarding differences in practice by time of day/ day of week and location. Such data capture is important for workforce planning. Intubation practice performed by intensive care medicine trainees has not been previously described to this level of detail.

## **Conclusion:**

The incidence of clinically significant complications associated with emergency intubations is not insignificant. Our data confirms the association between the CL airway grade, the number of attempts at intubation and subsequently the incidence of complications. However, the lack of association between complications and time of day/ day of week, or ASA grade is encouraging, suggesting that adequate trained staff is available throughout the working week. Individualization of drug choices for emergency intubations may intuitively be safer, though clinical trials are needed to confirm this. With oldest and sickest patients on the wards, the significant reduction in usage of capnography needs to be addressed. Emergency/outreach staffing levels on weekends is crucial given the similar frequency of emergency intubations on weekday daytime and weekends.

3	
4	
5 6	
7	
8	
9	
10 11	
12	
13	
13 14 15	
16	
17	
18 19	
20	
21	
22 23	
24	
25	
26 27	
28	
29	
26 27 28 29 30 31	
32 33	
33	
34 35	
36	
37	
38 39	
40	
41	
42 43	
44	
45	
46 47	
48	
49	
50 51	
52	
53	
54 55	
56	
57	
58 59	
60	

# Accident and emergency (A&E)

Abbreviations

American Society of Anesthesiologists (ASA)

Cormack and Lehane (LC)

Glasgow Coma Scale (GCS)

Intensive care national audit and research centre (ICNARC)

Intensive care unit (ICU)

National Airway Project (NAP4)

National Health Service (NHS)

Operating theatres (OR)

Rapid sequence induction (RSI)

## **Declaration**

Ethics approval and consent to participate: All users accepted the terms and conditions on registering that "all data entered will be aggregated into a database for the purpose of research and audit. This may be published or presented in a public domain (e.g.: conferences, journals, online). MedELogbook has the right to use any data entered for this purpose. This database will not be used to interrogate the data entered by individual users". Under Section 251 of the National health service (NHS) Act 2006, NHS Health Research Authority ethical approval is not required as no patient identifiable information is used (5). The local Research Governance & Regulatory Assurance Manager at St George's NHS Healthcare Trust, confirmed that no ethics approval was required.

Consent for publication: Not applicable

**Availability of data and material:** The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

**Competing interests:** N.A and K.A have designed and created the online database. NA and KA own the database and have access to the data. At the time of writing, there is no financial interest. SCM, MC, and BJP declare no conflict of interest.

#### Funding: None

**Authors' contributions:** NA and KA created and maintain the online trainee logbook. NA and KA conceived the study idea and designed the study. KA extracted the data from the database. NA drafted the statistical analysis plan and performed the analyses. NA and SCM drafted the manuscript. All authors critically revised the manuscript for important intellectual content. All authors had full access to all of the data in the study, take responsibility for the integrity of the data and the accuracy of the data analysis. BJP and MC supervised the project, participated in the data analysis and interpretation, in writing and editing the manuscript. All authors read and approved the final manuscript

#### Acknowledgements: None

Authors' information: Not applicable

## References

1.Woodall NM, Cook TM: National census of airway management techniques used for anaesthesia in the UK: first phase of the Fourth National Audit Project at the Royal College of Anaesthetists: *Br J Anaesth* 2011; 106:266-71

2.Cook TM, Woodall N, Frerk C, *et al.*: Major complications of airway management in the UK: results of the Fourth National Audit Project of the Royal College of Anaesthetists and the Difficult Airway Society. Part 1: anaesthesia: *Br J Anaesth* 2011; 106:617-31

3. Thomas A, Harvey D, Hurst T. Intensive Care Society Capnography Guidelines. 2011.

4.Higgs A, Cook TM, McGrath BA: Airway management in the critically ill: the same, but different: *Br J Anaesth* 2016; 117 Suppl 1:i5-i9

5.Bozza FA, Salluh JI, Japiassu AM, *et al.*: Cytokine profiles as markers of disease severity in sepsis: a multiplex analysis: *Crit Care* 2007; 11:R49

6.Arulkumaran N, Harrison DA, Brett SJ: Association between day and time of admission to critical care and acute hospital outcome for unplanned admissions to adult general critical care units: cohort study exploring the 'weekend effect': *Br J Anaesth* 2017; 118:112-22

7.Benedetto WJ, Hess DR, Gettings E, *et al.*: Urgent tracheal intubation in general hospital units: an observational study: *J Clin Anesth* 2007; 19:20-4

8.Griesdale DE, Bosma TL, Kurth T, *et al.*: Complications of endotracheal intubation in the critically ill: *Intensive Care Med* 2008; 34:1835-42

9.Jaber S, Amraoui J, Lefrant JY, *et al.*: Clinical practice and risk factors for immediate complications of endotracheal intubation in the intensive care unit: a prospective, multiple-center study: *Crit Care Med* 2006; 34:2355-61

10.Jabre P, Avenel A, Combes X, *et al.*: Morbidity related to emergency endotracheal intubation--a substudy of the KETAmine SEDation trial: *Resuscitation* 2011; 82:517-22

11.Martin LD, Mhyre JM, Shanks AM, *et al.*: 3,423 emergency tracheal intubations at a university hospital: airway outcomes and complications: *Anesthesiology* 2011; 114:42-8

12.Mort TC: Emergency tracheal intubation: complications associated with repeated laryngoscopic attempts: *Anesth Analg* 2004; 99:607-13, table of contents

13.Schmidt UH, Kumwilaisak K, Bittner E, *et al.*: Effects of supervision by attending anesthesiologists on complications of emergency tracheal intubation: *Anesthesiology* 2008; 109:973-7

14.Schwartz DE, Matthay MA, Cohen NH: Death and other complications of emergency airway management in critically ill adults. A prospective investigation of 297 tracheal intubations: *Anesthesiology* 1995; 82:367-76

15.Simpson GD, Ross MJ, McKeown DW, *et al.*: Tracheal intubation in the critically ill: a multicentre national study of practice and complications: *Br J Anaesth* 2012; 108:792-9

16.Cook TM, Woodall N, Frerk C: A national survey of the impact of NAP4 on airway management practice in United Kingdom hospitals: closing the safety gap in anaesthesia, intensive care and the emergency department: *Br J Anaesth* 2016; 117:182-90

17.Pascall E, Trehane SJ, Georgiou A, *et al.*: Litigation associated with intensive care unit treatment in England: an analysis of NHSLA data 1995-2012: *Br J Anaesth* 2015; 115:601-7 18.Kelly FE, Cook TM: Seeing is believing: getting the best out of videolaryngoscopy: *Br J Anaesth* 2016; 117 Suppl 1:i9-i13

19.Mosier JM, Malo J, Sakles JC, *et al.*: The impact of a comprehensive airway management training program for pulmonary and critical care medicine fellows. A three-year experience: *Ann Am Thorac Soc* 2015; 12:539-48

20.Wise EM, Henao JP, Gomez H, *et al.*: The impact of a cadaver-based airway lab on critical care fellows' direct laryngoscopy skills: *Anaesth Intensive Care* 2015; 43:224-9

21.Mayo PH, Hegde A, Eisen LA, *et al.*: A program to improve the quality of emergency endotracheal intubation: *J Intensive Care Med* 2011; 26:50-6

22.Adams MC, Schmidt U, Hess DR, *et al.*: Examination of patterns in intubation by an emergency airway team at a large academic center: higher frequency during daytime hours: *Respir Care* 2014; 59:743-8

23.Morris J, Cook TM: Rapid sequence induction: a national survey of practice: *Anaesthesia* 2001; 56:1090-7

24.Sajayan A, Wicker J, Ungureanu N, *et al*.: Current practice of rapid sequence induction of anaesthesia in the UK - a national survey: *Br J Anaesth* 2016; 117 Suppl 1:i69-i74

1	
2	
3 4 5 6	
4	
5	
6	
7	
8	
0	
9 10 11 12 13 14 15 16 17 18	
10	
11	
12	
13	
14	
15	
16	
17	
10	
10	
19	
20	
21	
20 21 22 23 24 25 26 27 28 29 30	
23	
24	
25	
26	
27	
28	
29	
30	
31	
20	
32 33 34 35	
33	
34	
35	
36	
36 37 38 39	
38	
39	
40	
41	
42	
43	
44	
44	
46	
47	
48	
49	
50	
51	
52	
53	
54	
55	
56	
57	
58	
59	
00	

25.Curtis R, Lomax S, Patel B: Use of sugammadex in a 'can't intubate, can't ventilate' situation: Br J Anaesth 2012; 108:612-4

26.Paton L, Gupta S, Blacoe D: Successful use of sugammadex in a 'can't ventilate' scenario: Anaesthesia 2013; 68:861-4

27.Natt BS, Malo J, Hypes CD, et al.: Strategies to improve first attempt success at intubation in critically ill patients: Br J Anaesth 2016; 117 Suppl 1:i60-i8

28.Flin R, Fioratou E, Frerk C, et al.: Human factors in the development of complications of airway management: preliminary evaluation of an interview tool: Anaesthesia 2013; 68:817-25

, κ C, et , aliminary evalu.

## Tables

Age (years)	59 (45-70)
Gender	
Male	539 (61.2%)
Female	342 (38.8%)
Complications	
Yes	80 (9.1%)
No	801 (90.9%)
Category	
Medical	639 (72.5%)
Surgical	242 (27.5%)
ASA Grade	
1	202 (22.9%)
2	166 (18.8%)
3	292 (33.1%)
4	221 (25.1%)
CL Grade	
1	632 (70.7%)
2	203 (23.0%)
3	50.7(5.7%)
4	5 (0.6%)
Location	
A&E	172 (19.5%)
Intensive care unit	581 (65.9%)
Theatres	63 (7.2%)
Ward	48 (5.4%)
Time	
Weekday in hours	382 (43.4%)
Weekday out of hours	256 (29.1%)
Weekend in hours	139 (15.8%)
Weekend out of hours	104 (11.8%)
Capnography	
Yes	866 (98.3%)
No	15 (1.7%)
Video laryngoscope	
Yes	73 (8.3%)
No	808 (91.7%)
Supervision	
Directly supervised	363 (41.2)

1	
2	
3 4	
5 6	
6 7	
8	
9 10	
11	
12 13	
14	
15 16	
17	
18 19	
20	
21 22	
23	
24 25	
26	
27	
11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 22 23	
30 31	
32	
33 34 35 36 37 38	
35	
36	
38	
39 40	
41	
42 43	
44 45	
45 46	
47	
48 49	
50	
51 52	
53	
54 55	
56	
57 58	
59	

Independent	303 (34.4%)
Assisted by other	88 (10.0%)
Under indirect supervision	83 (9.4%)
Teaching others	35 (4.0%)
'Other'	9 (1.0%)
Attempts	
1	809 (91.8%)
2	61 (6.9%)
<u>&gt;</u> 3	11 (1.2%)

# Table 1: Details of patient demographics and intubation procedure

(A+E: Accident and emergency department; ASA: American association of anaesthesiologist; CL: Cormack and Lehane classification of laryngeal view)

Complications:	Number	
Desaturation	38 (47.5%)	
Failed intubation requiring senior input/		
	19 (23.8%)	
Oesophageal intubation		
Aspiration of gastric contents	8 (10.0%)	
Cardiac arrest	5 (6.3%)	
	0 (0.070)	
Hunotoncion	4 (E 0%)	
Hypotension	4 (5.0%)	
Other (3 equipment failure, 2 traumatic		
	6 (7.5%)	
intubation, 1 inadequate paralysis)		
Total	80	
		]

## Table 2. Complications associated with emergency tracheal intubation

	In hours	Out-of-hours	Total	P value
Category				0.070
Medical	354 (67.9%)	260 (72.2%)	614 (69.7%)	
Surgical	147 (28.2%)	95 (26.4%)	242 (27.5%)	
Gender				0.098
Male	307 (58.9%)	232 (64.4%)	539 (61.2%)	
Female	214 (41.1%)	128 (35.6%)	342 (38.8%)	
Complications		0		0.263
Νο	469 (90.0%)	332 (92.2%)	801(90.9%)	
Yes	52 (10.0%)	28 (7.8%)	80 (9.1%)	
Location			0,	<0.001
A+E	100 (19.2%)	72 (20.0%)	172 (19.5%)	
Intensive care unit	331 (63.5%)	250 (69.4%)	581 (65.9%)	
Operating theatre	51 (9.98%)	12 (3.3%)	63 (7.2%)	
Ward	24 (4.6%)	24 (6.7%)	48 (5.4%)	
Other	15 (2.9%)	2 (0.6%)	17 (1.9%)	
Time taken				0.637
<20min	349 (67.2%)	242 (67.8%)	591 (67.5%)	
20-40min	102 (19.7%)	68 (19.0%)	170 (19.4%)	

40-60min	47 (9.1%)	27 (7.6%)	74 (8.4%)	
> 60min	21 (4.0%)	20 (5.6%)	41 (4.7%)	
ASA grade				0.007
1	131 (25.2%)	71 (19.7%)	202 (22.9%)	
2	105 (20.2%)	61 (16.9%)	166 (18.8%)	
3	175 (33.6%)	117 (32.5%)	292 (33.1%)	
4	110 (21.1%)	111 (30.8%)	221 (25.1%)	
Age (years)	59.0 (45.0-70.0)	59.0 (45.0-70.5)	59(45-70)	0.749
Glasgow coma score	11 (6-14)	10 (6-14)	10 (6-14)	0.292
CL Grade				0.520
1	360 (69.1%)	263 (73.1%)	623 (70.7%)	
2	126 (24.2%)	77 (24.1%)	203 (23.0%)	
3	31 (6.0%)	19 (5.3%)	50 (5.7%)	
4	4 (0.8%)	1 (0.3%)	5 (0.6%)	
Capnography use				0.322
Yes	514 (98.7%)	352 (97.8%)	866 (98.3%)	
No	7 (1.3%)	8 (2.2%)	15 (1.7%)	
Attempts at intubation				0.344
1	478 (91.7%)	331 (91.9%)	809 (91.9%)	
2	34 (6.5%)	27 (7.5%)	61 (6.9%)	
<u>&gt;</u> 3	9 (1.7%)	2 (0.6%)	11 (1.2%)	

Supervision				<0.001
Assisting other	39 (10.8%)	49 (9.4%)	88 (10.0%)	
Independent	112 (31.1%)	251 (48.2%)	363 (41.2%)	
Directly supervised	175 (48.6%)	128 (24.6%)	3030 (34.4%)	
Indirect supervision	20 (5.6%)	63 (12.1%)	83 (9.4%)	
Teaching other	11 (3.1%)	24 (4.6%)	35 (4.0%)	
Other	3 (0.8%)	6 (1.2%)	9 (1.0%)	
Video laryngoscopy				0.397
Yes		3		
No	46 (9.8%)	27 (8.1%)	73 (9.1%)	
	422 (90.2%)	307 (91.9%)	729 (90.9%)	

## Table 3: Characteristics of emergency intubations by time of day.

(A+E: Accident and emergency department; ASA: American association of anesthesiologist; CL: Cormack and Lehane classification of laryngeal view) p-values are for comparison of proportions between in- and out- of hours.