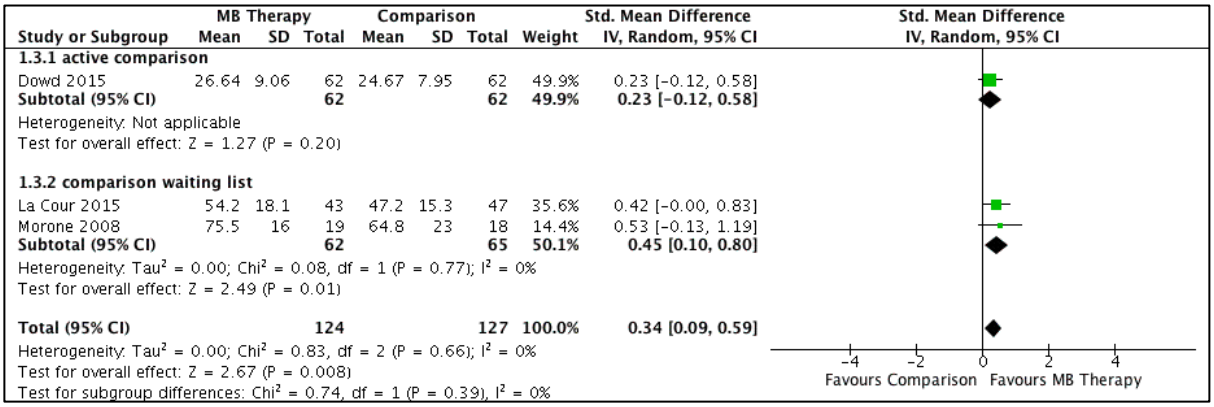
Figure 4


MB Therapy
Comparison
Std. Mean Difference
Std. Mean Difference
Study or Subgroup Mean SD Total Mean SD Total Weight IV, Random, 95% CI
IV, Random, 95% CI
1.3.1 active comparison
Dowd 2015 26.64 9.06 62 24.67 7.95 62 49.9% 0.23 [-0.12, 0.58]
Subtotal (95% CI) 62 62 49.9% 0.23 [-0.12, 0.58]
Heterogeneity: Not applicable
Test for overall effect: Z = 1.27 (P = 0.20)
1.3.2 comparison waiting list
La Cour 2015 54.2 18.1 43 47.2 15.3 47 35.6% 0.42 [-0.00, 0.83]
Morone 2008 75.5 16 19 64.8 23 18 14.4% 0.53 [-0.13, 1.19]
Subtotal (95% CI) 62 65 50.1% 0.45 [0.10, 0.80]
Heterogeneity: Tau² = 0.00; Chi² = 0.08, df = 1 (P = 0.77); I² = 0%
Test for overall effect: Z = 2.49 (P = 0.01)
Total (95% CI) 124 127 100.0% 0.34 [0.09, 0.59]
Heterogeneity: Tau² = 0.00; Chi² = 0.83, df = 2 (P = 0.66); I² = 0%
Test for overall effect: Z = 2.67 (P = 0.008)
Test for subgroup differences: Chi² = 0.74, df = 1 (P = 0.39), I² = 0%
-4
-2
0
2
4
Favours Comparison
Favours MB Therapy