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Title: MRI in traumatic spinal cord injury: from clinical assessment to neuroimaging biomarkers

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Abstract: Traumatic spinal cord injury (SCI) occurs when an external physical impact acutely damages the spinal cord and leads to permanent neurologic dysfunction, personal disability and social burden. Conventional MRI plays a crucial role in the diagnostic workup of SCI patients as it reveals extrinsic compression of the cord and disruption of the discoligamentous complex. Additionally, it can reveal macrostructural evidence of primary intramedullary damage such as haemorrhage, oedema, post-traumatic cystic cavities and tissue bridges. Quantitative MRI (qMRI), such as magnetisation transfer, MR relaxation mapping and diffusion imaging, enables the tracking of secondary changes across the neuraxis at the microstructural level. Both, conventional MRI and qMRI metrics, obtained early after SCI, are predictive of outcome. Thus, neuroimaging biomarkers may serve as surrogate endpoints for more efficient trials targeting acute and chronic SCI. The adoption of neuroimaging biomarkers in SCI centres may eventually lead to individualized patient care approaches.

MRI in traumatic spinal cord injury: from clinical assessment to neuroimaging biomarkers

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Abstract

Traumatic spinal cord injury (SCI) occurs when an external physical impact acutely damages the spinal cord and leads to permanent neurologic dysfunction, personal disability and social burden. Conventional MRI plays a crucial role in the diagnostic workup of SCI patients as it reveals extrinsic compression of the cord and disruption of the discoligamentous complex. Additionally, it can reveal macrostructural evidence of *primary* intramedullary damage such as haemorrhage, oedema, post-traumatic cystic cavities and tissue bridges. Quantitative MRI (qMRI), such as magnetisation transfer, MR relaxation mapping and diffusion imaging, enables the tracking of *secondary* changes across the neuraxis at the microstructural level. Both, conventional MRI and qMRI metrics, obtained early after SCI, are predictive of outcome. Thus, neuroimaging biomarkers may serve as surrogate endpoints for more efficient trials targeting acute and chronic SCI. The adoption of neuroimaging biomarkers in SCI centres may eventually lead to individualized patient care approaches.

Introduction

Conventional MRI of the spinal cord is an essential component in the diagnostic investigation, surgical treatment, and rehabilitation of patients with spinal cord injury (SCI).¹ Spinal MRI is the gold standard for the evaluation of any damage to the disco-ligamentous complex (i.e. spine instability and spinal canal encroachment) and neural structures (i.e. integrity of the spinal cord) induced by mechanical trauma.² In clinical practice sagittal and axial T2-weighted MRI sequences are usually applied and can be complemented with a short-T1 inversion recovery (STIR) sequence.³ These conventional MRI sequences reveal the level of the damage and the extent of intra/extramedullary abnormalities (oedema and haemorrhage), the degree of spinal cord compression, extent of disk herniation, and ligamentous instability at the level of the injury.³ Coupled with the clinical examination, these imaging findings obtained within hours of the trauma, guide decision making and lead to a timely and appropriate decompression of the contused and compressed spinal cord.⁴

Despite their critical importance in clinical management, these conventional MRI sequences provide relatively less information about the evolving microstructural changes of the immediate and adjacent spinal cord segments and, subsequently, of the brain. There is a pressing need for a more in-depth understanding of both the complex processes of neural plasticity, at the microstructural level, and the complex functional interactions between spinal and supraspinal networks involved in SCI recovery.⁵ Such information can help us to understand the pathobiology as it enables the tracking of neuronal changes at the microstructural level across the neuraxis. Spinal imaging studies from a number of centres have employed advanced quantitative MRI (qMRI) techniques, such as magnetisation transfer, MR relaxation mapping, and diffusion imaging to improve detection and quantification of microstructural features of trauma-induced pathology both at and remotely

from the site of injury.⁶⁻¹⁴ These qMRI protocols provide quantitative measures of spinal cord^{15,16} and brain integrity¹⁷ that reflect atrophy, demyelination, and iron deposition of They have been used to demonstrate widespread⁶⁻¹⁴ and progressive tissue. neurodegeneration;⁷⁻⁹ the magnitude of which predicts clinical recovery.^{9,10} gMRI therefore offers improved assessments of underlying neural integrity and can provide insights into the relationship between clinical recovery and neural plasticity, within the spinal cord and the brain.¹⁸ Additionally, task-based (fMRI) and resting state (rs-fMRI) functional MRI, although non-quantitative, can probe plasticity at the level of the brain,¹⁹⁻²¹ and within the spinal cord.²²⁻²⁵ In clinical practice, sensorimotor impairments assessed by means of the International Standards for Neurological Classification of Spinal Cord Injury (ISNCSCI)²⁶ are commonly used as predictors of outcome following SCI. Now conventional MRI markers such as the Basic Score²⁷ and intramedullary lesion length (IMLL)²⁸ are considered as useful predictors of outcome. However, the future portends a better understanding of traumainduced microstructural changes by means of qMRI (e.g. magnetization transfer, relaxation maps and diffusion characteristics) and a potential use of qMRI as an indicator of outcome in clinical trials.

In this review, we evaluate findings from conventional MRI and discuss the insights they have provided concerning the primary pathological features of the injury epicentre. We then assess developments in qMRI imaging studies that have shone new light on secondary pathological changes affecting the entire neuraxis. The relevance and implications of these advances for improving the ability to predict recovery are discussed, followed by an assessment of their application as biomarkers in trials of patients with acute (and chronic (>6 months) SCI. Studies assessing cortical and spinal functional plasticity by means of fMRI and rs-fMRI are reviewed before providing recommendations concerning the application of

MRI protocols in clinical and research settings. Finally, we suggest directions for future research.

Conventional MRI

Immediate changes at the epicentre

The majority of SCI patients undergo decompression surgery and receive spinal fixation devices (i.e. metallic implants) to manage spinal instability. The presence of metallic implants causes significant MRI artifacts such as signal-loss, signal-pileup, geometric distortion, and failure of fat suppression,²⁹ which worsen with increasing magnetic field strength.³⁰ These image artefacts limit MRI diagnostic utility and reduce the quality of the qMRI metrics. Current strategies for metal artefact suppression, that allow scan acquisitions in a clinically feasible duration, include the slice-encoding for metal artefact correction³¹ with dual-source parallel radiofrequency,³² as well as compressed-sensing multi-spectral imaging techniques.³³ By taking advantage of such techniques, spinal cord imaging studies have investigated primary changes (i.e. macrostructural) immediately following the injury, focally at the injury site and based on hyperintensity signal changes of sagittal and axial T2-weighted and hypointensity signal changes of T1-weighted MRI scans.^{28,34–39} The most prominent features on sagittal T2-weighted scans include haemorrhage, cytotoxic oedema, and spinal cord swelling.^{28,37} Serial quantification of sagittal T2-weighted hyperintensity revealed that the intramedullary damage dynamically expands rostrally and caudally, with injury severity substantially affecting the rate of expansion.^{27,28,37} Based on T2-weighted signal abnormalities, a 5-point ordinal MRI score referred to as the BASIC score has been proposed for MRI-based diagnostic and prognostic classification in patients with acute SCI.²⁷ The BASIC score quantifies five distinct patterns of intramedullary T2-weighted signal abnormality in the axial plane at the injury epicentre of the spinal cord (Figure 1). These patterns range from no abnormalities to the most severe abnormalities consisting of mixed haemorrhage and oedema. The feasibility and prognostic validity of BASIC scores have been demonstrated both for patients with acute cervical^{27,40} and thoracic⁴¹ SCI, where MRI had been performed within days after injury. Moreover, the intramedullary lesion size, measured on sagittal T2-weighted slices (Figure 2 A), is a good predictor of recovery as its size is influenced by injury severity^{34–38} and the outcome of surgical decompression.²⁸

A caveat of quantifying intramedullary damage using conventional MRI scans is the nonspecificity of T2-weighted signal changes to the underlying pathophysiology. T2-weighted signal changes may reflect various processes, including oedema, inflammation, and the development of myelomalacia, demyelination, or cyst cavitation.²⁷ Moreover, interpretation should be dependent on the timing of MRI assessments as the evolution of oedema and haemorrhage changes considerably and is highly variable across patients.²⁸ Finally, the quantification of changes in T2-weighted MRI is usually performed manually by a user with experience in processing conventional MRI, as fully automated methods that can reliably distinguish artefact-induced signal changes at the epicentre of a traumatic lesion are currently absent. Thus, the utility of the BASIC score, as well as the quantification of the intramedullary lesion length, requires further validation. Multicentre studies, both at early and later time points would be ideal, for example, during rehabilitation where the T2weighted signal abnormalities have evolved.⁴²

Evolution of changes at the epicentre

A longitudinal study of thirteen SCI patients with cervical injury employing conventional MRI has investigated the natural sequelae of macrostructural intramedullary changes at the focal injury site during the first year post-SCI⁴². T2-weighted scans showed a transition from

the acute oedema and haemorrhage⁴³ to sub-acute intramedullary lesion expansion^{34,37} (Figure 3). After signs of oedema and haemorrhage slowly evolved, a post-traumatic cyst appeared in all of thirteen patients within the first month post-SCI.⁴² At this stage it is possible to detect small tissue bridges around the post-traumatic cyst that can be measured at the dorsal and ventral aspect of the cord, adjacent to the cyst on midsagittal T2-weighted scans (Figure 2 B-D).^{42,44} Crucially, the width and location of these tissue bridges predict tract-specific electrophysiological information flow⁴² and long-term functional recovery.^{42,44} Thus, the quantification of spared midsagittal tissue bridges on T2-weighted scans, at 1-month post-SCI, holds potential as an important prognostic tool.

The ability of MRI markers of lesion characteristics as well as tissue bridges emphasise the importance of currently conventional MRI protocols to be applied in the clinical setting.⁴⁵ In particular, T2-based scans can detect dynamic intramedullary signal changes as well as preserved midsagittal tissue bridges.⁴² Both can serve as an important diagnostic and prognostic tool, being sensitive to therapeutic interventions. Conventional MRI protocols are also easily applied in longitudinal designs at any stage of SCI and thus could furnish neuroimaging biomarkers for clinical trials.⁴²

Progressive cord atrophy

Despite these insights provided by manually quantifying the primary effects of the trauma at the epicentre of the injury, automated and unbiased quantification of trauma-induced changes at the level of the injury are still not feasible largely due to the artefacts induced by metal implants at the lesion site. One strategy to measure structural changes free of metal artefacts and hence capable of being performed fully or semi-automatically – is to target the artefact free spinal cord above and below the level of injury. A prospective, longitudinal MRI investigation of fifteen traumatic SCI patients, tracking changes to the cross-sectional cord

area (measured in mm²) based on a T1-weigthed MPRAGE sequence at the cervical cord level (C2/C3), showed signs of remote spinal cord atrophy within two months of the SCI.^{8,46} Over time (one year post SCI), atrophy continues to progress,^{7,8} at the level of the cervical cord, reaching 14% reduced cross-sectional cord area compared with healthy controls in the chronic phase post-SCI.^{6,9} Interestingly, the rate of spinal cord atrophy only showed signs of deceleration two years later. ⁹ In the chronic state of SCI, high resolution multi-echo gradient echo scans, that allow to segment the grey and white matter of the cord,⁴⁷ showed that remote neurodegeneration occurs within the dorsal and ventral horns as well as white matter within the high cervical cord⁶ and lumbar enlargement.⁴⁸ While dorsal horn atrophy at the cervical level was associated with ISNCSCI motor score.⁶ It is still not clear whether the rate of atrophy was associated to the lesion level and/or injury severity.^{7,10,46} However, the magnitude of remote spinal cord atrophy within the first six months post-SCI is predictive of functional recovery.^{9,10,46}

Progressive brain atrophy

At the level of the brain, the conventional T1-weighted MPRAGE sequence that covers the brain and cervical cord, has provided insights into remote brain atrophy. Trauma-induced brain atrophy is particularly prominent across the cranial projections of the corticospinal tracts, primary motor cortex, insula, anterior cingulate gyrus, and thalamus.^{7–9,49–52} As in the spinal cord, brain atrophy starts to evolve within the first months after SCI and continues for at least two years post-injury.^{9,53} The resulting changes in tissue volume are clinically relevant. For example, greater volume reductions in the brainstem during the first 6 months post-SCI were associated with poorer recovery of lower limb motor function. Interestingly, performance improvements due to intensive lower limb training in chronic SCI patients lead

to volume increases within the atrophied brainstem, indicating reorganisation processes.⁵⁴ Likewise neuropathic pain intensity has been shown to be associated with reductions in primary sensory cortices and thalamus⁴⁹ as well as increases in grey matter volume within the anterior cingulate gyrus and primary motor cortices .⁵⁵

qMRI

Advances in MRI technology

Conventional MRI, although sensitive to macrostructural cord and brain pathology, does not provide specific and quantitative microstructural measures of neurodegeneration and plasticity processes, making it difficult to draw specific conclusions about the underlying cause of the observed signal changes on T1- and T2-weigthed MRI scans. Thus, there is a pressing need to establish the missing link between measured MRI signals and changes in the underlying tissue microstructure and neurovascular function to explain and better understand the disease processes associated with SCI. Novel qMRI protocols of the spinal cord^{15,56} and brain^{17,57} have the potential to measure neural changes at the microstructure are reflected in MR relaxation times, magnetisation transfer and diffusion of water molecules which can be measured at the voxel-level in the spinal cord^{15,56} and brain.^{17,57} qMRI aims at providing values comparable between individuals and they are specific to particular structural states, for example axonal degeneration or demyelination.⁵⁶ Key state-of-the-art methods such as relaxometry mapping and diffusion MRI has been identified which may have the potential to reveal the underlying pathophysiology after human SCI.⁵⁶

The most common qMRI technique is diffusion-weighted imaging, which probes the directional diffusivity of water molecules and shows sensitivity and specificity to the axon and myelin pathology.⁵⁸ Frequently, diffusion-imaging data are analysed using a tensor

model, i.e. applying diffusion tensor imaging (DTI).⁵⁹ However, the tensor model makes several restricting assumptions, which complicate the interpretation of major DTI indices (i.e. fractional anisotropy, axial and radial diffusivity, or mean diffusivity) with respect to the underlying pathology. Novel biophysical models of diffusion contrast are being developed based on different mathematical models and could alleviate this issue, although these modelling approaches have yet to be validated; partially due to acquisition/modelling variability versus biological variability. ⁶⁰ The quantitative measurement of relaxation and magnetization transfer parameters has been an area of substantial development, making it more accessible to clinical and preclinical research applications. For example, the multi parametric mapping (MPM) approach combines different MRI modalities in one protocol quantifying MR parameter measures of magnetization transfer (MT), and longitudinal and effective transverse relaxation rates (R1, R2*)⁶¹ (Figure 4). The link between these qMRI metrics and histology has been studied to probe the micro-structure of the human neocortex, focusing specifically on myelin, iron, and neuronal fibre mapping.⁵⁷ MT measures correlate with histologically measured myelin content,⁶² whereas certain quantitative relaxation rate measurements correlate with iron content.⁶³ These results may provide useful and specific biomarkers such as oligodendrocyte, glial cells, and iron rich fibres, with potential clinical impact in different pathologies, including SCI.⁵⁷

Clinical qMRI studies

Building on advances of qMRI methods, studies in patients with SCI have focused on improving the detection and quantification of tissue-specific spinal cord and brain pathology and on elucidating its relationship with clinical impairment. DTI applied to the white matter of the injured spinal cord demonstrates lower fractional anisotropy (FA) (sensitive to myelination, axon diameter, fiber density & organization) values above and below the lesion, both in acute⁶⁴ and chronic patients.^{6,12} For processing diffusion weighted images, the advent of a spinal cord template,⁶⁵ and post-processing tools^{66,67} included in the spinal cord toolbox⁶⁸ now offers the opportunity to assess tract-specific DTI changes at the voxel-level across the entire spinal cord. At both the cervical⁶ and lumbar enlargement⁴⁸ DTI has shown tissue specific decreased fractional and axial diffusivities and increased radial diffusivities in the corticospinal tract and the dorsal columns. The former effects have been associated with axonal degeneration⁵⁸ whereas the latter is associated with demyelination.⁵⁸ The results are suggestive of retrograde and anterograde degeneration of descending motor pathways and ascending afferent spinal projections, respectively. Moreover, the grey matter of the lumbar enlargement featured decreased fractional and axial diffusivity, indicating trans-synaptic degeneration of motor neuron pools deprived of supraspinal input.⁴⁸ DTI applied to the brain showed impaired microstructure along the cranial projection of the corticospinal tract,^{13,14} as well as other brain areas such as the corpus callosum, and fibre tracts such as inferior and superior longitudinal fasciculi, and the inferior fronto-occipital fasciculus;¹¹ suggesting largescale structural degeneration and reorganization across the brain.

The MPM protocol^{61,69} (Figure 4), applied to acute SCI patients, revealed that spinal cord atrophy was paralleled by myelin-sensitive MT decreases,⁷ while in brain areas undergoing progressive atrophy, myelin content decreased and iron content increased.^{7–9} For example, the atrophying primary motor cortex showed lower myelin content (reflected by decreased MT and R1⁸), while the atrophying thalamus showed iron deposition (reflected by increased R2^{*8}). Moreover, within the cerebellum, accelerating atrophy was paralleled by a deceleration of myelin-sensitive MT. These bidirectional effects suggest the changes in myelination⁶² and iron content,⁷⁰ reflecting dynamic processes in the context of compensation, decompensation and the compounding of functional deficits.⁵

Predicting outcome

Clinical recovery occurs most rapidly within the first six months and plateaus at approximately 2 years post-SCI.⁷¹ At present, neurorehabilitation is the only known means to improve functional recovery. Neurorehabilitation per se is believed to promote neurological changes such as cortical and spinal cord neural circuit reorganisation, which is assumed to translate into improved function. A few longitudinal qMRI studies within the range of one to two years post-SCI follow-up have found that better ISNCSCI lower extremity motor score recovery was predicted by less cervical spinal cord atrophy,^{9,10} and cord diffusion alterations.⁷² Early after SCI (<2 months post-injury) and at the level of the brain, greater ISNCSCI lower extremity motor recovery was associated with less cranial corticospinal tract atrophy.⁹ At the microstructural level, a worse ISNCSCI pin-prick score was associated with a greater increase in GM R2* in the thalamus,⁹ a better ISNCSCI lower extremity motor recovery was predicted by a smaller decrease in MT in the somatosensory cortex⁹ and a greater decrease R2* in the right cerebellum,¹⁰ and increased functional connectivity between primary motor cortex and supplementary motor and premotor cortices.⁴⁶ More substantial grey matter atrophy in the cerebellum was associated with impaired light-touch sensation,¹⁰ while greater increases in neuropathic pain intensity were associated with more extensive microstructural changes (increased R2*) in the secondary sensory cortex, anterior cingulate cortex, and cerebellum.⁹

These longitudinal qMRI studies within a two-year follow-up point to three important and clinically relevant findings: (i) while clinical recovery levels off at two years post-SCI, progressive changes in macroscopic and microstructural markers continue; (ii) while macrostructural changes slow down at the level of the spinal cord, both macroscopic and microstructural measures of neurodegeneration show sustained changes in the brain; (iii) the changes that have the greatest predictive validity in relation to clinical outcome appear to be

those at the level of the spinal cord, brainstem and cortex (e.g. spinal cord atrophy, cranial CST atrophy, lower MT in the primary motor cortex) over the first 6 months.^{9,10}

Implication for clinical trials

The primary endpoint of choice in SCI trials so far is an improvement in clinical outcome measures. However, neuroimaging biomarkers have the potential to supplement these clinical measures as they are sensitive to neuronal changes even when they do not yet translate into obvious clinical benefit. Currently, clinical trials employ conventional MRI (e.g. T2-weighted signal characteristics of the cord) (Table 1) to account for gross macrostructural changes at the lesion site in the spinal cord for example after stem cell interventions.^{73–75} However, signal intensity changes in conventional MRI do not correspond with the specific and quantitative measures of microstructural deficits (e.g. demyelination and axonal degeneration) (e.g. , XX).¹⁵ With potential treatments targeting repair of the injured spinal cord, it is imperative to improve clinical trial design and efficiency, optimise patient stratification in the context of disease heterogeneity and identify sensitive trial outcome measures.

Based on the advances in MRI, such as conventional MRI, advanced relaxometry mapping and diffusion MRI, the application of neuroimaging biomarkers for SCI trials, which combine conventional MRI and qMRI assessments, is now feasible. This requires measures sensitive to the earliest changes following injury, which are quantifiable, and which capture neural damage and plasticity. As qMRI^{15,57,76} is sensitive to microstructural aspects of specific tissue classes of the CNS (e.g. myelin and axonal integrity, and iron concentration), these neuroimaging biomarkers are potentially sensitive to recovery processes and treatment responses.^{15,17,57} Moreover, they bear the potential to provide short term surrogate end-points (i.e. changes over 6-12 months), which may reduce the time and cost associated with novel drug development.^{77,78} Despite a therapeutic intervention having an effect on imaging outcome such as halting atrophy, there is still some disconnect between changes in imaging outcomes and clinically meaningful recovery; the ultimate goal of a successful clinical trial. Thus, it may be useful to employ more than one imaging outcome in future trials to maximize understanding and interpretation of clinically meaningful findings.

Deploying advanced qMRI methods in multi-centre trials is challenging however, requiring high quality qMRI techniques such as high field MR scanner (e.g. 3 Tesla), advanced software version and sophisticated image post-processing pipelines to be implemented on the different scanner platforms from different manufacturers and different clinical sites across the globe. Any resulting differences or performance issues may reduce the potential benefits for evaluating new therapies. Moreover, clinical trials usually run over years and hence scanner software and hardware upgrades as well as scanner replacements cannot always be avoided. Thus, there is a need to further improve intra-scanner and inter-scanner comparability of the qMRI protocols. The feasibility of combining multi-centre DTI data has been previously shown in xx countries using different 3T scanner models, software versions and pulse sequences.^{79,80} However, critical parameters such as noise floor level and signal-to-noise floor ratio have to be monitored and adjusted to increase the statistical power estimates.⁷⁹ Likewise, the MPM protocol was validated at 3T MRI scanner for use in multi-centre studies based on custom-made⁶¹ and manufacturers based⁸¹ FLASH sequences. Currently, the MPM protocol is being considered for a phase II multi-centre clinical trial (NISCI) (EudraCT: 2016-001227-31) investigating the neutralizing effects of an anti-Nogo-A antibody treatment for SCI.⁸² Thus, there is hope that effect sizes based on qMRI data may afford the opportunity to assess site-specific effects of intervention; essential for the translation of trial efficacy to clinical effectiveness. Hypothetical treatment effects, defined by slower longitudinal structural changes in these imaging measures, could be detectable over a realistic timescale (6 months post injury) with potentially lower sample sizes (<50 per treatment arm) than required for traditional clinical readouts.⁵³

Task specific and resting state functional MRI

Much of the discussion above concerned assessment of physical changes in the brain and spinal cord resulting from SCI and during recovery. Just as important is the ability to assess functional reorganization associated with SCI. Functional reorganization can be indirectly quantified, both in the brain and spinal cord, by means of fMRI that tracks task-dependent oxygen consumption that is indirectly related to neuronal activity (e.g. blood oxygen dependent signal (BOLD)). In the absence of an explicit task, neuronal activity can also be studied by means of rs-fMRI analysis, which is based on low frequency spontaneous fluctuations in the BOLD signal. rs-fMRI provides an indirect measurement of connectivity that allows for characterization of distinct functional networks in the brain or spinal cord.⁸³

Motor and sensory recovery after SCI is associated with functional reorganization of the sensorimotor networks.^{84–86} fMRI studies after chronic SCI have inferred cortical reorganization through increased task-dependent activation in the primary motor cortex, cerebellum, and parietal lobe.⁸⁴ Interestingly, in 23 complete (AIS A) SCI patients with complete impairment, in clinical terms (AIS A), stimulation below the level of the injury resulted in activation in the relevant somatosensory cortices.⁸⁶ This suggests that preserved tissue bridges⁴² continue to carry functional information, but are insufficient to produce clinically meaningful activations or functions.

Spinal cord fMRI studies have also found that substantial task-related spinal activity, in response to stimuli are retained above and below the injury site.^{22–24} This suggests that the spinal cord is actively engaged in plastic processes that can result in recovery of function.

Interestingly, this may also contribute to the emergences of neuropathic pain conditions⁸⁵ which has been associated with maladaptive plasticity.⁴⁹ Thus, spinal fMRI is feasible in the clinical setting⁸⁷ and can identify changes in neural processing in relation to the location and extent of injury. Although the fMRI and rs-fMRI are readily available on clinical MR systems with a good spatial resolution, the analysis requires sophisticated post-processing tools⁶⁸ and the interpretation of the functionally activated voxels remains challenging.¹⁶ Further advances in MRI hardware (sensitive MRI coils⁸⁸), and in MRI software (optimized localized shimming⁸⁹) and in other areas (eg, image postprocessing) are expected to increase the value of spinal cord fMRI as a biomarker in the near future for probing reorganization and plasticity induced by injury.

The application of rs-fMRI has gained momentum as it does not require an explicit task or active participation of the individual. Both in acute¹⁹⁻²¹ and chronic⁹⁰⁻⁹² SCI patients, connectivity changes can be observed across the motor system as well as in areas of cognitive control (i.e. the bilateral dorsal anterior cingulate cortex dACC, dorsal lateral prefrontal cortex (DLPFC) and caudate); with the magnitude of change, in both, relating to the recovery of function.¹⁹⁻²¹ Thus, connectivity changes in brain networks might reflect compensatory strategies to overcome functional deficit. However, rs-fMRI is an emerging field featuring a wide range of pre-processing and analytical approaches, which make it difficult to compare the outcomes of the different studies. Nevertheless, rs-fMRI holds promise as a more reliable and useful outcome measure in the clinical setting. To date – although technically feasible^{25,83,93} there have been no rs-fMRI studies in patients with SCI conducted because it is challenging to obtain reliable rs-fMRI data from the spinal cord in SCI patients due to a number of technical issues; such as the influence of physiological noise and metallic implants. Nonetheless, results obtained in healthy controls have consistently shown robust

networks with extensive connectivity between spinal cord regions as well as across the brainstem and the spinal cord.^{83,94} Based on these results, rs-fMRI of the injured spinal cord would be expected to demonstrate regions with altered/absent connectivity to other spinal cord regions as well as dynamic connectivity changes during recovery. This would allow to monitor functionally relevant changes within the spinal cord during the process of recovery. This awaits validation.

Conclusions and future directions

Traumatic SCI causes permanent disability, and yet despite advances in medical management such as improved rehabilitation cares and clinical assessments, many patients are left with substantial neurological impairment. Currently, intensive care measures including blood pressure augmentation, neuroprotective approaches with anti-inflammatories, neurosurgical decompression and stabilization and intensive neurorehabilitation are the only interventions applied to promote partial recovery.⁷¹ Understanding the pathophysiological sequelae would help to reduce and prevent disease burden and would facilitate the development of effective regenerative and neuroprotective treatments.

Both conventional MRI and qMRI of the spinal cord and brain can guide diagnostic workup, identify predictors of recovery, elucidate SCI pathogenesis and provide surrogate endpoints in future clinical trials.^{16,45} Conventional T2-weighted sagittal and axial MRI are key methods to identify the extent of the intramedullary injury^{27,28} and to identify prognostic parameters such as intramedullary lesion length and preserved midsagittal tissue bridges.^{37,42,44} Advanced qMRI sequences, such as DTI and MPM, applied remotely from the injury can identify microstructural changes such as axonal degeneration, demyelination, and iron deposition across the entire neuraxis ^{15,9}. Combinations of serial conventional MRI and qMRI represent key modalities for a better assessment of spinal cord function compared to clinical

assessment, and further, in elucidating the relationship between clinical impairment and remote secondary changes in the spinal cord and brain. In addition, these quantifiable changes appear to have notable predictive validity, rendering them viable outcomes for interventional trials.^{9,53}

The advances reviewed in this paper suggest recommend that neuroimaging of the spinal cord should be routinely performed in clinical practice and in interventional trials in a number of instances (Table 2). Conventional MRI should include both sagittal and axial views to assess the level and extent of injury within the first 48 hours (e.g. BASIC score). These scans should be repeated 3-4 weeks later to quantify the dynamics of intramedullary lesion length and to identify the amount of preserved midsagittal tissue bridges. To investigate pathophysiological changes in the research setting, qMRI methods, such as DTI and MPM, should be used as these can probe microstructural changes of the spinal cord and brain. Neuroimaging outcome measures derived from both conventional MRI and qMRI protocols should be considered as they as they are predictors of recovery.^{9,53} However, a careful evaluation of the variance caused by differences between scanners and an assessment of reproducibility is required, adding to the complexity of multicentre trials.

Current understanding of trauma induced changes across the neuraxis remains incomplete (Figure 5). A key requirement to assessing plasticity *in vivo* is ultra-high spatial resolution on the order of hundreds of microns. To visualize and quantify ultra-scale tissue properties of grey and white matter biophysical models that exploit symmetries in the organization of microstructure are required. Emerging technological and imaging developments at higher field strengths (e.g. 7T MRI scanner), such as improvements in RF coil designs, pulse-sequence design, improved localized magnetic field shimming methods,⁸⁹ suppression of

MRI artefacts induced by orthopaedic implants,³³ and changes in data sampling schemes⁵⁶ will provide the necessary means for these biophysical models in future research. These models can combine multiple different MRI contrasts with different views on the underlying microstructure to address the intractable problem of accurately making inferences concerning the microstructure from single contrasts. For example, modelling the relative myelination of axons (e.g. g-ratio mapping 95,96). The integration and unifying across the different contrasts and spatial scales (from micrometres to centimetres) is the object of intensive and ongoing research in the MRI community.^{15,57} However, MRI contrasts remain indirect measures of changes in the microstructure and composition of the tissue. Therefore, knowledge about the underlying changes is needed for interpretation of the non-invasive qMRI data and for improving the biophysical models. qMRI data will need to undergo histological validation (cross-validation of the MPM contrasts is currently performed in a multi-national ERANET funded "hMRIofSCI consortium (https://www.neuron-eranet.eu/_media/hMRIofSCI.pdf)) of tissue samples from experimental SCI models in order to shed light on the mechanistic underpinnings of changes observed with different MRI contrasts. Finally, multicentre and longitudinal studies, with large patient cohorts that employ qMRI of the spinal cord and brain would be useful to better characterize primary and secondary disease changes, along with their dynamics, and also support and extent current mono-centric and mainly cross-sectional studies. Increasing our understanding of the sequelae after SCI will allow eventually to predict individual trajectories of recovery.

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Author's contribution

PF, MS, NW, KF, MF, AT and AC contributed to the literature search, data interpretation and writing of the manuscript. PF and MS created the figures and tables.

Search strategy and selection criteria

We conducted a MEDLINE search focused on traumatic SCI using PubMed including only English language publications from 01.2013 until 01.2019. The search headings included the following words "traumatic spinal cord injury" in combination with search terms "atrophy", "demyelination" "diffusion" conventional MRI", "quantitative MRI", "neurodegeneration", clinical trial", "longitudinal", and "MRI prediction". Further articles were identified by searching the list of references cited in the manuscripts that were reviewed. The final reference list was generated on the basis of relevance to the topics covered in this Review.

Declaration of interests

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Figure captions

Figure 1: The BASIC score

The BASIC score of SCIs comprises a 5-point ordinal MRI score for classifying acute SCIs on the basis of conventional axial T2-weighted scans. The BASIC score stratifies SCI according to the extent of transverse T2-weighted signal abnormality during the acute phase of the injury. Cartoon schematics (A), representative axial T2-weighted MRI scans (B), 3D-color surface plots based on the axial T2-weighted MRI (C), and brief definitions (D) for each of the 5 BASIC scores (ranging from 0 to 4). In the representative MRI scans (B), the external contour of the spinal cord is outlined in yellow for better delineation. (Reprinted from Talbott et al., 2015²⁷)

Figure 2: Extent of lesion and tissue bridges

Structural magnetic resonance imaging (MRI) indices assessed at the lesion site. A: Postoperative T2-weighted MRI of the cervical cord from a 17-year-old male patient with traumatic spinal cord injury (male, ASIA Impairment Scale (AIS) grade of A (complete)). Postoperative MRI at 32.5 hours after operation indicates an intramedullary lesion length (IMLL) of 102 mm (long bracket) with bleeding (short bracket) and myelomalacia (dotted lines) at the injury epicentre (Reprinted from Aarabi Bizhan et al., 2017²⁸ with permission from American Association for the Advancement of Science). **B:** Demonstration of the lesion segmentation using mid-sagittal T2-weighted MRI within the cervical cord of a 51 year-old incomplete SCI patient (male, tetraplegic, AIS grade of C and with scan finding of central T2-weighted hyperintensive cord defect at the C6/C7 level). **C:** Demonstration of the lesion segmentation using mid-sagittal T2-weighted MRI within the thoracic cord of an 80-year-old incomplete SCI patient (female, paraplegic, AIS grade of C and with scan finding of subdural haemorrhage on T4 level). **D:** Schematic drawing of the lesion on the cord for analysing the lesion parameters, DB= dorsal midsagittal tissue bridges; LA=lesion area; LL=lesion length; LW=lesion width; VB=ventral midsagittal tissue bridges.

Figure 3: The lesion evolution over time Please provide figure title

Overview of the lesion evolution with persisting midsagittal tissue bridges over 1-year postinjury. Longitudinal T2-weighted sagittal MRI scans showing the evolution of the cervical lesion epicenter from a 27-year-old complete SCI patient (male, tetraplegic, AIS grade A) in acute (one day post -SCI), subacute (1 month post-SCI) and chronic (12 months post-SCI) phase after injury.

Figure 4: Schematic representation of connections between qMRI methods and the neocortical microstructural features

Relationships between different quantitative MRI readouts and the microstructural features reported previously in post mortem brain tissue^{97,98} to which they have been linked. A coloured line between a quantitative MRI readout and a microstructural feature implies that this readout has been empirical linked to this feature. The relationships between MR contrast and microstructural features makes microstructural mapping through the combination of complementary quantitative MR images possible. MT = magnetisation transfer saturation; PD = proton density, R1 = longitudinal relaxation rate, R2* = effective transverse relaxation rate, QSM = quantitative susceptibility mapping, R2 = transverse relaxation rate, dMRI = diffusion weighted MRI. (Reprinted from Edwards et al. 2018⁵⁷) under the terms of the CC-BY 4.0 license (https://creativecommons.org/licenses/by/4.0/)).

Figure 5: Schematic representation of primary and secondary degenerative processes occurring remotely, above and below the injury site

Primary damage at the focal epicenter of the lesion occurring within hours after injury **A**, and secondary systematic degenerative processes occur remotely **B**, above, below and at the primary injury site. Sensory and motor tracts affected by the injury undergo anterograde and/or retrograde (depending on the location) axonal degeneration and accompanying demyelination.^{6,12,64} Lesion site shows the macrostructural evidence of *primary* intramedullary damage (e.g. oedema & haemorrhage) and secondary changes such as post-traumatic cyst cavities and spared tissue bridges ^{42,44} In the lumbar cord, the lower motor neurons located in the ventral horn may undergo trans-synaptic degeneration due to the loss of input from the injured corticospinal tracts.⁴⁸ Similarly, second-order sensory neurons of the spinothalamic and dorsal column medial lemniscus systems can also be affected by trans-synaptic degeneration. At the brain level, atrophic changes are located within the brainstem,⁵¹ cranial corticospinal tracts, primary motor cortices, insula, anterior cingulate cortex, and thalamus.^{7,8,14} Some of these areas (e.g. cortical and subcortical regions) present also with

changes in myelin and iron content which is suggestive of demyelination and iron accumulation. 9

DTI: diffusion tensor imaging, MPM: multi-parameter mapping, T1w and T2*w MRI: T1 weighted and T2* weighted magnetic resonance imaging, Add abbreviations for T1w MRI, etc

| Table 1: Completed clinical trial | s in spinal cord | injury (SCI) using | g MRI as an | outcome |
|-----------------------------------|------------------|--------------------|-------------|---------|
| measure within the last 5 years | | | | |

| Clinical trials.gov identifier | Study Title | Intervention | Enrollment (number of Participants)/Condit ion | MRI as outcome measures | | MRI techniques | Status Primary Date |
|--------------------------------------|---|---|---|-------------------------------|----------------------|--|---|
| | | | | Primary outcome | Secondary outcome | | |
| NCT01325103 | Evaluation of Autologous Mesenchymal Stem Cell Transplantation in Chronic Spinal Cord Injury: | Autologous Mesenchymal Stem Cell | 14 Participants chronic spinal cord injury | | ☑ Lesion volume | Conventional MRI scan (T1/T2 weighted MRI) | Completed December 2012 ☑ Published results ⁷⁴ |
| NCT01624779 | Intrathecal Transplantation of Autologous Adipose Tissue Derived MSC in the Patients With Spinal Cord Injury | Autologous adipose tissue derived mesenchymal stem cells | 15 Participants chronic spinal cord injury | Qualitative lesion assessment | | Conventional MRI scan (T1/T2 weighted axial and sagittal MRI) | Completed May 2014 Published results ⁷³ |
| NCT01739023 | Safety of Autologous Human Schwann Cells (ahSC) in Subjects with Subacute SCI | Autologous Human Schwann Cell | 9 Participants Subacute SCI (30 day-post injury) | | ☑ Lesion volume | Conventional MRI scan (T1/T2 weighted) MRI on the lesion area | Completed August 2016 Published results ⁷⁵ |

Table2: Different MRI techniques applied in SCI and their corresponding outcome measures

| MRI techniques | Outcome measures |
|---|--|
| Sagittal and axial conventional T2-weigthed MRI of the spinal cord at the injury level | extent of the intramedullary injury & lesion length^{27,28,38} haemorrhage ³⁴ oedema³⁶ spinal cord compression⁹⁹ |
| Sagittal conventional T2-weigthed MRI of the spinal cord at the injury level | • preserved midsagittal tissue bridges ^{42,44} |
| T1-weighted MRI (above the injury level, cervical cord and brain) | • cervical cord and brain atrophy ^{7,8,10,46,49,52} |
| T2*-weighted MRI of the cervical and lumbar cord (remote from the injury site) | • grey and white matter atrophy of the spinal cord ^{6,48} |
| Diffusion tensor imaging (DTI) of the cord and brain (remote from the injury site) | • axonal degeneration & demyelination ^{6,11,12,14,64} |

| Multi parameter mapping (MPM) of the cervical cord and brain (above the injury level) | • demyelination & iron deposition ^{7–10} |
|---|---|
| Functional MRI (fMRI) of brain and spinal cord (remote from injury level) | • functional networks & plasticity in brain ¹⁹⁻²¹ & spinal cord ^{22–25} |

Panel

Clinical and electrophysiological assessments

To date, the symptoms and signs of myelopathy (i.e., the degree of sensorimotor deficit and the emergence of neuropathic pain) are assessed clinically and by electrophysiological tests. The current gold standard in assessing clinical impairment is by means of the International Standards for the Neurological Classification of Spinal Cord Injury (ISNCSCI) protocol.¹ This test is routinely performed at admission by a qualified clinician who tests key muscles for strength and all dermatomes for light-touch and pin-prick sensation. A score is then calculated which is used to classify patients' overall impairment into a scale with five ranked categories (ASIA impairment scale) - A to E. Category A is the most severely damaged spinal cord with no motor and sensory function below the level of injury whereas category E features no clinically relevant impairment. Although defining AIS categories is a fairly easy process, it does not capture the entire extent of primary and secondary injury mechanisms. Consequently, this leads to considerable heterogeneity within an AIS category, which limits its applicability as a surrogate endpoint in clinical trials. Thus, large clinical trials are needed to distinguish a treatment effect from natural history. To address this drawback, dedicated prediction models (i.e., unbiased recursive partitioning) have recently been established.^{2–4} These models aim to reduce the heterogeneity within SCI cohorts thereby improving patient stratification.

Recently, more refined measures have also been developed. For upper limb function, manual dexterity is assessed by the Graded Redefined Assessment of Strength Sensibility and Prehension (GRASSP) score ⁵, functional independence by the functional independence

(SCIM) score ⁶, and neuropathic pain intensity is commonly assessed with pain questionnaires. ⁷ Neurophysiological recordings such as motor and sensory evoked potentials ⁸, as well as contact heat evoked potentials ⁹, can provide additional information about the integrity of impulse conductance of motor and distinct sensory pathways. ¹⁰ However, these examinations report on impaired function related to focal injury; they do not reflect remote neurodegeneration and functional reorganizational processes that occur with distinct (delayed) temporal profiles. ¹¹ However, all these examinations fail to differentiate or elucidate the mechanisms responsible for recovery processes *in-vivo*.

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MRI in traumatic spinal cord injury: progress from a clinical assessment tool to a neuroimaging biomarkers

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Abstract

Comment [WM(3]: Please cut down to 150 words Traumatic spinal cord injury (SCI) occurs when an external physical impact acutely damages the spinal cord and leads to permanent neurologic dysfunction, personal disability and social burden. Conventional MRI plays a crucial eritical role in the diagnostic workup of SCI patients and can guide clinical treatment as it reveals extrinsic compression of the cord and disruption of the discoligamentous complexosseoligamentous -spi<u>nenal elements</u>. Comment [MS4]: Response to R2.1 Additionally, iIt also-can reveal macrostructural evidence of primary intramedullary damage such as haemorrhage, oedema, post-traumatic cystic cavities and spared-tissue bridges. Quantitative MRI (qMRI), such as magnetisation transfer, MR relaxation mapping and diffusion imaging, enables the tracking of *secondary* changes across the neuroaxisneuraxis at Comment [MS5]: Response to R2.4 the microstructural level. Both, conventional MRI and qMRI metrics, obtained early after SCI, are predictive of outcome. Thus, neuroimaging biomarkers may serve as surrogate endpoints for more efficient interventional-trials targeting the acute and chronic stages of injurySCI. The adoption of neuroimaging biomarkers in elinical SCI centres will enable the development of more efficient trials and may eventually lead to individualized patient care approaches.

Introduction

Conventional MRI of the spinal cord is an essential component in the diagnostic investigation, surgical treatment, and rehabilitation of patients with spinal cord injury (SCI).¹ Spinal MRI is the gold standard for the evaluation of any damage to the disco-ligamentous complex disco-ligamentary (i.e. spine instability and spinal canal encroachment) and neural structures (i.e. integrity of the spinal cord) induced by mechanical trauma.² In clinical practice sagittal and axial T2-weighted MRI sequences are usually applied and can be complemented with a short-T1 inversion recovery (STIR) sequence.³ These conventional MRI sequences reveal the level of the damage and the extent of intra/extramedullary abnormalities (oedema and haemorrhage), the degree of spinal cord compression, extent of disk herniation, and ligamentous instability at the level of the injury.³ Coupled with the clinical examination, these imaging findings obtained within hours of the trauma, guide decision making and lead to a timely and appropriate decompression of the contused and compressed spinal cord.⁴

Despite their critical importance in clinical management, these conventional MRI sequences provide relatively less information about the evolving microstructural changes of the immediate and adjacent spinal cord segments and, subsequently, of the brain. There is a pressing need for a more in-depth understanding of both the complex processes of neural plasticity, at the microstructural level, and the complex functional interactions between spinal and supraspinal networks involved in SCI recovery.⁵ Such information can help us to understand the more in-depth pathobiology as it-disease processes and enables to the can

Comment [WM(6]: It should be made clear here and, in the discussion, (something along these lines) that until recently, past clinical markers (AIS and AMS) were the only variables used as predictors of outcome following spinal cord injury. Now structural MRI imaging markers such as the Basic Score and intramedullary lesion length (IMLL) were considered as useful predictors of outcome. Based on your review is seems that the future belongs to better understanding qualitative MRI (gMRI: magnetization transfer. relaxation maps and diffusion characteristics) and using it as an indicator of outcome.

Comment [MOU7]: We have now amended the introduction Comment [MS8]: Response to R2.2
tracking of tissueneuronal changes at-integrity in the microstructural level across the disease processneuraxis. -[A: please make more explicit why there is a need] Recent sSpinal imaging studies from a number of centres have employed advanced quantitative MRI (gMRI) techniques, such as magnetisation transfer, MR relaxation mapping, and diffusion imaging to improve detection and quantification of microstructural features of trauma-induced pathology both at and remotely from the site of injury.⁶⁻¹⁴ These qMRI protocols provide quantitative measures of spinal cord^{15,16} and brain integrity¹⁷ that reflect atrophy, demyelination, and iron deposition of tissue. They have been used to demonstrate widespread⁶⁻¹⁴ and progressive neurodegeneration;⁷⁻⁹ the magnitude of which predicts clinical recovery.^{9,10} **a**OMRI therefore offers improved assessments of underlying neural integrity and can provide insights into the relationship between clinical recovery and neural plasticity, within the spinal cord and the brain.¹⁸ Additionally, task-based (fMRI) and resting state (rs-fMRI) functional MRI, although non-quantitative, can probe plasticity at the level of the brain,^{19–21} and more recently within the spinal cord.²²⁻²⁵ In clinical practice, sensorimotor impairments assessed by means of the International Standards for Neurological Classification of Spinal Cord Injury (ISNCSCI)²⁶ are commonly used as predictors of outcome following SCI. Now conventional MRI markers such as the Basic Score²⁷ and intramedullary lesion length (IMLL)²⁸ wereare considered as useful predictors of outcome. However, the future belongsportends a-to better understanding of SCI trauma-induced microstructural changes by means of qMRI (e.g. magnetization transfer, relaxation maps and diffusion characteristics) and potentially usinga potential use of aMRI as an indicator of outcome in clinical trials.

In this review, we evaluate recent-findings from conventional MRI and discuss the insights they have provided concerning the primary pathological features of the injury epicentre. We then assess recent-developments in qMRI imaging studies that have shone new light on secondary pathological changes affecting the entire neuroaxisneuraxis. The relevance and

Comment [MS9]: Response to R2.4

implications of these advances for improving the ability to predict recovery are discussed, followed by an assessment of their application as biomarkers in <u>trials of patients with acute (</u> and chronic (>6 months) [A: define chronic] clinical SCI-trials. Studies assessing cortical and spinal functional plasticity by means of fMRI and rs-fMRI are reviewed before providing recommendations concerning the application of MRI protocols in clinical and research settings. Finally, we suggest directions for further and future research.

Use of cConventional MRI-to reveal focal cord pathology

Immediate changes at the epicentre

The majority of SCI patients undergo decompression surgery and receive spinal fixation devices (i.e. metallic implants) to manage spinal instability. The presence of metallic implants_Such_devices_Italso_causes_ significant MRI artifacts such as signal-loss, signal-pileup, geometric distortion, and failure of fat suppression,²⁹ which worsen with increasing magnetic field strength.³⁰ These image artefacts greatly_limit MRI diagnostic utility and reduce the quality of the qMRI metrics. [A: what are the implications of these artefacts as this might not be obvious for a non-expert]Current strategies for metal artefact suppression, that allow scan acquisitions in a clinically feasible duration, include the slice-encoding for metal artefact correction³¹ with dual-source parallel radiofrequency,³² as well as compressed-sensing multi-spectral imaging techniques.³³ By taking advantage of such techniques, recent_spinal cord imaging studies have investigated primary changes (i.e. macrostructural) immediately following the injury, focally at the injury site and based on hyperintensity signal intensity_changes of sagittal and axial T2-weighted_-and hypointensity signal changes of T1-weighted_-MRI scans.^{28,34-39} The most prominent features on sagittal T2-weighted scans include haemorrhage, cytotoxic oedema, and spinal cord swelling.^{28,37}

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Serial quantification of sagittal T2-weighted hyperintensity—ies revealed that the intramedullary damage dynamically expands rostrally and caudally, with injury severity [A: statistically? If not, please change to "substantial"] significantly substantially affecting the rate of expansion.^{27,28,37} Based on T2-weighted signal abnormalities, a 5-point ordinal MRI score referred to as the "BASIC score" has been proposed for MRI-based diagnostic and prognostic classification in patients with acute SCI.²⁷ The BASIC score quantifies five distinct patterns of intramedullary T2-weighted signal abnormality in the axial plane at the injury epicentre of the spinal cord (Figure 1). These patterns range from no abnormalities to the most severe abnormalities consisting of mixed haemorrhage and oedema. The feasibility and prognostic validity of BASIC scores have been demonstrated both for patients with acute cervical^{27,40} and thoracic⁴¹ SCI, where MRI had been performed within days after injury. Moreover, the intramedullary lesion size, measured on sagittal T2-weighted slices (Figure 2 A), is a good predictor of recovery as its size is influenced by injury severity^{34–38} and the outcome of surgical decompression.²⁸

A caveat of quantifying intramedullary damage using conventional MRI scans is the nonspecificity of T2-weighted signal changes to the underlying pathophysiology. T2-weighted signal changes may reflect various processes, including oedema, inflammation, and the development of myelomalacia, demyelination, or cyst cavitation.²⁷ Moreover, interpretation should be dependent on the timing of MRI assessments as the evolution of oedema and haemorrhage changes considerably and is highly variable across subjects-patients.²⁸ Finally, the quantification of changes in T2-weigthed MRI is usually performed manually by a user with <u>3-years of experience in processing conventional MRI [A: by whom?]</u>, as fully automated methods that can reliably distinguish artefact-induced signal changes at the epicentre of the-a traumatic lesion are currently lacking-absent [A: scare or absent?]. Thus, the utility of the BASIC score, as well as the quantification of the intramedullary lesion length, needs to berequires further validatedvalidation. Multicentre studies, both at early and later time points would be ideal, for example, during rehabilitation where the T2-weighted signal abnormalities have evolved.⁴²

Evolution of changes at the epicentre

A longitudinal study <u>of thirteen SCI patients with cervical injury [A: how many patients?]</u> employing conventional MRI has investigated the natural sequelae of macrostructural intramedullary changes at the focal injury site during the first year post-SCI⁴². T2-weigthed scans showed a transition from the acute oedema and haemorrhage⁴³ to sub-acute intramedullary lesion expansion^{34,37} (Figure 3). After signs of oedema and haemorrhage slowly evolved, a post-traumatic cyst appeared <u>in in the majorityall</u> of <u>[A: if possible, please add exact patient number and percentage]</u> thirteen patients within the first month post-SCI.⁴² At this stage it is possible to detect small tissue bridges around the post-traumatic cyst that can be measured at the dorsal and ventral aspect of the cord, adjacent to the cyst on midsagittal T2-weighted scans (Figure 2 B-D).^{42,44} Crucially, the width and location of these tissue bridges predict tract-specific electrophysiological information flow⁴² and long-term functional recovery.^{42,44} Thus, the quantification of spared midsagittal tissue bridges on T2-weighted scans, at 1-month post-SCI, holds potential as an important prognostic tool.

The <u>potential predicting ability of theMRI markers of -lesion epicentre-characteristics as well</u> as tissue bridges above outlined [A: please specify] evidence_emphasises the importance of currently available and cost effective [A: you haven't mentioned previously that they are <u>cost-effective</u>] conventional MRI protocols to be applied in the clinical workupsetting.⁴⁵ In particular, T2-based scans can detect dynamic intramedullary signal changes as well as preserved midsagittal tissue bridges.⁴² [A: please add supporting ref] Both can serve as an

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important diagnostic and prognostic tools, being sensitive to therapeutic interventions. Conventional MRI protocols are also easily applied in longitudinal designs at any stage of SCI and thus could furnish neuroimaging biomarkers for clinical trials.⁴²

Conventional MRI: Tracking remote cord and brain atrophy

Progressive cord atrophy

Despite these insights provided by manually quantifying the primary effects of the trauma at the epicentre of the injury, automated and unbiased quantification of trauma-induced changes at the level of the injury are still not feasible mostlylargely due to the artefacts induced by metal implants at the lesion site -[A: why?]. One strategy to measure structural changes free of metal artefacts and hence capable of being performed fully or semi-automatically $-\frac{1}{2}$ is to target the artefact free spinal cord above and below the level of injury. A prospective, longitudinal MRI investigation of XX fifteen traumatic SCI patients-patients-with SCI, tracking changes to the cross-sectional cord area (measured in mm²) based on a T1-weighted MPRAGE sequence at the cervical cord level (C2/C3), showed signs of remote_-spinal-[A: ok? If yes, please add "spinal" throughout the manuscript] eord atrophyspinal cord atrophy within months two months [A: could you be more precise - how many months?] of the SCI.^{8,46} Over time (one year post SCI) [A: could you be more precise - how many months?], atrophy continues to progress,^{7,8} at the level of the cervical cord, reaching 14% reduced cross-sectional cord area compared with healthy controls [A: meaning not entirely **clear**] in the chronic phase post-SCI.^{6,9} Interestingly, the rate of cord atrophyspinal cord atrophy only showed signs of deceleration two years later[A: how many years?].⁹ In the chronic state of SCI, high resolution multi-echo gradient echo T2* weighted scans-, that allow to segment the grey and white matter of the cord,⁴⁷ showed that remote neurodegeneration occurs within the dorsal and ventral horns as well as white matter within

Comment [MS11]: Response to R4.2

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the high cervical cord⁶ and lumbar enlargement.⁴⁸ While dorsal horn atrophy <u>at the cervical</u> <u>level</u> was associated with sensory outcome <u>(e.g. ISNCSCI pin-prick scores) (eg, XX) [A:</u> <u>please add]</u>, ventral horn atrophy was associated with <u>ISNCSCI</u> motor <u>outcome-score</u>.⁶ It is still not clear whether the rate of atrophy is related to the lesion level and/or injury severity.^{7,10,46} However, the magnitude of remote cord atrophyspinal cord atrophy within the first six months post-SCI is predictive of functional recovery.^{9,10,46}

Progressive brain atrophy

At the level of the brain, the conventional T1-weighted MPRAGE sequence that covers the brain and cervical cord, has provided insights into remote brain atrophy. Trauma-induced brain atrophy is particularly prominent across the cranial projections of the corticospinal tracts, primary motor cortex, insula, anterior cingulate gyrus, and thalamus.^{7–9,49–52} Similar As into the spinal_cord, brain atrophy starts to evolve within the first months after SCI and continues_for at least over the next twotwo years -post-injury[A: how many years?].^{9,53} The resulting changes in tissue volume are clinically relevant. For example, greater volume reductions in the brainstem during the first 6 months post-SCI were associated with poorer recovery of lower limb motor function. Interestingly, performance improvements due to intensive lower limb training in chronic SCI patients lead to volume increases within the atrophied brainstem, indicating reorganisation processes.⁵⁴ Likewise neuropathic pain intensity has been shown to be associated with reductions in primary sensory cortices and thalamus⁴⁹ as well as increases in grey matter volume within the anterior cingulate gyrus and primary motor cortices-as well as reductions in primary sensory cortices and thalamus⁴⁷.⁵⁵

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qMRI to track microstructural changes across the neuroaxis

Advances in MRI technology

-Conventional MRI, although sensitive to macrostructural cord and brain pathology, does not provide specific and quantitative microstructural measures of neurodegeneration and plasticity processes, making it difficult to draw specific conclusions about the underlying cause of the observed signal changes on T1- and T2-weighted MRI scans. Thus, there is a pressing need to establish the missing link between measured MRI signals and changes in the underlying tissue microstructure and neurovascular function to explain and better understand the disease processes associated with SCI. Novel gMRI protocols of the spinal cord^{15,56} and brain^{17,57} have the potential to measure neural changes at the microstructural level. This is because the degree of myelination, iron content and neuronal microstructure are reflected in MR relaxation times, magnetisation transfer and diffusion of water molecules which can be measured at the voxel-level in the spinal cord^{15,56} and brain.^{17,57} qMRI aims at providing values comparable between individuals and they are specific to particular structural states, for example axonal degeneration or demyelination.⁵⁶ [A: add supporting reference] Key stateof_-the-_art methods such as XX relaxometry mapping and diffusion MRI [A: please complete] on qMRI hasves been identified which hold may have the potential to reveal the underlying pathophysiology after human SCI.56

The most common qMRI technique is diffusion-weighted imaging, which probes the directional diffusivity of water molecules and shows sensitivity and specificity to the axon and myelin pathology.⁵⁸ Frequently, diffusion-imaging data are <u>analyzedanalysed</u> using a tensor model, i.e. applying diffusion tensor imaging (DTI).⁵⁹ However, the tensor model makes several restricting assumptions, which complicate the interpretation of major DTI indices (i.e. fractional anisotropy, axial and radial diffusivity, or mean diffusivity) with respect to the underlying pathology. Novel biophysical models of diffusion contrast are being developed <u>based on different mathematical models</u> and could alleviate this issue, although

these modelling approaches have yet to be validated; are being controversially discussed partially due to inconsistent and poorly understood outcomes and acquisition/modelling variability versus biological variability. ⁶⁰[A: could you briefly add why this is the case?]

The quantitative measurement of relaxation and magnetization transfer parameters has been an area of significant_substantial_development, making it more accessible to clinical and preclinical research applications. For example, the multi parametric mapping (MPM) approach combines different MRI modalities in one protocol quantifying MR parameter measures of magnetization transfer (MT), and longitudinal and effective transverse relaxation rates (R1, R2*)⁶¹ (Figure 4). The link between these qMRI metrics and histology has previously_been studied to probe the micro-structure of the human neocortex, focusing specifically on myelin, iron, and neuronal fibre mapping. in_xxx_[A: please complete],⁵⁷ MT measures correlate with histologically measured myelin content,⁶² whereas certain quantitative relaxation rate measurements correlate with iron content.⁶³ These results may provide useful and specific biomarkers such as oligodendrocyte, glial cells, and iron rich fibres, with potential clinical impact in different pathologies, including SCI.⁵⁷ [A: what does it mean clinically?]

Clinical qMRI studies

Building on advances of qMRI methods, recent-studies in <u>patients with</u> SCI have focused on improving the detection and quantification of tissue-specific spinal cord and brain pathology —and on elucidating its relationship with clinical impairment. DTI applied to the white matter of the injured spinal cord demonstrates lower <u>fractional anisotropy (FA) (sensitive to</u> <u>myelination, axon diameter, fiber density & organization)–[A: fractional anisotropy?</u> <u>Explain importance of FA]</u> values above and below the lesion, both in acute⁶⁴ and chronic patients.^{6,12} [A: please link sentences] For processing diffusion weighted images, the advent

Formatted: Font: (Default) Times New Roman, 12 pt, Font color: Text 1 English (United Kingdom) of a spinal cord template,⁶⁵ and post-processing tools^{66,67} included in the spinal cord toolbox⁶⁸ now offers the advent of a spinal cord template ⁶², the spinal cord toolbox ⁶³ and post processing tools ^{64,65} now offers the opportunity to assess tract-specific DTI changes at the voxel-level across the entire spinal cord. At both the cervical⁶ and lumbar enlargement⁴⁸ DTI has shown tissue specific decreased fractional and axial diffusivities and increased radial diffusivities in the corticospinal tract and the dorsal columns. The former effects have been associated with axonal degeneration⁵⁸ whereas the latter is associated with demyelination.⁵⁸ The results are suggestive of retrograde and anterograde degeneration of descending motor pathways and ascending afferent spinal projections, respectively. Moreover, the grey matter of the lumbar enlargement featured decreased fractional and axial diffusivity, indicating trans-synaptic degeneration of motor neuron pools deprived of supraspinal input.⁴⁸ DTI

applied to the brain showed impaired microstructure along the cranial projection of the corticospinal tract,^{13,14} as well as other brain areas such as the corpus callosum, and fibre tracts such as [A: addition ok?] inferior and superior longitudinal fasciculi, and the inferior fronto-occipital fasciculus;¹¹ suggesting large-scale structural degeneration and reorganization across the brain.

The MPM protocol^{61,69} (Figure 4), applied to acute SCI patients, revealed that <u>spinal_cord</u> atrophy was paralleled by myelin-sensitive MT decreases,⁷ while in brain areas undergoing progressive atrophy, myelin content decreased and iron content increased.^{7–9} For example, the atrophying primary motor cortex showed lower myelin content (reflected by decreased MT and R1⁸), while the atrophying thalamus showed iron deposition (reflected by increased R2*⁸). Moreover, within the cerebellum, accelerating atrophy was paralleled by a decreased in myelin-sensitive MT. These bidirectional effects suggest the changes in myelination⁶² and iron content,⁷⁰ reflecting dynamic processes in the context of compensation, decompensation and the compounding of functional deficits.⁵

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Predicting outcome <mark>with qMRI</mark>

Clinical recovery occurs most rapidly within the first six months and plateaus at approximately 2 years post-SCI.⁷¹ At present, intensive (hours of training daily within 6 months post injury) [A: define intensive] neurorehabilitation is the only known means to improve functional recovery. Neurorehabilitation per se is believed to promote neurological changes such as cortical and spinal cord neural circuit reorganisation, which is assumed to translate into improved function. A few longitudinal qMRI studies within the range of one to two years post-SCI follow-up [A: how long were these?] in the sub-acute [A: how many months?] phase of injury (<2 months post SCI) have found that better ISNCSCI lower extremity motor score recovery assessed clinically using the International Standards for Neurological Classification of SCI protocol was predicted by less cervical cord atrophyspinal cord atrophy, 9,10 and cord diffusion alterations. 72 Early after SCI (<2 months post-injury) [A: how many months?] and at the level of the brain, greater ISNCSCI lower extremity motor recovery was associated with less cranial corticospinal tract atrophy.⁹ At the microstructural level, a worse ISNCSCI pin-prick score was associated with a greater increase in GM R2* in the thalamus,⁹ a better ISNCSCI lower extremity motor recovery was predicted by by an increase in R2* in the cerebellum ^{9,10}, a smaller [A: define small] decrease in MT in the somatosensory cortex⁹ and a greater decrease $R2^*$ in the right cerebellum,¹⁰ and increased functional connectivity between primary motor cortex and supplementary motor and premotor cortices.⁴⁶ More substantial grey matter atrophy in the cerebellum was associated with impaired light-touch sensation,¹⁰ while greater increases in neuropathic pain intensity were associated with more extensive microstructural changes (increased R2*) in the secondary sensory cortex, anterior cingulate cortex, and cerebellum.⁹

These longitudinal qMRI studies <u>within a two-year follow-up</u> point to three important and clinically relevant findings: (i) while clinical recovery levels off at two years <u>post-SCI [A:</u>

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time frame is not entirely clear from your arguments above, approximately 2 years?], progressive changes in macroscopic and microstructural markers continue; (ii) while macrostructural changes slow down at the level of the spinal cord, both macroscopic and microstructural measures of neurodegeneration show sustained changes in the brain; (iii) the changes that have the greatest predictive validity in relation to clinical outcome appear to be those at the level of the spinal cord, brainstem and cortex (e.g. spinal cord atrophy, cranial CST atrophy, lower MT in the primary motor cortex) [A: could you be more specific?] over the first 6 months.^{9,10} [A: would be good to support it with some references]

Implication for clinical trials

Currently, TeFhe primary endpoint of choice in SCI trials so far is an improvement in clinical outcome measures. However, neuroimaging biomarkers holdhave the potential to supplement these clinical measures as they are sensitive to neuronal changes even when they do not yeteven before they mayprior to their -translateione into obvious clinical benefit. Currently, clinical trials employ conventional MRI (e.g. T2-weighted signal characteristics of the cord) (Table 1) to account for gross macrostructural changes at the lesion site in the spinal cord for example after stem cell interventions.^{73–75} However, signal intensity changes in conventional MRI do not correspond with the specific and quantitative measures of microstructural deficits (e.g. demyelination and axonal degeneration) (e.g. , XX).¹⁵ With potential treatments targeting repair of the injured spinal cord, it is imperative to improve clinical trial design and efficiency, optimise patient stratification in the context of disease heterogeneity and identify sensitive trial outcome measures.

Based on the advances in MRI, discussed earliersuch as high-resolution-conventional MRI, advanced relaxometry mapping and diffusion MRI–XXX, the application of neuroimaging biomarkers for SCI trials, which combine conventional MRI and qMRI assessments, is now Comment [MS17]: Response to R3.1 E1

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Meaning of the column "MRI details" is unclear – why is there a reference?

Column "Status Primary Date": please add if results have been published or not; also check if it matches Clinical trials.gov, for the last trial, for example, is say completed in Aug 201 but you mentioned Sep 2017.

Might be useful if you could add any caveats/things to consider/clinical implications

Provide table title

Comment [MS19]: 1)It is removed now 2)MRI details is changed to MRI technique, the references are referring to the published trial results as it was required in very first enquiry of this review. 3) It is added now 4)The date is corrected now 5)There was no clinical implication regarding MRI reported for this trials The table is provided in the end of the main text now. feasible. This requires measures sensitive to the earliest changes following injury, which are quantifiablequantifiable, and which capture neural damage and plasticity. As qMRI^{15,57,76} is sensitive to microstructural aspects of specific tissue classes [A: could you give an example or two?] of the central nervous systemCNS (e.g. myelin₇ and axonal integrity, and iron concentration), these neuroimaging biomarkers are potentially sensitive to recovery processes and treatment responses.^{15,17,57} Moreover, they bear the potential to provide short term surrogate end-points (i.e. changes over 6-12 months), which may reduce the time and cost associated with novel drug development.^{77,78} Despite a therapeutic intervention having an effect on imaging outcome such as halting atrophy, there is still some disconnect between changes in imaging outcomes and clinically meaningful recovery; the ultimate goal of a successful clinical trial. Thus, it may be useful to employ more than one imaging outcome in future trials to maximize understanding and interpretation of clinically meaningful findings.

Deploying advanced qMRI methods in multi-centre trials is challenging however, requiring high quality qMRI techniques such as high field MR scanner (e.g. 3 Tesla), advanced software version and sophisticated image post-processing pipelines-toolbox tested [A: could you give an example or two to help with the flow?] to be implemented on the different scanner platforms from different manufacturers and different clinical sites across worldthe globe. Any resulting differences or performance issues may reduce the potential benefits for evaluating new therapies. Moreover, clinical trials usually run over years and hence scanner software and hardware upgrades as well as scanner replacements cannot always be avoided. Thus, there is a need to further improve intra-scanner and inter-scanner comparability of the qMRI protocols. The feasibility of combining multi-centre DTI data has been previously shown derived from 27 centres in xx countries with on using different 3T scanner models, software versions and pulse sequences has been shown.^{79,80} [A: add supporting ref]

Comment [MOU20]: Response to E5

Comment [MS21]: The authors did not refer to the countries. Comment [MS22]: Response to R4.6

However, critical parameters such as noise floor level and signal-to-noise floor ratio have to be monitored and adjusted to increase the statistical power estimates.⁷⁹ [A: please link these highlighted sentences] Likewise, the MPM protocol was validated at 3T MRI scanner for use in multi-<u>centercentre</u> studies based on custom-made⁶¹ and manufacturers based⁸¹ FLASH sequences. The same five volunteers were scanned at the three research sites in a travelling heads study design and demonstrated good comparability 58. In another travelling heads study MPM protocols based on the manufacturers FLASH pulse sequences were assessed in five different clinical sites ⁷⁷.-Currently, the MPM protocol is being considered for a phase II multi-centre clinical trial (NISCI) (EudraCT: 2016-001227-31) investigating the neutralizing effects of an anti-Nogo-A antibody treatment for SCI.⁸² [A: if possible, please add NCT number] Thus, there is hope that effect sizes based on qMRI data may afford the opportunity to assess site-specific effects of intervention; essential for the translation of trial efficacy to clinical effectiveness. Hypothetical treatment effects, defined by slower longitudinal structural changes in these imaging measures, could be detectable over a realistic timescale (6 months post injury) [A: define realistic timescale] with potentially lower sample sizes (<50 per treatment arm) than required for traditional clinical readouts.⁵³[A: could you be more specific regarding the sample size?]

Probing reorganization by means of Task specific and resting state functional MRI and rs-fMRI

Much of the discussion above concerned assessment of physical changes in the brain and <u>spinal</u> cord resulting from SCI and during recovery. Just as important is the ability to assess functional reorganization associated with SCI. Functional reorganization can be indirectly quantified, both in the brain and spinal cord, by means of fMRI that tracks task-dependent oxygen consumption that is indirectly related to neuronal activity (e.g. blood oxygen

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dependent signal (BOLD)). In the absence of an explicit task, neuronal activity can also be studied by means of rs-fMRI analysis, which is based on low frequency spontaneous fluctuations in the BOLD signal._-rs-fMRI provides an indirect measurement of connectivity that allows for characterization of distinct functional networks in the brain or spinal cord.⁸³

Motor and sensory recovery after SCI is associated with functional reorganization of the sensorimotor networks.^{84–86} fMRI studies after chronic SCI have inferred cortical reorganization through increased task-dependent activation in the primary motor cortex, cerebellum, and parietal lobe.⁸⁴ Interestingly, in <u>23 complete (AIS A)</u> a portion of SCI patients with complete impairment, in clinical terms (AIS A), stimulation below the level of the injury resulted in activation in the relevant somatosensory cortices.⁸⁶ This suggests that preserved tissue bridges⁴² continue to carry functional information, but are insufficient to produce clinically meaningful activations or functions.

In a similar manner, sSpinal cord fMRI studies have also found that significant substantial [A: statistically?] task-related spinal activity, in response to stimuli are retained above and below the injury site.^{22–24} This suggests-_that next to cortical reorganizationthat,-the spinal cord is actively engaged in plastic processes that can result in recovery of function. Interestingly, this may also contribute to the emergences of neuropathic pain conditions⁸⁵ which has been associated with maladaptive plasticity.⁴⁹ [A: please elaborate on this as it might not be obvious for non-experts] Thus, spinal fMRI is feasible in the clinical setting⁸⁷ and can identify changes in neural processing in relation to the location and extent of injury. Although the different fMRI methods [A: do you mean fMRI-and rs-fMRI ?] that have been used are readily available on clinical MR systems with a good spatial resolution, the analysis requires sophisticated post-processing tools⁶⁸ and the interpretation of the functionally activated voxels remains challenging.¹⁶ [A: this is not also the case with DTI etc?] Further advances in MRI hardware (sensitive MRI coils⁸⁸), and in MRI software (optimized localized

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Comment [MOU29]: Yes it is but to mention it here would be confusing a it is DTI data is not analyzed in the same way. shimming⁸⁹) and in other areas (eg, XXimage postprocessing) are expected to increase the value [A: for what? monitoring, biomarker?] of spinal cord fMRI as a biomarker in the near future for probing reorganization and plasticity induced by injury.

The application of rs-fMRI has gained momentum as it does not require an explicit task nor active participation of the individual. Both in acute¹⁹⁻²¹ and chronic⁹⁰⁻⁹² SCI patients, connectivity changes can be observed across the motor system as well as in areas of cognitive control (i.e. the bilateral dorsal anterior cingulate cortex dACC, dorsal lateral prefrontal <u>cortex (DLPFC) and caudate</u>, (eg, XX); with the magnitude of change, in both, relating to the recovery of function.¹⁹⁻²¹ Thus, connectivity changes in brain networks might reflect compensatory strategies to overcome functional deficit. However, rs-fMRI is an emerging field featuring a wide range of pre_processing and analytical approaches, which make it difficult to compare the outcomes of the different studies. Nevertheless, rs-fMRI holds promise as a more reliable and useful outcome measure in the clinical setting. Compared to conventional fMRI, rs fMRI is easily applicable and does not depend on explicit tasks that require the attention and participation of the individual. To date – although technically feasible^{25,83,93} there have been no rs-fMRI studies in patients with of the injured spinal cordSCI conducted because it is challenging to obtain reliable rs-fMRI data from the spinal cord in SCI patients due to a number of technical issues; such as detrimental the influence of physiological noise and metallic implants. - [A: could you please speculate why this has been the case?] Nonetheless, results obtained in healthy controls have consistently shown robust networks with extensive connectivity between spinal cord regions as well as across the brainstem and the spinal cord.^{83,94} Based on these results, rs-fMRI of the injured spinal cord would be expected to demonstrate regions with altered/absent connectivity to other spinal cord regions as well as dynamic connectivity changes during recovery. This would allow to

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monitor functionally relevant changes within the spinal cord during the process of recovery.

This awaits validation.

Conclusions and future directions

Traumatic SCI causes permanent disability, and yet despite advances in medical management (eg.such as XXimproved rehabilitation cares and clinical assessments) [A: give an example or two], many patients are left with significant_substantial_neurological impairment. Currently, intensive care measures including blood pressure augmentation, neuroprotective approaches with anti-inflammatories, ____neurosurgical decompression and stabilization and intensive neurorehabilitation are the only interventions applied to promote partial recovery.⁷¹ Understanding the pathophysiological sequelae would help t^TFo reduce and prevent disease burden and would facilitate, it is imperative to the development of effective regenerative and neuroprotective treatments. Understanding the pathophysiological sequelae (Figure 5, for summary overview) that eventually affect the entire neuroaxis is essential for drug development. In this review we emphasize that b[A: Please link sentences]

Both conventional <u>MRI</u> and qMRI of the spinal cord and brain can guide diagnostic workup, identify predictors of recovery, elucidate SCI pathogenesis and provide surrogate endpoints in future clinical trials.^{16,45} Conventional T2-weighted sagittal and axial MRI are key methods to identify the extent of the intramedullary injury^{27,28} and to identify prognostic parameters such as intramedullary lesion length and preserved midsagittal tissue bridges.^{37,42,44} Advanced qMRI sequences, such as DTI and MPM, applied remotely from the injury can identify microstructural changes such as axonal degeneration, demyelination, and iron deposition across the entire <u>neuroaxisneuraxis</u>^{15,9}. [A: add supporting reference] Combinations of serial conventional MRI and qMRI represent key modalities (Table 2)-for a better assessment [A: compared to what?] of spinal cord function compared to clinical assessment, and

Comment [WM(31]: what would eb the clinical implications?

Comment [WM(32]: It should be made clear here and in the intro (something along these lines) that until recently, past clinical markers (AIS and AMS) were the only variables used as predictors of outcome following spinal cord injury. Now structural MRI imaging markers such as the Basic Score and intramedullary lesion length (IMLL) were considered as useful predictors of outcome. Based on your review is seems that the future belongs to better understanding qualitative MRI (qMRI: magnetization transfer, relaxation maps and diffusion characteristics) and using it as an indicator of outcome.

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further, in elucidating the relationship between clinical impairment and remote secondary changes in the spinal cord and brain. In addition, these quantifiable changes appear to have notable predictive validity, rendering them viable outcomes for interventional trials.^{9,53}

The advances reviewed in this paper suggest On the basis of the studies included in this review, wWe believe recommend that neuroimaging of the spinal cord should be routinely / performed as a routinein clinical practice in clinical routine and in interventional trials? In a number of instances (Table 2). Conventional MRI should include both sagittal and axial views to assess the level and extent of injury within the first 48 hours (e.g. BASIC score). These scans should be repeated 3-4 weeks later to quantify the dynamics of intramedullary lesion length and to identify the amount of preserved midsagittal tissue bridges. To investigate pathophysiological changes in the research setting, we recommend employing qMRI methods, such as DTI and MPM, should ebbe used as these can probe microstructural changes of the spinal cord and brain. Neuroimaging outcome measures derived from both conventional MRI and qMRI protocols should be considered as they as they are predictors of recovery.^{9,53} However, a careful evaluation of the variance caused by differences between scanners and an assessment of reproducibility is required, adding to the complexity of multicentre trials.

Current understanding of trauma induced changes across the <u>neuroaxisneuraxis</u> remains incomplete (Figure 5). A key requirement to assessing plasticity *in vivo* is ultra-high spatial resolution on the order of hundreds of microns. The To visualize and quantify ultra-scale tissue properties of grey and white matter can now be assessed using biophysical models that exploit symmetries in the organization of microstructure are required.² Emerging However, technological and imaging developments are required, at higher field strengths (e.g. 7T MRI

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these references have been listed here- are they refereeing to a particular outcome measure if yes, please add to the corresponding outcome measure. Please add all references to the reference list;

References should be in the Vancouver style and numbered in the order in which they first appear in the manuscript. If the references "move" from the body text into tables or figures, please maintain the sequence of citation.

Provide table title and abbreviation legend; why are the techniques ordered in this way – please make the rational clear in the text or legend;

Comment [MS38]: 1)The references are referring to the corresponding outcome measure and now they are changed and added to the list as requested. 2) Now it is changed to Vancouver style and changes are applied. 3) the title is added to the table, th techniques are ordered from conventional MRI to qMRI as it is mentioned in the main text.

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scanner), such as improvements in RF coil designs, pulse-sequence design, improved localized magnetic field shimming methods,⁸⁹ suppression of MRI artefacts induced by orthopaedic implants,³³ and changes in data sampling schemes⁵⁶ will provide the necessary means for these. Further, the development of new biophysical models inlinking the MRI measurements mechanistically with the underlying microstructure are is a critical area for future research. These models can combine multiple different MRI contrasts with different views on the underlying microstructure to address the intractable problem of accurately making inferences concerning the microstructure from single contrasts. This was recently done, <u>fF</u>or example, modelling the relative myelination of axons (e.g. g-ratio mapping^{95,96}). The integration and unifying across the different contrasts and spatial scales (from micrometersmicrometres to centimeterscentimetres) is the object of intensive and ongoing research in the MRI community.^{15,57} However, MRI contrasts remain indirect measures of changes in the microstructure and composition of the tissue. Therefore, knowledge about the underlying changes is needed for interpretation of the non-invasive qMRI data and for improving the biophysical models. qMRI data will need to undergo histological validation (cross-validation of the MPM contrasts is currently performed in nam multi-t-national ERANET funded "hMRIofSCI consortium (https://www.neuroneranet.eu/ media/hMRIofSCI.pdf)) of tissue samples from experimental SCI models in order to shed light on the mechanistic underpinnings of changes observed with different MRI contrasts. Finally, multicentre and longitudinal studies, with large patient cohorts that employ qMRI of the spinal cord and brain would be useful to better characterize primary and secondary disease changes, along with their dynamics, and also support and extent current mono-centric and mainly cross-sectional studies. Increasing our understanding of the sequelae after SCI will allow eventually to predict individual trajectories of recovery [A: please link to patient outcome]

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Acknowledgment

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Author's contribution

PF, MS, NW, KF, MF, AT and AC contributed to the literature search, data interpretation and writing of the manuscript. PF and MS created the figures and tables.

Search strategy and selection criteria

We conducted a MEDLINE search focused on traumatic SCI using PubMed including only English language publications from 01.2013 until 101.20198. The search headings included the following words "traumatic spinal cord injury" in combination with search terms "atrophy", "demyelination" "diffusion" conventional MRI", "quantitative MRI", "neurodegeneration", clinical trial", "longitudinal", and "MRI prediction". Further articles were identified by searching the list of references cited in the manuscripts that were reviewed. The final reference list was generated on the basis of relevance to the topics covered in this Review.

Declaration of interests

<u>MGF is supported by grants from the Canadian Institute of Health Research (CIHR),</u> <u>AOSpine, Wings for Life Foundation, Craig Neilsen Foundation and the International Spinal</u> Comment [WM(44]: Possible to extend to end of Jan 2019, so that the review if published is still up-to-date? Comment [MS45]: It is extended.

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Research Trust (ISRT). He is also supported by the Halbert Chair in Neural Repair and Regeneration and the Dezwirek Foundation. K. F. is funded by a Wellcome Trust Principal Research Fellowship (Ref: 088130/Z/09/Z).

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Maryam Seif has nothing to disclose.

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Michael Fehlings is chair of the scientific advisory board of Fortuna Fix. <u>MF is supported by</u> <u>grants from the Canadian Institute of Health Research (CIHR), AOSpine, Wings for Life</u> <u>Foundation, Craig Neilsen Foundation and the International Spinal Research Trust (ISRT).</u> <u>He is also supported by the Halbert Chair in Neural Repair and Regeneration and the</u> <u>Dezwirek Foundation</u>.

Karl Friston is funded by a Wellcome Trust Principal Research Fellowship (Ref: 088130/Z/09/Z).

has nothing to disclose.

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Armin Curt reports grants from European Union's Horizon 2020 No 681094, grants from Swiss State Secretariat for Education (No 15.0255), grants from ERA-NET NEURON grant (SILENCE - no: 31NE30_173667), grants from ERA-NET NEURON grant (hMRIofSCI- no: **Comment [WM(48]:** Not declared in the ICMJE form; please submit amend form

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32NE30_173678), grants from Swiss National Science Foundation (Pain control systems - no. 320030_169250), during the conduct of the study.

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Figure captions

Figure 1: The BASIC score

The BASIC score of SCIs comprises a 5-point ordinal MRI score for classifying acute SCIs on the basis of conventional axial T2-weighted scans. The BASIC score stratifies SCI according to the extent of transverse T2-weighted signal abnormality during the acute phase of the injury. Cartoon schematics (A), representative axial T2-weighted MRI scans (B), 3D-color surface plots based on the axial T2-weighted MRI (C), and brief definitions (D) for each of the 5 BASIC scores (ranging from 0 to 4). In the representative MRI scans (B), the external contour of the spinal cord is outlined in yellow for better delineation. (Reprinted from Talbott et al., 2015²⁷)

Figure 2: Extent of lesion and tissue bridges

Structural magnetic resonance imaging (MRI) indices assessed at the lesion site. A: Preoperative Postoperative T2-weighted MRI of the cervical cord from a 17 year-old 17-yearold male patient with incomplete SCI patient_with traumatic spinal cord injury (male, ASIA Impairment Scale (AIS) AIS-grade of A (complete)). Postoperative MRI at 32.5 hours after operation indicates an intramedullary lesion length (IMLL) of 102 mm (long bracket) with bleeding (short bracket) and myelomalacia (dotted lines) at the injury epicentre -(Reprinted from Aarabi Bizhan et al., 2017²⁸ with permission from American Association for the Advancement of Science), B: Demonstration of the lesion segmentation using mid-sagittal T2-weighted MRI within the cervical cord of a 51 year-old incomplete SCI patient (male, tetraplegic, AIS grade of C and with scan finding of central T2-weighted hyperintensive cord defect at the C6/C7 level). C: Demonstration of the lesion segmentation using mid-sagittal T2-weighted MRI within the thoracic cord of an 80 year-old incomplete SCI patient (female, paraplegic, AIS grade of C and with scan finding of subdural haemorrhage on T4 level). D: Schematic drawing of the lesion on the cord for analysing the lesion parameters, DB= dorsal midsagittal tissue bridges; LA=lesion area; LL=lesion length; LW=lesion width; VB=ventral midsagittal tissue bridges.

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Figure 3: The lesion evolution over time Please provide figure title

Overview of the lesion evolution with persisting midsagittal tissue bridges over 1-year postinjury. Longitudinal T2-weighted sagittal <u>MRI</u> scans showing the evolution of the cervical lesion epicenter from a 27 year-old27-year-old complete SCI patient (male, tetraplegic, AIS grade A) in acute (one day post -SCI), subacute (1 month post-SCI) and chronic (12 months post-SCI) -phase after injury.

Figure 4: Schematic representation of connections between qMRI methods and the neocortical microstructural features Please provide figure title

Relationships between different quantitative MRI readouts and the microstructural features reported previously in post mortem brain tissue^{97,98} to which they have been linked. A coloured line between a quantitative MRI readout and a microstructural feature implies that this readout has been empirical linked to this feature. The relationships between MR contrast and microstructural features makes microstructural mapping through the combination of complementary quantitative MR images possible. MT = magnetisation transfer saturation; PD = proton density, R1 = longitudinal relaxation rate, R2* = effective transverse relaxation rate, QSM = quantitative susceptibility mapping, R2 = transverse relaxation rate, dMRI = diffusion weighted MRI. (Reprinted from Edwards et al. (2018_{57}^{57}) under the terms of the CC-BY 4.0 license

(https://creativecommons.org/licenses/by/4.0/)).

Figure 5: Schematic representation of primary and secondary degenerative processes occurring remotely, above and below the injury site Please provide figure title

Primary damage at the focal epicenter of the lesion occurring within hours after injury **A**, and secondary systematic degenerative processes occur remotely and with a certain time lag [A: define certain time lag] **B**, above, below and at the the primary injury site. Sensory and motor tracts affected by the injury undergo anterograde and/or retrograde (depending on the location) axonal degeneration and accompanying demyelination.^{6,12,64} - Lesion site shows the macrostructural evidence of *primary* intramedullary damage (e.g. oedema &; haemorrhage?) and secondary changes such as post-traumatic cyst cavities as well asand spared tissue bridges ([A: possible to show in the figure?].^{42,44} In the lumbar cord, the lower motor neurons located in the ventral horn may undergo trans-synaptic degeneration due to the loss

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Would some arrows help to highlight certain things?

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of input from the injured corticospinal tracts.⁴⁸ Similarly, second-order sensory neurons of the spinothalamic and dorsal column medial lemniscus systems can also be affected by transsynaptic degeneration. At the brain level, atrophic changes are located within the brainstem,⁵¹ cranial corticospinal tracts, primary motor cortices, insula, anterior cingulate cortex, and thalamus.^{7,8,14} Some of these areas (e.g. cortical and subcortical regions) present also with changes in the-myelin and iron content which is suggestive of demyelination and iron accumulation.⁹ [A: add a sentence on the illustrated MRI measures; "c" is very difficult to see]

DTI: diffusion tensor imaging, MPM: multi-parameter mapping, <u>T1w and T2*w MRI: T1</u> weighted and T2* weighted magnetic resonance imaging, -<u>Add abbreviations for T1w MRI,</u> etc

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<u>Table 1: Completed clinical trials in spinal cord injury (SCI) using MRI as an outcome</u> <u>measure within the last 5 years</u>

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| Clinical trials.gov | Study Title | Intervention | Enrollment (number of | MRI as outco | me measures | MRI techniques | Status | Formatted Table |
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| identifier | | | Participants)/Condit ion | | | 1 | Primary Date | |
| | | | | Primary outcome | Secondary outcome | | | |
| NCT01325103 | Evaluation of Autologous Mesenchymal Stem Cell Transplantation in Chronic Spinal Cord Injury: | Autologous Mesenchymal Stem Cell | 14 Participants Cohronic spinal cord injury | | ☑ Lesion volume | Anatomical <u>Conventional MRI</u> <u>scan (T1/T2</u> weighted <u>MRI</u>) <u>Stem Cell Res Ther.</u> <u>2014 Nov</u> <u>17-5(6):126.</u> | Completed December 20124 ✓ Published results 74 | Field Code Changed |
| NCT01624779 | Intrathecal Transplantation of Autologous Adipose Tissue Derived MSC in the Patients With Spinal Cord Injury | Autologous adipose tissue derived mesenchymal stem cells | 15 Participants Centronic spinal cord injury | Qualitative lesion assessment | | Anatomical Conventional MRI scan (T1/T2 weighted axial and sagittal MR1) J Spinal Cord Med. 2016 Nov; 39(6): 655–664. | Completed May 2014 <u>Published</u> results ⁷³ | |
| NCT01739023 | Safety of Autologous Human Schwann Cells (ahSC) in Subjects <u>w</u> With Subacute SCI | Autologous Human Schwann Cell | 9 Participants Subacute SCI (30 day-post injury) | | ☑ Lesion volume | Anatomical Conventional MRI scan (T1/T2 weighted) scans_MRI on the lesion area JOURNAL OF NEUROTRAUMA 34:2950-2963 | Completed August 2016 September 2017 Depresent 2017 Published results ⁷⁵ | |

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Meaning of the column "MRI details" is unclear – why is there a reference? The column title changed to MRI techniques, but in the first inquiry of the paper by reviewer group, it was strongly suggested to provide references on the list of clinical trials. Now The references are added to the review citation list as well.

Column "Status Primary Date": please add if results have been published or not; **The results are published in the cited papers in the table.** also check if it matches Clinical trials.gov, for the last trial, for example, is say completed in Aug 2016 but you mentioned Sep 2017. **It is corrected now.**

Might be useful if you could add any caveats/things to consider/clinical implications:

We could not find any complications reported in the published material regarding MRI technique applied in the clinical trials listed here.

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<u>Table2: Different MRI techniques applied in SCI and their with-corresponding outcome</u> <u>measures</u> <u>the MRI technique listed from conventional MRI (e.g. T1 and T2 weighted MRI,) to</u> <u>more advanced MRI methods such as diffusion tensor imaging (DTI), Multi parameter</u> <u>mapping (MPM) and Functional MRI (fMRI) of brain and spinal cord</u> all described in the text. Formatted: Font: 12 pt, Bold Formatted: Font: Bold Formatted: Font: 12 pt, Bold

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| MRI techniques | Outcome measures | Formatted Table |
| Sagittal and axial conventional T2-weighted | • extent of the intramedullary injury & lesion length ^{27,28,38} | |
| MRI of the spinal cord at the injury level | • haemorrhage ³⁴ | |
| | • oedema ³⁰ | |
| | • spinal cord <u>swellingcompression</u> | |
| Sagittal conventional T2-weigthed MRI of the | preserved midsagittal tissue bridges ^{42,44} | Field Code Changed |
| spinal cord at the injury level | | |
| T1-weighted MRI (above the injury level, | cervical cord and brain atrophy^{7,8,10,46,49,52} | |
| cervical cord and brain) | | |
| | | |
| T2*-weighted MRI of the cervical and lumbar cord (remote from the injury site) | • grey and white matter atrophy of the spinal cord ^{6,48} | |
| Diffusion tensor imaging (DTI) of the cord | • axonal degeneration & demyelination ^{6,11,12,14,64} | |
| and brain | | |
| (remote from the injury site) | | |
| Multi parameter mapping (MPM) of the | • demyelination & iron deposition ^{7–10} | |
| cervical cord and brain (above the injury | | |
| level) | 22.21 | |
| Functional MRI (fMRI) of brain and spinal | functional networks & plasticity in brain¹⁹⁻²¹ & spinal cord | 2 |
| cord (remote from mjury level) | | |

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The references are refereeing to a particular outcome measure and now it is changed as requested.

Please add all references to the reference list;

They are added now.

References should be in the Vancouver style and numbered in the order in which they first appear in the manuscript. If the references "move" from the body text into tables or figures, please maintain the sequence of citation.

The changes are applied as requested.

Provide table title and abbreviation legend; why are the techniques ordered in this way – please make the rational clear in the text or legend;

Title is added,

the techniques are ordered from conventional MRI to qMRI as it is-mentioned in the main text.

Panel

Clinical and electrophysiological assessments

To date, the symptoms and signs of myelopathy (i.e., the degree of sensorimotor deficit and the emergence of neuropathic pain) are assessed clinically and by electrophysiological tests. The current gold standard in assessing clinical impairment is by means of the International Standards for the Neurological Classification of Spinal Cord Injury (ISNCSCI) protocol.¹ This test is routinely performed at admission by a qualified clinician who tests key muscles for strength and all dermatomes for light-touch and pin-prick sensation. A score is then calculated which is used to classify patients' overall impairment into a scale with five ranked categories (ASIA impairment scale) — A to E. Category A is the most severely damaged spinal cord with no motor and sensory function below the level of injury whereas category E features no clinically relevant impairment. Although defining AIS categories is a fairly easy process, it does not capture the entire extent of primary and secondary injury mechanisms. Consequently, this leads to considerable heterogeneity within an AIS category, which limits its applicability as a surrogate endpoint in clinical trials. Thus, large clinical trials are needed to distinguish a treatment effect from natural history. To address this drawback, dedicated prediction models (i.e., unbiased recursive partitioning) have recently been established. 2-4 These models aim to reduce the heterogeneity within SCI cohorts thereby improving patient stratification.

Recently, more refined measures have also been developed. For upper limb function, manual dexterity is assessed by the Graded Redefined Assessment of Strength Sensibility and Prehension (GRASSP) score ⁵, functional independence by the functional independence (SCIM) score ⁶, and neuropathic pain intensity is commonly assessed with pain

| questionnaires. ⁷ Neurophysiological recordings such as motor and sensory evoked potentials |
|--|
| ⁸ , as well as contact heat evoked potentials ⁹ , can provide additional information about the |
| integrity of impulse conductance of motor and distinct sensory pathways. ¹⁰ However, these |
| examinations report on impaired function related to focal injury; they do not reflect remote |
| neurodegeneration and functional reorganizational processes that occur with distinct |
| (delayed) temporal profiles. ¹¹ However, all these examinations fail to differentiate or |
| elucidate the mechanisms responsible for recovery processes in-vivo. |

- 1Kirshblum S, Waring W. Updates for the International Standards for Neurological
Classification of Spinal Cord Injury. Phys Med Rehabil Clin N Am 2014; 25: 505–17,
vii.
- <u>2</u> Tanadini LG, Hothorn T, Jones LAT, *et al.* Toward Inclusive Trial Protocols in <u>Heterogeneous Neurological Disorders: Prediction-Based Stratification of Participants</u> <u>With Incomplete Cervical Spinal Cord Injury. *Neurorehabil Neural Repair* 2015; **29**: <u>867–77.</u></u>
- 3 Tanadini LG, Steeves JD, Hothorn T, *et al.* Identifying Homogeneous Subgroups in Neurological Disorders: Unbiased Recursive Partitioning in Cervical Complete Spinal Cord Injury. *Neurorehabil Neural Repair* 2014; **28**: 507–15.
- <u>Velstra I-M, Bolliger M, Tanadini LG, et al. Prediction and Stratification of Upper</u> Limb Function and Self-Care in Acute Cervical Spinal Cord Injury With the Graded Redefined Assessment of Strength, Sensibility, and Prehension (GRASSP). Neurorehabil Neural Repair 2014; 28: 632–42.
- 5 Velstra I-M, Curt A, Frotzler A, *et al.* Changes in Strength, Sensation, and Prehension in Acute Cervical Spinal Cord Injury. *Neurorehabil Neural Repair* 2015; **29**: 755–66.
- 6 Itzkovich M, Shefler H, Front L, *et al.* SCIM III (Spinal Cord Independence Measure version III): reliability of assessment by interview and comparison with assessment by observation. *Spinal Cord* 2018; **56**: 46–51.
- 7
 Hatch MN, Cushing TR, Carlson GD, Chang EY. Neuropathic pain and SCI:

 Identification and treatment strategies in the 21st century. J Neurol Sci 2018; 384: 75–83.
- 8 Petersen JA, Spiess M, Curt A, *et al.* Upper Limb Recovery in Spinal Cord Injury: Involvement of Central and Peripheral Motor Pathways. *Neurorehabil Neural Repair* 2017; **31**: 432–41.
- 9 Jutzeler CR, Ulrich A, Huber B, Rosner J, Kramer JLK, Curt A. Improved Diagnosis of Cervical Spondylotic Myelopathy with Contact Heat Evoked Potentials. J Neurotrauma 2017; 34: 2045–53.
- 10
 Hupp M, Pavese C, Bachmann LM, Koller R, Schubert M. Electrophysiological

 Multimodal Assessments Improve Outcome Prediction in Traumatic Cervical Spinal

 Cord Injury. J Neurotrauma 2018; : neu.2017.5576.
- <u>11</u> Freund P, Friston K, Thompson AJAJ, *et al.* Embodied neurology: an integrative framework for neurological disorders. *Brain* 2016; **139**: 1855–61.

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BASIC 0: No appreciable intramedullary cord signal abnormality.

BASIC 1: Intramedullary T2 hyperintensity is approximately confined to central gray matter.









С





involves entire transverse extent of spinal cord.

BASIC 3: Intramedullary T2 hyperintensity

entire transverse extent of the spinal cord.

BASIC 4: Grade 3 injury plus discrete T2 hypointense foci, consistent with macrohemorrhage.










Point2point reply

Editorial comments:

Additional editorial points:

E1. In same instances, the clinic implications are missing or could be made more obvious.

Now in the paragraph entitled "Implication for clinical trials" we added: "The primary endpoint of choice in SCI trials so far is an improvement in clinical outcome measures. However, neuroimaging biomarkers, hold potential to supplement these clinical measures as they are sensitive to neuronal changes even when they do not yet translate into obvious clinical benefits."

E2. No panel providing an overview over the various MRI techniques has been provided as indicated in the pointby-point response.

We have included a panel that describes the gold standard clinical and electrophysiological assessments as well as a Table (Table 2) which outlines the various MRI techniques, their outcome measures and the references where presented.

E.3 ICMJE forms: they are still not match the declarations made in the text; please submit updated forms

The forms are now updated and submitted once more as requested.

E4. You mentioned "Moreover, we now have added a second table presenting evidence about the sensitivity of conventional and qMRI sequences to reveal specific structural changes and hence could be used as a potential outcome measure." I can't find these sensitive measures in either of these tables.

We added the second table in response to the reviewer 2.2 comment during the former revision process. As requested we present the outcome measures in the table, however, we do not feel comfortable to make a statement of the sensitivity at this point.

E5. Not all responses mentioned in the point-by-point response can be found in the clean manuscript version, eg, "We agree with this reviewer and have now added to the section 'Implication for clinical trials' the following: "Despite a therapeutic intervention having an effect on imaging outcome such as halting atrophy, there is still some disconnect between changes in imaging outcome and clinically meaningful recovery; the ultimate goal of a successful clinical trial. Thus, it may be useful to employ more than one imaging outcome in future trials to maximize understanding and interpretation of clinically meaningful findings 85."

We now added the paragraph mentioned above in the text as well as added a panel and a Table (Table 2).

Please go carefully over the previous reviewer comments and integrate the changes.

We went over the reviewer's comments and integrated all changes as requested. The abstract is slightly changed accordingly. One reference suggested by Reviewer#02 (Aarabi B et al 2018 Neurotrauma) was not added previously, but now it is in the reference list.

Reviewers' comments:

Reviewer #2: Dear authors: R2.1-Page 2 line 5 change osseoligamentous spinal elements to discoligamentous complex.

Now changed.

R2.2-Page 3, line 3 change disco-ligamentary to discoligamentous complex.

Now changed.

R2.3-Page 16 paragraph 2, line 10 there is a typo.

The phrase with the typo has been deleted.

R2.4-Paragraph 3 line 1 in page 16 neuraxis.

This has been changed throughout the text.

R2.5-Page 17 first paragraph line 4 add neurosurgical.

Now added.

R2.6-Page 17 line 15 QMRI.

We prefer to keep qMRI as it is the convention.

R2.6-Page 21, Ref 5 typo (AJ). Line

Now corrected.

R2.7-Page 22 Ref 46 needs more info about the proceedings.

This reference has been replaced throughout the text with the full journal paper (David et al 2019 Neurology) recently published.

R2.8-Page 22 ref 48 check PubMed

We checked the reference 48: Chen Q, Zheng W, Chen X, et al. Brain Gray Matter Atrophy after Spinal Cord Injury: A Voxel-Based Morphometry Study. Front Hum Neurosci 2017; 11: 211. on PubMed. It is the same reference we would like to cite in our review.

R2.9-Check ref 51.

We checked the reference 51 and it is correctly cited: Seif M, Ziegler G, Freund P. Progressive ventricles enlargement and CSF volume increases as a marker of neurodegeneration in SCI patients: A longitudinal MRI study. *J Neurotrauma* 2018; : neu.2017.5522.

R2.9-Page 24 check ref 77 for validity.

The paper is not published and therefore we would like to make reference to the peer reviewd abstract.

Seif M, Leutritz T, Samson RS, *et al.* A multi-center study on fast full-brain quantitative multi-parameter mapping of R1, MT, and R2*: scan-rescan repeatability and inter-site reproducibility. In: ISMRM., 2018: 1119.

R2.10-Page 24 ref 83 cut the typo. **Now corrected.**

Reviewer #3: Overall, the authors have responded well to the critiques with extensive revisions of their manuscript.

I suggest two small revisions:

R3.1- in the section "Implication for clinical trials", there should be explicit acknowledgement that clinical outcome is invariably the outcome of choice in SCI trials, that surrogate markers such as MRI, no matter how advanced, will never substitute for clinical outcome. The way that this section is now written is misleading in overemphasizing the importance of bioimaging markers.

We now open this paragraph with the following sentence: "The primary endpoint of choice in SCI trials so far is an improvement in clinical outcome measures. However, neuroimaging biomarkers, hold potential to supplement these clinical measures as they are sensitive to neuronal changes even when they do not yet translate into obvious clinical benefits."

R3.2- p13 the phrase "traveling heads study" must be explained

We have now removed this term and replaced in by "multicenter study"

Reviewer #4: This review summarizes the application of conventional and advanced MRI techniques to study spinal cord injury (SCI). The main findings of studies using conventional MRI to reveal focal pathology and cord atrophy, as well as of studies applying quantitative MRI to track microstructural damage and functional reorganization are presented. The Review has been fully restructured and re-written compared to the previous version. The revised version is now much more informative and clearer in its subsections; the title has also been changed and is now much more appropriate. Still, there are some changes to the text to be performed:

R4.1 Paragraph entitled "Use of conventional MRI to reveal focal cord pathology - immediate changes at the epicentre". It is written that "recent spinal cord imaging studies [..] based on signal intensity changes of T2 and T1-weighted scans". Are the detected signal changes always hyperintensities on T2 and hypointensities on T1 scans? If so, please state it more explicitly. If not, please explain better which patterns of signal changes are detected in the different sequences.

We have now made this statement more explicitly: "By taking advantage of such techniques, spinal cord imaging studies have investigated primary changes (i.e. macrostructural) immediately following the injury, focally at the injury site and based on hyperintensity signal changes of sagittal and axial T2-weighted and hypointensity signal changes of T1-weighted MRI scans ^{31–36."}

R4.2 Paragraph entitled "Conventional MRI: tracking remote cord and brain atrophy". It is written that "high-resolution T2*-weighted scans allow to segment grey and white matter of the cord". It would be more appropriate to substitute "T2*-weighted scans" with "multi-echo gradient echo scans".

Now replaced.

R4.3 Paragraph "Progressive brain atrophy". The first sentence states that spinal cord trauma induced brain atrophy in the primary motor cortex, anterior cingulate and several other brain regions. However, in the following sentence, it is stated that primary motor cortices and anterior cingulate cortex hypertrophy is associated with neuropathic pain. This is somewhat contradictory with the previous sentence. Are these regions atrophic or hypertrophic? This concept has to be better explained.

We have now rewritten this section accordingly:

"For example, greater volume reductions in the brainstem during the first 6 months post-SCI were associated with poorer recovery of lower limb motor function. Interestingly, performance improvements due to intensive lower limb training in chronic SCI patients lead to volume increases within the atrophied brainstem, indicating reorganizational processes (Villiger et al. 2015). Likewise neuropathic pain intensity has been shown to be associated with reductions in primary sensory cortices and thalamus ⁴⁷ as well as increases in grey matter volume within the anterior cingulate gyrus and primary motor cortices ⁵²."

R4.4 Paragraph "clinical qMRI studies". Please substitute "The advent of a spinal cord template, the spinal cord toolbox and post processing tools now offers" .. with "The advent of a spinal cord template and post-processing tools included in the spinal cord toolbox now offers.".

Now adapted.

R4.5 I would use the following title "Predicting clinical outcomes with qMRI" instead of "Predicting outcome with MRI"

Now changed to "Predicting outcome" as suggested by the editor.

R4.6 In the paragraph entitled "Implications for clinical trials", when describing feasibility studies on multicentre DTI data, it is appropriate to include the study of Samson et al (Plos One 2016), which is focused specifically on DTI data of the spinal cord.

We now included this reference.