

# Composite Tissue Allotransplantation for Burn and Blast Injuries

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## Introduction

Burn injuries can be reconstructed using Vascularised Composite Allografts (VCAs) in Composite Tissue Allotransplantations (CTAs). Recent advances in transplantology and plastic surgery have improved the survival and quality of CTAs, which are competitive alternatives to prosthetics.

Facial and hand transplants were the first breakthroughs in CTA.

## Aims

To review recent advances in plastic and transplant surgery in CTAs used in burns reconstruction.

## Methods

A Pubmed search was conducted to access the Medline database using the terms "burns", "vascularized composite allotransplantation" and "composite tissue allotransplantation".

## Epidemiology and Aetiopathogenesis

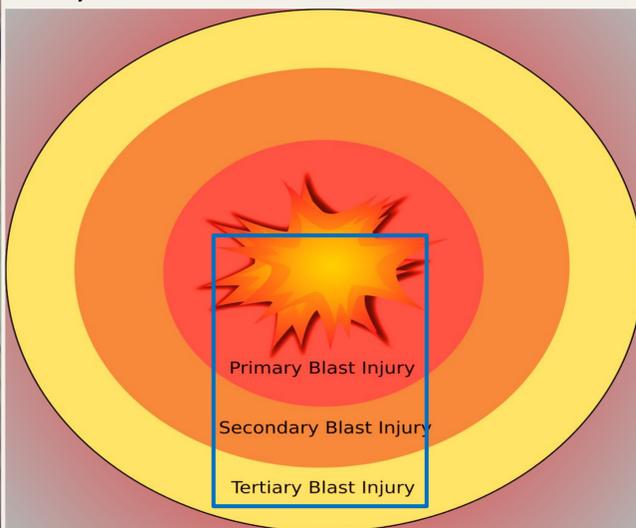
### Burn Injuries

Burns are a form of mutilating injury to tissue caused by thermal energy. **Blast injuries** and electrical burns can lead to extensive tissue destruction requiring amputation.

Severe burns can cause systemic derangement that leads to high risk of mortality. Patients with severe burns however are **not** contraindicated for CTAs (One third of facial transplantations were performed on patients with burn injuries).

### Blast-related Burn Injuries

The incidence of blast injuries has increased, especially due to **Improvised Explosive Devices (IEDs)**. Due to the configuration of present day **armour**, **complex injuries** are especially seen in the **exposed limbs**. **Fireworks** and **electrical arc flashes** also cause these injuries.



Type	Mechanism	Examples
Quaternary	Thermal Radiant	Fireball – Fatal Flash burns
Quinary	Conflagration	



## Reconstructive Options

The current **gold standard** to complex limb reconstruction is an **initial orthoplastic approach**. This will help in managing extensive limb damage with early debridement, reconstruction, and soft tissue cover (Wordsworth, MacIver et al. 2014)(Lerman, Kovach et al. 2011)

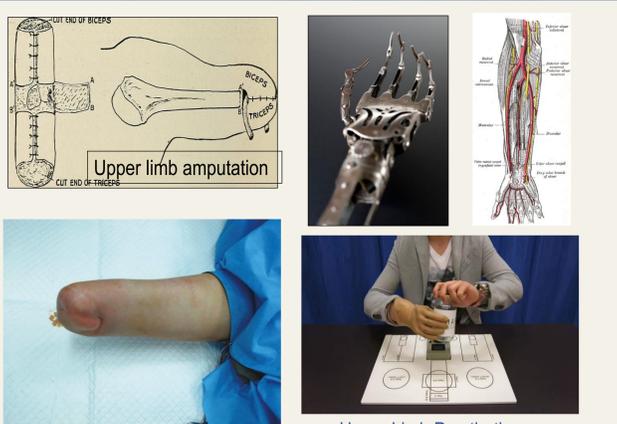
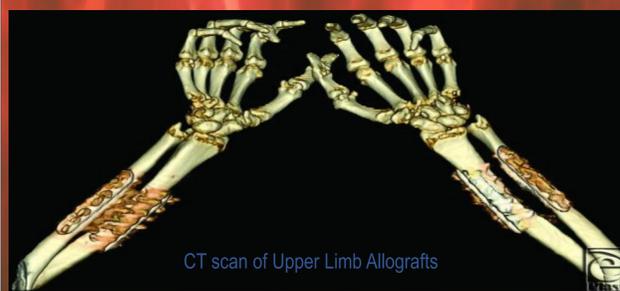


Fig 3: Advances in Upper Limb Reconstruction (Kalantar-Hormozi et al.2013)

## Composite Tissue Allotransplantation



## Alloimmune Responses in CTAs

MHC Class II-expressing Langerhans cells of skin-containing CTAs are **immunogenic and are more abundant** compared to solid organ transplants

Immunosuppression **toxicity** remains a problem

Triple therapy (mycophenolate mofetil, tacrolimus, methylprednisolone) commonly used in CTA has a high rate of acute rejection from **cellular immunity** rather than antibody mediated rejection seen in organ transplants. (Klein, Schanz et al. 2016)

Sensitisation is increased by blood transfusion, dermal allografts and unknown factors resulting in a rise of HLA sensitisation in **polytrauma** (Xiao, Mindrinios et al. 2011)

**Multiple CTAs** are associated with increased mortality



Functional Assessment Post-Transplant  
Composite Tissue Allografts in Upper Limbs (Salming et al., 2016)

## Improvements in Allotransplantation

Early CTA for early definitive reconstruction is recommended to reduce the risk of rejection and provide soft tissue cover. Restrictive transfusion protocols agree with recent trauma guidelines and reduce sensitisation.

## Recommendations

Pre-transplant (Patient preparation)

### Tolerance

**T-regulator cell therapy** can be attempted to induce graft tolerance (Kawai, Uchiyama et al. 2018)

Graft Priming

### Preconditioning

**Mechanical or pharmacological ischaemic preconditioning** (Akhtar, Sutherland et al. 2014) can delay CTA rejection by priming the transplant.

## Graft Preservation

### Perfusion

Modern perfusion has increased warm ischaemic time of solid organs. **Extracorporeal devices** are proposed for CTAs and **glycerol preservation** is preferred to cryopreservation

## Graft Monitoring

### Sentinel Flaps

Free fasciocutaneous forearm flaps can be used as **indicators** of graft failure along with other **biomarkers (exosomes)**

Emergency VCA

### Early Transplantation

**Blood transfusions** and **cadaveric dermal allografts** increase CTA rejection in burn patients (Press, Lee et al. 2017)..

Post-transplant (Treating rejection)

### Desensitisation

Plasma exchange, immunoadsorption, IVIG, mTOR inhibitors (rapamycin), pulsed steroids, calcineurin inhibitors (tacrolimus), anti-thymocyte globulin and monoclonal antibodies (rituximab)

## Monitoring

Skin is highly allogenic (Robbins, Wordsworth et al. 2019). However, imaging modalities like Laser Doppler Imaging and blood markers may allow better monitoring of rejection than the traditional Banff classification.

### Banff Classification for VCAs with Skin

Grade of Rejection	Perivascular Inflammation	Epidermal Involvement
0 (none)	None	None
I (mild)	Mild	None
II (moderate)	Moderate	Mild (Oedema or lymphocytic exocytosis)
III (severe)	Dense	Apoptosis, dyskeratosis, keratinolysis
IV (acute necrosis)		Frank epidermal or adnexal necrosis

## Conclusion

Composite tissue allotransplantation remains a viable approach to devastating injuries caused by burns. Transplant advances can help plastic surgeons optimise long-term CTA outcomes in burn patients.

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