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# Ab interno trabecular bypass surgery with Schlemm's canal microstent (Hydrus) for open angle glaucoma (Review)

Otarola F, Virgili G, Shah A, Hu K, Bunce C, Gazzard G

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### [Intervention Review]

# Ab interno trabecular bypass surgery with Schlemm's canal microstent (Hydrus) for open angle glaucoma

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# ABSTRACT

#### Background

Glaucoma is a leading cause of irreversible blindness. A number of minimally-invasive surgical techniques have been introduced as a treatment to prevent glaucoma from progressing; ab interno trabecular bypass surgery with the Schlemm's canal Hydrus microstent is one of them.

# Objectives

To evaluate the efficacy and safety of ab interno trabecular bypass surgery with the Hydrus microstent in treating people with open angle glaucoma (OAG).

#### Search methods

On 7 May 2019, we searched CENTRAL (2019, Issue 5), which contains the Cochrane Eyes and Vision Trials Register; Ovid MEDLINE; Ovid Embase; the ISRCTN registry; ClinicalTrials.gov; and the WHO ICTRP.

# **Selection criteria**

We searched for randomised controlled trials (RCTs) of the Hydrus microstent, alone or with cataract surgery, compared to other surgical treatments (cataract surgery alone, other minimally-invasive glaucoma device techniques, trabeculectomy), laser treatment, or medical treatment.

#### Data collection and analysis

A minimum of three authors independently extracted data from reports of included studies, using a data collection form and analysed data, based on standard Cochrane methods.

#### **Main results**

We included three published studies, with 808 people randomised. Two studies had multiple international recruitment centres in the USA and other countries. The third study had several sites based in Europe. All three studies were sponsored by the Hydrus manufacturer Ivantis



Inc. All studies included participants with mainly mild or moderate OAG (mean deviation between -3.6 dB (decibel) and -8.4 dB in all study arms), which was controlled with medication in many participants (mean medicated intraocular pressure (IOP) 17.9 mmHg to 19.1 mmHg). There were no concerns regarding allocation concealment bias, but masking of outcome assessors was high or unclear risk in all studies; masking of participants was achieved, and losses to follow-up were not a concern.

Two studies compared the Hydrus microstent combined with cataract surgery to cataract surgery alone, in participants with visually significant cataracts and OAG.

We found moderate-certainty evidence that adding the Hydrus microstent to cataract surgery increased the proportion of participants who were medication-free from about half to more than three quarters at 12-month, short-term follow-up (risk ratio (RR) 1.59, 95% confidence interval (CI) 1.39 to 1.83; 2 studies, 639 participants;  $I^2 = 0\%$ ; and 24-month, medium-term follow-up (RR 1.63, 95% CI 1.40 to 1.88; 2 studies, 619 participants;  $I^2 = 0\%$ ).

The Hydrus microstent combined with cataract surgery reduced the medium-term mean change in unmedicated IOP (after washout) by 2 mmHg more compared to cataract surgery alone (mean difference (MD) -2.00, 95% CI -2.69 to -1.31; 2 studies, 619 participants;  $I^2 = 0\%$ ; moderate-certainty evidence), and the mean change in IOP-lowering drops (MD -0.41, 95% CI -0.56 to -0.27; 2 studies, 619 participants;  $I^2 = 0\%$ ; low-certainty evidence). We also found low-certainty evidence that adding a Hydrus microstent to cataract surgery reduced the need for secondary glaucoma surgery from about 2.5% to less than 1% (RR 0.17, 95% CI 0.03 to 0.86; 2 studies, 653 participants;  $I^2 = 27\%$ ; low-certainty evidence).

Intraocular bleeding, loss of 2 or more visual acuity (VA) lines, and IOP spikes of 10 mmHg or more were rare in both groups; estimates were imprecise, and included both beneficial and harmful effects. There were no cases of endophthalmitis in either group.

No data were available on the proportion of participants achieving IOP less than 21 mmHg, 17 mmHg, or 14 mmHg; health-related quality of life (HRQOL), or visual field progression.

One study provided short-term data for the Hydrus microstent compared with the iStent trabecular micro-bypass stent (iStent: implantation of two devices in a single procedure) in 152 participants with OAG (148 in analyses). Use of the Hydrus increased the proportion of medication-free participants from about a quarter to about half compared to those who received iStent, but this estimate was imprecise (RR 1.94, 95% Cl 1.21 to 3.11; low-certainty evidence). Use of the Hydrus microstent reduced unmedicated IOP (after washout) by about 3 mmHg more than the iStent (MD -3.10, 95% Cl -4.17 to -2.03; moderate-certainty evidence), and the use of IOP-lowering medication (MD -0.60, 95% Cl -0.99 to -0.21; low-certainty evidence). Both devices achieved a final IOP < 21 mmHg in most participants (Hydrus microstent: 91.8%; iStent: 84%; RR 1.09, 95% Cl 0.97 to 1.23; low-certainty evidence).

None of the participants who received the Hydrus microstent (N = 74) required additional glaucoma surgery; two participants who received the iStent (N = 76) did.

Few adverse events were found in either group.

No data were available on the proportion of participants achieving IOP less than 17 mmHg or 14 mmHg, or on HRQOL.

#### Authors' conclusions

In people with cataracts and generally mild to moderate OAG, there is moderate-certainty evidence that the Hydrus microstent with cataract surgery compared to cataract surgery alone, likely increases the proportion of participants who do not require IOP lowering medication, and may further reduce IOP at short- and medium-term follow-up.

There is moderate-certainty evidence that the Hydrus microstent is probably more effective than the iStent in lowering IOP of people with OAG in the short-term.

Few studies were available on the effects of the Hydrus microstent, therefore the results of this review may not be applicable to all people with OAG, particularly in selected people with medically uncontrolled glaucoma, since IOP was controlled with medication in many participants in the included studies. Complications may be rare using the Hydrus microstent, as well as the comparator iStent, but larger studies are needed to investigate its safety.

# PLAIN LANGUAGE SUMMARY

#### Ab interno trabecular bypass surgery with Schlemm's canal Hydrus microstent for open angle glaucoma

#### What was the aim of the review?

The aim of this Cochrane Review was to find out if ab interno trabecular bypass surgery with the Hydrus microstent lowers the pressure in the eye (intraocular pressure) for people with open angle glaucoma (OAG). The Cochrane Review authors collected and analysed all relevant studies to answer this question, and found three completed studies.

#### Key messages

Ab interno trabecular bypass surgery with Schlemm 's canal microstent (Hydrus) for open angle glaucoma (Review) Copyright © 2020 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.



In people with cataracts and glaucoma, having combined treatment of cataract surgery and a Hydrus implant may increase the number of people who do not need intraocular pressure (IOP) lowering medication (drugs), and may further reduce IOP compared with cataract surgery alone in the short- and medium-term. Where the Hydrus microstent was compared to iStent, the microstent was probably more effective in people with OAG. This evidence was from studies on people in whom IOP was often well-controlled with medication, and their OAG was mainly mild or moderate.

# What was studied in the review?

Glaucoma is a common eye condition and can cause blindness if left untreated. In glaucoma, the optic nerve (which connects the eye to the brain) is damaged, often due to increased pressure in the eye as a result of build-up of fluid. Ab interno trabecular bypass surgery with a Hydrus microstent is a type of surgery in which doctors implant the Hydrus (a small device that opens up a channel in the main fluid canal called Schlemm's) and improves the flow of fluid through this canal. This may lead to lower eye pressure and a lower chance of damage to the optic nerve. This type of surgery is less invasive, and may lead to fewer complications and faster healing times than other types of surgery for glaucoma.

#### What were the main results of the review?

Two studies (653 participants with cataracts and open angle glaucoma) found that the proportion of people not using IOP lowering medication at two years was about half for those who received cataract surgery alone, and was more than three-quarters if the Hydrus microstent was also implanted during cataract surgery; this evidence was of moderate-certainty because of problems with study quality. About one in 30 or 50 participants needed further glaucoma surgery after cataract surgery alone, compared with one in 100 or less when the Hydrus microstent was added; this evidence was of low-certainty, because of problems with study quality and the small number of glaucoma surgeries.

Another study (152 participants with open angle glaucoma) compared a Hydrus implant with an iStent implant (a small tube implanted into the eye's drainage system, known as the trabecular meshwork, allowing fluid to flow in the Schlemm's canal) at one year. The study found that the Hydrus microstent nearly doubled the number of people not using IOP lowering medication at one year, from about a quarter to almost a half; this evidence was of low-certainty, because of problems with study quality and the small number of participants. Further glaucoma surgery was very rarely needed in either group.

All included studies were sponsored by the Hydrus manufacturer Ivantis Inc.

The use of the Hydrus implant was probably safe in these studies, but larger studies and a longer follow-up may be needed to investigate very rare or long-term adverse events. This evidence was from studies on people in whom IOP was often well-controlled with medication, and further trials are needed for participants with uncontrolled glaucoma.

#### How up-to-date is the review?

The Cochrane Review authors searched for studies published up to 7 May 2019.

# SUMMARY OF FINDINGS

# Summary of findings for the main comparison. Cataract surgery with Hydrus microstent compared to cataract surgery alone

# Cataract surgery with Hydrus microstent compared to cataract surgery alone

Patient or population: people with cataracts and open angle glaucoma, many of whom had mild or moderate glaucoma, which was well-controlled with medication Setting: eye clinics with surgical facilities

Intervention: Hydrus microstent (Hydrus) plus cataract surgery

Comparison: cataract surgery alone

Outcomes	Anticipated absolute effects <sup>*</sup> (95% CI)		Relative ef- fect	№ of partici-	Certainty of the evidence	Comments
	Risk with cataract surgery alone	Risk with cataract surgery with Hydrus	(95% CI)	pants (studies)	(GRADE)	
Proportion of partici-			RR 1.63 (1.40 to 1.88)	619 (2 RCTs)	⊕⊕⊕⊝ Moderate <sup>a</sup>	
pants who were med- ication-free (not using eye drops) medi- um-term fol- low-up at 24 months	480 per 1000	0 per 1000 782 per 1000 (671 to 902)				
Mean change in unmedicat- ed IOP (af- ter washout) measured using Gold-	The mean change in unmedicated IOP in the cataract surgery group was -5.95 mmHg	The MD in the cataract surgery plus Hy- drus group was 2 mmHg lower (2.69 lower to 1.31 lower)	-	619 (2 RCTs)	⊕⊕⊕⊝ Moderate <sup>a</sup>	
mann ap- planation tonometry medi- um-term fol- low-up at 24 months						

Ab interno trabecular bypass surgery with Schlemm's canal microstent (Hydrus) for open angle glaucoma (Review)	Mean change in the number of IOP-low- ering drops instilled per day medi- um-term fol- low-up at 24 months	The mean change in the number of IOP- lowering drops instilled per day in the cataract surgery group was -0.76 drops	The MD in the cataract surgery plus Hy- drus group was 0.41 drops lower (0.56 lower to 0.27 lower)	-	619 (2 RCTs)	⊕⊕⊙© Low <sup>a,b</sup>
/ith Sch	Proportion of partici-	Study population		RR 0.17	619 (2 RCTs)	⊕⊕⊙⊙ ↓
ılemm´s canal microsten	pants who required further glaucoma surgery, including laser	25 per 1000	4 per 1000 (1 to 22)	(0.03 to 0.86)	(2 KC15)	Low <sup>a,c</sup>
t (Hydrus	Visual field progression	No data available				
) for open angle gla	Mean change in health-re- lated quali- ty of life	No data available				
ucoma (	Proportion of partici-	<b>Intraoperative</b> : device malposition (1.6% (1.1%)) only occurred with Hydrus implant	) or hyphaema obscuring the surgeons view ation			000 Lowa,c
Review)	pants ex- perienc- ing intraop- erative or	<b>Postoperative</b> : Intraocular bleeding, loss of 2 or more VA lines, and IOP spikes of 10 mmHg or more were rare in both groups.				
	postopera- tive compli- cations	There were no cases of endophthalmitis ir	n either group			
5	medi- um-term fol- low-up at 24 months					

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CI: Confidence interval; IOP: intraocular pressure; MD: Mean difference; RR: Risk ratio; OR: Odds ratio; VA: visual acuity

# **GRADE Working Group grades of evidence**

High-certainty: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate-certainty: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

Low-certainty: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect

Very low-certainty: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

<sup>a</sup>Unclear or high risk of bias for most domains (-1 for risk of bias)

<sup>b</sup>Mean change in number of drops was calculated on about half of participants using 2 to 4 medications in HORIZON 2018 (-1 for indirectness) <sup>c</sup>Small number of events with imprecision (-1 for imprecision)

# Summary of findings 2. Hydrus microstent compared to iStent trabecular micro-bypass stent

# Hydrus microstent compared to iStent trabecular micro-bypass stent

Patient or population: people with open angle glaucoma, many of whom had mild or moderate glaucoma, which was well-controlled with medication

Setting: eye clinics with surgical facilities

Intervention: Hydrus microstent (Hydrus)

Comparison: iStent trabecular micro-bypass stent (iStent) (n.2)

Outcomes	Anticipated absolute effects <sup>*</sup> (95% CI)		Relative ef- fect	№ of partici- pants	Certainty of the evidence	Comments
	Risk with iStent	Risk with Hydrus	(95% CI)	(studies)	(GRADE)	
Proportion of partici- pants who were med-	Study population		RR 1.94 (1.21 to 3.11)	148 (1 RCT)	⊕⊕⊝⊝ Lowa,b	
ication-free (not using eye drops)	240 per 1000	466 per 1000 (290 to 746)	( //	(2)		
short-term follow-up at 12 months						
Mean change in un- medicated IOP (after washout)	The mean change in unmedicat- ed IOP in the iStent group was -5.1 mmHg	The MD in the Hydrus group was 3.1 lower (4.17 lower to 2.03 lower)	-	148 (1 RCT)	⊕⊕⊕⊙ Moderate <sup>a</sup>	

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canal microstent (Hydrus) for open angle glaucoma (Review)

Ab interno trabecular bypass surgery with Schlemm

measured using Gold- mann applanation tonometry					
short-term follow-up at 12 months					
Mean change in num- ber of IOP-lowering drops instilled per day short-term follow-up at 12 months	The mean change in the number of IOP-lowering drops instilled per day in the iStent group was 0	The MD in the Hydrus group was 0.6 lower (0.99 lower to 0.21 lower)	-	148 (1 RCT)	⊕⊕⊝⊝ Low <sup>a,b</sup>
Proportion of partic-	Study population		not analysed 148 $\oplus \odot \odot \odot$		
ipants who required further glaucoma surgery, including laser	0/74	2/76	(1 RCT)	Very low <sup>a,c</sup>	
Visual field progres- sion	No data available				
Mean change in health-related quali- ty of life	No data available				
Proportion of par-	No intraoperative complications repo	rted.	not analysed	148	000
ing intraoperative or postoperative com-				(1 RCT)	Low <sup>a,d</sup>
-					
short-term follow-up at 12 months	iStent: 1/76 cases of VA loss of 2 or mo				

\*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).

CI: Confidence interval; IOP: intraocular pressure; MD: Mean difference; RR: Risk ratio; OR: Odds ratio

# **GRADE Working Group grades of evidence**

High certainty: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate certainty: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

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Trusted evidence. Informed decisions. Better health. Low certainty: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect Very low certainty: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

<sup>a</sup>Unmasked investigator

<sup>b</sup>Large confidence intervals

cSparse data with no events in one study arm and only two events overall (-2 for imprecision)

<sup>d</sup>Small number of events with imprecision (-1 for imprecision)





# BACKGROUND

# **Description of the condition**

Glaucoma is a chronic progressive optic neuropathy, affecting up to 4% of people by the age of 80 years (Burr 2007). It is the leading cause of irreversible blindness, affecting 60 million people globally (Quigley 2006). This figure is expected to increase to 80 million people by 2020. Open angle glaucoma (OAG) is the most common type, accounting for three-quarters of cases (Quigley 2006). In one large population cohort, one in six patients with OAG became bilaterally blind (Peters 2013). The only proven way to prevent vision loss is to reduce the pressure inside the eye (intraocular pressure) over the long term (AGIS 2000; CNTG Study Group 1998; Heijl 2002; Kass 2002; UKGTS 2015). Approaches to reducing intraocular pressure (IOP) include medical therapy, laser treatments, and surgery. Because commercially available eyedrop preparations have a short-lasting effect, medical therapy requires that eye-drops are instilled one or more times daily for life. Adherence is very poor, even if use is monitored (Friedman 2009; Okeke 2009). Conventional surgical techniques, such as trabeculectomy, are associated with significant risks, with more than 40% of patients developing perioperative complications (Kirwan 2013; Lichter 2001); reoperation is needed in 7% to 18% (Gedde 2012; Kirwan 2013). Therefore, surgery is often reserved for disease that is progressing despite other treatments (King 2013).

# **Description of the intervention**

Recently, a number of minimally-invasive surgical techniques have been developed, with the aim of achieving long-term reduction of IOP, with a better safety profile than conventional surgery (Francis 2011). Among them, ab interno trabecular bypass surgery with a Schlemm 's canal Hydrus microstent (Ivantis Inc., Irvine, California) is marketed worldwide.

# How the intervention might work

The trabecular meshwork is the main site of resistance to the outflow of aqueous humour from the eye (Overby 2009). The Hydrus microstent is an 8-mm long crescent-shaped open structure, curved to match the shape of the Schlemm's canal. This is intended to promote outflow of aqueous humour, and thereby reduce IOP. The microstent is implanted ab interno, through a clear corneal incision into the Schlemm's canal, using a preloaded handheld injector. After being implanted, the microstent bypasses the trabecular meshwork and dilates the Schlemm's canal over three clock hours, to provide direct aqueous access from the anterior chamber to multiple collector channels (Pfeiffer 2015).

# Why it is important to do this review

Consultation with patients and healthcare professionals has identified a need for better treatments for glaucoma (James Lind Alliance 2013). Minimally-invasive glaucoma procedures carry the possibility of safe and effective long-term reduction of IOP, removing concerns about permanent vision loss due to non-adherence with eye-drops. A single treatment may also be more acceptable to patients than daily and indefinite self-administration of eye-drops. To date, approximately 17,000 treatments have been performed worldwide in either feasibility studies, randomised controlled trials, or data registries (Otarola 2019 [pers comm]). In light of the potential benefits for patients and the widespread uptake of the technique, it is important to critically evaluate the

evidence for the efficacy and safety of treatment with the Hydrus microstent. Importantly, Hydrus microstent implantation surgery may be combined with phacoemulsification (cataract surgery, a sight-restoring operation to remove the natural lens of the eye when it has lost clarity). Since cataract surgery itself reduces IOP (Mansberger 2012), we will specifically examine the evidence for efficacy of Hydrus microstent treatment in people who have concomitant cataract surgery in comparison to those who do not have concomitant cataract surgery.

This Cochrane Review was conducted in parallel with other reviews undertaken by the Cochrane Eyes and Vision MIGS (minimallyinvasive glaucoma surgery) Consortium, which includes MIGS techniques and devices, such as the Trabectome (NeoMedix, Tustin, CA, USA (Hu 2016)), XEN Glaucoma Implant (AqueSys Implant, Aliso Viejo, CA, USA (King 2018)), endoscopic cytophotocoagulation (Endo Optiks, Waltham, MA, USA (Tóth 2019)), iStent and iStent inject (Glaukos Corporation, Laguna Hills, CA, USA (Le 2019)), and supraciliary microstent surgery (Sandhu 2017).

# OBJECTIVES

To evaluate the efficacy and safety of ab interno trabecular bypass surgery with the Hydrus microstent in treating people with open angle glaucoma.

# METHODS

# Criteria for considering studies for this review

# **Types of studies**

We included randomised controlled trials (RCTs) only. We included reports of RCTs prepared in any language, regardless of their publication status.

# **Types of participants**

Participants had open angle glaucoma (OAG) of any type, including primary and secondary OAG. As there are no universally-accepted criteria by which glaucoma may be defined, we permitted studies to use their own definitions of glaucoma, provided these were clearly stated. We also included participants with ocular hypertension, normal tension glaucoma, or possible glaucoma (suspects for glaucoma).

We excluded trials with participants with closed angle glaucoma.

We did not apply any restrictions regarding location, setting, or demographics.

# **Types of interventions**

We compared ab interno trabecular bypass surgery with the Hydrus microstent (Ivantis Inc., Irvine, California) to:

- laser treatment (selective laser trabeculoplasty or argon laser trabeculoplasty);
- other minimally-invasive glaucoma surgery (MIGS) techniques;
- conventional glaucoma surgery (trabeculectomy);
- medical therapy.

#### Types of outcome measures

We did not use the reporting of particular outcomes as a criterion for eligibility for the review. We did not exclude studies from the

review solely on the grounds of not reporting an outcome of interest.

We reported outcomes in the short-term (six to 18 months), medium-term (18 to 36 months), and long-term (longer than 36 months).

#### **Primary outcomes**

• Proportion of participants who were medication-free (not using eye drops)

Several different glaucoma outcome measures have been specified as primary outcomes in other Cochrane Reviews and protocols (Ismail 2015). A recent study classified intraocular pressure (IOP), visual field, safety, and anatomic outcomes as being highly important to glaucoma experts (Ismail 2016). A panel of patients from the Patient and Public Involvement Group of the National Institute for Health Research (NIHR) Biomedical Research Centre for Ophthalmology identified drop-free disease control as a highly valued outcome (unpublished). We chose a participant-centred primary outcome.

# Secondary outcomes

- Mean change in IOP, measured using Goldmann applanation tonometry
- Mean change in number of IOP-lowering drops taken per day
- Proportion of participants who achieved an IOP of 21 mmHg or less
- Proportion of participants who achieved an IOP of 17 mmHg or less
- Proportion of participants who achieved an IOP of 14 mmHg or less
- Proportion of participants who required further glaucoma surgery, including laser, as recorded by the investigators of the included trial
- Rate of visual field progression (decibels (dB)/time) or proportion of participants whose field loss progressed in the follow-up period
- Mean change in health-related quality of life (HRQoL)

#### Adverse effects

- Proportion of participants experiencing intra- and postoperative complications, including, but not restricted to, the following:
  - loss of visual acuity (more than 2 Snellen lines, or more than 0.3 logMAR, according to the method of recording visual acuity; or loss of light perception);
  - bleeding, as recorded by the investigators;
  - endophthalmitis, as recorded by the investigators;
  - IOP spikes (postoperative rise in IOP, measured using Goldmann applanation tonometry, of more than 10 mmHg compared to the previous assessment, including measurements taken during the first postoperative month).

# Search methods for identification of studies

# **Electronic searches**

The Cochrane Eyes and Vision Information Specialist conducted systematic searches in the following electronic databases for RCTs

and controlled clinical trials. There were no restrictions to language or year of publication. The date of the search was 7 May 2019.

- Cochrane Central Register of Controlled Trials (CENTRAL; 2019, Issue 5 (which contains the Cochrane Eyes and Vision Trials Register)) in the Cochrane Library (searched 7 May 2019; Appendix 1;
- MEDLINE Ovid (1946 to 7 May 2019; Appendix 2);
- Embase Ovid (1980 to 7 May 2019; Appendix 3);
- International Standard Research Clinical Trial Number (ISRCTN) registry (www.isrctn.com/editAdvancedSearch; searched 7 May 2019; Appendix 4);
- US National Institutes of Health Ongoing Trials Register ClinicalTrials.gov (www.clinicaltrials.gov; searched 7 May 2019; Appendix 5);
- World Health Organization (WHO) International Clinical Trials Registry Platform (ICTRP; www.who.int/ictrp; searched 7 May 2019; Appendix 6).

# Searching other resources

We searched the reference lists of included studies for other possible studies, and contacted any individuals or organisations who conducted relevant RCTs. We also searched the website of the manufacturer (Ivantis Inc., Irvine, California; www.ivantisinc.com) for any information on forthcoming trials. We are awaiting additional data on included studies from the manufacturer.

# Data collection and analysis

# **Selection of studies**

Four review authors independently screened titles and abstracts of all articles identified by the search, using web-based online review management software (Covidence). If abstracts were not available, we screened full-text articles. Two review authors independently assessed the full-text reports of all potentially eligible studies. If there was disagreement regarding eligibility, a third review author arbitrated. If any full-text reports were rejected, we recorded the reasons for this.

#### **Data extraction and management**

We extracted data from reports of included studies using a data collection form, which was developed, but not piloted on the first five studies included as planned. Three review authors independently extracted study characteristics from reports of each study, and two review authors (AS, GV) entered the data for the studies into Review Manager 5 (RevMan 5 (Review Manager 2014)). Two review authors (GV, FO) independently extracted data for the analyses, and one review author (GV) checked the data, and then entered it into RevMan 5. If there was disagreement, a third review author arbitrated.

Data collected in Appendix 7 were presented in the 'Characteristics of included studies' table. Where data on included studies (or ongoing studies) were missing or unclear, we contacted the individuals or organisations involved to obtain clarification. We collected and used the most detailed numerical data available to facilitate analyses of included studies. We obtained these data from individuals or organisations in preference to less precise methods, such as extracting numeric data from graphs, as indicated.

# Assessment of risk of bias in included studies

We used the latest version of the Cochrane 'Risk of bias' tool, as described in Chapter 8 of the *Cochrane Handbook for Systematic Reviews of Interventions* to assess and judge the risk of bias for included studies (Higgins 2017).

# Measures of treatment effect

We calculated the risk ratio for the following outcomes: proportion of participants who were medication-free (not using eye drops); proportion of participants who achieved an IOP of no more than 21 mmHg, 17 mmHg, and 14 mmHg; proportion of participants who required further glaucoma surgery; and proportion of participants who experienced intra- and postoperative complications.

When data were available, we calculated the mean difference for the following continuous outcomes: mean change in IOP; mean change in number of IOP-lowering drops instilled per day; and mean change in quality of life.

Where possible, we checked for the skewness of continuous data (Altman 1996).

#### Unit of analysis issues

We noted whether studies included one or two eyes from each participant, and whether randomisation was conducted at the level of the participant or the eye. There is a potential for medical treatments, such as topical beta blockers used for one eye, to influence the outcome in the other eye (Piltz 2000). Surgery to lower IOP in one eye may also affect the IOP of the fellow eye (Radcliffe 2010). Therefore, we excluded studies that had adopted a paired design.

# Dealing with missing data

We tried to minimise missing outcome data by contacting individuals and organisations to obtain them. Because the level of missing data in each group and reasons for missing data in each group were similar, we analysed available case data. We are waiting for the manufacturer of the Hydrus microstent to provide us with unpublished data, which we will use in the update of this review.

#### Assessment of heterogeneity

We assessed the heterogeneity between trials by carefully examining the study reports, assessing forest plots, and examining the  $l^2$  value. We considered  $l^2$  values greater than 50% to be indicative of substantial heterogeneity, suggesting that metaanalysis might not be wise. We also considered the consistency of the effect estimates. If all estimates were in the same direction, we pooled the data, even when heterogeneity was evident; we commented on any heterogeneity in the Discussion section.

# Assessment of reporting biases

We planned to develop a funnel plot to assess the risk of publication bias if there were more than 10 trials in our review.

# **Data synthesis**

We undertook a meta-analysis when data appeared clinically, methodologically, and statistically homogeneous. We checked that participants, interventions, comparators, and outcomes were sufficiently similar to give a clinically meaningful result, and that our  $I^2$  result did not indicate considerable inconsistency (i.e.  $I^2$  less than 50%). In future updates of this review, we will pool heterogenous data if all estimates are in the same direction. We used a fixed-effect model, as there were fewer than three trials included in the meta-analyses.

# Subgroup analysis and investigation of heterogeneity

We do not plan to conduct subgroup analyses in future updates of the review.

# Sensitivity analysis

We planned to assess the impact of including studies at high risk of bias for an outcome in one or more key domains. However, there were too few included studies to conduct such analyses.

# Summary of findings and assessment of the certainty of the evidence

We prepared tables to summarise the findings of the review, including the assessment of the certainty of evidence for all outcomes, using the GRADE approach (GRADEpro GDT).

We reported the following outcomes at medium-term followup (18 to 36 months) in the 'Summary of findings' table for each comparison listed in the Types of interventions: Ab interno trabecular bypass surgery with Schlemm's canal Hydrus microstent compared with laser treatment, other MIGS techniques, conventional glaucoma surgery (trabeculectomy), or medical therapy.

- Proportion of participants who were medication-free (not using eye drops).
- Mean change in IOP, measured using Goldmann applanation tonometry.
- Mean change in number of IOP-lowering drops taken per day.
- Proportion of participants who required further glaucoma surgery, including laser.
- Rate of visual field progression (decibels (dB)/time) or proportion of participants whose field loss progressed in the follow up period.
- Mean change in health-related quality of life.
- Proportion of participants experiencing intraoperative and postoperative complications (any time point).

# RESULTS

# **Description of studies**

#### **Results of the search**

The electronic searches yielded 713 records (Figure 1). After removing 115 duplicates, the Cochrane Information Specialist (CIS) screened the remaining 598 records, and removed 389 records that were not relevant to the scope of the review. We screened the remaining 209 records, and obtained the full-text reports of six records for further assessment. We included four reports of three studies (COMPARE 2019; HORIZON 2018; Pfeiffer 2015). We identified one ongoing study that met the inclusion criteria, and this will be assessed for inclusion in the review when data become available (NCT02024464). One study was a conference abstract (Altafini 2014). It was not clear whether this study collected data for outcomes of interest to this review. We have contacted the trial investigators and are awaiting a response.



# Figure 1. Study flow diagram





# Figure 1. (Continued)



# **Included studies**

We identified three studies that met our inclusion criteria. Two studies compared the Hydrus microstent with cataract surgery to cataract surgery alone in people with concurrent cataract and open angle glaucoma (OAG) (HORIZON 2018; Pfeiffer 2015). HORIZON 2018 was conducted at 26 sites in the United States and 12 international sites, and included 369 participants. Pfeiffer 2015 was a single-masked, multicentred randomised controlled trial (RCT) with 100 participants, based at several sites (Germany, Italy, Spain, and the Netherlands). COMPARE 2019 was a single-masked, multicentred RCT conducted at 12 sites in the United States and 8 international sites, which compared stand alone Hydrus microstent surgery to stand alone iStent (n.2 implants used in a single procedure) surgery in 152 participants.

All three studies were sponsored by the Hydrus manufacturer (Ivantis, Inc., Irvine, California).

In all studies, in the opinion of the investigators, participants had to be capable of safely undergoing medication wash-out. Pfeiffer 2015 included 100 participants, taking an average of two medications at baseline. At baseline, the Hydrus microstent with cataract surgery group had a mean medicated intraocular pressure (IOP) of 18.9 (SD 3.3) mmHg and mean deviation (MD) of -5.6 (SD 5.4) dB; the cataract surgery alone group had a mean medicated IOP of 18.6 (SD 3.8) mmHg, and a MD of -8.4 (SD 7.8) dB.

HORIZON 2018 included participants with visually significant cataracts. At baseline, the Hydrus microstent with cataract surgery group had a mean medicated IOP of 17.9 (SD 3.1) mmHg, took an average of 1.7 (SD 0.9) medications, and had a MD of -3.61 (SD 2.49) dB; the cataract surgery alone group had a mean medicated IOP of 18.1 (SD 3.1) mmHg, and a MD of -3.61 (SD 2.60) dB.

COMPARE 2019 included participants with phakic and pseudophakic (about 35%) eyes with mostly mild or moderate OAG. At baseline, the Hydrus microstent group had a mean medicated IOP of 19.0 (SD 3.9) mmHg, were on an average of 2.5 (SD 0.7) medications, and had a MD of 6.2 (SD 5.4) dB; the iStent group had a mean medicated IOP of 19.1 (SD 3.6) mmHg, were on an average of 2.7 (SD 0.8) medications, and had a MD of 6.2 (SD 6.5) dB.

The type of participants included in the trials suggests that many of these participants had medically-controlled glaucoma. See Characteristics of included studies for further information.

#### **Ongoing studies**

We identified one ongoing study that met our inclusion criteria, which compares the Hydrus microstent with the iStent trabecular micro-bypass stent (NCT02024464). See Characteristics of ongoing studies table for further information.

#### Studies awaiting classification

We have placed one conference abstract (Altafini 2014), in Studies awaiting classification as it is not clear whether this study collected data for outcomes of interest to this review. We have contacted the trial investigators and are awaiting a response.

#### **Excluded studies**

We did not exclude any studies.

# **Risk of bias in included studies**

See Figure 2



# Figure 2. Risk of bias summary: review authors' judgements about each risk of bias item for each included study



#### Allocation

Random sequence generation and allocation concealment were adequate in all studies.

# Blinding

Participants and personnel were masked to intervention assignment, but masking of outcome assessors was unclear or high risk in all studies.

# Incomplete outcome data

HORIZON 2018 reported that 5% of participants were lost at 24 months, but the proportion and causes in each study arm was not reported. Pfeiffer 2015 reported that at 24 months, 3 out of 50 participants from the Hydrus microstent plus cataract surgery group and 7 out of 50 participants from the cataract surgery group were missing; for those with unmedicated IOP, 6 out of 50 from the Hydrus microstent plus cataract surgery group and 16 out of 50 from the cataract surgery group were missing. We considered both

studies at unclear risk of bias for this domain. Only two participants in each group were lost to follow-up in COMPARE 2019.

# Selective reporting

We could not obtain a study protocol to check extensively for selection bias, but there seemed to be no major difference compared to the information found on ClinicalTrials.gov.

# Other potential sources of bias

No other sources of bias were identified.

# **Effects of interventions**

See: Summary of findings for the main comparison Cataract surgery with Hydrus microstent compared to cataract surgery alone; Summary of findings 2 Hydrus microstent compared to iStent trabecular micro-bypass stent

### Hydrus microstent with cataract surgery versus cataract surgery alone

See Summary of findings for the main comparison for a summary of all available results.

### Proportion of participants who were medication-free (not using eye drops)

The Hydrus microstent with cataract surgery increased the proportion of participants who were medication-free, both at short-term follow-up (risk ratio (RR) 1.59, 95% confidence interval (CI) 1.39 to 1.83; 2 studies, 639 participants;  $I^2 = 0\%$ ; moderatecertainty evidence, due to risk of bias; Analysis 1.1; Figure 3), and at medium-term follow-up (RR 1.63, 95% CI 1.40 to 1.88; 2 studies, 619 participants; moderate-certainty evidence, due to risk of bias; Analysis 1.2; Figure 4).

# Figure 3. Forest plot of comparison: 1 Cataract surgery with Hydrus microstent vs. cataract surgery (CS) alone, outcome: 1.1 Proportion drop-free: short term



(E) Incomplete outcome data (attrition bias)

(F) Selective reporting (reporting bias)

# Figure 4. Forest plot of comparison: 1 Cataract surgery with Hydrus microstent vs cataract surgery (CS) alone, outcome: 1.2 Proportion drop-free: medium term



(A) Random sequence generation (selection bias)

(B) Allocation concealment (selection bias)

(C) Blinding of participants and personnel (performance bias)

(D) Blinding of outcome assessment (detection bias)

(E) Incomplete outcome data (attrition bias)

(F) Selective reporting (reporting bias)

# Mean change in intraocular pressure (IOP) measured using Goldmann applanation tonometry

The Hydrus microstent with cataract surgery reduced unmedicated IOP by an additional 2 mmHg (mean difference (MD) -2.00 mmHg, 95% CI -2.69 to -1.31 mmHg; 2 studies, 619 participants; I<sup>2</sup> = 0%; moderate-certainty evidence, due to risk of bias; Analysis 1.3; Figure 5). Not all participants in Pfeiffer 2015 underwent washout, but given their small number and the small weight of the study in the analysis, we did not downgrade this evidence further.

# Figure 5. Forest plot of comparison: 1 Cataract surgery with Hydrus microstent vs cataract surgery (CS) alone, outcome: 1.4 Mean change in IOP-lowering drops taken per day: medium term



We were only able to obtain medium-term data on unmedicated IOP (after washout); there were no data available at 12 months, or for medicated IOP (medication needed) at any follow-up. We expected the difference in medicated IOP to be smaller between intervention groups, because the number of medications during follow-up was higher in the cataract surgery only group in both studies. The standard deviation of IOP change for Pfeiffer 2015 was not reported, so we imputed it from HORIZON 2018.

# Mean change in number of IOP-lowering medications taken per dav

The Hydrus microstent combined with cataract surgery increased the proportion of participants (MD -0.41, 95% CI -0.56 to -0.27; 2 studies, 619 participants; I<sup>2</sup> = 0%; Analysis 1.4; Figure 6; lowcertainty of evidence due to risk of bias and indirectness).

# Figure 6. Forest plot of comparison: 1 Cataract surgery with Hydrus microstent vs cataract surgery (CS) alone, outcome: 1.3 Mean change in IOP measured using Goldmann applanation tonometry: medium term



(B) Allocation concealment (selection bias)

(E) Incomplete outcome data (attrition bias) (F) Selective reporting (reporting bias)

(C) Blinding of participants and personnel (performance bias)

(D) Blinding of outcome assessment (detection bias)

(E) Incomplete outcome data (attrition bias)

(F) Selective reporting (reporting bias)

We were only able to obtain medium-term data. Not all participants in Pfeiffer 2015 underwent washout; in HORIZON 2018, about half of the participants were taking two to four medications at baseline, which led us to downgrade this evidence for indirectness, since this was the largest trial in the analysis.

# Proportion of participants who achieved an IOP of 21 mmHg, 17 mmHg, and 14 mmHg or less

There were no data for this outcome.

# Proportion of participants who required further glaucoma surgery, including laser, as recorded by the investigators of the included trial

Fewer surgeries were needed for the Hydrus microstent combined with cataract surgery group compared with the cataract surgery alone group, but this analysis was based on only seven events (RR 0.17, 95% CI 0.03 to 0.86; 2 studies, 653 participants; I<sup>2</sup> = 27%; lowcertainty evidence, due to risk of bias and imprecision; Analysis 1.5).

# Rate of visual field progression (decibel (dB)/time), or proportion of participants whose field loss progressed in the follow-up period

There were no data for this outcome.

#### Mean change in health-related quality of life (HRQoL)

None of the studies measured health-related quality of life.

# Proportion of participants experiencing intra- and postoperative complications

Only HORIZON 2018 reported intraoperative complications. Device malposition (1.6%) or hyphaema obscuring the surgeons' view (1.1%) occurred only with Hydrus microstent implantation. We judged this evidence to be very low-certainty, due to risk of bias (-1) and imprecision (-2).



Among postoperative complications, intraocular bleeding, loss of 2 or more visual acuity (VA) lines, IOP spikes of 10 mmHg or more were rare in both groups, and estimates were very imprecise (Analysis 1.6; Analysis 1.7; Analysis 1.8). There were no cases of endophthalmitis in either group. We judged this evidence to be very low-certainty, due to risk of bias (-1) and imprecision (-2).

#### Hydrus microstent versus iStent trabecular micro-bypass stent

Only one study provided short-term data for this comparison (Summary of findings 2; COMPARE 2019).

# Proportion of participants who were medication-free (not using eye drops)

The Hydrus microstent increased the proportion of medicationfree participants from about 24% to 46.6% compared to the iStent trabecular micro-bypass stent, but this estimate was imprecise (RR 1.94, 95% CI 1.21 to 3.11; 1 study, 146 participants; low-certainty evidence, due to risk of bias and imprecision; Analysis 2.1).

# Mean change in IOP measured using Goldmann applanation tonometry

COMPARE 2019 did not provide data on medicated IOP (eye drops needed); we expected the difference in medicated IOP to be smaller between intervention groups, because the number of medications during follow-up was higher in the iStent group. The Hydrus microstent reduced unmedicated IOP (after wash-out) by about 3 mmHg more than the iStent trabecular micro-bypass stent (MD -3.10, 95% CI -4.17 to -2.03; 1 study, 148 participants; moderate-certainty of evidence, due to risk of bias; Analysis 2.2); the latter achieved a reduction of about 5 mmHg.

#### Mean change in number of IOP-lowering drops taken per day

The Hydrus microstent reduced IOP-lowering medication by one daily medication compared to the iStent trabecular micro-bypass stent (MD -0.60, 95% CI -0.99 to -0.21; 1 study, 148 participants; low-certainty of evidence due to risk of bias and imprecision; Analysis 2.3).

# Proportion of participants who achieved an IOP of 21 mmHg, 17 mmHg, and 14 mmHg or less

We extracted the proportion of participants achieving IOP < 21 mmHg, which was high for both the Hydrus microstent (91.8%) and the iStent trabecular micro-bypass stent (84%); no evidence of difference was found (RR: 1.09, 95% CI 0.97 to 1.23; 1 study, 148 participants; low-certainty of evidence, due to risk of bias and imprecision; Analysis 2.4).

# Proportion of participants who required further glaucoma surgery, including laser, as recorded by the investigators of the included trial

None of the 74 participants with the Hydrus microstent needed further surgery compared to 2 out of 76 with the iStent trabecular micro-bypass stent. We did not conduct a formal comparison due to sparse data.

# Rate of visual field progression (dB/time) or proportion of participants whose field loss progressed in the follow-up period

There were no data for this outcome.

# Mean change in health-related quality of life

There were no data for this outcome.

# Proportion of participants experiencing intra- and postoperative complications

Few adverse events were seen in either group in COMPARE 2019. The Hydrus microstent group reported 2/74 cases of VA loss of 2 or more lines and 3/74 IOP spikes > 10 mmHg, while the iStent trabecular micro-bypass stent group reported 1/76 cases of VA loss of 2 or more lines, and 4/76 IOP spikes > 10 mmHg. There were no cases of bleeding or endophthalmitis in either group. We did not conduct a formal comparison due to sparse data.

#### DISCUSSION

#### Summary of main results

We found moderate-certainty evidence at short- and mediumterm follow-up that in people with cataracts and mainly mild or moderate open angle glaucoma (OAG), which was often wellcontrolled with medication, the Hydrus microstent combined with cataract surgery may increase the proportion of people who are medication-free, and decrease the average unmedicated intraocular pressure (IOP) by about 2 mmHg compared to cataract surgery alone. We found low-certainty evidence that the Hydrus microstent may also decrease the number of medications and the need for secondary glaucoma surgery, without increasing postoperative complications.

We found low-certainty evidence from a single trial that compared to the insertion of the iStent trabecular micro-bypass stent, the Hydrus microstent may increase the proportion of medication-free participants from about a quarter to about a half, and moderatecertainty evidence that the Hydrus microstent may further reduce the unmedicated IOP by about 3 mmHg, while decreasing the number of medications. Participants included in this study were also often affected by medically-controlled, mild or moderate glaucoma.

# **Overall completeness and applicability of evidence**

Because we only included three studies, with specific inclusion criteria, the results of our review may not be applicable to different glaucoma populations, especially to people with medically uncontrolled or severe glaucoma. Furthermore, the included studies did not provide data on long-term efficacy, or visual field progression.

# Quality of the evidence

The certainty of the evidence was generally moderate or low, due to risk of bias and imprecision of many of the estimates. Risk of bias was also due to lack of masking of the treating physician and outcome assessor, which could influence the decision to prescribe medications or further surgery. Finally, we remark that unmedicated IOP is a measure of efficacy with respect to medicated IOP, as measured in practice, which is a measure of effectiveness. As stated in the 'Effects of interventions' section, we expected the difference in medicated IOP to be smaller between intervention groups, because the number of medications during follow-up was higher in the control group, due to the fact that more eye drops are used when target IOP is not achieved.



The protocol for this review aimed to include studies on participants with medically uncontrolled OAG (Otarola 2017). However, all trials were conducted on a mixed population, including many participants with mild to moderate medically controlled OAG. We did not downgrade the certainty of the evidence for indirectness, since this evidence was still useful to evaluate the efficacy and safety of ab interno trabecular bypass surgery with a Hydrus microstent in people with OAG. Of interest, a posthoc analysis of HORIZON 2018 was conducted on data from the USA sites (about 60% of the total sample size), which found that unmedicated IOP reduction was achieved, and was possibly greater in participants with a baseline IOP over 26 mmHg, compared to 24 mmHg or less.

All studies obtained visual field testing at baseline, but this was not reported at one or two years.

# Potential biases in the review process

Our literature search was systematic, and we contacted the authors of the included studies to obtain additional information, which is still outstanding. However, we decided to publish the review with the available published evidence, and will update it when further data are received from authors and study sponsors.

# Agreements and disagreements with other studies or reviews

Lavia 2017 and Agrawal 2018 conducted systematic reviews on several minimally-invasive glaucoma surgery (MIGS) devices, which included both randomised and non-randomised studies. Both reviews included Pfeiffer 2015 and concluded that insufficient evidence from RCTs was available on the Hydrus microstent.

# AUTHORS' CONCLUSIONS

# Implications for practice

When added to cataract surgery, the Hydrus microstent may improve the intraocular pressure (IOP)-lowering effect of cataract surgery alone, and increase the proportion of participants who are medication-free from one half to about three quarters. However, short- and medium-term data were available from only two studies, which did not report on IOP change with eye drops, as is done in practice. The Hydrus microstent is more effective than the implantation of two iStent trabecular bypass stents. Few complications were found with the Hydrus microstent, but events were rare and their frequency was not precisely estimated. All included studies were sponsored by the Hydrus manufacturer Ivantis Inc.

This evidence was obtained from a mixed population of participants with mild or moderate open angle glaucoma (OAG), medically controlled OAG; its applicability to selected participants with severe or uncontrolled OAG should be further investigated.

#### Implications for research

More studies are needed: in different populations, with direct comparisons to medical treatment and selective laser trabeculoplasty, and between minimally-invasive glaucoma surgery devices. Studies should report medicated IOP change. Studies should be conducted for the long-term, and selectively in participants with medically uncontrolled glaucoma. Although little short- and medium-term visual field changes are expected in mild to moderate OAG, visual field testing should be reported as an outcome measure and results made available.

# ACKNOWLEDGEMENTS

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We thank the members of the MIGS Consortium for their input in this review.



# REFERENCES

# **References to studies included in this review**

### COMPARE 2019 {published data only}

\* Ahmed IIK, Fea A, Au L, Ang RE, Harasymowycz P, Jampel H, et al. A prospective randomized trial comparing Hydrus and iStent micro-invasive glaucoma surgery implants for standalone treatment of open-angle glaucoma: the COMPARE Study. *Ophthalmology* 2019;**18**:S0161-6420.

#### HORIZON 2018 {published data only}

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\* Indicates the major publication for the study

# CHARACTERISTICS OF STUDIES

# **Characteristics of included studies** [ordered by study ID]

#### **COMPARE 2019**

Methods	Study design: parallel, multicentre, single-masked (participant), randomised controlled trial
	Unit of randomisation: participant
Participants	Country: conducted at 12 sites in the United States and 8 international sites
	Total number of participants enrolled: 152 participants (152 eyes) Total number of participants randomised: 152
	Number of men and women: women 54.7% (Hydrus group), 58.4% (iStent group)
	Age range: men: 66.9, SD 10 (Hydrus group), 66.5, SD 9.5 (iStent group)
	Inclusion criteria:
	<ul> <li>Phakic or pseudophakic</li> <li>A diagnosis of POAG treated with hypotensive medications</li> <li>Medicated IOP ≤ 31 mmHg</li> <li>Diurnal IOP ≥ 23 mmHg and ≤ 39 mmHg</li> </ul>
	Exclusion criteria:
	<ul> <li>Congenital or developmental glaucoma</li> <li>Previous trabeculectomy or other glaucoma procedure, argon laser trabeculoplasty</li> <li>Ab interno or ab externo device implanted in or through Schlemm's canal</li> <li>Use of oral hypotensive medication for glaucoma for treatment of fellow eye</li> </ul>
Interventions	Intervention: Hydrus microstent (N = 75) Comparator: iStent (n.2) trabecular micro-bypass stent (N = 77)
Outcomes	<b>Primary outcome</b> Proportion of participants unmedicated at 12 months following surgery (taken from ClinicalTrials.Go
	Secondary outcomes



COMPARE 2019 (Continued)

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	<ul> <li>Mean change in unr participants)</li> </ul>	nedicated IOP from baseline to 12 months (wash-out was not possible for some
	Mean medication us	se at 12 and 24 months post procedure
	-	fined as freedom from secondary surgery, IOP 18 mmHg or less, and discontinua- potensive medications (taken from report)
	Zeiss Meditech, Jen	ising the 24-2 SITA standard strategy using a Humphrey Visual Field Analyzer (Carl a, Germany) was collected at baseline, 3 and 12 months, but not listed as an out- inicalTrials.Gov and in the published article.
	Safety outcomes	
	Intraoperative comp	plications
	Observed rate of oct	ular adverse events
	Length of follow up: 1	2 months
Notes	Date conducted: Parti	cipants were randomised from March 2013 to May 2015.
	Funding source: Study	r sponsored by Ivantis, Inc., Irvine, California
	<b>Declaration of interes</b> Ivantis Inc., as well as c	<b>:t:</b> several study authors had received honoraria, grants, consulting fees from other companies.
	Trial ID: NCT02023242	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Quote: "The allocation was determined by a computer generated sequence stratified by site and prepared in advance by the study statistician in order to provide balanced study groups"
Allocation concealment (selection bias)	Low risk	Quote: "Randomization was performed in the operating room by opening a se- quentially numbered envelope"
		Comment: not enough details on how the process was managed.
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Participants were masked

# HORIZON 2018

Blinding of outcome assessment (detection bias)

Incomplete outcome data

Selective reporting (re-

All outcomes

(attrition bias) All outcomes

porting bias)

Methods	Study design: parallel, multicentre, single-masked (participant), randomised controlled trial

but not reported.

Quote: "the investigator at each study site was not masked to treatment ran-

There appears to be no major difference between the published report and de-

tails on the protocol in Clinical Trials.gov; however, visual field was obtained

domization during follow-up examinations."

Two participants were lost in each group

Ab interno trabecular bypass surgery with Schlemm 's canal microstent (Hydrus) for open angle glaucoma (Review) Copyright © 2020 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

High risk

Low risk

Low risk



<b>IORIZON 2018</b> (Continued)	Unit of randomisation: participant
Participants	Country: conducted at 26 sites in the United States and 12 international sites
	Total number of participants enrolled: 1143 Total number of participants randomised: 556 participants (556 eyes)
	Number (%) of men and women: women 55.8 (intervention group), 56.1 (comparator group)
	Age range: mean 71.1, SD 7.9 (intervention group), 71.2, SD 7.6 (comparator group)
	Inclusion criteria:
	<ul> <li>An operable age-related cataract</li> <li>A diagnosis of POAG treated with 1 to 4 hypotensive medications</li> <li>Medicated IOP ≤ 31 mmHg</li> <li>Diurnal IOP ≥ 22 mmHg and ≤ 34 mmHg</li> </ul>
	Exclusion criteria:
	<ul> <li>Congenital or developmental glaucoma</li> <li>Previous argon laser trabeculoplasty</li> <li>Ab interno or ab externo device implanted in or through Schlemm's canal</li> <li>Use of oral hypotensive medication for glaucoma for treatment of fellow eye</li> </ul>
Interventions	Intervention: Hydrus microstent + CS with phacoemulsification (N = 369) Comparator: CS with phacoemulsification only (N = 187)
Outcomes	Primary outcome
	<ul> <li>Proportion of eyes at 24 months with unmedicated mean MDIOP reduction ≥ 20% compared with baseline (taken from study report)</li> </ul>
	Secondary outcomes
	<ul> <li>Mean change in unmedicated MDIOP from baseline to 24 months</li> <li>Changes in mean medication count per participant between baseline and 24 months follow-up.</li> <li>Proportion of eye medication free at each visit.</li> </ul>
	Safety outcomes
	<ul><li>Intraoperative complications</li><li>Observed rate of ocular adverse events</li></ul>
	Length of follow up: 24 months
	Adverse events reported: Yes
Notes	<b>Date conducted:</b> Participants "were assessed for study eligibility between February 2012 and April 2015". Study first completion date was June 2017
	Sources of funding: Study sponsored by Ivantis, Inc., Irvine, California
	<b>Declaration of interest:</b> Several study authors had received honoraria, grants, consulting fees from Ivantis Inc., as well as other companies.
	Trial ID: NCT01539239
Risk of bias	
Bias	Authors' judgement Support for judgement

# HORIZON 2018 (Continued)

Random sequence genera- tion (selection bias)	Low risk	"Upon confirmation, eyes were randomized to either Hydrus Microstent im- plantation (HMS group) or no microstent implantation (NMS group) using an online computer algorithm in a 2:1 allocation ratio."
Allocation concealment (selection bias)	Low risk	"Upon confirmation, eyes were randomized to either Hydrus Microstent im- plantation (HMS group) or no microstent implantation (NMS group) using an online computer algorithm in a 2:1 allocation ratio."
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	"Study subjects remained masked to treatment assignment throughout the course of the study."
Blinding of outcome as- sessment (detection bias) All outcomes	Unclear risk	"The tonometry protocol utilized a 2-person method: an observer and a reader who was masked to study treatment." "Despite multiple measures to minimize bias, it was not possible to mask the surgeon to treatment group during postoperative examinations."
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	"After accounting for the randomization ratio and 10% annual attrition, the study size was calculated to be 558 subjects." 556 participants were randomized (so trial investigators did try to avoid attri- tion bias). 3% were lost to follow-up and 2% died or could not return owing to non-study-related critical illness. No details given on losses in each study arm or methods used to account for missing data.
Selective reporting (re- porting bias)	Unclear risk	There appears to be no major differences between the published report and details on the protocol in ClinicalTrials.gov; however, worsening of visual field was not listed as an outcome measure, but was obtained since visual field loss by 2.5 dB or more was reported as an adverse event (4.3% for Hydrus and 5.3% for iStent).

#### Pfeiffer 2015

Methods	Study design: Parallel, multicentre, randomised, single-masked (participant), controlled clinical trial
	Unit of randomisation: participant
	Only 1 eye per participant was eligible for treatment, although both eyes could be screened for inclu- sion.
	"Before surgery, participants were washed out of all hypotensive medications in the study eye for a variable period, depending on the class of medication in use at the time of screening. The washout protocol is described in the Ocular Hypertension Treatment Study. At the completion of the washout, a preoperative baseline diurnal IOP (DIOP) value was obtained by averaging 3 Goldmann tonometry measurements obtained 4 hours apart between 8AM and 4PM. The tonometry protocol used a 2-person system (an observer and a reader), and 2 readings were obtained at each time point during the day. If the difference in the 2 measurements was more than 2 mmHg, a third measurement was obtained. The average of 2 measurements or the median value of 3 was used for the time point, and the average of the IOP measurements at all 3 time points was the mean DIOP. The DIOP value was required to be between 21 and 36 mmHg for study inclusion."
Participants	Country: study conducted at 7 European sites: Germany, Spain, the Netherlands, Italy
	Total number of participants randomised: N = 100
	Number of men and women: 40% men (intervention Group), 58% (comparator group).



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Pfeiffer 2015 (Continued)	
(,	<b>Average age and age range:</b> 21 to 80 years old; mean 72.8, SD 6.6 (intervention group); 71.5, SD 6.9 (comparator group)
	<b>Inclusion criteria:</b> People with concurrent cataract and open-angle glaucoma ("IOP of 24 mmHg or less with no more than 4 hypotensive medications, Shaffer grade III or IV chamber angle in all quad-rants and Humphrey visual field changes characteristic of glaucoma or glaucomatous optic nerve damage confirmed by ophthalmoscopy and nerve fiber layer imaging").
	<b>Exclusion criteria:</b> "Clinical exclusion criteria included angle-closure glaucoma, secondary glaucomas except pseudoexfoliation or pigment dispersion syndromes, exudative age-related macular degeneration (AMD), proliferative diabetic retinopathy, or significant risk of glaucomatous vision loss because of washout of IOP-lowering medications. Anatomic exclusion criteria were narrow angle or other angle abnormality visible on gonioscopy, central corneal thickness of less than 480 mm or more than 620 mm, or clinically significant corneal dystrophy. participants with prior corneal surgery, argon laser trabeculoplasty, cycloablation, or any incisional glaucoma procedure, such as trabeculectomy, tube shunts, deep sclerectomy, or canaloplasty, also were excluded."
Interventions	<b>Intervention:</b> Hydrus microstent + CS with phacoemulsification (Hydrus + CS) N = 50 <b>Comparator:</b> CS with phacoemulsification (CS) only N = 50
Outcomes	Primary outcome
	• Proportion of participants with a 20% or more reduction in mean washed-out diurnal IOP at 12 and 24 months.
	Secondary outcomes
	<ul> <li>Mean washed-out diurnal IOP</li> <li>Proportion of participants taking hypotensive medications</li> <li>Proporton of participants using medication throughout the follow-up period</li> <li>Number of glaucoma medications at follow-up (24 months)</li> </ul>
	Safety outcomes
	<ul> <li>Intraoperative complications</li> <li>Observed rate of ocular adverse events</li> <li>Change in visual acuity</li> <li>Secondary glaucoma surgery: 1 (Hydrus + CS), 2 (CS)</li> </ul>
	Length of follow up: 24 months
	Intervals at which outcomes assessed: Follow-up examinations were conducted per protocol at 1 day, 1 week, and 1, 3, 6, 12, 18, and 24 months.
	Loss to follow-up "Before the 12-month visit, 2 participants from the Hydrus + CS group and 1 participant from the CS group exited the study for non-health-related reasons, for a 12-month subject accountability rate of 97 (97%) of 100. Between 12 and 24 months, 4 additional participants exited from the study: 1 participant died of cardiac disease, 1 participant developed lung cancer, 1 declined further participation after secondary glaucoma surgery, and 1 participant was lost to follow-up, all in the CS group, for a 24-month accountability rate of 93 (93%) of 100."
	Adverse events reported: Yes
Notes	Date conducted: Participants randomised to the study from July 2011 to April 2012
	Sources of funding: Study sponsored by Ivantis, Inc., Irvine, California
	<b>Declaration of interest:</b> The trial investigators have declared their financial disclosures in the trial report including financial support from Ivantis Inc.; Transcend; Glaukos, Innfocus and Alcon.
	Trial registration: NCT01818115



# Pfeiffer 2015 (Continued)

# **Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Quote: " were assigned randomly in a 1:1 ratio according to a comput- er-generated listing just before surgery"
Allocation concealment (selection bias)	Low risk	Quote: " were assigned randomly in a 1:1 ratio according to a comput- er-generated listing just before surgery"
Blinding of participants and personnel (perfor-	Low risk	Quote: "Subjects remained masked to treatment assignment for the course of the study."
mance bias) All outcomes		Comment: Single-masked study where the personnel were not masked.
Blinding of outcome as- sessment (detection bias) All outcomes	High risk	"Masking the surgeon to the assigned treatment was not possible, and be- cause the microstent is visible on the slit lamp with gonioscopic examination, masking the treatment group from the IOP assessor during follow-up visits al- so was not possible."
Incomplete outcome data (attrition bias) All outcomes	Low risk	All participants lost to follow-up were accounted for.
Selective reporting (re- porting bias)	Low risk	Outcomes match those reported on ClinicalTrials.gov; however, Humphrey vi- sual field was collected but not listed as an outcome measure and not report- ed in the manuscript.

CS: cataract surgery IOP: intraocular pressure MDIOP: modified diurnal intraocular pressure POAG: primary angle glaucoma

# Characteristics of studies awaiting assessment [ordered by study ID]

# Altafini 2014

Methods	Randomised controlled trial
Participants	People with cataract and open angle glaucoma
Interventions	Micro incision cataract surgery (MICS) phaco with Express P50 implant under scleral flap MICS safe-phacotrabeculectomy
	Phacoemulsification with the new trabecular stent (Hydrus) implant
Outcomes	Endothelial cell loss
Notes	Authors have been contacted but no response as yet

# Characteristics of ongoing studies [ordered by study ID]



# NCT02024464

Trial name or title	A prospective, multicenter, randomized comparison of the Hydrus microstent to the iStent for low- ering intraocular pressure in glaucoma patients undergoing cataract surgery
Methods	Randomised, parallel assignment, single-masked (participant)
Participants	Listed locations: United States
	Total number of participants enrolled: 300
	Age: 21 years and older
	Inclusion Criteria:
	<ul> <li>A diagnosis of primary open angle glaucoma (POAG), Pseudoexfoliative (PXG) glaucoma, or pig- mentary dispersion glaucoma (PDG)</li> </ul>
	• An operable age-related cataract with BCVA of 20/40 or worse, eligible for phacoemulsification
	Exclusion Criteria:
	<ul><li>Forms of primary or secondary glaucoma not listed above</li><li>Prior glaucoma surgery in the study eye</li></ul>
Interventions	Intervention: Hydrus microstent
	Comparator: iStent trabecular micro-bypass stent
Outcomes	Primary outcome (current): IOP at 24 months following surgery Primary outcome (original): IOP at 12 months following surgery
	Secondary outcome (current): proportion of eyes with IOP greater than 5 and less than or equal to 19 mmHg at 24 months
	Secondary outcome (original): proportion of participants requiring supplemental medication for pressure control at 12 months
	Other outcomes (current): loss of BCVA at 24 months
	Other outcomes (original):
	1. Proportion of eyes with IOP greater than 5 and less than or equal to 19 mmHg at 12 months
	2. Loss of BCVA at 12 months
Starting date	August 2011 Estimated primary completion date: April 2018 (Final data collection date for primary outcome measure)
Contact information	Principal investigator: Iqbal K Ahmed, Canada
Notes	Sponsor: Ivantis Inc.

BCVA: best-corrected visual acuity IOP: intraocular pressure

# DATA AND ANALYSES

# Comparison 1. Cataract surgery + Hydrus microstent vs cataract surgery (CS) alone

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Proportion drop-free: short-term (6 to 18 months)	2	639	Risk Ratio (M-H, Fixed, 95% CI)	1.59 [1.39, 1.83]
2 Proportion drop-free: medium-term (18 to 36 months)	2	619	Risk Ratio (M-H, Fixed, 95% CI)	1.63 [1.40, 1.88]
3 Mean change in IOP measured using Gold- mann applanation tonometry: medium-term (18 to 36 months)	2	619	Mean Difference (IV, Fixed, 95% CI)	-2.0 [-2.69, -1.31]
4 Mean change in IOP-lowering drops instilled per day: medium-term (18 to 36 months)	2	619	Mean Difference (IV, Fixed, 95% CI)	-0.41 [-0.56, -0.27]
5 Proportion of participants requiring addi- tional glaucoma surgery or laser	2	653	Risk Ratio (M-H, Fixed, 95% CI)	0.17 [0.03, 0.86]
6 Adverse events: loss of 2+ VA lines	2	653	Risk Ratio (M-H, Fixed, 95% CI)	0.46 [0.14, 1.50]
7 Adverse events: IOP spike > 10 mmHg	2	653	Risk Ratio (M-H, Fixed, 95% CI)	0.39 [0.12, 1.24]
8 Adverse events: bleeding	2		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed

# Analysis 1.1. Comparison 1 Cataract surgery + Hydrus microstent vs cataract surgery (CS) alone, Outcome 1 Proportion drop-free: short-term (6 to 18 months).

Study or subgroup	Hydrus + CS	Cataract surgery (CS)	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% CI		M-H, Fixed, 95% CI
HORIZON 2018	291/360	93/182		84.44%	1.58[1.36,1.84]
Pfeiffer 2015	37/48	23/49		15.56%	1.64[1.17,2.3]
Total (95% CI)	408	231	•	100%	1.59[1.39,1.83]
Total events: 328 (Hydrus + C	S), 116 (Cataract surgery (CS)	))			
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =	0.04, df=1(P=0.84); I <sup>2</sup> =0%				
Test for overall effect: Z=6.62	(P<0.0001)				
		Favours CS alone	0.5 0.7 1 1.5 2	Eavours CS+Hvdrus	

Favours CS alone 0.5 0.7 1 1.5 2 Favo

#### Favours CS+Hydrus

# Analysis 1.2. Comparison 1 Cataract surgery + Hydrus microstent vs cataract surgery (CS) alone, Outcome 2 Proportion drop-free: medium-term (18 to 36 months).

Study or subgroup	Hydrus + CS	Cataract surgery (CS)	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% CI		M-H, Fixed, 95% CI
HORIZON 2018	273/351	85/178	<b></b> _	83.72%	1.63[1.38,1.92]
	F	avours CS alone	0.5 0.7 1 1.5 2	Favours CS + Hydrus	



Study or subgroup	Hydrus + CS	Cataract surgery (CS)	Risk R	atio	Weight	Risk Ratio
	n/N	n/N	M-H, Fixed	l, 95% CI		M-H, Fixed, 95% CI
Pfeiffer 2015	37/47	21/43			16.28%	1.61[1.15,2.26]
Total (95% CI)	398	221		•	100%	1.63[1.4,1.88]
Total events: 310 (Hydrus + C	S), 106 (Cataract surgery (CS)	)				
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =	0, df=1(P=0.96); I <sup>2</sup> =0%					
Test for overall effect: Z=6.45	(P<0.0001)				_	
		Favours CS alone	0.5 0.7 1	1.5 2	Favours CS + Hydrus	

Analysis 1.3. Comparison 1 Cataract surgery + Hydrus microstent vs cataract surgery (CS) alone, Outcome 3 Mean change in IOP measured using Goldmann applanation tonometry: medium-term (18 to 36 months).

Study or subgroup	Нус	drus + CS		ataract gery (CS)		Mea	n Differe	nce		Weight	Mean Difference
	Ν	Mean(SD)	Ν	Mean(SD)		Fix		CI			Fixed, 95% CI
HORIZON 2018	351	-7.6 (4.2)	178	-5.6 (4.2)			+			84.02%	-2[-2.76,-1.24]
Pfeiffer 2015	47	-9.4 (4.2)	43	-7.4 (4.2)		_	•			15.98%	-2[-3.74,-0.26]
Total ***	398		221				•			100%	-2[-2.69,-1.31]
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =	=0, df=1(P=1); l <sup>2</sup> =0	0%									
Test for overall effect: Z=5.65	6(P<0.0001)										
			Favour	s CS + Hydrus	-10	-5	0	5	10	Favours CS alo	ne

# Analysis 1.4. Comparison 1 Cataract surgery + Hydrus microstent vs cataract surgery (CS) alone, Outcome 4 Mean change in IOP-lowering drops instilled per day: medium-term (18 to 36 months).

Study or subgroup	Hydrus + CS		Cataract surgery (CS)		Mean Difference			Weight	Mean Difference	
	N	Mean(SD)	Ν	Mean(SD)		Fix	ed, 95% CI			Fixed, 95% CI
HORIZON 2018	351	0.3 (0.8)	178	0.7 (0.9)					87.48%	-0.4[-0.56,-0.24]
Pfeiffer 2015	47	0.5 (1)	43	1 (1)		+	<u> </u>		12.52%	-0.5[-0.91,-0.09]
Total ***	398		221			•			100%	-0.41[-0.56,-0.27]
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =	0.2, df=1(P=0.66	); I <sup>2</sup> =0%								
Test for overall effect: Z=5.52	(P<0.0001)									
			Favour	rs CS + Hydrus	-1	-0.5	0 0.5	1	Favours CS al	one

# Analysis 1.5. Comparison 1 Cataract surgery + Hydrus microstent vs cataract surgery (CS) alone, Outcome 5 Proportion of participants requiring additional glaucoma surgery or laser.

Study or subgroup	Hydrus + CS	Cataract surgery (CS)	Risk Ratio				Weight	Risk Ratio
	n/N	n/N	1	M-H, Fixed, 95	5% CI			M-H, Fixed, 95% CI
HORIZON 2018	0/369	4/187					75.09%	0.06[0,1.04]
Pfeiffer 2015	1/48	2/49					24.91%	0.51[0.05,5.45]
	Favo	urs CS + Hydrus	0.01 0.3	1 1	10	100	Favours CS alone	



Study or subgroup	Hydrus + CS	Cataract surgery (CS)		I	Risk Rati	D		Weight	Risk Ratio
	n/N	n/N		М-Н,	Fixed, 9	5% CI			M-H, Fixed, 95% CI
Total (95% CI)	417	236						100%	0.17[0.03,0.86]
Total events: 1 (Hydrus + CS)	, 6 (Cataract surgery (CS))								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =	1.38, df=1(P=0.24); l <sup>2</sup> =27.480	%							
Test for overall effect: Z=2.14	(P=0.03)								
	Fa	vours CS + Hvdrus	0.01	0.1	1	10	100	Favours CS alone	

Favours CS + Hydrus Favours CS alone

# Analysis 1.6. Comparison 1 Cataract surgery + Hydrus microstent vs cataract surgery (CS) alone, Outcome 6 Adverse events: loss of 2+ VA lines.

Study or subgroup	Hydrus + CS	Cataract surgery (CS)		Risk Ratio			Weight	Risk Ratio
	n/N	n/N		M-H, Fixed, 95%	CI			M-H, Fixed, 95% Cl
HORIZON 2018	5/369	3/187					47.2%	0.84[0.2,3.5]
Pfeiffer 2015	0/48	4/49	←				52.8%	0.11[0.01,2.05]
Total (95% CI)	417	236					100%	0.46[0.14,1.5]
Total events: 5 (Hydrus + CS),	7 (Cataract surgery (CS))							
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =1	.61, df=1(P=0.21); I <sup>2</sup> =37.71%							
Test for overall effect: Z=1.29(I	P=0.2)							
	Fav	ours CS + Hydrus	0.01	0.1 1	10	100	Favours CS alone	

# Analysis 1.7. Comparison 1 Cataract surgery + Hydrus microstent vs cataract surgery (CS) alone, Outcome 7 Adverse events: IOP spike > 10 mmHg.

Study or subgroup	Hydrus + CS	Cataract surgery (CS)	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% CI		M-H, Fixed, 95% CI
HORIZON 2018	2/369	5/187		77.03%	0.2[0.04,1.03]
Pfeiffer 2015	2/48	2/49		22.97%	1.02[0.15,6.96]
Total (95% CI)	417	236		100%	0.39[0.12,1.24]
Total events: 4 (Hydrus + CS),	7 (Cataract surgery (CS))				
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =3	1.58, df=1(P=0.21); I <sup>2</sup> =36.88%	b			
Test for overall effect: Z=1.6(F	P=0.11)				
	Fay	Jours CS + Hydrus 0.01	0.1 1 10	100 Eavours CS alone	

Favours CS + Hydrus Favours CS alone

# Analysis 1.8. Comparison 1 Cataract surgery + Hydrus microstent vs cataract surgery (CS) alone, Outcome 8 Adverse events: bleeding.

Study or subgroup	Hydrus + CS	Cataract surgery (CS)			Risk Ratio	1		<b>Risk Ratio</b>
	n/N	n/N		M-H	Fixed, 95	% CI		M-H, Fixed, 95% Cl
HORIZON 2018	2/369	1/187						1.01[0.09,11.11]
Pfeiffer 2015	0/48	0/49						Not estimable
		Favours CS + Hydrus	0.01	0.1	1	10	100	Favours CS alone



# Comparison 2. Hydrus microstent vs iStent trabecular micro-bypass stent

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Proportion drop-free: short-term (6 to 18 months)	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed
2 Mean change in IOP measured using Gold- mann applanation tonometry: short-term (6 to 18 months)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not select- ed
3 Mean change in IOP-lowering drops instilled per day: short-term (6 to 18 months)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not select- ed
4 Proportion of participants with IOP < 21 mmHg	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed

# Analysis 2.1. Comparison 2 Hydrus microstent vs iStent trabecular microbypass stent, Outcome 1 Proportion drop-free: short-term (6 to 18 months).

Study or subgroup	Hydrus	iStent	Risk Ratio	<b>Risk Ratio</b>
	n/N	n/N	M-H, Fixed, 95% Cl	M-H, Fixed, 95% Cl
COMPARE 2019	34/73	18/75		1.94[1.21,3.11]
		Favours iStent	0.5 0.7 1 1.5 2	Favours Hydrus

# Analysis 2.2. Comparison 2 Hydrus microstent vs iStent trabecular micro-bypass stent, Outcome 2 Mean change in IOP measured using Goldmann applanation tonometry: short-term (6 to 18 months).

Study or subgroup		Hydrus		iStent		Меа	n Differ	ence		Mean Difference
	N	Mean(SD)	Ν	Mean(SD)		Fix	ed, 95%	CI		Fixed, 95% CI
COMPARE 2019	73	-8.2 (3.7)	75	-5.1 (2.9)		_ <del>_ +</del>	-			-3.1[-4.17,-2.03]
				Favours Hydrus	-10	-5	0	5	10	Favours iStent

# Analysis 2.3. Comparison 2 Hydrus microstent vs iStent trabecular micro-bypass stent, Outcome 3 Mean change in IOP-lowering drops instilled per day: short-term (6 to 18 months).

Study or subgroup	I	Hydrus		iStent		Mea	n Differe	ence		Mean Difference
	N	Mean(SD)	N	Mean(SD)		Fix	ed, 95%	CI		Fixed, 95% CI
COMPARE 2019	73	-1.6 (1.2)	75	-1 (1.2)						-0.6[-0.99,-0.21]
				Favours Hydrus	-1	-0.5	0	0.5	1	Favours iStent

# Analysis 2.4. Comparison 2 Hydrus microstent vs iStent trabecular microbypass stent, Outcome 4 Proportion of participants with IOP < 21 mmHg.

Study or subgroup	Hydrus	iStent	Risk Ratio	<b>Risk Ratio</b>
	n/N	n/N	M-H, Fixed, 95% CI	M-H, Fixed, 95% Cl
COMPARE 2019	67/73	63/75	++-	1.09[0.97,1.23]
		Favours iStent	0.5 0.7 1 1.5 2	Favours Hydrus

# APPENDICES

# Appendix 1. CENTRAL search strategy

#1 MeSH descriptor: [Glaucoma, Open-Angle] explode all trees #2 MeSH descriptor: [Intraocular Pressure] explode all trees #3 MeSH descriptor: [Ocular Hypertension] explode all trees #4 OAG or POAG or IOP or OHT #5 simple near/3 glaucoma\* #6 open near/2 angle near/2 glaucoma\* #7 chronic near/2 glaucoma\* #8 secondary near/2 glaucoma\* #9 low near/2 tension near/2 glaucoma\* #10 low near/2 pressure near/2 glaucoma\* #11 normal near/2 tension near/2 glaucoma\* #12 normal near/2 pressure near/2 glaucoma\* #13 pigment near/2 glaucoma\* #14 MeSH descriptor: [Exfoliation Syndrome] this term only #15 exfoliat\* near/2 syndrome\* #16 exfoliat\* near/2 glaucoma\* #17 pseudoexfoliat\* near/2 syndrome\* #18p seudoexfoliat\* near/2 glaucoma\* #19 #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 #20 Schlemm\* near/4 (microstent\* or scaffold\*) #21Hydrus #22 #20 or #21 #23 #19 and #22

# **Appendix 2. MEDLINE Ovid search strategy**

- 1. randomized controlled trial.pt.
- 2. (randomized or randomised).ab,ti.
- 3. placebo.ab,ti.
- 4. dt.fs.
- 5. randomly.ab,ti.
- 6. trial.ab,ti.
- 7. groups.ab,ti.
- 8. or/1-7
- 9. exp animals/
- 10. exp humans/
- 11. 9 not (9 and 10)
- 12. 8 not 11
- 13. exp glaucoma open angle/
- 14. exp intraocular pressure/
- 15. ocular hypertension/
- 16. (OAG or POAG or IOP or OHT).tw.
- 17. (simple\$ adj3 glaucoma\$).tw.
- 18. (open adj2 angle adj2 glaucoma\$).tw.
- 19. (primary adj2 glaucoma\$).tw.
- 20. (chronic adj2 glaucoma\$).tw.

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- 21. (secondary adj2 glaucoma\$).tw.
- 22. (low adj2 tension adj2 glaucoma\$).tw.
- 23. (low adj2 pressure adj2 glaucoma\$).tw.
- 24. (normal adj2 tension adj2 glaucoma\$).tw.
- 25. (normal adj2 pressure adj2 glaucoma\$).tw.
- 26. (pigment\$ adj2 glaucoma\$).tw.
- 27. exfoliation syndrome/
- 28. (exfoliat\$ adj2 syndrome\$).tw.
- 29. (exfoliat\$ adj2 glaucoma\$).tw.
- 30. (pseudoexfoliat\$ adj2 syndrome\$).tw.
- 31. (pseudoexfoliat\$ adj2 glaucoma\$).tw.
- 32. or/13-31
- 33. (Schlemm\$ adj4 (microstent\$ or scaffold\$)).tw.
- 34. Hydrus.tw.
- 35. or/33-34
- 36. 32 and 35
- 37. 12 and 36

The search filter for trials at the beginning of the MEDLINE strategy is from the published paper by Glanville 2006.

# Appendix 3. Embase Ovid search strategy

1. exp randomized controlled trial/ 2. exp randomization/ 3. exp double blind procedure/ 4. exp single blind procedure/ 5. random\$.tw. 6. or/1-5 7. (animal or animal experiment).sh. 8. human.sh. 9.7 and 8 10.7 not 9 11. 6 not 10 12. exp clinical trial/ 13. (clin\$ adj3 trial\$).tw. 14. ((singl\$ or doubl\$ or trebl\$ or tripl\$) adj3 (blind\$ or mask\$)).tw. 15. exp placebo/ 16. placebo\$.tw. 17. random\$.tw. 18. exp experimental design/ 19. exp crossover procedure/ 20. exp control group/ 21. exp latin square design/ 22. or/12-21 23. 22 not 10 24. 23 not 11 25. exp comparative study/ 26. exp evaluation/ 27. exp prospective study/ 28. (control\$ or prospectiv\$ or volunteer\$).tw. 29. or/25-28 30. 29 not 10 31. 30 not (11 or 23) 32. 11 or 24 or 31 33. open angle glaucoma/ 34. intraocular pressure/ 35. intraocular hypertension/ 36. (OAG or POAG or IOP or OHT).tw. 37. (open adj2 angle adj2 glaucoma\$).tw. 38. (primary adj2 glaucoma\$).tw. 39. (chronic adj2 glaucoma\$).tw. 40. (secondary adj2 glaucoma\$).tw.

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- 41. (low adj2 tension adj2 glaucoma\$).tw.
- 42. (low adj2 pressure adj2 glaucoma\$).tw.
- 43. (normal adj2 tension adj2 glaucoma\$).tw.
- 44. (normal adj2 pressure adj2 glaucoma\$).tw.
- 45. (pigment\$ adj2 glaucoma\$).tw.
- 46. exfoliation syndrome/
- 47. (exfoliat\$ adj2 syndrome\$).tw.
- 48. (exfoliat\$ adj2 glaucoma\$).tw.
- 49. (pseudoexfoliat\$ adj2 syndrome\$).tw.
- 50. (pseudoexfoliat\$ adj2 glaucoma\$).tw.
- 51. or/33-50
- 52. (Schlemm\$ adj4 (microstent\$ or scaffold\$)).tw.
- 53. Hydrus.tw.
- 54. 52 or 53
- 55. 51 and 54
- 56. 32 and 55

# **Appendix 4. ISRCTN search strategy**

(Schlemms canal microstent OR Schlemms canal scaffold OR HYDRUS)

# Appendix 5. ClinicalTrials.gov search strategy

(Schlemms canal microstent OR Schlemms canal scaffold OR HYDRUS)

# **Appendix 6. WHO ICTRP search strategy**

Schlemms canal microstent OR Schlemms canal scaffold OR HYDRUS

# Appendix 7. Data on study characteristics

Mandatory items		Optional items		
Methods				
Study design	· Parallel group RCT i.e. people randomised to treatment	Number of study arms		
	· Within-person RCT i.e. eyes randomised to treatment	Method of randomisation		
	· Cluster RCT i.e. communities randomised to treatment	Exclusions after randomisation		
	· Cross-over RCT	Losses to follow-up		
	· Other, specify	Number randomised/analysed		
Eyes	· One eye included in study, specify how eye selected	- Method of masking		
Unit of randomi- sation/ unit of analysis	• <b>Two eyes included in study, both eyes received same treatment</b> , briefly specify how analysed (best/worst/average/both and adjusted for within person correlation/both and not adjusted for within person correla-	How were missing data handled? e.g. available case analysis, impu- tation methods		
-	tion) and specify if mixture of one eye and two eyes	Reported power calculation (Y/N if yes, sample size and power		
	• <b>Two eyes included in study, eyes received different treatments,</b> <i>speci-</i> <i>fy if correct pair-matched analysis done</i>			
Participants		Unusual study design/issues		
Country	-	Setting		
		Ethnic group		
		Method of recruitment		

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(Continued)				
Total number of	This information should be collected for total study population recruited into			
participants	the study. If these data are reported for the people who were followed up on- ly, please indicate.	Equivalence of baseline charac- teristics (Y/N)		
Number (%) of men and women		Diagnostic criteria		
Average age and age range		_		
Inclusion criteria	-			
Exclusion criteria	-	-		
Interventions				
Intervention (N = )	· Number of people randomised to this group	Comparator parameters, <i>e.g.</i>		
Comparator (N = )	Intervention name	dosage of drugs		
	· Comparator name			
	$\cdot$ Specify whether phacoemulsification, or other intervention, performed at same time as intervention			
Outcomes				
Primary and sec-	· IOP at baseline	Planned/actual length of fol-		
ondary outcomes as defined in study	· IOP at follow-up	low-up		
reports	· Number of glaucoma medications at baseline			
	· Number of glaucoma medications at follow-up			
	Intraoperative complications			
	· Postoperative complications or secondary surgery			
	· Duration of follow-up			
	· Loss to follow-up			
	· Intervals at which outcomes assessed			
	Adverse events reported (Y/N)			
Notes				
Date conducted	Specify dates of recruitment of participants mm/yr to mm/yr	Full study name: (if applicable)		
Sources of funding	-	Date of publication		
Declaration of in- terest	-	Reported subgroup analyses (Y/ N)		
		Were trial investigators contact ed?		



# CONTRIBUTIONS OF AUTHORS

Francisco Otarola, Kuang Hu and Catey Bunce wrote the protocol. All authors reviewed and approved the protocol.

Francisco Otarola, Gianni Virgili, Anupa Shah, and Kuang Hu screened the search results, extracted the data from the included studies, and wrote the review. All authors reviewed and approved the review.

# DECLARATIONS OF INTEREST

FO has no conflict of interest to declare.

GV has no conflict of interest to declare.

AS has no conflict of interest to declare.

KH performs minimally-invasive glaucoma surgery. He has lectured on 'Constructing clinical trials for MIGS - the lack of evidence and what to do about it' at the Moorfields International Glaucoma Symposium 2016, sponsored by Laboratoires Thea, which is contributing an educational grant to Moorfields Eye Hospital.

CB has no conflict of interest to declare.

GG: In the last five years, GG has received travel funding, and his host organisation has received both educational and unrestricted research funding from pharmaceutical and equipment manufacturers that are involved in the treatment of glaucoma, but none that are otherwise related to (or competing with) the subject of this review.

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The views expressed in this publication are those of the authors and not necessarily those of the NIHR, NHS, or the Department of Health.

# External sources

- National Institute for Health Research (NIHR), UK.
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The views and opinions expressed therein are those of the authors and do not necessarily reflect those of the Systematic Reviews Programme, NIHR, NHS, or the Department of Health.

# DIFFERENCES BETWEEN PROTOCOL AND REVIEW

- The follow-up times for the outcomes were decided after the protocol was published.
- Two additional co-authors, A Shah and G Virgili joined the review team.
- The protocol included combination therapy with phacoemulsification as a separate comparison, and also for subgroup analysis. After discussion within the review team and MIGS Consortium, we opted to include it as a separate comparison, as this is likely to be a different indication.
- We changed the objectives and removed the restriction to the inclusion of participants with medically uncontrolled glaucoma; explanations are given in the text as appropriate.
- We added the secondary outcome: rate of visual field progression (DB/time) or proportion of participants whose field loss progressed in the follow-up period.
- In the 'Summary of findings' table, intraoperative and postoperative complications were pooled as a single outcome.