

1 How long is 3 kilometres for a butterfly? Ecological constraints and functional traits explain  
2 high mitochondrial genetic diversity between Sicily and the Italian Peninsula

3

4 Running title: Genetic differentiation across a sea strait

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26

27 Abstract

28 1. Populations inhabiting Mediterranean islands often show contrasting genetic lineages, even  
29 on islands that were connected to the mainland during glacial maxima. This pattern is  
30 generated by forces acting in historical and contemporary times. Understanding these  
31 phenomena requires comparative studies relating genetic structure, functional traits and  
32 dispersal constraints.

33 2. Using as a model the butterfly species living across the Messina strait separating Sicily  
34 from the Italian Peninsula (3 km wide), we aimed to unravel the mechanisms limiting the  
35 dispersal of matriline across a narrow sea strait and producing genetic differentiation.

36 3. We analysed the mitochondrial COI gene of 84 butterfly species out of 90 documented in  
37 Sicily and compared them with populations from the neighbouring southern Italian Peninsula  
38 (1398 sequences) and from the entire Palearctic region (8093 sequences). For each species,  
39 we regressed 13 functional traits and two ecological constraints to dispersal (winds  
40 experienced at the strait and climatic suitability) against genetic differentiation between  
41 Sicily and Italian Peninsula to understand the factors limiting dispersal.

42 4. More than a third of the species showed different haplogroups across the strait and most of  
43 them also represented endemic haplogroups for this island. One fifth of Sicilian populations  
44 (and 32.3% of endemic lineages) had their closest relatives in distant areas, instead of the  
45 neighbouring Italian Peninsula, which suggests high relictuality. Haplotype diversity was  
46 significantly explained by length of the flight period, an intrinsic phenology trait, while  
47 genetic differentiation was explained by both intrinsic traits (wingspan and degree of  
48 generalism) and contemporary local constraints (winds experienced at the strait and climatic  
49 suitability).

50 5. A relatively narrow sea strait can produce considerable differentiation among butterfly  
51 matriline and this phenomenon showed a largely deterministic fingerprint. Because of

52 unfavourable winds, populations of the less dispersive Sicilian butterflies tended to  
53 differentiate into endemic variants or to maintain relict populations. Understanding these  
54 phenomena required the integration of DNA sequences, species traits and physical constraints  
55 for a large taxon at continental scale. Future studies may reveal if the patterns here shown for  
56 mitochondrial DNA are also reflected in the nuclear genome or, alternatively, are the product  
57 of limited female dispersal.

58

59 **Keywords:** butterflies, COI differentiation, environmental constraints, dispersal, functional  
60 traits, Messina strait

## 61 **Introduction**

62

63 There is extensive evidence that most genetic divergence and speciation events arise between  
64 isolated populations (Coyne & Orr, 2004). Unsurprisingly, islands have become valuable  
65 models to study the evolutionary forces leading to the emergence of species and genetic  
66 lineages (Whittaker, Fernández-Palacios, Matthews, Borregaard, & Triantis, 2017). The  
67 degree of isolation, the age of insular systems and the dispersal capabilities of organisms are  
68 the main factors determining the characteristics of island populations (Whittaker &  
69 Fernández-Palacios, 2007). As a rule, the spectacular adaptive radiations are typical of low  
70 dispersive taxa living on highly isolated oceanic islands, while the large and less isolated  
71 continental islands usually host subsets of mainland populations and relictual elements  
72 (Whittaker & Fernández-Palacios, 2007; Whittaker, Triantis, & Ladle, 2008).

73 Contrasting with this model, in the Mediterranean region, the highly mobile butterflies often  
74 show faunistic and genetic contrasts even across narrow sea straits. There are several  
75 documented cases for the Gibraltar strait (14.3 km wide, Husemann, Schmitt, Zachos, Ulrich,  
76 & Habel, 2014; Weingartner, Wahlberg, & Nylin, 2006), for the strait of Bonifacio between  
77 Sardinia and Corsica (11 km wide, Dapporto et al., 2017; Vodă, Dapporto, Dincă, & Vila,  
78 2015b) and for the sea straits separating Sicily (3 km wide) and the smaller circum-Italian  
79 islands from the Italian mainland (Cesaroni, Lucarelli, Allori, Russo, & Sbordoni, 1994;  
80 Dapporto et al., 2017; Vodă et al., 2016, 2015b). The mechanisms limiting gene flow across  
81 relatively weak barriers compared to the dispersal capability of a given organism are still  
82 largely unknown and several contemporary factors (e.g., climatic and environmental  
83 preferences, reproductive interference, dispersal limitations and/or competitive exclusion)  
84 limit the admixture of lineages and cryptic species (Moritz et al., 2009; Pigot & Tobias, 2013,  
85 2014; Vodă, Dapporto, Dincă, & Vila, 2015a; Waters, Fraser, & Hewitt, 2013). There is also

86 evidence that the distribution of butterfly lineages in the Mediterranean and, consequently,  
87 their contact zones can change in relatively short times. While direct evidence has been  
88 provided by the analysis of historical samples in hawk moths (Mende & Hundsdoerfer,  
89 2013), indirect examples are represented by islands harboring different lineages and  
90 morphotypes compared to the nearest areas to which they were connected during the last  
91 glacial maximum (LGM). This has been clearly documented for the straits separating  
92 Sardinia, Corsica, Tuscan islands and Italian mainland (Dapporto et al., 2017; Vodá et al.,  
93 2015a, 2015b). If contact zones between lineages can shift in relatively short and recent  
94 times, it is plausible that current ecological impediments to dispersal, besides historical  
95 factors, explain the observed genetic differentiation (Mallet, 2010; Moritz et al., 2009).

96 Phylogeographic exploration plays a crucial role in understanding the emergence of genetic  
97 differentiation and the establishment of contact zones (Avice, 2000; Marske, Rahbek, &  
98 Nogués-Bravo, 2013; Waters et al., 2013). However, phylogeographic studies are rarely  
99 projected into unified ecological and evolutionary frameworks and many examine only a  
100 limited number of species (Marske et al., 2013). Recently, a shift toward multitaxon  
101 comparative phylogeography relating genetic variation with environmental features and  
102 functional traits has been recommended (Papadopoulou & Knowles, 2016). This approach  
103 may disentangle the role played by deterministic processes with respect to stochasticity in  
104 structuring the spatial genetic variation and shed light on the historical/contemporary and  
105 biotic/abiotic processes that enabled the establishment and maintenance of the observed  
106 phylogeographic patterns. Comparative phylogeography has been facilitated by  
107 advancements in DNA sequencing and the availability of large genetic datasets in public  
108 repositories (GenBank and BOLD) (Burney & Brumfield, 2009; Dapporto et al., 2017, 2019;  
109 Fujisawa, Vogler, & Barraclough, 2015; Moritz et al., 2009; Pigot & Tobias, 2014), mostly in  
110 the form of mitochondrial DNA (mtDNA) cytochrome *c* oxidase subunit 1 (COI) sequences.

111 The particularly fast mutation rate and the short coalescence time characterising mtDNA  
112 produce frequent cases of genetic differentiation among allopatric populations (Allio,  
113 Donega, Galtier, & Nabholz, 2017), thus making mtDNA a widely used marker in  
114 phylogeography (Avice, 2000).

115 The butterfly populations occurring across the 3-km-wide Messina strait, which separates the  
116 Italian mainland from Sicily Island, represent an excellent model to study genetic  
117 diversification over narrow sea straits. First, this channel is one of the narrowest separating a  
118 large island from continental Europe. Second, Sicily was connected to the Italian Peninsula  
119 during the LGM for at least 1.5 kiloannum (ka), from 21.5 to 20 ka before present (Antonioli  
120 et al., 2016). Finally, Sicily is the largest island in the Mediterranean and due to its  
121 environmental heterogeneity, it hosts about 90 butterfly species which offer the opportunity  
122 to compare genetic differentiation within a large set of species.

123 We hypothesised that: 1) a fraction of the species occurring on Sicily could represent  
124 different genetic lineages compared to the nearest Italian mainland, and 2) the genetic  
125 differentiation and the occurrence of endemic lineages could correlate with a series of species  
126 traits and environmental constraints to dispersal. With the aim of testing these main  
127 hypotheses, we sequenced a fragment of the COI region of 84 butterfly species living in  
128 Sicily and quantified their genetic structure across the Messina channel, as well as along the  
129 entire Palearctic region.

130 We set three main goals: i) determine if a fraction of the Sicilian populations represent  
131 different lineages compared to the Italian Peninsula and/or endemic lineages; ii) test if the  
132 genetic contrasts are correlated with functional traits determining dispersal capabilities and  
133 with contemporary environmental constraints to dispersal (winds and climatic conditions);  
134 iii) determine to what extent Sicilian lineages are genetically closer to populations occurring  
135 on the Italian Peninsula, or if some of them likely represent relict populations having their

136 closest relatives in distant Palearctic areas as shown for several butterfly populations in the  
137 Mediterranean islands (Dapporto & Bruschini, 2012; Dapporto et al., 2017; Vodă et al.,  
138 2015b).

139 Dissecting historical and ecological correlates of genetic differentiation between Sicily and  
140 the Italian mainland for insects having good dispersal capabilities can contribute to a better  
141 understanding of the processes generating and maintaining genetic contrasts across  
142 apparently weak barriers.

143

#### 144 **Material and methods**

145

146 During the years 2008-2016, we collected butterflies in two main areas: the Southern Italian  
147 Peninsula - Calabria, Basilicata and Campania (SIP) - and Sicily Island. We retrieved COI  
148 sequences using standard sequencing procedures (Appendix S1) and added other COI data  
149 available in GenBank and BOLD. We obtained 659 sequences for specimens from Sicily  
150 belonging to 84 species out of 90 reported for this island (Sicily barcoding dataset). Among  
151 these, 81 species also occur in SIP and 739 specimens were sequenced from this area, which  
152 together with the Sicilian specimens represent the zoogeographic dataset, 1398 specimens.

153 We used a subset of 73 species, with at least eight specimens per species and a minimum of  
154 three specimens for both Sicily and SIP to model genetic differentiation against geographic  
155 location and species traits (comparative dataset, 1308 specimens). To test if Sicilian  
156 populations have their closest relatives in the Italian mainland or in more distant regions, we  
157 also retrieved 8093 sequences from the Palearctic area (139 sequenced for this study,  
158 Palearctic Dataset). Species and specimen information is available in Table S1 and Appendix  
159 S2.

160

161 *Identification of sub-areas and genetic differentiation*

162 Using the *costDistance* function of the *gdistances* R package (van Etten, 2017), we identified  
163 the minimum over-land distance between each of the 5x5 minute cells in the study area and  
164 the centre of the narrowest area of the Messina strait (Fig. S1). Within Sicily and SIP, we  
165 identified a set of six sub-areas increasingly distant from the Messina strait (0-100 km, 100-  
166 200 km, 200-300 km, Fig. S1). We attributed the sequenced specimens to the six areas based  
167 on their collection site.

168 Recent studies indicate that uncorrected p-distances are the best option for analysing COI  
169 data (Collins, Boykin, Cruickshank, & Armstrong, 2012; Srivathsan & Meier, 2012). We thus  
170 calculated the genetic p-distances among specimens for each of the 84 species of the Sicily  
171 barcoding dataset. We also verified if the indices of genetic differentiation (*Gst* and *Dst*, see  
172 below) showed considerable differences when genetic distances were computed with  
173 different substitution models. For this reason, we estimated the best substitution model by  
174 using *MEGA X*, recomputed the differentiation indices and correlated the values obtained  
175 with p-distances with those obtained by the selected substitution model. For each species, we  
176 also calculated pairwise differentiation among the six sub-areas (Appendix S1). We applied  
177 Principal Coordinates Analysis (PCoA) to these matrices and projected the configuration in  
178 Red-Green-Blue graphs using the R package *recluster* (Appendix S1). In these plots, the most  
179 similar specimens (dots) are closer to each other and they are visualised with similar colours.  
180 The colour resemblance among dots facilitated mapping the genetic differentiation of each  
181 species in the study area. For the 73 species belonging to the comparative dataset we also  
182 calculated haplotype diversity (*Hd*) as the average distances among haplotypes using the  
183 *nuc.div* function of the *pegas* R package, the absolute differentiation (*Dst*) and the  
184 standardised differentiation (*Gst*) (Nei, 1987) (Appendix S1) between Sicily and SIP.



185 Using the *Gst* and *Dst* pairwise matrices for each species, we calculated the mean of the  
186 available values of the corresponding cells to generate the average *Gst* and *Dst* matrices,  
187 representing the overall genetic differentiation among sub-areas based on shared species. We  
188 applied a PCoA to these matrices and projected the configuration in the Red-Green-Blue  
189 space to map the overall differentiation among sub-areas. Moreover, for each species, we  
190 extrapolated pairwise *Gst* and *Dst* among nearby sub-areas. By using the *glmer* function of  
191 the *lme4* R package, we carried out two generalised linear models (GLMMs) comparing  
192 pairwise *Gst* and *Dst* between the pairs of connected sub-areas, including species as random  
193 factor. This was done to detect if the two areas facing the Messina strait showed higher *Gst*  
194 and *Dst* compared to other pairs of areas. We calculated ANOVA tables with the *Anova*  
195 function of the *car* R package and obtained pairwise comparisons by using Tukey test, as  
196 implemented in the *glht* function of the *multcomp* R package.

197

#### 198 *Patterns of genetic similarity between populations*

199 We divided the Palearctic region into 13 regions (Fig. 4d). To inspect the phylogenetic  
200 relationships, we inferred haplotype networks for each species of the Sicily barcoding  
201 dataset, using *TCS 1.21* (Clement, Posada, & Crandall, 2000). We imposed a 95% connection  
202 limit (11 steps) except for a series of species for which a higher number of steps was  
203 necessary (Appendix S1). Haplotype networks and Red-Green-Blue maps allowed  
204 recognising which species of the zoogeographic dataset had different lineages between Sicily  
205 and SIP, and which species in the Sicily barcoding dataset show endemic haplogroups and  
206 lineages.

207 Moreover, we identified sectors of 5x5 degrees of latitude per longitude inside the Palearctic  
208 region and grouped the sequences according to this division. For all the species included in  
209 the zoogeographic dataset, we created a list of haplotypes recorded for Sicily and SIP and for

210 each sector of each Palearctic area. We calculated the genetic distance of Sicily and of SIP  
211 with respect to each Palearctic sector as:

$$DS = \sum_{h=1}^n \min (pdist_h)$$

212 Where  $\min(pdist_h)$  represents the p-distance between the haplotype h and the closest  
213 haplotype occurring in a given sector. For each species, we recorded the sector showing the  
214 lowest DS with respect to Sicily and SIP and calculated their wolf distances. In cases of ties  
215 in DS, we recorded the closest sector.

216

### 217 *Modelling genetic differentiation*

218 We verified the dependency between the three indices (Hd, Dst and Gst) and sample size  
219 (number of sequences obtained) for the species in the comparative dataset by constructing  
220 rarefaction curves. For each species, we calculated the value of each index (Hd, Dst and Gst)  
221 for one-step sequential sample sizes starting from a minimum of four specimens to the total  
222 number of specimens sequenced. We re-sampled the order 100 times, obtained 100  
223 rarefaction curves and then calculated the average curve. We used the smoothed averaged  
224 curve to compute a horizontal asymptote by modelling a general  $y=a+(b/x)$  function using the  
225 *nls* R function. Then, we obtained the difference between the observed values of each index  
226 and the asymptotic ones (Hda, Gsta and Dsta). This allowed to evaluate the influence of  
227 sample size on similarity between observed and asymptotic values. Finally, we correlated the  
228 number of sequenced specimens with the observed and asymptotic values.

229 Moretti and co-workers (2017) identified 29 functional traits covering the primary functions  
230 of invertebrates, divided into five major groups: morphology, feeding, life history,  
231 physiology and behaviour. We assessed 13 species traits representing four groups:  
232 morphology, feeding, life history and physiology. We excluded behavioural traits because

233 they are unavailable for most European butterfly species. We formulated functional  
234 hypotheses for each group of traits (Dapporto et al., 2017) (Table S4): a) We measured  
235 trophic generalism as i) the number of host plant genera reported in two literature sources  
236 (feeding trait); b) Mobility was represented by ii) wingspan (Sekar, 2012) (morphological  
237 trait), obtained as the average between minimum and maximum wingspan reported in four  
238 literature sources. For each studied species wingspan was available in at least three sources  
239 and we imputed the missing values by using the *mice* function of the *mice* R package. The  
240 algorithm assigns an incomplete variable by generating plausible values based on other  
241 variables in the dataset by Multivariate Imputations by Chained Equations (MICE). Then we  
242 applied a Principal Component Analysis (PCA) using the values from different sources to  
243 obtain a single (PC1) measure of size; c) We assessed phenology as iii) the number of months  
244 during which adults occur in the study area, iv) the first month when adults emerge, v) and  
245 vi) the first and the last month when adults fly, and vii) voltinism (life history traits). Data  
246 belong to LD, AB and SS personal observations collected from 2009 to 2018 and from the  
247 database of the Butterfly Diversity and Evolution Lab. Finally, d) we included a series of  
248 variables describing climate experienced by each species in its area of distribution in Europe  
249 (Schweiger et al. 2014). These features have been obtained by modelling species distribution  
250 in Europe based on occurrence data, and then by averaging temperature and precipitation  
251 among the spatial cells where each species is predicted to occur. Although these indices  
252 cannot be considered as functional traits (Moretti et al., 2017), they are widely used to  
253 describe climatic preference and tolerance and are considered proxies for physiological traits  
254 (Dapporto et al., 2017; Devictor et al., 2012). The variables included were: mean annual  
255 temperature and precipitation (viii, ix); standard deviation of mean temperature and  
256 precipitation (x, xi); upper 95% confidence limit of temperature mean and of precipitation  
257 mean (xii, xiii).

258 Butterfly traits are usually highly inter-correlated but they can be reduced to factors by using  
259 ordination methods (Dapporto et al., 2017; Middleton-Welling, Wade, Dennis, Dapporto, &  
260 Shreeve, 2018). We applied a PCA to life history and physiology traits using the R function  
261 *rda* and we retained as variables the components with eigenvalues higher than one.

262 For each species, we calculated two kinds of environmental variables as: i) the relative  
263 geographic distances between Sicilian and SIP specimens and ii) the tendency of winds to  
264 facilitate or hamper the crossing of the Messina strait. The first measure has been obtained  
265 for two distances, i) the length of the shortest path over land (wolf distance) and ii) the total  
266 cost of a random walk between pairs of points based on species-specific landscape  
267 permeability (drunk distance) (van Etten, 2017) (Appendix S1 and S2). Then, we applied the  
268 same formula used to obtain *Dst*:

269

$$270 \text{ } Geodist = Geodist_{all} - Geodist_{intra}$$

271

272 where *Geodist<sub>all</sub>* represents the average distance of the specimens of a given species and  
273 *Gdist<sub>intra</sub>* the average intra-area distance.

274 To calculate the winds experienced by each species we downloaded the monthly data of  
275 winds for Reggio Calabria and Messina (the closest areas to the strait) from  
276 [http://mesonet.agron.iastate.edu/sites/locate.php?network=IT\\_\\_ASOS](http://mesonet.agron.iastate.edu/sites/locate.php?network=IT__ASOS). For each month, we  
277 used the direction of winds (with 36 classes of 10 degree intervals; from class 0, 0-9 degrees  
278 to class 35, 350-359 degrees), their average frequencies between 2010 and 2017 and their  
279 strength divided into five classes (2-5, 5-7, 7-10, 10-15, 15-20, over 20 miles per hour).

280 Using a high-resolution geographic layer (30s) we obtained a series of 23 points, each 2 km  
281 apart and located at the same minimum distances from the two sides of the strait (Fig. 3c).

282 Each pair of successive points identified a mid-point located along the strait and the segment

283 connecting them identified a direction locally tangential to the strait (Fig. 3a). Therefore, for  
 284 any butterfly crossing the strait over any of these points, a direction of winds parallel to the  
 285 segment had the most negative impact in reaching one of the two landmasses, while an  
 286 orthogonal wind had the highest potential to facilitate dispersal. The resultant effect of winds  
 287 for each month and each segment ( $WRm$ ), has been calculated as:

288

$$WRm = - \sum_{j=0}^{35} \sum_{i=1}^6 freq_{ij} str_{ij} \cos\left(2\alpha + j\frac{\pi}{9}\right)$$

289

290 Where  $freq_{ij}$  is the frequency and  $str_{ij}$  the strength of a given wind of direction  $j$  (0-35 each  
 291 representing 10 degrees) and strength of the  $i^{th}$  class. We scored strength as the central value  
 292 for each of the six strength classes, evaluated as 25 mph for the strongest;  $\alpha$  is the difference  
 293 between the angle of the segment tangential to the strait and the angle of the wind blowing  
 294 from the north ( $j=0$ ). A wind with angle  $j$  having the same direction of the segment ( $\alpha=0$  or  
 295  $\alpha=\pi$ ) is scored  $-freq_{ij}*str_{ij}$  (the most negative effect), while an orthogonal wind ( $\alpha=\pi/2$  or  
 296  $\alpha=3\pi/2$ ) will score the most positive effect of  $+freq_{ij}*str_{ij}$ . Winds with intermediate  
 297 directions will score a zero contribution to  $WRm$  (Fig. 3a). For each month, we averaged the  
 298 wind data for Reggio Calabria and Messina. We recorded, for each month, the average  $WRm$   
 299 value among the 22 segments along the strait. The potential effect of winds on each butterfly  
 300 species has been finally obtained by scoring the average values for the months included in  
 301 their flight period. Months with more rainy days are expected to have a lower influence on  
 302 butterfly dispersal, as butterflies are not expected to fly on rainy days. We obtained the  
 303 average number of rainy days in Messina and Reggio Calabria from the website  
 304 <https://www.woitalia.it>, and  $WRm$  values have been weighted for the number of non-rainy  
 305 days.

306 We tested the existence of a phylogenetic signal for species traits with Pagel's lambda index  
307 by applying the *phylosig* function of the *phytools* R package. As a reference phylogeny, we  
308 used the recently published phylogenetic tree based on 14 genes (1 mitochondrial and 13  
309 nuclear) of all European butterflies (Dapporto et al., 2019).

310 As done in previous studies, we assessed the relationships between traits and environmental  
311 constraints for species and their Hd, Dst and Gst (using both asymptotic and observed values)  
312 using individual and multiple phylogenetic regressions (Fujisawa et al., 2015; Nabholz,  
313 Mauffrey, Bazin, Galtier, & Glemin, 2008; Romiguier et al., 2014). We employed Pagel's  
314 lambda as a model for the phylogenetic covariance of residuals as implemented in the  
315 function *pgls* of the R package *caper*. We square-root transformed Dst to improve its  
316 normality and standardised the values of the traits with zeta-scores. In multiple regressions, to  
317 avoid model overfitting and to provide a better parameterisation of variables, we applied  
318 multi-model inference through Information-Theoretic Approach to select a set of "best  
319 models" using the *MuMIn* R package. We selected the model with  $\Delta AICc$  values  $<2$ ,  
320 considered to be equally parsimonious (Burnham & Anderson, 2002).

321

## 322 **Results**

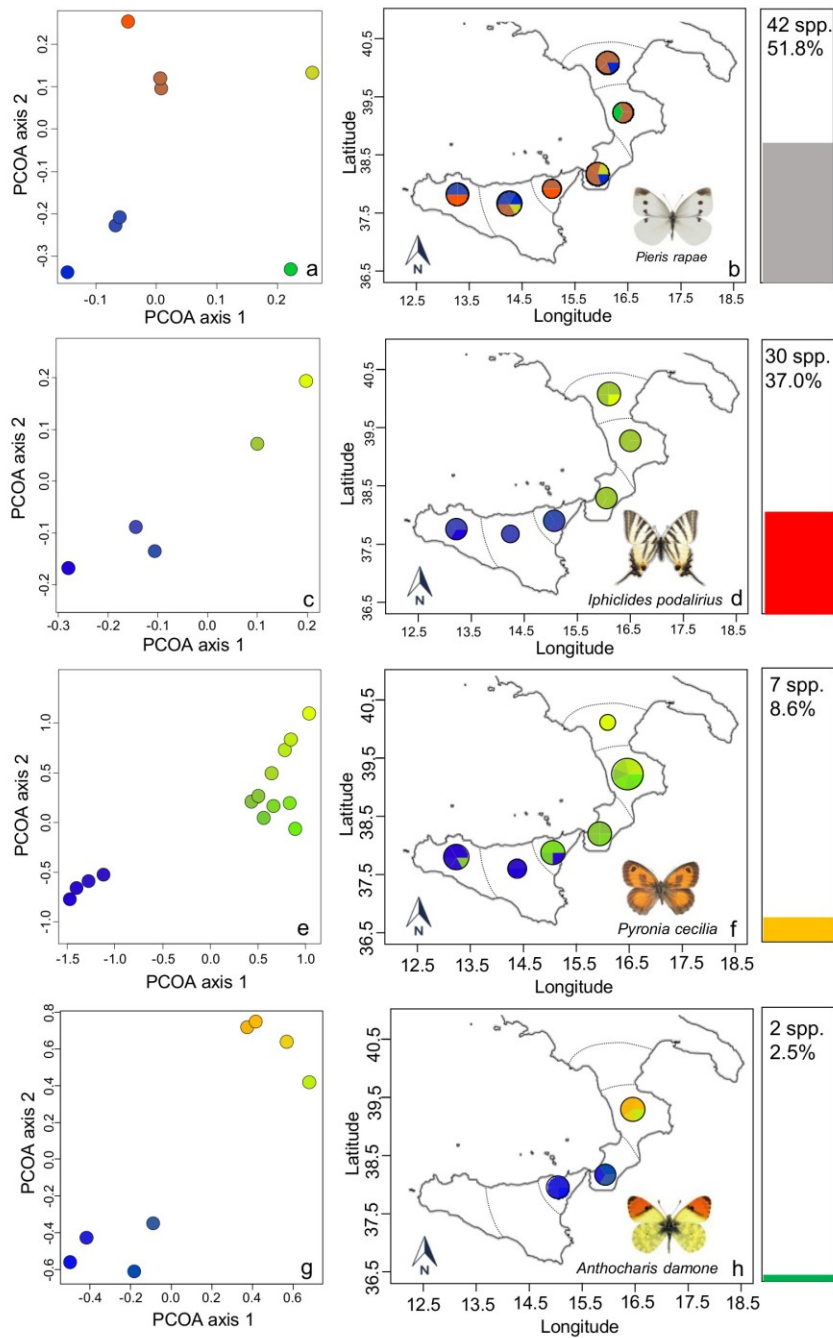
### 323 *Spatial patterns of genetic differentiation*

324 The comparison of Gst and Dst, based on p-distances and genetic distances calculated with  
325 the TN93 model, showed a very high correlation (Gst,  $R=0.99998$ ; Dst,  $R=0.99878$ ). We thus  
326 used p-distances as suggested for COI data (Collins et al., 2012; Srivathsan & Meier, 2012)  
327 and because they correspond to the distances represented in the haplotype networks  
328 employed for assessing endemic lineages (see below). Accumulation curves revealed that the  
329 differences between asymptotic and observed values were in most cases lower than 0.01% of  
330 divergence for Hd (which showed a range among species of 0-2.13%), 0.04% for Dst (range

331 0-1.69%) and 0.08 for  $G_{st}$  (range 0-1) (Table S2). None of the observed and asymptotic  
332 indices showed a significant correlation with sample size (Table S7).

333 PCoA representations based on pairwise  $G_{st}$  and haplotype networks revealed that 42 of the  
334 81 species occurring in Sicily and SIP did not show any differentiation between the two areas  
335 and had  $G_{st}$  values usually lower than 0.2 (Fig. 1a,b; Tables S2 and S3). The second largest  
336 group (30 taxa) was represented by species with completely segregated haplogroups between  
337 Sicily and SIP and  $G_{st}$  values higher than 0.5 (Fig. 1c,d; Tables S2 and S3). A small number  
338 of species (7) showed admixtures of different haplotypes across the strait (Fig. 1e,f, Tables  
339 S2 and S3) or possible phenomena of founder effect or genetic bottlenecks (e.g. *Melitaea*  
340 *phoebe*, Appendix S1). Finally, only two species had mutually excluding lineages among  
341 sub-areas that were not defined by the Messina strait (*Aglais urticae* and *Anthocharis*  
342 *damone*, Fig. 1g,h).

343 A projection of the average genetic differentiation revealed the existence of two main groups  
344 of sub-areas (Sicily vs SIP, Fig. 2a,b). GLMMs indicated that the five segments connecting  
345 the six sub-areas exhibited different  $D_{st}$  (ChiSq.=33.629; df=4;  $P<0.001$ ) and  $G_{st}$   
346 (ChiSq.=32.276; df=4;  $P<0.001$ ). In pairwise comparisons, the segment corresponding to the  
347 Messina strait had higher  $G_{st}$  and  $D_{st}$  values compared to the other four segments (Fig. 2c,  
348 Table S9 and S10).



349

350 Figure 1. Red-Green-Blue projection of PCoA configurations based on COI p-distances

351 (a,c,e,g) and mapping of resulting colours for specimens (b,d,f,h) for four species

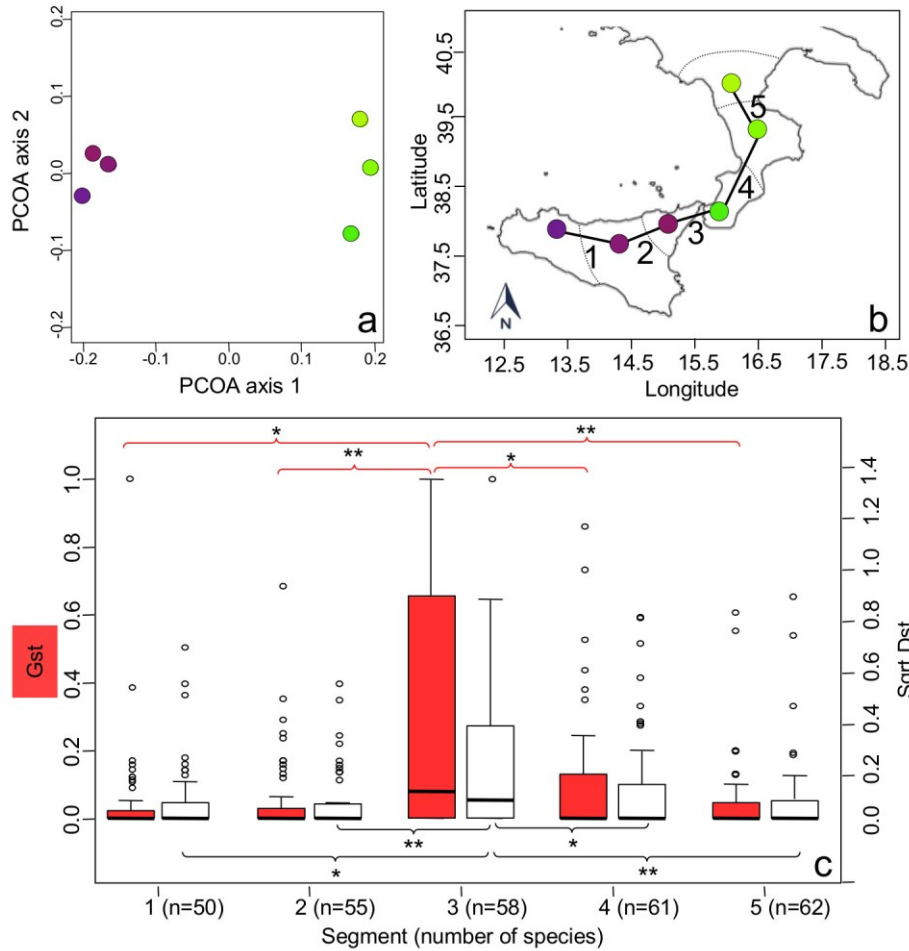
352 representative of different distribution patterns: *P. rapae* (complete admixture of

353 haplogroups), *I. podalirius* (complete segregation), *P. cecilia* (incomplete segregation) and *A.*

354 *damone* (main break outside the Messina strait). Histograms on the right represent the

355 percentage of species showing a similar pattern in the zoogeographic dataset.





356  
357

358 Figure 2. Red-Green-Blue projection of PCoA among the six sub-areas based on average  
 359 pairwise G<sub>st</sub> values for all 73 species in the comparative dataset (a) and projection of the  
 360 colours on the map (b). The six areas are connected by five segments (b). Boxplots showing  
 361 medians and quartiles for pairwise G<sub>st</sub> (red boxes) and D<sub>st</sub> (white boxes) of species  
 362 sequenced for pairs of nearby areas (c). Significant differences in pairwise comparisons after  
 363 a GLMM are indicated with asterisks (\*, 0.05>P>0.01; \*\*, 0.01>P>0.001).

364  
365 *Species traits, environmental variables and phylogenetic regressions*

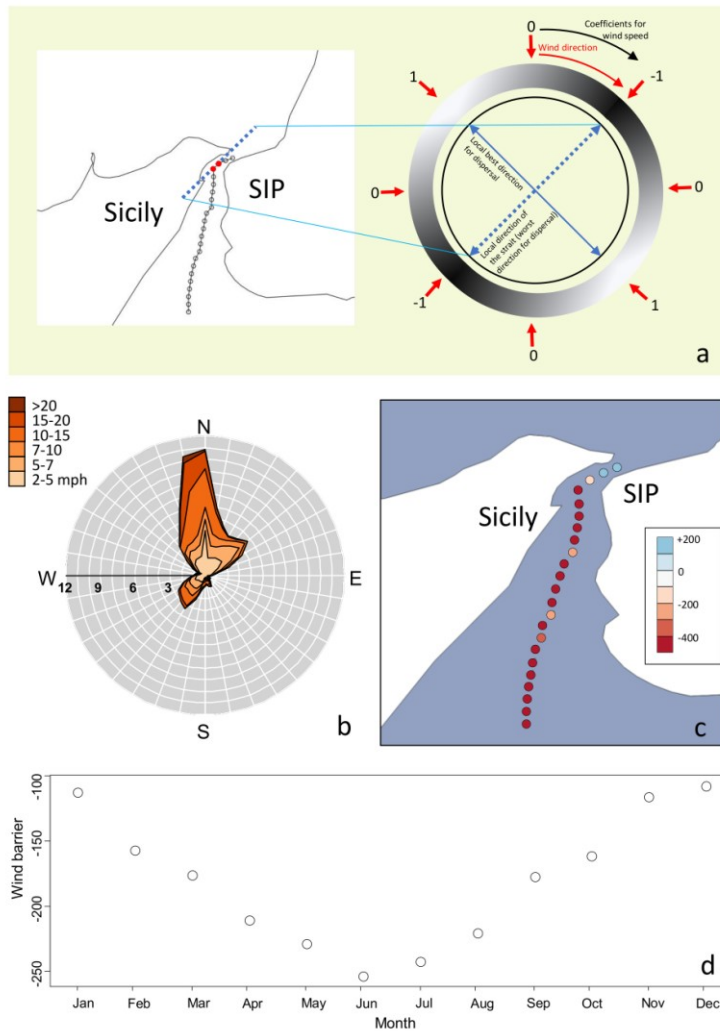
366 For phenology traits one component had an eigenvalue higher than one and it was mostly  
 367 represented by voltinism and length of the flight period (Table S4, Fig. S4). For climatic  
 368 preference traits, two components had eigenvalues higher than one (Table S4, Fig. S3): the

369 first ordered species from those experiencing low temperatures, high precipitation and high  
370 tolerance (temperature and precipitation standard deviation) to those living in warmer and  
371 drier areas also showing a lower tolerance; the second ordered species mostly according to  
372 precipitation.

373 The dominant winds at the strait are directed from north to south (Fig. 3b). Accordingly, most  
374 segments scored negative values (wind direction hampering dispersal) during all months (Fig.  
375 3d). The only exception was represented by the extreme northern part of the strait, which is  
376 also the narrowest sector, with positive values (Fig. 3c). Winter and autumn months showed  
377 less negative winds to dispersal than spring and summer ones (Fig. 3d, Fig. S5).

378 The five intrinsic traits (host plants, wingspan, phenology PC1, climatic preference PC1 and  
379 PC2) had Pearson R lower than 0.300 in all cases (Table S6). Conversely, the two geographic  
380 distances among areas showed high intercorrelations (Table S6). Due to the seasonal  
381 character, winds experienced by species showed high correlations with phenology PC1  
382 (Table S6) and species with a longer flight period also experienced more favourable winds  
383 (Pearson R=0.84).

384



385  
 386  
 387  
 388  
 389 Figure 3. The method used to evaluate the effects of winds over the Messina strait. (a) Winds  
 390 tangential to the direction of each segment (dotted line) have a coefficient of -1 (most  
 391 negative value) to be multiplied by frequency and wind speed; winds orthogonal to the  
 392 segment have a maximum favourable coefficient of 1. (b) The average wind rose measured  
 393 for Messina and Reggio Calabria. (c) The values of wind suitability for dispersal over the 22  
 394 points identified along the Messina channel. (d) The average values of overall wind suitability  
 395 in different months (*WRm*).

396 Among species traits, wingspan, host plant genera, number of flight months, first month of  
397 emergence and first and last month of flight showed a significant phylogenetic signal (Table  
398 S5). However, probably due to the low phylogenetic signal of voltinism, the phenology PC1  
399 did not show a significant phylogenetic signal (Table S5).

400 Using the asymptotic values for mtDNA polymorphism (Hda), phenology PC1 and the  
401 correlated mean wind showed a significant effect in individual regressions with the former  
402 showing a higher  $R^2$ ; accordingly, in the multi-model phylogenetic regressions ( $R^2$  of the full  
403 model=0.238, F-statistic=2.493 on 8 and 64 DF, P=0.020) only phenology PC1 had a  
404 negative significant effect (species flying for shorter periods had higher haplotype diversity;  
405 Table 1). When the spatial structure was included in the indices (Dsta and Gsta), more  
406 variables significantly entered the models. In individual regressions, drunk distances were  
407 positively correlated with Gsta and Dsta explaining more variance than the analogous wolf  
408 distances (Table 1); similarly, mean wind experienced at the strait explained more variance  
409 for both indices than the correlated phenology PC1 (Table 1). In both indices, smaller species  
410 showed a higher genetic differentiation (Table 1). Species exploiting a lower number of host  
411 plants also had a higher Gsta. In the multiple model for Dsta ( $R^2=0.357$ , F-statistic=4.447 on  
412 8 and 64 DF, P=0.0003) drunk distances, wingspan and mean wind had a significant effect,  
413 while for Gsta ( $R^2=0.362$ , F-statistic=4.551 on 8 and 64 DF, P=0.0002) a significant effect  
414 was found for mean wind, host plants and wingspan (Table 1). Similar results were obtained  
415 for the observed indices (Hd, Gst and Dst) (Table S8).

416

417 **Table 1.** Results for multiple and individual regressions for HDa, Gsta and Dsta between  
 418 Sicily and SIP. The “models” column indicates the number of models with  $\Delta AICc$  values  $<2$   
 419 in which each variable entered. Significant effects are highlighted in bold.

HDa	Multiple regression					Individual regression	
	Estimate	St. Error	z	P	models	R <sup>2</sup>	P
Phenol. PC1	<b>-0.394</b>	<b>0.112</b>	<b>3.524</b>	<b>&lt;0.001</b>	<b>9/9</b>	<b>0.173</b>	<b>&lt;0.001</b>
Clim. pr. PC2	-0.177	0.108	1.648	0.099	6/9	0.038	0.100
Wing Size	-0.126	0.107	1.171	0.242	3/9	0.021	0.223
Wolf dist.	0.121	0.115	1.052	0.293	3/9	<b>0.056</b>	<b>0.043</b>
Drunk dist.	0.094	0.114	0.824	0.410	1/9	0.052	0.054
Host plants	-0.069	0.113	0.612	0.540	1/9	0.024	0.187
Clim. pr. PC1	-	-	-	-	0/9	0.016	0.288
Mean wind	-	-	-	-	0/9	<b>0.143</b>	<b>&lt;0.001</b>
Dsta	Estimate	St. Error	z	P	models	R <sup>2</sup>	P
Wing size	<b>-0.230</b>	<b>0.102</b>	<b>2.265</b>	<b>0.024</b>	<b>10/10</b>	<b>0.086</b>	<b>0.012</b>
Drunk dist.	<b>0.241</b>	<b>0.110</b>	<b>2.199</b>	<b>0.028</b>	<b>10/10</b>	<b>0.161</b>	<b>&lt;0.001</b>
Mean wind	<b>-0.320</b>	<b>0.124</b>	<b>2.585</b>	<b>0.010</b>	<b>7/10</b>	<b>0.211</b>	<b>&lt;0.001</b>
Phenol. PC1	-0.279	0.148	1.881	0.060	4/10	<b>0.176</b>	<b>&lt;0.001</b>
Host plants	-0.136	0.105	1.300	0.194	4/10	<b>0.053</b>	<b>0.050</b>
Clim. pr. PC2	-0.097	0.101	0.963	0.336	3/10	0.018	0.259
Clim. pr. PC1	0.116	0.105	1.103	0.270	2/10	0.003	0.658
Wolf dist.	-	-	-	-	0/10	<b>0.080</b>	<b>0.015</b>
Gsta	Estimate	St. Error	z	P	models	R <sup>2</sup>	P
Mean wind	<b>-0.337</b>	<b>0.111</b>	<b>3.038</b>	<b>0.002</b>	<b>6/6</b>	<b>0.207</b>	<b>&lt;0.001</b>
Host plants	<b>-0.225</b>	<b>0.103</b>	<b>2.186</b>	<b>0.029</b>	<b>6/6</b>	<b>0.080</b>	<b>0.015</b>
Wing Size	<b>-0.218</b>	<b>0.101</b>	<b>2.159</b>	<b>0.031</b>	<b>6/6</b>	<b>0.072</b>	<b>0.021</b>
Drunk dist.	0.214	0.138	1.551	0.121	4/6	<b>0.134</b>	<b>0.001</b>
Clim. pr. PC2	-0.158	0.101	1.571	0.116	3/6	0.029	0.151
Wolf dist.	-0.151	0.152	0.993	0.321	2/6	0.037	0.104
Phenol. PC1	-	-	-	-	0/6	<b>0.135</b>	<b>0.001</b>
Clim. pr. PC1	-	-	-	-	0/6	0.002	0.744

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427 *Patterns of genetic similarity between populations*

428 Out of the 84 species of the Sicily barcoding dataset, 31 (36.9%) had endemic lineages in  
429 Sicily (Appendix S1). Most species collected in SIP (73/81) had their closest relative in Sicily  
430 or in other sectors of the Italian Peninsula and the Alps (Fig. 4b). The Sicilian populations  
431 showing medium and low  $G_{st}$  values with respect to population in SIP (in general lower than  
432 0.6), more often had their closest relatives in SIP, the Alps and Apennines (61/84).  
433 Conversely, several endemic lineages and species with a  $G_{st}$  higher than 0.6 had their closest  
434 relatives in areas far from the Alps and the Italian Peninsula (Fig. 4a, Table S3). The species  
435 with Sicilian endemic lineages tended to show a low differentiation with respect to their  
436 closest relative, when that relative occurred in the Italian Peninsula (size of circles in Fig. 4b  
437 and Table S3). The Sicilian lineages having the closest relative in another region ranged from  
438 very low to very high differentiation (a maximum of 2.1% for *M. didyma* Fig. 4c).

439

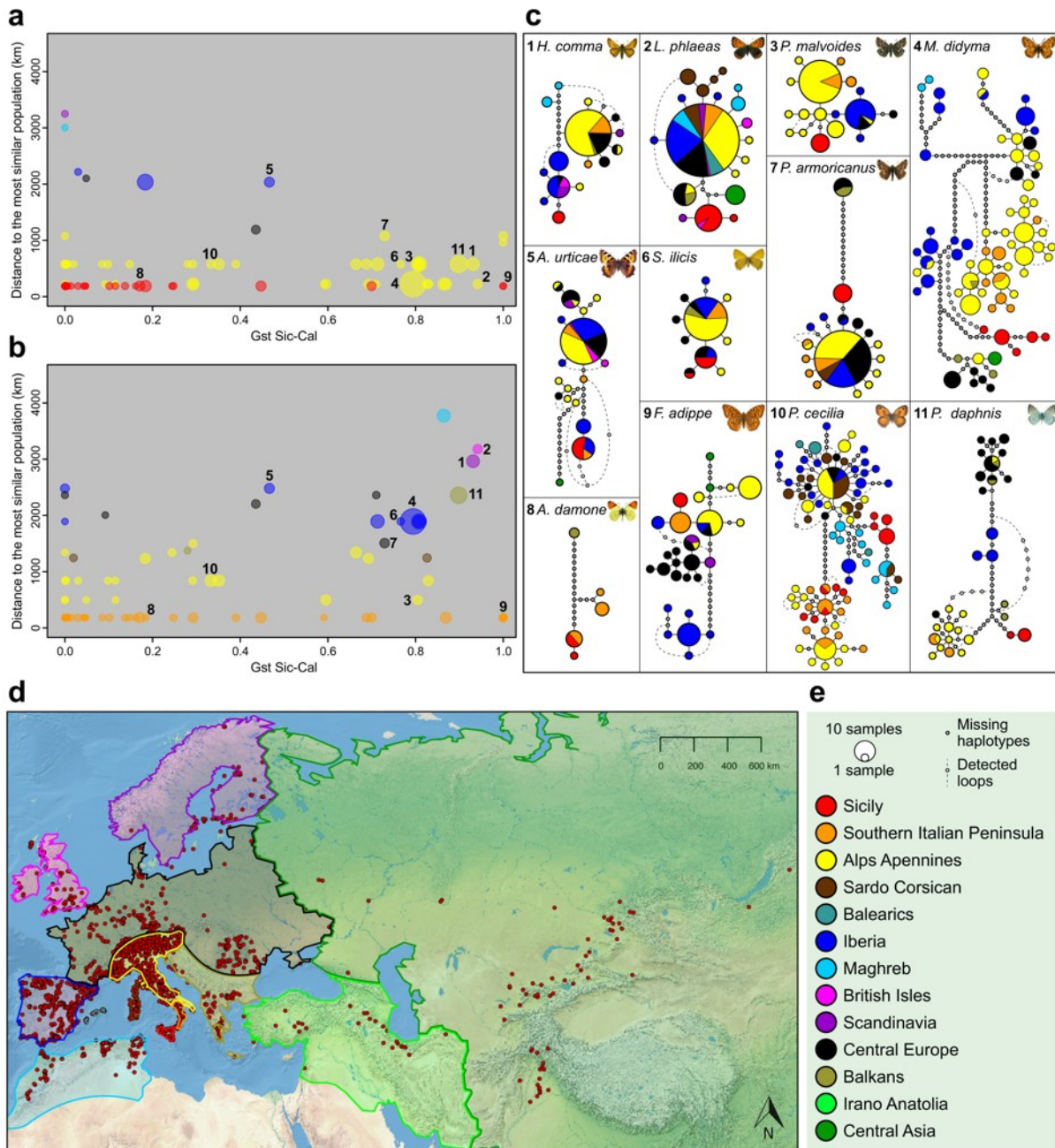
440 **Discussion**

441

442 About 40% of the butterfly species living on the two sides of the Messina strait show a  
443 considerable genetic differentiation across this narrow channel, contrasting with the well-  
444 known dispersal capacity of butterflies and their ability to track available habitat (Devictor et  
445 al., 2012; Parmesan et al., 1999; Sekar, 2012). Across the channel, different species traits and  
446 ecological constraints correlate with various indexes of genetic differentiation. The largest  
447 part of the intraspecific differentiation across the Messina strait is encompassed by the  
448 existence of Sicilian endemic lineages, found in 36.9% of species. Among these endemic  
449 lineages, 41.9% do not have their closest relatives in the nearby Italian Peninsula, underlying  
450 the influence of complex processes in determining the genetic structure of Sicilian butterflies.

451 We rule out that a larger sample size would have drastically changed the results for the  
452 following reasons: i) the rarefaction curves indicate that a higher number of sequences would  
453 only slightly change the observed Gst, Dst and Hd values, ii) the absence of negative  
454 correlations between the three indices and sample size indicates that the observed  
455 differentiation also occurs in well sampled species and is not likely due to incomplete  
456 sampling of lineages across the two areas, iii) the observed genetic structure was rather  
457 dichotomic, with 89.3% of species showing either an almost complete admixture of  
458 haplotypes (51.8%, group 2 in Fig. 1) or a complete spatial segregation (37.0+2.5%, group 2  
459 and 4 in Fig. 1). In the case of a few species showing an incomplete segregation (8.6%, group  
460 3 in Fig. 1) the pattern was never caused by a single specimen typical of one side of the strait  
461 being detected in the other one. As for the comparison with other Palearctic regions, iv)  
462 butterflies are probably the best studied model organisms for mtDNA and the extensive  
463 spatial coverage currently available makes it unlikely that further increasing the data would  
464 render a considerable number of Sicilian lineages as non-endemic.

465 Although largely available in repositories, easily and cheaply sequenced, mitochondrial  
466 markers are almost strictly maternally inherited. Consequently, they can only describe the  
467 genetic history of female populations (Galtier et al., 2009). Since in several species, but not  
468 all, females are less dispersive than males, further research analysing the nuclear genome is  
469 key to determine to what extent patterns of differentiation across the Messina strait are  
470 reflected in both mitochondrial and nuclear DNA. Available research for some species  
471 suggests that patterns across Mediterranean Sea straits may vary, with cases of agreement  
472 between the two genomes (Dincă, Dapporto, & Vila, 2011; Dincă, Lee, Vila, & Mutanen,  
473 2019) as well as disagreement (Livraghi et al. 2018) being reported.



474

475 Figure 4. The relationships of  $G_{ST}$  between Sicily and SIP and the ground distance to the  
 476 genetically closest population from Sicily (a) and SIP (b). The radius of the circles represents  
 477 the overall p-distance between the populations from Sicily (a) or SIP (b) and the genetically  
 478 closest populations. The colours of the dots in (a) and (b) indicate the geographic region (d,e)  
 479 of the genetically closest population. Haplotype networks for 11 species (c), the colours of  
 480 the sectors indicate the geographic region of specimens described in panels (d) and (e). The  
 481 numbers in graphs (a) and (b) correspond to the numbers indicated in the haplotype networks



482 in (c). The red dots on the map (d) indicate the sites from which COI sequences were  
483 available.

484

485

486 *Genetic differentiation and its correlation with functional traits and ecological constraints*

487 Following recent climate change, poleward distribution shifts of magnitudes of km/year have  
488 been documented for many butterfly species (Devictor et al., 2012; Parmesan et al., 1999).  
489 This has been detected even in highly fragmented areas of central-northern Europe where, for  
490 example, the expansion of the small species *Hesperia comma* has progressed with single  
491 jumps of up to 28.8 km (Wilson, Davies, & Thomas, 2009). Yet, a large fraction of the  
492 butterfly species analysed here showed notable population differentiation across the 3-km-  
493 wide Messina channel. Phylogenetic regressions indicated that this genetic pattern had a  
494 deterministic relationship with some functional traits and current ecological constraints. It is  
495 not surprising that lineages of more dispersive species and of species subjected to weaker  
496 ecological constraints can more easily admix across a barrier (Burney & Brumfield, 2009;  
497 Dapporto et al., 2017). Nevertheless, the three indices (Hd, Dst, Gst) showed correlations  
498 with different traits and constraints. Moving from the index measuring the overall genetic  
499 variation among haplotypes (Hd) to the indices determined by their distribution across the  
500 strait (Dst and Gst), the influence of intrinsic species traits became weaker in favour of  
501 extrinsic environmental constraints and of traits determining the interaction with the local  
502 environment.

503 Comparative studies indicate that different species attributes (e.g. population size, fecundity,  
504 body size, dispersal capability) explain mtDNA polymorphism and its spatial differentiation,  
505 (Allio et al., 2017; Burney & Brumfield, 2009; Dapporto et al., 2017, 2019; Fujisawa et al.,  
506 2015; Nabholz et al., 2008). Adult is the most mobile life stage in butterflies and the length of

507 the flight period largely determines the potential dispersal events and the consequent gene-  
508 flow. Accordingly, in our study area, species with a shorter flight period and lower number of  
509 generations have accumulated a higher mtDNA polymorphism (Hd) in historical times.

510 Different variables explained Dst and Gst. Wingspan, a key factor in butterfly mobility  
511 (Dennis, Hardy, & Dapporto, 2012; Sekar, 2012), had a significant effect for both indices.  
512 Similarly, a comparative study on bird sister species found that the tendency to secondary  
513 sympatry was positively correlated with a characteristic of wing morphology determining  
514 dispersal capabilities (Pigot & Tobias, 2014). Extrinsic environmental constraints also  
515 entered the model. The first are winds experienced at the strait during the flight period. Due  
516 to the local distribution of winds throughout the year, the species flying for more months also  
517 experience more favourable winds. However, individual and multiple regressions showed  
518 that the information provided by wind suitability explained more Gst and Dst variance than  
519 phenology, thus indicating the impact of current wind direction, together with a reduced  
520 flight period, in hampering the admixture of butterfly populations. Due to the Pleistocene  
521 climatic oscillations, ecological settings have undoubtedly changed over the historical time  
522 required for the differentiation of the observed Sicilian lineages, in some cases exceeding 2%  
523 of COI variation. In this context, much of the observed genetic differentiation might be  
524 explained by historical but unknown variation in ecological settings that occurred over  
525 evolutionary time.

526 Two species traits determining interactions between butterflies and the environment (the  
527 degree of generalism and the distances among populations based on climatic suitability) also  
528 significantly explained Gst and Dst variance. The first represents the cost of dispersal  
529 between SIP and Sicily in terms of environmental permeability. The second determines the  
530 possibility to exploit multiple resources in different environmental settings, which could be  
531 crucial during a dispersal event.

532

533 *Endemic and relict lineages in Sicily*

534 Most of the differentiation across the Messina strait is encompassed by the existence of  
535 Sicilian endemic haplogroups. Conversely, almost no endemic lineage occurred in SIP and  
536 most butterfly populations inhabiting this area were identical to those occurring in Sicily  
537 and/or in the rest of the Italian Peninsula. The existence of endemic butterfly lineages on  
538 Mediterranean islands is well known (Cesaroni et al., 1994; Dapporto et al., 2017; Voda et  
539 al., 2016), and in Sicily this phenomenon involved 36.9% of species. The most parsimonious  
540 hypothesis is that diverging lineages in Sicily originated from populations belonging to the  
541 nearby Italian Peninsula. Nevertheless, 28.5% of Sicilian populations and 41.9% of endemic  
542 lineages have their genetically closest population in distant regions, and in three cases the  
543 species are even absent from the Italian Peninsula (*Spialia orbifer*, *Polyommatus celina*,  
544 *Melanargia pherusa*). These cases likely represent relict populations that often characterize  
545 large continental islands (Whittaker & Fernandez-Palacios, 2007). This phenomenon has  
546 been proven for the vertebrates of Mentawai islands, which, in many cases, do not have their  
547 closest relatives on the nearest island of Sumatra, but rather on the more distant Borneo, Java  
548 or Peninsular Malaysia (Wilting, Sollmann, Meijaard, Helgen, & Fickel, 2012).

549 Sicily hosts a large fraction of endemic lineages although it has been connected to SIP for 1.5  
550 ka during the last glacial maximum (Antonioli et al., 2016), which probably facilitated the  
551 admixture of many butterfly populations. In Lepidoptera there is evidence from historical  
552 DNA assessment (Mende & Hundsdoerfer, 2013) and from paleogeographic, morphologic  
553 and phylogeographic data (Dapporto & Bruschini, 2012; Dapporto et al., 2017), that the  
554 distribution of lineages of several species has changed in the last thousands of years in the  
555 Italian Peninsula. The rapid substitutions of genetic variants have probably been fostered by a  
556 continuously changing environment (Dapporto & Bruschini, 2012) as found in other

557 organisms and other geographic regions (Mallet, 2010; Moritz et al., 2009; Toews, Mandic,  
558 Richards, & Irwin, 2014). The strong genetic differentiation for butterflies existing at the  
559 Messina strait could be, at least in part, determined by secondary contacts among recently  
560 shifted populations (Mallet, 2010; Moritz et al., 2009). Moritz and co-workers (2009)  
561 predicted that in such cases, the barrier should segregate lineages with different degrees of  
562 divergence and should be located in areas of low population density. The latter clearly applies  
563 for a sea strait and our results agree with the former hypothesis. In fact, the lineages showing  
564 a complete segregation between Sicily and Calabria encompass a divergence ranging from a  
565 single mutation to more than 2% of the 658 bp of the COI marker. Previous studies indicated  
566 that circum-Italian islands host ancestral populations of butterflies once occurring on the  
567 mainland, where they have been replaced by lineages shifting their distribution and mostly  
568 belonging to Eastern Europe (Dapporto et al., 2012). In some species, the Sicilian lineages  
569 differing from lineages inhabiting the Italian Peninsula are genetically identical (*Lycaena*  
570 *phlaeas*, *Satyrium ilicis*, *A. urticae*) or show a few mutations (*Thymelicus acteon*, *Hesperia*  
571 *comma*) compared to populations inhabiting other areas (mainly Iberia). In these cases, the  
572 replacement on the Italian Peninsula of a supposedly ancestral haplotype has been likely  
573 recent. In other cases, the Sicilian lineages showed a higher genetic divergence (>0.5%)  
574 compared to the closest relatives, suggesting that the replacement has likely been more  
575 ancient, as for *Carcharodus alceae*, *Thymelicus lineola*, *Melitaea didyma*, *Polyommatus*  
576 *daphnis*. In a few cases the replacement can still be incomplete (*A. urticae*) and the Sicilian  
577 haplotypes also occur at the tip of the Italian Peninsula; alternatively, the Sicilian populations  
578 could have recently colonised the mainland area. In other species (*M. jurtina* and *P. cecilia*),  
579 the supposedly expanding lineages from the Italian Peninsula partially colonised the eastern  
580 area of Sicily (Vodá et al., 2016). Based on estimated substitution rates for invertebrates, of

581 about 2.3% uncorrected pairwise distance per million years (Brower, 1994), the Sicilian  
582 endemic and relict populations have likely established during the Quaternary period.

583

#### 584 **Conclusion**

585 We provided a comprehensive assessment of mtDNA diversity for most butterfly species  
586 recorded in the largest Mediterranean island, with comparisons from surrounding areas. The  
587 accumulation of similar datasets in public repositories opens the door to perform large-scale  
588 comparisons of population differentiation and to correlate genetic patterns with species  
589 functional traits and ecological constraints. When deterministic fingerprints explain a large  
590 fraction of variance, as in our phylogenetic regressions, mechanisms regulating  
591 phylogeographic processes can be unveiled.

592 Despite the limitations of using a single mitochondrial marker in phylogeography and in the  
593 assessment of genetic diversity (Galtier, Nabholz, GléMin, & Hurst, 2009; Nabholz, Glémin,  
594 & Galtier, 2009; Papadopoulou & Knowles, 2016), we demonstrated that butterfly matriline  
595 do not easily cross and establish across the Messina strait. Regardless of how and when the  
596 genetic divergence emerged, the main drivers determining the admixture of mtDNA  
597 haplotypes represent a combination of intrinsic traits and environmental constraints. Our  
598 findings confirm that strong genetic differentiation and endemism can occur in mobile taxa  
599 even in barely isolated islands, and that they are produced by a complex combination of  
600 ecological forces and historical events acting differently on the species of a given  
601 community. Notably, we showed how understanding the pattern of genetic differentiation  
602 among two close areas requires the use of different types of data (DNA sequences, climatic  
603 and occurrence data, species traits) and that some of these data involve an assessment at a  
604 much larger scale. This was required by the assessment of climatic preferences and relict

605 populations, the latter entailing a comparison among specimens from three continents  
606 (Europe, Asia and Africa).

607

608

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618

## 619 **Author Contributions**

620 LD, SS, AC, AB, MM and RVi designed the research, LD, SS, AC, MM and RVo performed  
621 the research, LD, SS, AC, AB, MM, VD, RVo, RVi and LPC collected and analysed data, all  
622 the authors wrote the paper.

623

## 624 **Data accessibility**

625 All the data and scripts used for this paper are available in Appendix S2 and in Dryad DOI:  
626 <https://doi.org/10.5061/dryad.5qfttdz1x>. The COI dataset is also available in the BOLD  
627 dataset DS-MESSINA.

628

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