# Human induced pluripotent stem cells for modelling metabolic perturbations and impaired bioenergetics underlying cardiomyopathies

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#### **ABSTRACT**

Normal cardiac contractile and relaxation function are critically dependent on a continuous energy supply. Accordingly, metabolic perturbations and impaired mitochondrial bioenergetics with subsequent disruption of ATP production underpin a wide variety of cardiac diseases, including diabetic cardiomyopathy, dilated cardiomyopathy, hypertrophic cardiomyopathy, anthracycline cardiomyopathy, peripartum cardiomyopathy, and mitochondrial cardiomyopathies. Crucially, there are no specific treatments for preventing the onset or progression of these cardiomyopathies to heart failure, one of the leading causes of death and disability worldwide. Therefore, new treatments are needed to target the metabolic disturbances and impaired mitochondrial bioenergetics underlying these cardiomyopathies in order to improve health outcomes in these patients. However, investigation of the underlying mechanisms and the identification of novel therapeutic targets have been hampered by the lack of appropriate animal disease models. Furthermore, interspecies variation precludes the use of animal models for studying certain disorders, whereas patientderived primary cell lines have limited lifespan and availability. Fortunately, the discovery of human induced pluripotent stem cells (hiPSCs) has provided a promising tool for modelling cardiomyopathies via human heart tissue in a dish. In this review article, we highlight the use of patient-derived iPSCs for studying the pathogenesis underlying cardiomyopathies associated with metabolic perturbations and impaired mitochondrial bioenergetics, as the ability of iPSCs for self-renewal and differentiation makes them an ideal platform for investigating disease pathogenesis in a controlled in vitro environment. Continuing progress will help elucidate novel mechanistic pathways, and discover novel therapies for preventing the onset and progression of heart failure, thereby advancing a new era of personalised therapeutics for improving health outcomes in patients with cardiomyopathy.

**Keywords:** Cardiomyopathy; Metabolism; Bioenergetics; Human induced pluripotent stem cells

#### 1. INTRODUCTION

Heart failure is one of the leading causes of death and disability globally, affecting more than 37.7 million individuals worldwide<sup>1, 2</sup>. A leading cause of heart failure is cardiomyopathy, which is defined as a disease of myocardium associated with cardiac dysfunction<sup>3</sup>. They can be classified into two groups based on the aetiology. Primary cardiomyopathies have genetic, acquired, or mixed aetiology, whereas secondary cardiomyopathies develop as a result of an extra-cardiovascular cause (e.g., systemic or multi-organ disease) that results in different phenotypes, including dilated, hypertrophic, or restrictive patterns. Currently, there are no specific treatments for these disorders, with existing disease management strategies mainly focused on delaying the progression of cardiomyopathies into HF<sup>4-6</sup>. Effective treatment options for cardiomyopathies have remained elusive partly due to the lack of experimental models that are able to recapitulate the diseases accurately.

Several animal studies have provided evidence that metabolic perturbations and/or mitochondrial dysfunction are key contributors to various cardiomyopathies. However, differences in clinical manifestation, penetrance, and severity in human cardiomyopathies make animal models less suitable for studying these conditions. The logical approach would therefore be to perform investigational and interventional studies on human heart tissue, such as primary cardiomyocytes obtained directly from the heart. This however requires invasive procedures and access to such samples is limited. Coupled with their limited proliferative ability, it is nearly impossible to conduct meaningful long-term studies on primary human heart tissue. With the advent of human induced pluripotent stem cells (hiPSCs)<sup>7</sup>, now it may be possible to overcome these shortcomings.

In this review article, we discuss current research on cardiomyopathies with a special emphasis on metabolic and bioenergetic perturbations that underpin diabetic cardiomyopathy, dilated cardiomyopathy, hypertrophic cardiomyopathy, anthracycline cardiomyopathy, peripartum cardiomyopathy, and mitochondrial cardiomyopathies. We also discuss the use of hiPSCs to model these cardiomyopathies, allowing new insights into perturbed metabolism and impaired bioenergetics. The ultimate goal of the field is to elucidate novel mechanistic pathways to enable the discovery of novel therapies for preventing the onset and progression of HF, thereby opening up a new era of personalised therapeutics for improving health outcomes in patients with cardiomyopathy.

#### 2. CARDIAC BIOENERGETICS AND METABOLISM

The heart is a constant mechanical pump with high energy demands. Therefore, the disruption of energy production due to impaired bioenergetics and/or perturbed substrate utilization have detrimental effects on cardiac contractile function. Cardiac bioenergetics has three components: (1) cardiomyocyte uptake and utilization of substrate and entry of metabolites into the Krebs cycle; (2) oxidative phosphorylation (OXPHOS) by the mitochondrial electron transport carrier; and (3) transfer and utilization of ATP that involves creatine kinase energy shuttle<sup>8</sup>. Conditions or diseases

that perturb one or more of these bioenergetic components may impair cardiac contractile function, leading to clinical manifestations of certain cardiomyopathies.

Early studies have shown significant changes in energy substrate utilization during heart development. The foetal heart has a greater preference for carbohydrates. including glucose, lactate, and pyruvate as compared to the adult heart9. The foetal heart also has a lower capacity for oxidative phosphorylation (OXPHOS), relying mostly on glycolysis for ATP production; this is advantageous due to the lower arterial oxygen content in the foetus relative to adults. Moreover, the foetal heart can take advantage of the lactate-rich environment created by the placenta<sup>10, 11</sup>. In the neonatal period, there is a transition in metabolism from glycolysis to OXPHOS to accommodate the increasing energy demands of the maturing heart. The high energy demands of the adult heart are met mainly by mitochondrial OXPHOS, which contributes to more than 95% of the ATP produced in the heart, with glycolysis contributing the remaining 5%<sup>12</sup>. The adult heart relies on fatty acids as the primary fuel for OXPHOS<sup>13, 14</sup>. Fatty acids are transported to the heart as free fatty acids (FFA) bound to albumin or as fatty acids released from triglycerides in chylomicrons or very-low-density lipoprotein (VLDL), with the majority being derived from chylomicron triglycerides<sup>15</sup>. FFAs are taken up by cardiomyocytes through passive diffusion or protein-mediated transport<sup>16</sup>. A more detailed account of the metabolic pathways present in cardiomyocytes can be found in Lopaschuk et al.'s review<sup>17</sup>.

When challenged with pathological or physiological stresses, the heart demonstrates metabolic flexibility by switching its substrate preference to carbohydrates, lipids, amino acids or ketone bodies for continual ATP production. This metabolic plasticity is characteristic of a healthy heart. Cardiac substrate metabolism extends beyond energy production as the resultant metabolites can serve as secondary messengers and disrupt proper contractile function<sup>14, 18</sup>. Prolonged metabolic shifts are associated with cardiomyopathies such as ischaemic heart disease (IHD)<sup>19</sup>, cardiac hypertrophy<sup>20</sup>, atrial fibrillation<sup>21</sup> and HF<sup>12, 13, 16, 20</sup>. Maladaptive metabolic switching can therefore lead to impaired bioenergetics that contributes to the pathophysiology of HF<sup>20</sup> (Figure 1).

#### 3. DIABETIC CARDIOMYOPATHY

Diabetic cardiomyopathy (DMCM) was first described in 1972, and has been defined as left ventricular (LV) dysfunction that occurs in the diabetic patient independent of recognised cardiovascular risk factors, such as coronary atherosclerosis, valvular heart disease, hypertension, and other congenital heart disease<sup>22, 23</sup>. It is characterised by both morphological and functional changes. On the functional level, DMCM results in reduced LV systolic function, LV stiffness, and diastolic dysfunction, as well as clinical HF. On the structural level, DMCM is characterised by cardiomyocyte hypertrophy and interstitial fibrosis, and lipid accumulation in cardiomyocytes<sup>24</sup>. Although the pathogenesis of DMCM is incompletely understood, it has been mainly attributed to impaired cardiac metabolism secondary to reduced glucose uptake seen in both type 1 and type 2 diabetes mellitus<sup>25</sup>. Reduced glucose uptake, glycolysis, and glucose oxidation in diabetic hearts are likely caused by

decreased expression and translocation of glucose transporter 4 (GLUT4), as well as impaired pyruvate decarboxylation<sup>26</sup>. Both expression and membrane translocation of GLUT4 (the major isoform expressed in adult cardiomyocytes) were found to be reduced in cardiomyocytes of diabetic animal models<sup>27, 28</sup>. GLUT4 deficiency is attributable to impaired insulin-stimulated PI3K/AKT signalling that contributes to the pathogenesis of DMCM<sup>27, 29</sup>. Conversely, the activation of PI3K/AKT pathway was shown to be beneficial in DMCM<sup>30</sup>.

Given that cardiovascular events contribute to the leading cause of mortality in diabetic patients<sup>18</sup>, further understanding on how insulin-resistance (a hallmark feature of diabetes) leads to DMCM is important. An early study revealed that insulin and islet transplantation in mildly diabetic rats was able to improve glucose metabolism and LV function, suggesting a possible link between metabolic alterations and DMCM<sup>31</sup>. The incidence of perturbed metabolism in DMCM was further validated in a clinical study that found a correlation between increased insulin resistance and severe HF and decreased survival<sup>32</sup>. When investigating FoxO family of transcription factors, researchers found FoxO proteins to be constantly activated in the hearts of diabetic mice, which resulted in insulin resistance and cardiomyopathy. Consistently, isolated murine cardiomyocytes with depleted FoxO1 showed metabolic substrate shift from FFAs to glucose, with subsequent improvements in cardiac function and responsiveness to insulin<sup>33</sup>.

Overexpression of cardiac-specific MG53 (a striated muscle-specific E3 ubiquitin ligase) was found to induce DMCM in mice<sup>34</sup>. In addition to inducing insulin resistance, the MG53 transgenic mice showed impaired glucose uptake, increased lipid accumulation, cardiomyocyte hypertrophy, interstitial fibrosis, and cardiac dysfunction. The study showed that MG53 contributes to DMCM by (1) destabilising the insulin receptor and insulin receptor substrate 1, leading to insulin resistance, and (2) upregulating PPAR-α and target genes, resulting in lipid accumulation and lipotoxicity<sup>35</sup>. Interestingly, as this study showed suppression of glycolysis and enhancement of lipid metabolism with activation of PPAR-α, it was contrary to what was observed in dilated cardiomyopathy<sup>36</sup>. The increased lipid metabolism phenomenon is indicative of the Randle cycle whereby, increased fatty acid oxidation is associated with decreased glucose oxidation. The former metabolic pathway results in the accumulation of acetyl-CoA which can inhibit pyruvate dehydrogenase, while increasing citrate levels via the Krebs cycle. The resulting increase in citrate and ATP/ADP ratio, decreases the enzymatic activity of phosphofructokinase and glucose metabolism<sup>37</sup>. The Randle cycle has long been postulated as a potential mechanism for type 2 diabetes mellitus38 and it has also been speculated that increased fatty acid oxidation would lead to oxygen wastage, as relatively more oxygen would be required as compared to glucose oxidation<sup>39</sup>. It is also possible that increased lipid metabolism could lead to oxidative stress, resulting in mitochondrial dysfunction and eventual cardiac cell death via apoptosis. This hypothesis is supported by a proof-of-concept study showing that metallothionein (a group of intracellular metal-chelating proteins) was able to attenuate cardiac apoptosis, thereby providing significant protection in the development of DMCM<sup>40</sup>.

In type 2 diabetes mellitus, increased circulating palmitate, a common saturated fatty acid, not only contributes to insulin resistance<sup>41</sup>, but also cardiac dysfunction in DMCM through the Akt/GSK3β/β-catenin pathway<sup>42</sup>. Elevated FFA can be a result of augmented dietary fat intake and adipose tissue lipolysis. When fatty acid uptake surpasses fatty acid oxidation, fatty acids can be sequestered in cardiomyocytes as lipid droplets in the form of triglycerides and fatty acid metabolites such as diacylglycerols, long-chain acyl-CoAs and acylcarnitines that contribute to cardiomyopathy. More than a decade ago, elevated FFAs were found to be associated with insulin resistance and myocardial dysfunction. In addition to damaging the plasma membrane and ion channels, elevated FFAs can lead to an increase in mitochondrial uncoupling proteins, resulting in a reduction in mitochondrial membrane potential and consequently impaired OXPHOS in cardiomyocytes<sup>39</sup>.

A causative relationship between myocardial lipid accumulation and impaired myocardial contractility has been suggested by human studies using non-invasive magnetic resonance spectroscopy<sup>43, 44</sup>. Excess fatty acids can exert deleterious effects through (1) production of ROS, leading to oxidative stress; (2) uncoupling of OXPHOS; and (3) opening of the mitochondrial permeability transition pore and initiation of apoptosis<sup>45</sup>. Since cellular uptake of fatty acids occurs via either passive diffusion, or protein carrier-mediated transport via fatty acid translocase (FAT)/CD36, several rodent studies have shown that sarcolemmal overexpression of CD36 contributes to diabetes-mediated cardiotoxicity, and is associated with increased fatty acid uptake, triglyceride accumulation and contractile dysfunction. Conversely, several studies have shown that the restriction of fatty acid delivery and uptake provides protection against cardiotoxicity associated with insulin resistance/diabetes<sup>43</sup>. For instance, inhibition of CD36 in rat cardiomyocytes was shown to confer protection on the cellular level<sup>46</sup>, while CD36 deficiency conferred protection against cardiac steatosis and cardiomyopathy in PPAR-α overexpressing mice<sup>47</sup>. Taken together, rodent studies have suggested that the inhibition of CD36 could be a therapeutic intervention for DMCM.

Evidence for the involvement of mitochondrial dysfunction was described recently, wherein mitophagy was shown to be important for cardiac function during high fat diet-induced DMCM<sup>48, 49</sup>. When several transgenic mice were randomly assigned to normal or high fat diet for two months, researchers found that high fat diet induced Atg7-dependent mitophagy in the early stage of DMCM, which was also partly mediated by Parkin. Mitophagy in the heart was found to be activated in a time-dependent manner in response to high-fat diet consumption. Given that mitophagy serves as a quality control mechanism for functional mitochondria, defective mitophagy would result in impaired bioenergetics and lipotoxicity, thereby exacerbating the DMCM phenotype as seen in  $atg7^{-/-}$  mice<sup>50</sup>.

Many diabetic studies employ the use of streptozotocin-induced diabetic murine models. Streptozotocin destroys insulin-producing  $\beta$  cells of the pancreas, recapitulating type 1, as opposed to type 2 diabetes mellitus. This approach avoids confounders such as obesity and impaired leptin signalling<sup>51</sup>. Recently, researchers have developed an alternative murine model of DMCM using a combination of low-

dose of streptozotocin and high fat diet over longer periods of time. The murine model at 26 weeks produces LV dysfunction, characteristic of patients with DMCM, with no change in total body weight<sup>52</sup>.

#### 4. DILATED CARDIOMYOPATHY

Dilated cardiomyopathy (DCM) is one of the most prevalent forms of cardiomyopathy, affecting 1 in 2,500 individuals globally<sup>53</sup> and is one of the leading causes of HF<sup>54</sup>. It can be primary or secondary (e.g., infiltrative or autoimmune), and is characterised by dilatation and impaired contraction of either the left or both ventricles; however, the extent of myocardial dysfunction is not be exclusively attributable to abnormal loading or ischaemia<sup>5, 55</sup>. The major genomic determinants of DCM were found to be titin truncating and lamin A/C mutations<sup>56</sup>. Recent studies have also implicated epigenetics in the development of DCM<sup>57, 58</sup>.

Metabolic perturbations in DCM have been reported in early studies that examined hearts of DCM patients along with normal control hearts and found reduction in cytochrome content as well as cytochrome-mediated enzymatic activity in DCM<sup>59</sup>. Furthermore, autoimmunity against myocardial ADP/ATP carrier of the inner mitochondrial membrane was found to contribute to the pathophysiology of DCM, by diminishing cardiac function via impairment of energy production<sup>60</sup>. This was further validated in guinea pig and murine models which showed that immune response directed to the ADP/ATP carrier would perturb energy metabolism and consequently lead to mitochondrial dysfunction<sup>61</sup>. Further evidence of mitochondrial dysfunction in DCM was elucidated in MnSOD-deficient mice, which have an absence of MnSOD (an intramitochondrial enzyme responsible for scavenging free radicals) that leads to neonatal lethal DCM, likely through the unchecked superoxide produced as a byproduct of OXPHOS<sup>62</sup>. Similarly, the deficiency in another enzyme important for mitochondrial ROS scavenging, TXNRD2, was found to contribute to DCM, likely through increased oxidative stress<sup>63</sup>. Clinical studies have demonstrated metabolic alterations in DCM that are characterised by decreased fatty acid metabolism with increased myocardial glucose metabolism similar to animal models of HF<sup>36</sup>.

ANT, a dimeric protein complex that mediates the transport of ADP and ATP across the inner mitochondrial membrane, serves important roles in ATP production (via OXPHOS) and consumption<sup>64</sup>. ANTs are encoded by three different genes with ANT1 being mainly expressed in tissues with limited regenerative capacity such as the heart, skeletal muscle, and brain. ANT2 is expressed in most tissues, and is the prevalent isoform in the kidney, liver, and spleen<sup>65</sup>. Lastly, ANT3 has properties of a housekeeping gene and is the least transcribed. Consistent with its tissue-specific expression in heart, researchers have shown that by knocking out ANT1 in mice, initial mechanical dysfunction was followed by a decline in LV systolic function, which suggested that mitochondrial energy deficiency was sufficient to cause DCM, further validating the critical role of perturbed energy metabolism in DCM pathophysiology<sup>66</sup>. Contrary to this, however, increased ANT1 and decreased ANT2 expression in human heart biopsies has been associated with the development of DCM<sup>67</sup>. Similarly, an early clinical study highlighted that altered isoform expression of ANT in DCM hearts

(increased ANT1 and decreased ANT2) affects ADP/ATP translocation across the inner mitochondrial membrane, leading to perturbed energy metabolism and contributing to cardiac dysfunction<sup>64</sup>.

A recent study has shown that proteins such as NAD<sup>+</sup> and sirtuins play a role in the development of DCM<sup>68</sup>. Besides serving as a key coenzyme in fuel oxidation and mitochondrial ATP production, as well as being the precursor of NADPH, which is needed for anabolic pathways and scavenging ROS, NAD<sup>+</sup> is also an important substrate for sirtuins<sup>69</sup>. Through NAD<sup>+</sup>-dependent deacetylation of lysine residues modified by Ac-CoA derived acyl groups, sirtuins regulate nuclear gene expression and mitochondrial enzyme activities, and have been reported to have cardioprotective effects<sup>69</sup>. Levels of myocardial NAD<sup>+</sup> were found to be depressed in murine models of non-ischaemic DCM (generated by inactivation of Serum Response Factor). Treatment with nicotinamide riboside significantly preserved cardiac function through enhanced citrate and Ac-CoA metabolism in addition to anti-oxidative effects, presenting a potential therapy in DCM, particularly as nicotinamide riboside is orally available<sup>68</sup>.

#### 5. HYPERTROPHIC CARDIOMYOPATHY

Hypertrophic cardiomyopathy (HCM), a common inherited disease affecting 1 in 500 individuals, exhibits an autosomal dominant pattern of inheritance, and is characterised by LV hypertrophy with diastolic dysfunction<sup>70, 71</sup>. Following the discovery of mutations in *MYH7* (*MYH7*<sup>R403Q</sup>) in HCM patients<sup>72</sup>, several other gene mutations have been identified, including mutations in *MYBPC3* that encodes for cMyBP-C<sup>73</sup>. HCM has since been associated with more than 1,400 mutations occurring in 11 or more genes encoding for contractile or sarcomere complex proteins<sup>74-76</sup>. More recently, a study showed that mutations in the Ig domains of titin are associated with HCM in both fish and humans<sup>77</sup>. Most of these mutations result in asymmetric hypertrophy of the interventricular septum, which could cause LV outflow tract obstruction that is secondary to subaortic stenosis<sup>78</sup>.

Perturbed cardiac bioenergetics was described in HCM as early as three decades ago<sup>79</sup>. When investigating cardiac energetics in subjects with mutations in 3 different familial HCM genes, the cardiac phosphocreatine to ATP ratio was found to be reduced by 30% in HCM subjects, irrespective of the harboured mutation<sup>80</sup>. Interestingly, this bioenergetic deficit was also observed in genotype-positive subjects who had yet to develop hypertrophy, supporting a role for altered bioenergetics in disease progression. Furthermore, heterozygous mice with α*MyHC*<sup>R403Q</sup> mutation (orthologous to human β*MHC*<sup>R403Q</sup> that causes lethal forms of HCM) showed increased energetic demands and reduction in free energy released from ATP hydrolysis, which likely contributed to diastolic dysfunction<sup>81</sup>. Mutations implicated in HCM have been shown to increase sarcomere Ca<sup>2+</sup> sensitivity, ATPase activity, and overall energetic cost of cardiomyocyte contraction, thus leading to the idea that energy deficiency contributes to the pathophysiology of HCM. In support of this, a phase II clinical trial documented improvements in cardiac bioenergetics (as seen in increased myocardial ratios of phosphocreatine to ATP), alleviation of diastolic

dysfunction, and increased exercise capacity in HCM patients following treatment with perhexiline, a metabolic substrate modulator which promotes utilization of carbohydrates for myocardial energy through inhibition of carnitinepalmitoyltransferase<sup>82</sup>. This study provides further evidence that metabolic perturbations play crucial roles in HCM development. Furthermore, a recent study incorporated three transgenic murine models that exhibited a graded decrease in cMyBP-C83. While the severity of the cardiomyocyte phenotype was found to be correlated with cMyBP-C levels, treatment with a pharmacological inhibitor of myosin ATPase alleviated the relaxation defects and led to a dose-dependent attenuation of hypercontractility<sup>83</sup>.

Apart from sarcomere mutations, researchers found that genes involved in mitochondrial function could also be associated with HCM (e.g., *ELAC2* mutants)<sup>84</sup>. Mutations in *ELAC2*, which encodes for mitochondrial RNase Z, were found to impair mitochondrial tRNA 3'-end processing and consequently resulted in diminished mitochondrial function<sup>85</sup>. Mitochondrial involvement in HCM was also highlighted in another study<sup>86</sup>. GTPBP3 is a highly conserved tRNA modifying enzyme involved in the biosynthesis of 5-taurinomethyl group of tRNA<sup>Glu</sup>, tRNA<sup>Gln</sup>, tRNA<sup>Lys</sup>, tRNA<sup>Trp</sup>, tRNA<sup>Leu(UUR)</sup> in human mitochondria<sup>87-89</sup>. GTPBP3 deficiency in zebrafish resulted in decreased mitochondrial translation and impaired OXPHOS, in addition to being associated with HCM. The defective taurine modification and impaired mitochondrial translation were also seen in HCM patient-derived mutant fibroblasts containing *GTPBP3* mutations<sup>90, 91</sup>. Recently, researchers generated a *gtpbp3*<sup>ko</sup> zebrafish model that successfully recapitulated the clinical phenotypes of HCM patients having *GTPBP3* mutations, highlighting the crucial role of aberrant nucleotide alterations of mitochondrial tRNAs in the pathogenesis of HCM<sup>86</sup>.

Interestingly, the metabolic perturbations involved in HCM extends beyond the heart. Metabolic crosstalk between the heart and liver was elucidated using a previously established transgenic HCM murine model expressing rat α*MyHC*<sup>R403Q</sup> with deletion, Δaa468–527. The mice showed reduced fatty acid translocase CD36 and decreased AMPK activity, which lead to decreased myocardial ATP and triglycerides. However, increased levels of oleic acids and triglycerides in circulating VLDLs were observed in the liver<sup>92</sup>. While this metabolic shift led to increased gluconeogenesis in the liver, inhibition of gluconeogenesis improved LV architecture and function, thereby demonstrating how metabolic perturbations in other organs could contribute to HCM pathogenesis<sup>92</sup>.

#### 6. ANTHRACYCLINE CARDIOMYOPATHY

Anthracyclines are a class of chemotherapeutic agents which exert anti-tumour effects through: (i) interaction with DNA gyrase and topoisomerase IIβ, and intercalating DNA to cause double strand breaks in chromosomal DNA, thereby inhibiting transcription and replication leading to cell cycle arrest and apoptosis; (ii) modulation of signal transduction pathways such as Fas ligand pathway to inhibit cellular growth; (iii) generation of reactive oxygen species (ROS) that causes DNA damage and lipid peroxidation<sup>93</sup>. Anthracyclines are effective and widely used for leukaemia<sup>94, 95</sup> and a

variety of solid tumours, including breast cancer; the leading cause of cancer mortality in women<sup>96</sup>. Though it serves as one of the most effective chemotherapeutics, it is also the most toxic. Anthracycline-induced cardiotoxicity is associated with progressive dilated cardiomyopathy in a dose-dependent manner and often presents with LV dysfunction<sup>96, 97</sup>. As anthracycline-induced cardiotoxicity is often progressive and irreversible<sup>96</sup>, it can increase mortality due to HF, despite the patient surviving cancer<sup>97</sup>. Though the exact mechanism of anthracycline-induced cardiotoxicity has yet to be determined, studies have shown that anthracyclines can impair intracellular Ca<sup>2+</sup> signalling and pro-survival signalling pathways as well as disrupt cardiac progenitor cells<sup>98</sup>. Furthermore, anthracyclines can accumulate in the mitochondria of cardiomyocytes, disrupting OXPHOS and leading to ROS formation, which can result in endomyocardial interstitial fibrosis and vacuolation<sup>93</sup>. Thus, it is widely believed that the generation of ROS, which results in increased apoptosis, disruption of mitochondrial structure and function in addition to energy depletion, plays a crucial role in the pathogenesis of anthracycline-induced cardiotoxicity<sup>98</sup>.

### 7. PERIPARTUM CARDIOMYOPATHY

Peripartum cardiomyopathy (PPCM), which was first described in the 1930s<sup>99</sup>, is idiopathic in nature, and presents with LV systolic dysfunction and symptoms of HF between the final month of pregnancy and the first five months post-partum<sup>100</sup>. It occurs at 1 in 2,187 live births in the United States<sup>101</sup>, and although it has relatively low incidence, the prognosis can be poor with cardiogenic shock<sup>102</sup>. Although the exact mechanism of PPCM has yet to be elucidated, it is a non-ischaemic cardiomyopathy that often occurs in the presence of predictable stressors<sup>103</sup>. The familial occurrence, its varying prevalence among different regions and ethnicities, as well as genomewide association studies, suggest that genetics may play an important role in the development of PPCM<sup>104</sup>. Metabolic perturbations and increased oxidative stress in the heart during pregnancy also appear to contribute to the pathogenesis<sup>103, 104</sup>.

Murine models of PPCM have been generated by genetic ablation of the STAT3 transcription factor, which drives transcription of genes encoding antioxidant (e.g., MnSOD) and anti-apoptotic (e.g., BCL-XL) proteins<sup>105-107</sup>. These mutant mice, which are referred to as STAT3-CKO mice, recapitulate syndromes similar to PPCM, with a fraction of mice dying of HF within the first 3 weeks after delivery. Post-partum STAT3-CKO mice exhibit significant reductions in myocardial capillary density, compared to wild-type and non-pregnant STAT3-CKO mice. Subsequently, researchers have associated this phenotype with the secretion of prolactin which, ironically promotes angiogenesis<sup>108</sup>. Serum of patients with PPCM, however, show increased levels of cleaved prolactin which has strong anti-angiogenic effects, prompting researchers to describe a pathway whereby, the lack of STAT3 in cardiomyocytes, leads to reduced levels of MnSOD, which in turn causes the accumulation of ROS and increases the expression of Cathepsin D, which cleaves prolactin 109, 110. Given that cardiomyopathy in STAT3-CKO mice could be prevented by treatment with bromocriptine (a drug that inhibits prolactin secretion), researchers managed to demonstrate that decreased myocardial capillary density contributes largely to the development of PPCM<sup>105, 110</sup>. Further studies have shown that cleaved prolactin could induce the expression of miR-146a, which subsequently inhibits proliferation of endothelial cells and promotes cell death, in addition to being transported into cardiomyocytes through exosomes, where it decreased ERBB4 levels and perturbed cardiomyocyte metabolism<sup>110</sup>. Consequently, treating STAT3-CKO mice with antisense oligonucleotides or cholesterol-modified antago-miRs directed against miR-146a, alleviated PPCM, suggesting that miR-146a could be a potential therapeutic target against PPCM<sup>111</sup>.

A subsequent study has also used similar murine models for PPCM (mice with cardiomyocyte-specific deletion of Stat3) to investigate the benefit of β<sub>1</sub>-adrenergic receptor (β<sub>1</sub>-AR) agonists for treatment of acute HF in PPCM<sup>112</sup>. In vivo analysis using β<sub>1</sub>-AR stimulation by isoprenaline in *Stat3*-KO mouse cardiomyocytes showed severe cardiac dysfunction with high mortality, likely through the disruption of glucose uptake and subsequent energy depletion, oxidative stress and cellular death, suggesting that  $\beta_1$ -AR stimulation in PPCM may lead to irreversible HF. The adverse effects by  $\beta_1$ -AR agonist could be attenuated by β<sub>1</sub>-AR blocker metoprolol, as well as glucose-uptakepromoting drugs; perhexiline and etomoxir<sup>112</sup>. Importantly, while energy depletion in cardiomyocytes was shown to exacerbate the disease phenotype, rescue with perhexiline resulted in an alleviated disease phenotype, highlighting the significance of perturbed cardiac metabolism in the development of PPCM. Given that cardiac STAT3 expression is found to be reduced in patients with PPCM<sup>105</sup>, these studies confirm a causal role of STAT3-deficiency in the development of PPCM. Furthermore, the adverse effect by β<sub>1</sub>-AR agonists in murine models of PPCM have shed light on the controversial use of dobutamine (β<sub>1</sub>-AR agonist) in treating acute HF in PPCM. Instead, the use of  $\beta_1$ -AR agonists should be contraindicated in PPCM.

#### 8. MITOCHONDRIAL CARDIOMYOPATHIES

Mitochondrial cardiomyopathies are characterised by diffuse ventricular hypertrophy, with progressive diastolic dysfunction and HF with preserved ejection fraction<sup>113</sup>. They arise as one of the most common clinical manifestations in mitochondrial diseases <sup>114</sup>. Mitochondrial diseases are characterised by mitochondrial dysfunction due to mutations in mtDNA or nuclear genes that are essential for mtDNA maintenance; thus, mitochondrial diseases can exhibit autosomal-dominance or be recessive, X-linked, or maternally inherited<sup>115</sup>. Mitochondrial dysfunction can lead to energetic depletion through impaired OXPHOS and mitochondrial Ca<sup>2+</sup> regulation, which are central for excitation-contraction coupling<sup>116</sup>. Consequently, mitochondrial dysfunction often affects organs with high energy demand such as cardiac muscles<sup>117</sup>, resulting in cardiomyopathies. Mitochondrial dysfunction extends beyond metabolic perturbations as the mitochondrion is involved in adaptive thermogenesis, ion homeostasis, innate immunity, generation of ROS, and regulation of apoptosis<sup>118</sup>.

The involvement of mitochondrial dysfunction in the development of cardiomyopathy was first observed more than two decades ago. Utilising endocardial biopsies from infants, researchers showed significant decreases in the activity of complex I and/or complex IV relative to complex II and III in idiopathic hypertrophic cardiomyopathy<sup>119</sup>. Further investigations using transmitochondrial hybrids

demonstrated the pathogenicity of mtDNA mutations<sup>119</sup>. Later on, a murine model for mitochondrial myopathy and cardiomyopathy was described by knocking out the heart/muscle isoform of *Ant1*. Without ADP/ATP transport across the inner mitochondrial membrane, the absence of ANT1 resulted in reduced ADP-stimulated mitochondria respiration and defective OXPHOS in the heart<sup>120</sup>. The *Ant1*-decificent mice exhibited cardiac hypertrophy associated with mitochondrial proliferation similar to human patients with mitochondrial cardiomyopathy. This study showed for the first time that mitochondrial bioenergetic insufficiency could lead to hypertrophic cardiomyopathy<sup>120</sup>.

Transgenic murine models have also been used to investigate gene therapy approaches in the prevention and treatment of mitochondrial cardiomyopathy. Friedreich's ataxia, a mitochondrial disease caused by diminished frataxin (an essential mitochondrial protein required for the biosynthesis of iron-sulphur clusters), often presents with hypertrophic cardiomyopathy. Patients often exhibit defective mitochondrial OXPHOS, bioenergetic imbalance, deficient iron-sulphur cluster enzymes and mitochondrial iron overload<sup>121-123</sup>. Excessive iron in cardiomyocytes can lead to the generation of free radicals via the Fenton reaction, resulting in oxidative stress. Consistently, iron accumulation in the myocardium has been associated with diastolic dysfunction in the early stages of dilated cardiomyopathy<sup>124</sup>. Recently, mitochondrial iron overload has been postulated to contribute to oxidative stress, mitochondrial damage and in the development of cardiomyopathy<sup>125</sup>. By knocking out frataxin in mice, researchers generated a model that recapitulates most features of Friedreich's ataxia-associated cardiomyopathy<sup>126</sup>. Interestingly, intravenous administration of adeno-associated virus rh10 vector expressing human frataxin prevented the development of cardiomyopathy, but more importantly, administration after onset of HF was able to reverse the cardiomyopathy at functional, cellular, and molecular levels within a few days. Murine cardiomyocytes with severe energy depletion and ultrastructural disorganization were shown to be rescued by this gene therapy approach<sup>126</sup>.

In other studies, researchers showed that ablation of *Tfam* (a nucleus-encoded protein required for mtDNA transcription), led to reduced mitochondrial mass in murine hearts but, interestingly, also resulted in increased ROS, ultimately resulting in lethal dilated cardiomyopathy in neonatal mice. The elimination of *Tfam* was found to prevent the expression of 13 polypeptides encoded by mtDNA, including components of required for mitochondrial OXPHOS. complexes Mutant foetal cardiomyocytes did not exhibit energy deficiency, most likely due to the foetal heart relying mainly on glycolysis for energy production. In contrast, the mutant neonatal mice exhibited perturbed mitochondrial biogenesis, morphology, and function. The study demonstrated that Tfam inactivation results in cardiomyopathy through ROSactivated DNA damage, whereas ROS scavenging or WEE1 kinase inhibition could rescue the cardiomyopathy phenotype in vivo, thereby providing a proof-of-concept therapy for mitochondrial cardiomyopathy. Interestingly, although *Tfam* inactivation did not affect murine cardiomyocyte maturation as indicated by the unchanged Myh6/Myh7 gene expression ratio, it significantly affected intracellular Ca2+ handling

and contraction, establishing a link between mitochondrial perturbation and cardiac dysfunction 127.

Defective mitochondrial protein synthesis has also been associated with mitochondrial cardiomyopathy. Mitochondrial protein translation, essential for assembly of the OXPHOS components, requires mitochondrial tRNA to be charged with the cognate amino acids by mitochondrial aminoacyl-tRNA synthetase except for glutaminyl mitochondrial tRNA (mt-tRNAGIn), which is indirectly charged via a transamidation reaction requiring GatCAB aminoacyl-tRNA amidotransferase complex<sup>128, 129</sup>. Post-mortem examination of infants (from 5 different families) with suspected severe mitochondrial cardiomyopathy revealed cardiomyocytes with extensive mitochondrial proliferation and abnormal respiratory chain enzymes. Sequencing results indicated at least one missense mutation that leads to residual GatCAB activity. The pathogenic variant in GatCAB aminoacvl-tRNA amidotransferase complex was speculated to prevent normal OXPHOS enzyme activity, but was not sufficient to cause embryonic lethality. Immunofluorescence staining failed to reveal co-localization of QARS (another protein involved in the aminoacylation of mt-tRNA<sup>Gln</sup>) with mitochondrial protein TOM20, thereby suggesting absence of aminoacylation of mt-tRNA<sup>Gln</sup> and that charging of mt-tRNA<sup>Gln</sup> is dependent on GatCAB complex<sup>130</sup>. A functional assay was performed in Saccharomyces cerevisiae, whereby mutagenesis of orthologous genes into pathogenic variants revealed defective OXPHOS along with decreased oxygen consumption rate. This confirmed the importance of GatCAB complex and highlighted how pathogenic variants impair its function, thereby diminishing the amount of charged mt-tRNAGIn and resulting in perturbed mitochondrial translation of nearly all mtDNA-encoded OXPHOS subunits<sup>130</sup>.

Transgenic mice have also been used to evaluate potential therapies for mitochondrial cardiomyopathy. AOX, a non-mammalian enzyme, is capable of bypassing the blockade of the complex III-to-IV segments of the mitochondrial OXPHOS machinery<sup>131, 132</sup>. By preventing lethal mitochondrial cardiomyopathy, transgenic expression of Ciona intestinalis AOX extended the median survival time from 210 to 590 days in complex III-deficient mice (knock-in of Bcs11S78). BCS1L is a mitochondrial inner membrane translocase essential for Rieske iron-sulphur protein topogenesis and incorporation into complex III (cIII). Mutations in BCS1L presents the most common cause of cIII deficiency, leading to GRACILE syndrome that consists of foetal growth restriction, aminoaciduria, cholestasis, liver iron overload, lactic acidosis, and early death during infancy<sup>133-135</sup>. Bcs1IST8G homozygous knock-in mice recapitulate many features of GRACILE syndrome, with a short survival time of 35 days, due to lethal cardiomyopathy with prominent fibrosis in the heart, as well as in the liver and kidneys<sup>136</sup>. Interestingly, apart from the increased lifespan, cIII-deficient mice with transgenic expression of AOX showed normal-sized hearts with the absence of fibrosis throughout their lives, thereby demonstrating AOX is able to rescue lethal cardiomyopathy. The rescue was correlated with preservation of mitochondrial ultrastructure, metabolic stress relief through upregulation of genes involved in mitochondrial function (including TFAM), and restoration of cardiac mitochondrial respiration. However, the effects of AOX did not extend to ROS damage. Taken together, AOX was shown to rescue mitochondrial cardiomyopathy through respiratory chain bypass, transferring electrons from quinols to oxygen without proton translocation, thus maintaining electron flow when complex III-to-IV segments of mitochondrial OXPHOS machinery are defective. This study provides evidence that AOX is able to attenuate cIII or cIV-related pathological development, and is potentially translatable to patients with cIII- or cIV-blockade and associated mitochondrial cardiomyopathy using gene therapy approaches<sup>136</sup>.

Mitochondrial structural abnormalities are common in mitochondrial diseases. Electron microscopy of a patient with mitochondrial cardiomyopathy, secondary to mitochondrial myopathy, encephalopathy, lactic acidosis, and stroke-like episodes (MELAS) syndrome, has revealed morphosis of multi-layered mitochondria that is believed to contribute to the pathophysiology of MELAS<sup>137</sup>. Furthermore, endomyocardial biopsy from a 46-year-old man with congestive heart failure revealed a novel point mutation in mtDNA with cardiomyocytes exhibiting deformed mitochondria of various shapes (spherical, oval, and enlarged forms). Transmission electron microscopy revealed that the enlarged mitochondria had fused with neighbouring normal-sized mitochondria, which may serve as a compensatory mechanism for functional impairment by mutations in mtDNA<sup>138</sup>.

#### 9. INSIGHTS PROVIDED BY HUMAN INDUCED PLURIPOTENT STEM CELLS

Animals have contributed to some of the greatest achievements in medicine in the 19th and 20<sup>th</sup> centuries<sup>139</sup>, and continue to play an important role in biomedical research. However, animal models have their limitations, which mainly include interspecies differences in pathophysiology as well as the length of time involved in generation and validation. For instance, the generation of type 2 diabetes mellitus mice using lowdose streptozotocin and high-fat diet requires 18 weeks to induce type 2 diabetes mellitus (3 days of intraperitoneal injection of streptozotocin with 18 weeks of high-fat diet)<sup>52</sup>, whereas type 2 diabetes mellitus rat model requires 8 weeks to induce type 2 diabetes mellitus (8 weeks of high-fat diet followed by one dose of streptozotocin)<sup>140</sup>. Moreover, the murine model does not recapitulate certain hallmarks of DMCM, including LV systolic dysfunction and LV hypertrophy<sup>52</sup>. For example, in patients with DCM, a switch in titin isoform expression has been described in which failing hearts were found to have a larger fraction of the more compliant N2BA titin isoform. This change in isoform expression reduces myocardial stiffness and affects diastolic filling<sup>141, 142</sup>. This isoform switch was not reflected in animal models, such as the experimental tachycardia-related cardiomyopathy (a model for DCM and HF) using dogs; instead, the study showed a markedly reduced expression of the N2BA titin isoform<sup>143</sup>. By comparison, a murine model of DCM (*Bmal1*-/- mice) found increased levels of the stiffer N2B isoform and reduction of the more compliant N2BA isoform 144. demonstrating interspecies differences in the pathogenesis of DCM.

Additionally, the major myosin isoforms are differentially expressed in humans versus mice, as  $\beta$ -myosin is the predominant form in humans and  $\alpha$ -myosin (encoded by MYH6) in mice. Consequently, murine studies evaluating the causal mutations in

β-myosin in HCM patients induced these mutations on a *MYH6* backbone. Although mutant *MYH6* was sufficient to induce pathogenic phenotypes, the contractile kinetics is significantly different between the two isoforms<sup>145-147</sup>, and thus caution is advised when interpreting these results. The discovery of human induced pluripotent stem cells (hiPSCs) may circumvent these limitations and provide new insights into the pathophysiology underlying cardiomyopathies. The capacity of hiPSCs to retain patient-specific information, including genetic and epigenetic characteristics<sup>148</sup>, makes them suitable candidates for modelling cardiac diseases<sup>149-153</sup>.

Assessing the contractile properties of hiPSC-derived cardiomyocytes (hiPSC-CMs) is an important parameter when evaluating a disease phenotype. Assessing contractile function at the cellular level may not accurately reflect the contractile properties at the tissue level. However, this can be overcome by using 3D engineered heart tissue (EHT)<sup>154-158</sup>. Researchers have described methods to generate EHT using collagen- and fibrin-based matrix between flexible silicone posts. The EHT is capable of spontaneous contraction and force development. Furthermore, this approach can show morphological maturation as well as metabolic maturation with increased fatty acid oxidation and reduced anaerobic glycolysis. Importantly, the 3D EHT have a higher mitochondrial mass compared to 2D cultures of hiPSC-CMs and similar mitochondrial proteomic profiles compared to adult human cardiomyocytes<sup>155</sup>.

Similarly, when hiPSC-CMs and human dermal fibroblasts were mixed together in a fibrin hydrogel and allowed to polymerize around pillars, the resulting stretching motion created passive tension within the EHT, leading to cardiomyocyte elongation and alignment. Physical conditioning via electrical stimulation with increasing intensity over time led to an adult-like gene expression profile, with remarkably organized ultrastructure, physiological sarcomere length, dense mitochondria, transverse tubules, OXPHOS, functional calcium handling and a positive force-frequency relationship in the EHT<sup>159</sup>. The authors did however observe slower development of the electromechanical properties which were at a lower maturation state than the adult human myocardium. Nevertheless, the notion that 3D cultures result in enhanced structural and functional maturity, as compared to 2D cultures is consistent across several studies<sup>160, 161</sup>. With regard to metabolic maturity, when whole-transcriptome and C-metabolic flux analysis were performed on 2D and 3D cultures, the latter was found to have decreased levels of glycolytic and lipid biosynthesis genes with concurrent increase in OXPHOS genes. These 3D aggregates also demonstrated lower glycolytic and fatty acid synthesis flux, with increased TCA-cycle activity, indicative of enhanced metabolic maturity on the molecular and fluxome level in comparison to 2D cultures<sup>160</sup>.

## Recapitulating Cardiac Metabolism

As highlighted in this review, metabolic perturbations play key roles in the pathophysiology of various cardiomyopathies. As such, when modelling cardiomyopathies, it is essential for hiPSCs to recapitulate maladaptive metabolic alterations. One of the early limitations of hiPSC-CMs to model complex diseases was their immature phenotype<sup>162</sup>. More recently, researchers have used various methods

to facilitate the maturation process with the aim of attaining a more adult-like phenotype. These include prolonged culture<sup>163, 164</sup>, electrical/mechanical stimulation<sup>155, 165-167</sup>, modulation of the extracellular matrix<sup>168, 169</sup> and the use of microRNAs<sup>170</sup>. Marked changes in metabolic preference have been reported during development, as foetal cardiomyocytes transition from a primarily carbohydrate-based metabolism to a fatty acid-based metabolism in adulthood, which is accompanied by the maturation of mitochondrial processes<sup>11</sup>. Recognising that cellular metabolism plays an important role in the pathogenesis of cardiac diseases as well as during cardiomyocyte development, recent studies have placed emphasis on attaining hiPSC-CM maturation through modulation of the metabolic environment.

Healthy human adult cardiomyocytes derive the majority of their energy requirements through fatty acid oxidation, but can also exhibit metabolic plasticity by being metabolising glucose or other substrates when fatty acid oxidation is impaired or unavailable<sup>171</sup>. This has been demonstrating by studies showing that activation of PPAR-α (a major transcriptional regulator in fatty acid metabolism) induces an adultlike metabolism as well as mitochondrial maturation with active OXPHOS in hiPSC-CMs, without initiating pathological phenotypes<sup>171</sup>. To circumvent the absence of physiological factors that would normally be present in the heart, researchers have also identified several postnatal factors that could improve the functional properties of hiPSC-CMs in serum-free culture. These factors included triiodothyronine (T3), insulin-like growth factor 1 (IGF-1), and glucocorticoid dexamethasone. T3 was found to increase the resting membrane potential, which is essential for cardiomyocyte excitability and contractility, whereas IGF-1 and dexamethasone provided synergistic effects to stimulate cellular bioenergetics and generate traction force<sup>172</sup>. Other studies also found that inhibition of HIF-1α and the downstream target, LDHA, led to a metabolic shift from anaerobic glycolysis to OXPHOS in hiPSC-CMs, with enhanced mitochondrial content and ATP levels. The metabolic maturation of hiPSC-CMs was accompanied by functional maturation, as well as improved sarcomere length and contractility<sup>173</sup>. A recent study found that combining the treatment of the three separate studies (PPAR-α activation, HIF-1α inhibition, and three postnatal factors T3, IGF-1, and dexamethasone) resulted in a significant improvement in the metabolic and functional maturation of hiPSC-CMs<sup>174</sup>. Furthermore, our group demonstrated that direct supplementation of fatty acids (palmitate/oleate) can promote metabolic maturation in hiPSC-CMs, as evident from the enhanced mitochondrial remodelling, oxygen consumption rates, and ATP production. Further bioenergetic analysis showed increased mitochondrial OXPHOS along with ultra-structural enhancements, suggesting that fatty acids induce both metabolic and structural maturation <sup>175</sup>. These findings were validated in two independent studies showing similar results<sup>176, 177</sup>. Taken together, new strategies that facilitate the metabolic and functional maturation of hiPSC-CMs have shown promising results, highlighting the feasibility of hiPSC-CMs to recapitulate adult-like metabolic phenotypes, making them applicable to model cardiomyopathies with underlying metabolic perturbations.

## Modelling Perturbed Metabolism in Cardiomyopathies

In addition to retaining patient genetic and epigenetic information, hiPSCs allow for the generation of isogenic pairs, offering appropriate controls to be compared against. This is an advantage over animal models or primary cell lines in which appropriate controls are often unavailable, leaving the results confounded by heterogeneity. Isogenic pairs are particularly useful when the pathogenesis of the disease involves a genetic background and epigenetics, such as in cases of HCM<sup>178</sup>. Researchers generated 11 isogenic variants in three hiPSC lines with c.C9123T-MYH7 (p.R453CβMHC) substitution mutation and found that the R453C-βMHC mutation alone was sufficient to cause severe pathology, regardless of genetic background. Results from ATP, calcium handling, and transcriptomic assays on the isogenic hiPSC-CMs supported the energy depletion hypothesis, which postulates that sarcomere disorganization leads to inefficient ATP utilization, resulting in increased energy demands. Interestingly, the study showed that mitochondrial content was unchanged, which the authors attributed to the increased energy demand from similar mitochondrial contents that could result in increased ROS and cellular stress, as seen in mitochondrial cardiomyopathy<sup>179</sup>. Similarly, the phospholamban mutation, *PLN*<sup>R9C</sup>, has been implicated in DCM. Using clustered regularly interspaced short palindromic repeats (CRISPR)-Cas9 technology to insert a hereditary PLNR9C mutation, researchers were able to generate isogenic hiPSC-CMs. Transcriptomic analysis showed upregulation of genes involved in glycolysis and downregulation of genes involved in fatty acid β-oxidation, including PPAR-α, demonstrating a metabolic shift from aerobic to anaerobic metabolism. Further transcriptomic analysis also showed that miRNA perturbations may contribute to metabolic disruption<sup>180</sup>.

Studies using patient-derived hiPSCs have also provided insights into Barth syndrome, an X-linked genetic disorder caused by Tafazzin gene (*TAZ*) mutation and characterised by mitochondrial cardiomyopathy. hiPSC-CMs generated from a patient with Barth syndrome showed increased mitochondrial fragmentation, as well as mitochondrial functional impairment, due to depletion of mature cardiolipin. Interestingly, the study showed that the contractile dysfunction in Barth syndrome was not a result of a global cellular energy deficit, but was due to impairment of the sarcomere assembly. The sarcomere disorganization was attributed to increased generation of ROS, which upon suppression resulted in improved metabolism, sarcomere organization, and contractile properties in diseased hiPSC-CMs. Therefore, strategies that enhance ROS scavenging may be beneficial for patients with Barth syndrome<sup>181</sup>.

Human iPSC-CMs have been reported to interrogate rare and less-studied diseases such as dilated cardiomyopathy with ataxia (DCMA), a Barth syndrome-like condition. DCMA, a form of mitochondrial cardiomyopathy, is caused by a splice mutation in the *DNAJC19* gene, which has been proposed to facilitate the import of proteins into the mitochondria of cardiomyocytes<sup>182</sup>. When hiPSC-CMs were generated from DCMA patients, researchers observed mitochondrial defects, including fragmentation and abnormal mitochondrial morphology associated with an imbalanced isoform ratio of OPA1, a mitochondrial fusion protein. Interestingly, treatment with SS-31, a member of Szeto-Schiller peptides that target the inner

mitochondrial membrane and protects mitochondrial cristae, was able to restore the OPA1 isoform ratio balance and rescue mitochondrial abnormalities, thereby providing further insight into the underlying mechanism of DCMA and more importantly, highlighting SS-31 as a potential therapeutic compound for DCMA<sup>183</sup>.

Other mechanistic insights brought forth by hiPSC-CMs include the assessment of mitochondrial mutations in HCM. Previously, mtDNA mutations were proposed to be involved in maternally inherited HCM, however, due to the lack of appropriate models, the underlying pathogenesis remained inconclusive. When assessing hiPSC-CMs generated from patients with maternally inherited HCM, researchers were able to demonstrate that the m.2336T>C mutation in the mitochondrial 16S rRNA gene (*MT-RNR2*) resulted in mitochondrial dysfunction, ultrastructural defects, reduction in ATP/ADP ratio and mitochondrial membrane potential which culminated in an HCM-like phenotype<sup>114</sup>.

The *PRKAG2* gene encodes for regulator γ2 subunit of AMPK (a critical modulator of cellular energy homeostasis). Hence, mutations within this gene give rise to cardiomyopathy characterised by progressive cardiac conduction disorder and ventricular hypertrophy. Evidence of excessive glycogen deposition and increased AMPK activities in *PRKAG2* mutation-associated cardiomyopathy was found using hiPSC-CMs derived from patients with *PRKAG ZW/ZJ*. The study also showed that AMPK inhibition was able to reduce the glycogen accumulation and rescue cardiac remodelling in *PRKAG2* cardiac syndrome<sup>184</sup>.

Lastly, hiPSC-CMs have been reported to retain the epigenetic background implicated in DMCM. Researchers generated hiPSC-CMs from patients with type 2 diabetes mellitus at different disease progression states to serve as an *in vitro* platform for compound screening. The patient-derived hiPSC-CMs successfully recapitulated the pathological hallmarks of DMCM, including glucose restriction, induced distortion of cell structure, lipid accumulation, oxidative stress, and cellular hypertrophy. The hiPSC-CMs were able to develop a DMCM phenotype in the absence of a diabetic stimulus, showing the genetic/epigenetic predisposition in DMCM. Remarkably, the patient-derived hiPSC-CMs exhibited varying severity of pathological phenotypes that correlated with the original clinical status of the patient<sup>185</sup> which led to the postulation that fast-progressing diabetes may have underlying epigenetic involvement, however, given that the study provided limited genetic/epigenetic data, such conclusions would warrant independent confirmation.

#### Advantages of hiPSCs

Research using hiPSCs has several advantages (Figure 2), one of which involves the availability of required starting materials. hiPSCs could be generated from many different somatic cell types, including fibroblasts and peripheral blood mononuclear cells, which are easily accessible and require minimal invasive procedures. This circumvents the need for invasive procedures such as endomyocardial biopsies. Furthermore, as the parental hiPSCs can be maintained in culture indefinitely, cardiomyocytes could be generated when required, using a number of established protocols<sup>186-188</sup>. This is highly advantageous compared to the process of rodent

cardiomyocyte isolation, which is laborious and highly dependent on the skills of individual researchers (e.g., in obtaining cell number and viability) and the variable methods used for isolation. Most importantly, because hiPSCs contain the genetic makeup of the individual from which they were generated, the underlying predisposition towards any disease can be recapitulated in a petri-dish. This feature makes hiPSCs an ideal platform to study the pathophysiology of cardiac diseases, including metabolic perturbations. As an in vitro assaying platform, hiPSC-CMs allow for the manipulation of environmental substrates easily through the use of different culture media. For instance, a diabetic environment could be created in as little as 2 days with all accompanying pathological features<sup>185</sup>, compared to up to 18 weeks in an animal model<sup>52</sup>. Similarly, the time needed to generate hiPSC-CM models for HCM<sup>189</sup> or DCM<sup>151</sup> is much shorter compared to conventional animal models<sup>190-193</sup>. Finally, another appealing aspect of using hiPSC-CMs especially when modelling perturbed metabolism and mitochondrial dysfunction is their compatibility with various cellular assays which assess fuel preference and bioenergetics with relative ease. For example, measurement of oxygen consumption rate and extracellular acidification rate can provide a good indication of energy metabolism under both basal and stressed environments. Similarly, analysis of acylcarnitines and TCA-cycle intermediates can provide insight into fuel preference and energy flux under healthy and diseased conditions. Imaging studies using mitochondrial dyes (e.g. TMRM, JC-1) can also provide information on mitochondria membrane potential and when coupled with ROS, ATP and ADP determination assays, can help interrogate impaired substrate selectivity and/or impaired bioenergetics which could be a major contributor to disease pathology.

In a landmark clinical trial (EMPA-REG OUTCOME), empagliflozin, a sodium-glucose co-transporter-2 (SGLT-2) inhibitor was reported to lower CV-related death and reduce hospitalisation for HF<sup>194</sup>. In light of these positive outcomes, investigators have attempted to identify the mode of action for empagliflozin. In a recent study, when exposed to a diabetic-like environment comprising high-glucose and insulin-free culture conditions, hiPSC-CMs demonstrated cellular hypertrophy and reduced contractility with accompanying increase in SGLT1 and SGLT2 expression<sup>195</sup>. Interestingly, empagliflozin treatment pre- or post- high-glucose exposure was found to attenuate the high-glucose-induced cardiac abnormalities, with no effect on cell viability nor on the glycolytic capacity of hiPSC-CMs. Since SGLT1 and SGLT2 expression was found to be downregulated post-treatment, this led to the postulation that empagliflozin may exert protective effects directly through the reduction of SGLT1 and SGLT2<sup>195</sup>.

The findings in hiPSC-CMs are consistent with reports that associate an increase in cardiac SGLT1 with DMCM<sup>196</sup>, however, the postulation that empagliflozin works via downregulation of SGLT-1 and SGLT-2 should be viewed with caution. Moreover, while SGLT1 has been found to be expressed in human cardiomyocytes<sup>196</sup>, the expression of SGLT2 in the heart remains debatable<sup>198-201</sup>. Though the mechanisms by which SGLT-2 inhibitors exert cardioprotective effects are yet to be identified, several hypotheses have been proposed which includes, natriuretic and

diuretic effects<sup>202-205</sup>as well as inhibition of the myocardial Na<sup>+</sup>/H<sup>+</sup> exchanger (NHE) which results in improved myocardial calcium handling<sup>206, 207</sup>. It would therefore seem that the beneficial effects exerted by SGLT-2 inhibitors is multifaceted, affecting various tissues and organs, including the kidney<sup>208-211</sup> and vasculature<sup>212, 213</sup>.

Human iPSC-CMs also offer a far more accurate platform for toxicity studies in drug development compared to conventional approaches. A library of hiPSCs was generated from patients with various hereditary cardiac disorders, including DCM (TNNT2R173W) and HCM (MYH7R663H). The hiPSC-CMs retained pathogenic phenotypes; for instance, hiPSC-CMs derived from HCM patients showed cellular enlargement and sarcomere disorganization and those derived from DCM patients also exhibited sarcomere disorganization. Transcriptomic assays showed that these disease-specific hiPSC-CMs expressed all cardiac ion channels of adult left ventricular cardiac tissue, suggesting retention of electrophysiology of the adult human heart. Given that DCM and HCM patients are more susceptible to drug-induced cardiotoxicity, it is particularly important to recapitulate this drug-susceptibility in the toxicity assay. By recapitulating the clinical susceptibility of high-risk patient populations to drug-induced cardiotoxicity, a patient-derived hiPSC-CM library offers a vastly superior platform for toxicity studies<sup>214</sup>.

The potential for scalability of hiPSC-CMs in 3D culture<sup>215</sup> together with the recent characterization of comparative electrophysiology<sup>216</sup> offer a unique platform for high-throughput phenotypic screening of drugs and assaying for cardiotoxicity. In a recent study, 21 FDA-approved tyrosine kinase inhibitors (TKIs) were screened for cardiotoxicity using hiPSC-CMs derived from 11 healthy individuals and 2 patients undergoing cancer treatment<sup>217</sup>. A majority of TKIs were found to promote cardiotoxicity, with some having more profound effects than others, affecting several cardiovascular cell types via inhibition of VEGFR2/PDGFR signalling. Importantly, the cardiotoxic effect of TKIs could be reversed via insulin/IGF1 signalling. Through the use of hiPSC-CMs, the researchers were able to establish a "cardiac safety index" for TKI cardiotoxicity<sup>217</sup>, further substantiating the use of hiPSC-CMs in high-throughput cardiotoxicity screens.

In an attempt to establish a hazard score system for cardiac electrical liabilities, researchers demonstrated that calcium transient screening assays are able to identify drugs (from 587 new chemical entities) that target various cardiac ion channels and receptors, thereby providing a comprehensive drug profile on cardiovascular safety<sup>218</sup>. A more recent study has also demonstrated the potential for hiPSC-CMs to provide functional screening of 105 small molecules for pro-regenerative benefits<sup>219</sup>. When treated with selected compounds, high-throughput proteomic analysis of 3D cardiac organoids showed synergistic activation of the mevalonate pathway and cell-cycle network, providing mechanistic insight into the small molecules being tested. These studies exemplify the versatility and robustness of the high-throughput approach offered by hiPSC-CMs, making them highly appropriate for preclinical drug development.

Apart from phenotypic screens where the target is unknown, hiPSC-CMs can also be used as a platform for known target screens. MAP4K4 has been reported to

be activated in HF in both human and rodent models, and likely contributes to the pathological presentation through interactions with TAK1, JNK and p38 MAPK<sup>220, 221</sup>. When hiPSC-CMs were treated with hydrogen peroxide, researchers were able to model ischemic injury and subsequently establish the cardioprotective benefits of an initial screen hit and an optimized analogue, DMX-5804 (a small molecule inhibitor) which targets MAP4K4 <sup>222</sup>. Consistent with the *in vitro* observations, DMX-5804 was found to reduce ischaemia-reperfusion injury (IRI) by more than 50% in a mouse IRI model, thereby highlighting the use of hiPSC-CMs for known target screens.

In addition to phenotypic/target screens and cardiotoxicity studies, experimental studies with hiPSC-CMs can be undertaken in parallel with clinical trials to gather additional information, which may have a direct influence on the related clinical study. In addition to phenotypic/target screens and cardiotoxicity studies, hiPSC-CMs allow for clinical trials to be conducted to guide therapy, paving the way for precision medicine. A recent study has validated the application of hiPSC-CMs in identifying patient-specific drugs for cardiomyopathy. The proof-of-concept study used hiPSC-CMs derived from a patient with HCM who had a rare mutation in the gene encoding  $\alpha$ -actinin 2 (ACTN2<sup>T247M</sup>). The resulting engineered heart tissues recapitulated hallmarks of HCM, including increased L-type Ca<sup>2+</sup> current. Diltiazem, a L-type Ca<sup>2+</sup> channel blocker, was found to decrease force amplitude, relaxation and action potential duration in HCM hiPSC-CMs, when compared to the isogenic control. These findings were later translated to patient care. Consistent with the results from the hiPSC-CM assay, treatment with diltiazem reduced the prolonged QT intervals in the HCM-affected son and sister of the index patient, but did not alter the QT intervals in healthy controls. Taken together, the study provides evidence that ACTN2 missense mutations cause HCM on the cellular level and that patient-derived hiPSC-CMs offer a promising platform for personalised therapy in cardiomyopathies<sup>96</sup>.

#### Limitations of hiPSCs

Although hiPSC-CMs are highly suitable for modelling human cardiomyopathies, they do possess some limitations. Culture conditions may have profound effects on disease phenotype as observed previously. Researchers found that serum could increase cellular surface area of healthy hiPSC-CMs, but not hiPSC-CMs derived from HCM patients<sup>223</sup>. The reduced phenotypic differences between control and diseaseassociated hiPSC-CMs may in turn underestimate the effect of compounds in drugrelated studies. Furthermore, the undefined nature of serum and associated batch batch-to-batch variations can potentially hinder the establishment of a disease model, leading to inconsistencies in mechanistic studies and drug screening, thereby necessitating the requirement for defined/serum-free cultures. An alternative could be the use of serum-free media and though this may not represent physiological conditions, it does provide a controlled environment not marred by undefined factors. which is a critical prerequisite when attempting to determine compound efficacy and safety. To circumvent the absence of physiological factors and improve the functional properties of hiPSC-CMs in serum-free culture, supplementation with postnatal factors could be considered<sup>172</sup>.

Human iPSCs contain the genetic/epigenetic makeup of the individual from which they were generated, potentially enabling them to recapitulate underlying predispositions towards any disease. However, it is important to note that such genetic/epigenetic states can be influenced during the reprogramming process and culture conditions. Genetic variations in hiPSCs can lead to unexpected phenotypes in hiPSC-derived progenies as highlighted in a previous study which attempted to model X-linked Lesch-Nyhan syndrome<sup>224</sup>. In this study, while early-passage hiPSCs were found to retain the inactive X-chromosome, long-term culture resulted in the erosion of the inactive X-chromosome, an effect that could not be reversed through differentiation or further reprogramming<sup>224</sup>. These findings are consistent with other reports which suggest long-term culture of hiPSCs to be associated with karvotype abnormalities<sup>7, 225-227</sup>. Epigenetic variations in hiPSCs, on the other hand, are thought to be attributable to "epigenetic memory" of somatic origin<sup>228</sup> and/or culture conditions<sup>229, 230</sup>. While epigenetic memory is proposed to influence the differentiation potential of hiPSCs, it has also been suggested that the methylation patterns of somatic origin can be erased with increasing cell passage number. It is therefore crucial to optimise the passage number and regularly evaluate the genetic/epigenetic status of the patient-derived hiPSCs, prior to using them in downstream studies.

The purity of hiPSC-CMs is another factor that needs to be considered. High purity of hiPSC-CMs can be obtained via several methods such as negative selection using lactate. This approach exploits the metabolic plasticity of cardiomyocytes to produce energy from several substrates, including lactate. By simply substituting the culture medium to a glucose-depleted but lactate-enriched medium, an almost pure cardiomyocyte population could be obtained<sup>231</sup>. Though this strategy is a simple, cost-effective solution capable of removing residual undifferentiated hiPSCs and generating a purified hiPSC-CM population<sup>232</sup>, downstream repercussions could occur when hiPSC-CMs are subjected to an anaerobic substrate. We recently described an alternative method for purifying hiPSC-CMs through the use of a sheath-less acoustic fluorescence-activated cell sorting device that can circumvent the use of an anaerobic substrate<sup>233</sup>.

#### 10. CONCLUSIONS

Maladaptive metabolic alterations are not limited to mitochondrial cardiomyopathies. and as highlighted in this review, most cardiomyopathies do include elements of perturbed metabolism and impaired bioenergetics. Given that mitochondrial OXPHOS contributes to over 90% of the adult heart's energy requirements, impaired OXPHOS can result in drastic energy deficiency in the heart. Consistently, defective mitochondrial OXPHOS from both fatty acid β-oxidation and glucose oxidation is seen in HF<sup>234</sup>. To compensate for this, increased glycolysis may provide a source of energy in the failing heart, but it is unable to completely replace the deficit in mitochondrial ATP production<sup>235</sup>. Therefore, hiPSC-CM models capable of recapitulating the maladaptive metabolic changes impaired and bioeneraetics cardiomyopathies can provide much needed new insights into disease progression. In addition, patient-derived hiPSC-CM models possess several key advantages in terms of their ability to retain important aspects of cardiomyopathies. These include, but are not limited to: (1) underlying perturbed metabolism; (2) genetic predisposition; and (3) epigenetic factors. Moreover, hiPSC-CMs provide a unique platform for drug screening and toxicology studies. Finally, given their ability to model diseases in a human context, the use of hiPSC-CMs can provide unprecedented knowledge into the pathophysiology of cardiomyopathies by providing appropriate and robust disease models that are capable of interrogating cardiomyopathies at the cellular level, with the ultimate aim of identifying novel targets for improved clinical outcomes in patients with cardiomyopathies.

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CONFLICTS OF INTEREST
All authors have no conflict of interest.

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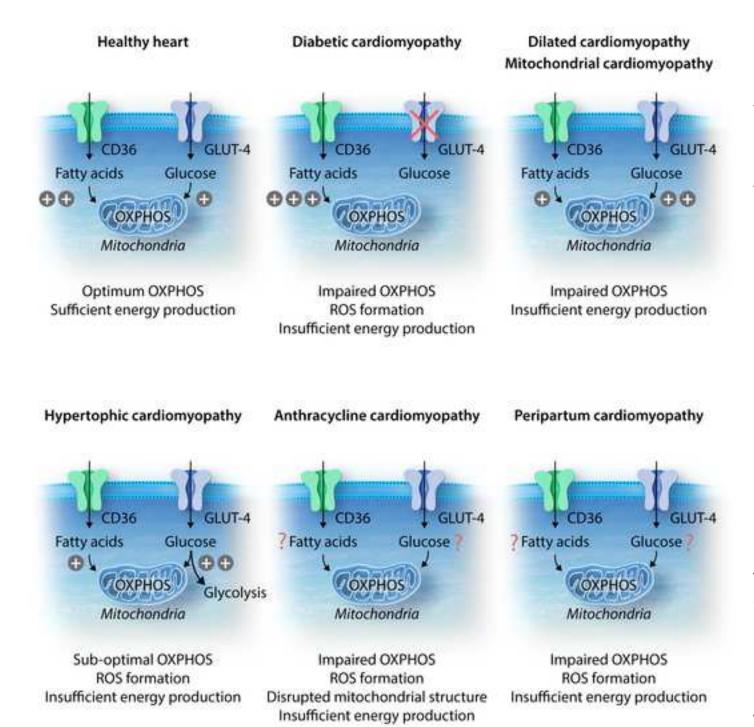
#### FIGURE LEGENDS

## **Graphical Abstract**

Figure highlighting the detrimental processes that follow perturbed metabolism and eventually lead to the development of cardiomyopathy. The healthy heart can utilize a number of different metabolites (substrates), however metabolic perturbations (such as glucotoxicity and lipotoxicity) can result in improper substrate selectivity with subsequent bioenergetic impairment (such as calcium dysregulation, ATP depletion, mitochondrial fission, and excess reactive oxygen species [ROS] production) and this can result in myocardial dysfunction due to fibrosis, apoptosis, adverse left ventricular remodelling and contractile/relaxation impairment. These detrimental processes serve as potential points of intervention and hence, targets for new therapies. These may facilitate metabolite uptake, enhance bioenergetics, and improve myocardial function, and provide novel therapies for preventing the onset and delaying the progression of metabolism-perturbed cardiomyopathies.

Figure 1: Schematic illustration of metabolic substrate preferences in cardiomyocytes under healthy versus diseased conditions. Under healthy conditions, both fatty acids and glucose are able to enter the cell via the CD36 fatty acid translocase and GLUT4 transporter, respectively. Both substrates can enter the mitochondria and undergo OXPHOS; however, there is a preference for fatty acid β-oxidation as this process generates more ATP than glucose oxidation, which is critical for efficient energy production. In diabetic cardiomyopathy, GLUT4 membrane translocation is impaired. and as a result, glucose uptake is reduced. Increased fatty acid entry and β-oxidation then results in proton leak, ROS formation, and lipotoxicity, with eventual energy depletion. In dilated cardiomyopathy (DCM), an increase in glucose uptake and oxidation is accompanied by reduced fatty acid uptake and β-oxidation. Despite being the more energy efficient substrate, glucose oxidation is unable to produce sufficient energy to keep up with the demanding workload of a failing heart. In hypertrophic cardiomyopathy (HCM) and mitochondrial cardiomyopathy, much like in DCM, there is a metabolic switch towards preferential utilisation of glucose. In HCM however, an increase in glycolysis with concurrent reduction in glucose oxidation, results in uncoupling between glucose entry and oxidation. This leads to suboptimal OXPHOS and insufficient energy production. In anthracycline cardiomyopathy and peripartum cardiomyopathy, fatty acid and glucose cellular uptake and oxidation have yet to be elucidated. While ROS formation has been identified as a common occurrence, disrupted mitochondrial structure has been observed in anthracycline cardiomyopathy. Both cardiomyopathies are associated with impaired OXPHOS, leading to insufficient energy production.

**Figure 2:** Schematic illustration summarising the advantages and disadvantages of hiPSCs and animal models in terms of identifying novel targets and personalised therapies.



#### Human iPSCs



## Novel targets Personalised therapies



## Animal models



# Pros

- Humanised model circumvents interspecies differences
- Recapitulate implicated genetic factors
- Recapitulate perturbed energy metabolism
- Ability to generate isogenic controls
- Easy manipulation of environmental substrate
- Allows high-throughput assays (e.g. compound screening)
- · Patient origin presents a platform for clinical trials

# Pros

- Induce disease in physiological conditions, with intact immune system, allows study of the involvement of autoimmunity and drugs targeting immune system
- Able to elucidate crosstalk between the heart and other organs
- Ability to perform pharmacokinetic / pharmacodynamic studies

# Cons Cons

- Culture conditions do not recapitulate the physiological conditions
- Unable to study crosstalk between the heart and other organs

# Cons

- Interspecies differences
- Unable to recapitulate implicated genetic & epigenetic factors
- May not recapitulate perturbed energy metabolism due to interspecies difference
- No control over the concentration of substrate reaching cells
- Unable to generate isogenic controls
- Low-throughput

