

## **Re: Bhatti et al.: Microcystic Macular Edema in Optic Nerve Glioma**

Omar A. Mahroo, PhD, FRCOphth<sup>1-4</sup>

Zaid Shalchi, MRCP, FRCOphth<sup>2</sup>

Tom H Williamson, MD, FRCOphth<sup>3,4</sup>

Gordon T Plant, MD, FRCP<sup>5</sup>

1. Institute of Ophthalmology, University College London, UK
2. Moorfields Eye Hospital, London, UK
3. Section of Ophthalmology, King's College London, UK
4. Department of Ophthalmology, St Thomas' Hospital, London, UK
5. University College London, UK

Corresponding author:

Omar Mahroo at address (1) above.

Email: [o.mahroo@ucl.ac.uk](mailto:o.mahroo@ucl.ac.uk)

To the Editor,

Bhatti et al. present images from a patient with inner nuclear layer cysts visible on optical coherence tomography (OCT) in the setting of an optic nerve glioma.<sup>1</sup> They attribute these to the effect of vitreous traction on Müller cell footplates (forming the inner limiting membrane) following degeneration of the ganglion cells and retinal nerve fibre layer (RNFL). This is one hypothesis, but it should be noted that another mechanism postulated in the literature is that these cysts represent retrograde trans-synaptic degeneration (presumably of bipolar cells) following loss of ganglion cells.<sup>2,3</sup> It is possible that both mechanisms are contributory.<sup>2</sup>

We have reported previously that patients with visual loss associated with silicone oil (following retinal detachment surgery) exhibit loss of RNFL and ganglion cells, and also demonstrate the same microcystic change after some years.<sup>4</sup> The vitreous traction hypothesis is less likely in these patients as they lack a vitreous, although it remains possible that a tractional element exists. The retrograde trans-synaptic degeneration hypothesis is plausible, and has been demonstrated at other levels in the visual pathway, such as RNFL thinning secondary to occipital cortex lesions.<sup>5</sup> We agree with Bhatti et al. that the term “microcystic macular edema” is a misnomer and we prefer the term “retrograde maculopathy”,<sup>3</sup> which is neutral as to the precise mechanism, but emphasises the primary role of ganglion cell loss.

## References

1. Bhatti MT, Mansukhani SA, Chen JJ. Microcystic Macular Edema in Optic Nerve Glioma. *Ophthalmology*. 2020;127(7):930. doi:10.1016/j.ophtha.2020.03.017

2. Lujan BJ, Horton JC. Microcysts in the inner nuclear layer from optic atrophy are caused by retrograde trans-synaptic degeneration combined with vitreous traction on the retinal surface. *Brain*. 2013;136(Pt 11):e260. doi:10.1093/brain/awt154
3. Abegg M, Dysli M, Wolf S, Kowal J, Dufour P, Zinkernagel M. Microcystic macular edema: retrograde maculopathy caused by optic neuropathy. *Ophthalmology*. 2014;121(1):142-149. doi:10.1016/j.optha.2013.08.045
4. Shalchi Z, Mahroo OA, Shunmugam M, Mohamed M, Sullivan PM, Williamson TH. Spectral domain optical coherence tomography findings in long-term silicone oil-related visual loss. *Retina*. 2015;35(3):555-563. doi:10.1097/IAE.0000000000000325.
5. Jindahra P, Petrie A, Plant GT. Retrograde trans-synaptic retinal ganglion cell loss identified by optical coherence tomography. *Brain*. 2009 Mar 1;132(3):628-34.