

1 **TITLE:**

2 Quantitative SERS Detection of Uric Acid via Formation of Precise Plasmonic Nanojunctions  
3 within Aggregates of Gold Nanoparticles and Cucurbit[*n*]uril

4  
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21  
22 **KEYWORDS:**

23 Gold nanoparticles, automated synthesizer, cucurbit[*n*]uril, host-guest complexation, self-  
24 assembly, surface-enhanced Raman spectroscopy, sensor, biomarkers, diseases diagnosis

25  
26 **SUMMARY:**

27 A host-guest complex of cucurbit[7]uril and uric acid was formed in an aqueous solution before  
28 adding a small amount into Au NP solution for quantitative surface-enhanced Raman  
29 spectroscopy (SERS) sensing using a modular spectrometer.

30  
31 **ABSTRACT:**

32 This work describes a rapid and highly sensitive method for the quantitative detection of an  
33 important biomarker, uric acid (UA), via surface-enhanced Raman spectroscopy (SERS) with a  
34 low detection limit of ~0.2 μM for multiple characteristic peaks in the fingerprint region, using a  
35 modular spectrometer. This biosensing scheme is mediated by the host-guest complexation  
36 between a macrocycle, cucurbit[7]uril (CB7), and UA, and the subsequent formation of precise  
37 plasmonic nanojunctions within the self-assembled Au NP: CB7 nanoaggregates. A facile Au NP  
38 synthesis of desirable sizes for SERS substrates has also been performed based on the classical  
39 citrate-reduction approach with an option to be facilitated using a lab-built automated  
40 synthesizer. This protocol can be readily extended to multiplexed detection of biomarkers in  
41 body fluids for clinical applications.

42  
43 **INTRODUCTION:**

44 Uric acid, which is the end product of metabolism of purine nucleotides, is an important

45 biomarker in blood serum and urine for the diagnosis of diseases such as gout, preeclampsia,  
46 renal diseases, hypertension, cardiovascular diseases and diabetes<sup>1-5</sup>. Current methods for uric  
47 acid detection include colorimetric enzymatic assays, high performance liquid chromatography  
48 and capillary electrophoresis, which are time-consuming, expensive and require sophisticated  
49 sample preparation<sup>6-9</sup>.

50  
51 Surface-enhanced Raman spectroscopy is a promising technique for routine point-of-care  
52 diagnosis as it allows selective detection of biomolecules via their vibration fingerprints and  
53 offers numerous advantages such as high-sensitivity, rapid response, ease of use and no or  
54 minimal sample preparation. SERS substrates based on noble metal nanoparticles (e.g., Au NPs)  
55 can enhance the Raman signals of the analyte molecules by 4 to 10 orders of magnitude<sup>10</sup> via  
56 strong electromagnetic enhancement caused by surface plasmon resonance<sup>11</sup>. Au NPs of  
57 tailored sizes can be easily synthesized as opposed to the time-consuming fabrication of  
58 complex metal nanocomposites<sup>12</sup>, and thus are widely used in biomedical applications owing to  
59 their superior properties<sup>13-16</sup>. Attachment of macrocyclic molecules, cucurbit[*n*]urils (CB*n*,  
60 where *n* = 5-8, 10), onto the surface of Au NPs can further enhance the SERS signals of the  
61 analyte molecules as the highly symmetric and rigid CB molecules can control the precise  
62 spacing between the Au NPs and localize the analyte molecules at the center or in close  
63 proximity to the plasmonic hotspots via formation of host-guest complexes (**Figure 1**)<sup>17-20</sup>.  
64 Previous examples of SERS studies using Au NP: CB*n* nanoaggregates include nitroexplosives,  
65 polycyclic aromatics, diaminostilbene, neurotransmitters and creatinine<sup>21-25</sup>, with the SERS  
66 measurements either being performed in a cuvette or by loading a small droplet onto a custom-  
67 made sample holder. This detection scheme is particularly useful to rapidly quantify biomarkers  
68 in a complex matrix with a high reproducibility.

69  
70 Herein, a facile method to form host-guest complexes of CB7 and an important biomarker UA,  
71 and to quantify UA with a detection limit of 0.2  $\mu\text{M}$  via CB7-mediated aggregations of Au NPs in  
72 aqueous media was demonstrated using a modular spectrometer, which is promising for  
73 diagnostic and clinical applications.

74  
75 **PROTOCOL:**

## 76 77 **1. Synthesis of Au NPs**

### 78 79 **1.1. Synthesis of Au seeds via the conventional Turkevich method<sup>26</sup>**

80  
81 **1.1.1. Prepare 10 mL of 25 mM HAuCl<sub>4</sub> solution by dissolving 98.5 mg of HAuCl<sub>4</sub> · 3H<sub>2</sub>O**  
82 **precursor with 10 mL of deionized water in a glass vial.**

83  
84 NOTE: Transfer a small amount of HAuCl<sub>4</sub> precursor into a weighing boat and use a plastic  
85 spatula instead of metallic spatula to weigh out the crystals because HAuCl<sub>4</sub> precursor will  
86 corrode metal labware. The weighing step should be performed as swiftly as possible, since  
87 HAuCl<sub>4</sub> is hygroscopic and will therefore increase its weight over time by absorbing water from  
88 the atmosphere. HAuCl<sub>4</sub> is highly corrosive and can cause severe skin burns and eye damage.

89 Take extra care when handling it.

90

91 1.1.2. Prepare 0.5 mL of 500 mM sodium citrate solution by dissolving 64.5 mg of sodium  
92 citrate powder with 0.5 mL of deionized water in a glass vial.

93

94 1.1.3. Dilute 1 mL of the 25 mM  $\text{HAuCl}_4$  solution with 99 mL water in a 250 mL blue-capped  
95 bottle to give 100 mL of 0.25 mM  $\text{HAuCl}_4$  solution.

96

97 1.1.4. Add 99.5 mL of the 0.25 mM  $\text{HAuCl}_4$  solution into a 250 mL three-necked round-  
98 bottomed flask equipped with a condenser. Heat the solution to 90 °C under vigorous stirring  
99 and maintain the temperature for 15 min.

100

101 1.1.5. Inject 0.5 mL of the 500 mM sodium citrate solution into the reaction mixture and  
102 maintain the temperature and stirring until the color of the solution turns ruby-red.

103

104 NOTE: The reaction takes about 30 min.

105

## 106 **1.2. Seeded growth of Au NPs via the kinetically-controlled method<sup>13</sup>**

107

108 1.2.1. Cool the as-synthesized Au seed solution to 70 °C.

109

110 1.2.2. Prepare 10 mL of 60 mM sodium citrate solution by dissolving 154.8 mg of sodium  
111 citrate powder with 10 mL of deionized water in a glass vial.

112

113 1.2.3. Inject 0.67 mL of the 25 mM  $\text{HAuCl}_4$  solution and 0.67 mL of the 60 mM sodium citrate  
114 solution to the Au seeds with a time interval of 2 min.

115

116 1.2.4. Repeat step 1.2.3 to gradually increase the size of Au NPs to 40 nm.

117

118 NOTE: It takes about 10 growing steps to reach 40 nm. The actual number of steps needed may  
119 be dependent on the precise set-up.

120

## 121 **1.3. Seeded growth of Au NPs using automated synthesizer (Figure 2)**

122

123 1.3.1. Transfer 25 mL of the Au seed solution prepared in section 1 to a 50 mL conical  
124 centrifuge tube and cool to 70 °C in a thermomixer.

125

126 NOTE: Monitor the temperature inside the thermomixer using a thermocouple thermometer  
127 placed in a 50 mL centrifuge tube containing 25 mL of water.

128

129 1.3.2. Fill a 3 mL Luer lock disposable syringe with 2.5 mL of 25 mM  $\text{HAuCl}_4$  solution. Fill  
130 another 3 mL Luer lock disposable syringe with 2.5 mL of 60 mM sodium citrate solution.

131

132 1.3.3. Place the syringes in the syringe pumps and use Luer-to-MicroTight adapters to connect

133 the PEEK tubing (150  $\mu\text{m}$  internal diameter) to the syringes. Insert the tubing into the centrifuge  
134 tube containing the Au seed solution in the thermomixer.

135  
136 1.3.4. Set both syringe pumps to dispense 0.1675 mL of solution over 20 min (8.357  $\mu\text{L}$  per  
137 min).

138  
139 1.3.5. Set the thermomixer rotation speed to 700 rpm and press **Start** on the syringe pump  
140 containing the 25 mM  $\text{HAuCl}_4$  solution.

141  
142 1.3.6. After 2 min, press **Start** on the syringe pump containing the 60 mM sodium citrate  
143 solution.

144  
145 1.3.7. 30 min after starting the  $\text{HAuCl}_4$  solution injection, remove an aliquot of the Au NP  
146 solution for analysis.

147  
148 1.3.8. Repeat steps 1.3.5 – 1.3.7 to gradually increase the diameter of the Au NPs up to 40 nm.

149  
150 NOTE: This setup can be used to grow Au NPs up to 40 nm in one step by increasing the volume  
151 of reactants added in step 1.3.4. This is achieved by increasing the dispensing time whilst  
152 maintaining the same rate of injection.

153

## 154 2. Characterization of Au NPs

155

### 156 2.1. UV-Vis spectroscopy

157

158 2.1.1. Add 1 mL of the Au NP solution to a semi-micro quartz cuvette.

159

160 2.1.2. Turn on the spectrometer.

161

162 2.1.3. Set the wavelength range to 400 - 800 nm.

163

164 2.1.4. Acquire the UV-Vis spectrum for each sample.

165

### 166 2.2. Dynamic light scattering (DLS)

167

168 2.2.1. Filter the sample solution into a plastic semi-micro cuvette with a 0.22  $\mu\text{m}$  filter.

169

170 2.2.2. Turn on the DLS instrument.

171

172 2.2.3. Set the temperature to 25  $^{\circ}\text{C}$  and equilibrate for 60 s.

173

174 2.2.4. Measure the hydrodynamic size of each sample.

175

### 176 2.3. Transmission electron microscopy (TEM)

177  
178 2.3.1. Drop-cast a 5  $\mu$ L droplet of the sample solution onto a C-coated 300-mesh Cu grid and  
179 dry in air.

180  
181 NOTE: Dilution is needed for more concentrated Au NP solution samples to obtain well  
182 dispersed Au NPs on a TEM grid.

183  
184 2.3.2. Acquire multiple TEM images for each sample using a TEM at 200 kV acceleration  
185 voltage.

186  
187 2.3.3. Measure the diameter of 200 Au NPs for each sample using ImageJ to calculate the  
188 average size and standard deviation.

189  
190 **3. Formation of CB7-UA complexes**

191  
192 **3.1. Preparation of 0.4 mM CB7 solution**

193  
194 3.1.1. Add 4.65 mg of CB7 to a 15 mL glass vial.

195  
196 NOTE: The amount of CB7 is calculated based on the formula weight of CB7 (= 1163 Da) which  
197 has been employed by most reports in the literature. Nevertheless, CB7 solid samples typically  
198 contain water, HCl, methanol and other salts left from the synthesis and purification steps,  
199 contributing to ~10 – 20% dead weight in the sample. The trapped solvents and salts could not  
200 be removed by heating in a vacuum oven or other means. Their amounts vary between  
201 different batches of samples but can be quantified using elemental analysis. Yet, the presented  
202 protocol is not sensitive to the presence of unquantified amount of solvents and salts in the  
203 CB7 samples.

204  
205 3.1.2. Add 10 mL of water to the vial and tighten the cap.

206  
207 3.1.3. Sonicate the sample at room temperature until the CB7 solid is completely dissolved.

208  
209 NOTE: CB7 was synthesized according to literature<sup>27</sup> but it is also commercially available.

210  
211 **3.2. Preparation of 0.4 mM UA solution**

212  
213 3.2.1. Add 2.69 mg of UA to a 50 mL centrifuge tube.

214  
215 3.2.2. Add 40 mL of water to the tube and tighten the cap.

216  
217 3.2.3. Use a thermomixer to swirl the sample solution by setting the temperature to 70  $^{\circ}$ C,  
218 speed to 800 rpm and time to 2 h. Allow the solution to cool to room temperature.

219  
220 NOTE: UA has a low solubility in water (0.40 mM)<sup>5</sup>. Swirl for longer if the UA powder has not

221 been dissolved completely. Alternatively, ultrasonication can be used to facilitate the  
222 dissolution.

223

### 224 3.3. Sequential dilutions of the 0.4 mM UA solution

225

226 3.3.1. Dilute 5 mL of the 0.4 mM UA solution with 5 mL water in a 15 mL glass vial to give 10  
227 mL of 0.2 mM UA solution. Tighten the cap and sonicate for 30 s.

228

229 3.3.2. Repeat step 3.3.1 using an appropriate amount of UA and water as described in Table 1.

230

### 231 3.4. Preparation of the CB7-UA complexes

232

233 3.4.1. Add 0.75 mL of the 0.4 mM CB7 solution and 0.75 mL of 0.4 mM UA solution into a 1.5  
234 mL tube. Secure the lid and sonicate for 30 s.

235

236 3.4.2. Wait for 30 min to ensure the formation of host-guest complexes.

237

238 3.4.3. Repeat step 3.4.1 – 3.4.2 using UA solution of different concentrations.

239

## 240 4. SERS sensing of UA

241

242 4.1. Experimental set-up of the Raman system (**Figure 3**)

243

244 4.1.1. Switch on the 633 nm He-Ne laser (22.5 mW).

245

246 4.1.2. Switch on the modular Raman spectrometer.

247

248 4.1.3. Switch on the computer and start the software.

249

250 4.1.4. Click the **Spectroscopy Application Wizards** icon, and then select **Raman**.

251

252 4.1.5. Start a new acquisition. Set the integration time to 30 s, scans to average to 5 and  
253 boxcar to 0.

254

255 4.1.6. Store background spectrum and enter the laser wavelength (i.e., 633 nm).

256

257 NOTE: Integration time is the time for each scan, scans to average is number of scans averaged  
258 to create each spectrum and boxcar is the number of neighboring pixels averaged<sup>28</sup>.

259

### 260 4.2. Formation of the SERS substrates

261

262 4.2.1. Add 0.9 mL of the 40 nm Au NP solution and 0.1 mL of the pre-formed CB7-UA complex  
263 solution into a 1.5 mL tube. Secure the lid and sonicate until the solution changes from ruby-red  
264 to purple.

265  
266 NOTE: Commercial citrate-stabilized 40 nm Au NP solution samples can also be used. Typically,  
267 the optical density of the localized surface plasmon resonance (LSPR) peak is adjusted to 1 via  
268 dilution from concentrated stock solution samples. Citrate concentration in the sample is  
269 typically kept as 2 mM.

270  
271 4.2.2. Transfer the sample solution to a semi-micro cuvette. Place the cuvette into the Raman  
272 sample holder and close the cover.

273  
274 4.2.3. Start the measurement.

275  
276 4.2.4. Set up the auto-saving to record five consecutive SERS spectra.

277  
278 4.2.5. Stop the measurement and change the sample.

279  
280 4.2.6. Repeat step 4.2.1 – 4.2.5 using CB7-UA solution of different concentrations.

281  
282 NOTE: Aggregation time is found to be dependent on the concentration of UA in the  
283 nanoaggregates, ranging from 30 s for 0.1  $\mu\text{M}$  UA to 30 min for 20  $\mu\text{M}$  UA, owing to the  
284 difference in the concentration of empty CB7 which has major contribution to mediating the  
285 aggregation of Au NPs. For the CB7-UA complex, one portal is blocked by the bulky UA  
286 molecule, rendering it unavailable for binding to the Au NP surface and therefore unable to  
287 mediate the NP aggregation<sup>21</sup>. The sample is ready for measurement when the color of the  
288 solution changes from ruby-red to purple.

## 289 290 5. Data analysis

291  
292 5.1. Data processing

293  
294 5.1.1. Download and install the baseline with asymmetric least squares (ALS) plugin into  
295 Origin.

296  
297 NOTE: The ALS plugin requires OriginPro.

298  
299 5.1.2. Insert the raw data into Origin.

300  
301 5.1.3. Calculate an average value from the five SERS spectra of each sample. Divide the value  
302 by the power of the laser (i.e., 22.5 mW) and by the integration time (i.e., 30 s).

303  
304 5.1.4. Click the **ALS** icon to open the dialog. Set the asymmetric factor to 0.001, threshold to  
305 0.03 %, smoothing factor to 2 and number of iterations to 20 to correct the baseline of each  
306 averaged spectrum.

307  
308 5.1.5. Plot the SERS spectra of different UA concentrations using stacked lines by y offsets. The

309 output should be intensity (counts  $s^{-1} mW^{-1}$ ) against Raman shift ( $cm^{-1}$ ).  
310

### 311 REPRESENTATIVE RESULTS:

312 In the presented Au NP synthesis, the UV-Vis spectra show a shift of the LSPR peaks from 521  
313 nm to 529 nm after 10 growing steps (**Figure 4A,B**) while the DLS data shows a narrow size  
314 distribution as the size of Au NPs increase from 25.9 nm to 42.8 nm (**Figure 4C,D**). The average  
315 sizes of G0, G5 and G10 measured from TEM images (**Figure 4E**) are  $20.1 \pm 2.1$  nm,  $32.5 \pm 2.3$   
316 nm and  $40.0 \pm 2.2$  nm respectively, with 200 particles counted in each case. These results  
317 indicate this protocol is effective in synthesizing uniform and narrowly dispersed Au NPs.  
318

319 In the presented SERS studies, host-guest complexes of CB7 and UA were formed with empty  
320 CB7 mediating the formation of precise plasmonic nanojunctions within the Au NP: CB7  
321 nanoaggregates, as supported by the characteristic UA signals in the SERS spectrum (**Figure 5A**).  
322 The assignments for the Raman peaks of CB (marked by +) and UA (marked by \*) are shown in  
323 **Table 2**. Conversely, no SERS signals of UA can be observed in the absence of CB7, illustrating  
324 the key role of CB7 in triggering the aggregation of Au NPs.  
325

326 A constant CB7 concentration of 20  $\mu M$  was used in the SERS titration of UA throughout so as  
327 to ensure the in situ formation of reproducible plasmonic nanostructures (i.e., SERS substrates).  
328 The high sensitivity of the detection scheme presented in this protocol was demonstrated by  
329 the observation of clear SERS signals from the UA peaks at  $640 cm^{-1}$  and  $1130 cm^{-1}$  (attributed  
330 to skeletal ring deformation and C-N vibration respectively) down to  $\sim 0.2 \mu M$  (**Figure 5B-D**),  
331 which is known as the detection limit. In addition, very strong correlations ( $R^2 > 0.98$ ) between  
332 the SERS intensity and log concentration of UA were obtained by power law for both peaks,  
333 with linear regions found in the range of 0.2 to 2  $\mu M$  (**Figure 5E,F**). It should be noted that  
334 linear correlations between the SERS intensity and log concentration can be approximated for a  
335 narrow range of analyte concentrations, whereas the SERS signal approaches 0 when the log  
336 concentration approaches negative infinity (i.e., the analyte concentration approaches 0), as  
337 observed in our data. The SERS signals are also highly reproducible as evidenced by the small  
338 error bars shown in **Figure 5E,F**.  
339

### 340 FIGURE AND TABLE LEGENDS:

341 **Figure 1: Schematic illustration of the precise plasmonic nanojunctions within self-assembled**  
342 **Au NP: CB7 nanoaggregates.** Inset shows a zoom-in of the plasmonic nanojunctions where the  
343 aggregation is mediated by empty CB7 while UA is enriched on the surface of Au NPs via host-  
344 guest complexation. It is noted that the scheme is not drawn to scale.  
345

346 **Figure 2: (a) Schematic illustration and (b) photograph of the automated Au NP synthesizer.**  
347

348 **Figure 3: Schematic illustration of the Raman system.**  
349

350 **Figure 4: Representative characterization of Au NPs. (A)** UV-Vis spectra of Au NPs and **(B)**  
351 zoom-in spectra showing the shifting of the LSPR peaks as the number of growing steps  
352 increases to 10. **(C)** Hydrodynamic size of Au NPs and **(D)** corresponding plot of particle size as a



353 function of number of growing steps. (E) TEM images of Au NPs, showing sizes of Au seeds and  
354 Au NPs after 5 and 10 growing steps.

355  
356 **Figure 5: Representative SERS results of UA detection within Au NP: CB7 nanoaggregates.** (A)  
357 SERS spectra of UA in the presence or absence of CB7. Raman peaks of CB7 and UA are marked  
358 by + and \* respectively. (B) Full-range, (C) 600 - 700  $\text{cm}^{-1}$  zoom-in and (D) 1100 - 1180  $\text{cm}^{-1}$   
359 zoom-in SERS spectra of UA with concentrations from 0 to 20  $\mu\text{M}$ . Main Raman peaks of UA are  
360 marked by \*. Spectra were baseline corrected and offset for clarity. (E,F) Corresponding plots of  
361 the SERS peak intensity against concentration of UA.

362

363 **Table 1: Sequential dilutions of UA solution.**

364

365 **Table 2: Assignments for the Raman peaks of CB7 and UA<sup>2,4,29</sup>.**

366

### 367 **DISCUSSION:**

368 The automated synthesis method described in the protocol allows Au NPs of increasing sizes to  
369 be reproducibly synthesized. Although there are some elements that still need to be carried out  
370 manually, such as the fast addition of sodium citrate during the seed synthesis and checking  
371 periodically to ensure that the PEEK tubing is secure, this method allows Au NPs of large sizes  
372 (up to 40 nm), which would usually require multiple manual injections of  $\text{HAuCl}_4$  and sodium  
373 citrate, to be synthesized via continuous addition over a long period of time.

374

375 Further characterization can be performed to elucidate the fundamental property of the CB  
376 complexes. For instance, the formation of host-guest complexes can typically be confirmed  
377 using  $^1\text{H}$  nuclear magnetic resonance (NMR), which should show upfield shift and broadening of  
378 signals in case of complexation<sup>21,22,25</sup>. Yet  $^1\text{H}$  NMR is not applicable to UA due to its lack of non-  
379 exchangeable protons. Alternative techniques such as  $^{13}\text{C}$  NMR and mass spectrometry could  
380 also be employed to characterize the complexation. Binding constants between CB7 and UA can  
381 be measured using titration techniques, such as UV-Vis spectroscopy titration and isothermal  
382 titration calorimetry (ITC)<sup>21,22,25</sup>. Meanwhile molecular modelling based on force-field and  
383 density functional theory (DFT) models can be computed to obtain theoretical insights into the  
384 binding geometry of the host-guest complexes<sup>21,22,25,29</sup>. Moreover IR and Raman spectra can be  
385 computed by frequencies calculations<sup>21,25,29</sup>.

386

387 SERS is a highly sensitive and selective analytical technique which allows identification of trace  
388 analytes via their molecule-specific vibrational fingerprints. SERS is gaining interests across  
389 different science disciplines, in particular biomedical studies, due to its greatly enhanced  
390 signals, much shorter acquisition time and high tolerance to liquid water (suitable for sensing in  
391 biofluids)<sup>30-35</sup>. In contrast to previous reports on UA sensing<sup>1-4,36,37</sup>, the rigid structure of CB7  
392 defines precise spacing of 0.9 nm between Au NPs via carbonyl portal binding while the surface-  
393 bound CB7 can trap UA molecules within its cavity (**Figure 1**), resulting in strong and localized  
394 plasmonic hotspots, and hence the highly sensitive (down to  $\sim 0.2 \mu\text{M}$ ) and reproducible (within  
395 2% error) SERS signals of UA with very strong correlations ( $R^2 > 0.98$ ) between the SERS  
396 intensity and log concentration (**Figure 5**).

397

398 In an attempt to optimize the concentration of CB7, we note that 20  $\mu$ M CB7 was used to  
399 ensure the formation of reproducible SERS substrates. In particular, the absolute concentration  
400 of CB7 used is dependent on the overall system (i.e., Au NPs, analytes and background  
401 molecules, if any)<sup>18,22</sup>. A higher concentration of CB7 should be used if the aggregation of Au  
402 NPs is too slow. Conversely, a lower concentration of CB7 should be used if the sample solution  
403 precipitates quickly and leads to shorter measurement windows. The aggregation of Au NPs  
404 mediated by CB7 in our experimental setting is expected to follow the diffusion-limited colloidal  
405 aggregation (DLCA) kinetics<sup>19</sup>, in which open and elongated chain-like structures were rapidly  
406 formed initially before joining together as quasi-fractal network. DLCA kinetics typically occurs  
407 at a high CB: Au NP ratio (by number), which is equal to  $10^6$ :1 in our case. It should be noted  
408 that uric acid is present in bodily fluids (e.g., blood serum, urine) at a higher concentration. For  
409 instance, the normal concentration of uric acid is 3.5 – 7.0 mg/dL in blood serum<sup>38</sup> and 16 – 100  
410 mg/dL in urine<sup>2</sup> respectively (concentration above or below the normal concentration is known  
411 as hyperuricemia and hypouricemia)<sup>39</sup>. Therefore, only a very small amount of sample is  
412 needed for biomarker detection in this highly sensitive scheme where a high dilution factor is  
413 used to lower the concentration of the sample to a suitable range. This is particularly important  
414 for point-of-care monitoring of terminally ill patients whose urine excretion is very low. Highly  
415 diluted samples result in larger sample volumes and thus reduce errors in the quantification of  
416 biomarkers due to water evaporation and loss of samples due to liquid transfer, while giving  
417 other advantages including minimizing the matrix effects<sup>25</sup>. Due to the selective nature of this  
418 probing method, it is limited to analyte molecules that can form host-guest complexes with CB.  
419 It should be noted it is possible to observe interferences from other molecules because CB can  
420 bind to different guest molecules. Nevertheless, sample purification such as gel electrophoresis  
421 and HPLC can be performed prior to SERS measurement.

422

423 The detection scheme demonstrated in this protocol has the potential for multiplexed  
424 detection of biomarkers in a complex matrix for clinical applications when it is coupled to  
425 advanced data analysis techniques.

426

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435

#### 436 **DISCLOSURES:**

437 The authors have nothing to disclose.

438

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