# Racial inequities in tooth loss among older Brazilian adults: A decomposition analysis

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#### Abstract

**Objective:** To determine the extent to which racial inequities in tooth loss and functional dentition are explained by individual socioeconomic status, smoking status and frequency/reason for the use of dental services. Methods: Data came from the Brazilian Longitudinal Study of Ageing, a nationally representative sample of community-dwelling people aged 50 years and over. Tooth loss and functional dentition (i.e. 20+ natural teeth) were the outcomes. The main explanatory variable was self-classified race. Covariates included dental visits in the past 12 months, dental visits for check-ups only, smoking status, self-reported chronic conditions, depression and cognitive function. Logistic regression and Blinder-Oaxaca decomposition analysis were used to estimate the share of each factor in race-related tooth loss inequities. Results: The analytical sample comprised 7,126 respondents. While the prevalence of functional dentition in White Brazilians was 37% (95%CI: 33.5;40.9), it was 29% (95%CI: 26.4;31.6) among Browns, and 30% (95%CI:25.1;35.4) among Blacks. The average number of lost teeth among Whites, Browns and Blacks were 18.7 (95%CI: 17.8;19.6), 20.4 (95%CI: 19.7;21.1), and 20.8 (95%CI: 19.5;22.0), respectively. Decomposition analysis showed that 71% of the racial inequalities in tooth loss were explained by the selected covariates. Dental visits in the previous year and smoking status explained nearly half of race-related gaps. Other factors, such as per capita income, education and cognitive status also had an important contribution to the examined inequalities. The proportion of racial inequities in tooth loss that was explained by dental visits (frequency and reason) and smoking status decreased from 40% for those 50-59 years of age to 22% among participants aged 70-79 years. **Conclusions:** Frequency and reason for dental visits and smoking status explained nearly half of the racial inequity in tooth loss among Brazilian older adults. The Brazilian Family Health Strategy program should target older adults from racial groups living in deprived areas.

Keywords: Racial inequity, tooth loss, aging, epidemiology, health inequalities

#### Introduction

Brazil has the world's largest population of African descent outside of the African continent, as well as high levels of racial miscegenation<sup>1</sup>. This reflects a complex and long-standing social process shaped by an interplay of slavery, class, and gender oppression<sup>2</sup>. According to the Brazilian Census Bureau, the racial composition of the population in 2015 was 45.2% White, 45.1% Brown, 8.9% Black, 0.5% Asian, and 0.4% Indigenous<sup>3</sup>.

Increasing evidence suggests that racial discrimination is an emerging risk factor for disease and a contributor to racial inequities in health<sup>4</sup>. Although the use of race in biomedical publications is surrounded by much controversy<sup>5</sup>, racial gaps in oral health need to be addressed as far as equity and social justice concerns are to be taken into account. The relative disadvantage that racial minorities face in terms of oral health has recently been interpreted as stemming from structural or macro-level processes, including the lack of oral health services, living in deprived neighbourhoods, and having restricted access to fluoridated piped water<sup>6</sup>. The most recent evidence on the topic is based on the premise that racial health inequities are the result of social, cultural and economic factors, not biological susceptibility<sup>4,6</sup>.

Tooth loss is an important public health problem worldwide, especially among older adults<sup>7</sup>. It presents a challenge to oral health services aimed at improving oral health-related quality of life<sup>8</sup>. Tooth loss negatively influences both disability-adjusted life-years (DALYs) and years lived with disability (YLDs)<sup>9</sup>. The most recent nationwide oral epidemiological survey conducted in Brazil revealed high tooth loss levels among older adults, with values as large as an average of 25 teeth lost per person in some specific population subgroups<sup>10</sup>. The World Health Organization (WHO) defines 20 as the minimum number of teeth required for individuals to take part in social activities, as well as achieve an adequate masticatory function – this is commonly referred to as a *functional dentition*<sup>11</sup>.

Previous accounts on racial inequities in oral health have assumed that excessive levels of chronic morbidity and disability are widespread among Blacks, as well as that early health deterioration results from the cumulative impact of repeated experiences with social, economic, and political exclusion<sup>12</sup>. Indeed, oral microbiota may change with systemic diseases<sup>13</sup>, which may contribute to tooth loss. Also, cognitive decline has been associated with tooth loss<sup>14</sup> and racial inequities in health<sup>15</sup>. Importantly, tooth loss is associated with smoking through periodontal disease<sup>16</sup>. To estimate the extent to which racial inequities in tooth loss are explained by individual socioeconomic status and health-related behaviours is, therefore, warranted. Such information is useful for health services planning and oral health policies aiming to promote racial equity in oral health.

Decomposition analysis is a widely known analytical technique that has been used in dental public health<sup>17-21</sup> to explain socioeconomic inequalities in oral health outcomes. It emulates a counterfactual analysis that explains changes in mean values of a potential outcome, e.g. tooth loss, when individuals in the dataset are from different racial groups, in this case, White versus Browns and Blacks. It estimates the relative contribution of each predictor to racial inequities in a specified outcome, as well as potential differences among factors that are taken into consideration. To the best of our knowledge, this is the first study to use decomposition analysis to explain racial inequities in tooth loss in a nationally representative sample of community-dwelling older Brazilian adults aged 50 and over.

#### Methods

#### **Study population**

The Brazilian Longitudinal Study of Ageing (ELSI-Brazil) is a large population-based cohort study, designed to represent the Brazilian population aged 50 years and over. The main objective of the study is to investigate the dynamics of ageing in the Brazilian population, as well as its determinants. The baseline data collection took place in 2015-16; further details can be found elsewhere<sup>22</sup>. The ELSI-Brazil baseline data collection included: 1) a household interview; 2) an individual interview with the selected participants; 3) physical measurements; 4) laboratory tests; and 5) storage of blood samples for future analyses. Individual variables were collected through face-to-face interviews, conducted with a structured questionnaire at the participants' homes. The Fiocruz Research Ethics Committee, Minas Gerais (CAAE 34649814.3.0000.5091), approved the ELSI-Brazil study protocol. All participants signed separate informed

consent forms for each of the research procedures.

### **Exclusion criteria**

Due to small numbers within the ELSI-Brazil sample, Indigenous and Asian participants (2% and 1%, respectively) were not included in the present analysis.

#### Outcomes

The following two oral health outcomes were analysed in the present study: the presence of functional dentition yes (0) and no (1) and self-reported tooth loss, estimated by the subtraction of the total number of teeth in the upper and lower dental arches from the maximum number of natural teeth in the human dentition, i.e. 32.

## **Racial classification**

Self-reported race was based on the classification of the Brazilian Institute for Geography and Statistics (IBGE)<sup>3</sup>, which includes Whites, Browns and Blacks,

#### Covariates

Covariates were gender (men or women), age (divided into groups of 50-59, 60-69, 70-79 and 80+), schooling (0, 1-4, 4-7, 7-11 and 11+ years of formal education) and income (equivalised *per capita* income, grouped into tertiles)<sup>23</sup>.

Cognitive function was assessed with the word list-learning test, according to which 10 words are read to participants who are subsequently asked to repeat them at pre-specified time intervals. While immediate memory was defined as the repetition of words mentioned immediately after their reading, late memory (delayed recall) was assessed by their repetition five minutes after the test was initiated. A memory score, later divided into tertiles, was obtained from the sum of answers for immediate and delayed recall<sup>24</sup>. Depressive symptoms were assessed with the 8-item Center for Epidemiologic Studies Depression Scale (CES-D-8)<sup>25-26</sup>. Depressive symptoms were considered present when four or more symptoms were reported<sup>25</sup>. Self-reported hypertension (yes, no) and diabetes

(yes, no) were also included as covariates in the analysis. Health behaviours included were frequency of dental service use (less than 12 months, between 1 and 2 years, more than 3 years), dental visits for check-up only (yes [dental visits for prevention, check-ups and revision], no [dental visits for pain, extraction, treatment and other reasons, except prevention]), and self-reported smoking status (never smoked, smoked in the past and current smoker). We followed the STROBE guidelines for human observational studies<sup>27</sup>.

#### **Statistical Analysis**

First, we estimated a logistic regression model to estimate the magnitude of racial inequities in functional dentition, adjusted for education, equivalised *per capita* income, health behaviours and self-reported medical conditions. Associations between race and functional dentition were expressed as Odds Ratios (OR), following assessment of goodness-of-fit criteria through AIC and BIC. We estimated the odds of not having functional dentition. The models were adjusted by socioeconomic status (income and schooling), dental services use and smoking status.

Next, we ran the Blinder-Oaxaca decomposition analysis. This is a counterfactual analysis that explains the change in the mean values of a potential outcome, e.g. tooth loss, when individuals in the dataset are from different racial groups. In our analyses, we had two groups: Whites and Browns/Blacks. This technique also allows for mean differences between the groups to be explained by a set of explanatory variables<sup>28,29</sup>. All coefficients were obtained from the pooled data regression<sup>30</sup>. Analyses were run using Stata 14.2<sup>31</sup>, taking into consideration the complex sampling design and the sampling weights. Age groups were also analysed separately to identify potential differences among them in the extent to which covariates explained racial inequities in functional dentition. We specifically estimated the extent to which health behaviours, represented by the frequency of dental service use, dental visits for check-up and smoking status explain the racial inequities in tooth loss.

#### Results

The analytical sample comprised 7,126 ELSI-Brazil participants aged 50 years and over who had information on all variables included in the study. Table 1 shows the

characteristics of these complete cases. The prevalence of functional dentition was higher among Whites than among Browns/Blacks. Unadjusted logistic regression models showed differences in the prevalence of functional dentition between Blacks and Browns than Whites in all age groups. After adjusting for smoking status, frequency and reason for dental visits, and socioeconomic status, the coefficients for the race were higher for Browns than Whites in all age groups, but we did not observe racial inequities between Blacks and Whites.

Table 3 displays the results from the decomposition analysis, adjusted for age. The variables included in the model explained around 70% of the racial inequity in tooth loss. Racial inequities in tooth loss were explained by the following factors: smoking status (7.0%), dental visits in the past 12 months (23.3%), and dental visits for check-up/prevention only (15.5%). *Per capita* income, education, and cognitive status explained the remaining variability of the outcome. Not surprisingly, racial inequities in tooth loss between both racial groups were lower with increasing age, since tooth loss increases later in life across all racial groups.

Table 4 shows the decomposition analysis for each of the studied age groups. For the 50-59 age group, dental services use in the past 12 months, dental visits for checkup/prevention only, and smoking explained 40% of the racial inequities in tooth loss, with such estimate decreasing to 30% in the 60-69 age group, and 22% in the 70-79 age group. Socioeconomic status and cognitive function, on the other hand, showed an increased contribution to the racial inequities in tooth loss among older participants. In the age group from 50-59 years, socioeconomic status (income and schooling) explained 47% of the racial inequities in tooth loss, increasing to around 60% in the age groups from 60-69 and 70-79 years. Moreover, tooth loss differences increased from 50-59 years to 60-69 years and then decreased in 70-79 years.

A sensitivity analysis comparing the racial groups separately showed similar results. An additional sensitivity analysis categorizing tooth loss according to groups of natural teeth (edentulous; 1-9 teeth; 10-19 teeth and more than 20 teeth) showed similar findings (Table 3). Appendixes 1 and 2 show the prevalence of functional dentition and mean tooth loss by covariates in the three different racial groups, respectively. Appendix 3 shows the comparative analyses between the individuals included in the study and those excluded

due to a lack of information on the included covariates. There were no significant differences between the studied racial groups.

#### Discussion

This study showed two important findings. First, there were racial inequities in functional dentition among older Brazilian adults, with a poorer profile for Browns than Whites. Second, decomposition analysis indicated that smoking status and frequency/reason for dental visits explained almost half of the racial gaps in tooth loss, especially in the younger age group i.e. 50-59 years.

This study has some strengths and limitations that should be acknowledged. A key strength is the use of a large dataset from the ELSI-Brazil study, a nationally representative sample of people aged 50 years and over. ELSI-Brazil is part of an international network of harmonised ageing studies that includes countries like the US, England, Mexico, China, India, South Africa and others. Self-reported number of teeth could be a potential source of bias. However, there is evidence showing that this is a valid and reliable measure. We do not have access to data at the municipality level, which is important to assess whether and how racism influences access to oral health coverage and oral health policies. It may well be that the unexplained share i.e. 30% of the racial inequity in tooth loss could be attributable to structural or macro-level factors such as oral health coverage and living in deprived neighbourhoods with no access to fluoridated piped water. Future studies looking into racial inequities in tooth loss should consider such factors.

One of the most important contributions of the present study was to show that the use of dental services and smoking status explained a large proportion of the racial inequity in tooth loss later in life. Data from US adults showed that fewer dental visits and preventive dental visits among non-Whites<sup>32</sup> remained as significant factors in explaining differences between Asian-Indians and Chinese Americans with neighbourhood having an important contribution in explaining access to dental services<sup>33-34</sup>. Our findings thus highlight the contribution of dental service utilization to racial inequities in tooth loss. This result suggests that the Brazilian Family Health Strategy program should target older adults from racial groups living in deprived areas. The focus could be to minimize racial

differences in tooth loss among people aged 50-59 years since racial inequities in this group were particularly sensitive to the role of dental service utilization.

Previous studies showed that socioeconomic status plays an important role in racial oral health inequalities in US adults<sup>35</sup>. In Hawaii, for instance, native Hawaiians have an excess tooth loss<sup>36</sup> compared to Whites, with income and education playing an important role in this association. Among older Brazilian adults, socioeconomic status also plays an important role in tooth loss and functional dentition<sup>37,38</sup>. Moreover, wealthier people are more likely to know the risks and have the resources (money, knowledge, power, prestige, and beneficial social connections) to engage in prevention or treatment<sup>39</sup>.

In our study, decomposition analysis showed that the analysed covariates explained almost 70% of the racial inequity in tooth loss. In the age group from 50- 59 years, socioeconomic status explained 47% of the racial inequities in tooth loss, increasing to 56% in the age group from 60-69 years with similar values for the age group between 70-79 years. Contrary to our expectations, our study showed that 10% of the racial inequities in tooth loss was attributed to cognitive impairment, measured by delayed word recall. A previous research showed that associations between cognitive decline and tooth loss were attributable, in part, to confounding effects of education and general health status<sup>14</sup>. In our analyses, even after adjustments for education, income and general health (diabetes, hypertension and depression symptoms), a portion of racial inequities in tooth loss remained attributable to cognitive impairment. It could be hypothesized that poorer cognitive function could lead to poorer oral health hygiene attitudes, plaque accumulation and gingivitis<sup>14</sup> and may contribute to tooth loss. Our study showed that for Whites in the highest tertile (better cognitive function) 43.2% had the presence of functional dentition, against 35.6% of Browns and 34.3% of Blacks. Similarly, for tooth loss, Whites had a mean number of 16.9 lost teeth compared to a mean number of 18.2 for Browns and 19.2 for Blacks (Appendixes 1 and 2). In another study, tooth loss was associated with a greater deficit in cognitive decline, but the number of teeth did not predict greater deficits in cognitive decline<sup>40</sup>. In other words, it is not fully understood whether there is a bidirectional association between cognitive decline and tooth loss.

Another hypothesis for differences between Whites and Browns/Blacks refers to racial/ethnic discrimination. Manifestation of negative attitudes, judgments, or

differential treatment based on ethnicity, race, or skin-color that disadvantages a racial group has emerged as an explanation for the persistence of health inequities in some contexts<sup>4,6,39</sup>. Among the components of racism, and how these factors can affect health, our findings emphasized the role of dental services utilization. Inequities in dental care availability are most pronounced in racial/ethnic minority communities.<sup>41</sup> Moreover, racial inequities in functional dentition persist among Whites/Browns, even after adjusting for socioeconomic status (SES). This means that not all flexible resources associated with race overlap with SES. Some of these resources, such as income and schooling, are an inherent part of SES, but others, such as neighbourhood conditions (with implications to preventive health behaviours, access to oral health policies, dental service utilization and possible other stressors)<sup>39</sup> and fluoridated piped water are not<sup>6</sup>. The social and policy importance of a fundamental cause of health inequities lies in the fact that inequities based on race cannot be eliminated by addressing the mechanisms that currently link the SES to health<sup>39</sup>.

Our study confirms the importance to directly address racial inequities. In Brazil, as dental public health services are important for Browns/Blacks<sup>42</sup>, the Family Health Strategy program should target those racial groups living in deprivation. In conclusion, frequency and reason for dental visits and smoking status explained nearly half of the racial inequity in tooth loss among Brazilian older adults. The Brazilian Family Health Strategy program should target older adults from racial groups living in deprivation.

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More information could be seen at

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Individual variables	n=7,126 % (95%CI)		Functional Dentition (>20 teeth)	Tooth Loss	
			% (95%CI)	mean (95%CI)	
Sociodemographic characteristics					
Ethnic group					
White	2,922	44.0 (38.8;49.3)	37.1 (33.5;40.9)	18.7 (17.8;19.6)	
Brown	3,421	46.1 (41.9;50.3)	28.9 (26.4;31.6)	20.4 (19.7;21.1)	
Black	723	9.9 (8.3;11.9)	30.0 (25.1;35.4)	20.7 (19.5;22.0)	
Sex					
Female	4,007	53.8 (50.4;57.1)	27.5 (25.0;30.2)	21.1 (20.5;21.8)	
Male	3,119	46.2 (42.9;49.6)	38.6 (35.7;41.6)	18.0 (17.2;18.7)	
Age Groups					
50 to 59	3,216	50.6 (46.3;54.9)	43.6 (40.9;46.4)	16.3 (15.6;16.9)	
60 to 69	2,262	30.5 (28.3;32.7)	25.3 (22.2;28.5)	21.7 (20.9;22.5)	
70 to 79	1,258	14.4 (12.5;16.5)	17.0 (13.8;20.8)	24.9 (24.0;25.9)	
80+	390	4.5 (3.7;5.4)	9.0 (6.0;13.3)	27.2 (26.2;28.1)	
Per capita income tertiles (US\$ Mean)					
Lowest (US\$98.4)	2,207	29.3 (25.9;33.0)	26.3 (23.4;29.5)	21.3 (20.6;21.9)	
Intermediate (US\$239.7)	2,364	32.4 (30.7;34.1)	25.4 (22.2;28.7)	21.6 (20.6;22.6)	
Highest (US\$714.9)	2,555	38.3 (34.7;42.0)	43.6 (40.3;47.0)	16.8 (16.0;17.6)	
Schooling years					
0	953	10.7 (8.7;13.1)	10.9 (8.3;14.2)	25.8 (25.0;26.6)	
1 to 4	1,398	18.1 (16.4;19.8)	14.7 (12.5;17.2)	24.6 (23.9;25.2)	
4 to 7	2,172	31.0 (29.1;33.0)	25.9 (23.4;28.6)	21.4 (20.8;22.0)	
7 to 11	857	12.9 (11.5;14.4)	40.1 (34.7;45.7)	17.5 (16.1;18.9)	
12+	1,746	27.3 (25.0;29.7)	57.1 (53.4;60.7)	13.1 (12.3;13.9)	
Medical conditions					
Hypertension					
Yes	3,755	51.3 (49.3;53.3)	27.8 (25.3;30.5)	21.0 (20.3;21.6)	
No	3,371	48.7 (46.7;50.7)	37.7 (34.7;40.9)	18.3 (17.5;19.1)	
Depressive symptoms					
Yes (≥4 symptoms)	2,431	32.9 (31.2;34.6)	25.7 (22.7;22.8)	21.4 (20.6;22.1)	
No	4,695	67.1 (65.4;68.8)	36.1 (33.3;38.9)	18.8 (18.1;19.6)	
Cognition (memory score tertiles)					
Lowest memory score	2,914	38.3 (35.7;40.9)	22.1 (19.5;24.9)	22.9 (22.2;23.5)	
2 <sup>nd</sup> and highest tertiles	4,212	61.7 (59.1;64.3)	39.2 (36.5;41.9)	17.7 (17.0;18.3)	
Diabetes					
Yes	1,122	14.4 (14.1;16.9)	28.4 (24.7;32.5)	21.0 (19.9;22.1)	
No	6,004	84.6 (83.1;85.9)	33.4 (30.8;36.1)	19.4 (18.8;20.1)	
Smoking status					
Never smoked	3,249	45.6 (44.0;47.2)	38.1 (34.8;41.5)	18.3 (17.4;19.2)	
Smoked in the past	2,670	37.0 (35.1;39.0)	28.8 (26.0;31.8)	20.5 (19.8;21.2)	
Current smoker	1,207	17.3 (16.0;18.8)	26.5 (22.9;30.5)	21.4 (20.5;22.3)	
Dental visit in the past 12 months					

Table 1	Descriptive	e characteristics	and weighted	nronortions	The FLSI study	2015-16
	Descriptive	cinaracteristics	and weighted	proportions.	The LEDI study	2015-10

2,375	35.0 (33.0;37.1)	47.3 (44.5;50.3)	15.4 (14.8;16.0)
4,751	65.0 (62.9;67.0)	24.7 (21.9;27.7)	22.0 (21.2;22.7)
1,547	23.3 (21.3;25.5)	45.1 (41.1;49.2)	16.1 (15.1;17.0)
5,579	76.7 (74.5;78.7)	28.8 (26.4;31.5)	20.7 (20.1;21.4)
	2,375 4,751 1,547 5,579	2,37535.0 (33.0;37.1)4,75165.0 (62.9;67.0)1,54723.3 (21.3;25.5)5,57976.7 (74.5;78.7)	2,37535.0 (33.0;37.1)47.3 (44.5;50.3)4,75165.0 (62.9;67.0)24.7 (21.9;27.7)1,54723.3 (21.3;25.5)45.1 (41.1;49.2)5,57976.7 (74.5;78.7)28.8 (26.4;31.5)

95%CI: 95% confidence intervals

	50 to 59 years (n=3,216)		60 to 69 yea	rs (n=2,262)	70 to 79 years (n=1,258)		
	Unadjusted	Adjusted*	Unadjusted	Adjusted*	Unadjusted	Adjusted*	
Covariates	OR (95%CI)	OR (95%CI)	OR (95%CI)	OR (95%CI)	OR (95%CI)	OR (95%CI)	
	prevalence 43.6%		prevalence 25.3%		prevalence 17.0%		
Ethnic							
White	1	1	1	1	1	1	
Blacks	1.31 (0.90;1.93)	0.93 (0.61;1.42)	1.55 (1.02;2.34)	1.05 (0.66;1.68)	1.49 (0.46;4.81)	0.93 (0.23;3.74)	
Browns	1.44 (1.19;1.74)	1.16 (0.96;1.41)	1.83 (1.36;2.48)	1.15 (0.85;1.66)	2.04 (1.24;3.33)	1.89 (1.17;3.04)	
Income							
lowest	1	1	1	1	1	1	
middle	0.87 (0.69;1.09)	1.14(0.89;1.46)	0.82 (0.56;1.21)	0.78 (0.53;1.14)	1.36 (0.66;2.79)	1.36 (0.70;2.65)	
upper	0.44 (0.34;0.56)	0.89(0.69;1.16)	0.26 (0.19;0.36)	0.53 (0.37;0.78)	0.41 (0.20;0.83)	0.79 (0.43;1.45)	
Schooling							
0	1	1	1	1	1	1	
under 4	0.68 (0.42;1.08)	0.79 (0.48;1.26)	1.16 (0.61;2.21)	1.47 (0.76;2.84)	1.00 (0.50;1.96)	1.31 (0.67;2.56)	
4 to 7	0.45 (0.28;0.71)	0.59 (0.37;0.93)	0.44 (0.28;0.69)	0.67 (0.43;1.04)	0.45 (0.22;0.91)	0.74 (0.40;1.38)	
7 to 11	0.24 (0.15;0.38)	0.33 (0.20;0.55)	0.26 (0.15;0.45)	0.43 (0.24;0.74)	0.36 (0.13;0.94)	0.69 (0.28;1.67)	
above 11	0.13 (0.08;0.21)	0.22 (0.13;0.35)	0.11 (0.07;0.17)	0.25 (0.15;0.40)	0.11 (0.05;0.22)	0.25 (0.12;0.48)	

Table 2. Logistic regression coefficients for racial inequalities in functional dentition by age groups. ELSI 2015-2016

\*Adjusted for dental visits in the past year, check-ups visits, income, schooling years and smoking status.

	Tooth Loss		Natural Teeth categories**		
Mean tooth loss Non-Whites	20.4		Mean Dentition Whites	1.7	
Mean tooth loss Whites	18.7		Mean Dentition Non- Whites	1.5	
Characteristics	Explained (Neumark)	Proportion explained (%)	Explained (Neumark)	Proportion explained (%)	
Total	1.2 (0.7, 1.8)	70.5	0.13 (0.06. 0.19)	77	
Explanatory Variables					
Dental visits less 1 year	0.289 (0.163, 0.416)	23.3	0.035 (0.020, 0.050)	26.5	
Check-up dental visits	0.192 (0.098, 0.287)	15.5	0.017(0.008, 0.026)	12.9	
Age groups	-0.37 (-0.603, -0.127)	-29.8	-0.04 (-0.066/-0.013)	-29.5	
Smoke	0.087 (0.010, 0.165)	7.0	0.009 (0.001, 0.017)	7.6	
Schooling	0.436 (0.290, 0.582)	35.2	0.048 (0.031, 0.063)	34.1	
Income	0.411 (0.235, 0.587)	33.1	0.04 (0.020, 0.060)	27.3	
Cognition	0.126 (0.055, 0.197)	10.2	0.013 (0.005, 0.020)	9.1	
Depressive symptoms	0.04 (-0.006, 0.086)	3.2	0.003 (-0.001, 0.007)	2.3	
Hypertension	0.028(-0.006, 0.062)	2.3	0.002 (-0.001, 0.005)	1.5	
Diabetes	0.00 (-0.015, 0.007)	0.4	0.00 (-0.012, 0.014)	0	
Female	0.007 (-0.120, 0.135)	0.6	0.00 (-0.001, 0.001)	0	
Smoking status and use of dental services explained *	45.8			47.7	
Unexplained	0.5	29.5	0.04	23	
Difference	1.7		0.17		

Table 3. Proportion of ethnic inequality in tooth loss and natural teeth categories explained by associated factors and adjusted for age-groups. ELSI study 2015-16.

\*Smoking status, dental visits and dental check-ups

\*\*Sensitivity analysis, according to teeth categories: edentulous, 1-9 teeth, 10-19 teeth and more than 20 teeth.

Table 4. Proportion of ethnic inequality in tooth loss explained by associated factors and age group. The ELSI study 2015-16.

	Tooth Loss			
	50-59 years (n=3,216)	60-69 years (n=2,262)	70-79 years (n=1,258)	
Mean tooth loss in Black/Browns	17.2	22.8	25.8	
Mean tooth loss in Whites	15.0	20.3	24.0	

Characteristics	Explained Neumark (95% CI)	Proportion explained (%)	Explained Neumark (95% CI)	Proportion explained (%)	Explained Neumark (95% CI)	Proportion explained (%)
Total	1.4 (0.9, 1.9)	67.0	2.3 (1.6, 3.0)	91.7	1.2 (0.4, 2.0)	69.0
Explanatory Variables						
Dental visits in the past year	0.294 (0.115, 0.474)	20.7	0.398 (0.153, 0.643)	17.2	0.167 (-0.248, 0.582)	13.9
Check-up dental visits	0.202 (0.079, 0.326)	14.2	0.248 (0.073, 0.421)	10.7	0.066 (-0.089, 0.221)	5.5
Smoking status	0.078 (-0.038, 0.187)	5.5	0.055 (-0.057, 0.163)	2.4	0.036 (-0.090, 0.163)	3.0
Schooling years	0.360 (0.196, 0.523)	25.4	0.644 (0.363, 0.927)	27.9	0.346 (0.123, 0.570)	28.8
Income	0.310 (0.053, 0.568)	21.8	0.644 (0.348, 0.941)	27.9	0.301 (0.065, 0.539)	25.1
Cognition	0.138 (0.040, 0.237)	9.7	0.181 (0.009, 0.353)	7.8	0.167 (-0.009, 0.343)	13.9
Depressive symptoms	0.011 (-0.040, 0.062)	0.8	0.091 (-0.042, 0.225)	3.9	0.041 (-0.074, 0.157)	3.4
Hypertension	0.062 (-0.018, 0.141)	4.4	-0.013 (-0.059, 0.034)	-0.6	-0.031 (0.128, 0.064)	-2.6
Female	-0.036 (0.012, 0.139)	-2.5	0.053 (-0.119, 0.224)	2.3	0.117 (-0.123, 0.358)	9.8
Diabetes	0.002 (-0.035, 0.038)	0.1	0.009 (-0.020, 0.039)	0.4	-0.009 (0.053, 0.036)	-0.8
Smoking status and use of dental services explained (%)*		40.4		30.3		22.4
Unexplained	0.7 (-0.3, 1.7)	33.0%	0.21 (-1.03, 1.45)	10.3%	0.53 (-0.74, 1.79)	31.0%
Difference	2.1 (1.1, 3.2)		2.5 (1.1, 3.9)		1.8 (0.2, 3.3)	

\*Smoking status, dental visits and check-up