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Bow shocks, nova shells, disc winds and tilted discs: the nova-like V341 Ara has it all

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ABSTRACT

V341 Ara was recently recognized as one of the closest ($d \simeq 150 \text{ pc}$) and brightest (V $\simeq 10$) nova-like cataclysmic variables. This unique system is surrounded by a bright emission nebula, likely to be the remnant of a recent nova eruption. Embedded within this nebula is a prominent bow shock, where the system's accretion disc wind runs into its own nova shell. In order to establish its fundamental properties, we present the first comprehensive multiwavelength study of the system. Long-term photometry reveals quasi-periodic, super-orbital variations with a characteristic time-scale of 10–16 d and typical amplitude of $\simeq 1$ mag. High-cadence photometry from the *Transiting Exoplanet Survey Satellite (TESS)* reveals for the first time both the orbital period and a 'negative superhump' period. The latter is usually interpreted as the signature of a tilted accretion disc. We propose a recently developed disc instability model as a plausible explanation for the photometric behaviour. In our spectroscopic data, we clearly detect antiphased absorption and emission-line components. Their radial velocities suggest a high mass ratio, which in turn implies an unusually low white-dwarf mass. We also constrain the wind mass-loss rate of the system from the spatially resolved [O III] emission produced in the bow shock; this can be used to test and calibrate accretion disc wind models. We suggest a possible association between V341 Ara and a 'guest star' mentioned in Chinese historical records in AD 1240. If this marks the date of the system's nova eruption, V341 Ara would be the oldest recovered nova of its class and an excellent laboratory for testing nova theory.

Key words: accretion, accretion discs - binaries: spectroscopic - novae, cataclysmic variables - winds, outflows - shock waves.

1 INTRODUCTION

Cataclysmic variable stars (CVs) are interacting binary systems in which a Roche lobe filling secondary star loses mass to a white dwarf (WD) primary. In systems where the magnetic field of the WD is dynamically unimportant, accretion takes place via a disc.

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Nova-like variables (NLs) are a subclass of CVs in which the masstransfer rate from the companion is high enough to keep this disc in a fully ionized, optically thick, geometrically thin state (Lasota 2016). In non-magnetic systems, the disc extends all the way down to the surface of the more slowly rotating WD. The interface between these components is expected to be a narrow boundary layer (BL) that radiates up to half of the total accretion luminosity. This BL is usually expected to be optically thick at the high accretion

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rates found in NLs, although some recent models suggest a more nuanced picture (Hertfelder et al. 2013). NLs are perhaps the only astrophysical systems where standard, steady-state, non-relativistic accretion disc theory (Shakura & Sunyaev 1973) should apply without modification. This makes them extremely useful laboratories for testing the theory.

The 10-mag variable star V341 Ara was first catalogued by Leavitt & Pickering (1907). It was then (mis-)classified by Hoffmeister (1956) as a Type II Cepheid, based on the presence of a $P \simeq 12$ d period in their light curve of the system. In spite of V341 Ara's extremely blue colour, this misclassification stood for more than 60 yr, with subsequent photometric studies reporting similar, though not identical, periodic variability ($P \simeq 11$ d, ESA 1997; $P \simeq 14$ d, Berdnikov & Szabados 1998).

In fact, V341 Ara is one of the brightest CVs known, though it was not identified as such until recently. This identification was made by Frew (2008, hereafter F08), based on a combination of spectroscopic signatures, flickering, blue colour and its identification with a *ROSAT* X-ray source.¹ F08's primary science objective was actually the identification of new planetary nebulae (PNe). Their study of V341 Ara was prompted by its association with a previously uncatalogued large ($8 \times 6 \operatorname{arcmin}^2$) H α nebula. More recently, Bond & Miszalski (2018, hereafter B18) confirmed the NL classification and carried out the first radial velocity study for the system. They reported an orbital period of $P_{orb} = 3.65$ h, consistent with the bulk of the NL population.

NLs with periods in the range $3 \leq P_{orb} \leq 4$ h represent a critical evolutionary phase. The observed CV population exhibits a well-known 'period gap' between $P_{orb} \simeq 2$ – h and $P_{orb} \simeq 3$ – h. Individual CVs are thought to approach the upper edge of the gap from above (i.e. longer periods), but to evolve through the gap as detached systems. NLs such as V341 Ara are therefore systems whose donors will soon lose contact with the Roche lobe, possibly as they make the transition from partially radiative to fully convective stars; see Knigge, Baraffe & Patterson (2011) for a review. Many, if not all, of these systems also share at least some of the peculiar observational characteristics collectively known as the SW Sex syndrom (Dhillon 1990; Thorstensen et al. 1991; Rodríguez-Gil et al. 2007; Schmidtobreick, Rodríguez-Gil & Gänsicke 2012; Dhillon, Smith & Marsh 2013).

Based on its H α luminosity, F08 estimated the mass of the nebula around V341 Ara as $M_{H\alpha} \simeq 5 \times 10^{-3} \,\mathrm{M_{\odot}}$, roughly 100× less massive than a typical PN. Both F08 and B18 suggested that the nebula may therefore be an old nova remnant associated with V341 Ara itself. Intriguingly, the star is located $\simeq 2$ arcmin from the centre of the H α nebula, which might be a result of its high proper motion if the nova eruption occurred $\simeq 1000$ yr ago.

However, perhaps the most important and unusual feature of V341 Ara is that it lies near the apex of an impressive parabolic bow shock, thought to be a result of the interaction of its accretion disc wind with the interstellar medium (ISM; see F08; B18). This bow shock is seen in both the [O III] and [N II] nebular emission lines and is located within the larger-scale H α nebula (see Fig. 1). Only two other CVs surrounded by wind-driven bow shocks are known: BZ Cam (Hollis et al. 1992) and V1838 Aql (Hernández Santisteban



Figure 1. ESO/Wide Field Imager narrow-band images of the field around V341 Ara. Top: $H\alpha$ illustrates the emission nebula in the vicinity of the novalike variable, where the star is marked with a green circle. Note the cosmetic defects north-west from the source due to gaps between different chips in the image. Bottom: Same field, but with 2x zoom, in [O III], illustrating the bow shock around V341 Ara. Images were processed using THELI software (Erben et al. 2005; Schirmer 2013).

et al. 2019).² These objects are critical for testing disc wind models for CVs (e.g. Knigge et al. 1997; Long & Knigge 2002; Matthews et al. 2015), as the observed shock properties can provide a model-

 2 A bow shock is also present around the NL IPHASX J210204.7+471015, but this is probably due to the interaction of this system's nova shell with the ISM (Guerrero et al. 2018).

¹Samus, Pastukhova & Durlevich (2007), as well as Kiraga (2012), independently proposed the classification of V341 Ara as a CV, based on the X-ray match.

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independent estimate of the mass-loss rate (e.g. Kobulnicky, Chick & Povich 2018).

Here, we present the first comprehensive multiwavelength study of V341 Ara in order to establish the fundamental properties of the system. In Section 2, we introduce the data sets we use. In Section 3, we present our analysis of the data, and collect some of our main results. Then, in Section 4, we discuss the unique nature of this system, given all of the observational evidence available that has been collected to date. Finally, in Section 5, we summarize the main results.

2 DATA SETS

For the present study, we have collected multiwavelength data covering the radio, infrared, optical, near-ultraviolet and X-ray bands. This includes multiple sets of time-resolved optical photometry and time-resolved optical spectroscopy. It also includes two-dimensional optical spectroscopy covering the nebular emission around V341 Ara. In the remainder of this section, we briefly describe these data sets. A summary of the observations is provided in Tables A1 and A2 for the spectroscopic and photometric time series, respectively.

2.1 Time-resolved photometry

2.1.1 ASAS-SN

The All-Sky Automated Survey for Supernovae (ASAS-SN) aims to provide near-continuous all-sky optical monitoring. It reaches a depth of $V \simeq 17$ and provides 3 x 90 s sequential exposures each night for the entire observable sky (Kochanek et al. 2017). The survey uses five stations, each of which consists of four 14-cm aperture Nikon telephoto lenses. The observations are made in the *V* band (two stations) or *g* band (three stations). V341 Ara has been monitored by ASAS-SN since 2016 March. Here, we use all 893 *g*band and 616 *V*-band measurements that were gathered prior to 2019 October.

2.1.2 KELT

The Kilo-degree Extremely Little Telescope (KELT) project (Pepper et al. 2007; Pepper, Stassun & Gaudi 2018) is a survey designed primarily for the detection of planetary transits around bright stars. Here, we use data from KELT-South, a 4-cm telescope that monitors the southern sky with a spatial resolution of 23 arcsec per pixel and a cadence of about 20–30 min (for airmass < 1.5). In order to maximize sensitivity, KELT does not employ filters, but the response function of the system peaks around 6000 Å (Pepper et al. 2012). KELT gathered data for V341 Ara from 2013 to 2018, providing a total of 5840 photometric measurements across this 6-yr period.

2.1.3 TESS

The Transiting Exoplanet Survey Satellite (TESS; Ricker et al. 2015) is a space-based telescope launched in 2018. Like KELT, TESS's primary mission is to detect transiting exoplanets around nearby stars. It provides optical images with an effective spatial resolution of 21 arcsec, covering a bandpass of $\simeq 0.6-1 \,\mu$ m.

TESS monitors the sky in sectors, with each sector being observed continuously for 27 d. Full-frame images are provided at a cadence of 30 min, but 10×10 pixel postage stamps around a set of preselected targets are downloaded at the optimum 2-min cadence. The data for these fortunate targets are reduced by the Science Processing

Operations Center (SPOC) pipeline (Jenkins et al. 2016), and during this process a pixel-by-pixel correction is applied. The optimal photometric aperture along with an estimation of the contamination by nearby stars is calculated before extracting the light curves. Barycentred light curves (LCF files) are available from the Mikulski Archive for Space Telescopes³ (MAST).

V341 Ara was one of the pre-selected targets in *TESS* Sector 12. As such, it was observed with a 2-min cadence from 2019 May 21 to 2019 June 19.

2.2 Time-resolved one- and two-dimensional spectroscopy

2.2.1 CTIO: RC Spectrograph

B18 obtained medium-resolution time-resolved spectroscopic observations of V341 Ara with the RC Spectrograph on the SMARTS 1.5-m telescope at the Cerro Tololo Inter-American Observatory (CTIO). All of their data were collected between 2006 April and July, but most of their observations are missing from the CTIO archive. Therefore, in our long-term radial velocity study, we directly adopt the 59 measurements provided by B18 for the centroid of the H α emission-line core in their red exposures.

2.2.2 CTIO: Chiron

Chiron (Tokovinin et al. 2013) is a high-dispersion bench-mounted echelle spectrograph on the SMARTS 1.5-m telescope at the CTIO. We used Chiron in fibre mode, covering the 4083–8901 Å region in 75 orders at a resolution of $R = \lambda/\Delta\lambda \simeq 27\,800$. We obtained a total of 26 exposures on two nights in 2018. Three exposures were taken on 2018 March 25, the remainder on 2018 May 12. All spectra were extracted and reduced using the CH_REDUCE code.⁴

2.2.3 SAAO: SpUpNIC

SpUpNIC (Crause et al. 2016) is a low- to medium-resolution longslit spectrograph mounted on the 1.9-m Radcliffe telescope at the South African Astronomical Observatory (SAAO). We used the gr4 grating for our observations, which provides a wavelength coverage of $\lambda\lambda$ 3750–5100 Å with a dispersion of \simeq 0.6 Å pixel⁻¹. We obtained 12 exposures covering slightly less than 1 h on each of the nights of 2017 March 12 and 16. One additional exposure each was obtained on the nights of 2017 March 15 and 17. The spectra were reduced using standard IRAF routines.⁵ Cosmic ray rejection was performed with LACOSMIC (van Dokkum 2001).

2.2.4 SAOO: SALT/HRS

The High Resolution Spectrograph (HRS; Crause et al. 2014) is a double-beam, fibre-fed echelle spectrograph mounted on the Southern African Large Telescope (SALT). We used the low-resolution mode of the HRS to obtain spectra covering the range $\lambda\lambda 3800$ –8900 Å with a resolving power of $R \simeq 15000$. Our observations were carried out on four nights between 2018 April 15 and 21, with

³http://archive.stsci.edu/tess/

⁴See http://www.astro.sunysb.edu/fwalter/SMARTS/NovaAtlas/ch_reduce/ ch_reduce.html.

⁵IRAF is distributed by the National Optical Astronomy Observatories, which are operated by the Association of Universities for Research in Astronomy, Inc., under cooperative agreement with the National Science Foundation.

five exposures being taken on each of these nights. Data reduction was performed with the PySALT pipeline.

2.2.5 SSO: WiFeS

The Wide Field Spectrograph (WiFeS: Dopita et al. 2007) is a double-beam, image-slicing integral field unit (IFU) mounted on the Australian National University's 2.3-m telescope at Siding Spring Observatory. It provides spectral images across a contiguous 25 \times 38 arcsec² field of view, using 25 \times 1 arcsec² 'slitlets' along the short axis and 0.5 arcsec pixel⁻¹ spatial sampling along the long axis. We used WiFeS in the B7000 (blue arm) and R7000 (red arm) configurations, which provides a resolution of $R \simeq 7000$ across the full wavelength range $\lambda\lambda 5300-7100$ Å. Our observations were obtained on the night of 2018 April 26, during which the target field was monitored for 4.5 h without interruption, using 300-s integrations. In order to fully cover the bow shock surrounding V341 Ara, we used several different pointings to cover a total field of approximately $50 \times 40 \text{ arcsec}^2$. The shifts and rotations between pointings were typically 20 arcsec and 90°, respectively.

Because WiFeS provides spatially resolved spectroscopy, we used this data set for two distinct purposes. First, we extracted timeresolved one-dimensional spectroscopy for the central point source using a 3 × 3 spaxel² aperture centred on the peak of the continuum count rate distribution. Second, we constructed narrow-band images by aligning all pointings to the central source and then combining them. We used a resampling factor of 5 for this mosaic, yielding a plate scale of 0.2 arcsec per spaxel for the final images. In order to create pure emission-line images, we created narrow-band images centred on specific transitions and then subtracted a linear fit to the local continuum in each spaxel. Given that seeing was better than 0.9 arcsec throughout our observations, these are the highestresolution, unsaturated images of V341 Ara and its bow shock to date. Fig. 2 shows the resulting emission-line image for the [O III] λ 5007-Å transition.

2.3 Swift X-ray and ultraviolet observations

We observed V341 Ara twice with the *Neil Gehrels Swift Observatory* (Burrows et al. 2005), on 2018 July 04 and 2019 February 28, for a total exposure time of 4.6 ks. We used standard *Swift*/X-ray Telescope (XRT) routines (XRTPIPELINE 0.13.4 in HEASOFT 6.25) to reduce the XRT data, to extract counts from a circular aperture of 5 arcsec centred on the source and to construct a spectrum covering the 0.3–10 keV range for each of the two epochs. There was no significant variability in the X-ray data within or between the two epochs.

We also used *Swift* to obtain near-ultraviolet (NUV) imaging observations with the UV/Optical Telescope (UVOT; Roming et al. 2005). In 2018 July, we imaged the system for 326 s with the UVW1 filter ($\lambda_{eff} \simeq 2590$ Å), while in 2019 February, we used the UWM2 filter ($\lambda_{eff} \simeq 2230$ Å) for a total of 680 s. Because V341 Ara was saturated in all of the UVOT images, we used readout-streak photometry (Page et al. 2013) to estimate source fluxes in the UVW1 and UVM2 bands. The scatter in each band was consistent with being due to photometric errors, so we combined the exposures in each band to produce a single flux estimate for each filter.

Finally, in 2019 February, we also obtained a total of 2.2 ks of NUV spectroscopy using the *Swift/*UVOT UV grism, which covers the wavelength range $\lambda\lambda 1800-5200$ Å at a resolution of $R \simeq 150$. The spectroscopic data were reduced using the *Swift* UVOT Grism



Figure 2. Combined image with background subtracted of the numerically integrated [O III] λ :5007-Å emission line from the integral field spectroscopy. The 4-arcsec diameter circle is centred in the position of the source, while the green arrow represents the direction of the proper motion of the star derived from *Gaia* DR2. The dashed cyan paraboloid symmetry axis is aligned with the proper motion of the star and has a thickness of 3 arcsec. Contours with equal flux density are plotted in red.

UVOTPY package (version 2.4; Kuin 2014), an implementation of the calibration from Kuin et al. (2015). The combined one-dimensional spectrum was corrected for a systematic wavelength shift by ensuring that the centre of the MgII emission line lies close to 2800 Å, its expected position. As the detector sensitivity below 2000 Å is decreasing more rapidly than at longer wavelengths, the flux calibration for $\lambda \lesssim 2000$ Å is currently unreliable. Therefore, we removed this part of the spectrum.

2.4 MeerKAT radio observations

MeerKAT (Jonas 2009) is a radio telescope consisting of $64 \times 13.5 \text{ m}^2$ antennas located in the Karoo region of South Africa. The field containing V341 Ara was observed with MeerKAT at a central frequency of 1.284 GHz on 2019 March 29 as part of the ThunderKAT Large Survey Project (Fender et al. 2017). The full bandwidth of 856 MHz was split into 4096 channels, visibilities were recorded every 8 s, and 60 of the MeerKAT antennae were utilized. The Seyfert 2 galaxy J1939-6342 was used as a bandpass and flux calibrator. The total integration time on V341 Ara was approximately 120 min. The data were flagged using AOFLAGGER version 2.9.0 (Offringa 2010) to remove radio frequency interference, averaged by a factor of 8 in frequency and then calibrated using standard procedures in CASA version 5.1.1 (McMullin et al. 2007). The calibrated data were imaged using the multifacet-based radio imaging package DDFACET (Tasse et al. 2018), with Briggs weighting, a robustness parameter of R = -0.5 and the SSD deconvolution algorithm. No self-calibration was implemented. Flux measurements and source-fitting were executed using PYBDSF⁶ and noise levels were measured within the local area surrounding the source. The restoring beam had a size of $5.87 \times 4.63 \operatorname{arcsec}^2$.



Figure 3. SED of V341 Ara based on archival broad-band photometry (Section 2.5), *Swift* and MeerKAT data sets (Sections 2.3 and 2.4, respectively). The inset is a zoom into the NUV spectroscopy obtained with *Swift*/UVOT. These data sets were not obtained simultaneously, so the photometric scatter is due to the intrinsic variability of the source. The different components of the system with the estimated parameters from Knigge et al. (2011) are overlaid on top of the data for reference. The dashed black curve is the sum of the system components accreting at $10^{-9} M_{\odot} \text{ yr}^{-1}$ (green line), while the dotted curve is the same but at a higher accretion rate ($10^{-8} M_{\odot} \text{ yr}^{-1}$).

Some CVs are strong radio emitters (see Coppejans & Knigge 2020 for a review). Unfortunately, V341 Ara was not detected in these observations, unlike some other southern NLs (Hewitt et al. 2020). The corresponding 3σ flux limit is 30 µJy beam⁻¹.

2.5 Supplementary photometric data

In order to characterize the overall spectral energy distribution (SED) of V341 Ara, we have collated additional photometric measurements from the following sources: SkyMapper DR1 (optical, *uvgriz*; Wolf et al. 2018), the AAVSO Photometric All-Sky Survey (optical, BV+gri; Henden et al. 2016), *Gaia* DR2 (optical, $G+B_p+R_p$; Brown et al. 2018), the Two-Micron All-Sky Survey (near-infrared, *JHK*s; Skrutskie et al. 2006), the VISTA Hemisphere Survey (VHS) DR4 (*JK*s; McMahon et al. 2019) and the *Wide-field Infrared Survey Explorer/ALLWISE* (mid-infrared, W1+W2+W3+W4; Cutri et al. 2014).

3 ANALYSIS AND RESULTS

3.1 Spectral energy distribution: luminosity and accretion rate

Fig. 3 shows the panchromatic SED of V341 Ara, based on the data sets described in Sections 2.3, 2.4 and 2.5. These data sets were not obtained simultaneously, so the photometric scatter in Fig. 3 is consistent with the observed variability of the source. As is clear from Fig. 4, V341 Ara exhibits significant super-orbital variability in the optical (see Section 3.2 for details).

To provide context and guide the eye, we also show in the inset of Fig. 3 a simple model SED that is the sum of four components: (i) a geometrically thin, optically thick accretion disc; (ii) an optically thick boundary layer (BL); (iii) an accretion-heated WD; (iv) a donor star. The inclination towards V341 Ara is not known, but its absorption-line dominated optical spectrum suggests a relatively face-on viewing angle (see Beuermann & Thomas 1990; Beuermann, Stasiewski & Schwope 1992; Matthews et al. 2015); therefore, we adopt $i \simeq 30^{\circ}$ in our SED model.

Most of the remaining system parameters were taken directly from the best-fitting CV evolution sequence provided by Knigge et al (2011). Specifically, we adopted a mass-transfer rate of $\dot{M} \simeq 10^{-9} M_{\odot} \text{ yr}^{-1}$, a donor mass of $M_2 \simeq 0.26 M_{\odot}$, a donor radius of $R_2 \simeq 0.34 R_{\odot}$ and a donor temperature of $T_{\text{eff},2} \simeq 3380$ K. Based on the results shown in Section 3.4.4, the WD mass was taken to be $M_{\text{WD}} = 0.5 M_{\odot}$. The WD temperature, $T_{\text{WD}} = 23200$ K, and radius, $R_{\text{WD}} = 1.2 \times 10^9$ cm, were estimated from the accretion heating models of Townsley & Bildsten (2004) and the WD cooling models of Holberg & Bergeron (2006), respectively.

Each of the radiating components in the model (the WD, the BL, the donor and each disc annulus) is assumed to emit as a blackbody. The BL is modelled as a cylindrical strip wrapped around the equator of the WD that generates half of the accretion luminosity. The total vertical extent of the BL is taken to be $H_{\rm BL} = 0.1 R_{\rm WD}$, though only the top half of the BL is visible to the observer. With these assumptions, the effective temperature of the BL in the model is $T_{\rm eff, BL} \simeq 83300$ K. For comparison, Fig. 3 also includes a second SED model that corresponds to a higher mass-transfer rate, $\dot{M} = 10^{-8} M_{\odot} \text{ yr}^{-1}$. The WD and BL temperatures are then $T_{\rm eff, WD} \simeq 43300$ K and $T_{\rm eff, BL} \simeq 150700$ K, respectively.



Figure 4. Long-term optical light curve of the seasons when the different data sets were gathered, as marked by vertical lines. Note that we only shift the baseline of the KELT data, by subtracting 3 mag, to match the median magnitude of the ASAS-SN data. We do not make any additional attempt to place the different time series photometry on the same absolute scale.



Figure 5. The *TESS* light curve of V341 Ara during sector 12 illustrates the complexity of the super-orbital modulation; insets are zooms of the overlapping shaded region. Here, the orbital and superhump modulations are superimposed on to the main signal; there is an amplitude roughly 3 per cent of the dominant one. The \sim 1-d data gap is due the perigee passage of the spacecraft while downloading the data.

Fig. 3 shows that – with the exception of the X-ray band – V341 Ara's SED is broadly consistent with these simple SED models. The excess X-ray emission compared with the model is not unusual for NLs (e.g. Pratt et al. 2004) and is discussed further in Section 3.5. Thus, based on its SED, V341 Ara appears to be a normal NL, with system parameters typical for its orbital period. In particular, its accretion rate is likely between 10^{-9} and 10^{-8} M_{\odot} yr⁻¹.

3.2 Optical light curves: large-amplitude, super-orbital, quasi-periodic variations

Fig. 4 provides an overview of each of the last three observing seasons, during which all of our other data sets were taken. The *TESS* observing window is indicated by a vertical green band, and the dates on which spectroscopic, X-ray/UV (*Swift*) and radio (MeerKAT) observations were carried out, are marked by vertical lines. Here, Fig. 5 shows the 2-min cadence, 27-d *TESS* light curve.

The first obvious and important point to note is that V341 Ara's variability is dominated by large-amplitude (i.e. $\delta_m \simeq 0.5-2.0$ mag) super-orbital modulations (see also Fig. 7). The characteristic time-scale of these oscillations (i.e. $\simeq 10-16$ d) is far longer than the orbital period of $P_{orb} \simeq 3.7$ h (B18; see also Section 3.4.3). However, the amplitude and time-scale of these variations are comparable to those associated with the pulsations of Type II Cepheids, and specifically the W Vir subclass (e.g. Berdnikov & Szabados 1998). In addition to the lack of statistically significant power around the orbital frequency, this explains the long mis-classification of V341 Ara as a Cepheid variable.

The prevalence and quasi-periodic nature of these slow variations are apparent in Figs 6 and 7, which show generalized Lomb–Scargle (Lomb 1976; Scargle 1982; Zechmeister & Kürster 2009; VanderPlas 2018) periodograms for each of the light curves. Every data segment produces a strong power excess in this frequency range, but the exact location of the peak frequency changes across data sets and observing seasons. The amplitude of these variations is also highly variable. For example, Fig. 7 shows that the peak-to-peak variability level in the KELT Year 1 data is $\lesssim 1$ mag, but in a similar-sized segment of the KELT Year 5 data, it reaches >1.5 mag.

To illustrate these features more clearly, Fig. 7 shows the dynamic power spectrum we have constructed for the KELT data set, along with the season-by-season light curve. In calculating this power spectrum, we require each time bin to span at least ± 15 d and to include a minimum of 20 data points; note that this will tend to smooth any sudden change in the periodic signal.

By contrast, only the high-cadence, high-signal-to-noise *TESS* data set reveals a (weak) orbital signal (see insets in Figs 5 and 8). The characteristic amplitude of this signal is just $\simeq 1$ per cent, which suggests a relatively low (face-on) orbital inclination for V341 Ara, in agreement with the assumption in the previous section.

Perhaps more importantly, however, the power spectrum of the *TESS* data actually exhibits two peaks near the orbital frequency. One of these (i.e. $f_{orb,TESS} = 6.569 \pm 0.007$ cycles d⁻¹, corresponding to $P_{orb} = 3.654 \pm 0.004$ h) is consistent with the orbital period obtained from our multiyear spectroscopic data (see Section 3.4.3). The other (i.e. $f_{SH-} = 6.628 \pm 0.006$ cycles d⁻¹, corresponding to $P_{SH-} = 3.621 \pm 0.003$ h) is roughly 1 per cent faster than the orbital signal. This signal is similar to the so-called negative superhumps seen in the light curves of several other NLs (e.g. Patterson et al. 2005). In these systems, the negative superhump signal is thought to represent a beat between the binary orbit and the much slower, retrograde, nodal precession of a tilted accretion disc.

If the same interpretation holds for V341 Ara, it is tempting to associate the dominant large-amplitude 10–16-d signals in the photometric data with the disc precession period itself. Is this viable? The frequency difference between $f_{\rm orb}$ and $f_{\rm SH-}$ in the *TESS* data is $\Delta f = 0.06 \pm 0.006$ cycles d⁻¹, which corresponds to an implied precession period of $P_{\rm prec} = 16.4 \pm 1.6$ d. This is completely in line with the measured period of the slow photometric variations during the *TESS* observations, which was $P_{\rm slow} \simeq 16.1$ d (see Fig. 6).



Figure 6. Low-frequency generalized Lomb–Scargle power spectrum of the different light curves illustrating the super-orbital period and its variability across sessions and data sets. Note that the figures are shown up to 0.55 cycles per day due to lack of statistically significant power around the orbital frequency. This is because these frequencies are dominated by strong aliases of the super-orbital modulation in the ground-based observatories.

3.3 Astrometry: distance and membership of the thin disc population

V341 Ara is included in *Gaia* DR2 (Brown et al. 2018), so we estimate its distance from the *Gaia* parallax, $\pi = 6.40 \pm 0.08$ mas, using the Bayesian approach described in Luri et al. (2018) to account for the covariance of the distance and proper motion. This yields a distance of 156 ± 2 parsec (pc), for a prior with a length-scale of 1.5 kpc. However, given the precision of the parallax measurement, the distance estimate is highly insensitive to the prior. Based on this estimate, V341 Ara is the third closest non-magnetic NL.

The proper motion of V341 Ara provided by Gaia is $\mu_{\alpha} \cos \delta = -48.32 \pm 0.07 \text{ mas yr}^{-1}$ and $\mu_{\delta} = -84.91 \pm 0.08 \text{ mas yr}^{-1}$. Given its distance, this corresponds to a transverse velocity of $72 \pm 1 \text{ km s}^{-1}$

We also checked for possible distant companions to the V341 Ara binary system by searching for *Gaia* sources within 1° of its position that also have similar proper motions and distances. No such sources were found.

In order to identify the Galactic population to which V341 Ara belongs (thin disc, thick disc or halo), we carried out Galactic orbit integrations with GALPY, assuming a standard Milky Way potential (MWPotential2014; Bovy 2015). The starting point for these integrations is the system's current position in the full six-dimensional phase space, which is defined by proper motion (two components), position (two components), distance (one component) and systemic radial velocity (one component). All but the last of these are provided by *Gaia*. For the systemic radial velocity, we adopt the value obtain by our spectroscopic analysis in Section 3.4.4, $v_{sys} = 42 \pm 2 \text{ km s}^{-1}$.

The Galactic orbit implied by these parameters is characterized by a pericentre distance of 5.32 kpc and an apocentre radius of 8.46 kpc, which corresponds to an eccentricity of e = 0.23. The maximum height of the orbit above the mid-plane of the Galactic disc, $h_{\text{max}} = 57.3$ pc, clearly suggests membership of the thin-disc population. This is in line with expectations for long-period CVs from Pretorius et al. (2007).

3.4 Optical spectroscopy: orbital ephemeris and mass ratio

3.4.1 The mean spectrum

Fig. 9 shows the mean optical spectrum of V341 Ara, as obtained by averaging all of the observations we obtained with Chiron at the CTIO. Prior to combining the individual spectra, each was shifted to the rest frame of the secondary, based on the radial velocity curve derived later in Section 3.4.4.

As expected from the overall SED (Fig. 3), the optical spectrum is very blue. The continuum shape is reasonably approximated by $F_{\lambda} \simeq \lambda^{-7/3}$, the spectrum expected for the central part (between the Wien and Rayleigh–Jeans tails) of a Shakura–Sunyaev multitemperature black-body disc.

The other key aspect of Fig. 9 is that it shows an absorption-line spectrum. This, again, suggests a face-on for V341 Ara. Overall, the optical spectrum is reminiscent of that produced by RW Sex, another bright, nearby, long-period, low-inclination non-magnetic NL (Beuermann et al. 1992).

3.4.2 Radial velocity measurements

Fig. 10 shows a trail of the H α and He 1 λ 6678 Å region in our 4.5 h of continuous observations with WiFeS. For clarity, the data are already shown here folded on the orbital period of $P_{\text{orb}} \simeq 3.65$ h.

It is immediately obvious from Fig. 10 that V341 Ara is a doublelined spectroscopic binary. In both transitions, the central emission peaks and broad absorption wings display clear, antiphased S-waves. The obvious interpretation is that the broad absorption lines are produced in the atmosphere of the optically thick accretion disc, whereas the narrow emission-line cores are formed in the irradiated



Figure 7. KELT light curve and dynamic power spectrum. In each panel, the upper part shows the KELT instrumental magnitude -3 versus time. The lower parts of each panel show the dynamic Lomb–Scargle power spectrum, where the abscissa axis represents the time (in d) and the frequency in cycles per day in the ordinates, and the Lomb–Scargle power is represented in the colour scale. Each bin in the periodogram includes the contiguous ± 15 d with a minimum of 20 data points. The horizontal white dotted line represents the frequency with highest power in the periodogram of the whole set.



Figure 8. High-frequency generalized Lomb–Scargle power spectrum of the *TESS* light curve. The 3.65-h peak is consistent with the orbital period, while the 3.62-h peak is consistent with the beat frequency of the super-orbital modulation with the orbital period.

face of the secondary star. The same phenomenon is seen in other accreting compact binaries, including bright NLs, such as IX Vel (Beuermann & Thomas 1990) and RW Sex (Beuermann et al. 1992).

Closer inspection of Fig. 10 suggests the presence of additional emission-line components. For example, a faint S-wave that is roughly antiphased to that associated with the main emission core, but shares a similar velocity amplitude, can be seen near the centre of the H α line. As illustrated in Fig. 11, this and at least one other component can be more clearly identified in some of our high-resolution, high signal-to-noise spectra. These components are probably associated with asymmetric line-emitting structures in the accretion disc, such as the bright spot at the point where the stream impacts on the outer disc.

If not accounted for, the presence of these additional components could bias radial velocity measurements of the two main components, which we intend to use as tracers of the primary and the secondary. This concern applies particularly to the disc-formed, 'double-dipped', broad absorption line, in which the determination of the centroid is more difficult than the narrow central emission-line core. In order to avoid such biases, we fit each spectrum in each of our data sets (Chiron, SALT, SpUpNIC, WiFeS) with a combination of a single Lorentzian absorption component and three Gaussian emission components. An initial fit, in which all parameters were allowed to vary freely, revealed that the components could be split into three distinct groups with different widths: FWHM < 150 km s⁻¹, $150 < FWHM < 220 \text{ km s}^{-1}$ and FWHM > 250 km s⁻¹. Visual inspection of the data also provided limits on the centroid of the main emission component. This information was then used to set the initial parameter guesses and to constrain a refined fit in which the posterior probability distributions for all model parameters were obtained via Markov chain Monte Carlo with EMCEE⁷ (Foreman-Mackey et al. 2013). Simple non-informative uniform priors were adopted for all fit parameters. The uncertainties on the fit parameters were then estimated from the 16 and 84 per cent quantiles of the sampled posterior. These posteriors exhibit roughly normal distribution for the parameters of interest.

3.4.3 Orbital period and ephemeris

In order to determine an accurate orbital period and ephemeris for V341 Ara, we focused on the main emission component of the H α line. This allowed us to combine our radial velocity estimates for this component with those obtained by B18, which greatly extends

the time base of the analysis, and hence increases the precision of the result. All observation times were transformed to a barycentric reference frame using the algorithm described by Eastman, Siverd & Gaudi (2010).

Before combining all of these measurements, we first estimated periods separately for the 2006, 2017 and 2018 data sets. We found that all of these agreed to within their respective errors, and also with the period estimate for the 2006 data previously reported by B18.

The combined data from 2017 and 2018 provide sufficient precision to phase these observations without cycle count ambiguities across the \simeq 27 000 orbit gap to the 2006 CTIO/RC data set. Applying the same Lomb–Scargle periodogram and bootstrapping techniques described in Section 3.2 to the combined radial velocity data allowed us to determine the orbital period to millisecond accuracy, $P_{\rm orb} = 3.6529454^{+0.0000016}_{-0.0000013}$ h. The corresponding full orbital ephemeris is

$$T_0(BJD) = 2457098.01142(39) + 0.15220606(6)E$$
(1)

where T_0 refers to the blue-to-red crossing of the narrow emission line. This should correspond to inferior conjunction of the secondary, provided the line faithfully traces the orbital motion of the companion star.

3.4.4 K-velocities and system parameters

In order to determine the *K*-velocities of the primary and secondary, we fit the radial velocity measurements of the absorption and main emission components with sinusoids,

$$v_{\rm abs} = \gamma_1 + K_1 \sin(2\pi/P_{\rm orb} + \phi_1),$$
 (2)

and

$$v_{\rm em} = \gamma_2 + K_{2,\rm obs} \sin{(2\pi/P_{\rm orb} + \phi_2)}.$$
 (3)

All parameters were allowed to vary in the fit, except the orbital period, which was sampled from the probability distribution obtained above. The resulting parameters and uncertainties are listed in Table 1 and plotted along with the measurements of the centroids in Fig. 12.

The measured phase offset between the absorption- and emissionline radial velocity curves is 180.0 ± 0.3 . This gives us confidence that these components are tracing the motions of the primary and secondary, respectively (see Cantrell & Bailyn 2007, and references therein).

If the absorption lines are formed in the atmosphere of an optically thick, symmetric accretion disc, the measured $K_1 = 42 \pm 2 \text{ km s}^{-1}$ is an unbiased estimate of the projected orbital velocity of the primary. However, if the main emission-line component arises only on the irradiated front face of the secondary star, $K_{2,obs} = 47.4 \pm 0.6 \text{ km s}^{-1}$ is not an unbiased estimate of the secondary's projected orbital velocity. In order to determine the mass ratio of the binary system from our data, we first need to correct $K_{2,obs}$ to the centre-of-mass frame of the secondary. This *K*-correction (Muñoz-Darias, Casares & Martínez-Pais 2005) depends on the opening angle of the shadow cast by the accretion disc on the secondary and also (weakly) on the inclination of the system.

For the low-inclination case considered by Muñoz-Darias et al. (2005), $i = 40^{\circ}$, a moderate opening angle of $\alpha = 10^{\circ}$ would correspond to a corrected estimate of $K_2 = 82.5$ km s⁻¹. Changing α to 6° or 14° would change this estimate to $K_2 = 85.8$ km s⁻¹ or $K_2 = 76.7$ km s⁻¹, respectively. Therefore, we adopt $\sigma_{K_2,\text{sys}} = \frac{+3.3}{-5.8}$ km s⁻¹ as a characteristic systematic uncertainty associated with this correction. For no shadowing at all ($\alpha = 0^{\circ}$), $K_2 = 88.7$ km s⁻¹.

The ratio implied by these K-velocities is $q = M_2/M_1 = K_1/K_2 = 0.51 \pm 0.03 (\text{stat})_{-0.2}^{+0.4} (\text{sys})$. This is consistent with the

⁷http://dfm.io/emcee/current/



Figure 9. Median spectrum of all the observations taken with the Chiron spectrograph. In contrast to the WiFeS campaign (see Fig. 11), the combined spectrum is dominated by the high flux state where the absorption lines from the accretion disc's atmosphere strongly dominate the observed spectrum. Note that the strong features at wavelengths above $\lambda \simeq 6800$ Å are due to telluric absorption.



Figure 10. Phase folded trailed spectrum of the WiFeS time-resolved spectroscopy (bottom), normalized median in arbitrary units (top). Rest positions of H α λ 6562 Å and He I λ 6678 Å are marked with vertical dotted lines, and sine waves of the primary (red) and secondary (green) components from parameters quoted in Table 1 are overlaid to guide the eye. The He I component illustrates better the 'S-wave' of the absorption component. For clarity, the primary (absorption) component is plotted twice with a shift in order to lie on top of the absorption wings.

upper limit on the mass ratio imposed by the requirement for stability against dynamical or thermal time-scale mass transfer, $q < q_{crit} \simeq 2/3$ (Politano 1996; Hjellming 1989). However, it is higher than expected for a typical CV at this period. For example, as already

noted in Section 3.1, a typical donor mass at this orbital period of V341 Ara would be $M_2 \simeq 0.26 \,\mathrm{M_{\odot}}$ (Knigge 2006; Knigge et al. 2011). Combining this with the inferred mass ratio would suggest a low WD mass of $M_1 \simeq 0.5 \,\mathrm{M_{\odot}}$. Even allowing for the maximum



Figure 11. Zoom-in to H α emission component illustrating the evidence of three simultaneous emission components filling the broad absorption. The black histogram is the observed spectrum while the green line is the best fit to a composite model with one absorption plus three emission components. Rest velocity of the transition is marked with a vertical black dotted line, the blue dash-dotted line indicates the estimated position for the absorption component, while the colour vertical bars are centred in the position of each component in the model. Residuals of the fits are shown in the bottom panel.

 Table 1. System parameters derived from spectroscopy in Section 3.4.

Parameter	Units	Value	Error
$\delta\phi$	deg	180°.0	0:3
γ1	$\rm kms^{-1}$	-12.6	1.4
K_1	${\rm kms^{-1}}$	42	2
γ_2	$\rm kms^{-1}$	-24.43	+0.52/-0.57
K _{em}	${\rm kms^{-1}}$	47.4	0.6
K_2	$\rm kms^{-1}$	84.5	1.6
$q = K_1/K_2$		0.5	0.02
P_{orb} $T_{o}^{BJD} =$	$= 3.6529454^{+0.0000}_{-0.0000}$ = 2457098.01142 ±	0016 h 0013 h 0.00039 d	



Figure 12. Phase-folded radial velocity curve of the main emission component (green, including H α and H β) and broad absorption (red, only H β). The best-fitting sinusoidal model is represented with a solid line with 1σ uncertainties as the shaded region.

K-correction (no disc shadowing, i.e. $\alpha = 0^{\circ}$) would only increase this estimate to $M_1 \simeq 0.55 \, M_{\odot}$.

Both of these numbers are considerably lower than the $\simeq 0.8 M_{\odot}$ that is typical for WDs in CVs (Zorotovic, Schreiber & Gänsicke 2011). Moreover, the presence of a nova shell around V341 Ara would tend to suggest a relatively high WD mass for the system.



Figure 13. Combined *Swift/XRT*. Top panel: measured X-ray spectrum, where 2019 and 2018 data sets are represented with black dots and grey triangles, respectively, and the dashed lines are the different components of the model. We use the XSPEC model, which consists of the Galactic absorption, a blackbody and thermal bremsstrahlung being absorbed with partially ionized gas. In the bottom panel, the residuals of the modelling are shown.

At any given accretion rate, nova eruptions on massive WDs repeat with shorter recurrence times, so observed samples of classical novae will tend to be dominated by CVs with high-mass primaries (Ritter et al. 1991). Even though the absorption and emission lines are perfectly antiphased, this result suggests that their radial velocity amplitudes are only proxies for the true K_1 and K_2 . Given all this, it is clearly important to confirm the apparently anomalous mass of V341 Ara's WD.

3.5 X-ray properties

Fig. 13 shows the *Swift/*XRT spectra of V341 Ara obtained during our two observing epochs. There was no statistically significant variability in the X-ray data within or between these epochs, so we analysed both spectra simultaneously. The average XRT count rate was only $\simeq 2 \times 10^{-2} \text{ c s}^{-1}$, which corresponds to a low X-ray luminosity of L_X , 0.3–10 keV $\simeq 10^{30} \text{ erg s}^{-1}$. As a result, the signalto-noise of the spectra is relatively poor. Nevertheless, it is clear that there are at least two components contributing to the X-ray emission, with the softer component being dominant. Using 1 keV as the boundary between soft and hard photons gives a hardness ratio of $\simeq 0.6$, which is typical for accreting white dwarfs (AWDs) in a high state (e.g. Patterson & Raymond 1985).

Could the dominant soft component be the signature of the optically thick BL? We begin by noting that a relatively cool BL – i.e. $T_{\rm BL} \simeq (1-2) \times 10^5$ K, as adopted in our SED models in Fig. 3 – would be undetectable in our *Swift/XRT* data. Its emission would lie almost exclusively in the extreme ultraviolet band, where even modest interstellar hydrogen columns are sufficient to extinguish its flux.

How hot would an optically thick emitter need to be in order to account for the soft component in our XRT spectra? We address this by modelling the soft X-ray component as a simple blackbody and the harder component with a single-temperature bremsstrahlung model. Both components were assumed to be affected by a combination of intrinsic, partially ionized absorption (tbabs in XSPEC), plus extinction by the neutral ISM (phabs in XSPEC, with $N_{\rm H} = 2.9 \times 10^{20} \,{\rm cm}^{-2}$ fixed at a fraction of the Galactic line-of-sight value; Schlafly & Finkbeiner 2011; Zhu et al. 2017). Intrinsic absorption of this type is



Figure 14. Intrinsic blackbody luminosity versus effective temperature for an optically thick boundary layer. The contours represent the confidence intervals, while the colour scale shows the residuals for the tested model.

fairly common in disc-accreting CVs (e.g. Pratt et al. 2004; Mukai 2017, and references therein).

This model achieves a reasonable fit, $\chi_{\nu}^2 = 1.13$, and the resulting model parameters are summarized in Table 2. The 2σ lower limit on the temperature of the soft component is $T_{\rm BB} > 600\,000$ K (Fig. 14). This is much hotter than theoretically expected for an optically thick BL (Balsara et al. 2009; Hertfelder et al. 2013).

We conclude that the *Swift/*XRT spectra of V341 Ara are not dominated by an optically thick BL. Instead, we suspect that the observed spectrum is produced by non-thermal processes (e.g. shocks in the accretion disc wind of the system; e.g. Mauche 2004, also see Section 3.1) and/or by optically thin thermal emission (e.g. due to an optically thin 'chromosphere' or 'corona' on top of the optically thick disc and/or BL; e.g. Aranzana et al. 2018). As a qualitative test of these ideas, we also fit the *Swift/*XRT spectra with an optically thin, multitemperature plasma emission-line model (cemekl), which has been successfully applied to X-ray observations of other NL CVs in the past (Pratt et al. 2004). Such a model can produce an acceptable fit, but the signal-to-noise of our data is too poor to provide physically interesting constraints on the model parameters.

3.6 Optical imaging: nova shell and bow shock

3.6.1 The extended nebula (Fr 2-11)

As discussed by F08 and B18, there are two viable scenarios for the origin of the large-scale H α nebula around V341 Ara: (i) a small H II region composed of interstellar gas that is photoionized by the radiation field of the CV; (ii) material ejected in a relatively recent nova eruption of the system. A third scenario, in which the emitting material is a planetary nebula (PN), can be ruled out, as the mass estimate for this material (based on its H α luminosity) is only $M_{\text{shell}} \simeq 0.005 \,\text{M}_{\odot}$, about 40× less than what is typical for a PN (F08). In both scenarios, the smaller-scale bow shock is produced where the accretion disc wind associated with the fast-moving CV interacts with the (now) more-or-less stationary large-scale nebula (see Wareing, Zijlstra & O'Brien 2007; Shara et al. 2017).

F08 favours the first scenario, on two grounds. First, the emission lines in the nebular spectra are relatively narrow, contrary to what may be expected for a fast, differentially expanding nova shell. Second, there is no distinct forward shock at the south-eastern edge **Table 2.** Best parameters estimated from the fit of the two *Swift/XRT* epochs simultaneously (see Fig. 13). Note that $\chi^2 = 21.45$, $\chi^2_{\nu} = 1.129$, C-stats = 20.25, PHA = 24 and DOF = 19.

Model	Parameter	Units	Value	
phabs ^a	n _H	cm^{-2}	2.9	$\times 10^{20}$
tbabs	n _H	cm^{-2}	$1.08\substack{+0.6\\-0.5}$	$\times 10^{22}$
bremss	kT	keV	$0.73^{+1.25}_{-0.26}$	
	norm		$1.2^{+4.1}_{-1.0}$	$\times 10^{-3}$
bbody	kT	eV	80^{+40}_{-20}	
	norm		$2.3_{-2.0}^{+6.4}$	$\times 10^{-3}$

^{*a*}For phabs, the column density in the line of sight was fixed at a fraction of the Galactic line-of-sight value in order to accommodate the intrinsic $n_{\rm H}$.

of the nebula, or any other sign of decelerative interaction between a nova shell and the surrounding ISM (B18). Such features might be expected if the large-scale nebula is a nova shell expanding into the ISM. B18 are more circumspect, noting that the proper motion vector for V341 Ara places it near the centre of the nebula approximately 800 yr ago. This positional coincidence, as well as the associated time-scale, gives not unreasonable numbers in the context of the second, nova-shell scenario.

As identifying the centre of the nebula is non-trivial, we obtained an independent estimate of this displacement time-scale by overlaying ellipses on the H α image, centred on the position of V341 Ara at times 800, 900, 1000 and 1200 yr in the past. The middle two of these ellipses provide the best match to the overall shape of the largescale nebula, so our new estimate of the displacement time-scale is 900–1000 yr. This is broadly consistent with B18 and hence in line with the possibility that the nebula is an old nova shell.

We can further test this scenario by considering the luminosity and mass of the nebula. The H α flux measured by F08 for Fr 2-11 from the Southern H α Sky Survey Atlas (SHASSA; Gaustad et al. 2001) plates is log $F_{H\alpha} = 10.99 \pm 0.06$ (in cgs units). This corresponds to an H α luminosity of $L_{H\alpha} \simeq 3 \times 10^{31}$ erg s⁻¹ and, as noted above, a nebular mass of $M_{shell} \simeq 5 \times 10^{-3} M_{\odot}$. At first sight, this mass is high compared with other known nova shells, which tend to lie in the range $10^{-6} \lesssim M_{shell} \lesssim 10^{-4}$ (Cohen & Rosenthal 1983; Williams 1994). However, an eruption $\simeq 1000$ yr ago would tend to make V341 Ara one of the oldest known classical novae, with plenty of time for the nebula to grow in mass by sweeping up material from the ISM. A useful point of comparison here is the recently discovered nova shell around the NL V1315 Aql (Sahman et al. 2015), which likely has a similar age and an inferred mass of $M_{shell} \simeq 2 \times 10^{-4} M_{\odot} \text{ yr}^{-1}$.

On balance, we agree with B18 that the nova-shell scenario for the large-scale nebulosity should not be discounted. As already noted by them, it would be useful to estimate (limits on) the expansion rate of the nebula from archival and/or future images. To provide some context for this, we consider a nova shell with $\simeq 10^{-5}$ M_{\odot} that initially expands freely with a velocity of $\simeq 1000$ km s⁻¹. This free expansion phase would then last for about 50–60 yr, during which time the material travels an angular distance of 2 arcmin. After this time, the mass of swept-up material exceeds that of the ejected material, and the expanding shock enters a deceleration phase (the Taylor–Sedov phase; Taylor 1950; Sedov 1959), during which the expansion velocity scales as $v \propto t^{-0.6}$. Assuming that the ISM is at rest, and adopting a relatively high ISM density $n_e \simeq 10$ cm⁻³ (F08), we then find that in $\simeq 1000$ yr the edge of the nebula would travel a radial distance of $\simeq 3-4$ arcmin, in line with the observations.

3.6.2 The bow shock

An outflow propagating into a medium produces a shock if its speed exceeds the sound speed of that medium; if the source expelling the outflow is also moving supersonically with respect to the medium, a bow shock forms (e.g. del Palacio et al. 2018, and references therein). Such is the case of V341 Ara (see Figs 1 and 2), in which the supersonic wind produced by the accretion disc is interacting with a dense environment. The high proper motion of the system $(v \simeq 70 \text{ km s}^{-1})$ shapes the resulting structure into a bow shock.

The collision of the wind with the surrounding medium forms an interaction region, known as a forward shock, that propagates through the medium while compressing it. After travelling a distance R'_1 from its launching position, the high-speed wind encounters the shocked medium. In the resulting interaction, the kinetic energy of the wind is converted into thermal energy. This heats the wind material and produces a reverse shock (Weaver et al. 1977). The forward shock is radiative and slow, whereas the reverse shock is adiabatic and fast. Between these two shocks lies the so-called contact discontinuity, a surface that separates the shocked wind from the shocked medium. At the contact discontinuity, the net mass flux is zero. Following Weaver et al. (1977), we denote the distance from the star to the contact discontinuity as R'_c .

The structure of the bow shock is determined by the ram pressure associated with the movement of the system through the medium, which produces a quasi-parabolic shell of swept-up material (van Buren & McCray 1988; Hollis et al. 1992). However, when the star is not moving in the plane of the sky, projection effects play an important role in determining the observed shape of the shock (Meyer et al. 2016).

In Fig. 2 it can be seen that there is an extra, fainter component of the shock south from the source. This suggests that the source is moving mainly in the radial direction, in agreement with the results obtained in our radial velocity study. Our narrow-band imaging also shows that, even though the orientation of the bow shock matches with the proper motion of the star, there is a slight misalignment with the apex of the bow shock. Specifically, the peak of the enhanced [O III] emission lies slightly west of the source. This could be the manifestation of the biconical shape of the accretion disc wind (Matthews et al. 2015), combined with the misalignment of the accretion disc relative to the plane of the sky.

The presence of the bow shock allows us to estimate the energetics of the wind. The wind deposits energy into the reverse shock at a rate

$$L_{\rm w} = \frac{1}{2} \dot{M}_{\rm w} V_{\rm w}^2,\tag{4}$$

where L_w is the kinetic wind luminosity, and \dot{M}_w and V_w are the massloss rate and velocity of the wind, respectively. Under the assumption of an intrinsically parabolic bow shock, Weaver et al. (1977) derived the minimum distance from the stellar system to the apex of the nebula or the stagnation point (R'_2) in terms of the other relevant physical parameters:

$$R'_{2} = \frac{\sqrt{20L_{w}}}{3\sqrt{33\pi\rho_{\rm ISM}V_{\rm ISM}^{3}}}.$$
(5)

Here, $\rho_{\rm ISM}$ and $V_{\rm ISM}$ are the density of the ISM and its velocity relative to the star, respectively. Dopita (1977) showed that [OIII] originates closer to the front shock compared with other shock-excited emission lines. Therefore, we can estimate $R_2 \simeq 7.5 \pm 0.5$ arcsec \simeq $1.7 \pm 0.1 \times 10^{16}$ cm from the [OIII] image (Fig. 2). F08 obtained optical spectroscopy of the nebular region around V341 Ara. Given that the heliocentric radial velocities of the extended nebular lines are negligible, he concluded that the ISM around the source is at rest with respect to the Sun. He also estimated the electron density of the ISM to be $n_e \simeq 10 \text{ cm}^{-3}$ from the extended H α emission imaging. Here, and in Section 3.3, we measure a relative velocity $V_{\text{ISM}} \simeq 76 \pm 1 \text{ km s}^{-1}$ with an inclination angle of $\theta = 18^{\circ}.7 \pm 0^{\circ}.4$ from the plane of the sky. Rearranging equation (5), we can estimate the kinetic power of the wind as

$$L_{\rm w} = 14.85\pi (R_2 \sec\theta)^2 \rho_{\rm ISM} V_{\rm ISM}^3 = 1.2 \pm 0.2 \times 10^{32} \,\rm erg \, s^{-1}, \quad (6)$$

where the sec θ term accounts for the symmetry axis of the parabola not being aligned with the plane of the sky, and we have approximated the ISM density as $\rho_{\rm ISM} \simeq n_{\rm e}m_{\rm H}$, where $m_{\rm H}$ is the mass of the hydrogen atom.

To estimate the wind mass-loss rate (\dot{M}_w) , we need to estimate the terminal wind velocity. Ideally, this would be estimated from wind-formed P-Cygni lines, which are normally seen in the far-UV region (e.g. Prinja et al. 2000). Unfortunately, no far-UV spectra of this source have been obtained to date.

In the absence of such data, we adopt a different approach to set an approximate upper limit to the mass-loss rate of the source. We consider the region in the flow where the momentum flux of the wind is exactly balanced by the ISM ram pressure: $\rho_w V_w^2 = \rho_{ISM} V_{ISM}^2$. Here, ρ_w is the density of the wind at this point. Approximating the wind as spherical, we can use the continuity equation to express the wind density as $\rho_w \simeq \dot{M}_w/4\pi R_1^2 V_w$. Combining the two expressions allows us to express the mass-loss rate as

$$\dot{M}_{\rm w} \simeq \frac{4\pi R_1^2 V_{\rm ISM}^2 \rho_{\rm ISM}}{V_{\rm w}}.\tag{7}$$

We can now combine equations (4) and (5) to obtain an expression for V_{w} . Substituting this into equation (7), we obtain

$$\dot{M}_{\rm w} = \frac{0.54\pi\rho_{\rm ISM}V_{\rm ISM}R_1^4}{R_2^2\cos^2\theta}.$$
(8)

This include a factor of $\sec^2 \theta$ to account for the inclination of the system. Unfortunately, R_1 is not observable, as the high-temperature shocked wind does not produce any optical emission (Weaver et al. 1977; Hollis et al. 1992). However, because $R_1 < R_c < R_2$, we can set an upper limit on the mass-loss rate by estimating $R_c = R_2 - \Delta R$, where $\Delta R = 3 \pm 0.5$ arcsec is the thickness of the [O III] bow shock. With $R_c = 4.5 \pm 0.7$ arcsec, the wind mass-loss rate has to be $\dot{M}_w < 1.5 \pm 0.9 \times 10^{-10} \,\mathrm{M}_{\odot} \,\mathrm{yr}^{-1}$. This, in turn, implies a lower limit on the terminal wind velocity of $V_w > 1600 \pm 500 \,\mathrm{km \, s}^{-1}$.

We can extract physical information from the radio upper limit by introducing a radiative model for the bow shock. For this purpose, we adapt the one-zone model developed by del Palacio et al. (2018) for bow shocks produced by runaway massive stars. In short, relativistic electrons are expected to be accelerated at the strong shock and produce synchrotron emission that dominates the low-frequency radio spectrum. The flux upper limit $S_{1.28GHz} < 30 \,\mu$ Jy allows us to constrain parameters related to the synchrotron luminosity: the magnetic field strength B, and the amount of power injected in non-thermal particles $L_{\rm NT}$. To break the degeneracy between these two parameters, we assume a minimum energy condition for the relativistic particles and the magnetic field ($U_{\rm NT} = 0.75 U_{\rm mag}$; Longair 2011). Adopting $R_0 \sim 10^{16}$ cm, $V_{\rm w} \approx 1600$ km s⁻¹ and $\dot{M}_{\rm w} \approx 10^{-10} \,\mathrm{M}_{\odot} \,\mathrm{yr}^{-1}$, we constrain the non-thermal luminosity to $L_{\rm NT} < 0.7$ per cent $L_{\rm w}$ and B < 0.5 mG. This result suggests that disc winds in CVs are not efficient cosmic ray accelerators.

4 DISCUSSION

4.1 V341 Ara as an old nova

Almost all CVs that are classified as novae were discovered on the basis of an observed eruption. This introduces a strong selection bias, as it restricts the time-frame over which we can estimate typical nova rates and recurrence times. In particular, large-area, high-cadence photometric data have only started to become available over the last few decades, a much shorter period than the typical inter-outburst recurrence times expected from nova models ($\tau_{\rm rec} \sim 10^4$ yr). The population of known novae is thus heavily biased towards systems with unusually short $\tau_{\rm rec}$, i.e. systems with high $M_{\rm WD}$ and/or high $\dot{M}_{\rm acc}$ (e.g. Townsley & Bildsten 2004; Yaron et al. 2005; Wolf et al. 2013; Kato et al. 2014).

We can mitigate this selection effect by identifying older novae among the 'normal' CV population (i.e. among systems where no eruption has so far been noted). One way to achieve this is to match known CVs to bright 'guest stars' in old historical records (e.g. Patterson et al. 2013; Vogt, Hoffmann & Tappert 2019). However, probably the best and most systematic method is to search for nova shells around known CVs (e.g. Cohen & Rosenthal 1983). These shells are composed of material ejected in the nova eruption (plus any swept-up ISM). They are usually observed as emission-line nebulae and can remain detectable for centuries (Downes, Duerbeck & Delahodde 2001; Duerbeck 2003).

However, despite several systematic searches (Shara et al. 2012; Sahman et al. 2015; Schmidtobreick et al. 2015), nova shells have so far been identified around only six CVs without previously known outbursts: Z Cam (Shara et al. 2007), AT Cnc (Shara et al. 2012), V1315 Aql (Sahman et al. 2015, 2018), Te 11 (Miszalski et al. 2016), IPHASX J210204.7+471015 (Guerrero et al. 2018; Santamaría et al. 2019) and a CV in the globular cluster M22 (Göttgens et al. 2019). The identification of V341 Ara as another member of this small group is therefore significant, particularly because it permits two valuable checks.

First, as discussed in Section 3.6.1, the offset of V341 Ara from the centre of the nebula, combined with its proper motion, suggests that the nova eruption took place $\simeq 1000$ yr ago. This makes the system one of the oldest 'recovered' novae known. It is also a useful constraint for nova models. Specifically, recurrence times are predicted to decrease with increasing $M_{\rm WD}$ and increasing $\dot{M}_{\rm acc}$. Adopting $t_{\rm rec} \gtrsim 1000$ yr as a lower limit on the recurrence time therefore sets a mass-dependent upper limit on the accretion rate averaged over a nova cycle. For example, interpolating on the model grid of Yaron et al. (2005), we estimate that $\dot{M}_{\rm acc} \lesssim$ $1.7 \times 10^{-8} [(M_{\rm Ch} - M_{\rm WD}]/(0.44 \, {\rm M}_{\odot})]^{1.76}$, in agreement with the SED (Section 3.1). Here, $M_{\rm Ch} = 1.44 \, {\rm M}_{\odot}$ is the Chandrasekhar mass, and this specific fit is for WD models with a core temperature of $T_{\rm core} = 3 \times 10^7 \, {\rm K}$.

Second, V341 Ara must have been exceptionally bright during its nova eruption, so it might have been recorded as a 'guest star' in historical records. At optical wavelengths, nova eruptions typically have amplitudes of $\Delta m \simeq 11$ mag (Vogt et al. 2019). This implies that V341 Ara probably reached $m_{\text{peak}} < 0$ during its nova eruption. This would have temporarily placed the system among the top five brightest stars visible from Earth; it may even have made it the brightest star, other than the Sun. For comparison, Kepler's and Tycho's supernovae are thought to have reached $m_{\text{peak}} \simeq -3$ and $m_{\text{peak}} \simeq -4$, respectively (Green & Stephenson 2003). Thus, we checked for positional coincidences in several compilations of historical guest star observations (Tse-Tsung 1957; Stephenson 1976, 1971; Clark & Stephenson 1976; Yang et al. 2005; Stephenson & Green 2009; Hoffmann, Vogt & Protte 2020). There were no matches closer than about 18°, but we did uncover one potential counterpart: 45 in Stephenson & Green (2009).

This guest star was recorded by Chinese astronomers on August 17 of AD 1240 – during the Southern Song dynasty, at a right ascension in the range 16:50 $\leq \alpha \leq 18:05$. Unfortunately, its peak apparent magnitude is not known, and its declination is almost unconstrained. On the one hand, V341 Ara would not have been visible on this date from the observatories established in the capital Lin'an (now Hangzhou) during this dynasty (Dao 2019). On the other hand, its altitude at meridian crossing was only $\simeq 1^{\circ}$ below the horizon as seen from Hangzhou (allowing for proper motion, precession and refraction). Thus, if the guest star was originally reported by observers located just slightly south of the capital, V341 Ara would be a viable counterpart. In this case, it would be the fourth oldest recovered nova (Vogt et al. 2019) and an excellent laboratory for testing nova theory.

4.2 The wind-driven bow shock: calibrating disc wind models

The most common method to determine the mass and energy budget of CV accretion disc winds is by modelling wind-formed UV resonance lines (e.g. Knigge, Woods & Drew 1995; Knigge et al. 1997; Long & Knigge 2002). However, this modelling is based on parametrized kinematic models that depend on many free parameters, and it requires computationally expensive radiative transfer simulations.

As illustrated in Section 3.6.2, wind-driven bow shocks can provide independent estimates of these quantities. Systems that exhibit such bow shocks, such as V341 Ara, BZ Cam and V1838 Aql, are therefore crucial for testing and calibrating the estimates provided by spectral models.

In V341 Ara, specifically, the bow shock suggests a kinetic wind luminosity of $L_{\rm w} \simeq 10^{32}$ erg s⁻¹ and yields limits on the mass-loss rate $(\dot{M}_{\rm w} \lesssim 10^{-10} \text{ M}_{\odot} \text{ yr}^{-1})$ and terminal velocity ($v_{\rm w} \gtrsim 1800 \text{ km s}^{-1}$). UV spectroscopy of the system is strongly encouraged, so that these constraints can be tested against spectral models of the wind-formed UV resonance lines.

4.3 Large-amplitude super-orbital variations from tilted precessing discs

As noted in Section 3.2, V341 Ara exhibits large-amplitude ($\Delta m \simeq 0.5-2.0$ mag), super-orbital quasi-periodic oscillations on a characteristic time-scale of $P_{\text{slow}} \simeq 10-16$ d. Moreover, the high-quality *TESS* light curve additionally reveals two signals at higher frequencies. One of these corresponds to the orbital period ($P_{\text{orb}} \simeq 3.654$ h), while the other ($P_{\text{SH}-} \simeq 3.621$ h) is $\simeq 1$ per cent faster and consistent with the beat frequency between P_{slow} and P_{orb} .

Photometric signals near P_{orb} have been detected in many CVs. They are generally interpreted as beats between the orbital signal and an intrinsically much slower signal. More specifically, photometric signals slightly slower than P_{orb} are usually called positive superhumps. The underlying slow signal in this case is thought to be associated with the prograde precession of an eccentric accretion disc. By contrast, photometric signals slightly faster than P_{orb} are usually called negative superhumps. The underlying slow signal in this case is thought to be the retrograde precession of a disc that is tilted (or perhaps warped) relative to the orbital plane. A comprehensive discussion of superhumps can be found in Patterson (1999).

It is clearly tempting to interpret V341 Ara's large-amplitude super-orbital variations on P_{slow} as the signature of a tilted disc undergoing retrograde precession. The slightly faster-than-orbital variations on P_{SH-} would then correspond to the usual negative superhump signal at the beat period between P_{orb} and P_{slow} . However, there are two serious problems with this idea. First, the so-called period deficit we infer from the TESS data, $\epsilon_{-} = (P_{\rm orb} - P_{\rm SH-})/P_{\rm orb}) \simeq$ 0.01 is unusually small. It is significantly smaller than theoretically expected for a tilted disc in a system with $q = M_2/M_1 \simeq 0.5$ (Wood, Thomas & Simpson 2009), and it is also smaller than the deficits typically seen in other NL systems (Patterson et al. 2005; Wood et al. 2009, and references therein). Second, the amplitude of the super-orbital variations is exceptionally large. In most NLs exhibiting negative superhumps, the actual precession signal on P_{slow} is either weak or not detected at all, and even the stronger signal on $P_{\rm SH-}$ exhibits amplitudes of $\Delta m \lesssim 0.6$ mag (Harvey et al. 1995).

We suggest that the solution to these problems is connected to the recent discovery of slow, large-amplitude oscillations in a subset of Z Cam stars (Simonsen 2011; Szkody et al. 2013; Kato 2019). Z Cam stars are dwarf novae that occasionally 'get stuck' near the plateau phase of their outbursts. The photometric variations first noticed by Simonsen (2011) in the proto-type IW And (and also in V513 Cas) can be roughly described as large-amplitude, damped, quasi-periodic slow oscillations in this stand-still phase (e.g. Kato 2019). We refer to this as the IW And phenomenon. Several additional systems exhibiting this phenomenon were identified by Kato (2019). He proposed that these variations might be produced by the same thermal-viscous instability that is responsible for ordinary dwarf nova eruptions, if the instability could be somehow confined to the outer disc in these systems (with the inner disc remaining in a hot stable state).

Building on this idea, and noting that several systems exhibiting the IW And phenomenon also display negative superhumps, Kimura et al. (2020) suggested that spatially confined disc instabilities may occur naturally in tilted accretion discs. The accretion stream from the donor star will impact a tilted accretion disc at a distance from the accretor that depends on both the tilt angle and the precession phase. Kimura et al. (2020) therefore carried out one-dimensional disc instability simulations in which mass is added in this time- and radiusdependent fashion. The light curves produced by their simulations depend strongly on the adopted system parameters and tilt angles, and some of them show promise as models for the IW And phenomenon.

Most of the system parameters investigated by Kimura et al. (2020) lie in a range where ordinary dwarf nova eruptions would be expected for non-tilted discs. However, the highest accretion rates they consider would produce steady accretion in the absence of any disc tilt. Systems accreting at these rates would normally be NLs. Fig. 8 in Kimura et al. (2020) shows the predicted light curves for such systems, from simulations designed to mimic tilt angle between 0° and 15°. Remarkably, the light curves for moderate to high tilt angles exhibit large-amplitude variations on the precession period, reaching $\Delta \simeq 2$ mag peak-to-peak. These variations occur because, with mass being deposited mostly at smaller radii, the outer disc is unable to maintain a stable thermal equilibrium and instead periodically drops into a low state. We propose that this provides a natural explanation for the super-orbital variations we observe in V341 Ara.

What about the anomalously small superhump period deficit we have found in V341 Ara? The super-orbital variations in the NL simulations presented in Kimura et al. (2020) are driven entirely by the behaviour of the outer disc. Moreover, Kimura et al. (2020) note that a gap may form in the accretion disc near the radius of the stream–disc impact point. This raises the possibility that the

outer disc may precess effectively as a thin ring. This is interesting, because Montgomery (2009) predicts period deficits of $\epsilon_{-} \simeq 0.01$ for this case, with only a weak dependence on mass ratio, in line with what we observe in V341 Ara. However, Montgomery's calculations are for a ring located in the inner disc, and the period deficit scales roughly as $R_{\text{ring}}^{3/2}$ (Montgomery 2009; equation 30), where R_{ring} is the radius of the ring. If this is the explanation for the small period deficit, either the outer disc in V341 Ara must be truncated well inside the tidal limit or its precession rate must be driven by conditions at smaller radii (perhaps the stream–disc impact radius).

5 SUMMARY

We have presented the first comprehensive multiwavelength study of the recently discovered cataclysmic variable V341 Ara. This system is remarkable because it is the third closest non-magnetic NL known, it is surrounded by a probable nova shell, and it displays a clear bow shock where its disc wind interacts with the nova shell. The main results and conclusions of our study are as follows.

(i) Super-orbital, quasi-periodic oscillations are clearly present in all photometric data sets. *TESS* data additionally reveal both the orbital period and the beat between these two signals. The amplitude of the super-orbital signal is large: $\simeq 0.5$ mag variations are typical, but much larger drops in flux are seen occasionally.

(ii) The tilted disc instability model recently proposed by Kimura et al. (2020) to explain slow, large-amplitude oscillations in a subset of dwarf novae may also account for the super-orbital variations of V341 Ara.

(iii) Based on its position and proper motion, V341 Ara is a member of the Galactic thin disc population.

(iv) We confirm the $\simeq 3.65$ h orbital period of the system and provide a high-precision orbital ephemeris.

(v) We clearly detect antiphased absorption- and emission-line components in our spectroscopy, allowing us to establish the *K*-velocity of both the accreting primary ($K_1 = 42 \pm 2$) and the irradiated face of the donor star ($K_{2,obs} = 47.4 \pm 0.6$). This allows us to estimate the centre-of-mass orbital velocity of the donor, and thus determine the spectroscopic mass ratio of the system, $q = K_1/K_{2,true} = M_2/M_10.51 \pm 0.03 (stat)^{+0.4}_{-0.2}$ (sys). For the expected companion based in the evolutionary tracks, this would imply a WD mass of $M_1 \simeq 0.5 M_{\odot}$.

(vi) With the exception of the X-ray band, the SED of V341 Ara is broadly consistent with expectations based on the evolutionary tracks from KPB11, implying an accretion rate in the range $\dot{M}_{\rm acc} \simeq 10^{-9}$ – $10^{-8} \, {\rm M}_{\odot} \, {\rm yr}^{-1}$.

(vii) V341 Ara's X-ray spectrum is composed of at least two components. If the brighter soft component is modelled as a blackbody, its temperature $(kT_{\rm BB} = 80^{+40}_{-20} \text{ eV}, \text{ i.e. } T_{\rm BB} \simeq 9^{+4}_{-2} \times 10^5 \text{ K})$ is significantly higher – and its luminosity, $\log L_{\rm BB} (\text{erg s}^{-1}) \simeq 32.9$, lower – than expected for an optically thick BL. The fainter hard component might be associated with shocks in the disc wind.

(viii) The large-scale nebulosity surrounding V341 Ara is thought to have been produced during a nova eruption $\simeq 1000$ yr ago. Near maximum, it was probably one of the five brightest stars in the sky. We tentatively suggest that this eruption might be associated with a guest star recorded by Chinese astronomers in AD 1240. This would make V341 Ara the fourth oldest recovered nova.

(ix) We have redetermined the stand-off distance of the bow shock, $R_{\text{stand-off}} \simeq 2 \times 10^{16}$ cm. This, in turn, allows us to constrain the massloss rate of the system's disc wind: $\dot{M}_{\rm w} \lesssim 10^{-10} \,\mathrm{M_{\odot} \, yr^{-1}}$. V341 Ara is expected to display strong, blueshifted absorption lines in its far-UV spectrum. Modelling these lines is the standard way to determine the mass-loss rates of CV disc winds, so V341 Ara provides us with a rare opportunity to directly test this approach. Far-UV spectroscopic observations are therefore strongly encouraged.

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DATA AVAILABILITY

The data underlying this article are publicly available at: ASAS-SN, https://asas-sn.osu.edu; *TESS*, http://archive.stsci.edu/tess/; *Swift*, https://www.swift.ac.uk/archive/index.php; Chiron and RC Spectrograph, http://archive1.dm.noao.edu/; WIFI, http://archive.eso.or g/cms.html. Data from KELT are available in Zenodo, at https://doi.org/10.5281/zenodo.3982165. MeerKAT data are subject to the standard data access policy of the South African Radio Astronomy Observatory. Remaining data from SALT, SpUpNIC and WiFeS will be shared on reasonable request to the corresponding author.

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APPENDIX A: LIST OF OBSERVATIONS

Table A1. Spectroscopic observing log.

Telescope	Instrument	Grating	$\begin{array}{l} R = \\ \lambda / \Delta \lambda \end{array}$	texp	Nexp
ANU	WiFeS	B7000/R7000	7000	300	41
SALT	HRS	LR	15 000	1500	4
SAAO	SpUpNIC	g4	2500	600	26
SMARTS 1.5	Chiron	_	27 800	600	26
SMARTS 1.5	RC Spectrograph	47/Ib	3000	300	59 ^a
Swift	UVOT	UV	150	275	8

^aTaken from B18.

Table A2. Photometric observing log.

Telescope	Filter	t _{exp}	N _{exp}
ASAS-SN	V	90	616
ASAS-SN	g	90	893
KELT	White light	150	5934
TESS	White light	120	19 104

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