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- **Keywords:** cerebral small vessel disease; atrial fibrillation; anticoagulation; stroke
- **Subject Terms:** Clinical Studies; Magnetic Resonance Imaging (MRI); Ischemic
- 53 Stroke: Cerebrovascular Disease/Stroke; Anticoagulants

ABSTRACT

70 vascular disease, age 65-74, female) score.

Non-standard Abbreviations and Acronyms

after ischemic stroke or transient ischemic attack (TIA) associated with atrial

- 100 fibrillation (AF), some studies indicate a substantial risk (4.7%-7.7%/year)¹⁻² of
- recurrent cerebrovascular events despite OAC. Recurrent ischemic stroke despite

 Our aim was to examine the association between SVD presence and the risk of ischemic stroke during follow-up in a prospective multicenter observational inception

 Imaging analysis: We included standardized parameters for the MRI sequences, including axial T2-weighted, T2-weighted gradient-recalled echo (T2*-GRE), coronal T1-weighted, fluid-attenuated inversion recovery (FLAIR) and diffusion-weighted 146 imaging (DWI) at each site.^{9,10} All structural markers of SVD were rated in 147 accordance with consensus criteria.⁶ BGPVS and centrum semiovale perivascular spaces (CSOPVS) were defined and rated by two raters (GB, HD) on T2 and FLAIR sequences using a validated 4-point visual rating scale on a single predefined slice. ^{6,12}

Standard protocol approvals, registrations, and patient consents: CROMIS-2

was approved by the National Institute for Health Clinical Research Network (NIHR,

 Research Ethics Committee reference: 10/H0716/64), and registered with 166 ClinicalTrails.gov (No.NCT02513316). 9-10

 Statistics: Continuous data were summarized as mean values with standard deviations (if normally distributed) or median value with interquartile range (if not normally distributed), and categorical data as counts with proportions. We calculated absolute event rates per 100 patient-years for ischemic stroke during follow-up. We compared the univariate Kaplan-Meier probabilities of ischemic stroke during follow-up for patients with and without SVD presence and individual SVD markers. We developed two Cox proportional hazards models to evaluate the unadjusted and adjusted risks of ischemic stroke during follow-up in patients with the presence and 176 absence of SVD and individual SVD markers: first including $CHA₂DS₂-VAS_C$ as a single confounder; and second, including variables which were associated with 178 recurrent ischemic stroke in univariable analysis ($p < 0.1$). The risk of ischemic stroke during follow-up with increasing SVD score was also investigated using Cox proportional hazards models. We used the Fisher's exact test to compare the baseline

SVD presence among different recurrent mechanisms. All the statistical analyses were

done using SPSS 25.0 (IBM) (SPSS Inc, Chicago, IL).

RESULTS

We included 1419 eligible patients (75.8 years [SD 10.4]; 42.1% female) in the final

analysis (**Fig 1**). The 43 patients without follow-up were similar to those with

follow-up in age (73.8 years [SD 11.4] Vs 75.8 years [10.3]; p = 0.173), sex (female

188 46.5% Vs 42.1%; $p = 0.561$), hypertension (57.1% Vs 63.4%; $p = 0.411$), and SVD

189 presence (46.5% Vs 54.1%, $p = 0.324$). The median follow-up duration was 2.3 years

- [SD 1.0], providing 3265 patient-years of follow-up data. Of 1419 participants, 53
- patients had ischemic stroke during follow-up, an event rate of 1.62 per 100-patient
- years (95% CI 1.24-2.12).
-

 SVD was present in 768 (54.1%) patients. The prevalence of individual SVD markers were as follows: ≥11 BGPVS presence 375 (26.4%) patients; ≥11 CSOPVS presence 681 (48.0%) patients; CMBs presence 298 (21.0%) patients (strictly lobar in 109

 The baseline characteristics of clinical and MRI factors with and without ischemic stroke during follow-up are shown in **Table 1**. Patients with ischemic stroke during 208 follow-up had a higher median $CHA₂DS₂-VAS_C$ score of 6 [IQR 5-7] vs 5 [4-6]. Age (unadjusted HR 1.04 95% CI 1.01-1.07), female sex (unadjusted HR 2.01 95% CI 1.17-3.48), diabetes (unadjusted HR 2.11 95% CI 1.16-3.84), and vascular disease (unadjusted HR 2.24 95%CI 1.26-3.99) were associated with ischemic stroke during 212 follow-up. Of the individual baseline SVD radiological features, \geq 11 BGPVS

(unadjusted HR 2.44 95%CI 1.42-4.19) were associated with ischemic stroke during

 follow-up. We found weak evidence of an association between CMBs presence (unadjusted HR 1.62 95%CI 0.90-2.91), moderate to severe WMH presence (unadjusted HR 1.72 95% CI 0.95-3.12) and ischemic stroke during follow-up.

 The ischemic stroke event rate during follow-up in patients with SVD presence was 2.20 per 100-patient years (95% CI 1.60-3.02), compared with 0.98 per 100 patient-years (95% CI 0.59-1.62) in those without SVD presence. The absolute rate increase associated with SVD presence was 1.22 per 100 patient-years (95% CI 1.01-1.40). In Kaplan-Meier analysis, the ischemic stroke event during follow-up was more frequent in patients with SVD presence compared to those without SVD presence (log-rank test, p = 0.008, **Fig 2A**). In univariate Cox regression analysis, patients with SVD had a 2.2-times higher risk of ischemic stroke during follow-up (95% 226 CI 1.21-4.01, $p = 0.009$). We found an association between higher SVD score with increasing risk of ischemic stroke during follow-up (HR per point increase: 1.45 228 95%CI 1.14-1.83, $p = 0.002$). After adjusting for CHA₂DS₂-VAS_C, patients with SVD presence still had a 1.9-times higher risk of ischemic stroke during follow-up (95% CI 230 1.01-3.53, $p = 0.046$; the risk of ischemic stroke during follow-up remained significantly increased with increasing SVD score (HR per point increase: 1.33 95% 232 CI 1.04-1.07, $p = 0.023$). To better appreciate the effects of the different components

233 in the CHA₂DS₂-VAS_C score, we adjusted for age, sex, diabetes and vascular disease in another multivariate model. The adjusted HRs for the presence of SVD, SVD per point increase and individual SVD markers were very similar to those adjusted for 236 CHA₂DS₂-VAS_C as a single confounder. (Table 2).

 We performed three sensitivity analyses to investigate whether the associations of SVD presence and SVD score with ischemic stroke during follow-up were robust to other potential confounders; (1) adjusted for therapeutic time in range (TTR) in Vitamin K antagonist (VKA)-treated patients (available in 861 patients); (2) adjusted for carotid-artery stenosis (available in 682 patients, of which 581 were <50% stenosis, 60 were 50-70% stenosis, 41 were >70% stenosis); and (3) adjusted for antihypertensive and statin treatment (data available in 1383 patients) (**Table 3**).

246 The ischemic stroke event rate during follow-up in patients with \geq 11 BGPVS was 2.98 per 100-patient years (95% CI 1.99-4.44), compared with 1.18 per 100 patient-years (95% CI 0.82-1.70) in those with 0-10 BGPVS. In Kaplan-Meier analysis, ischemic stroke during follow-up was more frequent in patients with \geq 11BGPVS compared with those with 0-10 BGPVS (log-rank test, $p = 0.001$, **Fig2B**). We found weak evidence that the rate of ischemic stroke during follow-up was higher 252 with the presence of moderate to severe WMH (log-rank test, $p = 0.073$), CMBs 253 (log-rank test, $p = 0.104$), but not with the presence of CSOPVS (log-rank test, $p =$

303 [1.8%-16.1%]).¹⁴ This finding raises the uncertainty whether antiplatelet therapy (for

 0.48-1.92) were associated with an increased ischemic stroke risk during follow-up 322 after adjusting for CHA₂DS₂-VAS_C. However, our protocol did not measure statin adherence or strict blood pressure control.

 Our data did not demonstrate that baseline SVD is associated with the subtype of recurrent ischemic stroke. However, the absolute rate of recurrent small artery occlusion in patients with baseline SVD was higher than in those without SVD. Our findings were in line with a prospective study that showed stroke patients with large artery atherosclerosis and baseline SVD had higher risk of recurrent stroke regardless 330 of its recurrence mechanism.²³ One possible explanation is that SVD is associated with risk factors for atherosclerosis, which are known predictors of stroke recurrence. It is always challenging to identify the exact etiology of a stroke if there are two or more potential causes. The proportion of recurrent small vessel occlusion in our 334 cohort is much lower than those in previous studies, $14,24$ but might be underestimated. First, only a minority of patients underwent MRI for their recurrent stroke, reducing

 our ability to accurately classify small vessel occlusions. Second, in patients with known AF clinicians are more likely to regard the recurrent event as cardioembolic, 338 reflecting the TOAST criteria.²⁵ 340 Another important finding of our study is that \geq 11 BGPVS are independently associated with the risk of ischemic stroke during follow-up in patients anticoagulated for AF. BGPVS are defined as cerebrospinal fluid-filled spaces surrounding 343 penetrating arteries in basal ganglia, and are recognized as a marker of hypertensive 344 arteriopathy due to their association with age and hypertension.^{7,26} Previous studies demonstrated an independent association between BGPVS and severity of intracranial 346 and extracranial atherosclerosis.²⁶⁻²⁸ Possible mechanisms for this link include chronic 347 cerebral hypoperfusion²⁸ and increased arterial stiffness.²⁹ We acknowledge limitations: first, there is inevitable selection bias at baseline since we only recruited patients able to undergo MR imaging. Second, despite

standardization, minor local variations in the MR sequences are inevitable. Third, we

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Table 1. Clinical and radiological characteristics at baseline (n=1419) for patients with and without ischemic stroke during follow-up

Abbreviations: HR = hazard ratio; CI = confidence interval; SD = standard deviations; TIA = transient ischemic attack; ICH = intracranial hemorrhage; AF = atrial fibrillation;

IQR = interquartile range; VKA = vitamin K antagonist; DOAC: direct oral anticoagulant; TTR = therapeutic time in range; SVD = small vessel disease; BGPVS = basal ganglia perivascular spaces; CSOPVS = centrum semiovale perivascular spaces; CMBs = cerebral microbleeds; WMH = white matter hyperintensities; p value is derived from univariate COX hazards proportional model;

Table 2. Association of SVD presence, SVD score or individual SVD markers and ischemic stroke during follow-up

Abbreviations: HR = hazard ratio; CI = confidence interval; SVD = small vessel disease; BGPVS = basal ganglia perivascular spaces; CSOPVS = centrum semiovale perivascular spaces; WMH = white matter hyperintensities; CMBs = cerebral microbleeds; VD = vascular disease

Table 3. Association of SVD presence, SVD score and ischemic stroke during follow-up adjusted for confounders in addition to CHA2DS2-VASC as sensitivity analyses

Abbreviations: TTR = therapeutic time in range; SVD = small vessel disease; AHT = antihypertension therapy; HR = hazard ratio; CI = confidence interval;

	LAA	СE	SAO	Undetermined	
	(n=4)	$(n=31)$	$(n=3)$	$(n=15)$	p value
With SVD	$3(7.9\%)$	21(55.3%)	$3(7.9\%)$	11(28.9%)	
$(n=38)$					0.690
Without SVD	1(6.7%)	10(66.7%)	$0(0.0\%)$	4(26.7%)	
$(n=15)$					

Table 4. Baseline small vessel disease between different mechanisms of recurrent stroke

Abbreviations: LAA = large artery atherosclerosis; CE = cardioembolic embolism; SAO = small artery occlusion;

Title and Figure legends

Figure 1 title: Flow chart of patient selection

Figure 2 title: Cumulative probability of being free of recurrent ischemic stroke stratified by SVD (A) and ≥11 BGPVS (B)

Figure 2 legend: SVD = small vessel disease; BGPVS = basal ganglia perivascular spaces