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treatment-resistant schizophrenia

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DNA methylation meta-analysis reveals cellular alterations in psychosis and markers of

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78 Abstract

79 We performed a systematic analysis of blood DNA methylation profiles from 4,483 participants from 80 seven independent cohorts identifying differentially methylated positions (DMPs) associated with 81 psychosis, schizophrenia and treatment-resistant schizophrenia. Psychosis cases were characterized by 82 significant differences in measures of blood cell proportions and elevated smoking exposure derived 83 from the DNA methylation data, with the largest differences seen in treatment-resistant schizophrenia patients. We implemented a stringent pipeline to meta-analyze epigenome-wide association study 84 (EWAS) results across datasets, identifying 95 DMPs associated with psychosis and 1,048 DMPs 85 86 associated with schizophrenia, with evidence of colocalization to regions nominated by genetic association studies of disease. Many schizophrenia-associated DNA methylation differences were 87 only present in patients with treatment-resistant schizophrenia, potentially reflecting exposure to the 88 89 atypical antipsychotic clozapine. Our results highlight how DNA methylation data can be leveraged to 90 identify physiological (e.g., differential cell counts) and environmental (e.g., smoking) factors 91 associated with psychosis and molecular biomarkers of treatment-resistant schizophrenia.

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93 Introduction

94 Psychosis is a complex and heterogeneous neuropsychiatric condition characterized by a loss of 95 contact with reality, whose symptoms can include delusions and hallucinations. Episodic psychosis 96 and altered cognitive function are major features of schizophrenia, a severe neurodevelopmental 97 disorder that contributes significantly to the global burden of disease (Whiteford et al., 2013). 98 Schizophrenia is highly heritable (Hilker et al., 2018; Sullivan, Kendler, & Neale, 2003) and recent 99 genetic studies have indicated a complex polygenic architecture involving hundreds of genetic 100 variants that individually confer a minimal increase on the overall risk of developing the 101 disorder(Purcell et al., 2009). Large-scale genome-wide association studies (GWAS) have identified 102 approximately 160 regions of the genome harboring common variants robustly associated with the 103 diagnosis of schizophrenia, with evidence for a substantial polygenic component in signals that 104 individually fall below genome-wide levels of significance (Pardiñas et al., 2018; Schizophrenia 105 Working Group of the PGC et al., 2014). As the majority of schizophrenia-associated variants do not directly index coding changes affecting protein structure, there remains uncertainty about the causal 106 107 genes involved in disease pathogenesis, and how their function is dysregulated (Maurano et al., 2012). 108

109 A major hypothesis is that GWAS variants predominantly act to influence the regulation of gene expression. This hypothesis is supported by an enrichment of schizophrenia associated variants in 110 core regulatory domains (e.g. active promotors and enhancers)(Hannon, Marzi, Schalkwyk, & Mill, 111 2019). As a consequence, there has been growing interest in the role of epigenetic variation in the 112 molecular etiology of schizophrenia. DNA methylation is the best-characterized epigenetic 113 modification, acting to influence gene expression via disruption of transcription factor binding and 114 recruitment of methyl-binding proteins that initiate chromatin compaction and gene silencing. Despite 115 116 being traditionally regarded as a mechanism of transcriptional repression, DNA methylation is 117 actually associated with both increased and decreased gene expression(Wagner et al., 2014), and other genomic functions including alternative splicing and promoter usage (Maunakea et al., 2010). We 118 previously demonstrated how DNA methylation is under local genetic control(Hannon, Gorrie-Stone, 119 120 et al., 2018; Hannon, Spiers, et al., 2015), identifying an enrichment of DNA methylation quantitative

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trait loci (mQTL) among genomic regions associated with schizophrenia(Hannon, Spiers, et al.,

122 2015). Furthermore, we have used mQTL associations to identify discrete sites of regulatory variation

123 associated with schizophrenia risk variants implicating specific genes within these regions (Hannon et

124 al., 2016; Hannon, Gorrie-Stone, et al., 2018; Hannon, Spiers, et al., 2015; Hannon, Weedon, Bray,

125 O'Donovan, & Mill, 2017). Of note, epigenetic variation induced by environmental exposures has

126 been hypothesized as another mechanism by which non-genetic factors can affect risk for

127 neuropsychiatric disorders including schizophrenia(E. Dempster, Viana, Pidsley, & Mill, 2013).

128

129 The development of standardized assays for quantifying DNA methylation at specific sites across the 130 genome has enabled the systematic analysis of associations between methylomic variation and 131 environmental exposures or disease(Murphy & Mill, 2014). Because DNA methylation is a dynamic process, these epigenome-wide association studies (EWAS) are more complex to design and interpret 132 133 than GWAS(Mill & Heijmans, 2013; Rakyan, Down, Balding, & Beck, 2011; Relton & Davey Smith, 2010). As for observational epidemiological studies of exposures and outcomes, a number of 134 potentially important confounding factors (e.g. tissue- or cell-type, age, sex, lifestyle exposures, 135 136 medication, and disorder-associated exposures) that can directly influence DNA methylation need to 137 be considered along with the possibility of reverse causation. Despite these difficulties, recent studies have identified schizophrenia-associated DNA methylation differences in analyses of post-mortem 138 brain tissue(Jaffe et al., 2015; Pidsley et al., 2014; Viana et al., 2016; Wockner et al., 2014), and also 139 140 detected disease-associated variation in peripheral blood samples from both schizophrenia-discordant monozygotic twin pairs (E. L. Dempster et al., 2011) and clinically-ascertained case-control cohorts 141 (Aberg et al., 2014; Hannon et al., 2016; Kinoshita et al., 2014). We previously reported an EWAS of 142 variable DNA methylation associated with schizophrenia in >1,700 individuals, meta-analyzing data 143 from three independent cohorts and identifying methylomic biomarkers of disease(Hannon et al., 144 2016). Together these data support a role for differential DNA methylation in the molecular etiology 145 146 of schizophrenia, although it is not clear whether disease-associated methylation differences are 147 themselves secondary to the disorder itself, or a result of other schizophrenia-associated factors.

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149 In this study we extend our previous analysis, quantifying DNA methylation across the genome in a total of 4,483 participants from seven independent case-control cohorts including patients with 150 schizophrenia or first-episode psychosis (FEP) (Figure 1). This represents the largest EWAS of 151 152 schizophrenia and psychosis, and one of the largest case-control studies of DNA methylation for any 153 disease phenotype. In each cohort, genomic DNA was isolated from whole blood and DNA 154 methylation was quantified across the genome using either the Illumina Infinium 155 HumanMethylation450 microarray ("450K array") or the HumanMethylationEPIC microarray ("EPIC 156 array") (see Methods). We implemented a stringent pipeline to meta-analyze EWAS results across 157 datasets to identify associations between psychosis cases and variation in DNA methylation. We show 158 how DNA methylation data can be leveraged to identify biological (e.g. differential cell counts) and 159 environmental (e.g. smoking) factors associated with psychosis, and present evidence for molecular 160 variation associated with clozapine exposure in patients with treatment-resistant schizophrenia.

161

162 **Results**

163 Study overview and cohort characteristics

164 We quantified DNA methylation in samples derived from peripheral venous whole blood in seven 165 independent psychosis case-control cohorts (total n = 4,483; 2,379 cases and 2,104 controls). These cohorts represent a range of study designs and recruitment strategies and were initially designed to 166 explore different clinical and etiological aspects of schizophrenia (see Methods and Table 1); they 167 include studies of first episode psychosis (EU-GEI and IoPPN), established schizophrenia and/or 168 clozapine usage (UCL, Aberdeen, Dublin, IoPPN), mortality in schizophrenia (Sweden), and a study 169 of twins from monozygotic pairs discordant for schizophrenia (Twins). All cohorts were characterised 170 by a higher proportion of male participants (range = 52.1-71.1% male, pooled mean = 62.6% male, 171 172 Table 1) than females. Although there was an overall significantly higher proportion of males amongst cases compared to controls ($\chi^2 = 37.5$, $P = 9.35 \times 10^{-10}$), consistent with reported incidence 173 rates (Aleman, Kahn, & Selten, 2003; van der Werf et al., 2014), there was significant heterogeneity 174 in the sex by diagnosis proportions across different cohorts ($\chi^2 = 348$, P = 4.86x10⁻⁶³) with the overall 175 excess of male patients driven by two cohorts (UCL ($\chi^2 = 52.7$, P = 3.81x10⁻¹³) and EU-GEI ($\chi^2 = 52.7$, P = 3.81x10⁻¹³) 176

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25.9, $P = 3.68 \times 10^{-7}$)). Most cohorts were enriched for young and middle-aged adults although there 177 was considerable heterogeneity across the studies reflecting the differing sampling strategies (Table 178 1). For example, the IoPPN cohort has the lowest average age, reflecting the inclusion of a large 179 number of first episode psychosis (FEP) patients (mean = 34.9 years; SD = 12.42 years)(Di Forti et 180 181 al., 2009). In contrast, individuals in the Sweden cohort were older (mean = 60.0 years; SD = 8.9vears)(Kowalec et al., 2019). There was no overall difference in mean age between cases and controls 182 (mean difference = 0.076 years, P = 0.975) (Figure 1 – supplement 1), although differences were 183 apparent in individual cohorts; in UCL (mean difference = 6.8 years; P = 6.55×10^{-9}) and IoPPN (mean 184 difference = 6.2 years; P = 1.46×10^{-11}) patients were significantly older than controls, while in the EU-185 GEI (mean difference = -7.9 years; P = 1.24×10^{-22}) and the Sweden cohort (mean difference = -7.3186 years; $P = 1.05 \times 10^{-16}$) the cases were significantly younger. With the exception of individuals in the 187 188 IoPPN and EU-GEI cohorts, which are more ethnically diverse, individuals included in this study 189 were predominantly Caucasian. SNP array data from each donor was merged with HapMap Phase 3 190 data, and genetic principal components (PCs) were calculated with GCTA (Yang, Lee, Goddard, & 191 Visscher, 2011) to further confirm the ethnicity of each sample (Figure 1 – supplement 2).

192

Psychosis patients are characterized by differential blood cell proportions and smoking levels using measures derived from DNA methylation data

195 A number of robust statistical classifiers have been developed to derive estimates of both biological 196 phenotypes (e.g. age (Hannum et al., 2013; Horvath, 2013; Zhang et al., 2019) and the proportion of 197 different blood cell types in a whole blood sample (Houseman et al., 2012; Koestler et al., 2013)) and environmental exposures (e.g. tobacco smoking (Elliott et al., 2014; Sugden et al., 2019)) from DNA 198 methylation data. These estimates can be used to identify differences between groups and are often 199 included as covariates in EWAS analyses where empirically-measured data is not available. For each 200 individual included in this study we calculated two measures of "epigenetic age" from the DNA 201 202 methylation data; DNAmAge using the Horvath multi-tissue clock, which was developed to predict 203 chronological age (Horvath, 2013), and PhenoAge, which was developed as biomarker of advanced 204 biological aging (Levine et al., 2018). We found a strong correlation between reported age and both

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derived age estimates across the cohorts (Pearson correlation coefficient range 0.821-0.928 for

206 DNAmAge and 0.795-0.910 for PhenoAge) and no evidence for age acceleration - i.e. the difference

between epigenetic age and chronological age - between patients with psychosis and controls

208 (Kowalec et al., 2019) (Figure 1 - supplement 3 and 4).

209

210 Because of the importance of considering variation in the composition of the constituent cell types in analyses of complex cellular mixtures (Mill & Heijmans, 2013; Relton & Davey Smith, 2010), we 211 212 used established methods to estimate the proportion (Houseman et al., 2012; Koestler et al., 2013) and 213 abundance (Horvath, 2013) of specific cell-types in whole blood. Using a random effects meta-214 analysis to combine the results across the seven cohorts, which were adjusted for age, sex and DNAm 215 smoking score, we found that psychosis cases had elevated estimated proportions of granulocytes (mean difference = 0.0431; P = 5.09×10^{-4}) and monocytes (mean difference = 0.00320; P = 1.15×10^{-5}) 216 ⁴), and significantly lower proportions of CD4⁺ T-cells (mean difference = -0.0177; P = 0.00144), 217 $CD8^+$ T-cells (mean difference = -0.0144; P = 0.00159) and natural killer cells (mean difference = -218 219 0.0113; P = 0.00322) (**Table 2** and **Figure 2**). Interestingly, the differences in granulocytes, natural 220 killer cells, CD4⁺ T-cells and CD8⁺ T-cells were most apparent in cohorts comprising patients with a 221 diagnosis of schizophrenia (Figure 2), with cohorts including FEP patients characterized by weaker or null effects. Limiting the analysis of derived blood cell estimates to a comparison of schizophrenia 222 cases and controls did not perceivably change the estimated differences of our random effects model 223 224 but did reduce the magnitude of heterogeneity compared to including the FEP cases (Supplementary Table 1). This indicates that changes in blood cell proportions may reflect a consequence of 225 diagnosis, reflecting the fact that people with schizophrenia are likely to have been exposed to a 226 variety of medications, social adversities and somatic ill-health - and for longer periods - than FEP 227 228 patients. Finally, we used an established algorithm to derive a quantitative DNA methylation "smoking score" for each individual (Elliott et al., 2014), building on our previous work 229 230 demonstrating the utility of this variable for characterizing differences in smoking exposure between 231 schizophrenia patients and controls, and using it as a covariate in an EWAS (Hannon et al., 2016). We 232 observed a significantly increased DNA methylation smoking score (Figure 3) in psychosis patients

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234 235	effect, this difference was also present when comparing FEP and controls in the EU-GEI cohort (mean difference = 2.38 ; P = 2.68×10^{-8}). As expected, for individuals where self-reported smoking
	data was available, the DNA methylation smoking score was significantly elevated in current and
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237	former smokers compared to never smokers (Figure 3 – supplement 1).

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239 An epigenome-wide association study meta-analysis identifies DNA methylation differences

240 associated with psychosis

241 To identify differentially methylated positions (DMPs) in blood associated with psychosis, we performed an association analysis within each of the seven schizophrenia and FEP cohorts controlling 242 243 for age, sex, derived cellular composition variables (from DNA methylation data), derived smoking 244 score (from DNA methylation data), and experimental batch (see Methods). We used a Bayesian method to control P-value inflation using the R package bacon (van Iterson, van Zwet, Heijmans, & 245 Consortium, 2017) before combining the estimated effect sizes and standard errors across cohorts 246 247 with a random effects meta-analysis, including all autosomal and X-chromosome DNA methylation 248 sites analyzed in at least two cohorts (n = 839,131 DNA methylation sites) (see **Methods**). Using an experiment-wide significance threshold derived for the Illumina EPIC array (Mansell et al., 2019) (P 249 $< 9x10^{-8}$), we identified 95 psychosis-associated DMPs mapping to 93 independent loci and annotated 250 251 to 68 genes (Figure 4A and Supplementary Table 2). Across these DMPs, the mean difference in 252 DNA methylation between cases and controls was relatively small (0.789%, SD = 0.226%) and there was a striking enrichment of hypermethylated DMPs in psychosis cases (n = 91 DMPs (95.8%) 253 hypermethylated, $P = 1.68 \times 10^{-22}$). A number of the top-ranked DMPs are annotated to genes that have 254 direct relevance to the etiology of psychosis including the GABA transporter SLC6A12(Park et al., 255 2011) (cg00517261, mean difference = 0.663%, P = 1.53×10^{-8}), the GABA receptor GABBR1(Le-256 Niculescu et al., 2007) (cg00667298, mean difference = 0.619%, P = 5.07×10^{-9}), and the calcium 257 voltage-gated channel subunit gene CACNA1C (cg01833890, mean difference = 0.458%, P = 8.42×10^{-1} 258 ⁹) that is strongly associated with schizophrenia and bipolar disorder (Consortium, 2013; Psychiatric 259

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260 GWAS Consortium Bipolar Disorder Working Group, 2011; Schizophrenia Working Group of the
261 PGC et al., 2011) (Figure 5).

262

263 A specific focus on clinically-diagnosed schizophrenia cases identifies more widespread DNA

264 *methylation differences*

265 We next repeated the EWAS focussing specifically on the subset of psychosis cases with diagnosed 266 schizophrenia (schizophrenia cases = 1,681, controls = 1,583). Compared to our EWAS of psychosis 267 we identified more widespread differences in DNA methylation (Figure 4B), with 1,048 schizophrenia associated DMPs ($P < 9x10^{-8}$) representing 1,013 loci and annotated to 692 genes 268 269 (Supplementary Table 3). Although the list of schizophrenia-associated DMPs included 61 (64.21%) 270 of the psychosis associated DMPs, the total number of significant differences was much larger, 271 potentially reflecting the less heterogeneous clinical characteristics of the cases. Schizophrenia-272 associated DMPs had a mean difference of 0.789% (SD = 0.204%), and like the psychosis-associated differences, were significantly enriched for sites that were hypermethylated in cases compared to 273 controls (n = 897 (87.4%), P = 1.27×10^{-129})). A number of the top-ranked DMPs are annotated to 274 275 genes that have direct relevance to the etiology of schizophrenia and gene ontology (GO) analysis 276 highlighted multiple pathways previously implicated in schizophrenia including several related to the extracellular matrix(Berretta, 2012) and cell-cell adhesion(O'Dushlaine et al., 2011) (Supplementary 277 Table 4). Given the large range of ages across the samples included in this study, we tested whether 278 279 there was evidence for a relationship between age and differential DNA methylation at the 1,048 schizophrenia DMPs by refitting our analysis model using an additional interaction term between age 280 and schizophrenia status individually for each cohort prior to the interaction effects being meta-281 analysed (see Methods). Overall, we found limited evidence for a relationship between age and DNA 282 283 methylation at schizophrenia-associated DMPs; controlling for multiple testing (P < 0.00004771), only two (0.002%) DMPs were identified as showing a significant interaction with age 284 285 (Supplementary Table 5). We used the same approach to explore for an interaction between sex and 286 DNA methylation, finding no evidence for sex differences at these sites or evidence for a significant 287 interaction between sex and DNA methylation (P < 0.00004771) (Supplementary Table 6). Finally,

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288 although most of the cohorts included in this study were predominantly Caucasian, there was some ethnic heterogeneity in the IoPPN and EU-GEI cohorts. To explore the extent to which this diversity 289 might be influencing our results we merged SNP array data from each donor with HapMap Phase 3 290 291 data and calculated genetic PCs using GCTA (Yang et al., 2011) (Figure 1 – supplement 2). We 292 reanalyzed data from individual cohorts including increasing numbers of genetic PCs to the model, 293 finding that even in the most ethnically diverse cohort (IoPPN) the inclusion of up to five genetic PCs 294 had negligible effects, with a very strong correlation in test statistics between models (Figure 4 – 295 supplement 1).

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- 297

Schizophrenia-associated DNA methylation differences show overlap with previous analyses of
 schizophrenia and other traits

300 Two of our experiment-wide significant SZ-associated DMPs (cg00390724 and cg09868768) overlapped with those reported in a previous smaller whole blood schizophrenia EWAS performed by 301 302 Montano and colleagues (Montano et al., 2016) with the same direction of effect; of note, 119 303 (71.3%) of the 167 replicated DMPs reported by this study were characterized by a consistent 304 direction of effect in our meta-analysis, representing a significantly higher rate than expected by chance ($P = 3.83 \times 10^{-8}$). Unfortunately, we could not check the extent to which our schizophrenia-305 306 associated DMPs were replicated in the Montano et al dataset because the full results from their 307 analysis are not publicly available. We next compared our results with those from a prefrontal cortex (PFC) EWAS meta-analysis of schizophrenia also performed by our group (Viana et al., 2017), 308 finding that 627 (60.2%) of the 1,042 DMPs tested in both analyses had the same direction of effect, a 309 significantly higher rate than expected by chance ($P = 5.43 \times 10^{-11}$). Finally, we also explored the 310 311 extent to which DMPs associated with schizophrenia overlapped with other traits using the database of results in the online EWAS catalog (http://ewascatalog.org/); across EWAS studies undertaken 312 using blood DNA (isolated from whole blood or cord blood) this resource includes 101,091 313 significant DMPs (at $P < 1X10^{-7}$) associated with 87 traits. Of the 1,048 schizophrenia-associated 314 315 DMPs identified in our meta-analysis, 219 (20.9%) were present in the database and significantly

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316 associated with 18 different traits (Supplementary Table 7). Where effect sizes for individual DMPs were available in the EWAS catalog, we tested for an enrichment of consistent (or discordant) 317 318 associations to those identified with schizophrenia. Schizophrenia DMPs also associated with C-319 reactive protein (CRP) and gestational age, for example, were significantly enriched for a consistent 320 direction of effect (CRP: 10 overlapping DMPs, 10 consistent direction of effect, P = 0.001953; 321 gestational age: 105 overlapping DMPs, 72 consistent direction of effect, P = 0.000178). In contrast, 322 schizophrenia DMPs also associated with age and high-density lipoprotein (HDL) cholesterol were 323 enriched for discordant effect directions (age: 30 overlapping DMPs, 28 same direction of effect, P =8.68X10⁻⁷; HDL: 12 overlapping DMPs, 12 same direction of effect, P = 0.00049) (Figure 6). 324 325

326 Schizophrenia-associated DMPs colocalize to regions nominated by genetic association studies 327 As the etiology of schizophrenia has a large genetic component, we next sought to explore the extent 328 to which DNA methylation at schizophrenia-associated DMPs is influenced by genetic variation. 329 Using results from a quantitative genetic analysis of DNA methylation in monozygotic and dizygotic 330 twins (Hannon, Knox, et al., 2018), we found that DNA methylation at schizophrenia-associated 331 DMPs is more strongly influenced by additive genetic factors compared to non-associated sites 332 matched for comparable means and standard deviations (Figure 7) (mean additive genetic component across DMPs = 23.0%; SD = 16.8%; P = 1.61×10^{-87}). Using a database of blood DNA methylation 333 334 quantitative trait loci (mQTL) previously generated by our group (Hannon, Gorrie-Stone, et al., 2018) we identified common genetic variants associated with 256 (24.4%) of the schizophrenia-associated 335 DMPs. Across these 256 schizophrenia-associated DMPs there were a total of 455 independent 336 genetic associations with 448 genetic variants, indicating that some of these DMPs are under 337 polygenic control with multiple genetic variants associated. Of note, 31 of these genetic variants are 338 339 located within 12 schizophrenia-associated GWAS regions (Supplementary Table 8) with 19 genetic variants associated with schizophrenia DMPs located in the MHC region on chromosome 6. To 340 341 further support an overlap between GWAS and EWAS signals for schizophrenia, we compared the list of genes identified in this study with those from the largest GWAS meta-analysis of schizophrenia 342 343 (Pardiñas et al., 2018) identifying 21 schizophrenia-associated DMPs located in 11 different GWAS

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344	regions. To more formally test for an enrichment of differential DNA methylation across
345	schizophrenia-associated GWAS regions, we calculated a combined EWAS P-value for each of the
346	GWAS associated regions using all DNA methylation sites within each region identifying 21
347	significant regions ($P < 3.16 \times 10^{-4}$, corrected for testing 158 regions; Supplementary Table 9). Three
348	of these regions also contained a significant schizophrenia-associated DMP and a genetic variant
349	associated with that schizophrenia-associated DMP. These include a region located within the MHC,
350	another located on chromosome 17 containing DLG2, TOM1L2 and overlapping the Smith-Magenis
351	syndrome deletion, and another on chromosome 16 containing CENPT, and PRMT7.
352	

Schizophrenia-associated patterns of DNA methylation are observed in individuals with first-episode 353 354 psychosis

To explore whether schizophrenia-associated differences in DNA methylation are present before a 355 356 formal diagnosis of schizophrenia we next performed an EWAS of FEP in the IoPPN and EUGEI cohorts (total n = 698 FEP cases and 724 controls), meta-analysing the results across 384,217357 358 common DNAm sites. Although we identified no significant DMPs at our stringent experiment-wide 359 significance threshold, this is not surprising given the greatly attenuated sample size and the high 360 phenotypic heterogeneity amongst individuals with FEP compared to diagnosed schizophrenia; both factors negatively influence power to detect effects. We next repeated our EWAS of diagnosed 361 schizophrenia, excluding the IoPPN cohort to ensure that there were no overlapping samples between 362 the schizophrenia vs control analysis and the FEP vs control analysis, identifying 125 significant 363 DMPs of which 101 were also tested in the FEP EWAS. To see if there was any evidence for 364 differential DNAm at these sites prior to a diagnosis of schizophrenia, we compared the estimated 365 differences between schizophrenia cases and controls and FEP cases and controls (Supplementary 366 367 Table 10). Strikingly, 96 (95.0%) of the tested DMPs had a consistent direction of effect in the FEP EWAS, a significantly higher rate than expected by chance ($P = 6.58 \times 10-23$). While this result is 368 369 consistent with schizophrenia-associated differences being present prior to diagnosis, it is not 370 sufficient to state that they are causal; they may still reflect some underlying environmental risk factor 371 or be a consequence of FEP (e.g. medication exposure).

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373	Treatment-resistant schizophrenia cases differ from treatment-responsive schizophrenia patients for
374	blood cell proportion estimates and smoking score derived from DNA methylation data
375	Up to 25% of schizophrenia patients are resistant to the most commonly prescribed antipsychotic
376	medications, and clozapine is a second-generation antipsychotic often prescribed to patients with such
377	treatment-resistant schizophrenia (TRS) who may represent a more severe subgroup (Ajnakina et al.,
378	2018). Using data from four cohorts for which medication records were available (UCL, Aberdeen,
379	IoPPN, and Sweden), we performed a within-schizophrenia analysis comparing schizophrenia patients
380	prescribed clozapine (described as TRS cases) and those prescribed standard antipsychotic
381	medications (total $n = 399$ TRS and 636 non-TRS). Across each of the four cohorts the proportion of
382	males prescribed clozapine was slightly higher than the proportion of males on other medications (χ^2
383	= 7.04, $P = 7.96 \times 10^{-3}$; Supplementary Table 11) consistent with findings from epidemiological
384	studies that report increased rates of clozapine prescription in males(Bachmann et al., 2017), although
385	there was statistically significant heterogeneity in the sex distribution between groups across cohorts
386	($\chi^2 = 20.5$, P =0.0150). TRS cases were significantly younger than non-TRS cases (mean difference =
387	-5.48 years, P = 0.00533), although there was significant heterogeneity between the cohorts ($I^2 = 89\%$;
388	$P = 7.40 \times 10^{-32}$). There was no evidence of accelerated epigenetic aging between TRS and non-TRS
389	patients (Figure 1 – supplement 5 and Figure 1 – supplement 6). Interestingly, cellular composition
390	variables derived from the DNA methylation data suggests that TRS cases are characterized by a
391	significantly higher proportion of granulocytes (meta-analysis mean difference = 0.00283; P =
392	8.10x10 ⁻⁶) and lower proportions of CD8 ⁺ T-cells (mean difference = -0.0115 ; P = $4.37x10^{-5}$
393	(Supplementary Table 12 and Figure 2 – supplement 1) compared to non-TRS cases. Given the
394	finding of higher derived granulocyte and lower CD8 ⁺ T-cell levels in the combined psychosis patient
395	group compared to controls described above, a finding driven primarily by patients with
396	schizophrenia, we performed a multiple regression analysis of granulocyte proportion to partition the
397	effects associated with schizophrenia status from effects associated with TRS status. After including a
398	covariate for TRS, schizophrenia status was not significantly associated with granulocyte proportion
399	using a random effects model ($P = 0.210$) but there was significant heterogeneity of effects across the

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four cohorts ($I^2 = 91\%$, $P = 4.93 \times 10^{-7}$). Within the group of patients with schizophrenia, however, 400 there were notable differences between TRS and non-TRS groups (mean difference = 0.0275; P = 401 3.22×10^{-6} ; Figure 2 – supplement 2). In contrast a multiple regression analysis found that both 402 schizophrenia status (mean difference = -0.0113; P = 0.00818) and TRS status (mean difference = -0.0113; P = 0.00818; 403 404 0.0116; P = 2.82×10^{-5}) had independent additive effects on CD8⁺ T-cell proportion (Figure 2 – supplement 3). Finally, TRS was also associated with significantly higher DNA methylation-derived 405 smoking scores than non-TRS in all four cohorts (mean difference = 2.16; P = 7.79×10^{-5} ; Figure 3 – 406 407 supplement 2). Testing both schizophrenia diagnosis status and TRS status simultaneously, we found that both remained significant; schizophrenia diagnosis was associated with a significant increase in 408 smoking score (mean difference = 3.98, P = 2.19×10^{-8}) with TRS status associated with an additional 409 increase within cases (mean difference = 2.15, P = 2.22×10^{-7}) (Figure 3 – supplement 3). 410

411

412 There are widespread DMPs between treatment-resistant schizophrenia patients and treatment-

413 *responsive patients*

We next performed an EWAS within schizophrenia patients comparing TRS cases to non-TRS cases, 414 415 including each autosomal and X-chromosome DNA methylation site analyzed in at least two cohorts 416 (n = 431,659 DNA methylation sites). We identified seven DMPs associated with clozapine exposure $(P < 9x10^{-8};$ Supplementary Table 13) with a mean difference of 1.47% (SD = 0.242%) and all sites 417 being characterized by elevated DNA methylation in TRS cases (P = 0.0156). We were interested in 418 419 whether the DNA methylation differences associated with TRS overlapped with those identified between all schizophrenia cases and non-psychiatric controls. Although there was no direct overlap 420 between the clozapine associated DMPs and the schizophrenia associated DMPs identified for each 421 analysis, the direction of effects across the 1,048 schizophrenia-associated DMPs were enriched for 422 consistent effects (n = 738 (70.4%) DMPs with consistent direction; $P = 7.57 \times 10^{-41}$). Given these 423 observations, we formally tested whether the schizophrenia-associated differences are driven by the 424 425 subset of TRS cases on clozapine by fitting a model that simultaneously estimates the effect of 426 schizophrenia status and TRS status across all 1,048 sites (Supplementary Table 14). While the vast 427 majority of schizophrenia associated DMPs remained at least nominally significant (n = 1,003 95.7%, 428 P < 0.05) between schizophrenia patients and controls, amongst those that didn't 25 (2.39%) had a significant effect associated with TRS status. For example, differential DNA methylation at the 429 schizophrenia-associated DMP cg16322565, located in the NR1L2 gene on chromosome 3 430 (schizophrenia EWAS meta-analysis: mean DNA methylation difference = 0.907%, P = 3.52×10^{-9}), is 431 driven primarily by cases with TRS (Figure 8; multiple regression analysis mean DNA methylation 432 difference between schizophrenia cases and controls = 0.323%, P = 0.123, mean DNA methylation 433 difference between TRS cases and non-TRS controls = 1.01%, P = 8.71×10^{-5}). 152 (14.5%) of the 434 schizophrenia associated DMPs were associated with a significant effect between schizophrenia cases 435 and controls and a significant affect within schizophrenia patients between TRS and non-TRS 436 patients, with the majority (128 (84.2%)) characterized by the same direction of effect in both groups 437 and indicative of an additive effect of both schizophrenia diagnosis and TRS status (e.g. Figure 8 -438 439 supplement 1). Of particular interest are 24 DMPs which are significantly associated with both schizophrenia and TRS but with an opposite direction of effect, highlighting how that at some DNA 440 441 methylation sites, TRS counteracts changes induced by schizophrenia (e.g. Figure 8 – supplement 2). Taken together, 177 (16.9%) of the schizophrenia-associated DMPs identified in our EWAS meta-442 443 analysis are influenced by TRS and reflect either differences induced by exposure to a specific 444 antipsychotic therapy or other differences (e.g. treatment resistance) in individuals who are prescribed clozapine. 445

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448 Discussion

449 We report the most comprehensive study of methylomic variation associated with psychosis and schizophrenia, profiling DNA methylation across the genome in peripheral blood samples from 2,379 450 451 cases and 2,104 controls. We show how DNA methylation data can be leveraged to derive measures 452 of blood cell counts and smoking that are associated with psychosis. Using a stringent pipeline to 453 meta-analyze EWAS results across datasets, we identify novel DMPs associated with both psychosis and a more refined diagnosis of schizophrenia. Of note, we show evidence for the co-localization of 454 455 genetic associations for schizophrenia and differential DNA methylation. Finally, we present evidence 456 for differential methylation associated with treatment-resistant schizophrenia, potentially reflecting 457 differences in DNA methylation associated with exposure to the atypical antipsychotic drug 458 clozapine.

459

460 We identify robust psychosis-associated differences in cellular composition estimates derived from DNA methylation data, with cases having increased proportions of monocytes and granulocytes and 461 decreased proportions of natural killer cells, CD4⁺ T-cells and CD8⁺ T-cells compared to non-462 463 psychiatric controls. This analysis extends previous work based on a subset of these data, which 464 reported a decrease in the proportion of natural killer cells and increase in the proportion of granulocytes in schizophrenia patients, with the large number of samples enabling us to identify 465 additional associations with other cell types. We also confirm findings from an independent study of 466 schizophrenia which reported significantly increased proportions of granulocytes and monocytes, and 467 decreased proportions of CD8⁺ T-cells using estimates derived from DNA methylation data (Montano 468 et al., 2016). Of note, because we can only derive proportion of cell types from whole blood DNA 469 methylation data, and not actual counts, an increase in one or more cell types must be balanced by a 470 471 decrease in one or more other cell types and an apparent change in the proportion of one specific cell 472 type does not mean that the actual abundance of that cell type is altered. Despite this, the results from 473 DNA methylation-derived cell proportions are consistent with previous studies based on empirical 474 cell abundance measures which have reported increased monocyte counts(Beumer et al., 2012; 475 Moody & Miller, 2018), increased neutrophil counts(Garcia-Rizo et al., 2019; Núñez et al., 2019),

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476 increased monocyte to lymphocyte ratio(Mazza, Lucchi, Rossetti, & Clerici, 2019; Steiner et al., 2019) and increased neutrophil to lymphocyte ratio (Karageorgiou, Milas, & Michopoulos, 2019; 477 Mazza et al., 2019) in both schizophrenia and FEP patients compared to controls. Previous studies 478 479 have also shown that higher neutrophil counts in schizophrenia patients correlate with a greater 480 burden of positive symptoms(Núñez et al., 2019) suggesting that variations in the number of 481 neutrophils is a potential marker of disease severity (Steiner et al., 2019). Our sub-analysis of 482 treatment-resistant schizophrenia, which is associated with a higher number of positive symptoms 483 (Bachmann et al., 2017), found that the increase in granulocytes was primarily driven by those with 484 the more severe phenotype, supporting this hypothesis. Importantly, the differences we observe may 485 actually reflect the effects of various antipsychotic medications that have been previously shown to 486 influence cell proportions in blood(Steiner et al., 2019) or a recruitment bias whereby patients with 487 low levels of granulocytes are not prescribed clozapine given the risk of agranulocytosis.

488

We also identified a highly-significant increase in a DNA methylation-derived smoking score in 489 490 patients with schizophrenia, replicating our previous finding (Hannon et al., 2016). The smoking score 491 captures multiple aspects of tobacco smoking behaviour including both current smoking status and the 492 quantity of cigarettes smoked; our results therefore reflect existing epidemiological evidence demonstrating that schizophrenia patients not only smoke more, but also smoke more heavily (de 493 494 Leon, Becoña, Gurpegui, Gonzalez-Pinto, & Diaz, 2002; de Leon & Diaz, 2005; McClave, 495 McKnight-Eily, Davis, & Dube, 2010). We also report an increased smoking score in patients with FEP, although not to the same extent as seen in schizophrenia, consistent with a meta-analysis 496 reporting high levels of smoking in FEP (Myles et al., 2012). In the subset of treatment-resistant 497 patients, we found that there was an additional increase in smoking score relative to schizophrenia 498 499 cases prescribed alternative medications, supporting evidence for higher rates of smoking in TRS groups relative to treatment-responsive schizophrenia patients(Kennedy, Altar, Taylor, Degtiar, & 500 501 Hornberger, 2014). These results not only highlight physiological (i.e. cell proportions) and 502 environmental (i.e. smoking) differences associated with psychosis and schizophrenia and the utility 503 of DNA methylation data for deriving these variables in epidemiological studies, but also highlight

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the importance of controlling for these differences as potential confounders in analyses of disease-associated DNA methylation differences.

506

507 Our epigenome-wide association study, building on our previous analysis on a subset of the sample 508 cohorts profiled here (Hannon et al., 2016), identified 95 DMPs associated with psychosis that are 509 robust to differences in measured smoking exposure and heterogeneity in blood cellular composition derived from DNA methylation data. Of note, we identified a dramatic increase in sites characterized 510 511 by an increase in DNA methylation in patients. A key strength of our study is the inclusion of the full spectrum of schizophrenia diagnoses, from FEP through to treatment-resistant cases prescribed 512 513 clozapine. While this may introduce heterogeneity into our primary analyses, we used a random 514 effects meta-analysis to identify consistent effects across all cohorts and diagnostic subtypes. We also performed an additional analysis focused specifically on cases with a more refined diagnosis of 515 516 schizophrenia excluding those with FEP, which identified over 1,000 DMPs. A number of the top-517 ranked DMPs are annotated to genes that have direct relevance to the etiology of schizophrenia and gene ontology (GO) analysis highlighted multiple pathways previously implicated in schizophrenia 518 519 including several related to the extracellular matrix (Berretta, 2012) and cell-cell adhesion 520 (O'Dushlaine et al., 2011). Given the known genetic component to the etiology of schizophrenia, it is interesting that schizophrenia-associated DMPs were found to colocalize to several regions nominated 521 by genetic association studies. Our results suggest that this analysis of a more specific phenotype in a 522 523 smaller number of samples is potentially more powerful and that schizophrenia cases have a more discrete molecular phenotype that might reflect both etiological factors but also factors associated 524 with a diagnosis of schizophrenia (e.g. medications, stress, etc). The mean difference in DNA 525 methylation between cases and controls for both psychosis and schizophrenia was small, consistent 526 527 with other blood-based EWAS of schizophrenia (Montano et al., 2016) and complex traits (Hannon, Schendel, et al., 2018; Hannon, Schendel, et al., 2019; Marioni et al., 2018) in general. While 528 529 individually they may be too small to have a strong predictive power as a biomarker, together they 530 may have utility as a molecular classifier (Chen et al., 2020).

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532 To explore whether schizophrenia-associated differences in DNA methylation are present before a formal diagnosis of schizophrenia we also performed an EWAS of individuals with first-episode 533 psychosis. Strikingly, the majority of our schizophrenia-associated DMPs were found to have a 534 consistent direction of effect in the EWAS of individuals with FEP. While this result is consistent 535 536 with schizophrenia-associated differences being present prior to a formal diagnosis of schizophrenia, 537 it is not sufficient to state that they are causal; they may still reflect some underlying environmental risk factors or be a consequence of having FEP (e.g. medication exposure or other psychiatric 538 539 condition). Further work is needed to explore the extent to which the DMPs associated with psychosis 540 and schizophrenia in this meta-analysis might have a causal role in disease.

541

542 Finally, we also report the first systematic analysis of individuals with TRS, identifying seven DMPs 543 at which differential DNA methylation was significantly different in the subset of schizophrenia cases 544 prescribed clozapine. These data are informative for the interpretation of our schizophrenia-associated differences, because a number of these DMPs are driven by the subset of patients on clozapine. 545 546 Furthermore, a number of sites show opposite effects in our analyses of TRS vs our analysis of 547 schizophrenia, suggesting they might represent important differences between diagnostic groups. 548 Because the prescription of clozapine is generally only undertaken in patients with treatment-resistant schizophrenia, we are unable to separate the effects of clozapine exposure from differences associated 549 550 with a more severe sub-type of schizophrenia such as the influence of polypharmaceutical treatment. 551

Our results should be considered in light of a number of important limitations. First, our analyses 552 were constrained by the technical limitations of the Illumina 450K and EPIC arrays which only assays 553 ~ 3% of CpG sites in the genome. Second, this is a cross-sectional study and was not possible to 554 distinguish cause from effect. It is possible, and indeed likely, for example, that the differences 555 associated with both schizophrenia and TRS reflect the effects of medication exposure or other 556 557 consequences of having schizophrenia, e.g. living more stressful lives, poorer diet and health. The 558 importance of such confounding variables is demonstrated by our findings of differential smoking 559 score and blood cell proportions derived directly from the DNA methylation data, although these

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560 examples also highlight the potential utility of such effects for molecular epidemiology. Third, although our aim was not to make inferences about mechanistic changes in the brain associated with 561 psychosis, it is important to note that our study analyzed DNA methylation profiled in peripheral 562 563 blood and therefore can provide only limited information about variation in the primary tissue 564 associated with disease(Hannon, Lunnon, Schalkwyk, & Mill, 2015). Although this limits mechanistic 565 conclusions about the role of DNA methylation in schizophrenia, biomarkers, by definition, need to be measured in an easily accessible tissue and don't need to reflect the underlying pathogenic process. 566 567 Furthermore, because most classifiers used to quantify variables such as smoking exposure and age 568 have been trained in blood, this represents the optimal tissue in which to derive these measures. Of 569 course, blood may also be an appropriate choice for investigating medication effects, particularly 570 given the known effects on white blood cell counts associated with taking clozapine(Alvir, 571 Lieberman, Safferman, Schwimmer, & Schaaf, 1993). Fourth, while we have explored the potential 572 effects of clozapine on DNA methylation by assessing a sub-group of individuals with TRS, this is just one of a range of antipsychotics schizophrenia and psychosis patients are prescribed. The fact that 573 574 the TRS group show more extreme differences for many of the schizophrenia-associated DMPs 575 suggests that the polypharmaceutical treatment regimens often prescribed to schizophrenia patients 576 may produce specific DNA methylation signatures in patients, akin to the effect seen for smoking. 577 Fifth, although we found no evidence for a significant interaction between sex and DNA methylation at DMPs associated with schizophrenia, it is possible that there are other DNA methylation 578 579 differences associated with disease only in males or females. Finally, although we found some evidence that schizophrenia-associated DMPs colocalize to regions nominated by GWAS, the 580 integration of our DNA methylation data with genetic data was beyond the scope of this analysis. Of 581 note, we have previously used mOTL associations to identify discrete sites of regulatory variation 582 583 associated with schizophrenia risk variants to prioritize specific genes within broad GWAS regions (Hannon et al., 2016; Hannon, Gorrie-Stone, et al., 2018; Hannon, Spiers, et al., 2015; Hannon et al., 584 585 2017) and future work will aim to further explore explore interactions between genetic and epigenetic 586 risk factors.

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588 In conclusion, our analysis of 4,483 participants represents the largest study of blood-based DNA-589 methylation in schizophrenia and psychosis yet performed, and one of the largest EWAS studies for 590 any disease phenotype. Our study also includes the first within-case analysis of treatment-resistant schizophrenia vet performed, providing important molecular insights into genomic differences 591 592 associated with poor outcome to standard therapeutic approaches. Our results highlight differences in measures of blood cellular composition and smoking behaviour derived from methylomic dats 593 594 between not just cases and controls, but also between treatment-resistant schizophrenia patients 595 prescribed clozapine and those prescribed alternative medications. We report widespread differences in DNA methylation in psychosis and schizophrenia, a subset of which are driven by the more severe 596 597 treatment-resistant subset of patients. On a practical level, our study demonstrates the utility of DNA methylation data for deriving measures of specific physiological phenotypes (e.g. blood cell-type 598 599 proportions) and environmental exposures (e.g. exposure to tobacco smoke) that can be used to identify epidemiological associations with health and disease, but also highlights the importance of 600 601 properly controlling for these potential confounders in EWAS analyses. Our results are important 602 because they suggest there are also clear molecular signatures of schizophrenia and psychosis that can 603 be identified in whole blood DNA. Although it is unlikely these differences are mechanistically 604 related to neuropathological changes in the brain, they may have utility as diagnostic and prognostic 605 biomarkers in individuals with FEP and may potentially be used to differentiate individuals with TRS 606 at an early stage of disease. Future work should aim to prospectively profile DNA methylation in 607 individuals at risk for FEP and schizophrenia to explore how methylomic variation at baseline can 608 predict outcome and the extent to which longitudinal changes at psychosis-associated DMPs map on 609 to clinical trajectories.

610

612 Materials and Methods:

613 *Cohort descriptions*

614 University College London (UCL) samples

447 schizophrenia cases and 456 controls from the University College London schizophrenia sample 615 616 cohort were selected for DNA methylation profiling. A full description of this cohort can be found 617 elsewhere(Datta et al., 2010) but briefly comprises of unrelated ancestrally matched cases and 618 controls from the United Kingdom. Case participants were recruited from UK NHS mental health 619 services with a clinical ICD-10 diagnosis of schizophrenia. All case participants were interviewed 620 with the Schedule for Affective Disorders and Schizophrenia-Lifetime Version (SADS-L)(Spitzer & 621 Endicott, 1977) to confirm Research Diagnostic Criteria (RDC) diagnosis. A control sample screened 622 for an absence of mental health problems was recruited. Each control subject was interviewed to confirm that they did not have a personal history of an RDC defined mental disorder or a family 623 history of schizophrenia, bipolar disorder, or alcohol dependence. UK National Health Service 624 multicentre and local research ethics approval was obtained and all subjects signed an approved 625 626 consent form after reading an information sheet.

627

628 Aberdeen samples

482 schizophrenia cases and 468 controls from the Aberdeen schizophrenia sample were selected for 629 630 DNA methylation profiling. The Aberdeen case-control sample has been fully described elsewhere (International Schizophrenia Consortium, 2008) but briefly contains schizophrenia cases and controls 631 who have self-identified as born in the British Isles (95% in Scotland). All cases met the Diagnostic 632 and Statistical Manual for Mental Disorders-IV edition (DSM-IV) and International Classification of 633 Diseases 10th edition (ICD-10) criteria for schizophrenia. Diagnosis was made by Operational 634 635 Criteria Checklist (OPCRIT). Controls were volunteers recruited through general practices in Scotland. Practice lists were screened for potentially suitable volunteers by age and sex and by 636 exclusion of subjects with major mental illness or use of neuroleptic medication. Volunteers who 637 638 replied to a written invitation were interviewed using a short questionnaire to exclude major mental

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- 639 illness in individual themselves and first-degree relatives. All cases and controls gave informed640 consent. The study was approved by both local and multiregional academic ethical committees.
- 641

642 Monozygotic twins discordant for schizophrenia

643 The monozygotic twin cohort is a multi-centre collaborative project aimed at identifying DNA 644 methylation differences in monozygotic-twin pairs discordant for a diagnosis of schizophrenia. 96 645 informative twin-pairs (n = 192 individuals) were identified from European twin studies based in 646 Utrecht (The Netherlands), Helsinki (Finland), London (United Kingdom), Stockholm (Sweden), and 647 Jena (Germany). Of the monozygotic twin pairs utilized in the analysis, 75 were discordant for 648 diagnosed schizophrenia, 6 were concordant for schizophrenia and 15 twin pairs were free of any 649 psychiatric disease. Each twin study has been approved; ethical permission was given by the relevant 650 local ethics committee and the participating twins have provided written informed consent.

651

652 Dublin samples

361 schizophrenia cases and 346 controls were selected from the Irish Schizophrenia Genomics 653 654 consortium, a detailed description of this cohort can be found in the Morris et al manuscript (Morris et 655 al., 2014). Briefly, participants, from the Republic of Ireland or Northern Ireland, were interviewed using a structured clinical interview and diagnosis of schizophrenia or a related disorder 656 [schizoaffective disorder; schizophreniform disorder] was made by the consensus lifetime best 657 estimate method using DSM-IV criteria. Control subjects were ascertained with written informed 658 consent from the Irish GeneBank and represented blood donors from the Irish Blood Transfusion 659 Service. Ethics Committee approval for the study was obtained from all participating hospitals and 660 661 centres.

662

663 IoPPN samples

The IoPPN cohort comprises of 290 schizophrenia cases, 308 first episode psychosis (FEP) patients and 203 non-psychiatric controls recruited from the same geographical area into three studies via the South London & Maudsley Mental Health National Health Service (NHS) Foundation Trust. 667 Established schizophrenia cases were recruited to the Improving Physical Health and Reducing Substance Use in Severe Mental Illness (IMPACT) study from three English mental health NHS 668 services (Gaughran et al., 2019). First episode psychosis patients were recruited to the GAP study(Di 669 Forti et al., 2015) via in-patient and early intervention in psychosis community mental health teams. 670 671 All patients aged 18-65 years who presented with a first episode of psychosis to the Lambeth, 672 Southwark and Croydon adult in-patient units of the South London & Maudsley Mental Health NHS Foundation Trust between May 1, 2005, and May 31, 2011 who met ICD-10 criteria for a diagnosis 673 674 of psychosis (codes F20-F29 and F30-F33). Clinical diagnosis was validated by administering the 675 Schedules for Clinical Assessment in Neuropsychiatry (SCAN). Cases with a diagnosis of organic 676 psychosis were excluded. Healthy controls were recruited into the GAP study from the local 677 population living in the area served by the South London & Maudsley Mental Health NHS 678 Foundation Trust, by means of internet and newspaper advertisements, and distribution of leaflets at 679 train stations, shops and job centres. Those who agreed to participate were administered the Psychosis Screening Questionnaire(Bebbington & Nayani, 1995) and excluded if they met criteria for a 680 681 psychotic disorder or reported to have received a previous diagnosis of psychotic illness. All 682 participants were included in the study only after giving written, confirmed consent. The study 683 protocol and ethical permission was granted by the Joint South London and Maudsley and the Institute of Psychiatry NHS Research Ethics Committee (17/NI/0011). 684

685

686 Sweden

687 190 schizophrenia cases and 190 controls from the Sweden Schizophrenia Study (S3) [31] were

selected for DNA methylation profiling details of which have been described previously [2]. Briefly,

689 S3 is a population-based cohort of individuals born in Sweden including 4,936 SCZ cases and 6,321

- healthy controls recruited between 2004 and 2010. SCZ cases were identified from the Sweden
- Hospital Discharge Register [32, 33] with \geq 2 hospitalizations with an ICD discharge diagnosis of SCZ
- 692 or schizoaffective disorder (SAD) [34]. This operational definition of SCZ was validated in clinical,
- 693 epidemiological, genetic epidemiological, and genetic studies [31]. More generally, the Hospital
- Discharge Register has high agreement with medical [32, 33] and psychiatric diagnoses [35]. Controls

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- 695 were also selected through Swedish Registers and were group-matched by age, sex and county of
- residence and had no lifetime diagnoses of SCZ, SAD, or bipolar disorder or antipsychotic
- 697 prescriptions. Blood samples were drawn at enrolment. All subjects were 18 years of age or older and
- 698 provided written informed consent. Ethical permission was obtained from the Karolinska Institutet
- 699 Ethical Review Committee in Stockholm, Sweden.
- 700

701 The European Network of National Schizophrenia Networks Studying Gene-Environment Interactions
702 (EU-GEI) cohort

703 458 first-episode psychosis (FEP) cases and 558 controls from the incidence and case-control work 704 package (WP2) of the European Network of National Schizophrenia Networks Studying Gene-705 Environment Interactions (EU-GEI) cohort were selected for DNA methylation profiling (Jongsma et 706 al., 2018). Patients presenting with FEP were identified, between 1/5/2010 and 1/4/2015, by trained 707 researchers who carried out regular checks across the 17 catchment area Mental Health Services 708 across 6 European countries. FEP were included if a) age 18-64 years and b) resident within the study 709 catchment areas at the time of their first presentation, and with a diagnosis of psychosis (ICD-10 F20-710 33). Using the Operational Criteria Checklist algorithm (McGuffin, Farmer, & Harvey, 1991; 711 Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et 712 al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 713 1991; Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin, 714 Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et 715 al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 716 1991; Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin, 717 718 Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin, Farmer, & Harvey, 1991; Quattrone et al., 2018)(McGuffin et al., 1991, 719 720 Quattrone et al., 2018) all cases interviewed received a research-based diagnosis. FEPs were excluded

- if a) previously treated for psychosis, b) they met criteria for organic psychosis (ICD-10: F09), or for
- a diagnosis of transient psychotic symptoms resulting from acute intoxication (ICD-10: F1X.5). FEP

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were approached via their clinical team and invited to participate in the assessment. Random and Quota sampling strategies were adopted to guide the recruitment of controls from each of the sites. The most accurate local demographic data available were used to set quotas for controls to ensure the samples' representativeness of each catchment area's population at risk. Controls were excluded if they had received a diagnosis of and/or treatment for, a psychotic disorder. All participants provided informed, written consent. Ethical approval was provided by relevant research ethics committees in each of the study sites.

730

731 *Genome-wide quantification of DNA methylation*

732 Approximately 500ng of blood-derived DNA from each sample was treated with sodium bisulfite in 733 duplicate, using the EZ-96 DNA methylation kit (Zymo Research, CA, USA). DNA methylation was 734 quantified using either the Illumina Infinium HumanMethylation450 BeadChip (Illumina Inc. CA. 735 USA) or Illumina Infinium HumanMethylationEPIC BeadChip (Illumina Inc, CA, USA) run on an Illumina iScan System (Illumina, CA, USA) using the manufacturers' standard protocol. Samples 736 737 were batched by cohort and randomly assigned to chips and plates to ensure equal distribution of 738 cases and controls across arrays and minimize batch effects. For the monozygotic Twin cohort, both 739 members of the same twin pair were run on the same chip. A fully methylated control sample (CpG Methylated HeLa Genomic DNA; New England BioLabs, MA, USA) was included in a random 740 741 position on each plate to facilitate plate tracking. Signal intensities were imported in R programming environment using the *methylumIDAT* function in the *methylumi* package (Davis, Du, Bilke, Triche, & 742 Bootwalla, 2015). Our stringent quality control pipeline included the following steps: 1) checking 743 methylated and unmethylated signal intensities, excluding samples where this was < 2500; 2) using 744 the control probes to ensure the sodium bisulfite conversion was successful, excluding any samples 745 with median < 90; 3) identifying the fully methylated control sample was in the correct location; 4) all 746 tissues predicted as of blood origin using the tissue prediction from the Epigenetic Clock software 747 748 (https://DNAmAge.genetics.ucla.edu/) (Horvath, 2013); 5) multidimensional scaling of sites on X and 749 Y chromosomes separately to confirm reported gender; 6) comparison with genotype data across SNP 750 probes; 7) *pfilter* function from wateRmelon package (Pidsley et al., 2013) to exclude samples with >

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751 1% of probes with detection *P*-value > 0.05 and probes with > 1% of samples with detection *P*-value > 0.05. PCs were used (calculated across all probes) to identify outliers, samples > 2 standard 752 753 deviations from the mean for both PC1 and PC2 were removed. An additional QC step was performed 754 in the Twins cohort using the 65 SNP probes to confirm that twins were genetically identical. 755 Normalization of the DNA methylation data was performed used the *dasen* function in the 756 wateRmelon package(Pidsley et al., 2013). As cell count data were not available for these DNA 757 samples these were estimated from the 450K DNA methylation data using both the Epigenetic Clock 758 software (Horvath, 2013) and Houseman algorithm (Houseman et al., 2012; Koestler et al., 2013), 759 including the seven variables recommended in the documentation for the Epigenetic Clock in the 760 regression analysis. For cohorts with the EPIC array DNA methylation data, we were only able to 761 generate the six cellular composition variables using the Houseman algorithm(Houseman et al., 2012; 762 Koestler et al., 2013), which were included as covariates. Similarly as smoking data was incomplete 763 for the majority of cohorts, we calculated a smoking score from the data using the method described by Elliot et al(Elliott et al., 2014) and successfully used in our previous (Phase 1) analyses(Hannon et 764 al., 2016). Raw and processed data for the UCL, Aberdeen, Dublin, IoPPN and EU-GEI cohorts are 765 766 available through GEO accession numbers GSE84727, GSE80417, GSE147221, GSE152027 and 767 GSE152026 respectively. 768 769 Data analysis 770 All analyses were performed with the statistical language R unless otherwise stated. Custom code for 771 all steps of the analysis are available on GitHub: (https://github.com/ejh243/SCZEWAS/tree/master/Phase2). 772 773 774 Comparison of estimates of cellular composition and tobacco smoking derived from DNA methylation 775 data 776 A linear regression model was used to test for differences in ten cellular composition variables 777 estimated from the DNA methylation data, reflecting either proportion or abundance of blood cell 778 types. These estimated cellular composition variables were regressed against case/control status with

covariates for age, sex and smoking. Estimated effects and standard errors were combined across the
cohorts using a random effect meta-analysis implemented with the meta package(Schwarzer, 2007).
The same methodology was used to test for differences in the smoking score derived from DNA
methylation data between cases and controls including covariates for age and sex. P values are from
two-sided tests.

784

785 Within-cohort EWAS analysis

786 A linear regression model was used to test for differentially methylated sites associated with 787 schizophrenia or first episode psychosis. DNA methylation values for each probe were regressed 788 against case/control status with covariates for age, sex, derived cellular composition scores (from the 789 DNA methylation data), derived smoking score (from the DNA methylation data) and experimental 790 batch. For the EU-GEI cohort there was an additional covariate for contributing study. For the Twins 791 cohort, a linear model was used to generate regression coefficients, but P-values were calculated with clustered standards errors using the *plm* package (Croissant & Millo, 2008), recognising individuals 792 793 from the same twin pair.

794

795 Within-patient EWAS of clozapine prescription

Four individual cohorts (UCL, Aberdeen, IoPPN and Sweden) had information on medication and/or
clozapine exposure and were included in the treatment-resistant schizophrenia (TRS) EWAS. TRS
patients were defined as any case that had ever been prescribed clozapine, and non-TRS patients were
defined as schizophrenia cases that had no record of being prescribed clozapine. Within each cohort
DNA methylation values for each probe were regressed against TRS status with covariates for age,

sex, cell composition, smoking status, and batch as described for the case control EWAS.

802

803 Multiple regression analysis of schizophrenia and clozapine prescription

Using the four cohorts that were included in the TRS EWAS (UCL, Aberdeen, IoPPN and Sweden),

805 we fitted a multiple regression model with two binary indicator variables: one that identified the

schizophrenia patients and a second that identified the TRS schizophrenia patients. Within each

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807 cohort DNA methylation values for each probe were regressed against these two binary variables,

808 with covariates for age, sex, derived cellular composition scores (from the DNA methylation data),

derived smoking score (from the DNA methylation data) and experimental batch as described above

810 for the other EWAS analyses.

811

812 Meta-analysis

813 The EWAS results from each cohort were processed using the bacon R package(van Iterson et al., 814 2017), which uses a Bayesian method to adjust for inflation in EWAS P-values. All probes analysed 815 in at least two studies were taken forward for meta-analysis. This was performed using the *metagen* 816 function in the R package meta(Schwarzer, 2007), using the effect sizes and standard errors adjusted 817 for inflation from each individual cohort to calculate weighted pooled estimates and test for significance. P-values are from two-sided tests and significant DMPs were identified from a random 818 effects model at a significance threshold of 9×10^{-8} , which controls for the number of independent tests 819 performed when analysis data generated with the EPIC array(Mansell et al., 2019). DNA methylation 820 821 sites were annotated with location information for genome build hg19 using the Illumina manifest 822 files (CHR and MAPINFO).

823

824 Overlap with schizophrenia GWAS loci

The GWAS regions were taken from the largest published schizophrenia GWAS to date by Pardinas 825 826 and colleagues (Pardiñas et al., 2018) made available through the Psychiatric Genomics Consortium (PGC) website (https://www.med.unc.edu/pgc/results-and-downloads). Briefly, regions were defined 827 by performing a "clumping" procedure on the GWAS *P*-values to collapse multiple correlated signals 828 (due to linkage disequilibrium) surrounding the index SNP (i.e. with the smallest P-value) into a 829 single associated region. To define physically distinct loci, those within 250kb of each other were 830 subsequently merged to obtain the final set of GWAS regions. The outermost SNPs of each associated 831 832 region defined the start and stop parameters of the region. Using the set of 158 schizophrenia-833 associated genomic loci we used Brown's method (Brown, 1975) to calculate a combined P-value 834 across all probes located within each region (based on hg19) using the probe-level P-values and

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835 correlation coefficients between all pairs of probes calculated from the DNA methylation values.

836 Briefly, correlation statistics were calculated and (along with the P values) were inputted into Brown's

formula. As correlations between probes could only be calculated using probes profiled on the same

838 array, this analysis was limited to probes included on the EPIC array. Correlations between probes

839 were calculated within the EU-GEI cohort as this had the largest number of samples.

840

841 Enrichment analyses

842 Enrichment of the heritability statistics of DMPs was performed against a background set of probes 843 selected to match the distribution of the test set for both mean and standard deviation. This was 844 achieved by splitting all probes into 10 equally sized bins based on their mean methylation level and 845 ten equally sized bins based on their standard deviation, to create a matrix of 100 bins. After counting the number of DMPs within each bin, we selected the same number of probes from each bin for the 846 847 background comparison set. This was repeated multiple times, without replacement, until all the probes from at least one bin were selected giving the maximum possible number of background 848 probes (n = 42.968) such that they matched the characteristics of the test set of DMPs. 849

850

851 Gene ontology (GO) analysis

Illumina UCSC gene annotation, which is derived from the genomic overlap of probes with RefSeq 852 genes or up to 1500bp of the transcription start site of a gene, was used to create a test gene list from 853 854 the DMPs for pathway analysis. Where probes were not annotated to any gene (i.e. in the case of intergenic locations) they were omitted from this analysis, and where probes were annotated to 855 multiple genes, all were included. A logistic regression approach was used to test if genes in this list 856 predicted pathway membership, while controlling for the number of probes that passed quality control 857 858 (i.e. were tested) annotated to each gene. Pathways were downloaded from the GO website (http://geneontology.org/) and mapped to genes including all parent ontology terms. All genes with at 859 860 least one 450K probe annotated and mapped to at least one GO pathway were considered. Pathways 861 were filtered to those containing between 10 and 2000 genes. After applying this method to all 862 pathways, the list of significant pathways (P < 0.05) was refined by grouping to control for the effect

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863	of overlapping genes. This was achieved by taking the most significant pathway, and retesting all
864	remaining significant pathways while controlling additionally for the best term. If the test genes no
865	longer predicted the pathway, the term was said to be explained by the more significant pathway, and
866	hence these pathways were grouped together. This algorithm was repeated, taking the next most
867	significant term, until all pathways were considered as the most significant or found to be explained
868	by a more significant term.

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869	Figure	Legends
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870

Figure 1: Overview of the sample cohorts and analytical approaches used in this study of altered
DNA methylation in psychosis and schizophrenia.

873

Figure 1 – supplement 1: Forest plot showing the difference in mean age between psychosis

875 cases and controls across each cohort. TE – treatment effect (i.e. the mean difference between cases
876 and controls), seTE – standard error of the treatment effect.

877

Figure 1 – supplement 2: Scatterplot of the relationship between the first two genetic principal
components merged with HapMap Phase 3 data for individual cohorts. With the exception of the
IoPPN and EUGEI cohorts, there is little ethnic heterogeneity in each of the cohorts with samples
being predominantly of Caucasian origin.

882

Figure 1 – supplement 3: Scatterplots of DNAmAge derived from the DNA methylation data 883 884 against actual chronological age for each of the cohorts. DNAmAge was calculated using the 885 algorithm described by Horvath (Horvath, 2013). Each point represents an individual and is coloured by psychosis status (blue = psychosis, red = control). The solid diagonal line depicts x=y, i.e. where 886 the estimated and actual values are the same. The dashed diagonal line depicts the line of best fit. 887 Presented at the top of the graph is the Pearson's correlation coefficient (r) between the estimated and 888 actual age across all samples in that cohort. Also shown in the bottom right hand corner of each panel 889 is an interaction P value from a test for different correlations between DNAmAge and actual age 890 891 between psychosis cases and controls.

892

Figure 1 – supplement 4: Scatterplots of PhenoAge derived from DNA methylation data against
actual chronological age for each of the cohorts. PhenoAge was calculated using the algorithm
described by Levine et al. (Levine et al., 2018). Each point represents an individual and is coloured by
psychosis status (blue = psychosis, red = control). The solid diagonal line depicts x=y, i.e. where the

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897 estimated and actual values are the same. The dashed diagonal line depicts the line of best fit. Presented at the top of the graph is the Pearson's correlation coefficient (r) between the estimated and 898 actual age across all samples in that cohort. Also shown in the bottom right hand corner of each panel 899 900 is an interaction P value from a test for different correlations between PhenoAge and actual age 901 between psychosis cases and controls. 902 Figure 1 – supplement 5: Scatterplots of DNAmAge derived from the DNA methylation data 903 904 against actual chronological age for each of the cohorts. DNAmAge was calculated using the 905 algorithm described by Horvath (Horvath, 2013). Each point represents an individual and is coloured 906 by medication status (yellow = schizophrenia cases not prescribed clozapine, green = treatment-907 resistant schizophrenia cases prescribed clozapine). The solid diagonal line depicts x=y, i.e. where the 908 estimated and actual values are the same. The dashed diagonal line depicts the line of best fit. 909 Presented at the top of the graph is the Pearson's correlation coefficient (r) between the estimated and actual age across all samples in that cohort. Also shown in the bottom right hand corner of each panel 910 is an interaction P value from a test for different correlations between DNAmAge and actual age for 911 912 schizophrenia patients prescribed clozapine and schizophrenia patients prescribed alternative 913 medications.

914

Figure 1 – supplement 6: Scatterplots of PhenoAge derived from the DNA methylation data 915 against actual chronological age for each of the cohorts. PhenoAge was calculated using the 916 algorithm described by (Levine et al., 2018). Each point represents an individual and is coloured by 917 schizophrenia status (yellow = schizophrenia cases not prescribed clozapine, green = treatment-918 resistant schizophrenia cases prescribed clozapine). The solid diagonal line depicts x=y, i.e. where the 919 estimated and actual values are the same. The dashed diagonal line depicts the line of best fit. 920 Presented at the top of the graph is the Pearson's correlation coefficient (r) between the estimated and 921 922 actual age across all samples in that cohort. Also shown in the bottom right hand corner of each panel 923 is an interaction P value from a test for different correlations between PhenoAge and actual age for

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924 schizophrenia patients prescribed clozapine and schizophrenia patients prescribed alternative

925 medications.

926

927	Figure 2 Blood cell-type proportions derived from DNA methylation data are altered in
928	psychosis. Shown are forest plots from meta-analyses of differences in blood cell proportions derived
929	from DNA methylation data between psychosis patients and controls for A) monocytes B)
930	granulocytes C) natural killer cells D) CD4+ T-cells and E) CD8+ T-cells. TE – treatment effect (i.e.
931	the mean difference between cases and controls), seTE – standard error of the treatment effect.
932	
933	Figure 2 – supplement 1: Treatment-resistant schizophrenia patients prescribed clozapine are
934	characterized by altered blood cell proportions. Shown are forest plots from meta-analyses of
935	differences in estimated blood cell proportions derived from DNA methylation data between
936	treatment-resistant schizophrenia patients prescribed clozapine and schizophrenia patients prescribed
937	other medications for granulocytes, CD8+ T-cells. TE - treatment effect (i.e. the mean difference
938	between cases and controls), seTE – standard error of the treatment effect.
939	
940	Figure 2 – supplement 2: Additive effect of schizophrenia and treatment-resistance on
941	granulocyte proportions. Shown are forest plots from meta-analyses of differences in estimated
942	granulocyte proportions derived from DNA methylation data between A) schizophrenia patients and
943	controls and B) treatment-resistant schizophrenia patients prescribed clozapine and schizophrenia
944	patients prescribed other medications. TE - treatment effect (i.e. the mean difference between cases
945	and controls), seTE – standard error of the treatment effect.
946	
947	Figure 2 – supplement 3: Additive effect of schizophrenia and treatment-resistance on CD8+ T-
948	cell proportions. Shown are forest plots from meta-analyses of differences in estimated granulocyte

949 proportions derived from DNA methylation data between A) schizophrenia patients and controls and

950 B) treatment-resistant schizophrenia patients prescribed clozapine and schizophrenia patients
951 prescribed other medications. TE – treatment effect (i.e. the mean difference between cases and
952 controls), seTE – standard error of the treatment effect.

- Figure 3: Smoking scores derived from DNA methylation data highlight that psychosis patients
 are characterized by an elevated exposure to tobacco smoking. Forest plot from a meta-analysis of
 differences in smoking score derived from DNA methylation data between psychosis patients and
 controls. The smoking score was calculated from DNA methylation data using the method described
 by Elliott and colleagues (Elliott et al., 2014). TE treatment effect (i.e. the mean difference between
 cases and controls), seTE standard error of the treatment effect.
- 961Figure 3 supplement 1: Current and former smokers are characterized by a significantly962higher smoking score derived from DNA methylation data than non-smokers. Shown is the DNA963methylation smoking score (y-axis) from individuals in the IoPPN cohort for whom self-reported964smoking data was available regarding current (left panel) and former (right panel) smoking behavior.9650 = no, 1 = yes.
- 966
- 967 Figure 3 supplement 2: Treatment resistant schizophrenia is associated with significantly
 968 higher DNA methylation-derived smoking scores. Forest plot from meta-analyses of differences in
 969 smoking derived from DNA methylation data between treatment-resistant schizophrenia patients
 970 prescribed clozapine and schizophrenia patients prescribed other medications. TE treatment effect
 971 (i.e. the mean difference between cases and controls), seTE standard error of the treatment effect.
 972
- Figure 3 supplement 3: Treatment-resistant schizophrenia patients show an elevated exposure
 to tobacco smoking relative to non-treatment-resistant schizophrenia and controls in a model
 testing both schizophrenia diagnosis status and TRS status simultaneously. A) schizophrenia
 diagnosis was associated with a significant increase in smoking score (mean difference = 3.98, P =
 2.19x10-8) with B) TRS status associated with an additional increase within cases (mean difference =

978 2.15, P = 2.22x10-7). TE – treatment effect (i.e. the mean difference between cases and controls),
979 seTE – standard error of the treatment effect.

980

981 Figure 4: Differential DNA methylation at multiple loci across the genome is associated with

982 psychosis and schizophrenia. Manhattan plots depicting the -log10 P value from the EWAS meta-

983 analysis (y-axis) against genomic location (x-axis). Panel A) presents results from the analysis

984 comparing psychosis patients and controls, and panel B) presents results from the analysis comparing985 diagnosed schizophrenia cases and controls.

986

Figure 4 – supplement 1: Including genetic principal components PCs into DNA methylation
analysis models has little effect on the results in ethnically heterogeneous cohorts. Shown is a
scatterplot of statistics (–log10(P-value)) from an EWAS of psychosis in the IoPPN cohort without
the inclusion of any genetic principal components in the analysis model (x-axis) compared to an
EWAS of psychosis including five genetic principal components in the analysis model (y-axis).

992

993 Figure 5: Psychosis-associated differential DNA methylation at sites annotated to genes

994 **previously implicated in disease etiology.** Shown are forest plots for DMPs annotated to the GABA

995 transporter *SLC6A12* (cg00517261, $P = 1.53 \times 10^{-8}$), the GABA receptor *GABBR1* (cg00667298, P =

996 5.07×10^{-9}), and the calcium voltage-gated channel subunit gene CACNA1C (cg01833890, P =

997 8.42×10^{-9}). TE – treatment effect (i.e. the mean difference between cases and controls), seTE –

998 standard error of the treatment effect.

999

1000 Figure 6: Comparison of effect sizes for schizophrenia-associated DMPs overlapping with

EWAS results for other traits. Shown for each overlapping DMP is the association effect size for

1002 the other trait (x-axis) taken from the online EWAS catalog (http://ewascatalog.org/) compared to the

1003 effect size identified in our meta-analysis of schizophrenia (y-axis).

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1008	environmental effects (C, middle), and non-shared environmental effects (E, right) derived using data
1009	from a dataset generated by Hannon and colleagues (Hannon, Knox, et al., 2018) schizophrenia DMPs
1010	(red) and matched background sites (green).
1011	
1012	Figure 8: Differences in DNA methylation between schizophrenia cases and controls are
1013	partially influenced by a subset of cases with treatment resistant schizophrenia. Forest plots
1014	from a meta-analysis of differences in DNA methylation at cg16322565 located in the NR1L2 gene on
1015	chromosome 3 between A) schizophrenia patients and controls and B) TRS patients prescribed
1016	clozapine and non-TRS prescribed other medications. TE – treatment effect (i.e. the mean difference
1017	between cases and controls), seTE – standard error of the treatment effect.
1018	
1019	Figure 8 – supplement 1: Forest plot of a site where DNA methylation is significantly associated
1020	with schizophrenia and within cases, with treatment-resistant schizophrenia. TE – treatment
1021	effect (i.e. the mean difference between cases and controls), seTE – standard error of the treatment
1022	effect.
1023	
1024	Figure 8 – supplement 2: Forest plot of a site where DNA methylation is significantly associated
1025	with schizophrenia and within cases, with treatment-resistant schizophrenia but with an
1026	opposite directions of effect. TE – treatment effect (i.e. the mean difference between cases and

Figure 7: DNA methylation at sites associated with schizophrenia is more strongly influenced by

genetic factors and common environmental influences than equivalent matched sites across the

genome. A series of density plots for estimates of additive genetic effects (A, left), common

1027 controls), seTE – standard error of the treatment effect.

1005

1006

1028 Tables

	Cohort	UCL	Aberdeen	Twins	IoPPN	Dublin	EU-GEI	Sweden	Total
To	Total sample		847	192	800	679	912	378	4483
	% Cases	52.3	48.9	45.3	74.6	51.3	42.9	50.0	53.1
% S	chizophrenia	52.3	48.9	45.3	36.3	51.3	0.0	50.0	37.5
% First e	episode psychosis	0.0	0.0	0.0	38.4	0.0	42.9	0.0	15.6
%	All	58.7	71.1	52.1	63.0	71.0	54.4	59.5	62.6
Males	Cases	72.0	68.4	54.0	65.3	71.6	64.2	60.3	66.8
	Controls	44.1	73.7	50.5	56.2	70.4	47.0	58.7	57.8
	Chi-square test P value	3.81E-13	0.103	0.730	0.024	0.804	3.68E-07	0.834	9.35E-10
Age	Mean	40.4	44.6	35.3	28.8	41.7	35.3	60.0	40.5
(years)	SD	15.0	12.9	10.8	9.46	12.0	12.8	8.86	14.7
	Mean in controls	43.7	44.2	37.9	27.8	41.4	30.7	56.3	41.6
	Mean in cases	36.8	44.9	33.3	30.3	42.0	38.7	63.7	39.4
	T-test P value	6.55E-09	0.529	0.033	0.007	0.505	1.24E-22	1.05E-16	

1029

1030 Table 1. Summary of cohort demographics included in the psychosis EWAS meta-analysis.

Cell type	Measure	Number	Random effects model		Fixed effects model			Heterogeneity	
	type	of cohorts	Mean difference	SE	P value	Mean difference	SE	P value	P value
Monocytes	Proportion	7	0.00320	0.00083	0.000115	0.00320	0.00083	0.000115	0.6490
Granulocytes	Proportion	7	0.04312	0.01241	0.000509	0.03930	0.00315	1.21E-35	2.22E-16
Natural Killer cells	Proportion	7	-0.01135	0.00385	0.003221	-0.00827	0.00133	4.48E-10	2.43E-08
CD4+ T-cells	Proportion	7	-0.01767	0.00555	0.00144	-0.01569	0.00196	1.15E-15	1.23E-07
CD8+ T-cells	Proportion	7	-0.01444	0.00457	0.001586	-0.01443	0.00148	1.31E-22	8.13E-10
B-cells	Proportion	7	-0.00495	0.00280	0.077103	-0.00477	0.00102	2.75E-06	2.25E-07
PlasmaBlast	Abundance	5	0.05626	0.02987	0.059671	0.05332	0.00722	1.55E-13	8.45E-13
CD8pCD28nCD45RAn	Abundance	5	0.06280	0.22674	0.781792	0.10797	0.14981	0.4711	0.0826
CD8.naive T-cells	Abundance	5	7.21687	3.12594	0.02096	8.03957	1.89169	2.14E-05	0.0443
CD4.naive T-cells	Abundance	5	11.77240	4.72532	0.012726	11.77240	4.72532	0.0127	0.824

1032

Table 2. Results of a meta-analysis of differences in blood cell compositionestimates derived from DNA methylation data between schizophrenia
 cases and controls.

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- **1081 Supplementary Files**
- **Supplementary File 1** Supplementary Tables 1-14

1083

1084

1085

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UCL Cohorts • N = 675 Schizophre cases vs controls Illumina 45

	Aberdeen	Twins	IoPPN
enia 50K	 N = 847 Schizophrenia cases vs controls Illumina 450K 	 N = 192 Schizophrenia- discordant twin- pairs Illumina 450K 	 N = 800 Schizophrenia and FEP cases vs controls Illumina 450K

Dublin

- N = 679
- Schizophrenia cases vs controls
- Illumina 450K

Analyses

variables

DNAm-derived

DNAm age acceleration Blood cell proportions Smoking score

traits Disease

Psychosis Schizophrenia First-episode psychosis

Treatment-resistant schizophrenia

Age covariates Sex **Derived cell-type** proportions EWAS **Derived smoking** score

Experimental batch

Genetic PCs

EU-GEI

- N = 912
- FEP cases vs controls
- Illumina EPIC

<u>Meta-analysis</u>

Sweden

- N = 378
- Schizophrenia cases vs controls
- Illumina EPIC

Bacon used to control P-value inflation Random effects metaanalysis 839,131 DNA methylation sites analyzed in at least two cohorts

Experiment-wide significance threshold $(P < 9x10^{-8})$

TE seTE 95%-CI (fixed) (random) Study UCL 6.8373 1.1622 6.8373 [4.5593; 9.1152] 10.1% 14.3% Aberdeen -0.6704 1.0629 -0.6704 [-2.7537; 1.4129] 12.1% 14.4% 4.5375 [0.4213; 8.6537] Twins 4.5375 2.1001 3.1% 13.3% IoPPN 6.2020 [4.4506; 7.9535] 6.2020 0.8936 14.5% 17.1% Dublin -0.6150 [-2.4203; 1.1903] -0.6150 0.9211 16.1% 14.5% EUGEI -7.9450 0.7899 ------7.9450 [-9.4932; -6.3969] 14.5% 21.9% Sweden -7.3175 0.8313 -7.3175 [-8.9468; -5.6881] 19.7% 14.5% Fixed effect model -1.4705 [-2.1943; -0.7468] 100.0% ___ Random effects model 0.0757 [-4.6974; 4.8489] 100.0% ___ Heterogeneity: $I^2 = 98\%$, p < 0.015 -5 0

Weight

Weight

Mean difference











Monocytes

Weight Weight 95%-CI (fixed) (random)

15.8%

22.7%

11.2%

15.6%

25.8%

6.2%

Weight

2.7%

15.8%

22.7%

2.7%

11.2%

15.6%

25.8%

100.0%

Weight

6.2%

-0.0000 [-0.0041; 0.0040]

0.0034 [0.0000; 0.0068]

0.0074 [-0.0024; 0.0172]

0.0048 [-0.0001; 0.0097]

0.0024 [-0.0017; 0.0065]

0.0039 [0.0007; 0.0071]

0.0052 [-0.0013; 0.0117]

0.0032 [0.0016; 0.0048]

0.0032 [0.0016; 0.0048] 100.0%

Study	TE seTE
UCL	-0.0000 0.0021
Aberdeen	0.0034 0.0017
Twins	0.0074 0.0050
IoPPN	0.0048 0.0025
Dublin	0.0024 0.0021
EUGEI	0.0039 0.0016
Sweden	0.0052 0.0033

Fixed effect model Random effects model

В



-0.015 -0.0050 0.005 Mean difference

Г

Granulocytes

Study	TE seTE	95%–Cl (fixed) (random)
UCL	0.0433 0.0077	0.0433 [0.0282; 0.0584] 16.7% 14.9%
Aberdeen	0.0517 0.0061	0.0517 [0.0396; 0.0637] 26.3% 15.3%
Twins	0.0577 0.0190	0.0577 [0.0204; 0.0950] 2.8% 11.5%
IoPPN	-0.0095 0.0091	-0.0095 [-0.0274; 0.0083] 12.0% 14.6%
Dublin	0.0999 0.0098	· · · · · · · · · · · · · · · · · · ·
EUGEI	0.0162 0.0065	0.0162 [0.0035; 0.0289] 23.8% 15.2%
Sweden	0.0472 0.0111	0.0472 [0.0255; 0.0690] 8.1% 14.1%
Fixed effect mode	I	♦ 0.0393 [0.0331; 0.0455] 100.0%
Random effects m	odel	0.0431 [0.0188; 0.0674] 100.0%
Heterogeneity: $I^2 = 9$	3%, <i>p</i> < 0.01	
	_0.1 _	

-0.1 -0.05 0.05 0 0.1 Mean difference

Study	TE seTE		95%-C	Weight Weight I (fixed) (random)
UCL	-0.0104 0.0030	- <mark></mark> -	-0.0104 [-0.0163; -0.0045] 19.3% 15.6%
Aberdeen	-0.0045 0.0030		-0.0045 [-0.0103; 0.0014	19.8% 15.6%
Twins	-0.0222 0.0081		-0.0222 [-0.0380; -0.0064	1 2.7% 9.8%
IoPPN	0.0008 0.0035		0.0008 [-0.0060; 0.0075	14.7% 15.1%
Dublin	-0.0145 0.0031	- <mark></mark>	-0.0145 [-0.0206; -0.0084	18.2% 15.5%
EUGEI	-0.0010 0.0030		-0.0010 [-0.0069; 0.0048	19.6% 15.6%
Sweden	-0.0359 0.0055	 ∎ ∐ ⊤	-0.0359 [-0.0467; -0.0250	5.7% 12.7%
Fixed effect model Random effects mode Heterogeneity: $I^2 = 87\%$,	p < 0.01		-0.0083 [-0.0109; -0.0057 -0.0113 [-0.0189; -0.0038] 100.0%
		−0.04 −0.02 0 0.02 0.0 Mean difference	14	
		CD4 ⁺ T-cells		Weight Weight
Study	TE seTE		95%-C	l (fixed) (random)
UCL	-0.0119 0.0053		-0.0119 [-0.0222; -0.0015] 13.8% 15.2%



Granulocytes









Study	TE seTE		95%-CI	Weight (fixed)	Weight (random)
UCL Aberdeen IoPPN Sweden Fixed effect mode Random effects r Heterogeneity: / ² =	model	-0.02 0 0.01 0.02 Mean difference	-0.0099 [-0.0180; -0.0019] -0.0217 [-0.0293; -0.0141] -0.0018 [-0.0133; 0.0097] -0.0089 [-0.0194; 0.0016] -0.0126 [-0.0171; -0.0081] -0.0113 [-0.0196; -0.0029]	35.0% 15.3% 18.4%	27.3% 28.0% 21.6% 23.2%
B				Weight	Weight

Α

Study	TE seTE	1						95% - CI	(fixed)	(random)
UCL Aberdeen IoPPN Sweden	-0.0153 0.0048 -0.0085 0.005 -0.0094 0.0053 -0.0118 0.0068					-0.0085 -0.0094	[-0.0248; [-0.0197; [-0.0198; [-0.0252;	0.0026] 0.0010]	23.5% 27.1%	32.9% 23.5% 27.1% 16.4%
Fixed effect mode Random effects r Heterogeneity: $I^2 = 0$	nodel	-0.02 -0.01 Mean	0 diffe	0.01 rence	0.02		[-0.0170; [-0.0170;	-		100.0%

TE seTE 95%–CI (fixed) (random) Study UCL 6.1678 0.4568 **6.1678** [5.2726; 7.0631] 13.2% 14.8% Aberdeen 3.5634 0.3877 3.5634 [2.8036; 4.3232] 18.3% 15.3% Twins 1.8260 1.0104 1.8260 [-0.1543; 3.8063] 2.7% 10.6% **IoPPN** 3.4133 0.4541 3.4133 [2.5232; 4.3034] 13.3% 14.8% Dublin 4.7285 [3.9460; 5.5111] 15.2% 4.7285 0.3993 17.3% EUGEI 2.3840 0.3140 2.3840 [1.7685; 2.9995] 27.9% 15.7% Sweden 4.7253 0.6144 4.7253 [3.5212; 5.9295] 7.3% 13.7% Fixed effect model 3.7968 [3.4717; 4.1220] 100.0% ___ Random effects model 3.8944 [2.8224; 4.9665] 100.0% ___ Heterogeneity: $l^2 = 90\%$, p < 0.01-6 -4 -2 0 2 4 6 Mean difference

Weight

Weight



Study	TE seT	E		95% -C I	Weight (fixed)	Weight (random)
UCL Aberdeen	1.3864 0.780 1.7389 0.792		1.3864 [-0.143 1.7389 [0.185	8; 2.9165] 8; 3.2920]		24.4% 24.0%
loPPN Sweden	3.3740 0.543 1.5786 0.982	-	3.3740 [2.309 ■ 3.3786 [-0.346	2; 4.4388]	44.2%	32.8% 18.9%
Fixed effect model Random effects mod Heterogeneity: l^2 = 52%		[]	2.3651 [1.656 2.1585 [1.087	· · · ·		 100.0%
	, p	-4 -2 Mea	0 2 4 n difference			

Mean difference



TRS vs non-TRS

Α





Chromosome



Chromosome





cg01833890(CACNA1C) TE seTE

UCL 0.42 0.2313 Aberdeen 0.43 0.1703 Twins 0.76 0.3668 IoPPN 0.73 0.1886 Dublin 0.49 0.2268 EUGEI 0.26 0.1577 Sweden 0.37 0.3223

Fixed effect model Random effects model Heterogeneity: $I^2 = 0\%$, p = 0.62

Study



Weight

11.8%

21.8%

4.7%

17.8%

12.3%

25.4%

100.0%

6.1%

Weight

95%-CI (fixed) (random)

11.8%

21.8%

4.7%

17.8%

12.3%

25.4%

6.1%

Mean difference in DNAm (%)





cg16322565(*NR1L2*)

Study	TE	seTE			95%–C	Weight (fixed)	t Weight) (random)
UCL	-0.0000	0.0003	+	-0.0000	[-0.0006; 0.0006	40.6%	46.7%
Aberdeen	0.0005	0.0002	÷.	0.0005	[0.0000; 0.0010]	59.1%	52.1%
IoPPN	0.0077	0.0051		0.0077	[-0.0022; 0.0177	0.1%	o 0.5%
Sweden	0.0059	0.0044		0.0059	[-0.0028; 0.0146] 0.2%	0.6%
Fixed effect model			•	0.0003	[-0.0001; 0.0007]	100.0%	,
Random effects model			•		[-0.0004; 0.0010]	-	- 100.0%
Heterogeneity: I ² = 45%, p	= 0.14				L , .		
		_	0.015 -0.0050 0.005 0.015				
			SCZ vs CON				
						Weight	-
Study	TE	seTE			95%-CI	(fixed)	(random)
UCL	0.0067	0.0067		0.0067	[-0.0066; 0.0199]	17.8%	17.8%
Aberdeen	0.0145	0.0059		0.0145	[0.0029; 0.0261]	23.2%	23.2%
IoPPN	0.0109	0.0051		0.0109	[0.0010; 0.0208]	31.6%	31.6%
Sweden	0.0087	0.0054		0.0087	[-0.0019; 0.0194]	27.4%	27.4%
Fixed effect model				0.0104	[0.0048; 0.0160]	100.0%	
Random effects mod Heterogeneity: $I^2 = 0\%$, I				0.0104	[0.0048; 0.0160]		100.0%
$\Box = 0\%, \mu$	5 = 0.05						
			-0.02 -0.01 0 0.01 0.02				

TRS vs non-TRS

cg04173586



cg26263239

