2022: Immunobiology and Pathogenesis of SARS-CoV-2 infection

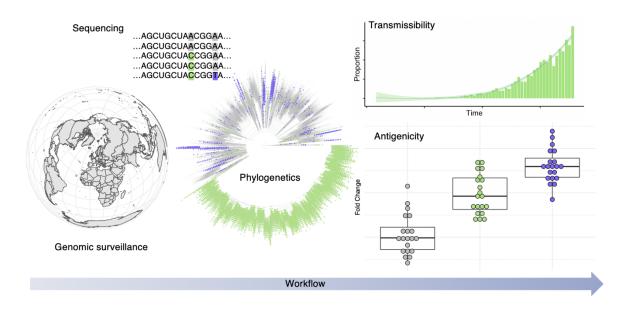
COVID-19, the first pandemic in the post-genomic era

Lucy van Dorp¹, Charlotte J. Houldcroft², Damien Richard^{1,3}, François Balloux¹

Abstract [128 words]

The scale of the international efforts to sequence SARS-CoV-2 genomes is unprecedented. Early availability of genomes allowed rapid characterisation of the virus, thus kickstarting many highly successful vaccine development programmes. Worldwide genomic resources have provided a good understanding of the pandemic, supported close monitoring of the emergence of viral genomic diversity and pinpointed those sites to prioritise for functional characterisation. Continued genomic surveillance of global viral populations will be crucial to inform the timing of vaccine updates so as to pre-empt the spread of immune escape lineages. While genome sequencing has provided us with an exceptionally powerful tool to monitor the evolution of SARS-CoV-2, there is room for further improvements in particular in the form of less heterogeneous global surveillance and tools to rapidly identify concerning viral lineages.

Graphical Abstract



¹UCL Genetics Institute, University College London, London, WC1E 6BT, UK.

²Department of Medicine, University of Cambridge, Cambridge, CB2 1TN, UK.

³Division of Infection and Immunity, University College London, London, WC1E 6BT, UK.

Introduction

The COVID-19 pandemic has shone a spotlight on the value of large-scale, open, and near real-time genomic surveillance of pathogens. The first whole genome sequences of Severe Acute Respiratory Coronavirus 2 (SARS-CoV-2) were available within ten days after a cluster of cases of pneumonia in Wuhan, China was reported to the World Health Organisation (WHO) on the 31st December 2019. Eighteen months later, close to two million SARS-CoV-2 genomes have been made available. This resource offers unprecedented opportunities to monitor the emergence of viral genomic diversity and to reconstruct transmission routes as SARS-CoV-2 continues to adapt to its human host.

COVID-19 is arguably the first post-genomic pandemic. By the time the WHO officially declared the pandemic on the 11th of March 2020 over 500 whole genome sequences had been shared spanning 39 countries and six continents. To place this in perspective, an analysis published shortly after the declaration of the H1N1pdm influenza pandemic in late April 2009, comprised only 11 partial hemagglutinin (HA) sequences¹. More recently, close to real time surveillance efforts have come to the fore in the reconstruction of transmission of Zika and Ebola, aided by portable sequencing devices^{2,3}, though these remain relatively limited in the number of genomes sequenced. Influenza genomic surveillance, which represents a cornerstone of the biannual assessment of the multivalent flu vaccines, has led to the generation of close to a million genome sequences over the last 30 years (**Figure 1**). Though, this number has been overtaken by the ongoing sequencing effort for SARS-CoV-2 within 18 months with 2 million genomes available by the end of June 2021, and rising. Active monitoring of viral evolution has become, and will likely remain, a mainstay of pandemic response, both for COVID-19 and for future epidemics.

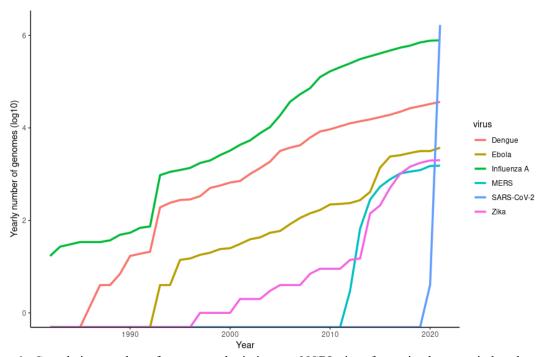


Figure 1: Cumulative number of genome submissions to NCBI virus for major human viral pathogens for which genomic surveillance has been deployed. Data for SARS-CoV-2 is obtained from the GISAID data sharing repository. Y-axis provides the log10(cumulative number of genomes) and the x-axis provides the date of sample collection spanning from 1982 until the time of writing (June 2021). Lines are smoothed based on observations per year.

Tracking the emergence of genomic diversity

Early observations

The rapid description of the first SARS-CoV-2 genome on the 10th of January 2020 was vital to identify the previously unknown coronavirus SARS-CoV-2 and represented the first step towards vaccine development and genome sequencing initiatives^{4,5}. Genomes uploaded over the first few months of 2020 facilitated initial assessments of the evolutionary rate of SARS-CoV-2, of approximately ~2 mutations per month. This rate is suggestive of a most recent common ancestor of sampled pandemic lineages to the latter portion of 2019^{6–8}, and a rapid spread to Europe, as confirmed by SARS-CoV-2 positive wastewater samples from Northern Italy dating to December 2019⁹.

Lineage dynamics

Several studies early in the pandemic identified multiple independent introductions into regions of the world during early 2020^{10–14}. For example, the first epidemic wave in the UK was seeded by well over 1000 independent SARS-CoV-2 introductions¹⁰. As a result of this extensive global spread, the worldwide SARS-CoV-2 population first remained geographically largely unstructured with the same major cosmopolitan lineages found in most regions of the world. The introduction of travel-bans and regional restrictions in early 2020 led to the emergence of more geographically associated lineages, though not precluding the capacity for introduced lineages to have marked impacts on local lineage frequencies¹⁵. Ongoing tracing of SARS-CoV-2 over the course of the COVID-19 pandemic has highlighted striking dynamics (**Figure 2**), with major clades changing markedly in frequency through time.

At the finer-scale, identification of SARS-CoV-2 lineages supports reconstruction of local chains of transmission though can be complicated by factors such as inter-individual variability in the SARS-CoV-2 incubation periods, asymptomatic cases, and missing transmission nodes. Reconstruction of transmission chains can be challenging in the presence of high community infection levels and/or multiple introduction events. Nonetheless, genomic analysis of SARS-CoV-2 outbreaks has helped to identify unanticipated sources of transmission and to rule out transmission events suspected on the basis of e.g. traditional contact tracing or movement data^{13,16,17}.

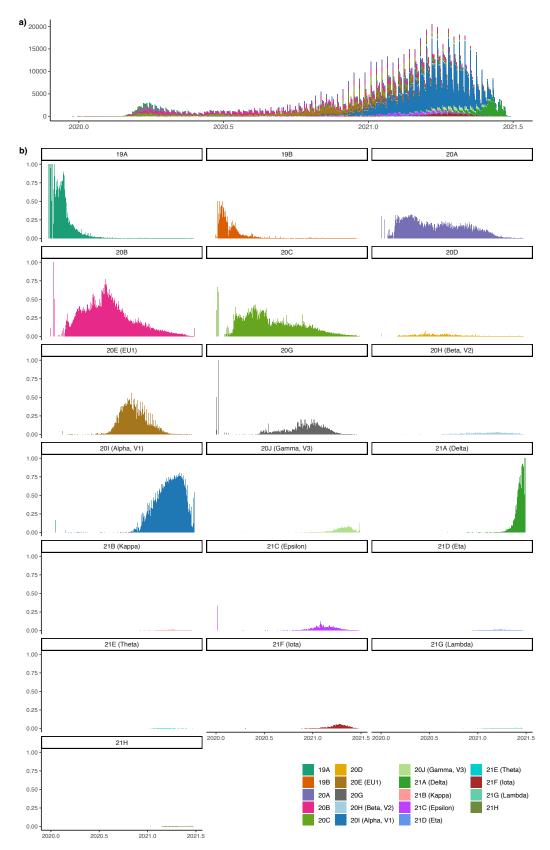


Figure 2: a) Daily counts of genome assemblies (y-axis) shared on GISAID (current to 5/7/2021) over the course of the pandemic for all NextStrain clades. Note 20I (Alpha, V1) is broadly equivalent to PANGO lineage B.1.1.7, 20H (Beta, V2) to B.1.351, 20J (Gamma, V3) to P.1. and 21A (Delta) to B.1.617.2. b) Equivalent plots as a) split on each SARS-CoV-2 clade providing the daily proportions (y-axis) of genome submissions. Colour assignments for each clade are given as per the legend at bottom right.

Genomics Infrastructure

GISAID^{18,19} is an instrumental platform for SARS-CoV-2 genome sharing, supporting appropriate accreditation of data providers, a tenet central to the data sharing model. This resource has supported several initiatives allowing visualisation and mutation characterisation including NextStrain²⁰, CoVizu²¹, cov-lineages.org²², outbreak.info (https://outbreak.info/) and CoVariants (https://covariants.org). In addition, large-scale assessment of phylogenies is greatly aided by the GISAID Audacity workflow which provides readily updated phylogenies across high-quality genome submissions. However, there is a growing shortfall in methods that can tractably keep pace with expanding datasets (Figure 1), potentially posing a major bottleneck to continued efforts to track diversity²³. In part this is because standard phylogenetic pipelines were not designed for datasets as large, intensively sampled and with the low genetic diversity characteristic of SARS-CoV-2 genomic studies. One solution is dataset subsampling, which is a suitable approach for certain questions, but not fully satisfactory for mutation tracking efforts. In particular, recurrent convergent mutations are an important feature of concerning variants (Figure 3), hence considering all independent emergences over large-scale phylogenies is vital to assess the impact of mutations in different spatiotemporal contexts^{24,25}.

Methodological advances to circumvent these challenges have included rapid maximum parsimony placement of new genomes onto existing tree topologies²⁶ and reconstruction of mutational history bypassing phylogenetic reconstruction⁸. Additionally, there has been a need to devise a nomenclature to characterise emerging diversity, with the PANGO lineage assignment tool having become a mainstay in genomic epidemiology studies of SARS-CoV-2²². Other efforts have focused on defining wider phylogenetic 'clades' with both GISAID^{18,19} and NextStrain²⁰ providing schemes (**Figure 2**). The WHO have also established a nomenclature system, based around letters of the Greek alphabet, to aid public discussion of concerning variants (https://www.who.int/en/activities/tracking-SARS-CoV-2-variants/, accessed 5/7/2021).

Adaptive changes

Initial adaptive mutations

Following a host jump into a new species, a viral pathogen must adapt to the host cell machinery and avoid immune defences to successfully persist and transmit. Over the first nine months of the pandemic, the SARS-CoV-2 population remained reasonably evolutionarily stable with the exception of the emergence of spike D614G in February 2020 and accompanying sites (nucleotides 241, 3037, 14408)²⁷. Lineages carrying 614G now represent the majority of sequence data (**Figure 2**), with this dominance likely also aided by founder effects during the early pandemic spread²⁸. Further early described adaptive changes include N439K, located in the spike Receptor Binding Domain (RBD), which confers partial resistance to several neutralizing multiclonal antibodies and enhances binding to human ACE2 receptors²⁹. Spike mutation A222V, largely associated with PANGO lineage B.1.177 (clade 20E EU1), also rose markedly in frequency over the Northern hemisphere summer of 2020. However its adaptive potential is debated, with its rapid growth in Europe suggested to be due to seeding by travel associated infections rather than the mutation conferring an intrinsic transmission advantage¹⁵ (**Figure 2**).

Insights into the early stages of adaptation following a host switch were also provided by subsequent SARS-CoV-2 host jumps into farmed minks³⁰. Viral lineages circulating in mink independently acquired a set of mutations including spike Y453F^{30,31}, which is rarely

observed in humans (**Figure 3**). The combination of Y453F, spike del69/70, I692V and M1229I defined 'cluster 5', a lineage of SARS-CoV-2 which exhibited reduced antibody neutralization^{32,33}, and jumped back into humans before going extinct. Though, the role of mink farms as animal reservoirs potentially fuelling transmission in the human population prompted authorities in Denmark to proceed with mass culling of minks.

Emergence of Variants of Concern

In late 2020 three distinct SARS-CoV-2 lineages emerged almost concurrently in different continents. All have spike mutation N501Y and came to attention due to their unusual combination and number of mutations, together with their detection coinciding with rapidly increasing cases in regions where they were first linked to (Figure 3). These include Alpha (B.1.1.7, clade 20I/501Y.v1) first detected in the UK³⁴, Beta (B.1.351, 20H/501Y.v2) in South Africa³⁵, and Gamma (P.1, 20J/501Y.v3) first identified in cases linked to Brazil³⁶. Each lineage was elevated to the status of a Variant of Concern (VoC), a term employed by public health agencies to define a lineage with concerning epidemiological, immunological, or pathogenic properties. These VoCs (henceforth 501Y VoCs) were demonstrated to show enhanced receptor binding^{37–39} and increased transmissibility to varying degrees^{36,40} with B.1.1.7 the most transmissible 501Y VoC in circulation²⁵. Beta and Gamma additionally demonstrated some ability to bypass immunity elicited by prior infection or vaccination^{33,41–45} (Box 1). In addition, both Alpha and Gamma have been associated with more virulent infections in some settings^{46–48}. Around the same time period, two lineages were identified in California (B.1.427 and B.1.429; CAL.20C) coinciding with a period of rapid pandemic growth⁴⁹. These lineages carry another RBD mutation L452R which is also a hallmark of Delta (B.1.617.2)⁵⁰, ascribed as a VOC in May 2021, which was linked to the epidemics in India during the first half of 2021 and then rapidly rose to dominance in the UK in May 2021 and subsequently in many countries throughout the world (Figure 3).

Candidates and mechanisms

The appearance of similar mutations in diverse lineage backbones provides an indication of convergent evolution⁶, with studies of 501Y VoCs supporting a marked selective shift in the fitness of SARS-CoV-2^{25,51} (Figure 3). N501Y is a highly recurrent mutation which exhibits increased binding affinity to human ACE2 receptors³⁸. Modelling of protein dynamics suggest this mutation leads to a conformation shift in the spike to favour an open state⁵², aiding viral entry into human cells. Other major recurrent changes in the RBD include E484K which has also been suggested to increase receptor binding, particularly when in combination with N501Y³⁷. E484K has raised additional concern as it may significantly reduce both convalescent and virus neutralisation by sera obtained from convalescent and vaccinated individuals^{53–55} (**Box 1**). Similarly L452R confers resistance to monoclonal antibodies⁵⁶ and partial escape of HLA-A24-mediated cellular immunity, coupled with increased receptor binding relative to wildtype⁵⁷. Of note, similar antigenic effects have been suggested for changes at codon 417 (417N and 417T)^{55,58}, though these mutations are conversely associated to a decrease in ACE2 binding^{29,38}. Thus, the relationship between receptor binding affinity and transmissibility, including the effects when mutations occur in combination, is likely to be complex.

Spike mutations falling outside of the RBD are also be of adaptive importance. Indeed, changes at codon 681 are suggested to enhance the efficiency of the furin cleavage separating the S1 and S2 subunits⁵⁹. Additionally, the S1 N-terminal domain (NTD) shows a propensity for recurrent deletions⁶⁰, some of which are found in current VoCs (Alpha:del69/70, Δ 144, Beta:del241/243; Delta:del157/158). Deletions in the NTD may contribute to altered antibody

recognition^{61,62} with genetic variation in this region also suggested as supporting conformational changes in the spike protein^{63,64}, either permitting or compensating for other changes in the RBD, with which they are often associated.

While changes in the spike protein remain major candidates in host adaptation, not least because of immuno-dominance and the role in cell entry, the genome-wide propensity for recurrent mutations in SARS-CoV-2 calls for a broader perspective (**Figure 3**). For instance, all aforementioned 501Y VoCs carry the same deletions at amino acid positions 106-108 of NSP6, a region thought to play an important role in innate immunity⁶⁵. Other major shared changes are observed in the nucleocapsid protein, including widespread adjacent changes at codons 203-205. Also within the nucleocapsid, the D3L 'triple mutation' (deriving from 28280:GAT>CTA) has been demonstrated to enhance subgenomic RNA expression in Alpha⁶⁶ and computationally scored as enhancing transmissibility²⁵. Outside of the structural proteins, deletions in ORF8 have also been implicated in altered pathogenicity⁶⁷, with a truncated ORF8 observed in Alpha and deletions identified in Delta (**Figure 3**).

Box 1: Quantifying the impact of viral evolution on host immunity

There is concern over the extent to which previously SARS-CoV-2 exposed, or vaccinated individuals could be (re-)infected by emergent variants. High levels of humoral immunity (high antibody titres) are associated with protection from reinfection in animal models and studies of frequently re-exposed health-care workers^{68,69}. Animal, human challenge or natural evidence of reinfection⁷⁰ provide more definitive answers on the ability of a lineage or clusters of mutations to evade the total (cellular and innate) immune response of the host; but these are slow, and may only provide useful data long after a new lineage has spread. As SARS-CoV-2 diversity increases, there is a need to rapidly test the putative immune escape phenotype of new viral mutants.

Neutralisation assays provide an *ex-vivo* method of screening for SARS-CoV-2 variants with the potential to escape humoral immune responses and can be performed with live or spike-pseudotyped virus, which have similar assay characteristics⁷¹. Following identification, new mutations within the spike protein can be engineered into a pseudotyped viral vector system or SARS-CoV-2 backbone. Pseudotyped spike mutants or viral isolates can then be incubated with heat-inactivated human serum at a range of serum dilutions and used to infect cells, with infectivity and viral dissemination quantified. Any variant with an increased ID50 value (i.e. more concentrated serum is required to neutralise the virus by at least 50%) can be said to show a degree of escape from humoral immunity.

Mutations within the RBD (including L452 and E484) are seen in a number of lineages associated with reduced vaccine-derived antibody neutralisation sensitivity⁷². For example, E484K on the Alpha variant background led to a six-fold decrease in neutralisation by serum from recipients of two BNT162b2 doses⁷³. Similarly, neutralisation of live Beta-lineage virus was estimated to be 3-fold lower compared to wild-type in vaccinated individuals. Naturally infected, convalescent individuals in this study did not show such a pronounced drop in antibody neutralisation, which might reflect antibody responses to a broader range of epitopes (non-spike neutralising and non-neutralising) in the latter⁷⁴.

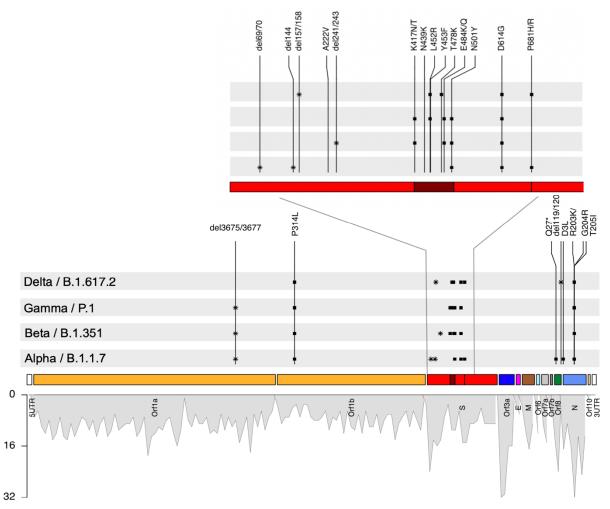


Figure 3: Major mutations of interest along the SARS-CoV-2 genome. Line markers provide placement of mutations discussed in the text with the zoom box highlighting spike mutations. VoCs (defined current to May 2021) are highlighted for their carriage of major discussed mutations and deletions (* deletion; ■ SNP), demonstrating striking patterns of convergent evolution. Note Public Health England additionally classify Alpha + E484K as a VoC. Major Variants of Interest (VoIs) at the time of writing include B.1.427 and B.1.429 (first detected in California and classified as VoCs by the Centers for Disease Control and Prevention; S:L452R). B.1.526 (first detected in New York; S:E484K + NSP6:del3675/3677), P.2 (first detected in Brazil; S:E484K), P.3 (first detected in the Philippines; S:E484K + S:N501Y), B.1.525 (detected in UK/Nigeria; NSP6:del3675/3677, S:del69/70, S:del144/145, S:E484K) and B.1.617.1 and B.1.617.3 (detected in India; S:452R, SE484Q, P681R). The bottom panel provides the density distribution of the count of recurrent mutations, over a 200-nucleotide sliding window, for the SARS-CoV-2 genome. The y-axis provides the number of estimated emergences based on a curated phylogeny of 550,743 sequences dating to April 2021²⁵.

Surveillance for future adaptive changes

Early detection

Early detection of concerning lineages is critical for timely monitoring of viral transmission and deployment of appropriate interventions. This largely relies on the completeness of the picture of the SARS-CoV-2 population provided by genome sequencing. While some countries implemented close to real-time monitoring of SARS-CoV-2 in their surveillance protocols, this is not feasible in all settings. Alternatives to systematic patient-based sampling, for instance environmental monitoring of wastewater or sewage, may provide cost-effectiveness and a wider picture of the circulating genomic diversity in one given area⁷⁵. Another possible strategy to circumvent the challenge of achieving representative surveillance is to focus on sequencing of incoming travellers and travel-associated infections

in high resource settings, as exemplified by Gamma which was identified in Japan in individuals with a history of travel to Brazil⁷⁶.

Early detection of concerning lineages further relies on the ability to identify them from their genomic make-up. This is aided by flagging of mutations or combinations of mutations that have been demonstrated to have a phenotypic impact via functional studies (e.g. **Box 1**) or are suggested to be relevant using more unsupervised methods (e.g. scans of modified binding affinity³⁸ and/or mapping of escape mutations⁵³). However, not all mutations have been assessed and such an approach ignores the possibility of epistatic (i.e. non-linear) effects. Due to this phenomenon, mutations that are neutral or even deleterious in isolation could provide a viral strain with a fitness increase when combined in the same background. Strong epistatic effects can lead to rugged adaptive landscapes, where lineages can get stuck on local fitness peaks, unable to cross the valleys towards higher ones. The emergence of Alpha might have originated in the context of long-term chronic infection, through a burst of mutations that allowed it to reach a higher fitness peak, that may have been difficult to attain through sequential accumulation of mutations in immunocompetent hosts³⁴.

The epidemiological success of some lineages can also be assessed more directly through growth rate estimates²⁸, aided by independent observations in different epidemiological settings, notwithstanding the challenging of adjusting for highly unequal sampling. Growth rate estimates must be carefully tested for confounders as initial increases due to an adaptive advantage may be difficult to disentangle from neutral processes which can also give rise to marked lineage dynamics (**Figure 2**). Finally, selection screens based on patterns of non-synonymous and synonymous mutations⁵¹ and homoplasy-based metrics²⁵ may hold scope to predict the adaptive potential of a variant based on its constituent mutations.

Ongoing evolution of SARS-CoV-2

The limited evidence for early adaptation detected in SARS-CoV-2 suggests some degree of pre-existing adaptation to human infection, either through existing generalist mechanisms of host evasion or because the earliest lineages of SARS-CoV-2 had already acquired some key mutations favouring transmissibility in humans by the time the first sequences were generated. Nevertheless, the emergence of VoCs with clearly higher transmissibility (Alpha, Delta) are obvious signatures of adaptation of SARS-CoV-2 to its human host. The exact mechanisms underlying increased transmissibility still remain poorly quantified and many of the characteristic mutations deemed as concerning (**Figure 3**) are also observed in other lineage backgrounds, often well predating the emergence of VoCs, and without apparent fitness effects. Besides epistatic interactions between mutations, a further complicating factor stems from the increasing rates of immunisation due to vaccination and natural infection which alters the immunological environment of the virus as the pandemic progresses, thereby possibly modifying the fitness effect of immune-escape mutations.

Virulence, defined as the disease-induced mortality rate for infected hosts, is even more challenging to predict. While it is sometimes assumed that viral pathogens systematically become attenuated following a host jump, this is only necessarily true for vertically (i.e. mother to child) inherited pathogens. In the latter situation the fitness of the pathogens and the host are intimately correlated so that high virulence would entail a fitness cost. Under horizontal (epidemic) transmission, a pathogen can become more or less lethal depending on the correlation between transmissibility and virulence. For example, higher viral replication rates can be favoured as long as they allow a lineage to spread more easily, even if this entails a cost to the host. Given the moderate host mortality and ~50% of transmission being pre-

symptomatic, the selective pressure on SARS-CoV-2 to evolve towards intrinsic lower virulence is expected to be weak. This being said, morbidity and mortality are predicted to eventually plumet as an increasing fraction of the population acquires some immunity through vaccination and prior infection.

Likely the most significant aspect to pandemic management is the degree of evolution of SARS-CoV-2 towards altered antigenicity, the timescales and consistency of which can be difficult to predict even for richly studied viruses such as seasonal influenza. Concerns surrounding waning immunity and escape variants have in part been driven by studies of reinfection by other human seasonal coronaviruses. Two major hypotheses could explain frequent reinfections: rapidly waning host immunity; or pathogen antigenic evolution leading to immune escape. Neutralisation assays (Box 1) provide support for the latter hypothesis in alphacoronavirus 229E. Using serum collected between 1985 and 1990, and a series of 229E spike sequences sampled at eight-year intervals, Eguia and colleagues showed that antigenic evolution over the course of a decade led to almost complete escape from antibody neutralisation after 8-17 years. This suggests that vaccines to SARS-CoV-2 may need to be reformulated periodically, as circulating SARS-CoV-2 lineages evolve in response to host immunity⁷⁷. Vaccine escape, however, is rarely a binary phenotype and a gradual loss of antibody recognition through the evolution of new viral strains is to be expected rather than an instantaneous loss of efficacy. Moreover, cellular immunity is still predicted to provide some protection against most severe symptoms in many re-infections. Thus, while updated vaccinations will be required at least for the most at-risk, this should be a largely manageable challenge aided by genomic surveillance and the capability to readily update modern vaccines.

Conclusions

Genomic tracking of SARS-CoV-2 has been instrumental in monitoring the course of the COVID-19 pandemic and will become a vital component supporting ongoing public health, in particular informing on the vaccine update schedule. There is little doubt that SARS-CoV-2 will become an endemic circulating pathogen which will continue to undergo adaptation to human cellular and immune defences. However, early identification of new variants, coupled with a richer understanding of the mutational forces underlying changing patterns of transmissibility, virulence and antigenicity could reduce global morbidity and mortality to a fraction of that experienced during the pandemic phase of COVID-19. Additionally, the tremendous progress and lessons learnt from fighting SARS-CoV-2 hold promise to reduce future threats to global health and support preparedness for future epidemics.

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Declaration of interest: none.

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