Quantitative Susceptibility Mapping (QSM) is Sensitive to Hippocampal and Subcortical Gray Matter Changes in Temporal Lobe Epilepsy

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Synopsis

Although temporal lobe epilepsy (TLE) results in widespread changes in MRI measures of tissue volume, diffusion and functional connectivity, changes in tissue composition in TLE have not been investigated with MRI. Quantitative susceptibility mapping (QSM) is sensitive to changes in tissue composition, in particular to iron and myelin. Here, we show for the first time that QSM is sensitive to gray matter abnormalities in 31 patients with temporal lobe epilepsy (TLE) compared to 23 healthy controls, and showed significant susceptibility changes in the hippocampus in left TLE patients, and in the bilateral thalamus in both left and right TLE.

Introduction

Hippocampal sclerosis (HS) is the most common cause of drug-resistant temporal lobe epilepsy (TLE). Despite focal pathology in the hippocampus, the disease results in widespread alterations, with previous studies showing cortical and subcortical volumetric changes¹, alteration of white matter diffusion properties², and functional connectivity changes³. However, the sensitivity of prior work to alterations in tissue composition has been limited. Recently, quantitative susceptibility mapping (QSM) has been used in pediatric epilepsy patients with focal cortical dysplasia to reveal changes in tissue calcium, zinc and iron content⁴. Here, we extended the application of QSM in epilepsy to investigate susceptibility differences in deep gray matter regions in temporal lobe epilepsy (TLE) patients with hippocampal sclerosis (HS).

Methods

We included 31 TLE patients with unilateral HS (mean age 38.5 years, range 19-67 years; 20 female; 17 LTLE / 14 RTLE) who attended our MRI unit for routine examination. We also included 23 healthy controls (mean age 29.4 years, range 17-55 years; 16 female).

Subjects underwent imaging on a 3T General Electric Discovery MR750 scanner with a 32-channel coil. Sequences included a three-dimensional (3D) T1-weighted inversion-recovery fast spoiled gradient recalled echo (TE/TR/TI=3.1/7.4/400 ms, field of view (FOV) 224×256×256 mm, matrix 224×256×256, 1 mm isotropic voxel size, parallel imaging acceleration factor 2) and a multi-echo 3D gradient echo (SWAN) sequence, saving full complex data (TE1/ΔTE/TE5=12.9/5.0/32.8 ms, TR=37.1 ms, flip angle=15°, FOV=200×200×137 mm, matrix=384×384×114, reconstructed to a voxel size of=0.52×0.52×0.60 mm).

The 3D-T1 images were segmented using GIF⁵ to obtain regions of interest (ROI) in the amygdala, caudate, globus pallidus, putamen, and thalamus. Hipposeg⁶ was used to accurately segment the hippocampus in the presence of hippocampal pathology. The T1-weighted image was rigidly registered using Niftyreg⁷ to the first-echo magnitude image of the QSM (SWAN) data.

For each subject, a total field map and a noise map were obtained from a non-linear fit^{8,9} of the multi-echo complex SWAN data over all echo times. Residual phase wraps were removed with Laplacian unwrapping^{9,10}. A brain mask *m* was calculated using Otsu thresholding¹¹ and thresholded at the mean of the inverse noise map to remove noisy voxels, except within the ROIs. To account for oblique slice acquisition¹², the image volume was rotated into alignment with the main magnetic field $\hat{\mathbf{B}}_0$, using Niftyreg⁷ with trilinear interpolation¹³. Background fields were removed with projection onto dipole fields (PDF)^{9,14}. Susceptibility (χ) calculation was carried out using a non-linear weak harmonic (WH) formulation with total variation regularisation¹⁵ (Eq.1) from the FANSI toolbox¹⁶⁻¹⁸:

$$\underset{\chi,\phi_{h}}{\arg\min}\left\|W\left(e^{i\left(F^{H}DF\chi+\phi_{h}\right)}-e^{i\phi}\right)\right\|_{2}^{2}+\frac{\beta}{2}\left\|m\nabla^{2}\phi_{h}\right\|_{2}^{2}+\alpha|\nabla\chi|_{1}$$
(1)

where W is a weighting proportional to the magnitude image, F is the discrete Fourier transform and F^H is its adjoint, $D = \gamma B_0 TE\left(rac{1}{3} - rac{k_z^2}{k^2}\right)$

is the dipole kernel in Fourier space, and ϕ_h contains residual harmonic background fields¹⁴ remaining after PDF. The WH weight chosen was β =150, ensuring that no structural information was contained in ϕ_h . An L-curve-based zero-curvature search¹⁹ (α values from 0.0631 to 3.9811×10⁻⁵) gave an optimised α =5.024×10⁻⁴. A convergence tolerance of 0.1 was chosen with a maximum of 500 iterations. The image volume was rotated back to the original orientation after χ calculation. This WH-QSM technique was used to reduce noise (due to the high resolution) and residual background fields relative to iterative Tikhonov QSM²⁰ (Fig. 1).

Based on the significant difference in age between the groups (ANOVA p<0.01) mean ROI susceptibility values were corrected for age, based on least-squares linear fits in the healthy control subjects²¹. Three-group ANOVA was performed for each ROI to test for significant mean susceptibility differences between LTLE, RTLE, and control participants. Additionally, intra-subject left-right differences were investigated per group with a paired t-test.

Results

An example susceptibility map is shown in Figure 1, alongside a first- and last-echo gradient-echo magnitude image.

The average susceptibility values for each ROI and group are shown in Table 1, with significant group differences for both thalami (p=0.024 left, p=0.035 right), left putamen (p=0.001), and left globus pallidus (p=0.021) as observed with ANOVA (Figure 2). Post-hoc t-tests revealed that: (i) the RTLE group had significantly higher susceptibility in the bilateral thalami compared to controls (p<0.01 left, p<0.05 right); (ii) the RTLE group had significantly higher susceptibility in the bilateral thalami compared to controls (p<0.01) and the LTLE group (p<0.01); and (iii) the LTLE group had significantly lower susceptibility in the left globus pallidus compared to controls (p=0.013).

We found significant susceptibility differences between left and right-sided ROIs: (i) in the caudate (p=0.040) and globus pallidus (p<0.001) in healthy

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controls; and (ii) in the hippocampus (p=0.036) in LTLE, with more negative susceptibility in the pathological hippocampus compared to contralateral and control hippocampi (Table 1), a pattern also observed in RTLE, although not reaching significance.

Discussion and Conclusion

The observed pattern of higher susceptibility in the left vs. right globus pallidus and caudate in controls matches previous findings²². The asymmetry in the hippocampal susceptibilities in the LTLE group could reflect underlying hippocampal pathology. The observed susceptibility changes in the thalamus match known volumetry and connectivity differences in TLE^{1,3} and could reflect demyelination. Future work will investigate associations with clinical factors such as secondarily generalised tonic-clonic seizures.

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Figures



Figure 1: Example T1-weighted image (left) with ROIs superimposed (caudate: R=yellow, L=dark blue; putamen: R=red; L=dark green; globus pallidus: R=pink, L=light blue; thalamus: R=light green, L=brown), first and final echo gradient echo (GE) magnitude image, and susceptibility map calculated using iterative Tikhonov regularisation and weak harmonic (WH) QSM for a representative control subject. WH QSM was used here as its reduced noise and residual background fields yielded significant χ differences unlike the iterative Tikhonov technique.

Table 1: Age- group (in 10 ⁻² temporal lobe	corrected qua ppm). HC = epilepsy. *	antitative susce healthy contr 1/^ indicates	eptibility value: rols, LTLE = 1 a significant	s in each regio left temporal le group-level di	n of interest (obe epilepsy, fference in 1	ROI) for each RTLE = right eft/right ROI,
respectively.	HC left	HC right	LTLE left	LTLE right	RTLE left	RTLE right
Amygdala	-4.31	-4.92	-3.84	-4.59	-5.38	-4.66
Caudate	5.89	5.38	5.35	5.07	6.08	5.54
Hippocampus	-3.38	-3.49	-4.33	-3.23	-3.49	-4.42
Globus pallidus*	14.86	12.98	12.43	12.03	13.22	13.05
Putamen*	2.87	3.23	3.25	3.33	4.61	4.27
Thalamus*^	1.58	1.64	2.09	1.73	2.47	2.55

Table 1



Figure 2: Box plots of deep gray matter regions with significant group differences in age-corrected mean susceptibility. HC=healthy controls, LTLE=left temporal lobe epilepsy, RTLE=right temporal lobe epilepsy. * indicates p<0.05, ** indicates p<0.01, *** indicates p<0.001.