Additional file 11: Annual change in cardiovascular risk factors in women, by deprivation quintile and age (1/2)§

	16-54						≥ 55 years					
Trend$^{\parallel}$	England	Q1 (affluent)	Q2	Q3	Q4	Q5 (deprived)	England	Q1 (affluent)	Q2	Q3	Q4	Q5 (deprived)
Current smoking												
Year	**1.021**	**0.977**	**1.031**	**1.030**	**1.021**	**1.014**	**0.978**	**0.969**	**0.978**	**0.970**	**0.990**	**0.982**
95% CI	(1.007,1.034)	(0.969,0.986)	(0.997,1.066)	(1.000,1.060)	(0.996,1.046)	(0.992,1.037)	(0.973,0.984)	(0.955,0.983)	(0.966,0.991)	(0.959,0.982)	(0.979,1.001)	(0.972,0.992)
P-value	(0.002)	(0.000)	(0.077)	(0.048)	(0.105)	(0.218)	(<0.000)	(<0.000)	(0.001)	(<0.000)	(0.066)	(<0.000)
Year^2	**0.997**		**0.997**	**0.997**	**0.997**	**0.998**						
95% CI	(0.997,0.998)	-	(0.994,0.999)	(0.995,0.999)	(0.996,0.999)	(0.997,0.999)	-	-	-	-	-	-
P-value	(0.000)	(0.015)	(0.002)	(0.002)	(0.002)	(0.007)	(0.158)	(0.067)	(0.336)	(0.180)	(0.735)	(0.759)
BMI (kg/m^2)												
Year	**0.66**	**0.27**	**0.89**	**0.84**	**0.35**	**0.32**	**0.24**	**0.22**	**0.14**	**0.24**	**0.23**	**0.40**
95% CI	(0.50,0.82)	(0.19,0.35)	(0.57,1.21)	(0.50,1.18)	(0.26,0.43)	(0.23,0.40)	(0.19,0.29)	(0.13,0.32)	(0.05,0.24)	(0.14,0.34)	(0.11,0.34)	(0.27,0.53)
P-value	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(0.004)	(<0.000)	(<0.000)	(<0.000)
Year^2	**-0.02**		**-0.04**	**-0.04**								
95% CI	(-0.03,-0.01)	-	(-0.06,-0.02)	(-0.06,-0.02)	-	-	-	-	-	-	-	-
P-value	(<0.000)	(0.176)	(<0.000)	(0.001)	(0.095)	(0.360)	(0.011)	(0.578)	(0.039)	(0.710)	(0.159)	(0.038)
Obesity (% BMI ≥ 30)												
Year	**1.065**	**1.042**	**1.116**	**1.020**	**1.034**	**1.025**	**1.020**	**1.029**	**1.007**	**1.018**	**1.018**	**1.030**
95% CI	(1.046,1.084)	(1.031,1.053)	(1.069,1.165)	(1.011,1.029)	(1.025,1.042)	(1.017,1.033)	(1.016,1.024)	(1.019,1.039)	(0.998,1.016)	(1.009,1.028)	(1.009,1.028)	(1.020,1.039)
P-value	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(0.123)	(<0.000)	(<0.000)	(<0.000)
Year^2	**0.998**		**0.995**									
95% CI	(0.997,0.999)	-	(0.993,0.998)	-	-	-	-	-	-	-	-	-
P-value	(<0.000)	(0.035)	(<0.000)	(0.016)	(0.313)	(0.838)	(0.069)	(0.386)	(0.206)	(0.306)	(0.683)	(0.432)
Diabetes¶												
Year	**1.068**	**1.075**	**1.047**	**1.068**	**1.108**	**1.058**	**1.072**	**1.072**	**1.056**	**1.076**	**1.076**	**1.079**
95% CI	(1.039,1.098)	(0.999,1.157)	(0.970,1.131)	(0.997,1.144)	(1.042,1.179)	(1.010,1.108)	(1.053,1.091)	(1.027,1.120)	(1.011,1.104)	(1.033,1.121)	(1.037,1.118)	(1.042,1.117)
P-value	(<0.000)	(0.053)	(0.236)	(0.059)	(0.001)	(0.018)	(<0.000)	(0.002)	(0.015)	(<0.000)	(<0.000)	(<0.000)
High physical activity¶												
Year	**1.027**	**1.038**	**1.029**	**1.023**	**1.024**	**1.021**	**1.046**	**1.048**	**1.051**	**1.068**	**1.047**	**1.005**
95% CI	(1.020,1.035)	(1.022,1.054)	(1.012,1.047)	(1.008,1.039)	(1.009,1.040)	(1.005,1.038)	(1.032,1.061)	(1.021,1.076)	(1.023,1.080)	(1.038,1.009)	(1.014,1.081)	(0.967,1.044)
P-value	(<0.000)	(<0.000)	(0.001)	(0.003)	(0.002)	(0.011)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(0.005)	(0.817)
SBP (mmHg)												
Year	**-0.06**	**-0.18**	**0.13**	**-0.09**	**0.06**	**-0.40**	**-0.36**	**-0.60**	**-0.60**	**-0.61**	**-0.61**	**-0.47**
95% CI	(-0.17,0.04)	(-0.39,0.02)	(-0.08,0.35)	(-0.32,0.13)	(-0.17,0.29)	(-0.46,-0.34)	(-0.54,-0.19)	(-0.68,-0.52)	(-0.68,-0.52)	(-0.70,-0.53)	(-0.70,-0.52)	(-0.57,-0.37)
P-value	(0.257)	(0.081)	(0.223)	(0.421)	(0.599)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)
Year^2	**-0.02**	**-0.02**	**-0.04**	**-0.02**	**-0.03**		**-0.01**					
95% CI	(-0.03,-0.02)	(-0.03,-0.01)	(-0.05,-0.02)	(-0.04,-0.01)	(-0.04,-0.01)	-	(-0.02,0.00)	-	-	-	-	-
P-value	(<0.000)	(0.005)	(<0.000)	(0.001)	(<0.000)	(0.186)	(0.008)	(0.082)	(0.165)	(0.664)	(0.366)	(0.089)

Additional file 11: Annual change in cardiovascular risk factors in women, by deprivation quintile and age (2/2)[§]

Trend [‖]	16-54						≥ 55 years					
	England	Q1 (affluent)	Q2	Q3	Q4	Q5 (deprived)	England	Q1 (affluent)	Q2	Q3	Q4	Q5 (deprived)
High blood pressure (% SBP ≥ 140 mmHg)												
Year	**0.967**	**0.950**	**0.957**	**0.969**	**0.986**	**0.971**	**0.992**	**1.011**	**1.000**	**0.966**	**0.964**	**0.976**
95% CI	(0.960,0.974)	(0.935,0.966)	(0.942,0.973)	(0.954,0.984)	(0.971,1.002)	(0.955,0.988)	(0.979,1.005)	(0.983,1.040)	(0.976,1.025)	(0.959,0.972)	(0.957,0.971)	(0.970,0.982)
P-value	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(0.087)	(0.001)	(0.248)	(0.432)	(0.971)	(<0.000)	(<0.000)	(<0.000)
Year^2							**0.998**	**0.997**	0.998			
95% CI	-	-	-	-	-	-	(0.997,0.999)	(0.995,0.999)	(0.996,0.999)	-	-	-
P-value	(0.079)	(0.865)	(0.030)	(0.265)	(0.639)	(0.715)	(<0.000)	(<0.000)	(0.007)	(0.192)	(0.393)	(0.082)
Total cholesterol (mmol/l)[¶]												
Year	**-0.4**	**-0.3**	**-0.3**	**-0.4**	**-0.4**	**-0.3**	**-1.1**	**-0.9**	**-1.0**	**-1.1**	**-1.2**	**-1.3**
95% CI	(-0.4,-0.3)	(-0.4,-0.2)	(-0.5,-0.1)	(-0.6,-0.3)	(-0.6,-0.3)	(-0.5,-0.2)	(-1.2,-1.0)	(-1.0,-0.7)	(-1.1,-0.8)	(-1.3,-0.9)	(-1.4,-1.0)	(-1.5,-1.1)
P-value	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)
Raised cholesterol (% TC ≥ 5.0 mmol/l)[¶]												
Year	**0.990**	**0.990**	**0.991**	**0.983**	**0.995**	**0.990**	**0.986**	**0.990**	**0.988**	**0.986**	**0.982**	**0.982**
95% CI	(0.987,0.992)	(0.984,0.995)	(0.985,0.996)	(0.978,0.989)	(0.989,1.001)	(0.984,0.996)	(0.984,0.987)	(0.987,0.993)	(0.985,0.991)	(0.982,0.989)	(0.978,0.986)	(0.977,0.986)
P-value	(<0.000)	(<0.000)	(0.001)	(<0.000)	(0.075)	(0.001)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)
Fruit and vegetable consumption (portions)												
Year	**4.2**	**2.2**	**2.5**	**3.9**	**7.5**	**5.0**	**3.4**	**2.2**	**1.3**	**3.7**	**6.5**	**3.5**
95% CI	(2.5,5.8)	(-0.6,5.1)	(-0.7,5.8)	(0.2,7.5)	(3.9,11.2)	(0.5,9.4)	(1.7,5.1)	(-0.4,4.8)	(-1.4,3.9)	(0.3,7.1)	(2.6,10.4)	(-1.7,8.7)
P-value	(<0.000)	(0.127)	(0.125)	(0.039)	(<0.000)	(0.028)	(<0.000)	(0.094)	(0.342)	(0.031)	(0.001)	(0.186)
Year^2												
95% CI	-	-	-	-	-	-	-	-	-	-	-	-
P-value	(0.031)	(0.356)	(0.151)	(0.448)	(0.362)	(0.371)	(0.176)	(0.128)	(0.091)	(0.161)	(0.939)	(0.610)
Fruit and vegetable consumption (% ≥ 5 portions a day)												
Year	**1.033**	**1.427**	**1.028**	**1.036**	**1.046**	**1.034**	**1.256**	**1.014**	**1.409**	**1.048**	**1.055**	**1.018**
95% CI	(1.025,1.042)	(1.173,1.736)	(1.001,1.046)	(1.016,1.055)	(1.027,1.066)	(1.010,1.058)	(1.117,1.412)	(0.996,1.032)	(1.147,1.732)	(1.026,1.070)	(1.030,1.081)	(0.987,1.050)
P-value	(<0.000)	(<0.000)	(0.001)	(<0.000)	(<0.000)	(0.006)	(<0.000)	(0.119)	(0.001)	(<0.000)	(<0.000)	(0.254)
Year^2		**0.986**						**0.991**		**0.986**		
95% CI	-	(0.978,0.994)	-	-	-	-	(0.986,0.996)	-	(0.977,0.995)	-	-	-
P-value	(0.019)	(0.001)	(0.484)	(0.947)	(0.303)	(0.988)	(0.001)	(0.372)	(0.002)	(0.140)	(0.492)	(0.099)

[§]Values are prevalence ratios (PR) for annual change (smoking, obesity, diabetes, high physical activity, high blood pressure, raised cholesterol, and consuming five or more portions of fruit and vegetables per day) or level (body mass index, systolic blood pressure, total cholesterol, and fruit and vegetable consumption). Log-binomial and log-linear regression used for binary and continuous risk factors respectively. Models fitted separately to each deprivation quintile (adjusted for age). Negative numbers/PR below 1 indicate a decreasing trend, positive numbers/PR above 1 an increasing trend. [Tests of socioeconomic differentials in the pace of change are shown for binary risk factors in Tables 2 and 3. The p-values for the interaction terms assess a) whether the change in risk factor levels/PR over 1994-2008 differed according to IMD; and equivalently b) whether the differences in risk factor levels/PR by IMD changed over time].

‖A quadratic trend (year^2) indicates a significant but nonlinear trend in the data over time. A linear trend (year) is depicted with a straight line; a quadratic trend as a curve with one bend. Trends that include significant quadratic and linear components demonstrate nonlinear change in addition to an overall increase or decrease over time (and so are not comparable to models just containing a linear term). Two models were fitted to each deprivation quintile. Model 1 contained just the linear trend; Model 2 included linear and quadratic trends (year + year^2). Estimates from Model 2 are shown if the quadratic term was significant at the 1% level. Quadratic terms not significant at the 1% level were removed from the model leaving just the linear trend. For quadratic terms not significant at the 1% level we show the linear trend from Model 1 - but show the p-value for the non-significant quadratic term obtained from Model 2.

¶Only linear trends fitted due to limited data points

CI confidence interval; SBP systolic blood pressure; TC total cholesterol; BMI body mass index