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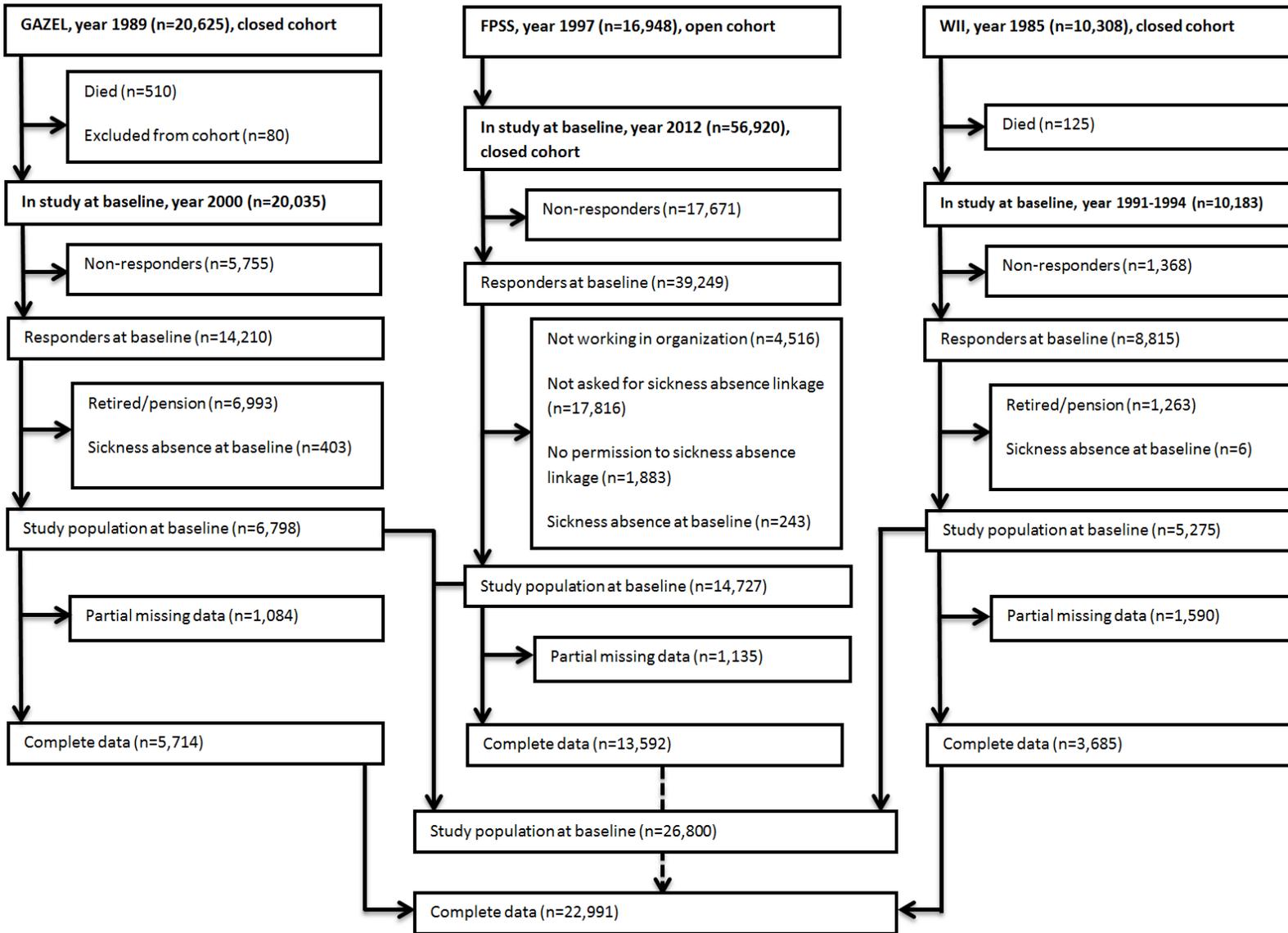
Job strain and informal caregiving as predictors of long-term sickness absence: A longitudinal multi-cohort study <sup>1</sup>

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*1 Appendix*

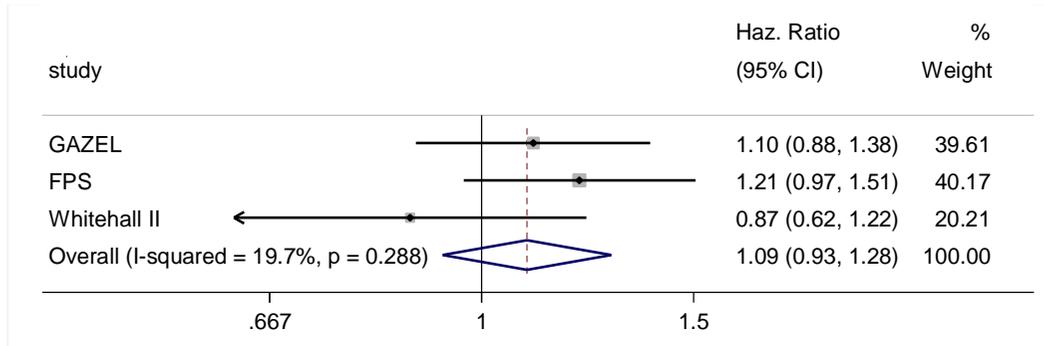
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**Flowchart**

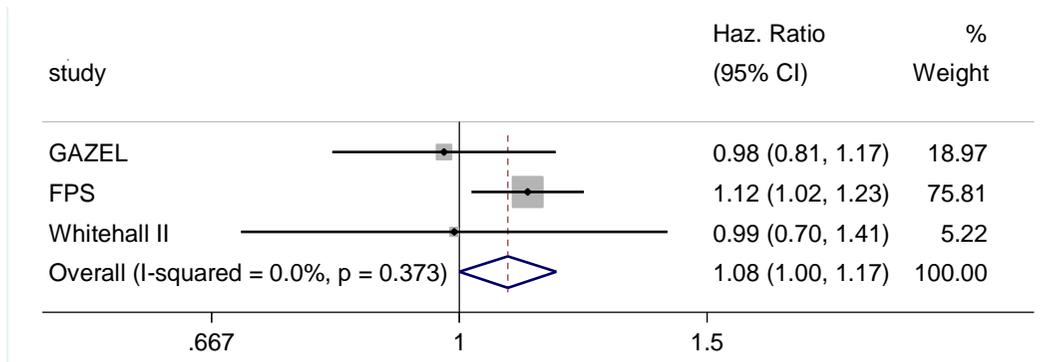


**Appendix: Figure 2. Association between job strain and long-term sickness absence**

**A. Men**



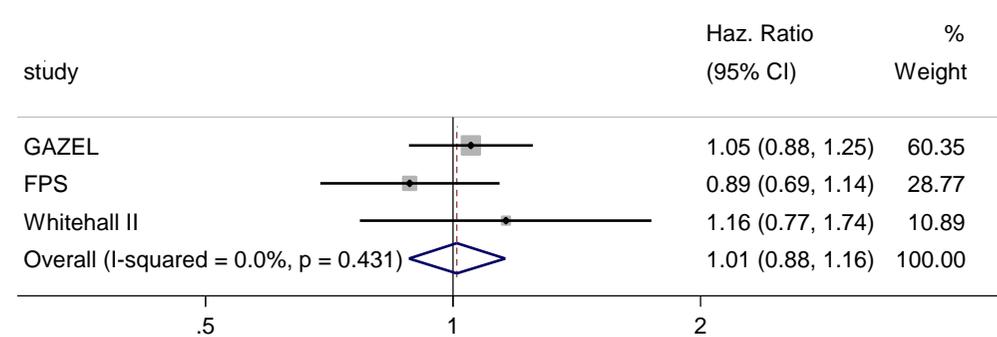
**B. Women**



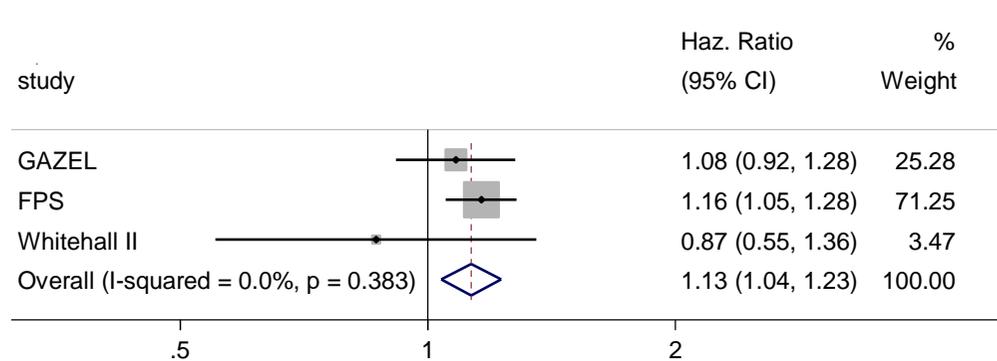
Adjusted for age, married/cohabiting, children, occupational grade, death of relative and/or divorce, previous long-term sickness absence, and longstanding illness

**Appendix: Figure 3. Association between informal caregiving and long-term sickness absence**

**A. Men**



**B. Women**



Adjusted for age, married/cohabiting, children, occupational grade, death of relative and/or divorce, previous long-term sickness absence, and longstanding illness

**Appendix: Table 3. Joint exposure of informal caregiving and job strain on long-term sickness absence (Unadjusted and multiple adjusted). Multiple adjusted: Adjusted for age, married/cohabiting, children, occupational grade, death of relative and/or divorce, previous long-term sickness absence, and longstanding illness**

<b>Unadjusted analyses</b>				
	Men (n=9,568)	I <sup>2</sup>	Women (n=12,995)	I <sup>2</sup>
High strain, caregiving	1.02 (0.73;1.42)	0%	1.42 (1.22;1.65)	0%
High strain, no caregiving	1.30 (1.01;1.67)	61%	1.15 (0.96;1.39)	58%
No high strain, caregiving	1.11 (0.95;1.29)	0%	1.16 (1.02;1.36)	33%
No high strain , no caregiving	1	-	1	-
Multiplicative interaction	0.084	16%	0.934	0%
Additive interaction, SI	0.05	-	1.35	-
<b>Multiple adjusted analyses</b>				
	Men (n=9,568)	I <sup>2</sup>	Women (n=12,995)	I <sup>2</sup>
High strain, caregiving	0.91 (0.64;1.28)	0%	1.20 (1.03;1.41)	0%
High strain, no caregiving	1.14 (0.97;1.35)	14%	1.06 (0.93;1.21)	27%
No high strain, caregiving	1.07 (0.92;1.24)	0%	1.15 (1.01;1.29)	14%
No high strain , no caregiving	1	-	1	-
Multiplicative interaction	0.112	0%	0.766	0%
Additive interaction, SI	-0.43	-	0.95	-

**Appendix: Table 4. Joint exposure of informal caregiving and job strain on long-term sickness absence: Main analyses, multiple imputed, first event of long-term sickness absence, and censoring at age 58 respectively. Adjusted for age, married/cohabiting, children, occupational grade, death of relative and/or divorce, previous long-term sickness absence, and longstanding illness**

	Multiple imputation analyses				First event of long-term sickness absence only				Censor at age 58			
	Men (n=11,331)	I <sup>2</sup>	Women (n=15,469)	I <sup>2</sup>	Men (n=9,568)	I <sup>2</sup>	Women (n=12,995)	I <sup>2</sup>	Men (n=8,832)	I <sup>2</sup>	Women (n=10,962)	I <sup>2</sup>
High strain, caregiving	0.92 (0.66;1.29)	0%	1.24 (1.07;1.44)	0%	0.86 (0.59;1.24)	0%	1.25 (1.05;1.49)	0%	0.89 (0.63;1.26)	0%	1.20 (1.02;1.42)	0%
High strain, no caregiving	1.17 (1.01;1.35)	0%	1.09 (0.97;1.22)	23%	1.14 (0.91;1.42)	37%	1.07 (0.96;1.18)	0%	1.15 (0.98;1.35)	4%	1.01 (0.86;1.19)	44%
No high strain, caregiving	1.05 (0.91;1.22)	0%	1.16 (1.04;1.31)	13%	1.01 (0.85;1.20)	0%	1.12 (0.94; 1.32)	31%	1.05 (0.90;1.23)	0%	1.17 (1.01;1.34)	21%
No high strain , no caregiving	1	-	1	-	1	-	1	-	1	-	1	-
Multiplicative interaction	0.179	0%	0.968	0%	0.146	0%	0.802	6%	0.112	0%	0.755	0%
Additive interaction, SI	-0.36	-	0.96	-	-0.93	-	1.32	-	-0.55	-	1.11	-

**Appendix: Table 5. Joint exposure of informal caregiving and job strain on long-term sickness absence: Cohort-specific analyses and analyses without previous long-term sickness absence as a confounder. Adjusted for age, married/cohabiting, children, occupational grade, death of relative and/or divorce, previous long-term sickness absence (only cohort-specific analyses), and longstanding illness**

	GAZEL				FPS				Whitehall II				Analysis without previous sickness absence as confounder			
	Men (n=4,104)	Weight	Women (n=1,896)	Weight	Men (n=2,709)	Weight	Women (n=10,169)	Weight	Men (n=2,755)	Weight	Women (n=930)	Weight	Men (n=10,167)	I <sup>2</sup>	Women (n=15,243)	I <sup>2</sup>
High strain, caregiving	1.02 (0.67;1.56)	66%	1.12 (0.83;1.51)	28%	0.71 (0.36;1.40)	25%	1.24 (1.03;1.51)	68%	0.73 (0.23;2.29)	9%	1.17 (0.49;2.81)	3%	0.91 (0.64;1.28)	0%	1.33 (1.15-1.55)	0%
High strain, no caregiving	1.16 (0.90;1.51)	36%	0.95 (0.77;1.26)	26%	1.26 (1.00;1.59)	43%	1.14 (1.03;1.26)	63%	0.91 (0.65;1.29)	21%	0.94 (0.65;1.36)	11%	1.17 (0.95;1.44)	45%	1.14 (1.04-1.24)	0%
No high strain, caregiving	1.08 (0.88;1.32)	57%	1.12 (0.90;1.40)	26%	0.97 (0.74;1.28)	30%	1.19 (1.06;1.34)	69%	1.27 (0.82;1.95)	12%	0.80 (0.48;1.33)	5%	1.06 (0.91;1.24)	0%	1.13(0.97-1.33)	37%
No high strain, no caregiving	1	-	1	-	1	-	1	-	1	-	1	-	1	-	1	-
Multiplicative interaction	0.434	64%	0.825	26%	0.160	26%	0.502	70%	0.505	10%	0.415	4%	P=0.104	0%	P=0.861	0%
Additive interaction, SI	0.08	-	1.71	-	-1.26	-	0.73	-	-1.50	-	-0.65	-	-0.39	-	1.22	-

**Appendix: Table 6. Joint exposure of informal caregiving and job demands/job control on long-term sickness absence. Adjusted for age,**

<b>Meta-analyses separate for demands and control</b>				
<b>Job demands</b>	<b>Men (n=9,661)</b>	<b>I<sup>2</sup></b>	<b>Women (n=13,235)</b>	<b>I<sup>2</sup></b>
High demands, caregiving	0.90 (0.73;1.12)	0%	1.19 (1.05;1.34)	0%
High demands, no caregiving	0.97 (0.81;1.18)	60%	1.05 (0.92;1.20)	39%
Low demands, caregiving	1.09 (0.91;1.31)	0%	1.16 (1.04;1.31)	0%
Low demands, no caregiving	1	-	1	-
Multiplicative interaction	p=0.178	0%	p=0.612	0%
Additive interaction, SI	-1.67	-	0.90	-
<b>Job control</b>	<b>Men (n=9,628)</b>	<b>I<sup>2</sup></b>	<b>Women (n=13,127)</b>	<b>I<sup>2</sup></b>
Low control, caregiving	1.02 (0.82;1.28)	0%	1.28 (1.13;1.44)	0%
Low control, no caregiving	1.22 (1.08;1.38)	0%	1.10 (0.92;1.31)	60%
High control, caregiving	1.18 (0.98;1.41)	0%	1.10 (0.83;1.45)	62%
High control, no caregiving	1	-	1	-
Multiplicative interaction	P=0.023	0%	P=0.837	41%
Additive interaction, SI	0.05	-	1.40	-

**married/cohabiting, children, occupational grade, death of relative and/or divorce, previous long-term sickness absence, and longstanding illness**

## Directed Acyclic Graph (DAG): Informal caregiving and long-term sickness absence

