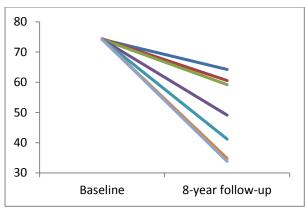
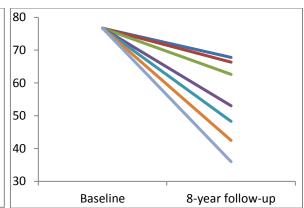
## HRS women

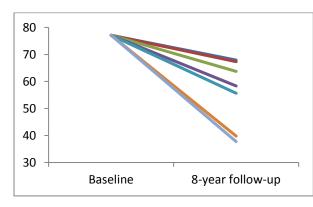
## ELSA women

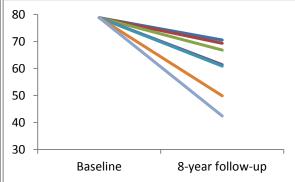




## HRS men

ELSA men





EAT

TOILET

— DIME

CLIMB1

PUSH

- CHAIR

STOOP

## Supplementary Figure 1.

Rate of decline for men and women in both samples for selected measures.

Y-axis represent the scores of the standardized measures and in X-axis represents baseline and eight-year follow up.