

Health, wellbeing & neighbourhood mobility among older people in Great Britain

Dr Jemima Stockton

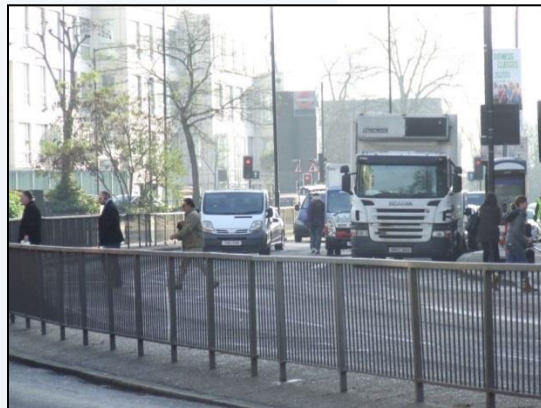
jemima.stockton@ucl.ac.uk



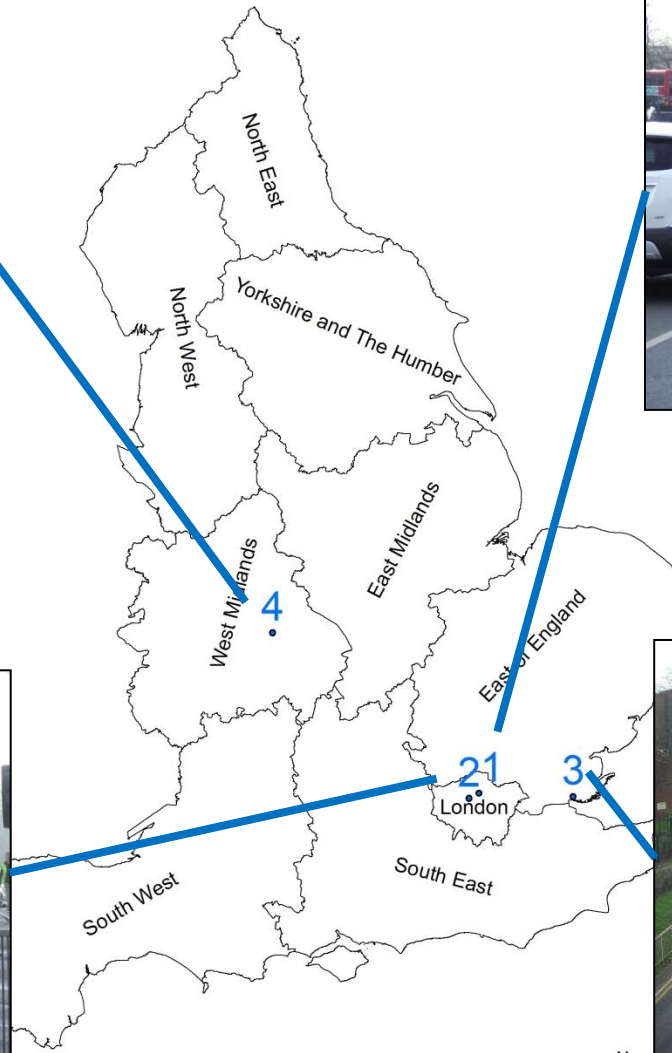
**Stratford Road,
Birmingham**



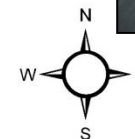
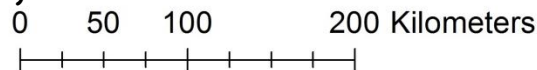
**Woodberry Down,
LB Hackney**



**Finchley Road,
LB Camden**



**Queensway,
Southend-on-Sea**



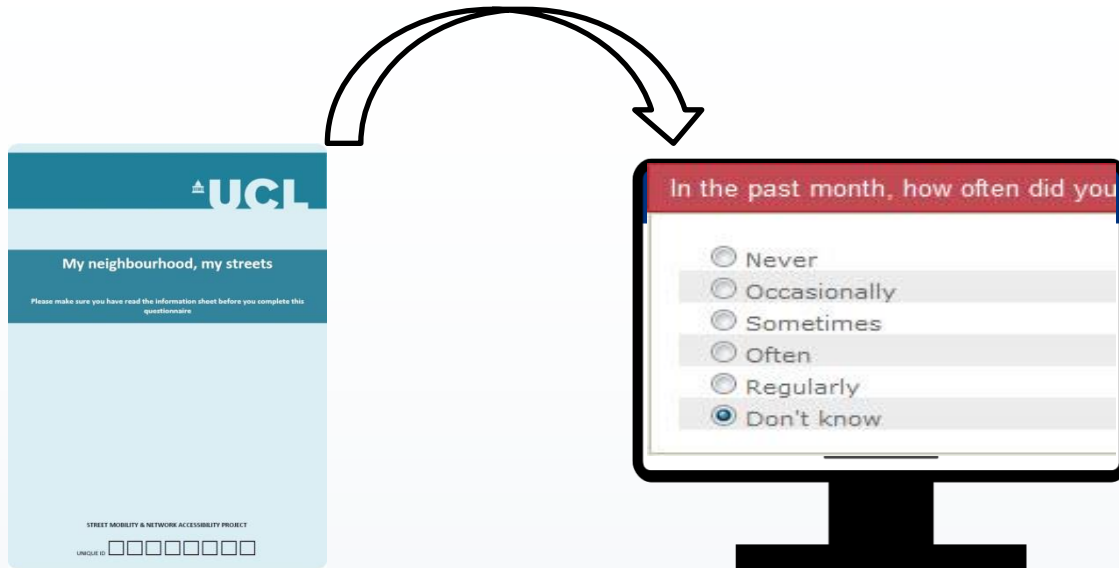


Surveyed a nationally representative sample (4111 people)

...of general population aged ≥ 18 years living in Great Britain (England, Scotland & Wales)

...with internet access

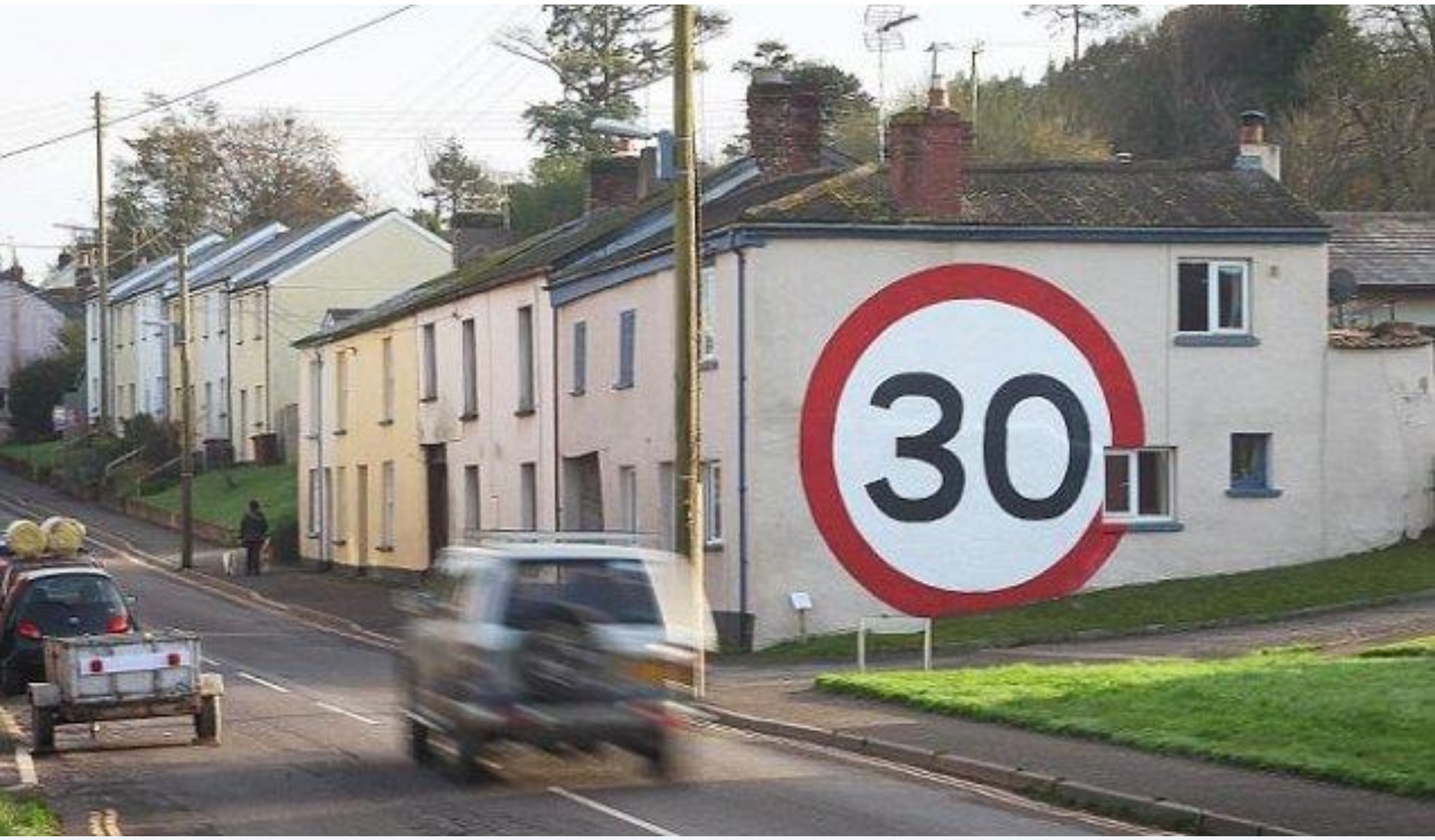
...as part of an online Omnibus Survey



- 9 key questions from Health & Neighbourhood Mobility Survey
- Age, sex etc collected as standard
- Residential location unknown (data protection) BUT Urban/ Rural residence provided



Urban



Rural



Suburban

Thinking about everywhere within a 20 minute walk or about a mile of your home...

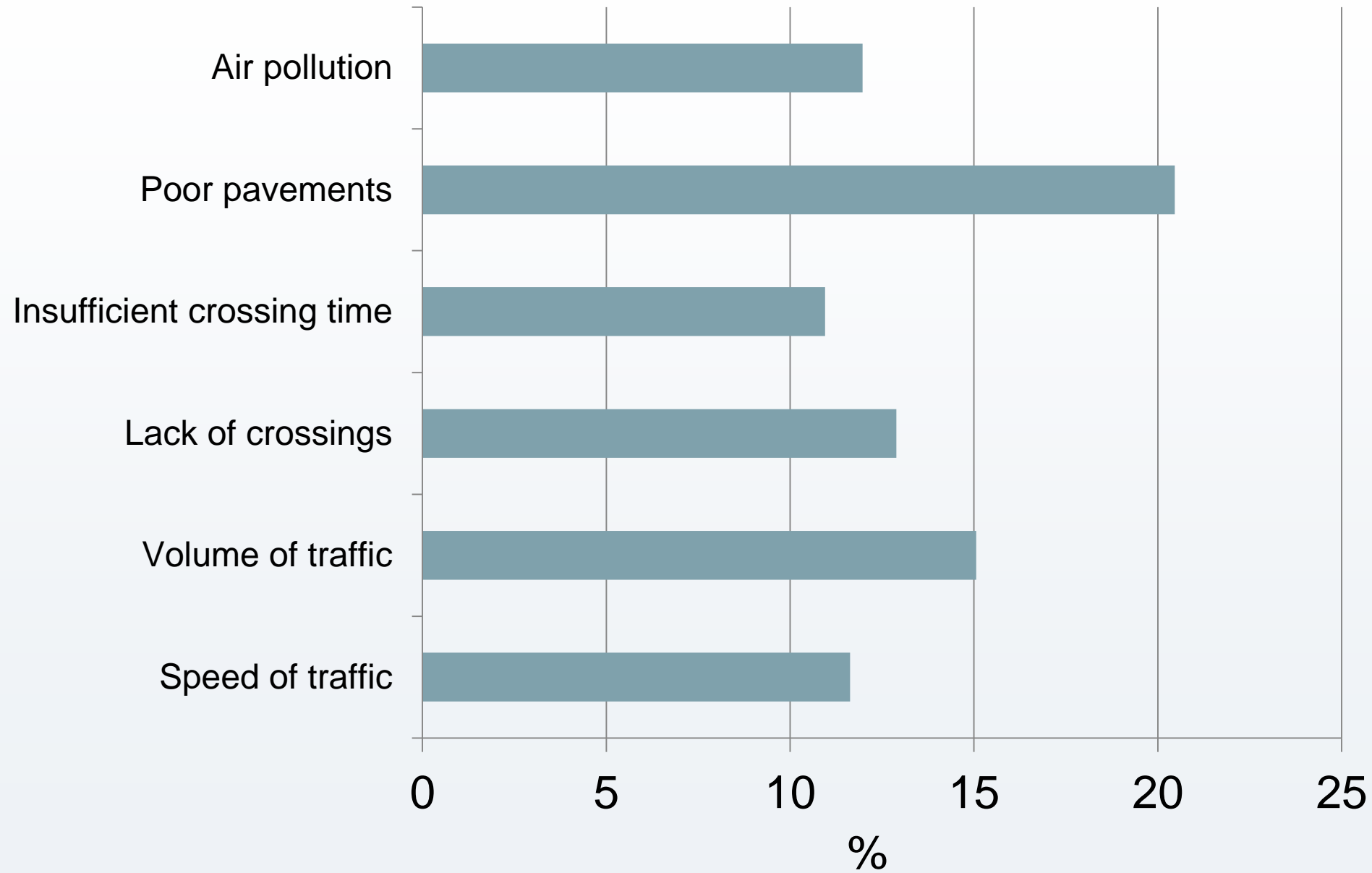
How often, if ever, do the following factors affect your ability to walk to places in your local area?

- Speed of traffic
- Amount of traffic
- Lack of crossing points (for example for nearby roads, railways, or waterways)
- Crossings do not allow adequate time to cross
- Poor pavements or paths
- Air pollution

*Problems **often or always** affecting your ability to walk to places in your local area*

*Among **all** Omnibus participants...*

*Local walking **often or always** affected by problems among ALL*

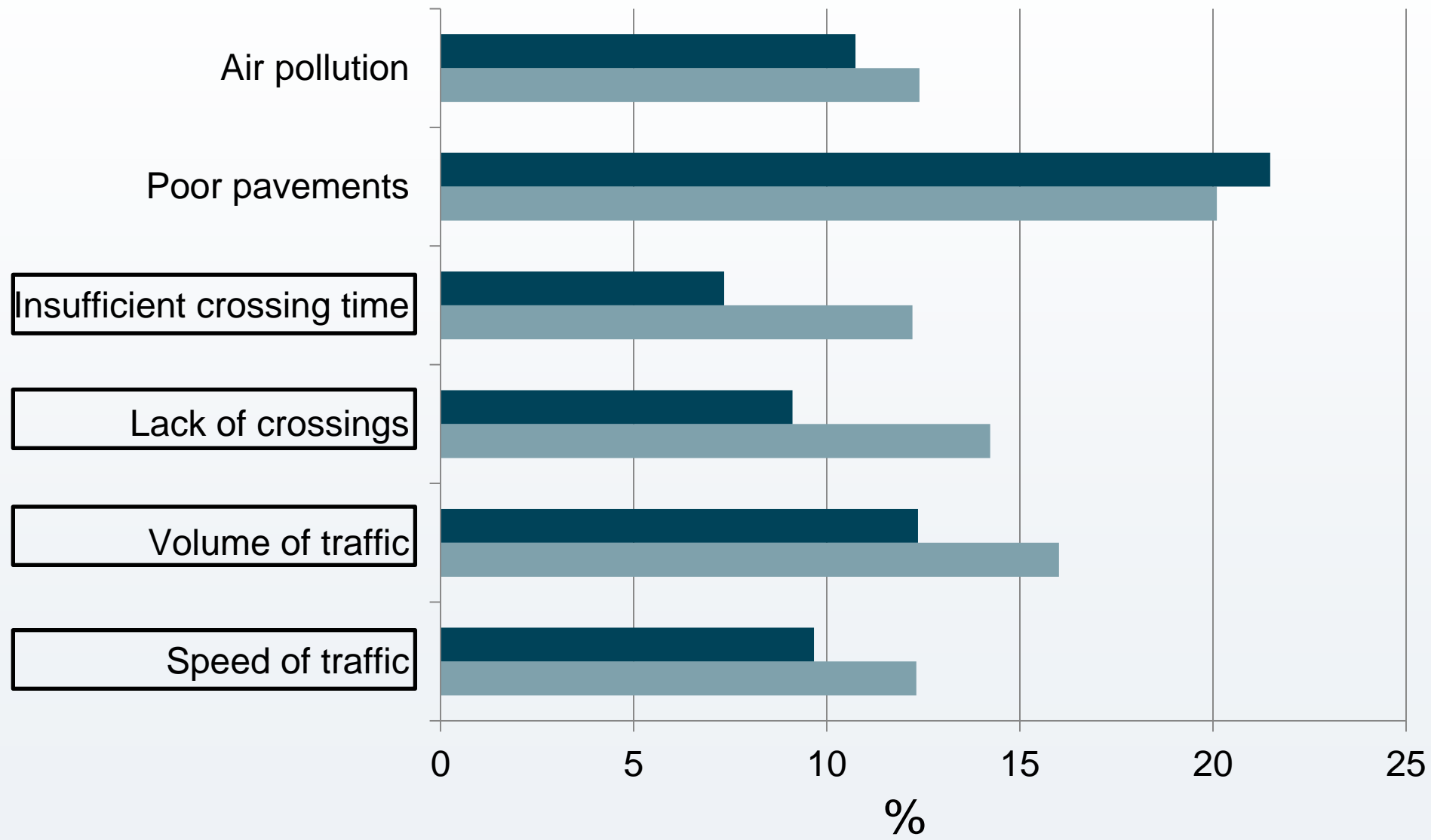


*Problems **often or always** affecting your ability to walk to places in your local area*

by age ...

Local walking often or always affected by problems...by AGE

■ 65≥years ■ <65years

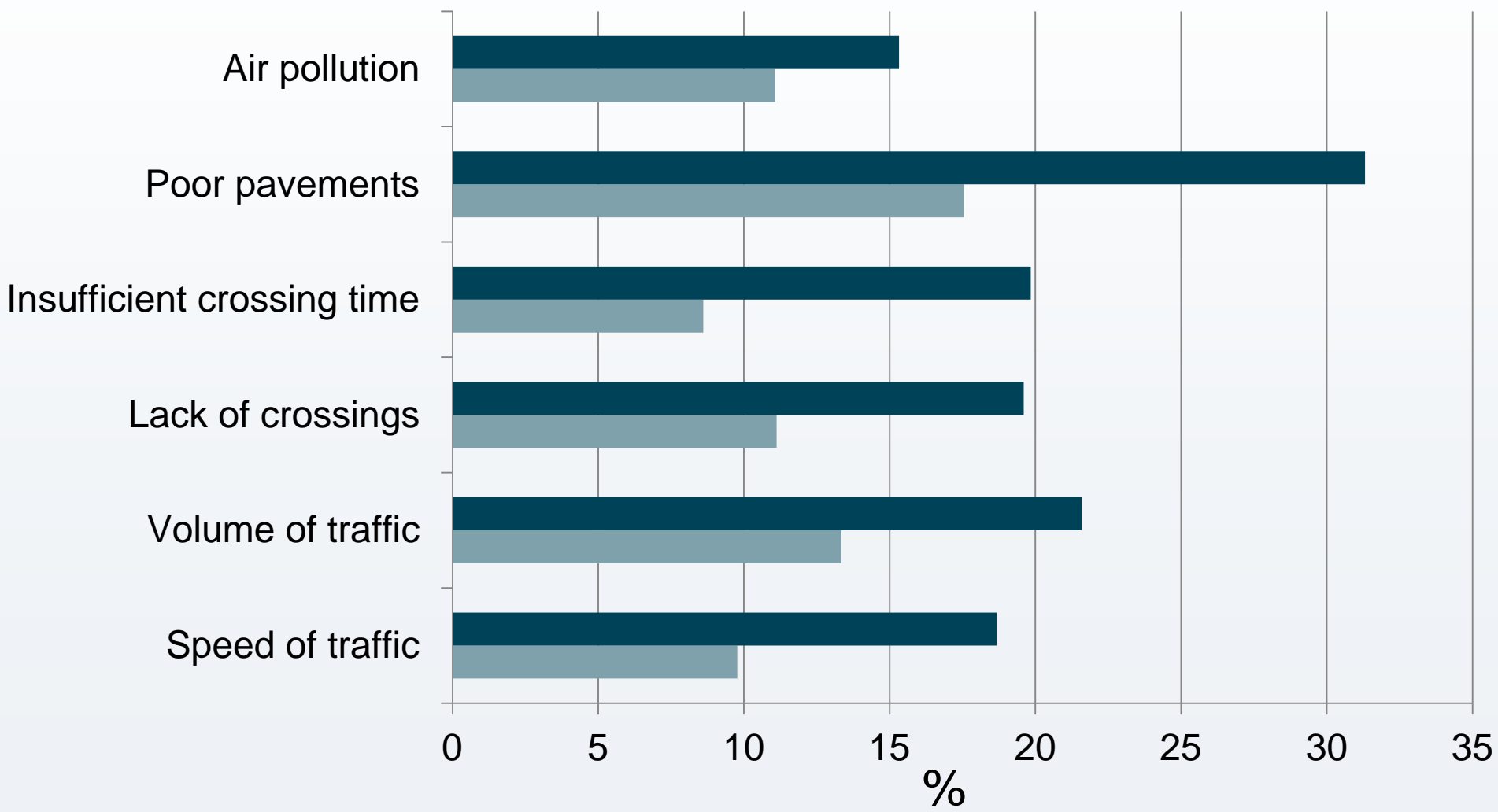


*Problems **often or always** affecting your ability to walk to places in your local area*

by mobility limitation ...

*Local walking **often or always** affected by problems...by
MOBILITY LIMITATION*

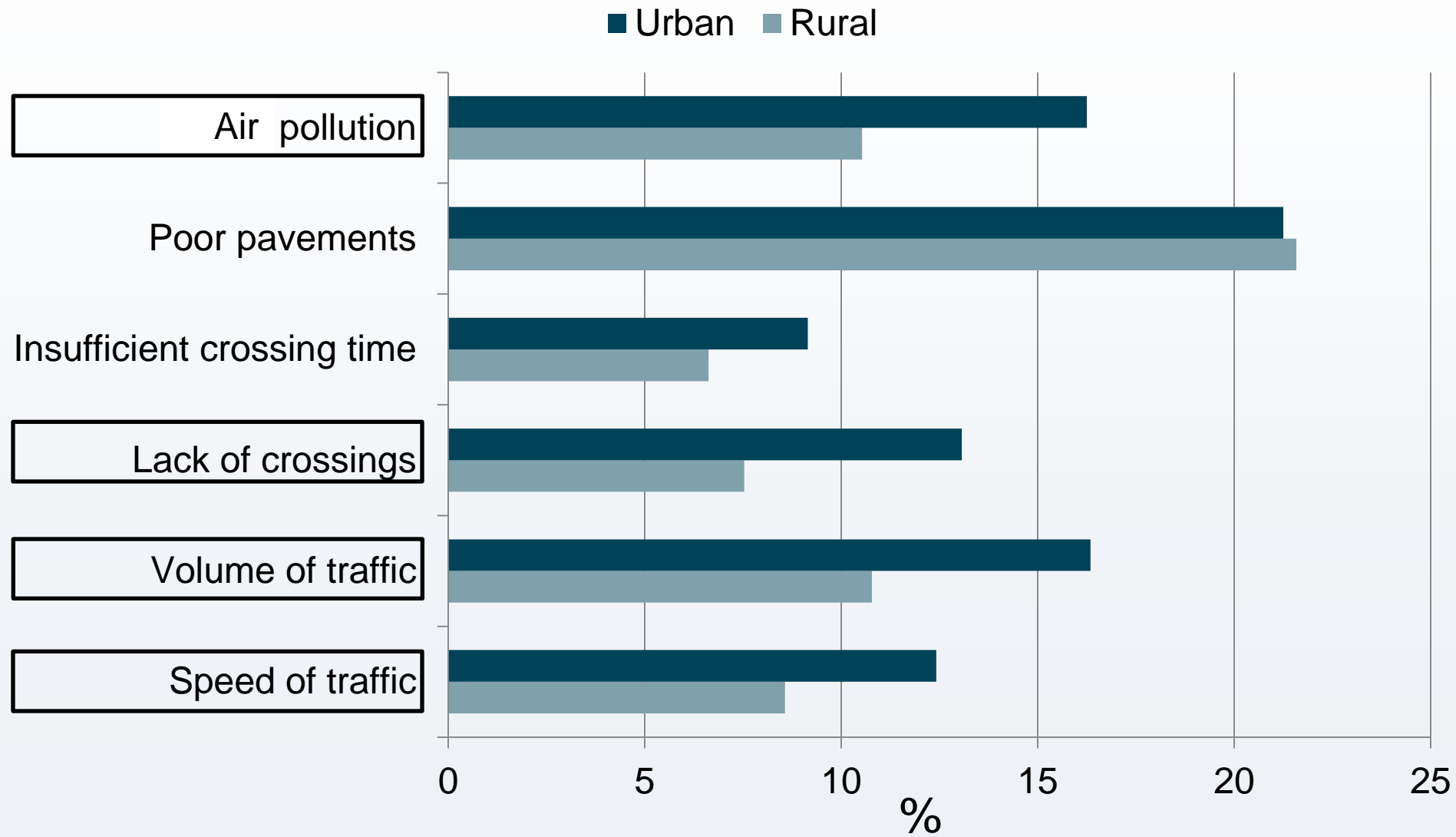
■ Mobility limitation ■ No mobility limitation



Problems often or always affecting your ability to walk to places in your local area

*Among people aged ≥ 65 years
by **Urban/ Rural** residence ...*

*Local walking **often or always** affected by problems among ≥65years...by Urban/ Rural residence*

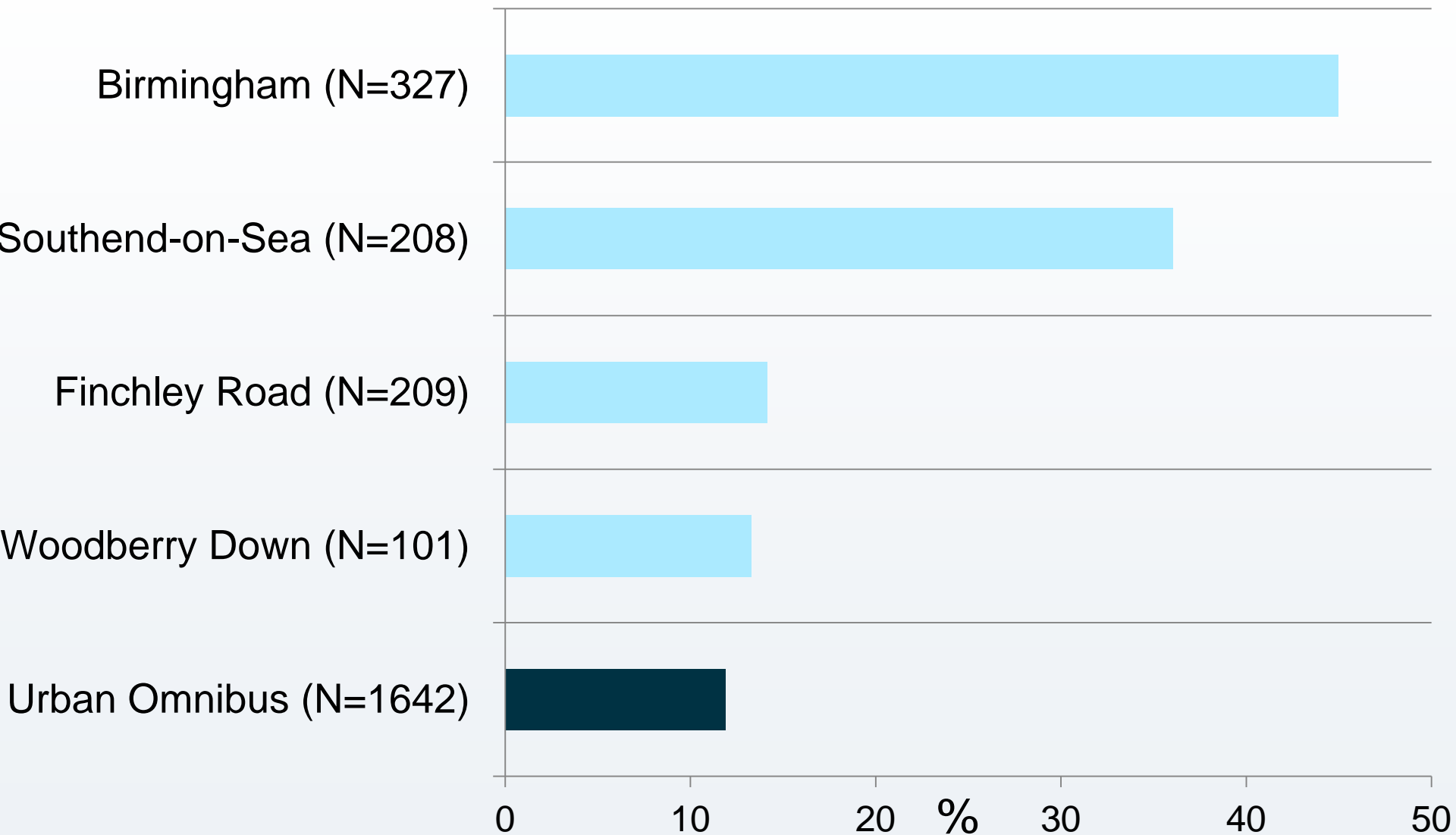


Speed/ volume of traffic

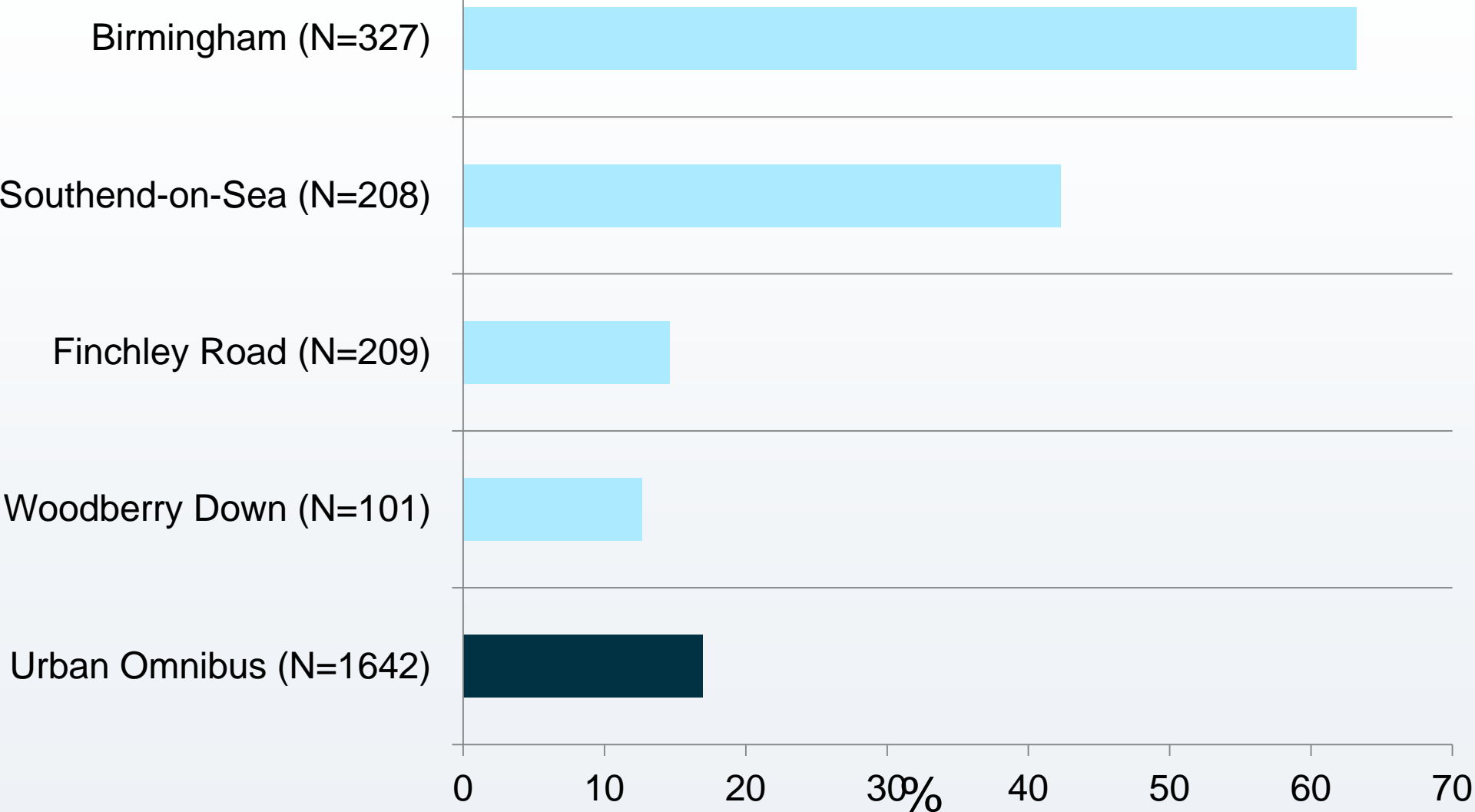
often or always affecting your ability to walk to places in your local area

URBAN Omnibus vs Case study areas...

Often or always affected by SPEED of traffic
Omnibus vs Case study areas



Often or always affected by VOLUME of traffic
Omnibus vs Case study areas



Conclusions

Busy roads may affect some groups more than others,
eg. mobility impaired

Older urban residents more affected than older rural
residents

Case study areas vs Omnibus?

Analyses ongoing