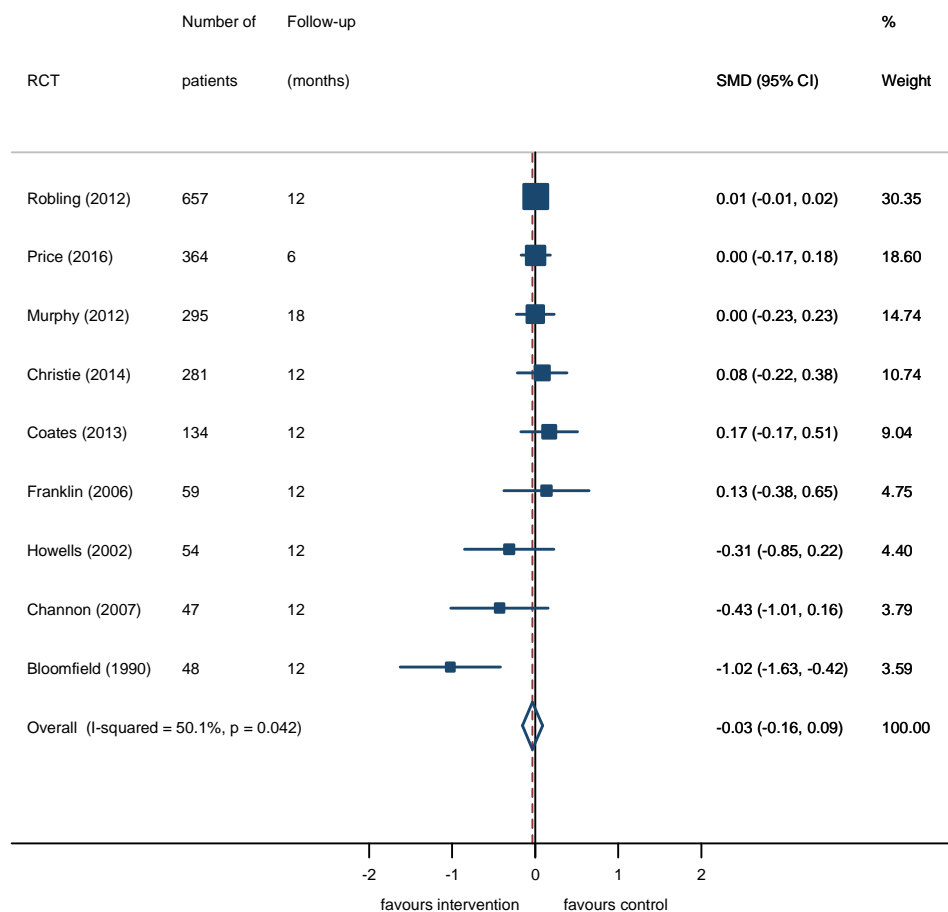
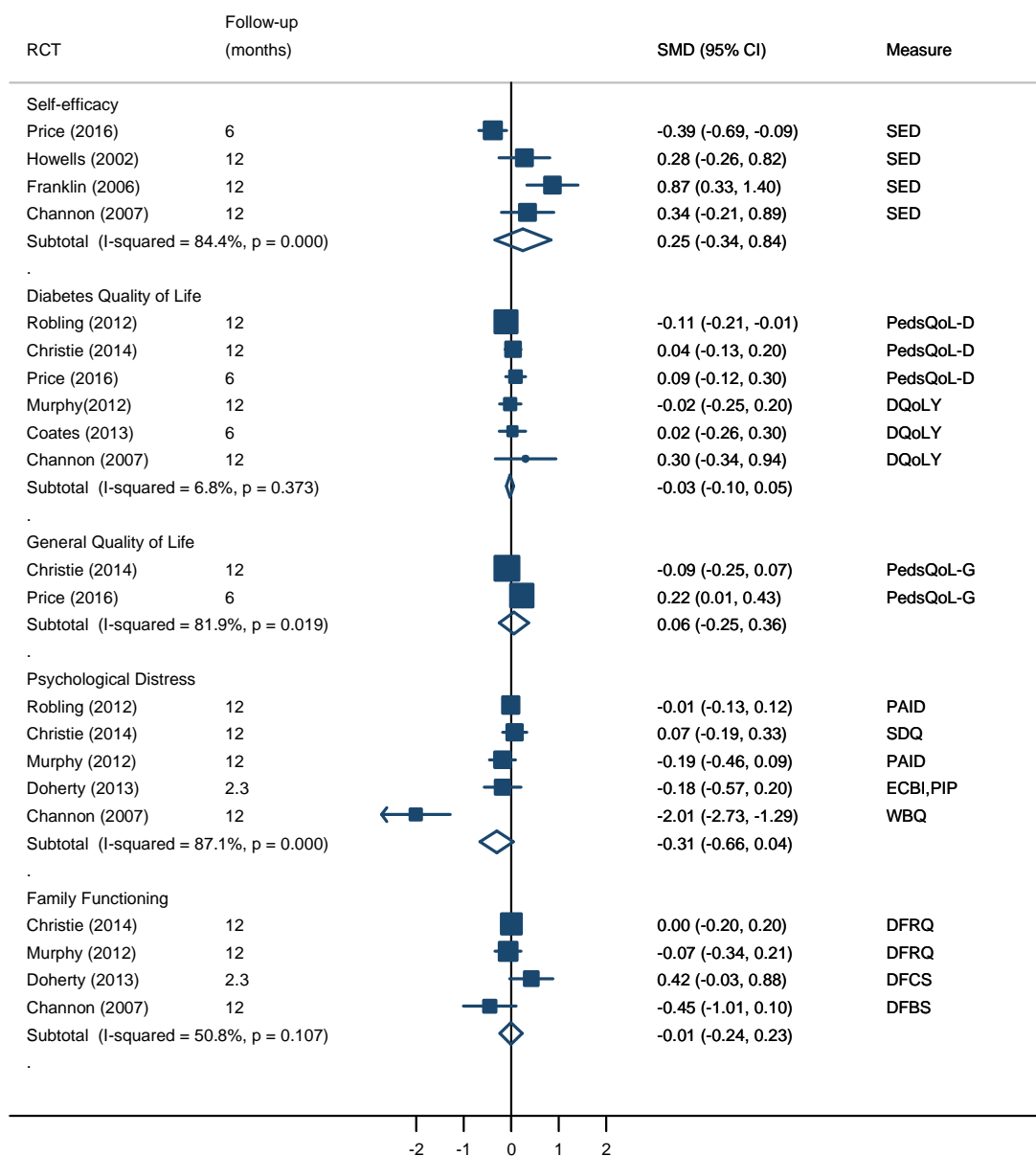


## Supplemental file S3: Sensitivity analysis - Meta-analyses using the shortest available follow-up measurement



**Random effects meta-analysis of change scores in HbA1c (%) in psycho-educational intervention group compared with control group. Intervention effects calculated as Standardised Mean Difference (SMD) with 95% confidence interval. A negative effect indicates improved glycaemic control attributable to intervention.**



**Intervention effects on psychosocial outcomes calculated as Standardised Mean Difference (SMD) of change scores with 95% confidence interval. A positive effect in quality of life, self-efficacy, and family functioning and a negative effect is psychological distress favour intervention. The diamonds show the pooled SMD based on random effects**