

1 **SUPPLEMENTAL DATA**

2 **METHODS**

3 All investigations were part of an ethically approved protocol and/or clinically indicated, being
4 undertaken with parental consent.

5

6 **Biochemical measurements**

7 Free thyroid hormones (FT4, FT3) and TSH were measured using an enhanced chemiluminescence
8 (Roche Eclia) immunoassay. Serum sex hormone binding globulin (SHBG), thyroglobulin and N-
9 terminal pro B-type natriuretic peptide (NT-proBNP) were quantitated using chemiluminescent
10 immunometric (Siemens IMMULITE 2000, Siemens) or immunoassay (Brahms, Thermo Scientific;
11 Siemens Dimension). Since TRIAC cross-reacts with fT3 measurements (1) these results, verifying
12 compliance with treatment, are not shown.

13

14 **Resting energy expenditure and body composition**

15 Resting energy expenditure (REE) was measured by indirect calorimetry using a ventilated canopy
16 (GEM, GEM Nutrition, Daresbury, UK). Body composition and bone mineral density were measured
17 using dual energy X-ray densitometry (DXA), (Lunar Prodigy, GE Medical Systems, Madison, WI).
18 REE was expressed as KJ/min per kg of lean body mass, as measured by DXA.

19

20 **Cardiac parameters**

21 Sleeping heart rate (mean heart rate 2400 to 0600) was computed from a 24-72 hour recording using
22 an accelerometer device (Actiheart, CamNtech, Cambridge, UK); heart rhythm was assessed from 24
23 hour cardiac telemetry. Transthoracic echocardiography (GE Healthcare) recorded standard 2D grey
24 scale images, Doppler parameters and spectral tissue Doppler imaging and these indices were
25 compared with datasets from healthy childhood controls and children with heterozygous RTH β or
26 conventional thyrotoxicosis (2). Cardiac MRI with contrast was performed using a 1.5T MR scanner
27 (Avanto and Sonata; Siemens Healthcare, Erlangen, Germany), with acquisition of retrospectively-

28 gated, steady state free precession cine images acquired in the short axis plane, for ventricular
29 volumetry, and free breathing phase-contrast sequences for flow data.

30

31 **Thyroid Ultrasound**

32 Serial thyroid ultrasound scans were undertaken, with assessment of gland volume using an ellipsoid
33 model, as described previously (3).

34

35 **Molecular Genetic studies**

36 Coding exons of *THRB* were PCR amplified from genomic DNA using specific primers and analysed
37 by Sanger sequencing as described previously (4).

38

39 **Skeletal measurements**

40 Auxological parameters were plotted on charts constructed from data in healthy children from the
41 same ethnic background (5). Bone mineral density measurements were made using quantitative CT
42 (qCT) and high resolution peripheral quantitative CT (HR pQCT, radius and tibia, X-TremeCT 1,
43 Scanco Medical). Results were analysed as described previously and are expressed as a standard
44 deviation score (Z score) by comparison with the mean of an age and gender-matched healthy
45 reference population studied at the MRC Human Nutrition Unit, Cambridge (6).

46

47 **Visual Assessment**

48 Visual acuity was measured using a Snellen chart. Colour vision was assessed using Ishihara plates and
49 the minimal colour test. Retinal function was tested using full-field, photopic, electroretinography
50 (ERG) with a white light stimulus. Imaging of the retina was performed by optical coherence
51 tomography and retinal photography.

52

53 **Audiology**

54 Audiometry was performed with the patient completing a play task in response to frequency-modulated

55 tones. Sound was presented through insert earphones (ER-3A) and bone conductor (Radioear B71)
56 using a PC driven audiometer (Interacoustics Affinity 2.0). Otoacoustic reflexes and tympanometry
57 were also undertaken.

58

59 **Cognitive Function**

60 Neuropsychological assessment was performed with the support of an interpreter. This included
61 selected subtests from the Wechsler Intelligence Scale for Children 4th UK edition (7), the Wechsler
62 Nonverbal Scale of Ability (8), Raven's Coloured Progressive Matrices (9), the Beery-Buktenica
63 Developmental Test of Visual-Motor Integration 6th Edn (10), the Test of Everyday Attention for
64 Children (11) and the NEPSY-II developmental neuropsychological assessment (12). Behavioural
65 functioning was evaluated using parent report on the Adaptive Behavior Assessment System 2nd
66 Edition (13), the Behavioural Assessment System for Children, Second Edition (14), the Children's
67 Communication Checklist (15), and the Conners 3rd Edition questionnaire (16).

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69 **Supplemental References**

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124 **Supplementary Figure 1: Bone Age determination and high resolution peripheral quantitative**
125 **CT scan (HR pQCT) in patient.**

126 A skeletal radiograph (Panel A), showing variably delayed bone age (carpal bones 8 yrs, distal ulna 5
127 yrs, phalanges 9yrs) in the patient. Three dimensional reconstruction and cutaway of the distal tibia
128 from proband and a healthy male control of similar age (Panel B), showing marked reduction in
129 trabecular bone density, with quantitation of this at tibia and radius below.

130

131 **Supplementary Figure 2: Electroretinography in the patient and normal subject.**

132 Full field electroretinography assesses the global function of the retina. The columns refer to the
133 stimulus strength in cd.s/m² and the adaptive state of the eye (DA - dark adapted, rod system
134 dominated; LA - light adapted, cone system dominated) and are to single flashes of white light, other
135 than the LA 30Hz recording, which shows the response to a rapidly flashing stimulus. These four
136 responses, based upon the minimum recommended by the International Society for Clinical
137 Electrophysiology of Vision, were recorded with peri-orbital electrodes as previously described (17).
138 In general terms, the a-wave reflects predominantly photoreceptor function, the b-wave arising at an

139 inner retinal level, predominantly in the retinal bipolar cells. For comparison, electrophysiological
140 responses from a normal subject (N) are shown in the bottom row. RE; right eye, LE; left eye.

141

142 **Supplementary Figure 3: Audiogram**

143 Bone (red brackets) and air conduction (red circles) are normal on the right side, but there is a
144 difference in thresholds between air and bone conduction on the left side (air conduction shown by
145 blue crosses, bone conduction by blue brackets), signifying mild conductive hearing loss on this side.

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