Current detection rates and time-to-detection of all identifiable *BRCA*-carriers in the Greater London population

*Ranjit Manchanda^{1,2,3}, Oleg Blyuss^{4,5}, Faiza Gaba^{1,2}, Vladimir S Gordeev⁶, Chris Jacobs^{7,12}, Matthew Burnell⁴, Carmen Gan², Rohan Taylor⁸, Clare Turnbull¹, Rosa Legood⁹, Alexey Zaikin⁴, Antonis C Antoniou¹⁰, Usha Menon³, Ian Jacobs¹¹

¹Barts Cancer Institute, Queen Mary University of London, Old Anatomy Building, Charterhouse Square, London, EC1M 6BQ, UK

²Department of Gynaecological Oncology, St Bartholomew's Hospital, London, UK, EC1A 7BE

³Gynaecological Cancer Research Centre, Department of Women's Cancer, Institute for Women's

Health, University College London, 149 Tottenham Court Road, London, UK, W1T 7DN.

⁴Department of Mathematics and Department of Women's Cancer, University College London, UK

⁵Wolfson Institute of Preventive Medicine, Queen Mary University of London, UK

⁶Department of Infectious Disease Epidemiology, London School of Hygiene & Tropical Medicine, London, WC1E 7HT, UK

⁷Dept Clinical Genetics, Guy's Hospital, London SE1 9RT, UK

⁸South West Thames Molecular Genetics Diagnostic Laboratory, St George's University of London, Cranmer Terrace, London SW17 ORE, UK

⁹Department of Health Services Research and Policy, London School of Hygiene & Tropical Medicine, London WC1H 9SH, UK

¹⁰Centre for Cancer Genetic Epidemiology, University of Cambridge, Strangeways Research Laboratory, Worts Causeway, Cambridge, CB1 8RN, UK.

¹¹University of New South Wales, Australia, Level 1, Chancellery Building, UNSW Sydney NSW 2052
 ¹²University of Technology Sydney, Australia, NSW 2007

Corresponding author-

Dr Ranjit Manchanda Barts Cancer Institute, Queen Mary University of London, Old Anatomy Building, Charterhouse Square, London, EC1M 6BQ, UK Department of Gynaecological Oncology Fax: 0203 594 2792 Email: <u>r.manchanda@qmul.ac.uk</u>

Running Title

Current detection rate and time to detection of all BRCA carriers

Key Words:

BRCA1, BRCA2, genetic testing, time to detection, prediction, detection rate

Word Count: 3346

ABSTRACT

Background

BRCA-carrier identification offers opportunities for early-diagnoses, targeted treatment and cancer prevention. We evaluate *BRCA*-carrier detection rates in General and Ashkenazi-Jewish(AJ) populations across Greater-London and estimate time-to-detection of all identifiable *BRCA*-carriers.

Methods

BRCA-carrier data from 1993-2014 were obtained from NHS genetic-laboratories and compared with modelled predictions of *BRCA*-prevalence from published literature and geographical data from UK Office-for-National-Statistics. Proportion of *BRCA*-carriers identified was estimated. Predictionmodels were developed to fit *BRCA*-detection rate data. *BRCA*-carrier identification rates were evaluated for an "Angelina-Jolie effect". Maps for four Greater-London regions were constructed and their relative *BRCA*-detection rates compared. Models developed were used to predict future time-to-identify all detectable *BRCA*-carriers in AJ-&-general populations.

Results

Till 2014, only 2.6%(3072/111742 estimated) general-population and 10.9%(548/4985 estimated) AJpopulation BRCA-carriers have been identified in 16,696,608(AJ=190,997) Greater-London population. 57% general-population and 54% AJ mutations were identified through cascade-testing. Current detection rates mirror linear-fit rather than parabolic-model and will not identify all *BRCA*carriers. Addition of unselected ovarian/triple-negative breast cancer testing would take >250 years to identify all *BRCA*-carriers. Doubling current detection rates can identify all 'detectable' *BRCA*carriers in the general-population by year 2181, while parabolic and triple-linear rates can identify 'detectable' *BRCA*-carriers by 2084 and 2093 respectively. The linear-fit model can identify 'detectable' AJ carriers by 2044. We did not find an Angelina-Jolie effect on *BRCA*-carrier detection

rates. There was a significant difference in *BRCA*-detection rates between geographical regions over time (p<0.001).

Conclusions

The majority of BRCA-carriers have not been identified, missing key opportunities for

prevention/earlier diagnosis. Enhanced and new strategies/approaches are needed.

Introduction

Mutations in *BRCA1/BRCA2* genes are associated with a high-risk of breast (BC) and ovarian cancer (OC) in women, as well as elevated risk of prostate and male-BC in men.[1, 2, 3] Identifying carriers is important because it offers the opportunity of early diagnosis and/or prevention to reduce the burden of *BRCA*-associated cancers in the population. Additionally, *BRCA*-carriers who develop cancer can be offered new targeted treatments such as PARP-inhibitors. For known mutation carriers there are a number of risk management options like preventive surgery for BC/OC,[4, 5] screening for BC,[6] chemoprevention with selective estrogen-receptor modulators,[7] lifestyle and reproductive advice incorporating breast feeding, contraception and opportunity to inform reproductive decision-making, including preimplantation genetic-diagnosis.[8, 9] The importance of prevention is magnified by the increasing costs of new drugs/treatment and persistent poor OC-survival rates. Additionally the number of OC and BC cases are expected to rise by 27% and 24% respectively in the UK; and 55% and 55% respectively globally by 2035, leading to an increase in overall burden of disease.[10]

Over the years health services have provided *BRCA1/BRCA2* -testing using predominantly familyhistory (FH) based clinical-criteria, with testing offered through specialised genetic services at *BRCA1/BRCA2* mutation probability thresholds of initially 20% and subsequently this was reduced to a probability threshold of 10%.[11, 12] Several risk-models/clinical-criteria[13, 14, 15] are widely used to calculate these probabilities to identify individuals eligible for testing. This strategy is dependent on people and their doctors being aware of their FH and acting on it, accuracy of FH, communication within/between families and timely referrals to clinical genetics.

To date the performance of a health-service in detecting *BRCA1/BRCA2* mutations compared to the estimated prevalence for an entire population in a large geographical area has not been assessed. We report on the *BRCA1/BRCA2* detection-rates across the entire Greater-London and bordering areas population since National-Health-Service (NHS) testing began from 1995-to-2014. We evaluate

the carrier identification rate across four geographical areas covered by NHS London regional genetic-services (RGS). We also for the first time forecast the time to pick up all identifiable *BRCA1/BRCA2*-carriers in the Greater-London and bordering areas population using current clinical protocols. These analyses are undertaken separately for both AJ and non-AJ general-populations.

Methods

Data on *BRCA1/BRCA2*-carriers identified by genetic-testing through the NHS London genetics laboratories between August-1993 and November-2014 were obtained from laboratory records and databases. This included date of test, carrier postcode, AJ-ethnicity (self-reported) and mutated gene (*BRCA1/BRCA2*).

The first stage was to map the number of carriers identified in London by NHS providers over this period. In London, four NHS RGS and an independent NHS cancer-genetics centre provide clinical-genetics care to a Greater-London and bordering areas population. Each of the four RGS covers a distinct area (A,B,C,D) comprising of a set of different postcode-sectors.[16] People are referred to the relevant RGS depending on their postal-address that falls in one of the postcode-sectors. The independent NHS genetics-centre received referrals from all four areas (A,B,C,D). We constructed the map of these four coverage areas (A,B,C,D) based on postcode-sectors, using ArcGIS 10.4 software (Figure –1). Postcode-data of identified carries was matched to all known Greater-London and bordering areas postcodes in areas A,B,C,D. *BRCA*-carriers identified by the genetic laboratories from outside these four catchment-areas, were excluded from the analysis.

These detection-rate data were compared to modelled estimates of the number of carriers in each area. Incorporating information from improved/contemporary sequencing technologies, updated mutation pathogenicity and modifications in penetrance, we recently estimated that *BRCA1+BRCA2* prevalence in the general-population to be 0.00677(CI:0.0059-0.0077).[17] These estimates are in

line with data from cancer-free women controls from the Australian Lifepool study.[18] Ashkenazi-Jewish (AJ)-population data were obtained from our GCaPPS study which found *BRCA*-prevalence to be 0.0261(0.0173-0.0378).[19] A number of *BRCA*-carriers are missed by current clinical-criteria which are based on risk levels determined by FH. Recent estimates suggest only approximately 50% of general and 44% of AJ *BRCA1/BRCA2*-carriers[19] are 'detectable' using current clinical-genetics criteria. Population density data by boroughs and postcodes in the mapped Greater-London areas were obtained from the Office-for-National-Statistics (ONS) database. Data were obtained separately for both AJ and non-AJ general-populations. The Greater-London population served by the NHS RGS was estimated to be 16,696,608, of whom 190,997 are self-reported AJ (2011, ONS census).[20] Thus the detectable number of *BRCA1/BRCA2* carriers in the general-population is=16505611*0.00677*0.5 [CI:16505611*(0.0059)*0.5; 16505611*(0.0077)*0.5]. The identifiable number of *BRCA1/BRCA2* carriers in the AJ-population is=190997*0.0261*0.44 [CI:190997*(0.0173)*0.44; 190997*(0.0378)*0.44].

To forecast the length of time from 2015 onwards it would take to detect all carriers using current clinical-criteria we first plotted detection curves of the number of carriers detected by time (Figure-2). We then developed two different prediction models (Parabolic and Linear) in the general-&-AJ populations to fit the *BRCA*-carrier detection-rate data in the four geographical catchment-areas (A,B,C,D). The first parabolic-model (equations below) fits the entire data set and reflects the dynamics of all carriers detected per year since testing began. However, detection rates appear constant for the last 6-8 years. The second linear-model (equations below) is fitted only for part of the data where the detection-slope became close to constant, i.e. from year 2008 onwards for the general population and 2006 onwards for the AJ-population (Figures:2a,2b). The models were then used to predict time taken to identify all 'detectable' *BRCA*-carriers in the general-&-AJ populations from the year 2015 onwards. The modelling takes into account the change in population over time.

census.[20, 21] Census data indicate the general-population would increase by 93,334/year and the AJ-population would decrease by 394/year across geographical areas A,B,C,D.

For the general-population, parabolic-fit for total *BRCA*-carriers detected is y = 277.67 - 124.76 * x + 10.98 * x² (where *x*=1-year step from Jan-1993). While for the linear-fit, y = 668.3 + 313.7 * x (where *x*=1-year step from Jan-2008) curve provided best-fit for the data. For the AJ-population, the parabolic-fit was y = 7.271 - 10.12 * x + 2.128 * x², where *x*=1-year step from Jan-1996, while for the linear-fit, y = 91.67 + 52.07 * x approximated the data best, where *x*=1-year step from Jan-2006. Figures-2a,2b show linear/parabolic function curves fitting the data. In addition to the linear-fit which reflects current detection-rate, the time taken with doubled and tripled detection-rates compared to the current linear-rate were also explored for general-&-AJ populations. Precise date-of-detection was missing for 163(5.5%) general-population carriers and these were excluded from model development.

The relative detection-rates observed for people living across the four geographical-areas A,B,C,D (adjusted for total-population in each area) were compared over time. Mann-Whitney test was performed for the carriers detected in quarter-year windows, adjusted for the total-population in each of the four geographical-areas A,B,C,D. A sensitivity-analysis was also undertaken assuming missing RGS-status data from each genetic laboratory is distributed amongst the four areas in the same proportion as available data (Supplementary Table-S1).

Angelina Jolie's publicised decision to undergo a risk-reducing mastectomy created a media storm and public frenzy around *BRCA*-testing. We evaluated our data for an "Angelina Jolie" effect: change in detection-rate after she underwent risk-reducing mastectomy on 16.02.2013.

<u>Results</u>

Between 1993 and 2014 NHS genetic laboratories identified 3297 *BRCA1/BRCA2* carriers in the general-population and 575 in the AJ-population. 27 AJ and 225 general-population *BRCA*-carriers

lived outside the RGS catchment areas and were excluded. Date of detection was available for 2916 of 3072 general and 548 AJ carriers residing in Greater-London/bordering areas. Of these 57%(1589/2798) general and 54%(266/491) AJ mutations were identified through cascade-testing (testing a known mutation in the family). Three general-population and six AJ-carriers had mutations in both *BRCA1-&-BRCA2* genes. Overall 51%/62% *BRCA1* and 49%/37% *BRCA2* carriers belonged to general/AJ populations respectively. The *BRCA*-carrier detection curves over time for general-&-AJ populations are given in Figure-2a, Figure-2b respectively. The estimated 'total' prevalence of *BRCA*carriers in Greater-London (areas:A,B,C,D) is 111742(CI:97383,127093) in the general-population and 4985(CI:3304,7220) in the AJ-population. Of these the 'detectable' number using clinical-criteria is estimated as 55872(CI:48692,63547) in the general and 2193(CI:1454,3177) in the AJ-population respectively. The residual 55870 general and 2792 AJ carriers remain undetectable.

Figure-1 shows a map of the Greater-London and bordering postcodes lying within the four geographical areas A,B,C,D. Table-1 provides the overall population and estimated carrier distribution across these four areas. Figure-3 and Figure-4 depict the forecasting models of the time-to-detect the remaining *BRCA*-carriers from 2015 onwards for the general and AJ-populations respectively across the greater London-&-bordering areas. Each figure shows outcomes of linear and parabolic models and also where the linear-rate is doubled or tripled. Line-'a' reflects the total estimated carriers in the population and Line-'c' reflects the 'detectable' carriers. 'Line-a'-'Line-c' denotes the unidentifiable pool of *BRCA*-carriers using FH-based clinical-criteria. The current NHS detection-rate mirrors the linear function as the slope is near constant over the last 8years (Figures:2a,2b). Continuing at the current 2014 NHS detection-rate, will not be able to identify the 'detectable' *BRCA*-carriers by the year 2181 (CI:2141,2228), while the parabolic and triple-linear rates can identify the 'detectable' *BRCA*-carriers in the population by 2084 (CI:2077,2091) for parabolic or 2093 (CI:2077,2112) for tripled-linear rate. The current detection-

rate for AJ-carriers will identify 'detectable' carriers by 2044 (CI:2032,2060), while doubling this linear-rate can do so by 2025 (CI:2019,2034).

The detection-rates of *BRCA*-carriers over time across the four-areas A,B,C,D are plotted in Supplementary-Figures-S1a,S1b for general-&-AJ populations respectively. Corresponding RGS-area status information was missing for 22(4%) AJ and 675(23%) general-population *BRCA*-carriers. Hence, the analysis comparing rates across different areas A,B,C,D is limited to 96% AJ and 77% general-population carriers. Comparisons of the mean-performance in quarter-year windows (as a ratio from all detectable carriers) are presented in Table-2. There was a significant difference in *BRCA*-carrier identification rates amongst people living across the four-areas A,B,C,D over time.

Although we saw a numerical increase in the average quarter-year *BRCA* detection-rates in the 18months after compared to 18months before "Angelina Jolie's" mastectomy, this was not statistically significant for either the general (100 vs 85.7,p=0.059) or AJ populations (13 vs 12.8,p=0.612).

Discussion

We for the first time report on NHS *BRCA*-carrier identification-rates across the Greater-London/bordering population over time. Over the years, only 2.6% of total estimated-carriers and 5.1% of detectable-carriers have been identified in the general-population. Greater success has been achieved in the AJ-population with 10.9% of total-estimated and 24.9% of detectable AJ-carriers being identified. Nevertheless, the significantly large majority of *BRCA*-carriers at high-risk of cancer remain to be identified. Although the parabolic-model has a steeper curve and quicker detection than the linear-model, the current detection-rates mirror a linear-slope far more rather than a parabolic one. Continuing at the 2014 identification-rate, the NHS is unable to identify the 'detectable' pool of *BRCA*-carriers in the general-population, while it will take 30years to identify the 'detectable' *BRCA*-carriers in the AJ-population. However, we expect the current detection rates to increase given the lowering of the *BRCA1/BRCA2* probability threshold for genetic-testing to 10% in 2013 and the recent introduction of mainstreaming of *BRCA1/BRCA2* testing for OC-cases. The full

impact of this will emerge over the next few years and is therefore probably underestimated in our base case analysis. Nevertheless, even if the rate doubled it will take ~167 years to identify the detectable pool of *BRCA*-carriers and if it tripled it could still take 79years, with an exponential parabolic increase making it 70years to identify 'detectable' *BRCA*-carriers in the general-population. To expect a tripling or exponential increase is unrealistic. Most of the carriers who do not fulfil FHbased clinical-testing criteria will however remain undetected. Various reasons for historic lower detection-rates include poor performance characteristics of clinical-criteria (limited sensitivity), less sensitive molecular tests, paternal inheritance, small family-size, incomplete penetrance, poor communication within/between families, population migration, poor physician/health-professional awareness, poor referral guideline implementation by non-genetic/primary-care clinicians, limited public awareness and population preferences.[19, 22] The rate-of-detection currently being achieved is not adequate to maximise *BRCA*-carrier identification for cancer screening and prevention.

Around 10% epithelial-OC[23] (84% of OC)[24] and 9.8% triple-negative(TN) BC[25] (13.5% of BC)[25] unselected for FH have *BRCA*-mutations. Testing is now advocated in them from 2015 in the UK.[26] This approach will also enable identification of *BRCA*-carriers lacking a strong FH. Our study population comprises 26.4% of the UK population.[20] Assuming proportionate UK annual OC-&-BC incidence in our population (OC-incidence=0.264*7400; TNBC-incidence=0.264*55200)[27, 28] and two additional carriers identified from cascade testing[29] for each index-case, we incorporated the additional impact of testing all epithelial-OC and TNBC in the models to detect 'total' *BRCA*-carriers in the population. Addition of testing epithelial-OC/TNBC at cancer diagnosis to current detection-rates, will take >250years (2286) to identify the 'total' *BRCA*-carriers in the general-population. Coupled with the doubled-linear fit, tripled-linear fit and parabolic-fit, 'total' *BRCA*-carriers could be detected by 2226, 2181, and 2128 respectively. Hence, even if 'everyone' is tested at cancer diagnosis, it will take an inordinately long time to identify all at-risk *BRCA*-carriers.

Our study has a number of advantages. We incorporate data since NHS BRCA-testing began. We use most recent estimates of BRCA1/BRCA2 mutation frequencies for the AJ[19] and generalpopulations, [17] and incorporate the potential change in population size over time. Limitations include exclusion of any BRCA-testing in the private sector. Unfortunately these data are unavailable/inaccessible. However, most BRCA-testing in the UK health-system is undertaken through the NHS. The private health-sector is miniscule compared to the public NHS. According to the King's fund only ~11% of UK-residents have some private medical insurance. However, that does not equate to 11% of BRCA-testing being done privately and the proportion of private BRCA-testing is probably much lower. A sensitivity-analysis assuming 11% additional BRCA-carriers identified through other sources indicates that doubling or tripling the linear-model would detect generalpopulation carriers by 2146(CI:2116,2185), or 2080(CI:2067-2095) respectively. Additionally all identifiable AJ BRCA-carriers could be detected by 2040(CI:2029-2055). This does not majorly shift the time-to-detection estimates predicted using our models. We cannot account for predictivetesting undertaken by family members living outside London. However, the analysis incorporates cascade-testing of London-based individuals whose familial mutation may have been diagnosed outside London. Unlike some reports we did not find an 'Angelina Jolie' effect translating to a higher carrier detection-rate.[30] Nevertheless, this is consistent with other findings of increased genetictesting referrals from the worried well, with many not fulfilling testing criteria.[31]

Our analysis is not limited/restricted by age of testing. Our data set had anonymised data without date of birth or age distribution of carriers. This may be considered as a limitation by others. However, predictive pre-symptomatic testing for *BRCA* mutations is currently offered in the UK from the age of autonomous consent i.e. 18 years.[32, 33, 34] This is consistent with many international guidelines.[35, 36, 37, 38, 39] This is a time series analysis spanning up to 250 years in the prediction models. Within 18 years' time someone who is <1 year old will become eligible for testing. Limiting

testing to say ≥30 years in our view is a paternalistic approach. Potential clinical benefits for testing between the ages of 18 and 30 years include, the opportunity to make contraceptive, lifestyle and reproductive choices including PGD that can minimise risk. Earlier awareness can help decision making in some women who may choose to complete their families earlier so as to have timely surgical prevention later. Taking the pill at younger ages (rather than >30), at a lower absolute risk of breast cancer will have a lower detrimental impact on breast cancer risk while providing the benefit of ovarian cancer risk reduction. Experience from clinical practice as well as our population testing research trials support and show acceptability of genetic testing from 18 years.[19, 40, 41] There is no upper age limit for BRCA testing in the UK. The annualised risk of developing ovarian cancer is 1 % per annum in the older age group. The average life expectancy in women is 85 years, and statistically this is even greater in older women. Hence the residual risk is still high enough to offer surgical prevention and many older women >70-75 years attending our clinics opt for this. 40% of ovarian cancers occur in the >70 age group and 28% in the >75 years age group.[42] BRCA carrier identification even in older women offers the opportunity for predictive/cascade testing for other unaffected family members with implications for screening/prevention and cancer risk-reduction. Additionally this has implications for their care with respect to improving survival through use of drugs like PARP inhibitors. Hence, for these reasons we feel the analysis should not be restricted by age.

Our data show regional differences in identification of *BRCA*-carriers across London. Identificationrates were higher amongst AJ and general-population people living in C-&-D postcode-sectors than those within areas A-&-B. A limitation of the analysis is incomplete RGS data for 23% generalpopulation carriers. However, a sensitivity-analysis assuming proportionate attribution of RGS to these 23% carriers detected does not change the variation in carrier identification rates observed between different London regions (Supplementary-Table-S1, Figures-S2,S3). The precise reasons for why apparently more people living in areas C-&-D come forward for testing compared to areas A-&-

B cannot be evaluated through this analysis and require further study. We had access to limited anonymised data and lacked broader individual carrier-level variables/factors to properly analyse socio-economic or population factors affecting testing uptake across different areas. We also lacked information on total number of BRCA-tests undertaken (including those testing negative). There are socio-economic differences in populations across different London areas. The Index-of-Multiple-Deprivation (IMD) incorporates seven domains to produce an official measure for relative deprivation across small areas. The majority of the London areas present amongst the 20% most deprived in the country are represented across area-A postcodes, followed by area-B and then area-C. The least deprived being in area-D postcodes.[43] Differences in population characteristics, socioeconomic status, knowledge, awareness, population attitudes itself may contribute to this disparity observed in testing and detection-rates. Additional contributory factors include NHS structural changes with genetic-clinics in some areas being established a few years after others and in part oncology services through which the affected proband carrying the familial mutation is ascertained. There is limited awareness of BRCA testing amongst clinicians/practitioners and the population per se. Low referral rates for genetic counselling and subsequent BRCA testing have been reported by others too, which further highlights the missed therapeutic and prevention opportunities.[44] Understanding reasons for differences observed is important and requires further research. This can help plan interventions to address underlying issues and improve carrier identification.

The number of OC/BC cases are predicted to rise by 27%/24% respectively in the UK; and 55%/55% respectively globally, over the next 20years.[10] *BRCA*-carriers have a 17-44% OC-risk and 69%-71% BC-risk by 80-years.[1, 2] Uptake of screening and prevention options is cost-effective in reducing BC-&-OC incidence.[45, 46] Hence, *BRCA*-carrier identification driven precision-medicine and cancer prevention provides an excellent opportunity to reduce future cancer burden and improve health outcomes, the importance of which is magnified by current economic/funding constraints (2.4% NHS budgetary shortfall).[47]

The limited Greater-London *BRCA* detection rates achieved and long predicted time-to-identification observed highlights a need for change. We postulate that a similar situation probably exists across many other parts of the UK, Europe and other Western countries. Concerted efforts are required to increase knowledge and awareness amongst health-professionals (hospital specialists and primary-care general practitioners) the general public regarding current access, guidelines and health-system pathways for *BRCA*-testing. Additional steps are needed to simplify access and expand availability of *BRCA*-testing, including, investment in genetics infrastructure/services, relaxing current clinical-testing thresholds, as well as implementing new ascertainment strategies like testing at cancer diagnosis.

Systematic population-based testing has been advocated as one key innovative strategy. Populationtesting can identify the large pool of carriers who remain undetected using FH-based approaches. It would also provide a strong stimulus to push carrier detection-rates to higher levels compared to current trends, providing a greater impetus for earlier identification and consequent OC/BC prevention. Next-generation-sequencing technologies and advanced bioinformatics now enable population-testing. In the AJ-population this has been, and found to be acceptable, safe, effective and cost-saving.[19, 22, 48, 49, 50] While population-testing should be implemented in the AJ-population, further research is needed before implementation in the general non-AJ population. A pilot-study is underway in the UK.[41] We recently showed that such an approach of population based genetic testing would be cost-effective in the general non-Jewish population too.[51] We call for research studies to understand the overall impact, and evaluate delivery mechanisms and pathways for a population-based *BRCA*-testing strategy in the general-population.

Role of Funding Source

The study was in part funded by 'The Eve Appeal' charity [GTCV]. The funding body (The Eve Appeal charity) had no role in the study design, data collection, analysis, interpretation, writing of the report or decision to submit for publication. The research team was independent of funders.

Ethics Approval

This analysis was approved under the ethics approval obtained for the Genetic Cancer Prediction through Population Screening (GCaPPS) study, from the Institute of Child Health/ Great Ormond Street Hospital Research Ethics Committee: REC Reference number 08/H0713/44.

Contribution to authorship

RM developed concept and design of the study. RM, RT, CJ, FG, CG, OB, AZ, VSG, MB, IJ were involved in conduct of the study. RT, CJ contributed data to the study. FG, CG helped with data collection. OB, AZ and RM developed the models. RM, OB, FG, VSG, AZ, MB, contributed to data analysis and preparation of figures and tables. RM, OB prepared the initial draft of the manuscript. All authors contributed to reporting of the work, including paper writing and critical review of the analysis. All authors approved the final version of the manuscript. RM and OB are guarantors of the work.

Competing Interest Statement

IJ and UM have a financial interest in Abcodia, Ltd., a company formed to develop academic and commercial development of biomarkers for screening and risk prediction. IJ is a member of the board of Abcodia Ltd, a Director of Women's Health Specialists Ltd and received consultancy from Beckton Dickinson. RM declares research funding from The Eve Appeal and Cancer Research UK into population testing and from Barts & the London Charity outside this work, as well as an honorarium for grant review from Israel National Institute for Health Policy Research. The other authors declare no conflict of interest.

Acknowledgement

The study is supported by researchers at the Barts Cancer Institute Cancer Research UK Centre for Excellence, Queen Mary University of London (C16420/A18066). We are grateful to Dr Angela Brady (North West Thames Regional Genetics Service) for her support with data collection and to Vishakha Tripathi (Guys Hospital) for her support of this work.

Copyright Statement

"The Corresponding Author has the right to grant on behalf of all authors and does grant on behalf of all authors, a worldwide licence to the Publishers and its licensees in perpetuity, in all forms, formats and media (whether known now or created in the future), to i) publish, reproduce, distribute, display and store the Contribution, ii) translate the Contribution into other languages, create adaptations, reprints, include within collections and create summaries, extracts and/or, abstracts of the Contribution, iii) create any other derivative work(s) based on the Contribution, iv) to exploit all subsidiary rights in the Contribution, v) the inclusion of electronic links from the Contribution to third party material where-ever it may be located; and, vi) licence any third party to do any or all of the above."

Transparency declaration

The corresponding author (the manuscript's guarantor) affirms that the manuscript is an honest, accurate, and transparent account of the study being reported; that no important aspects of the study have been omitted; and that any discrepancies from the study as planned (and, if relevant, registered) have been explained.

Data sharing

Relevant anonymised data can be obtained on reasonable request from the corresponding author.

Table-1: Population and estimated BRCA carrier distribution by four London areas A, B, C, D

London Area	Total General Population	Total AJ Population	Total Estimated BRCA carriers General Population	Total estimated BRCA carriers AJ Population	Detectable BRCA carriers General Population	Detectable BRCA carriers AJ Population
A	4545545	60135	30773	1570	15387	691
В	4467689	110796	30246	2892	15123	1272
C	3825404	9170	25898	239	12949	105
D	3666973	10896	24825	284	12413	125
TOTAL	16505611	190997	111742	4985	55872	2193

AJ- Ashkenazi Jewish

General Popu	ulation				
London Area		А	В	с	D
	Means	0.00051	0.00083	0.00115	0.00183
A	0.00051		p<0.001	p<0.001	p<0.001
В	0.00083			p=0.014	p<0.001
С	0.00115				p<0.001
D	0.00183				
Jewish Popul	ation				
London Area		А	В	с	D
	Means	0.0053	0.0038	0.0243	0.0122
A	0.0053		p=0.078	p<0.001	P=0.003
В	0.0038			p<0.001	p<0.001
С	0.0243				p<0.001
D	0.0122				

Table-2: Comparison of BRCA identification rates across four London areas A, B, C, D

Table-2 compares mean slope of carriers detected in quarter-year windows, adjusted for the total *BRCA* carriers in the population living in the four different London areas. P values of Mann Whitney tests are given in the different cells. The top half of the table reflects data for the general population and the bottom half data for the Jewish population.

For the general population *BRCA* detection seen within people living in Area D > Area C > Area B > Area A.

For the AJ population *BRCA* detection seen within people living in Area C > Area D > Area B or A (Table-2).

Figure 1: Map of London coverage areas (A, B, C, D)

Greater London post code areas A, B, C, D covered in the analysis



Figure 2: Number of carriers identified by time in the General and Ashkenazi Jewish populations in London and greater London

Figure 2a: Number of carriers identified by time in the general population in London and greater London. The figure shows the fit of Linear and Parabolic curves to the *BRCA* carrier detection rate data in general population. X axis: Number of carriers detected. Y axis: Date of detection.

Figure 2b: Number of carriers identified by time in the Ashkenazi Jewish population in London and greater London. The figure shows the fit of Linear and Parabolic curves to the *BRCA* carrier detection rate data in the Ashkenazi Jewish population. X axis: Number of carriers detected. Y axis: Date of detection.



Figure 3: Time to detection from 2015 onwards for the remaining estimated *BRCA* carriers in the general population across London and greater London.

Figure-3 shows the predicted time to detection outcomes of parabolic, linear, double linear and triple linear prediction models for *BRCA* carriers in the general population. Line a- reflects the total estimated carriers in the population. Line c- reflects the detectable carriers. Lines b and d are the upper and lower confidence limits for Line c. Line 'a – c' reflects the unidentifiable pool of carriers using FH based clinical criteria.

The detectable *BRCA* carriers in the general population cannot be identified by the linear model. A double linear rates will enable identification of 'detectable' *BRCA*-carriers by the year 2181 (CI:2141, 2228). The parabolic and triple linear rates will identify the 'detectable' *BRCA*-carriers in the population within 100 years. This will occur by the year will be 2084 (CI: 2077, 2091) with the parabolic or year 2093 (CI: 2077, 2112) with the tripled linear rate model.



Figure 4: Time to detection from 2015 onwards for the remaining estimated *BRCA* carriers in the Ashkenazi Jewish population across London and greater London.

Figure-4 shows the predicted time to detection outcomes of parabolic, linear, double linear and triple linear prediction models for *BRCA* carriers in the Ashkenazi Jewish (AJ) population. Line a-reflects the total estimated carriers in the AJ population. Line c- reflects the detectable carriers. Lines b and d are the upper and lower confidence limits for Line c. Line 'a – c' reflects the unidentifiable pool of carriers using family history based clinical criteria.

The linear fit model can identify detectable carriers by the year 2044 (CI: 2032-2060). The doubled linear rat model can do so by year 2025 (CI: 2019-2034), and tripling it could do so by year 2019 (CI: 2014-2025). The Parabolic model could potentially detect the detectable carriers by year 2030 (CI: 2025-2037).



References

- 1 Evans DG, Shenton A, Woodward E, Lalloo F, Howell A, Maher ER. Penetrance estimates for BRCA1 and BRCA2 based on genetic testing in a Clinical Cancer Genetics service setting: risks of breast/ovarian cancer quoted should reflect the cancer burden in the family. *BMC Cancer* 2008;**8**:155.
- Kuchenbaecker KB, Hopper JL, Barnes DR, Phillips KA, Mooij TM, Roos-Blom MJ, Jervis S, van Leeuwen FE, Milne RL, Andrieu N, Goldgar DE, Terry MB, Rookus MA, Easton DF, Antoniou AC, Brca, Consortium BC, McGuffog L, Evans DG, Barrowdale D, Frost D, Adlard J, Ong KR, Izatt L, Tischkowitz M, Eeles R, Davidson R, Hodgson S, Ellis S, Nogues C, Lasset C, Stoppa-Lyonnet D, Fricker JP, Faivre L, Berthet P, Hooning MJ, van der Kolk LE, Kets CM, Adank MA, John EM, Chung WK, Andrulis IL, Southey M, Daly MB, Buys SS, Osorio A, Engel C, Kast K, Schmutzler RK, Caldes T, Jakubowska A, Simard J, Friedlander ML, McLachlan SA, Machackova E, Foretova L, Tan YY, Singer CF, Olah E, Gerdes AM, Arver B, Olsson H. Risks of Breast, Ovarian, and Contralateral Breast Cancer for BRCA1 and BRCA2 Mutation Carriers. JAMA 2017;**317**(23):2402-16.
- Liede A, Karlan BY, Narod SA. Cancer risks for male carriers of germline mutations in BRCA1 or BRCA2: a review of the literature. *J Clin Oncol* 2004;**22**(4):735-42.
- Rebbeck TR, Friebel T, Lynch HT, Neuhausen SL, van 't Veer L, Garber JE, Evans GR, Narod SA, Isaacs C, Matloff E, Daly MB, Olopade OI, Weber BL. Bilateral prophylactic mastectomy reduces breast cancer risk in BRCA1 and BRCA2 mutation carriers: the PROSE Study Group. *J Clin Oncol* 2004;**22**(6):1055-62.
- 5 Rebbeck TR, Kauff ND, Domchek SM. Meta-analysis of risk reduction estimates associated with risk-reducing salpingo-oophorectomy in BRCA1 or BRCA2 mutation carriers. *J Natl Cancer Inst* 2009;**101**(2):80-7.
- Passaperuma K, Warner E, Causer PA, Hill KA, Messner S, Wong JW, Jong RA, Wright FC,
 Yaffe MJ, Ramsay EA, Balasingham S, Verity L, Eisen A, Curpen B, Shumak R, Plewes DB,
 Narod SA. Long-term results of screening with magnetic resonance imaging in women with
 BRCA mutations. *British journal of cancer* 2012.
- Cuzick J, Sestak I, Bonanni B, Costantino JP, Cummings S, DeCensi A, Dowsett M, Forbes JF, Ford L, LaCroix AZ, Mershon J, Mitlak BH, Powles T, Veronesi U, Vogel V, Wickerham DL.
 Selective oestrogen receptor modulators in prevention of breast cancer: an updated metaanalysis of individual participant data. *Lancet* 2013;**381**(9880):1827-34.
- 8 Menon U, Harper J, Sharma A, Fraser L, Burnell M, Elmasry K, Rodeck C, Jacobs I. Views of BRCA gene mutation carriers on preimplantation genetic diagnosis as a reproductive option for hereditary breast and ovarian cancer. *Hum Reprod* 2007.
- Friebel TM, Domchek SM, Rebbeck TR. Modifiers of cancer risk in BRCA1 and BRCA2 mutation carriers: systematic review and meta-analysis. *J Natl Cancer Inst* 2014;**106**(6):dju091.
- International Agency for Research on Cancer. GLOBOCAN 2012: Estimated Cancer Incidence, Mortality and Prevalence Worldwide in 2012. *Online Analysis > Prediction*. Lyon, France: IARC (International Agency for Research on Cancer), 2016:<u>http://globocan.iarc.fr/Pages/burden_sel.aspx</u>.
- 11 NICE. Familial breast cancer: The classification and careof women at risk of familial breast cancer in primary, secondary and tertiary care., NICE clinical guideline 41 ed. Vol NICE clinical guideline 41. London: National Institute for Health and Clinical Excellence, 2006.
- 12 NICE. Familial breast cancer: Classification and care of people at risk of familial breast cancer and management of breast cancer and related risks in people with a family history of breast cancer. NICE clinical guideline CG164 ed. London, UK: National Institute for Health and Care Excellence, 2013.

- 13 Antoniou AC, Cunningham AP, Peto J, Evans DG, Lalloo F, Narod SA, Risch HA, Eyfjord JE, Hopper JL, Southey MC, Olsson H, Johannsson O, Borg A, Pasini B, Radice P, Manoukian S, Eccles DM, Tang N, Olah E, Anton-Culver H, Warner E, Lubinski J, Gronwald J, Gorski B, Tryggvadottir L, Syrjakoski K, Kallioniemi OP, Eerola H, Nevanlinna H, Pharoah PD, Easton DF. The BOADICEA model of genetic susceptibility to breast and ovarian cancers: updates and extensions. *Br J Cancer* 2008;**98**(8):1457-66.
- 14 Evans DG, Lalloo F, Cramer A, Jones EA, Knox F, Amir E, Howell A. Addition of pathology and biomarker information significantly improves the performance of the Manchester scoring system for BRCA1 and BRCA2 testing. *J Med Genet* 2009;**46**(12):811-7.
- 15 Mazzola E, Chipman J, Cheng SC, Parmigiani G. Recent BRCAPRO upgrades significantly improve calibration. *Cancer Epidemiol Biomarkers Prev* 2014;**23**(8):1689-95.
- 16 Regional Genetics Service Post Code List. London: Guys & St Thomas Hospital, 2016:<u>http://www.guysandstthomas.nhs.uk/resources/our-</u> services/grida/genetics/postcodes.pdf.
- 17 Jervis S, Song H, Lee A, Dicks E, Harrington P, Baynes C, Manchanda R, Easton DF, Jacobs I, Pharoah PP, Antoniou AC. A risk prediction algorithm for ovarian cancer incorporating BRCA1, BRCA2, common alleles and other familial effects. *J Med Genet* 2015.
- 18 Thompson ER, Rowley SM, Li N, McInerny S, Devereux L, Wong-Brown MW, Trainer AH, Mitchell G, Scott RJ, James PA, Campbell IG. Panel Testing for Familial Breast Cancer: Calibrating the Tension Between Research and Clinical Care. J Clin Oncol 2016;**34**(13):1455-9.
- 19 Manchanda R, Loggenberg K, Sanderson S, Burnell M, Wardle J, Gessler S, Side L, Balogun N, Desai R, Kumar A, Dorkins H, Wallis Y, Chapman C, Taylor R, Jacobs C, Tomlinson I, McGuire A, Beller U, Menon U, Jacobs I. Population testing for cancer predisposing BRCA1/BRCA2 mutations in the Ashkenazi-Jewish community: a randomized controlled trial. *J Natl Cancer Inst* 2015;**107**(1):379.
- 20 ONS. 2011 Census: Population and Household Estimates for England and Wales. Cardiff, Wales, UK: Office for National Statistics, 2012:<u>https://www.ons.gov.uk/peoplepopulationandcommunity/populationandmigration/populationestimates/bulletins/2011censuspopulationandhouseholdestimatesforenglandandwa les/2-07-16/relateddata.</u>
- 21 ONS. 2001 Census data. Cardiff, Wales, UK: Office for National Statistics, 2013:<u>https://www.ons.gov.uk/census/2011census/censusdata/01censusdata</u>.
- 22 Gabai-Kapara E, Lahad A, Kaufman B, Friedman E, Segev S, Renbaum P, Beeri R, Gal M, Grinshpun-Cohen J, Djemal K, Mandell JB, Lee MK, Beller U, Catane R, King MC, Levy-Lahad E. Population-based screening for breast and ovarian cancer risk due to BRCA1 and BRCA2. *Proc Natl Acad Sci U S A* 2014;**111**(39):14205-10.
- Song H, Cicek MS, Dicks E, Harrington P, Ramus SJ, Cunningham JM, Fridley BL, Tyrer JP, Alsop J, Jimenez-Linan M, Gayther SA, Goode EL, Pharoah PD. The contribution of deleterious germline mutations in BRCA1, BRCA2 and the mismatch repair genes to ovarian cancer in the population. *Hum Mol Genet* 2014;**23**(17):4703-9.
- SEER. SEER Cancer Statistics Review, 1975-2014. In: Howlader N NA, Krapcho M, Miller D, Bishop K, Kosary CL, Yu M, Ruhl J, Tatalovich Z, Mariotto A, Lewis DR, Chen HS, Feuer EJ, Cronin KA, ed. Bethesda, MD, USA: National Cancer Institute, 2017: https://seer.cancer.gov/csr/1975_2014/ based on November 6 SEER data submission, posted to the SEER web site, April 7.
- 25 Buys SS, Sandbach JF, Gammon A, Patel G, Kidd J, Brown KL, Sharma L, Saam J, Lancaster J, Daly MB. A study of over 35,000 women with breast cancer tested with a 25-gene panel of hereditary cancer genes. *Cancer* 2017;**123**(10):1721-30.
- 26 NHS England. Clinical Commissioning Policy: Genetic Testing for BRCA1 and BRCA2 Mutations. England, UK: NHS England Specialised Services Clinical Reference Group for Medical Genetics, 2015.

- 27 CRUK. Ovarian cancer statistics. *Ovarian cancer incidence*. London, UK: Cancer Research UK, 2017: Accessed 30.08.2017.
- 28 CRUK. Breast cancer statistics. *Breast cancer incidence (invasive)*. London, UK: Cancer Research UK, 2017: Accessed 30.08.2017.
- 29 George A, Riddell D, Seal S, Talukdar S, Mahamdallie S, Ruark E, Cloke V, Slade I, Kemp Z, Gore M, Strydom A, Banerjee S, Hanson H, Rahman N. Implementing rapid, robust, costeffective, patient-centred, routine genetic testing in ovarian cancer patients. *Sci Rep* 2016;**6**:29506.
- Raphael J, Verma S, Hewitt P, Eisen A. The Impact of Angelina Jolie (AJ)'s Story on Genetic Referral and Testing at an Academic Cancer Centre in Canada. J Genet Couns 2016;25(6):1309-16.
- 31 Freedman R, Mountain H, Karina D, Schofield L. A Retrospective Exploration of the Impact of the 'Angelina Jolie Effect' on the Single State-Wide Familial Cancer Program in Perth, Western Australia. *J Genet Couns* 2017;**26**(1):52-62.
- 32 BSHG. Report on the Genetic Testing of Children 2010. Birmingham, UK: British Society of Human Genetics,

2010:<u>http://www.bsgm.org.uk/media/678741/gtoc_booklet_final_new.pdf</u>.

- 33 Clarke A. The genetic testing of children. Working Party of the Clinical Genetics Society (UK). *J Med Genet* 1994;**31**(10):785-97.
- Lucassen A, Montgomery J. Predictive genetic testing in children: where are we now? An overview and a UK perspective. *Fam Cancer* 2010;**9**(1):3-7.
- 35 American Society of Clinical Oncology policy statement update: genetic testing for cancer susceptibility. *J Clin Oncol* 2003;**21**(12):2397-406.
- Robson ME, Bradbury AR, Arun B, Domchek SM, Ford JM, Hampel HL, Lipkin SM, Syngal S,
 Wollins DS, Lindor NM. American Society of Clinical Oncology Policy Statement Update:
 Genetic and Genomic Testing for Cancer Susceptibility. *J Clin Oncol* 2015;**33**(31):3660-7.
- 37 Borry P, Stultiens L, Goffin T, Nys H, Dierickx K. Minors and informed consent in carrier testing: a survey of European clinical geneticists. *J Med Ethics* 2008;**34**(5):370-4.
- Fenwick A, Plantinga M, Dheensa S, Lucassen A. Predictive Genetic Testing of Children for
 Adult-Onset Conditions: Negotiating Requests with Parents. *J Genet Couns* 2017;**26**(2):244 50.
- Borry P, Stultiens L, Nys H, Cassiman JJ, Dierickx K. Presymptomatic and predictive genetic testing in minors: a systematic review of guidelines and position papers. *Clin Genet* 2006;**70**(5):374-81.
- 40 Manchanda R, Burnell M, Loggenberg K, Desai R, Wardle J, Sanderson SC, Gessler S, Side L, Balogun N, Kumar A, Dorkins H, Wallis Y, Chapman C, Tomlinson I, Taylor R, Jacobs C, Legood R, Raikou M, McGuire A, Beller U, Menon U, Jacobs I. Cluster-randomised non-inferiority trial comparing DVD-assisted and traditional genetic counselling in systematic population testing for BRCA1/2 mutations. *J Med Genet* 2016;**53**(7):472-80.
- 41 Manchanda R. Predicting risk of ovarian malignancy improved screening and early detection feasibility study *ISRCTN Registry: ISRCTN54246466*. London, UK: BioMed Central, 2017.
- 42 CRUK. Ovarian Cancer Incidence Statistics. *Ovarian Cancer incidence by age*. London UK: Cancer Research UK, 2015:<u>http://www.cancerresearchuk.org/health-professional/cancer-statistics/statistics-by-cancer-type/ovarian-cancer/incidence#heading-One</u>.
- 43 Leeser R. English Indices of Deprivation 2015 *GLA Intellilgence*. London: Greater London Authority, City Hall, London, 2016:<u>https://files.datapress.com/london/dataset/indices-ofdeprivation-2015/6-05-24T18:16:14/indices-deprivation-.pdf</u>.
- 44 Hoskins PJ, Gotlieb WH. Missed therapeutic and prevention opportunities in women with BRCA-mutated epithelial ovarian cancer and their families due to low referral rates for genetic counseling and BRCA testing: A review of the literature. *CA Cancer J Clin* 2017;**67**(6):493-506.

- 45 Grann VR, Patel PR, Jacobson JS, Warner E, Heitjan DF, Ashby-Thompson M, Hershman DL, Neugut AI. Comparative effectiveness of screening and prevention strategies among BRCA1/2-affected mutation carriers. *Breast Cancer Res Treat* 2011;**125**(3):837-47.
- 46 Anderson K, Jacobson JS, Heitjan DF, Zivin JG, Hershman D, Neugut AI, Grann VR. Costeffectiveness of preventive strategies for women with a BRCA1 or a BRCA2 mutation. *Annals of internal medicine* 2006;**144**(6):397-406.
- 47 The Health Foundation. Better health and health care for the UK: Our Strategic Plan. London, UK: The Health Foundation,

2015: http://www.health.org.uk/sites/default/files/StrategicPlan_2015_8.pdf.

- 48 Manchanda R, Legood R, Burnell M, McGuire A, Raikou M, Loggenberg K, Wardle J, Sanderson S, Gessler S, Side L, Balogun N, Desai R, Kumar A, Dorkins H, Wallis Y, Chapman C, Taylor R, Jacobs C, Tomlinson I, Beller U, Menon U, Jacobs I. Cost-effectiveness of population screening for BRCA mutations in Ashkenazi jewish women compared with family historybased testing. J Natl Cancer Inst 2015;**107**(1):380.
- 49 Manchanda R, Loggenberg K, Burnell M, Wardle J, Gessler S, Sanderson S, Side L, Balogun N, Desai R, Kumar A, Dorkins H, Wallis Y, Chapman C, Tomlinson I, Taylor R, Jacobs C, McGuire A, Beller U, Legood R, Menon U, Jacobs I. A non-inferiority cluster randomised trial comparing DVD-based and traditional face-to-face genetic counselling in systematic population testing for BRCA mutations. *3rd Joint Cancer Genetics Group Meetin and 14th International Meeting on Psychosocial Aspects of Hereditary Cancer*. Manchester, UK: Cancer Genetics Group, British Society of Genetic Medicine, 2015.
- 50 Manchanda R, Patel S, Antoniou AC, Levy-Lahad E, Turnbull C, Evans G, Hopper J, Macinnis RJ, Menon U, Jacobs I, Legood R. Cost-effectiveness of population based BRCA testing with varying Ashkenazi Jewish ancestry. *Am J Obstet Gynecol* 2017.
- 51 Manchanda R, Patel S, Gordeev VS, Antoniou AC, Smith S, Lee A, Hopper JL, MacInnis RJ, Turnbull C, Ramus SJ, Gayther SA, Pharoah PDP, Menon U, Jacobs I, Legood R. Costeffectiveness of Population-Based BRCA1, BRCA2, RAD51C, RAD51D, BRIP1, PALB2 Mutation Testing in Unselected General Population Women. J Natl Cancer Inst 2018.