SUPPLEMENTARY FILES

Table S1. Univariable comp	arison of response by p	f response by participant characteristics (n=732)	
	Non-responders	Responders	p-value
	N (%)	N (%)	
Risk			
Moderate	202 (45.4)	243 (54.6)	0.62
High	118 (42.6)	159 (57.4)	
Unclear	4 (40)	6 (60)	
SES			
Low (most deprived)	115 (48.9)	120 (51.1)	0.054
Middle	105 (44.5)	131 (55.5)	
High (least deprived)	92 (38.0)	150 (62.0)	
Age			
≤ 35 years	43 (51.2)	41 (48.8)	0.086
36-49 years	213 (45.1)	259 (54.9)	
≥ 50 years	65 (37.6)	108 (62.4)	

Numbers may not round to 732 due to missing data.

	Baseline only	Baseline + 3 months	p-value
	N (%)	N (%)	
Risk			
Moderate	84 (34.6)	159 (65.4)	0.21
High	62 (39.0)	97 (61.0)	
Unclear	4 (66.7)	2 (33.3)	
SES			
Low (most deprived)	61 (50.8)	59 (49.2)	<0.001
Middle	45 (34.4)	86 (65.6)	
High (least deprived)	41 (27.3)	109 (72.7)	
Marital status			
Married or cohabiting	100 (33.6)	198 (66.4)	0.095
Unmarried	44 (42.7)	59 (57.3)	
Ethnic group			
White	137 (35.7)	247 (64.3)	0.217
Other	9 (50.0)	9 (50.0)	
Education level			
Degree or above	60 (34.1)	116 (65.9)	0.556
Below degree level	82 (36.9)	140 (63.1)	
Employment			
Employed	127 (36.5)	221 (63.5)	0.785
Unemployed	23 (38.3)	37 (61.7)	
Health status			
Poor	5 (31.3)	11 (68.8)	0.523
Fair	31 (39.7)	47 (60.3)	
Good	89 (37.1)	151 (62.9)	
Excellent	19 (28.8)	47 (71.2)	
Age			
≤ 35 years	15 (36.6)	26 (63.4)	0.597
36-49 years	91 (35.1)	168 (64.9)	
≥ 50 years	44 (40.7)	64 (59.3)	

Numbers may not round to 408 due to missing data.