

Table 2. Posterior median rank and 95% CrI. (The lower the rank the better the treatment).

Treatment	Posterior median rank	95% CrI
Group BT	1	1 – 5
Group CBT-ED	3	1 – 9
Individual CBT-ED	4	2 – 7
Guided cognitive behavioural self-help	5	2 – 8
Pure cognitive behavioural self-help	5	2 – 10
Supportive psychotherapy	6	1 – 12
Individual CBT-ED plus fluoxetine	7	2 – 12
Individual BT	9	4 – 12
IPT	9	5 – 12
Fluoxetine	10	4 – 12
Relaxation	10	3 – 12
Wait list	10	6 – 12

Legend: CrI, Credible Interval; BT, behaviour therapy; CBT-ED, cognitive behavioural therapy specific to eating disorders; IPT, interpersonal psychotherapy.