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## Prediction of Susceptibility to First-Line Tuberculosis Drugs by DNA Sequencing

The CRyPTIC Consortium and the 100,000 Genomes Project

#### **ABSTRACT**

#### **BACKGROUND**

The World Health Organization recommends drug-susceptibility testing of *Mycobacterium tuberculosis* complex for all patients with tuberculosis to guide treatment decisions and improve outcomes. Whether DNA sequencing can be used to accurately predict profiles of susceptibility to first-line antituberculosis drugs has not been clear.

#### **METHODS**

We obtained whole-genome sequences and associated phenotypes of resistance or susceptibility to the first-line antituberculosis drugs isoniazid, rifampin, ethambutol, and pyrazinamide for isolates from 16 countries across six continents. For each isolate, mutations associated with drug resistance and drug susceptibility were identified across nine genes, and individual phenotypes were predicted unless mutations of unknown association were also present. To identify how whole-genome sequencing might direct first-line drug therapy, complete susceptibility profiles were predicted. These profiles were predicted to be susceptible to all four drugs (i.e., pansusceptible) if they were predicted to be susceptible to isoniazid and to the other drugs or if they contained mutations of unknown association in genes that affect susceptibility to the other drugs. We simulated the way in which the negative predictive value changed with the prevalence of drug resistance.

#### **RESULTS**

A total of 10,209 isolates were analyzed. The largest proportion of phenotypes was predicted for rifampin (9660 [95.4%] of 10,130) and the smallest was predicted for ethambutol (8794 [89.8%] of 9794). Resistance to isoniazid, rifampin, ethambutol, and pyrazinamide was correctly predicted with 97.1%, 97.5%, 94.6%, and 91.3% sensitivity, respectively, and susceptibility to these drugs was correctly predicted with 99.0%, 98.8%, 93.6%, and 96.8% specificity. Of the 7516 isolates with complete phenotypic drug-susceptibility profiles, 5865 (78.0%) had complete genotypic predictions, among which 5250 profiles (89.5%) were correctly predicted. Among the 4037 phenotypic profiles that were predicted to be pansusceptible, 3952 (97.9%) were correctly predicted.

#### **CONCLUSIONS**

Genotypic predictions of the susceptibility of *M. tuberculosis* to first-line drugs were found to be correlated with phenotypic susceptibility to these drugs. (Funded by the Bill and Melinda Gates Foundation and others.)

The members of the writing group (Timothy M. Walker, D.Phil., A. Sarah Walker, Ph.D., and Tim E.A. Peto, D.Phil.) assume responsibility for the overall content and integrity of this article. The authors' full names and academic degrees are listed in the Appendix. The authors' affiliations are listed in the Supplementary Appendix, available at NEJM.org. Address reprint requests to Dr. Timothy Walker at the Department of Microbiology, Level 7, John Radcliffe Hospital, Headley Way, Headington, Oxford, OX3 9DU, United Kingdom, or at timothy.walker@ndm.ox .ac.uk.

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*M*<sup>*YCOBACTERIUM TUBERCULOSIS* KILLED<br>more people than any other pathogen<br>in 2016, a year in which there were esti-<br>mated to be more than 10 million active cases</sup> more people than any other pathogen in 2016, a year in which there were estimated to be more than 10 million active cases and 1.7 million patients who died from tuberculosis.<sup>1</sup> In 2014, the World Health Organization (WHO) set a target to "END TB" by 2035, acknowledging that success depends on the development of better preventative, diagnostic, and therapeutic interventions. The global emergence of antimicrobial resistance poses a major challenge. Despite a call for universal access to drug-susceptibility testing to guide individualized therapy, the high costs of the testing and shortages of people with the skills necessary to conduct it mean that it is unavailable in many countries with the greatest need. Consequently, only 22% of an estimated 600,000 patients requiring treatment for multidrug-resistant tuberculosis received diagnoses and were treated in  $2016$ ,<sup>1</sup> which facilitated the onward transmission of multidrug-resistant strains.<sup>2</sup>

The Xpert MTB/RIF assay (Cepheid) has partially eased the global diagnostic need. It uses polymerase chain reaction (PCR) technology to identify both *M. tuberculosis* complex and mutations in the *rpoB* gene (predictive of multidrug resistance) directly from clinical samples.<sup>3</sup> However, because the assay targets only a few potential resistance-conferring mutations, antimicrobial susceptibility cannot be reliably inferred from a negative result.4 To devise individualized therapies, a diagnostic assay is needed to determine which drugs to give, in addition to which drugs to avoid.

Advances in whole-genome sequencing mean that it is now feasible to consider how this technology can aid in the assessment of drug susceptibility. Whole-genome sequencing is faster, more scalable, and likely to become less expensive than phenotypic testing.<sup>5</sup> If all resistance-conferring mutations were known, it should be possible to infer *M. tuberculosis* antimicrobial susceptibility from their absence, because the number of genomic sites that whole-genome sequencing covers is virtually unrestricted,<sup>6</sup> although resistance mechanisms with complex underlying gene interactions may not be detected. Here, we assess how well whole-genome sequencing performs for the detection of susceptibility to first-line antituberculosis drugs, given existing knowledge, as compared with the standards set forth in WHO

target product profiles for new molecular assays<sup>7</sup>; we also assess whether whole-genome sequencing can be used to accurately guide antituberculosis therapy.

#### Methods

#### **Sample Selection**

We analyzed a total of 23 collections of *M. tuberculosis* complex isolates from 16 countries, each sequenced as part of population-based or diagnostic studies (Table 1, and Table S1 in the Supplementary Appendix, available with the full text of this article at NEJM.org). Six collections from Germany, Italy, the Netherlands, and the United Kingdom were unenriched for antimicrobial resistance and were sequenced largely prospectively. Seventeen other collections from across six continents were enriched for antimicrobial resistance. Analyses of both the unenriched and the complete collection were planned.

#### **Sequencing**

Isolates were sequenced on Illumina platforms, and the reads were processed by the Public Health England bioinformatics pipeline at Genomics England,<sup>8</sup> as described previously.<sup>6</sup> Stampy, version  $1.0.17$ , was used to map reads (with repetitive regions masked) to the *M. tuberculosis* reference genome (GenBank accession number, NC\_000962.2), which is susceptible to the four first-line antituberculosis drugs isoniazid, rifampin, ethambutol, and pyrazinamide (i.e., pansusceptible). SAMtools mpileup, version  $0.1.18$ ,<sup>10</sup> was used to make variant calls based on a minimum read depth of 5× and at least one read on each strand. Mixed calls were assigned where minority alleles composed more than 10% of the read depth. Insertions and deletions were identified with Cortex, version  $1.0.5.21$ <sup>11</sup>

#### **Drug-Susceptibility Testing and Prediction**

Phenotypic drug-susceptibility testing was performed locally with the use of an MGIT 960 system (Becton Dickinson), by culture on 7H10 or Löwenstein–Jensen agar, or by microscopicobservation drug-susceptibility (MODS) assay, with method-specific critical concentrations for isoniazid (MGIT,  $0.1$  to  $0.2 \mu$ g per milliliter; agar, 0.2  $\mu$ g per milliliter; and MODS, 0.4  $\mu$ g per milliliter), rifampin (MGIT,  $1.0 \mu$ g per milliliter; agar, 40  $\mu$ g per milliliter), ethambutol (MGIT, 5.0  $\mu$ g

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per milliliter; agar,  $0.2 \mu$ g per milliliter), and pyrazinamide (100  $\mu$ g per milliliter). Not all laboratories routinely tested all agents (Table S1 in the Supplementary Appendix). Genotypic predictions were based on mutations in or upstream from genes associated with resistance to isoniazid (*ahpC*, *inhA*, *fabG1*, and *katG*), rifampin (*rpoB*), ethambutol (*embA*, *embB*, and *embC*), and pyrazinamide (pncA).<sup>6</sup> A knowledge base of mutations that are predictive of resistance or consistent with susceptibility was informed by the molecular targets of WHO-recommended line-probe assays (MTBDR*plus* or MTBDR*sl*, version 1.0 [HAIN Lifesciences]), a systematic literature review, $12$  the Centers for Disease Control and Prevention (CDC) panel, and two recent studies that had no isolates in common with the present study (Table S2 in the Supplementary Appendix), $6,13$  of which one became available after the present study commenced.<sup>13</sup>

Isolates containing resistance mutations were predicted to be phenotypically resistant, whereas isolates containing only wild-type sequence, phylogenetic mutations,<sup>6</sup> or mutations that were considered to be consistent with susceptibility were predicted to be susceptible. Predictions were withheld for isolates containing mutations that affect target genes but that are of unknown association or in instances in which no nucleotide call could be determined at a resistance-associated site. In these circumstances, the genotype was reported as "unknown" or "failed," respectively. Using phenotypic results as the standard, we calculated the sensitivity, specificity, and negative and positive predictive values for the correct assignment of susceptibility or resistance. For the primary analyses, we excluded phenotypes without a prediction.

Laboratory error was assumed in instances in which three or more phenotypes were discordant with the genotype of an isolate or in which susceptible phenotypes were recorded despite the presence of the high-level resistance mutation *katG* S315T for isoniazid or *rpoB* S450L for rifampin.<sup>14</sup> Such isolates were excluded from further analysis.

The analysis was performed with the use of Stata software, version 13.1 (StataCorp). No institutional-review-board approval was required, because this study used only data from mycobacteria. In Thailand, approval was granted through Mahidol University as part of a larger study.

#### Results

#### **Prediction of Phenotypic Susceptibility or Resistance to Individual Drugs**

A total of 10,290 isolates were available for the study, of which 38 were associated with three or four phenotype–genotype discrepancies. High-level resistance mutations were found in 37 phenotypically susceptible isolates: 25 with the *katG* S315T mutation, which confers resistance to isoniazid, and 12 with the *rpoB* S450L mutation, which confers resistance to rifampin; 6 additional phenotypically susceptible isolates contained both of these mutations. All 81 of these isolates (0.8% of the total sample) were excluded from further analysis because of likely laboratory mislabeling. Of the 10,209 isolates that remained, full firstline phenotypic profiles were available for 7516 (73.6%), and partial profiles were available for the remainder. A total of 4911 (48.1%) isolates were phenotypically susceptible to all drugs (Table 1).

For each isolate, the complete sequence of nine genes and their promoter regions was interrogated to make genotypic predictions of each available phenotypic result. Predictions could be made for 8405 (93.6%) of 8976 phenotypic test results indicating resistance and 26,879 (93.5%) of 28,746 phenotypic test results indicating susceptibility; the remainder were from isolates that had uncharacterized mutations or were missing key nucleotide calls. For isoniazid, rifampin, ethambutol, and pyrazinamide, the sensitivity of genotypic prediction (i.e., the percentage of phenotypic test results indicating resistance that had concordant genotypic predictions) was 97.1%, 97.5%, 94.6%, and 91.3%, respectively, and the specificity (i.e., the percentage of phenotypic test results indicating susceptibility that had concordant genotypic predictions) was 99.0%, 98.8%, 93.6%, and 96.8%. In comparison, the results expected from WHOrecommended molecular assays (Xpert MTB/RIF, MTBDR*plus*, and MTBDR*sl*, version 1.0) on the basis of the mutations they probe having been identified from the genome-sequence data showed a significantly lower sensitivity than whole-genome sequencing for isoniazid, rifampin, and ethambutol (P<0.001) but a greater specificity for isoniazid and ethambutol (P<0.001) (Table 2).

The negative predictive value of whole-genome sequence analysis (i.e., the percentage of geno-

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typic predictions of susceptibility that were correct) was greater than 98.5% for all four drugs. Although it is necessarily dependent on the prevalence of resistance, the negative predictive value for each drug also varied according to the phenotypes of susceptibility or resistance to the other three drugs. For example, at a prevalence of pyrazinamide resistance of 20%, the expected negative predictive value for pyrazinamide was 93.6% and 99.0% for isolates that were susceptible and resistant, respectively, to the other three drugs (Table 3, and Table S3 in the Supplementary Appendix).

Because some collections included clustered isolates, the analysis was repeated after random selection of one representative among genomically indistinguishable isolates and again from isolates that were within five single-nucleotide polymorphisms (SNPs) of another isolate. No significant change in sensitivity or specificity was observed for any drugs (P>0.1) (Table S4 in the Supplementary Appendix).

To reflect the emerging practice of routinely sequencing isolates for clinical care, the analysis was repeated for the subset of 4397 isolates from German, Italian, Dutch, and U.K. collections that were not enriched for resistance. Among these isolates, 335 (7.6%) were isoniazid-resistant and 125 (2.8%) were multidrug-resistant. For each drug, the specificity and negative predictive values were higher and the positive predictive values (the percentage of genotypic predictions of resistance that were correct) lower than in the overall results. There was no significant difference in sensitivity (Table 2).

#### **Prediction of Complete Phenotypic Susceptibility Profiles**

In order for DNA sequencing to be useful for the individualization of therapy, a minimum requirement is that all phenotypes of resistance or susceptibility to first-line antimicrobial agents are predicted. Phenotypic profiles were thus predicted for 7516 isolates that had phenotypic data available for all first-line drugs (Tables S1 and S6 in the Supplementary Appendix). "Unknown" or "failed" predictions for at least one drug were reported for 1651 profiles (22.0%). A total of 5865 profiles (78.0%) were predicted completely, of which 5250 (89.5%) were predicted correctly (Table S5 in the Supplementary Appendix). Among the 5865 phenotypic profiles with complete genotypic predictions, 4037 were predicted to be susceptible to all four drugs, of which 3952 (97.9%) were predicted correctly; these 3952 correctly predicted profiles account for 98.6% of the 4007 phenotypically pansusceptible isolates for which complete predictions were made (Table 4).

Because the percentage of incompletely predicted profiles was substantial (22.0%), we assessed whether pansusceptibility could still be accurately predicted for some of these isolates. Because susceptibility to isoniazid predicts susceptibility to other first-line drugs, $15$  we maximized the confidence in isoniazid predictions by making predictions only in the absence of "unknown" mutations in isoniazid-related genes. Unknown mutations that were relevant to other drugs were permitted. When this was done, pansusceptibility was correctly predicted for 4481 (97.8%) of 4582 isolates, including 545 (33.0%) of 1651 previously incompletely predicted profiles (Table 4). Among the collections that were unenriched for resistance, 3439 (99.7%) of 3450 profiles were thereby correctly predicted to be susceptible to all four drugs (Table S7 in the Supplementary Appendix).

To simulate how this approach would perform in contexts with differing burdens of antimicrobial resistance, we assessed the decline in negative predictive value associated with an increasing prevalence of resistance to individual drugs and with an increasing prevalence of any resistance within drug profiles. We randomly subsampled 1000 isolates to represent every 1-percentage-point increment in the prevalence of antimicrobial resistance between 10% and 90% and repeated this step 1000 times for each drug and for complete drug profiles. The negative predictive value declined further for ethambutol and pyrazinamide than for complete drug profiles, but it declined least for isoniazid and rifampin. Below a 47.0% prevalence of resistance to any drug, the simulated negative predictive value remained above 95% for 97.5% of drug profiles (Fig. 1).

#### **Discrepancy Analyses**

In Australia, 11 ethambutol-susceptible isolates containing *embB* mutations associated with resistance to ethambutol were rephenotyped. Three

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repeat assays failed, but 7 of the remaining 8 yielded now-consistent resistant phenotypes. In Peru, 10 of 16 repeated assays continued to indicate phenotypic susceptibility by MODS, despite the presence of *fabG1* C−15T or G−17T mutations. In isolates from the Netherlands, 6 resistant phenotypes that had been predicted to be susceptible were identified as clerical errors, and 3 susceptible phenotypes that had been predicted to be resistant tested phenotypically resistant by means of alternative phenotypic assays (Table S8 in the Supplementary Appendix). Although additional rephenotyping was not possible, we conducted a "per mutation" analysis to further assess discrepancies.

Of the 322 resistant phenotypes that had been predicted to be susceptible, 290 (90.1%) were in isolates that had no mutations affecting targeted genes, and 32 (9.9%) were in isolates that had 1 or more of 15 mutations that had previously been characterized as being consistent with antimicrobial susceptibility. In support of this finding, across all isolates in which no mutation other than 1 or more of these 15 was found, the presence of the mutations correctly predicted susceptibility to isoniazid in 286 (97.6%) of 293 isolates and susceptibility to ethambutol in 95 (79.8%) of 119 isolates. The 1 mutation that was relevant to pyrazinamide was found in 2 isolates, both of which were phenotypically resistant. None of these mutations were relevant to rifampin (Table S9 in the Supplementary Appendix).

Among the isolates with the 822 susceptible phenotypes that had been predicted to be resistant, 145 different resistance-conferring mutations were found. Of these, 142 (97.9%) featured as the only resistance-conferring mutation in at least 1 isolate in the data set, which allowed for the assessment of individual predictive performance. The presence of these mutations correctly predicted resistance to isoniazid in 308 (83.0%) of 371 isolates, to rifampin in 548 (87.4%) of 627, to ethambutol in 1280 (73.4%) of 1743, and to pyrazinamide in 459 (69.2%) of 663 (Table S9 in the Supplementary Appendix). Of the 17 mutations leading to predictions of resistance to rifampin in phenotypically susceptible isolates, 14 (82.4%) were in the genetic region targeted by Xpert MTB/RIF and MTBDR*plus*.

Mislabeling of laboratory samples probably also contributed to discrepant results. This possibility was assessed for each collection on the basis of

lated values are given for 10% and 90%, respectively, because simulations were not performed below or above these values.

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\* Among the 5865 profiles with complete predictions, the sensitivity of genetic prediction was 95.4%, specificity 98.6%, PPV 97.0%, and NPV 97.9%, with predictions made for 78.0% of isolates. When predictions were made only in the absence of U mutations in isoniazid-related genes (with U mutations that were relevant to other drugs permitted), the sensitivity was 94.6%, specificity 98.8%, PPV 97.0%, and NPV 97.8%, with predictions made for 85.1% of isolates.

the proportion of isolates that were excluded because of *katG* S315T or *rpoB* S450L mutations being associated with susceptible phenotypes, the discrepancy rate within the collection, and the prevalence of antimicrobial resistance (Table S10 in the Supplementary Appendix). Overall, approximately 43% of discrepancies for isoniazid and 12% of discrepancies for rifampin were thereby judged to be attributable to mislabeling.

#### Discussion

This analysis of more than 10,000 *M. tuberculosis* isolates collected from 16 countries across six continents and representing all major lineages (Ta-

ble S1 in the Supplementary Appendix) suggests that whole-genome sequencing can now characterize profiles of susceptibility to first-line antituberculosis drugs with a degree of accuracy sufficient for clinical use. The importance of this is twofold. First, it shows that the genomic approach could be used to guide the choice of which drugs to prescribe and not just which drugs to avoid, in a way similar to phenotyping. Second, the data can be used to support plans to reduce the workload associated with culture and susceptibility analysis in places where routine wholegenome sequencing is performed.

The WHO target product profiles for new molecular assays for *M. tuberculosis* require more than

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90% sensitivity and 95% specificity.7 Overall, both these targets were met for all drugs with the exception of specificity for ethambutol (93.6%). This is no surprise, since phenotyping is an imperfect standard, particularly for isolates with *embB* mutations.6,13,16 For the collections that were not enriched for resistance, however, these targets were met for all drugs, and they were also met for the predictions of pansusceptibility in all collections. Only categorical agreement was assessed for complete drug-susceptibility profile predictions, because of the number of permutations. These predictions met the external quality assurance criterion (>80% concordance) for the European tuberculosis reference laboratory network.17

There are three reasons for the predictions regarding pansusceptibility being approximately 98% correct. First, the knowledge base included both resistance-associated genomic mutations and mutations that were compatible with phenotypic susceptibility. Second, antituberculosis drug-susceptibility phenotypes are not independent of one another, which allows for the use of isoniazid susceptibility to predict susceptibility to other drugs. Third, no predictions were attempted for isolates that contained genomic variation of unknown association in genes affecting isoniazid. This maximized confidence in the isoniazid predictions that were made. Consequently, the performance in the prediction of drug profiles was better than that in the per-drug analysis for ethambutol and pyrazinamide, and although there was a slight corresponding decline in performance for isoniazid and rifampin, simulations showed that the prevalence of resistance would have to exceed that seen in most of the worst-affected countries in the world before these predictions no longer satisfied the WHO targets.<sup>1</sup>

Our findings showed substantially better performance of sequencing analysis relative to the the sensitivity that could be expected from WHOrecommended PCR-based assays because wholegenome sequencing is able to identify many more mutations. These additional mutations were, however, simultaneously responsible for the losses in specificity, largely because of the number of mutations for which a minority of isolates did not manifest a resistant phenotype. A typical example is the *rpoB* I491F mutation, which is frequently associated with a result indicating susceptibility to rifampin in liquid culture but has been linked to treatment failure.<sup>4,18,19</sup>



**Figure 1. Simulated Negative Predictive Values for Individual Drugs and Complete Drug Profiles.**

Negative predictive values are shown for individual drugs and complete drug profiles, according to the simulated prevalence of resistance to each drug, or within each drug profile (any resistance). For each percentage prevalence between 10% and 90%, 1000 isolates were randomly selected, 1000 times. Solid lines indicate the median, and shaded areas indicate the 95% confidence intervals. Vertical dashed lines indicate the prevalence at which the 95% confidence interval intersects a negative predictive value  $of 95%$ 

The broader discrepancy analysis highlighted the same phenomenon. Although the predictive performance of individual mutations, whether probed by WHO-recommended assays or not, was good, each mutation has the potential to be associated with an unexpected phenotype in a minority of isolates. This is most likely where a mutation elevates the minimum drug concentration required to inhibit bacterial growth to close to the concentration above which an isolate is considered resistant. Canonical ethambutol mutations are a classic example,<sup>20</sup> but there are many others, including the mutations missed by the MODS assay in Peru.16,21,22 Such phenomena are thus likely to explain the majority of isolates that were predicted to be resistant yet were phenotypically susceptible. They are also the most likely reason for the prediction of pansusceptible drug profiles being more accurate than the prediction of profiles that are apparently resistant to one or more drugs.

One limitation of our study was our inability

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to definitively resolve most discrepancies because of the scale and cost of repeat sequencing and phenotyping. This was most worrisome for phenotypically resistant isolates that were predicted to be susceptible. For these discrepancies, possible explanations include further limitations of our study — namely, phenotypic error, resistant minority bacterial populations that went undetected by sequencing, mechanisms of resistance unknown to us, or laboratory labeling error. To maintain or improve accuracy, ongoing surveillance for the phenotypic effect of new mutations will be required. Another limitation is the use of phenotypic susceptibility data as the standard. The lack of clinical outcome data to link the antimicrobialresistance phenotypes to treatment failure requires us to infer potential clinical benefit.

More work remains to be done before predictions can be extended to second- and third-line drugs and to newer compounds. However, after an external review, Public Health England has already decided to stop phenotyping isolates that are predicted to be susceptible to all first-line drugs (Crook D, National Infection Service: personal communication). Similar decisions have been made in the Netherlands (van Soolingen D, Rijksinstituut voor Volksgezondheid en Milieu: personal communication) and New York (Musser K, Wadsworth Center, New York State Department of Health: personal communication).

These data show how our understanding of the molecular determinants of resistance to firstline antituberculosis drugs allows us to consider using DNA sequencing to guide therapy. Similar performance must now be replicated for the remaining drugs.

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No potential conflict of interest relevant to this article was reported.

Disclosure forms provided by the authors are available with the full text of this article at NEJM.org.

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#### **Appendix**

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