

1 **Title:** The macroecological dynamics of species coexistence in birds

2

3 **Authors:** Alex L. Pigot<sup>1,2</sup>, Walter Jetz<sup>3,4</sup>, Catherine Sheard<sup>5</sup> and Joseph A. Tobias<sup>4</sup>

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5 **Affiliations:** <sup>1</sup>Centre for Biodiversity and Environment Research, Department of  
6 Genetics, Evolution and Environment, University College London, London, United  
7 Kingdom, <sup>2</sup>Groningen Institute for Evolutionary Life Sciences, University of  
8 Groningen, Box 11103, 9700 CC Groningen, The Netherlands. <sup>3</sup>Department of  
9 Ecology and Evolutionary Biology, Yale University, 165 Prospect Street, New  
10 Haven, Connecticut 06520-8106, USA. <sup>4</sup>Department of Life Sciences, Imperial  
11 College London, Silwood Park, Ascot SL5 7PY, UK. <sup>5</sup>School of Biology, University of  
12 St Andrews, St Andrews KY16 9ST, UK.

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14 \*Correspondence to: alex.pigot1@gmail.com

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16 **Keywords:** community assembly, competition, dispersal, ecological niche,  
17 speciation, diversity gradients.

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19 Number of words (3498)

20 Abstract (200)

21

22 Abstract

23 Ecological communities are assembled from the overlapping of species in  
24 geographic space, but the mechanisms facilitating or limiting such overlaps are  
25 difficult to resolve. Here we combine phylogenetic, morphological, and  
26 environmental data to model how multiple processes regulate the origin and  
27 maintenance of geographic range overlap across 1,115 pairs of avian sister species  
28 globally. We show that coexistence cannot be adequately predicted by either  
29 dispersal-assembly (i.e. biogeographic) models or niche-assembly models alone.  
30 Instead, our results overwhelmingly support an integrated model with different  
31 assembly processes dominating at different stages of coexistence. The initial  
32 attainment of narrow geographic overlap is dictated by intrinsic dispersal ability  
33 and the time available for dispersal, whereas wider coexistence is largely  
34 dependent on niche availability, increasing with ecosystem productivity and  
35 divergence in niche-related traits, and apparently declining as communities  
36 become saturated with species. Furthermore, although coexistence of any  
37 individual pair of species is highly stochastic, we find that integrating assembly  
38 processes allows broad variation in the incidence and extent of coexistence to be  
39 predicted with reasonable accuracy. Our findings demonstrate how phylogenetic  
40 data coupled with environmental factors and functional traits can begin to clarify  
41 the multi-layered processes shaping the distribution of biodiversity at large  
42 spatial scales.

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44

## 45 Introduction

46 Ecological assemblages are formed from the overlapping of species in geographic  
47 space. Explaining variation in the structure and richness of communities therefore  
48 depends on understanding how complex patterns of geographic range overlap are  
49 generated and maintained<sup>1</sup>. Ultimately, species distributions are the product of  
50 speciation, dispersal and extinction. Historical variation in these biogeographic  
51 processes may therefore be a major driver of community structure and broad-  
52 scale gradients in biodiversity<sup>2-6</sup>. In addition, these same patterns are thought to  
53 be regulated by ecological interactions among species<sup>7-10</sup>. Such niche-based  
54 assembly models have largely focused on the importance of competition in  
55 constraining coexistence, and predict that patterns of geographic overlap  
56 primarily reflect the degree of divergence in species ecological niches, as well as  
57 limits to the number of species that can be packed within a habitat<sup>11-13</sup>. Although  
58 it is widely recognized that patterns of spatial overlap among species probably  
59 reflect a mix of these different processes—both biogeographical and  
60 ecological—it has been difficult to quantify their relative contributions because  
61 most empirical tests of community assembly treat them in isolation and have  
62 addressed patterns of coexistence over a limited range of spatial and temporal  
63 scales<sup>14-17</sup>.

64 On the one hand, tests of niche-based assembly mechanisms rarely  
65 explicitly consider the biogeographic processes underlying community formation,  
66 or only do so to the extent that these provide a null expectation for community  
67 structure<sup>18,19</sup>. On the other hand, while dispersal-based biogeographic models  
68 address this problem, they typically do so by ignoring species ecological niches<sup>2</sup>.  
69 Thus, even when purely dispersal- or niche-based models can be rejected, this  
70 says little about the relative importance of, and interaction between, these  
71 biogeographical and ecological processes. Most progress in disentangling  
72 assembly models has come from studies focusing at relatively fine spatial scales  
73 where the set of possible explanations for community structure are generally  
74 more limited, and assemblages can be experimentally manipulated<sup>10,20-22</sup>.  
75 However, the relevance of these findings for understanding major gradients in  
76 biodiversity remains unclear because they do not consider the historical  
77 processes generating species diversity<sup>18,19,23</sup> or how the relative importance of

78 dispersal- and niche-based factors may vary across different spatial and temporal  
79 scales<sup>24,25</sup>. Understanding the causes of large-scale patterns in community  
80 structure and diversity therefore requires models integrating both  
81 biogeographical and ecological processes into a single analytical framework<sup>19,26,27</sup>.

82 Here we illustrate how the effects of dispersal- and niche-related assembly  
83 processes can be disentangled by extending a dynamic model describing the  
84 evolution of spatial overlap (i.e. sympatry) between sister species<sup>26</sup>. We assume  
85 that speciation typically generates species with non-overlapping distributions (i.e.  
86 allopatry or parapatry)<sup>28</sup>, and that the ensuing dynamics of spatial overlap  
87 provide critical insights into the factors regulating coexistence and the resulting  
88 broad-scale gradients in species richness<sup>19,29</sup>. This general framework underpins  
89 two alternative sets of models (Fig. 1). First, under a 'Dispersal-assembly model',  
90 species overlap is constrained by the rate of stochastic dispersal events, with the  
91 cumulative probability of sympatry increasing with species age (i.e. divergence  
92 time) and thus the time available for colonisation ('Neutral-dispersal model', Fig.  
93 1a)<sup>26</sup>. At the same time, stochastic local extinctions may lead to species returning  
94 to a state of allopatry, potentially decoupling the probability of sympatry from  
95 variation in species age. Dispersal-assembly models are often equated with  
96 neutral dynamics but they may be largely determined by species traits<sup>30</sup>. In  
97 particular, the rate at which sympatry is attained following speciation may vary  
98 across species depending on their intrinsic vagility and geographic isolation,  
99 occurring more rapidly among species with greater dispersal ability<sup>28</sup> or living in  
100 more continuous habitats<sup>31</sup> ('Deterministic-dispersal model', Fig. 1b). Second,  
101 under a 'Niche-assembly model', dispersal limitation is expected to be weak or  
102 absent and the probability of sympatry should instead depend on rates of local  
103 extinction that vary according to ecological niche availability. In particular, rates  
104 of local extinction are expected to decrease, and thus the probability of  
105 coexistence increase, with the abundance and diversity of available resources<sup>13</sup> as  
106 well as the extent of niche divergence between species<sup>26,32,33</sup>. The main caveat is  
107 that, if ecological niche space is limited, the probability of coexistence between  
108 sister species should theoretically decline as sympatric diversity approaches these  
109 bounds<sup>11</sup>, although the existence of any such ecological limit remains debated<sup>5-12</sup>  
110 ('Bounded vs Unbounded niche-assembly model', Fig. 1d).

111

112 **Figure 1. Models of species coexistence.** Whether avian sister species coexist is  
113 governed by the rate at which lineages attain sympatry following speciation ( $\sigma$ ,  
114 solid lines), and then return to a state of allopatry due to local extinction ( $\epsilon$ , dashed  
115 lines). Different assembly models (a-e) make different predictions regarding the  
116 absolute rates of these dynamics, and their relationship with species traits or  
117 environmental contexts (lines are for illustration only). First, dispersal limitation  
118 may lead to a slow transition to sympatry at a rate that (a) is approximately equal  
119 or (b) varies deterministically across species. Second, niche-assembly models  
120 lacking dispersal limitation (i.e.  $\sigma$  is high), predict that the return rate to allopatry  
121 is modulated by ecological factors that may either be equivalent (c) or differ  
122 predictably across species (d). Finally, transition rates to and from coexistence  
123 may vary across species according to both dispersal- and niche-related factors (e).  
124 Together these models define a two-dimensional space, quantifying both the  
125 degree of stochasticity and the relative contribution of dispersal- and niche-based  
126 processes in limiting coexistence. NPP is net primary productivity (see Methods).

127

128 We apply this framework to a global dataset of avian sister species ( $n = 1,115$   
129 species pairs)<sup>13</sup>. Birds are an ideal system to test these scenarios because of the  
130 availability of near-comprehensive geographic, phylogenetic<sup>34</sup> and functional  
131 trait datasets (see Methods). Collectively, these enable fine-scale variation in  
132 phylogenetic age<sup>13</sup>, intrinsic dispersal ability (e.g. the hand-wing index, a  
133 measure of wing pointedness<sup>35</sup>) and niche divergence (e.g. differences in beak  
134 size<sup>36,37</sup>) to be robustly quantified across multiple sister pairs from assemblages  
135 with contrasting levels of net primary productivity (NPP, an index of resource  
136 availability<sup>13</sup>), species richness and geographic connectivity (e.g. islands versus  
137 the mainland). Here, we first evaluate the role of each of these dispersal- and  
138 niche-related factors, which until now have largely been tested in isolation<sup>29</sup>.  
139 Then, by combining these factors into a series of models of increasing  
140 complexity, we compare the relative support for a suite of coexistence scenarios  
141 that variously treat dispersal- and niche-related processes as mutually exclusive  
142 explanations, or that integrate both these sets of processes into a single synthetic  
143 framework ('Dispersal+niche assembly model', Fig. 1e). Our aim is not simply to

144 accept or reject alternative hypotheses, but to establish the relative importance  
145 of, and interplay between, biogeography and ecology in generating present-day  
146 patterns of coexistence.

## 147 Results and Discussion

### 148 Neutral-assembly models

149 We modeled the dynamics of sympatry as a constant-rate Markov process which,  
150 in its most basic form, contains two parameters that can be estimated through  
151 maximum likelihood (see Methods)<sup>26</sup>: the transition rate to sympatry ( $\sigma$ ) and the  
152 return transition rate to allopatry ( $\epsilon$ ). This latter parameter in turn provides an  
153 estimate of the expected duration of coexistence (i.e.  $1/\epsilon$ ). We start by considering  
154 a Neutral-dispersal model in which all species are governed by equal but low rates  
155 of  $\sigma$  and  $\epsilon$ , and where the cumulative probability of coexistence thus increases  
156 with species age (Fig. 1a)<sup>26</sup>. This scenario can be compared to a ‘Random  
157 coexistence model’, in which  $\sigma$  and  $\epsilon$  are so high that the probability of sympatry  
158 is independent of species age (Fig. 1c). Because the extent of sympatry between  
159 species can vary from marginal to complete overlap, we explore the effects of  
160 using different definitions of sympatry (10-90% overlap in 10% intervals) as well  
161 as models treating sympatry as a continuous rather than a binary trait (see  
162 Methods).

163         Across all range overlap thresholds, we found that a Neutral-dispersal  
164 model is strongly supported compared to a Random coexistence model (Figs. 2a  
165 and 3a, Supplementary Table 1), with the maximum likelihood estimate of  $\sigma = 0.25$   
166 ( $>10\%$  range overlap, 95% CI: 0.21-0.32), equating to an average waiting time to  
167 sympatry following speciation of 3.92 million years (95% CI: 3.14-4.80). Thus,  
168 although it has been suggested that rapid range dynamics will erase the historical  
169 effects of speciation<sup>38,39</sup>, our results show that speciation has left a persistent  
170 signature in current avian distributions. Evidence for a slow transition rate to  
171 sympatry was maintained even after accounting for the potential inhibitory effects  
172 of competition or incomplete reproductive isolation<sup>26,40</sup>, supporting the notion  
173 that time for dispersal imposes an important constraint on geographic range  
174 overlap (see Methods, Supplementary Figure 2, Supplementary Table 2).

175

176 **Figure 2. Historical, intrinsic and environmental predictors of sympatry in**  
177 **birds.** The effect size for each variable, both in isolation (open circles) and for the  
178 full Dispersal+niche assembly model (filled circles, including; age, HWI, island  
179 dwelling, trait divergence, NPP and species richness), is shown as a function of the  
180 % range overlap used to define coexistence ( $n = 1,115$  pairs). Panels above each  
181 plot indicate support (AIC weight, AICW) for the inclusion of each variable in the  
182 full model. Effect sizes (and 95% CI) show the hazard ratio, indicating the change  
183 in the transition rate to coexistence  $\sigma$  (b, c) or the duration of coexistence  $1/\epsilon$  (d-  
184 f) for a unit change in the predictor. Hazard ratios greater or less than 1 indicate  
185 positive and negative effects on coexistence, respectively. In (a) a hazard ratio  
186 estimate is not available for 'age' (see Methods). Support for the effect of age is  
187 plotted as the difference in AIC between a model excluding (Random-coexistence  
188 model) and including (Neutral-dispersal model) age, with higher values indicating  
189 greater support. HWI (hand-wing index) is a measure of wing shape related to  
190 dispersal ability (see Methods).

191

192 **Figure 3. Relative support for different coexistence scenarios** (a) Support for  
193 each coexistence model ( $\Delta AIC$ ) is shown when sympatry among a global sample  
194 of avian sister species ( $n = 1,115$  pairs) is quantified using either a low (20%, open  
195 circle) or high (80%, filled circle) geographic range overlap threshold. (b) the  
196 relative support (AIC weight) for Dispersal- or Niche-assembly scenarios as a  
197 function of geographic range overlap. In (a, b) colours indicate Dispersal-assembly  
198 (blue), Niche-assembly (orange) or Dispersal+niche assembly (magenta) models,  
199 with darker shading within each group of models indicating more complex multi-  
200 predictor scenarios. The variables included in each model are highlighted under  
201 (a). In (b) models with low support are not shown (see Supplementary Table 1 for  
202 model AIC values).

203

## 204 Deterministic-dispersal processes

205 Deterministic assembly models in which  $\sigma$  or  $\epsilon$  vary as a function of dispersal- or  
206 niche-related traits received significantly higher support than neutral models in  
207 which sympatry dynamics are identical across species pairs (Fig. 3a,

208 Supplementary Table 1). In particular, species with more pointed wings—an  
209 adaptation for long distance flight—attain sympatry more rapidly than less  
210 dispersive species (Fig. 2b), while the transition to coexistence is delayed on  
211 islands compared to the mainland (Fig. 2c). These dispersal-related variables  
212 appear to mediate sympatry via their effects on geographic range expansion<sup>41</sup>. In  
213 particular, although they remained significant predictors when considered  
214 alongside niche-related variables, their independent contributions were largely  
215 removed when accounting for variation in geographic range size (Supplementary  
216 Figure 3).

217 The positive effects of intrinsic vagility on the attainment of sympatry has  
218 previously been identified<sup>28</sup>, but the dynamics of sympatry on islands has  
219 remained unresolved<sup>42</sup>. On the one hand, it has been argued that geographic  
220 isolation should inhibit the attainment of sympatry because of reduced rates of  
221 island colonisation, or because any small founding populations are more likely to  
222 suffer stochastic extinctions or introgression with residents<sup>31</sup>. On the other hand,  
223 coexistence may be promoted on islands because of a relaxation of biotic  
224 constraints, including the presence of fewer pathogens and competitors<sup>42</sup>. High  
225 levels of sympatry among some young island lineages such as Darwin’s finches  
226 (*Geospizinae*) would appear to support this latter idea. However, our analysis  
227 suggests that such cases are relatively rare, and that overall the attainment of  
228 sympatry is inhibited in insular systems compared to more continuous mainland  
229 habitats.

230

### 231 Niche-assembly processes

232 Both the extent of species trait divergence and ecosystem productivity were  
233 negatively associated with  $\epsilon$ , and thus positively associated with the duration of  
234 sympatry (Figs. 2d-e and 3a). Such an effect of trait divergence is consistent with  
235 previous studies suggesting that competition<sup>26</sup>, or other antagonistic interactions  
236 (e.g. reproductive interference<sup>40,43</sup> or shared natural enemies<sup>42</sup>), can inhibit  
237 geographic overlap among young and ecologically similar species. Importantly,  
238 the effect of trait divergence was maintained when including a temporal lag in the  
239 attainment of sympatry expected due to either dispersal limitation (Fig. 2d) or



240 incomplete reproductive isolation (Supplementary Figure 2, Supplementary Table  
241 2), suggesting that competition is at least partially responsible for limiting  
242 sympatry.

243 In theory, similarity in species traits could promote coexistence by  
244 equalising differences in fitness<sup>44,45</sup>. However, our results demonstrate that  
245 phenotypic divergence is positively, rather than negatively, associated with  
246 coexistence, suggesting that the stabilising effects of niche differentiation override  
247 any negative effects of differences in competitive ability. Experimental evidence  
248 from plant communities indicates that coexistence may be promoted by  
249 divergence across multiple niche dimensions<sup>46</sup>. Across birds, however, the effects  
250 of phenotypic divergence were primary driven by a single axis, representing  
251 variation in beak and body size with additional trait axes having little or no  
252 discernible effect (Supplementary Figure 4). These different conclusions may  
253 reflect the contrasting scale of our analysis, which focuses on coexistence between  
254 only the most closely related and ecologically similar species where divergence in  
255 size may be the most likely route to avoiding competition<sup>47,48</sup>. Because the  
256 strongest effects of phenotypic divergence were obtained using body size, we  
257 focus on this metric throughout our analysis.

258 The positive effect of NPP on sympatry confirms the role of productivity as  
259 a major driver of coexistence in birds at large spatial scales<sup>13</sup> and provides a  
260 compelling explanation for the strong global association between avian species  
261 richness and NPP<sup>49</sup>. However, the precise mechanism linking productivity and  
262 coexistence remains unclear<sup>13</sup>. One possibility is that higher resource availability  
263 facilitates ecological niche divergence<sup>50</sup>, but our data provide limited support for  
264 this hypothesis; the independent effect of productivity persisted even after  
265 accounting for the extent of phenotypic divergence (Fig. 2e). This may be because  
266 phenotypically similar species are partitioned along niche axes overlooked by our  
267 analyses, such as foraging behaviour or microhabitat preference. Alternatively,  
268 our results may support a niche packing model<sup>36,51</sup> in which high resource  
269 abundance promotes coexistence among phenotypically similar species by  
270 reducing rates of local extinction<sup>17,52</sup>. This model predicts that, for a given level of  
271 trait divergence, coexistence is more likely in productive environments, a pattern  
272 confirmed by our analysis.

273 Bounded models of species diversity predict that sympatry should  
274 accumulate rapidly when diversity is low<sup>11,53,54</sup>. As local richness increases and  
275 niche space becomes filled, opportunities for invasion should decline, leaving  
276 recently diverged lineages 'stuck' in a state of allopatry. Evidence that species  
277 diversity is bounded remains controversial<sup>5,12</sup> and our results initially also appear  
278 to provide little support for this model; depending on the range overlap threshold  
279 used to define sympatry, sister species coexistence is either unrelated or weakly  
280 positively associated with total assemblage species richness (Fig. 2f). However, in  
281 a multivariate model accounting for variation in ecosystem productivity, the effect  
282 of species richness switched to become strongly negative, suggesting that the  
283 continued build-up of widespread sympatry is inhibited in assemblages  
284 containing a high standing diversity relative to their environmental capacity (Fig.  
285 2f). This Bounded niche-assembly model was strongly supported compared to a  
286 model lacking a negative effect of richness (Fig. 3a). Although this need not imply  
287 the existence of a hard upper limit to diversity<sup>17,55</sup>, our results provide key support  
288 for the hypothesis that broad-scale gradients in species richness are strongly  
289 regulated by environmental constraints on coexistence<sup>12,49</sup> and cannot be  
290 explained by purely historical hypotheses focusing on differences in the size or  
291 age of regional species pools<sup>5,56</sup>.

292

### 293 The interplay between dispersal- and niche assembly processes

294 Although limits to sympatry have variously been attributed to a number of distinct  
295 mechanisms<sup>29</sup>, here we show that such single-factor explanations receive little  
296 empirical support compared to more complex scenarios involving multiple  
297 historical, intrinsic and environmental factors (Fig. 3e). Most importantly, models  
298 treating dispersal- and niche-related processes separately received little support  
299 compared to a fully integrated Dispersal+niche assembly scenario (mean AICW =  
300 0.82, Fig. 3a, Supplementary Table 1), highlighting how global patterns of  
301 sympatry can only be understood on the basis of both biogeographical and  
302 ecological factors.

303 One prediction of theoretical models integrating dispersal- and niche-  
304 assembly processes is that the relative importance of niche availability should  
305 increase as rates of dispersal decline<sup>15,21</sup>. Our analysis supports this prediction, by

306 showing that the estimated effects of dispersal- and niche-related factors varies  
307 predictably according to the geographic extent of sympatry (Figs. 2 and 3b).  
308 Specifically, while models representing metrics of dispersal limitation are strongly  
309 supported when predicting the marginal overlap of species distributions (overlap  
310 threshold  $\leq 20\%$ , AICW = 0.82), statistical support switches overwhelmingly to  
311 models representing niche availability when predicting whether species coexist  
312 more widely across their geographic range (overlap threshold  $\geq 80\%$ , AICW =  
313 100) (Figs. 3b, Supplementary Table 1). Thus, while dispersal from adjacent  
314 allopatric source populations is critical in attaining coexistence at the margins of  
315 species ranges, niche availability becomes increasingly important in determining  
316 the extent of mutual range invasion.

317 An important implication of these results is that inferences based on any  
318 single definition of sympatry are unlikely to provide a general explanation for  
319 patterns of geographic range overlap. This may help explain the seemingly  
320 conflicting findings of previous studies that have variously concluded a dominant  
321 effect of either dispersal- or niche-based processes in structuring species  
322 communities<sup>29</sup>. In particular, our results make two key predictions. First, for any  
323 given assemblage, the effects of niche differentiation in stabilising coexistence  
324 should vary predictably between pairs of species according to their degree of  
325 geographic range overlap. Second, the relative importance of niche-based  
326 processes in maintaining diversity should vary across assemblages according to  
327 the average geographic range overlap of the constituent species. To our  
328 knowledge, these hypotheses have never been tested, but raise the prospect that  
329 the processes maintaining coexistence locally may to a certain extent be  
330 predictable on the basis of readily measured macroecological patterns.

331 While our analysis of AIC weights shows the relative support for different  
332 coexistence scenarios (Fig. 3), this does not directly indicate the extent to which  
333 patterns of coexistence are predictable on the basis of dispersal- and niche-related  
334 factors or are instead dominated by stochastic dynamics. To address this, we  
335 quantified the predictability of coexistence by comparing observed patterns to  
336 those expected under each fitted model. Our results show that predictions of  
337 whether any individual pair of species is sympatric have limited accuracy  
338 regardless of the variables included in the model (overlap threshold  $\geq 20\%$ ,  $R^2 <$

339 0.1, Fig. 4). This arises not because of poor model fit, but because most sister pairs  
340 are similarly young, share similar traits, live in similar environments, and are thus  
341 governed by similar dynamics (Supplementary Figures 5-6). In contrast, when  
342 species pairs are sorted into classes according to these properties, differences in  
343 the frequency of sympatry between classes can be predicted much more  
344 effectively, with accuracy increasing with the number of species in each class  
345 (overlap threshold  $\geq 20\%$ ,  $R^2 = 0.73$ , Fig. 4).

346 These findings suggest that, while the probabilistic nature of dispersal and  
347 local extinction events may appear to dominate at the scale of individual sister  
348 pairs, when viewed across larger samples of species, the deterministic effects of  
349 species traits and the environment lead to the emergence of more predictable  
350 patterns. A similar shift from stochastic to deterministic dynamics with increasing  
351 scale has previously been anticipated<sup>25</sup>, and reported in communities of rainforest  
352 trees<sup>57</sup>. Our results suggest that this phenomenon may help explain why  
353 environmental models of species richness typically have such high explanatory  
354 power<sup>49</sup>, despite the potentially idiosyncratic and historically contingent nature  
355 of individual species distributions<sup>58</sup>.

356

357 **Figure 4. Scale-dependency in the predictability ( $R^2$ ) of coexistence.**

358 McFadden's<sup>59</sup> Pseudo- $R^2$  of models predicting the frequency of sympatry (left,  
359  $\geq 20\%$  overlap; right,  $\geq 80\%$  overlap) across classes of varying size (1 to 500 sister  
360 pairs) when including Dispersal- (D), Niche- (N) or both Dispersal- and Niche-  
361 assembly (D+N) processes.

362

363 **Conclusion**

364 Our analysis of avian sister species takes a first step towards quantifying the  
365 relative contributions of multiple assembly processes in generating patterns of  
366 geographic range overlap at a global scale. The approach highlights the role of  
367 numerous factors previously singled out as potential limits to sympatry by  
368 showing that coexistence increases with the rate and time available for dispersal,  
369 is further enhanced by ecosystem productivity and divergence in species traits  
370 and is inhibited in insular environments or those containing large numbers of  
371 species. We demonstrate that none of these factors in isolation can adequately

372 predict patterns of sympatry, which instead requires an integrated model  
373 incorporating the combined effects of both dispersal- and niche-related processes.  
374 While our findings thus reinforce the view that biodiversity is structured by a  
375 complex tapestry of interwoven assembly processes, we have shown that these  
376 interact in predictable ways to determine current patterns of coexistence. Overall,  
377 our analysis demonstrates the power of combining phylogenetic, environmental  
378 and phenotypic data to unweave these processes, paving the way to a more  
379 mechanistic understanding of how broad-scale gradients in species richness and  
380 community structure are generated and maintained.

381

## 382 Methods

### 383 **Sister species geographic overlap**

384 We extracted avian sister pairs and their estimated divergence times (Myr) from  
385 the time-calibrated phylogeny of ref<sup>34</sup> based on the backbone topology of ref<sup>60</sup>  
386 (<http://birdtree.org>). We account for uncertainty in both sister species  
387 assignments and their divergence times by repeating our analysis across 100 trees  
388 drawn at random from the posterior distribution. All reported results are the  
389 mean across the posterior distribution of trees. We pruned each tree to only  
390 include species represented by genetic data ( $n = 6670$ ), resulting in a mean of  $n =$   
391 2152 sister species pairs per tree. Following our previous work<sup>13</sup>, we excluded  
392 sister pairs that i) predominantly forage at sea ( $n = 101$ ), ii) belong to genera  
393 poorly sampled in the tree (<70% species in the genus represented by genetic  
394 data,  $n = 724$ ) and thus where species are unlikely to represent true sisterhoods  
395 and iii) are extremely young (<0.75 Myr,  $n = 191$ ) and thus where ongoing  
396 introgression and ancestral polymorphism is expected to confound reliable  
397 estimates of divergence times<sup>61</sup>. Finally, we removed species pairs for which we  
398 were unable to obtain complete trait data,  $n = 10$ . In total,  $n = 3352$  species across  
399 the  $n = 100$  trees were included in our analysis, with a mean of  $n = 1115$  sister  
400 pairs per tree.

401 We quantified coexistence on the basis of the native breeding distributions  
402 and broad-scale habitat occupancy of species. For each sister pair, we estimated

403 the area of distributional overlap from rasterised (1 km resolution) expert opinion  
404 maps of extent of occurrence (available to view at <http://mol.org>)<sup>62</sup>. We  
405 quantified range overlap between species according to the Szymkiewicz-Simpson  
406 coefficient  $[Area_{Overlap}/\min(Area_{Sister1}, Area_{Sister2})]$ <sup>13</sup>, and also incorporated  
407 information on species habitat and altitudinal preferences<sup>13</sup> to ensure that  
408 coexisting species occupied the same major habitat types and elevation zones.  
409 Following previous methods<sup>13</sup>, sister species occupying non-overlapping  
410 elevation zones (<20% proportional overlap) or utilising different major habitat  
411 types (forest, shrubland, bare ground, wetland) were assigned as not coexisting ( $n$   
412 = 97).

### 413 **Predictors of species coexistence**

414 To calculate extrinsic predictors of sympatry (NPP, species richness and island  
415 dwelling) we extracted species polygon ranges onto an equal area grid (resolution  
416 of 110km, equal to approximately 1 degree at the equator). We quantified the  
417 mean NPP ( $gCM^{-2}$ , 30' resolution)<sup>63</sup> and richness of all 9993 bird species (at the  
418 scale of 110km grid cells) across the geographic distribution of each sister pair.  
419 For allopatric sister pairs, we calculated the mean value across the combined  
420 geographic range of both species (i.e. the union) while for sympatric pairs we  
421 calculated the mean values across those cells where both species were present  
422 (i.e. the intersection). Sister pairs were assigned as 'island dwelling' if the majority  
423 of either species range was found on islands.

424 To quantify dispersal ability and niche similarity, we compiled a database  
425 of phenotypic traits for all sister species based on estimates of mean species body  
426 mass (g)<sup>64</sup> and eight linear traits (beak length [measured both as culmen from  
427 beak tip to skull, and beak tip to nares], beak width and depth [at anterior nares],  
428 tarsus length, wing length [carpal joint to wing tip], first secondary length [carpal  
429 joint to tip of first secondary], and tail length). We measured these eight traits  
430 from museum skins and live birds in the field; see ref<sup>36</sup> for detailed methods. Traits  
431 were selected based on their well-established association with flight ability,  
432 habitat and resource use, thus representing the key dimensions of the avian  
433 niche<sup>36,65</sup>. On average, we obtained measurements for 5.1 individuals per species

434 (2 males and 2 females, where possible); see Database S1 for specimen accession  
435 details and locality information for all birds measured.

436 We combined the nine log-transformed mean species trait values in a  
437 principal components (PC) analysis. The first synthetic axis represents an overall  
438 index of size (PC1), with the remaining axes quantifying variation in shape  
439 (Supplementary Table 3). We retained the first four PC axes which collectively  
440 account for >95% of the variance in species trait values (Supplementary Table 3).  
441 For each sister pair, we quantified the distance (log-transformed) between species  
442 along individual PC axis, and also the total Euclidian inter-species distance along  
443 all axes combined. Total Euclidian distance is primarily driven by the first few PC  
444 axes, which account for the majority of trait variance. We therefore also calculated  
445 the total Euclidian distance after scaling each axis to unit variance to test a model  
446 in which multiple trait dimensions contribute equally to explaining coexistence<sup>46</sup>.  
447 Because the beak has received particular attention as a key trait mediating  
448 competition for ecological resources<sup>66,67</sup>, we re-ran our models using only beak-  
449 related traits (beak length, width, depth) as inputs into our PC analysis  
450 (Supplementary Table 4) to examine the specific effects of beak divergence on  
451 coexistence.

452 We modelled the effects of intrinsic vagility using the hand-wing index  
453 (HWI), a well-established proxy for flight ability in birds<sup>28,35</sup>. HWI was calculated  
454 as

455 
$$HWI = \frac{100 \times \text{Kipp's distance}}{\text{wing chord}}$$

456 where wing chord is the distance from the carpal joint (wrist) to the tip of the  
457 longest primary, and Kipp's distance is the distance between the tips of the longest  
458 primary feather and the first secondary feather, both measured on the closed wing  
459 (i.e. wing length minus first secondary length). Kipp's distances for flightless  
460 species of the genus *Apteryx* could not be measured because they lack visible  
461 wings or wing-feathers, and so these species were assigned the minimum HWI  
462 observed across the dataset. In our analysis, we used the average HWI of each

463 sister pair (log-transformed). In all cases, predictor variables were scaled to unit  
464 variance prior to analysis to enable effects sizes to be compared.

### 465 **Modelling coexistence dynamics**

466 We modelled the dynamics of species coexistence over time as a constant-rate  
467 Markov process<sup>26</sup>. In this model, we assumed that speciation occurs in allopatry  
468 (or parapatry) so that at the time of population divergence sister species have  
469 non-overlapping spatial distributions (state = 0). In birds, this assumption is  
470 justified because previous empirical studies have shown that sympatric speciation  
471 is extremely rare (<5% of speciation events)<sup>28,68-70</sup>. Following speciation, species  
472 pairs transition to a state of sympatry (state = 1) at rate  $\sigma$  and, having attained  
473 sympatry, return to a state of allopatry at rate  $\epsilon$ . Given the observed ages (millions  
474 of years, Myr) and current geographical states of each sister pair (0 or 1), rates of  
475  $\sigma$  and  $\epsilon$  (per sister pair/Myr) can be estimated using maximum likelihood<sup>26</sup>.  
476 Rather than assume a single range overlap threshold to define sympatry, we  
477 repeated our analysis assuming different thresholds, exploring values from 10-  
478 90% in 10% increments.

479 We tested how variables associated with the strength of dispersal  
480 limitation influence the attainment of sympatry in two stages. First, we tested for  
481 an effect of time for dispersal (i.e. species age), by fitting a 'Neutral-dispersal  
482 model' in which both  $\sigma$  and  $\epsilon$  were treated as free parameters that were estimated  
483 from the data ( $n = 2$  parameters, Supplementary Figure 1a). We compared this  
484 model to a 'Random-coexistence model' lacking dispersal limitation, by fixing  $\sigma$  at  
485 an arbitrarily large value ( $\sigma = 1000$ ) and only estimating  $\epsilon$  ( $n = 1$  parameter,  
486 Supplementary Figure 1c). This is equivalent to assuming a waiting time to  
487 coexistence following speciation (i.e.  $1/\sigma$ ) of only 1000 years, which is essentially  
488 instantaneous compared to the average age of the sister species in our dataset  
489 (median = 5.15 Myr). According to this Random-coexistence model, the  
490 probability of coexistence ( $P$ ) is simply defined by the relative rates of  $\sigma$  and  $\epsilon$  [i.e.  
491  $P = \sigma/(\sigma + \epsilon)$ ] and is identical across species pairs. Second, we fitted a set of  
492 'Deterministic-dispersal models' in which we estimated the log-linear effects of  
493 species dispersal ability (HWI) and island dwelling on  $\sigma$ , both individually ( $n = 3$   
494 parameters) and together ( $n = 4$  parameters) (Supplementary Figure 1b).



495 A Random-coexistence model fixing  $\sigma = 1000$ , provides a null expectation  
496 for testing the effects of dispersal limitation, but also provides the foundation for  
497 'Niche-assembly models' testing how the duration of coexistence following  
498 secondary contact (i.e.  $1/\epsilon$ ) varies according to environmental or ecological traits.  
499 Thus, we tested the effects of NPP, trait divergence and species richness on  
500 coexistence by including each of these terms as a covariate on  $\epsilon$ , either individually  
501 or together ( $n = 2$  to 4 parameters, Supplementary Figure 1d). Because we were  
502 particularly interested in isolating the effects of species richness on coexistence  
503 we fitted both a 'Bounded niche-assembly model' and an 'Unbounded niche-  
504 assembly model', that included all niche-related parameters ( $n = 4$  parameters) or  
505 excluded species richness ( $n = 3$  parameters) respectively. Finally, we combined  
506 all predictor variables into a single 'Dispersal+niche assembly model' integrating  
507 the effects of both dispersal limitation on  $\sigma$  and ecological niche availability on  $\epsilon$   
508 (Supplementary Figure 1e,  $n = 7$  parameters). All models were fitted in the R  
509 environment<sup>71</sup> using the *msm* package<sup>72</sup>. We assessed relative model fit on the  
510 basis of the Akaike Information Criterion (AIC)<sup>73</sup>. In addition to absolute AIC  
511 scores, we also calculated model AIC weight (AICW), which quantifies the relative  
512 probability that each model is correct given the set of models being compared.

513 Dispersal-related variables are specifically expected to promote  
514 coexistence by facilitating geographic range expansions. To explore this  
515 possibility, we included the maximum range size of each sister pair as an  
516 additional predictor of  $\sigma$  in our Dispersal+niche assembly model ( $n = 8$   
517 parameters) (Supplementary Figure 3). We confirmed that  $\sigma$  is strongly positively  
518 associated with range size (Supplementary Figure 3a). Having accounted for this  
519 effect, the independent contributions of organism vagility (Supplementary Figure  
520 3b) and island dwelling (Supplementary Figure 3c) were largely removed, while  
521 the effects of niche-related variables remained unaltered (Supplementary Figure  
522 3d-f). Thus, while dispersal-related variables appear to mediate coexistence via  
523 their effects on geographic range expansions<sup>41</sup>, our results suggest that niche-  
524 related variables facilitate coexistence independently of any effect on range size.

525

## 526 **Sensitivity analyses**

527 We conducted additional analyses to ensure that our results were robust to model  
528 assumptions. First, rather than using the individual species age estimates from  
529 each tree (Supplementary Figure 7a-c) we repeated our analysis using the mean  
530 age for each sister pair across the posterior distribution of trees, obtaining very  
531 similar results (Supplementary Figure 7d-f). Second, we tested that the effects of  
532 time for dispersal (i.e. species age) and trait divergence were robust to the  
533 inclusion of a temporal lag in the establishment of sympatry ( $n = 8$  parameters),  
534 as expected if incomplete reproductive isolation initially inhibits coexistence  
535 following speciation (Supplementary Figure 2, Supplementary Table 2)<sup>26,40</sup>. We  
536 modelled this lag by fitting a series of breakpoint transition models in which the  
537 duration of coexistence (i.e.  $1/\epsilon$ ) was initially low (or high) following speciation  
538 but could then increase (or decrease) after a given period of time had elapsed.  
539 Model support was evaluated for different breakpoint values from 1 to 6 Myr post  
540 speciation in 0.5 Myr intervals. Although we found evidence that the duration of  
541 coexistence increases with time since speciation, models with a slow attainment  
542 of secondary contact (i.e.  $\sigma$  is small) and in which trait divergence also mediates  
543 coexistence were still strongly favoured (Supplementary Figure 2, Supplementary  
544 Table 2). These results support the notion that both time for dispersal and trait  
545 similarity impose important constraints on geographic range overlap  
546 independently of any inhibitory effect of incomplete reproductive isolation.

547 Third, although the models presented focus on how niche-related variables  
548 (trait divergence, NPP and species richness) influence  $\epsilon$  and thus the duration of  
549 coexistence, we found that our conclusions were also robust to the alternative  
550 assumption that these variables instead influence  $\sigma$ , which can be interpreted as  
551 the rate of successful colonisation (Supplementary Figure 8). Fourth, to ensure the  
552 significant relationships we detected were not driven by the phylogenetic non-  
553 independence of sister species pairs, we examined the effects of each predictor in  
554 a phylogenetic generalised linear mixed model (PGLMM) using the R package  
555 MCMCglmm<sup>74</sup>. This statistical framework additionally allowed us to explore the  
556 effects of treating range overlap as either a binary or a continuous variable<sup>74</sup>.  
557 Range overlap scores are zero-inflated and so we developed a two-part model  
558 including i) all sister pairs ( $n = 1115$ ) and treating sympatry as a binary variable  
559 (0 [overlap < 10%], 1 [overlap  $\geq$  10%]) and ii) those sister pairs with non-zero

560 overlap scores ( $n = 514$ ) with sympatry modelled as a continuous variable. For the  
561 latter, proportional range overlap scores were logit-transformed, with overlap  
562 values of 1 set to 0.99 prior to transformation. We ran each model for 2.5 million  
563 iterations with a burn-in of 10,000 iterations and a thinning interval of 25,000  
564 iterations.

565 Because phylogenetic heritability ( $H^2$ ) in the incidence ( $H^2 = 0.22$  95% CI  
566 [0.04, 0.50]) or extent ( $H^2 = 0.05$  95% CI [0, 0.30]) of sympatry is low, results  
567 obtained using PGLMMs were very similar to those based on dynamic models  
568 (Supplementary Figure 9, Supplementary Table 5). In particular, this analysis  
569 confirmed the directional effect and significance of each predictor variable and  
570 recovered a similar shift in the identity of core predictors—from dispersal-related  
571 to niche-related variables—with the % range overlap threshold used to define  
572 coexistence (Supplementary Figure 9, Supplementary Table 5).

573

#### 574 **Assessing predictability of sympatry across scales**

575 For different combinations of variables and range overlap thresholds, we fitted an  
576 individual-level logistic-regression predicting sister species sympatry or allopatry  
577 (0,1). We then divided our dataset of sister pairs into  $n$  quantiles according to their  
578 predicted probabilities of sympatry, examining values of  $n$  from 2 to 1000  
579 corresponding to class sizes of  $\sim 500$  to  $\sim 1$  sister pairs respectively. Finally, we fit  
580 a group-level logistic-regression predicting the frequency of sympatry across  
581 classes and calculated McFadden's<sup>59</sup> Pseudo- $R^2$ ,

582 
$$R^2 = \frac{LLFull}{LLNull}$$

583 where  $LLNull$  and  $LLFull$  are the log-likelihoods of the intercept only and full  
584 model respectively.

585

586

587 **Data Availability**

588 The data analysed here is available in the Supplementary Data and  
589 [10.6084/m9.figshare.6171185](https://doi.org/10.6084/m9.figshare.6171185)

590

591 **Code Availability**

592 The code used in this analysis is available in the Supplementary Data and  
593 [10.6084/m9.figshare.6171185](https://doi.org/10.6084/m9.figshare.6171185)

594

595 **Acknowledgements**

596 We are grateful to Chris Cooney, Chris Trisos and members of the Jetz Lab for their  
597 feedback and helpful discussion, and to three anonymous reviewers whose  
598 comments greatly improved the manuscript. This research was funded by the  
599 Netherlands Organisation for Scientific Research VENI grant 863.13.003 (to ALP),  
600 NASA Biodiversity Grant NNX11AP72G and NSF grants NSF DBI 1262600, DBI  
601 0960550, and DEB 1026764 (to WJ), Oxford Clarendon Fund and US-UK Fulbright  
602 Commission (to CS), John Fell Fund and NERC grant NE/I028068/1 (to JAT).

603

604 **Author contributions**

605 ALP, WJ, CS and JAT conceived the study; CS, JAT and WJ contributed data; ALP  
606 performed the analysis and wrote the first draft. All authors contributed to the  
607 writing of the manuscript.

608

609 **Declaration of competing interests**

610 The authors declare no competing interests.

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784



785 **Figure 1. Models of species coexistence.** Whether avian sister species coexist is  
786 governed by the rate at which lineages attain sympatry following speciation ( $\sigma$ ,  
787 solid lines), and then return to a state of allopatry due to local extinction ( $\epsilon$ , dashed  
788 lines). Different assembly models (a-e) make different predictions regarding the  
789 absolute rates of these dynamics, and their relationship with species traits or  
790 environmental contexts (lines are for illustration only). First, dispersal limitation  
791 may lead to a slow transition to sympatry at a rate that (a) is approximately equal  
792 or (b) varies deterministically across species. Second, niche-assembly models  
793 lacking dispersal limitation (i.e.  $\sigma$  is high), predict that the return rate to allopatry  
794 is modulated by ecological factors that may either be equivalent (c) or differ  
795 predictably across species (d). Finally, transition rates to and from coexistence  
796 may vary across species according to both dispersal- and niche-related factors (e).  
797 Together these models define a two-dimensional space, quantifying both the  
798 degree of stochasticity and the relative contribution of dispersal- and niche-based  
799 processes in limiting coexistence. NPP is net primary productivity (see Methods).  
800

801 **Figure 2. Historical, intrinsic and environmental predictors of sympatry in**  
802 **birds.** The effect size for each variable, both in isolation (open circles) and for the  
803 full Dispersal+niche assembly model (filled circles, including; age, HWI, island  
804 dwelling, trait divergence, NPP and species richness), is shown as a function of the  
805 % range overlap used to define coexistence ( $n = 1,115$  pairs). Panels above each  
806 plot indicate support (AIC weight, AICW) for the inclusion of each variable in the  
807 full model. Effect sizes (and 95% CI) show the hazard ratio, indicating the change  
808 in the transition rate to coexistence  $\sigma$  (b, c) or the duration of coexistence  $1/\varepsilon$  (d-  
809 f) for a unit change in the predictor. Hazard ratios greater or less than 1 indicate  
810 positive and negative effects on coexistence, respectively. In (a) a hazard ratio  
811 estimate is not available for 'age' (see Methods). Support for the effect of age is  
812 plotted as the difference in AIC between a model excluding (Random-coexistence  
813 model) and including (Neutral-dispersal model) age, with higher values indicating  
814 greater support. HWI (hand-wing index) is a measure of wing shape related to  
815 dispersal ability (see Methods).

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821 **Figure 3. Relative support for different coexistence scenarios** (a) Support for  
822 each coexistence model ( $\Delta AIC$ ) is shown when sympatry among a global sample  
823 of avian sister species ( $n = 1,115$  pairs) is quantified using either a low (20%,  
824 open circle) or high (80%, filled circle) geographic range overlap threshold. (b)  
825 the relative support (AIC weight) for Dispersal- or Niche-assembly scenarios as a  
826 function of geographic range overlap. In (a, b) colours indicate Dispersal-  
827 assembly (blue), Niche-assembly (orange) or Dispersal+niche assembly  
828 (magenta) models, with darker shading within each group of models indicating  
829 more complex multi-predictor scenarios. The variables included in each model  
830 are highlighted under (a). In (b) models with low support are not shown (see  
831 Supplementary Table 1 for model AIC values).

832 **Figure 4. Scale-dependency in the predictability ( $R^2$ ) of coexistence.**  
833 McFadden's<sup>59</sup> Pseudo- $R^2$  of models predicting the frequency of sympatry (left,  
834  $\geq 20\%$  overlap; right,  $\geq 80\%$  overlap) across classes of varying size (1 to 500 sister  
835 pairs) when including Dispersal- (D), Niche- (N) or both Dispersal- and Niche-  
836 assembly (D+N) processes.  
837