

Clinical Radiology

Texture Analysis of Cardiovascular Magnetic Resonance Cine Images differentiates etiologies of left ventricular hypertrophy

--Manuscript Draft--

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Corresponding Author:	Rebecca Sally Schofield, MBChB Peterborough City Hospital Peterborough, UNITED KINGDOM
Corresponding Author Secondary Information:	
Corresponding Author's Institution:	Peterborough City Hospital
Corresponding Author's Secondary Institution:	
First Author:	Balaji Ganeshan
First Author Secondary Information:	
Order of Authors:	Balaji Ganeshan Rebecca Sally Schofield Marianna Fontana Arthur Nasis Silvia Castelletti Stefania Rosmini Thomas Treibel Charlotte Manisty Raymond Endozo Ashley Groves James Moon
Order of Authors Secondary Information:	
Abstract:	<p>Abstract</p> <p>Background: Textural analysis (TA) shows promise as radiological biomarker. The use of native TA in the field of cardiology is unproven. We hypothesized that Cardiovascular Magnetic Resonance pre-contrast bSSFP cine images could be analysed using TA software; TA features would differentiate different aetiologies of disease causing increased myocardial wall thickness (left ventricular hypertrophy {LVH}) and indicate the severity of myocardial tissue abnormality.</p> <p>Methods: A mid short axis pre-contrast cine frame of 216 cases (50 hypertrophic cardiomyopathy (predominantly LVOTO sub type) (HCM), 52 cardiac amyloid (predominantly AL sub-type) (CA), 68 aortic stenosis (AS), 15 hypertensive with LVH (HTN+LVH) and 31 healthy volunteers (HV)) underwent CMRTA using TexRAD (TexRAD Ltd, Cambridge, UK). Among HV, 16/ 31 were scanned twice to form a test-retest reproducibility cohort. CMRTA comprised a filtration-histogram technique to extract and quantify features using 6 parameters.</p> <p>Results: Test-retest analysis in HV showed a medium filter (3mm) was the most reproducible (intra-class correlation of 0.9 for kurtosis and skewness and 0.8 for mean and SD). Disease cohorts were statistically different ($p < 0.001$) to health for all parameters. Pair wise comparisons of CMRTA parameters showed kurtosis and</p>

skewness consistently significant in ranking degree of difference from HV (greatest to least); CA, HCM, LVH+HTN, AS ($p < 0.001$). Similarly mean, SD, entropy and mean positive pixel (MPP) were consistent in ranking degree of difference from HV; HCM, CA, AS and HTN+LVH.
Conclusion: Radiomic features of bSSFP CMR data sets, derived using TA, show promise in discriminating between aetiologies of LVH.

Texture Analysis of Cardiovascular Magnetic Resonance Cine Images differentiates etiologies of left ventricular hypertrophy

Rebecca Schofield,^{1,2*} Balaji Ganeshan^{3*}, Marianna Fontana⁴, Arthur Nasis⁵, Silvia Castelletti⁶, Stefania Rosmini¹, Thomas A Treibel^{1,2}, Charlotte Manisty^{1,2}, Raymond Endozo³, Ashley Groves^{3*}, James C Moon^{1,2*}

1. Barts Heart Centre, London, UK
2. Institute of Cardiovascular Science, University College London, UK
3. Institute of Nuclear Medicine, University College London, UK
4. National Amyloid Centre, Royal Free Hospital, London, UK
5. Monash Cardiovascular Research Centre, Monash University Department of Medicine (MMC), Melbourne, Australia
6. Istituto Auxologico Italiano IRCCS, Milan, Italy

* - joint-authors

Short title: Texture analysis in LVH

Author Emails:

rebecca.schofield@doctors.org.uk, b.ganeshan@ucl.ac.uk, m.fontana@ucl.ac.uk, arthurnasis@yahoo.com.au, silvia_castelletti@libero.it, sterosmini@gmail.com, thomas.treibel@gmail.com, cmanisty@gmail.com, raymond_612003@yahoo.com, a.groves@ucl.ac.uk, james.moon@uclh.nhs.uk

Corresponding Author:

Dr Rebecca Schofield
North West Anglia Foundation Trust
Bretton Gate
Peterborough
PE3 9GZ
Email: rebeccaschofield@doctors.org.uk

Competing interests- Dr Balaji Ganeshan is the CEO of TexRad a commercially available software used to analyze the data.

Author Contributions

1. Guarantor of integrity of the entire study; Balaji Ganeshan, Ashley Groves, James C Moon
2. Study concepts and design; Balaji Ganeshan, Ashley Groves, James C Moon, Charlotte Manisty, Arthur Nasis
3. Literature research; Rebecca Schofield
4. Clinical studies; James C Moon, Marianna Fontana, Silvia Castelletti, Stefania Rosmini, Thomas A Treibel
5. Experimental studies / data analysis; Balaji Ganeshan, Raymond Endozo
6. Statistical analysis; Balaji Ganeshan
7. Manuscript preparation; Rebecca Schofield, Balaji Ganeshan, James C Moon
8. Manuscript editing; Silvia Castelletti, Stefania Rosmini, Thomas A Treibel, Charlotte Manisty

Dear Editor,

Thank you for your email outlining the reviewers comments.

Please find enclosed the revised manuscript. Since this project was first envisaged the field of radio-omics has become an area of increasing research interest. The reviewers constructive criticisms were very helpful and we thank them for their time.

Please see the point-by-point response to the reviewers comments.

Specific points:

1. The introduction section outlines the application of TA to oncological radiomics, but has not mentioned any of the published cardiac applications of TA. There are recent publications of TA application in hypertrophic cardiomyopathy and myocardial infarction that should be referenced in the manuscript.
References 12,13,14 added.
2. Line 45 - please elaborate what abbreviation SAP scan stands for
Added to the list of abbreviations
3. Please recheck the number for subsections in Results as they do not appear to run in order
Order ammended
4. It would help contextualise the data if there is CMR phenotypic or volumetric data for the subjects included in the various disease states - for example, it would be useful to know how significant the LVH is in hypertension cohort or asymmetrical septal hypertrophy is in HCM cohort. Was volumetric and functional data acquired and available for the study subjects?
Limited data regarding the phenotyping is available. There is a new paragraph to highlight this to the readers
5. Section III of Results where pairwise comparisons of disease states have been made and listed. This section is quite difficult to comprehend apart from the statistically significant p values listed. Please consider alternative presentation of the data, as listing each p value does not really provide any clinical context to the results
Revision of this section adding in plausible clinical context.
6. Were LGE positive regions included in the analysis of bSSFP segments analysed with TA in the Results section (lines 219-223)?
Yes
7. The statement in Discussion section where 'this is the first example of the use of TA technique.... (line 280) is incorrect as there are other published applications of non-contrast CMR.
Ammended
8. In Limitations, it is state that 'the patients in each disease cohort varied in terms of severity of disease'. There has been no corresponding data presented in the manuscript (see Point 4 above)
Ammended
9. Figure 3 - the patients in the hypertension group have not been included in the Figure. Was this an inadvertent omission?
Ammended
10. Please consider re-tabulating Table 3 or presenting the data in an easier format to interpret
The additional explanation in the main body of the text should assist the reader to interpret Table 3

Whilst the concept of applying textural analysis to cardiac pathology in non-contrast CMR is attractive, the data presented does not actually discriminate between the different disease states encompassed. The results are presented in lists of pairwise comparisons that do not provide any clinical context to the disease states or severity of pathology being analysed. Whilst there are statistically significant differences in the parameters presented, these have limited clinical meaning and relevance in current format of

results presented. The statistics performed unfortunately appear to be a 'fishing' exercise for statistically significant p values. There is no CMR phenotypic/volumetric or functional data provided, so it is difficult to know if the statistically significant differences in different disease states analysed by TA actually reflect different clinical phenotypes.

Reviewer 1 comments are welcomed and respected we offer an alternative view point:

Our study is exploratory but not a fishing exercise. We used test-retest cohorts for technical validation which identified SSF 3 to be the most robust and reproducible for CMR. We then performed clinical validation and demonstrated a difference in the parameters between the HV and disease cohorts. We explored the differences in parameters between disease cohorts and gave potential plausible explanation. We took steps to reduce false discovery rate by limiting the statistical comparisons by first deriving the most robust filter size.

In addition, traditional scientific methodology requires the generation of a hypothesis and the derivation of an experiment to test said hypothesis. Use of 'big data' to 'trawl' for pattern recognition turns this ideology on its head but has led to new scientific developments and the better understanding of diseases. Although we understand the limitations of the study and do not advocate the use of the technique in clinical medicine in its current form we would advocate further study and better understanding before deciding on clinical utility. We feel it is important that this data is published to ensure scientific progression.

Reviewer #2: Thank you for asking me to review this interesting paper on textural analysis of SSFP cine imaging in CMRI.

I must disclose that I have no experience of textural analysis of medical imaging, however it is becoming increasingly clear that we need to maximize the amount of data we draw from our imaging investigations as the processing of large data sets with machine learning becomes more commonplace. The role of CMR in the differentiation of etiologies for myocardial hypertrophy is a particularly rich field for research involving late gadolinium enhancement and parametric mapping. The possibility of interrogating our standard cine images to help in this delineation is very attractive.

I found this paper to be written well with sound methodology, the figures and tables were clear. I would recommend formal statistical analysis due to the volume of data processed.

Formal statistical analysis was performed

As tissue parametric maps are beginning to be accepted as the standard for the evaluation of diffuse hypertrophy I was pleased that the authors proposed evaluating for correlation with these techniques in the methods, unfortunately presumably due to the retrospective nature of this study only ECV in the cardiac amyloid group was available.

This is true

Thank you again for your comments. Please let us know if any further changes are required.

1 **Abstract**

2 **Background:** Textural analysis (TA) shows promise as radiological biomarker. The use of
3 native TA in the field of cardiology is unproven. We hypothesized that Cardiovascular
4 Magnetic Resonance pre-contrast bSSFP cine images could be analysed using TA software;
5 TA features would differentiate different aetiologies of disease causing increased myocardial
6 wall thickness (left ventricular hypertrophy {LVH}) and indicate the severity of myocardial
7 tissue abnormality.

8 **Methods:** A mid short axis pre-contrast cine frame of 216 cases (50 hypertrophic
9 cardiomyopathy (predominantly LVOTO sub type) (HCM), 52 cardiac amyloid
10 (predominantly AL sub-type) (CA), 68 aortic stenosis (AS), 15 hypertensive with LVH
11 (HTN+LVH) and 31 healthy volunteers (HV)) underwent CMRTA using TexRAD (TexRAD
12 Ltd, Cambridge, UK). Among HV, 16/ 31 were scanned twice to form a test-retest
13 reproducibility cohort. CMRTA comprised a filtration-histogram technique to extract and
14 quantify features using 6 parameters.

15 **Results:** Test-retest analysis in HV showed a medium filter (3mm) was the most reproducible
16 (intra-class correlation of 0.9 for kurtosis and skewness and 0.8 for mean and SD). Disease
17 cohorts were statistically different ($p < 0.001$) to health for all parameters. Pair wise
18 comparisons of CMRTA parameters showed kurtosis and skewness consistently significant in
19 ranking degree of difference from HV (greatest to least); CA, HCM, LVH+HTN, AS
20 ($p < 0.001$). Similarly mean, SD, entropy and mean positive pixel (MPP) were consistent in
21 ranking degree of difference from HV; HCM, CA, AS and HTN+LVH.

22 **Conclusion:** Radiomic features of bSSFP CMR data sets, derived using TA, show promise in
23 discriminating between aetiologies of LVH.

24

1 **Introduction**

2 The ability of cardiovascular magnetic resonance (CMR) imaging to aid in tissue
3 characterisation has propelled its use into mainstream clinical cardiology. Late gadolinium
4 enhancement (LGE) imaging and parametric mapping of the myocardium (native T1, T2, T2*
5 and extracellular volume (ECV) maps) offer **non-invasive assessment of myocytes and**
6 **interstitium. These techniques may require the administration of a gadolinium-based contrast**
7 **agent, additional sequences and breath-holds for the patient. They may be non-specific in early**
8 **disease. The ability to mine the existing basic data set, using computer algorithms, is an area**
9 **of current research interest. Each voxel in bSSFP data sets is an expression of the physical**
10 **structure it represents.**

11 **The field of ‘Radiomics’ is the process of obtaining quantitative data from these qualitative**
12 **radiological images combined with the use of Artificial Intelligence (AI) this data can be used**
13 **to create big data sets which can be processed and the data acquired can be linked to patient**
14 **characteristics and prognostic data. With deep machine learning algorithms this large volume**
15 **dataset may be used as an ancillary diagnostic tool. Radiomics may even be used to assess**
16 **response to treatment or to convey certain prognostic characteristics.**

17 **Textural analysis (TA) has been used for several decades in many domains.** Within medical
18 imaging the technique has generated interest in diverse applications over recent years. In
19 oncology, TA of computed tomography (CT) images has shown correlation to underlying
20 tumor biology by differentiating different histological features (associated with the different
21 hallmarks of cancer) and specific gene mutations.¹⁻⁴ In established malignancies, TA relates to
22 tumor histology^{5,6} across many common solid tumors (lung, colorectal, oesophageal, breast),
23 it correlates with specific gene mutations and can track therapeutic responses.⁷⁻¹⁰ Outside of
24 oncology, non-malignant organ changes can be detected (for example liver cirrhosis and usual
25 interstitial pneumonitis).¹¹ TA applied to CT, MRI and positron emission tomography (PET)

26 imaging shows promise in oncological radiomics. Within cardiac imaging CMR-TA has been
27 used to assess the risk of arrhythmia post MI¹², the use of CMR-TA in pre contrast and LGE
28 imaging of patients with Hypertrophic Cardiomyopathy to predict outcome is a current area of
29 particular interest^{13,14}.
30 This project started several years ago at a time when CMRTA had not been reported. We first
31 hypothesised that, routine CMR cine images would be amenable to TA; TA features would
32 differentiate between the different etiologies of disease that cause increased myocardial wall
33 thickness (left ventricular hypertrophy [LVH]) and also healthy controls. Finally we
34 hypothesised CMRTA would provide additional supporting information which may act as a
35 surrogate marker for tissue abnormality by demonstrating correlation between abnormal
36 CMRTA and presence of LGE/increased ECV.

37

38

39 **Methods**

40

41 **Study Population**

42 We performed a retrospective analysis of five cohorts of subjects.

43

44 All subjects had given informed written consent for their anonymised images being used in
45 clinical research. Analysis was performed on anonymised data from study participants who
46 had previously provided written informed consent for CMR research approved by a local
47 research ethics committee at xxxxxxxxxxxx.

48

- 49 1. Cardiac Amyloid (CA, n=52), confirmed by tissue biopsy, positive SAP scan or cardiac
50 involvement diagnosed by echo criteria.
- 51 2. Hypertrophic Cardiomyopathy (HCM, n=50): randomly selected clinically confirmed
52 HCM patients with LVH, predominantly LVOTO subtype (recruited from an ongoing
53 HCM study).
- 54 3. Severe Aortic Stenosis (AS, n=68). CMR prior to Aortic Valve Replacement

- 55 4. Hypertensive patients with LVH confirmed by increased indexed LV mass on echo
56 (HTN+LVH, n=15).
- 57 5. Healthy Volunteers (HV, n=31) all prospectively recruited volunteers with no history
58 of cardiovascular disease (normal health questionnaire, normal electrocardiogram, no
59 cardioactive medication except for primary prevention). This group included 16 healthy
60 volunteers who were scanned twice with deliberate changes to scanning parameters to
61 alter SNR and CNR. This reproducibility testing was performed to identify the most
62 robust CMRTA parameters.

63

64

65

66 **CMR examination**

67 CMR was performed on a 1.5T clinical scanner (Avanto, Siemens Healthcare, Erlangen,
68 Germany) following obtained written consent for anonymised research participation. A mid
69 short axis balanced SSFP pre-contrast cine was acquired in accordance to the Society for
70 CMR (SCMR) guidelines as part of the routine scanning protocol in each study¹⁵. The ECV
71 was quantified. The contrast agent used was gadoterate meglumine [Dotarem, Guerbet SA,
72 Paris, France] at a dosage of 0.1mg/kg. LGE imaging was performed approximately 10
73 minutes following administration using either a standard fast low-angle single shot inversion
74 recovery (FLASH) or true fast imaging with steady state free precession sequence (FISP)
75 with a phase sensitive inversion recovery (PSIR) reconstruction. Presence or absence of LGE
76 was reported by an experienced CMR physician (>10 years CMR). For the Amyloid cohort
77 T1 maps and ECV quantification was performed as outlined in previous studies.¹⁶
78 In the test-retest cohort of 16 healthy volunteers, a pre-contrast SSFP short axis cine was
79 acquired in accordance to the SCMR guidelines¹⁵. The volunteer was taken out of the

80 magnet and repositioned. The piloting and bSSFP SAX cine was then repeated using a
81 different phase encoding direction and FOV. The studies were anonymised and randomised
82 so the CMRTA operator was blinded. This test-retest cohort with altered scanning parameters
83 was employed to assess the variability/reproducibility of CMRTA parameters to simulate the
84 normal routine clinical practice where there will be variation in scanners, scanning protocol
85 between different centres or between serial scans on the same magnet.

86
87
88

89 **CMRTA**

90 CMRTA was assessed using a filtration-histogram technique using a commercially available
91 research software (TexRAD, TexRAD Ltd, www.texrad.com, part of Feedback Plc,
92 Cambridge, UK).^{3-10,17} Whole endocardial and epicardial contours were drawn identifying the
93 whole myocardium for analysis. CMRTA comprised an initial filtration-step using a band-pass
94 Laplacian of Gaussian filter (similar to a non-orthogonal Wavelet) to extract and enhance
95 visually imperceptible features corresponding to variation in sizes, number and tonal intensities
96 in relation to the background-tissue/surrounding-pixels defined as fine, medium and coarse
97 texture scales corresponding to the spatial scale filter (SSF). SSF has typically taken the values
98 of 2mm (fine), 3mm (medium) and 6mm (coarse). This was followed by quantification of
99 textures from the filtered intensity maps using histogram based statistical analysis which
100 describes the shape of the histogram. Typical CMR SSFP imaging voxel size is
101 2.0mmx2.0mmx8.0mm (TR/TE 39.6/1.12ms), flip angle 55 deg, matrix 192x192. Parameters
102 included - mean intensity , standard deviation, entropy, mean of positive pixel (MPP), kurtosis
103 and skewness. Table 1 –Definition of parameters.

104

105 Typically, for 'normal' tissue histograms are near Gaussian e.g. kurtosis and skewness near
106 zero. Pathology changes this.^{18,19} In brief, 'mean' changes approximately in proportion to the
107 number of objects/features highlighted and their mean brightness (dark objects are negative).
108 MPP only includes pixels greater than zero (i.e bright) and so reduces the impact of dark objects
109 on the mean histogram value. SD increases approximately in proportion to the square root of
110 the number of features highlighted and their mean intensity difference compared with the
111 background (i.e. dark and bright objects are both counted). Skewness is related to the average
112 brightness of the highlighted features, moving away from zero with intensity variation in
113 highlighted features and towards zero with an increasing number of features highlighted.
114 Kurtosis is inversely related to the number of features highlighted (whether bright or dark) and
115 increases by intensity variations in highlighted features. Entropy reflects how irregular or
116 'random' the pixel intensity distribution is. Figures 1 illustrates the workflow of undertaking
117 the CMRTA.

118

119

120 **Statistical Analysis**

121 IBM SPSS Statistics (version 22, Chicago, Illinois) was used for statistical analysis. Test-retest
122 (reproducibility) of the CMRTA parameters across the 3 SSF values (fine, medium, coarse)
123 was evaluated using the intra-class correlation (ICC). $ICC > 0.75$ were considered to be
124 reproducible. Bland-Altman plots were used to visualise the average-difference plot for the
125 CMR parameters. Amongst the three different SSF values representing fine, medium and
126 coarse texture scales, one which demonstrated the texture parameters to be most robust (based
127 on the above reproducibility analyses) were further evaluated for their clinical diagnostic
128 capabilities. For each disease sub-types, and each preselected texture parameter, box and
129 whisker plots were generated with non-parametric pairwise Kruskal Wallis and Mann Whitney

130 testing to identify pairwise differences. ROC analysis was performed to assess the sensitivity
131 and specificity of each parameter in differentiating AS from HTN+LVH on the basis of
132 CMRTA alone.

133 Mann Whitney test was used to assess any of the derived texture parameters could differentiate
134 between LGE positive versus negative. Spearman's rank correlation test was used to identify
135 if there was a correlation between ECV and any of the derived textural parameters. P-value of
136 <0.001 was regarded as significant.

137 With 5 conditions, 3 filters and 6 parameters, multiple pairwise parameters are possible so to
138 avoid issue related to multiple testing and false discovery rate, we selected to pursue the most
139 reproducible parameters (using the test-retest reproducibility assessment in the healthy
140 volunteers as a marker of information extraction rather than scatter).

141

142 **Results**

143 **Given the number of components to this preliminary study the results are presented in the**
144 **order of Test-retest analysis (to inform the most reproducible filter size), Comparison of the**
145 **parameters derived in HV vs all disease groups, the results of comparison between the**
146 **disease states and finally the analysis with the disease cohorts of HCM and CA of patients**
147 **with different clinical phenotypes.**

148

149 **I. Test re-test analysis**

150 Comparing filters, the medium (spatial scale factor, SSF=3mm) filter was the most
151 reproducible (example: ICC for Mean, SD, skewness and kurtosis were 0.84, 0.75, 0.92 and
152 0.87 respectively, average ICC= 0.85). Average ICC of the same parameters for fine (2mm)
153 was 0.70 and coarse (6mm) was 0.76.

154 Bland-Altman plots for Mean, SD, skewness and kurtosis using SSF 3 for the test-retest cohort

155 is shown in Figure 2.

156 Absolute values for the 6 derived parameters in HV and each disease state are shown in Table
157 2 (all figures to 2 decimal places) and Figure 3.

158 Accordingly only texture quantifiers at medium filter (SSF 3mm) was pursued further for
159 statistical analysis to evaluate clinical diagnostic capabilities.

160

161 **II Health vs Disease (Figure 3)**

162 Figure 3 highlights that the parameters can be positive or negative so we assessed degree of
163 change from zero. Within our study mean and skewness were generally negative, suggesting
164 more dark objects were highlighted in all cohorts, whereas SD, entropy and MPP were
165 generally positive. By definition SD and MPP should be positive. The fact that entropy was
166 positive suggests a degree of irregularity within the myocardium. Kurtosis, indicates the visual
167 contrast. A high/positive kurtosis indicates a greater range of contrast and a low/negative
168 kurtosis indicates a narrower range of visual contrast.

169 Comparing the 4 disease states (CA, HCM, AS, HTN+LVH), to health (HV), the mean, SD,
170 MPP and entropy showed the greatest difference from zero in the HV whereas kurtosis and
171 skewness were closest to zero in HV. This may suggest that in HV there is a narrower range
172 of visual contrast and that there is a normal distribution curve of the pixel intensities in HV.

173 Between disease conditions the greatest differences in parameters from health were in HCM
174 (mean, SD, entropy, MPP) and CA (kurtosis, skewness). Specifically - HCM and CA were
175 most different to health (all six texture parameters statistically different, each $p < 0.001$); then
176 AS (5 parameters were different $p < 0.001$; entropy was not), and HTN+LVH (5 were different
177 - mean, SD, entropy, and kurtosis, each $p < 0.001$, MPP $p < 0.002$).

178 The histological processes in CA and HCM differ, however, it is likely that the degree of
179 myocardial abnormality in the CA and HCM cohort would be greater than in the AS and
180 HTN+LVH cohorts.

181 Broadly speaking in CA there is an expansion of the myocardial interstitial matrix as a result
182 of abnormal protein deposition. There is a predilection for subendocardial involvement,
183 however, when compared to HCM there is more likely to be a relatively uniform degree of
184 abnormality compared to healthy myocardium. The finding that CA showed the largest range
185 of pixel visual contrast (kurtosis) and skewness may suggest the detection of a 'granularity'
186 and degree of average brightness of the pixels.

187 Broadly speaking in HCM there is diffuse myocardial fibrosis and myofibril disarray with
188 patches of focal interstitial fibrosis. This would make HCM the most 'random' pathology in
189 terms of the disease pattern within the myocardium. The finding that entropy was the most
190 different to HV therefore has potential plausible explanation.

191

192

193 **III Comparing Disease States-Pairwise comparisons (Figure 4/Table 3)**

194 Table 3 highlights the pair-wise comparison of the study cohorts. Figure 4 demonstrates box
195 and whisker plots for the CMRTA derived parameters across the cohorts.

196

197 Within the 4 diseases differences (6 pairs), the following results were observed:

198 **a. HCM vs CA**

199 Mean ($p=0.019$) and skewness ($p=0.002$) were negative and nearer to zero (i.e. 'higher') in
200 HCM compared to CA. SD ($p<0.001$), entropy ($p<0.001$), MPP ($p=0.002$) and kurtosis
201 ($p=0.026$) were positive and nearer to zero (i.e. 'lower') in HCM compared to CA.

202 The pixel brightness was therefore higher in HCM. The pixel brightness, the number of
203 abnormal features highlighted and the degree of irregularity were all higher in HCM. The range
204 of pixel visual contrast was higher in CA.

205 **b. HCM vs AS**

206 Mean ($p<0.001$) and skewness ($p=0.095$, NS) were negative with Mean being nearer to zero
207 (i.e. 'higher') whereas Skewness showed a greater deviation from zero (i.e. 'lower') in HCM
208 compared to AS.

209 SD ($p<0.001$), entropy ($p<0.001$) and MPP ($p<0.001$) were positive and nearer to zero (i.e.
210 'lower') in HCM compared to AS. Kurtosis ($p<0.001$) was positive and away from zero (i.e.
211 'higher') in HCM compared to AS.

212 Therefore, compared to AS, HCM showed fewer objects highlighted but a larger range of pixel
213 intensities and a higher degree of irregularity.

214 **c. CA vs AS**

215 Mean ($p<0.001$) and skewness ($p<0.001$) were negative with Mean being closer to zero (i.e.
216 'higher'). Skewness, showed a greater deviation from zero (i.e. 'lower') ($p<0.001$) in CA
217 compared to AS.

218 SD ($p<0.001$), entropy ($p=0.001$), MPP ($p<0.001$) were all positive and were nearer to zero
219 (i.e. 'lower') in CA compared to AS. Kurtosis ($p<0.001$) was also positive and more deviated
220 from zero in CA (i.e. 'higher') compared to AS.

221 Therefore compared to AS, CA showed fewer number of features highlighted but a larger range
222 of pixel intensities and a higher degree of irregularity.

223 **d. HCM vs HTN+LVH**

224 Mean ($p=0.064$) was negative and closer to zero (i.e. 'higher') in HCM compared to
225 HTN+LVH ($p=0.064$). Skewness was also negative with a greater deviation from zero in HCM
226 (i.e. 'lower'), ($p=0.001$) compared to HTN+LVH.

227 SD ($p=0.035$), entropy ($p=0.012$) and MPP ($p<0.001$) were all positive and all were lower in
228 HCM compared to HTN+LVH.

229 Kurtosis showed a trend to be higher in HCM compared to HTN+LVH but did not reach
230 statistical significance, ($p=0.162$).

231 Interestingly the difference between the range of pixel intensity highlighted was not statistically
232 different between the HCM and HTN+LVH cohorts. The pixel brightness and degree
233 irregularity was greater in the HCM group.

234 **e. CA vs HTN+LVH**

235 Mean was negative and showed a trend to be further from zero (ie 'lower') in CA compared to
236 HTN+LVH but did not reach significance ($p=0.874$).

237 MPP ($p=0.003$) and skewness ($p<0.001$) were positive and significantly closer to zero (i.e.
238 lower) in CA compared to HTN+LVH. Kurtosis was positive and higher in CA, ($p=0.002$).

239 SD ($p=0.198$) and entropy ($p=0.134$) were negative and closer to zero (i.e. lower) in CA
240 compared to HTN+LVH but did not reach statistical significance.

241 The degree of pixel brightness was higher in the CA cohort but the number of features
242 highlighted was lower. Perhaps this may explain why the entropy did not reach statistical
243 significance.

244 **f. AS vs HTN+LVH**

245 Mean ($p<0.001$) and skewness ($p=0.002$) were negative and further from zero (i.e. 'lower') in
246 AS than HTN+LVH.

247 SD ($p<0.001$) and entropy ($p<0.001$) were positive and further from zero (i.e. 'higher') in AS
248 compared to HTN+LVH. MPP ($p=0.767$) showed a trend to be lower in AS compared to
249 HTN+LVN but did not reach statistical significance.

250 Kurtosis ($p=0.041$) was lower in AS compared to HTN+LVH.

251 The degree of irregularity and the range of pixel intensities was higher in the AS group, perhaps
252 suggesting more severe disruption to the myocardium (myocytes and extra-cellular matrix).

253

254 The strongest results could generate ROC curves eg HCM (most change in parameters from
255 HV) vs AS (least change in parameters from HV).

256 A mean ≥ -97.64 identified HCM from AS with a sensitivity of 72% and specificity of 94%
257 (AUC=0.89, $p < 0.001$, Figure 5). A kurtosis ≥ 1.3550 identified HCM from AS with a
258 sensitivity of 72.0% and specificity of 69.1% (AUC=0.75, $p < 0.001$). A SD < 158.5550
259 identified HCM from AS with a sensitivity of 75.0% and specificity of 78.0% (AUC=0.86,
260 $p < 0.001$). An entropy < 5.9000 identified HCM from AS with a sensitivity of 72.1% and
261 specificity of 78.0% (AUC=0.87, $p < 0.001$). A MPP < 46.7600 identified HCM from AS with
262 a sensitivity of 71.0% and specificity of 78.0% (AUC=0.81, $p < 0.001$).

263

264

265

266

267 **IV. Disease subgroups: LGE in HCM and ECV in CA**

268 Clinical phenotypic data was not routinely collected for the purposes of this preliminary study.

269 For the disease cohorts of HCM and CA clinical phenotypic data in the form of HCM LGE+/-
270 and CA ECV was available. Comparison of the parameters showed that in HCM, mean was
271 significantly higher ($p=0.031$) and MPP was significantly lower ($p=0.045$) in LGE +ve
272 compared to LGE -ve group. Figure 5.

273 For CA, the correlation between kurtosis and ECV was not significant ($r_s=0.222$, $p=0.193$,
274 $n=36$) however the numbers were small.

275

277 **Discussion**

278 Within the cardiac phenotyping techniques available, imaging plays a major role, and CMR
279 adds value because it can characterize the myocardium using techniques like advanced LGE
280 and parametric mapping and ECV quantification. In this preliminary study, we show;

281 1. CMR images are amenable to TA.

282

283 2. CMRTA can differentiate between HV and disease. Specifically - HCM and CA were most
284 different to health (all six texture parameters statistically different, each $p < 0.001$); then AS (5
285 parameters were different $p < 0.001$; entropy was not), and HTN+LVH (5 were different - mean,
286 SD, entropy, and kurtosis, each $p < 0.001$, MPP $p < 0.002$).

287 3. CMRTA parameters showed significant differences between diseases. Specifically- mean
288 and entropy were found in the HCM vs CA; SD, entropy, MPP and kurtosis in HCM vs AS;
289 skewness and MPP in HCM vs HTN+LVH; all parameters in CA vs AS; skewness in CA vs
290 HTN+LVH and mean, SD and entropy in AS vs LVH+HTN.

291 It is plausible to believe that the myocardial structure varied the most to ‘normal myocardium’
292 in the HCM and CA. The pattern of myocardial involvement is different between HCM and
293 CA and entropy reflects the degree of irregularity within the myocardium.

294 Further information regarding myocardial texture captured by images from standard cines may
295 not be appreciated by the human eye but may be detected using TA software and eventually
296 large volume data set machine learning could enable automated tissue characterization.

297 Myocardial TA, in this study was most robust and richest using a medium filter (3mm domain)
298 – just above pixel size.

299 Myocardial TA may have promise in detecting differences between aetiology of myocardial
300 diseases and also for risk stratifying within a disease and assessing response to therapies. One
301 study has shown correlation of CMRTA features to arrhythmia risk post MI.¹⁶

302

303 Multiple derived parameters in newer machine based visual assessment techniques are
304 challenging to rationalize. **The statistical output from the filtration-histogram MRTA technique**
305 **such as mean**, standard deviation, kurtosis, skewness, mean positive pixels and entropy, may
306 not be intuitive to comprehend but they are conventional descriptors for histogram distribution.
307 With so many possible correlations, we followed a “nested” approach, starting with test-retest
308 data to identify the most reproducible filter scale (medium-texture at SSF=3mm) followed by
309 texture quantification at that scale to differentiate between the healthy and 4 diseased states as
310 well as between the diseased states and with 2 “histological” correlations (ECV and LGE). We
311 found biologically plausible associations – with Amyloid and HCM being much more
312 abnormal than other disease – a hierarchy that has credibility against known pathological
313 differences.

314 **The MRTA derived parameters may provide supporting evidence of the degree of myocardial**
315 **abnormality and the uniformity of that process throughout the myocardium.**

316

317 Whilst the techniques are not refined enough currently to give a diagnosis, this area is worth
318 exploring further. The benefits of TA is that large data sets, which are routinely acquired, can
319 be processed and the data acquired can be linked to patient characteristics and prognostic data.
320 With deep machine learning algorithms this large volume dataset may be used as an ancillary
321 diagnostic tool or prognostic indicator. Certainly it presents an opportunity for potential
322 development. The benefits of this technique are that it is fast and easy to perform and does not
323 require additional scanning time, sequences or administration of gadolinium based contrast
324 agents. It could complement more conventional imaging approaches and provide a more
325 sensitive marker of degree of myocardial microstructure disruption/abnormality. With the
326 increasing use of ‘big data’ sets and machine learning it may be possible to decode these

327 numerous statistical outputs from TA to provide a more clinically relevant and useable
328 outcome.

329 We found in our study the medium texture scale to be robust from reproducibility point of view
330 and the texture quantifiers at medium texture scale such as kurtosis, MPP, mean and skewness
331 in particular to demonstrate diagnostic capability.

332 TA has been successful in the fields of oncology^{2-9,17}, enabling earlier diagnosis of malignancy
333 and as an imaging biomarker, linking imaging to genetic basis of malignancy and tracking
334 response to treatment. In addition various studies have shown benefit of TA in the detection of
335 liver fibrosis with both MR and CT.

336 **This is a preliminary study and further research is required to fully define the role of this**
337 **technique which is rapid to perform.** The strength is in the use of images which are routinely
338 obtained without use of IV gadolinium based contrast. It has major potential in large volume
339 studies involving retrospective analysis of scans and outcome data.

340

341

342 **Study Limitations**

343 This project, being a single centre study with small numbers, is a pilot study. The majority of
344 scans were performed over several years using the same magnet. The patients in each disease
345 cohort are likely to vary in terms of severity of disease **however, clinical phenotypic data was**
346 **not recorded for the study populations. Data regarding myocardial function and patient**
347 **outcome is also missing.**

348 Due to the numerous statistical comparisons the possibility of chance findings of statistical
349 significance are high.

350 The ROI used was the whole mid ventricular slice on SSFP imaging in diastole, within a disease
351 process the histological features are unlikely to be uniform throughout the myocardium.

352 CMRTA is therefore more suited to conditions which affect the myocardium in a diffuse and
353 largely uniform manner. There are also limitations due to movement and blood flow. The
354 spatial resolution of CMRTA is 1mm.

355 Despite this the test retest reproducibility cohort data was encouraging and across all
356 parameters there was difference between the pathologies and healthy volunteers.

357

358 **Conclusion**

359 CMRTA is a candidate clinical and research tool to describe myocardial structural disarray. It
360 may be of patient benefit across a variety of conditions which affect the myocardium in terms
361 of early diagnosis, prognosis and follow up of serial change following interventions and
362 therapies. Further evaluation on large volume data sets from CoreLabs should be pursued.

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List of abbreviations

LGE	Late gadolinium enhancement
CMR	Cardiovascular Magnetic Resonance
CMRTA	Cardiovascular Magnetic Resonance Textural Analysis
SSFP	Steady state free precession
CA	Cardiac Amyloid
AS	Aortic Stenosis
LVH	Left ventricular hypertrophy
HTN	Hypertension
HV	Healthy volunteers
AL-subtype	Amyloid light chain
LVOTO	Left ventricular outflow tract obstruction
MPP	Mean positive pixel
SD	Standard deviation
ECV	Extra-cellular volume
TA	Textural Analysis
SNR	Signal to noise ratio
CNR	Contrast to noise ratio
PSIR	Phase sensitive inversion recovery
FLASH	Fast low-angle single shot inversion recovery
FOV	Field of view
SCMR	Society of Cardiovascular Magnetic resonance
ICC	Intra-class correlation
PET	Positron Emission Tomography
SAX	Short axis stack
SAP	Serum Amyloid P component

Declarations

Ethical Approval and Consent to participate- not applicable.
Analysis was performed on anonymised data from study participants who had previously provided written informed consent for CMR research approved by a local research ethics committee at xxxxxxxxxxxx

427
428 Consent for publication- not applicable
429
430 Availability of supporting data- not applicable
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Table List

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516 **Figure 5:** ROC-analysis HCM vs AS using Mean. A mean ≥ -97.64 identified HCM from AS with a sensitivity of
517 72.0% and specificity of 94.1% (AUC=0.89, $p < 0.001$) .

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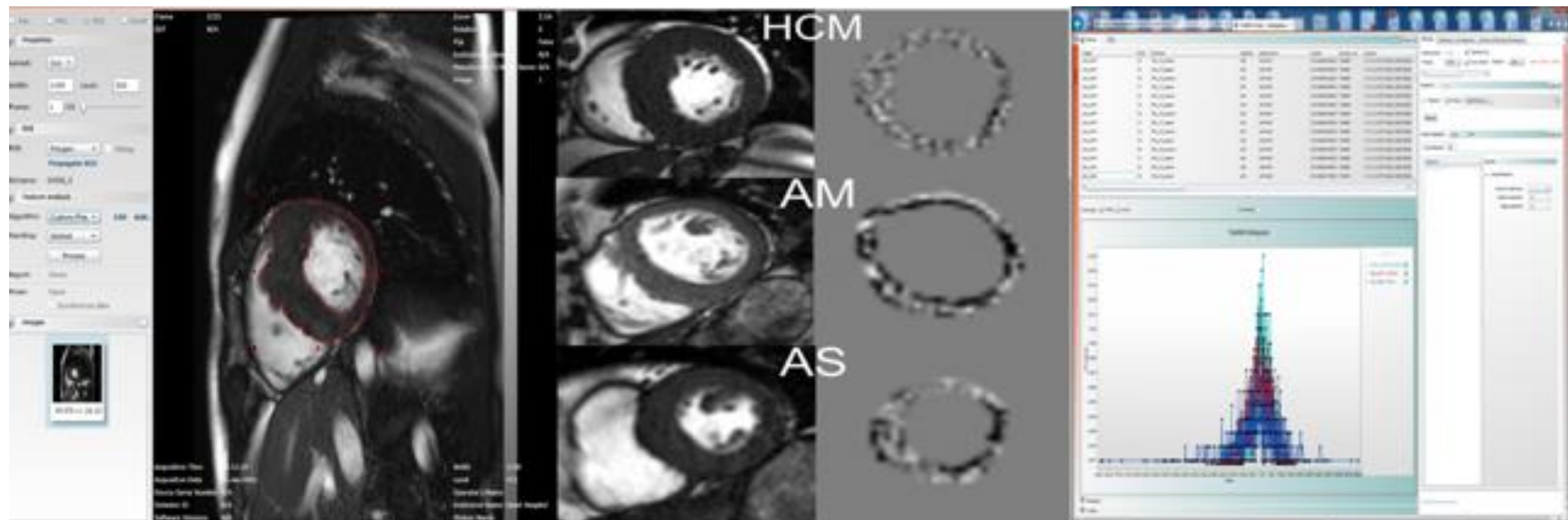
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Study series is imported into the TexRad package. The mid ventricular slice of the SAX stack SSFP is chosen for analysis. A ROI (red outline) of the entire myocardium is drawn.



From the SSFP image the TexRad software extracts the data voxel by voxel. A Laplacian of Gaussian filter (similar to a non-orthogonal Wavelet) is applied to extract and enhance visually imperceptible. Each voxel is unique in terms of its intrinsic properties.



Features corresponding to variation in sizes, number and tonal intensities in relation to the background-tissue/surrounding-pixels data contained by each voxel is displayed. This data is then analysed in statistical terms and expressed using the 6 parameters outputs of:
Mean, SD, entropy, kurtosis, MPP and skewness

Figure 2: Bland-Altman plots for Mean, SD, skewness and kurtosis using SSF 3 for the test-retest cohort.

Blinded analysis of each scan performed by single operator. Same patient was scanned twice deliberately changing scan parameters (Phase encoding direction, FOV, re-piloted).

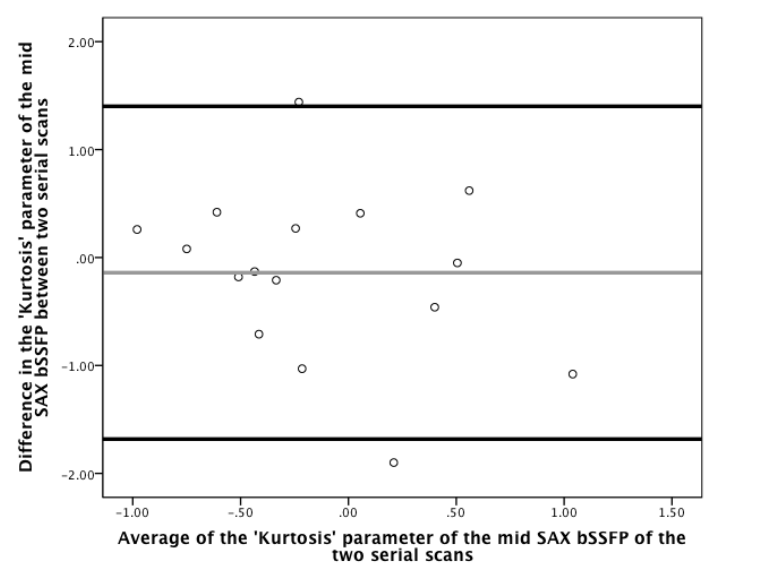
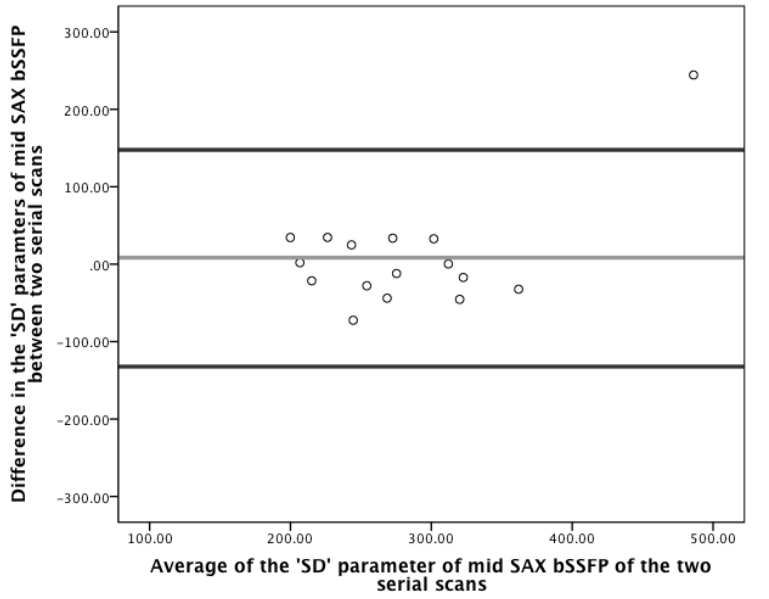
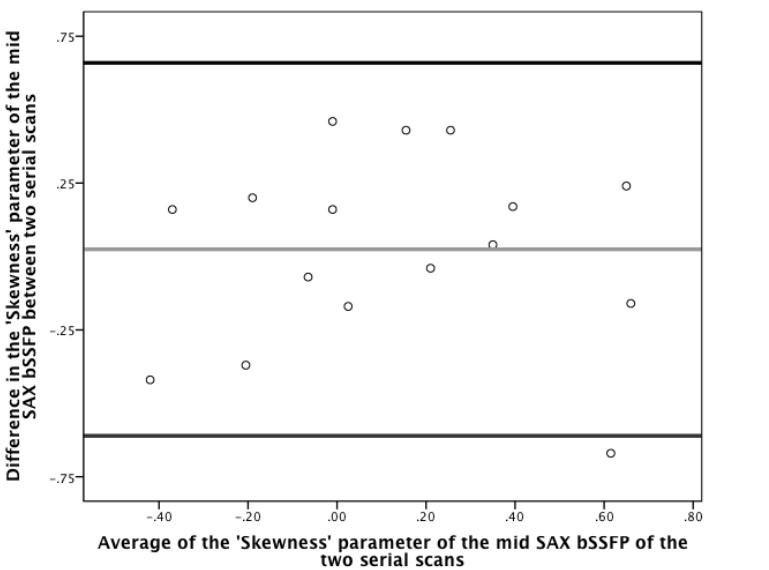
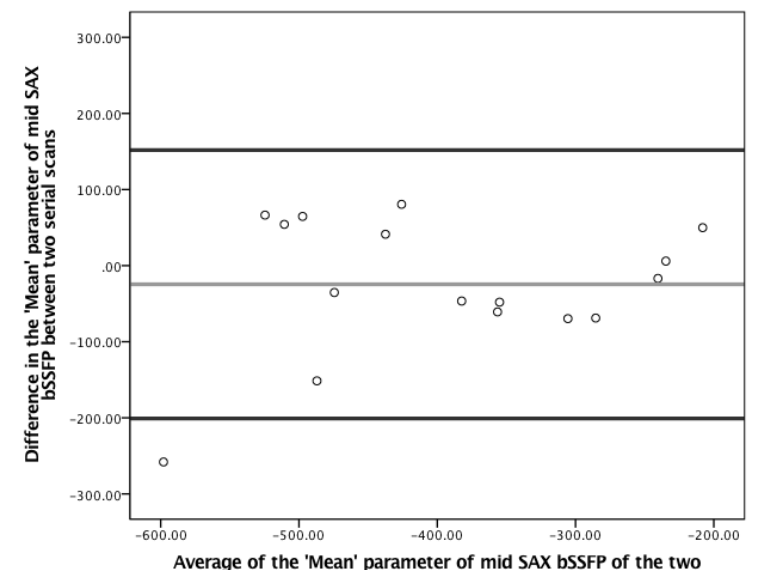


Figure 4: Using the medium scale, Figure 4 demonstrates box and whisker plots for CMR texture parameters of mean, standard deviation, entropy and kurtosis across all disease types (HCM, CA, AS, HV, HTN+LVH). 0=HCM, 1=CA, 2=AS, 3=HV, 4=HTN+LVH

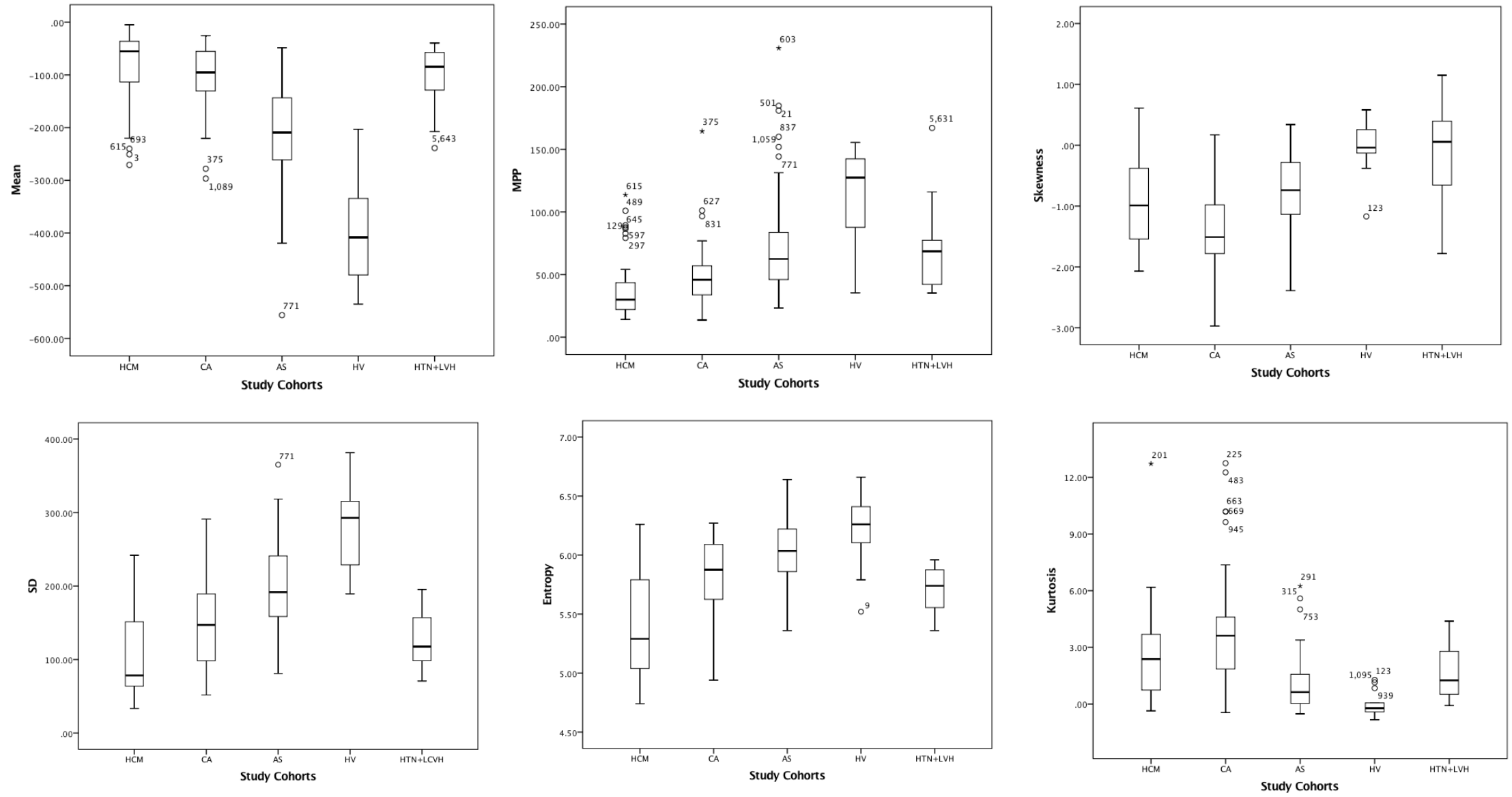
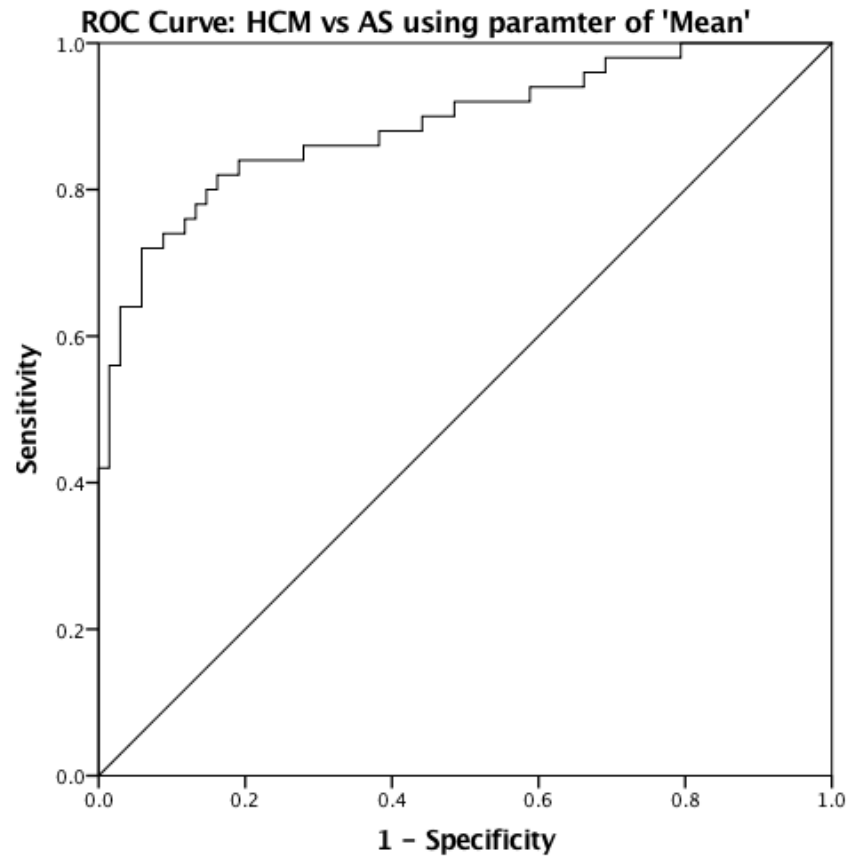


Figure 5 ROC-analysis HCM vs AS using Mean



A mean ≥ -97.64 identified HCM from AS with a sensitivity of 72.0% and specificity of 94.1% (AUC=0.89, $p < 0.001$).

Figure 3: Bar graph showing the absolute values of the 6 parameters for each of the disease states and HV, using Spatial Filter Size 3.

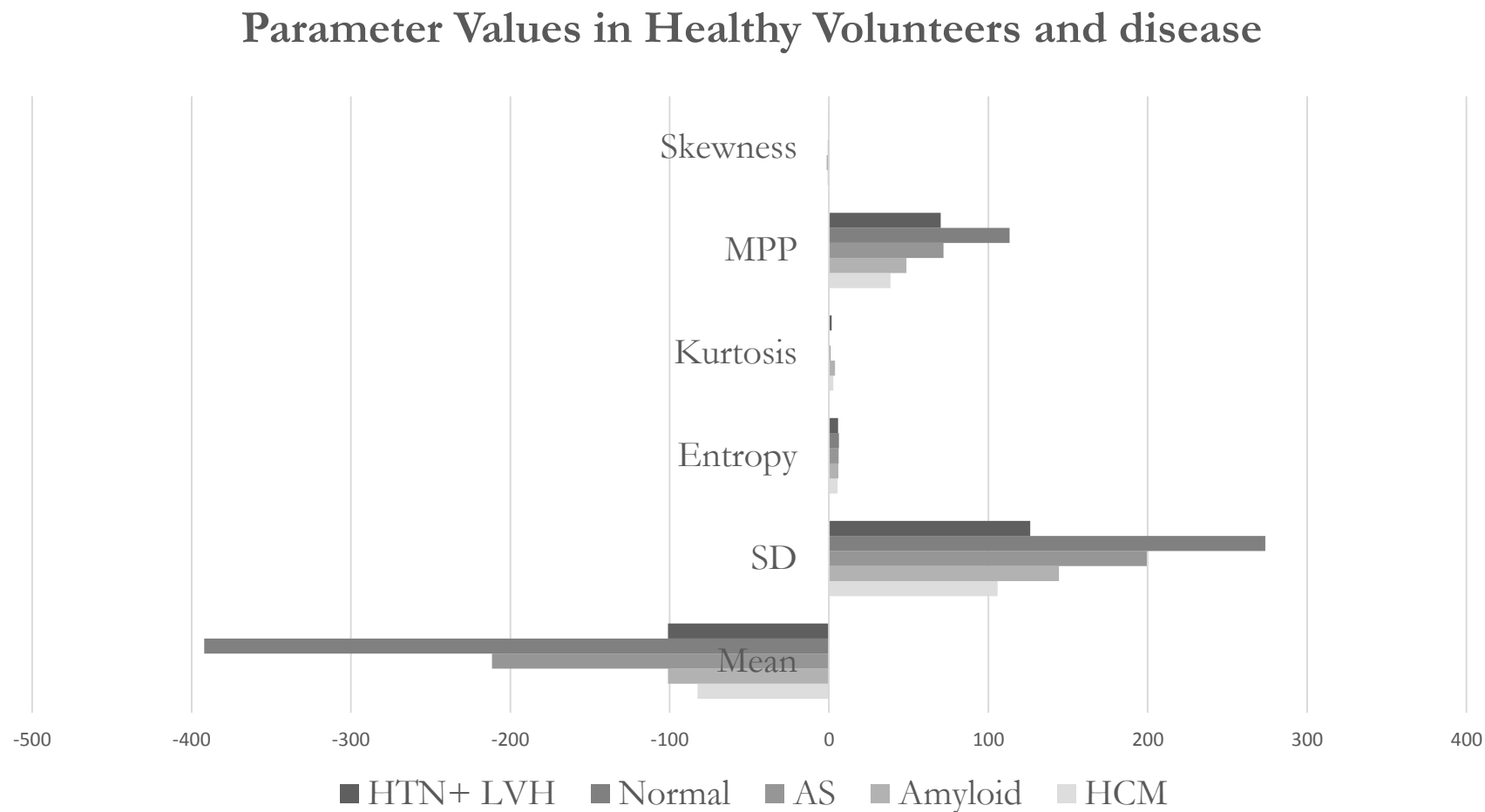


Table 1: A table outlining all the CMRTA derived texture parameters and their meaning.

PARAMETER	DEFINITION
MEAN	The average value of the pixels within the region of interest
SD	A measure of how much variation or dispersion exists from average (mean value). A low SD indicates that the data points tend to be very close to the mean; high SD indicates that the data points are spread out over a large range of values
SKEWNESS	A measure of the asymmetry of the histogram. The skewness value can be positive or negative. A negative skew indicates that the tail on the left of the histogram is longer than the right side. A positive skew indicates that the tail on the right side is longer than the left side. A zero value indicates the values are both evenly distributed on both sides of the mean
KURTOSIS	A measure of the peakedness of the histogram. The kurtosis can be positive or negative. A positive kurtosis indicates a histogram that is more peaked than Gaussian (normal) distribution. A negative kurtosis indicates that the histogram is flatter than a Gaussian distribution
ENTROPY	A marker of randomness
MEAN POSITIVE PIXEL	Considers only pixels greater than zero and so reduced the impact of dark objects on the mean histogram value.

Table 2: Table showing the absolute values to 2 decimal places of the 6 parameters for each of the disease states and HV, using Spatial Filter Size 3.

SPATIAL FILTER SIZE	PARAMETERS	HCM	AMYLOID	AS	NORMAL
SSF3	Mean	-82.48	-101.07	-211.43	-392.07
	SD	105.79	144.35	199.47	273.76
	Entropy	5.39	5.81	6.02	6.22
	Kurtosis	2.64	3.81	1.05	-0.03
	MPP	38.65	48.61	71.78	113.32
	Skewness	-0.94	-1.43	-0.74	-0.00

Table3: Table showing the pair-wise comparison of all study cohorts and the parameters showing statistical significance

<i>Pair Wise Comparison</i>	<i>Parameters showing significant differences</i>	<i>Parameters not meeting statistical significance</i>
HCM vs CA	SD, entropy	Mean, skewness, MPP, kurtosis
HCM vs AS	Mean, SD, MPP, entropy, kurtosis	Skewness
CA vs AS	Mean, SD, MPP, entropy, skewness, kurtosis	
HCM vs HTN+LVH	Skewness, MPP	Mean, SD, entropy, kurtosis
CA vs HTN+LVH	Skewness	Mean, SD, MPP, entropy, kurtosis
AS vs HTN+LVH	Mean, SD, entropy,	Skewness, MPP, kurtosis

- Textural Analysis provides additional information from routinely acquired medical imaging.
- Textural Analysis can be performed on a single frame bSSFP cine image which are routinely acquired in routine CMR.
- CMRTA 'knows' the difference between health and disease and shows promise in differentiating between diseases causing LVH.
- Large volume analysis of CMR datasets using TA, combined with machine learning, shows promise as an ancillary diagnostic tool and possibly a prognostic indicator.