

Coronary Microvascular Injury in Reperfused Acute Myocardial Infarction: A View From an Integrative Perspective

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Taking its incidence and prognostic importance into account, acute ST-segment–elevation myocardial infarction (STEMI) can be regarded as one of the most important challenges faced in the field of clinical cardiology. Coronary artery disease and particularly acute myocardial infarction (AMI) are the leading causes of death and disability worldwide.¹ Despite remarkable progress in the fight, particularly in the past 3 decades, there is still room for improvement. Indeed, the standardized 1-year death rate for STEMI has nearly halved over a 25-year period.² This decrease in mortality is attributable to outstanding achievement accomplished in the limitation of final myocardial infarct (MI) size by introduction of efficacious reperfusion methods such as fibrinolysis and primary percutaneous coronary intervention (pPCI) during that period. Currently, reopening of the occluded epicardial coronary artery by timely pPCI is widely accepted as the most effective treatment for patients presenting with an acute STEMI in limiting final MI size and preserving left ventricular (LV) function.^{3,4} However, despite successful reperfusion by pPCI, mortality (15%)⁵ and particularly post-MI morbidity still remain significant at 1 year.^{1,6,7} This disappointing course has been partly attributed to the

potential detrimental effects of reperfusion itself. Indeed, reperfusion may lead to a further loss of cardiomyocytes that are succeeded to survive after initial ischemic insult in the subtended myocardial territory.

Hemodynamic manifestations of this postreperfusion process include “no-reflow phenomenon”—severe myocardial malperfusion despite restoration of epicardial coronary patency,^{8–10} which has been reported to occur in up to 50% of patients with STEMI following pPCI despite restoration of thrombolysis in myocardial flow 3 in the epicardial coronary artery.¹¹ In general, myocardial no-reflow phenomenon refers to severe microvascular injury that is known to be associated with impaired LV function^{12,13} and poor prognosis^{14,15} in patients undergoing successful pPCI. In addition, the magnitude of the preserved microvasculature at the acute phase is one of the major determinants of the long-term functional and structural myocardial recovery.¹⁶ Although it occurs in every patient undergoing pPCI at varying intensity, identification of coronary microvascular injury depends on the diagnostic capability of the method used in its detection. Considering this high incidence and its important clinical consequences,^{14,15} a better understanding of the mechanisms underlying severe coronary microvascular injury resulting in myocardial malperfusion (myocardial tissue “no reflow”) after pPCI is mandatory to be able to develop efficacious therapeutic interventions for preventing this complication of STEMI. Nevertheless, our current knowledge on the pathophysiology of microvascular damage after pPCI is poor, and hence recommendation of risk prediction and therapeutic interventions could be premature and limited.

Notably, given the repeated failure of recent trials aiming to protect microcirculation during pPCI, it is obvious that identification of an appropriate therapeutic target linked to the underpinning mechanism has utmost clinical importance in the treatment of patients who develop extensive microvascular injury after pPCI. Although there is not yet a widely accepted and proven therapeutic intervention to limit postreperfusion microvascular injury, examination of microvascular integrity in the catheterization laboratory immediately upon completion of pPCI¹⁷ can provide a unique opportunity for timely identification of this patient subset with

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Table. Temporal and Spatial Changes Taking Place at the Consecutive Segments of Myocardial Circulation During Coronary Occlusion and After Mechanical Reperfusion

Phase	Site				Total Coronary Resistance	Coronary Flow
	Epicardial Coronaries	Arterioles	Capillaries	Cardiomyocytes and Interstitium		
Early ischemia	Occluded	Reactive dilatation (adaptive response)	...	Functional abnormality, cellular edema	Immeasurably high (predominantly epicardial)	No-flow
Prolonged ischemia	Occluded	Paralysis (both ischemic insult and adaptive response)	Increased permeability, loss of integrity, in situ thrombosis	Ischemic necrosis	Immeasurably high (predominantly epicardial)	No-flow
Initial phase of reperfusion	Reopened	Paralysis	Obstructed by plugs and destructed	Interstitial edema	Low (predominantly microvascular*)	Overflow
Late phase of (established) reperfusion	Reopened	Partly recovered constrictor response	More plugged, more leaky	Deepened edema, even IMH	High (predominantly microvascular*)	Normal, slow or "no-reflow"

Total coronary resistance: epicardial resistance+microvascular resistance. IMH indicates intramyocardial hemorrhage.

*Unless there is no additional epicardial lesion rather than the culprit one in the re-opened infarct-related artery.

severe microvascular injury who may benefit from early adjunctive therapies within the therapeutic window.

The aim of this review is to provide an integrative perspective on the pathophysiological mechanisms underlying post-pPCI coronary microvascular injury and does not consider discussing the potential cellular and molecular mechanisms as cardiomyocyte targets for cardioprotection. In this review, we propose an integrative categorization scheme, which can provide comprehensive pathophysiological insights into post-pPCI microvascular injury and potentially pave the way for therapeutic targeting of central pathologies behind the myocardial no-reflow phenomenon in the future.

Mechanisms of Microvascular Injury in Reperfused AMI

Obviously, reestablishing complete and sustained epicardial patency in a timely manner is the most critical step in salvaging ischemic myocardium from impending infarction. However, prompt restoration of coronary flow by reopening the occluded infarct-related artery can itself paradoxically induce coronary microvascular injury and does not immediately terminate ongoing cardiomyocyte loss at the myocardial area at risk (AAR). During coronary occlusion and after reperfusion, dynamic pathological changes observed in both the microvascular and interstitial territories seem to contribute substantially to this progressive cardiomyocyte damage in the subtended myocardial area.¹⁸ Functional and structural consequences of the cortege of pathological changes temporally and spatially evolving at consecutive segments of myocardial circulation seem to determine the fate of the subtended myocardial territory

(Table). In this regard, a new classification scheme using compartmental modeling (Figure 1) might help both to elucidate individual contributions of various factors to post-pPCI microvascular injury and to reappraise any interplay between them.

Indeed, duration of ischemia is considered as the most important determinant of the magnitude of the microvascular damage and its recovery after STEMI.^{19,20} However, in a rat model of acute myocardial infarction, it has been recently demonstrated that ischemia alone induces only mild morphological changes in the coronary microcirculation with increased permeability. Nevertheless, ischemia followed by reperfusion has been shown to induce massive microvascular injury.²¹ Accordingly, on the temporal scale, beginning from the preocclusion period, interactions among the dynamic events evolved during both coronary occlusion and reperfusion seem to determine the eventual magnitude of microvascular damage and cardiomyocyte loss in the subtended microcirculatory territory over time (Figure 2). In addition, the functional status of the patient's coronary microcirculation before the STEMI (preexisting microvascular impairment),²² status of the infarct-related artery beyond the culprit lesion, perfusion characteristics of the nonculprit vessels, presence of coexistent pathologies such as diabetes mellitus, and overall status and performance of the left ventricle and individual susceptibility²³ contribute to the extent of microvascular damage at the subtended myocardial territory following reperfusion.

Following reperfusion, mechanisms involved in the development of microvascular impairment can categorically be classified under 2 major headings as (1) intraluminal microvascular obstruction and (2) extravascular compression

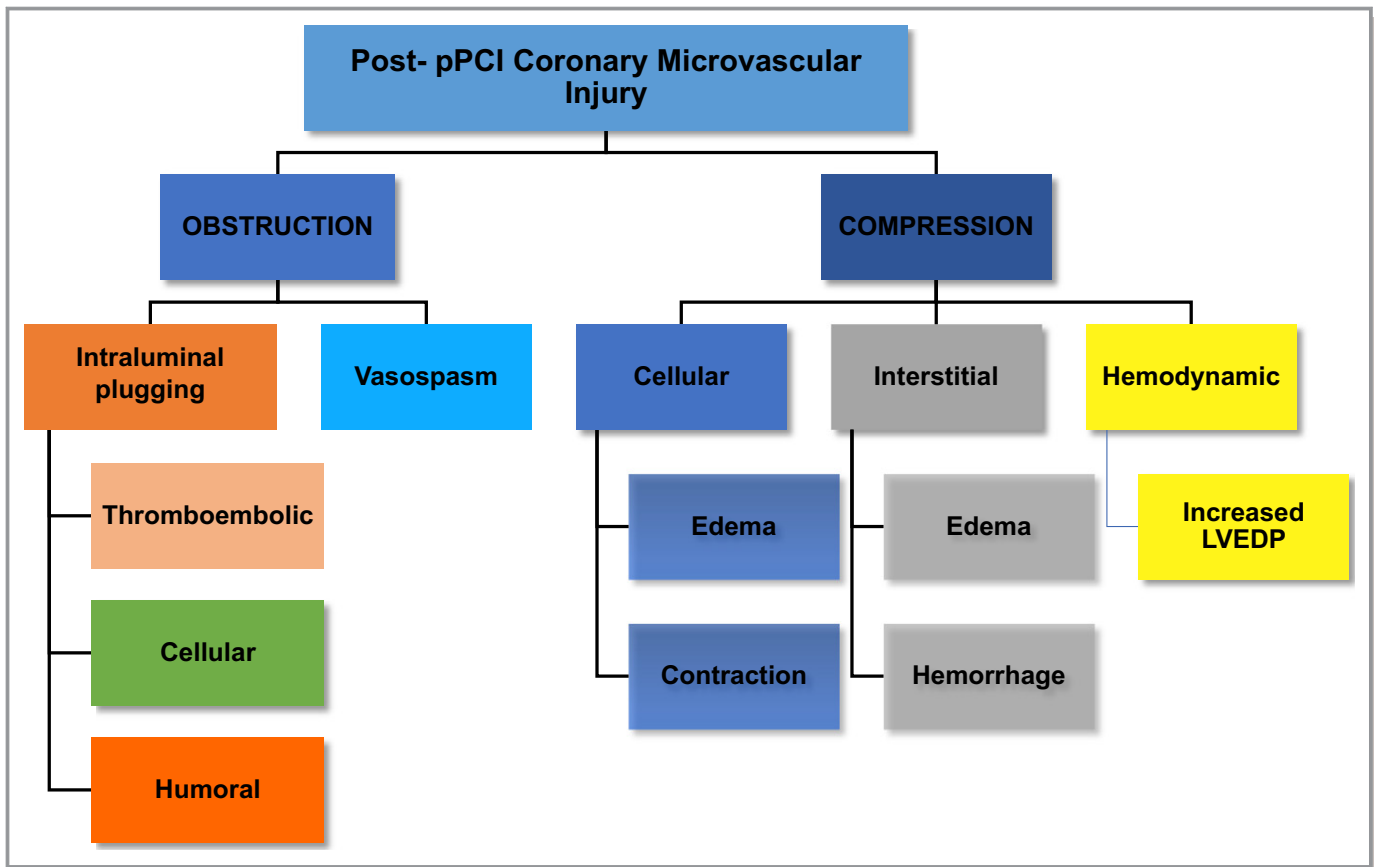


Figure 1. Compartmental schematization of the mechanisms behind post–primary percutaneous coronary intervention microvascular injury. Following reperfusion, factors contributing to microvascular injury at the subtended myocardial territory can be categorized under 2 major headings as intraluminal microvascular obstruction and extravascular compression of the microcirculation. Major pathologies contributing to luminal obstruction are distal thromboembolization, cellular plugging, in situ thrombosis, and vasospasm. External compression of microcirculation by cellular and/or interstitial edema, intramyocardial hemorrhage, and increased left ventricular filling pressures may also substantially contribute to microvascular impairment by generating an external compressive force on coronary microcirculation. LVEDP indicates left ventricular end-diastolic pressure.

of the microcirculation. Indeed, intraluminal obstructive and extravascular compressive pathologies both seem to operate interconnectedly in the development of post-pPCI microvascular injury. Primary contributors to intraluminal microvascular obstruction are distal thromboembolization, cellular plugging, in situ thrombosis, and vasospasm. Besides these intraluminal factors, cellular and/or interstitial edema, intramyocardial hemorrhage, and increased LV filling pressures are the main pathologies that may exacerbate microvascular impairment by generating an external compressive force on coronary microcirculation (Figure 1).

Coronary Microvascular Obstruction

Coronary Intraluminal Plugging

In the setting of pPCI, coronary microvascular (intraluminal) obstruction can mainly be caused by distal thromboembolism, circulating blood cells plugging and in situ

microvascular thrombosis. Intraluminal microvascular obstruction (MVO) is regarded to be the leading pathology behind post-pPCI myocardial malperfusion. Pathologically, MVO first appears in the infarct core and evolves spatially and temporally, which corresponds with progressive myocardial damage occurring in the AAR after reopening the infarct-related artery. Consistently, the MVO zone has been shown to increase for up to 48 hours after reperfusion.²⁴ Indeed, after a period of ischemia, blood flow cannot be restored in more than half of the capillaries in the myocardial AAR after reestablishing epicardial patency.²⁵ In ischemic-reperfused myocardium, myocardial blood flow in certain microvascular areas is hyperemic during the first minutes of reperfusion. Subsequently, regional blood flow in the AAR rapidly and progressively declines²⁶ and reaches a plateau within 2 to 8 hours after reperfusion, resulting in a nearly 3-fold increase in the anatomic MVO (no-reflow) zone.²⁷ This delayed progressive fall in blood flow in myocardial areas that initially received adequate perfusion seems to occur due

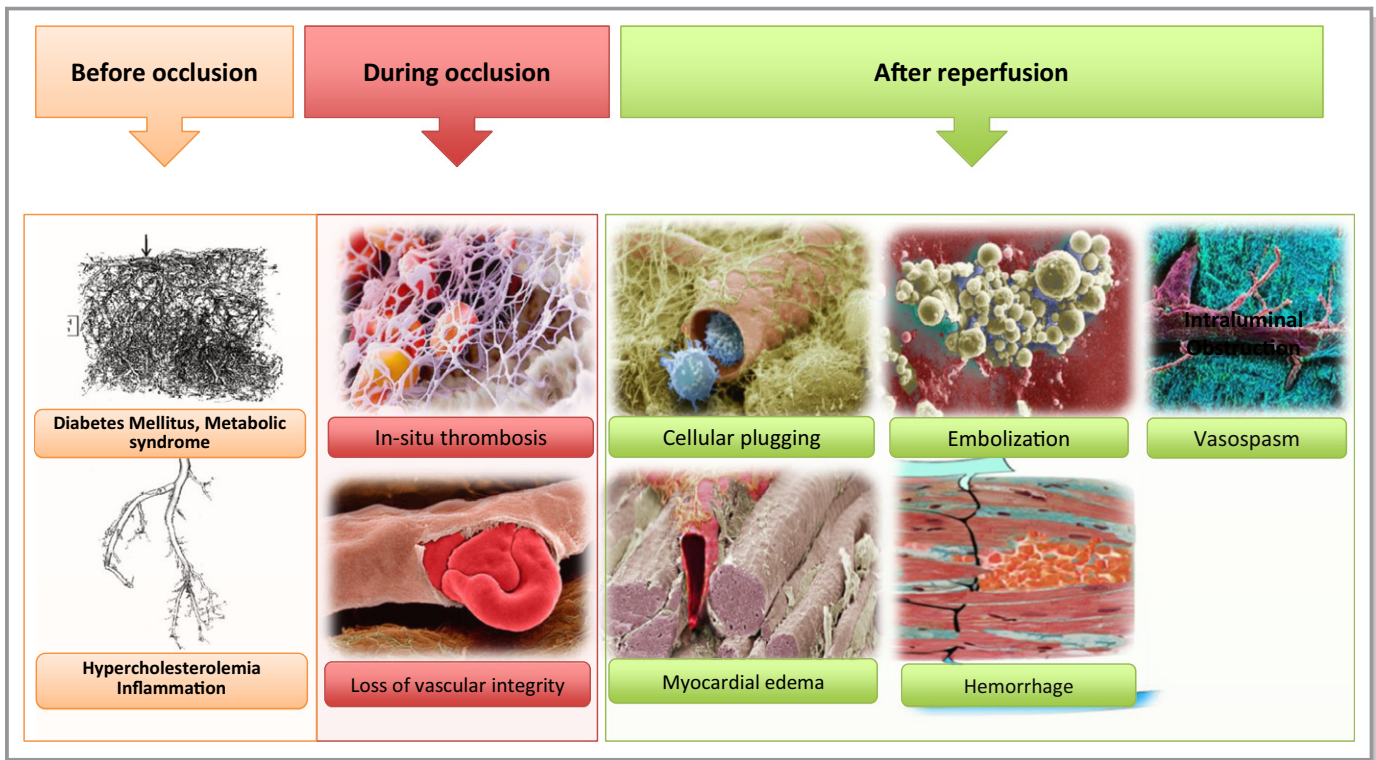


Figure 2. Intraluminal and extravascular factors of microvascular injury operating on the temporal scale (before, during, and after reperfusion). On the temporal scale, in addition to the preexisting microvascular impairment, dynamic events evolving both during coronary occlusion and after reperfusion seem to determine the final magnitude of microvascular damage in the subtended microcirculatory territory. In the preocclusive period, patients’ metabolic and inflammatory status and presence of diabetes mellitus, hypercholesterolemia, and hypertension may lead to a preexisting microvascular dysfunction. During epicardial occlusion, local procoagulant activity induced by local hypoxia in the downstream microcirculation may provide extremely suitable milieu for in situ microvascular thrombus formation. During this occlusive period, hypoxia-induced endothelial disruption may also lead to loss of microvascular barrier function and microvascular leakage. After reperfusion, distal thromboembolization along with edema and intramyocardial hemorrhage developed in this destructed and leaky microcirculatory environment can markedly contribute to microvascular injury.

to concurrently activated intraluminal obstructive and extravascular compressive pathologies triggered by reperfusion itself. Experimental¹⁹ and clinical studies²⁸ consistently demonstrated a close correlation between zones of anatomic MVO (no-reflow) and myocardial necrosis. Furthermore, in a rat model of coronary occlusion and reperfusion, it was shown that the no-reflow phenomenon may persist for 1 month after reperfusion and could predict infarct expansion.²⁹

Factors that contribute to luminal MVO after pPCI will be reviewed below as classified in Figure 1.

Thromboembolism

In the setting of pPCI, atherothrombotic embolization from the culprit lesion, reported to occur in 11% to 14.5% of the procedures,^{30–32} is believed to be one of the leading contributors of MVO occurring during pPCI. Distal embolization of atherothrombotic particles during pPCI may cause both mechanical obstructions by their mass effect and activation of

pathways that trigger in situ coagulation and inflammatory responses in the downstream microcirculation.

In both clinical and experimental trials, subjects with distal embolization early after reperfusion seem to have larger MI size and more extensive microvascular damage.^{32,33} Consistently, in a study where embolized particles during pPCI were quantified using intracoronary Doppler wire as high-intensity transient signals, it was demonstrated that distal embolization might transiently reduce coronary flow, but this may not have a marked influence on MI size and LV function.³⁴ In addition, it has been reported that angiographically visible distal embolization occurring during pPCI may contribute to myocardial damage within hours after symptom onset, but it does not seem to have a major impact as ischemic time increases.³²

In this context, it is expected for mechanical retrieval of epicardial thrombotic material using manual aspiration thrombectomy devices during pPCI to substantially limit distal embolization risk, resulting in significant reduction in the MVO zone and MI size. However, although significantly lower distal

embolization rates seemed to be achieved with manual thromboaspiration compared with standard pPCI, this did not seem to translate into improved myocardial perfusion,³⁵ contrary to what was initially observed in meta-analyses.³⁶ Even more importantly, most of the trials^{37–40} evaluating the efficacy of manual thrombus aspiration during pPCI failed to show any benefit of the mechanical removal of epicardial thrombus on the limitation of MI size. Furthermore, either routinely^{41,42} or selectively⁴³ performed thromboaspiration did not show any clinical benefit in large-scale clinical trials and in a recent meta-analysis.⁴⁴ All these negative results suggest that different approaches to tackling epicardial thrombus to initiate reperfusion, such as standard pPCI or thrombectomy followed by stenting, may not be associated with different pathological and clinical consequences. Moreover, reduction of distal embolization rates by manual thrombectomy does not necessarily translate into decreased infarct size and improved patient outcome. This makes the role of distal embolization from the proximal thrombotic occlusion in microvascular and myocardial damage during pPCI highly controversial and helps in understanding why the trials dealing with epicardial thrombus failed.

In light of the current data, it can be concluded that distal thromboembolism may not be sufficient to produce extensive microvascular injury and may contribute to MVO only to a limited extent. Thus, it does not appear to be a major therapeutic target for preserving capillary integrity during pPCI.

Cellular Plugging: Role of Circulating Blood Cells

Leukocyte and platelet plugging⁴⁵ and red cell aggregation⁴⁶ can intensify post-pPCI MVO. After successful epicardial recanalization, neutrophils can worsen microvascular reperfusion by adhering to the endothelium with platelets⁴⁷ and by releasing cytokines or other factors⁴⁸ that may reduce microvascular blood flow. Capillaries in the no-reflow zone have been shown to contain extensive leukocyte plugging (capillary trapping).²⁵ This leukocyte plugging can also lead to erythrocyte packing and rouleaux formation upstream from mechanical obstruction. In addition, platelets and neutrophils act synergistically in provoking microvascular injury after reperfusion.⁴⁵ Accordingly, significant relationships have been shown between the presence of MVO and monocyte counts⁴⁹ and platelet activity.⁵⁰ In patients who underwent successful pPCI, higher admission neutrophil count,⁵¹ platelet volumes,⁵¹ and neutrophil-to-lymphocyte ratio⁵² were shown to be associated with increased coronary microvascular resistance, suggesting the obstructive role of circulating blood cells supplied by reperfusion in post-PCI microvascular impairment.

In particular, maintenance of blood flow at the coronary microvascular segments, where capillary diameters are

reduced under an erythrocyte diameter, largely depends on deformational capabilities of circulating blood cells and endothelial surface layer lubricity. However, following ischemia and reperfusion, the shedding of the glycocalyx layer, which covers the endothelial surface, makes the latter less permeable and more slippery and makes capillaries more prone to be obstructed by cellular plugging, leading to further increase in microvascular resistance.^{53,54} Despite these potential negative effects of circulatory cell plugging on microvascular perfusion, several trials that aimed at complement inhibition,⁵⁵ leukocyte integrin receptor antagonism,⁵⁶ and increased local platelet inhibition⁵⁷ all yielded negative results in acute MI patients. Although it seems that circulating blood cells could potentially be involved in intraluminal plugging following pPCI, these might only play a limited role in acute post-pPCI coronary microvascular impairment. Leukocyte infiltration may be more important in infarct healing and remodeling rather than the determination of the extent of the MVO zone and infarct size. Therefore, the role of leukocytes in postreperfusion myocardial damage is contentious, and they do not seem to be a viable therapeutic target for limiting reperfusion-related microcirculatory damage.

Humoral Factors (In Situ Thrombosis)

During epicardial coronary occlusion, the local procoagulant milieu in the downstream microcirculation is extremely suitable for de novo (autochthonous) microvascular thrombus formation. Local hypoxia can immediately precipitate local coagulation by triggering homeostatic mechanisms at the injured endothelium, which may consequently induce microvascular thrombosis and in situ fibrin generation at the site of local damage.⁵⁸ During occlusion of an epicardial coronary artery, tissue factor expressed from mainly hypoxic and injured endothelial cells, together with stasis, can strongly stimulate the coagulation cascade and de novo fibrin formation at the microvascular level. Additionally, dysfunctional endogenous fibrinolysis after reperfusion following an ischemic period, as evidenced by significantly impaired tissue plasminogen activator release from the endothelium,⁵⁹ can also lead to inadequate removal of fibrin deposits from the coronary microcirculation. Moreover, after its formation, it would not be easy to sweep away this in situ formed fibrin from the lumen via mere restoration of blood flow to the infarcted region because of the former's active adherence to the vessel wall via intercellular cadherin receptors.⁶⁰ Indeed, all of the formed blood cells are already prone to being attached to the fibrin mesh formed in the microvasculature both passively and actively via the specific fibrin receptors on their surfaces.⁶¹ Thus, even a small amount of intraluminal fibrin can constitute a sticky trap for the formed blood cells

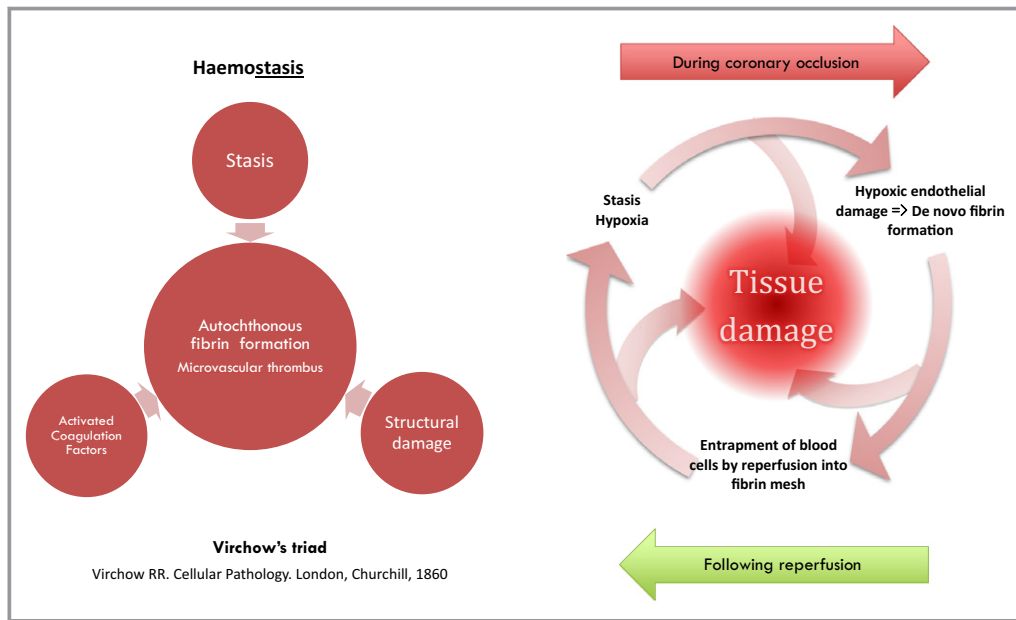


Figure 3. A vicious cycle of microvascular thrombosis: During epicardial occlusion, hypoxic endothelial damage, stasis, activated coagulation factors, and tissue factors trigger Virchow triad, which may lead to in situ microvascular fibrin generation. After reopening of the infarct-related artery, formed blood cells supplied by reperfusion get entrapped in to the microvascular fibrin mesh, which may lead to further stasis and further fibrin generation.

supplied by reperfusion⁶² and may impede reperfusion once the occluded epicardial artery is reopened (Figure 3). Although in situ fibrin formation in cardiac microvasculature after ischemia and reperfusion has received almost no attention, autochthonous fibrin depositions in the downstream microcirculation have already been clearly shown in cerebral,^{63,64} intestinal,⁶⁵ and renal⁶⁶ ischemia-reperfusion models.

In particular, in a condition of slow flow (low shear stress), fibrinogen also contributes to impeding microvascular flow via facilitating red blood cell aggregation,⁶⁷ mediating leukocyte-endothelium bridging,⁶⁸ and facilitating postischemic leukocyte-thrombocyte interaction.⁶⁹

To this end, effective removal of fibrin(ogen) depositions from the microcirculation may result in better microvascular perfusion. In accordance with this perspective, adjunctive low-dose intracoronary fibrinolytic drugs (streptokinase, urokinase) given immediately after successful pPCI were shown to be associated with significantly improved microvascular perfusion,⁷⁰ decreased infarct size,⁷¹ preserved LV function,⁷¹ and improved patient outcome.⁷² These encouraging results⁷³ also served as a stimulus to further explore the effect of microvascular fibrin deposition removal using different fibrinolytic agent on patient outcome in a large-scale ongoing clinical trial (T-TIME [A Trial of Low-Dose Adjunctive Alteplase During Primary PCI]).⁷⁴

In this context, *autochthonous* fibrin generation at the downstream coronary microcirculation leading to in situ

thrombotic MVO may play a pivotal role in the pathogenesis of microvascular impairment induced by ischemia and reperfusion. However, it is evident that large-scale clinical trials targeting in situ microvascular thrombosis, such as the T-TIME trial, are required to reach more conclusive results.

Vasospasm

Coronary microcirculation distal to the acute coronary occlusion is considered as maximally dilated due to exhausted autoregulatory function of arteriolar sphincters. However, even during severe myocardial ischemia, which is the most powerful stimulus known for vasodilation, a pharmacologically recruitable vasodilator reserve may persist.⁷⁵ Furthermore, during myocardial ischemia/reperfusion (pPCI), the microcirculation remains highly responsive to α -adrenergic coronary constrictor mediators. Impaired endothelial function by ischemia and reperfusion in conjunction with the release of soluble vasoconstrictor substances, such as serotonin and thromboxane A₂ from ruptured plaque and platelet aggregates into the microcirculation may contribute to a vasospastic milieu during pPCI.⁷⁶ Based on these rationales, the potential benefit of administration of adjunctive intracoronary vasodilators—in particular adenosine, which is a potent direct vasodilator of coronary microcirculation through stimulation of A₂ receptors—in reducing microvascular injury in patients undergoing pPCI was examined in multiple clinical trials. Despite previous intriguing results,^{77,78} in a recent clinical

trial, local adjunctive intracoronary adenosine and sodium nitroprusside administration targeting vasodilation of the subtended microvascular bed were shown to be ineffective in reducing MVO in patients undergoing primary PCI.⁷⁹ Furthermore, in this latest and most powerful study,⁷⁹ high-dose adenosine appeared to be associated with increased infarct size and reduced ejection fraction compared with the control group. These findings suggested that vasodilator agents should not be used in the setting of pPCI to prevent reperfusion injury. In particular, vasomotor function (vasodilator reserve) regulating distal pressure in the reperfused territory can be crucial in obviating an uncontrolled and abrupt increase in capillary pressure during reperfusion that might otherwise be a protective mechanism against myocardial edema and intramyocardial hemorrhage. Therefore, when the negative results of the recent studies using potent vasodilators administered as an adjunct to pPCI are taken into account, vasomotor function at arteriolar level seems to be protected and not be suppressed.

In light of the present data, at the current stage, the extent of contribution and potential role of vasospasm in coronary microvascular injury in the pPCI setting are highly controversial. Therefore, adjunctive pharmacological interventions targeting microvascular spasm to prevent microvascular injury seem not to be beneficial in the setting of pPCI.

Extravascular Compression of the Microcirculation

External compression of the capillary bed by interstitial and cellular myocardial edema and intramyocardial hemorrhage (IMH) developed in the surrounding myocardium after reperfusion substantially contributes to post-pPCI myocardial malperfusion mainly by increasing total microvascular resistance. Both interstitial and cellular myocardial edema and IMH emerge as a consequence of prolonged ischemia and reperfusion and subsequently become the major contributors to microvascular injury by generating an external compressive force on coronary microvasculature (Figure 4).

The capillaries may not generate a significant resistance to myocardial blood flow in the healthy coronary circulation. However, the capillary network is also the most susceptible compartment to external compression generated by surrounding edema and IMH, as it is assumed to have the lowest radial force. The compressive force causes capillaries to shrink in diameter, with any such decrease resulting in an exponential increase in resistance, which may in turn lead to a substantial decrease in myocardial blood flow. Theoretically, extravascular pressure can simply be calculated as any extra volume added to the myocardial compartment divided by myocardial compliance. Situations like IMH and edema can

lead to both an increase in the volume of interstitial space and a decrease in myocardial compliance⁸⁰ and thus result in a marked increase in extravascular pressure that eventually causes substantial external microvascular compression.

During total coronary occlusion, depending on the duration and severity of the ischemia, hypoxia-induced endothelial disruption leading to loss of microvascular barrier function results in microvascular leakage (MVL),⁸¹ which is the central anatomic substrate underlying myocardial edema and hemorrhage occurring after establishment of reperfusion. Consistently, clinical cardiac magnetic resonance (CMR) studies have implicated a loss of microvascular barrier function in AMI manifested as edema and IMH.^{82,83} Therefore, edema and IMH, the main determinants of extravascular compressive force, can be regarded as a consequence of MVL. In a recent mouse I/R (Ischemia/Reperfusion) study, late gadolinium enhancement CMR, which is believed a measure of extravascular volume, and MVL quantified by histology revealed a high degree of spatial colocalization ($r=0.959$).⁸⁴ This finding indicates that the microvascular barrier function is damaged after I/R, leading to MVL, and in the acute phase of I/R, late gadolinium enhancement CMR measures MVL. In the acute phase of I/R, within the risk zone, the area of MVL was even greater than that of infarct size or MVO zone and correlated with acute ventricular dilatation. In the chronic phase, the size of the MVL was shown to be correlated with a reduction in LV ejection fraction. Taken together, the findings of the study, for the first time, characterized the MVL as a major pathological consequence of reperfused AMI. Accordingly, when reperfusion starts after a period of occlusion, this leaky microvasculature constitutes the major structural background for the edema and hemorrhage compressing microvasculature externally.

Extravascular factors potentially associated with microvascular impairment after pPCI will be reviewed in an integrative perspective approach below.

Edema (Cellular and Interstitial)

At the early stages of ischemic injury, the energy-dependent Na^+/K^+ pump breaks down and myocardial cellular edema develops. Subsequently, as ischemia deepens, endothelial cells, along with their glycocalyx cover and capillary membranes, get damaged, which renders microvasculature highly permeable (capillary leakage). In addition, during epicardial occlusion, due to severely increased myocardial demand (adaptive vasodilator response) and partly to ischemic insult (decreased contractile function), arteriolar sphincters are supposed to lose their regulatory vasoconstrictor function. Therefore, subtended microvascular segments are deprived of the protection of pressure-regulating resistance arterioles at the time when reperfusion abruptly restarts. Upon

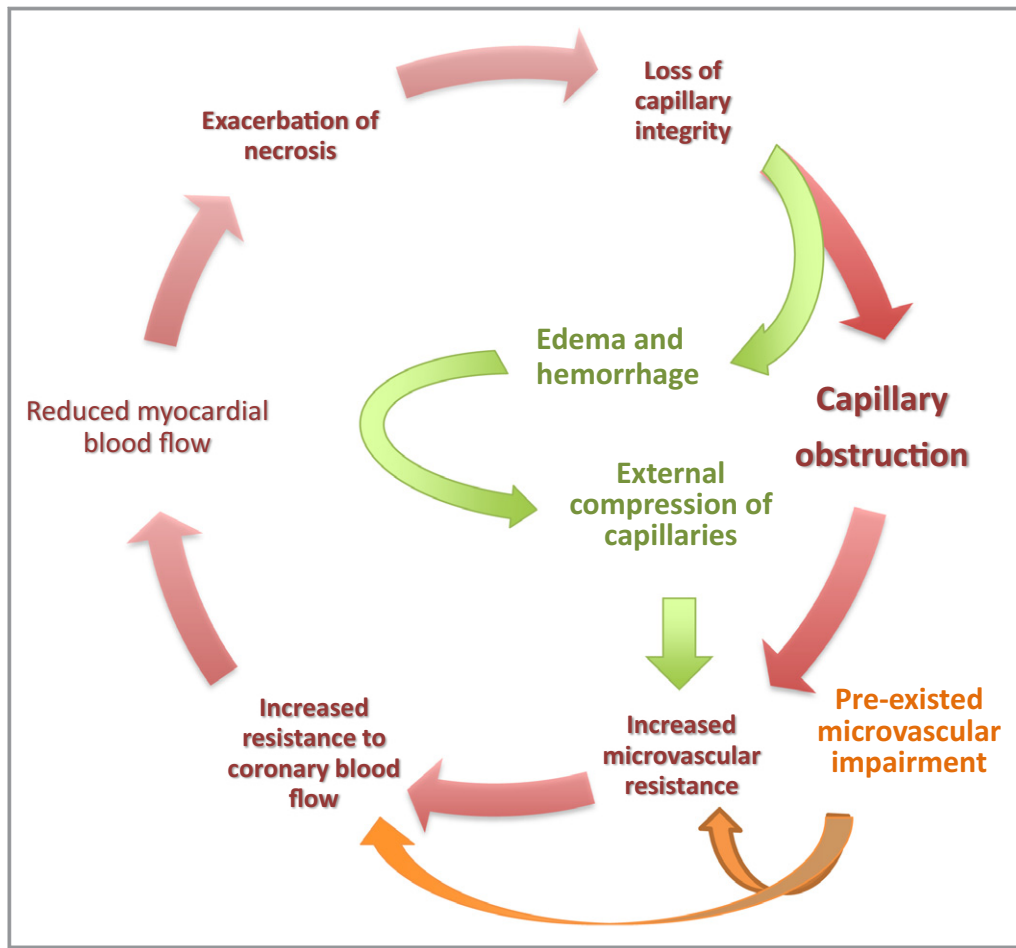


Figure 4. Myocardial edema and intramyocardial hemorrhage initially emerge as a consequence of prolonged ischemia and reperfusion, and they subsequently become one of the main contributors of the microvascular impairment by generating an external compressive force on coronary microvasculature.

reperfusion, before coronary autoregulation is restored, leaky and unguarded microcirculation is exposed to a pressure burst due to abruptly increased capillary hydrostatic pressure, which causes interstitial myocardial edema within early minutes during the reactive hyperemia phase.⁸⁵ Indeed, myocardial edema is substantially exacerbated upon restoration of blood flow to the ischemic microvascular territory. Crucially, absence of reperfusion almost completely abolishes the initial wave of edema, indicating the direct link between reperfusion and myocardial edema formation. Contrary to the accepted view, recent experimental and clinical studies have stated that myocardial edema is not a stable phenomenon but follows a bimodal pattern.^{86,87} The reperfusion (overperfusion)-associated initial peak of edema seemed to occur rapidly at 120 minutes after reperfusion, and the deferred wave of edema seemed to occur due to the healing process on days 4 and 7 after reperfusion.^{86,87} However, Carrick and colleagues⁸⁸ reported that the severity of edema follows a bimodal time course only in patients with accompanying IMH. In this study, in patients without IMH, myocardial edema

seemed to evolve progressively on a unimodal time course. In another report,⁸⁹ which was a retrospective analysis of pooled data from 3 studies, it was concluded that no bimodal edema pattern was apparent. However, most patients in the evaluated studies included in this analysis underwent a single CMR scan at disparate times from each other, and there were no systematic serial examinations. Finally, in the most recent clinical and experimental studies,^{90,91} which were specifically designed to provide a clear insight into the pattern of edematous response of myocardium to MI, it has been demonstrated that the post-MI edematous reaction is not stable but follows a bimodal pattern regardless of the degree of IMH.

Myocardial edema has important consequences via triggering a cascade of events. First, edema itself creates an external compressive force on capillaries by increasing hydrostatic pressure within the interstitial space. Second, increased stiffness and reduced compliance of the edematous myocardium⁸⁰ results in increased LV end-diastolic pressure, which constitutes an additional external force compressing

microcirculation externally. These mechanisms, by increasing the resistance to total myocardial blood flow, may drastically contribute to the extent of myocardial necrosis in the AAR.

Myocardial edema can, therefore, be an important therapeutic target in limiting postreperfusion microvascular damage. In this regard, interventions that may modulate the initial reperfusion-driven wave of edema can be particularly appealing. To this end, during pPCI, controlled pressure or gradual reperfusion of epicardial occlusion, with the aim of preventing an abrupt increase in distal intracoronary and consequently capillary hydrostatic pressures during the reactive hyperemia phase may help to limit leakage from the capillaries and hence may substantially reduce interstitial edema formation.⁹²

Intramyocardial Hemorrhage

IMH has been regarded as the hallmark of severe microvascular damage. IMH is observed in $\approx 30\%$ to 45% of reperfused patients with STEMI.^{88,93,94} However, the temporal evolution of IMH has not yet been completely understood. Using T2* CMR imaging, which is thought to be relatively insensitive to the effects of edema and may provide a more objective assessment of hemorrhage, IMH was shown to increase progressively and to peak 2 days after reperfusion.⁹⁵ Myocardial hemorrhage is associated with larger infarcts,⁹⁶ adverse remodeling,^{97–99} persistent LV systolic dysfunction,^{88,100} late arrhythmic risk,^{98,101} and adverse clinical outcome.^{95,102} In a multicenter observational cohort study, in which 54% of the patients undergoing pPCI had IMH, reported predictors of occurrence of IMH after reperfusion were anterior infarct location and periprocedural glycoprotein IIb/IIIa inhibitor treatment.¹⁰³

Hypoxia-induced disruption in the endothelial barrier leads to loss of capillary integrity during prolonged coronary occlusion.⁵⁸ During this occlusion period, adaptive vasodilatory response and ischemic insult of the arteriolar sphincters leave distal microcirculation defenseless to suddenly increased hydrostatic pressure during reperfusion. In this milieu, abrupt reperfusion by successful pPCI may generate a barotrauma-like effect on the already-destroyed leaky capillaries that can result in the extravasation of erythrocytes from the leaking microvasculature into the interstitium, leading to IMH. However, occlusion without reperfusion leads only to intracellular edema but no hemorrhage.¹⁰⁴ Consistently, IMH was observed significantly less frequently in patients in whom restoration of reperfusion could not be achieved¹⁰⁵ and rarely observed in patients with untreated AMI.¹⁰⁶ In the acute phase, interstitial erythrocyte accumulation creates an external compressive mass on capillaries. In the chronic phase, it triggers macrophage influx, generation of reactive oxygen species, inflammation, and fibrosis.⁹⁹ In this context, IMH

can be regarded as the more severe form of myocardial edema and the most severe manifestation of microvascular injury.

Imaging studies have repeatedly shown that almost all patients with IMH on T2-weighted imaging have CMR-defined MVO on contrast imaging.^{96,107,108} Concordantly, in a recent experimental study, overall regions of IMH and MVO zones in CMR were strikingly similar and corresponded to IMH confirmed by histopathology.⁹⁶ This mutual relationship between IMH and severe MVO suggests that hemorrhage occurs only within regions of severe MVO/damage. Additionally, as an established invasive parameter of coronary microvascular status, the index of microvascular resistance measured immediately after pPCI has been demonstrated to be 2-fold higher in reperfused patients with STEMI with IMH than in those without.¹⁰⁹ Consistently, a high index of microvascular resistance value (>40 units) was recently shown to be an independent predictor of IMH presence in patients undergoing pPCI.¹¹⁰ All these findings concordantly imply that IMH may be a downstream consequence of severe microvascular damage. Once developed, IMH substantially potentiates progression of microvascular damage in the AAR by generating an external compressive mass on the surrounding capillaries. Additionally, an IMH-driven decrease in myocardial compliance also leads to an increase in LV filling pressure that ultimately causes an increase in resistance to myocardial blood flow in the AAR, resulting in exacerbated necrosis.

Considering its paramount prognostic value,¹¹¹ it is obvious that development of new therapeutic strategies aiming to limit IMH in reperfused AMI would definitely improve patient outcome. In this regard, first, it seems that post-pPCI IMH may be amenable to therapeutic interventions aiming to preserve microvascular perfusion and integrity, as it is most likely preceded by MVO. Second, because capillary overpressurization is crucial for the development of myocardial edema and IMH, mechanical interventions to prevent uncontrolled pressure rise in the already-injured capillary area during pPCI might be an appropriate strategy to prevent IMH. After reopening of the occluded epicardial coronary artery, following initial rise (hyperemic flow) and fall, myocardial blood flow in the area at risk is stabilized within ≈ 30 minutes in the AAR.^{26,27} This finding implies that, in spite of the initial ischemic insult, coronary autoregulation in the reperfused myocardial territory recovers sometime after reperfusion. In this regard, regaining adaptive autoregulatory vasoconstrictor response of the pressure-regulating resistance arterioles before full reperfusion is established by stenting may be critically important to prevent an uncontrolled rise in pressure in the injured microvascular territory. Therefore, to limit/prevent edema and IMH formation during pPCI, preventive measures should be taken before full, high-pressure

reperfusion established by stenting, which otherwise exposes unguarded capillaries to a pressure burst. These preventive measures may include gradual, controlled-pressure reperfusion aiming to prevent an abrupt increase in distal intracoronary and consequently capillary hydrostatic pressure during reactive hyperemia phase by allowing enough time to arterioles until their adaptive vasoconstrictor response getting recovered.

Strikingly, intracerebral hemorrhage developed immediately after stenting of the high-grade carotid stenosis,^{112,113} namely, hyperperfusion syndrome, most likely shares the same mechanism with IMH. To maintain cerebral blood flow during a long-lasting hypoperfusion period, cerebral autoregulation maximally dilates the arterioles distal to a subtotal occlusion. In conjunction with this adaptive vasodilatory response, the autoregulatory function of arteriolar sphincters is impaired in severely ischemic cerebral tissue. Therefore, cerebral arteriolar malfunction in the subtended microcirculatory territory results in incompetent vasoconstrictor response to a suddenly increased intravascular pressure abruptly reestablished by stenting of nearly occluded carotid

arteries. Consequently, suddenly increased intracapillary hydrostatic pressure disrupts the tight junctions of the capillary endothelial cells and causes intracerebral hemorrhage. This common background strongly suggests the pivotal role of abrupt reopening of an occluded artery in the development of hemorrhage in the subtended microvascular territory.

Increased LV Filling Pressure

The proximity of the vascular and myocardial compartments makes intramyocardial vessels susceptible to mechanical and hemodynamic changes in the surrounding tissues and LV cavity. In patients with STEMI, increased diastolic filling pressures due to acute loss of contractile performance combined with increased muscle stiffness and reduced myocardial compliance due to edema and IMH can also contribute to a decrease in intramyocardial vascular capacitance that limits coronary flow in late diastole. Transmitted increased intracavitary pressure is partly responsible for external compression of coronary microcirculation,

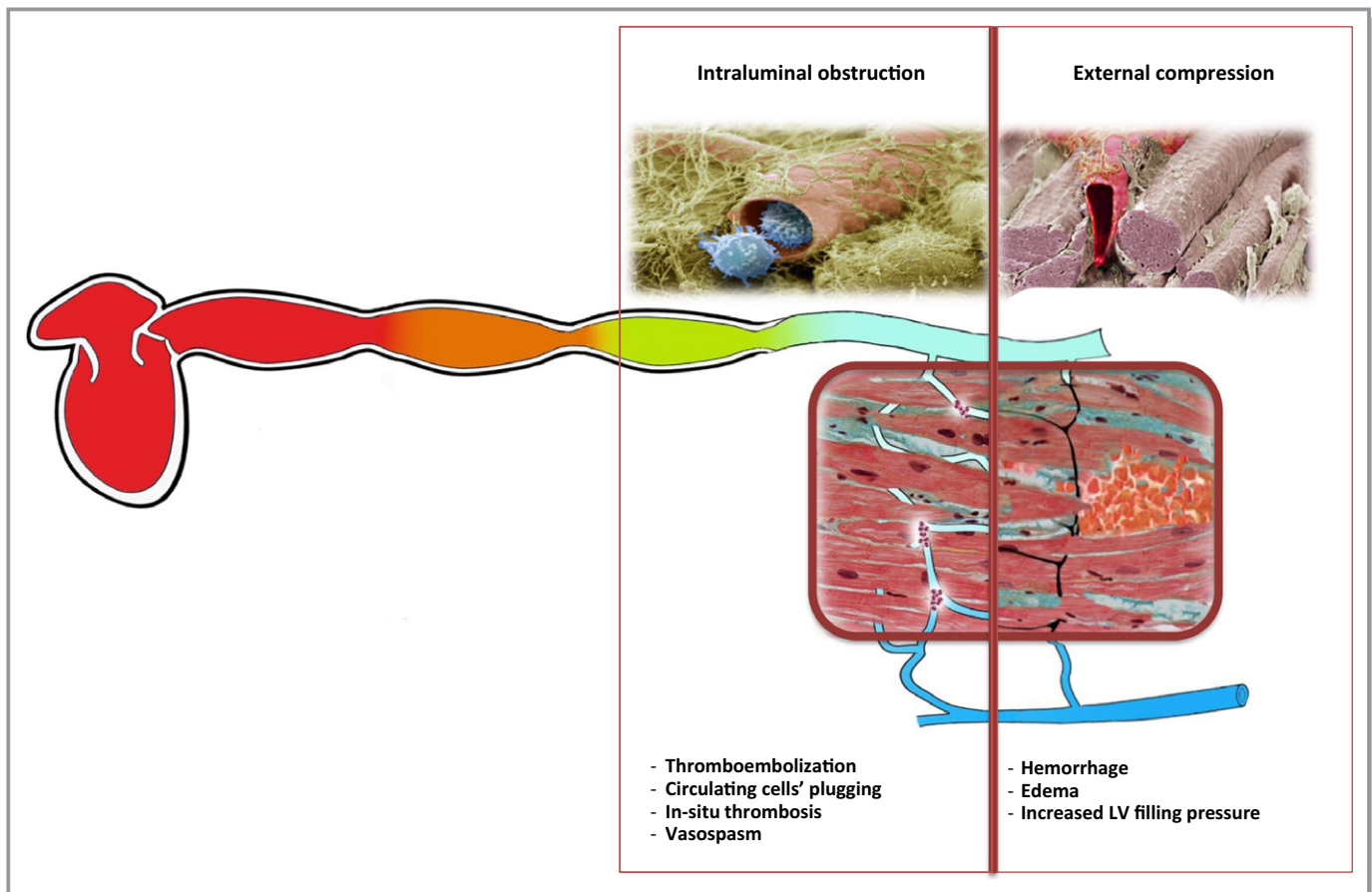


Figure 5. Microvascular impairment in reperused acute myocardial infarction: integrated association of the factors related to intravascular obstruction and extravascular compression of the microcirculation. LV indicates left ventricular.

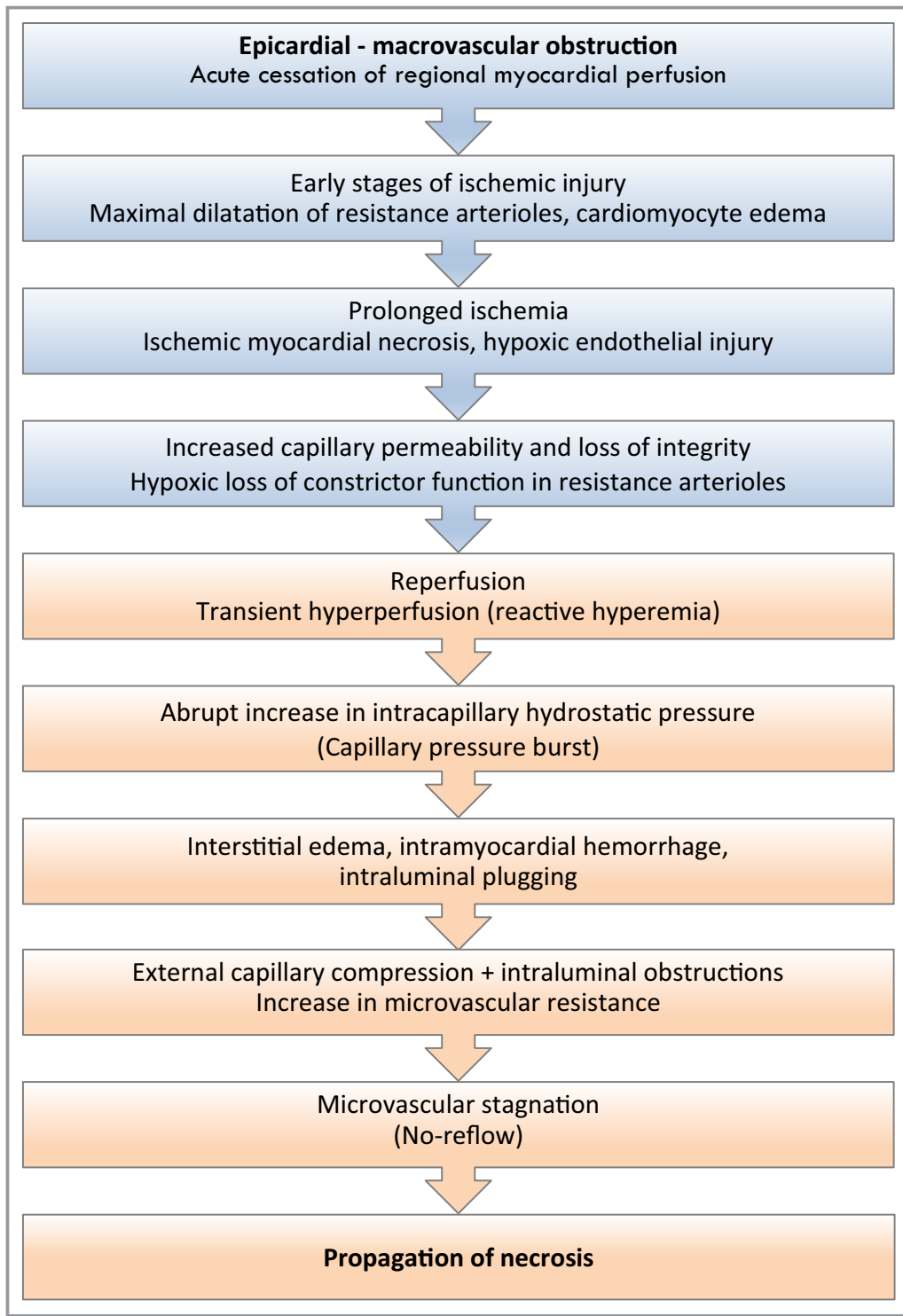


Figure 6. Main stages of ischemia and reperfusion-related events resulting in myocardial injury from a circulatory viewpoint.

particularly in the subendocardium, which is the most susceptible region to elevation in LV filling pressure. Consistently, in patients with STEMI, LV end-diastolic pressure has been shown to be correlated with zero flow pressure, an invasive parameter that mainly informs on the external

pressure on the coronary microcirculation.^{114,115} Thus, in the course of STEMI, diastolic LV dysfunction causing elevation in LV filling pressure may lead to a further restriction of the microvascular compartment. However, LV filling pressure is not the sole determinant of the myocardial

interstitial pressure. In the setting of reperfused STEMI, intramyocardial edema and hemorrhage formed as a result of severe microvascular injury in the affected myocardial territory with limited compliance can cause a substantial increase in interstitial pressure. Furthermore, this new volume added to the low-compliance chamber may increase interstitial pressure even above to the diastolic intraventricular pressure levels. In this situation, potential therapeutic interventions aiming to reduce ventricular filling pressure may not improve myocardial perfusion. Therefore, again, maximal benefit in limiting diastolic dysfunction developing in the reperfused myocardial segments can be expected from therapeutic applications, which may succeed in limiting edema/hemorrhage and no-reflow.

Future Directions

As proposed in this review, multiple mechanisms underlying postreperfusion microvascular injury are not mutually exclusive and can act interconnectedly in concert. Furthermore, the individual contribution of these mechanisms to impaired myocardial reperfusion may vary temporally and spatially. Therefore, exclusive targeting of a particular mechanism in every patient may not be a logical approach to overcome the problem.

From an integrative perspective, after successful reperfusion with pPCI, microvascular plugging in conjunction with external compression of microcirculation with surrounding edema and IMH may significantly impede reperfusion flow via increasing total microvascular resistance, which may in turn result in reduction of myocardial blood flow and therefore propagation of necrosis in the subtended myocardial AAR. In the post-pPCI microvascular injury spectrum, IMH, which is most likely preceded by MVO, is the most severe manifestation. Therefore, this most severe form of microvascular injury may be amenable to therapeutic interventions aiming to preserve microvascular perfusion and integrity first. Concurrently, mechanical interventions to modulate reperfusion during pPCI mainly by controlling pressure rise in the susceptible microvascular area might be an appropriate strategy to prevent interlinked edema and IMH.

Conclusions

Although timely reperfusion achieved by successful pPCI changed the overall course of AMI, it is not sufficient to terminate ongoing myocyte loss in case of severe microvascular injury. In this review, the potential roles of intra- and extravascular factors that may affect microvascular integrity and therefore cardiomyocyte survival in the ischemic area after successfully restored epicardial reperfusion were

systematically overviewed in an integrative manner. It seems obvious that the interplay between intravascular obstructive factors and extravascular compressive forces underlies post-pPCI microvascular injury (Figure 5). After occlusion of an epicardial artery and following reperfusion, multifactorial and multifaceted processes orchestrated by interlinked pathologies seem to cause progressive microvascular damage and cardiomyocyte loss at the subtended area (Figure 6). Overall, this progressive microvascular and myocardial damage following reperfusion might be attenuated by novel therapeutic interventions targeting mechanisms interconnected with both intraluminal obstruction (such as local pharmaceutical therapies for microvascular thrombolysis) and extravascular compression of the microcirculation (such as controlled-pressure, gradual reperfusion).

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Disclosures

None.

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