

Widespread occurrences of variably crystalline ^{13}C -depleted graphitic carbon in banded iron formations

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Abstract

Almost all evidence for the oldest traces of life on Earth rely on particles of graphitic carbon preserved in rocks of sedimentary protolith. Yet, the source of carbon in such ancient graphite is debated, as it could possibly be non-biological and/or non-indigenous in origin. Here we describe the co-occurrence of poorly crystalline and crystalline varieties of graphitic carbon with apatite in ten different and variably metamorphosed banded iron formations (BIF) ranging in age from 1,800 to >3,800 Myr. In Neoproterozoic to Palaeoproterozoic BIF subjected to low-grade metamorphism, ^{13}C -depleted graphitic carbon occurs as inclusions in apatite, and carbonate and arguably represents the remineralisation of syngenetic biomass. In BIF subjected to high-grade metamorphism, ^{13}C -depleted graphite co-occurs with poorly crystalline graphite (PCG), as well as apatite, carbonate, pyrite, amphibole and greenalite. Retrograde minerals such as greenalite, and

32 veins cross-cutting magnetite layers contain PCG. Crystalline graphite can occur with
33 apatite and orthopyroxene, and sometimes it has PCG coatings. Crystalline graphite is
34 interpreted to represent the metamorphosed product of syngenetic organic carbon
35 deposited in BIF, while poorly crystalline graphite was precipitated from C-O-H fluids
36 partially sourced from the syngenetic carbon, along with fluid-deposited apatite and
37 carbonate. The isotopic signature of the graphitic carbon and the distribution of fluid-
38 deposited graphite in highly metamorphosed BIF is consistent with carbon in the fluids
39 being derived from the thermal cracking of syngenetic biomass deposited in BIF, but,
40 extraneous sources of carbon cannot be ruled out as a source for PCG. The results here
41 show that apatite + graphite is a common mineral assemblage in metamorphosed BIF. The
42 mode of formation of this assemblage is, however, variable, which has important
43 implications for the timing of life's emergence on Earth.

44 Key words: early life; banded iron formation; carbon isotopes; Raman; graphite;
45 biosignatures

46 **1.0 Introduction**

47 The association of isotopically-light organic carbon and apatite is a common feature of
48 sediments incorporating biomass (Papineau et al., 2016; She et al., 2014). Apatite
49 $[\text{Ca}_5(\text{PO}_4)_3(\text{F}, \text{Cl}, \text{OH})]$ requires phosphorus, which can be derived from the decomposition of
50 phosphorus-bearing biological organic matter (biomass) in sediments. This knowledge has
51 been combined with observations of isotopically-light carbon in graphite in association with
52 apatite, to argue for a biological origin of graphite (Mojzsis et al., 1996) in the ca. 3,830
53 million years old (Myr) Akilia quartz-pyroxene rock. Additionally, the presence of apatite
54 rosettes (Li et al., 2012) and apatite with ferric acetate (Li et al., 2011) have been used to

55 propose the biological processing of phosphorus and organic carbon in BIF. Alternatively, it
56 has been suggested that graphite associated with apatite in metamorphosed BIF may also
57 be fluid-deposited (Lepland et al., 2011; Papineau et al., 2010a; Papineau et al., 2011;
58 Papineau et al., 2010b), so that non-biological and biological sources of organic carbon are
59 both possible. To assess how common associations of graphitic carbon and apatite are in
60 BIF, as well as the origin of the carbon in graphite, we document its mineral associations in
61 ten different samples of various ages and metamorphic grades. Selected samples come from
62 the Eoarchaeon supracrustal terranes of Nuvvuagittuq, Akilia, and Saglek, from the
63 Neoproterozoic belts of Sandur, Temagami, Anshan, and Wutai, as well as from the
64 Paleoproterozoic Brockman, Pääkkö, and Biwabik iron formations (Table 1; Figure 1;
65 Supplementary information).

66 **2.0 Methods**

67 **2.1 Optical microscopy**

68 Standard 30 μm thick, polished and doubly-polished thin sections were prepared with a final
69 polishing step using Al_2O_3 0.5 μm powder for investigation using transmitted and reflected
70 light microscopy. No immersion oil was used to map petrographic features in thin section.

71 **2.2 Micro-Raman spectroscopy**

72 Micro-Raman microscopy was conducted on petrographic targets within the polished thin
73 sections using a WiTec alpha300 confocal Raman imaging microscope with a 532nm
74 wavelength laser and operating at a power between 0.1 and 6mW depending on the target.
75 Raman spectra and hyperspectral scans were performed at 100X magnification with variable
76 spatial resolutions from 1 μm to 360nm, and spectral resolutions of 4 cm^{-1} were achieved

77 using a 600 lines/mm grating. Hyperspectral images were created for specific mineral
78 phases using peak intensity mapping for characteristic peaks of each individual mineral in a
79 scan. Average spectra were calculated by creating a mask on homogeneous pixels of
80 individual phases and had their backgrounds fitted to a polynomial function and subtracted.
81 Large area scans ($>100\mu\text{m}\times 100\mu\text{m}$) were completed using the same process outlined
82 previously, with spatial resolutions no lower than $1\mu\text{m}$. Peak parameters were calculated
83 from a Lorentz function modelled for each selected peak. Cosmic ray reduction was applied
84 to all Raman spectra. Raman spectra were collected at confocal depths of at least $1\mu\text{m}$
85 below the surface of the thin sections. Raman spectrum parameters, such as peak positions,
86 Full Width at Half Maximum (FWHM), and areas under the curve were extracted from the
87 best-resolved Raman peaks, and modelled with Lorentz function on background-subtracted
88 spectra. To estimate maximum crystallisation temperatures of graphitic carbon from the
89 Raman spectra, we used the geothermometer of Beyssac et al. (2002), which is justified by
90 the lower greenschist to granulite metamorphic grade of all the studied banded iron
91 formations.

92 **2.3 Scanning electron and energy dispersive x-ray spectroscopy**

93 Scanning electron microscopy (SEM) in back scattered electron (BSE) and secondary electron
94 (SE) imaging modes were used to characterise the morphology and composition of selected
95 targets, which were also characterised by energy dispersive x-ray spectroscopy (EDS).

96 Analyses were carried out in the Department of Earth Sciences at University College London
97 (UCL) using a JEOL JSM-6480L SEM. Standard operating conditions for SEM imaging and EDS
98 analysis were a 15kV accelerating voltage, working distance of 10mm and an electron beam
99 current of 1nA. Samples were always coated with a few nanometres of Au prior to analysis.

100 The analyses were calibrated against standards of natural silicates, oxides and Specpure®
101 metals, with the data corrected using a ZAF program.

102 **2.4 Stable isotope mass spectrometry**

103 Analyses of bulk rock powders for graphitic carbon were conducted in the Bloomsbury
104 Environmental Isotope Facility at UCL with a Thermo-Finnigan Flash 1112 EA connected to a
105 Thermo Delta V Isotope Ratio Mass Spectrometer via a Conflo IV gas distribution system.
106 Sample preparation and analytical details follow a previously devised protocol (Dodd et al.,
107 2018). A suite of standard materials that span a range of $\delta^{13}\text{C}$ values from -26‰ to -6‰,
108 was analysed within each run. Each standard was analysed multiple times through the run
109 to ensure reproducibility. The results were calibrated to the Vienna Pee Dee Belemnite
110 (VPDB) scale with a reproducibility better than 0.2‰ (1σ ; $n=19$). Empty muffled silver
111 capsules were ran with and without HCl added to test for contamination prior to analysis.
112 No carbon was detected in these procedural blank silver capsules. Analyses of bulk rock
113 powders for carbonate were conducted in the Cardiff School of Earth Sciences with a
114 Thermo Finnigan Delta V Advantage mass spectrometer connected to a Gas Bench II. Sample
115 preparation and analytical details follow a previously devised protocol (Dodd et al., 2018).

116 **3.0 Results and discussion**

117 **3.1 Occurrences of graphitic carbon in highly metamorphosed BIF**

118 Apatite in the amphibolite facies ca. 4,280-3,770 Myr Nuvvuagittuq silicate BIF
119 (quartz+magnetite+Fe-silicates; Table 1; Fig. 1) appears with fluid inclusions of
120 $\text{CO}_2+\text{CH}_4+\text{H}_2\text{O}$ (Fig. 2) within quartz grains, along grain boundaries and with retrograde
121 greenalite (Fig. 3a; Supplementary Table 1). In the Nuvvuagittuq jasper BIF

122 (quartz+haematite+magnetite), apatite occurs as inclusions in calcite rosettes,
123 chert+magnetite granules, and as millimetre-size graphite-bearing euhedral laths (Dodd et
124 al., 2017). Notably for the Nuvvuagittuq silicate BIF, graphite co-occurs with poorly
125 crystalline graphite (PCG) as coatings on apatite, which also hosts inclusions of magnetite,
126 calcite and graphite (Fig. 3a-d). Poorly crystalline graphite has more intense Raman D peaks
127 than G peaks, which yields D/ G peak intensity ratios above 1, in contrast to crystalline
128 graphite which has weak intensity D peaks compared to G peaks, giving intensity ratios
129 below 1 (Fig. 4; Supplementary Fig. 1). These differences lead to estimates of crystallisation
130 temperatures for PCG between 60-200°C lower than those of graphite in the same sample
131 (Fig. 4; Supplementary Table 2). In the Nuvvuagittuq silicate BIF, PCG appears within
132 phyllosilicate masses of greenalite and minnesotaite, and occurs with accessory minerals
133 such as carbonate and sulphide that are present in between coarse quartz crystals (Fig. 3e-
134 g), which demonstrates a retrograde origin. Furthermore, PCG occurs within orthopyroxene
135 crystals and coats calcite and retrograde hornblende inclusions (Fig. 3h-j; Supplementary
136 Table 1). In other instances, PCG and graphite co-exist with calcite and magnetite inside
137 orthopyroxene crystals (Fig. 5). Similarly, in the ca. 3,920 Myr old Saglek-Hebron silicate BIF
138 (Table 1; Fig. 1), crystalline graphite appears inside apatite and as coatings on apatite (Fig.
139 3j-l), demonstrating that this is a common mineral association among Eoarchean BIF.

140 The ca. 2,551 Myr old, amphibolite facies Anshan BIF (Table 1; Fig. 1), also hosts
141 inclusions of PCG associated with greenalite and apatite along with graphite. Graphite is also
142 present within prograde grunerite crystals (Fig. 6a-b). Similarly, both graphite and PCG have
143 been found in association with apatite and greenalite in carbonate, situated adjacent to
144 magnetite-pyrite bands (Fig. 6c-d). In the ca. 2,500 Myr, greenschist facies Wutai BIF (Table
145 1; Fig. 1), apatite forms microscopic clusters within masses of ankerite present in pyrite-rich

146 layers, in which graphite co-occurs within microns of PCG, apatite and feldspar (Fig. 6e-f). In
147 the ca. 1,878 Myr hornfels-pyroxene facies Biwabik BIF (Table 1; Fig. 1), graphite occurs with
148 calcite within retrograde grunerite, as evidenced by grunerite appearing as rims along the
149 margins of orthopyroxene (Fig. 6g-h). Similarly in the ca. 3,830 Myr old granulite facies
150 Akilia quartz-pyroxene rock (Table 1; Fig. 1), graphite also occurs within retrograde grunerite
151 rims along the margins of orthopyroxene crystals, occasionally associated with chalcopyrite
152 (Papineau et al., 2010a) (Supplementary Figure 2). In contrast, abundant graphite is found in
153 discrete layers of prograde grunerite, pyrite, feldspar, and magnetite with apatite (Fig. 6h-j)
154 in the ca. 2,000 Myr old, lower amphibolite facies Pääkkö BIF (Table 1; Fig. 1).

155 **3.2 Occurrences of graphitic carbon in BIF metamorphosed to the greenschist facies**

156 Graphitic carbon was also mapped by micro-Raman in the greenschist facies Dales
157 Gorge, Temagami and Sandur BIF (Table 1; Fig. 1). In the ca. 2,470 Myr Dales Gorge BIF
158 (Table 1; Fig. 1), apatite can form variably thick bands varying up to 600µm in thickness.
159 These bands are associated with stilpnomelane or minnesotaite and siderite/ankerite
160 between magnetite layers. The apatite contains numerous inclusions of microscopic
161 haematite, ankerite, graphitic carbon and pyrite (Fig. 7a-b). The graphitic carbon tends to
162 form discrete layers in the apatite and cluster around ankerite inclusions within the apatite
163 (Fig. 7b). Graphitic carbon is preferentially preserved within the apatite, with minor
164 amounts in the surrounding quartz and ankerite (Fig. 7b). In the ca. 2,736 Myr Temagami BIF
165 (Table 1; Fig. 1), there are magnetite and minnesotaite bands interlayered with apatite
166 bands, which are nearly one millimetre thick, with inclusions of ankerite and graphitic
167 carbon (Fig. 7c-d). In contrast to the Dales Gorge BIF, the Temagami graphitic carbon occurs
168 predominately in ankerite inclusions within millimetre thick apatite bands (Fig. 7d). The ca.

169 2,700 Myr Sandur BIF (Table 1; Fig. 1) preserves a range of graphitic carbon crystallinities
170 (Fig. 7e-g; 4) including graphite and PCG, which occur with apatite, siderite and pyrite.
171 Hence, these observations show for the first time that graphite and PCG co-occur in BIF, and
172 that they are also commonly associated with apatite and carbonate.

173 **3.3 Syngenicity of graphitic carbon**

174 Graphitic carbon may be damaged during polishing of petrographic thin sections, but
175 can be distinguished by enlarged D peaks in the Raman spectra (Beyssac et al., 2003).
176 Therefore, it has been verified through optical microscopy that all PCG targets are found
177 below the thin section surface and were not modified by polishing. In addition, orientation
178 of graphite sheets relative to the Raman laser may induce changes in the relative intensities
179 of the D peak (Wang et al., 1989). Yet, graphite sheet orientation creates relatively minor
180 changes in D peak intensities and could not account for the large difference in intensities of
181 D to G peaks observed here between PCG and graphite (Supplementary Fig. 1 and
182 Supplementary Table 2). The crystalline structural differences between PCG and graphite
183 are therefore a result of their mode of formation, and the two types can be clearly
184 distinguished by Raman crystallographic characteristics (Supplementary Fig. 1).

185 The crystallisation temperature estimates for PCG are interpreted as retrograde
186 crystallization temperatures of fluid-deposited graphite, although we stress these may not
187 be accurate, as the graphite-Raman thermometer was calibrated against prograde mineral
188 assemblages (Beyssac et al., 2002) (Supplementary Table 2). A better judge of precipitation
189 temperatures can be discerned from the occurrence of PCG with retrograde minerals like
190 minnesotaite (Fig. 3f-l; 6a-d, g), which has an upper stability limit of 350°C (Klein, 2005),
191 similar to the crystallisation temperatures calculated for PCG (Supplementary Table 2). This

192 indicates that PCG was deposited from low temperature fluids during retrograde
193 metamorphism in the Nuvvuagittuq, Anshan and Wutai BIF, supported by PCG appearing
194 within veins cross-cutting sedimentary layers in the Nuvvuagittuq BIF (Fig. 1). However,
195 retrograde minerals hosting graphitic carbon have not yet been found in the Wutai BIF. In
196 the case of the granulite facies Biwabik BIF and Akilia quartz-pyroxene rock, graphite is
197 associated with retrograde grunerite rims on prograde orthopyroxene crystals (Fig. 6g;
198 Supplementary Fig. 2), depicting high temperature retrogression with carbonic fluids.
199 However, the Dales Gorge, Temagami and Pääkkö BIF do not show evidence for
200 retrogression, and preserve primary organo-mineral assemblages, indicative of
201 metamorphosed, decayed biomass, such as ¹³C-depleted kerogen inclusions in apatite and
202 ¹³C-depleted carbonate (Fig. 7a-d; Table 2). Crystallisation temperature estimates for
203 graphite in the Sandur BIF exceeds metamorphic temperatures experienced by the
204 formation (Supplementary Table 2), and therefore may be a result of non-metamorphic
205 processes, such as templated mineral growth along quartz boundaries (Fig. 7g)(van Zuilen et
206 al., 2012).

207 The retrograde phases in the Nuvvuagittuq, Anshan, Biwabik and Akilia are hydrated
208 phyllosilicates and double-chained inosilicates (Fig. 3g-j; 6d, g-h, Supplementary Fig. 2). This
209 points to cooling and hydration reactions as the precipitation mechanism of PCG (Luque et
210 al., 2014). This can happen during cooling of C-O-H fluids and can lead to coinciding
211 hydration of the host minerals and decreased carbon solubility, so that PCG precipitates (cf.
212 Equ. 1). In amphibolite facies BIF, amphiboles such as grunerite are prograde minerals,
213 whereas in granulite facies BIF grunerite rims on pyroxene are more likely retrograde after
214 pyroxene (Klein, 2005). Greenalite and minnesotaite would not survive amphibolite facies
215 metamorphism and therefore they are also retrograde minerals (Klein, 2005).



Equation 1

217 Significantly, the association of apatite with fluid inclusion trails in the Nuvvuagittuq
218 BIF (Fig. 2) shows that fluids contained CO_2 , CH_4 , H_2O , H_2S , PO_4^{3-} , Ca^{2+} , Fe^{2+} and Cu^{2+}
219 (Papineau et al., 2011), as indicated by the occurrence of chalcopyrite, calcite, apatite, and
220 Fe^{2+} -bearing silicates along with fluid inclusions (Fig. 1). In the Akilia quartz-pyroxene rock,
221 metamorphic apatite has been reported to contain carbonate, which could have been a
222 source of carbon in graphite (Nutman and Friend, 2006). Graphite coatings on apatite in the
223 Akilia quartz-pyroxene rock (Papineau et al., 2010a) co-occur in fluid inclusion trails
224 containing $\text{CO}_2+\text{CH}_4+\text{H}_2\text{O}$ (Lepland et al., 2011), as well as sulphides and carbonate
225 (Supplementary Fig. 2), which point to fluid-deposition from fluids compositionally-similar to
226 those in the Nuvvuagittuq BIF. An important observation in the Nuvvuagittuq BIF, is that
227 minnesotaite and greenalite are the dominant phyllosilicate minerals associated with PCG,
228 which suggests that the metamorphic fluids were largely derived from within the BIF
229 because these phases are common in BIF. Should the metamorphic fluids have been sourced
230 from non-BIF lithologies, they would carry elevated concentrations of elements atypical for
231 BIF, such as Ti or Al. Thus the absence of mica with PCG is consistent with the fluids being
232 derived mainly from BIF elements (Fig. 3f-g) (Gaillard et al., 2018). The association of PCG
233 and apatite can be explained by hydroxyapatite and phyllosilicates co-precipitating from
234 fluids. These minerals would consume H_2O during precipitation reactions yielding PCG and
235 H_2O through Equation 1. This precipitation of apatite is analogous to the dissolution and
236 recrystallisation of graphite and carbonate-bearing apatite from granulite facies pelitic rocks
237 of Cooma, South-East Australia (Nutman, 2007). Such processes can result in the observed
238 association of apatite and graphitic carbons during retrograde reactions. In general,
239 carbonate appears as microscopic crystals intimately associated with fluid-deposited

240 carbon, probably as a result of increasing CO₂ disassociation in metamorphic fluids during
241 cooling (Fig. 2; 3d, g, l; 6g).

242 **3.4 Origins of poorly crystalline and crystalline graphitic carbon**

243 PCG and graphite co-occur within micrometre distances in the Nuvvuagittuq,
244 Anshan, and Wutai BIF (Fig. 3b-d; 5b-h; 6a-f). From the intimate association of these
245 graphitic carbon phases, it can be inferred that they bear the same source and were
246 transported together by similar metamorphic fluids. This is supported by PCG commonly
247 found around, or coating, crystalline graphite in these BIF (Fig. 3a-d; 5d-h; 6d, f). This
248 implies that the PCG grew on pre-existing crystalline graphite. Similar examples have been
249 found in Proterozoic gneiss and quartzite from the Iberian metamorphic belt of Spain,
250 where fluid-deposited graphite forms overgrowths on syngenetic graphite in gneiss and
251 quartzite (Crespo et al., 2004), as well as in numerous other formations (Arita and Wada,
252 1990; Satish-Kumar et al., 2011; Valley and O'Neil, 1981). In addition, multiple crystallinities
253 of disordered organic carbon have been found co-occurring in chert from the Apex
254 Formation (Marshall et al., 2012) in Western Australia, and with graphite in greenschist and
255 amphibolite grade pelitic rocks (Kribek et al., 2008; Large et al., 1994). Varying crystallinity
256 of graphitic carbon in metamorphic terranes may be due to the preservation of fluid-
257 deposited graphite along with syngenetic graphite (Crespo et al., 2004), or varying
258 temperature and H₂ fugacity of C-O-H fluids during deposition of graphite (Pasteris and
259 Chou, 1998).

260 Graphite and PCG in the Nuvvuagittuq, Anshan and Wutai BIF, therefore, have one of
261 two possible mechanisms of formation: 1) the graphite was formed from metamorphism of
262 organic matter deposited in the sedimentary rocks and PCG precipitated from C-O-H fluids

263 (Crespo et al., 2005), or 2) all graphitic carbon was precipitated from C-O-H fluids, of varying
264 temperature or H₂ fugacity, which precipitated carbon (Pasteris and Chou, 1998) with
265 varying crystallinities. In the Nuvvuagittuq BIF, PCG veins (Fig. 1) contain only PCG, and not
266 graphite, suggesting there was just one generation of fluid-deposited graphite. Additionally,
267 crystalline graphite does not appear with retrograde minerals, which suggests that only PCG
268 was fluid-deposited. Low temperatures are required for PCG precipitation from C-O-H, so
269 that fluid-deposited PCG is relatively uncommon in nature due to the high solubility of
270 carbon at low temperatures (Luque and Rodas, 1999; Pasteris, 1999). The low fO₂ and high
271 CH₄ content of carbonic fluids generated at low pressures and temperatures (French, 1966)
272 from the maturation of organic matter encourage precipitation of disordered graphite,
273 where it would otherwise be unstable in typically more oxidised crustal carbonic fluids
274 (Pasteris, 1999). Low-temperature carbonic fluids are close to graphite saturation and
275 precipitate graphite they move, rather than transporting carbon long distances. This may be
276 due to the low temperature of the fluids, making them susceptible to abrupt changes in
277 pressure-temperature (Pasteris, 1999). Much of this graphite may nucleate on pre-existing
278 graphite, thereby making carbon unavailable for widespread deposition (Crespo et al., 2004;
279 Pasteris, 1999).

280 The distances of carbon transport in the Nuvvuagittuq appear to have ranged from a
281 few microns to perhaps centimetres, as evidenced by PCG within micron-sized veins cutting
282 across thin sections (Fig. 1). This is in contrast to high temperature graphite deposits, which
283 transfer carbon over long distances in the crust, from 10s of metres to possibly kilometres
284 (Luque et al., 2014). Since there are no reported graphite veins cross-cutting the
285 Nuvvuagittuq belt, graphite was likely not widely mobile. The association of crystalline
286 graphite and PCG, together with the lack of widely distributed graphite veins, (over 10s of

287 metres to kilometres) is consistent with a localised source of carbon. Therefore, PCG in the
288 Nuvvuagittuq, Anshan and Wutai BIF (Fig. 3a-d; 5d-h; 6a-f) was likely partly sourced *in-situ*,
289 and precipitated within centimetres of the source, from low fO_2 and high CH_4 carbonic
290 fluids. The occurrence of PCG on the rims of crystalline graphite in isolated orthopyroxene
291 crystals is unlikely to arise from infiltration of external $H_2O+CO_2+CH_4$ fluids, without leaving
292 nearby trails of PCG, which are not seen in Raman or optical images (Fig. 5). This observation
293 is consistent with localised $H_2O+CO_2+CH_4$ fluids being partially sourced *in-situ* from
294 syngenetic organics (now crystalline graphite). Though it is not possible to fully exclude an
295 external source for some of the carbon in the C-O-H fluids, it is concluded that PCG in the
296 Nuvvuagittuq BIF precipitated from cooling carbon-bearing fluids derived from
297 devolatilisation reactions, which liberated CO_2 and CH_4 from pre-existing organic matter
298 (now graphite) and precipitated it as PCG. A detailed comparative assessment with all
299 known incidences of graphitic carbon with apatite in BIF (Supplementary Table 3), shows
300 that PCG in other BIF may also represent devolatilised and remobilised organic material. The
301 origins of this organic matter, however, need to be assessed on an individual basis.

302 **3.5 Sources of carbon in graphite and testing the null hypothesis**

303 Discounting younger rocks rich in organic matter by their absence from the
304 Nuvvuagittuq area, the source of carbon in carbon-bearing fluids in the BIF has three
305 possible origins: 1) mantle or sub-lithospheric CO_2 and CH_4 , 2) decarbonation of carbonates
306 and 3) devolatilisation of syngenetic organic matter (Luque et al., 2014). The graphitic
307 carbon in the greenschist facies Brockman, Temagami, Sandur and Wutai BIF have $\delta^{13}C_{gra}$
308 values of -25.2‰, -27.8‰, -28.5‰, and -22.5‰ respectively. While in the amphibolite
309 facies Pääkkö, Nuvvuagittuq and Anshan BIF, $\delta^{13}C_{gra}$ values are -19.6‰, -28.1‰ to -26.4‰,

310 and -26.7 to -22.0‰ respectively. In the hornfels-pyroxene facies Biwabik and granulite
311 facies Akilia BIF, the bulk rock $\delta^{13}\text{C}_{\text{gra}}$ values are, -28.1‰ and -17.5‰, respectively (Table 2).
312 All these values fall within the average composition of sedimentary organic matter over the
313 last 3,500 Myr (Schidlowski, 2001), except the Akilia bulk $\delta^{13}\text{C}_{\text{gra}}$ values, yet *in-situ* analyses
314 on individual graphite coatings on apatite grains have a very large range between -4 and -
315 49 ‰ (McKeegan et al., 2007; Mojzsis et al., 1996; Papineau et al., 2010b), which is
316 consistent with a protracted metamorphic history. Decarbonation reactions can be ruled
317 out, as the $\delta^{13}\text{C}_{\text{carb}}$ values for all the BIF are significantly heavier (-4.4 and -9.1‰) than $\delta^{13}\text{C}_{\text{gra}}$
318 values (Table 2) (Papineau et al., 2011). Additionally, Rayleigh distillation effects would only
319 shift C isotopes toward heavier compositions (Luque et al., 2012) during precipitation of C
320 from C-O-H fluids. Conversely, during retrograde reactions fluid compositions with $\text{CO}_2 >$
321 CH_4 , may shift C isotopes of precipitated graphite to lighter values (Farquhar et al., 1999).
322 However, under typical crustal conditions, fluids are reducing and CH_4 dominates (Eiler et
323 al., 1997). This may be especially true of BIF, which typically contain reduced mineral
324 assemblages such as magnetite, so that, CO_2 concentrations are unlikely to have been
325 greater than CH_4 , ruling out a retrograde reaction as the origin of light C isotope
326 compositions. Fluid-deposited graphite derived from C-O-H fluids of mantle origin are
327 typically much heavier than -14‰ (Luque et al., 1998; Pearson et al., 1994). Moreover, we
328 argue that meteoritic organic matter can be ruled out due to the absence of detrital or
329 meteorite components in the BIF sediments, expected to be deposited along with meteoritic
330 organic matter.

331 The production of abiotic organic matter in hydrothermal vents is known to produce
332 isotopically light hydrocarbons, typically with less than four carbon atoms (Charlou et al.,
333 2010; McCollom, 2013; McCollom and Seewald, 2007). The isotopic signature of these

334 hydrocarbons are characteristically not lighter than -15 to -19‰ in natural vent sites
335 (McDermott et al., 2015; Proskurowski et al., 2008). Yet, experimental reduction of
336 inorganic carbon compounds such as CO, CO₂ and HCO₃⁻ has yielded CH₄ with isotopic
337 compositions reaching as low as -50‰ (Horita and Berndt, 1999; McCollom and Seewald,
338 2007). If during metamorphism isotopically light CH₄ was produced by reduction of CO₂ in
339 the Nuvvuagittuq or other BIF, CO₂ would also react with the CH₄ produced in order to
340 precipitate graphite (Equ. 1). Therefore, the bulk isotopic composition of graphitic carbon in
341 the Nuvvuagittuq BIF is equivalent to the original CO₂ reservoir of a closed system. Bulk rock
342 powders can be used to roughly estimate the isotopic composition of crystalline graphite
343 and PCG in the Nuvvuagittuq BIF. For example, the Nuvvuagittuq jasper-carbonate BIF
344 samples only contain crystalline graphite (PC0822, PC0844)(Dodd et al., 2017) and have
345 δ¹³C_{org} values of -21.1 to -24.6‰, whereas the Nuvvuagittuq silicate BIF samples contain
346 predominately PCG and have a similar range of δ¹³C_{org} values of -20.6 to -26.4‰ (PC0825,
347 Fig. 1) (Papineau et al., 2011). Further *in-situ* work is needed to precisely determine their
348 individual carbon isotopic compositions. If these estimates for the isotopic compositions of
349 PCG and crystalline graphite are correct, their similar isotopic composition is an expected
350 result from liberation of CO₂ and CH₄ from a common syngenetic source of organic matter,
351 and precipitation via equation 1 (Crespo et al., 2004). In other words, a significant amount
352 of retrograde PCG was likely sourced from syngenetic organic matter, and this syngenetic
353 organic matter now occurs as crystalline graphite formed during prograde metamorphism.

354 To further test for possible non-biological sources of organic matter (now preserved
355 as crystalline graphite), we consider abiotic hydrocarbon synthesis in serpentinites from the
356 Nuvvuagittuq belt. Serpentinites from the Nuvvuagittuq belt occur in ultramafic rocks,
357 which are interpreted to be co-genetic with the Ujaraaluk amphibolite (O'Neil et al., 2011).

358 The composition of the Ujaraaluk amphibolite, along with the association of anthophyllite-
359 cordierite Mg-rich rocks, is consistent with hydrothermal alteration of oceanic crust (O'Neil
360 et al., 2011), likely responsible for the serpentinisation. Deposition of the BIF is believed to
361 be associated with this hydrothermal activity on the seafloor. Moreover, the BIF is found
362 between the layers of serpentinite in the belt (O'Neil et al., 2011). Pentlandite [(Fe, Ni,
363 Co)₉S₈] (Supplementary Table 1) is a common mineral in these serpentinites, and believed to
364 be an effective natural catalyst of Fischer-Tropsch reactions in natural settings (Horita and
365 Berndt, 1999; McCollom, 2013). However, among twenty-five Raman scans over three
366 samples, we found no organic matter associated with these minerals, nor did we find
367 organic carbon associated with apatite and carbonate in the serpentinite (Fig. 8). To
368 corroborate these observations, results from the analysis of bulk rock powders of the
369 serpentinite showed no detectable organic matter (Table 2).

370 The serpentinites contain all the necessary ingredients for organic synthesis,
371 including suitable catalysts (pentlandite) and a carbon source (carbonate), yet organic
372 matter was not detected. While the analyses of three serpentinite samples is not
373 exhaustive, as it currently stands these new observations suggest that abiotic hydrocarbon
374 production during serpentinisation in seafloor systems was unlikely to be significant during
375 deposition of the Nuvvuagittuq BIF. Alternatively, abiotic organic matter may not be
376 retained in serpentinites. The restricted range of C isotopic compositions of graphitic carbon
377 in BIF throughout the Precambrian suggests a similar C-isotope fractionation process, which
378 is likely a biological one. We acknowledge that while modern hydrothermal vents produce
379 abiotic organics with $\delta^{13}\text{C}$ signatures higher than that of the reported graphitic carbons,
380 Archean hydrothermal systems may have synthesised organics with lower $\delta^{13}\text{C}$ signatures,
381 as inferred by experiments (Horita and Berndt, 1999). Finally, the possibility of some ^{13}C -

382 depleted CO₂ or CH₄ infiltration into the rock during metamorphism cannot be fully
383 excluded, but coatings of PCG on crystalline graphite, as well as similar isotopic
384 compositions between BIF samples (Papineau et al., 2011), point to an *in-situ*, syngenetic,
385 and sedimentary source of carbon.

386 **4.0 Implications and conclusions**

387 The occurrence of ¹³C-depleted graphite associations with apatite in one of Earth's
388 oldest BIF, and its use as a biosignature, has been a subject of controversy (Lepland et al.,
389 2005; McKeegan et al., 2007; Mojzsis et al., 1996; Nutman and Friend, 2006). Several studies
390 failed to find apatite + graphite mineral assemblages in the Akilia BIF, or presumed such
391 associations to be rare (Lepland et al., 2005; Nutman and Friend, 2006). Subsequently it was
392 found that about 25% of apatite grains were associated with graphite (Papineau et al.,
393 2010a). The documentation of 10 different BIF, from the Eoarchaeon to the
394 Palaeoproterozoic, show the mineral association of apatite + graphite to be commonplace in
395 BIF across various metamorphic grades. However, we did not find evidence for graphite
396 inclusions in apatite, as previous studies have claimed (McKeegan et al., 2007; Mojzsis et al.,
397 1996), with graphite frequently coating apatite. Graphite particles which occur in the centre
398 of apatite grains (Fig. 3d) may be coatings in the line of sight (Papineau et al., 2010a). Yet
399 large apatite bands in the Dales gorge BIF appear to have inclusions of kerogen (Fig. 7b), so
400 graphite inclusions in apatite remain possible.

401 Apatite and graphite mineral assemblages in BIF are viewed here as having two
402 possible origins. In greenschist facies BIF, graphitic carbon is found in sedimentary bands of
403 carbonate and apatite. These likely represent the mineralised products of decayed biological
404 organic matter (Li et al., 2011), as observed in the Brockman, Temagami and Sandur BIF.

405 These mineral associations persist into the amphibolite facies, where graphite is associated
406 with apatite, in the Pääkkö, Anshan, and Saglek BIF (Fig. 3j-l; 6d, j). Furthermore, the
407 occurrence of apatite and graphite from the 3,780 to 3,920 Myr Saglek BIF could provide
408 support for previous interpretations that graphite with ^{13}C -depleted isotopic compositions
409 from the Saglek belt represents microbial remains (Tashiro et al., 2017).

410 In highly metamorphosed BIF, higher temperatures may lead to cracking of kerogen,
411 which produces significant quantities of CH_4 . The association of PCG with retrograde
412 minerals points to the fluid-deposition of apatite and PCG during retrograde metamorphism,
413 a process that can proceed at the upper greenschist to amphibolite facies, for instance in
414 the Anshan, Biwabik, Akilia and Nuvvuagittuq BIF (Supplementary Table 3). The fluid
415 deposition of apatite during metamorphism may be supported by other studies which found
416 the rare-earth element patterns of apatite from the Akilia and other Eoarchaeon BIF to be
417 consistent with a metamorphic origin (Lepland et al., 2002; Nutman and Friend, 2006).
418 While graphitic carbon associated with apatite is commonplace in Eoarchaeon to
419 Palaeoproterozoic BIF, the possibility of their co-precipitation during metamorphism means
420 that the null hypothesis for a biological source of carbon in graphite cannot be fully rejected.
421 This is based on experiments that show that non-biological C-isotope fractionation overlaps
422 the biological range, and that carbon in C-O-H fluids may include several different sources.
423 From the detailed study of variably aged and metamorphosed BIFs, uniformitarianism
424 suggests apatite + graphite biosignatures in Earth's oldest rocks are ambiguous indicators of
425 life, unless they can be proven to be syngenetic and shown to be associated with other
426 possible biosignatures, such as in the case of the Nuvvuagittuq jasper-carbonate BIF (Dodd
427 et al., 2017). In this instance the crystalline structure of the graphite is consistent with a
428 syngenetic origin, unlike PCG (Fig. 4; Supplementary Figure 1), and the apatite in which it

429 sometimes occurs forms large euhedral laths, consistent with prograde apatite (Nutman,
430 2007). Therefore, in this case the apatite+graphite+carbonate association fits best with an
431 origin from biomass remineralisation, as can be inferred for the Dales gorge BIF and those
432 younger.

433 The new results presented here show fluid-deposited graphite is commonly
434 associated with apatite in Earth's oldest sedimentary rocks, and therefore evidence for life's
435 emergence on Earth rests in part on the identification of fluid-deposited and syngenetic
436 graphite. The work here suggests that fluid-deposited carbon is partly sourced from
437 syngenetic organic matter, the origin of which could either be pre-biotic or the remains of
438 Earth's first lifeforms.

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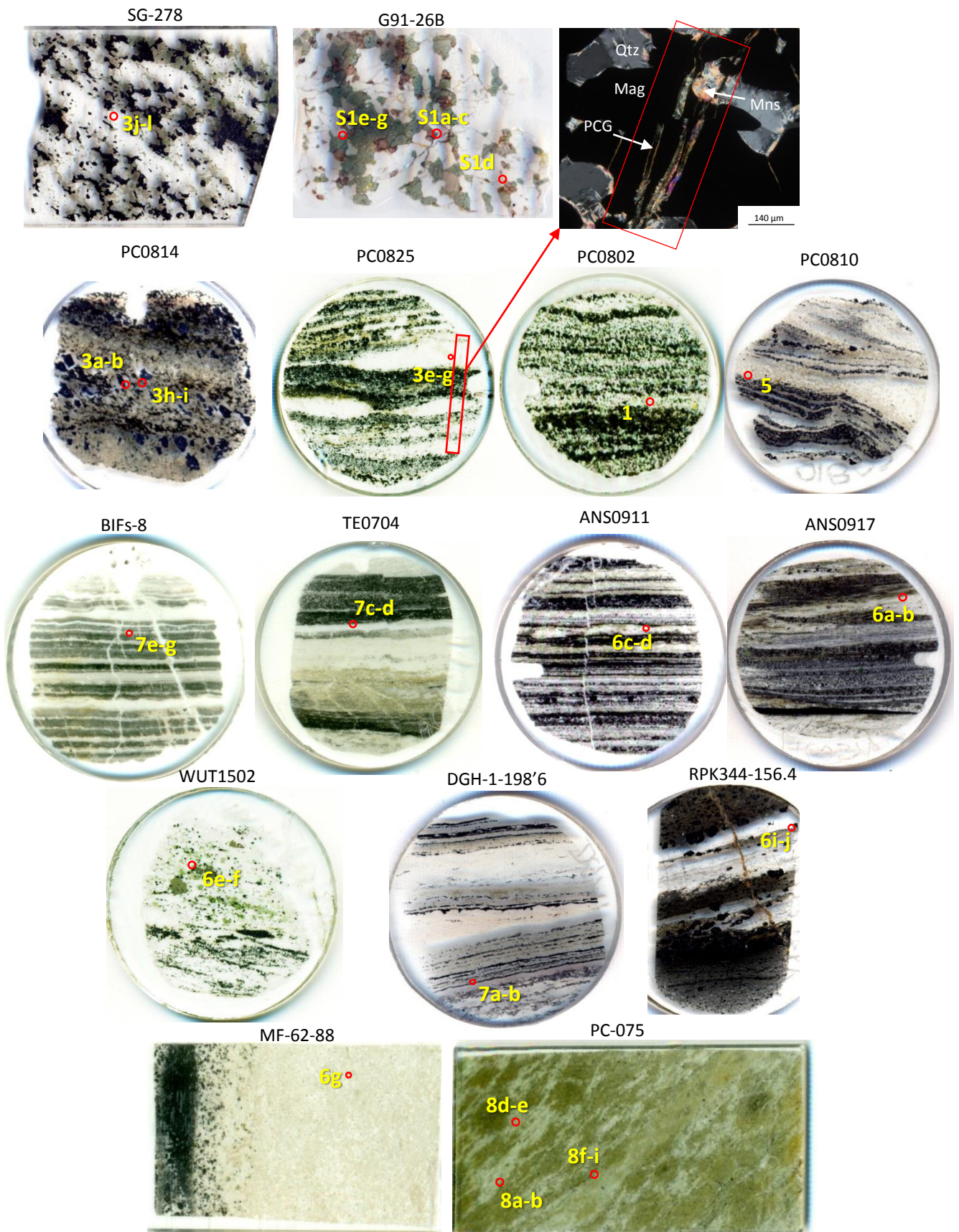


Figure 1. Thin section scans of samples in this study. SG-278 – Saglek BIF. G91-26B – Akilia quartz-pyroxene rock. PC0814, PC0825 (red box = graphite vein), CP image of poorly crystalline graphite and minnesotaite vein cutting magnetite bands. PC0802, PC0810 – Nuvvuagittuq BIF. ANS0911, ANS0917 – Anshan BIF. WUT1502 – Wutai BIF. BIFs-8 – Sandur BIF. DGM-1-198'6 – Brockman, Dales Gorge BIF. TE0704 – Temagami. RPK344-156.4 – Pääkkö. MF-62-88 – Mesabi BIF. PC-075 – Nuvvuagittuq serpentinite. All round sections are 2.5cm in diameter. Rectangle section are 2.5cm wide.

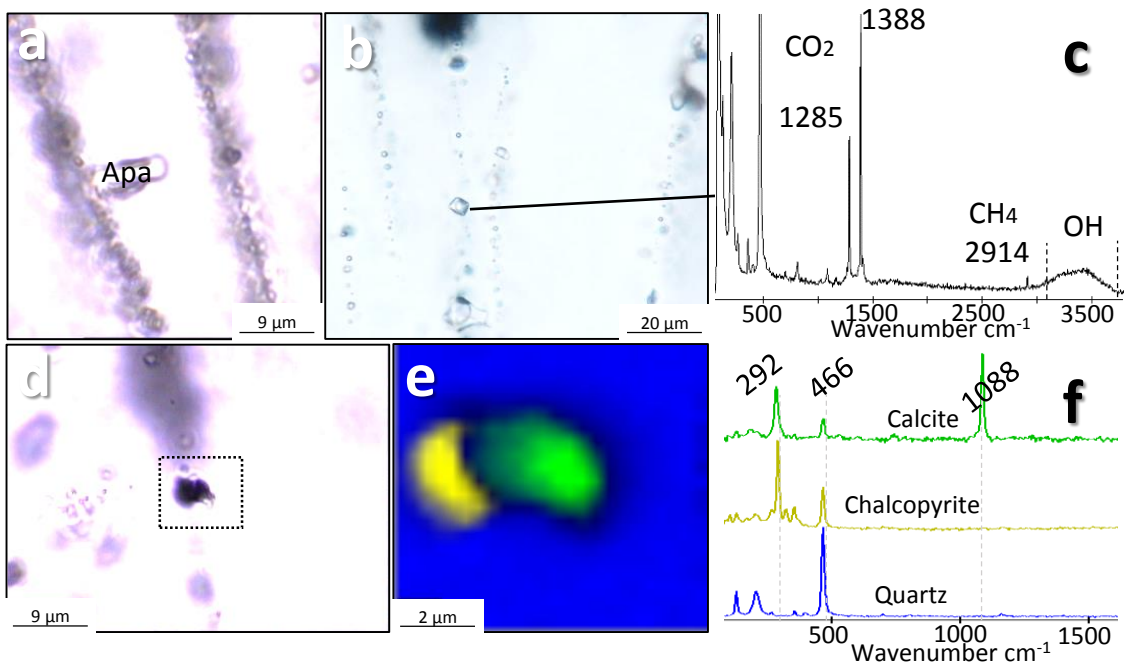


Figure 2. Fluid inclusions in the Nuvvuagittuq BIF, PC0802. a) Transmitted light image of apatite with fluid inclusion trails. b) CO₂-CH₄-H₂O bearing fluid inclusions. c) Raman spectrum of fluid inclusion in b. d) Transmitted light image of calcite and chalcopyrite with fluid inclusion trail. e) Raman map showing calcite with chalcopyrite in fluid inclusion trail. f) Raman spectra for Raman map in e. Apa – apatite. Raman map colours: green – calcite, yellow – chalcopyrite, blue – quartz.

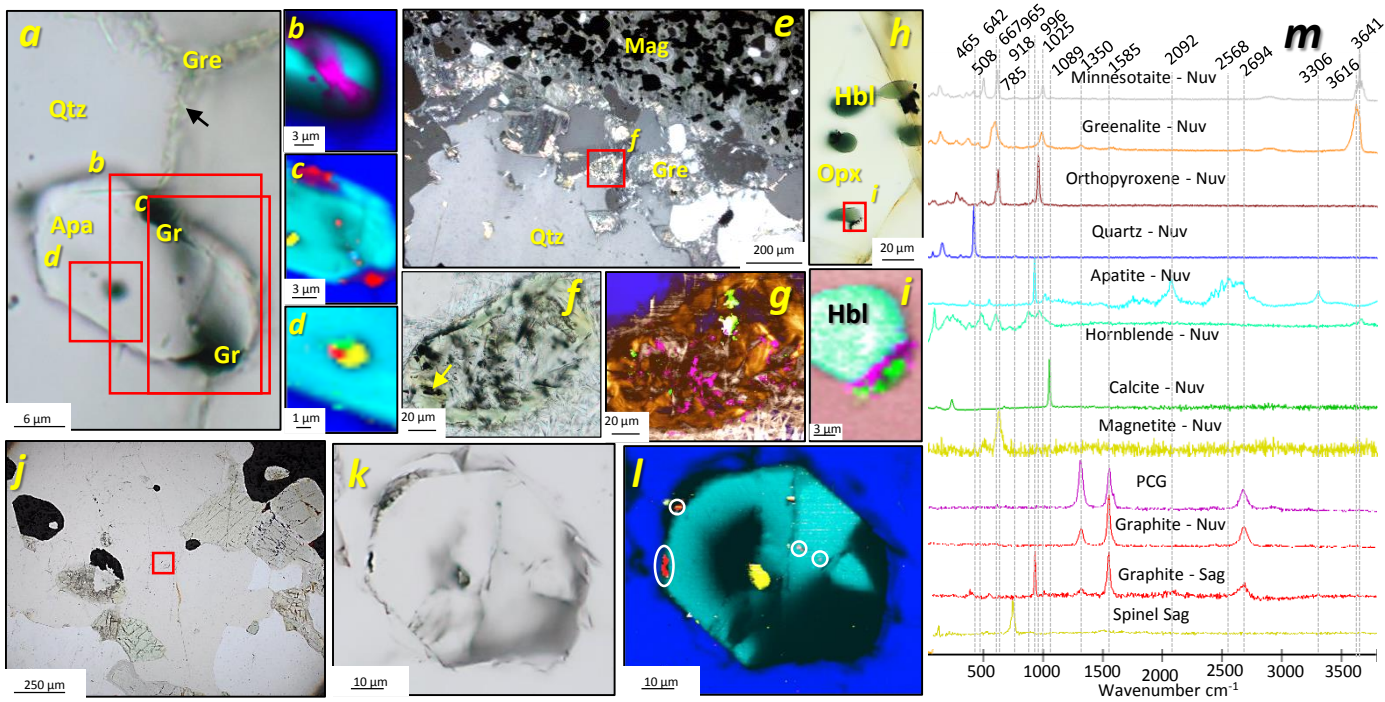


Figure 3. Graphitic carbon associations in the Eoarchean-Hadean Nuvvuagittuq and Saglek BIF. a) Plane Polarised Light (PPL) image of apatite associated with multiple crystallinities of graphitic carbon, arrow points to greenalite filling cracks. b) Raman map of boxed area in panel b taken at a confocal depth of 5 μm . c-d) Raman maps of boxed areas in a at surface of thin section. e) Cross Polars (CP) image of greenalite between quartz grains. f) PPL image of greenalite cluster surrounded by minnesotaite (arrow points to sulphide grain). g) Raman map showing PCG associated with calcite inside the greenalite cluster. h) PPL image of orthopyroxene with inclusions of ferro-hornblende i) Raman map of PCG and calcite coating hornblende. j) PPL image of apatite location in the Saglek BIF, red box corresponds to panel k. k) PPL image of apatite with opaque inclusions and coatings. l) Raman image of panel k, showing graphite within and on the edges of the apatite grain (white circles), including an inclusion of spinel. m) Raman spectra for this figure. Mineral abbreviations: Apa – apatite, Gr – graphite, Gre – greenalite, Qtz – quartz, Mag – magnetite, Hbl – hornblende, Opx – orthopyroxene. Raman map colours: grey – minnesotaite, orange – greenalite, brown, orthopyroxene, blue – quartz, turquoise – apatite, light green – hornblende, green – calcite, yellow – magnetite (spinel – Saglek sample), purple – poorly crystalline graphite, red – crystalline graphite.

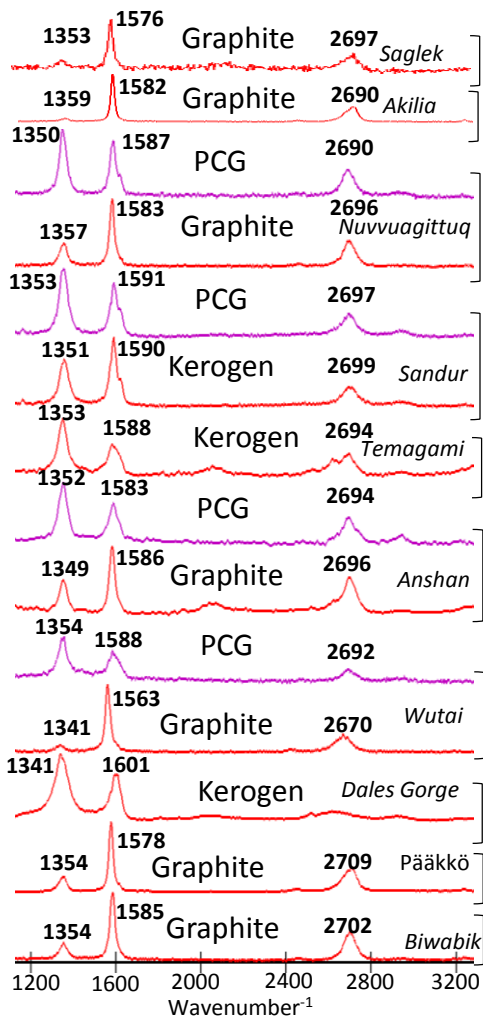


Figure 4. Crystallinities of graphitic carbon in Archean and Palaeoproterozoic BIFs in order of decreasing age. Purple colour corresponds to poorly crystalline graphite (PCG) co-occurring with graphite. PCG is defined as having an intense D-peak ($\sim 1350\text{ cm}^{-1}$) relative to the G-peak ($\sim 1580\text{ cm}^{-1}$) and is distinguished from kerogen by the presence of a sharp 2D peak ($\sim 2700\text{ cm}^{-1}$).

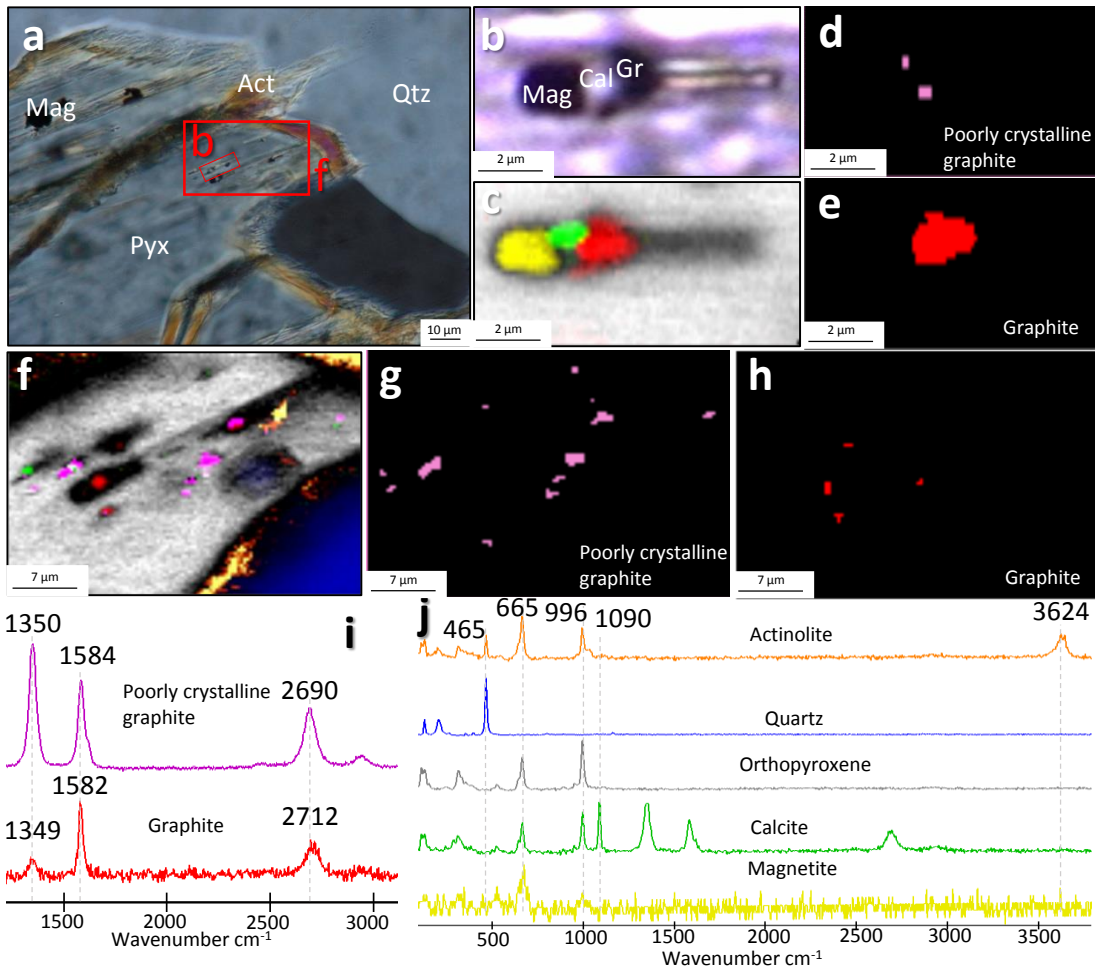


Figure 5. Crystalline and poorly crystalline graphite in the Nuvvuagittuq BIF, PC0810. a) Cross polar image of pyroxene with serpentinised edges (orange); red boxes mark Raman maps. b) Transmitted light image of magnetite, carbonate and graphitic carbon in pyroxene. c) Raman map of magnetite, calcite and graphitic carbon in orthopyroxene. d-e) Raman filter map showing the intimate association of graphite and PCG. f) Raman map showing PCG, graphite and calcite in orthopyroxene. g-h) Raman filter map showing the close spatial association of PCG and graphite in f. i) Raman spectra of graphitic carbon in pyroxene. j) Representative Raman spectra for the figure. Pyx- pyroxene, Act – actinolite, Qtz – quartz. Raman map colours: grey – orthopyroxene, orange – actinolite, blue – quartz, green – calcite, yellow – magnetite, purple – poorly crystalline graphite, red – crystalline graphite.

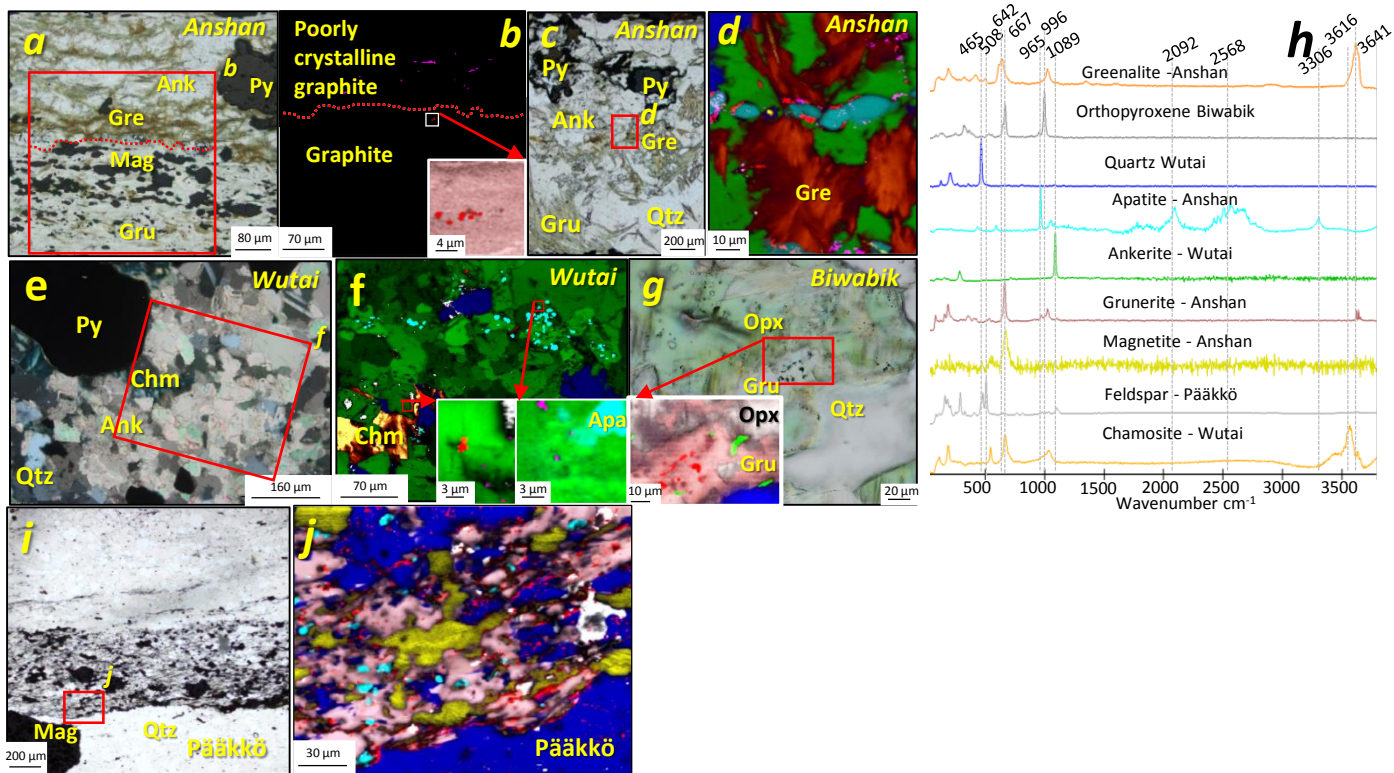


Figure 6. Graphitic carbon in strongly metamorphosed BIFs. a) PPL image of grunerite and magnetite layers in the Anshan BIF. b) Graphite filter map showing the localised occurrences of PCG and graphite. c) PPL image of grunerite and pyrite layer in the Anshan BIF. d) Raman map of apatite with coatings of graphite, along with surrounding PCG and greenalite. e) CP image of ankerite and pyrite layer in the Wutai BIF. f) Raman showing the close association of PCG and graphite and PCG with apatite. g) PPL image of clinopyroxene exhibiting grunerite rims with inclusions of graphitic carbon in the Biwabik BIF. h) Raman spectra for this figure. i) PPL image of grunerite-magnetite layer in the Pääkkö BIF. j) Raman map showing the association of graphite with apatite and grunerite. Mineral abbreviations: Ank – ankerite, Gru – grunerite, Py – pyrite, Chm – chamosite. Raman map colours: grey – orthopyroxene (Biwabik)/ feldspar (Pääkkö), orange – greenalite (Anshan)/ chamosite (Wutai), brown - grunerite, blue – quartz, turquoise – apatite, green – ankerite, yellow – magnetite, purple – poorly crystalline graphite, red – crystalline graphite. See Fig. 3 for graphite spectra.

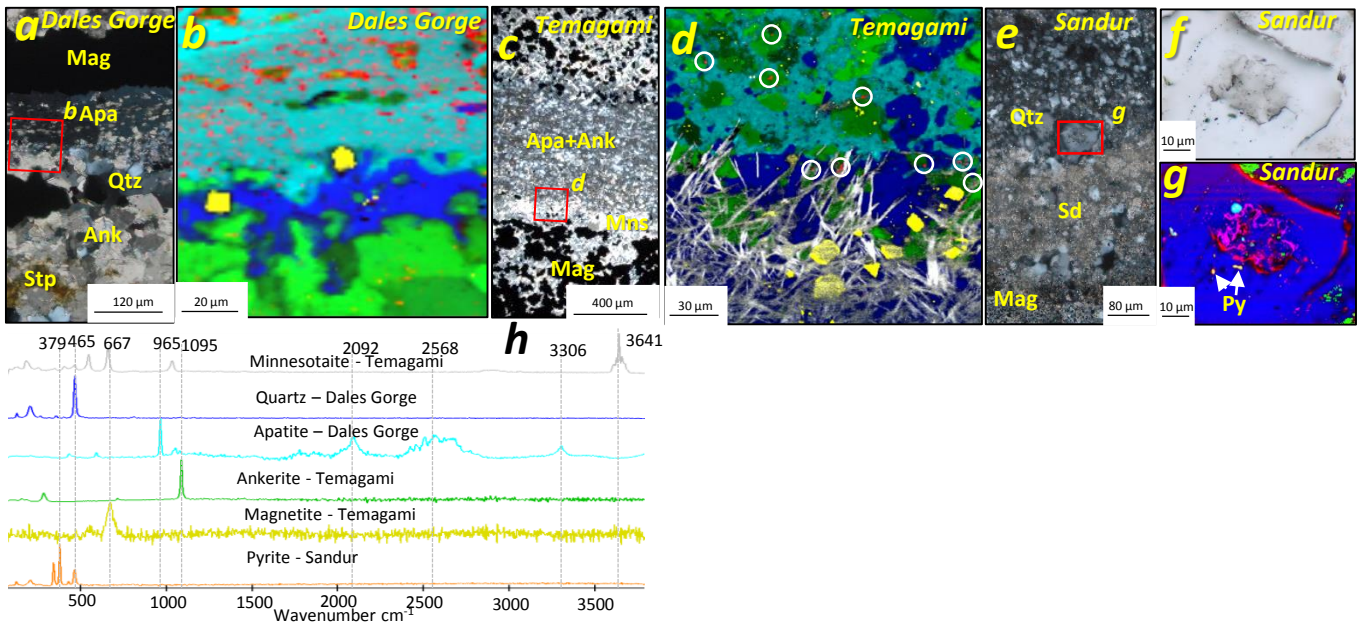


Figure 7. Graphitic carbon and apatite in weakly metamorphosed BIFs. a) CP image of magnetite and apatite bands in the Dales Gorge BIF, box corresponds to b. b) Raman map of graphitic carbon in apatite. c) CP image of apatite band with ankerite in the Temagami BIF, box corresponds to d. d) Raman map of apatite band with ankerite and graphitic carbon inclusions (circled). e) CP image of siderite and magnetite band in the Sandur BIF, box corresponds to f. f) PPL image of inclusions in quartz. g) Raman map of graphite and PCG associated with apatite and pyrite. h) Raman spectra for this figure. Raman map colours: grey – minnesotaite, orange – pyrite, blue – quartz, turquoise – apatite, green – ankerite, yellow – magnetite, purple – poorly crystalline graphite, red – crystalline graphite. See Fig. 3 for graphite spectra.

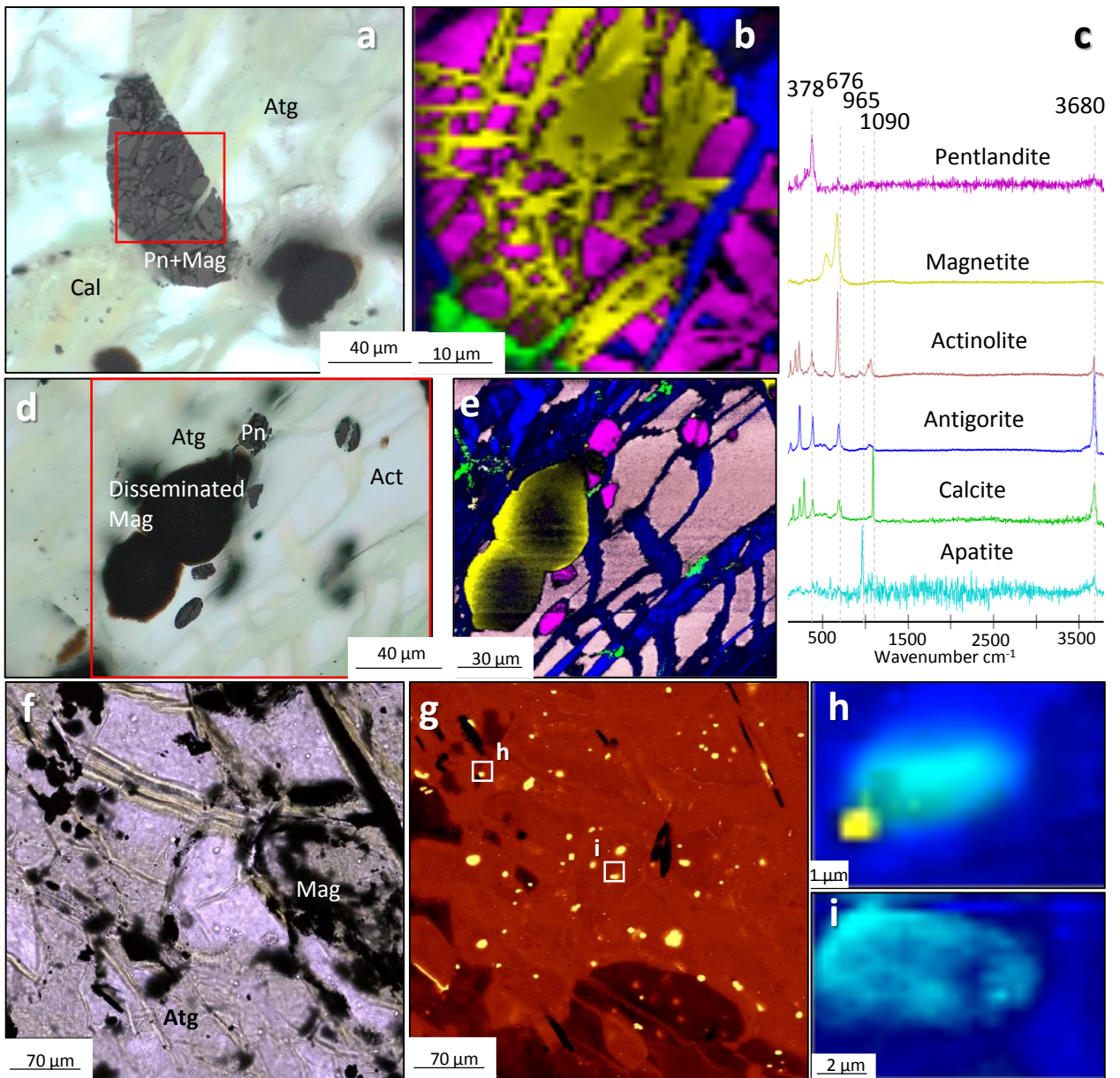


Figure 8. Selected targets from serpentinite rocks associated with the Nuvvuagittuq BIF, PC-075. a) PPL image of pentlandite-magnetite crystal in a matrix of antigorite and carbonate. b) Raman map of pentlandite and magnetite grain with calcite. c) Representative Raman spectra for this figure. d) PPL image of magnetite associated with pentlandite in serpentinite. e) Raman map pentlandite and magnetite grains show no association with reduced carbon in the presence of calcite. f) PPL image of serpentinite with magnetite and apatite crystals. g) Raman map for filter 965 cm⁻¹ shows apatite distribution, boxes correspond to h-i. h-i) Raman map of apatite from panel e show no graphitic carbon associations. Pn – pentlandite, Atg – antigorite, Cal – calcite, Mag- magnetite. Raman map colours: brown - actinolite, blue – quartz, turquoise – apatite, green – calcite, yellow – magnetite, purple – pentlandite

Table 1. Summarised details of the BIF samples included in this study. See supplementary information for detailed review of the samples.

Banded iron formation	Location	Age (Myr)	Metamorphic facies	Associated lithologies	Mineralogy of iron formation
Saglek	N58 23 53.13 W63 6 41.85	3, 780- 3, 920	Amphibolite	Mafic volcanics, pelitic rocks, carbonate rocks, conglomerate, chert, ultramafic rocks	Qtz-mag-pyx-apa
Akilia	N63 55 40 W51 41 30	>3,830	Granulite	Mafic amphibolite and ultramafic rocks, leucogranite, quartzofeldspathic orthogneiss	Qtz-pyx-hbl-sulphides-cal-apa-gra
Nuvvuagittuq	PC0802 - N58 16 43.5 W77 43 57.7 PC0810- N58 18 07.4 W77 43 51.2 PC0814 - N58 17 12.3 W77 44 11.6 PC0825 - N58 17 08.7 W77 44 12.2 PC-014 - N58 17 50.22 W77 44 10.09 PC-075 - 58 17 33.4 W77 44 2.34 PC-091 N58 17 31.57 W77 44 6.44	4,280- 3,770	Amphibolite	Amphibolite, orthogneiss, chlorite meta-volcanics, serpentinite, ultramafics, quartz-biotite schist, fuschite silica formation, conglomerate	Qtz-mag-pyx-gru-gre-apa-gra
Sandur	N 15 06 19 W 76 34 50	Ca. 2,700	Greenschist	Conglomerate, greywacke, intermediate-acid volcanics, granite	Qtz-mag-sd-py-silicates-apa-gra
Temagami	Sherman mine, Ontario	Ca. 2,700	Greenschist	Mafic volcanics and turbidites	Qtz-mag-ank-mns-apa-gra
Anshan	Drill core taken several kilometres south east of Qidashan, Liaoning province	Ca. 2,550	Amphibolite	Metavolcanic amphibolite, fine-grained biotite gneiss, quartzite, phyllite and schists	Qtz-mag-gru-ank-gre-py-apa-gra
Wutai – Baizhiyan fm.	Puhsang mine, Shanxi province	Ca. 2,500	Greenschist	Chlorite-actinolite schist, intermediate-felsic volcanics	Qtz-mag-ank-py-chm-apa-gra
Dales Gorge	DGH-1 drill core	Ca. 2,500	Lower greenschist	Shale	Qtz-mag-sd-mns-stp-hem-apa-gra
Pääkkö	Drill core #344 - M-52/3441/73/344	1,920- 2,000	Low amphibolite	Dolomites-black shale, phyllite, metadiabase, quartzite	Qtz-mag-py-gru-ab-gra
Biwabik	47.68 N 91.88 W	Ca. 1,880	Granulite	Quartzite	Qtz-pyx-mag-gru-gra

Mineral abbreviations: Qtz – quartz, mag – magnetite, py – pyrite, pyx – pyroxene, gru – grunerite, gra – graphite, apa – apatite, stp – stilpnomelane, hem – haematite, sd – siderite, mns – minnesotaite, chm – chamosite, gre – greenalite, ank – ankerite, hbl – hornblende, cal – calcite, ab - albite

Table 2. Stable isotope compositions of OM and carbonate in bulk rock powders of BIFs in this study. †Denotes data taken from Papineau et al., 2010b. bdl – below detection limit, *organic and acid insoluble mineral extract. Samples weighed between 30-60mg for organic analyses.

Sample name	TOC %	$\delta^{13}\text{C}_{\text{org}}$ (VPDB) ‰	$\delta^{13}\text{C}_{\text{Carb}}$ (VPDB) ‰	$\delta^{18}\text{O}_{\text{Carb}}$ (SMOW) ‰
G91-26C Akilia†	0.01	-17.5	-4.4	+14.0
PC0814 (NSB)	0.03	-28.1	bdl	bdl
PC0825 (NSB)	0.05	-26.4	-7.0	+18.5
PC-075 (NSB)	bdl	bdl	-4.9	+15.5
PC-014 (NSB)	bdl	bdl	bdl	bdl
PC-091 (NSB)	bdl	bdl	-4.5	+16.5
BIFs-8 (Sandur)	0.21*	-28.5	-9.5	+17.3
TE0704 (Temagami)	0.04	-27.8	-4.6	+15.7
ANS0911 (Anshan)	0.03	-22.0	-7.3	+14.5
ANS0917 (Anshan)	0.03	-26.7	-8.2	+14.5
WUT1512 (Wutai)	0.05	-22.5	-3.4	+10.5
DGM-1-198-6 (Dales Gorge)	0.03	-25.2	-10.3	+19.9
MF-62-88 (Biwabik)	0.03	-28.4	bdl	bdl
PK344-156.4 (Pääkkö)	0.45	-19.6	-3.7	+21.0

Sample descriptions

Saglek block

The Saglek-Hebron gneiss complex, located in Northern Labrador (Canada), contains supracrustal rocks comprising metasedimentary rocks including pelitic, carbonate, conglomerate and BIF lithologies, along with various mafic volcanic rocks and ultramafic lithologies. The structural setting and stratigraphic successions of the Saglek complex have been taken to suggest it represents an accretionary complex (Komiya et al., 2015). Uranium-Pb ages on zircons from gneisses have yielded up to 3920 ± 49 Myr, the oldest age currently found in the complex (Shimojo et al., 2016). These gneisses have been interpreted to intrude the supracrustal rocks and therefore would represent a minimum age for the supracrustal rocks. Younger ages for these rocks have however also been proposed, ranging between 3612 ± 130 Myr (Re-Os, Ishikawa et al., 2017) and 3782 ± 93 Myr (Sm-Nd, Morino et al., 2017). The complex has undergone a complicated protracted thermal history with several magmatic and metamorphic episodes (Komiya et al. 2017; Kusiak et al. 2017). The peak of metamorphism reached upper amphibolite to granulite facies occurred around 2600 to 2700 Myr (Schiøtte et al., 1989; Wendt and Collerson, 1999).

Akilia Quartz-pyroxene rock association

The protolith of the Akilia Quartz-pyroxene (Qp) rock was originally interpreted to be silicate iron formation (Manning et al., 2006; Nutman et al., 1997) however some view the rock as having formed as a result of metasomatic alteration of an ultramafic protolith (André et al., 2006; Fedo and Whitehouse, 2002). A detailed analysis of the evidence for a chemical sedimentary origin of the Akilia Qp rocks was previously presented (Manning et al., 2006). Age constraints of the Qp rock were initially determined to be >3850 Myr based on U-Pb zircon geochronology on neighbouring orthogneisses to the enclave (Nutman et al., 1997), but this also has been the subject of debate (Whitehouse and Kamber, 2005). Ages for the zircons summarized in (Manning et al., 2006) are consistent with the metamorphic history of other rocks in the vicinity of Akilia (Nutman et al., 2002). The complex was metamorphosed to the upper amphibolite-granulite facies between 3660-3650 Myr, with a stronger amphibolite-granulite metamorphic event at 3590-3550 Myr followed by ductile deformation and upper amphibolite metamorphic events from 2730-2550 Myr (Nutman et al., 2002).

Nuvvuagittuq supracrustal belt

The Nuvvuagittuq Supracrustal Belt (NSB) was mostly metamorphosed to upper amphibolite facies with temperatures reaching 650°C and 4-5 Kbars (Cates and Mojzsis, 2009; O'Neil et al., 2007). Sm-Nd isotopic compositions of garnets and U-Pb data in metamorphic zircons in the NSB amphibolites suggests that the peak metamorphic event occurred in the Neoproterozoic (Darling et al., 2013; O'Neil et al., 2012) contemporaneous with the intrusion of pegmatites dated at 2688 ± 2 Myr (David et al., 2009). This is also consistent with the regional metamorphism occurring at 2705 – 2680 Myr (Boily et al., 2009). The amphibolites to the southwest and southeast corners of the NSB are characterized by lower metamorphic grade assemblages of chlorite-epidote-actinolite. To the southeast, chlorite preserves the shape of what appears to have been garnet crystals, suggesting that the lower greenschist assemblage is retrograde (O'Neil et al., 2007). No evidence of retrogressed garnet are observed in the lower grade facies to the SW which may never have reached the upper amphibolite facies. The geochronology of the NSB is highly debated and two ages have been proposed for the NSB metavolcanic rocks: an Eoarchean age of ~ 3800 Myr (Cates et al., 2013; Guitreau et al. 2013; Roth et al. 2013) and a Hadean age of ~ 4300 Myr (O'Neil et al., 2008; O'Neil et al., 2012). Details about the age debate of the NSB metavolcanic rocks are reviewed in O'Neil et al. (2019).

Sandur superterrane

The Sandur Superterrane underwent three phases of deformation (Mukhopadhyay and Matin, 1993) and the metamorphic grade varies from greenschist to upper amphibolite facies, depending on the terrane. U-Pb age of zircons from the Eastern Felsic Volcanic Terrane (EFVT) give an age of 2700 Myr (Nutman et al., 1996), additionally a Sm-Nd date for the Sultanpura Volcanic Terrane komatiites gives 2700 Myr (Naqvi et al., 2002). The supracrustal terranes have been intruded by a series of granitoids after their accretion, of which one granitoid from the EFVT has been dated at 2719 ± 40 Myr (Nutman et al., 1996). Studies suggested the belt has undergone 7-8 times crustal shortening due to horizontal compression as a consequence of convergent margin tectonism (Manikyamba and Naqvi, 1996).

Temagami greenstone belt

Temagami BIF was collected from tailings inside the Sherman mine Ontario. The BIF is associated with basalt and turbidites. The regional metamorphic grade is greenschist. The Iceland Lake pluton and a nearby rhyolite flow stratigraphically below the BIF are contemporaneous and yield ages of 2736 ± 2 Myr and 2736 ± 3 Myr respectively; the youngest plutonic activity is the emplacement of a late rhyolite porphyry dike at 2687 ± 2 Myr (Bowins and Heaman, 1991).

Anshan supracrustal group

Anshan is located in the Anshan-Benxi area with the largest BIF iron resource in the North China Craton (Wan et al., 2016). Zircon U-Pb dating shows that magmatic zircons from metavolcanic rocks in the Anshan area, were recrystallized at 2551 ± 10 Myr, representing the formation age of the Anshan BIF, while the metamorphic zircons were formed at 2469 ± 23 Myr, reflecting the age of the later metamorphic event (Dai et al., 2013). U-Pb zircon dating on 12 supracrustal samples of the Anshan Group from the Anshan-Benxi area, gives zircon ages between 2500–2550 Myr with 2700–3500 Myr ages obtained on detrital or xenocrystal zircons in some samples (Wan et al., 2018). Geothermometry of metasediments suggests that temperatures reached 500–600°C. In general, the grade of metamorphism increases from greenschist facies in the southwest of the area to amphibolite facies in the northeast and east. There is evidence for retrogression of amphibolites to chlorite schists in East Anshan, where the metamorphic grade of BIF is greenschist facies. However, abundant grunerite in our samples supports an amphibolite facies. Textural evidence from schists with garnet and biotite porphyroblasts suggests more than one phase of metamorphism and deformation (Zhai et al., 1990).

Wutai – Baizhiyan Formation, Wutaishan greenstone belt

The Wutaishan greenstone belt in Shanxi province, China has been structurally divided into lower, middle, and upper subgroups (Kusky and Li, 2003; Tian, 1991). The Baizhiyan fm sits in the middle group (Polat et al., 2005). It has been proposed the BIF and associated lithologies were deposited in a closing arc basin, which were juxtaposed by an arc-continent collision at ca. 2500 Myr (Polat et al., 2005). The timing of the orogenic event that resulted in collision of the Western and Eastern continental blocks and deformation of the Wutaishan belt is contentious. The collision was suggested to occur at ca. 1800 Myr (Zhao et al., 2005). However, it was argued that the Wutai arc and Eastern continental block collided between 2550 and 2500 Myr (Kusky and Li, 2003). The belt is folded into a syncline with greenschist facies in the centre grading into amphibolite facies at the margins (Polat et al., 2005).

Brockman iron formation - Dales Gorge member, Hamersley supergroup

The Dales Gorge Member is the lowermost unit of the Brockman Iron Formation in the Hamersley Supergroup, north-western Australia. On the basis of U-Pb ages from zircons extracted from Tuffaceous bands, a depositional age between 2494 and 2464 Myr has been proposed for the dales gorge member (Trendall et al., 2004). Oxygen isotopes of co-existing chert and magnetite along with observable mineralogies suggest the BIF did not exceed lower greenschist facies (Ewers and Morris, 1981; Kaufman et al., 1990).

Biwabik formation, Animikie group

The Biwabik fm. from North America has an age constrained by U-Pb dating from associated volcanic beds bounding the formation, yielding minimum and maximum ages of 1874 ± 9 Myr (Schneider et al., 2002), 1878 ± 1.3 Myr (Fralick et al., 2002) and 1890 ± 10 Myr (Rasmussen et al., 2012). The Biwabik fm. underwent contact metamorphism at ca. 1090 Myr (Paces and Miller, 1993) by intrusion of the Duluth Gabbro Complex, which is observable by mineralogical changes in the iron-formation. Four metamorphic zones may be distinguished within the Biwabik Iron-formation ranging from sub-greenschist to upper amphibolite facies (French, 1968). Sample MF-62-88 represents the highest metamorphic grade of the four zones exhibiting typical high grade BIF mineral assemblages (Klein, 2005) including pyroxene with quartz inclusions.

Pääkkö Formation, Kainuu schist belt

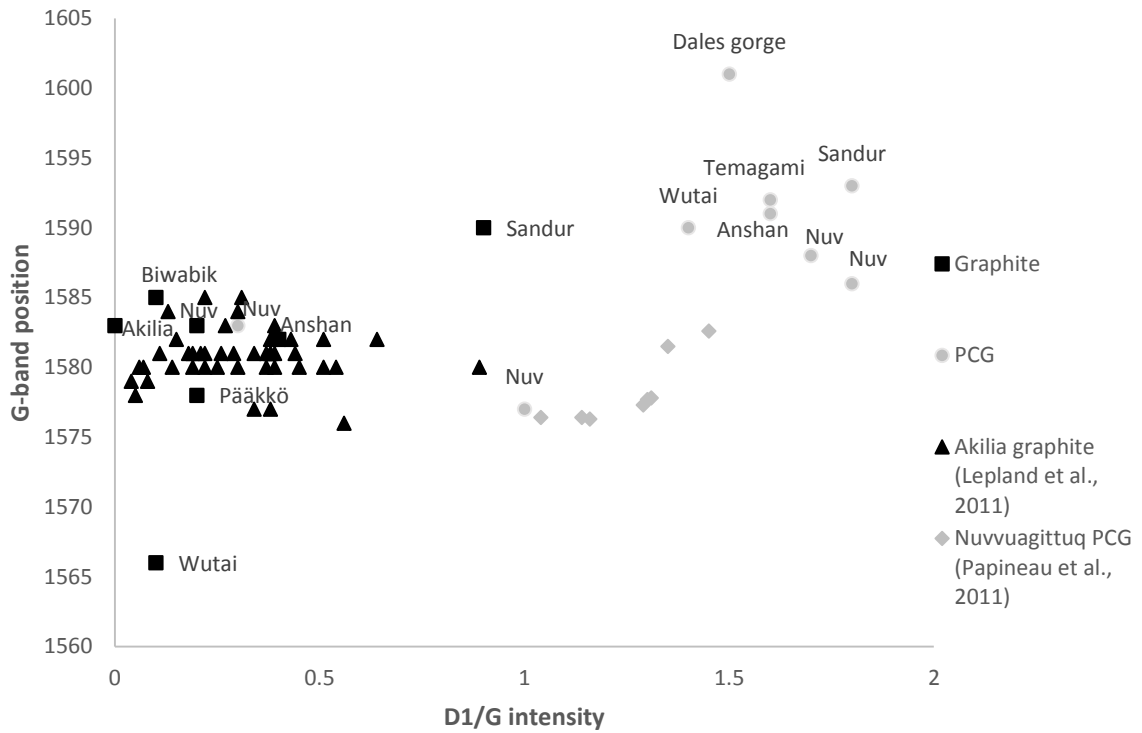
The Pääkkö iron formation is included in the Lower Kaleva successions in eastern Finland within the Kainuu belt (Lahtinen et al., 2010). It is dominantly comprised of amphiboles, quartz and magnetite, with siderite and sulphide rich horizons. The iron formation forms thin 0.5m thick beds (Laajoki and Saikkonen, 1977). The sequence has been metamorphosed to low amphibolite facies (Hölttä and Heilimo, 2017). Based on U-Pb isotopic data from detrital zircons, the Lower Kaleva sedimentation is constrained roughly to 1920–2000 Myr (Kontinen and Hanski, 2015; Lahtinen et al., 2010).

Supplementary Table 1. Energy dispersive spectroscopy elemental compositions of minerals associated with graphitic carbon. Error on measurements 1-4%.

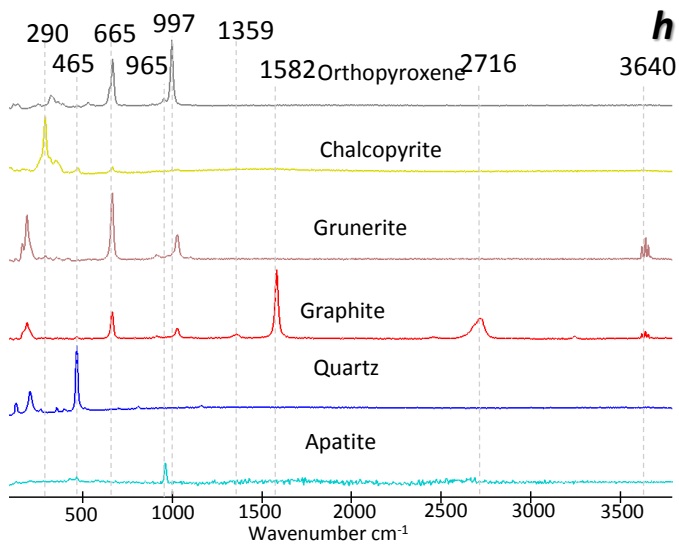
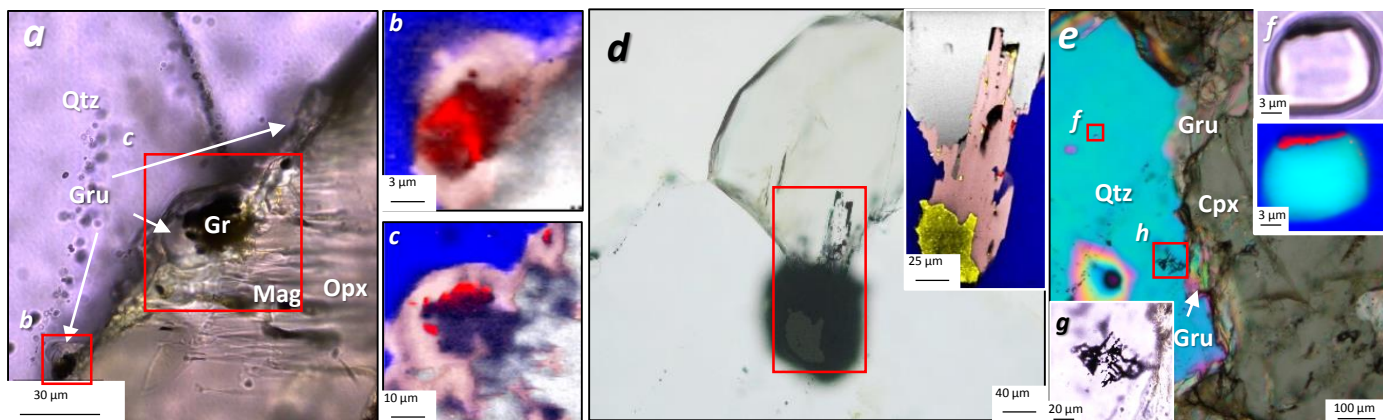
Formation	Sample	Mineral	Elements															Total
			C	O	F	Mg	Al	Si	P	S	Cl	K	Ca	Cr	Mn	Fe	Co	
Akilia	G91-26B	Apatite	33	-	-	-	-	23	-	5	-	39	-	-	-	-	-	100
Akilia	G91-26B	Pyroxene	35	-	5	-	26	-	-	-	-	17	-	-	17	-	-	100
Akilia	G91-26B	Grunerite	35	-	7	-	28	-	-	-	-	-	-	-	30	-	-	100
NSB	PC0814	Apatite	38	-	-	-	-	23	-	1	-	38	-	-	1	-	-	100
NSB	PC0825	Apatite	35	4	-	-	-	23	-	1	-	36	-	-	1	-	-	100
NSB	PC0814	Ferro-hornblende	31	-	1	7	18	-	-	2	3	8	-	-	30	-	-	100
NSB	PC-075	Pentlandite	-	-	-	-	-	-	-	33	-	-	-	-	24	4	39	100
NSB	PC-075	Antigorite	46	-	23	1	22	-	-	-	-	-	-	8	-	-	100	
NSB	PC-075	Calcite	16	44	-	1	-	-	-	-	-	40	-	-	-	-	-	100
NSB	PC-075	Disseminated magnetite	24	-	-	-	4	1	-	-	-	-	-	24	2	45	-	100
NSB	PC-075	Actinolite	-	42	-	13	3	29	-	-	-	10	-	-	2	-	-	100
NSB	PC0825	Minnesotaite	38	-	2	-	26	-	-	-	-	-	-	-	35	-	-	100
NSB	PC0825	Greenalite	35	-	1	-	18	-	-	1	-	-	-	-	45	-	-	100
Temagami	TE0704	Apatite	38	4	-	-	-	22	-	-	-	36	-	-	-	-	-	100
Anshan	ANS0911	Apatite	36	5	-	-	-	21	-	-	-	39	-	-	-	-	-	100
Anshan	ANS0917	Greenalite	36	-	3	-	18	-	-	-	-	-	-	42	-	-	-	100
Anshan	ANS0917	Grunerite	35	-	6	-	26	-	-	-	-	-	-	34	-	-	-	100
Brockman	Dgh-1-189'6"	Apatite	38	3	-	-	-	20	-	-	-	37	-	-	1	-	-	100
Biwabik	MF-62-88	Hedenbergite	38	-	5	-	23	-	-	-	-	15	-	-	18	-	-	100
Biwabik	MF-62-88	Grunerite	38	-	5	-	25	-	-	-	-	1	-	31	-	-	-	100
Pääkkö	RPK360-15.4	Apatite	39	-	-	-	-	22	-	-	-	37	-	-	-	-	-	100

Supplementary Table 2. Raman spectral parameters and crystallisation temperature estimates (Beysac et al., 2003) for graphitic carbon in samples from this study. NR – not resolvable.

Samples	Carbon type	G-band position	G-band FWHM	D-band position	D-band FWHM	2D-band position	2D-band FWHM	D-band area	G+D2 band area	D/G intensity	2D/ G intensity	Temp estimate Beysac $\pm 50^\circ\text{C}$	Metamorphic grade
Akilia-G91-26B	Graphite	1583	19.7	NR	NR	2709	56	0	545	0	0.5	641	Granulite (>650°C)
Nuvvuaqittuq-PC0810	Graphite	1583	21.6	1350	33.8	2702	71.7	241	913	0.2	0.3	546	Amphibolite (500-650°C)
Nuvvuaqittuq-PC0810	PCG	1586	26.6	1350	34.2	2692	62.5	1022	537	1.8	0.6	343	Amphibolite (500-650°C)
Nuvvuaqittuq-PC0814	PCG	1583	24.8	1354	37.2	2698	62.5	1605	3205	0.3	0.3	489	Amphibolite (500-650°C)
Nuvvuaqittuq-PC0814	PCG	1588	38.1	1353	41.4	2693	83.6	3894	2381	1.7	0.2	359	Amphibolite (500-650°C)
Nuvvuaqittuq-PC0825	PCG	1577	33	1348	41.9	2686	71.8	16833	15549	1	0.3	404	Amphibolite (500-650°C)
Sandur-BIFs-8	PCG	1593	40.2	1354	44.0	2696	66.1	644	429	1.8	0.50	368	Greenschist (350-500°C)
Sandur-BIFs-8	Graphite	1590	37.2	1357	46.3	2700	67.0	529	598	0.9	0.29	427	Greenschist (350-500°C)
Temagami – TE0704	PCG	1592	43.1	1359	42.9	2703	65.9	1200	681	1.6	0.1	351	Greenschist (350-500°C)
Anshan-ANS0911	Graphite	1582	26.9	1354	36.4	2698	50.2	516	1020	0.4	0.5	488	Amphibolite (500-650°C)
Anshan-ANS0911	PCG	1591	56.6	1353	43.9	2697	81.1	3271	2152	1.6	0.2	367	Amphibolite (500-650°C)
Wutai-WUT1502	Graphite	1566	30.9	1343	69.2	2675	79.1	802	2721	0.1	0.1	537	Greenschist (350-500°C)
Wutai-WUT1502	PCG	1590	67.8	1353	63.9	2696	106.3	4613	3182	1.4	0.4	372	Greenschist (350-500°C)
Dales gorge-DGH-1-198'6	Kerogen	1601	50.4	1348	68.7	NR	NR	6917	3464	1.5	NR	338	Lower greenschist (350-400°C)
Biwabik-MF-62-88	Graphite	1585	27.8	1354	45.1	2700	57.5	549	1485	0.1	0.3	518	Granulite (>650°C)
Pääkkö – RPK360-15.4	Graphite	1578	21.9	1351	39.9	2701	71.2	2565	6812	0.2	0.1	517	Low amphibolite (450-550°C)



Supplementary Figure 1. Selected Raman parameters for the various types of graphitic carbon in the banded iron formations presented here, compared with other graphitic Raman parameters from other studies. Note poorly crystalline graphite (PCG) generally have D1/G peak intensities higher than 1, and crystalline graphite less than 1. Also, PCG on average tends to have higher G-band positions than crystalline graphite.



Supplementary figure 2. Graphite associations in the Akilia quartz-pyroxene rock. a) PPL image of orthopyroxene with retrograde grunerite rims including graphitic carbon. b-c) Raman maps showing inclusions of graphite in retrograde grunerite rims on orthopyroxene. d) PPL image of grunerite and chalcopyrite with clinopyroxene. Inset is Raman map of the boxed area showing graphite occurs in retrograde grunerite with chalcopyrite. e) CP image of apatite associate with graphitic carbon in the Akilia BIF. f) PPL image of apatite crystal with graphitic carbon coating with Raman map apatite with graphite coating. g) PPL image of branching graphite extending from a grunerite rim on pyroxene. h) Representative Raman spectra for this figure.

Supplementary table 3 Comparative table of organic matter reported from Precambrian BIF (ordered by decreasing metamorphic grades) along with key characteristics and interpreted origins.

Banded iron formation + Age	Metamorphic grade	Organic matter crystallinity	Summary of key observations	Interpretation of the origin of graphitic carbons*	References
Akilia Ca. 3, 830 Myr	Granulite	Graphite	Graphite is isotopically light. Graphite occurs with retrograde grunerite. Some graphite has curled structures. As well as with apatite±calcite±chalcopyrite±pentlandite±pyrrhotite±magnetite. C-H bonds in apatite have been reported, although not clearly syngenetic. Graphite occurs nearby fluid inclusions of CO ₂ +CH ₄ . Graphite contains CHNOPS elements.	The presence of crystalline graphite and curled graphite structures suggest formation during prograde metamorphism at the granulite facies. The co-occurrence with fluid inclusions indicates some of the graphite+apatite occurrences are fluid-deposited. The isotopic and elemental composition of graphite are consistent with biomass, although fluid-deposited graphite could have sourced non-biological carbon. The null hypothesis is not fully rejected.	(Mojzsis et al., 1996; Nutman and Friend, 2006; McKeegan et al., 2007; Papineau et al., 2010a; Papineau et al., 2010b; Lepland et al., 2005; 2011);
Biwabik Ca. 1, 880 Myr	Granulite	Graphite	Graphite is isotopically light. Graphite occurs with retrograde grunerite and calcite. In other granular iron formation from the Biwabik group, apatite occurs with carbonate and kerogen in greenschist facies granular and stromatolitic jasper. These jaspers also contain rosettes and microfossils.	Isotopic composition of graphite is consistent with metamorphosed biomass, and also consistent with observed microbialites in this formation. Graphite in retrograde grunerite suggests some graphite may have formed during fluid deposition during retrogression.	This work; see also Papineau et al., 2017; Dodd et al., 2018 Shapero and Konhauser, 2015; Laberge, 1973, Lougheed, 1983
Vichadero Ca. 2, 200 Myr	Granulite	Graphite	Graphite is isotopically light, and contains CHNOPS elements. Graphite occurs along apatite margins with haematite and carbonate, and nearby fluid inclusions of CO ₂ +CH ₄ . Apatite grains form dense layers.	Graphite crystallinity consistent with prograde metamorphism. The isotopic and elemental composition of the graphite are consistent with biomass. Association of apatite and graphite with fluid inclusions points to the fluid-deposition of some graphite.	(Papineau et al., 2010b)
Saglek Ca. 3, 780-3, 920 Myr	Upper amphibolite/ granulite	Graphite	Graphite is isotopically light and occurs within and along apatite margins. Apatite grains 10s to 100s of microns in size.	Graphite crystallinity consistent with prograde metamorphism. The isotopic compositions of graphite in associated sediments from the belt are consistent with biomass, and the possible presence of stromatolites. However, the null hypothesis is not fully rejected for the graphite occurring with apatite.	This work; (Komiya et al., 2015; Tashiro et al., 2017; Morino et al., 2017)
Nuvvuagittuq Ca. 3, 770-4,280 Myr	Upper amphibolite	Graphite + PCG	Bulk rock organic carbon is isotopically light. Graphite occurs with apatite, 13C-depleted carbonate, or as inclusions in pyroxene. Graphite also occurs with carbonate and apatite associated with bundles of haematite filaments, rosettes and granules. PCG occurs with retrograde minerals, including cronstedtite, poly-sulphides, minnesotaite, greenalite, hornblende and apatite.	During graphitisation, carbon species devolatilised into fluids and later precipitated as PCG with apatite nearby, during retrograde metamorphism. The isotopic composition of graphite and its association with apatite and carbonate in sedimentological structures and microfossils is consistent with metamorphosed biomass, and the null hypothesis can be rejected. However, the null hypothesis is not fully rejected for fluid-deposited PCG.	This work; (Papineau et al., 2011; Dodd et al., 2017)
Isua Ca. 3, 700 Myr	Amphibolite	Graphite	Graphite is isotopically light and occurs with apatite and carbonate	Isotopic composition of graphite and association with apatite are not inconsistent with metamorphosed biomass. However the null hypothesis has not yet been entirely rejected.	(Mojzsis et al., 1996; Van Zullen et al., 2002; Lepland et al., 2002)
Michigamme Ca. 1, 850 Myr	Amphibolite	Graphite	Graphite is isotopically light, and contains CHNOPS elements. Graphite occurs within dolomite and apatite.	Graphite crystallinity, mineral associations, and elemental composition of the graphite suggest graphite formed from metamorphosed biomass. This is consistent with the presence of microbialites in this formation.	(Papineau et al., 2010b)
Anshan Ca. 2, 550 Myr	Amphibolite	Graphite + PCG	Bulk rock organic carbon is isotopically light. Graphite occurs within prograde grunerite and with apatite. PCG occurs with retrograde greenalite, as well as apatite	Isotopic composition of graphite and association with apatite is consistent with it having formed from metamorphosed biomass. During graphitisation, carbon species devolatilised into fluids and later precipitated as PCG nearby	This work
Pääkkö Ca. 2, 000 Myr	Amphibolite	Graphite	Graphite is isotopically light and occurs within prograde grunerite, with apatite, magnetite and feldspar	Isotopic composition of graphite and its occurrence within prograde grunerite suggest the graphite is formed from syngenetic organic matter, and likely biomass.	This work
Wutai – Baizhiyan fm. Ca. 2,500 Myr	Upper greenschist	Graphite + PCG	Bulk rock organic carbon is isotopically light. Graphite and PCG occur within ¹³ C-depleted ankerite and close (microns) proximity to apatite	Isotopic composition of graphite and association with ¹³ C-depleted ankerite are consistent with it having formed from metamorphosed biomass. During graphitisation carbon species were volatilised and later precipitated as PCG	This work
Sandur Ca. 2, 700 Myr	Greenschist	Graphite + kerogen	Bulk rock organic carbon is isotopically light. Graphite occurs along quartz grain boundaries or co-occurring with kerogen. Both graphite and kerogen are associated with apatite, pyrite and ¹³ C-depleted siderite.	Graphite may have formed during templated growth on quartz grain boundaries. Isotopic composition of kerogen and association with apatite are consistent with it having formed from metamorphosed biomass.	This work
Temagami Ca. 2, 700 Myr	Greenschist	Kerogen	Kerogen is isotopically light and occurs within apatite and ¹³ C-depleted ankerite.	Isotopic composition of kerogen and association with apatite and ¹³ C-depleted ankerite are consistent with formation from metamorphosed biomass.	This work
Dales Gorge Ca. 2,500 Myr	Lower greenschist	Kerogen	Kerogen is isotopically light and occurs within apatite and ¹³ C-depleted siderite. Ferrous acetate found associated with apatite.	Characteristics are consistent with formation from metamorphosed biomass, which is also consistent with interbedded black shales that are rich in organic matter of biological origin.	This work; (Mojzsis et al., 1996; Li et al., 2011)

* The null hypothesis tests are mentioned only for Eoarchean metasedimentary rocks, as there is little debate about the prevalence of life on Earth since the Neoproterozoic.

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