

1 Evolution of asymmetric gamete signaling and
2 suppressed recombination at the mating type locus

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5 **Abstract**

6 The two partners required for sexual reproduction are rarely the same. This pattern extends
7 to species which lack sexual dimorphism yet possess self-incompatible gametes determined at
8 mating-type regions of suppressed recombination, likely precursors of sex chromosomes. Here
9 we investigate the role of cellular signaling in the evolution of mating-types. We develop a
10 model of ligand-receptor dynamics within cells, and identify factors that determine the capacity
11 of cells to send and receive signals. The model specifies conditions favoring the evolution of
12 gametes producing ligand and receptor asymmetrically and shows how these are affected by
13 recombination. When the recombination rate can evolve, the conditions favoring asymmetric
14 signaling also favor tight linkage of ligand and receptor loci in distinct linkage groups. These
15 results suggest that selection for asymmetric gamete signaling could be the first step in the
16 evolution of non-recombinant mating-type loci, paving the road for the evolution of anisogamy
17 and sexes.

18 **keywords:** mating types, sex chromosomes, recombination, linkage, cell signaling, sexes

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24 **1 Introduction**

25 Sex requires the fusion of two cells. With few exceptions, the sexual process is asymmetric with
26 partnering cells exhibiting genetic, physiological or behavioral differences. The origins of sexual
27 asymmetry in eukaryotes trace back to unicellular organisms with isogametes lacking any size or
28 mobility difference in the fusing cells [1, 2, 3, 4, 5, 6]. Isogamous organisms are divided into genet-
29 ically distinct mating types, determined by several mating type specific genes that reside in regions
30 of suppressed recombination [7, 8, 9, 10]. The morphologically identical gametes mate disassorta-
31 tively, scarcely ever with members of the same mating type. It follows that only individuals of a
32 different mating type are eligible mating partners. This arrangement poses a paradox as it restricts
33 the pool of potential partners to those of a different mating type, introducing a major cost [4].

34 Several hypotheses have been proposed to explain the evolution of isogamous mating types
35 [11, 12, 13]. Mating types could serve as a restrictive mechanism preventing matings between
36 related individuals thereby avoiding the deleterious consequences of inbreeding [14, 15, 16]. An-
37 other idea is that mating types facilitate uniparental inheritance of mitochondria, which leads to
38 improved contribution of the mitochondrial genome to cell fitness [17, 18, 19, 20, 21, 22, 23, 24].
39 Both hypotheses have been studied extensively and offer compelling arguments. Nevertheless, the
40 existence of several species where inbreeding [13, 12] or biparental inheritance of mitochondria
41 [25, 12] are the rule but nonetheless maintain mating types, indicates that these ideas may not alone
42 explain the evolution of mating types.

43 An alternative hypothesis is that mating types are determined by the molecular system regu-
44 lating gamete interactions [26, 27, 4]. Such interactions dictate the success of mating by guiding
45 partner attraction and recognition and the process of cell fusion, and have been shown to be more

46 efficient when operating in an asymmetric manner [26]. For example, diffusible molecules are
47 often employed as signals that guide synchronous entry to gametogenesis or as chemoattractants
48 [28, 29, 30, 31]. Secreting and sensing the same diffusible molecule impedes the ability of cells
49 to accurately detect external signals and makes partner finding many-fold slower [26]. In addition,
50 secreting and detecting the same molecule in cell colonies can prevent individuals responding to
51 signals from others [32]. Our previous review revealed that sexual signaling and communication
52 in isogamous species are universally asymmetric [27]. This applies throughout the sexual pro-
53 cess from signals that lead to gametic differentiation, to attraction via diffusible pheromones and
54 interactions via surface bound molecules during cell fusion [27].

55 In this work we take this analysis further by explicitly considering ligand-receptor interactions
56 between and within cells. We directly follow the dynamics of ligand and receptor molecules that
57 are surface bound and determine the conditions under which the formation of within cell ligand-
58 receptor pairs impedes between cell communication. We use this framework to explore the evo-
59 lution of gametic interactions and show that asymmetric signaling roles and tight linkage between
60 receptor and ligand loci both evolve due to selection for robust intercellular communication and
61 quick mating. Our findings demonstrate that the evolution of mating type loci with suppressed
62 recombination can be traced back to the fundamental selection for asymmetric signaling during
63 sex.

64 **2 Theoretical set-up**

Consider a population where cells encounter one another at random and can mate when in physical contact. Interactions between cells leading to successful mating are dictated by a ligand-receptor pair. Population wide effects may emerge if the ligand is highly diffusible [26, 32]. The employment of membrane bound ligands during sexual signaling is universal, whereas diffusible signals are not [27]. In this work we therefore assume that the ligand-receptor interactions only operate locally. Receptors remain bound to the cell surface and ligands only undergo localized diffusion

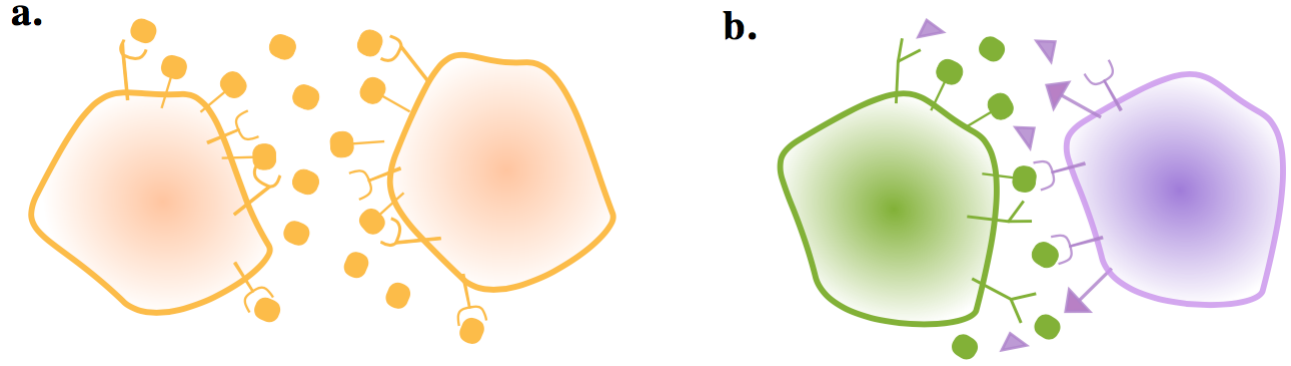


Figure 1: **Gametes communicate through ligand and receptor molecules.** The ligand can be either membrane bound or released in the local environment. (a) When the interacting cells produce ligand and receptor symmetrically, the ligand will bind to receptors on its own membrane as well as those on the other cell. This may impair intercellular signaling. (b) Producing the ligand and receptor in an asymmetric manner resolves this issue.

(Figure 1) as is the case in several yeast and other unicellular eukaryotes [33, 29, 34, 35]. The following equations describe the concentration of free ligand L , free receptor R and bound ligand LR within a single cell,

$$\frac{d[L]}{dt} = \nu_L - k^+[R][L] + k^-[LR] - \gamma_L[L], \quad (1)$$

$$\frac{d[R]}{dt} = \nu_R - k^+[R][L] + k^-[LR] - \gamma_R[R], \quad (2)$$

$$\frac{d[LR]}{dt} = k^+[R][L] - k^-[LR] - \gamma_{LR}[LR]. \quad (3)$$

65 ν_L and ν_R describe the rate of production of the ligand and receptor respectively. γ_L , γ_R , and γ_{LR} ,
 66 are the degradation rate of the ligand, receptor and bound complex respectively. The terms k^+ and
 67 k^- are the binding and unbinding rates that determine the affinity of the ligand to its receptor within
 68 a single cell. We can solve Eq. (1-3) by setting the dynamics to zero to obtain the amount of free
 69 ligand, free receptor ($[L]^*$, $[R]^*$) and bound complex at steady state ($[LR]^*$),

$$[L]^* = \frac{k^+ \gamma_{LR}(\nu_L - \nu_R) - k^- \gamma_L \gamma_R - \gamma_L \gamma_R \gamma_{LR} + \Delta}{2k^+ \gamma_L \gamma_{LR}}, \quad (4)$$

$$[R]^* = \frac{k^+ \gamma_{LR}(\nu_R - \nu_L) - k^- \gamma_L \gamma_R - \gamma_L \gamma_R \gamma_{LR} + \Delta}{2k^+ \gamma_R \gamma_{LR}}, \quad (5)$$

$$[LR]^* = \frac{k^+ \gamma_{LR}(\nu_R + \nu_L) + k^- \gamma_L \gamma_R + \gamma_L \gamma_R \gamma_{LR} - \Delta}{2k^+ \gamma_{LR}^2}, \quad (6)$$

70 Where Δ is given by,

$$\Delta = \sqrt{(k^- \gamma_L \gamma_R + \gamma_{LR}(\gamma_L \gamma_R + k^+ \gamma_{LR}(\nu_R + \nu_L)))^2 + 4k^+ \gamma_L \gamma_R \gamma_{LR}(k^- + \gamma_{LR})\nu_R}. \quad (7)$$

71 We assume that the rates of ligand and receptor production and degradation are associated to
72 timescales that are much shorter than the timescale of interactions between cells. Hence the con-
73 centrations of $[L]$, $[R]$ and $[LR]$ in individual cells will be at steady state when two cells meet. The
74 likelihood of a successful mating between two cells depends not just on partner signaling levels
75 but also on how accurately the cells can compute the signal produced by their partner. Binding of
76 ligand and receptor originating from the same cell can obstruct this interaction. To capture this, we
77 define the strength of the incoming signal for cell₁ when it interacts with cell₂ as,

$$W_{12} = k_b [L_2]^* [R_1]^* \left(1 - \frac{[LR_1]^*}{[LR_1]^* + k_b [L_2]^* [R_1]^*} \right)^n, \quad (8)$$

78 where subscripts denote concentrations in cell₁ and cell₂, and the parameter k_b determines the
79 affinity of the ligand and receptor between cells. If k_b is the same as the affinity of receptor and
80 ligand within cells, then $k_b = \frac{k^+}{k^-}$. We also consider cases where $k_b \neq \frac{k^+}{k^-}$, for example, when ligand
81 interacts differently with receptors on the same as opposed to a different cell [36, 37].

82 The cost of self-signaling is determined by n . When $n = 0$, W_{12} reduces to $k_b [R_1]^* [L_2]^*$ with the
83 incoming signal dependent on the concentration of ligand produced by cell₂ and receptor produced

84 by cell₁. This corresponds to a case where self-binding does not lead to activation but only causes
 85 an indirect cost through the depletion of available ligand and receptor molecules. When $n \geq 1$,
 86 binding within a cell leads to some form of activation that interferes with between cell signaling,
 87 imposing a cost in evaluating the incoming signal. Higher values for n correspond to more severe
 88 costs due to self-binding.

89 The likelihood that two cells successfully mate (P) depends on the quality of their interaction
 90 given by,

$$P = \frac{W_{12}W_{21}}{K + W_{12}W_{21}}. \quad (9)$$

91 Eq. (9) transforms the signaling interaction into a mating probability. For the analysis that follows,
 92 we choose large values of K so that P is far from saturation and depends almost linearly on the
 93 product $W_{12}W_{21}$. In summary, the probability that two cells mate is defined by the production and
 94 degradation rates of the ligand and receptor molecule, and the binding affinities between and within
 95 cells.

96 2.1 Evolutionary model

97 To explore the evolution of signaling roles, we simplify the model by assuming that the degradation
 98 rates $\gamma_L, \gamma_R, \gamma_{LR}$ are constant and equal to γ , and investigate mutations that quantitatively modify
 99 the ligand and receptor production rates. We consider a finite population of N haploid cells and
 100 set $N = 1000$ throughout the analysis unless otherwise stated. Ligand and receptor production
 101 are controlled by independent loci with infinite alleles [38]. The ligand and receptor production
 102 rates of cell _{i} is denoted by (ν_{L_i}, ν_{R_i}) . We also consider different versions of the ligand and its
 103 receptor. Cells have two ligand-receptor pairs, (L, R) and (l, r) which are mutually incompatible,
 104 so the binding affinity is zero between l and R , and between L and r . Each cell has a (L, R) and
 105 (l, r) state, which are subject to mutational and evolutionary pressure as described below. W_{12} is
 106 re-defined as the summation of the interactions of these two ligand-receptor pairs,

$$W_{12} = k_b [L_2]^* [R_1]^* \left(1 - \frac{[LR_1]^*}{[LR_1]^* + k_b [L_2]^* [R_1]^*} \right)^n + k_b [l_2]^* [r_1]^* \left(1 - \frac{[lr_1]^*}{[lr_1]^* + k_b [l_2]^* [r_1]^*} \right)^n. \quad (10)$$

107 Again for the sake of simplicity, the ligand-receptor affinities are set to be the same between and
 108 within cells for each ligand-receptor pair (i.e. k^+ , k^- and k_b are the same for $L-R$ and $l-r$ inter-
 109 actions). A cell undergoes recurrent mutation that changes the production rate for the ligand L so
 110 that $\nu'_{L_i} = \nu_{L_i} + \epsilon$ with $\epsilon \sim N(0, \sigma)$ with probability μ . The same mutational process occurs for all
 111 ligand and receptor production rates. We assume that mutation occurs independently at different
 112 loci and that there is a maximum capacity for ligand and receptor production, so that $\nu_L + \nu_l < 1$
 113 and $\nu_R + \nu_r < 1$. It follows that the production rates in the two ligand genes are not independent of
 114 one another and similarly for the two receptor genes.

115 We also consider cases where $\nu_L + \nu_l < \alpha$ and $\nu_R + \nu_r < \alpha$ for $\alpha \neq 1$ to reflect the relative synergy
 116 ($\alpha > 1$) or relative competition ($\alpha < 1$) between the production of the two ligands (or receptors).
 117 For example, synergy between two ligands (or receptors) could reflect reduced energy expenditure
 118 for the cell if the same machinery is used to produce the two molecules. Competition on the other
 119 hand could reflect additional costs due to the production of two different ligands (or receptors).

120 Selection on ligand-receptor production rates is governed by the likelihood that cells pair and
 121 produce offspring. We assume that cells enter the sexual phase of their life cycle in synchrony,
 122 as is the case in the majority of unicellular eukaryotes [27]. Pairs of cells are randomly sampled
 123 (to reflect random encounters) and mate with probability P defined in Eq. (9). Cells failing to
 124 mate are returned to the pool of unmated individuals. The process is repeated until M cells have
 125 mated, giving rise to $M/2$ mated pairs (we set $M < N$, so only some cells mate). Each mated pair
 126 produces 2 haploid offspring so the population size shrinks from N to M . The population size is
 127 restored back to N by sampling with replacement. It follows that Eq. (9) and (10) together provide
 128 a proxy for fitness according to the ligand and receptor production rates of individual cells. Initially,
 129 recombination is not allowed between the genes controlling ligand and receptor production but then
 130 is considered in a later section.

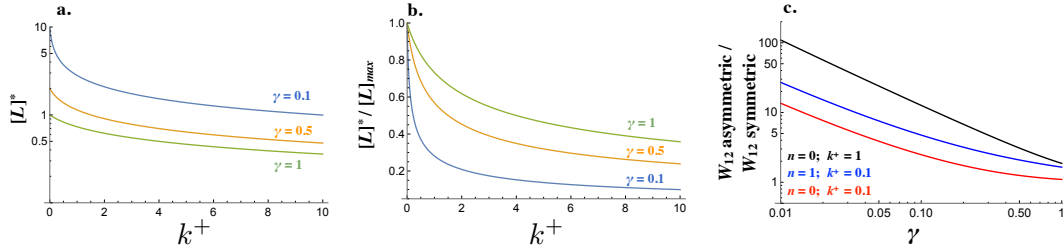


Figure 2: **Signaling interactions between mating cells can be severely impaired due to ligand-receptor interactions in the same cell.** (a) The amount of free ligand in individual cells at steady state $[L]^*$ and (b) normalized amount of free ligand at steady state $[L]^*/[L]_{max}$ varies with the intracellular binding rate k^+ and degradation rate γ . (c) The relative amount of incoming signal W_{12} for a cell that produces ligand and receptor asymmetrically versus symmetrically decreases with the degradation rate γ and weaker binding k^+ . Other parameters used: $n = 1, k^- = 1, k_b = 1$.

3 Results

3.1 Dependence of gamete interactions on physical parameters

The strength of an incoming signal W_{12} depends on the concentration of free receptor in cell₁ and free ligand in cell₂, and the cost of self-binding (n) (Eq. (10)). The steady state concentration of $[L]$, $[R]$ and $[LR]$ are governed by different production rates (Figure 2-Figure supplement 1; details of the derivation can be found in the Methods section). For low degradation rates (γ small), the removal of available molecules is dominated by self-binding (k^+) (Eq. (1) and (2) and Figure 2a, b). At the same time, a lower degradation rate leads to higher levels of ligand and receptor (Figure 2a) even if the relative drop of free ligand and receptor is steeper as k^+ increases (Figure 2b). As a consequence, the ability of a cell to generate a strong signal and read incoming signals can change drastically when the pair of interacting cells produce the ligand and receptor in a symmetric manner (e.g. $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ for both cells) rather than in an asymmetric manner (e.g. $(\nu_{L_1}, \nu_{R_1}, \nu_{l_1}, \nu_{r_1}) = (1, 0, 0, 1)$ and $(\nu_{L_2}, \nu_{R_2}, \nu_{l_2}, \nu_{r_2}) = (0, 1, 1, 0)$). The fold-increase in W_{12} is large even when self-binding confers no cost ($n = 0$), while larger values for n ramp up the costs (Figure 2c). If cells produce the ligand and receptor asymmetrically, self-binding ceases to be a problem in receiving incoming signals.

Although the strength of the signaling interaction between two cells ($W_{12}W_{21}$) may improve

148 when the interacting cells produce the ligand and receptor asymmetrically, this need not be the case.
 149 Consider the interaction of a resident cell with production rates $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} = (1, 1, 0, 0)$ with
 150 itself and a mutant cell with production rates given by $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (1 - dx, 1 - dy, dx, dy)$.
 151 For all values of dx and dy , $[W_{12}W_{21}]_{res+mut} - [W_{12}W_{21}]_{res+res} < 0$ (Figure 3a). It follows that
 152 $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ cannot be invaded by any single mutant.

153 However, if the resident is already slightly asymmetric, for example $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} = (1, 0.9, 0, 0.1)$,
 154 then a mutant conferring an asymmetry in the opposite direction can be better at interacting with the
 155 resident (Figure 3b). When the resident produces both ligand and receptor equally (e.g. $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} =$
 156 $(0.5, 0.5, 0.5, 0.5)$; Figure 3c), then most mutants conferring an asymmetry in either ligand or recep-
 157 tor production are favored. The strongest interaction occurs with mutants that produce the ligand or
 158 receptor fully asymmetrically (i.e. $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (1, 0, 0, 1)$ or $(0, 1, 1, 0)$; (Figure 3c)). Finally,
 159 when the resident production rates are already strongly asymmetric given by $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} =$
 160 $(1, 0, 0, 1)$, a mutant with an asymmetry in the opposite direction is most strongly favored (Fig-
 161 ure 3d). Note that a population composed only of cells with production rates at $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} =$
 162 $(1, 0, 0, 1)$ is not viable since the probability that two such cells mate is zero. However, this analysis
 163 provides insight about how asymmetry in signaling evolves.

164 3.2 Evolution of mating types with asymmetric signaling roles

165 To explore the evolution of signaling asymmetry, we follow mutations that alter the relative pro-
 166 duction of two mutually incompatible types of ligand and receptor (L, R) and (l, r). To ease under-
 167 standing, the population symmetry s in the production of ligand and receptor is measured,

$$s = 1 - \frac{1}{2N} \sum_{i=1}^N (|\nu_{L_i} - \nu_{R_i}| + |\nu_{l_i} - \nu_{r_i}|). \quad (11)$$

168 The population is symmetric ($s = 1$) if cells produce ligand and receptor equally, for both types (i.e.
 169 $(\nu_R, \nu_L, \nu_r, \nu_l) = (a, a, 1 - a, 1 - a)$, for constant a), and fully asymmetric ($s = 0$) when cells adopt
 170 polarized roles (i.e. $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 0, 0, 1)$ or $(0, 1, 1, 0)$).

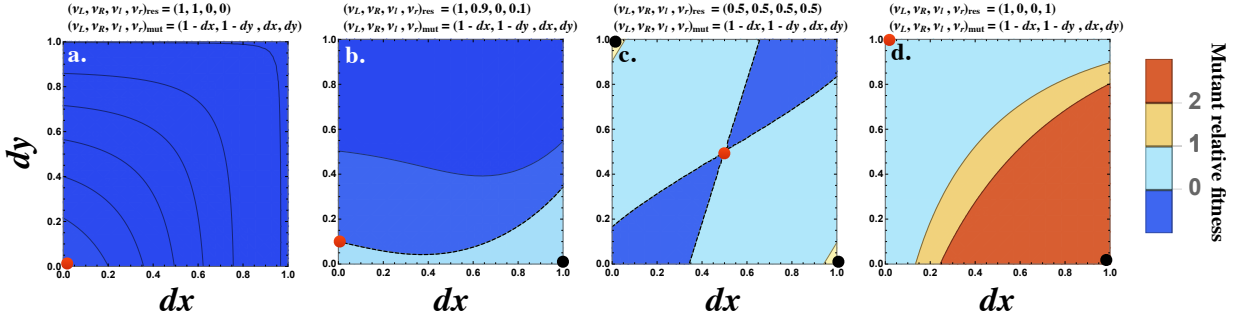


Figure 3: **Fitness advantage of rare mutations conferring signaling asymmetry.** The fitness of a rare mutant is plotted relative to the resident $[W_{12}W_{21}]_{res+mut} - [W_{12}W_{21}]_{res+res}$. The production rate of the mutant cell is $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (1 - dx, 1 - dy, dx, dy)$, where dx and dy are plotted on the x and y axes respectively. The resident production rate $(\nu_L, \nu_R, \nu_l, \nu_r)_{res}$ is shown as a red dot and varies (a) $(1, 1, 0, 0)_{res}$, (b) $(1, 0.9, 0, 0.1)_{res}$, (c) $(0.5, 0.5, 0.5, 0.5)_{res}$ and (d) $(1, 0, 0, 1)_{res}$. The mutant (dx, dy) with maximum fitness is shown as a black dot. The contour where $[W_{12}W_{21}]_{res+mut} = [W_{12}W_{21}]_{res+res}$ is marked by a black dashed line (b and c). The fitness difference is always negative in (a) and always positive in (d). Other parameters used: $n = 1, \gamma = 0.5, k^+ = 1, k^- = 1, k_b = 1$.

171 Starting from a population where all cells are symmetric producers of only one ligand and
 172 receptor, $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$, the population evolves to one of two equilibria (Figure 4a). E_1
 173 where $s^* \approx 1$ and all cells produce the ligand and receptor symmetrically $(\nu_L, \nu_R, \nu_l, \nu_r) \approx (1, 1, 0, 0)$
 174 or E_2 where $s^* \approx 0$ and the population is divided into ligand and receptor producing cells, with equal
 175 frequencies of $(\nu_L, \nu_R, \nu_l, \nu_r) \approx (1, 0, 0, 1)$ and $(\nu_L, \nu_R, \nu_l, \nu_r) \approx (0, 1, 1, 0)$ (Figure 4b, c). Equilibria
 176 with intermediate values of s^* are not found. The exact production rates at E_1 and E_2 exhibit some
 177 degree of noise due to mutation and finite population size (Figure 4b, c). At E_2 , individual cells with
 178 high ν_R (and low ν_r) have low ν_L (and high ν_l), confirming that $s^* \approx 0$ captures a fully asymmetric
 179 steady state (Figure 4b, c).

180 Whether E_2 is reached from E_1 depends on key parameters that determine the strength of self-
 181 binding and signaling interactions between cells. E_1 persists and no asymmetry evolves when
 182 k^+ (the intracellular ligand-receptor binding coefficient) is small (Figure 4d). In this case, the
 183 concentration of self-bound ligand-receptor complex is small (Eq. (6)) and there is little cost of
 184 self-signaling (Eq. (8)), so there is weak selection in favor of asymmetry. When the population
 185 is at E_1 , asymmetric mutants are slightly deleterious on their own (Figure 3a). They are therefore

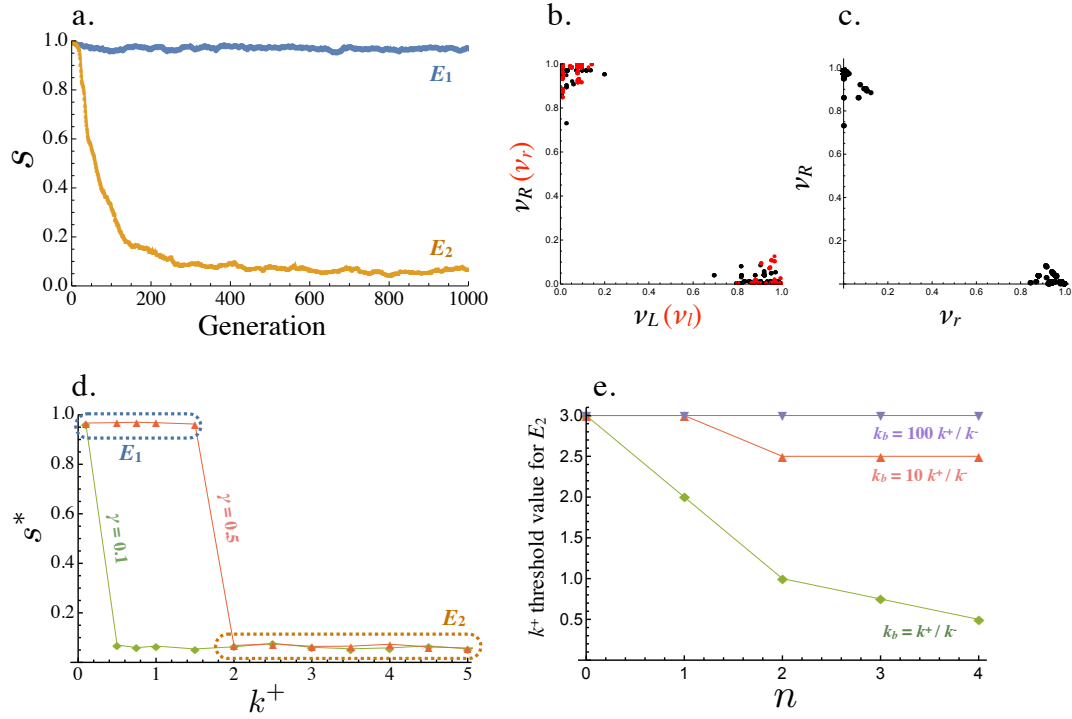


Figure 4: **Evolution of asymmetric signaling.** (a) An example of evolution to the two signaling equilibria, E_1 ($s = 1$ full symmetry when $k^+ = 1$) and E_2 ($s = 0$ full asymmetry when $k^+ = 5$). (b) Production rates of individual cells in the population for the receptor-ligand pairs $L-R$ (black) and $l-r$ (red) at E_2 . (c) Production rates of individual cells for the two receptor types R and r at E_2 . (d) Steady state signaling symmetry s^* against the intracellular binding rate (k^+) for different degradation rates (γ). (e) Threshold value of k^+ , beyond which E_2 evolves from E_1 , plotted versus the cost of self-binding (n). The relationship is shown for different values of strength of between cell signaling (k_b) relative to strength of within cell signaling (k^+/k^-). Other parameters used in numerical simulations are given in the Supplemental Material.

186 more likely to be lost when k^+ is small and selection for asymmetric signaling is weak (Figure 4d).
187 The opposite is true for larger values of k^+ , as self-binding now dominates and restricts between cell
188 signaling, promoting the evolution of asymmetry (Figure 4d). The transition from E_1 to E_2 occurs
189 at a smaller value of k^+ when the degradation rate (γ) is decreased (Figure 4d), as the effective
190 removal of free ligand and receptor depends more strongly on intercellular binding (Figure 2a, b).
191 Furthermore, the mutation rate affects the value of k^+ at which the transition from E_1 to E_2 occurs.
192 The transition from E_1 to E_2 when mutation rates are smaller occurs at larger k^+ (Figure 4 - Figure
193 supplement 1). We further explore the role of the mutational process below.

194 Another important consideration is the relative strength of signaling within and between cells,
195 given by k^+/k^- and k_b respectively. For example, the threshold value of the within cell binding rate
196 beyond which symmetric signaling (E_1) evolves to asymmetric signaling (E_2 , Figure 4a) increases
197 when k_b becomes much larger than k^+/k^- (Figure 4e). Furthermore, this threshold value is smaller
198 for larger values of n indicating that asymmetric signaling is more likely to evolve when the cost
199 for self-signaling is higher (larger n , Figure 4e). However, asymmetric signaling can evolve even
200 when self-binding carries no cost ($n = 0$) as high rates of self-binding can restrict the number of
201 ligand and receptor molecules free for between cell interactions (Figure 4e).

202 We also wondered how the relative synergy or competition between the two ligands (or recep-
203 tors) could affect our results. When the two ligands (or receptors) exhibit synergy so that $\nu_L + \nu_l < \alpha$
204 and $\nu_R + \nu_r < \alpha$ for $\alpha > 1$, a signaling asymmetry evolves more easily (for smaller values of k^+ ,
205 Figure 4 - figure supplement 2). Now the second ligand (or receptor) begins to evolve without
206 imposing a cost on the preexisting ligand (or receptor) and can therefore remain present in the
207 population longer until an asymmetry in the opposite direction evolves in other cells. The reverse
208 dynamics are observed when the two ligands (or receptors) compete with one another ($\nu_L + \nu_l < \alpha$
209 and $\nu_R + \nu_r < \alpha$ for $\alpha < 1$) (Figure 4 - figure supplement 2).

210 The observations above suggest that both E_1 and E_2 are evolutionary stable states and the
211 transition from E_1 to E_2 depends on the mutational process, drift and the parameters that de-
212 termine signaling interactions. To explore this we investigated the stability of E_1 in response

213 to rare mutations in the receptor and ligand production rates. We assume the population is ini-
214 tially at E_1 (i.e. $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$), introduce mutations in the receptor and ligand loci
215 $(\nu_L, \nu_R, \nu_l, \nu_r) = (1 - dx, 1, dx, 0)$ and $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1 - dy, 0, dy)$ at frequency p , and calculate
216 the population symmetry at steady state for different values of dx and dy (Figure 5). Single muta-
217 tions never spread (i.e. if $dx = 0$ no value of dy allows mutants to spread and vice versa). This is
218 in agreement with the analytical predictions presented in the previous section (Figure 3a). When
219 both dx and dy are nonzero the population may evolve to E_2 , where the two mutants reach equal
220 frequencies at ~ 0.5 and replace the resident. The basin of attraction for E_2 (and so asymmetric sig-
221 naling roles) is larger when k^+ and p are high and γ is small (Figure 5a-d), as predicted analytically
222 (Figure 2, 3) and in accordance with our findings when mutations were continuous (Figure 4).

223 Note that the initial mutation frequency (p) matters in our system. Single mutations are slightly
224 deleterious on their own as predicted analytically (Figure 3a) and seen here when $dx = 0$ or $dy = 0$
225 (Figure 5). The two mutants, however, can be favoured when they are asymmetric in opposite
226 directions (i.e. $dx > 0$ and $dy > 0$; Figure 5). When mutants are introduced at a lower frequency
227 (compare Figure 5a-b), the probability that they meet one another before they are lost by drift
228 increases. This explains why smaller values of p result in narrower basins of attraction for E_2
229 (Figure 5a-b).

230 We next investigated how mutations invade when the resident already signals asymmetrically
231 (i.e. produces both ligands). The resident was set to $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} = (1 - dx, 1, dx, 0)$ and a mutant
232 able to produce both receptors $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (1, 1 - dy, 0, dy)$ was introduced. If $dx > 0$, a
233 mutant conveying a small asymmetry in receptor production (i.e. $dy > 0$) increases in frequency
234 until the population reaches a polymorphic state with the resident and mutant at 50% (Figure 6a). If
235 $dx > 0$ but the mutant only produces one receptor (i.e. $dy = 0$), the mutant invades, reaching a low
236 frequency when dx is small and replaces the resident when dx is large. It follows that an asymmetry
237 in both ligand and receptor production is necessary for the evolution of a signaling asymmetry as
238 predicted analytically (Figure 3a).

239 We also consider a resident type that produces both ligands and both receptors with some degree

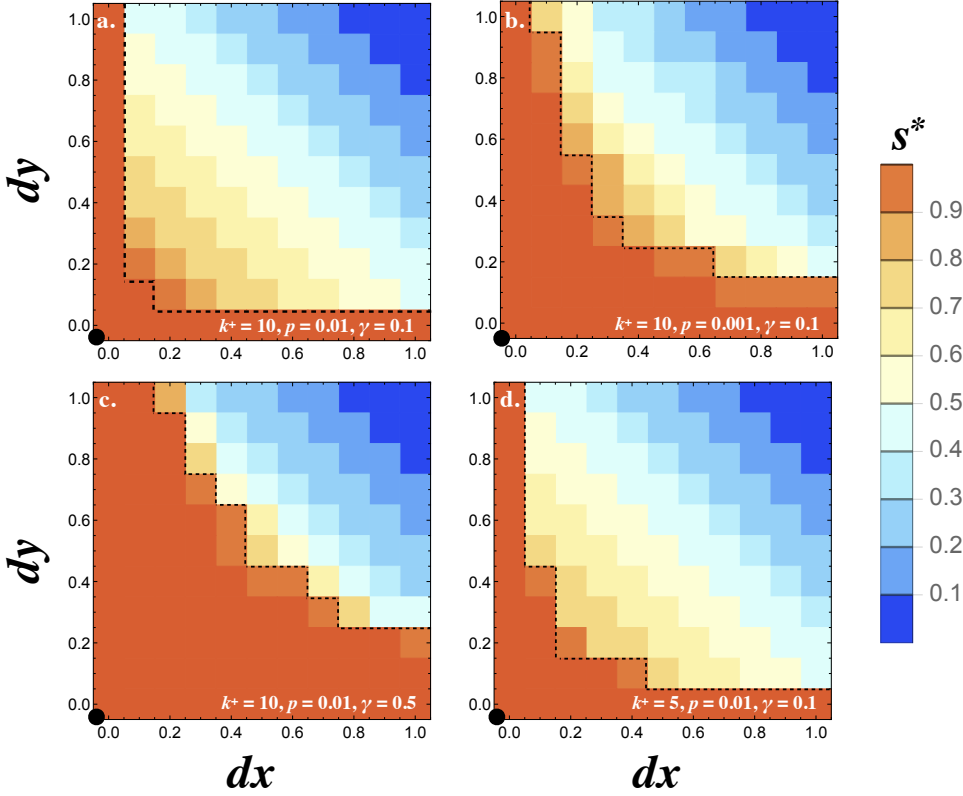


Figure 5: **Invasion of E_1** . Contour plots showing the steady state degree of symmetry (s^*) in a population with resident $(\nu_R, \nu_L, \nu_r, \nu_l) = (1, 1, 0, 0)$. Two mutations are introduced $(1 - dx, 1, dx, 0)$ and $(1, 1 - dy, 0, dy)$ at frequency p and their fate is followed until they reach a stable frequency. Orange contours outside the dotted line show the region where both mutants are eliminated and the resident persists ($s^* = 1$). All other colors indicate that the two mutants spread to equal frequency 0.5 displacing the resident ($s^* < 1$). The degree of signaling symmetry at equilibrium is dictated by the magnitude of the mutations given by dx and dy . The different panels show (a) between cell signaling $k^+ = 10$, mutation frequency $p = 0.01$ and degradation rate $\gamma = 0.1$, (b) lower mutation frequency $p = 0.001$, (c) high degradation rate $\gamma = 0.5$ and (d) weaker between cell signaling $k^+ = 5$. The resident type is marked by a black dot at the origin. The dashed line marks the regions above which the two mutants spread to displace the resident and reach a polymorphic equilibrium at equal frequencies. The frequency of the resident and two mutants at steady state was recorded and the heat maps show the average steady state value of s^* for 20 independent repeats and the population size N was set to 10000. Other parameters used and simulation details are given in the Supplementary Material.

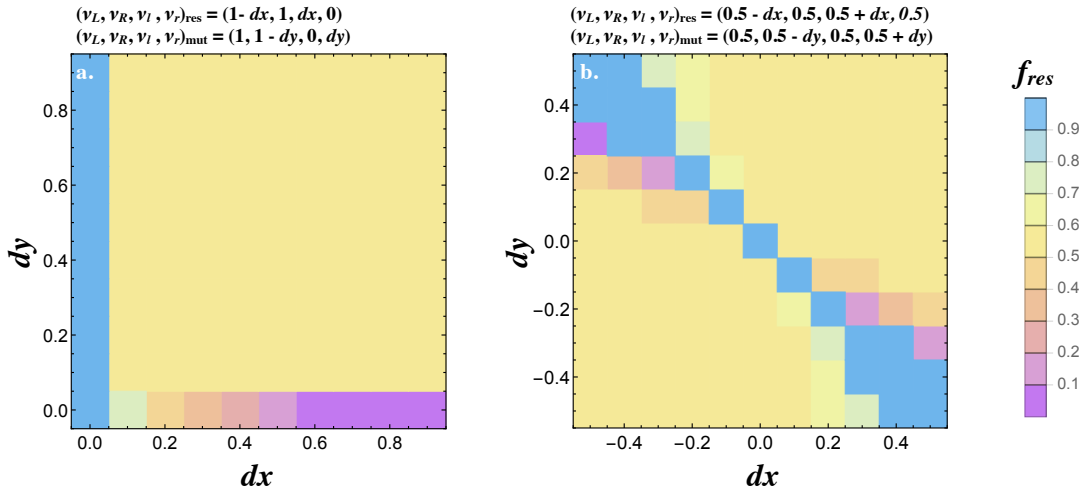


Figure 6: **Joint evolution of receptor and ligand asymmetry.** Contour plots show the equilibrium frequency of the resident (f_{res}) with production rates $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} = (1 - dx, 1, dx, 0)$ (a) $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} = (0.5 - dx, 0.5, 0.5 + dx, 0.5)$ (b), following a mutation $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (1, 1 - dy, 0, dy)$ (a) and $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (0.5, 0.5 - dy, 0.5, 0.5 + dy)$ (b). The mutant is introduced at a frequency $p = 0.01$. Other parameters used and simulations details are given in the Supplemental Material.

240 of asymmetry in ligand production (i.e. $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} = (0.5 - dx, 0.5, 0.5 + dx, 0.5)$) and map the
 241 spread of a mutant with asymmetry in receptor production $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (0.5, 0.5 - dy, 0.5, 0.5 +$
 242 $dy)$. The pairwise invasability plots for values of dx and dy show that signaling asymmetries in
 243 opposite directions are favored. These evolve to a polymorphic state with equal frequencies of
 244 cells at $dx = dy = -0.5$ and $dx = dy = 0.5$ (Figure 6b). These findings together illustrate how the
 245 asymmetric state E_2 evolves from the symmetric state E_1 .

246 3.3 Effects of recombination

247 The results above assume that the loci controlling ligand and receptor production are tightly linked
 248 which prevents the production of deleterious combinations following meiosis. Recombination is
 249 a minor problem at the E_1 equilibrium which is monomorphic (except for mutational variation).
 250 But it is likely to be a problem at the polymorphic E_2 equilibrium. For example, at E_2 mating
 251 between $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 0, 0, 1)$ and $(0, 1, 1, 0)$ cells generates non-asymmetric recombinant

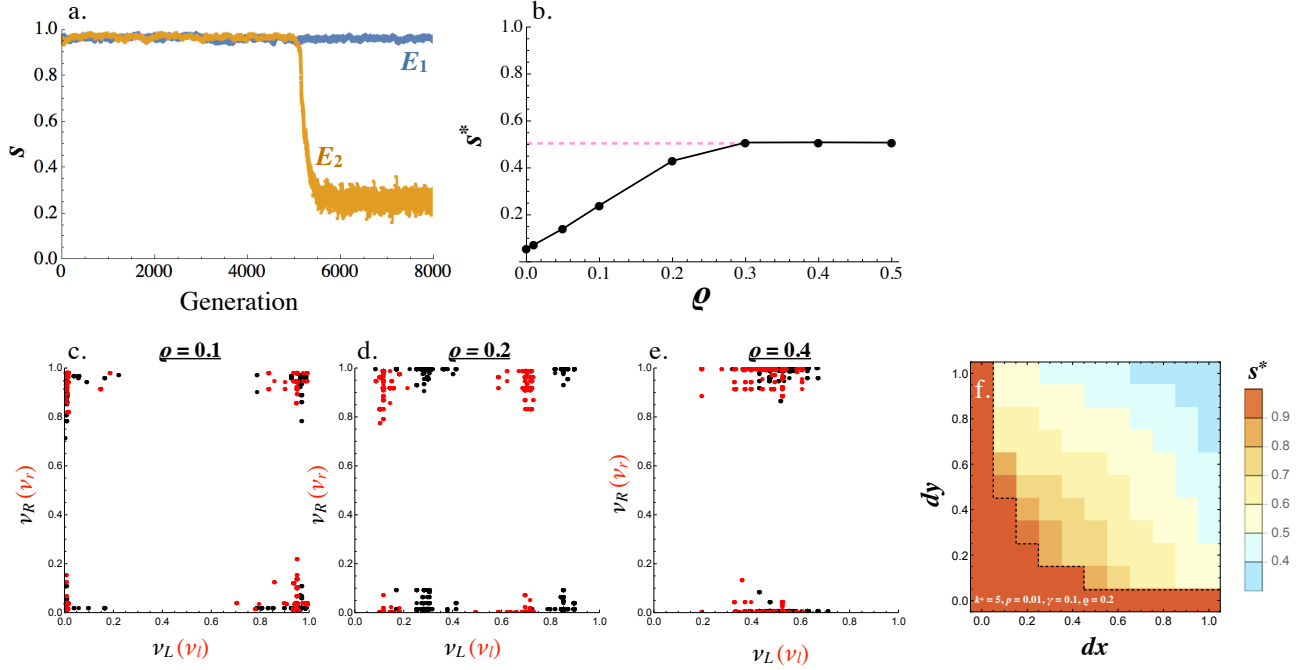


Figure 7: **The effect of recombination on E_2 .** (a) An example of evolution of the two signaling equilibria, E_1 (for $k^+ = 1$) and E_2 (for $k^+ = 5$) given a fixed recombination rate $\rho = 0.1$. (b) Steady state s^* varies with the recombination rate. (c-d) Production rates of individual cells in the population for receptor-ligand pairs $L-R$ (black) and $l-r$ (red) for recombination rates (c) $\rho = 0.1$, (d) $\rho = 0.2$ and (e) $\rho = 0.4$. (f) Contour plot showing the steady state degree of symmetry (s^*) in a population with resident $(\nu_R, \nu_L, \nu_r, \nu_l) = (1, 1, 0, 0)$, given a recombination rate $\rho = 0.2$. Two mutations are introduced $(1 - dx, 1, dx, 0)$ and $(1, 1 - dy, 0, dy)$ at rate p and their fate is followed until they reach a stable frequency. The population size N was set to 1000 for panels (a) - (e) and 10000 for panel (f). Other parameters used and simulation details are given in the Supplemental Material.

252 ligand-receptor combinations, either $(1, 1, 0, 0)$ or $(0, 0, 1, 1)$. To implement recombination we as-
 253 sume that the two ligands are tightly linked in a single locus and are inherited as a pair (likewise
 254 the two receptors), and investigate the effects of recombination between the ligand locus and the
 255 receptor locus. Note that if we allow recombination between ligands (or receptors), this would be
 256 expected to generate combinations with a similar deleterious impact.

257 Consider the effect of recombination on a population at E_1 . As before, the population either
 258 stays at E_1 or evolves to E_2 dependent on parameter values (Figure 7a). When the population
 259 evolves to E_2 , s^* becomes larger as the recombination rate (ρ), increases (Figure 7 b). For low
 260 recombination rates ($\rho \leq 0.1$), the population largely consists of equal frequencies of $(1, 0, 0, 1)$
 261 and $(0, 1, 1, 0)$ cells, producing the ligand and receptor asymmetrically. A small percentage of

262 recombinant cells produce conspecific pairs of ligand and receptor $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ and
 263 $(0, 0, 1, 1)$ (Figure 7b, c). Recombination in this case creates “macromutations” where production
 264 rates that were 0 become 1 and vice versa. As the recombination rate rises ($\rho \geq 0.2$), the two leading
 265 cell types diverge from $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 0, 0, 1)$ and $(0, 1, 1, 0)$ towards $(1 - \epsilon_1, \epsilon_2, \epsilon_3, 1 - \epsilon_4)$
 266 and $(\epsilon_5, 1 - \epsilon_6, 1 - \epsilon_7, \epsilon_8)$ where the ϵ_i are below 0.5 but greater than zero (Figure 7d). Higher
 267 recombination rates ($\rho \geq 0.3$) push $s^* = 0.5$ at E_2 (Figure 7b). Here, there is a predominance of
 268 $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 0.5, 0, 0.5)$ and $(0, 0.5, 1, 0.5)$ cells at equal frequencies (or $(0.5, 1, 0.5, 0)$ and
 269 $(0.5, 0, 0.5, 1)$ by symmetry). This arrangement is robust to recombination since the receptor
 270 locus is fixed at $(\nu_R, \nu_r) = (0.5, 0.5)$ and the ligand locus is either at $(\nu_L, \nu_l) = (1, 0)$ or $(0, 1)$ (or
 271 the ligand locus is $(\nu_L, \nu_l) = (0.5, 0.5)$ and the receptor is either at $(\nu_R, \nu_r) = (1, 0)$ or $(0, 1)$). So
 272 pairing between these two cell types results in $(1, 0.5, 0, 0.5)$ and $(0, 0.5, 1, 0.5)$ offspring, whether
 273 recombination occurs or not. Note that this arrangement maintains some degree of asymmetry even
 274 with free recombination ($\rho = 0.5$). Even though both cell types produce both receptors, they produce
 275 the ligand asymmetrically (or vice versa). Cells on average are more likely to mate successfully
 276 between rather than within the two types of cells.

277 Similar to the case of no recombination, the invasion of E_1 by E_2 depends on the mutational
 278 process and parameter values. Figure 7f shows the steady state symmetry measure in a population
 279 initially at $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ when two mutations $(1 - dx, 1, dx, 0)$ and $(1, 1 - dy, 0, dy)$ are
 280 introduced at low frequencies. Whether or not the mutants invade depends on the magnitude of the
 281 mutation in a similar way as in the case of no recombination (Figure 5d versus Figure 7f). However,
 282 the value of s^* now diverges from 0 reflecting the nonzero rate of recombination.

283 3.4 Evolution of linkage

284 In the analysis above, recombination between the ligand and receptor loci is fixed. However, the
 285 recombination rate itself can evolve. To investigate this, we let the recombination rate ρ undergo
 286 recurrent mutation with probability μ_ρ so that the mutant recombination rate becomes $\rho' = \rho + \epsilon_\rho$
 287 with $\epsilon_\rho \sim N(0, \sigma_\rho)$. In a diploid zygote, the rate of recombination is given by the average of the

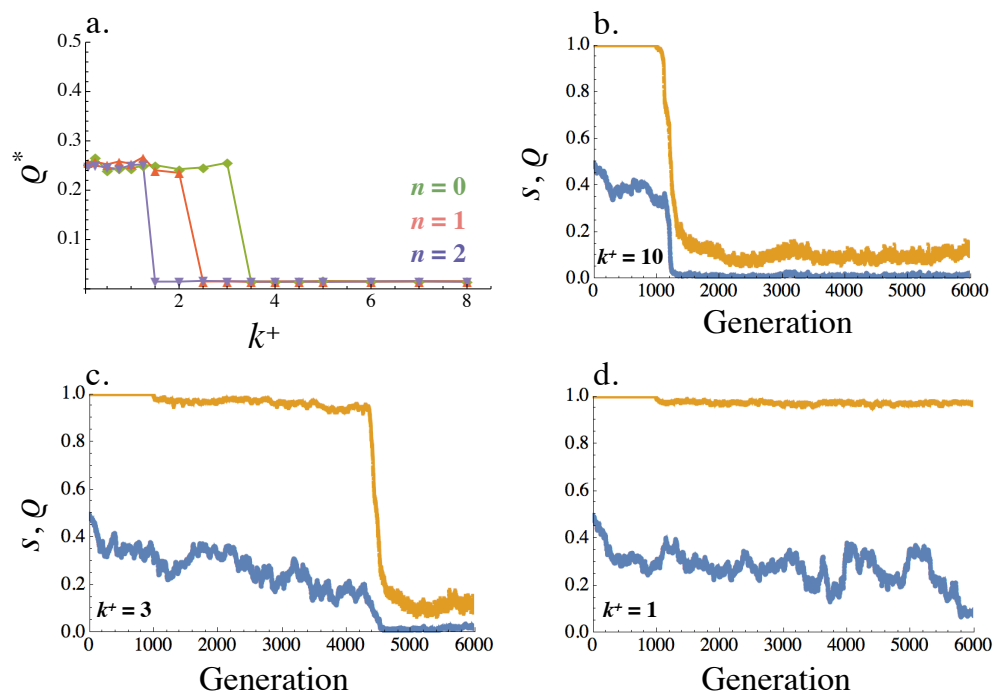


Figure 8: **Equilibrium recombination rate ρ^*** . (a) Averaged across the population, ρ^* varies with k^+ (within cell binding rate) and $n = 0, 1, 2$ (cost of self-binding). (b-d) Evolution of the recombination rate ρ (blue) and signaling symmetry levels s (orange) for different within cell binding rates: (b) $k^+ = 10$, (c) $k^+ = 3$ and (d) $k^+ = 1$. The recombination rate evolves under drift for the first 1000 generations, following which mutation at the ligand and receptor loci were introduced. When no asymmetry evolves the recombination rate fluctuates randomly between 0 and 0.5 (i.e. between its minimum and maximum value like a neutral allele). Other parameters used in simulations are given in the Supplemental Material.

288 two recombination alleles, ρ_1 and ρ_2 , carried by the mating cells. In this way, the recombination
289 rate evolves together with the ligand and receptor production rates. We start with maximal recom-
290 bination rate $\rho = 0.5$ and $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ for all cells and allow the recombination rate to
291 evolve by drift for 1000 generation before we introduce mutation in the ligand and receptor loci.

292 The recombination rate evolves to $\rho^* = 0$ whenever E_2 was reached from E_1 in the non-recombination
293 analysis. Under these conditions, tight linkage between receptor and ligand genes is favored (Fig-
294 ure 8a). Furthermore, asymmetric signaling roles coevolve together with the recombination rate.
295 The evolved trajectories of s and ρ depend on the strength of selection for asymmetric signaling.
296 For example, when k^+ is large ($k^+ = 10$), signal asymmetry rapidly evolves; s moves away from 1
297 and this is followed by a sharp drop in the recombination rate (Figure 8b). Eventually the popula-
298 tion evolves asymmetric signaling roles (s in orange, Figure 8b) and tight linkage (ρ in blue, Figure
299 8b). These dynamics are similar when k^+ is smaller ($k^+ = 3$, Figure 8c) and selection for asymmetry
300 is weaker. However, it now takes longer for the asymmetric types to co-evolve (Figure 8c). When
301 selection for asymmetric signaling is even weaker ($k^+ = 1$, Figure 8d), no asymmetry evolves (s
302 remains at 1) and the recombination rate fluctuates randomly between its minimum and maximum
303 value as one would expect in the case of a neutral allele.

304 4 Discussion

305 Explaining the evolution of mating types in isogamous organisms constitutes a major milestone
306 in understanding the evolution of anisogamy and sexes [1, 3]. Mating type identity is determined
307 by a number of genes that reside in regions of suppressed recombination and code for ligands
308 and receptors that guide partner attraction and recognition, as well as genes that orchestrate cell
309 fusion and postzygotic events [27, 8, 13, 12]. In this work we show that an asymmetry in ligand
310 and receptor production evolves as a response to selection for robust gamete communication and
311 swift mating. Furthermore, the same conditions favoring asymmetric signaling select for tight
312 linkage between the receptor and ligand genes. Our findings indicate that selection for asymmetric

313 signaling roles could have played an important role in the early evolution of gamete differentiation
314 and identity.

315 We investigated the evolution of mating type roles by considering two types of ligand and re-
316 ceptor in individual cells. Gene duplication followed by mutation is a well established route to
317 novelty evolution [39, 40, 41], and could explain the co-existence of two pairs of ligand and re-
318 ceptor in our system. Alternatively, individual cells could produce multiple ligands and receptors
319 which evolve independently, as is the case in some basidiomycete fungi [42]. The production rate
320 of the two types of ligand (and receptor) in our system is subject to mutation using an assumption
321 of infinite alleles [38], so that the amount of expressed ligand (and receptor) of each kind is mod-
322 ulated quantitatively. In this way we were able to explicitly express the likelihood of mating as a
323 function of the amount of free and bound molecules on the cell membrane and the ability of cells
324 to accurately read their partner's signal. This framework allowed us to follow the evolution of the
325 quantitative production of ligand and receptor in mating cells for the first time.

326 We found that the ligand-receptor binding rate within a cell (k^+) is key in the evolution of
327 asymmetric signaling roles (Figure 3, 4). k^+ holds an important role because it dictates the rate
328 at which free ligand and receptor molecules are removed from the cell surface. In addition, k^+
329 determines the amount of intracellular signal that interferes with the ability of cells to interpret
330 incoming signal. Although in theory cells could avoid self-binding (by reducing k^+ to zero), there is
331 likely to be a strong association of the within-cell and between-cell binding affinities. So reductions
332 in k^+ are likely to have knock-on costs in reducing k_b as well. An extreme example is the case of
333 locally diffusible signals (Figure 1), such as those used by ciliates and yeasts to stimulate and
334 coordinate fusion [29, 43]. Here binding affinities between and within cells are inevitably identical
335 (since the ligand is not membrane bound). Work in yeast cells has shown that secreted ligands
336 utilized for intercellular signaling during sex are poorly read by cells that both send and receive the
337 same ligand [32]. In the case of strictly membrane bound molecules avoiding self-binding could
338 also be an issue as it requires a ligand and receptor pair that bind poorly within a cell without
339 compromising intercellular binding. For example, choosy budding yeast gametes (which are better

340 at discriminating between species) take longer to mate [44]. It would be interesting to further study
341 these trade-offs experimentally.

342 We never observed the co-existence of a symmetric “pansexual” type with asymmetric self-
343 incompatible types. The two steady states consist of either a pansexual type alone or two mating
344 types with asymmetric signaling roles. This could explain why the co-existence of mating types
345 with pansexuals is rare in natural populations [11, 12]. This is in contrast to previous models where
346 pansexual types were very hard to eliminate due to negative frequency dependent selection [16,
347 45, 24]. For example, in the case of the mitochondrial inheritance model, uniparental inheritance
348 raises mean population fitness, not only in individuals that carry genes for uniparental inheritance
349 but also for pansexual individuals (benefits “leak” to biparental individuals)[24, 46].

350 A similar pattern is seen with inbreeding avoidance because the spread of self-incompatibility
351 reduces the population mutation load, and so reduces the need for inbreeding avoidance [16]. These
352 dynamics are reversed in the present model where there is positive frequency dependent selection.
353 The spread of asymmetric signalers generates stronger selection for further asymmetry (Figure 3,
354 4). This also occurs when there is recombination (Figure 7, 8). Even though recombination be-
355 tween the two asymmetric types generates symmetric recombinant offspring, these are disfavored
356 and eliminated by selection. These observations suggest that the mitochondrial inheritance and in-
357 breeding avoidance models are unlikely to generate strong selection for suppressed recombination
358 which is the hallmark of mating types. Finally, it would be interesting to explore how the reinstate-
359 ment of recombination could be a route back to homothallism which is a state derived from species
360 with mating types [12].

361 Mating type identity in unicellular eukaryotes is determined by mating type loci that typically
362 carry a number of genes [27, 11]. Suppressed recombination at the mating type locus is a common
363 feature across the evolutionary tree [8]. Our work predicts the co-evolution of mating type specific
364 signaling roles and suppressed recombination with selection favoring linkage between loci respon-
365 sible for signaling and an asymmetry in signaling roles. This finding suggests that selection for
366 asymmetric signaling could be the very first step in the evolution of tight linkage between genes

367 that control mating type identity. In yeasts, the only genes in the mating type locus code for the
368 production of ligand and receptor molecules [29]. These then trigger a cascade of other signals
369 downstream that also operate asymmetrically. Evidence across species suggests that mating type
370 loci with suppressed recombination are precursors to sex chromosomes [47, 48]. In this way our
371 work provides crucial insights about the origin of sex chromosomes.

372 The framework developed here could be used together with recent efforts to understand numer-
373 ous features of mating type evolution. For example, opposite mating type gametes often utilize
374 diffusible signals to attract partners [49, 50]. The inclusion of long range signals such as those used
375 in sexual chemotaxis will provide further benefits for asymmetric signaling roles and mating types
376 [26]. Furthermore the number of mating types varies greatly across species and is likely to depend
377 on the frequency of sexual reproduction and mutation rates [51]. Signaling interactions between
378 gametes could also play a role in determining the number of mating types and reducing their num-
379 ber to only two in many species [27]. It would be interesting to use the framework developed here
380 to study the evolution of additional ligands and receptor and their role in reaching an optimal num-
381 ber of mating types. Other important features such as the mechanism of mating type determination
382 [12, 52] and stochasticity in mating type identity [53, 54, 55] could also be understood in light of
383 this work.

384 Our analysis revealed that the evolution of asymmetric gamete signaling and mating types is
385 contingent upon the mutation rate. Single mutants that exhibit an asymmetry are initially slightly
386 disadvantageous. When further mutations emerge that are asymmetric in opposite directions, a
387 positive interaction between these mutants occurs that can lead to the evolution of distinct mating
388 types. When the population size is small and mutation rates are low, there is a low probability that
389 individuals carrying asymmetric mutations in opposite directions are segregating at the same time.
390 Increasing the population size or the mutation rate would enhance the probability of co-segregation,
391 making the evolution of asymmetric signaling more likely. In an infinite population the evolution
392 of signaling asymmetry should be independent of the mutation rate. Finally, it is worth noting that
393 unicellular eukaryotes undergo several rounds of asexual growth (tens to thousands) between each

394 sexual reproduction [56, 51]. It follows that the effective mutation rate between sexual rounds will
395 end up being orders of magnitude higher than the mutation rates at each vegetative step.

396 Taken together our findings suggest that selection for swift and robust signaling interactions
397 between mating cells can lead to the evolution of self-incompatible mating types determined at
398 non-recombinant mating type loci. We conclude that the fundamental selection for asymmetric
399 signaling between mating cells could be the very first step in the evolution of sexual asymmetry,
400 paving the way for the evolution of anisogamy, sex chromosomes and sexes.

401 5 Methods

402 5.1 General model

403 We model N cells so that each cell is individually characterized by a ligand locus \mathcal{L} and a receptor
404 locus \mathcal{R} . Two ligand genes at the locus \mathcal{L} determine the production rates for two ligand types l
405 and L given by ν_l and ν_L . Similarly, two receptor genes at the locus \mathcal{R} determine the production
406 rates for the two receptor types r and R given by ν_r and ν_R . The two ligand and receptor genes in
407 our model could arise from duplication followed by mutation that leaves two closely linked
408 genes that code for different molecules. In our computational set-up each cell is associated with
409 production rates ν_l , ν_L , ν_r and ν_R where we assume a normalized upper bound so that $\nu_l + \nu_L < 1$
410 and $\nu_r + \nu_R < 1$.

411 The steady state concentrations for L , R , and LR are computed by setting $\frac{d[L]}{dt} = \frac{d[R]}{dt} = \frac{d[LR]}{dt} = 0$
412 in Eq. (1-3) and solving the resulting quadratic equations. This leads two solutions only one
413 of which gives positive concentrations. It follows that there is a unique physical solution to our
414 system, which is what we use to define the probability of mating in our numerical simulations.

415 The program is initiated with $\nu_L = \nu_R = 1$ and $\nu_l = \nu_r = 0$ for all cells (unless otherwise stated, see
416 Section 5.4). We introduce mutation so that the ligand and receptor production rates of individual
417 cells mutate independently with probability μ . A mutation event at a production gene changes
418 the production rate by an increment ϵ where $\epsilon \sim N(0, \sigma)$. Mutation events at the different genes

419 l, L, r and R are independent of one another. If $\nu_l + \nu_L > 1$ or $\nu_r + \nu_R > 1$ the production rates are
 420 renormalized so their sum is capped at 1. If a mutation leads to a production rate below 0 or above
 421 1 it is ignored and the production rate does not change.

422 We implement mating by randomly sampling individual cells. The probability that two cells
 423 mate is determined by their ligand and receptor production rates as defined in Eq. (9) in the main
 424 text. We assume that K takes a large value relative to $W_{12}W_{21}$ so that P is linear in $W_{12}W_{21}$. Because
 425 the absolute value for $W_{12}W_{21}$ varies greatly between parameter sets, and what we are interested
 426 in is the relative change in $W_{12}W_{21}$ when signaling levels change, we chose K to be equal to the
 427 maximum value $W_{12}W_{21}$ can take for a given choice of γ, k^+, k^- and k_b . Sampled cells that do not
 428 mate are returned to the pool of unmated cells. This process is repeated until $M = N/2$ cells have
 429 successfully mated. This produces $N/4$ pairs of cells each of which gives rise to two offspring.
 430 These are sampled with replacement until the population returns to size N . We assume that a
 431 mutation-selection balance has been reached when the absolute change in s , defined in Eq. (10) in
 432 the main text, between time steps t_1 and t_2 is below $\epsilon = 10^{-5}$ across $t_2 - t_1 = 100$. Certain parameter
 433 sets resulted in noisy steady states and were terminated following 10^5 generations. The numerical
 434 code keeps track of all production rates for individual cells over time.

435 **5.2 Adaptive dynamics**

436 We model adaptive dynamics by initiating the entire population at state $(\nu_L, \nu_R, \nu_l, \nu_r)_{res}$ and intro-
 437 ducing a mutant $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut}$ at low frequency p . We allow the population to evolve according
 438 to the life cycle introduced in the main text and record the frequency of the resident and mu-
 439 tant type when a steady state is reached. For the purposes of Figure 5, the resident type is set
 440 to $(\nu_L, \nu_R, \nu_l, \nu_r)_{res}$ and two mutants $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut_1}$ and $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut_2}$ are introduced both at
 441 frequency p . In this case we track the frequencies of the resident and both mutants until steady
 442 state is reached. We define steady state as the point where the average value of s in the population
 443 between time steps t_1 and t_2 is below $\epsilon = 10^{-7}$ across $t_2 - t_1 = 100$. The population always reached
 444 steady state.

5.3 Recombination

We implement recombination by considering a modifier \mathcal{M} that lies between the ligand and receptor loci \mathcal{L} and \mathcal{R} . That is, we assume that the two ligand genes and two receptor genes are tightly linked on the ligand and receptor locus \mathcal{L} and \mathcal{R} respectively, and only model recombination between the two loci. For simplicity, we assume that \mathcal{M} determines the physical distance between \mathcal{L} and \mathcal{R} so that the distances $\mathcal{L}-\mathcal{M}$ and $\mathcal{R}-\mathcal{M}$ are the same. The modifier \mathcal{M} determines the rate of recombination between the ligand and receptor loci quantitatively by determining ρ_M , the probability of a single recombination event following mating. Consider for example two individuals whose ligand and receptor production rates and recombination rate are determined by the triplets $R_1-M_1-L_1$ and $R_2-M_2-L_2$, the possible offspring resulting from such a mating are given by,

1. $R_1-M_1-L_1$ and $R_2-M_2-L_2$ with probability $(1-\rho_{M_{1,2}})^2$ – equivalent to no recombination events
2. $R_1-M_2-L_1$ and $R_2-M_1-L_2$ with probability $\rho_{M_{1,2}}^2$ – equivalent to two recombination events
3. $R_1-M_2-L_2$ and $R_2-M_1-L_1$ with probability $\rho_{M_{1,2}}(1-\rho_{M_{1,2}})$ – equivalent to one recombination event
4. $R_1-M_1-L_2$ and $R_2-M_2-L_1$ with probability $\rho_{M_{1,2}}(1-\rho_{M_{1,2}})$ – equivalent to one recombination event

where $\rho_{M_{1,2}} = \frac{1}{2}(\rho_{M_1} + \rho_{M_2})$ is the joint recombination rate when cell₁ and cell₂ with recombination rates ρ_{M_1} and ρ_{M_2} respectively mate.

We allow mutation at the recombination locus at rate μ_ρ independently of the ligand and receptor loci. A mutation event leads to a new recombination rate so that $\rho'_M = \rho_M - \epsilon$ for $\epsilon \sim N(0, \sigma_\rho)$. We assume that the mutation-selection balance has been reached when the absolute change in s , defined in Eq. (10) in the main text, and the change in the average recombination rate between time steps t_1 and t_2 is below $\epsilon = 10^{-5}$ across $t_2 - t_1 = 100$.

469 **5.4 Methods and parameters used for simulated Figure s**

470 **Figure 4**

471 **(a)**: Individual simulations following the trajectory of s over time. Population is initiated at
472 $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ and $\rho = 0$ for all cells at time 0. $\mu = 0.01$ for all ligand and recep-
473 tor genes and $\mu_r = 0$. $\sigma = 0.1$, $\gamma = 0.1$, $k^- = 1$, $n = 1$, $k_b = k^+/k^-$. $k^+ = 1$ for E_1 trajectory and 5.0 for
474 E_2 trajectory. Population size $N = 1000$ and number of cells allowed to mate $M = N/2$.

475 **(b-c)**: Parameters as for (a) with $k^+ = 5.0$. Each dot is represents an individual cell in the simulation.

476 **(d)**: Parameters used as for (a) with varying k^+ and γ as indicated in the Figure . Simulation was
477 run until a steady state was reached and the value of s^* was averaged over the last 1000 time steps
478 to account for noise.

479 **(e)**: Parameters used as for (a), varying k_b and n as indicated in the Figure . k^+ was also varied here
480 and the value of k^+ beyond which E_2 evolved at the expense of E_1 was noted (the y-axis value).

481 **Figure 5**

482 Adaptive dynamics simulations following the frequency of two mutants $(\nu_L, \nu_R, \nu_l, \nu_r) = (1-dx, 1, dx, 0)$
483 and $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1-dy, 0, dy)$ introduced at frequency p (indicated on Figure) in a resident
484 population with $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$. The frequency of the resident and two mutants at steady
485 state was recorded and the heat maps show the average steady state value of s^* for 20 independent
486 repeats. Parameters used: $\gamma = 0.5$, $k^- = 1$, $n = 1$, $k_b = k^+/k^-$, $N = 10000$, $M = N/2$.

487 **Figure 6**

488 **Joint evolution of receptor and ligand asymmetry.** Contour plots show the equilibrium fre-
489 quency of the resident (f_{res}) with production rates $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} = (1-dx, 1, dx, 0)$ (a) $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} =$
490 $(0.5-dx, 0.5, 0.5+dx, 0.5)$ (b), following a mutation $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (1, 1-dy, 0, dy)$ (a) and
491 $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (0.5, 0.5-dy, 0.5, 0.5+dy)$ (b). The mutant is introduced at a frequency $p =$
492 0.01. Other parameters used and simulations details are given in the Supplemental Material.

493 **Figure 7**

494 **(a):** Individual simulations following the trajectory of s over time. Population is initiated at
495 $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ and $\rho = 0.1$ for all cells at time 0. $\mu = 0.01$ for all ligand and re-
496 ceptor genes and $\mu_r = 0$. $\sigma = 0.1$, $\gamma = 0.5$, $k^- = 1$, $n = 1$, $k_b = k^+/k^-$. $k^+ = 1.0$ for E_1 trajectory and
497 5.0 for E_2 trajectory. Population size $N = 1000$ and number of cells allowed to mate $M = N/2$.

498 **(b):** Parameters as in (a) but varying ρ as indicated in the Figure and using $k^+ = 3.0$. The y axis
499 shows the steady state value of s averaged over 1000 steps after steady state has been reached.

500 **(c-e):** Parameters as for (a) with $k^+ = 5.0$ and recombination rate ρ as shown in each Figure . Each
501 dot is represents an individual cell in the simulation.

502 **(f):** Parameters as for (a) with $k^+ = 5$, $\mu_b = 0.01$, $\rho = 0.2$ and $N = 10000$. The heat maps show the
503 value of s^* at steady state averaged over 20 repeats. Heat map was obtained in the same way as
504 Figure 5.

505 **Figure 8**

506 **(a):** Population is initiated at $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ and $\rho = 0.5$ for all cells at time 0. $\mu = 0.01$
507 for all ligand and receptor genes and $\mu_\rho = 0.01$. $\sigma = \sigma_\rho = 0.1$, $\gamma = 0.5$, $k^- = 1$, $k_b = k^+/k^-$. k^+ and n
508 vary as shown in the plot. The y axis shows the steady state value of ρ averaged over 1000 steps
509 after steady state has been reached. Population size $N = 1000$ and number of cells allowed to mate
510 $M = N/2$.

511 **(b-d):** Parameters as in (a) with k^+ varied as shown in the individual plots.

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655 **7 Figure legends**

656 **Figure 1**

657 **Gametes communicate through ligand and receptor molecules.** The ligand can be either mem-
658 brane bound or released in the local environment. (a) When the interacting cells produce ligand
659 and receptor symmetrically, the ligand will bind to receptors on its own membrane as well as those
660 on the other cell. This may impair intercellular signaling. (b) Producing the ligand and receptor in
661 an asymmetric manner resolves this issue.

662 **Figure 2**

663 **Signaling interactions between mating cells can be severely impaired due to ligand-receptor**
664 **interactions in the same cell.** (a) The amount of free ligand in individual cells at steady state $[L]^*$
665 and (b) normalized amount of free ligand at steady state $[L]^*/[L]_{max}$ varies with the intracellular
666 binding rate k^+ and degradation rate γ . (c) The relative amount of incoming signal W_{12} for a cell that
667 produces ligand and receptor asymmetrically versus symmetrically decreases with the degradation
668 rate γ and weaker binding k^+ . Other parameters used: $n = 1, k^- = 1, k_b = 1$.

669 **Figure 3**

670 **Fitness advantage of rare mutations conferring signaling asymmetry.** The fitness of a rare
671 mutant is plotted relative to the resident $[W_{12}W_{21}]_{res+mut} - [W_{12}W_{21}]_{res+res}$. The production rate of
672 the mutant cell is $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (1 - dx, 1 - dy, dx, dy)$, where dx and dy are plotted on the x and
673 y axes respectively. The resident production rate $(\nu_L, \nu_R, \nu_l, \nu_r)_{res}$ is shown as a red dot and varies (a)
674 $(1, 1, 0, 0)_{res}$, (b) $(1, 0.9, 0, 0.1)_{res}$, (c) $(0.5, 0.5, 0.5, 0.5)_{res}$ and (d) $(1, 0, 0, 1)_{res}$. The mutant (dx, dy)
675 with maximum fitness is shown as a black dot. The contour where $[W_{12}W_{21}]_{res+mut} = [W_{12}W_{21}]_{res+res}$
676 is marked by a black dashed line (b and c). The fitness difference is always negative in (a) and
677 always positive in (d). Other parameters used: $n = 1, \gamma = 0.5, k^+ = 1, k^- = 1, k_b = 1$.

678 **Figure 4**

679 **Evolution of asymmetric signaling.** (a) An example of evolution to the two signaling equilibria,
680 E_1 ($s = 1$ full symmetry when $k^+ = 1$) and E_2 ($s = 0$ full asymmetry when $k^+ = 5$). (b) Production
681 rates of individual cells in the population for the receptor-ligand pairs $L-R$ (black) and $l-r$ (red) at
682 E_2 . (c) Production rates of individual cells for the two receptor types R and r at E_2 . (d) Steady state
683 signaling symmetry s^* against the intracellular binding rate (k^+) for different degradation rates (γ).
684 (e) Threshold value of k^+ , beyond which E_2 evolves from E_1 , plotted versus the cost of self-binding
685 (n). The relationship is shown for different values of strength of between cell signaling (k_b) relative
686 to strength of within cell signaling (k^+/k^-). Other parameters used in numerical simulations are
687 given in the Supplemental Material.

688 **Figure 5**

689 **Invasion of E_1 .** Contour plots showing the steady state degree of symmetry (s^*) in a popula-
690 tion with resident $(\nu_R, \nu_L, \nu_r, \nu_l) = (1, 1, 0, 0)$. Two mutations are introduced $(1-dx, 1, dx, 0)$ and
691 $(1, 1-dy, 0, dy)$ at frequency p and their fate is followed until they reach a stable frequency. Or-
692 ange contours outside the dotted line show the region where both mutants are eliminated and the
693 resident persists ($s^* = 1$). All other colors indicate that the two mutants spread to equal frequency
694 0.5 displacing the resident ($s^* < 1$). The degree of signaling symmetry at equilibrium is dictated
695 by the magnitude of the mutations given by dx and dy . The different panels show (a) between
696 cell signaling $k^+ = 10$, mutation frequency $p = 0.01$ and degradation rate $\gamma = 0.1$, (b) lower muta-
697 tion frequency $p = 0.001$, (c) high degradation rate $\gamma = 0.5$ and (d) weaker between cell signaling
698 $k^+ = 5$. The resident type is marked by a black dot at the origin. The dashed line marks the regions
699 above which the two mutants spread to displace the resident and reach a polymorphic equilibrium
700 at equal frequencies. The frequency of the resident and two mutants at steady state was recorded
701 and the heat maps show the average steady state value of s^* for 20 independent repeats and the
702 population size N was set to 10000. Other parameters used and simulation details are given in the
703 Supplementary Material.

704 **Figure 6**

705 **Joint evolution of receptor and ligand asymmetry.** Contour plots show the equilibrium fre-
706 quency of a resident and mutant with production rates (a) $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} = (1 - dx, 1, dx, 0)$ and
707 $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} = (1, 1 - dy, 0, dy)$, (b) $(\nu_L, \nu_R, \nu_l, \nu_r)_{res} = (0.5 - dx, 0.5, 0.5 + dx, 0.5)$ and $(\nu_L, \nu_R, \nu_l, \nu_r)_{mut} =$
708 $(0.5, 0.5 - dy, 0.5, 0.5 + dy)$. The mutant is introduced at a frequency $p = 0.01$. Other parameters
709 used and simulations details are given in the Supplemental Material.

710 **Figure 7**

711 **The effect of recombination on E_2 .** (a) An example of evolution of the two signaling equilibria,
712 E_1 (for $k^+ = 1$) and E_2 (for $k^+ = 5$) given a fixed recombination rate $\rho = 0.1$. (b) Steady state s^*
713 varies with the recombination rate. (c-d) Production rates of individual cells in the population for
714 receptor-ligand pairs $L - R$ (black) and $l - r$ (red) for recombination rates (c) $\rho = 0.1$, (d) $\rho = 0.2$
715 and (e) $\rho = 0.4$. (f) Contour plot showing the steady state degree of symmetry (s^*) in a population
716 with resident $(\nu_R, \nu_L, \nu_r, \nu_l) = (1, 1, 0, 0)$, given a recombination rate $\rho = 0.2$. Two mutations are
717 introduced $(1 - dx, 1, dx, 0)$ and $(1, 1 - dy, 0, dy)$ at rate p and their fate is followed until they reach
718 a stable frequency. The population size N was set to 1000 for panels (a) - (e) and 10000 for panel
719 (f). Other parameters used and simulation details are given in the Supplemental Material.

720 **Figure 8**

721 **Equilibrium recombination rate ρ^* .** (a) Averaged across the population, ρ^* varies with k^+ (within
722 cell binding rate) and $n = 0, 1, 2$ (cost of self-binding). (b-d) Evolution of the recombination rate ρ
723 (blue) and signaling symmetry levels s (orange) for different within cell binding rates: (b) $k^+ = 10$,
724 (c) $k^+ = 3$ and (d) $k^+ = 1$. The recombination rate evolves under drift for the first 1000 generations,
725 following which mutation at the ligand and receptor loci were introduced. When no asymmetry
726 evolves the recombination rate fluctuates randomly between 0 and 0.5 (i.e. between its minimum
727 and maximum value like a neutral allele). Other parameters used in simulations are given in the

728 Supplemental Material.

729 **Figure 2 - figure supplement 1**

730 **Steady state concentrations in individual cells .** Steady state concentration of the ligand L and
731 receptor R in individual cells when varying the ligand and receptor production rates ν_L and ν_R for
732 $k^+/k^- = 10$ (a) and $k^+/k^- = 0.1$ (b). (c-d) show the concentration of ligand-receptor complexes for
733 the same parameter variations. Other parameters used: $\gamma_R = \gamma_L = \gamma_{LR} = 0.1$.

734 **Figure 4 - figure supplement 1**

735 **The role of mutation rates.** The threshold value of k^+ , beyond which E_2 becomes stable against
736 E_1 , plotted versus n which dictates the cost of self-binding for $\mu = 0.1$ and $\mu = 0.001$ to show that
737 lower mutation rates require more stringent conditions for the evolution of signaling asymmetry.
738 Population is initiated at $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ and $\rho = 0$ for all cells at time 0. $\mu = 0.01$ for all
739 ligand and receptor genes and $\mu_\rho = 0$. $\sigma = 0.1$, $\gamma = 0.5$, $k^- = 1$, $k_b = k^+/k^-$. Population size $N = 1000$
740 and number of cells allowed to mate $M = N/2$.

741 **Figure 4 - figure supplement 2**

742 **Synergy and competition between the production rates of the two ligands (and receptors).**
743 Steady state signaling asymmetry s^* against the intracellular binding rate k^+ for $\nu_R + \nu_r < \alpha$ and $\nu_L +$
744 $\nu_l < \alpha$ for different values of α . $\alpha > 1$ indicates synergy and $\alpha < 1$ indicates competition between
745 the two types of ligands (and receptors). For $\alpha = 0.75$ the population only evolves asymmetric
746 signaling for large values of k^+ ($k^+ = 5$). In this case s^* is maximum at 0.75 since the sum of the two
747 production rates cannot exceed 0.75. Population is initiated at $(\nu_L, \nu_R, \nu_l, \nu_r) = (1, 1, 0, 0)$ and $\rho = 0$
748 for all cells at time 0. $\mu = 0.01$ for all ligand and receptor genes and $\mu_\rho = 0$. $\sigma = 0.1$, $\gamma = 0.5$, $k^- = 1$,
749 $k_b = k^+/k^-$. Population size $N = 1000$ and number of cells allowed to mate $M = N/2$.