

**Interactions between the Planetary Boundaries:
Supplementary Information**

Table S1. Control variables for the planetary boundaries analysed in this article. Values of control variables (pre-industrial, current and zone of uncertainty) and positions of the planetary boundary are taken from Steffen et al. (2015) unless otherwise noted. Normalised control variables are calculated by equation (1); values of 0 and 1 therefore correspond to control variables at pre-industrial levels and the planetary boundary, respectively.

| Planetary boundary | Control variable(s) | Pre-industrial value | Boundary value | Zone of uncertainty: boundary value to... | Zone of uncertainty (normalised value) | Current value (2015) | Normalised current value |
|--|--|--|---|--|--|---|--------------------------|
| Climate change | Atmospheric CO ₂ concentration Radiative forcing relative to pre-industrial | 280 ppm 0 W/m ² | 350 ppm +1.0 W/m ² | 450 ppm 1.5 W/m ² | 2.0** (2.4 and 1.5) | 398.5 ppm 2.3 W/m ² | 2.0** (1.7 and 2.3) |
| Change in biosphere integrity (land) | Biodiversity Intactness Index | 100% | 90% | 30% | 6.0 | 84.6% (Newbold et al. 2016) | 1.5 |
| Change in biosphere integrity (freshwater) | Ecosystem functioning (see Methods for further information) | - | - | - | - | - | 3.8* |
| Change in biosphere integrity (ocean) | Ecosystem functioning (see Methods for further information) | - | - | - | - | - | 1.4* |
| Land-system change | Area of forested land remaining | 100% | 75% | 54% | 1.8 | 62% | 1.5 |
| Biogeochemical flows (P and N cycles) | P flow from fertilisers to erodible soils Industrial and intentional biological fixation of N | 0 Tg P yr ⁻¹ 0 Tg N yr ⁻¹ | 6.2 Tg P yr ⁻¹ 62 Tg N yr ⁻¹ | 11.2 Tg P yr ⁻¹ 82 Tg N yr ⁻¹ | 1.6** (1.8 and 1.3) | 14 Tg P yr ⁻¹ 150 Tg N yr ⁻¹ | 2.3** (2.3 and 2.4) |
| Ocean acidification | Carbonate ion concentration aragonite saturation state compared to pre-industrial | 100% | 80% | 70% | 1.5 | 84% | 0.80 |
| Freshwater use | Consumptive blue water use | ~0 km ³ yr ⁻¹ | 4000 km ³ yr ⁻¹ | 6000 km ³ yr ⁻¹ | 1.5 | 2600 km ³ yr ⁻¹ | 0.65 |
| Aerosol loading | Aerosol optical depth (measured over Indian subcontinent) | 0.17 (Carslaw et al. 2017) | 0.25 | 0.50 | 4.1 | 0.30 | 1.6 |
| Stratospheric ozone depletion | Total column ozone at mid-latitudes (see Methods for further information) | 290 DU | 5% reduction | 10% reduction | 2.0 | 2.2% reduction (WMO 2018) | 0.44 |

*A global estimate has been inferred from consistency with other boundaries, see Supplementary Methods.

**Where there is more than one control variable, we take the mean of the full set of normalised control variables (shown in brackets).

Table S2: Planetary boundary interaction matrices. B, R and S denote entries in the biophysically-mediated interaction matrix, **B**, reactive human-mediated interaction matrix, **R**, and parallel human-mediated interaction matrix, **S**, respectively. To match conventional matrix algebra notation, those matrices are the transpose of this table. Question marks (?) indicate where we found there to be interactions, but have insufficient data to estimate a magnitude, and therefore for the purposes of this study take them as zero. Calculations of the interaction strengths are presented in Supplementary Methods. All interaction strengths are normalised (see Methods).

| Effect of rows on columns | Climate Change | BI land | BI freshwater | BI ocean | Land-system change | Biogeochem. flows | Ocean acidification | Freshwater use | Aerosol loading | Stratospheric ozone depletion |
|--------------------------------------|----------------|---------|---------------|----------|--------------------|-------------------|---------------------|----------------|-----------------|-------------------------------|
| Climate change | | 0.15B | 0.38B | 0.22B | 0.10B | 0.19B | -0.07B | -0.08B | 0 | -0.06B |
| BI land | 0.22B | | ?B | 0 | ?B | ?R | 0.40P | 0.065P | 0 | 0 |
| BI freshwater | 0.17B | 0 | | 0 | 0.003R | ?R | 0.04B | 0 | 0 | 0 |
| BI ocean | 0.15B | 0 | 0 | | 0.02R | 0 | 0.06B | 0 | 0 | 0 |
| Land system change | 0.12B | 0.80B | 0.08B | 0 | | 1.3P | 0.16B | -0.11B | ?B | ?B |
| Biogeochemical flows | 0.04B | 0.02B | 1B | 0.05B | ?R | | -0.03B | 0 | 0.10B | 0.01B |
| Ocean acidification | 0.10B | 0 | 0 | 1B | 0 | 0 | | 0 | 0 | 0 |
| Freshwater use | ?B | ?B | 1B | ?B | 0 | 0 | 0 | | 0 | 0 |
| Aerosol loading | -0.56B | ?B | 0 | ?B | 0 | 0 | 0 | 0 | | ?B |
| Stratospheric ozone depletion | -0.11B | ?B | ?B | ?B | 0 | 0 | 0 | ?B | ?B | |

Supplementary Methods

1. Estimation of interaction strengths

See Methods for further information. As detailed in Methods, for each interaction $x \rightarrow y$, Δx refers to the change in the normalised control variable x that leads to a change Δy in the normalised control variable y . The corresponding symbols for changes in unnormalised control variables are ΔX and ΔY , respectively.

1.1 Impacts of climate change

Climate change -> Biosphere integrity (land)

Biophysical: Climate change will cause loss of biosphere integrity through mechanisms such as biodiversity loss and limited migration rates of tree species (Nunez et al. 2019; Colwell et al. 2008; Bellard et al. 2012; Rinawati et al. 2013; Araujo and Rahbek 2006; Pereira et al. 2010; Willis and Bhagwat 2009; Bradford and Warren 2014; Javeline et al. 2013). Impacts of climate change on forest ecosystems are particularly relevant to planetary boundary interactions, since forests store substantial amounts of carbon and regulate water runoff from precipitation. The magnitude of climate change impacts on biodiversity or other ecosystem functions are however uncertain (Bellard et al. 2012). Furthermore, biodiversity loss is assessed using a range of measures, for example species richness and abundance measures. The current control variable for biosphere integrity is biodiversity intactness index, which is an abundance-weighted measure (Scholes and Biggs 2005). We here collate a series of estimates, making the very coarse assumption that species richness and abundance losses are approximately interchangeable. (a) Under high emissions scenarios that involve a temperature change of 3.5°C, climate-mediated loss of vascular plant biodiversity may reach 5% or more by 2100 (van Vuuren, Sala, and Pereira 2006). Scaling linearly to the 'current' (where current refers to the time when planetary boundary control variables were last estimated, see Table S1) 0.85°C of warming (Hartmann et al. 2013) gives $5\% / (0.85/3.5) = 1.2\%$ current loss of biodiversity due to climate change. This corresponds to $1.2 / (100 - 84.6) = 8\%$ of total current biosphere integrity losses (using current position of biosphere integrity control variable reported in Table S1). (b) Pearson et al. (2017) estimated that 17% of carbon emissions from forest degradation are due to direct climate impacts via fires. (c) Alkemade et al. (2009) estimated that approximately $0.02/0.3 = 7\%$ of loss of mean species abundance has been due to climate change. (d) Newbold (2018) predicted a mean local species richness change -28.8% under 4.5°C warming, converting linearly to -5.4% under 0.85°C. Newbold et al. (2016) also estimated a current 15.4% loss of species richness due to land-use effects, giving $5.4 / (5.4 + 15.4) = 26\%$ of current species richness losses due to climate. In summary, we have found values of 8%, 17%, 7% and 26% for the contribution of climate change to current loss of land biosphere integrity. The mean of these estimates is 14.5% (full range 7% to 26%). We weight the estimate of Newbold (2018) higher as it is the most recent and systematic estimate. We therefore use a central estimate of 20% (full range 7% to 26%), giving $\Delta y = 20\% * 1.5 = 0.3$ (full range 0.10 to 0.39) of current biosphere integrity loss for current levels of climate change ($\Delta x = 2.0$). Eq. (2) gives $s = 0.3/2.0 = 0.15$ (full range 0.05 to 0.20). This interaction is however likely to be strongly nonlinear, increasing in strength as biosphere integrity is degraded.

Human: Heck et al. (2018) show in a land use optimisation model that the trade-offs between carbon storage and terrestrial biodiversity goals are low. We therefore do not include any human-mediated interaction.

40 *Climate change -> Biosphere integrity (freshwater)*

41 Biophysical: Human impacts via nutrient inputs dominate impacts on freshwater systems, but climate will
42 have an effect from altered thermal regimes and intensified drought-flood cycles (Settele et al. 2015, sec.
43 4.3.3.3; Woodward, Perkins, and Brown 2010; Adrian et al. 2009). Climate change will affect aquatic
44 ecosystems and ecosystem services derived from fisheries will change in complicated ways (Biswas, Vogt,
45 and Sharma 2017; Radinger et al. 2016; Conti et al. 2015; Ficke, Myrick, and Hansen 2007; van Vliet, Ludwig,
46 and Kabat 2013; Harrod 2015; Knouft and Ficklin 2017; Myers et al. 2017); we were unable to obtain an
47 estimate of the strength of interactions involving fisheries. Rising sea levels due to climate change will lead
48 to salinisation of some freshwater ecosystems (Herbert et al. 2015; Oppenheimer et al. 2019). Here, we use
49 an estimate of the effects of climate change on cyanobacterial levels. In North America, nutrient levels and
50 temperature changes explain changes in cyanobacterial levels roughly in the ratio 3:1, respectively (Taranu
51 et al. 2015). Current changes in nutrient inputs (2.3 in normalised units, see Table 1) have caused a change in
52 freshwater biosphere integrity via the *Biogeochemical flows -> Biosphere integrity (freshwater)* link of $1 \cdot 2.3$
53 = 2.3 in normalised units (where 1 is the strength of the link, see Table S2). We attribute to climate change
54 an additional change in freshwater biosphere integrity according to the above 3:1 ratio of $\Delta y = 2.3/3 = 0.77$.
55 The climate control variable is currently at $\Delta y = 2.0$ (Table S1). The interaction strength is therefore $s = 0.38$
56 by Eq. (2). Increased runoff due to increased precipitation from climate change will also increase nutrient
57 loading in rivers (Ockenden et al. 2017): see link *Climate change -> Biogeochemical flows*.

58 *Climate change -> Biosphere integrity (ocean)*

59 Biophysical: Climate change is expected to be a major driver of changes in marine biodiversity (Worm and
60 Lotze 2016). Warming has already caused changes in range distributions of many marine organisms, leading
61 to changed community composition and interspecies interactions (Bindoff et al. 2019). There are many
62 aspects of ocean biosphere integrity that could be monitored (Nash et al. 2017). In this initial assessment,
63 we focus on potential impacts on fisheries. In fisheries, climate change could cause a decrease in global
64 maximum catch potential of $\Delta Y = -7.7\%$ by 2050 under RCP8.5 (Lam et al. 2016). This scenario involves a
65 change in CO₂ concentrations of $\Delta X = (489.4 - 398.5) \text{ ppm} = 90.9 \text{ ppm}$ (Riahi, Grübler, and Nakicenovic 2007;
66 data taken from <https://tntcat.iiasa.ac.at/RcpDb>) from current conditions, leading to an interaction strength
67 of $s = 0.12$ by Eq. (3) if we set a critical level of fishery depensation at $Y_{PB} = 50\%$. Free et al. (2019) estimated
68 that historical climate change ($\Delta x = 2.0$) has led to a 4.3% decrease in maximum sustainable yield for a global
69 sample of fisheries, leading to an interaction strength $s = 0.04$ by the same method. In coral reefs,
70 temperature and climate effects have reduced coral cover on the Great Barrier Reef by half (Gattuso, Hoegh-
71 Guldberg, and Pörtner 2014). If we consider this a dangerous level of loss ($\Delta y = 1$, that is, the control variable
72 changes from pre-industrial to the planetary boundary) at current levels of climate change ($\Delta x = 2.0$, Table
73 S1), Eq. (2) gives $s = 0.5$, with all other factors fixed. Taking the mean of these three estimates, we set the
74 interaction strength to 0.22 (full range 0.04 to 0.5).

75 Human (reactive): Sea level rise due to climate change may lead to human responses such as building dykes
76 that damage coastal ecosystems especially away from city areas (Warren 2011; Oppenheimer et al. 2019).
77 We do not have data to estimate the strength of this interaction.

78 *Climate change -> Land system change*

79 Biophysical: Climate change alone is unlikely to induce tipping of major forest biomes in the near future, but
80 in conjunction with direct deforestation could trigger a collapse of tropical forests (Settele et al. 2015).

81 Boreal forests will likely migrate northward, but whether this leads to a change in forest area is uncertain.
82 The Amazon is approximately 15% of global forest area (Dixon et al. 1994). Let us assume that climate
83 change would contribute 50% of the contribution to tipping of Amazon rainforest. We set $\Delta Y = -0.15 * 0.5 = -$
84 0.075 , giving $\Delta y = 0.3$ using Eq. (1). An extreme climate scenario triggering this tipping could involve moving
85 to three times the planetary boundary, so we set $\Delta x = 3$. Using Eq. (2), $s = 0.10$.

86 Human (reactive): Integrated assessment models indicate that agricultural yields could decrease by 10%
87 under climate scenario A1B by 2050 (Porter et al. 2014 Box 7-1). This yield loss could lead to compensation
88 by increased land clearing. Agricultural land is currently 37.4% of the land surface, while forest is 30.7% (FAO
89 2017). Yield compensation would therefore require another $10\% * 37.4\% = 3.7\%$ of land surface for
90 agriculture. If currently forested land is used for agriculture (following a dominant past trend of
91 deforestation), remaining forest as fraction of original cover would decrease below its current value by
92 $62\% * (-3.7\% / 30.7\%) = -7.5\%$. Elasticities for land use generally vary between 0 and 0.2 in the global North
93 and 0.3 and 1 in the global South (Tabeau, Helming, and Philippidis 2017). We use an intermediate global
94 elasticity of 0.3, giving $\Delta Y = -7.5\% * 0.3 = -2.3\%$ (the full elasticity range 0 to 1 gives a range for ΔY of 0 to -
95 7.5%). Scenario A1B has an atmospheric carbon concentration of 532 ppm by 2050 (Houghton et al. 2001),
96 therefore $\Delta X = (532 - 398.5)$ ppm = 133.5 ppm compared to the conditions reported in Table S1. Using Eq.
97 (3), $s = 0.05$ (with full range 0 to 0.16).

98 *Climate change -> Biogeochemical flows*

99 Biophysical: Intensified drought-flood cycles will cause net increases in erosion and nutrient flux from land to
100 water. We used the model of Motew et al. (2017) to run 70 years of each of the four Yahara2070 scenarios
101 (<https://Yahara2070.org> and <https://wsc.limnology.wisc.edu>). These scenarios include 4 IPCC warming
102 scenarios downscaled to the Yahara watershed by the University of Wisconsin-Madison Climate Research
103 Center. Using the annual results for four different watersheds over a total of $n = 3648$ simulated years, we
104 used a multiple regression model to estimate the effect of maximum daily precipitation on the log of P yield
105 from the land (kg/ha). This multiple regression includes other variates for land use, land management, and
106 other climate variables but we want the maximum precipitation effect. We obtained

$$\log(V) = A + 0.012 * U$$

107 where V is P yield in kg/(ha yr), U is maximum precipitation in mm, and A is the effect of all the other
108 covariates bundled together. (We note that while it is P concentration that ultimately affects freshwater
109 ecosystems, we use P yield here since excess water volumes associated with extreme rainfall events will
110 rapidly drain away or evaporate while the excess P will remain in the freshwater system.) A 1 mm increase in
111 maximum precipitation therefore increases $\log(V)$ by 0.012, with a standard error of 0.00015. The mean U
112 and $\log(V)$ values over the whole data set are 86.5 mm and -1.3, respectively. Barbero et al (2017) found that
113 extreme daily precipitation amounts increase by 6.9%/°C; therefore we predict an increase in $\log(V)$ of
114 $0.012 * 0.069 * 86.5$ mm = 0.072 per °C. One degree of warming would therefore increase P runoff to surface
115 water from $\exp(-1.3) = 0.27$ kg/(ha yr) to $\exp(-1.3 + 0.072) = 0.29$ kg/(ha yr), or an increase of 7.4%. [This
116 increase matches well with the 14% predicted P runoff changes predicted in the Baltic under RCP8.5 to 2050,
117 that is, about 10% change per °C (SOILS2SEA 2018).] Scaling to current global P runoff ($Y = 14$ Tg P yr⁻¹), and
118 current climate change ($\Delta x = 2.0$, Table S1) in which temperatures have risen 0.85°C since pre-industrial as
119 at the last IPCC report (Hartmann et al. 2013), we find an increase in nutrient runoff of (% increase in runoff
120 per °C)*(temperature change °C)*(global nutrient runoff) = $7.4\% * 0.85 * 14 = 0.88$ Tg P yr⁻¹. This increase in
121 runoff reduces the safe level of fertiliser application. Using Eq. (5) with $Y_{PB} = 6.2$ Tg P yr⁻¹ and $Y'_{PB} = 6.2 - 0.88 =$
122 5.32 Tg P yr⁻¹, we find $s = 0.19$. Carrying through the standard error of the regression coefficient described

124 above gives an uncertainty in s of 0.003. We caution that the Motew et al. model is for midwestern US lakes
125 in relatively flat watersheds dominated by intensive agriculture, a mix of row crops and animal herds
126 especially dairy cows. Watersheds used solely for grazing could have lower exports of P, while watersheds on
127 more sloped topography could have higher exports of P. We therefore judge that we have significantly less
128 certainty in $s = 0.19$ as a globally aggregated estimate of the relationship between climate change and
129 biogeochemical flows than the analysis indicated above, but do not have a means of estimating this
130 contribution to uncertainty.

131 Human (reactive): Decreased productivity under climate change could lead to additional nutrients being
132 applied. We do not however have data available to estimate the strength of this interaction.

133 *Climate change -> Ocean acidification*

134 Biophysical: Warming from climate change decreases solubility of carbon dioxide in water and therefore
135 partially buffers against increasing acidification. McNeil & Matear (2007) found this interaction buffered
136 decrease in aragonite saturation state by 15%. Applying this buffering to current levels of ocean acidification
137 (0.80) indicates that without buffering ocean acidification would have been $0.8/(1-0.15) = 0.94$. By this
138 calculation, current levels of climate change ($\Delta x = 2.0$) have buffered ocean acidification by $\Delta y = 0.8 - 0.94 =$
139 -0.14 , giving $s = -0.07$ by Eq. (2).

140 Additionally, increases in atmospheric carbon dioxide, which is one of the control variables for climate
141 change, lead to absorption by the oceans and ocean acidification. Within our framework, this mechanism
142 could therefore contribute to this interaction even though the mechanism does not include the temperature
143 effects of climate change. To avoid confusion, we do not account for atmosphere-ocean exchange of carbon
144 dioxide here but rather attribute the mechanism to the sources of carbon dioxide emissions, for example
145 *Land system change -> Ocean acidification*.

146 A further potential interaction between climate and ocean acidification is the acceleration by climate change
147 of the rock weathering that adds alkalinity to the ocean (Ridgwell and Zeebe 2005). Weathering is critical to
148 the global carbon cycle on long time scales (Colbourn, Ridgwell, and Lenton 2015; Lenton 2016), but on the
149 policy-relevant 100-year time scales considered here is unlikely to be significant.

150 Human (parallel): Anthropogenic carbon dioxide emissions affect both climate change and ocean
151 acidification. We assume proportionality, that is, direct human emissions have contributed to the same
152 fraction of anthropogenic atmospheric and ocean CO₂ content. Using current levels of climate change ($\Delta x =$
153 2.0) and ocean acidification ($\Delta y = 0.8$), Eq. (2) gives $s = 0.40$.

154 *Climate change -> Freshwater use*

155 Biophysical: Current climate change ($\Delta x = 2.0$) has been estimated to have increased global runoff by
156 approximately $1300 \text{ km}^3/\text{yr}$ (Sterling, Ducharme, and Polcher 2013). This increased runoff is potentially
157 available for human consumption, although locally some areas are drying, some of the additional runoff may
158 be unusable in the form of extreme floods (Arnell and Lloyd-Hughes 2014; Gerten et al. 2013). Using Eq. (5)
159 with $Y_{\text{PB}} = 4000 \text{ km}^3 \text{ yr}^{-1}$, $Y'_{\text{PB}} = (4000 + 1300) \text{ km}^3 \text{ yr}^{-1} = 5300 \text{ km}^3 \text{ yr}^{-1}$ and $Y = 2600 \text{ km}^3 \text{ yr}^{-1}$ gives $s = -0.08$.

160 Human (parallel): The global energy sector is responsible for about half of global carbon emissions (FAO
161 2016a), so we attribute half of current climate change to the energy sector ($\Delta x = 2.0/2 = 1.0$). Energy
162 production is responsible for around 10% of global water withdrawals ($\Delta y = 0.1 * y = 0.065$) (Kęsicki and

163 Walton 2016). Using Eq. (2) gives $s = 0.065$. This analysis does not consider the likely future changes in
164 means of energy generation.

165 *Climate change -> Stratospheric ozone depletion*

166 Biophysical: Anthropogenic carbon dioxide leads to cooling of the stratosphere, due to heat being trapped at
167 lower levels of the atmosphere. This cooling slows the rates of chemical reactions that deplete ozone and
168 also increases the chemical destruction of nitrous oxides (Stolarski et al. 2015). According to one model
169 (Portmann, Daniel, and Ravishankara 2012), anthropogenic CO₂ lead to a change in global mean ozone of
170 2.40 DU in 2000 compared to a change with all source gas levels of -13.35 DU. Scaling to the 2.2% decrease
171 ($y = 0.44$ in normalised units, Table S1) assessed by the WMO (2018), $\Delta y = y*(2.4/-13.35) = 0.44*(2.4/-13.35)$
172 $= -0.079$ for atmospheric CO₂ concentrations of 369 ppm in the year 2000 (Houghton et al. 2001), that is, Δx
173 $= (369-280)/(350-280) = 1.27$ using Eq. (1). Using Eq. (2), $s = -0.06$. This estimate does not include the effect
174 of stratospheric cooling on destruction of nitrous oxides; the interactions framework used here cannot
175 incorporate three-way interactions (in this case, involving biogeochemical flows, climate change, and ozone
176 depletion).

177 **1.2 Impacts of changes in biosphere integrity**

178 As detailed in the main text, we separate the biosphere integrity planetary boundary into land, freshwater
179 and ocean components.

180 *Biosphere integrity (land) -> Climate change*

181 Biophysical: Here, we use the direct biodiversity-productivity hypothesis, in which a less biodiverse
182 ecosystem is less productive and therefore stores less carbon. There is substantial empirical evidence for this
183 relationship (Liang et al. 2016, 2015; Poorter et al. 2015; Weisser et al. 2017; Naeem, Kawabata, and Loreau,
184 M. 1998; Ricketts et al. 2016), though there remains debate about how broadly it is applicable (Cardinale et
185 al. 2012). Using the relationship obtained by Liang et al. (2016), and making the very coarse assumption that
186 species richness and abundance losses are approximately interchangeable, a decrease from 100% biosphere
187 integrity to the planetary boundary (90%, that is, $\Delta X = -10\%$) would lead to a decrease in productivity of
188 2.7%. Compared to active terrestrial carbon storage of around 1875 GtC [1325 PgC of soil organic carbon in
189 top metre of soil (Köchy, Hiederer, and Freibauer 2015) plus midrange of vegetation carbon estimate by Ciais
190 et al. (2013)], this loss of productivity could have resulted in a loss terrestrial carbon sinks of around
191 $1875*2.7\% = 50$ GtC = 23.4 ppm. At present, ocean sinks take up about half as much carbon as remains in
192 the atmosphere (Ciais et al. 2013), therefore we could expect around 2/3 of these extra emissions to remain
193 in the atmosphere, that is, $\Delta Y = (2/3)*23.4$ ppm = 15.3 ppm. Using Eq. (3), $s = 0.22$.

194 Human: Heck et al. (2018) show in a land use optimisation model that the trade-offs between carbon storage
195 and terrestrial biodiversity goals are low. We therefore do not include any human-mediated interaction.

196 *Biosphere integrity (land) -> Biosphere integrity (freshwater)*

197 Biophysical: Mechanisms such as increased nutrient runoff are captured via *Land use change -> Biosphere*
198 *integrity (freshwater)*. Given many freshwater organisms spend some proportion of their lifespan on land,
199 land biosphere integrity may affect freshwater biosphere integrity. Land biosphere integrity may also affect
200 the quality of runoff into freshwater systems. We do not estimate the magnitude of these mechanisms here.

201 *Biosphere integrity (land) -> Land system change*

202 Biophysical: Decreased biosphere integrity may make forests more vulnerable to insect invasions or other
203 shock. We do not have any clear avenue to estimate the strength of this interaction.

204 Human (reactive): In forest, decreased biosphere integrity may increase the incentive to protect more forest,
205 but with degraded experiences of nature may lessen the public motivation to do so. On agricultural land,
206 decreased agricultural productivity due to soil and biodiversity degradation may lead to additional land
207 being cleared to maintain production. These factors are hard to predict and we do not estimate them here.

208 *Biosphere integrity (land) -> Biogeochemical flows*

209 Human (reactive): Reductions in biodiversity may lead to reductions in ecosystem functions and services
210 such as pollination, pest control and nutrient cycling (Hooper et al. 2012; Isbell et al. 2011) that decrease
211 crop yields. These reductions may lead to extra nutrients being added to compensate for the missing
212 functions and services, however we are not able to estimate the magnitude of the effect here.

213 *Biosphere integrity (land) -> Ocean acidification*

214 Biophysical: The *Biosphere integrity (land) -> Climate change* link above showed that a loss of biosphere
215 integrity $\Delta x = 1.0$ ($\Delta X = -10\%$) could lead a loss of terrestrial carbon sinks of 50 GtC. At present, ocean sinks
216 take up about half as much carbon as remains in the atmosphere (Ciais et al. 2013), therefore we could
217 expect around 1/3 of these extra emissions to be taken up by the ocean, that is, $50/3 = 16.7$ GtC. Current
218 anthropogenic ocean carbon content is around 155 GtC (Ciais et al. 2013) which has led to ocean
219 acidification of 0.8 in normalised units. We therefore estimate that the additional carbon absorbed from loss
220 of biosphere integrity would lead to additional acidification of $\Delta y = 0.8 * (16.7/155) = 0.08$. Using Eq. (2), $s =$
221 0.08.

222 *Biosphere integrity (freshwater) -> Climate change*

223 Biophysical: Increased productivity due to moderate levels of increased eutrophication could lead to
224 increased greenhouse gas emissions of 1 PgC/year (DelSontro, Beaulieu, and Downing 2018). Compared to
225 global annual emissions of 9.5 PgC/year (Ciais et al. 2013), these emissions would accelerate climate change
226 by $1/9.5 = 11\%$ or $\Delta y = y * 11\% = 2.0 * 11\% = 0.21$. The model treatment generating these emissions involved
227 an increase in chlorophyll-a concentrations (an indicator of nitrogen loading) of 10 $\mu\text{g/L}$ (DelSontro,
228 Beaulieu, and Downing 2018) compared to current global average freshwater concentrations of 19 $\mu\text{g/L}$
229 (Sayers et al. 2015), that is, an increase in the current position of the phosphorus loading of 53%, or $\Delta x =$
230 $2.3 * 53\% = 1.2$. The interaction strength for the chain *Biogeochemical flows -> Biosphere integrity*
231 *(freshwater) -> Climate change* is therefore $0.21/1.2 = 0.17$ using Eq. (2). Since the strength of the
232 *Biogeochemical flows -> Biosphere integrity (freshwater)* link is 1, and the strength for a chain of interactions
233 is the product of each interaction strength in the chain, we set the strength of the present link to $0.17/1 =$
234 0.17.

235 Human (reactive): Declines in surface water quality can lead to increased energy consumption to treat or
236 generate alternative potable water, especially in those countries with the available financial resources to do
237 so. Currently, around 65 TWh of electricity is used for water treatment per year, 200 TWh for wastewater
238 treatment to avoid further water pollution, and around 40 TWh for water re-use and desalination (Kęsicki
239 and Walton 2016): a total of approximately 300 TWh. Globally averaged carbon intensity of electricity was

240 recently estimated at $0.51 \text{ kgCO}_2/\text{kWh} = 0.00014 \text{ PgC/TWh}$ (Goh et al. 2018). We estimate that declines in
241 surface water quality therefore contribute to emissions of approximately $0.00014 * 300 = 0.041 \text{ PgC/yr}$.
242 Compared to global annual emissions of 9.5 PgC/yr (Ciais et al. 2013), this would accelerate current climate
243 change by a further $0.041 / 9.5 = 0.44\%$, or $\Delta y = 2 * 0.44\% = 0.0087$. Setting $\Delta x = 3.7$, the estimated current
244 value of the freshwater biosphere integrity control variable, Eq. (2) gives $s = 0.002$.

245 *Biosphere integrity (freshwater) -> Land system change*

246 Human (reactive): Decline in fish catch from rivers due to the construction of dams on the Mekong River may
247 lead to increase in water consumption and pasture area to compensate for the fish protein lost (Orr et al.
248 2012). It is unlikely to be compensated for increases in aquaculture (Orr et al. 2012) These magnitude of
249 these effects will however be highly location-dependent, depending for example on the fraction of protein
250 consumption contributed by fish. We use the same global argument as in *Biosphere integrity (ocean) -> Land*
251 *system change* below. To calculate the strength of the interaction, let us assume a collapse in freshwater
252 capture fisheries ($\Delta x = 1$). Fisheries contribute currently 6.7% of global protein consumption, about 7% of
253 which comes from freshwater capture fisheries (FAO 2016b). Agriculture is responsible for 80% of the impact
254 on the land use change planetary boundary (Campbell et al. 2017). To replace lost fish protein, assuming
255 new agriculture produces protein at the global average, would increase land use change by $\Delta y =$
256 $80\% * 6.7\% * 1.5 * 7\% * 0.5 = 0.003$. Here we used a land supply elasticity of 0.5 (Tabeau, Helming, and
257 Philippidis 2017) which is typical of the Global South where we expect much of the agricultural displacement
258 to occur. Using Eq. (2), $s = 0.003$. This increased agricultural activity will flow on to *Biogeochemical flows* and
259 *Freshwater use* by via the parallel links from *Land-system change* as described below.

260 *Biosphere integrity (freshwater) -> Biogeochemical flows*

261 Human (reactive): Decline in freshwater biosphere integrity may motivate people to reduce nutrient use.
262 However there has been little change in global nitrogen use efficiency over the last 40 years (Lassaletta et al.
263 2016).

264 *Biosphere integrity (freshwater) -> Ocean acidification*

265 Biophysical: Increased productivity due to moderate levels of increased eutrophication could lead to
266 increased CO_2 -eq greenhouse gas emissions of 1 PgC/year , of which CO_2 contributes around 20% (DelSontro,
267 Beaulieu, and Downing 2018). Compared to current fossil fuel and cement carbon emissions of 9.5 PgC/year
268 (Ciais et al. 2013), these emissions would accelerate ocean acidification by $\Delta y = y * (1 * 20\% / 9.5) =$
269 $2.0 * (1 * 20\% / 9.5) = 0.042$. Following the reasoning outlined in *Biosphere integrity (freshwater) -> Climate*
270 *change*, this leads to an interaction strength $s = 0.04 / 1.2 = 0.035$, which we round to 0.04. *Biosphere integrity*
271 *(ocean) -> Climate change*

272 Biophysical: The marine biological pump is responsible for sequestering around 13 PgC/yr from the upper
273 ocean mixed layer into the deep ocean (Ciais et al. 2013). Changes in ocean biodiversity, triggered by
274 temperature changes or ocean acidification, may lead to reduction in the efficiency of the biological pump
275 (Beaugrand, Edwards, and Legendre 2010; Segschneider and Bendtsen 2013; Riebesell et al. 2017; Bindoff et
276 al. 2019). Since biosphere integrity is not well quantified for the ocean (Nash et al. 2017), we estimate this
277 link indirectly as follows, considering both acidification and temperature mechanisms. For acidification
278 effects, we use the experimental sedimentation rate results of Riebesell et al. (2017) to estimate that ocean
279 acidification weakens the biological pump by $0.019\% / \mu\text{atm}$ per μatm change in partial pressure of CO_2 . A

280 change in the climate change planetary boundary from pre-industrial to the boundary value (70 ppm, $\Delta x = 1$)
281 would therefore lead to a weakening of the biological pump of $0.019\% \times 70 = 1.3\%$ (assuming rapid
282 equilibration of ocean mixed layer CO_2 relative to atmospheric CO_2) and $13 \times 1.3\% = 0.17 \text{ PgC/yr}$ not sunk.
283 Compared to annual emissions of 9.5 PgC/yr (Ciais et al. 2013), acidification-induced weakening of the
284 biological pump could accelerate climate change by $0.17/9.5 = 1.8\%$, that is, $\Delta y = 2.0 \times 1.8\% = 0.036$ in
285 normalised units. This leads to an interaction strength for the full feedback *Climate change -> Ocean*
286 *acidification -> Biosphere integrity (ocean) -> Climate change* of 0.036 using Eq. (2). We are only interested in
287 the last link, so we divide the total link by the other two estimated elsewhere in this article, giving an
288 interaction strength $0.036/(1 \times 0.4) = 0.09$. For the temperature effect, we use the decreased atmosphere to
289 ocean flux predicted by Segsneider and Bendtsen (2013) of 0.2 PgC/year by 2100 under RCP8.5 in addition
290 to reductions caused by already identified climate-carbon cycle feedbacks. Compared to annual emissions of
291 9.5 PgC/yr , we attribute an additional $0.2/9.5 = 2.1\%$ to climate change, a change of $\Delta y = 2.0 \times 2.1\% = 0.042$ in
292 normalised units. This scenario involves a change in CO_2 concentrations of $\Delta X = (489.4 - 280) \text{ ppm} = 209.4$
293 ppm (Riahi, Grübler, and Nakicenovic 2007; data taken from <https://tntcat.iiasa.ac.at/RcpDb>) from pre-
294 industrial conditions, or $\Delta x = 3.0$ using Eq. (1). Using Eq. (2), the additional carbon feedback via temperature
295 change therefore leads to an interaction strength for the feedback *Climate change -> Biosphere integrity*
296 *(ocean) -> Climate change* of 0.014. Since we are only interested in the last link, we divide by the interaction
297 strength *Climate change -> Biosphere integrity (ocean)* estimated above, giving an interaction strength
298 $0.014/0.22 = 0.06$. We sum the results for the temperature-mediated and the acidification-mediated
299 interactions to obtain a total interaction strength $0.09 + 0.06 = 0.15$ for *Biosphere integrity (ocean) ->*
300 *Climate change*.

301 Human (reactive): Decreases in ocean biosphere integrity may lead to more energy intensive fishing, leading
302 to increased fuel consumption. Emissions from fishing vessels at 174 million tonnes CO_2 -eq per year, while
303 large, are however a small fraction (0.5%) of total global emissions. Changes in these emissions due to
304 behavioural changes may be less than 0.1% of global emissions. We therefore do not include this interaction
305 in our estimates.

306 *Biosphere integrity (ocean) -> Land system change*

307 Human (reactive): A hypothetical shift in ocean biosphere integrity from pre-industrial to the planetary
308 boundary ($\Delta x = 1$) would imply possible collapse of global fisheries. We speculate that collapse of fisheries
309 could lead to a shift to increased land agriculture to compensate for lost protein. Fisheries contribute
310 currently 6.7% of global protein consumption, and about half the global fishery catch comes from marine
311 capture fisheries (FAO 2016b). Agriculture is responsible for 80% of the impact on the land use change
312 planetary boundary (Campbell et al. 2017). In developing countries, which are generally those more reliant
313 on fisheries, elasticity of land supply ranges from 0.3 to 1 (Tabeau, Helming, and Philippidis 2017); we choose
314 an intermediate value 0.5. Demand for new agriculture to replace lost fish protein would increase land use
315 change $\Delta y = 80\% \times 6.7\% \times 1.5/2 \times 0.5 = 0.02$ (full range 0.01 to 0.04). Using Eq. (2), $s = 0.02$ (full range 0.01 to
316 0.04). This increased agricultural activity will flow on to *Biogeochemical flows* and *Freshwater use* by via the
317 parallel links from *Land-system change* as described below.

318 *Biosphere integrity (ocean) -> Ocean acidification*

319 Biophysical: As described in the *Biosphere integrity (ocean) -> Climate change* link, slowing of the marine
320 biological pump due to ocean acidification and warming could lead to an acceleration of atmospheric carbon

321 concentration with a combined interaction strength of 0.15. Loss of the sink capacity of the marine biological
322 pump will also feed back on ocean acidification. Following through the computation in *Biosphere integrity*
323 (*ocean*) -> *Climate change*, the only figure that changes is the current level of climate change, which we need
324 to replace by the current level of ocean acidification for the present link. This replacement re-scales the
325 interaction strength to $s = 0.15 * 0.8 / 2.0 = 0.06$.

326 1.3 Impacts of land system change

327 *Land system change -> Climate change*

328 Biophysical: We consider effects of land system change on climate change via both carbon emissions and
329 changes in surface properties. Land use change has contributed (180 ± 60) PgC out of total (610 ± 60) PgC
330 anthropogenic carbon emissions since 1870 (Le Quéré et al. 2018). Setting $\Delta x = x = 1.5$ and $\Delta y = y * (180/610)$
331 $= 2.0 * (180/610) = 0.59$, Eq. (2) gives $s = 0.39$. Biogeophysical effects of land use change (such as changes in
332 albedo) have reduced effective radiative forcing by $\Delta Y = -0.4 \text{ W m}^{-2}$ (Andrews et al. 2017). This is equivalent
333 to $\Delta y = -0.4$ in normalised units. Setting $\Delta x = x = 1.5$, Eq. (2) gives $s = -0.27$. We add the effects of these two
334 mechanisms, giving an overall interaction strength $0.39 - 0.27 = 0.13$. The recently released IPCC Special
335 Report on Climate Change and Land (Jia et al. 2019) estimates that anthropogenic land cover change has
336 contributed $0.078 \pm 0.093^\circ\text{C}$ due to biogeochemical and biophysical mechanisms combined. Using the mid-
337 point of this range, 0.078°C compared to current warming 0.85°C (Hartmann et al. 2013) gives a contribution
338 to the current value of the control variable of $\Delta y = 2.0 * 0.078 / 0.85 = 0.18$. With current land-cover change Δx
339 $= 1.5$ gives an interaction strength $0.18 / 1.5 = 0.12$ by Eq. (2), in excellent agreement with our estimate
340 above.

341 Human (parallel): Land system change for agricultural purposes is generally followed by greenhouse gas
342 emissions from agricultural activity on that land. Agriculture emits 25% of all anthropogenic greenhouse
343 gases excluding emissions due to land clearing (Campbell et al. 2017). We therefore set $\Delta x = x = 1.5$ and $\Delta y =$
344 $y * 25\% = 2.0 * 25\% = 0.5$. Using Eq. (2), $s = 0.33$. On the other hand, some forest is cleared not for food
345 production but for biofuels. The intention is that the carbon taken up by crops will compensate for emissions
346 when the fuel is combusted. The net effect of clearing forest has been estimated to increase, not decrease,
347 emissions (Searchinger et al. 2008; Righelato and Spracklen 2007). However the fraction of land cleared for
348 biofuels is very difficult to estimate (Gao et al. n.d.).

349 *Land system change -> Biosphere integrity (land)*

350 Biophysical: Land system change has historically been the main driver of losses of biosphere integrity.
351 Campbell (2017) found that agriculture through land use change has contributed to 80% of the change in
352 biosphere integrity. Similarly, Alkemade et al. (2009) found land system change including the effects of
353 forestry, agriculture, fragmentation and infrastructure contributed to $0.27 / 0.30 = 90\%$ of loss of mean
354 species abundance up until the year 2000. We set the change in biosphere integrity contributed by land use
355 change to $\Delta y = 80\% * 1.5 = 1.2$ and $\Delta x = 1.5$ corresponding to current land use change. Using Eq. (2), $s = 0.80$.

356 *Land system change -> Biosphere integrity (freshwater)*

357 Biophysical: Land system change leads to decreased water quality through sedimentation, altered flows,
358 anthropogenic pesticides, etc. In one recent Amazon study, regression analysis shows that reduction from
359 60% to 0% forest cover in the immediate vicinity of the river ($\Delta X = -60\%$, or $\Delta x = 2.4$) reduces multispecies

360 fishery CPUE (catch per unit effort) by half (Castello et al. 2018). Let us assume that halving of CPUE
361 corresponds to reducing freshwater biosphere integrity to its boundary value ($\Delta y = 1$). Using Eq. (2) gives $s =$
362 0.42 . Castello et al., however, only analysed the effect of forest clearing close to the river. Distant forest
363 clearing presumably affects freshwater biosphere integrity less; we therefore reduce the strength of this
364 interaction by an additional factor of 5. We therefore set the interaction strength to $0.42/5 = 0.08$. This
365 result is consistent with the analysis of Feld et al. (2016), who found that land use has much less effect than
366 geo-climatic factors in freshwater biodiversity in Europe. On the other hand, near-complete land clearing
367 can lead to widespread extinctions of freshwater fish, amphibians and crustaceans (Brook, Sodhi, and Ng
368 2003). We therefore anticipate may be highly nonlinear; we retain the above estimate for small degrees of
369 land-system change within the safe operating space, but expect large land-system change may lead to more
370 than proportionate changes in freshwater biosphere integrity. This estimation is highly speculative and
371 would benefit from further research.

372 *Land system change -> Biogeochemical flows*

373 Human (parallel): Nutrient use on croplands is frequently preceded by clearing that land from forest (Foley
374 et al. 2005). At present, $\Delta x = 1.5$ (Table S1) of forest has been cleared. Agriculture is responsible for around
375 85% of current nutrient use (Campbell et al. 2017); we therefore set $\Delta y = 85\% * y = 85\% * 2.3 = 2.0$. Using Eq.
376 (2), $s = 1.3$.

377 *Land system change -> Ocean acidification*

378 Land cover change has contributed (180 ± 60) PgC out of total (610 ± 60) PgC anthropogenic carbon
379 emissions since 1870 (Le Quéré et al. 2018). These emissions contribute to ocean acidification. Setting $\Delta x = x$
380 $= 1.5$ to correspond to historical levels of land cover change and $\Delta y = y * (180/610) = 0.8 * (180/610) = 0.24$ to
381 correspond to the degree of ocean acidification this has contributed, Eq. (2) then gives $s = 0.16$.

382 *Land system change -> Freshwater use*

383 Biophysical: Sterling, Ducharme, and Polcher (2013) found that historical land system change ($\Delta x = 1.5$, Table
384 S1) has led to an increase in runoff of approximately $1900 \text{ km}^3 \text{ yr}^{-1}$. Rost, Gerten and Heyder (2008) found
385 that historical land use change has increased river discharge by 6.6%; at $12,500 \text{ km}^3/\text{yr}$ historically accessible
386 for human use (Rockström et al. 2009; Postel 1998) this increases accessible freshwater by $6.6\% * 12500 =$
387 $825 \text{ km}^3 \text{ yr}^{-1}$. We take the average of these two estimates, $1362.5 \text{ km}^3 \text{ yr}^{-1}$ (full range 825 to $1900 \text{ km}^3 \text{ yr}^{-1}$).
388 This increase in runoff increases (in the global aggregate) the safe level of human extraction from freshwater
389 systems. Using $Y_{\text{PB}} = 4000 \text{ km}^3 \text{ yr}^{-1}$ and $Y'_{\text{PB}} = (4000 + 1362.5) \text{ km}^3 \text{ yr}^{-1} = 5362.5 \text{ km}^3 \text{ yr}^{-1}$, Eq. (5) gives $s = -0.11$
390 (full range -0.07 to -0.14). Since part of the additional water may be inaccessible due to high flow or remote
391 regions, this value may be an overestimate.

392 Human (parallel): Clearing of land for agriculture has come with increased global freshwater consumption for
393 irrigation. At present, $\Delta x = 1.5$ of land has been cleared (Table S1). Agriculture is responsible for 84% of
394 current freshwater consumption (Campbell et al. 2017), so $\Delta y = 84\% * y = 84\% * 0.65 = 0.55$. Using Eq. (2), $s =$
395 0.36 .

396 *Land system change -> Aerosol loading*

397 Biophysical: Forest fires associated with land clearing emit large quantities of aerosols (Boucher et al. 2013;
398 Munroe et al. 2008) and agricultural land emits increased levels of aerosols (Chen et al. 2019). However we
399 were unable to estimate the proportion of aerosol emissions that can be attributed to land clearing.

400 *Land system change -> Stratospheric ozone depletion*

401 Biophysical: Increasing land surface albedo due to land system change leads to increased UV radiation at the
402 Earth's surface due to scattering of UV photons that have been reflected, thereby decreasing the safe level
403 of ozone depletion (EEAP 2019). We do not have data to estimate the strength of this interaction.

404 **1.4 Impacts of changes in biogeochemical flows**

405 *Biogeochemical flows -> Climate change*

406 Biophysical: Nutrient use in agriculture leads to emission of nitrous oxides that contribute to climate change,
407 but also leads to increased carbon uptake directly through N fertilisation and in non-agricultural soils by
408 ammonia deposition. Nutrient application on land also runs off to stimulate productivity and carbon uptake
409 in freshwater and marine ecosystems (see *Biogeochemical flows -> Ocean acidification* below). The net
410 effect on terrestrial, freshwater and marine ecosystems of current nutrient application ($\Delta x = 2.3$, Table S1) is
411 estimated to be greenhouse gas emissions equivalent to approximately 0.41 PgC/yr (De Vries et al. 2016).
412 Compared to annual emissions equivalent to 9.5 PgC/yr, we attribute $0.41/9.5 = 4.3\%$ of current climate
413 change to nutrient use ($\Delta y = 4.3\% * y = 4.3\% * 2 = 0.086$). Using Eq. (2), $s = 0.04$.

414 Human (parallel): Current nutrient production ($\Delta x = 2.3$, Table S1) uses about 1.2% of global energy
415 consumption (Bernstein et al. 2007). Global energy consumption is in turn about half of total fossil fuel
416 emissions (FAO 2016a). We therefore attribute approximately $1.2\%/2 = 0.6\%$ of current climate change ($\Delta y =$
417 $0.6\% * y = 0.6\% * 2.0 = 0.012$) to energy use by global nutrient production. Using Eq. (2), $s = 0.005$.

418 *Biogeochemical flows -> Biosphere integrity (land)*

419 Biophysical: Moderate nutrient application improves land productivity, but excessive nutrient application
420 can degrade farmland, for example via soil acidification (Guo et al. 2010), eutrophication, and simplification
421 of ecosystems. On agricultural farmland, the net effect of these mechanisms is difficult to currently estimate.
422 On non-agricultural farmland, nitrogen application has been estimated to have contributed to $0.01/0.3 = 3\%$
423 of decreases in Mean Species Abundance (MSY) as of the year 2000 (Alkemade et al. 2009). We set $\Delta y =$
424 $3\% * y = 3\% * 1.5 = 0.045$ (normalised units) and use $\Delta x = 2.3$ corresponding to current levels of nutrient
425 application (Table S1). Using Eq. (2), $s = 0.02$.

426 *Biogeochemical flows -> Biosphere integrity (freshwater)*

427 Biophysical: Nutrient runoff from agricultural application leads to algal blooms, dead zones, loss of fish
428 species, and other degradation of freshwater ecosystems. The nitrogen planetary boundary is currently set
429 at a level according to the safe level of impact on freshwater systems (Steffen et al. 2015). The regional-scale
430 phosphorus use boundary was also recently set based on its impact on freshwater ecosystems (Steffen et al.
431 2015). Since moving biogeochemical flows from pre-industrial to the planetary boundary ($\Delta x = 1$ by

432 definition) causes the freshwater biosphere integrity planetary boundary to be reached ($\Delta y = 1$ by
433 definition), we set $s = 1$ by Eq. (2).

434 *Biogeochemical flows -> Biosphere integrity (ocean)*

435 Biophysical: The phosphorus use boundary was originally defined at 11 Tg P/yr flow from freshwater systems
436 into the ocean as the threshold at which large-scale ocean hypoxic events may begin to occur (Rockström et
437 al. 2009), which would indicate an interaction strength of 1 by the same argument as for *Biogeochemical*
438 *flows -> Biosphere integrity (freshwater)*. Rockström et al. (2009) acknowledged however that the
439 appropriate location of this boundary is however highly uncertain. A large-scale ocean hypoxic event is not
440 currently underway and may not occur for another 1000 years at current rates of phosphorus use
441 (Rockström et al. 2009), despite global phosphorus flows into the ocean at ~ 22 Tg P/yr (Steffen et al. 2015)
442 being well over the planetary boundary. We therefore downgrade the interaction strength by a factor of 20
443 to account for a policy-relevant 50-year time scale, setting $s = 1/20 = 0.05$.

444 *Biogeochemical flows -> Land system change*

445 Human (reactive): Erisman et al. (2008) estimated that artificial fertilisers are responsible for feeding 48% of
446 the world's population. At current population levels with current food production practices, land system
447 change would therefore have to be almost doubled to feed the same population if use of artificial fertiliser
448 were ceased. In this hypothetical situation, however, more expensive food may mean that the global
449 population would not have grown as quickly, reducing demand for land and reducing land system change.
450 More expensive production may also reduce the attractiveness of land clearing for agriculture. We judge
451 there is insufficient data to estimate the strength of this interaction.

452 *Biogeochemical flows -> Ocean acidification*

453 Biophysical: Current nutrient use ($\Delta x = 2.3$) in agriculture leads to increased carbon uptake through
454 fertilisation of terrestrial, freshwater and marine ecosystems of approximately 1.02 PgC/yr but N-induced O_3
455 exposure reduces CO_2 uptake by 0.14 PgC/yr giving a net uptake of 0.88 PgC/yr (De Vries et al. 2016).
456 Compared to annual fossil fuel and cement carbon emissions equivalent to 9.5 PgC/yr, nutrient application
457 has therefore slowed ocean acidification by $\Delta y = 0.8 * (-0.88/9.5) = -0.074$. Using Eq. (2), $s = -0.03$.

458 Eutrophication in coastal waters from increased nutrient runoff can produce carbon dioxide due to increased
459 biological activity and thereby increase ocean acidification (Cai et al. 2011; Wallace et al. 2014). We do not
460 have data available to globally estimate the strength of this interaction. We expect however the interaction
461 to be positive in sign and therefore potentially counteract the negative interaction contributed by terrestrial
462 productivity. *Biogeochemical flows -> Aerosol loading*

463 Biophysical: Increased nutrient input levels cause elevated NH_3 emissions (and also slightly higher NO_x
464 emissions), which and lead to an increase in particulate matter (PM) due to the formation of ammonium
465 nitrate and ammonium sulphate aerosols in the atmosphere, causing impacts on health. The contribution of
466 ammonia emissions to the formation of secondary inorganic aerosols (SIA) generally represents 10–20% of
467 fine particle mass in densely populated areas in Europe, and higher in areas with intensive livestock farming
468 (Hendriks et al. 2013). A recent study showed that a relatively strong reduction in $PM_{2.5}$ levels can be
469 achieved by decreasing agricultural ammonia emissions (Pozzer et al. 2017). The study showed that a 50%
470 reduction of agricultural emissions could reduce prevent the mortality attributable to air pollution by 30, 19,
471 8 and 3% over North America, Europe, East and South Asia, respectively, which could imply related

472 reductions in PM2.5 concentrations. We assume that current levels of biogeochemical flows ($\Delta x = 2.3$)
473 contribute an intermediate value of 15% (full range 0 to 30) of changes in aerosol levels since pre-industrial.
474 We therefore set $\Delta y = 15\% \times y = 15\% \times 1.6 = 0.18$. Using Eq. (2), $s = 0.10$ (full range 0 to 0.20).

475 *Biogeochemical flows -> Stratospheric ozone depletion*

476 Biophysical: Nitrous oxide (N₂O) is currently the most significant anthropogenic ozone-depleting substance
477 being emitted (Ravishankara, Daniel, and Portmann 2009). According to one model, it was responsible for a
478 change in global mean ozone of -1.18 DU in 2000 (Portmann, Daniel, and Ravishankara 2012). Following the
479 same calculation as for *Climate change -> Stratospheric ozone depletion*, we scale this figure to $0.44 \times (-1.18 /$
480 $13.35) = 0.039$. The dominant source of anthropogenic N₂O is soils and is mainly associated with application
481 of nitrogen fertilisers (Campbell et al. 2017). Estimates of the precise contribution of agricultural activity
482 include 66-90% and 49-83%; the mean of the midranges of these estimates is 72%. We therefore attribute
483 $\Delta y = 0.039 \times 72\% = 0.028$ ozone depletion to current biogeochemical flows $\Delta x = 2.3$. Using Eq. (2), $s = 0.012$.

484 **1.5 Impacts of ocean acidification, freshwater use, aerosol loading and stratospheric ozone depletion**

485 *Ocean acidification -> Climate change*

486 Ocean acidification will decrease the capacity of marine organisms to form carbonate shells, which in turn
487 will allow the ocean to absorb more carbon dioxide (Barker, Higgins, and Elderfield 2003). This feedback
488 contributed up to 3.2 PgC/118 PgC = 2.7% of anthropogenic marine carbon in 1994, and may increase the
489 marine carbon sink by 4-13% by the year 3000 (Ridgwell et al. 2007). Taking an intermediate value of 4%, we
490 set the contribution to current climate change at $\Delta y = -4\% \times y = -4\% \times 2.0 = -0.08$ from current ocean
491 acidification $\Delta x = 0.8$. Using Eq. (2), $s = 0.10$.

492 *Ocean acidification -> Biosphere integrity (ocean)*

493 Biophysical: The ocean acidification boundary value ($\Delta x = 1$) is set to the level that will cause severe
494 degradation of marine ecosystems ($\Delta y = 1$) such as the depletion of aragonite-forming organisms (Rockström
495 et al. 2009). Using Eq. (2), we therefore set the interaction strength to $s = 1$.

496 *Freshwater use -> Climate change*

497 Biophysical: Freshwater systems play a significant role in the global carbon cycle (Raymond et al. 2013). How
498 the freshwater carbon cycle is affected by changing river flows is however highly uncertain (Biddanda 2017),
499 so we do not estimate a value here.

500 Human (parallel): Current freshwater use ($\Delta x = 0.65$, Table S1) led to energy consumption of approximately
501 120 Mtoe (million tonnes of oil equivalent) in 2014 (Kęsicki and Walton 2016). Using an energy intensity
502 depending on energy source of around 0.25 kg CO₂/kWh, freshwater consumption led to carbon emissions of
503 around $120 \text{ Mtoe} \times 0.25 \text{ kgCO}_2/\text{kWh} \times 1.163 \times 10^{10} \text{ kWh/Mtoe} \times 12/44 \text{ kgC/kgCO}_2 = 0.095 \text{ PgC}$ per year. We
504 subtract from this consumption the 0.041 PgC/yr identified in the human link *Biosphere integrity*
505 *(freshwater) -> Climate change* to avoid double counting of emissions, leaving 0.054 PgC/yr. Compared to
506 annual emissions of 9.5 PgC/yr (Ciais et al. 2013), we therefore attribute $0.054/9.5 = 0.6\%$ of climate change
507 to freshwater use, that is, $\Delta y = 0.6\% \times y = 0.6\% \times 2.0 = 0.02$. Using Eq. (2), $s = 0.018$.

508 *Freshwater use -> Biosphere integrity (land)*

509 Biophysical: Use of freshwater could drain aquifers and reduce river flow and therefore decrease
510 productivity and lead to salinisation on agricultural and non-agricultural lands (Alaghmand, Beecham, and
511 Hassanli 2013; Kath et al. 2015; Verones et al. 2017; Pfautsch et al. 2015). We lack data to quantify this
512 relationship, however.

513 Human (reactive): Declining freshwater availability may lead to human responses that damage terrestrial
514 ecosystems, such as the construction of dams that inundate forests (Warren 2011). We do not have data
515 available to estimate the strength of this interaction.

516 *Freshwater use -> Biosphere integrity (freshwater)*

517 Biophysical: Flow regimes are a major driver of river ecosystems (Bunn and Arthington 2002). The freshwater
518 use boundary value ($\Delta x = 1$) is set to the value that will cause critical degradation of freshwater systems (Δy
519 = 1). Using Eq. (2), we therefore set the interaction strength to $s = 1$.

520 Human (reactive): Declining freshwater availability may lead to human responses such that damage
521 terrestrial ecosystems such as the construction of dams that impact the functioning of freshwater
522 ecosystems (Warren 2011). We do not have data available to estimate the strength of this interaction.

523 *Freshwater use -> Biosphere integrity (ocean)*

524 Biophysical: Changing freshwater flows can impact coastal ecosystems in complicated ways. For example,
525 reductions in flows could lead to more, the same, or fewer fish landings (Gillson 2011). We are unable to
526 estimate a globally aggregated strength of this interaction.*Aerosol loading -> Climate change*

527 Biophysical: Current levels of aerosol loading ($\Delta x = 1.6$, Table S1) has led to a change in radiative forcing of -
528 0.9 W m^{-2} since pre-industrial (Boucher et al. 2013), that is, $\Delta y = -0.9 \text{ W m}^{-2} / 1 \text{ W m}^{-2} = -0.9$. Using Eq. (2), $s =$
529 -0.56 .

530 Human (reactive): Human concern about air pollution could lead to reductions in polluting activities that also
531 reduce greenhouse gas emissions, as for example is happening in China (Burck, Marten, and Bals 2013). We
532 have not been able, however, to estimate the strength of the effect.

533 *Aerosol loading -> Biosphere integrity (land)*

534 Biophysical: Changed aerosol levels could have a range of impacts on terrestrial ecosystems, including
535 modifying incoming radiation and thereby photosynthetic activity, contributing an additional source of
536 nutrients and acidification of precipitation (Boucher 2015). We have not been able to quantify these effects.

537 *Aerosol loading -> Biosphere integrity (ocean)*

538 Biophysical: Changed aerosol levels could also affect marine ecosystems, primarily through nutrient inputs,
539 but also through modification of incoming radiation (Boucher 2015). We have not been able to quantify
540 these effects.

541 *Aerosol loading -> Freshwater use*

542 Biophysical: Current levels of anthropogenic aerosol loading ($\Delta x = -1.6$, Table S1) under different estimates
543 have decreased global precipitation by 2.0-4.6% (Samset et al. 2018) or 0 to 0.13 mm/day, equivalent to 0 to
544 4.8% (Lohmann 2008). We assume this would lead to a corresponding fractional change in total runoff

545 accessible for human use, historically 12,500 km³/yr (Rockström et al. 2009; Postel 1998) and that this
546 decrease in runoff decreases the safe level of human freshwater consumption. Therefore, with $Y_{PB} =$
547 $4000 \text{ km}^3 \text{ yr}^{-1}$, $Y'_{PB} = 4000 - 12500 * [2.0\% \text{ to } 4.6\%] = 3750 \text{ to } 3425 \text{ km}^3 \text{ yr}^{-1}$ and $Y''_{PB} = 4000 - 12500 * [0\% \text{ to } 4.8\%] = 4000 \text{ to } 3400 \text{ km}^3 \text{ yr}^{-1}$ for the two estimates respectively. Using Eq. (5), we obtain normalised
548 interaction strengths $s = 0.027 \text{ to } 0.068$ and $s = 0 \text{ to } 0.072$ from the two estimates, respectively. However,
549 much of the impact of aerosols on precipitation is mediated by changes in surface temperature (Lohmann
550 2008). This link is already accounted for by our two biophysically-mediated interactions *Aerosol loading* →
551 *Climate change* and *Climate change* → *Freshwater use*. This interaction pathway has strength $-0.56 * -0.08 =$
552 0.045 . This is close to the mid-range of our direct estimates above. We therefore judge that the *Aerosol*
553 *loading* → *Freshwater use* interaction strength is already accounted for by the indirect pathway and set the
554 strength of the direct pathway to zero.
555

556 *Aerosol loading -> Stratospheric ozone depletion*

557 Aerosols absorb UV radiation and therefore generally increase the safe level of stratospheric ozone
558 depletion (EEAP 2019). We do not have data to estimate the strength of this interaction on the global scale.
559 In the planetary boundaries framework, the chlorofluorocarbons and other artificial chemicals that have
560 caused stratospheric ozone depletion are counted within the 'Novel entities' boundary (Steffen et al. 2015),
561 which is not assessed here.

562 *Stratospheric ozone depletion -> Climate change*

563 Biophysical: Stratospheric ozone is a greenhouse gas; depletion of stratospheric ozone has therefore
564 decreased radiative forcing. The decrease has been estimated at $\Delta Y = -0.05 \pm 0.10 \text{ W m}^{-2}$ (Myhre et al. 2013)
565 ($\Delta y = -0.05$ using Eq. (1) at the midpoint of the uncertainty range) for historical changes in ozone $\Delta x = 0.44$.
566 Using Eq. (3), $s = -0.11$. Elevated UV radiation due to ozone depletion could also accelerate decomposition of
567 terrestrial organic matter increasing carbon dioxide emissions (EEAP 2019), but we lack data to estimate the
568 strength of this effect.

569 Human (parallel): The ozone-depleting substances emitted by human activity are themselves greenhouse
570 gases. The net radiative forcing of ozone-depleting substances, including both direct effects and mediated by
571 stratospheric ozone depletion, has been estimated as $0.18 \pm 0.15 \text{ W m}^{-2}$ (Myhre et al. 2013) ($\Delta y = 0.18$ using
572 Eq. (1) at the midpoint of the uncertainty range) for historical changes in ozone $\Delta x = 0.44$. Using Eq. (3), gives
573 an interaction strength 0.41. To avoid double counting, we subtract the strength of the biophysical link
574 estimated above (which is negative), giving $s = 0.52$ for the direct radiative forcing of ozone-depleting
575 substances.

576 *Stratospheric ozone depletion -> Biosphere integrity (land, freshwater, ocean)*

577 Biophysical: Elevated UV radiation due to widespread stratospheric ozone depletion could damage plants
578 and animals, increase rates of decomposition, modify animal sensing and interactions and change
579 community compositions (EEAP 2019). At the same time, moderate increases in UV radiation can have
580 beneficial as well as detrimental impacts on plants (EEAP 2019). Since stratospheric ozone depletion has
581 been confined to high latitudes in the southern hemisphere, relatively few terrestrial or freshwater
582 ecosystems have experienced elevated UV radiation to date. Many southern hemisphere terrestrial
583 ecosystems have however experienced local climate changes resulting from ozone depletion (EEAP 2019).
584 Climate changes driven by stratospheric ozone depletion such as changes in precipitation could affect

585 coastal ecosystems (EEAP 2019). These climate changes have led to significant effects on ecosystems in
586 some cases. We do not have data to estimate the strength of this interaction at a globally aggregated scale,
587 but expect the magnitude of any effect it is currently small compared to other anthropocentric drivers of
588 ecosystem change.

589 *Stratospheric ozone depletion -> Freshwater use*

590 Biophysical: Changed climate patterns driven by stratospheric ozone depletion may have changed
591 precipitation over Australia, New Zealand, and south-eastern South America (EEAP 2019), thereby changing
592 the safe level of freshwater extraction. We do not have data to estimate the strength of this interaction.
593 Given that this effect has led to decreases in precipitation in some areas and increases in others (EEAP 2019),
594 the aggregate effect on global precipitation may be limited.

595 *Stratospheric ozone depletion -> Aerosol loading*

596 Biophysical: Elevated UV radiation due to stratospheric ozone depletion may accelerate the transformation
597 of emitted chemicals such as hydrocarbons into more toxic secondary aerosols such as particulate matter
598 (EEAP 2019), thereby decreasing the safe level of aerosol loading. We do not have data to estimate the
599 strength of this interaction. Currently the strength of this effect may be small since the regions with
600 significant aerosol pollution have experienced relatively small depletion of stratospheric ozone.

601

602 2. Policy interventions

603 We estimate the additional direct impacts Δd on the climate change and land system change planetary
604 boundaries created by the following policy interventions.

605 2.1 Bio-energy carbon capture and storage (BECCS)

606 We used two BECCS scenarios from a global modelling study that cast its results in terms of planetary
607 boundaries (Heck, Gerten, et al. 2018).

608 *Climate change*: BECCS could result in negative emissions of between -1.2 to -6.3 PgC/yr depending on socio-
609 economic scenario and the technology used (Heck, Gerten, et al. 2018). Compared to current carbon
610 emissions of 9.5 PgC/yr (Ciais et al. 2013), we attribute a possible future reduction in climate change of [-1.2
611 to -6.3]/9.5 = -13% to -66%, leading to $\Delta d = [-13\% \text{ to } -66\%] * x = [-13\% \text{ to } -66\%] * 2.0 = -0.25 \text{ to } -1.33$ in
612 normalised units.

613 *Land system change*: Heck et al. (2018) estimated an additional 9-10% loss of forest cover in a large-scale
614 BECCS scenario. Since Eq. (1) is linear in X , we can use it to convert to normalised units, $\Delta d = [-9\% \text{ to } -$
615 $10\%]/(75\%-100\%) = 0.36 \text{ to } 0.40$.

616 Heck, Gerten, et al. (2018) also furnish estimates of impacts on other planetary boundaries. In our model,
617 these impacts occur due to interactions and therefore do not include them as direct impacts. The
618 calculations below show that our model's estimates are conservative, at around half the magnitude
619 estimated by Heck et al., likely because BECCS involves more intensive agriculture than the simple globally
620 and historically aggregated agricultural interactions assumed in our model.

621 *Biosphere integrity (land)*: Heck et al. (2018) estimated an additional 7% loss of land biosphere integrity in a
622 large-scale BECCS scenario. Using Eq. (1), this is a change in normalised control variable of $-7\%/(90\%-100\%) =$
623 0.7 . For comparison, using our biophysically-mediated *Land-system change -> Biosphere integrity (land)*
624 interaction gives a change in normalised control variable of $[0.36 \text{ to } 0.40]*0.80 = 0.29 \text{ to } 0.32$.

625 *Biogeochemical flows*: Heck et al. (2018) estimated additional nitrogen use due to increased agricultural
626 activity of around 60 TgN/yr in a large-scale BECCS scenario. Using Eq. (1), this is a change in normalised
627 control variable of $60/(62-0) = 0.97$. For comparison, using our parallel human-mediated *Land-system*
628 *change -> Biogeochemical flows* gives a change in normalised control variable of $[0.36 \text{ to } 0.4]*1.3 = 0.47 \text{ to}$
629 0.52 .

630 *Freshwater use*: Heck et al. (2018) estimated an increase in freshwater use of 1167 km³/yr in a large-scale
631 BECCS scenario. Using Eq. (1), this is a change in normalised control variable of $1167/(4000-0) = 0.29$. For
632 comparison, using our parallel human-mediated *Land-system change -> Biogeochemical flows* gives a change
633 in normalised control variable of $0.36*[0.36 \text{ to } 0.40] = 0.13 \text{ to } 0.14$.

634 2.2 Low-meat diets

635 From a systematic review of dietary changes (Aleksandrowicz et al. 2016), we selected the only two studies
636 (Tilman and Clark 2014; Davis et al. 2016) that estimated both land use and climate impacts for a global
637 transition to vegetarian diets.

638 *Land system change*: The two studies selected from the systematic review found a 66% and 28% reduction in
639 agricultural land use (Aleksandrowicz et al. 2016). Agriculture currently contributes 80% of global land
640 system change (Campbell et al. 2017), therefore compared to current land use change $\Delta d = [-66\% \text{ and } -28\%]$
641 $\times 80\% \times x = [-66\% \text{ and } -28\%] \times 80\% \times 1.5 = -0.79 \text{ and } -0.34$.

642 *Climate change*: The same two studies selected from the systematic review found a 56% and 43% reduction
643 in greenhouse gas emissions, respectively (Aleksandrowicz et al. 2016). Agriculture currently contributes
644 25% of carbon emissions (Campbell et al. 2017), therefore compared to current climate change $\Delta d = [-56\%$
645 $\text{ and } -43\%] \times 25\% \times x = [-56\% \text{ and } -43\%] \times 25\% \times 2.0 = -0.28 \text{ and } -0.22$.

646 These are the two direct impacts that we plot in Fig 5. Impacts on the other planetary boundaries are
647 mediated by interactions in our model. Below, we show that our model's estimates of interaction-mediated
648 impacts on other planetary boundaries are of similar magnitude to independent estimations from the
649 literature of the effects of low-meat diets on these planetary boundaries. This result is additional evidence of
650 the plausibility of our model.

651 *Biogeochemical flows*: Davis et al. (2016) found that a global vegetarian diet would reduce nitrogen use by
652 approximately 5.4 kg N/year per capita, which at current global population corresponds to 27% of current
653 global nitrogen use. This corresponds to a change in the normalised control variable of $-27\% \times x = -27\% \times 2.3$
654 $= -0.62$. For comparison, using our parallel human-mediated *Land-system change* -> *Biogeochemical flows*
655 gives a change in normalised control variable of $[-0.79 \text{ and } -0.34] \times 1.3 = -1.03 \text{ and } -0.44$ for the two scenarios.

656 *Freshwater use*: Jalava et al. (2014) found that a global switch to a vegetarian diet (0% animal protein) would
657 reduce global blue water consumption use by 14%, corresponding to a change in the normalised control
658 variable of $-14\% \times x = -14\% \times 0.65 = -0.09$. For comparison, using our parallel human-mediated *Land-system*
659 *change* -> *Freshwater use* gives a change in normalised control variable of $[-0.79 \text{ and } -0.34] \times 0.36 = -0.10 \text{ and}$
660 -0.07 .

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