

1 **Sestrins Induce Natural Killer Function In Senescent-like CD8⁺ T Cells**

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34 **Abstract**

35 Ageing is associated with re-modelling of the immune system to enable the maintenance of
36 life-long immunity. In the CD8⁺ T cell compartment, ageing results in the expansion of highly
37 differentiated cells that exhibit characteristics of cellular senescence. Contrary to the paradigm
38 that senescent-like CD8⁺ T cells are dysfunctional, we identified the expression of an
39 NKG2D/DAP12 complex with concomitant loss of TCR signalling activity in these CD8⁺ T cells
40 that promoted cytotoxicity against NKG2D ligand bearing targets. Immunoprecipitation and
41 imaging cytometry showed that the NKG2D/DAP12 complex is associated with sestrin 2
42 (Sesn2). The genetic inhibition of Sesn2 resulted in decreased NKG2D and DAP12 expression
43 whilst restoring TCR signaling in senescent-like CD8⁺ T cells. Therefore, sestrins induce re-
44 programming and re-purposing of non-proliferative senescent-like CD8⁺ T cells to acquire
45 broad-spectrum innate-like killing activity during ageing. This would mitigate against the global
46 loss of immunity that may occur as life expectancy increases inexorably.

47

48 **Introduction**

49 Human life expectancy has doubled over the last 150 years. Therefore, an effective immune
50 system must persist for on average twice as long now compared to in the mid19th century.
51 This raises the question of whether immunity can be maintained indefinitely as human life
52 expectancy continues to increase¹. Since the thymus involutes from puberty onwards, its
53 contribution to the maintenance of the T cell pool decreases considerably during ageing.
54 Instead, antigen specific T cells are maintained in later life by repeated episodes of activation
55 and proliferation after specific or cross-reactive antigenic challenge or by homeostatic
56 cytokines^{2,3}. This extensive proliferative activity leads ultimately to extreme functional
57 differentiation and the development of T cell senescence through telomere erosion that is
58 associated with decreased TCR-related signalling, telomerase activation and growth arrest⁴⁻
59 ⁶. Since replicative activity is impaired as senescence develops, mechanisms other than T cell
60 proliferation may be required to maintain optimal immune protection during ageing.

61 The senescent-like characteristics exhibited by highly differentiated CD8⁺ T cells include low
62 proliferative activity, short telomeres, low telomerase activity and expression of senescence-
63 associated cell surface (CD57 and KLRG1) and intracellular molecules (p38MAPkinase,
64 γ H2AX)^{5,7}. These cells have also been shown to upregulate receptors associated with natural
65 killer (NK) cells and are able to kill NK target cells⁸. However, it is not clear if the acquisition
66 of senescence-like characteristics and NK receptor (NKR) expression by these cells are linked
67 or controlled independently.

68 The sestrins are a family of stress-sensing proteins that are induced by convergent pathways
69 induced by cellular senescence and low nutrient availability that inhibit TCR activation and
70 proliferation in CD4⁺ T cells in both mice and humans⁹. We now show that in CD8⁺ T cells,
71 sestrins also inhibit expression of TCR signaling molecules (LAT, ZAP70, LCK) while
72 concomitantly inducing NK receptors (NKR) including the inhibitory killer-cell lectin-like
73 receptor G1 (KLRG1) and NKG2A and activating NKRs such as NKG2D, in both mice and
74 humans. Furthermore, we show that the sestrins regulate the association of NKG2D with its

75 innate scaffold DAP12 that converts it into a direct activating receptor that induces cytotoxicity
76 and cytokine secretion towards target cells bearing NKG2D ligands, independently of the TCR.
77 Collectively, these data challenge the concept that senescent-like CD8⁺ T cells are a defective
78 end-stage population. Instead we conclude that these cells while non-proliferative are re-
79 programmed during differentiation to recognize and kill via both TCR¹⁰ as well as NKR
80 recognition mechanisms, a process regulated by the sestrins. This may be an adaptation that
81 compensates for the decreased thymic output, that narrows the T cell repertoire^{11–14} and
82 decreases NK cell function that occurs in older people¹⁵. The repurposing of senescent-like
83 CD8⁺ T cells to mediate innate-like functional activity may be crucial to mitigate against the
84 increased burden of tumours and stromal senescent cells that accumulate in tissues during
85 ageing^{16,17}.

86

87 **Results**

88 ***Human CD8⁺ TEMRA cells upregulate NK machinery concomitantly with decreased TCR*** 89 ***complex expression***

90 We first examined the breadth of NKR expression by human CD8⁺ T cell subsets at different
91 stages of differentiation defined by the relative expression of surface CD27 and CD45RA using
92 Affymetrix U133 plus 2 microarrays¹⁸ (**Fig. 1A and Fig. S1A**). We compared gene expression
93 in central memory (CD27⁺CD45RA⁻), effector memory (CD27⁻CD45RA⁻) and terminal effector
94 memory (CD27⁻CD45RA⁺) relative to the naïve (CD27⁺CD45RA⁺) CD8⁺ T cell subset. We
95 identified differentially expressed genes (**Table S1**) based on a minimum of a 2-fold change
96 with a *p* value of < 0.05 and a false-discovery rate (FDR) for multiple comparisons of <
97 0.05%¹⁹. Hierarchical clustering of a selection of genes of interest (listed in **Table 1**) revealed
98 a transcriptional signature that clearly distinguished T_{EMRA} (CD27⁻CD45RA⁺) from naïve
99 (CD27⁺CD45RA⁺) CD8⁺ T cells (**Fig. 1B, C**). This signature included downregulated genes,
100 which were mostly involved in co-stimulation (*Cd28, Cd27*), TCR signaling (*Trac, Cd3e, Cd3g,*

101 *Lck*, *Lat*, *Plcg1*), and proliferation and cell cycle control (*Ccne1*, *Ccnd3*). Compared to naïve
102 cells, highly differentiated CD8⁺ T cells upregulated genes encoding the transcription factors
103 *Zeb2* (fold change: 10.75, $p < 0.0001$) and *Plzf* (*Zbtb16* fold change: 6.48, $p < 0.0001$) in line
104 with previous studies showing that these molecules can regulate memory T cell differentiation
105 and transcriptional control of terminal differentiation^{20,21} and the development of innate-like
106 features in T cells in mice^{22,23}. However, *Plzf* (*Zbtb16*) was also increased in central memory
107 and effector memory CD8⁺ T cells compared to naïve populations (7.7- and 4.8-fold
108 respectively; **Table 1**). Concomitantly, highly differentiated CD8⁺ T cells upregulated genes
109 encoding for NKR, innate signalling adaptors (*Tyrobp*), and molecules involved in effector
110 functions such as cytotoxicity (*Gzma/b*, *Prf*, *Fasl*, *Itgav*, and *Itgb1*)^{24,25}. Highly differentiated
111 cells also upregulated chemokine receptors associated with NK cell migration into tissues
112 (*Cx3cr1*, *S1pr5*, and *Cmklr1*)^{26,27}. Collectively these findings corroborate that terminal
113 differentiation of CD8⁺ T cells is associated with a transcriptional program that promotes
114 cytotoxic effector function at the expense of proliferative potential⁵. Furthermore, such a
115 marked increase in genes related to NK cell function at the level of migration, recognition and
116 cytotoxicity supported the notion that highly differentiated CD8⁺ T cells may become multi-
117 functional by enabling effector action through a mechanism independent of the TCR.

118 To validate the increased expression of NKR on CD8⁺ T_{EMRA} cells relative to naïve cells, we
119 used flow cytometry. We analyzed the cell surface expression of several NKR on CD8⁺ T cell
120 populations in PBMCs isolated from healthy donors across different ages (n = 22; median age
121 = 52; range = 25-83). Irrespective of age, the expression of NKR on non-NK cells was most
122 elevated on CD3⁺CD8⁺CD27⁻CD45RA⁺ T_{EMRA} cells (**Fig. 1D, S1A**) that have been defined as
123 senescent-like^{5,18}. Co-incident with the gene expression analysis, the repertoire of NKR
124 expressed on CD8⁺ T_{EMRA} cells was diverse and included both activating (NKG2D, NKG2C
125 and KIR2DS) and inhibitory (NKG2A, KIR2DL/KIR3DL and CD244) receptors, as well as the
126 maturation markers KLRG1 and CD57 (**Fig. 1D, S1C**).

127 To confirm decreased expression of TCR machinery in senescent-like CD8⁺ T_{EMRA} cells, we
128 isolated CD8⁺ T cell subsets by their relative expression of CD27 and CD28 that enabled the
129 isolation of sufficient cells for functional analyses. Previous studies demonstrated a sequential
130 loss of CD28 and CD27 co-stimulatory receptors on CD8⁺ T cells as they transition from naïve
131 (CD27⁺CD28⁺) to intermediate (CD27⁺CD28⁻) and finally to a terminal or senescent-like
132 (CD27⁻CD28⁻) phenotype^{28,29}. The CD27⁻CD28⁻ CD8⁺ T cell subset contains the EMRA
133 (CD27⁻CD45RA⁺) population and also some effector memory (CD27⁺CD28⁻) cells (**Fig. S1B**).
134 These cells also exhibit increased NKR expression (**Fig. S2A**). It has been shown that
135 senescent-like CD8⁺ T cells, either identified as CD27⁻CD28^{-30,31} or CD27⁻CD45RA⁺³² increase
136 during ageing and exhibit markers of senescence^{5,6,9,33}. We found that senescent-like CD4⁺ T
137 cells, defined by simultaneous loss of CD27 and CD28, also acquired the expression of NKRs,
138 but to a lower degree than their CD8⁺ counterparts (**Fig. S2B**). Western Blot analysis showed
139 a significant downregulation of LCK, LAT and PLCγ1, but conversely increased Zap70
140 expression in senescent-like (CD27⁻CD28⁻) compared to naïve CD8⁺ T cells (**Fig. 1E**).
141 Together, these findings extend previous studies showing an increased expression of NK-
142 lineage receptors on CD8⁺ T cells with characteristics of terminal differentiation and
143 senescence^{8,34,35}.

144 **Individual T_{EMRA} CD8⁺ T cells express NK receptors, cytotoxic machinery and**
145 **characteristics of senescence**

146 It was not clear if the expression of NK receptors, cytotoxicity-related molecules and
147 senescence markers that we found in CD8⁺ T_{EMRA} cells were all present on the same individual
148 cells. To clarify this, we investigated the transcriptomes of ~62k purified CD8⁺ T cells from six
149 healthy older adult donors by single cell RNA-sequencing (scRNA-seq). These cells were
150 separated based on their IL-7R protein expression, with IL-7R^{lo} cells being enriched for T_{EMRA}
151 populations. This resulted in 12 samples (six CD8⁺ IL7R⁺ and six CD8⁺ IL7R⁻ T cells) (**Fig.**
152 **2A**). CD8⁺ IL7R⁺ and CD8⁺ IL7R⁻ samples yielded an average of 6199 cells (SD 1582) and
153 4192 cells (SD 1269) per donor respectively with an average of 1043 and 1011 genes per cell,

154 respectively (Fig. S3A-B). After discarding hybrid transcriptomes (multiplets) using Scrublet³⁶
155 (see Methods), raw data from the 12 samples were combined. scRNA-seq profiles that passed
156 the quality control (Fig. S3C) were then corrected for technical batch effects (e.g., 10X run)
157 using BBKNN³⁷. Unbiased clustering followed by a two-dimensional uniform manifold
158 approximation and projection (UMAP)³⁸ on the corrected data, revealed 13 distinct clusters
159 (Fig. 2B). Cluster assignments were independent of 10X batch (Fig. S3D) and donor (Fig.
160 S3E) effects. IL7R⁺ and IL7R⁻ groups were associated with distinct set of clusters (Fig. 2C).
161 The number of cells within each cluster varied from 9,263 to 915 (Fig. S3F) and their
162 respective IL7R mRNA expression was confirmed (Fig. S3G). We then assigned these
163 clusters to cell types based on differential analysis comparing expression values among cells
164 from a given cluster to all other cells (Supplementary Table 3). For selected genes, including
165 lineage (e.g., CD3E, CD8A or CD4), naïve (e.g., CD27, CCR7, SELL or CD28) and effector
166 (e.g., KLRG1, PRF1 or GZMB) markers, expression values in each cell are shown in Fig. 2D.
167 The populations studied uniformly expressed CD3 and CD8 but not CD4 transcripts (Fig. 2D).
168 The inspection of the expression patterns of naïve and effector markers allowed the definition
169 of C0, C4 and C8 as naïve, and C1, C2 and C6 as T_{EMRA} CD8⁺ T cell associated clusters (Fig.
170 3A). These six selected clusters were then extracted and a second round of clustering was
171 performed (Fig. 3B), which confirmed distinct transcriptomic profiles of the naïve and T_{EMRA}
172 compartments (Fig. 3B, Fig. S4A) and confirms enrichment of the T_{EMRA} compartment in IL-
173 7R⁻ sorted cells (Fig. S4B). The naïve CD8⁺ T cells were characterized by the upregulation of
174 CD27, CD28, CCR7 and SELL, while T_{EMRA} CD8⁺ T cells showed an upregulation of these
175 genes but had increased expression of KLRG1, PRF1 or GZMB relative to the naïve clusters
176 (Fig. S4C).

177 We first investigated the expression of NK-associated genes, within naïve and T_{EMRA}
178 compartments and found an increase of NK-associated genes including FCGR3A (CD16),
179 FCRL6 (NK-related receptor) and TYROBP (DAP12; functional NK adaptor molecule; Fig. 3C)
180 in the latter, confirming our previous results (Fig. 1). We further investigated the relative level

181 of expression of 15 NK-related genes and showed that they were significantly enhanced in the
182 T_{EMRA} compared to the naïve CD8⁺ T cell population (Fig. 3D; Supplementary Table 2). We
183 next assessed the expression of senescence-related genes (e.g., B3GAT1, CDKN1A and
184 CDKN2A) and showed that they were increased in CD8⁺ T_{EMRA} compared to naïve populations
185 (Fig. 3E). We constructed a senescence score based on the average expression of 27
186 senescence associated genes (Supplementary Table 2) and confirmed that the T_{EMRA}
187 population expressed multiple characteristics of senescent cells (Fig. 3F). Although we found
188 that LCK, PLCy1 and LAT were reproducibly decreased in senescent-like CD8⁺ T cells at the
189 protein level (Fig. 1E) this was not observed at the single cell transcriptional level (not shown).
190 This suggests that the expression of these molecules in the senescent-like CD8 subset may
191 be regulated by post translational modification. Collectively our results indicate that the same
192 highly differentiated CD8⁺ T cells, that have characteristics of cellular senescence, also
193 express a range of NK receptors, NK adaptors and cytotoxic machinery.

194 ***Senescent-like CD8⁺ T cells mediate TCR-independent cytotoxicity through NKG2D and*** 195 ***DAP12***

196 Given the upregulation of a wide NK receptor phenotype in senescent-like CD8⁺ T cells we
197 investigated whether these cells were able to mediate NK-like functions independently of
198 TCR/MHC interactions. For this purpose, we used a classical NK target cell, the MHC class I-
199 deficient K562 tumour cell line for *in vitro* cytotoxicity assays. Using the degranulation marker
200 CD107a as a surrogate for cytotoxicity³⁹, we observed that highly differentiated CD8⁺ T cells
201 responded to K562 target cells to the same extent as NK cells (Fig. 4A). We confirmed that
202 the senescent-like CD8⁺ T cell population had cytotoxic activity in a direct functional assay
203 (Fig.S5A-B). To specifically address whether NKG2D could mediate cytotoxic functions of
204 CD8⁺ T cells, we used an MHC class I-deficient tumour cell line (C1R) transfected with the
205 NKG2D ligand MICA*008 (C1R-MICA). The untransfected, MICA-deficient C1R was used as
206 a control (Fig. 4B)⁴⁰. To determine the specificity of NKG2D mediated killing, we used a small
207 interfering RNA (siRNA) for NKG2D or a scrambled siRNA control to knock down NKG2D

208 expression in CD28⁻ CD8⁺ T cells (**Fig. 4C**). siCtrl and siNKG2D CD8⁺ T cells were then co-
209 cultured with C1R or C1R-MICA target cells for 6 hours. siCtrl transfected T cells showed
210 increased degranulation when cultured with C1R-MICA as compared to control C1R cells (**Fig.**
211 **4D**). However, this cytotoxicity towards C1R-MICA was significantly inhibited in siNKG2D
212 transfected CD8⁺ T cells (**Fig. 4D**). Collectively, these findings indicate that CD8⁺ T cells
213 upregulate and utilise NKG2D to kill tumour cells lacking MHC class I and expressing NKG2D
214 ligands. Therefore, these cells may have a functional role in immune surveillance by using
215 TCR-independent, NK-like recognition mechanisms.

216 Although NKG2D is expressed across all subsets of CD8⁺ T cells, the acquisition of NKR
217 dependent cytotoxic functions only occurs in the highly differentiated populations (**Fig. 4A**).
218 Expression of NKG2D on the cell surface requires its association with adaptor proteins to
219 stabilise the immunoreceptor complex and provide it with signalling activity⁴¹. NKG2D is known
220 to associate with two adaptor molecules, DAP10 and DAP12. The former contains an YxxM-
221 motif which activates PI3K signalling^{42,43}. DAP12, however, has an ITAM-motif that can recruit
222 and activate ZAP70/Syk protein kinases directly triggering cytokine release and cytotoxicity⁴⁴⁻
223 ⁴⁶. In human CD8⁺ T cells, NKG2D is predominantly associated with DAP10 (**Fig. S5C**)
224 allowing it to act as a TCR co-stimulatory signal⁷, whereas its association with DAP12 is less
225 well understood. Our transcriptomic data showed that the transcript for DAP12 (*Tyrbp*) was
226 strongly induced in senescent-like CD8⁺ T cells while DAP10 expression was relatively
227 unchanged (**Fig. 1A, Fig 3C and Table 1**). Increased DAP12 expression was observed in
228 highly differentiated CD27⁻CD28⁻CD8⁺ T cells by Western Blot analysis (**Fig. 4E**) and by
229 intracellular flow cytometry (**Fig. 4F**). We therefore hypothesised that NK killing activity in
230 senescent-like CD8⁺ T cells was mediated by NKG2D stimulation in association with DAP12.
231 To investigate this further we immunoprecipitated NKG2D from freshly isolated CD8⁺CD28⁺
232 or CD8⁺CD28⁻ T cell subsets. DAP12 was found in the CD28⁻ population only, confirming the
233 association of DAP12 with NKG2D in highly differentiated CD8⁺ T cells (**Fig. 4G**).

234 We next investigated whether NKG2D ligation induced the phosphorylation of ZAP70/Syk in
235 highly differentiated CD8⁺ T cells (**Fig. 4H**). As expected, CD3 ligation induced ZAP70/Syk
236 phosphorylation, but NKG2D stimulation had a greater effect. Thus, senescent-like CD8⁺ T
237 cells can be activated through stimulation of both the TCR and NKG2D but show an increased
238 propensity to respond to the latter. This was further highlighted by the fact that NKG2D ligation
239 alone was sufficient to induce IFN- γ secretion and granzyme B expression in senescent-like
240 (CD27⁻CD28⁻) CD8⁺ T cells (**Fig. 4I**). Finally, we repeated cytotoxic assays with C1R-MICA or
241 the C1R control cell lines, using CD28⁻CD8⁺ T cells transfected with siRNA to DAP12.
242 Silencing of DAP12 significantly impaired the cytolytic degranulation of CD8⁺ T cells towards
243 C1R-MICA as compared to the scrambled siRNA control (**Fig. 4J**). Together these
244 observations indicate that in senescent-like CD8⁺ T cells, DAP12 expression is upregulated
245 strongly and is necessary and sufficient to convert NKG2D into a direct stimulatory receptor.
246 Although NKG2D is constitutively expressed on all subsets of CD8⁺ T cells, the absence of
247 DAP12 in less differentiated cells explains why NKG2D ligation is insufficient to induce
248 cytokine secretion and degranulation in these subsets. DAP12 has been shown to couple with
249 different activating receptors in addition to NKG2D in NK cells, including activating KIRs
250 (KIR2DS), NKp44 and NKG2C⁴⁸ that are also overexpressed in senescent-like CD8⁺ T cells
251 (**Fig. 1B-D, 3C-D**). Therefore, DAP12 expression may confer (in part) multiple NK-like
252 functions to senescent-like CD8⁺ T cells.

253 ***Senescent-like CD8⁺ T cells express elevated levels of sestrins that impair proximal***
254 ***TCR signalling and modulate the expression of NK cell adaptors***

255 We investigated whether the reduced expression of components of the CD3/TCR complex
256 (**Fig. 1C, 1E**) compromised the efficiency of proximal TCR signaling in senescent-like CD8⁺ T
257 cells. We previously showed that these cells have reduced proliferative activity after TCR
258 stimulation^{5,7}. Indeed, we observed impairment in phosphorylation of CD3 ζ after anti-CD3
259 activation as shown by phospho-flow cytometry (**Fig. 5A**). Although the expression of total
260 Zap70 was increased (**Fig. 1E**), its phosphorylation following anti-CD3 activation was impaired

261 in CD28⁻CD27⁻ relative to CD28⁺CD27⁺ CD8⁺ T cells (**Fig. 5B**). According to the canonical
262 model of TCR signaling, activation of LCK is one of the first events to occur after TCR ligation,
263 leading to the recruitment and phosphorylation of CD3 ζ , Zap70 and the assembly of the LAT
264 signalosome⁴⁹. The observation that highly differentiated/senescent-like CD8⁺ T cells have
265 significantly reduced LCK expression (**Fig. 1E**) may explain the impaired phosphorylation of
266 CD3 ζ after TCR activation. However, the conserved expression of total ZAP70 suggests that
267 this Syk-family tyrosine kinase may be important for the activation of alternative (TCR-
268 independent) pathways in highly differentiated CD8⁺ T cells.

269 It was demonstrated recently that the sestrins, a family of stress-sensing proteins, induce
270 senescent characteristics in CD4⁺ T cell by forming a TCR-inhibitory complex with AMP kinase
271 (AMPK) and the MAP kinases⁹. We investigated if highly differentiated CD8⁺ T cells similarly
272 expressed sestrins and whether these molecules were pivotal in the expression of either NKR
273 or TCR expression by senescent-like CD8⁺ T cells. We found that CD27⁻CD28⁻CD8⁺ T cells
274 exhibited increased sestrin 1 and 2 expression by flow cytometry (**Fig. 5C-D**) and by western
275 blot (**Fig. 5E**). In fact, sestrin 2 is upregulated in total CD8⁺ T cells in people over 65 years of
276 age (**Fig. S5D**). In addition, senescent-like CD8⁺ T cells, much like their CD4⁺ counterparts⁹,
277 had increased levels of an activated MAP kinase, Jnk (**Fig. 5E**). In immunoprecipitation
278 experiments we found that DAP12, sestrin 2 and Jnk were associated with NKG2D (**Fig. 6A**).
279 Furthermore, imaging cytometry confirmed that sestrin 2, DAP12 and phospho-Jnk co-localise
280 in senescent-like, but not naïve, CD8⁺ T cells (**Fig. 6B-D**). This together with our previous
281 observations⁹ strongly suggest that sestrin 2 is associated with the formation of the functional
282 NKG2D/DAP12/Jnk complex in these cells.

283 We next investigated whether the sestrins were directly involved in regulating the expression
284 of NKG2D in senescent-like human CD8⁺ T cells. We transduced isolated human CD28⁻CD8⁺
285 T cells with lentiviral vectors containing inhibitory shRNA against sestrin 1,2 and 3 (**Fig. 6D**).
286 We found that this significantly reduced NKG2D expression (**Fig. 6E**) indicating the direct
287 involvement of sestrins in NKG2D expression in these cells. Blocking Jnk either

288 pharmacologically, or using siRNA (not shown), yielded similar results to sestrin inhibition by
289 knocking down NKG2D (Fig. 6F). Indeed, Jnk blockade increased the frequency of CD28+
290 cells and restored TCR-mediated signalling as detected by CD3-activated Lck
291 phosphorylation, indicating a reconstitution of T cell related function at the expense of NK
292 related activity (Fig. 6F). Together with our previous studies⁹ this indicates that sestrins may
293 act through Jnk to induce NKG2D expression in senescent-like CD8+ T cells.

294

295 ***Yellow fever virus (YFV) vaccination induces upregulation of NKR by YFV-specific CD8+*** 296 ***T cells***

297 We questioned if the upregulation of NKRs by CD8+ T cells occurred exclusively as a result of
298 cellular senescence or if these receptors were expressed at earlier stages of an immune
299 response and maintained as cells differentiated towards senescence in response to antigenic
300 stimulation *in vivo*. To this end, we mined existing, publicly available gene expression data
301 generated by Akondy *et al.* using a cohort of individuals vaccinated against yellow fever⁵⁰.
302 Effector CD8+ T cells, defined as YFV-tetramer+ cells 14 days post-vaccine, and memory CD8+
303 T cells (YFV-tetramer+ 4-13 years post-vaccine) were compared to naïve (tetramer-) cells by
304 RNA-seq. Cytotoxic mediators such as FasL, Perforin (*Prf1*) and granzymes (*GzmA*, *GzmB*)
305 were highly expressed in effector and memory compared to naïve CD8 T cells. Additionally,
306 there was a significant upregulation of multiple NK receptors on antigen-specific CD8+ T cells,
307 including many of the KIRs, CD16, CD57 and NKG2A, as well as chemokine receptors (*S1pr5*,
308 *Cmklr1* and *Cx3cr1*) and NK adaptor proteins such as DAP12 (*Tyrobp*) (**Fig. S6**). Interestingly,
309 the upregulation of these molecules occurred on YFV specific CD8+ T cells during the effector
310 phase of the response and is maintained on these cells in the long-term memory phase. YFV-
311 specific memory CD8+ T cells lacked markers of senescence like CD57, expressed CD27 and
312 CD28 and were polyfunctional. Most importantly, unlike the T_{EMRA} subset, they exhibited
313 excellent proliferative potential *in vitro* suggesting that they were not terminally differentiated⁵¹.

314 This indicates that NKR expression on CD8⁺ T cells is not only limited to senescent populations
315 but is also a feature of antigen-experienced T cells. YFV-specific effector and memory CD8⁺
316 T cell cells did show some downregulation of the TCR signalosome (**Fig. S6**) but this was not
317 as profound as observed in highly differentiated CD8⁺ T cells (**Fig. 1E**). Of note, Sestrin 2 was
318 upregulated in the YFV specific CD8⁺ T cells during both the effector and memory phases of
319 the response (**Fig. S6**).

320

321 ***Sestrins regulate NK function of CD8⁺ T cells in vivo***

322 We next investigated if sestrins directly regulated the expression of NKR expression by CD8⁺
323 T cells *in vivo*. We previously showed that sestrins regulate decreased CD4⁺ T cell function
324 identically in both aged mice and humans⁹. We investigated young wild type (Y WT, ~6 weeks),
325 old wild type (O WT; ~18 months), old sestrin 1 knockout mice (O *Sesn1*^{-/-}; ~18 months) and
326 old sestrin 2 knockout mice (O *Sesn2*^{-/-}; ~18 months). Since NKR were induced on specific
327 CD8⁺ T cells after activation (see above) we vaccinated these groups of mice against
328 methylated BSA (mBSA) and subsequently re-challenged them to induce a delayed-type
329 hypersensitivity response in the footpad as an index of successful immune induction (**Fig.**
330 **S7A**). All groups of mice mounted a DTH response to mBSA re-challenge, however the DTH
331 response in the old groups reached a higher peak of swelling compared to young WT mice
332 (**Fig. S7B**). The response resolved more slowly in old compared to young WT mice, while
333 *Sesn* knockout mice resolved better than their old WT counterparts (**Fig. S7B-C**). Spleen
334 weights post-challenge were equivalent in all groups (**Fig. S7D**).

335 Following the DTH response there were no changes in the proportions of splenic NK cells,
336 iNKT cells, CD4⁺ and CD8⁺ T cells between any of the old and young groups (**Fig. 7A-B**). We
337 did however note that, compared to Y WT mice, effector (CD44⁺CD62L⁻) cells expanded while
338 naïve (CD44⁻CD62L⁺) CD8⁺ T cells were decreased in O WT mice, but not in the *Sesn1*^{-/-} and
339 *Sesn2*^{-/-} animals (**Fig. S7E-F**).

340 We observed that expression of NKG2D, DAP12 as well as NKG2A/C/E and Ly49 were
341 significantly higher on CD8⁺ T cells from old compared to young mice (**Fig. 7C-D, G-H, S8**).
342 However, the absence of sestrin 1 or 2 in old mice prevented the age-induced upregulation of
343 these NK receptors (**Fig. 7C, S8**). This suggests that these receptors are modulated by the
344 sestrins. Importantly, sestrin deficiency did not alter NKG2D (and NKG2A/C/E) expression in
345 *bona fide* NK cells or iNKT cells in any group (**Fig. 7E-F**) indicating that sestrins uniquely
346 regulate NKR in CD8⁺ T cells. Finally, we examined the effect of sestrin deficiency, and
347 subsequent NKR deficiency, on *in vivo* killing of NK targets. To do this we challenged NK-
348 depleted aged WT mice and NK-depleted aged *Sesn1^{-/-}Sesn2^{-/-}Sesn3^{+/-}* mice with differentially
349 labelled Rae-1⁺ and Rae-1⁻ target cells, the former being targets for NKG2D-bearing cells as
350 Rae-1 is the murine equivalent of MICA/B (**Fig. 7I**). Six hours post-injection, we retrieved more
351 Rae-1⁺ target cells from the spleens of knockout mice compared to WT controls (**Fig. 7J**) and
352 observed decreased specific killing of these targets in the knockouts (**Fig. 7K**). Together these
353 data show that the sestrins regulate both NKG2D and DAP12 expression and thereby confer
354 NK-like function through NKG2D in highly differentiated/senescent-like CD27⁻CD28⁻CD8⁺ T
355 cells *in vivo*.

356

357 **Discussion**

358 The overall aim of this work was to understand how T cell related immunity is maintained
359 during ageing despite the constraints imposed on the immune system by thymic involution and
360 the development of replicative senescence in cells that undergo repeated episodes of
361 stimulation throughout life. We provide phenotypic, functional and mechanistic data to support
362 the hypothesis that as CD8⁺ T cells differentiate towards an end stage, they undergo a sestrin-
363 dependent shift towards NK-like functionality. We propose that these cells undergo a defined
364 reprogramming to be able to utilise machinery required to recognise and respond to NK targets
365 while at the same time losing their TCR-dependent potential for activation. This would prevent
366 the loss of these cells through replicative senescence driven by lifelong antigenic re-

367 stimulation while repurposing them to exhibit broad NK activity. This is particularly relevant for
368 T cells that are specific for persistent pathogens such as cytomegalovirus (CMV) and Epstein-
369 Barr Virus (EBV)⁵²⁻⁵⁴. Our data suggest that long term immunity against these viruses during
370 ageing may be maintained in part by specific T cells that have NK-like function and is antigen
371 independent. The key finding here is that this process is regulated by the sestrins.

372 T cell expansion after activation takes time before reaching sufficient numbers for optimal
373 immunity. During this expansion, the host is vulnerable to infections that spread rapidly and/or
374 cause severe pathology and this is prevented in part by NK cells that lyse infected target cells
375 and secrete cytokines without prior activation. NK cell numbers generally increase during
376 ageing with a shift from an undifferentiated CD56^{bright} to a differentiated CD56^{dim} phenotype.
377 However, these cells have reduced cytotoxicity and a decreased capacity to secrete cytokines
378 such as IFN- γ , MIP-1 α and IL-8. This may lead to decreased immune protection, especially
379 during the early stages of infection in older subjects. The development of NK activity by highly
380 differentiated/senescent-like T cells that accumulate during ageing may compensate in part
381 for the age-associated decrease in NK function.

382 Senescent-like T cells in both CD4⁺ and CD8⁺ compartments concomitantly decrease their
383 expression of key components of the TCR signalosome including LCK, ZAP70 and PLC γ 1.
384 We showed previously that the inhibition of sestrins enhances the expression of TCR
385 signalling molecules suggesting that they are a pivotal switch that regulates TCR vs NKR
386 related function in senescent-like T cells. While long term sestrin blockade may be dangerous
387 as it would enhance the proliferation of senescent-like T cells that harbour DNA damage,
388 temporary sestrin blockade could be exploited to increase antigen specific T cell numbers to
389 boost vaccine responsiveness during ageing as suggested previously⁹. This raises the
390 question of when sestrins and NKR expression occurs on T cells after vaccination. Data
391 relating to this was provided by an important series of studies where gene expression was
392 investigated in yellow fever virus specific CD8⁺ T cells after vaccination of previously non-
393 immunized individuals^{50,51}. It was found that both NKR and sestrin expression were

394 upregulated in the effector phase of the response (weeks) and maintained in the memory cells
395 (years; see **Fig. S6**).

396 Other studies support the notion that altered TCR signalling pathways may predispose cells
397 to develop unconventional functions that are not restricted to the TCR/MHC interaction⁵⁵⁻⁵⁷.
398 Furthermore, it has been suggested that the suppression of TCR signalling with acquired
399 responsiveness to innate stimuli is a characteristic that defines innate-like cells⁵⁸. Our
400 observations suggest that senescent-like CD8⁺ T cells should be included as part of the innate
401 lymphoid cell family albeit a population that retains the ability to transition between innate and
402 TCR dependent functions that is regulated by the sestrins. Like in CD4⁺ T cells, it does involve
403 Jnk MAPK⁶. It must be said that, over and above an increase in NK mediators and overlap
404 between sestrins and the NKG2D/DAP12 complex, the exact mechanism by which sestrins
405 orchestrate the TCR to NKR switch is unclear. While the investigation of sestrin deficient
406 animals showed that these molecules do not regulate NKR expression by *bona fide* NK cells
407 or iNKT cells, these studies should be extended to other cell types including $\gamma\delta$ T cell
408 populations.

409 These findings raise questions about the biological significance of such changes and the
410 possible advantage of generating T cells with NK-like characteristics. The acquisition of NKRs
411 by CD8⁺ T cells may be an adaptation to broaden their capacity for immune surveillance by
412 utilising different recognition systems which would compensate for the decreased output of
413 naïve T cells during ageing³⁵. In addition to their capacity to recognise and kill in an MHC-
414 dependent manner, albeit to a lesser extent due to the downregulation of the TCR
415 signalosome, the ability to kill MHCI-deficient and NKG2D-ligand bearing cells may be
416 important for immune surveillance of transformed, stressed, and senescent cells^{16,17}. Given
417 the propensity to develop an increased burden of tumours and infections with age, the
418 expansion of these NK-like CD8⁺ T cells would be an advantageous adaptation and it has
419 been recently suggested that the accumulation of these cells is a predictor of successful
420 ageing¹⁰. It has been shown that senescent cells (non-lymphoid and lymphoid) are

421 inflammatory and increase in many organs during ageing^{59,60}. Furthermore, their removal
422 enhances organ function and retards age-related functional decline^{60,61}. It was shown recently
423 that senescent cells can be recognized and killed by NK cells^{16,63}. Furthermore, NKR
424 expressing CD8⁺ T cells can also kill senescent fibroblasts¹⁵. Therefore, a novel role for NKR
425 on senescent T cells may be in the surveillance and killing of senescent tissue cells. This
426 would identify a co-evolving system where senescent CD8⁺ T cells are able to recognize and
427 kill different senescent cell types in different tissues during ageing.

428

429 **Figure legends**

430 **Fig. 1: Transcriptional signature of human senescent-like CD8⁺ T cells.**

431 **A)** High purity CD8⁺ T cells were isolated from PBMCs of 6 healthy donors and sorted by
432 Fluorescence Activated Cell Sorting (FACS) into naïve (CD27⁺CD45RA⁺), central memory
433 (CD27⁺CD45RA⁻), effector memory (CD27⁻ CD45RA⁻) and terminally differentiated/senescent-
434 like (CD27⁻ CD45RA⁺) CD8⁺ T cells. Numbers in gates represent percentages of cells in each
435 subset from a representative donor. **B)** Gene expression was analysed using Affymetrix U133
436 plus 2 microarrays. Heat map comparing the expression of selected genes of interest between
437 naïve (CD27⁺CD45RA⁺) and highly differentiated/senescent-like CD8⁺ T cells
438 (CD45RA⁺CD27⁻) showing downregulated (in yellow) and upregulated genes (in blue). **C)** The
439 relative fold-change (log₁₀) of differentially expressed genes of interest in CD8⁺ T cell subsets
440 compared to naïve CD8⁺ T cells. The list of genes of interest is shown in **Table 1** and the
441 complete list of differentially expressed genes from the whole-transcriptome analysis (≥2-fold
442 change, p<0.05, FDR<0.05%) is available in **Table S1**. **D)** The expression of NK cell receptors
443 (NKR) on CD8⁺ T cells was assessed by flow cytometry on PBMCs from 22 healthy donors
444 (median age = 52, range 25-83). Total CD8⁺ T cells were stratified into four subsets according
445 to CD27/CD45RA expression as shown in Fig. S1A. **E)** Human CD8⁺ T cells were freshly
446 isolated from PBMCs using magnetic activated cell sorting according to CD27 and CD28
447 expression into CD27+CD28+, CD27+28- and CD27-28- as shown in Fig. S1B Representative
448 immunoblot of the proximal TCR components LCK, PLCγ1, LAT and Zap70. Summary data
449 (n=4) of LCK, Zap70, PLCγ1 and LAT expression normalized to the loading control (GAPDH)
450 and presented relative to the basal expression in CD27+28+ cells set as 1. **D)** Two-way
451 ANOVA with Dunnett's post-test correction and **E)** one-way ANOVA with Tukey's correction
452 (*p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001).

453 **Fig. 2: Single cell RNA-seq (scRNA-seq) shows distinct phenotypic differences between**
454 **naïve and T_{EMRA} CD8⁺ T cells**

455 **A)** Overview of the scRNA-seq processing pipeline. Raw data (n=82,061 sorted CD8⁺ T cells)
456 from six healthy older adult donors (six IL7R⁺ and six IL7R⁻ CD8⁺ T cell samples) were first
457 cleaned from the multiplets, using Scrublet³⁶, then merged, resulting in a dataset containing
458 62,343 cells. After batch correction using BBKNN³⁷, the Scanpy⁶⁶ -based pipeline was ran
459 (see Methods section). **B)** UMAP plot representing the putative identity of each cluster. Each
460 colour represents a cluster. **C)** UMAP plot representing IL7R⁺ (in green) and IL7R⁻ (in purple)
461 CD8⁺ T cells groups. **D)** UMAP plots representing expression values of selected genes. Other
462 aliases or CD numbers of some genes are shown in brackets.

463 **Fig. 3: The cellular distribution of NK and senescence markers within naïve and Temra**
464 **compartments**

465 **A)** Highlighted clusters were considered as naïve (C0, C4 and C8) and T_{EMRA} (C1, C2 and C6)
466 compartments. **B)** A second round of clustering on the selected clusters (n = 39,634) was
467 performed. UMAP plots representing the expression values of **C)** NK and **E)** senescence-
468 associated genes are shown. Other aliases or CD numbers of some genes are shown in
469 brackets. **D)** NK and **F)** senescence scores were calculated based on the average normalized
470 expression of each gene across naïve and T_{EMRA} compartments (gene lists in Supplementary
471 Table 2).

472 **Fig. 4: NKG2D associates with DAP12 in senescent-like CD8⁺ T cells endowing them**
473 **with innate-like functions.**

474 **A)** High purity human CD8⁺ T cell subsets defined by the expression of CD27/CD28 were
475 freshly isolated from PBMCs by FACS (n = 5) and cultured with K562 cells (E:T ratio 2:1) in a
476 6-hour incubation assay. The expression of CD107a, as a correlate of the cytotoxic activity,
477 was assessed by flow cytometry on the indicated subsets of CD8⁺ T cells and on NK cells, as
478 positive controls. **B)** Representative FACS plot of the percentage of MICA/B⁺ cells in C1R cells
479 transduced with MICA*008 (C1R-MICA) or the control cell line (C1R), lacking the expression
480 of MICA. **C)** Representative histogram of NKG2D expression on CD8⁺ T cells after transfection
481 with siRNA for NKG2D (black) or siRNA control (grey), determined 36 hours after transfection
482 using flow cytometry. Numbers indicate MFI of NKG2D. **D)** Summary data (n = 4) of CD107a
483 expression on CD8⁺ T cells transfected with siRNA NKG2D or control siRNA and cultured with
484 C1R-MICA or C1R (E:T ratio 2:1) in a 6-hour incubation assay. *Ex vivo* expression of DAP12
485 on CD8⁺ T cell subsets and NK cells as controls, determined by **E)** western blot (n = 5) and **F)**
486 flow cytometry (n = 12). **G)** Whole-cell lysates from purified human CD8⁺CD28⁺ and
487 CD8⁺CD28⁻ T cells were immunoprecipitated with anti-NKG2D and blotted for DAP12.
488 Detection of light chain IgG (IgGL) served as a loading control. Results are representative of
489 2 independent experiments. **H)** Phosphorylation of Zap70(Tyr319)/Syk(Tyr352) in freshly
490 isolated CD27-28⁻ CD8⁺ T cells after anti-CD3 (OKT3, 10 µg/mL) and anti-NKG2D (1D11, 5
491 µg/mL) stimulation. Numbers indicate the relative expression (normalized to GAPDH).
492 Representative of 2 experiments. **I)** Granzyme B expression (left) and IFN-γ secretion (right)
493 after NKG2D ligation (n = 5). **J)** Human CD8⁺ T cells, transfected with siRNA DAP12 or control
494 siRNA were cultured with C1R-MICA*008/ C1R cells and the expression of CD107a was
495 assessed by flow cytometry (n = 4). Statistical significance determined with Kruskal-Wallis test
496 in A) Friedman test with Dunn's correction in F), two-way ANOVA with Bonferroni correction

497 in D) and J) and one-way ANOVA with Tukey's in I) (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$).

498 **Fig. 5: Senescent-like CD8⁺ T cells express elevated levels of sestrins and display**
499 **impaired TCR signalling.**

500 The efficiency of TCR proximal signaling was assessed in the 3 subsets using phospho-flow
501 cytometry, after TCR crosslinking with anti-CD3 (OKT3, 10 $\mu\text{g}/\text{mL}$). Representative
502 histograms and summary data ($n = 8$) of **A)** CD3 ζ and **B)** Zap70/Syk phosphorylation are
503 shown. Numbers represent the mean fluorescence intensity (MFI) for each subset. Light grey
504 histograms represent unstimulated controls. Summary results presented as the MFI relative
505 to that of CD27⁺CD28⁺ T cells, set as 1. **C)** Sestrin 1 and **D)** Sestrin 2 expression in CD8⁺ T
506 cell subsets determined by flow cytometry ($n = 10$). **E)** A representative donor for the *ex vivo*
507 expression of Sestrin 2 and phospho-Jnk (T183/Y185) on CD8⁺ T cell subsets, determined by
508 western blot. Densitometry data from western blots for all donors is also shown ($n = 3-4$).
509 Statistical significance determined with ANOVA with Friedman test and Dunn's post-test
510 correction **A-B)**, repeated measures one-way ANOVA with Tukey's multiple comparisons test
511 in **C-E)** (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$).

512 **Fig. 6: Sestrins regulate DAP12 and NKG2D expression in CD8⁺ T cells.**

513 **A)** Whole-cell lysates from purified human CD8⁺CD28⁺ and CD8⁺CD28⁻ T cells were
514 immunoprecipitated with anti-NKG2D and blotted for DAP12, Sesn2 and P-Jnk (T183/Y185).
515 Detection of the IgG light chain (IgGL) in immunoprecipitate blots (IP) served as loading
516 control. Results are representative of 2 independent experiments. **B)** Representative images
517 of Sesn2 (AF488, green), DAP12 (PE, red) and P-Jnk (T183/Y185, AF647, yellow) single stain
518 controls as well as CD27⁺CD28⁺ (DP) and CD27⁻CD28⁻ (DN) CD8⁺ T cells stained for both
519 markers on the ImageStreamX Mk2. Nuclei are stained with DAPI (blue). Scale bars – 7 μm .
520 **C)** Overlap of Sesn2 and DAP12 or P-Jnk in CD28⁺ and CD28⁻ CD8⁺ T cells was enumerated
521 based on a Bright Detail Similarity (BDS) score. Values exceeding 2 were considered as being
522 overlapping. Data are normalized to the DP subset for each donor ($n = 6$). **D-E)** Isolated human
523 CD8⁺CD28⁻ T cells were transduced with control (shCtrl) or anti-sestrin (shSesn) vectors. **D)**
524 Representative western blot for Sesn2 and DAP12. **E)** Flow cytometry data for NKG2D
525 expression. Results are presented relative to cells transduced with shCtrl for each donor, set
526 as 1 ($n = 3$). **F)** CD8⁺ T cells were subjected to Jnk inhibition using siRNA or the inhibitor (SP-
527 600125, 10 μM). The frequency of CD28⁺ and NKG2D⁺ cells was evaluated, as well as the
528 phosphorylation of LCK following anti-CD3 stimulation. Paired Student's *t* tests in C-F) (* p
529 < 0.05 , ** $p < 0.01$, *** $p < 0.001$).

530 **Fig. 7: Sestrins induce an age-dependent NK phenotype in CD8⁺ T cells and regulate**
531 **NK function *in vivo***

532 **A)** Polychromatic flow cytometry was used to identify NK1.1⁺ NK cells (violet), TCRβ⁺CD1d
533 tetramer reactive iNKT cells (purple), TCRβ⁺CD3⁺ CD4⁺ (blue) and CD8⁺ (red) T cells. **B)**
534 Quantification of these cell types as a proportion of total splenocytes (n = 3 per group). **C)**
535 Representative pseudocolour density plots for all groups of mice showing CD44 vs NKG2D
536 expression. Frequencies of parent gates are shown in the top right-hand corner. The
537 frequency of NKG2D expression in **D)** CD8⁺ T cells, **E)** NK cells, and **F)** invariant NKT cells
538 was assessed by flow cytometry (n = 3 per group). **G-H)** DAP12 expression was assessed in
539 CD8⁺ T cells from the peritoneum of mice following a DTH challenge. Representative
540 histograms for DAP12 expression on total CD8⁺ T cells are shown in **G)** and data for all mice
541 (n = 3 per group, n = 1 for young WT) are shown in **H)**. Legend under D) applicable to B-H. **I)**
542 Rae-1⁻ cells (light green) and Rae-1⁺ cells (dark green) were stained with low and high
543 concentrations of CFSE respectively. Both were mixed at equal ratios and 2x10⁷ total cells
544 were injected i.v. into the tail vein of old WT and old *Sesn*^{-/-} mice subjected to NK depletion 24
545 h earlier. Mice were left for 6 hours post-challenge before sacrifice. CFSE-labeled cells were
546 examined in spleens, and the ratio of CFSE^{hi} and CFSE^{lo} used to determine NKG2D-mediated
547 killing by the mice. Readouts of *in vivo* cytotoxicity are shown as **J)** the proportion of Rae-1⁺
548 cells retrieved in spleens from WT and *Sesn*^{-/-} mice (n = 3 per group) and **K)** the overall lysis
549 of Rae-1⁺ cells (n = 3 per group). Statistical significance determined with two-way ANOVA with
550 Tukey's multiple comparisons test in **B)**; one-way ANOVA with Tukey's multiple comparisons
551 test in **D-F, H)**; unpaired Student's *t* tests in **J-K)**. (**p* < 0.05, ***p* < 0.01).

552 **Figure S1: Senescent-like CD8⁺ T cells gating and NKR expression**

553 **A)** Representative FACS plots showing NKR expression in peripheral blood lymphocytes,
554 specifically focusing on CD8⁺ T cell subsets stratified by the expression of CD27/CD45RA in
555 healthy donors. **B)** Flow cytometry gating of CD8⁺ T cells to confirm CD27 and CD28
556 expression in subpopulations based on CD27/CD45RA gating. **C)** Confirmation of expression
557 of certain NKRs on CD8⁺ T cell subsets. Numbers in quadrants represent percentages of cells
558 in each subset. Numbers above the histograms indicate the MFI.

559 **Figure S2: NKR Protein expression in CD8⁺ and CD4⁺ T cells defined by CD27/CD28**

560 The expression of NK cell receptors (NKR) on **A)** CD8⁺ and **B)** CD4⁺ T cells was assessed by
561 flow cytometry on PBMCs from 22 healthy donors (median age = 52, range 25-83). Total CD8⁺
562 and CD4⁺ T cells were stratified into three subsets according to CD27/CD28 expression as
563 shown in Fig. S1A.

564 **Figure S3: scRNA-seq method and quality control.**

565 **A)** Number of cells per individual (n=12). IL7R+ (n=6, in green) and IL7R- (n=6; in purple). **B)**
566 Number of genes per distribution across the IL7R+ (in green) and IL7R- (in purple) cells. **C)**
567 Number of cells before (light orange) and after (light blue) filtration (i.e. doublet removal and
568 other filtration steps that are described in Methods), within each individual. **D)** Bar plot
569 highlighting the cell abundances across clusters (n=13) for 10X run batches (upper panel) and
570 IL7R+ and IL7R- groups (lower panel) after BBKNN batch effect correction. **E)** Bar plot
571 highlighting the individual (n=12) cell abundances across clusters (n = 13) after BBKNN batch
572 effect correction. Each color represents an individual. **F)** Number of cells in each cluster. **G)**
573 Violin plot showing the IL7R expression (as defined by scRNA-seq) across the 13 clusters.

574 **Figure S4: scRNA-seq comparison of re-clustered T cells.**

575 **A)** Dotplot showing the genes that are modulated in naïve (top genes in red) and Temras (top
576 genes in green) compartments. The scores (y-axis) were defined using the Scanpy function
577 (sc.tl.rank_genes_groups), based on Wilcoxon statistical test. FC= Fold change. Naïve (C0,
578 C4 and C8) and T_{EMRA} (C1, C2 and C6) compartments were extracted, a second round of
579 clustering on the selected clusters (n = 39,634) was performed (as in Fig. 3) and UMAP plots
580 highlighting **B)** IL7R groups (IL7R+ in green, IL7R- in purple, as defined by flow sorting) and
581 **C)** of representative genes are shown.

582 **Figure S5: TCR-independent cytotoxicity and DAP10 expression in CD8+ T cell subsets.**

583 Calcein-release cytotoxicity assays were performed on CD8+ T cell subsets defined by
584 CD27/CD28 expression and NK cells isolated by FACS. **A)** Titration curve of varying effector
585 to target (E:T) ratios using CD27-CD28-CD8+ T cells (red triangles) and NK cells (black circles).
586 Non-linear regression (5-parameter asymmetric) was performed (n = 3, mean ± sd). **B)**
587 Isolated CD8+ subsets and NK cells were used at a fixed E:T ratio of 20:1. Cytotoxicity was
588 assessed over a period of six hours (n = 3 per group mean ± sd). **C)** Expression of DAP10 on
589 human NK cells, and CD8+ T cell subsets defined by CD27 and CD28. Mean fluorescence
590 intensity is shown (n = 4 for T cell, n = 3 NK cells). **D)** Sestrin 2 expression was determined
591 by flow cytometry on total CD3+CD8+ T cells from young (<35 years, n = 5) and old (>65 years,
592 n = 4) donors. MFIs are shown. Welch's t test, * p < 0.05.

593 **Figure S6: Antigen-specific cells generated during vaccination exhibit an NK**
594 **phenotype.**

595 Data mined from Akondy *et al.* (GSE100745)⁴⁵ showing the relative fold-change (log₂) of
596 differentially expressed genes of interest in YFV-tetramer+ effector (14 days post-vaccination,

597 black bars, n = 3) or memory (4-12 years post-vaccination, red bars, n = 5) compared to naïve
598 (n = 6) CD8⁺ T cells.

599 **Figure S7: Characterization of immune cell subsets and in murine delayed type**
600 **hypersensitivity model.**

601 **A)** Graphical representation of the study design for a mouse model of mBSA driven delayed
602 type hypersensitivity. **B)** A time course of paw size (normalized to the contralateral, PBS
603 control paw) following DTH challenge (time = 0 h) and **C)** the overall response assessed as
604 the integration of the time course data (n=4-10 per group). **D)** Spleens were weighed
605 immediately after harvest. **E)** Polychromatic flow cytometry was used to identify CD44⁻CD62L⁺
606 naïve (grey), CD44⁺CD62L⁺ central (blue), and CD44⁺CD62L⁻ effector (red) cells. **F)**
607 Quantification of these cell types as a proportion of total splenic CD8⁺ T cells (n = 3 per group).
608 The legend shown underneath C-D) is applicable to all panels in this figure. One-way ANOVA
609 with Tukey's multiple comparisons test. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

610 **Figure S8: CD8⁺ T cell subsets and NKR expression in a murine DTH model.**

611 Polychromatic flow cytometry was performed on mouse splenocytes following an mBSA recall
612 challenge. **A)** Expression of NKRs on total splenic CD8⁺ T cells (n = 3 per group). One-way
613 ANOVA with Tukey's multiple comparisons test. * $p < 0.05$, ** $p < 0.01$.

Gene Symbol	Name	Description	Fold Change			P value
			CM/N	EM/N	SEN/N	
NK cell receptors						
NCAM1	CD56	Neural cell adhesion molecule, NK cell marker	1.62	3.9	42.07	0.000013
FCGR3A // FCGR3B *	CD116	Receptor for the Fc region of IgG; Antibody-dependent cellular cytotoxicity	-1.99	1.3	26.31	1.73E-07
B3GAT1	CD57	Marker of replicative senescence	1.05	2.5	8.86	0.000002
CD244 (2B4)	CD244 (2B4)	SLAM receptor; costimulation and inhibition in NK cells; co-inhibition in T cells	2.57	1.59	23.64	0.000003
CD226 (DNAM-1)	DNAM-1	Regulation of cytotoxicity in both NK and T cells	3.79	5.89	3.96	0.002281
KLRD1	CD94	C-type lectin NK cell receptor, dimerizes with NKG2 family of receptors	2.96	4.66	7.31	7.41E-07
KLRC1 // KLRC2 *	NKG2A//NKG2C*	NKG2A inhibitory and NKG2C activating receptor, both recognize HLA-E	2.82	4.32	5.47	0.000027
KLRC3	NKG2E	Activating receptor	-1.5	1.34	7.82	0.000712
KLRC4	NKG2F	Activating receptor	-1.14	1.16	2.15	0.011495
KLRC4-KLRK1 // KLRK1*	NKG2D*	Activating receptor, regulation cytotoxicity and cytokine secretion	-1.32	-1.59	1.02	0.860846
KLRG1	KLRG1	Inhibitory receptor; marker of terminal differentiation	4.91	2.27	4.56	0.000391
KLRB1	CD161	Marker of Th17 phenotype; highly expressed on MAIT cells	6.06	3.94	5.63	0.002317
KLRF1	Nkp80	Activating receptor; marker of functional maturity in both NK and CD8 T cells	1.15	1.65	39.13	0.000016
NCR1 (NKp46)	NKp46	Natural Cytotoxicity Receptor	-1.15	1.29	2.25	2.79E-07
NCR2 (NKp44)	NKp44	Natural Cytotoxicity Receptor	1.16	-1.16	2.2	0.01141
NCR3 (NKp30)	NKp30	Natural Cytotoxicity Receptor	2.97	2.05	1.88	0.041509
KIR2DL1-3	KIR2DL	Killer cell Immunoglobulin-like receptor (inhibitory)	-1.18	2.26	23.78	0.000001
KIR2DS 1-5	KIR2DS	Killer cell Immunoglobulin-like receptor (stimulatory)	-1.1	2.05	18.01	9.79E-07
KIR3DL1-3	KIR3DL	Killer cell Immunoglobulin-like receptor (inhibitory)	1.15	2.48	18.2	6.47E-07
KIR3DS1-3	KIR3DS	Killer cell Immunoglobulin-like receptor (stimulatory)	-1.23	1.75	16.19	0.000198
Costimulatory and homing receptors						
CD27	CD27	Costimulatory Receptor	-1.93	-7.85	-26.53	0.000001
CD28	CD28	Costimulatory Receptor	-1.05	-1.26	-15.48	0.000004
CD274	PD-L1	T cell exhaustion	1.33	2.02	-1.95	0.01804
CCR7	CCR7	Secondary lymphoid organ homing receptor	-2.77	-2.59	-3.88	0.000568
CD69	CD69	Activation marker	1.06	-1.24	-1.17	0.271801
SELL	CD62	Adhesion molecule, migration to secondary lymphoid organs	-2.21	-3.71	-4.65	0.000024
T cell signaling transduction						
TCR-alpha	TCR-alpha	TCR complex	-1.05	-2.32	-8.43	0.005636
CD3D, CD3E, CD3G	CD3 complex	CD3 complex	1.02	1	-1.29	0.002293
LCK	LCK	Lymphocyte protein tyrosine kinase, TCR signaling	-1.25	-1.96	-1.78	0.000107
LAT	LAT	Lynker for activation of T cells, TCR signaling	-1.56	-1.14	-2.15	0.002927
PLCG1	PLCG1	Phospholipase gamma, TCR signaling	-1.52	-2.55	-2.11	0.000117
ZAP70	ZAP70	Syk-family protein tyrosine kinase, TCR signaling	1	-1.05	1	0.861184
HCST	DAP10	YxxM-Motif adaptor molecule, constitutive expression on CD8 T cells	1.28	1.39	1.55	0.000151
Innate signaling molecules						
TYROBP	DAP12	ITAM containing activating signaling adaptor, recruits Zap70/Syk kinases	1.64	2.59	20.98	0.000004
SYK	SYK	Syk-family protein tyrosine kinase, analogous of Zap70, BCR signaling	-1.28	1.1	17.33	0.000099
SH2D1A	SAP	SH2-domain containing molecule, binds SLAM receptors	1.17	-1.05	1.06	0.341073
SH2D1B	EAT-2	SH2-domain containing molecule, binds SLAM receptors	1.01	-1.08	19.2	0.000107
Transcription factors						
EOMES	EOMES	T-box transcription factor, cytotoxic effector differentiation and maturation	1.58	1.61	1.81	0.000789
TBX21	Tbet	T-box transcription factor, cytotoxic effector differentiation and maturation	-1.09	1.26	1.31	0.005497
FOXO1	FOXO1	Survival, proliferation and differentiation of T cells	-1.26	-1.75	-2.47	0.000031
FOXO3 // FOXO3B	FOXO3	Survival, proliferation and differentiation of T cells	1.18	1.5	1.48	0.001226
FOXO4	FOXO4	Survival, proliferation and differentiation of T cells	-1.08	-1.03	1.43	0.065459
FOXP3	FOXP3	Development and function of regulatory T cells	2.78	2.36	-1.14	0.618522
PRDM1	Blimp-1	T cell effector differentiation and terminal maturation	2.97	3.61	3.16	0.002186
RORC	RORC	Th17 lineage differentiation	9.11	5.85	1.11	0.786225
ZBTB16	PLZF	NKT cell effector differentiation	7.65	4.78	6.48	0.000081
ZEB2	ZEB2	Cytotoxic T cell terminal differentiation	2.57	5.5	10.75	0.000039
Cytokine receptors						
IL2RA	IL2R	IL2 receptor	2.65	3.54	2.8	0.021623
IL7R	IL7R	IL7 receptor	1.16	-1.91	-5.06	0.001062
IL12RB1-2	IL12R	IL12 receptor	1.09	-1.01	1.58	0.173214
IL15RA	IL15R	IL15 receptor	1.39	1.6	1.47	0.066267
IL18R1	IL18R1	IL18 receptor	2.76	2.85	3.04	0.000252
IL18RAP	IL18RAP	IL18 receptor accessory protei	8.72	10.51	11.54	0.000092
Cytotoxicity						
GZMA	Granzyme A	Cytotoxicity	3.83	3.53	4.61	0.000159
GZMB	Granzyme B	Cytotoxicity	1.41	1.61	1.46	0.004983
GZMH	Granzyme H	Cytotoxicity	2.51	4.55	3.93	0.00122
GZMK	Granzyme K	Cytotoxicity	3.59	-1.04	-2.01	0.030512
PRF1	Perforin	Cytotoxicity	2.42	4.05	8.29	0.00001
Proliferation and cell cycle control						
CCND3	Cyclin D3	Cell cycle progression	-3.04	-3.43	-2.99	0.002381
CCNE1	Cyclin E1	Cell cycle progression	-2.09	-2.33	-3.21	0.000071
CDKN1A	CDKN1A	Cyclin-dependent kinase inhibitor 1A (p21, Cip1)	3.63	3.99	4.52	0.000515
CDKN2A	CDKN2A	Cyclin-dependent kinase inhibitor 2A (p16)	2.48	2.73	2.53	0.000035
CDKN2B	CDKN2B	Cyclin-dependent kinase inhibitor 2B (p15, inhibits CDK4)	5.11	5.92	4.39	0.000601

614

615 **Table 1: List of selected genes of interest**

616 Numbers denote mean fold changes in gene expression of central memory (CM,
617 CD27⁺CD45RA⁺), effector memory (EM, CD27⁺CD45RA⁻) and senescent-like (SEN, CD27⁻
618 CD45RA⁺) CD8⁺ T cell subsets as compared to naïve (CD27⁺CD45RA⁺) CD8⁺ T cells. The

619 most significant changes are highlighted in bold. Asterisks (*) indicate the inability of Affymetrix
620 microarrays to distinguish between two genes.

Antibody	Conjugate	Clone	Isotype	Manufacturer	Catalogue #	Dilution
Surface markers						
Human						
CD3	BUV395	UCHT1	Mouse IgG1	BD	563546	1:100
CD3	BV711	UCHT1	Mouse IgG1	BD	563725	1:100
CD4	PerCP/Cy5.5	SK3	Mouse IgG1	Biolegend	344608	1:50
CD4	FITC	RPA-T4	Mouse IgG1	BD	555346	1:100
CD8	BV421	RPA-T8	Mouse IgG1	Biolegend	301036	1:50
CD8	BUV737	SK1	Mouse IgG1	BD	612754	1:100
CD27	BV786	L128	Mouse IgG1	BD	563327	1:50
CD28	BV510	T44	Mouse IgG1	Biolegend	302936	1:50
CD45RA	BV605	HI100	Mouse IgG2b	Biolegend	304134	1:50
CD16	APC	VEP13	Mouse IgG1	Miltenyi Biotec	130-091-246	1:10
CD56	FITC	HCD56	Mouse IgG1	Biolegend	318304	1:20
CD56	BUV395	NCAM16.2	Mouse IgG2b	BD	563554	1:100
CD57	FITC	HNK-1	Mouse IgM	BD	333169	1:20
CD57	PE/Dazzle	HNK-1	Mouse IgM	Biolegend	359620	1:100
KLRG1	PE	2F1	Syrian Hamster	Biolegend	138408	1:100
NKG2A	AF700	131411	Mouse IgG2a	R&D Systems	FAB1059N	1:20
NKG2C	APC	134591	Mouse IgG1	R&D Systems	FAB138A	1:20
NKG2D	PE	149810	Mouse IgG1	R&D Systems	FAB139P	1:20
NKG2D	PE/Cy7	1D11	Mouse IgG1	Biolegend	320812	1:20
NKp30	PE	AF29	Mouse IgG1	Miltenyi Biotec	130-099-706	1:20
NKp44	PE	2.29	Mouse IgG1	Miltenyi Biotec	130-092-480	1:20
CD244 (2B4)	PE	C1.7	Mouse IgG1	Biolegend	329508	1:20
CD161	PE	HP-3G10	Mouse IgG1	Biolegend	339904	1:20
KIR2DL2/3	PE	DX27	Mouse IgG1	Biolegend	312603	1:20
KIR2DL1/S1/S3/S5	PE	LB2	Mouse IgG1	Biolegend	339505	1:20
KIR3DL1 (NKB1)	PE	DX9	Mouse IgG1	Biolegend	312707	1:20
iNKT	APC	6B11	Mouse IgG1	Miltenyi Biotec	130-094-839	1:20
TCR αβ-1	FITC	WT31	Mouse IgG1	BD	347773	1:10
TCR Vα7.2	APC/Cy7	3C10	Mouse IgG1	Biolegend	351714	1:100
Mouse						
CD3	Pacific Blue	17A2	Rat IgG2b	Biolegend	100214	1:100
CD3	BV605	17A2	Rat IgG2b	Biolegend	100237	1:100
CD4	BV510	RM4-5	Rat IgG2a	BD	563106	1:100
CD4	PerCP/Cy5.5	RM4-5	Rat IgG2a	BD	550954	1:100
CD8α	BUV737	53-6.7	Rat IgG2a	BD	564297	1:100
CD8α	APC-H7	53-6.7	Rat IgG2a	BD	560247	1:100
TCRβ	PE/Cy7	H57-597	Armenian Hamster IgG2	BD	560729	1:80
CD44	PE/Cy7	IM7	Rat IgG2b	Biolegend	103030	1:50
CD62L	PE	MEL-14	Rat IgG2a	Biolegend	104408	1:50
NK1.1	AF700	PK136	Mouse IgG2a	BD	560515	1:100
CD1d Pentamer	PE	N/A	N/A	ProlImmune	E001-2A-G	1:200
NKp46	BV421	29A1.4	Rat IgG2a	Biolegend	137612	1:80
NKG2A/C/E	APC	20d5	Rat IgG2a	BD	564383	1:50
NKG2D	BV711	CX5	Rat IgG1	BD	563694	1:50
Ly49C/F/I/H	FITC	14B11	Syrian Hamster IgG	Biolegend	108205	1:100
KLRG1	BV605	2F1/KLRG1	Syrian Hamster IgG	Biolegend	138419	1:100
KLRG1	PE/Dazzle 594	2F1/KLRG1	Syrian Hamster IgG	Biolegend	138424	1:100
Intracellular markers						
IL-2	FITC	MQ1-17H12	Mouse IgG1	BD	511408	1:10
IFN-γ	PE/Cy7	B27	Mouse IgG1	BD	557643	1:20
TNF-α	APC	MAB11	Mouse IgG1	BD	340534	1:10
Granzyme B	AF700	GB11	Mouse IgG1	BD	560213	1:10
DAP10	Unconjugated	FL-93	Rabbit IgG	Santa Cruz	sc-25623	1:100
DAP12	PE	406288	Mouse IgG1	R&D Systems	IC5240P	1:10
Sesn1	Unconjugated	EPR1930(2)	Rabbit	Abcam	ab134091	1:100
Sesn2	Unconjugated	Polyclonal	Rabbit	Abcam	ab135597	1:100
Sesn2	Unconjugated	D1B6	Rabbit IgG	Cell Signaling Technologies	84875	1:100
Anti-rabbit	FITC	Polyclonal	Goat IgG	ThermoFisher	31635	1:1000
Anti-rabbit	AF647	Polyclonal	Goat IgG	ThermoFisher	A-21245	1:1000
PhosphoFlow						
P-CD3ζ (CD247) (pY142)	AF647	K5	Mouse IgG1	BD	558489	1:20
P-Zap70/Syk (pY319/pY352)	PE	17A	Mouse IgG1	BD	557881	1:20
Viability dyes						
Zombie NIR	NIR	N/A	N/A	Biolegend	423106	1:1000
Zombie UV	UV	N/A	N/A	Biolegend	423108	1:1000
Zombie Green	FITC	N/A	N/A	Biolegend	423112	1:1000

622 **Table 2: List of antibodies used in Flow cytometry.**

623

624 Excel File (Table S1)

625 **Table S1: Complete list of differentially regulated genes in sorted CD8⁺ T cell subsets**

Gene Symbol	Name/Alias	Description
NK related		
<i>NKG7</i>	NKG7	Natural killer cell granule protein 7
<i>GNLY</i>	Granulysin	Granulysin, NK-lysin
<i>FCGR3A</i>	CD16	Fcγ Receptor 3a, CD16a
<i>FCRL6</i>	FcR-like 6	Fc Receptor-like protein 6
<i>KLRD1</i>	CD94	Killer cell lectin-like receptor subfamily D, member 1. Dimerises with NKG2 family of receptors
<i>KLRB1</i>	NK1.1, CD161	Killer cell lectin-like receptor subfamily B, member 1. CD161
<i>KLRG1</i>	2F1, CLEC15A	Killer cell lectin-like receptor subfamily G, member 1.
<i>TYROBP</i>	DAP12	Tyro protein kinase-binding protein, DAP12. NKG2D signaling adaptor.
<i>KLRK1</i>	NKG2D, CD314	Killer cell lectin-like receptor subfamily K, member 1. NKG2D. Activating NK receptor.
<i>KLRC1</i>	NKG2A, CD159a	Killer cell lectin-like receptor subfamily C, member 1. NKG2A. Inhibitory NK receptor.
<i>KLRC2</i>	NKG2C, CD159c	Killer cell lectin-like receptor subfamily C, member 2. NKG2C. Activating NK receptor.
<i>KLRF1</i>	Nkp80, CLEC5C	Killer cell lectin-like receptor subfamily F, member 1. Activatin coreceptor.
<i>HCST</i>	DAP10	Haematopoietic cell signal transducer. NKG2D signalig adaptor.
<i>NCAM1</i>	CD56	Neural cell adhesion molecule 1. NK marker.
<i>KIR2DL1</i>	CD158a	Killer cell immunoglobulin-like receptor 2DL1. ITIM-linked inhibitory NK receptor.
Senescence related		
<i>SESN1</i>	Sesn1, PA26	Sestrin 1
<i>SESN2</i>	Sesn2, HI95	Sestrin 2
<i>SESN3</i>	Sesn3	Sestrin 3
<i>KLRG1</i>	KLRG1	Killer cell lectin-like receptor subfamily G, member 1.
<i>B3GAT1</i>	CD57	Galactosylgalactosylxylosylprotein 3-beta-glucuronosyltransferase 1.
<i>ATM</i>	ATM	ATM Ser/Thr kinase, Ataxia Telangiectasia Mutated. DNA damage response protein.
<i>ATR</i>	ATR	ATR Ser/Thr kinase, Ataxia Telangiectasia and Rad3-related protein. DNA damage response protein.
<i>RELA</i>	NFKB3, p65	RELA proto-oncogene, NFKB subunit.
<i>RELB</i>	RelB	RELB proto-oncogene, NFKB subunit.
<i>MTOR</i>	mTOR	Mechanistic Target of Rapamycin.
<i>PRKAA1</i>	AMPKa1	AMP-activated protein kinase, catalytic subunit alpha 1.
<i>MYC</i>	c-Myc	MYC proto-oncogene, BHLH transcription factor.
<i>RAD1</i>	Rad1	RAD1 Checkpoint DNA Exonuclease, cell cycle checkpoint and DNA damage checkpoint protein.
<i>RAD17</i>	Rad17	RAD17 Checkpoint Clamp Loader Component, cell cycle checkpoint protein.
<i>RAD50</i>	Rad50	RAD50 Double Strand Break Repair Protein, DNA damage response protein.
<i>MAPKAPK2</i>	MK-2	Mitogen-ActivatedProtein Kinase-Activated Protein Kinase 2.
<i>MRE11A</i>	MRE11, HNGS1	MRE11 Homologue, double strand break repair nuclease.
<i>TNF</i>	TNFA, TNF-alpha	Tumour Necrosis Factor alpha, pro-inflammatory cytokine and SASP component.
<i>HMGB1</i>	SBP-1	High Mobility Group Box 1.
<i>CDC25A</i>	CDC25a	Cell Division Cycle 25A. Cell cycle protein.
<i>MKI67</i>	Ki-67	Marker of Proliferation, Ki-67.
<i>CCND1</i>	Cyclin D1, BCL1	Cyclin D1, cell cycle protein.
<i>CCNE1</i>	Cyclin E1	Cyclin E1, cell cycle protein.
626 <i>CDKN2A</i>	p14, p16, INK4A, ARF	Cyclin-dependent Kinase Inhibitor 2A, cell cycle protein and DNA damage checkpoint protein.

627 **Table S2: Gene list for NK and Senescence used to establish Fig.3D scores**

628 Excel File (Table S2)

629 **Table S3: Complete list (Top 100) of differentially regulated genes in clusters generated**

630 **by scRNA-seq, defined as naïve and T_{EMRA}**

631 Excel File (Table S3)

632

633 **Materials and Methods**

634 ***Study design***

635 The study protocol was approved by the Ethical Committee of the Royal Free and University
636 College London Medical School (Research Ethics number: 11/0473). Written informed
637 consent was obtained from all study participants. Donors did not have any co-morbidity, were
638 not on any immunosuppressive drugs, and retained physical mobility and lifestyle
639 independence. For analyses involving the CD8⁺ T cell, IL7R⁺/IL7R⁻ single cell dataset studies
640 were conducted following approval by the Institutional Review Board (IRB) of the University of
641 Connecticut Health Center (IRB 14-194J-3). After receiving informed consent, blood samples
642 were obtained from 6 healthy old (65+ yr) research volunteers residing in the Greater Hartford,
643 CT, region using services of the University of Connecticut Center on Aging Recruitment and
644 Community Outreach Research Core and following previously published screening criteria
645 (PMID:28904110).

646

647 ***Cell isolation and transfection***

648 Peripheral blood mononuclear cells (PBMC) were isolated by density gradient (Ficoll–
649 Hypaque, Amersham Biosciences, UK) from heparinized blood of healthy donors (n = 22, 26–
650 83 years). Untouched NK and CD8⁺ T cells were freshly isolated by magnetic activated cell
651 sorting (MACS, Miltenyi Biotec, UK) using a negative selection procedure. For microarray
652 analysis, high-purity CD8⁺ T cell subsets were sorted on the basis of CD27 and CD45RA
653 expression¹⁸, using a FACSAria (BD Biosciences, UK) flow cytometer. For functional assays,
654 CD8⁺ T cell subsets were freshly isolated according to CD27/CD28 expression by magnetic
655 activated cell sorting (MACS, Miltenyi Biotec, UK), which identified analogous subsets but
656 provided higher yields of viable cells (> 95% purity) as previously described^{6,9}. Double
657 negative cells were obtained by complete negative isolation. We found that <1% of cells within
658 these isolated populations expressed iNKT markers. Mucosal associated invariant T cells

659 (MAIT) cells express TCR V α 7.2 and these cells constitute ~5% of the peripheral CD8⁺ T cells
660 pool in humans^{64,65}. We found 4% (range 1-7.5%) of these cells in isolated CD28⁺ CD27⁺, 3%
661 (range 1-6.4) in the isolated CD28⁻CD28⁺ and 2.9% (range 1-4.9%) in the isolated CD28⁻CD27⁻
662 CD8⁺ T cells populations. The results obtained are therefore unlikely to be due to
663 contaminating iNKT or MAIT cells in our CD8⁺ T cells populations.

664 Where indicated, freshly purified human CD8⁺ T cells were transfected with small interfering
665 RNA (siRNA) for NKG2D (Santa Cruz Biotechnology, sc-42948) or DAP12 (sc-35172) by
666 electroporation using the Amaxa Human NK Cell Nucleofector Kit and Nucleofector
667 technology (Lonza), according to the manufacturer's instructions. A scrambled control siRNA
668 (sc-37007; Santa Cruz) was used throughout. Efficiency of siRNA transfection was confirmed
669 by measuring the expression of the protein of interest using flow cytometry, 36-48 hours after
670 transfection.

671 ***Microarray data acquisition***

672 Cells purified by FACS were stimulated for 2 hours with 0.5 μ g/ml plate-coated anti-CD3
673 (OKT3) and 5 ng/ml rhIL-2 before RNA isolation using the ARCTURUS PicoPure Isolation Kit
674 (ThermoFisher). The concentration of small quantities of RNA was determined using
675 Nanodrop. Linear amplification of 10 ng of total RNA was performed using the Ovation Biotin
676 RNA amplification and labelling system (NuGEN). Fragmented, labelled cDNA was hybridized
677 to Affymetrix U133 plus 2 arrays.

678 ***Single cell RNA sequencing***

679 **Sample processing:** all samples were processed within one hour from venipuncture.

680 **Cell Sorting:** PBMCs were isolated from fresh whole blood using Ficoll-Paque Plus (GE)
681 density gradient centrifugation. For cell sorting, we used fluorochrome-labeled antibodies
682 specific for CD3 (UCHT1), CD27 (M-T271) (Biolegend), CD4 (RPA-T4), CD19 (HIB19), IgD
683 (IA6-2), CD127 (HIL-7R-M21) (BD Biosciences), and CD8 (SCF121Thy2D3) (Beckman-

684 Coulter). CD8⁺IL7R⁺ (CD8⁺CD127⁺) and CD8⁺IL7R⁻ (CD8⁺CD127⁻) T cells were sorted from
685 the CD19⁻CD3⁺CD4⁻ fraction. Cell sorting was performed using FACS Aria Fusion (BD).

686 **Blood preparation for single cell RNA sequencing (scRNA-seq):** PBMCs were thawed
687 quickly at 37°C and transferred to DMEM supplemented with 10% FBS. Cells were spun down
688 at 400 g, for 10 min. Cells were washed once with 1 x PBS supplemented with 0.04% BSA
689 and finally re-suspended in 1 x PBS with 0.04% BSA. Viability was determined using trypan
690 blue staining and measured on a Countess FLII and samples with <80% viability were
691 discarded. 12,000 cells were loaded for capture onto the Chromium System using the v2 single
692 cell reagent kit (10X Genomics). Following capture and lysis, cDNA was synthesized and
693 amplified (12 cycles) as per manufacturer's protocol (10X Genomics). The amplified cDNA
694 was used to construct an Illumina sequencing library and sequenced on a single lane of a
695 HiSeq 4000.

696 **Single cell Raw data processing and data combination:** Illumina basecall files (*.bcl) were
697 converted to fastqs using cellranger v2.1.0, which uses bcl2fastq v2.17.1.14. FASTQ files
698 were then aligned to hg19 genome and transcriptome using the cellranger v2.1.0 pipeline,
699 which generates a gene - cell expression matrix. The samples were merged together using
700 cellranger aggr from cellranger, which aggregates outputs from multiple runs, normalizing
701 them to the same sequencing depth (normalize=mapped) and then re-computing the gene-
702 barcode matrices and analysis on the combined data (See scripts here:
703 <https://github.com/dnehar/Temra-IL7R-Senescence>).

704 **Scrublet for multiplet prediction and removal:** Generally, we expected about 2 to 8% of
705 the cells to be hybrid transcriptomes or multiplets, occurring when two or more cells are
706 captured within the same microfluidic droplet and are tagged with the same barcode. Such
707 artifactual multiplets can confound downstream analyses. We applied Scrublet³⁶ python
708 package to remove the putative multiplets. Scrublet assigns each measured transcriptome a
709 'multiplet score', which indicates the probability of being a hybrid transcriptome. Multiplet
710 scores were determined for each individual (using the raw data), and 0.7% - 10.7% highest

711 scoring cells were tagged as multiplets after visual inspection of doublet score distributions
712 and excluded from the further analysis.

713 **Single cell processing, clustering and cell type classification:** The aggregated matrices
714 were fed into the Python-based ScanPy⁶⁶ workflow (<https://scanpy.readthedocs.io/en/stable/>),
715 which includes preprocessing, visualization, clustering and differential expression testing. The
716 pipeline we used was inspired by The Seurat⁶⁷ R package workflow.

717 **Quality control and cell-filtering:** We applied the following filtering parameters: (i) all genes
718 that were not detected in ≥ 3 cells were discarded, (ii) cells with less than 400 total unique
719 transcripts were removed prior to downstream analysis, (iii) cells in which $> 20\%$ of the
720 transcripts mapped to the mitochondrial genes were filtered out, as this can be a marker of
721 poor-quality cells and (iv) cells displaying a unique gene counts $> 2,500$ genes were
722 considered outliers and discarded.

723 **Data normalization:** After discarding unwanted cells from the dataset, we normalized the
724 data. Library-size normalization was performed based on gene expression for each barcode
725 by scaling the total number of transcripts per cell to 10,000. We log-transformed the data and
726 then regressed out using the total number of genes and the fraction of mitochondrial transcript
727 content per cell. 1202 highly variable genes (HVG) were identified using
728 `filter_genes_dispersion` scanpy function and used to perform the principal component analysis
729 (PCA).

730 **Linear dimensional reduction using PCA and graph-based clustering:** Dimensionality
731 reduction was carried out in SCANPY via principal component analysis followed by Louvain
732 clustering UMAP visualization using the top 40 significant components (PCs).

733 **Finding marker genes/evaluation of cluster identity:** To annotate the cell type of each
734 single cell transcriptome, we used both differential expression analysis between clusters and
735 classification based on putative marker gene expression. We applied the
736 `'tl.rank_genes_groups'` scanpy function to perform differential analyses, comparing each

737 cluster to the rest of the cell using Wilcoxon test (Supplementary Table 3). We only considerate
738 clusters that showed a distinct transcriptomic programs.

739 **Batch effect correction:** We performed a batch (10X genomics batch) correction using
740 BBKNN (<https://github.com/Teichlab/bbknn>). More details about the parameters used can be
741 found as a Jupyter notebook here: <https://github.com/dnehar/Temra-IL7R-Senescence>.

742 ***NK and Senescence scores:***

743 Gene lists (Table S3) were used to score NK or senescence expression in naïve and Temras
744 CD8 T cells. To do so, we calculated the mean expression for each cell, within each cluster
745 using the h5ad object (adata), as follow:

```
746 adata.obs['NK_score'] = adata.X[:,NK_markers].mean(1).
```

747 The scores were then plotted, as shown in Fig .3D.

748 ***Lentiviral transduction***

749 Sestrin knockdown in human CD8⁺ T cells was achieved using a lentiviral transduction system
750 as described previously⁹.

751 The pHIV1-SIREN-GFP system used for knockdown of gene expression possesses a U6-
752 shRNA cassette to drive shRNA expression and a GFP reporter gene that is controlled by a
753 PGK promoter⁵. The following siRNA sequences were used for gene knockdowns:
754 CCTAAGGTTAAGTCGCCCTCG (shCTRL), CCAGGACCAATGGTAGACAAA (shSesn1),
755 CCGAAGAATGTACAACCTCTT (shSesn2) and CAGTTCTCTAGTGTCAAAGTT (shSesn3).
756 VSV-g pseudotyped lentiviral particles were produced, concentrated and titrated in HEK293
757 cells as described⁹.

758 Cells were cultured in RPMI-1640 medium supplemented with 10% heat-inactivated FCS, 100
759 U/ml penicillin, 100 mg/ml streptomycin, 50 µg/ml gentamicin, 2 mM L-glutamine (all from
760 Invitrogen) and 0.5 ng/ml anti-mycoplasma (Bio-Rad) at 37 °C in a humidified 5% CO₂
761 incubator. Purified human highly differentiated CD28⁻CD8⁺ T cells were activated in the

762 presence of plate-bound anti-CD3 (purified OKT3, 0.5 µg/ml) plus rhIL-2 (R&D Systems, 10
763 ng/ml), and then transduced with pHIV1-Siren lentiviral particles (multiplicity of infection (MOI)
764 = 10) 72 h after activation.

765 ***Flow cytometry and Phospho-flow***

766 Multi-parameter flow cytometry was used for phenotypic and functional analyses of PBMC.
767 For analysis of surface markers, staining was performed at 4°C for 30 min in the presence of
768 saturating concentrations of antibodies (listed in **Table 2**) and a live/dead fixable Near-Infrared
769 stain (Thermo Scientific, L10119). For intracellular analysis of cytokine secretion, cytotoxic
770 granule expression, and sestrin 1, sestrin 2, DAP12, and DAP10 expression, cells were fixed
771 and permeabilized with the Fix & Perm® Kit (Invitrogen, Life Technologies, UK), before
772 incubation with indicated antibodies or the respective isotype controls. For imaging cytometry,
773 samples were acquired on an Amnis ImageStreamX Mk2 using INSPIRE software,
774 magnification 60X. Data were analysed using IDEAS v6.2 software (*Amnis*). Co-localization
775 of signals was determined on a single cell basis using bright detail similarity (BDS) score
776 analysis. Co-localization was considered with BDS ≥ 2.0.

777 For Phospho-Flow cytometry, after staining for surface markers, CD8⁺ T cells were stimulated
778 with anti-CD3 (purified OKT3, 10 µg/mL) for 30 minutes on ice, followed by crosslinking with
779 goat anti-mouse IgG antibody during 30 minutes on ice. Cells were then transferred to an
780 incubator at 37°C, and stimulation was terminated after 10 minutes, with immediate fixation
781 with Cytifix Buffer (PBS containing 4% paraformaldehyde, BD Biosciences) followed by
782 permeabilization with ice-cold Perm Buffer III (PBS containing 90% methanol, BD
783 Biosciences) and staining with antibodies for phospho-proteins (listed in **Table 2**) for 30
784 minutes at room temperature. Samples were acquired on a LSR II flow cytometer (BD
785 Biosciences) and analysed using FlowJo software (TreeStar).

786 ***Cytotoxic assays - CD107a degranulation assay***

787 Freshly isolated NK and CD8⁺ T cell subsets were incubated at 37°C for 6 h with K562 or C1R-
788 MICA/C1R cells, at a fixed effector to target (E:T) ratio of 2:1, in the presence of APC-
789 conjugated CD107a antibody (BD Biosciences), as previously described⁶⁸. Brefeldin A
790 (1 µg/ml; Sigma-Aldrich) and Monensin (1 µg/ml; Sigma-Aldrich) were added in the final 5h-
791 incubation period. Effector cells incubated alone in the presence phorbol-12-myristate-13-
792 acetate (PMA, 50 ng/ml, Sigma-Aldrich) with ionomycin, (250 ng/ml, Sigma-Aldrich) were used
793 as positive control whereas medium alone served as unstimulated (US) control. After
794 incubation, cells were stained for surface markers for 30 min on ice, followed by intracellular
795 detection of cytokines (TNF-α and IFN-γ) and CD107a expression and analysed by flow
796 cytometry.

797 ***Cell lines***

798 K562 (human erythroleukemic) cell line was purchased from the European Collection of Cell
799 cultures (ECCAC, UK) and cultured in 25 cm² flasks (Nunc) in complete RPMI-1640. B-
800 lymphoblastoid cell lines, C1R and C1R transfected with MICA*008 (C1RMICA) were kindly
801 provided by Professor Antoine Toubert (INSERM UMR1160, Paris) and maintained in
802 complete RPMI-1640 in the presence of the aminoglycoside antibiotic G-418 (Sigma, G8168)
803 for selection of transfected cells⁴⁰.

804 ***Western blotting***

805 Human CD8⁺ T cell subsets purified using immunomagnetic separation (MACS) according to
806 CD27/CD28 expression were stimulated with anti-CD3 (purified OKT3, 10 µg/mL) or anti-
807 NKG2D (1D11, 10 µg/mL) before lysis. Cells were normalized by equal cell number, harvested
808 and lysed in ice-cold Radio-Immunoprecipitation Assay (RIPA) buffer (Sigma-Aldrich, UK),
809 supplemented with protease and phosphatase inhibitors (GE Healthcare, Amersham, UK),
810 during 30 minutes on ice. Cell lysates were processed for immunoblot analysis as described⁶.

811 ***Immunoprecipitation***

812 Human CD8⁺ T cells were separated into CD28⁺/CD28⁻ fractions (to obtain sufficient number
813 of cells for analysis) and stimulated with anti-NKG2D (1D11, 10 µg/mL) or isotype control, for
814 30 minutes at 4 °C. Lysates from 1x10⁷ cells were prepared with ice-cold HNGT buffer (50
815 mM HEPES, pH 7.5, 150 mM EDTA, 10 mM sodium pyrophosphate, 100 mM sodium
816 orthovanadate, 100 mM sodium fluoride, 10 mg/ml aprotinin, 10 mg/ml leupeptin and 1 mM
817 phenylmethylsulfonyl fluoride), for 30 minutes on ice. Cell lysates were incubated overnight at
818 4°C with anti-NKG2D antibody (clone 5C6, Santa Cruz) or control antibody, followed by
819 precipitation with 10 µL of pre-washed protein A/G agarose beads (sc-2003, Santa Cruz) for
820 3 h at 4°C on a rotary shaker. After extensive washing in HGNT buffer, supernatants were
821 recovered and processed for immunoblot analysis, as described above. Co-
822 Immunoprecipitated proteins were detected after incubation with primary antibodies followed
823 by incubation with mouse anti-rabbit IgG (conformation-specific antibody; L27A9; Cell
824 Signaling) or mouse anti-rabbit IgG light chain (L57A3; Cell Signaling) and by a secondary
825 anti-mouse IgG antibody (7076; Cell Signaling).

826 ***Animal housing***

827 *Sesn1*^{-/-} and *Sesn2*^{-/-} mice were described previously⁹. The mouse ageing study was
828 performed at the University of Michigan, where the animal procedures were approved by the
829 Institutional Animal Care & Use Committee and overseen by the Unit for Laboratory Animal
830 Medicine. All mice were rested for at least 10 days before being used for *in vivo* studies.
831 Animals were housed under standard conditions, maintained in a 12 h/12 h light/dark cycle at
832 22 °C ± 1 °C and given food and tap water *ad libitum* in accordance with United Kingdom
833 Home Office regulations (PPL-P69E3D849) and the NIH guideline.

834 ***Murine delayed type hypersensitivity model***

835 Knockout and age-matched (18-month-old) C57BL66J WT control mice were imported from
836 the University of Michigan. Young (~6 weeks) WT mice were purchased separately from
837 *Charles River*. All mice were male. The methylated BSA (mBSA) delayed type hypersensitivity

838 model was performed as described previously⁶⁹. Mice were sensitized at the base of the tail
839 with a 50 µl injection of mBSA in Freund's complete adjuvant (20 mg/ml solution of mBSA in
840 saline emulsified with an equal volume of Freund's adjuvant containing 4 mg/ml
841 *Mycobacterium tuberculosis* H37Ra, *Sigma Aldrich*). An immune response was evoked 14
842 days later by subplantar challenge with 50 µl of mBSA in saline (1 mg/ml). The contralateral
843 paw received a saline-only injection and served as a control. The immune response is reported
844 as the difference in paw swelling between left and right paws as determined using callipers
845 (POCO2, Kroeplin). Mice were sacrificed 7 days post-challenge, according to Schedule 1,
846 using an increasing concentration of CO₂. Death was confirmed by cervical dislocation.
847 Spleens and inguinal lymph nodes were obtained, weighed and dispersed through a 70 µm
848 followed by a 35 µm sterile cell sieve (*Becton Dickinson*) to yield single cell suspensions. Cell
849 numbers were enumerated by haemocytometer and up to 10⁶ cells were used for
850 polychromatic flow cytometry.

851 ***In vivo cytotoxicity***

852 24-month-old knockout (*Sesn1*^{-/-}*Sesn2*^{-/-}*Sesn3*^{+/+}) males were imported from the University of
853 Michigan. Age-matched wild type female C57Bl/6J mice were purchased from Envigo. Natural
854 killer cells were depleted by intraperitoneal injection of 100 µg anti-NK1.1 antibody (PK136,
855 BioXCell) 24 hours before cell challenge. The high Rae-1 expressing myeloma cell line 5TGM
856 was labeled with 5 µM CFSE, while splenocytes stained with 0.5 µM were used as Rae-1⁻
857 controls. Both cell types were mixed at equal ratios and 2x10⁷ were co-injected i.v. Mice were
858 left for 6 hours before being sacrificed. As a measure of Rae-1 directed killing, the ratio of
859 CFSE^{hi} compared to CFSE^{lo} was used to determine Rae-1⁺ cell retrieval and specific lysis.

860 ***Statistical analysis***

861 Statistical analysis was performed using GraphPad Prism version 6.00. Tests were used to
862 determine data distribution and depending on the normality of the data, comparisons were
863 performed using the Student *t* test (for two groups, parametric) or the non-parametric Mann–

864 Whitney U test (for two groups, unpaired) and the Wilcoxon signed rank test (for two groups,
865 paired) with two-tailed *P* values unless otherwise stated. When comparing more than two
866 groups, we used one-way ANOVA (parametric, > 2 groups, unpaired), repeated measures
867 ANOVA (parametric, > 2 groups, paired), Kruskal–Wallis (non-parametric, > 2 groups,
868 unpaired) or Friedman (non-parametric, > 2 groups, paired) tests with post-correction for
869 multiple comparisons, as appropriate. The two-way ANOVA test was used to compare the
870 effects of two independent variables between groups. Linear regression analysis was
871 performed to generate lines of best fit and correlations between variables were analysed using
872 Pearson's or Spearman's rank correlation coefficient (*r*). Differences were considered
873 significant when $p < 0.05$ (*), $p < 0.01$ (**), $p < 0.001$ (***) and $p < 0.0001$ (****). Data are
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896

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900 healthy older adult subjects. GAK recruited all the healthy older adult donors subjects in
901 Farmington. CT. A.L., E.S.C. and N.E.R. designed and performed experiments. S.W. and J.S.
902 designed and performed *in vivo* cytotoxicity studies. S.M.H. and A.N.A. designed and
903 performed the microarray studies. N.A.M., V.H.T. and S.M.J. analysed the microarray and
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908 **Data and materials availability:** The complete microarray dataset is available online from
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911 kr95cg03kfsihskbfffefbhv7kck2a2g9](https://thejacksonlaboratory.box.com/s/kr95cg03kfsihskbfffefbhv7kck2a2g9)).

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