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Novel therapeutic targets in epilepsy: oxidative stress and iron metabolism

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Malformations of Cortical Development (MCD) are one of the most frequent causes of multidrug-resistant focal epilepsy, of which focal cortical dysplasia type IIb (FCDIIb) and Tuberous Sclerosis (TS) are two of the commonest lesions encountered (1, 2). TS cortical lesions (cortical tubers) and

FCD IIb have been long recognised to share histological similarities; a recent leap in our understanding, confirming their relationship, has been the identification of low level somatic mutations in mTOR (mechanistic target of rapamycin) pathway genes in FCD types (3). The term 'mTORopathies' has been coined for this group (4) as a disease continuum, and mutations have now been confirmed in up to 46% of FCD lesions (5) but with mTOR activation evident in virtually all TS/FCDIIb cases by demonstration of phosphorylation of downstream protein targets such as pS6. mTOR is a master regulator of many critical cellular metabolic processes, including attenuation of inflammatory responses and cell survival. Experimental studies support its influence over the cytopathology and migratory abnormalities observed in these developmental lesions (6). However, how mTOR initiates or interacts with the processes leading to epileptogenesis is a more elusive, complex and critical question with likely 'cross talk' between multiple cellular pathways. In the recent study from the Van Vliet and Aronica laboratories, Zimmer *et al.* explore cellular alterations in the mTORopathies using multiple experimental paradigms, focusing on the interactions between seizures, mTOR activation, pro-inflammatory mechanisms, miR155 expression and the effects on cellular oxidative stress (OS) and iron metabolism(7).

OS is a self-propagating phenomenon involving reactive oxygen species (ROS), reactive nitrogen species (RNS), and reactive lipid species (RLS), inducing lipid peroxidation and cellular damage with 4-hydroxy-2-nonenal (4-HNE) production (8). When OS occurs, endogenous antioxidant mechanism (such as Nrf-2 signalling) prevent cell damage and death (8). OS is also closely related to neuroinflammation (9) and a growing body of evidence also implicates neuroinflammatory mechanisms in FCDIIb and TS (10-14). In a previous recent study from this group, they found co-existence of neuroinflammatory markers (TLR4, COX2, and NF- κ B) and OS markers (xCT, iNOS) in

FCDIIb and TS (15) and they have also recognised microRNAs as being key players in the regulation of inflammatory responses in TS, in addition to mTOR (16).

The current study explores the relationships between OS, miR155 and mTOR and confirms that there is lipid peroxidation (4-HNE) and DNA double-strand damage (γ H2A.X) in pS6-positive lesional cells, providing evidence of OS-related damage. Notably, they observed evidence of OS in hippocampal astrocytes and increased miRNA155 in the hippocampus and cortex, even before seizure onset in a TS mouse model (*Tsc1GFAP^{-/-}*). Using astrocyte cultures, they demonstrated that overexpression of miR155 increases susceptibility to OS, and induced OS-reactive and iron regulatory genes, likely influencing free-iron availability.

This circle of experiments then led them back to explore the question of iron metabolism in surgical TS and FCDIIb cases, and they identified increased ferritin in lesional cells, albeit with some heterogeneity, but again with a correlation with mTOR activation. Similar findings were also confirmed in their TS mouse model, again at a phase before seizure onset, indicating both OS and iron dysregulation as early events. This is also in keeping with previous work showing inflammation occurs before seizures in the TSC brain (13) and mouse models (17). They also found 4-HNE reactivity and ferritin in neuronal precursors in fetal TS tissues and upregulation of both antioxidant and iron regulatory genes shown in an independent TS cohort. They showed that prolonged activation of Nrf-2 from OS in mTORopathies leads to accumulating of intracellular iron and propose that the disturbance in iron metabolism further exacerbates OS. Moreover, as Nrf-2 signalling plays an essential role in mediating iron metabolism (18), although the short term activation of Nrf-2 signalling could help balance the OS and prevent cellular damage by inducing antioxidant mechanism paradoxically the long term effects could cause iron

overloaded and exacerbate lipid peroxidation and ferroptosis (8).

Of key importance in this unravelling of complex cellular interactions in the mTORopathies is the exposure of potential new druggable targets in the early stages of epileptogenesis. Most current anti-epileptic drugs control seizures only. Therefore, mTORopathies are largely drug-refractory and surgery is currently the best treatment option for FCDIIb with post-operative rates of seizure freedom of around 32-66% (19). Future personalised treatments, precisely targeting aberrant cells and pathways, are the ultimate goals. Broad spectrum mTOR inhibitors show promise (20) but have limitations and side effects with long-term use. Zimmer *et al.* propose that agents inhibiting iron adaptation, such as Nrf-2 inhibitors or ferroptotic agents, may represent alternative future strategies in the intervention of aberrant pre-epileptogenic cellular processes in these disorders and therefore seizure prevention.

Conflicts of interest

The authors declare no conflicts of interest relevant to this publication.

Author contribution

All authors contributed to writing this editorial.

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