



**Reproductive phenotype predicts adult bite-force performance in sex-reversed dragons (*Pogona vitticeps*)**

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3 **Reproductive phenotype predicts adult bite-force**  
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6 **performance in sex-reversed dragons (*Pogona vitticeps*)**  
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**Running header:**

Bite-force in sex reversed dragons

**RESEARCH HIGHLIGHTS**

Male bearded dragon lizards (ZZm) bite more forcefully than either chromosomally concordant females (ZWf) or sex-reversed females (ZZf), and this difference is associated with differences in head size and allometric scaling.

**ABSTRACT**

Sex related differences in morphology and behaviour are well documented, but the relative contributions of genes and environment to these traits are less well understood. Species that undergo sex reversal, such as the central bearded dragon (*Pogona vitticeps*), offer an opportunity to better understand sexually dimorphic traits because sexual phenotypes can exist on different chromosomal backgrounds. Reproductively female dragons with a discordant sex chromosome complement (sex reversed), at least as juveniles, exhibit traits in common with males (e.g., longer tails, greater boldness). However, the impact of sex reversal on sexually dimorphic traits in adult dragons is unknown. Here we investigate the effect of sex reversal on bite-force performance, which may be important in resource acquisition (e.g., mates and/or food). We measured body size, head size, and bite force of the three sexual phenotypes in a colony of captive animals. Among adults, we found that males (ZZm) bite more forcefully than either chromosomally concordant females (ZWf) or sex-reversed females (ZZf), and this difference is associated with having relatively larger head dimensions. Therefore, adult sex-reversed females, despite apparently exhibiting male traits as juveniles, do not develop the larger head and enhanced bite force of adult male bearded dragons. This is further illustrated in the full sample by a lack of positive allometry of bite force in sex-reversed females that is observed in males. The results reveal a close association between reproductive phenotype and bite force performance, regardless of sex chromosome complement.

## 1. INTRODUCTION

Sexual differences, most notably of secondary sexual characteristics, are a key aspect of within-species variation impacting on anatomy, behaviour, physiology, and life history (Stauber & Booth, 2003; Thompson & Withers, 2005; Wotherspoon & Burgin, 2011; Chen, Stuart-Fox, Hugall, & Symonds, 2012; McLean, Chan, Dickerson, Moussalli, & Stuart-Fox, 2016; Hoops et al. 2017; Littleford-Colquhoun et al., 2019). Sex determination mechanisms in reptiles are incredibly diverse, exhibiting a rich evolutionary history of repeated independent transitions between sex determination modes (Sarre, Ezaz, & Georges, 2011; Gamble et al., 2015; Pokorna & Kratochvil 2016; Alam, Sarre, Gleeson, Georges, & Ezaz, 2018). The accumulating evidence of species that employ both primary cues (genes and environment) to determine sex (transitional systems, Shine, Elphick, & Donnellan, 2002; Radder, Quinn, Georges, Sarre, & Shine, 2008; Holleley et al., 2015; Holleley, Sarre, O'Meally, & Georges, 2016; Hill, Burrige, Ezaz, & Wapstra, 2018), points to the existence of a continuum of states from complete genetic control via sex chromosomes to complete dependence on environmental influence over sex (Sarre, Georges, & Quinn, 2004). The potential for naturally occurring sex reversal (Jiménez, Burgos, Caballero, & De La Guardia, 1988; Holleley et al., 2015; Baroiller & D'Cotta, 2016; Ginot, Claude, Perez, & Veyrunes, 2017) is the hallmark of transitional systems. A small number of studies of terrestrial vertebrates indicate that the de-coupling of chromosomal and phenotypic sex, via sex reversal, can result in individuals bearing a mixture of male-like, female-like, or novel traits (Li, Holleley, Elphick, Georges, & Shine, 2016; Deveson et al., 2017; Ginot et al., 2017). Such differences in phenotype may be associated with significant differences in fitness,

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3 and thus be informative for predicting the evolutionary stability of the sex  
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5 determination system (Holleley et al., 2015; Schwanz, Georges, Holleley, & Sarre, in  
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7 press). Therefore, to interpret the evolution of sex determination and associated life  
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9 histories, we need to better understand how sexually dimorphic traits are manifested  
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11 in sex-reversed individuals with discordant genotypic and phenotypic sex.  
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15 The central bearded dragon (*Pogona vitticeps*) provides an excellent model  
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17 organism for studying sexually dimorphic phenotypic traits. The species is sexually  
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19 dimorphic (Badham 1976), with a transitional mode of sex determination, exhibiting  
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21 simultaneous genetic and environmental influence over sex (Ezaz et al., 2005; Quinn  
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23 et al., 2007). Heterogametic individuals (ZW) are always female (ZWf).  
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25 Homogametic individuals (ZZ) develop as males at moderate egg incubation  
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27 temperatures (22°C-32°C) (ZZm), but at higher incubation temperatures ( $\geq 32^\circ\text{C}$ ) a  
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29 proportion of chromosomal males will develop into functional, reproductive females  
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31 (ZZf) (Quinn et al., 2007; Holleley et al., 2015). This temperature induced sex  
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33 reversal is known to occur in the wild and may be increasing in frequency as a result  
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35 of climate change (Holleley et al., 2015).  
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40 The performance capacities of sex-reversed females is of great interest,  
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42 because they may afford a positive fitness advantage that could further increase the  
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44 proportion of ZZf individuals in the wild and accelerate the progressive loss of the  
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46 female specific W sex chromosome. Under such (directional) selection, the W  
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48 chromosome could be driven to local extinction and thus the population would  
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50 transition to temperature dependent sex determination (Holleley et al., 2015). As  
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52 juveniles, the sex-reversed female phenotype (ZZf) exhibits some male-like traits  
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54 relative to the chromosomally concordant female phenotype (ZWf), such as a  
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56 relatively longer tail, greater boldness, higher activity levels, and warmer  
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3 thermoregulatory preference (Li et al., 2016). As adults, sex reversed ZZf individuals  
4 lay more eggs than their ZWf counterparts (Holleley et al., 2015). However,  
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6 individuals of the two female groups can only be identified with certainty using  
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8 genetic/chromosomal data (Whiteley et al., 2017). To date, potential differences in  
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10 whole-organism performance characteristics among the sexual phenotypes have not  
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12 been examined.  
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17 Bite force is an important measure of whole-organism performance that may  
18 differ between males and females (Gvozdík & Van Damme, 2003; Lappin & Husak  
19 2005; Lappin et al., 2006a; Lappin & Jones 2014; McLean et al., 2016; Lailvaux,  
21 22 23 Cespedes, & Houslay, 2019). Some male iguanian lizards use their jaws as a  
24 25 26 weapon to fight other males or to intimidate and restrain female lizards (Lappin &  
27 28 29 Husak 2005; Lappin et al., 2006ab; McLean & Stuart Fox 2015; McLean et al., 2016;  
30 31 32 Lailvaux et al., 2019). In eastern collared lizards (*Crotaphytus collaris*), the bite force  
33 34 35 of adult males is a strong predictor of access to females, mating success, and  
36 37 38 genetic paternity, whereas body size is not; the greater bite force of males is  
39 40 41 associated with considerably greater head dimensions (likely related to having larger  
42 43 44 jaw muscles) than females (Lappin & Husak 2005; Husak et al., 2009). However,  
45 46 47 aggression between female lizards also is known to occur in some species,  
48 49 50 particularly when resources (such as perching or nesting sites) are patchy or limited  
51 52 53 (Rauch 1988; Baird & Sloan 2003). Therefore, having greater bite-force performance  
54 55 56 than other individuals of the same sex also can be beneficial for female lizards.

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58 Bite-force performance is unknown for *Pogona vitticeps*, but males reach  
59 60 greater size and have larger and relatively wider heads than females (Badham 1976;  
Witten, 1994). This pattern might indicate that males bite more forcefully and use  
biting to compete for access to females (Witten, 1994). Sexual dimorphism in head

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3 size (and possibly shape) may be common among agamid lizards (e.g., Stauber &  
4 Booth, 2003; Thompson & Withers, 2005; Kuo, Lin, & Lin, 2009; Wotherspoon &  
5 Burgin, 2011; Hoops et al. 2017; Littleford-Colquhoun et al., 2019), and greater bite  
6 force associated with greater head size has been found in male eastern water  
7 dragons (*Intellagama lesueurii*, Baxter-Gilbert & Whiting 2019). Two species of spiny  
8 tailed agamid *Uromastyx* do not show obvious sexual differences in head  
9 dimensions or bite force but comparisons may be limited by sample size: n = 7:5 and  
10 1:5 (Herrel, Castilla, Al-Sulaiti, & Wessels, 2014). The only other reports of bite force  
11 in agamid lizards either include only males (McLean & Stuart-Fox 2015) or do not  
12 explicitly report how individual data points correspond to sex or species (e.g., Herrel,  
13 Schaerlaeken, Meyers, Metzger, & Ross 2007; Schaerlaeken, Herrel, Aerts, & Ross,  
14 2008; Herrel & De Vree, 2009; Porro et al. 2014). The paucity of detailed bite force  
15 performance for Agamidae restricts comparisons within Agamidae as well as broader  
16 comparisons between Agamidae and other reptile groups such as Rhynchocephalia  
17 (Jones and Lappin 2009).

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40 Here we analyse head dimensions and bite-force performance in *Pogona*  
41 *vitticeps*. Owing to the expected sexual dimorphism in head size and the likely  
42 association with male reproductive success, we predict that large heads and forceful  
43 bites are associated with only the male phenotype (ZZm), and that both concordant  
44 (ZWf) and sex reversed females (ZZf) display similar, smaller heads and weaker bite  
45 force.  
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## 2. MATERIALS AND METHODS

### 2.1 Study taxon

The central bearded dragon (*Pogona vitticeps*) is an agamid lizard commonly found in the arid and semiarid regions of central Australia (Badham 1976; Rej & Joyner, 2018) and internationally as a common pet (Raiti 2012; Johnson & Adwick 2019). It is also increasingly used as a reptilian model organism in a wide range of biological disciplines. Recent examples of research focused on this taxon include those related to thermal physiology (Smith et al., 2016; Couture, Monteiro, Aymen, Troncy, & Steagall, 2017), niche modelling (Rej & Joyner 2018), behaviour (Cadena & Tattersall, 2009; Cadena et al., 2017; Kis, Huber, & Wilkinson, 2015; Li et al., 2016), veterinary herpetology (Schmidt-Ukaj, Hochleithner, Richter, Brandstetter, & Knotek, 2017), development (Melville et al., 2016; Whiteley et al., 2017; Ollonen, Da Silva, Mahlow, & Di-Poï, 2018; Haridy 2018), comparative brain anatomy (Tosches et al., 2018), gene expression (Capraro et al. 2019), and genomics (Georges et al., 2015; Deakin et al., 2016). The species *Pogona vitticeps* is also frequently included in broader comparative studies (e.g., Witten, 1985, 1994; Geist 2000; Herrel et al., 2007; Woltering, et al., 2009; Schaerlaeken et al., 2008; Herrel & De Vree, 2009; Holliday, Gardner, Paesani, Douthitt & Ratliff, 2010; Ross et al., 2010; Chen et al., 2012; Head & Polly 2015; Cubo, Hui, Clarac, & Quilhac, 2017; Gray, McDowell, Hutchinson, & Jones, 2017; Gray, Hutchinson, & Jones, 2019; Gray, Sherratt, Hutchinson, & Jones 2019; Littleford-Colquhoun et al., 2019; Macrì, Savriama, Khan, & Di-Poï, 2019; Watanabe et al., 2019).

## 2.2 Specimens

Our sample comprised 91 captive individuals (39 adults and 52 juveniles) of the central bearded dragon, *Pogona vitticeps*, from a previously studied breeding colony (at the Institute for Applied Ecology at the University of Canberra) (Figure S1; Table S1). The genotypic and phenotypic sex had been characterised for all individuals (Holleley et al., 2015; Li et al., 2016). Animals represent three groups: 26 discordant sex-reversed females (ZZf), 33 genotypically and phenotypically concordant females (ZWf), and 32 males (ZZm) ranging from juveniles to large adults (SVL = 58.5 - 228 mm). A snout-vent length of 150 mm or greater was used to define adults. This value is 20 mm greater than previous observations of sexual maturity (Badham 1976) but helps ensure that the adult sample exhibit adult head proportions (see figure 2 in Witten, 1994). Therefore, our adult sample comprised: 17 sex-reversed females (ZZf), 11 concordant females (ZWf), and 11 males (ZZm). We focus most of our analyses on adult animals to remove the influence of ontogeny, but we also examine scaling of bite force and head dimensions in the full samples to provide additional insight into differences among the groups.

## 2.3 Morphometrics

For each individual, we measured mass, snout-vent length (SVL), head length directly from the tip of the rostrum to the posterior end of the retroarticular process (HLrr), head length from the tip of the rostrum to the posteroventral corner of the tympanum (approximately the position of the quadrate-articular jaw joint) (HLrq), head width at the base of the tympanum (HWqu), head width at the midpoint of the temporal region (HWmt), and head depth at the midpoint of the temporal region including the lower jaw with the mouth closed (HDmt). Mass was measured using a

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3 digital scale, snout-vent length (SVL) was measured using a transparent plastic ruler,  
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5 and head dimensions were measured using digital callipers.  
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## 10 **2.4 Bite-force performance**

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12 Bite force was measured using a Kistler piezoelectric force transducer (type 9203,  
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14 Kistler, Switzerland) attached between two stainless steel bite plates and connected  
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16 to a charge amplifier (type 5995, Kistler, Switzerland). One plate is straight whereas  
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18 the other is sigmoid (cf. Herrel, Spithoven, Van Damme & De Vree 1999). To  
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20 accommodate the size range of specimens tested, two different sized sets of bite  
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22 plates were used (Figure S2) that differed in their width: 25 mm (also used here:  
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24 Lappin & Husak 2005; Lappin et al., 2006a; Jones & Lappin, 2009; Lappin & Jones,  
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26 2014) and 20 mm wide (used here for the first time). The bite plates of the smaller  
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28 transducer were shallower and more closely opposed so that the smallest animals  
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30 did not have to use excessive gape angles, which might restrict maximum  
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32 performance (Figure 1). Strips of leather (about 5 mm wide) were added to the outer  
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34 tips of the bite plates to protect the animal's jaws and teeth, to provide a naturalistic  
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36 surface to bite, and to ensure that the bite force being applied was at a consistent  
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38 point along the bite plates (Figure 1; Lappin & Jones 2014). The output voltage of the  
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40 devices was calibrated to bite force (Newtons) by hanging a series of weights by a  
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42 string positioned at the centre of the leather strip (cf. Dechow & Carlson, 1983;  
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44 Lappin et al., 2006a).  
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51 Prior to bite-force trials, we gave animals an opportunity to thermoregulate  
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53 under heat lamps for at least 30 min to achieve preferred body temperature. We  
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55 measured body temperature using a Digitech QM-7221 digital temperature gun with  
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57 dual laser targeting between the first and second trial. The surface readings  
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3 recorded ( $\sim 31^{\circ}\text{C}$ ) were only slightly lower than the preferred or optimal body  
4 temperatures reported elsewhere ( $34\text{--}36^{\circ}\text{C}$ , e.g., Cadena & Tattersall, 2009;  
5 Johnson & Adwick 2019). Adult males tended to be slightly warmer than adults of the  
6 other two genotypes (Figures S3: ZZf =  $30.59^{\circ}\text{C} \pm 0.32$ , ZWf =  $30.08^{\circ}\text{C} \pm 0.71$ , ZZm  
7 =  $31.57^{\circ}\text{C} \pm 0.72$ ) but there is no obvious relationship between surface temperature  
8 and bite force (Figures S4).  
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17 Each lizard was given the opportunity to bite during four trials with a brief  
18 period of rest between each successive trial ( $\sim 30$  seconds). Four trials is similar to  
19 the number used in previous studies (five, e.g., Herrel et al. 2014: page 172; three,  
20 e.g., Baxter-Gilbert & Whiting 2019: page 257). Lizards were encouraged to gape by  
21 touching the side or underside of the lower jaw. Bites were elicited by carefully  
22 placing the transducer in the animal's mouth. Of the 364 trials only nine resulted in  
23 no bite. All trials were digitally video-recorded in lateral view to document the position  
24 along the jaws at which each bite was applied. The location along the jaws where the  
25 bite was applied to the leather strips was used to measure the proportional bite out-  
26 lever (the distance between the bite location and jaw joint along the jaw divided by  
27 the full length of the lower jaw). Voluntary bites were delivered with a range of  
28 proportional bite out-levers (mean = 0.85, maximum = 0.97, minimum = 0.68).  
29 However, we standardised each bite to what it would be at the tips of the jaws,  
30 represented by a proportional bite out-lever of 1.0 (Lappin & Jones 2014). As is  
31 convention, the greatest bite force among the trials was used in analyses (e.g.,  
32 Lappin & Husak 2005; Husak et al., 2009; Lappin & Jones 2014; Herrel et al. 2014;  
33 Baxter-Gilbert & Whiting 2019). We performed analyses using both the greatest  
34 standardised (BF) and greatest raw bite force (non-standardised for lever,  
35 BFnolever) values but we focus on standardised bite force in the main text.  
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## 2.5 Analyses

All statistical analyses were done using R version 3.6.1 (R Core Team 2019) and code to reproduce the analyses is available at <https://github.com/MarcEHJones/sex-reverse-pv>.

### 2.5.1 Bite force and morphometric comparison

To compare body size, dimensions, and bite force measures among adults of the three groups (ZZf, ZWf, ZZm), we calculated the mean  $\pm$  SE for each untransformed variable (Table 1). We tested for significant differences among the groups using analysis of variance (ANOVA fixed model) natural log transformed variables (Table 2; Table S3). We used standard model checks for linear models (Q-Q plot, histogram of residuals, residuals vs. linear predictors, response vs. fitted values) to assess model fit.

### 2.5.2 Allometry and scaling

To test the scaling of bite force for allometry across ontogeny (including juveniles and adults) for each of the three groups (ZZf, ZWf, ZZm) we fitted linear models of log<sub>10</sub>-transformed bite force as a function of log<sub>10</sub>-transformed SVL, mass, and each of the head dimensions to each group separately (Table 3). Maximum bite force performance should scale isometrically with the cross-sectional area of the jaw muscles contributing to the bite (Gans 1982; Erickson, Lappin, & Vliet, 2003; Santana, Dumont, & Davis, 2010; Gröning et al. 2013; Sellers, Middleton, Davis, & Holliday, 2017). Therefore, if bite force performance in *Pogona* scales isometrically

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3 with size it should scale to the square of linear measurements (e.g., SVL) with a  
4 slope of 2.000 and to the two-thirds power of volumes (e.g., body mass) with a slope  
5 of 0.667 (Erickson et al. 2003). We used the standard error to estimate upper and  
6 lower limits for the slope and to evaluate whether there was adequate evidence of  
7 negative or positive allometry (respectively) (Table 3 and S3). To compare the  
8 scaling relationships between bite force and measures of body and head size (all  
9 natural log-transformed) among the three groups, we used linear regressions again  
10 checking model fit as described above (Table S4).  
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### 23 2.5.3 Head shape comparison

24 To compare head shape among the three groups (ZZf, ZWf, ZZm) controlling for  
25 isometric size differences, the five head dimensions were converted to log shape  
26 ratios (Mossiman variables). This approach involves dividing each of the five head  
27 dimensions by the geometric mean of the five dimensions for each specimen (e.g.,  
28 see Sakmoto & Ruta 2012). These new values were examined with a principal  
29 components analysis using the princomp function in R. We performed this analysis  
30 for both the full sample (e.g. Figure S7) and adults (e.g. Figure 5).  
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## 47 3 RESULTS

48 For the entire sample (juveniles and adults, 58.5 - 228 mm SVL) bite force  
49 standardised at the tips of the jaws ranged from 5.59 to 98.73 N and is positively  
50 correlated with body size (Tables 1, 2, 3).  
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### 3.1 Adult bite force and morphometric comparison

At least among adult animals, males (ZZm) bite with greater force than both groups of phenotypically female individuals (ZZf, ZWf) (Figure 2, Table 1, Table 2). The difference between males (ZZm) and sex reversed females (ZZf) is significant ( $p = 0.014$ , Table 2) but between males (ZZm) and concordant females (ZWf) it is not ( $p = 0.052$ , Table S2). We did not observe any difference in bite force when comparing sex-reversed females and concordant females ( $p = 0.832$ , Figure 2; Table 2). Males (ZZm) have greater head dimensions than both sex-reversed (ZZf) and concordant females (ZWf) (Table 1). The difference is significant for head length between the rostrum and tympanum (HLrq), head width at the tympanum (HWqu), head depth at the mid-temporal region (HDm) (Table 2; Table S2), and, with sex reversed females (ZZf) only: head length between the rostrum and posterior end of the retroarticular process (HLrr) (Table 2). Sex-reversed females and concordant females do not differ significantly from each other in any measure of head size (Figure 3, Table 2). Mass and SVL do not differ significantly across the three groups (Figure 2; Table 2; Table S2).

### 3.2 Allometry and scaling comparison

Sex-reversed females (ZZf) and concordant females (ZWf) exhibit negative allometry of standardised bite force on body size (SVL and mass) whereas males (ZZm) exhibit positive allometry of bite force on body size (Table 3). The positive allometric scaling of males (ZZm) is driven by the relatively greater bite force of adult males (Figures 4, S5, and S6). Using the standard error to estimate upper and lower limits for the slope, males (ZZm) show positive allometry of bite force on every head dimension, concordant females (ZWf) only show positive allometry for head length

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3 (HLqu), and sex reversed females (ZZf) show no obvious allometry with respect to  
4 any head dimension (Table 3). Standardised bite force scales with body size (SVL  
5 and mass) with a significantly lower slope in sex-reversed females (ZZf) than it does  
6 in males (ZWf) ( $p = 0.035$  and  $p = 0.039$  respectively, Table S4), but no significant  
7 difference was found between the slopes of sex-reversed females (ZZf) and  
8 concordant females (ZWf) (Table S4). We did not detect any significant differences  
9 among the three groups in the scaling of bite force with respect to any head  
10 dimension (Table S4).  
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21 If non-standardised bite force is used, males (ZZm) still show positive  
22 allometry of bite force on both measures of body size and all head dimensions  
23 (Table S3). Sex-reversed females (ZZf) and concordant females (ZWf) show  
24 negative allometry of bite force on body mass. Sex-reversed females (ZZf) show  
25 positive allometry on head width at the mid-temporal region whereas concordant  
26 females (ZWf) show positive allometry on head width at the mid-temporal region and  
27 head length between the rostrum and base of the tympanum (Table S3). We did not  
28 detect any significant differences among the three groups in the scaling of un  
29 standardised bite force with respect to body size or head dimension (Table S4).  
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### 45 **3.4 Isometric head shape**

46 There was no clear difference in head shape (isometric size removed) among the  
47 three groups (Figure 5 and Figure S7). For the full sample, PC1 (34.1% of total  
48 variation) mainly reflects relative head depth, PC2 (26.7%) mainly reflects relative  
49 head width, and PC3 (21.8%) reflects differences in head width at the tympanum  
50 (quadrates) and head width at the mid-temporal region. The distribution of the three  
51 genotypes extensively overlap (Figure S7). Individuals with greater bite forces  
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3 appear to plot with lower PC1 scores and higher PC3 scores: heads that are  
4 relatively deep at the mid-temporal region and wide at the base of the tympanum  
5 (Figure S8). This pattern parallels body size: adults plot with lower PC1 scores and  
6 high PC3 scores (Figure S9 and S10). In the analysis of just adults, PC1 (36.6%)  
7 mainly reflects relative head width, PC2 (31.7%) mainly reflects relative head depth,  
8 and PC3 (21.2%) reflects differences in head width and length at the tympanum  
9 (quadrates) relative to the other dimensions. Again the distribution of the three  
10 groups overlaps but the distribution of sex-reversed females (ZZf) tends to overlap  
11 concordant females (ZWf) more than concordant males (ZZm) (Figure 5). The sex  
12 reversed females (ZWf) tend to plot with narrower heads compared to males.  
13 However, this distribution does not obviously reflect body size or bite force (Figure  
14 5).

#### 33 4 DISCUSSION

34 We show that adult male (ZZm) bearded dragons (*Pogona vitticeps*) can bite more  
35 forcefully and in general have larger heads than adult females whether they are sex-  
36 reversed (ZZf) or concordant (ZWf) females. This result is consistent with our  
37 prediction based on sexually dimorphic head size in this species. It suggests that  
38 male bearded dragons, like some other iguanian lizards, use their jaws and bite force  
39 to secure access to females at the expense of other males (Lappin & Husak 2005;  
40 Lappin et al., 2006ab; Baxter-Gilbert & Whiting 2019). This enhanced bite-force  
41 performance may also incidentally allow males access to a wider range of food  
42 items.  
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56 Despite sex-reversed *Pogona vitticeps* (ZZf) reportedly exhibiting several  
57 male (ZZm) traits as juveniles (Li et al., 2016), we found no evidence that they  
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3 possess the enhanced bite force and larger heads of adult males (ZZm) (Table 2).  
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5 Concordant (ZWf) and sex-reversed female (ZZf) bearded dragons have similar bite-  
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7 force performance, despite the two groups of females being initiated by different  
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9 primary mechanisms (sex chromosomes and temperature, respectively) enacted on  
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11 different genetic backgrounds (ZW and ZZ, respectively). The adult phenotype of this  
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13 sexually dimorphic trait reflects reproductive phenotype, not sex chromosome  
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15 complement, suggesting that either environmental cues are pivotal to the  
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17 development of this trait, and/or (more likely) that bite force (and head size) is  
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19 controlled exclusively by a common downstream sexual differentiation cascade and  
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21 sex hormone production. Inter-individual levels of testosterone in the (non-iguanian)  
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23 lizard *Gallotia gallotia* have been found to correlate with bite force performance  
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25 (Huyghe et al., 2010). More work is required to determine the relative fitness of sex-  
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27 reversed females, which will allow us to predict the evolutionary stability of sex  
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29 chromosomes and the likelihood of transitions to temperature dependent sex  
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31 determination.  
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38 The only other study of intraspecific bite-force performance in a species with  
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40 sex reversal was conducted on adults of the African pygmy mouse (*Mus minutoides*)  
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42 (Ginot et al., 2017). In contrast to the situation in *Pogona vitticeps*, sex-reversed  
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44 female mice (X\*Y) were found to have greater bite-force performance than both  
45  
46 concordant females and males (Ginot et al., 2017). However, as in *Pogona vitticeps*,  
47  
48 the greater bite force is associated with greater head size, thus highlighting the close  
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50 relationship between head size and bite force (related to jaw muscle physiological  
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52 cross-sectional area, e.g., Gans 1982; Erickson et al. 2003; Santana et al. 2010;  
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54 Gröning et al. 2013; Sellers et al. 2017). The results for both taxa hint at the diversity  
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56 of phenotypic responses to sex reversal that may exist in nature. A full  
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3 understanding of the fitness of sex reversed individuals in a suite of phenotypic traits  
4 will be crucial to our understanding of key evolutionary processes, such as the birth  
5 and death of sex chromosomes in response to rapidly changing environmental  
6 stimuli.  
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12 The positive allometry of bite force performance in male *Pogona vitticeps*  
13 relative to SVL and mass is similar to that reported in other reptiles (Erickson et al.  
14 2003, 2014; Herrel and O’Reilly 2006; Jones and Lappin 2009) but it is greater than  
15 would be expected given that bite force should scale according to muscle cross-  
16 sectional area. This result likely reflects a range of factors (Erickson et al. 2003;  
17 Herrel and O’Reilly 2006; Jones and Lappin 2009) including a disproportional  
18 increase in jaw muscle size (=cross-sectional area). Correspondingly, the postorbital  
19 region of the skull (which houses the jaw muscles) lizards does increase  
20 disproportionately during ontogeny in *Pogona* (Gray et al. 2019b) as it does in many  
21 lepidosaurs (e.g., Jones 2008; Jones and Lappin 2009). Other factors may include  
22 ontogenetic changes in muscle quality and skeletal stiffness involved in the  
23 transmission of muscle forces (Erickson et al. 2003).  
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40 The result that males generally have greater head dimensions compared to  
41 females matches the results of previous studies (Badham 1976; Witten 1994). In  
42 particular, males tend to have deep heads that are relatively wide at the quadrates.  
43 However, substantial intraspecific variation limits distinguishing between individuals  
44 of the three genotypes using isometric head shape alone. As previously reported, the  
45 ontogeny of various head dimensions (e.g., head width, head depth) relative to body  
46 size are not necessarily linear or similar to each other (Witten 1994: figure 2). This  
47 variation clouds comparisons using isometric shape alone. Therefore, although some  
48 head dimensions differ on average between males and females, head shape and  
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3 size are unlikely to be a reliable predictor of sex for an individual unless that  
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5 individual is a very large male (where differences have the potential to be most  
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7 exaggerated).  
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10 The new bite force data here permits some limited comparisons with other  
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12 agamids and lepidosaurs. Our bite force values for *Pogona vitticeps* do not appear to  
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14 be substantially different from others reported for agamids (Herrel et al. 2007: figure  
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16 4; Herrel & De Vree, 2009: figure 2). Our results suggest that among agamids,  
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18 *Pogona vitticeps* has a bite force similar to that of *Uromastyx* sp. (Herrel et al.  
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20 2014), greater than *Ctenophorus maculosus* (McLean and Devi Stuart Fox 2015),  
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22 but much less than *Intellagama lesueurii* (Baxter-Gilbert & Whiting 2019). This  
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24 pattern broadly reflects differences in body and head size, with larger taxa having  
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26 greater bite force. However, such broad comparisons remain problematic due to  
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28 differences in exact method used (e.g., standardisation of out lever, biting substrate,  
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30 number of trials, rest period between trials). Perhaps more importantly, comparisons  
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32 are inhibited by non-disclosure (publication) of raw measurement data for individual  
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34 animals which means comparisons are limited to plots of values from a range of taxa  
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36 (Herrel et al. 2007; Herrel & De Vree, 2009), mean values (Baxter-Gilbert & Whiting  
37  
38 2019: page 259) or maxima (McLean and Devi Stuart Fox 2015: table 1). In the spirit  
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40 of open data and reproducibility, we advocate that future studies should provide  
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42 explicit methods and publication of raw individual measurement data.  
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### 19 **Competing interests**

20  
21 The authors declare no competing interests.  
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### 26 **Data availability**

27  
28 The raw data as well as the code to reproduce the analyses is available at  
29  
30 <https://github.com/marcehjones/sex-reverse-pv> (Jones & Cooper, 2020).  
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### 35 **Ethics**

36  
37 All research was conducted under the University of Canberra animal ethics protocol  
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39 CEAE 15-01 and the University of Adelaide animal ethics protocol 2013/37.  
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For Peer Review

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3 **TABLES**  
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8 **TABLE 1** Mean body size and head shape measures (with standard error) of adult  
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10 *Pogona vitticeps* used in this study. ZZf, sex-reversed females (n = 17), ZWf,  
11 concordant females (n = 11), ZZm, males (n = 11). Mass, body mass (g); SVL,  
12 snout-vent length (mm); HLrr, head length directly from the tip of the rostrum to the  
13 posterior end of the retroarticular process (mm); HLrq, head length from the tip of the  
14 rostrum to the posteroventral corner of the tympanum (approximately the position of  
15 the quadrate-articular jaw joint) (mm); HWqu, head width measured at the base of  
16 the tympanum (mm); HWmt, head width measured at the midpoint of the temporal  
17 region (mm); HDmt, and head depth measured at the midpoint of the temporal region  
18 (mm); BF at tips, bite force at the tips corrected for out lever (N) (Lappin and Jones  
19 2014); BF no lever, bite force without lever correction (N)  
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	ZZf	ZWf	ZZm	units
Mass	228.07 ± 19.73	236.38 ± 23.1	234.68 ± 13.71	g
SVL	183.85 ± 4.93	184.64 ± 6.09	187.82 ± 4.24	mm
HLrr	50.54 ± 1.55	52.20 ± 1.74	56.31 ± 1.23	mm
HLrq	42.51 ± 1.32	42.23 ± 1.31	46.37 ± 0.96	mm
HWqu	37.55 ± 1.30	37.89 ± 1.38	41.48 ± 0.96	mm
HWmt	36.12 ± 1.04	36.50 ± 1.20	38.64 ± 1.23	mm
HDmt	23.54 ± 0.75	24.62 ± 1.11	28.11 ± 0.83	mm
BF at tips	50.28 ± 4.04	52.66 ± 5.98	71.46 ± 6.46	N
BF no lever	62.20 ± 5.28	65.93 ± 8.27	90.37 ± 9.59	N
n	17	11	11	

**TABLE 2** Results from analysis of variance (ANOVAs) testing for differences in variables across three genotypes in adults. ZZf, sex-reversed females (n = 17), ZWf, concordant females (n = 11), ZZm, males (n = 11). Degrees of freedom 2, 36 for all tests. \* Significant at p = 0.05. \*\* Significant at p = 0.01. SE, standard error

response	F	p	ZZf		ZZf and ZWf difference				ZZf and ZZm difference			
			Mean	± SE	Mean	± SE	t	p	Mean	± SE	t	p
log(Mass)	0.161	0.852	5.370	0.078	0.047	0.124	0.376	0.709	0.067	0.124	0.538	0.594
log(SVL)	0.197	0.822	5.208	0.025	0.004	0.040	0.112	0.911	0.024	0.040	0.612	0.544
log(Bite Force)	3.710	0.034*	3.865	0.087	0.030	0.138	0.214	0.832	0.356	0.138	2.581	0.014*
log(Bite Force nl)	3.388	0.045*	4.066	0.095	0.043	0.152	0.284	0.788	0.377	0.152	2.492	0.017*
log(HLroret)	3.669	0.035*	3.916	0.026	0.034	0.042	0.807	0.425	0.113	0.042	2.695	0.011*
log(HLroqu)	3.133	0.056	3.743	0.025	-0.004	0.041	-0.106	0.916	0.092	0.041	2.258	0.030*
log(HWqu)	2.749	0.077	3.616	0.030	0.012	0.047	0.247	0.806	0.106	0.047	2.241	0.031*
log(HWmt)	1.258	0.297	3.580	0.028	0.011	0.044	0.260	0.797	0.068	0.044	1.541	0.132
log(HDmt)	6.830	0.003**	3.151	0.031	0.042	0.049	0.851	0.400	0.180	0.049	3.642	0.001**

Abbreviations: SE, standard error.

**TABLE 3** Bite force scaling results in full sample of *Pogona vitticeps* (n = 91). Adult and juvenile ZZf, sex-reversed females (n = 26), ZWf, concordant females (n = 33), ZZm, males (n = 32). Standard error (SE) was used to define upper and lower limits. Allometry is considered positive when the lower limit of the slope is greater than 0.667 for mass and 2.0 for linear measurements (the isometric predictions) and negative when the upper limit of the slope is lower than 0.667 for mass and 2.0 for linear measurements.

genotype	predictor	slope	SE	upper limit	lower limit	df	t	p	Predicted isometry	adj.r2	allometry
ZZf	SVL	1.747	0.186	1.933	1.560	24	9.37	<0.001	2.000	0.78	negative
ZWf	SVL	1.799	0.137	1.937	1.662	31	13.11	<0.001	2.000	0.84	negative
ZZm	SVL	2.222	0.130	2.352	2.092	30	17.11	<0.001	2.000	0.90	positive
ZZf	Mass	0.567	0.052	0.619	0.515	24	10.81	<0.001	0.667	0.82	negative
ZWf	Mass	0.581	0.039	0.620	0.541	31	14.73	<0.001	0.667	0.87	negative
ZZm	Mass	0.729	0.035	0.764	0.694	30	20.83	<0.001	0.667	0.93	positive
ZZf	log(HLroret)	1.983	0.187	2.170	1.795	24	10.58	<0.001	2.000	0.82	-
ZWf	log(HLroret)	1.939	0.144	2.082	1.795	31	13.50	<0.001	2.000	0.85	-
ZZm	log(HLroret)	2.262	0.117	2.379	2.145	30	19.33	<0.001	2.000	0.92	positive
ZZf	log(HLroqu)	2.094	0.190	2.284	1.903	24	11.01	<0.001	2.000	0.83	-
ZWf	log(HLroqu)	2.206	0.162	2.369	2.044	31	13.62	<0.001	2.000	0.85	positive
ZZm	log(HLroqu)	2.433	0.113	2.545	2.320	30	21.58	<0.001	2.000	0.94	positive
ZZf	log(HWqu)	1.895	0.143	2.038	1.752	24	13.26	<0.001	2.000	0.87	-
ZWf	log(HWqu)	1.882	0.152	2.034	1.730	31	12.38	<0.001	2.000	0.83	-
ZZm	log(HWqu)	2.233	0.095	2.328	2.137	30	23.41	<0.001	2.000	0.95	positive
ZZf	log(HWmt)	2.095	0.174	2.269	1.921	24	12.01	<0.001	2.000	0.85	-
ZWf	log(HWmt)	2.106	0.159	2.265	1.946	31	13.23	<0.001	2.000	0.84	-
ZZm	log(HWmt)	2.422	0.128	2.550	2.294	30	18.88	<0.001	2.000	0.92	positive
ZZf	log(HDmt)	2.003	0.187	2.269	1.921	24	10.73	<0.001	2.000	0.82	-
ZWf	log(HDmt)	1.922	0.148	2.265	1.946	31	12.97	<0.001	2.000	0.84	-
ZZm	log(HDmt)	2.190	0.109	2.550	2.294	30	20.11	<0.001	2.000	0.93	positive

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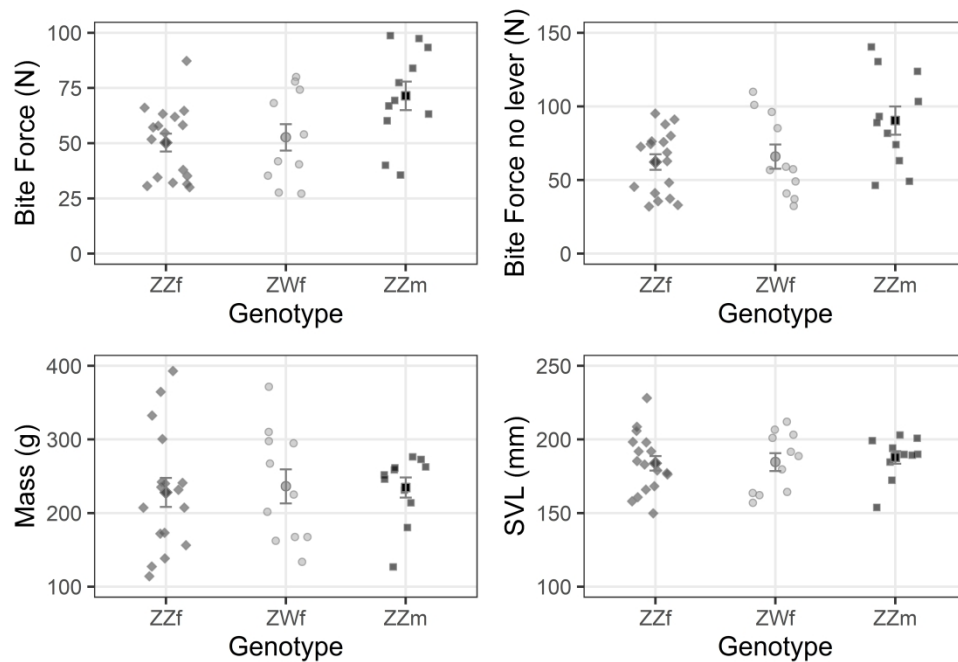


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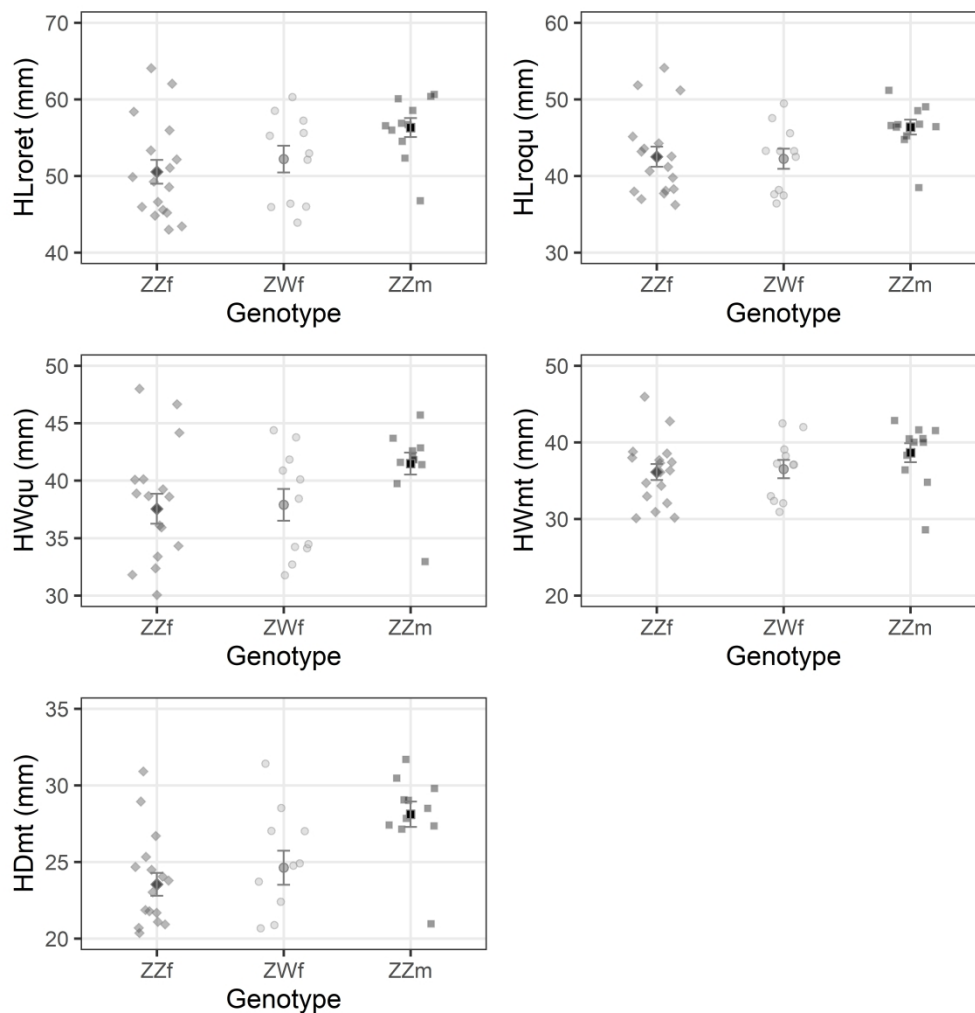


**FIGURE 1** *Pogona vitticeps* biting the bite plates of the force transducer in lateral view: juvenile 008031 ZWf concordant female (45 g Mass, 110 mm SVL, HLqu = 27.1 mm) (a), and adult ZZf sex reversed female 002919 (365 g mass, 228 mm SVL, HLqu = 51.9 mm) (b)

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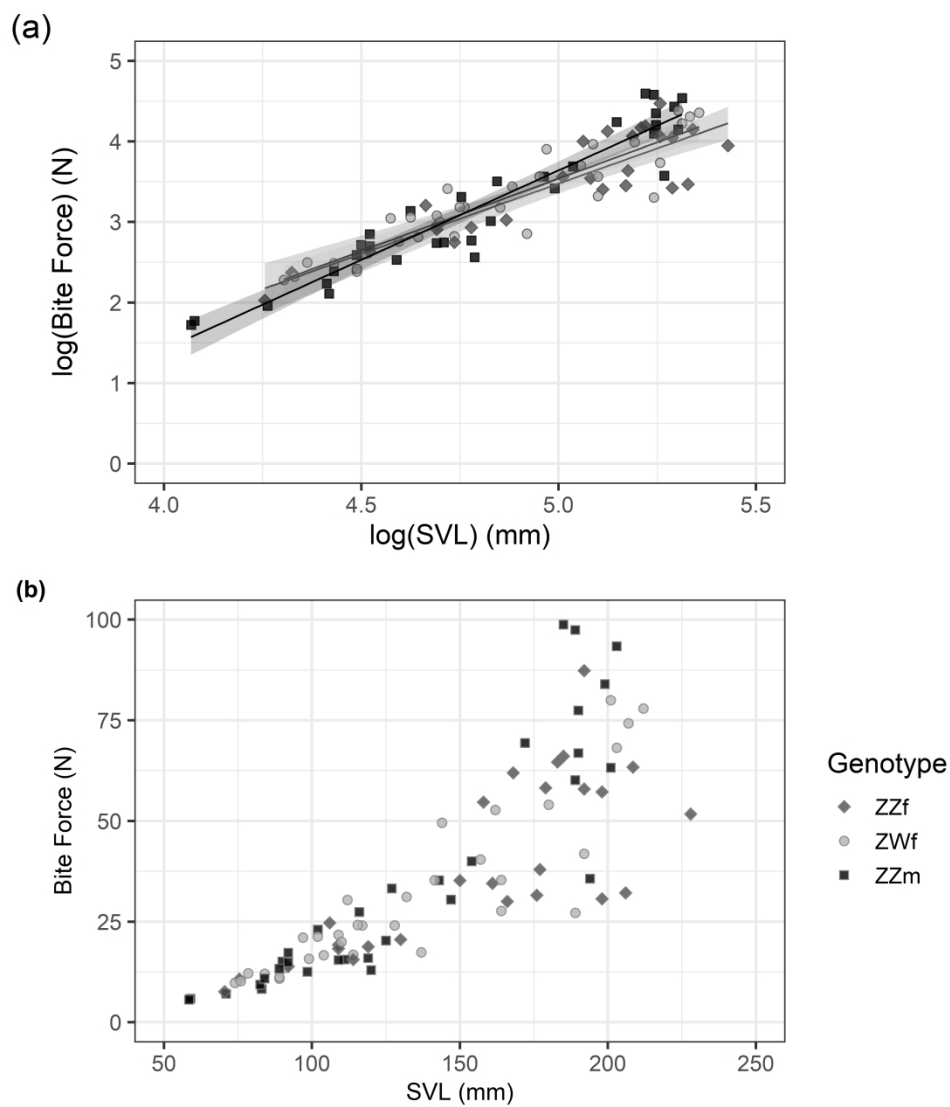


**FIGURE 2** Bite force, mass and snout vent length (SVL) in adult *Pogona vitticeps* (n = 39) according to genotype ZZf, sex-reversed females (n = 17), ZWf, concordant females (n = 11), ZZm, males (n = 11)

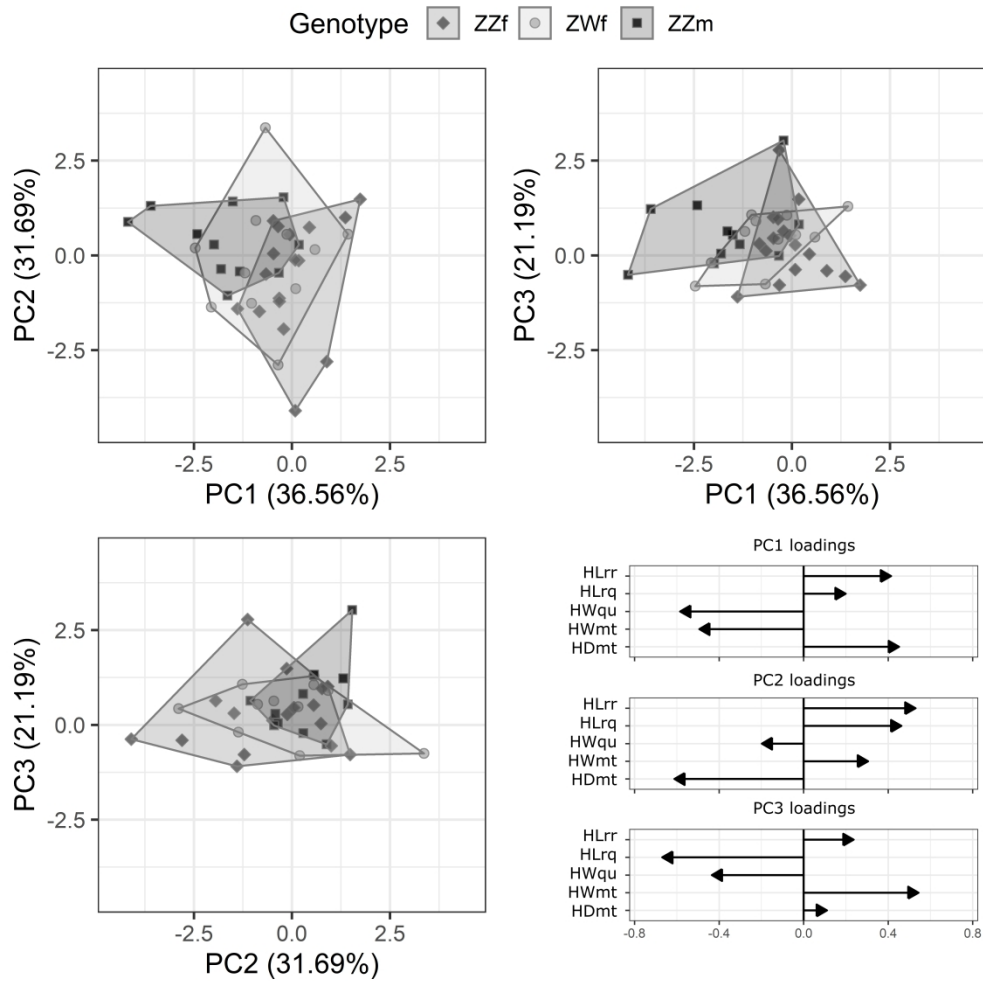


**FIGURE 3** Basic head dimensions in adult *Pogona vitticeps* ( $n = 39$ ) according to genotype: ZZf, sex-reversed females ( $n = 17$ ), ZWf, concordant females ( $n = 11$ ), ZZm, males ( $n = 11$ ). HLrr, head length directly from the tip of the rostrum to the posterior end of the retroarticular process (mm); HLrq, head length from the tip of the rostrum to the posteroventral corner of the tympanum (approximately the position of the quadrate-articular jaw joint) (mm); HWqu, head width measured at the base of the tympanum (mm); HWmt, head width measured at the midpoint of the temporal region (mm); HDmt, and head depth measured at the midpoint of the temporal region (mm)





**FIGURE 4** Relationship between snout-vent length (SVL) and bite force in *Pogona vitticeps* (n = 91) from three different genotypes shown in log (a) and non-log (b). Adult and juvenile ZZf, sex-reversed females (n = 26), ZWF, concordant females (n = 33), ZZm, males (n = 32)



**FIGURE 5** Isometric head shape variation among adult *Pogona vitticeps* ( $n = 39$ ) of known genotypes ( $>150$  SVL mm,  $n = 39$ ) according to a principal components analysis of log shape ratios of five head dimensions. Arrows indicate the relative loading of each head dimensions for each PC axis. ZZf, sex-reversed females ( $n = 17$ ), ZWF, concordant females ( $n = 11$ ), ZZm, males ( $n = 11$ )