

1 **A framework for an evidence-based gene list relevant to autism spectrum disorder**

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37
38 **Abstract**

39 Autism spectrum disorder (ASD) is often grouped with other brain-related phenotypes into a broader category of
40 neurodevelopmental disorders (NDDs). In clinical practice, providers need to decide which genes to test in individuals with
41 ASD phenotypes, which requires an understanding of the level of evidence for individual NDD genes that supports an
42 association with ASD. Consensus is currently lacking about which NDD genes have sufficient evidence to support a
43 relationship to ASD. Estimates of the number of genes relevant to ASD differ greatly among research groups and clinical
44 sequencing panels, varying from a few to several hundred. This Roadmap discusses important considerations necessary to
45 provide an evidence-based framework for the curation of NDD genes based on the level of information supporting a
46 clinically relevant relationship between a given gene and ASD.
47

Introduction

Autism spectrum disorder (ASD) is a multifactorial neurodevelopmental disorder (NDD) characterized by impairments in social communication and repetitive and restricted behaviours and interests. While this disorder is defined behaviourally rather than genetically or biologically¹, at present a contributing genetic variant can be identified in 5–30% of individuals with ASD, depending on the genetic test used, the cohort examined and the thresholds used for significance²⁻⁶. Genetic variants ranging from extremely rare to common, including *de novo* and inherited variants, affect genes in a manner that together or on their own can result in an ASD phenotype^{4,7}. Current clinical guidelines therefore recommend genetic testing of individuals (usually children) with a diagnosis of ASD to determine any underlying genetic susceptibility that contributes to the disorder⁸. Although identifying the genetic contribution to the ASD phenotype cannot replace the behavioural diagnosis, it may help to explain its aetiology, inform the likelihood of recurrence, which can be important for family planning, support management of associated medical conditions, and potentially support genetically tailored treatment in the future⁹⁻¹¹. This approach is in line with the revised classification of ASD in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5)¹², whereby “association with a known genetic condition” can be annotated as a specification¹³. While the specifier confirms a defined genetic contribution to the observed ASD phenotype, it does not necessarily imply a specific behavioural subtype of ASD, and the diagnosis of ASD remains behaviourally defined.

Clinical genetic testing for ASD has increased and will continue to expand with the wider implementation of high-throughput sequencing¹⁴. Having a list of genes with sufficient evidence to support a relationship with ASD is crucial for the genome-wide testing of individuals with ASD (Box 1). The availability of a list of genes systematically curated for ASD relevance would increase the consistency of testing across laboratories and decrease the burden of curation, as many genes for ASD are likely still to be identified. An ASD-relevant gene list will also be useful when sequencing individuals with ASD, to focus the search for mutations and increase the efficiency of analysis. To address the complexity inherent to ASD genetics, the field continues to develop statistical methods to identify common variants with individually small effect sizes through genome-wide association studies as well as rare variants identified in sequencing studies that approximate a Mendelian pattern of disease inheritance¹⁵⁻¹⁷. Although important to advance the field, these methods do not provide an unequivocal strategy to evaluate the extent to which available evidence supports a clinically relevant relationship between a given gene and ASD. As a result, there is substantial variability in the genes included on autism genetic testing panels and the lists of genes used to interrogate the exome or genome for an ASD phenotype¹⁸.

The lack of a standardized approach for evaluating evidence supporting a clinically relevant relationship between a gene and ASD represents a challenge in clinical practice, both for providers ordering genetic tests and the laboratories offering the respective panels¹⁸. ASD is often grouped with other brain-related phenotypes, such as intellectual disability (ID) and epilepsy, into a broader category of NDDs. To the best of our knowledge, all genes implicated in ASD to date are also involved in at least one other NDD. Currently, there is no consensus about which NDD genes have sufficient evidence to support a relationship to ASD.

Guidance was sought from an international multi-disciplinary group of experts in ASD and clinical genetics, who have met remotely for the past year following a 2-day meeting in September 2018, sponsored by the University of Toronto McLaughlin Centre. The group reviewed existing gene–disease validity evaluation frameworks¹⁹⁻²² to determine whether one could be adopted to serve the needs of the clinical community for documentation of genes relevant to ASD. As the purpose is to define an ASD-relevant gene list for use in a clinical setting, criteria for inclusion will be more stringent than they would be for a discovery-driven agenda^{23,24}. The Clinical Genome (ClinGen) Gene–Disease Validity curation framework was selected as a starting point. ClinGen is an initiative that has developed a systematic framework explicitly aimed at assessing the clinical relevance of genes, and this framework has been implemented successfully for an increasing number of phenotypes, including NDDs^{19,21,22}. In this Roadmap, we propose that standardized and transparent evaluation of the evidence supporting the relationship of a gene to the ASD phenotype is an important next step. Ideally, the outcome of such additional evaluation would be embedded as an additional annotation to each of the genes curated for NDD through such a framework.

[H1] Neurodevelopmental disorders

The term NDD is widely used in research and clinical practice and describes a range of developmental disorders associated with the central nervous system, including but not limited to ID, ASD and epilepsy. However, NDD is neither a clinically valid diagnosis nor a diagnostic classification term. Of note, there is no uniformly accepted definition of NDD; for instance, in the DSM-5¹², NDD encompasses a broad range of over 25 disorders, including ID, ASD, attention deficit hyperactivity disorder (ADHD), communication disorders, specific learning disorders, stuttering and tic disorders¹². In a research context, the definitions of NDD are variable and may or may not include epilepsy, schizophrenia, bipolar disorder and specific genetic disorders²⁵⁻²⁸.

Despite these variable definitions, the NDD grouping provides a useful concept, as it captures the full breadth of phenotypic impact of many pathogenic variants. The NDD concept is widely adopted in laboratory testing and clinical genetics^{29,30}. From a pragmatic perspective, this is a reasonable starting strategy; once genes with strong evidence for a role in NDDs are identified, the more specific relationship to any subsumed phenotypes, such as ASD, epilepsy or ID, can be evaluated. From an epidemiological perspective, this first step is further understandable given the high co-morbidity among these disorders, which exceeds that which would be expected by chance¹.

Of note, while genes thus far associated with ASD have also been associated with other brain-related disorders commonly under the umbrella term NDD — in particular ID and epilepsy³¹ — genes may yet be identified that are more relevant to ASD and less so (or not at all) to other NDDs. Indeed, recent studies provide evidence for variants that

111 significantly affect ASD phenotypes and less so intelligence quotient^{4,32-34}. However, in the context of current evidence,
112 when evaluating gene–phenotype validity, consideration of the compound NDD phenotype is rational^{28,30}. At the same
113 time, knowledge about a gene association that is specific to the ASD phenotype may be valuable in clinical care for the
114 individual patient and family, and useful to focus research questions in precision medicine concerning ASD^{11,25}. In this
115 regard, the relationship between ASD and ID may be of particular interest.

116 [H2] ASD and ID

117 Epidemiological studies show that ASD and ID can manifest independently. About 55% of ASD diagnoses involve
118 individuals in the average to (very) high range of intellectual functioning¹, whereas approximately 60–90% of individuals
119 with ID (including profound ID) do not meet criteria for ASD³⁵. Current insights into the complex relationship between
120 these two phenotypes are evolving³⁶ as illustrated, for example, by the observation that ASD prevalence in the USA has
121 increased simultaneously with a decrease in reported population rates of ID³⁷⁻³⁹. Of note, many large-scale studies
122 analyse genetic variants for aggregate phenotypes, preventing identification of phenotype-specific effect of genes that
123 may exist.

124 ASD and ID have different attributes: ASD is characterized by atypical social communication, the presence of restricted
125 or repetitive behaviours or strong interests, and preoccupations that interfere with function¹. By contrast, ID comprises
126 impaired intellectual and adaptive functioning. The nosological distinction between ASD and ID is well supported,
127 indicating that behavioural symptoms reliably discriminate between the two^{40,41} and distinguish concurrent ID and ASD^{42,43}.
128 Of note, several behaviours — including responsiveness to name^{44,45}, emotional expression⁴⁵ and eye gaze pertinent to
129 social interactions^{44,46} — can sometimes distinguish between these disorders as early as 12 months of age⁴⁷.

130 Recognizing ASD as a phenotype when assessing the clinical relevance of a gene is important because of existing
131 differences in the clinical management of people with only ASD, people with ASD and ID, and those with only ID. Features
132 such as developmental expectations, areas of adaptive strengths and weaknesses, patterns of co-morbid
133 psychopathology⁴⁸, academic needs and required support⁴⁹ are all relevant to prognosis and treatment choices⁵⁰.

134 [H2] ASD and epilepsy

135 Like ASD, epilepsy can be considered one of the NDD phenotypes. Similar to ASD, epilepsy is a heterogeneous condition,
136 with many genes and co-morbidities involved. Epilepsy, therefore, stands to benefit from the evaluation of evidence in
137 support of a gene’s relationship to a seizure disorder specifically, because it is a distinct phenotype, with clinical
138 implications that differ from other NDD phenotypes. Indeed, application of the ClinGen framework for the curation of
139 genes relevant to epilepsy has recently been initiated⁵¹.

140 [H1] Heterogeneity in the evaluation of ASD

141 An effective curation process depends on high-quality data from both the genotype and phenotype arms^{21,22}. For a
142 behaviourally defined condition such as ASD, where the key features can overlap with several other NDDs, the definition
143 of the phenotype being curated is crucial. A diagnosis of ASD should be made according to conventional diagnostic
144 criteria, as defined by the DSM-5¹² and the International Statistical Classification of Diseases and Related Health
145 Problems 10th Revision (ICD-10)⁵², based on a phenotypic description of difficulties in social communication and
146 restricted, repetitive behaviours¹. The diagnostic process typically involves direct observation and an evaluation of
147 developmental history from multiple informants (for example, parents, teachers and family physicians) preferably by a
148 trained clinician and supported by the use of standardized assessment tools¹. It is well recognized that there is
149 variability in the diagnostic approach used by different clinicians (for example, neurologist, developmental pediatrician,
150 child psychiatrist or psychologist) and in clinical versus research settings. As a result, the quality of the diagnostic
151 information reported can vary, which may influence diagnosis in cohorts being collected for genetic studies. In addition,
152 descriptions of the phenotype and phenotyping process for ASD are highly variable in the published literature. Some
153 studies explicitly mention conventional (DSM/ICD) criteria, often with documentation of the ASD assessment tools or
154 diagnostic process used, whereas others only mention ‘ASD’ or even ‘ASD traits’ or ‘autistic behaviour’. This variability in
155 the quality of reporting ASD phenotypes is a major concern in the process of evaluating genetic associations and should
156 be taken into account when interpreting evidence.

157 [H1] Genetic complexity of ASD

158 The complex genetic architecture of ASD makes it difficult to delineate the specific clinical impact of gene variants. By
159 studying ASD cohorts, an increasing number of genes are being identified that, when having altered function or dosage,
160 can result in or include an ASD phenotype in a proportion of carriers^{4,34,53,54}. Examples include copy number variation
161 (CNVs), such as deletions or duplications at 16p11.2 (ASD expressed in ~20–25% carriers)^{55,56}, deletions at 22q11.2 (ASD
162 expressed in ~20–25%)^{57,58} or 22q13.3 (ASD expressed in 84%)⁵⁹, as well as sequence variants (usually rare, *de novo* or
163 inherited variants) in genes such as *ARID1B*, *CHD8* or *SCN2A*^{33,60-62}. Of note, for some genes affected by deleterious
164 variants, the associated prevalence of ASD is higher than that of ID, indicating that at least a proportion of individuals
165 has ASD without ID^{32-34,63} (for example, some individuals affected by pathogenic variants in *PTEN*⁶⁴). However, the
166 evaluation of the penetrance of ID and ASD is likely to be affected by the imposition of a categorical division onto a
167 quantitative phenotype. Furthermore, the impact of a pathogenic variant could be obscured when the phenotype falls
168 within population norms, despite deviation from the expected given the phenotype in parents and siblings without the
169 pathogenic variant²⁹. However, the categorical distinction (for example, between those with and those without ID or
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174 ASD) remains valuable and constitutes much of the basis on which gene–phenotype relationships are currently
175 assessed. From this viewpoint, it is noteworthy that reports on individuals with pathogenic variants include probands
176 with ASD who do not have ID (for example, *CHD8*⁶², duplications or deletions at 16p11.2^{55,65,66}, and deletions at the X-
177 linked *PTCHD1-AS* locus⁶⁷).

178 Adding to the genetic complexity of ASD⁶⁸ are the roles of somatic mosaicism⁶⁹, differences in phenotypic
179 expression of ASD between male and female individuals⁷⁰, pleiotropy, reduced penetrance and variable expressivity —
180 phenomena that may also have an impact on clinical phenotypic manifestations. Pleiotropy refers to the impact of the
181 same genetic variant in multiple systems or tissues (for example, cardiac defects and endocrine disorders in addition to
182 ASD^{71,72}). Reduced penetrance means that the genetic variant does not always manifest with a phenotype. Variable
183 expressivity refers to the range of manifestations of a given genotype among different individuals with the same genetic
184 variant (for example, levels of ID severity)⁷³. These phenomena are not specific to ASD but may also be important in
185 other disorders or phenotypes grouped under NDDs, including ID²⁹. The incomplete penetrance and variable
186 expressivity of ASD in the presence of a high-impact genetic variant may be under the influence of additional genetic
187 variation⁷⁴⁻⁷⁶, including common genetic variation⁷ or epigenetic factors⁷⁷⁻⁷⁹ and possibly environmental contributions⁸⁰.
188 A polygenic risk score, which expresses the cumulative impact of thousands of common variants on the probability of a
189 phenotypic outcome, for ASD explains approximately 2.5% of the observed variance⁸¹ and has therefore no clinical use
190 as a risk prediction tool in the general population at this time. With such genetic and phenotypic complexity underlying
191 ASD, there needs to be a consensus framework to assess the relevance of NDD genes to ASD. This issue is all the more
192 relevant because some genetic studies combine cases of ASD and other non-ASD phenotypes within the NDD group,
193 apparently to increase sample size (for example, see Refs.^{82,83}), which can influence results, including the composition of
194 gene lists arising from these studies.

196 **A gene evaluation framework for ASD**

197 Strategies have been proposed to systematically assess the evidence for involvement of genes in disease aetiology^{20,84}.
198 For the ASD research community, the SFARI Gene database [<https://gene.sfari.org/>] is a well-known resource in this
199 regard⁸⁵, and guided by a panel of advisors, it provides a growing list of genes (n = 913 at present, grouped into tiers),
200 for which publication evidence of association with ASD is presented. However, although SFARI Gene is a structured and
201 valuable resource⁸⁴, it currently does not seem to provide a systematic curation framework for evaluating the extent to
202 which genes have a clinically relevant relationship with ASD, perhaps favouring research questions. A recently published
203 clinical report on the evaluation and treatment of ASD by the American Academy of Pediatrics (AAP)⁸⁶ lists 22 selected
204 ASD risk genes identified or confirmed in whole-exome studies, which includes *KDM5B*, a gene that does not achieve
205 the highest SFARI score for association with ASD risk. A recent review on ASD genetics⁸⁷ and a recent genome
206 sequencing study³³ further illustrate the current lack of consensus (Fig. 1).

207 The ClinGen Gene–Disease Validity curation process evaluates the level of evidence supporting a given gene–
208 phenotype relationship and stratifies this into six classifications (from refuted to definitive) using both genetic and
209 experimental evidence. The curation process has been outlined previously¹⁹ and follows a detailed Standard Operating
210 Procedure (Ref-Version 6, August 29, 2018). Briefly, the following are critical steps in the procedure. First, the disease
211 entity for which the gene will be curated is established, as is the mode of inheritance. For the purposes of the proposed
212 framework, the disease entity is defined as ASD, regardless of the presence or absence of co-morbid phenotypes. The
213 second step consists of the (broad) collection of evidence including peer-reviewed literature and variant databases.
214 Genetic evidence is assessed based on various study types, including case reports and case series, but also statistical
215 associations reported in case–control and linkage studies. Experimental evidence is evaluated, including expression studies,
216 *in vitro*, *ex vivo* and *in vivo* studies, always taking construct validity and face validity into consideration. Acknowledging that
217 interpretation of experimental evidence is often not indisputable, in particular with regard to neurodevelopmental and
218 psychiatric conditions, the curation system limits the number of points that can be achieved in the experimental category.
219 Thus, the final classification cannot get beyond the lowest category (‘Limited’) unless genetic evidence is also available.
220 Third, all evidence is summarized and scored using a detailed scoring matrix. The fourth and final step consists of a
221 multidisciplinary expert review of evidence, which generates the final classification for the gene–disease relationship. This
222 ClinGen framework was originally intended for a variety of Mendelian disorders and has been incrementally adapted for
223 more complex disorders²².

224 Building on the existing ClinGen curation efforts towards a list of NDD-associated genes (which sometimes draw from
225 studies of ASD), we propose the same framework be applied to evaluate the evidence for involvement of NDD genes in
226 ASD through a curation process that weighs the quality of peer-reviewed evidence (Fig. 2). Genes for curation are selected
227 based on their reported relevance to ASD (beginning with those from existing NDD lists), starting with strong candidates,
228 as judged by the number of independent peer-reviewed studies and individuals reported with relevant variants. To address
229 the variable quality of information available regarding the ASD phenotype, we propose an algorithm for its systematic
230 evaluation (Fig. 3), the output of which is used in the gene curation procedure. Scoring adjustments will account not only
231 for quality of the information available on the ASD phenotype (Fig. 3) but also issues specific to ASD (Table 1). For example,
232 additional aspects, currently not yet taken into consideration in the curation process, include the higher phenotypic
233 resilience or different phenotypic expression in women⁸⁸⁻⁹⁰, as well as the fact that parents or siblings may have ASD even
234 in the absence of the putatively pathogenic variant^{32,91,92}. After attributing an evidence-based score for a gene’s relevance
235 to ASD, additional comments may be added (pleiotropic effects, incomplete penetrance and variable expressivity). This
236 information will be made publicly available and updated on an ongoing basis.

237 The principal question to be addressed by the curation process is whether a given gene, when affected by a deleterious
238 variant, could account for phenotypic findings of ASD in the individual carrying that genetic variant, regardless of any other
239 associated phenotype (for example, ID or epilepsy). The outcome of the curation process reflects the results of a
240 systematic evaluation of all available evidence regarding a possible relationship between a gene and ASD specifically.
241 Importantly, specificity does not imply exclusivity; the same gene can also be associated with other phenotypic outcomes.
242

243 Exemplary use of the proposed strategy

244 To demonstrate the proposed approach, we curated eleven potential ASD genes: *ADNP*, *ANK2*, *ARID1B*, *DSCAM*, *KATNAL2*,
245 *KDM5B*, *MEF2C*, *NLGN4X*, *NRXN2*, *SYN1* and *VPS13B*. These genes illustrate how the proposed framework for ASD
246 specifically may generate classifications that differ as a function of source (for example, ClinGen, SFARI, AAP Clinical Report
247 publication). For each gene, we scrutinized all publications indicating a relationship between the gene and ASD, extracting
248 from main text and supplementary materials all available details about the diagnostic methods used and descriptions of
249 ASD phenotype and intellectual ability. First, for each case contributing to genetic evidence we generated a preliminary
250 score following the ClinGen framework. Subsequently, we determined the level of confidence in the reported ASD
251 phenotype for each counted case, based on the systematic evaluation of the quality of diagnostic method and information
252 on cognitive ability (Fig. 3). The level of confidence in the reported ASD phenotype was then used to adjust the preliminary
253 ClinGen framework scores into a final score that was tallied and categorized to reflect the level of evidence available to
254 support a relationship between the given gene and ASD (Table 2). Supplementary Table 1 provides detailed information on
255 the scoring process. Variants with similar predicted impact on protein function were awarded fewer points when
256 confidence in the reported ASD phenotype was low, compared to cases with a high-confidence phenotype. This process is
257 illustrated in the scoring of *VPS13B*. Frameshift variants reported in Family AU-21100 explicitly mentioned that an
258 experienced clinician (neurologist, child psychiatrist or psychologist) provided the ASD diagnosis⁹³. By contrast, another
259 study also reported frameshift variants, but without information about how the ASD diagnosis was derived⁹⁴. To reflect the
260 lower confidence in the ASD phenotype in the latter study, one point was deducted from the default (2 points), whereas no
261 points were deducted from the first case (Supplementary Table 1).

262 Cognitive ability information can lower the confidence in the ASD phenotype despite the use of gold standard testing
263 methods. For instance, in the scoring of *NLGN4X*, a male patient was diagnosed as having ASD according to DSM-IV criteria,
264 but profound ID was also noted⁹⁵. In individuals with profound ID, the validity of the ASD diagnosis is reduced⁹⁶; hence,
265 scoring for this case was adapted to reflect that. The ClinGen procedure recommends score adjustment if variants similar
266 to those observed in probands are also observed in unaffected individuals. This may explain why some genes generated
267 lower classifications by our curation even though these genes are considered robust ASD risk genes in the existing
268 literature. For example, both *KATNAL2* and *ANK2* received the highest score by SFARI Gene and are included in the 22
269 selected ASD risk genes by the American Academy of Pediatrics⁹⁶. For *KATNAL2*, the pLI score listed in the gnomAD
270 database (<https://gnomad.broadinstitute.org/>) is 0, indicating that loss-of-function variants are tolerated in the population.
271 Indeed, loss of function variants reported in this gene are frequently also observed in clinically unaffected parents^{32,60},
272 which puts into question whether haploinsufficiency of *KATNAL2* is a plausible mechanism associated with ASD risk. Along
273 the same line of reasoning, *ANK2* scoring was downgraded because the missense variants observed in this gene were
274 reported also in unaffected individuals^{97,98}, and evidence of an impact on protein function was lacking.

275 Additional scoring adjustments can be considered to reflect the genetic complexity in ASD. For example, in contrast to
276 the evaluation of typical Mendelian disorders, in ASD, an autosomal dominant variant transmitted from an unaffected
277 mother to an affected son may be considered contributory⁹⁹. Similarly, a variant not shared between two affected siblings
278 may still be relevant^{32,92} (Supplementary Table 1).
279

280 Reporting gene associations with ASD

281 The proposed systematic evaluation of existing genetic studies in ASD can be used as a guideline for investigators planning
282 to report on genetic findings in patients with ASD (Box 2). Some of the challenges related to the quality of the ASD
283 phenotype are the consequence of missing information that may have been avoidable. For example, not reporting the
284 assessment methods that were used to diagnose ASD reduces the degree of confidence in the phenotype. Similarly, it is
285 essential to report cognitive assessment and results. The term “(global) developmental delay” seems to be used frequently
286 to suggest a certain degree of ID, whereas it is actually a non-specific term for young children who are not meeting or have
287 not met developmental milestones¹². Unfortunately, in case reports it is often used as a phenotypic descriptor in older
288 individuals, which makes it difficult to interpret; theoretically, the subject may have anywhere from profound ID to
289 intellectual abilities within the normal IQ range. Similarly, the interpretability of genotype findings can be complicated by
290 the use of ambiguous nomenclature, or lack of reporting of technologies, including aspects of the informatic pipelines such
291 as the version of the genome-build used.
292

293 Conclusions

294 For queries about genetic testing in ASD, there is a need to robustly document the level of evidence in support of the
295 involvement of an NDD-associated gene with ASD itself. The subset of genes that, when altered, result in a high likelihood
296 of an ASD phenotypic outcome is fairly straightforward to evaluate. Those genes with lower relative risk of ASD require the
297 development of thresholds to define the contribution to ASD probability and a system to quantify the proportion of ASD
298 among non-ASD phenotypes under the NDD umbrella. At present, for genes included in existing diagnostic panels, it is

299 often unclear whether and how these parameters were assessed, or to what extent genes were included based on
300 association predominantly with other non-ASD neurodevelopmental phenotypes.

301 With a curated ASD-relevant gene list, clinical laboratories can design and/or test panels and/or gene prioritization
302 algorithms based on the currently available evidence, and health care providers can order and interpret genomic tests with
303 more confidence, according to their needs. Test indications may be set broadly for NDDs that are unspecified at the time of
304 genetic testing, using the complete NDD gene list, or offer to focus on the most relevant genes for other disorders, such as
305 epilepsy. The ClinGen framework provides a good path forward to at least initially examine rare, presumed high-impact
306 variants in NDD genes for their role more specifically in ASD. Of note, other psychiatric conditions, such as schizophrenia,
307 may benefit from a similar curation framework outlined in this manuscript.

308 We believe it is imperative that a broad, international consensus be reached regarding genes related to the aetiology of
309 ASD and the strength of the evidence supporting each such gene. We currently fail to exploit the full potential of published
310 genetic studies in ASD, in part because the phenotypic and genotypic information in a substantial number of reports is
311 incomplete and/or ambiguous. Thus, we propose a systematic evaluation framework model that can be used to build an
312 evidence-based list of genes relevant to ASD. The elements composing this framework also provide guidelines for
313 researchers for future publications, maximizing their contribution to our understanding of the genetic underpinnings of
314 ASD.

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323

324 **Competing interests**

325 H. F. is a Section Editor for Genetics for UpToDate. S. S. declares he is part of scientific advisory committees and/or has
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Table 1. Aspects of ASD that may affect gene curation

ASD Consideration	Issue
Phenotype	
Diagnostic process in ASD varies with differences in the quality of the assessment	Is the phenotype ASD?
Sex of the affected individual and the parent transmitting the variant will impact expression of ASD phenotype for some genes	How will sex of the individuals or transmitting parents be factored into evaluation of association evidence?
Genotype	
The etiopathology of ASD is only partly known and may converge on different pathways	How can function/alterations be assessed if disease mechanism is unclear?
Unlike most disorders, ASD and ASD traits may be present in the parents and/or siblings	What weight to assign inherited vs. de novo variants?
Methodological	
Variants may be present in control population databases, but more prevalent in ASD cohorts	How does scoring system account for lower impact genes?
Case-control studies for ASD do not typically match for age, ethnicity, and sex	How to evaluate results from large case-control data?
The interpretation of behavioural findings from animal models for ASD is challenging	Is the observed animal behaviour reflective of ASD or something else?

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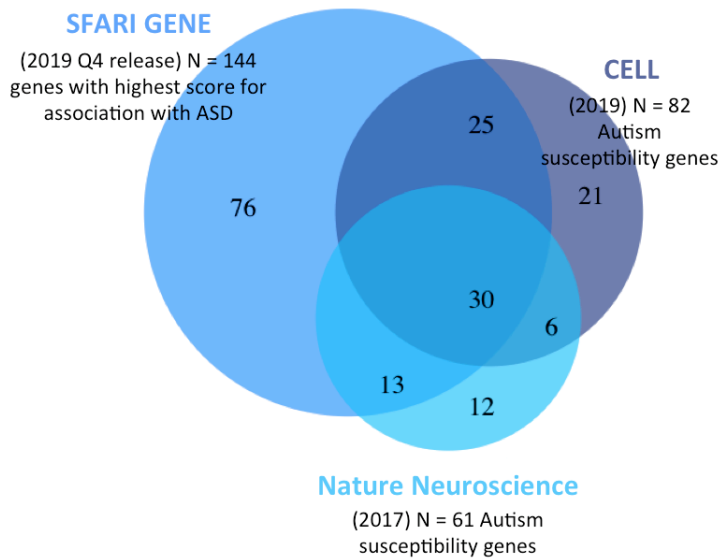
Table 2. Scoring outcome in eleven exemplary genes

Gene	Existing ClinGen Curation	Proposed additional annotation of evidence in support of a relationship with ASD¹
<i>ADNP</i>	NA	Definitive (score = 14.5)
<i>ANK2</i>	Definitive [Brugada Syndrome]	Moderate (score = 10.8)
<i>ARID1B</i>	Definitive [Coffin–Siris Syndrome]	Definitive (score = 12)
<i>DSCAM</i>	NA	Definitive (score = 12)
<i>KATNAL2</i>	NA	Limited (score = 4.1)
<i>KDM5B</i>	NA	Limited (score = 2.8)
<i>NRXN2</i>	NA	Moderate (score = 7)
<i>NLGN4X</i>	Definitive [Complex NDD]	Definitive (score = 12)
<i>MEF2C</i>	Definitive [Complex NDD]	Moderate (score = 9.85)
<i>SYN1</i>	Moderate [Complex NDD]	Limited (score = 2.35)
<i>VPS13B</i>	Definitive [Cohen Syndrome]	Limited (score = 6.35)

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¹ Calculated classification as outlined in ClinGen protocol (<https://clinicalgenome.org>; and see SOP Version 6, August 29, 2018 [in the Supplement](#)). See Supplementary Table 1 for a detailed breakdown of the scoring of each gene. NA, not available.

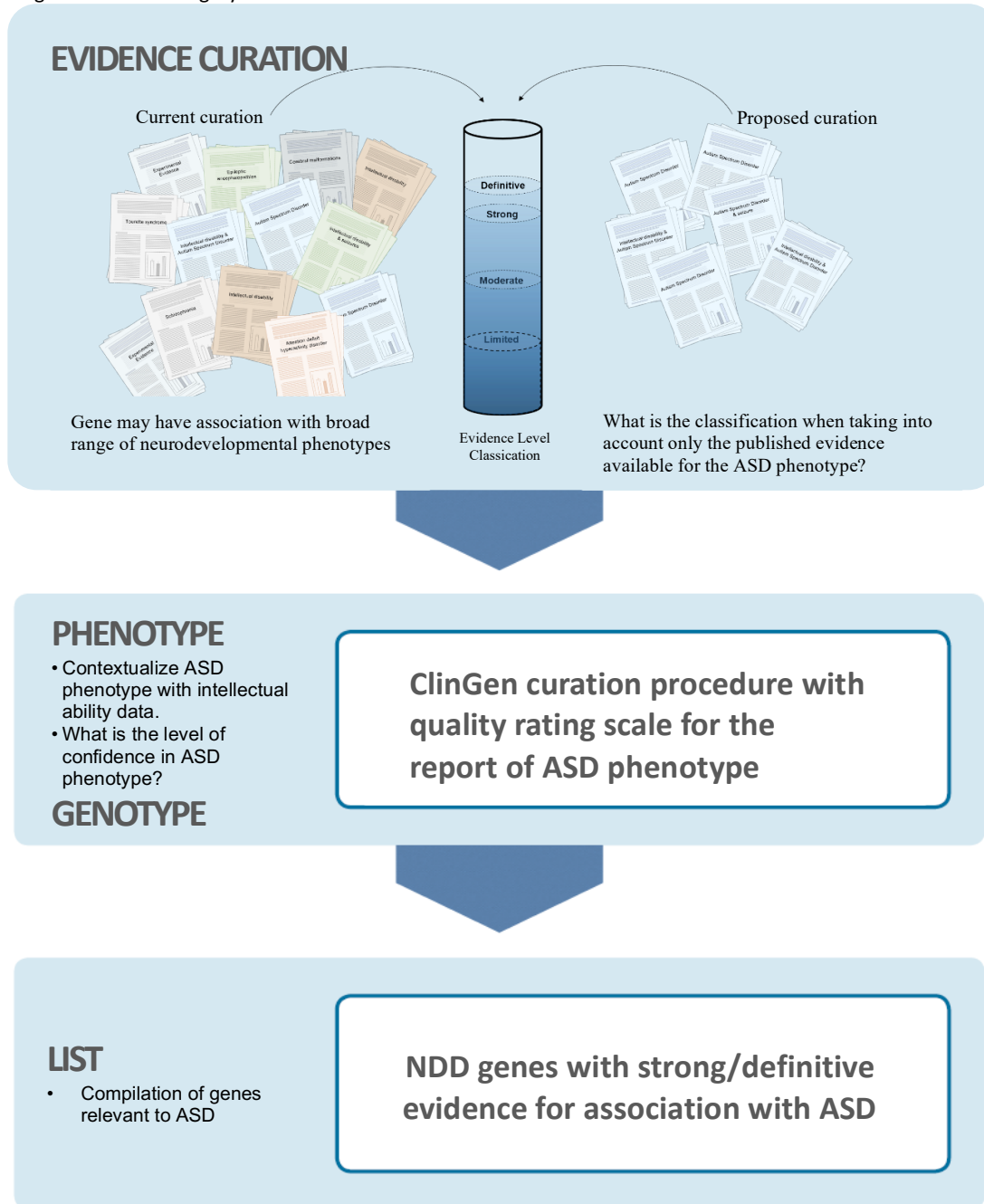
340 **Fig. 1. Overlap between three sets of genes considered to be associated with ASD susceptibility.** At the time of the
 341 submission of the manuscript, SFARI GENE (<https://gene.sfari.org>) has scored 913 genes; of these, 144 genes received the
 342 highest score (Category 1; High Confidence). Iakoucheva et al.⁸⁷ reported 106 ASD susceptibility genes, of which 82 have
 343 been evaluated by SFARI Gene to date. Yuen et al.³³ reported 61 ASD susceptibility genes, all which have been evaluated by
 344 SFARI Gene to date. In both gene sets^{33,87} a third of genes did not yield the highest SFARI score for ASD association, and
 345 only a total of 30 genes were shared between these three gene sets.



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Fig. 2. Proposed pipeline. Step 1, Evidence curation to evaluate strength of a gene-disease relationship based on publicly available genetic and experimental evidence. Select gene with reported association with ASD, regardless of additional phenotypic associations. We will start with genes with highest level of available evidence. Step 2, PHENOTYPE and GENOTYPE data: consists of two components, i) systematic evaluation and consensus rating of the quality of report of the ASD phenotypes in the evidence collected by the ClinGen procedure (Table 1), and ii) application of the ClinGen evaluation process for genetic evidence as outlined by Strande et al. Table 2). Step 3, LIST compilation: any NDD gene that scores as strong or definitive category for association with ASD will be included on the list.



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Fig 3. Systematic evaluation of quality of the ASD phenotype report. Six phenotype experts independently scored eight published reports¹⁰⁰⁻¹⁰⁷ using this algorithm; results indicated 98% consistency regarding the rating of low, medium and high confidence in the reported ASD phenotype, and 90% consistency regarding the cognitive ability information. Proposed scoring adjustments: If default score is 2 (ClinGen default for *de novo* variant): low confidence (-1) and medium confidence (-0.5); if default score is 1.5 (ClinGen default for an inherited variant that is predicted/proven null): low confidence (-0.5) and medium confidence (-0.25); if default score is 0.5 (ClinGen default for an inherited variant not predicted/proven null, with some evidence of gene impact, e.g. missense variant with functional evidence supporting pathogenicity): low confidence (-0.25) and medium confidence (-0.1). For all default scores: Cognitive ability comments applied to all default scores:

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profound ID (c): case not counted towards curation; insufficient information regarding intellectual ability (d): scoring adjustments optional and decided by expert review. Note that these rules are tentative and may be adjusted based on increasing curation experience, but have been maintained consistently across all curations thus far.

1.1 Retrieve ASD phenotype information from paper and supplemental methods



1.2 Retrieve information on intellectual ability



- A. Expert clinician or multidisciplinary team assigned (consensus) diagnosis of ASD
 - B. Validated assessment methods were used (e.g. ADI-R, ADOS)
 - C. Explicit mention of “[meeting] DSM or ICD [criteria]”
 - D. Description of symptoms in social/communicative AND repetitive domain indicative of a diagnosis of ASD
 - E. Only mentions “ASD”, “Autism”, “Autistic disorder”, “PDD”, “PDD-NOS” or “Asperger”
 - F. Only mentions “Autistic features”, “Autistic traits”, “Autistic behavior” or “Autism-like behavior” (or similar terms with the same meaning) or only a description of some symptoms compatible with ASD but insufficient to qualify for D.
- a. No ID, mild ID or moderate ID
 - b. Severe ID
 - c. Profound ID
 - d. No, or insufficient, information on intellectual ability.

2.1 Rating ASD phenotype

High confidence: A, B, C, or any combination of these.
Medium confidence: D
Low confidence: E or F

2.2 Cognitive ability cautionary comment

If a: no cautionary comment required
If b, with A AND B: no cautionary comment required
If b, without A AND B: add comment “some uncertainty regarding validity of ASD diagnosis in light of severe ID and insufficient information on ASD phenotyping methods”
If c: add comment “case not counted towards evidence in light of profound ID”
If d: “uncertainty regarding validity of ASD diagnosis in light of insufficient information regarding intellectual ability”

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378 **Box 1. Characteristics of the proposed list of genes relevant for ASD**

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380 This list will:

- 381 • identify genes that have sufficient evidence of relevance to ASD when affected by deleterious genetic variants
- 382 • provide a route towards identifying an underlying genetic condition that contributes to the ASD phenotype
- 383 • contribute to insight into biological mechanisms involved in the etiopathology of ASD

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385 This list will not:

- 386 • replace the behavioural diagnosis
- 387 • imply specificity for ASD alone (effects may be pleiotropic)
- 388 • negate the need for an NDD, ID, or any other gene list
- 389 • be fully comprehensive; rather, it is a work-in-progress and thus not to be used to exclude a clinical genetic diagnosis
- 390 • predict specific type or severity of ASD

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393 **Box 2. Guidelines for reporting ASD genotype–phenotype studies**

394 To maximize the informative potential of genetic studies in ASD, the following elements should be considered.

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396 **Genetic information**

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- Follow latest recommendations for sequence variant nomenclature.
- Report genome build and gene transcript in which variants are reported.
- Mention other variants found in addition to the primary one.
- Use p. and c. nomenclature of variant¹; specify exact breakpoints of structural variants or note when unknown.
- Report technology that was employed to detect variant and whether findings were validated.
- Report the inheritance of the variant (*de novo* versus inherited) and possible segregation within the family.
- Report frequency in general population/control databases at time of publication

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Phenotype information

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- Describe how the diagnosis of ASD was made; the involved clinical expertise and what (validated) ASD assessment tools were employed.
- Report any available information on intellectual ability, including the test(s) administered and scores.
- If formal intellectual assessment was performed, use adequate classification terms in accordance with DSM and ICD criteria.
- Large cohort studies should include a (supplementary) table with the above-mentioned information for each subject, or at minimum for those subjects identified with (putatively) deleterious genetic variants. Tables should be organized such that phenotype and genotype information can be evaluated together.

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The highest degree of information can be obtained when parental phenotypic information is provided, recognizing that features of ASD can be present (or present at sub-clinical levels). If parents are reported as without any ASD or related difficulties, investigators should report whether parents were formally assessed, and if so, what instruments were used.

¹ “p” for protein reference sequence, “c” for a coding DNA reference sequence.

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