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Title: Diagnosis and outcome of hydatidiform moles in missed-miscarriage:  
a cohort-study, systematic review and meta-analysis

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Partial mole  
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Miscarriage  
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Abstract: Objective: To evaluate the ultrasound diagnostic rates of complete hydatidiform moles (CHM) and partial hydatidiform moles (PHM) in women presenting with a missed miscarriage, the clinical complications at diagnosis and the risk of gestational trophoblastic neoplasia (GTN) after surgical evacuation and to compare our findings with those of the published literature by completing a systematic review and meta-analysis  
Study design: Retrospective review of the data of 295 women diagnosed with a histologically confirmed hydatidiform moles (HM) over a 15-year period, including 128 CHM and 167 PHM. All women were referred to a regional specialist centre for follow-up and further management. An electronic search of PubMed, Google Scholar and MEDLINE was performed for studies published between September 1973 and September 2017 reporting on the early ultrasound diagnosis of hydatidiform mole. Only cohort studies which provided ultrasound data confirmed by histopathology were included.  
Results: In the cohort study, ultrasound imaging diagnosed a significantly ( $p < 0.001$ ) higher number of CHM (95/128 (74.2%)) than PHM (68/167 (40.7%)). Ovarian theca lutea cysts were observed in three CHM and one PHM. There were no cases of pre-eclampsia or thyrotoxicosis at the time of diagnosis. Maternal serum  $\beta$ -human chorionic gonadotrophin levels were abnormally low ( $< 0.5$  MoM) in 5/51 (10%) CHM and 23/43 (53%) PHM and abnormally high ( $> 2.0$  MoM) in 20/51 (39%) CHM and 2/43 (5%) PHM. Seventeen (12.3%) CHM and two (1.4%) PHM GTN requiring treatment. In the literature the proportion of histologically diagnosed HM, suspected on ultrasound in early pregnancy, ranged between 34.2 and 90.2% for HM, 57.8 and 95% for CHM and 17.6 and 51.6% for PHM. The meta-analysis indicated

substantial heterogeneity in the overall ultrasound diagnosis of HM and in the differential diagnosis between CHM and PHM.

Conclusion(s): As around a third of CHM and two thirds of PHM are not diagnosed on ultrasound in cases of missed miscarriage, histopathological examination of all products of conception in case of early pregnancy failure is essential to detect molar changes. This is particularly important for the management of women with CHM who have a higher risk of developing a GTN.

## ANSWER TO THE REVIEWERS COMMENTS

*Ref.: Ms. No. EJOGRB-20-21852, "Diagnosis and outcome of hydatidiform moles in missed-miscarriage: a cohort-study, systematic review and meta-analysis"*

**Reviewer #1:** This is an interesting manuscript comparing a retrospective cohort with previous similar studies regarding complete and partial hydatidiform moles. At the same time demonstrate the usefulness of histological examinations of remains in case of early pregnancy loss. This is the main strength of the manuscript. The stringent criteria for both, the cohort study and meta-analysis make the conclusions trustworthy. It would be desirable to cluster the studies in meta-analysis by region/country, particularly in underdeveloped countries. In this way, the comparisons could be more useful. I recommend to include those data in the analysis.

We thank the reviewer for his comment and have changed table 1 to order the studies according to their country of origin. There were no studies from low-income countries.

**Reviewer #2:** The article reviews the importance of routine histological examination of products of conceptus following early pregnancy failure. It relies on the strength of a retrospective study of cases from two reputed centres in the UK and draws comparison from literature of similar studies through systematic review and meta-analysis. The study is very relevant to current clinical practice as many centres are contemplating or already have abandoned the practice of sending early pregnancy tissue for histological examination following miscarriage. It also shows the accuracy of diagnosing CHM and PHM on ultrasound scan and highlights the importance of missing molar pregnancy and subsequent sequelae with GTN. I think this article will be highly relevant to policy makers both locally and nationally. Overall the article is balanced and methodologically sound.

# Diagnosis and outcome of hydatidiform moles in missed-miscarriage: a cohort-study, systematic review and meta-analysis

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4 **ABSTRACT**  
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7 *Objective:* To evaluate the ultrasound diagnostic rates of complete hydatidiform  
8 moles (CHM) and partial hydatidiform moles (PHM) in women presenting with a  
9 missed miscarriage, the clinical complications at diagnosis and the risk of  
10 gestational trophoblastic neoplasia (GTN) after surgical evacuation and to  
11 compare our findings with those of the published literature by completing a  
12 systematic review and meta-analysis  
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21 *Study design:* Retrospective review of the data of 295 women diagnosed with a  
22 histologically confirmed hydatidiform moles (HM) over a 15-year period, including  
23 128 CHM and 167 PHM. All women were referred to a regional specialist centre  
24 for follow-up and further management. An electronic search of PubMed, Google  
25 Scholar and MEDLINE was performed for studies published between September  
26 1973 and September 2017 reporting on the early ultrasound diagnosis of  
27 hydatidiform mole. Only cohort studies which provided ultrasound data confirmed  
28 by histopathology were included.  
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41 *Results:* In the cohort study, ultrasound imaging diagnosed a significantly  
42 ( $p < 0.001$ ) higher number of CHM (95/128 (74.2%)) than PHM (68/167 (40.7%)).  
43 Ovarian theca lutea cysts were observed in three CHM and one PHM. There  
44 were no cases of pre-eclampsia or thyrotoxicosis at the time of diagnosis.  
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Maternal serum  $\beta$ -human chorionic gonadotrophin levels were abnormally low ( $< 0.5$  MoM) in 5/51 (10%) CHM and 23/43 (53%) PHM and abnormally high ( $> 2.0$  MoM) in 20/51 (39%) CHM and 2/43 (5%) PHM. Seventeen (12.3%) CHM and two (1.4%) PHM GTN requiring treatment. In the literature the proportion of

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4 histologically diagnosed HM, suspected on ultrasound in early pregnancy, ranged  
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6 between 34.2 and 90.2% for HM, 57.8 and 95% for CHM and 17.6 and 51.6% for  
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8 PHM. The meta-analysis indicated substantial heterogeneity in the overall  
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10 ultrasound diagnosis of HM and in the differential diagnosis between CHM and  
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12 PHM.  
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16 *Conclusion(s):* As around a third of CHM and two thirds of PHM are not  
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18 diagnosed on ultrasound in cases of missed miscarriage, histopathological  
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20 examination of all products of conception in case of early pregnancy failure is  
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22 essential to detect molar changes. This is particularly important for the  
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24 management of women with CHM who have a higher risk of developing a GTN.  
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34 **Key Words:**

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36 Hydatidiform mole

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38 Complete mole

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40 Partial mole

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42 Ultrasound imaging

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44 Miscarriage

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46 Gestational trophoblastic neoplasia  
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## 1.0 Introduction

Hydatidiform moles (HM) are characterized by villous mesenchymal tissue swelling and trophoblastic hyperplasia, the presence of which confirms the diagnosis on histologic examination [1,2]. HMs are classified into either complete hydatidiform moles (CHM) where the trophoblastic hyperplasia is diffuse, fetal development is absent and the morphological changes are generalised, or partial hydatidiform moles (PHM) which characteristically display trophoblastic hyperplasia with focal villous hydropic changes and evidence of fetal development [3-5].

The incidence of CHM is estimated at around 1 per 1000 births in the UK and USA [1,2] but it varies around the world [6] and is higher in adolescents and women with advanced maternal age [7]. The estimated incidence of PHM is 1 per 700 pregnancies including triploid PHMs which represent more than 90% of cases [5]. Following uterine evacuation, 15-20% of patients with a CHM develop gestational trophoblastic neoplasia (GTN) requiring chemotherapy [1,2]. By contrast, the risk of GTN following the uterine evacuation of a PHM is well less defined with incidences ranging between 0.5 and 10% [8-12]. Measuring the levels of total or  $\beta$ -human chorionic gonadotrophin ( $\beta$ -hCG) in maternal serum (MS) or urine have been pivotal in the follow-up and management of these conditions [1,2,13,14] but has rarely been used in the diagnosis of HMs in women presenting with an early pregnancy failure.

Before the advent of ultrasound imaging, HMs were only suspected around mid-gestation on the basis of clinical symptoms, such as chronic vaginal bleeding, excessive uterine enlargement, severe hyperemesis, early onset pre-eclampsia, eclampsia and thyrotoxicosis and high hCG levels in maternal urine

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4 [15,16]. In fact, one of the first uses of ultrasound in obstetrics was for the  
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6 prenatal diagnosis of CHM [17,18]. Early cohort studies have shown the high  
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8 accuracy of ultrasound imaging in diagnosing CHM in the second trimester of  
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10 pregnancy [19-20]. With the increased use of high-resolution transvaginal  
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12 ultrasound (TVS) in early pregnancy, the diagnosis of both CHM and PHM has  
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14 moved from the second trimester to the first trimester [21-27]. Ultrasound  
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16 imaging has also progressively replaced invasive radiological techniques, such  
17  
18 as angiography, in the follow-up of women with GTN [20].  
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24 The molar transformation of the placental tissue in HM is a progressive  
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26 phenomenon secondary to the oedema of the villous mesenchyme and the  
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28 typical cystic molar changes found on ultrasound are often not visible before 9  
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30 weeks of gestation [28]. The vast majority of CHM and triploid PHM miscarry  
31  
32 spontaneously during the first three months of pregnancy and it has been  
33  
34 estimated that the incidence of HM is higher in early than in late pregnancy  
35  
36 losses [3]. Women presenting with an early pregnancy failure (whether early  
37  
38 embryonic demise, incomplete or complete miscarriage) will only have a  
39  
40 histological examination if they opt for surgical management. Therefore, if a HM  
41  
42 is not diagnosed at the time of the sonographic examination, women are at risk of  
43  
44 delayed treatment should persistent GTN develops. The purpose of the present  
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46 study was to evaluate the detection rates of histologically confirmed CHM and  
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48 PHM in women presenting with a missed-miscarriage, the clinical complications  
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50 at diagnosis and the risk of gestational trophoblastic neoplasia (GTN) after  
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4 surgical evacuation and to compare our findings with those of the published  
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6 literature by completing a systematic review and meta-analysis.  
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## 10 11 **2.0 Materials and Methods** 12 13

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15 Women diagnosed histologically with a HM who had an ultrasound  
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17 examination at  $\leq$  13 weeks of gestation at the Early Pregnancy Assessment Unit  
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19 (EPAU) at University College London (UCLH) and King's College Hospital (KCH)  
20  
21 in London, UK between March 2003 and December 2017 were included in the  
22  
23 study. All women presenting to the Early Pregnancy Unit (EPU) with a positive  
24  
25 pregnancy test and symptoms of early pregnancy complications are offered a  
26  
27 high-resolution transvaginal ultrasound examination as part of their medical  
28  
29 assessment. All TVS examinations are carried out by a research fellow in  
30  
31 obstetrics and gynaecology or by a sonographer, supervised by experienced  
32  
33 specialists. All pregnancies were dated according to the last menstrual period  
34  
35 (LMP) confirmed by gestational sac diameter and/or by fetal crown-rump length  
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37 (CRL) in ongoing pregnancies. Women presenting with ultrasound features  
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39 indicating an early pregnancy failure (missed miscarriage or incomplete  
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41 miscarriage) are offered surgical evacuation or conservative management with  
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43 follow-up in line with the local protocols.  
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52 The population studied included all cases of histologically confirmed CHM  
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54 and PHM who had an ultrasound examination in one of the two EPAUs. The  
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56 ultrasound diagnosis of suspected HM was made contemporaneously in both  
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58 units using the following ultrasound signs: for CHM, diffuse villous hydropic  
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4 changes occupying the entire uterine cavity lumen with no fetus/embryo and for  
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6 PHM, placental enlargement with focal villous hydropic changes and an amniotic  
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8 sac containing a fetus/fetal remnant or empty [28]. Surgical management of  
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10 miscarriage is recommended for all women with suspected HM on TVS. All  
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12 evacuated surgical tissue is sent for routine histological examination and  
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14 reviewed by a specialist pathologist if suspected of hydatidiform changes and/or  
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16 trophoblastic hyperplasia.  
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21 All the cases diagnosed in our units are registered for follow-up with the  
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23 regional gestational trophoblastic disease service at Charing Cross Hospital  
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25 ([www.hmole-chorio.org.uk](http://www.hmole-chorio.org.uk)), Imperial College, London, UK. MS  $\beta$ -hCG levels are  
26  
27 not routinely obtained at the time of the ultrasound examination but after  
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29 registration urine samples are taken monthly for measurement of the  $\beta$ -hCG level  
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31 for 6 months if the level has reverted to normal with 56 days post-surgery or 6  
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33 months from normalisation of the level.  
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38 The protocol and a waiver of consent were approved by the NHS Health  
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40 Research Authority (REC 18/WM/0328) and the local institutional review boards  
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42 for each participating site.  
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## 46 47 48 *2.1 Systematic review* 49

50 An electronic search of PubMed, Google Scholar and MEDLINE was performed  
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52 for studies published between September 1973, corresponding to the first  
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54 ultrasound description of HM in early pregnancy by Birnholz and Barnes [19] and  
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56 September 2017. The search protocol was designed *a priori* and registered on  
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4 PROSPERO (CRD42016050628) (<http://www.crd.york.ac.uk/PROSPERO>) in line  
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6 with current recommendations and reported as per PRISMA 2009 guidelines  
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8 ([www. prisma-statement.org](http://www.prisma-statement.org)). The search strategy consisted of MeSH headings  
9  
10 for “hydatidiform mole”, “complete hydatidiform mole”, “partial hydatidiform mole”,  
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12 “molar pregnancy”, “gestational trophoblastic disease” AND “ultrasound  
13  
14 diagnosis” OR “ultrasound screening” OR “ultrasound imaging” AND “early  
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16 pregnancy failure” OR “miscarriage” OR “spontaneous abortion”. The title and  
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18 abstracts were independently assessed by two authors (MM and EJ) for content,  
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20 data extraction and analysis. Additional relevant studies were identified from  
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22 reference lists of reviews and editorials. The search was limited to articles  
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24 published in English. Only cohort studies which provided ultrasound data  
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26 confirmed by histopathology were included.  
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33 We included retrospective and prospective cohort studies. The index test  
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35 consisted of at least one ultrasound examination performed during the first  
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37 trimester of pregnancy in women presenting with symptoms and/or ultrasound  
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39 signs of early pregnancy failure. The reference standard for confirmation of HM  
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41 after evacuation was histopathologic observation of placental villi with hydropic  
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43 changes and trophoblastic hyperplasia. All search results were combined in a  
44  
45 reference database. Duplicates were removed by hand. Disagreements between  
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47 the two original reviewers were resolved by discussion with the third investigator  
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49 (DJ).  
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55 Clinical study characteristics and outcomes were extracted using a  
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57 predesigned data extraction form including: author institution, year of publication,  
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4 country, total number of HM including the number of CHM, PHM and non-molar  
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7 hydropic cases confirmed by histopathology. The primary outcome measure was  
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9 the number of cases of HM, CHM and PHM suggested by ultrasound imaging  
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11 before surgical evacuation and gestational age at diagnosis. Secondary  
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14 outcomes included number of cases in the study population and MS $\beta$ -hCG levels  
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16 at diagnosis.  
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19 The Quadas-2 tool for the quality assessment of diagnostic accuracy  
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21 studies was used to score the methodological quality of the included articles [29].  
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23 The quality items assessed were study design and the conduct and analysis of  
24  
25 all included studies. Each item was scored 'high' or 'low', or 'unclear' if there was  
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27 insufficient information to make an accurate judgment on the risk for bias. No  
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29 study was excluded based on the risk of bias assessment. Two independent  
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31 reviewers (MM and EJ) undertook the quality assessment. Discrepancies were  
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33 resolved with evaluation from the third reviewer (DJ).  
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## 41 *2.2 Statistical analysis*

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43 Stata (STATA software (version 15; StataCorp, College Station, TX) was used to  
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45 perform the statistical analysis. Standard Kurtosis analysis indicated values that  
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47 were not normally distributed and they are therefore presented as median and  
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49 interquartile range (IQR). Categorical variables were compared using chi-  
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51 squared ( $\chi^2$ ) test. A random effects model was used to combine the studies while  
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53 incorporating variations among studies unless there were three or less studies  
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55 contributing to the meta-analysis in which case a fixed effect model was used.  
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4 Statistical heterogeneity was assessed with the Cochran's Q-test and the I<sup>2</sup>  
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7 statistic (the proportion of variation in study estimates because of heterogeneity  
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9 rather than sampling error). Forest plots are presented to graphically summarize  
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11 the study results and the pooled results. A p-value of <0.05 was considered  
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14 significant.

### 19 **3.0 Results**

#### 24 *3.1 Cohort study*

27 During the time period of the study, 295 cases of early pregnancy failure were  
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29 identified who had an ultrasound examination in one of the two units and were  
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31 confirmed as HM by histological examination at the regional referral centre. They  
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33 included 142 cases from KCH which were used in a previous cohort study on the  
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35 ultrasound imaging of HM [30]. The study group included 128 CHMs and 167  
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37 PHMs and the overall ultrasound detection rate was significantly (p<0.002) higher  
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39 for CHM than for PHM (95/128 (74.2%) versus 68/127 (40.7%);  $\chi^2=32.9$ )  
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44 Accurate LMP data were available in 165 (58.9%) cases and the median  
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46 gestational age at diagnosis in these cases was 10.0 weeks (IQR 8.3;12.1). MS  
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48  $\beta$ -hCG levels were available in 94 of these cases at the time of the ultrasound  
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50 examination including 51 CHMs and 43 PHMs. Compared to our charts for first  
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52 trimester ongoing pregnancies, MS  $\beta$ -hCG levels were high (> 2.0 MoM) in 20  
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54 CHMs (39.2%) and two PHMs (4.7%) and low (< 0.5 MoM) in 5 CHMs (9.8%)  
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57 and 23 PHMs (53.5%), respectively. Ovarian theca lutein cysts were described in  
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4 three cases of CHM and one case of PHM with an overall incidence of 1.4%.

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7 There were no cases of either type of HM complicated by pre-eclampsia or  
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9 thyrotoxicosis at the time of diagnosis.

10  
11 On follow up 19 women (6.8%) developed GTN which required treatment.  
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13 The initial diagnosis in 17 these cases was CHN and two remaining occurred  
14  
15 following PHM. MS  $\beta$ -hCG levels at the time of the ultrasound examination were  
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17 available in 14 of these cases with only five women, all diagnosed with CHMs,  
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19 presenting with abnormally high readings.  
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### 26 *3.2 Systematic review*

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28 From 340 citations identified, we included ten articles for the qualitative and  
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30 quantitative analyses. The process of selection of the articles is summarized in  
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32 Figure 1. The characteristics and primary outcome of the corresponding studies  
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34 and of the present study are presented in table 1. All studies but one [27] were  
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36 retrospective and published between 1999 and 2016. Including the present  
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38 cohort, a total of 1593 cases of HMs confirmed by histopathology were included  
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40 in the meta-analysis.  
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46 The mean/median gestational age at diagnosis ranged between 7 weeks  
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48 and 6 days and 10 weeks and 6 days (Table 1). Three cohort studies [22,31,34]  
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50 included only cases of CHM and the others includes both CHM and PHM. Cases  
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52 of non-molar hydropic miscarriage were included in the study group of seven  
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54 cohort studies [23,25-27,31-33]. Epidemiological data were provided by three  
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56 studies including the number of HM per deliveries [31,32] and the number of HM  
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4 per early pregnancy failure<sup>27</sup> or abnormal early pregnancy [31]. Measurements  
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6 of total or MS  $\beta$ -hCG were reported in three studies [22,27,31] with abnormally  
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8 high levels in four out of 13, four out of 15 cases and 14 out of 14 cases  
9  
10 respectively, as tested at the time of the ultrasound diagnosis. Ovarian theca  
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12 lutein cysts were only reported in two cases of CHM in a cohort of 24 HM  
13  
14 including 17 CHM and two PHM [23]. There were no reports of HM complicated  
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16 by pre-eclampsia or thyrotoxicosis at the time of the ultrasound examination in  
17  
18 any of the studies. Only one study reported on four cases presenting as CHM  
19  
20 that were subsequently complicated by GTN.  
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26 The quality of the studies is shown in Figure 2. Four of the included  
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28 studies had a risk of bias for patient selection, three for the index test, six for the  
29  
30 reference standard and three for flow and timing.  
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33 The meta-analysis indicated statistically significant ( $P < 0.001$ ) level of  
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35 overall heterogeneity between study estimates for the detection rates of HM,  
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37 CHM and PHM and these are displayed in Figs. 1 - 3. The detection rates ranged  
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39 between 32.5% and 90.2%, 57.8% and 100% and 0 and 47.1% for HM, CHM  
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41 and PHM, respectively.  
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## 50 **4.0 Discussion**

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55 Our study confirms previous findings that around a third of CHM and two  
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57 thirds of PHM are not detected by ultrasound imaging in women presenting with  
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59 first trimester miscarriages. MS  $\beta$ -hCG levels at the time of ultrasound  
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4 examination are variable with 39.2% of CHM presenting with an abnormally high  
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6 level and 53.5% of PHMs presenting with a low level. The incidence of  
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8 associated complications is low but the risks of subsequently developing GTN in  
9  
10 women with histologically confirmed HMs is similar to that reported later in  
11  
12 pregnancy.  
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16 In PHM, the sonolucent cystic areas corresponding to hydropic molar villi are  
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18 demonstrated in a small proportion of cases [5,11] and are difficult to differentiate  
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20 from the hydropic changes associated with prolonged retention of placental tissue  
21  
22 following fetal demise. This can explain the higher sensitivity of ultrasound imaging  
23  
24 in diagnosing CHM compared to PHM in early pregnancy failure. The likelihood of  
25  
26 ultrasound diagnosis of HM is operator-dependent and small cohort studies are  
27  
28 more likely to be reported by expert diagnostic units. This can explain why we  
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30 found substantial heterogeneity in the meta-analysis for the overall ultrasound  
31  
32 detection rates of HM and for the differential diagnosis between CHM and PHM  
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34 (Figures 3 to 6). Similarly, the results of standard pathologic examination are  
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36 influenced by gestational age of the villous tissue, the expertise of the pathologist  
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38 and the type of HM, with PHM being more difficult to diagnose in products from  
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40 early pregnancy failure [4]. Several authors have shown that flow cytometry  
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42 analysis of DNA content to evaluate the ploidy could improve the accuracy of  
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44 standard histologic examination [3,37,38].  
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53 Before the advent of prenatal ultrasound diagnosis, early onset pre-  
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55 eclampsia and hyperthyroidism were well known clinical complications of CHM  
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57 [39,40]. Placentation in both CHM and PHM is very superficial with limited  
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4 trophoblastic migration into the uterine wall [5,41]. The absence of plugging of  
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6 the spiral arteries allows the premature entry of maternal blood into the  
7  
8 intervillous space and can explain why vaginal bleeding is the most common  
9  
10 presenting symptom, seen in approximately 90% of HM in an early pregnancy  
11  
12 unit setting [27]. Poor placentation with incomplete transformation of the utero-  
13  
14 placental circulation is the main pathophysiological factor leading to pre-  
15  
16 eclampsia and cases of early pre-eclampsia have been reported in ongoing PHM  
17  
18 triploidies [5,42,43]. None of the patients in our cohort study nor in the articles  
19  
20 selected for the systematic review presented with these complications. Ovarian  
21  
22 thecal lutein cysts have been reported in 9% of second trimester CHMs [1,40].  
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24 The data indicate that the incidence of associated complications is very low in  
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26 women diagnosed an early pregnancy failure and HM.  
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34 The risk of post-molar GTN is not affect by the gestational age at  
35  
36 diagnosis or evacuation [40]. In our cohort study, we found that 12.3% of CHM  
37  
38 and 1.4% of PHM subsequently developed GTN. In a series of 32 non-hydropic,  
39  
40 early, histologically diagnosed CHM, eight (25%) women developed persistent  
41  
42 GTN<sup>44</sup> indicating that all women with HM, regardless of the gestational at  
43  
44 diagnosis, are at risk of subsequent GTN. High level of inconsistency between  
45  
46 estimates in incidence, in particular, on the long-term risks of developing GTN  
47  
48 after early pregnancy failure did not allow for full meta-analysis of the clinical  
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50 outcomes.  
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55 As observed in the present study, MShCG is less likely to be increased in  
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57 PHM compared to CHM and often falls below 0.5 MoM following fetal demise in  
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4 PHM. Only three studies [22,27,31] included in the present systematic review  
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6 have reported on the hCG level at the time of the ultrasound diagnosis. Two of  
7  
8 these studies included only cases of CHM and found high hCG in 100% [31] and  
9  
10 in 30% [22] of the cases tested, respectively. Gestational age evaluation in HM  
11  
12 relies entirely on the LMP as it cannot be confirmed by measurements of the fetal  
13  
14 crown-rump length in all CHM and most PHM presenting as early embryonic  
15  
16 demise with only fetal remnants. In addition, in our cohort, around 40% of  
17  
18 patients could not provide an accurate LMP date. This may have an impact on  
19  
20 the interpretation of  $\beta$ -hCG levels in HM and in particular on its use in the clinical  
21  
22 differential diagnosis between PHM or non-molar early pregnancy failure. In the  
23  
24 subgroup of 19 women who subsequently developed GTN, abnormally high  
25  
26 levels MS  $\beta$ -hCG levels at the time of the ultrasound examination were only  
27  
28 reported in five cases of CHM out of the 14 women for which these data were  
29  
30 available. More prospective studies are needed to evaluate the use of  $\beta$ -hCG at  
31  
32 the time of the initial ultrasound examination in the diagnosis of HM and in  
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34 predicting the risk of subsequent GTN.  
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43 The utility and cost-effectiveness of routine examination of tissue from  
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45 early pregnancy failure has been the topic continuous debates [45-47]. The gold  
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47 standard for the diagnosis of a molar pregnancy is the presence of trophoblastic  
48  
49 hyperplasia on histological examination. Around two thirds of the women in our  
50  
51 units diagnosed with an early embryonic demise or incomplete miscarriage opt  
52  
53 for conservative management and thus those who miscarry a CHM  
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55 spontaneously may only be diagnosed with persistent GTN at a later stage. The  
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4 data of our cohort study and meta-analysis also indicate that the mean/median  
5  
6 gestation age at diagnosis ranges between 7 weeks and 6 days and 10 weeks  
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8 and 6 days (Table 1). Thus before 8 weeks of gestation, CHM are unlikely to  
9  
10 present with the typical molar changes and will therefore not be diagnosed as  
11  
12 HM if no tissue is available and/or histopathologic examination is not performed.  
13  
14 In a retrospective study of 19,457 first and second trimester miscarriages over a  
15  
16 3-year period, Jeffers et al. [3] found that the incidence of HM could be as high  
17  
18 as 1 per 41 early pregnancy losses. In a previous study, we found that an  
19  
20 incidence of 1 HM per 19 cases of early embryonic demise evacuated surgically  
21  
22 and examined histologically [27]. These data suggest that the incidence of HM in  
23  
24 pregnancy losses is much higher in the first compared to the second trimester.  
25  
26 Without histological confirmation, it is difficult to diagnose non-hydropic molar  
27  
28 pregnancy based solely on ultrasound presentation. In the absence of  
29  
30 histological confirmation of HM, these women will not be registered for follow-up  
31  
32 and are at risk of presenting with more advanced stages of GTN and thus more  
33  
34 likely to need surgery and combination chemotherapy than women identified  
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36 early in the development of the disease [1,2].  
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45 In conclusion, HM can transform into gestational trophoblastic neoplasia  
46  
47 and most women with HM present with early pregnancy loss. Without histological  
48  
49 confirmation, it is difficult to diagnose non-hydropic molar pregnancy based solely  
50  
51 on ultrasound presentation. Patients presenting with clinical symptoms of early  
52  
53 pregnancy complications and a non-hydropic placenta on ultrasound are likely to  
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55 be classified as an early embryonic demise and women opting for conservative  
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management may be subjected to delayed diagnosis and treatment. Thus, our study confirms that histopathologic examination of all products of conception in early pregnancy failure is an essential component of the diagnostic pathways and follow-up post evacuation of HMs.

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## Figure legends

**Fig.1:** Flow diagram showing the selection of reports included in the review.

**Fig 2:** Summary of results of Quality Assessment of Diagnostic Accuracy Studies (QUADAS) tool for articles included in the present analysis showing the proportion of cohort studies with low, high or unclear risk of bias and concerns regarding applicability.

**Figure 3:** Forest plots showing heterogeneity of diagnostic rate of HM. Only first author's name is given for each reference. *ES= effect size; CI= confidence interval.*

**Figure 4:** Forest plots showing heterogeneity of diagnostic rate of CHM. Only first author's name is given for each reference. *ES= effect size; CI= confidence interval.*

**Figure 5:** Forest plots showing heterogeneity of diagnostic rate of PHM. Only first author's name is given for each reference. *ES= effect size; CI= confidence interval.*

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**Table 1.** Characteristics and primary outcomes of ten cohorts reporting on ultrasound imaging of hydatidiform moles (HM) in early pregnancy

Author (Year)/ Country	No of HM/ Type of study	GA at diagnosis (week)	US diagnosis			Histology results
			CHM n=	PHM n=	non-HM n=	
<a href="#">Gemer et al.<sup>32</sup> (2000)/Israel</a>	<a href="#">41 HM/ Retrospective</a>	<a href="#">10 (mean)</a>	<a href="#">36</a>	<a href="#">1</a>	<a href="#">4</a>	<a href="#">41 CHM</a>
<a href="#">Jung et al.<sup>34</sup> (2008)/South Korea</a>	<a href="#">30 HM/ Retrospective</a>	<a href="#">7.6 (mean)</a>	<a href="#">27</a>	<a href="#">N/A</a>	<a href="#">N/A</a>	<a href="#">30 CHM</a>
Coukos et al. <sup>31</sup> (1999)/USA	24 HM/ Retrospective	9.5 (mean)	14	N/A	10	14 CHM
Lazarus et al. <sup>22</sup> (1999)/USA	21 HM/ Retrospective	10.5 (mean)	13	N/A	N/A	21 CHM
Benson et al. <sup>23</sup> (2000)/USA	24 HM/ Retrospective	8.7 (mean)	17	2	5	24 CHM
<a href="#">Savage et al.<sup>35</sup> (2017)/USA</a>	<a href="#">70 HM/ Retrospective</a>	<a href="#">10.6 (mean)</a>	<a href="#">19</a>	<a href="#">22</a>	<a href="#">N/A</a>	<a href="#">22 CHM &amp; 48 PHM</a>
<a href="#">Gemer et al.<sup>32</sup> (2000)/Israel</a>	<a href="#">41 HM/ Retrospective</a>	<a href="#">10 (mean)</a>	<a href="#">36</a>	<a href="#">4</a>	<a href="#">4</a>	<a href="#">41 CHM</a>
Sebire et al. <sup>33</sup> (2001)/UK	155 HM/ Retrospective	10 (median)	37	16	36	64 CHM & 91 PHM
Johns et al. <sup>27</sup> (2005)/UK	HM/ Prospective	≤11	10	16	5	11 CHM & 33 PHM
Fowler et al. <sup>26</sup> (2006)/UK	859 HM/ Retrospective	10 (median)	200	178	194	253 CHM & 606 PHM
Kirk et al. <sup>25</sup> (2007)/UK	61 HM/ Retrospective	10.3 (mean)	19	8	7	27 CHM & 27 PHM
<a href="#">Jung et al.<sup>34</sup> (2008)/SK</a>	<a href="#">30 HM/ Retrospective</a>	<a href="#">7.6 (mean)</a>	<a href="#">27</a>	<a href="#">N/A</a>	<a href="#">N/A</a>	<a href="#">30 CHM</a>
<a href="#">Savage et al.<sup>35</sup> (2017)/US</a>	<a href="#">70 HM/ Retrospective</a>	<a href="#">10.6 (mean)</a>	<a href="#">19</a>	<a href="#">22</a>	<a href="#">N/A</a>	<a href="#">22 CHM &amp; 48 PHM</a>
Present study/UK	295 HM/ Retrospective	10.0 (median)	95	68	N/A	128 CHM & 167 PHM

GA= gestational age; CHM= complete hydatidiform moles; PHM= partial hydatidiform moles; non-HM= non-molar hydropic miscarriage.