

1 **Sex-biased parasitism and expression of a sexual signal**

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24 Because sexual signals are often expressed more highly in one sex than the other, they can
25 impose a sex-specific cost of reproduction through parasitism. While the two primary paradigms
26 regarding the relationship of parasites to sexual signals are the good-genes hypothesis and the
27 immunocompetence handicap hypothesis, there are other ecological, morphological, and
28 energetic factors that may influence parasite infections in a sex-specific fashion. We tested the
29 relationship between expression of a sexual signal (the dewlap) and ecological, morphological,
30 and energetic factors mediating ectoparasite (mite) load between male and female Panamanian
31 slender anoles (*Anolis apletophallus*). We found that males were more highly parasitized than
32 females because of the preponderance of ectoparasites on the larger dewlap of males. Indeed,
33 ectoparasite infection increased with both body size and dewlap size in males but not females,
34 and parasite infection was related to energy storage in a sex-specific fashion for the fat bodies,
35 liver, and gonads. Our work and previous work on testosterone in anoles suggest that this pattern
36 did not arise solely from immunosuppression by testosterone, but that mites prefer the dewlap as
37 an attachment site. Thus, the expression of this sexual signal could incur a fitness cost that may
38 structure life-history tradeoffs.

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40 Keywords: Immunocompetence handicap hypothesis, good-genes hypothesis, ectoparasite, mite,
41 anole, *Anolis*

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INTRODUCTION

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Sexual signals, which are any trait that attracts mates and increases fitness through reproduction, are a ubiquitous form of phenotypic diversity in nature (Symonds & Elgar, 2007; Seddon et al., 2013; Schaefer & Ruxton, 2015). Because they are linked strongly to reproduction and thus fitness, many organisms invest heavily in sexual signals, even to the extent of incurring survivorship costs (Fisher, 1930; Ryan et al., 1982; Hoefler et al., 2007). Sexual signals are often (but not always) present or highly expressed in only one of the sexes (e.g., breeding turbercles in fish; Taskinen & Kortet, 2002; dewlaps of anoles, Harrison & Poe, 2012; bird coloration, Dale et al., 2015), highlighting the potential of sexual signals to impose sex-specific fitness costs. One mechanism whereby sexual signal expression can modulate fitness is through their relationship to parasitism. Parasites can be a powerful selective force that can reduce performance, survival, and reproduction (Schall, 1983; Richner et al., 1993; Brown et al., 1995; Lamarre et al., 2018; Edworthy et al., 2019; Jones et al., 2019) in a sex-specific fashion (Smith, 1996; Perez-Orella & Schulte-Hostedde, 2005; Reedy et al., 2016).

There are many paradigms that have been used to understand the relationship between parasites and sexual signals. First, Hamilton and Zuk (1982) proposed that sexual ornamentation can be used as an honest signal of the ability of an individual to resist parasitic infection. This so-called “good genes” hypothesis generally predicts that as the quality of the sexual signal increases, parasite load should decrease (Hamilton & Zuk, 1982), assuming that good genes are associated with parasite resistance and not merely increased tolerance. This hypothesis has been tested widely and has found support among diverse taxa (e.g., turkeys, Buchholz, 1995; roach fishes, Taskinen & Kortet, 2002; bowerbirds, Doucet & Montgomerie, 2003; anole lizards, Cook et al., 2013b). The second paradigm is the immunocompetence handicap hypothesis, which

67 proposes that pleiotropic hormones, such as testosterone in vertebrates, mediate a tradeoff
68 between immunocompetence and quality of a sexual signal (Folstad & Karter, 1992).
69 Mechanistically, this is because testosterone can stimulate expression of sexual signals (Fernald,
70 1976; Cox et al., 2005; Lindsay et al., 2011; Cox et al., 2015a), but is also immunosuppressive
71 (Folstad & Karter, 1992; Muehlenbein & Bribiescas, 2005). The immunocompetence handicap
72 hypothesis generally predicts that parasite load should increase with the quality or size of a
73 sexual signal (Folstad & Karter, 1992) as hormones such as testosterone can mediate a shift in
74 energetics from investment in the immune system to reproduction (Boughton et al., 2007; Cox et
75 al., 2015a; Cox et al., 2015b; Reedy et al., 2016). Like the good genes hypothesis, there is also
76 broad support for this hypothesis among diverse taxa (e.g., *Psammmodromus* lizards, Salvador et
77 al., 1996; house sparrows, Poiani et al., 2000; damselflies, Siva-Jothy, 2000; humans, Rantala et
78 al., 2012). Rather than representing strict alternatives, the good genes hypothesis and
79 immunocompetence handicap hypothesis represent ends of a continuum between honest
80 signaling of mate quality (good-genes hypothesis) and tradeoffs regulating expression of sexual
81 signals (immunocompetence handicap hypothesis). However, other ecological and
82 morphological factors can impose a sex-specific ectoparasite cost of reproduction that are not
83 directly linked to immunosuppression by testosterone.

84 Parasite infection can also be modulated by ecological and morphological factors that
85 alter the susceptibility of hosts or encounter rate between hosts and parasites in a sex-specific
86 fashion. Microhabitat or dietary differences between the sexes can alter the likelihood of
87 infection if certain microhabitats contain more parasites or allow more efficient infection of hosts
88 (Wiles et al., 2000; Durden et al., 2004; Biaggini et al., 2009; Leung & Koprivnikar, 2016; Jones
89 et al., 2019). Morphological differences between host sexes can also impact parasite infection

90 through differences in attachment sites available to ectoparasites (e.g., body size, organ size, or
91 ideal attachment sites for ectoparasites). For example, ectoparasites such as mites and ticks are
92 often more abundant on larger individuals (Bauwens et al., 1983; Rocha et al., 2008), which has
93 clear ramifications for sex-specific parasitism in species where the sexes differ in body size
94 (Dudek et al., 2016). Alternatively, parasites can cluster in preferred locations for feeding and
95 defense (Spears et al., 1999; Wiles et al., 2000; Jovani et al., 2006; Dudek et al., 2016), and some
96 morphological features can concentrate mite infections on certain locations on the body such as
97 “mite pockets” (Jovani & Serrano, 2001; Jovani & Serrano, 2004; Jovani et al., 2006; Rocha et
98 al., 2008). Therefore, morphological features such as sexual signals that are dimorphic in
99 expression could increase sex-biased infection by parasites. Finally, parasite infection can be
100 influenced by the energetic state of the host, which in turn is influenced by ecological (e.g.,
101 differences in food availability between sex-specific habitats) and morphological factors (i.e.,
102 size of fat storage organs) that can differ between the sexes (Gross & Fritz, 1982; Sikkel et al.,
103 2000; Lajeunesse et al., 2004; Reedy et al., 2016) and can explain sex-differences in parasitism
104 in some species (Reedy et al., 2016).

105 We sought to understand how ecology, morphology, and energetics can impact
106 ectoparasitic infection in a sex-specific fashion in the Panamanian slender anole (*Anolis*
107 *apletophallus*; hereafter, slender anole). The slender anole possesses a dramatic sexual signal
108 (the dewlap), can be heavily parasitized by trombiculid mites (Cox et al., 2020), and is sexually
109 monomorphic in body size (Andrews & Stamps, 1994). In other anole species with male-biased
110 sexual size dimorphism, testosterone circulates at higher levels in males (Lovern et al., 2001;
111 Cox et al., 2009a; Cox et al., 2017), expression of the dewlap can be condition-dependent and is
112 regulated by testosterone (Lovern et al., 2004; Cox et al., 2009b; Cox et al., 2015a; Curlis et al.,

113 2017), and males suffer from increased ectoparasitism (Zippel et al., 1996; Reedy et al., 2016).
114 However, whether increased ectoparasites is due to immunosuppression or simply an increase in
115 surface area and body mass in males is difficult to disentangle in species with sexual size
116 dimorphism. Hence, the highly sexually dimorphic expression of the dewlap in a generally
117 sexually monomorphic lizard renders this species an ideal system for studying the relationship
118 between ectoparasitism and sexual signals. We combined field surveys and laboratory
119 dissections to address the following questions: 1) Is the relationship between sexual signals and
120 ectoparasites consistent with honest signaling or fitness tradeoffs between signal expression and
121 ectoparasite infection? 2) Do male and female slender anoles differ in ectoparasite load and are
122 ectoparasites distributed differently on their bodies? 3) Is variation in habitat use, field-active
123 body temperature, and energetics among individuals correlated with ectoparasite infection? We
124 found evidence of sex-biased parasitism that was driven by the larger dewlap of male slender
125 anoles compared to females, and ectoparasitic infections were further modulated by both
126 morphology and energetics in a sex-specific fashion.

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MATERIALS AND METHODS

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STUDY SYSTEM

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The slender anole is a small (~1.5 g), insectivorous lizard that is found in lowland,
closed-canopy forests in eastern and central Panama (Kohler & Sunyer, 2008). Slender anoles
are short-lived (~10 month generation time) and are extremely abundant (the most abundant
vertebrate; Rand & Myers, 1990) in their forested habitat (Andrews & Nichols, 1990; Andrews,
1991). While this species is sexually monomorphic in most traits, including body size and
coloration (Andrews & Stamps, 1994), males have a large dewlap (Fig. 1; Stapley et al., 2011),

136 which is a colorful and extendable flap of skin in the gular region that functions as a social and
137 sexual signal (Kohler & Sunyer, 2008; Stapley et al., 2011). In contrast, female slender anoles
138 have either a very small dewlap (Figure 1) or none at all (Kohler & Sunyer, 2008). Males also
139 have larger home ranges, disperse farther, and tend to perch higher in the vegetation than females
140 (Talbot, 1979; Andrews & Rand, 1983), which could alter their risk of parasite infections. Both
141 sexes can be heavily parasitized (Fig. 1) by both endo- and ectoparasites (Telford, 1974; Cox et
142 al., 2020), including the trombiculid mite (*Eutrombiculus c.f. alfreddugesi.*, Lance Durden pers.
143 comm). Anoles do not have mite pockets (areas of scale-less skin that tend to concentrate
144 ectoparasite infections), unlike many other lizard genera (Arnold, 1986). Mite infestations vary
145 seasonally in some temperate species of lizards (Werman, 1983; Klukowski, 2004; Huyghe et al.,
146 2010; Lumbad et al., 2011). However it is unknown whether mite infestations vary between wet
147 and dry seasons for the tropical slender anole, although they do not vary seasonally for a
148 different species of tropical lizard (Heredia et al., 2014). Trombiculid mites pierce the
149 integument of the lizard with a tube called a stylostome to inject saliva and digestive enzymes
150 (Arnold, 1986) and consume the resulting mixture of blood, lymph, and dissolved cells (Arnold,
151 1986). These ectoparasite infections in lizards cause integumental lesions (Goldberg & Bursey,
152 1991; Goldberg & Holshuh, 1992), alter social and thermoregulatory behavior (Cook et al.,
153 2013b; Johnson et al., 2019), can decrease growth and body condition (Curtis & Baird, 2008;
154 Cook et al., 2013a), and act as vectors for diseases (Arnold, 1986). Trombiculid mite infections
155 can also instigate an immune response in vertebrates (Wright et al., 1988), and induce lesions in
156 lizards that are likely a reaction of the immune system (Arnold, 1986; Goldberg & Bursey, 1991;
157 Goldberg & Holshuh, 1992).

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FIELD COLLECTION

159 We collected most slender anoles during surveys in Soberanía National Park, Panama,
160 during the wet season in July 2017, with an additional collection period in July 2018. This period
161 of time is during the primary reproductive period in slender anoles (Andrews & Rand, 1974;
162 Andrews, 1979). Adult lizards were captured either by hand (Moseley et al., 2015) or by a lizard
163 catch-pole, which is comprised of the top section of two-piece fishing rod and a braided fishing
164 line with a loop created by a slipknot. Upon capture, we determined sex and measured body
165 temperature, perch height, and perch diameter. We determined sex by the presence of a large
166 dewlap, which is only present in males. We measured body temperature by inserting a type-K
167 thermocouple (Omega, Stamford, CT, USA) into the cloaca. We only included body
168 temperatures in subsequent analyses if we were able to record them within 30 s (Dzialowski,
169 2005) of capture (98.2% of lizards). We measured perch height as the distance above the ground
170 where the lizard was initially located to the nearest cm using an extendable tape measure. Perch
171 diameter was recorded at the location where the lizard was initially detected using digital calipers
172 (Neiko Tools, China) to the nearest mm.

173 QUANTIFYING ECTOPARASITES, DEWLAPS, AND ENERGY STORAGE

174 We quantified ectoparasite loads by visually inspecting lizards for the presence of
175 trombiculid mites (Cox et al., 2020). In slender anoles, these small mites are visible to the naked
176 eye and are located on the dewlap, the axillary region, or the inguinal region (Fig. 1). Because
177 anoles have very small scales with minimal overlap, even smaller mites are unlikely to be able to
178 conceal themselves under scales, although it is possible that we did not detect very small larvae.
179 For each individual lizard, we recorded the total number of mites on each of the three regions by
180 visual inspection (Table S1).

181 We measured the size of the dewlap of both males and females. We used forceps to
182 extend the dewlap of each animal over graph paper with a scale and photographed the dewlap.
183 The dewlap was then digitally traced to the base of the throat using the freehand line tool in the
184 program ImageJ (Schneider et al., 2012) to measure area in cm². Finally, we measured snout-
185 vent length (Watson et al., 2019) using digital calipers (Neiko Tools, China) and the body mass
186 of each individual to the nearest 0.01 g using a digital balance (ScoutPro, Ohaus Corporation,
187 Parsippany, New Jersey, USA).

188 In both 2017 and 2018, we dissected a subset of lizards in our study ($n=107$) and
189 quantified the size of several internal organs that are related to energetics and metabolism (Table
190 S2). Specifically, we measured the mass of the discrete visceral fat bodies, liver, and gonads. In
191 squamate reptiles, fat bodies and the liver are both associated with energy storage (Derickson,
192 1976; Cox et al., 2015a). In males, testis mass represents investment in post-copulatory fitness
193 (Todd, 2008; Kahrl et al., 2016), whereas in females ovary mass represents energetic investment
194 into offspring (Andrews & Rand, 1974; Cox et al., 2010). Each organ was dissected, lightly
195 blotted once on laboratory tissue (Kimwipe™, Kimberly-Clark, Irving, TX, USA), and weighed
196 to the nearest gram on tared weighing paper using an analytical balance (Sartorius Handy
197 Analytical Balance, Sartorius AG, Grottingen, Germany).

198 STATISTICAL METHODS

199 We conducted analyses on mite abundance, mite prevalence, and mite intensity. Mite
200 abundance is the total number of mites on each lizard (Klukowski, 2004). Mite intensity is the
201 number of mites on lizards that have mites, excluding animals with zero mites (Diaz-Real et al.,
202 2014; Reedy et al., 2016; Cox et al., 2020). Mite prevalence is the proportion of lizards that have
203 mites at a population level, which is analyzed at an individual level as a binary variable that

204 represents presence or absence of mites on an individual (Diaz-Real et al., 2014; Reedy et al.,
205 2016; Cox et al., 2020). These three measures of mite infection are useful for characterizing
206 overall mite load (mite abundance), the relative severity of mite infections on infected lizards
207 (mite intensity), and rate of mite infection (mite prevalence). We analyzed mite abundance,
208 intensity and prevalence for the entire lizard as well as separated by body region (dewlap,
209 axillary, and inguinal regions). We used linear regression models (ANOVA or regression) on
210 response variables that were normally or log-normally distributed, such as body size, perch
211 height and width, and body temperature. Because of the high frequency of lizards without mites,
212 continuous ectoparasite data were not normally distributed and possessed a strong right skew.
213 Therefore, we conducted generalized linear model analyses when the response variable was mite
214 abundance or intensity, which allowed the specification of the Poisson distribution through a log-
215 link function. Because presence/absence (i.e. prevalence) of mites is a binary variable, we used
216 either nominal logistic regression or contingency analyses when mite presence/absence was a
217 response variable. Independent variables included sex, ecology, morphology, and organ mass
218 data, with body size and other covariates as appropriate. Details of statistical models are in
219 Tables 1-4. Finally, we confirmed the major results of our analyses using bivariate non-
220 parametric analyses (e.g. Kruskal Wallis, Spearman's Rank Correlation). Variables were log-
221 transformed as necessary prior to analysis to meet the assumptions of statistical models. All
222 analyses were completed in JMP v13.0 (SAS Institute, Cary, North Carolina, USA).

223

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RESULTS

225

ANATOMICAL DISTRIBUTION OF PARASITES

226 We found that males were more heavily parasitized than females, which was driven by
227 heavy ectoparasite load on male dewlaps. We captured 515 Panamanian slender anoles (232
228 females, 279 males) of which 366 (71%) were infected with ectoparasitic trombiculid mites.
229 Males were significantly (contingency analysis of mite prevalence; $\chi^2=12.335$, $P=0.0004$) more
230 likely (prevalence of 77.5%) to be infected than females (prevalence of 63.4%, Fig. 2), and males
231 had significantly (generalized linear model of mite abundance; $\chi^2=486.7$, $P<0.0001$, Wilcoxon
232 test; $Z=-6.04$, $P<0.0001$) more mites than females (Fig. 2). Infected males (range of 1-54 mites,
233 median of 9 mites) also had significantly more mites than females (range of 1-24 mites, median
234 of 5 mites) that were infected (generalized linear model with mite intensity; $\chi^2=262.6$, $P<0.0001$,
235 Wilcoxon test; $Z=-5.44$, $P<0.0001$). This pattern was driven by the fact that dewlaps of males
236 were significantly more likely to have mites than those of females (contingency analysis of mite
237 prevalence; $\chi^2=12.335$, $P=0.0004$), and male dewlaps were significantly more parasitized than
238 female dewlaps (generalized linear model of mite abundance; $\chi^2=385.2$, $P<0.0001$, Wilcoxon
239 test; $Z=-8.37$, $P<0.0001$). Considering only dewlaps with mite infestations, dewlaps of males
240 also had significantly more mites than the infected dewlaps of females (generalized linear model
241 of mite intensity; $\chi^2=92.7$, $P<0.0001$, Wilcoxon test; $Z=-4.35$, $P<0.0001$). Interestingly, females
242 were significantly more likely to be parasitized in the axillary (contingency analysis of mite
243 prevalence; $\chi^2=28.2$, $P<0.0001$) and inguinal regions than males (contingency analysis of mite
244 prevalence; $\chi^2=20.2$, $P<0.0001$) and had significantly more mites in the axillary (generalized
245 linear model of mite abundance; $\chi^2=63.1$, $P<0.0001$, Wilcoxon test; $Z=5.44$, $P<0.0001$) and
246 inguinal regions (generalized linear model of mite abundance; $\chi^2=56.3$, $P<0.0001$, Wilcoxon test;
247 $Z=4.7$, $P<0.0001$). For animals with mites in the axillary region, the intensity of infection in the
248 axillary region did not differ between the sexes (generalized linear model of mite intensity;

249 $\chi^2=1.7$, $P=0.1898$, Wilcoxon test; $Z=-1.75$, $P=0.0804$), although females had slightly greater
250 intensity than males (Fig. 2). However, females had greater intensity of infection in the inguinal
251 region than males (generalized linear model of mite intensity; $\chi^2=4.3$, $P=0.0382$, Wilcoxon test;
252 $Z=-2.12$, $P=0.0343$).

253

254 ECOLOGICAL CORRELATES OF ECTOPARASITE INFECTION

255 We found that ecological factors did not impact mite abundance, mite prevalence, or mite
256 intensity. Males were found on significantly higher perches (linear regression model;
257 $F_{1,486}=54.24$, $P<0.0001$, Wilcoxon test; $Z=-7.10$, $P<0.0001$) and had marginally warmer body
258 temperatures (linear regression model; $F_{1,504}=4.16$, $P=0.0478$, Wilcoxon test; $Z=-1.61$,
259 $P=0.1069$) than females, but perch diameter did not differ between the sexes (linear regression
260 model; $F_{1,466}=0.644$, $P=0.4225$, Wilcoxon test; $Z=-0.23$, $P=0.8150$). We found that there was no
261 main effect of body temperature, perch height, or perch diameter on the mite prevalence,
262 abundance, or intensity, although the sexes still differed in mite prevalence, abundance and
263 intensity when controlling for habitat by including perch diameter in the statistical models (Table
264 1). We did detect an interaction between sex and body temperature on mite abundance, and
265 between sex and both perch diameter and body temperature on mite intensity (Table 1),
266 suggesting that habitat and thermal physiology could have a minor role in mite infections.

267

268 MORPHOLOGICAL CORRELATES OF ECTOPARASITES

269 We found that mite infection increased with size and that the relationship between size
270 and mite infection differed between the sexes (Fig. 3). Females (1.55 ± 0.02 g) were slightly
271 heavier than males (1.48 ± 0.02 g, $F_{1,513}=6.03$, $P=0.0144$), but sexes did not differ in snout-vent

272 length (log-transformed SVL; $F_{1,513}=3.43$, $P=0.0647$). However, mite prevalence increased
273 significantly with body size in both sexes (Fig. 3, Table 2). Mite abundance increased with SVL
274 and body mass (Fig. 3, Table 2), but the strength of this relationship differed between males and
275 females (Fig. 3, Table 2, significant sex by size interaction). Similarly, the number of mites on
276 infected lizards also increased with SVL and body mass (mite intensity, Table 2) for males but
277 not for females (Fig. 3, Table 2, significant sex by size interactions, confirmed with separate
278 analyses for the sexes). When mite infections on body regions were analyzed separately, mite
279 infection increased with body size for the dewlap (mite abundance, intensity, and prevalence)
280 and axillary regions (abundance and intensity), but not the inguinal region (Table 2).
281 Interestingly, we found a sex-specific relationship between body size and mite infection
282 (abundance, intensity, and prevalence) for the dewlap (significant sex by body size interaction,
283 Table 2), but not other body regions.

284 We found that the mite abundance and intensity of mite infection increased with the size
285 of the dewlap for males but not for females (significant main effect of dewlap area, Fig. 4, Table
286 3). The size of the dewlap was not related to the prevalence of mite infection in males or females
287 (Table 3). Because the relationship between dewlap size and mite infection appeared to be non-
288 linear (Fig. 4), we constructed a statistical model *a posteriori* that included a quadratic dewlap
289 term. This analysis indicated that males with the largest dewlaps tended to have decreasing
290 numbers of mites (generalized linear model of mite abundance; dewlap area, $\chi^2=7.77$, $P=0.0053$;
291 SVL, $\chi^2=63.10$, $P<0.0001$; dewlap area by SVL, $\chi^2=7.95$, $P=0.0048$; dewlap area by dewlap
292 area, $\chi^2=27.21$, $P<0.0001$), but not females (generalized linear model of mite abundance; dewlap
293 area, $\chi^2=0.02$, $P=0.8961$; SVL, $\chi^2=14.64$, $P=0.0001$; dewlap area by SVL, $\chi^2=0.02$, $P=0.8948$;
294 dewlap area by dewlap area, $\chi^2=2.25$, $P=0.1337$). Use of LOWESS (locally weighted scatterplot

295 smoothing) curves confirmed the linear and nonlinear components to the relationship between
296 mite abundance and dewlap size for males, but not females (Fig. 4). Most of the effect of dewlap
297 area on mite abundance seems to be driven by the fact that larger dewlaps have greater mite
298 abundance in males but not females (significant main effect of dewlap area, Table 3), but
299 infected lizards do not experience increased dewlap mite number with larger dewlaps (dewlap
300 mite intensity, Table 3). Interestingly, we also found that the size of the dewlaps was positively
301 associated with mite prevalence in the axillary region (significant main effect of dewlap area,
302 Table 3), perhaps because of the physical proximity of the axillary region to the dewlap. Besides
303 axillary mite prevalence, dewlap area was not associated with mite abundance, intensity, or
304 prevalence in the axillary or inguinal regions (Table 3).

305 ENERGY STORAGE, REPRODUCTIVE INVESTMENT, AND ECTOPARASITES

306 We found evidence that ectoparasite infection was associated with the mass of organs of
307 energy storage. We found that male anole lizards with larger fat bodies tended to have lower
308 mite abundance and intensity than those with small fat bodies, while fat body mass was not
309 associated with mite abundance or intensity in females (Fig. 5, Table 4). There was no
310 relationship between mite abundance and liver mass for males or females (Table 4). However,
311 liver mass was positively associated with mite intensity for both males and females. While mite
312 abundance and intensity increased with the size of the ovaries in females, testis size was
313 negatively correlated with mite intensity (but not abundance) in males (Fig. 5, Table 4). There
314 was no relationship between mite prevalence and mass of fat bodies, liver, or gonads in either
315 sex (Table 4).

316

317

DISCUSSION

318 We found evidence of a sex-specific relationship between parasitism and a sexual signal
319 in a species that is sexually monomorphic in most traits. Importantly, we found that larger sexual
320 signals increased ectoparasite infection in males, but not females. Mite infection was modulated
321 by energetics in a sex-specific fashion on slender anoles, but we found little evidence that
322 ecological differences between the sexes impacted ectoparasitism. Broadly, our results are
323 consistent with the notion that male anoles could pay an ectoparasite-driven fitness cost for large
324 sexual display organs.

325 Because we found that the presence and expression of a sexual signal was associated with
326 increased rather than decreased parasitism, our results are generally congruent with the
327 immunocompetence handicap hypothesis (Folstad & Karter, 1992) rather than the good genes
328 hypothesis (Hamilton & Zuk, 1982). However, we did find that the largest dewlaps were
329 associated with a diminished parasite load, which could be consistent with good-genes
330 hypothesis in males with maximal expression of the dewlap. Regardless, while the
331 immunocompetence handicap hypothesis suggests that immunosuppression by testosterone is
332 responsible for the higher mite load in males (Folstad & Karter, 1992), our results might suggest
333 an indirect mechanism whereby testosterone can increase risk of parasitism. Note that we did not
334 directly measure circulating testosterone levels in slender anoles, and therefore our conclusions
335 with respect to the relationship between ectoparasitism and testosterone-based
336 immunosuppression must be considered preliminary. Nevertheless, there is a strong positive
337 correlation between sexual signal size and circulating testosterone species in many lizard species
338 including anoles (*Psammmodromus algirus*, Salvador et al., 1996; *Sceloporus undulatus*, Cox et
339 al., 2005; *Sceloporus jarrovii*, Cox et al., 2008), and hormone implant studies have revealed that
340 both dewlap size and male-typical color is stimulated in many of the *Anolis* congeners of the

341 Panamanian slender anole (*Anolis carolinensis*, Lovern et al., 2004; *Anolis sagrei*, Cox et al.,
342 2015a). In addition, females of many lizard species (including anoles) have lower circulating
343 testosterone than males (Cox & John-Alder, 2005; Cox et al., 2009b; Cox et al., 2015a). While
344 female slender anoles are similar in body size to males, they have more mites than males on all
345 body regions (axillary and inguinal) except for the dewlap (Fig. 1). If larger dewlaps of male
346 slender anoles are regulated by testosterone and females have lower circulating testosterone than
347 males (as is the case in other anole species), our work suggests that the increased levels of
348 parasitism experienced by the sex with the larger dewlaps is unlikely to be due solely to
349 immunosuppression.

350 In the absence of apparent immunosuppression, the increased parasitism of the dewlap in
351 male slender anoles could be caused by the physical characteristics of the dewlap itself.

352 Although the dewlap remains unobtrusively folded most of the time, there is wide spacing of
353 dewlap scales (gorgetal scales) to facilitate dewlap extension, and this spacing would be more
354 pronounced in the larger dewlap of males compared to females. Spacing between the gorgetal
355 scales may allow mites a more propitious attachment location, analogous to how mites cluster in
356 scale-less anatomical regions such as “mite pockets” of other lizard species (Rocha et al., 2008;
357 Dudek et al., 2016), which are hypothesized to concentrate mites and limit damage to the lizard
358 integument (Arnold, 1986; Rocha et al., 2008). Additionally, the folded dewlap might provide
359 additional surface area as well as an ideal microclimatic environment for mites to limit water
360 loss. If mites prefer dewlaps for structural reasons, this provides a novel mechanism inducing
361 sex-specific costs of reproduction.

362 Our work also documents a sex-specific cost of a sexual signal in a species that is
363 sexually monomorphic for many traits, including body size. Males with larger dewlaps suffered

364 from increased parasitism (while including a covariate for body size), while dewlap size was not
365 related to parasitism in females. The lack of a relationship between dewlap size and infections in
366 females could be explained by the small size of the dewlap in females, with limited scope for
367 attachment sites for mites. Similarly, we found that mite parasitism increased with body size in
368 males, but not females, even while controlling for dewlap size. Together, this suggests that the
369 cost of parasitism increases with both body size and the size of a sexual signal. Previous research
370 in other lizard species has found that larger body size in males can be associated with increased
371 parasitism (Bauwens et al., 1983; Rocha et al., 2008), but this has primarily been investigated in
372 species that are sexually dimorphic in body size and other traits (Cox & John-Alder, 2007;
373 Dudek et al., 2016). A positive correlation between parasitism and body size could be caused by
374 parasite accumulation during development and age-specific immune responses (Fichet-Calvet et
375 al., 2003; Hawlena et al., 2006), but the rapid growth and short lifespan of slender anoles limits
376 this possibility. Similarly, other research has found that the size of a sexual signal increases
377 parasitism risk, but this has been associated with underlying correlations between testosterone,
378 expression of a sexual signal and immunosuppression (e.g., *Psammodromus* lizards, Salvador et
379 al., 1996; Olsson et al., 2000; house sparrows, Poiani et al., 2000; damselflies, Siva-Jothy, 2000;
380 humans, Rantala et al., 2012). Our work highlights how the single dimorphic trait of dewlap size
381 can enhance parasitism risk in a sex-specific fashion for a species where the sexes are otherwise
382 (e.g., length, mass) very similar.

383 We did not find that parasite load was linked to the three habitat variables in this study,
384 despite differences in habitat use and body temperature between males and females. Unlike other
385 species of anoles, where larger males perch higher in the vegetation than females (Andrews,
386 1971; Delaney & Warner, 2016; Kolbe et al., 2016), perch height seems decoupled from body

387 size in the slender anole, which is sexually monomorphic in body size. Previous research has
388 found that ecological factors can mediate parasite infection (Wiles et al., 2000; Durden et al.,
389 2004; Biaggini et al., 2009; Leung & Koprivnikar, 2016; Jones et al., 2019). Hence, sex-
390 differences in parasite load can often be partially explained by differences in habitat use (Gross
391 & Fritz, 1982; Sikkell et al., 2000; Lajeunesse et al., 2004), and diet (Reimchin & Nosil, 2001;
392 Friesen et al., 2015). Our study only identified interactions (but no main effects) between sex,
393 body temperature, and perch width on mite abundance and intensity, suggesting that habitat and
394 thermal physiology could play a sex-specific (albeit minor) role in mite infections. While our
395 study found limited evidence that sex differences in ecology impacted parasitism, we interpret
396 these results cautiously given the limited timespan and scope of the ecological component of our
397 study, and the lack of repeated ecological measures for individuals. Future research should
398 explore how sexual dimorphism in habitat use and physiological ecology could influence
399 parasitism in a sex-specific fashion in slender anoles.

400 Similar to previous work, we found evidence of a sex-specific relationship between
401 parasitic infections and energy storage (Reedy et al., 2016). First, we found that male slender
402 anoles with decreased fat stores had more mites, but there was no relationship between mite
403 infection and fat body mass in females. Multiple mechanisms could explain this relationship,
404 including 1) males with ample fat stores can invest energetically into the immune system and
405 thus have fewer mites, 2) ectoparasite infection could be energetically costly and deplete fat
406 stores or 3) an indirect correlate of lower fat body mass facilitates mite infection. Immune
407 responses incur energetic costs in a number of species (Svensson et al., 1998), including
408 congeners of the slender anole (Cox et al., 2015b), which supports the idea that energetics may
409 mediate ectoparasite infection in male slender anoles as well. Second, we found that the size of

410 the gonads was positively associated with the number of mites in females, but not in males.
411 While gonad mass is linked to investment in precopulatory sexual selection in males (Kahrl et
412 al., 2016), gonad mass in females reflects direct energetic investment into offspring. For anoles,
413 the bilateral ovaries are a series of follicles that mature in a stepwise fashion, with alternate
414 energetic investment to the left and right ovaries (Andrews & Rand, 1974; Cox & Calsbeek,
415 2010). As most of the mass of the ovaries is the lipid-rich yolk of the developing follicles as well
416 as the shelled egg (Andrews & Rand, 1974), the gonad mass of females is a direct measurement
417 of their energetic investment into offspring (Cox et al., 2010). We found that females that invest
418 heavily into reproduction can experience increased parasitism, which implies a potential
419 energetic tradeoff between reproduction and immunity. Because reproduction can be associated
420 with increased stress and circulating corticosterone in lizards (Wilson & Wingfield, 1992; French
421 et al., 2007), our results are also consistent with reproduction-associated immunosuppression in
422 female slender anoles. Broadly, our results suggest that the role of energetics in mediating
423 parasite infection could involve sex-specific relationships among energy storage, immune
424 function, and reproduction.

425 We found that a social and sexual signal, the dewlap of anole lizards, imparts a sex-
426 specific cost of increased parasitism. Intriguingly, this cost may arise from the increased affinity
427 of mites to the dewlap itself, rather than solely from an indirect relationship of dewlap size with
428 testosterone-mediated immunosuppression. Sexual selection resulting from female choice for
429 larger male dewlaps could potentially increase parasitism and incur a survival cost to males.
430 Given that parasitism is often associated with an energetic decrement (Booth et al., 1993;
431 Scantlebury et al., 2007), investing maximally in the dewlap might ultimately limit energetic
432 resources for growth and reproduction. It is thus plausible that the fitness tradeoffs associated

433 with expression of the dewlap could be a factor limiting both body and dewlap size in anoles,
434 even in species that are sexually monomorphic in body size.

435

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443

444 AUTHOR CONTRIBUTIONS

445 C.L.C, M.L.L., and W. O. M. conceived the study. C.L.C, M.L.L., D. J. N., J.D.C., and A.K.C.
446 designed the study. C.L.C, M.L.L., D. J. N., J.D.C., A.K.C. and Z. D. collected data for the
447 study. A. A. R., D. J. N., and C.L.C wrote the first draft of the study. All authors contributed to
448 statistical analyses, figure construction, manuscript revision, and gave final approval to the
449 manuscript.

450

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714 SHARED DATA

715 All data will be archived upon acceptance.

716

717 **Table 1.** Ecological correlates of mite infection. Results are from generalized linear models with
 718 a log link function to a Poisson distribution (mite abundance and intensity) and nominal logistic
 719 regression (mite prevalence). Statistically significant results are in bolded italics.

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	<i>d.f.</i>	Sex		Habitat Variable		Sex by Habitat Variable	
		χ^2	<i>P</i>	χ^2	<i>P</i>	χ^2	<i>P</i>
<i>Mite Abundance</i>							
Perch Height	484	461.83	<0.0001	0.06	0.8099	0.01	0.9315
Perch Diameter	464	498.36	<0.0001	2.49	0.1148	2.13	0.1448
Body temperature	502	496.71	<0.0001	1.51	0.2197	20.83	<0.0001
<i>Mite Intensity</i>							
Perch Height	342	240.17	<0.0001	1.86	0.1728	0.57	0.4496
Perch Diameter	328	252.61	<0.0001	1	0.3168	4.314	0.0378
Body temperature	358	271.62	<0.0001	0.02	0.8808	12.62	0.0004
<i>Mite Prevalence</i>							
Perch Height	488	12.65	0.0004	0.46	0.5002	0.23	0.6354
Perch Diameter	468	14.89	0.0001	0.3	0.5846	0.26	0.6097
Body temperature	506	13.15	0.0003	1.1	0.2965	0.71	0.3984

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727 **Table 2.** Body size (mass and SVL) correlates of ectoparasite infection. Results are from
728 generalized linear models with a log link function to a Poisson distribution (mite abundance and
729 intensity) and nominal logistic regression (mite prevalence). SVL=snout-vent length. Statistically
730 significant results are in bolded italics.

	<i>d.f.</i>	Sex		Size		Size by Sex	
		χ^2	<i>P</i>	χ^2	<i>P</i>	χ^2	<i>P</i>
<i>Mite Abundance</i>							
SVL	511	363.01	< <i>0.0001</i>	148.17	< <i>0.0001</i>	20.88	< <i>0.0001</i>
Mass	511	481.42	< <i>0.0001</i>	196.44	< <i>0.0001</i>	26.63	< <i>0.0001</i>
<i>Mite Intensity</i>							
SVL	362	228.35	< <i>0.0001</i>	26.19	< <i>0.0001</i>	11.84	<i>0.0006</i>
Mass	362	268.12	< <i>0.0001</i>	29.52	< <i>0.0001</i>	17.27	< <i>0.0001</i>
<i>Mite Prevalence</i>							
SVL	515	11.34	<i>0.0008</i>	21.89	< <i>0.0001</i>	2.79	0.0946
Mass	515	18.41	< <i>0.0001</i>	30.7	< <i>0.0001</i>	3.21	0.0733
<i>Dewlap Mite Abundance</i>							
SVL	511	301.70	< <i>0.0001</i>	61.42	< <i>0.0001</i>	6.10	<i>0.0136</i>
Mass	511	373.03	< <i>0.0001</i>	80.01	< <i>0.0001</i>	9.46	<i>0.0021</i>
<i>Dewlap Mite Intensity</i>							
SVL	302	83.85	< <i>0.0001</i>	4.94	<i>0.0263</i>	1.49	0.2228
Mass	302	93.87	< <i>0.0001</i>	7.88	<i>0.0050</i>	2.77	0.0733
<i>Dewlap Mite Prevalence</i>							
SVL	515	51.18	< <i>0.0001</i>	28.17	< <i>0.0001</i>	7.45	<i>0.0063</i>
Mass	515	67.69	< <i>0.0001</i>	34.43	< <i>0.0001</i>	10.30	<i>0.0013</i>
<i>Axillary Mite Abundance</i>							
SVL	511	66.55	< <i>0.0001</i>	7.55	<i>0.0063</i>	0.82	0.3645
Mass	511	55.64	< <i>0.0001</i>	5.01	<i>0.0252</i>	0.05	0.8193
<i>Axillary Mite Intensity</i>							
SVL	101	2.51	<i>0.1132</i>	3.87	<i>0.0492</i>	1.52	0.2181
Mass	101	1.35	0.2455	0.70	0.4033	0.26	0.6134
<i>Axillary Mite Prevalence</i>							
SVL	515	28.51	< <i>0.0001</i>	0.32	0.5701	0.38	0.5369
Mass	515	25.37	< <i>0.0001</i>	1.38	0.2406	0.28	0.5989
<i>Inguinal Mite Abundance</i>							
SVL	511	56.04	< <i>0.0001</i>	0.01	0.9053	0.11	0.7356
Mass	511	53.40	< <i>0.0001</i>	0.13	0.7173	0.54	0.4639
<i>Inguinal Mite Intensity</i>							
SVL	106	4.34	<i>0.0373</i>	0.23	0.6299	0.12	0.7324
Mass	106	4.31	<i>0.0379</i>	0.01	0.9408	0.63	0.4280

Inguinal Mite Prevalence

SVL	515	19.61	< 0.0001	0.17	0.5783	0.01	0.9342
Mass	515	19.61	< 0.0001	0.17	0.6791	0.01	0.9332

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735 **Table 3.** Dewlap size correlates of ectoparasite infection. Results are from generalized linear
736 models with a log link function to a Poisson distribution (mite abundance and intensity) and
737 nominal logistic regression (mite prevalence) for three different body regions. Males and females
738 were analyzed separately because of non-overlapping dewlap size. SVL=snout-vent length. Both
739 dewlap area and SVL were log-transformed prior to analyses. Statistically significant results are
740 in bolded italics.

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	<i>d.f.</i>	Dewlap Area		SVL		SVL by Dewlap Area	
		χ^2	<i>P</i>	χ^2	<i>P</i>	χ^2	<i>P</i>
<i>Mite Abundance</i>							
Males	276	44.74	<0.0001	67.57	<0.0001	44.99	<0.0001
Females	230	0.14	0.7101	14.68	<0.0001	0.14	0.7094
<i>Total Intensity</i>							
Males	212	29.87	<0.0001	28.89	<0.0001	29.53	<0.0001
Females	144	0.21	0.6475	0.01	0.9349	0.17	0.6789
<i>Total Prevalence</i>							
Males	276	0.20	0.6542	7.53	0.0061	0.20	0.6537
Females	227	0.07	0.7873	4.83	0.0280	0.09	0.7603
<i>Dewlap Mite Abundance</i>							
Males	276	25.38	<0.0001	32.69	<0.0001	25.43	<0.0001
Females	230	0.70	0.4041	4.95	0.0260	0.67	0.4132
<i>Dewlap Mite Intensity</i>							
Males	203	1.40	0.2380	6.03	0.0140	1.43	0.2312
Females	94	1.12	0.2895	0.05	0.8293	1.08	0.2973
<i>Dewlap Mite Prevalence</i>							
Males	276	3.44	0.0637	4.69	0.0304	3.38	0.0660
Females	227	0.01	0.9925	2.46	0.1168	0.01	0.9895
<i>Axillary Mite Abundance</i>							
Males	276	1.91	0.1666	10.75	0.0010	1.68	0.1951
Females	229	0.06	0.8138	3.30	0.0694	0.06	0.8001
<i>Axillary Mite Intensity</i>							
Males	29	0.07	0.7955	5.49	0.0191	0.17	0.6844
Females	50	0.15	0.7019	0.36	0.5482	0.16	0.6904
<i>Axillary Mite Prevalence</i>							
Males	276	3.76	0.0482	0.70	0.4045	3.84	0.0460
Females	227	0.02	0.8867	0.90	0.3422	0.02	0.8889

	<i>d.f.</i>	Dewlap Area		SVL		SVL by Dewlap Area	
		χ^2	<i>P</i>	χ^2	<i>P</i>	χ^2	<i>P</i>
<i>Inguinal Mite Abundance</i>							
Males	276	0.34	0.5580	0.35	0.5546	0.33	0.5642
Females	229	2.00	0.1573	1.50	0.2208	1.91	0.1660
<i>Inguinal Mite Intensity</i>							
Males	35	2.21	0.1369	0.05	0.8337	2.32	0.1281
Females	67	0.54	0.4633	1.11	0.2922	0.54	0.4636
<i>Inguinal Mite Prevalence</i>							
Males	275	0.60	0.4398	0.01	0.9318	0.64	0.4240
Females	227	0.45	0.5040	0.01	0.9069	0.41	0.5204

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744 **Table 4.** Energetic correlates of ectoparasite infection. Results are from generalized linear
 745 models with a log link function to a Poisson distribution for mite abundance. Males and females
 746 were also analyzed separately because of divergent organ masses. SVL=snout-vent length.
 747 Statistically significant results are in bolded italics.

	d.f.	Sex		Organ Mass		Body Mass		Sex by Organ Mass	
		χ^2	<i>P</i>	χ^2	<i>P</i>	χ^2	<i>P</i>	χ^2	<i>P</i>
Mite abundance									
<i>Fat Body</i>									
Both Sexes	94	31.64	<0.0001	7.78	0.0053	53.49	<0.0001	10.56	0.0011
Males	64	-	-	33.99	<0.0001	52.34	<0.0001	-	-
Females	29	-	-	0.19	0.6602	4.45	0.0349	-	-
<i>Liver</i>									
Both sexes	97	42.54	<0.0001	0.02	0.8829	31.25	<0.0001	1.1	0.22994
Males	64	-	-	1.38	0.2398	35.63	<0.0001	-	-
Females	31	-	-	2.37	0.1236	0.79	0.3732	-	-
<i>Gonads</i>									
Both Sexes	-	-	-	-	-	-	-	-	-
Males	33	-	-	0.121	0.7275	1.86	0.1726	-	-
Females	31	-	-	18.51	<0.0001	0.02	0.9	-	-
Mite Intensity									
<i>Fat Body</i>									
Both Sexes	65	2.18	0.1396	5.50	0.0190	37.58	<0.0001	3.95	0.0468
Males	45	-	-	13.91	0.0002	19.58	<0.0001	-	-
Females	19	-	-	0.14	0.7109	19.23	<0.0001	-	-
<i>Liver</i>									
Both sexes	67	8.64	0.0033	0.44	0.5075	18.06	<0.0001	11.33	0.0008
Males	46	-	-	4.40	0.0360	19.07	<0.0001	-	-
Females	20	-	-	8.43	0.0037	1.11	0.2923	-	-
<i>Gonads</i>									
Both Sexes	-	-	-	-	-	-	-	-	-
Males	20	-	-	8.65	0.0033	1.39	0.2387	-	-
Females	20	-	-	14.54	0.0001	0.94	0.3329	-	-
Mite Prevalence									
<i>Fat Body</i>									
Both Sexes	84	0.14	0.7079	0.48	0.4893	0.26	0.6134	0.08	0.7835
Males	56	-	-	1.37	0.2426	2.13	0.1441	-	-
Females	27	-	-	0.04	0.8462	0.98	0.3213	-	-
<i>Liver</i>									

Both sexes	97	0.45	0.5005	0.66	0.4162	0.03	0.8689	2.38	0.1231
Males	65	-	-	0.75	0.3881	0.21	0.3881	-	-
Females	31	-	-	0.05	0.8306	0.54	0.4620	-	-
<i>Gonads</i>									
Both Sexes	-	-	-	-	-	-	-	-	-
Males	34	-	-	1.84	0.1749	0.01	0.9835	-	-
Females	31	-	-	1.30	0.2543	1.67	0.1961	-	-

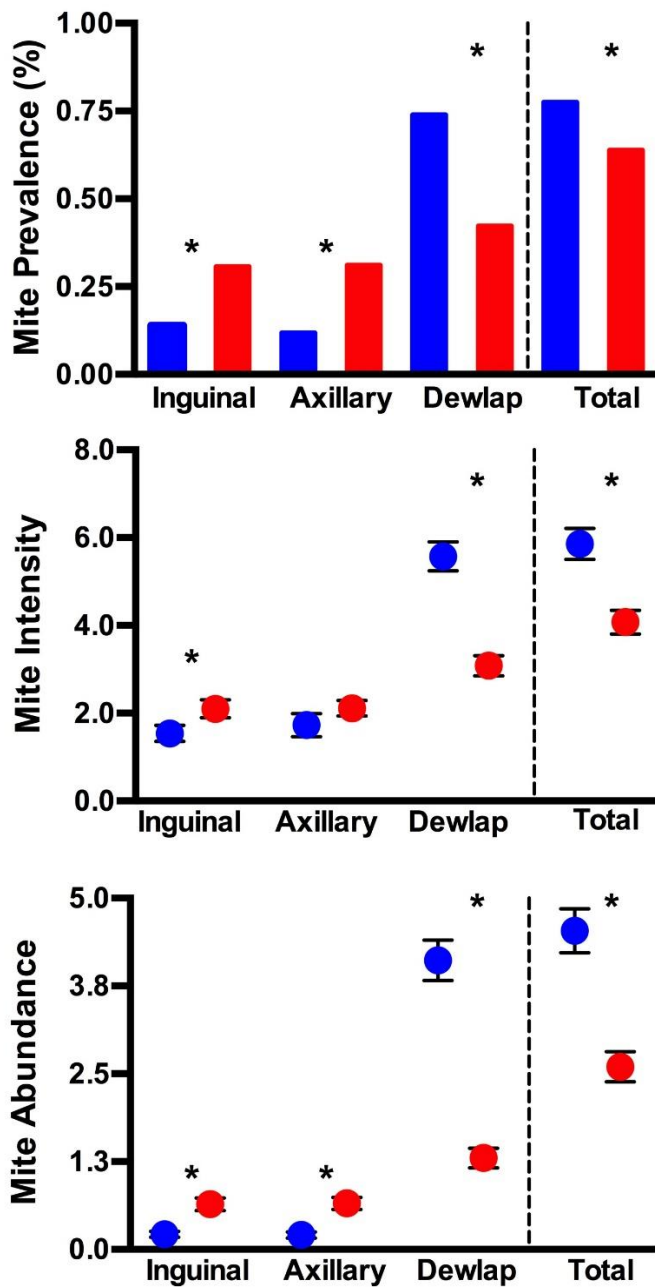
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752 **Figure 1.** Male (left) and female (right) Panamanian slender anoles with mite infections. Male
753 anoles (top left) have larger dewlaps than females (top right). Mites can infect the dewlap (male,
754 bottom left) as well as the inguinal and axillary regions (female, bottom right).



755

756 **Figure 2.** Mite prevalence (top), intensity (middle) and abundance (bottom) of male (blue) and

757 female (red) Panamanian slender anoles across three different body regions. Symbols for mite

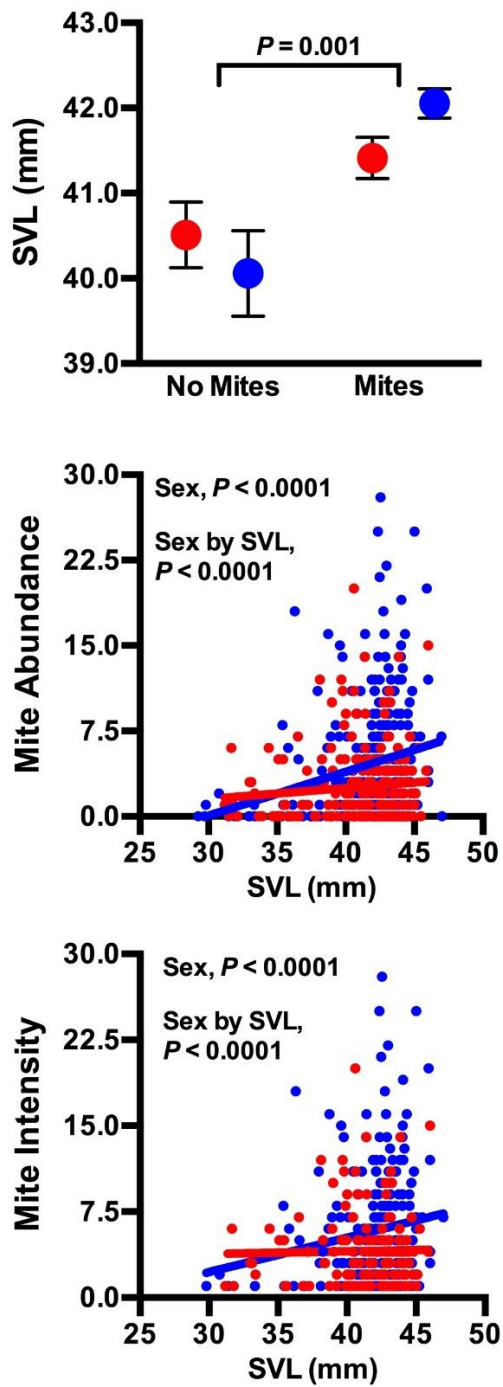
758 abundance and intensity are means \pm S.E.M. Males had greater prevalence, intensity, and

759 abundance of mites than females when summed across body regions. Females had greater

760 prevalence, intensity, and abundance of mites than males in the inguinal and axillary regions.

761 However, males had far greater prevalence, intensity, and abundance of mites on their dewlaps
762 than females.

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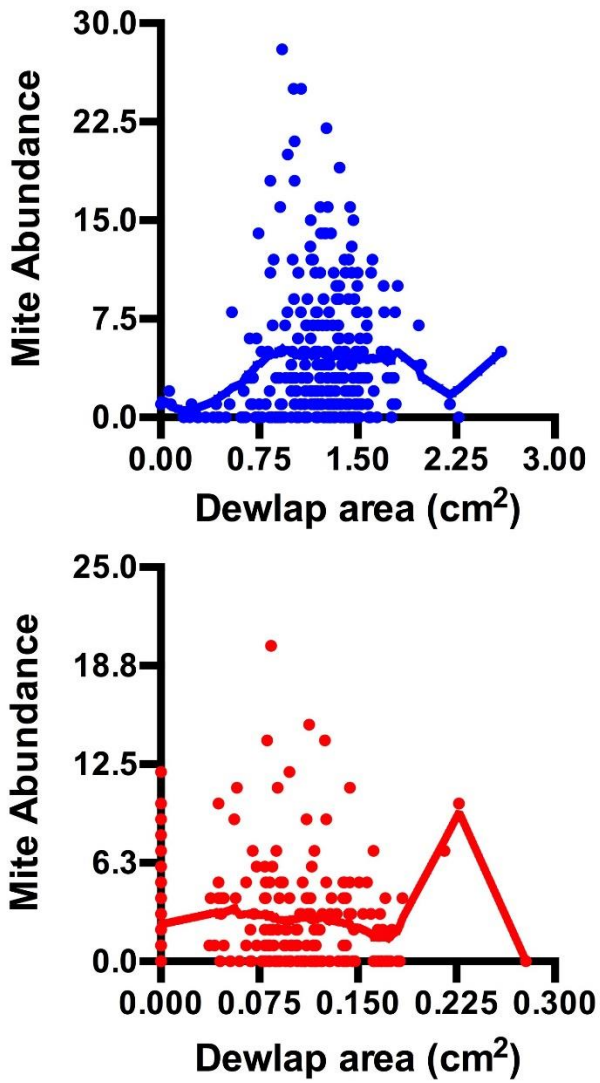
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767 **Figure 3.** Relationship between body size and mite prevalence (top), intensity (middle) and

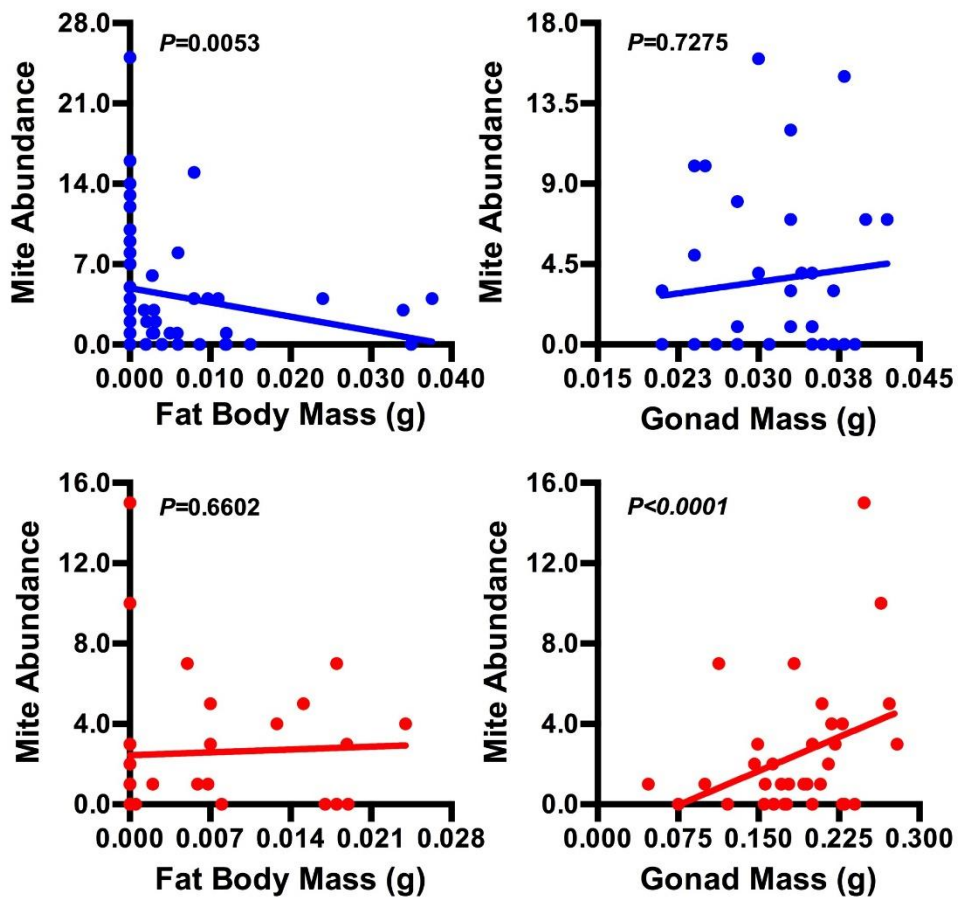
768 abundance (bottom) of male (blue) and female (red) Panamanian slender anoles. Symbols (top)

769 are means \pm S.E.M. Lines (middle and bottom) are best fit-lines from ordinary least-square
770 regression analyses. Both males and females with mites were larger than those without mites
771 (top). Mite abundance (middle) and intensity of (bottom) increased with body size for male but
772 not female anoles.
773
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776 **Figure 4.** Relationship between mite abundance and area of the dewlap for males (top) and
 777 females (bottom). Lines are LOWESS (locally weighted scatterplot smoothing) to reflect linear
 778 and non-linear components to the relationship between dewlap size and mite infection.



779

780 **Figure 5.** Relationship between fat body mass (left) and gonad (right) mass and mite abundance
 781 for males (top) and females (bottom). Lines (middle and bottom) are best-fit lines from ordinary
 782 least-square regression analyses. Mite abundance decreases with fat body mass for males but not
 783 females, while gonad mass increases with mite abundance for females but not males.

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