

INTRODUCTION

Globally, prostate cancer (PCa) has the second highest incidence to lung cancer among males and is the second leading cause of cancer, with an estimated 358,989 deaths in 2018.¹

Options for the primary management of localized PCa most commonly include radical prostatectomy (RP) and radiotherapy (RT) with or without androgen deprivation therapy, or a combination of both. Patients over the age of 65 are more likely to receive RT than surgery.^{2,3} Thanks to the development of advanced radiation treatment technologies, it is now possible to achieve dose escalation limited to the gland while avoiding the surrounding structures.⁴ However, biochemical recurrence (BCR) occurs within 5 years after treatment in nearly one-third of patients treated with radical RT for localized disease.⁵

Biochemical failure after radiation therapy was initially defined by the American Society for Therapeutic Radiology and Oncology (ASTRO) and then revised at a Consensus Conference with the Radiation Therapy Oncology Group of Phoenix, Arizona in 2005. The current ASTRO-Phoenix criteria define biochemical failure after external beam radiotherapy (EBRT) as a PSA rise equal to or greater than 2 ng/mL above the nadir PSA regardless of hormonal therapy administration.⁶

However, especially in the first 2 years after RT, PSA fluctuations are common. Therefore, a post-RT PSA increase could be expression from either malignant or benign prostate tissue.⁷ Prostate biopsies and diagnostic imaging are helpful in identifying true local recurrence. Despite its limitations in the setting of previously irradiated tissues, the correlation between histologic findings and PSA could help in recognition of truly localized recurrence, which would most likely benefit from local treatment, and unrecognized metastatic disease.⁸ While the detection rate of conventional anatomic magnetic resonance imaging (MRI) has traditionally been limited by the glandular atrophy and fibrosis induced by RT, evidence regarding the role of multiparametric MRI (mpMRI) in the detection of radiorecurrent disease is growing.⁹ Choline positron emission tomography (PET)/computed tomography (CT), fluciclovine PET and 68Ga-labeled PSMA ligand PET/CT were found to be more efficient than conventional imaging in restaging patients with BCR.¹⁰

Therapeutic strategies adopted for local relapses include salvage prostatectomy, re-irradiation (with brachytherapy [BT] or external beam RT [EBRT]), high-intensity focused ultrasound (HIFU) and cryotherapy (CRYO). However observation currently represent the most commonly chosen option for therapeutic

1 management of these patients, with only a small proportion of patients with radiorecurrent prostate cancer
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3 (between 15% and 20%) undergoing local salvage therapy ¹¹.
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5 Unfortunately, ADT is not curative and there is a well-known association of ADT with diabetes, coronary
6 heart disease, myocardial infarction, and sudden cardiac death. In patients with comorbidities, ADT is
7 associated with increased mortality and should be used cautiously. In fact, ADT therapy is most beneficial in
8 settings of subclinical metastasis outside of the radiation field rather than as a tool to control local disease in
9 the setting of failed RT ¹². Use of ADT in salvage settings is most warranted in men with high-risk disease
10 features such as pT3b/4 and grade group ≥ 4 or those with features of pT3b/4 and early salvage RT PSA ≥ 0.4
11 ng/ml (12). However, the majority of radiorecurrent prostate cancers are localized to the prostate ¹³, making
12 patients potential candidates to local curative treatment options.
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21 The aim of this review was to conduct a comprehensive analysis of the role of minimally invasive salvage
22 modalities in radiorecurrent prostate cancer and the associated clinical outcomes and toxicity profiles.
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29 EVIDENCE ACQUISITION

30 Literature search strategy

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32 A review of the current literature was conducted through the Medline and NCBI PubMed, Scopus databases
33 in January 2020. The updated PRISMA guidelines ¹⁴ were followed for this systematic review.
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38 Keywords used were “salvage radiotherapy”, “salvage hifu”, “salvage high-intensity focused ultrasound”,
39 “salvage brachytherapy”, “salvage cryotherapy”, “salvage prostatectomy”, “recurrent prostate cancer”, “radio-
40 recurrent prostate cancer”. We used the previous keywords as our primary search string, which combine
41 established MeSH terms for prostate cancer, diagnosis, and treatment combined with the highly sensitive
42 Cochrane search strategy. ¹⁵ Reference list of the retrieved reviews were also checked and cross-referenced.
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49 **Following literature search, all duplicates were manually excluded.**

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51 The searches were performed independently by two researchers (GM and FC), and any disagreement resolved
52 by a third independent researcher (NS). The initial screening was done on the base of titles and abstracts.
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Inclusion and exclusion criteria

All papers published after 2000, concerning studies conducted on humans for radio-recurrent prostate cancer were considered for the review. Only original articles (randomized controlled trials, cohort studies, case-control studies) regarding a series of more than 5 patients were included. Other publications such as reviews, commentaries, editorials and letters to the editor were excluded. The most recent publication was considered if more studies evaluating the same patient cohort. Only studies published in English and about minimally-invasive treatment for radio-recurrent PCa were considered.

Data extraction design

To assess the overall risk of bias and Levels of Evidence (LoE) was assessed by the three reviewers using the ROBINS-1 tool recommended by Cochrane and the OCEBM criteria.^{16,17} Variables that were recorded, when possible, include: variables related to the publication (year, country, design of the study); primary radiotherapy data (age, PSA, D'Amico Class Risk), time from radiotherapy to salvage therapy, biochemical recurrence definition, pre-salvage therapy data (PSA, staging method, biopsy), salvage therapy data (type of salvage therapy, adjuvant ADT, Follow-up, oncologic outcomes, toxicity data with the complications/toxicity classification used).

Statistical analysis

Data were entered into a Microsoft Excel (Version 14.0) database and then transferred to Sofastat TM 1.4.6 for Windows. Descriptive statistics were calculated for all demographic, treatment, clinical and follow-up variables, and reported as median (first to third quartile) or as a proportion with percentage.

EVIDENCE SYNTHESIS

1 Overall, 545 studies were identified. After duplicate exclusion, initial screening, and eligibility evaluation, a
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3 total of 80 studies, 68 retrospective and 12 prospective, were included in the qualitative analysis, corresponding
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5 to a cohort of 6681 patients. A flowchart of the systematic review is presented in Fig. 1. The data are
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7 summarized in Table.1-5. Overall, studies were of poor to moderate quality based on the risk of bias
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9 assessment. (Figure 2).

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11 The median age at initial diagnosis ranged from 59 to 75.5. Pre-treatment PSA ranged from 6.2 to 27.4 ng/ml.
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13 All patients underwent primary RT for localized prostate cancer, and EBRT was the modality most widely
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15 used. Biochemical recurrence after primary treatment was assessed using Phoenix definition in the majority of
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17 cases, but some also used ASTRO or Stuttgart definitions. To assess local relapse, patients underwent different
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19 imaging modalities including MRI, choline PET and ultrasound. Diagnosis of local recurrence was confirmed
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21 by biopsy in the majority of the studies. Pre-salvage treatment PSA ranged from 3.1 to 14.4 ng/ml. Overall,
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23 ADT was used before primary treatment, between primary and salvage treatment, and during or after salvage
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25 treatment in 35 studies. Toxicity was mainly reported using Common Terminology Criteria for Adverse Events
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27 (CTCAE) and Clavien-Dindo scales ^{98,99}. Oncologic outcomes were reported as biochemical recurrence free
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29 survival (bRFS), **biochemichemical progression free survival (bPFS)**, cancer specific survival (CSS), overall
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31 survival (OS), metastasis free survival (MFS) and ADT-free survival (ADT-FS). The median follow-up after
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33 salvage therapy ranged from 9 to 61 months.

34 35 36 37 38 **Salvage radiotherapy**

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41 Few studies are available on salvage radiotherapy (Table 1). In the majority of them, the technique used was
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43 Stereotactic body RT (SBRT), which is similar to EBRT except that the treatment dose is typically delivered
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45 in 2 to 5 total fractions. To our knowledge, the largest study (29 patients) is by Fuller et al. ²⁴, who reported a
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47 **bRFS** of 82% at 2 years, with GU toxicity of grade ≥ 2 in 18% of patients and no patients with GI toxicity
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49 above Grade 1. In another small series, Mbeutcha et al. ¹⁹ reported 1-year bPFS of 70% among their 18 patients.
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51 They reported a low rate of toxicity, with only one patient experiencing transient CTCAE v4.0.3 urinary
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53 complication and no grade 3-4 GI toxicities. We also found a study evaluating salvage CyberKnife-based
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55 ablative radiotherapy (SABR) ¹⁸. In this study, Mischczyk et al. reported 1-y bPFS of 68% among their 38

1 patients, with CTCAE v4.0 acute GI toxicity in 3% of patients, acute GU toxicities in 21%, late GI toxicities
2 in 11% and late GU in 37%. Data suggests that salvage EBRT is a promising approach for recurrent PCa
3 control, with acceptable toxicities.
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10 **Salvage brachytherapy**

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13 We included 24 studies on salvage brachytherapy (SBT), published from 2003 and 2019 (Table 2). Oldest
14 studies include a patient population that was largely treated with variable rates of ADT prior to salvage BT,
15 resulting in a wide range of biochemical control outcomes. However, in more recent studies, salvage BT appear
16 to be able to achieve bPFS in more than half of all local failures in patients who are candidates for the
17 procedures. The largest reported case series of patients receiving salvage BT was published by Henriquez-
18 Lopez et al. ²⁶. In this study of 119 patients with biopsy-proven, locally-recurrent PCa the 5-year prostate-
19 specific antigen (PSA) RFS rate was 71% and the 5-year CSS was higher than 90%, with only 32% developing
20 biochemical progression after salvage BT. The toxicity was acceptable and comparable to older studies, with
21 RTOG toxicity \geq grade 3 observed in 23.5% of patients. In patients previously treated with EBRT,
22 brachytherapy (BT) can be an appealing option due to the ability to deliver a very conformal high dose to the
23 target lesion while reducing toxicity to the surrounding healthy tissue.
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38 **Salvage high-intensity focused ultrasound (HIFU)**

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41 Originally developed in the 1940s, high-intensity focused ultrasound (HIFU) technology has advanced to
42 become a viable option for minimally invasive treatment of cancer. Delivering heat generated by a beam of
43 focused ultrasound using a transrectal probe, HIFU works to cause coagulation necrosis of tumor tissue. HIFU
44 was first employed for the treatment of PCa in the 1990s. HIFU devices have led to durable oncologic control
45 with acceptable toxicity outcomes.
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51 We analyzed 17 studies for a total of 1520 patients (Table 3). The latest prospective study, published in 2018,
52 was conducted on 150 patients, with a median follow up of 35 months. Results showed a median bRFS of 33
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1 months, with a total of 77 (51.3%) of patients experiencing biochemical failure after salvage treatment during
2 the rate comparable to other methods of salvage therapy. Unfortunately, complications were not recorded.⁵¹
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5 Crouzet et al.⁵² published the largest series of 418 patients undergoing HIFU from 1995 to 2009 in an
6 international, multi-institutional analysis. They reported 37% of patients were free from initiation of ADT at
7 5 years but also report a bRFS of 49% overall at 5 years. For what concerns complications, they reported
8 incontinence of any grade in 42% of patients, need of artificial urinary sphincter in 7%, bladder outlet
9 obstruction or stenosis in 18%, fistula in 2.3% and pubic bone osteitis in 2%.
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12 HIFU has also been explored as a feasible salvage therapy option with reduced adverse events. However, there
13 is a need for larger, prospective investigations, with a standardized classification of complications.
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16 **Salvage cryotherapy**

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18 Cryotherapy, also known as cryosurgery and cryoablation therapy, involves placement of probes within the
19 prostate that undergo extreme cooling using argon gas. Prostate tissue is consumed by an expanding ball of ice
20 that is monitored by transrectal ultrasound. Rapid freezing of the tissue results in ice crystal formation that
21 leads to cell death. A urethral warming catheter is used to prevent urethral tissue damage.
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24 Cryotherapy was the most widely analyzed treatment in our systematic review, with 25 studies evaluated
25 (Table 4). In the largest retrospective study on salvage cryotherapy, including 898 patients, Ginsburg et al.
26 reported biochemical recurrence in 213 (23.7%) patients, with a median time to biochemical recurrence of 13.4
27 months. Unfortunately, complications were not adequately recorded.⁷⁰
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31 The largest study to record complications after salvage HIFU was published by Kongnyuy et al.⁶⁹ In this study
32 on 65 patients, bRFS survival at 1- and 3-year of 48.1%. A total of eight (12.3%) patients experienced minor
33 complications (Clavien–Dindo Grade I). Two (3.1%) patients experienced transient haematuria. Three (4.1%)
34 patients had urethral strictures, none of which required surgical intervention. No patients were hospitalised.
35 Three patients (4.1%) had prolonged (>4 d) catheterization. Four (6.1%) patients reported having incontinence
36 and 14 (21.5%) patients reported erectile dysfunction (ED) following the procedure. Cryotherapy has also been
37 explored as a feasible salvage therapy option with relatively low adverse events.
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Salvage robotic and laparoscopic prostatectomy

Salvage radical prostatectomy (SRP) after external beam RT (EBRT) is more technically difficult and is associated with higher potential for morbidity than primary radical prostatectomy (RP) due to effects of primary radiation on normal tissues in the pelvis. For these reasons SRP should be performed by an experienced physician at a high-volume center and patients should also be counseled regarding the increased risk of side effects with this procedure. Removal of the prostate gland is achieved by open approach or minimally invasive robotic or laparoscopic technique. Nerve sparing techniques attempt to preserve erectile function by leaving the neurovascular bundles intact but are only appropriate when tumor control will not be compromised. Pelvic lymph node dissection is often performed at the discretion of the surgeon and may be especially appropriate in the setting of oligometastatic disease confined to pelvic lymph nodes¹⁰⁰.

To our knowledge, the largest and most recent study was published by Onol et al. in 2019 on evaluated 126 patients who underwent salvage RALP between 2008 and 2018. Of these, 94 (74.6%) received radiation and 32 focal ablation (25.4%) as primary therapy. The results of this study show a 5-year bRFS of 59%. Postoperative 1-year full (no pads/day) and social (0–1 pad/day) continence rates 39.2%, and 51.3%, respectively. Erectile function was preserved in 13% of preoperatively potent patients. Postoperative complications of grade IIIa or higher according to Clavien-Dindo classification were 4.4%.⁹¹

The only study on salvage laparoscopic prostatectomy respecting our selection criteria was published by Nunez-Mora et al in 2009, reporting a median follow up of 26.8 months and a bRFS of 87.8%. However, only 9 patients were included in the study, so the evidence is quite weak.⁹⁶

The high surgical difficulty, not supported by an evident benefit in terms of oncological outcomes and reduced complications, does not seem to make minimally-invasive SRP an ideal option for treating patients with radio-recurrent PCa.

Salvage electroporation

1 Irreversible electroporation (IRE) is a novel focal therapy treatment which involves delivering high-voltage
2 electrical pulses between needle electrodes. The obtained direct electrical current destabilizes the targeted
3 cellular membrane, inducing nanopores that cause irreversible permeability and subsequent cell death.
4 Preclinical studies have shown that the ablative effect of IRE harbours tissue selectivity and is able to preserve
5 blood vessel patency and spare nerves. In a study published in 2017, Scheltema et al. evaluated the role of
6 salvage focal IRE in radio-recurrent prostate cancer. They included 18 patients in the studied and followed
7 them up for a median of 21 months. No high-grade adverse events (CTCAE >2) or recto-urethral fistulae
8 occurred. Three and four patients experienced biochemical failure using the Phoenix and Stuttgart definitions
9 of biochemical failure, respectively. The results suggest that focal IRE could be a feasible salvage option for
10 localized radio-recurrent PCa ⁹⁷. Further insight into the ability of focal IRE to obtain oncological control in
11 radio-recurrent PCa will be provided by the ongoing prospective multicenter study FIRE trial.
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26 **Comparison of Minimally Invasive Treatment Strategies for Radio-Recurrent Prostate Cancer**

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29 Most relevant data for each treatment strategy are summarized in Table 6. Of note, patients undergoing non-
30 surgical salvage treatments appear to be somewhat older in comparison with patients undergoing salvage
31 surgery. For what oncologic outcomes are concerned, EBRT seems to have worse 5-year bRFS in comparison
32 with the other strategies analyzed. However, when 5-year CSS is taken into account, all strategies seem to have
33 excellent results, ranging from 87% of BT to 100% of EBRT and cryotherapy. Regarding toxicity, HIFU seems
34 to cause more acute GU and acute or chronic GI toxicity than other strategies, while EBRT seems to be more
35 detrimental for GU tract in the chronic setting. While scarcely investigated, perineal pain appears to be more
36 likely after cryotherapy.
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45 It is important to underline that the scope of this table is purely informative, and it is not supported by statistical
46 evidence. Moreover, the great heterogeneity in pre-treatment and outcome measures and the quite wide range
47 of follow-up duration limit a comprehensive interpretation.
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DISCUSSION

1 This systematic review suffers of some limitations. First of all, it is important to underline that the majority of
2 the studies on which our work is based are retrospective case series; therefore, they lack a control group and
3 some of them have a limited follow-up. Moreover, the heterogeneity in pre-treatment and outcome measures
4 makes a comprehensive interpretation quite difficult. Another possible limitation of our review is the absence
5 of a baseline evaluation, which, together with the limited information on primary EBRT characteristics and
6 the relatively short follow-up of most studies, hampers our interpretation of salvage therapy-related toxicity.
7 However, not only this comprehensive systematic review indicates that nonsurgical local therapies for
8 radiorecurrent prostate cancer could be a valid treatment option because of their efficacy and good toxicity
9 profile, but also it compares them with outcomes reported for patients treated with minimally invasive salvage
10 radical prostatectomy, either laparoscopic or robotic.
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13 While there is no high quality comparative data to guide the decision of which local salvage therapy is best, it
14 is reasonable to offer local salvage based on institutional strengths.
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17 It is evident that with the continuous improvement in imaging technology and staging methodology^{101,102}, the
18 future of salvage therapy for locally recurring PCa will be focused on targeted and tissue-sparing focal
19 therapies. Investigation into novel focal therapy techniques such as electroporation may offer a new method
20 of therapy to further improve outcomes after failed radiation.
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23 Even if not a subject of our review, other directions for future PCa treatment options include advancement in
24 immunotherapy targeting checkpoint inhibitors, particularly for castration-resistant PCa. However, high-
25 quality data from prospective trials are needed to validate the long-term outcomes for minimally invasive
26 strategies for the treatment of intraprostatic recurrence after previous RT.
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29 CONCLUSIONS

30 Overall, what seems to emerge from our systematic review is that minimally invasive therapeutic options offer
31 promising results in terms of biochemical control in the local recurrence setting. Unfortunately, the absence of
32 high quality and comparative studies makes it difficult to establish which method is the best in terms of
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1 oncological and safety outcomes. Therefore, the level of experience of the team with one or more methods
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3 should guide the therapeutic choice.
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1 **FIGURE LEGENDS**

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3 **Figure 1** – PRISMA flowchart

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6 **Figure 2** – Risk of bias assessment

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12 **TABLES**

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14 **Table 1** – Salvage treatment, study design, pre-primary treatment data, pre-salvage therapy features, oncologic outcomes and toxicity of patients

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16 treated with salvage external beam radiotherapy (EBRT)

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20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
Salvage Treatment	Author	Year	Design	Level	Patients	Age	Pre-PT PSA	Class risk	Primary treatment	BCR definition	Pre-ST PSA	Time from PT to ST	Imaging	Bio psy	ADT	Oncologic outcomes	Follo w-up	Toxicity
EBRT	Miszczuk (18)	2018	RS III		38	71.6	12	N/A	EBRT, BT	Phoenix	4.3	101	C-PET, MRI	Yes	Yes (55%)	1 yr - bRFS 68%	14.4	CT CAE V4.0. Acute GI: 3%; Acute GU: 21% ;

Table 2 – Salvage treatment, study design, pre-primary treatment data, pre-salvage therapy features, oncologic outcomes and toxicity of patients treated with salvage brachytherapy (BT)

Salvage Treatment	Author	Year	Design	Level	Patients	Age	Pre-PT PSA	Class risk	Primary treatment	BCR definition	Pre-ST PSA	Time from PT to ST	Imaging	Bio-psy	ADT	Oncologic outcomes	Follow-up	Toxicity
BT	Henriquez-Lopez (26)	2019	RS	III	119	61.5	10.8	N/A	EBRT	Phoenix	3.9	N/A	CT, MRI, bone scan	Yes	Yes (25%)	bRRFS 71%	52	RT OG Acute GU: 29.4%; Late GU: 10.9%; Toxicity Grade
BT	Yamada (27)	2019	RS	III	13	68.1	27.4	H	EBRT	Phoenix	3.5	78.4	N/A	Yes	N/A	4 yr bRRFS 74%	40.6	CT CAE V4.0. Grade

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1	HIFU	Baco (58)	2014	PS	III	48	68	14.2	H	EBRT	Phoenix	N/A	N/A	N/A	MRI	Yes	N/A	2 yr - PFS 52%	N/A	N/A
2	HIFU	Baco (58)	2014	PS	III	48	68	14.2	H	EBRT	Phoenix	N/A	N/A	N/A	MRI	Yes	N/A	2 yr - PFS 52%	N/A	N/A
3	HIFU	Baco (58)	2014	PS	III	48	68	14.2	H	EBRT	Phoenix	N/A	N/A	N/A	MRI	Yes	N/A	2 yr - PFS 52%	N/A	N/A
4	HIFU	Baco (58)	2014	PS	III	48	68	14.2	H	EBRT	Phoenix	N/A	N/A	N/A	MRI	Yes	N/A	2 yr - PFS 52%	N/A	N/A
5	HIFU	Song (59)	2014	RS	IV	13	66	21.1	I	EBRT	ASTRO	4.6	37.2	MRI	Yes	No	5 yr - bRF 53.8%	44.5	CD. Acute GU: 68.4%	
6	HIFU	Song (59)	2014	RS	IV	13	66	21.1	I	EBRT	ASTRO	4.6	37.2	MRI	Yes	No	5 yr - bRF 53.8%	44.5	CD. Acute GU: 68.4%	
7	HIFU	Song (59)	2014	RS	IV	13	66	21.1	I	EBRT	ASTRO	4.6	37.2	MRI	Yes	No	5 yr - bRF 53.8%	44.5	CD. Acute GU: 68.4%	
8	HIFU	Song (59)	2014	RS	IV	13	66	21.1	I	EBRT	ASTRO	4.6	37.2	MRI	Yes	No	5 yr - bRF 53.8%	44.5	CD. Acute GU: 68.4%	
9	HIFU	Song (59)	2014	RS	IV	13	66	21.1	I	EBRT	ASTRO	4.6	37.2	MRI	Yes	No	5 yr - bRF 53.8%	44.5	CD. Acute GU: 68.4%	
10	HIFU	Song (59)	2014	RS	IV	13	66	21.1	I	EBRT	ASTRO	4.6	37.2	MRI	Yes	No	5 yr - bRF 53.8%	44.5	CD. Acute GU: 68.4%	
11	HIFU	Yutkin (60)	2014	PS	III	19	60	N/A	N/A	BT	Phoenix	5	72	N/A	Yes	No	4 yr - bRF 73.8%	59.3	CD. Acute GU: 31.6% ; GI: 15.7%	
12	HIFU	Yutkin (60)	2014	PS	III	19	60	N/A	N/A	BT	Phoenix	5	72	N/A	Yes	No	4 yr - bRF 73.8%	59.3	CD. Acute GU: 31.6% ; GI: 15.7%	
13	HIFU	Yutkin (60)	2014	PS	III	19	60	N/A	N/A	BT	Phoenix	5	72	N/A	Yes	No	4 yr - bRF 73.8%	59.3	CD. Acute GU: 31.6% ; GI: 15.7%	
14	HIFU	Yutkin (60)	2014	PS	III	19	60	N/A	N/A	BT	Phoenix	5	72	N/A	Yes	No	4 yr - bRF 73.8%	59.3	CD. Acute GU: 31.6% ; GI: 15.7%	
15	HIFU	Yutkin (60)	2014	PS	III	19	60	N/A	N/A	BT	Phoenix	5	72	N/A	Yes	No	4 yr - bRF 73.8%	59.3	CD. Acute GU: 31.6% ; GI: 15.7%	
16	HIFU	Ahmed (61)	2012	RS	IV	84	N/A	N/A	N/A	EBRT	N/A	3.8	N/A	MRI	Yes	Yes (36%)	2 yr - PFS 43%	19.8	N/A	
17	HIFU	Ahmed (61)	2012	RS	IV	84	N/A	N/A	N/A	EBRT	N/A	3.8	N/A	MRI	Yes	Yes (36%)	2 yr - PFS 43%	19.8	N/A	
18	HIFU	Ahmed (61)	2012	RS	IV	84	N/A	N/A	N/A	EBRT	N/A	3.8	N/A	MRI	Yes	Yes (36%)	2 yr - PFS 43%	19.8	N/A	
19	HIFU	Ahmed (61)	2012	RS	IV	84	N/A	N/A	N/A	EBRT	N/A	3.8	N/A	MRI	Yes	Yes (36%)	2 yr - PFS 43%	19.8	N/A	
20	HIFU	Ahmed (61)	2012	RS	IV	84	N/A	N/A	N/A	EBRT	N/A	3.8	N/A	MRI	Yes	Yes (36%)	2 yr - PFS 43%	19.8	N/A	
21	HIFU	Ahmed (61)	2012	RS	IV	84	N/A	N/A	N/A	EBRT	N/A	3.8	N/A	MRI	Yes	Yes (36%)	2 yr - PFS 43%	19.8	N/A	
22	HIFU	Ahmed (61)	2012	RS	IV	84	N/A	N/A	N/A	EBRT	N/A	3.8	N/A	MRI	Yes	Yes (36%)	2 yr - PFS 43%	19.8	N/A	
23	HIFU	Uchida (62)	2011	RS	IV	22	62	14.5	H	EBRT	N/A	4	36	MRI	Yes	No	5 yr - bRF 52%	24	NCIC TCv2.0. Acute GU: 18.2% ; Late GU: 18.2% ; GI: 4.5%	
24	HIFU	Uchida (62)	2011	RS	IV	22	62	14.5	H	EBRT	N/A	4	36	MRI	Yes	No	5 yr - bRF 52%	24	NCIC TCv2.0. Acute GU: 18.2% ; Late GU: 18.2% ; GI: 4.5%	
25	HIFU	Uchida (62)	2011	RS	IV	22	62	14.5	H	EBRT	N/A	4	36	MRI	Yes	No	5 yr - bRF 52%	24	NCIC TCv2.0. Acute GU: 18.2% ; Late GU: 18.2% ; GI: 4.5%	
26	HIFU	Uchida (62)	2011	RS	IV	22	62	14.5	H	EBRT	N/A	4	36	MRI	Yes	No	5 yr - bRF 52%	24	NCIC TCv2.0. Acute GU: 18.2% ; Late GU: 18.2% ; GI: 4.5%	
27	HIFU	Uchida (62)	2011	RS	IV	22	62	14.5	H	EBRT	N/A	4	36	MRI	Yes	No	5 yr - bRF 52%	24	NCIC TCv2.0. Acute GU: 18.2% ; Late GU: 18.2% ; GI: 4.5%	
28	HIFU	Uchida (62)	2011	RS	IV	22	62	14.5	H	EBRT	N/A	4	36	MRI	Yes	No	5 yr - bRF 52%	24	NCIC TCv2.0. Acute GU: 18.2% ; Late GU: 18.2% ; GI: 4.5%	
29	HIFU	Berge (63)	2011	RS	IV	46	63	N/A	H	EBRT	N/A	5.5	68.1	MRI	Yes	Yes (17%)	N/A	9	N/A	
30	HIFU	Berge (63)	2011	RS	IV	46	63	N/A	H	EBRT	N/A	5.5	68.1	MRI	Yes	Yes (17%)	N/A	9	N/A	
31	HIFU	Berge (63)	2011	RS	IV	46	63	N/A	H	EBRT	N/A	5.5	68.1	MRI	Yes	Yes (17%)	N/A	9	N/A	
32	HIFU	Berge (63)	2011	RS	IV	46	63	N/A	H	EBRT	N/A	5.5	68.1	MRI	Yes	Yes (17%)	N/A	9	N/A	
33	HIFU	Murat (64)	2009	RS	IV	167	63	N/A	I	EBRT	ASTRO	4.5	55.6	MRI	Yes	No	5 yr - OS 84%	18.1	N/A	
34	HIFU	Murat (64)	2009	RS	IV	167	63	N/A	I	EBRT	ASTRO	4.5	55.6	MRI	Yes	No	5 yr - OS 84%	18.1	N/A	
35	HIFU	Murat (64)	2009	RS	IV	167	63	N/A	I	EBRT	ASTRO	4.5	55.6	MRI	Yes	No	5 yr - OS 84%	18.1	N/A	
36	HIFU	Murat (64)	2009	RS	IV	167	63	N/A	I	EBRT	ASTRO	4.5	55.6	MRI	Yes	No	5 yr - OS 84%	18.1	N/A	
37	HIFU	Gelet (65)	2004	RS	IV	71	N/A	20.4	N/A	EBRT	N/A	5.7	N/A	N/A	Yes	No	30 mo -	14.8	N/A	
38	HIFU	Gelet (65)	2004	RS	IV	71	N/A	20.4	N/A	EBRT	N/A	5.7	N/A	N/A	Yes	No	30 mo -	14.8	N/A	

1	CRYO	Williams (78)	2011	RS	IV	176	N/A	N/A	H	EBRT, BT	Phoenix	N/A	N/A	CT	Yes	Yes (39%)	10 yr - OS 87%	88	N/A
2	CRYO	Spiess (79)	2010	RS	IV	450	64.1	17.8	H	RT	N/A	7.8	N/A	MRI, CT	Yes	No	N/A	40	N/A
3	CRYO	Pisters (80)	2009	RS	IV	56	N/A	N/A	N/A	EBRT, BT	N/A	5.4	N/A	N/A	Yes	No	5 yr - bRFS 21%	60.5	N/A
4	CRYO	Eisenberg (81)	2008	RS	IV	19	64.6	N/A	N/A	EBRT, BT	ASTRO-Phoenix	3.3	N/A	LIS	Yes	N/A	3 yr - bRFS 79%	18	N/A
5	CRYO	Ismail (82)	2007	RS	IV	100	N/A	N/A	H	RT	ASTRO	5.4	N/A	MRI	Yes	N/A	5 yr - bRFS 145%, H11 %	33.5	N/A
6	CRYO	Ng (83)	2007	RS	IV	187	N/A	11	N/A	EBRT, BT	Houston	4.9	N/A	CT	Yes	No	5 yr - OS 97%	39	N/A
7	CRYO	Spiess (84)	2006	RS	IV	49	66.9	N/A	N/A	EBRT	Phoenix	5.9	N/A	MRI	Yes	Yes (53%)	N/A	60.7	N/A
8	CRYO	Donnelly (85)	2005	PS (IV)	IV	46	63.9	19.2	N/A	EBRT	N/A	5.6	61	MRI	Yes	No	2 yr - bRFS 44%	20	N/A
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1	RP (Laparoscopic)	Nunez-Mora (96)	20	RS	1 V	9	59.3	N/A	N/A	EBRT, BT	Phoenix	9.1	N/A	N/A	No	N/A	bRF S 87.8 %	26.8	N/A
2	IRREVERSIBLE ELECTROPORATION	Schelte ma (97)	20	PS / RS	1 V	18	7	8.6	N/A	EBRT, BT	Phoenix Stuttgart †	3.5	N/A	N/A	Yes	N/A	bRF S 72.7 %	21	CT CA E V4. 0.6 mo UI: 72.7

Table 6 - Summary of minimally invasive treatments for radio-recurrent prostate cancer.

	EBRT	BT	HIFU	Cryotherapy	Robotic/Laparoscopic RP
Age	59-75.5	60.5-69	60-69.8	62.1-70	59.3-66
Time from PT to ST (months)	66-101	22-96	36-80	13.4-95	46-82.5
Follow-up (months)	11.7-94	10-108	9-64	15-88	12-32
Oncologic outcome					
bRFS					
1 year	68-85%	75-91%	—	—	76.9%
2 years	54-82%	89%	—	44-74%	85.7%
5 years	37.5%	38-90%	51.6-53.8%	21-86.5%	59%
CSS					
5 years	100%	87%	84-94.4%	100%	—
Toxicity					
Acute GU	3.4-21%	11-29.4%	19.7-68.4%	10.8-28.1%	CD > IIIa: 4.4-15.3%
Chronic GU	7.1-37%	5-16.6%	8-18.2%	2.1-4.1%	1-year UI: 23.1-60.8%
GI (acute or chronic)	3-28.5%	2.7-12%	2-15.7%	17.4%	
PP	7.1%	6.6-11.1%	—	31.3%	

* All ranges are minimum to maximum.

1 **Abbreviations:** LoE = level of evidence; PT = primary treatment; BCR = biochemical recurrence; ST = salvage treatment; ADT = androgen deprivation therapy;
2
3 EBRT = external beam radiotherapy; BT = brachytherapy; HIFU = high-intensity focused ultrasound; CRYO = cryotherapy; RP = radical prostatectomy; RARP =
4
5 robot-assisted radical prostatectomy; RS =retrospective study; PS=prospective study; N/A = not applicable; L = low; I= intermediate; H = high; ASTRO = American
6
7 Society for the Therapeutic Radiology and Oncology; C-PET = Choline – positron emission tomography; MRI = magnetic resonance imaging; US = Ultrasound;
8
9 yr = year; mo = months; bRFS = biochemical recurrence free survival; bPSF = biochemical progression free survival; OS = overall survival; CSS = cancer-specific
10
11 survival; MFS = metastasis-free survival; PSF = progression free survival; ADT-FS: androgen deprivation therapy free survival; CTCAE = Common Terminology
12
13 Criteria for Adverse Events; RTOG = Radiation Therapy Oncology Group; NCI-CTC= National Cancer Institute Common Toxicity Criteria; GU = genito-urinary;
14
15 GI= gastro-intestinal; PP= Perineal Pain; UI = Urinary Incontinence
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20 **AUTHORS' CONTRIBUTION**
21

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