Elsevier Editorial System(tm) for Placenta Manuscript Draft

Manuscript Number: PL-15-00058R3

Title: Ultrasound And Endocrinological Markers Of First Trimester Placentation And Subsequent Fetal Size

Article Type: Original Article

Keywords: Placental volume; birth weight; placental hormones; large for gestational age; small for gestational age

Corresponding Author: Dr. Anna Louise David, MB ChB, MRCOG, PhD

Corresponding Author's Institution: University College London

First Author: Anna Louise David, MB ChB, MRCOG, PhD

Order of Authors: Anna Louise David, MB ChB, MRCOG, PhD; Eric R Jauniaux, PhD FRCOG

Abstract: Introduction: To study the relationship between 2-dimensional placental ultrasound measurements and maternal serum (MS) levels of biomarkers of placentation and in pregnancies presenting with an isolated abnormally high or low birthweight at term, without evidence of placental insufficiency.

Method: We performed a population based cohort study of 306 pregnancies delivered at term including 30 presenting with large-for-gestational age (LGA, birthweight > 90th centile) and 17 small-for-gestational age (SGA; birthweight < 10th centile). Antenatal measurements included placental thickness and 2D-volume and MS levels of pregnancy-associated plasma protein A (PAPP-A) and free-beta human chorionic gonadotrophin (f β hCG) at 11 - 13+6 weeks of gestation and mid-trimester MS α -fetoprotein (AFP), unconjugated estriol (uE3) and inhibin A levels.

Results: In the subgroup with a normal birthweight (10th-90th centile), there was a significant positive correlation between birthweight and the basal plate surface area (p<0.001) and 2D placental volume (p< 0.01). In the LGA subgroup, MS PAPP-A was significantly (p<0.05) higher than in normal controls and there was a significant (p<0.01) positive correlation with birthweight. There was no significant difference for any of the ultrasound and biomarkers parameters between SGA and the normally grown controls.

Discussion: In uncomplicated singleton pregnancies with a normal birthweight, 2D measurements of placentation are related with fetal size but are not related to subsequent excessive or slow fetal growth. LGA at birth is associated with increased MS PAPP-A at 11-14 weeks of gestation supporting the association between PAPP-A synthesis and early placental growth and development.

Dear Graham

As requested, I have added in the Supplementary Figures 1 and 2 (Scatter plot illustrating the relationship between first trimester placental surface area or 2D volume and birthweight for the whole cohort),

Eric has added the statistical data for these results into the results section on page 10. He also corrected 2 typos and added 2 decimals in all the F numbers for consistency.

Yours sincerely Anna David Conflict of Interest Statement

The authors state that no conflict of interest exists.

Ultrasound And Endocrinological Markers Of First Trimester Placentation And Subsequent Fetal Size

A.L. DAVID, E. JAUNIAUX

Research Department of Maternal Fetal Medicine, Institute for Women's Health, University College London, 86-96 Chenies Mews, London WC1E 6HX, UK.

Correspondence address:

Dr Anna David,

Research Department of Maternal Fetal Medicine,

Institute for Women's Health

University College London,

86-96 Chenies Mews,

London WC1E 6HX, UK.

Telephone numbers:

+44/207/6796059

Fax: +44/207/3837429

a.david@ucl.ac.uk

ABSTRACT (243 words)

Introduction: To study the relationship between 2-dimensional placental ultrasound measurements and maternal serum (MS) levels of biomarkers of placentation and in pregnancies presenting with an isolated abnormally high or low birthweight at term, without evidence of placental insufficiency.

Method: We performed a population based cohort study of 306 pregnancies delivered at term including 30 presenting with large-for-gestational age (LGA, birthweight > 90th centile) and 17 small-for-gestational age (SGA; birthweight < 10th centile). Antenatal measurements included placental thickness and 2D-volume and MS levels of pregnancy-associated plasma protein A (PAPP-A) and free-beta human chorionic gonadotrophin (fβhCG) at 11 - 13⁺⁶ weeks of gestation and mid-trimester MS α-fetoprotein (AFP), unconjugated estriol (uE3) and inhibin A levels.

Results: In the subgroup with a normal birthweight $(10^{th}-90^{th} \text{ centile})$, there was a significant positive correlation between birthweight and the basal plate surface area (p<0.001) and 2D placental volume (p< 0.01). In the LGA subgroup, MS PAPP-A was significantly (p<0.05) higher than in normal controls and there was a significant (p<0.01) positive correlation with birthweight. There was no significant difference for any of the ultrasound and biomarkers parameters between SGA and the normally grown controls.

Discussion: In uncomplicated singleton pregnancies with a normal birthweight, 2D measurements of placentation are related with fetal size but are not related to subsequent excessive or slow fetal growth. LGA at birth is

associated with increased MS PAPP-A at 11-14 weeks of gestation supporting the association between PAPP-A synthesis and early placental growth and development.

Keywords: Placental volume, birth weight, placental hormones, large for gestational age, small for gestational age

Highlights

- In a population based cohort study of 306 uncomplicated singleton pregnancies delivered at term, 2D placental measurements correlate with fetal size in the total study group and To study the relationship between 2D placental measurements, maternal placental biomarkers and fetal growth complications
- <u>in uncomplicated singleton</u> pregnancies with a normal birthweight 2D placental measurements correlate with fetal size
- Placental basal plate surface area and 2D placental volume do not predict large or small fetal size and these measurements cannot be used to predict birthweight in individual cases..
- Large (LGA) and small for gestational age (SGA) at birth are not associated
 with 2D ultrasound measurements of the placenta
- LGA but not SGA is associated with raised first trimester maternal serum pregnancy-associated plasma proteinFirst trimester maternal serum pregnancy-associated plasma protein concentration is higher in LGA pregnancies than compared with normal and AGA pregnancies.

1 Ultrasound And Endocrinological Markers Of

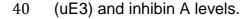
2 First Trimester Placentation And Subsequent

- 3 Fetal Size
- 4
- 5 A.L. DAVID, E. JAUNIAUX
- 6
- Research Department of Maternal Fetal Medicine, Institute for Women's
 Health, University College London, 86-96 Chenies Mews, London WC1E
 6HX, UK.
- 10
- 11
- 12
- ___
- 13
- 14 Correspondence address:
- 15 Dr Anna David,
- 16 Research Department of Maternal Fetal Medicine,
- 17 Institute for Women's Health
- 18 University College London,
- 19 86-96 Chenies Mews,
- 20 London WC1E 6HX, UK.
- 21 Telephone numbers:
- 22 +44/207/6796059
- 23 Fax: +44/207/3837429
- 24 a.david@ucl.ac.uk
- 25
- 26
- 27

28 ABSTRACT (243 words)

Introduction: To study the relationship between 2-dimensional placental
ultrasound measurements and maternal serum (MS) levels of biomarkers of
placentation and in pregnancies presenting with an isolated abnormally high
or low birthweight at term, without evidence of placental insufficiency.

33 *Method:* We performed a population based cohort study of 306 pregnancies 34 delivered at term including 30 presenting with large-for-gestational age (LGA, 35 birthweight > 90th centile) and 17 small-for-gestational age (SGA; birthweight 36 < 10th centile). Antenatal measurements included placental thickness and 2D-37 volume and MS levels of pregnancy-associated plasma protein A (PAPP-A) 38 and free-beta human chorionic gonadotrophin (fβhCG) at 11 - 13⁺⁶ weeks of 39 gestation and mid-trimester MS α-fetoprotein (AFP), unconjugated estriol



Results: In the subgroup with a normal birthweight (10th-90th centile), there
was a significant positive correlation between birthweight and the basal plate
surface area (p<0.001) and 2D placental volume (p< 0.01). In the LGA</p>
subgroup, MS PAPP-A was significantly (p<0.05) higher than in normal</p>
controls and there was a significant (p<0.01) positive correlation with</p>
birthweight. There was no significant difference for any of the ultrasound and
biomarkers parameters between SGA and the normally grown controls.

Discussion: In uncomplicated singleton pregnancies with a normal
birthweight, 2D measurements of placentation are related with fetal size but
are not related to subsequent excessive or slow fetal growth. LGA at birth is

- 51 associated with increased MS PAPP-A at 11-14 weeks of gestation
- 52 supporting the association between PAPP-A synthesis and early placental
- 53 growth and development.
- 54 **Keywords:** Placental volume, birth weight, placental hormones, large for
- 55 gestational age, small for gestational age

57 **1. Introduction**

58 Major changes take place in the uterine environment between the first 59 trimester and the rest of pregnancy [1]. These changes are characterised by 60 the establishment of the intervillous circulation, a switch from histiotrophic to 61 haemotrophic fetal nutrition and the remodelling of the primitive placenta [2]. 62 In early pregnancy, the oxygen concentration within the chorionic sac is 63 maintained at a low value to protect the primitive placenta and the developing 64 fetus from the teratogenic effect of oxygen free radicals [1,2]. The onset of the 65 maternal arterial circulations at the end of the first trimester leads to a three-66 fold rise in the intraplacental oxygen concentration [1,3]. The haemodynamics 67 of the utero-placental circulation and distribution of oxygen around and inside 68 the placenta play an important role in shaping the topography of the villous 69 tree of the definitive placenta and the formation of the free placental 70 membranes [1-3].

71 Fetal size is dependent on nutrient availability, which in turn is related 72 to villous development and the capacity of the villous trophoblast to transport 73 these nutrients [4]. Sufficient dilation of the utero-placental circulation together 74 with rapid villous angiogenesis are the key factors necessary for adequate 75 placental development and function, and subsequent fetal growth. Placental 76 and fetal development is related and placental growth kinetics are important 77 features predicting post-natal health and in particular cardiovascular 78 adaptations in childhood, even when fetal size is in the normal range [5]. At 79 birth, there is a correlation between fetal and placental weight and the ratio of 80 these weights i.e. the feto-placental weight ratio (FPR) gives retrospectively

an indication of the appropriateness of fetal growth during pregnancy and
estimates the potential risks for chronic diseases in later life [6].

83 The placenta actively produces a large number of hormones that serve 84 to regulate and balance maternal and fetal physiology and in particular fetal 85 growth via the production and metabolism of growth-regulating hormones [7]. 86 The expression of numerous signaling molecules is altered in the placentas 87 from pregnancies affected by the fetal growth complications of fetal growth 88 restriction and macrosomia. Many maternal serum (MS) biomarkers have 89 been proposed for the detection of abnormal fetal growth but when used 90 alone in the first trimester they have a limited role as screening tests. For 91 example, pregnancy-associated plasma protein-A (PAPP-A) during the first 92 trimester cannot be used alone as a marker of excessive fetal growth, large 93 [8] or of small-for-gestational age (SGA) [9,11]. Similarly new biomarkers such 94 as adiponectin, a hormone that regulates glucose levels and fatty acid 95 oxidation, have been recently tested in the first trimester to predict fetal size 96 later in pregnancy with variable results [12,13].

97 For decades, ultrasound remains the best method for the screening 98 diagnosis, characterization and follow-up of abnormal fetal growth. The 99 advent of Doppler ultrasound has enabled the study of the development of the 100 uterine and umbilical circulations in utero from early in normal pregnancy [14]. 101 Further studies have shown an association between uterine circulation, 102 abnormal placental features including size, abnormal level of biomarkers in 103 MS and abnormal fetal growth [15,16]. More recently 3-dimensional (3D) 104 ultrasound has enabled the study of placental volume in utero throughout 105 pregnancy. These studies have shown an association between placental

volume at 11-13 weeks and birth weight in pregnancies with a normal andcomplicated outcome [17-22].

108	The combination of the assessment of placental size and shape with
109	3D ultrasound and MS biomarkers can serve as the foundation upon which to
110	build a multivariate model for the early prediction of abnormal fetal size. The
111	broad variability in placental volume 3D measurements and current time-
112	consuming approach compared to 2D ultrasound has made its clinical use
113	difficult [23]. In this study, we investigated the relationship between first
114	trimester (11 - 13^{+6} weeks of gestation) 2D ultrasound measurements of
115	placentation and MS levels of commonly measured placental proteins PAPP-
116	A and free-beta human chorionic gonadotrophin (f β hCG), and mid-trimester
117	$(15-22^{+0}$ weeks of gestation) inhibin and subsequent fetal size.

118

119 **2.** Patients and methods

A group of 476 women booked for antenatal care at University College 120 121 London Hospital (UCLH) were recruited prospectively over a 40-month period. All pregnant women at UCLH are offered a screening test for Trisomy 21 122 123 which combines nuchal translucency (NT) measurement and MS levels of PAPP-A and f β hCG at 11–13⁺⁶ weeks (combined test) and/or of AFP, uE3 124 and inhibin-A at 15–22⁺⁰ weeks (integrated test). All women were recruited at 125 the time of the NT ultrasound examination between 11^{+0} and 13^{+6} weeks of 126 127 gestation (77-97 gestational days) as determined either by menstrual age, or

when there was a discrepancy of more than 5 days by the ultrasoundmeasurement of the fetal crown-rump length (CRL).

130 Demographic data including maternal age, ethnicity, parity, cigarette 131 smoke exposure, age and body mass index (BMI) were collected from 132 guestionnaires completed at the time of the first appointment. All women 133 underwent routine screening for gestational diabetes with a random glucose 134 at booking and at 28 weeks of gestation. In addition women with specific risk 135 factors (previous LGA, family history of diabetes) were offered a formal 2 hour 136 glucose tolerance test at 28 weeks. Pregnancy outcome information was 137 collected from the medical case notes and hospital electronic patient records. 138 The birthweight percentile was calculated using the customized gestational 139 age related optimal growth chart (GROW) (www.gestation.net), which takes 140 into account ethnicity, maternal height, weight, age and fetal birthweight and 141 gender.

Women diagnosed with a first trimester miscarriage, fetal abnormality, medical condition, multiple pregnancy and abnormal pregnancy outcome including, late miscarriage, intrauterine death, stillbirth, preterm (<37 weeks of gestation) or post-term delivery (≥41+6 weeks of gestation), smokers or lost to follow-up were excluded from the analysis. Placental pathology results were available for cases of SGA and IUGR identified at birth.

148 **2.1 Ultrasound examination**

All examinations were performed using a 3.5-5 MHz ultrasound probe (Voluson 730 and E8 Expert, GE, USA). In all cases, the fetal NT, CRL and basic anatomy were obtained. The placental basal plate dimensions and

152 thickness were measured by viewing the whole placenta as previously 153 described [25,26]. Three measurements of each parameter were taken and 154 they were subsequently averaged for analysis. In brief the longest sagittal and 155 transverse diameters of the placental basal plate were measured at the level 156 of the utero-placental interface and the placental thickness was measured 157 underneath the cord insertion. The basal plate surface area of the placenta 158 was estimated using the following formula: Sagittal length x transverse length 159 x $\pi/4$. The placental volume was calculated as being the equation for half the 160 volume of an ellipsoid: $\frac{1}{2}$ (sagittal length x transverse length x thickness x 161 $4/3\pi$), as previously described [24]. The placental measurements were 162 entered into the prospective study database at the time of the ultrasound 163 scan. Four sonographers were trained by the study authors prior to the study 164 commencement so as to perform the placental ultrasound measurements in a 165 reproducible and systematic way.

166 **2.2 Bioassays**

167 MS PAPP-A and f β hCG levels were measured using the AutoDELFIA PAPP-

168 A, time-resolved fluoro-immunoassay (PerkinElmer, Turku, Finland). Inhibin A

169 MS levels were measured using a commercial ELISA. The measured proteins

170 were converted to multiple of the median (MoM) for a pregnancy of the same

171 gestational age and adjusted for maternal age and ethnicity.

172 **2.3 Study group and statistical analysis**

The study group included 306 non-smoking women with a spontaneous
singleton pregnancy delivering after an uncomplicated pregnancy between
37⁺¹ weeks (259 days of pregnancy) and 41⁺⁶ weeks (286 days of pregnancy).

176 The study group was divided into 3 subgroups according to the neonatal 177 weight percentile at birth adjusted for neonatal gender [24]. Cases in the large-for-gestatonal age (LGA, birth weight > 90^{th} centile) and SGA (birth 178 weight <10th centile with no evidence of fetal growth restriction, as defined as 179 180 abnormal umbilical artery and uterine artery Doppler or abnormal 181 cerebroplacental ratio) subgroup were individually matched for maternal BMI, 182 parity and for the CRL with three cases from the normal (10-90th centile) 183 subgroup. The study was approved by the Joint UCL/UCLH Committees on 184 the Ethics of Human Research (Reference Number: 05/Q0505/82). All women 185 received information about the study and written consent was obtained prior 186 to the ultrasound examination.

187 The data were analyzed using the StatGraphic data analysis and 188 statistical software package (Station, TX). Standard Kurtosis analysis 189 indicated that some values were not normally distributed and are therefore 190 presented as median and interguartile range (IQR). The median values of the 191 different variable investigated in the macrosomic and SGA subgroups and 192 controls were compared using a Mann-Whitney (Wilcoxon) W test. Individual 193 correlations between the different ultrasound, endocrinologic and clinical 194 variables were calculated by the least square method and their slopes tested 195 for significance by the *F* ratio test. A p value of <0.05 was considered 196 significant.

197 **3. Results**

There were 259 (84.6%) pregnancies with a birthweight between 10^{th} and 90^{th} centile (normal), 30 (9.8%) with a birthweight >90th centile (LGA) and 17 (5.6%) with a birthweight below the 10^{th} centile (SGA).

- 201The regression analysis between birthweight and the ultrasound and202endocrinologic parameters in the entire study group indicated a significant203positive correlation with placental basal surface area (F= 11.03; r=0.41:204P<0.005) and 2D volume (F= 7.60; r=0.29, p<0.01), (Supplementary Figures 1</td>205and 2) and MS PAPP-A concentration (F= 5.10; r=0.14, p<0.05), but no such</td>
- 206 relationship existed for MS $f\beta$ hCG.
- 207 3.1 Normal birth weight

At the time of the ultrasound examination, the median CRL was 62.3 mm (IQR 56.1;70). Using the NIH BMI calculator (www.nhlbi.nih.gov/ guidelines/obesity/ BMI/ bmicalc.htm), 12 women were classified at the antenatal booking appointment (8-10 weeks of gestation) as underweight (BMI < 18.5), 181 as normal weight (BMI 18.5-24.9), 52 as overweight (BMI 25-29.9 and 14 as obese (\geq 30).

Table 1 displays and compares the clinical, ultrasound and endocrinological data of women with a BMI < 25 with those with a BMI \ge 25. The MS level of f β hCG at 11-13⁺⁶ weeks was significantly (p<0.05) higher in women with a BMI \ge 25. There was no significant difference for the other parameters between the two subgroups.

There was a significant positive correlation between the basal plate surface area (F= $10_{.}30$; r=0.20, p<0.001) and placental volume (F= 7.60; r=0.17, p< 0.01) at $11-13^{+6}$ weeks and subsequent fetal size. There was no significant correlation between MS f\betahCG or PAPP-A at $11-13^{+6}$ weeks and <u>mid-trimester AFP, uE3 and inhibin MS levels</u> and fetal size.

224 **3.2 LGA**

- The median birthweight was 4128g in the LGA subgroup (IQR 4000;4350)
- compared to 3289 g in the AGA subgroup (IQR 3121;3487, p<0.001). The
- 227 concentration of MS PAPP-A at $11-13^{+6}$ weeks was significantly (p<0.05)
- higher in the serum of the women delivering an LGA neonate than in controls
- 229 with a normal birthweight at term (Table 2). <u>There was no significant</u>
- 230 difference for the ultrasound parameters in this subgroup. There was a
- 231 significant <u>positive</u> correlation (F= 8.03; r=0.20, p<0.01) between MS PAPP-A
- concentration and increased birthweight_at term (Figure 1), but no such
- 233 relationship existed for MS $f\beta hCG \underline{AFP}$, uE3 and inhibin.

234 3.4 SGA

- The median birthweight was 2850g in the SGA subgroup (IQR 2800;2922)
- compared to 3462 g in the AGA control subgroup (IQR 3206;3632, p<0.001).
- 237 There was no significant difference for the ultrasound and endocrinologic
- parameters between SGA and control pregnancies (Table 3). There was no
- 239 significant correlation between MS-<u>hormonal levels</u> at 11-13⁺⁶ weeks <u>and mid-</u>
 240 <u>trimester</u> and SGA.

242 **4. Discussion**

Our results indicate a relationship between 2D measurements of the
placentation area and volume, MS PAPP-A at 11-13⁺⁶ weeks of gestation and
birthweight in uncomplicated singleton pregnancies that deliver at term. In
otherwise uncomplicated pregnancies, presenting with LGA or SGA at term,
2D first-trimester ultrasound measurements of placentation are not related to
abnormal fetal size and only MS PAPP-A are related to subsequent excessive
fetal size.

250 There are well-documented associations between the levels of first and 251 second trimester MS biomarkers and abnormal placental development in 252 pregnancies subsequently complicated by pre-eclampsia and intrauterine 253 growth restriction (IUGR). A longitudinal study has shown that in cases of 254 IUGR, with or without accompanying pre-eclampsia, the placenta is already 255 smaller at 12-18 weeks of gestation on ultrasound than in healthy controls 256 [26]. In the most severe cases of deficient arterial conversion the intervillous 257 circulation is abnormal from the beginning of the second trimester, resulting in 258 pronounced ultrasonographic changes in placental texture [14,27,28], that are 259 associated with IUGR, pre-eclampsia and high MS alpha-fetoprotein levels at 260 18-28 weeks [14]. In these pregnancies, there is a narrow implantation basis 261 or basal plate diameter, increased thickness and patchy decrease in placental 262 echogenicity secondary to the fetal plate being pushed up by jet-like blood 263 streams from the spiral arteries [14]. We have previously shown that in 264 pregnancies subsequently complicated by pre-eclampsia, the levels of MS PAPP-A are lower at the end of the first trimester and the basal plate surface 265 266 area is smaller [24] reflecting indirectly the development of the definitive

placenta [24,25]. These findings support the concept that placental-related
complications of the second-half of gestation have their pathophysiological
origin in abnormal placentation and utero-placental development during the
first trimester of pregnancy [3].

271 In the present study, we have excluded pregnancies with an existing or 272 subsequent medical complications such as pre-eclampsia or gestational diabetes and those that delivered pre or post-term. We observed that in the 273 274 subgroup presenting with a normal birthweight at term, there was a significant 275 positive correlation between birthweight and the basal plate surface area 276 (p<0.001) and PV (p< 0.01). In this subgroup, we also found that the MS level of β hCG at 11-13⁺⁶ weeks was significantly higher (p<0.05) in women with a 277 278 BMI > 25 than in women with a BMI < 25. First-trimester 3D placental volume 279 is closely associated with fetal and placental size [18] and hCG synthesis is 280 related to trophoblast proliferation and promotes development and growth of 281 the spiral arteries [29]. These findings highlight the pivotal interaction between 282 normal placentation, placental biosynthesis functions and normal fetal size, 283 and confirms that maternal BMI is a confounding factor that needs to be adjusted for the first-trimester biochemical screening of trisomy 21. 284

In the LGA subgroup, we found that the MS PAPP-A at 11-13⁺⁶ weeks of gestation was significantly higher (p<0.05) than in normal controls and was positively correlated with birthweight at term. PAPP-A is mainly produced by the villous trophoblast and during pregnancy its synthesis is up-regulated by progesterone, which promotes the adhesion and proliferation potential of trophoblastic cells [30]. It is also a key regulator of insulin-like growth factor bioavailability essential for normal fetal development. This can explain why at

11-13⁺⁶ weeks of gestation, low MS levels of PAPP-A have been associated
with a higher risk of pre-eclampsia and poor fetal growth during the second
half of pregnancy [8-11,25,31]. Conversely, high MS PAPP-A levels as in the
present study have been associated with increased fetal size [21,32].
However, the sensitivity of MS PAPP-A at 11-13⁺⁶ weeks of gestation is too
low to be solely used as a screening method for the prediction of abnormal
birth weight and perinatal complications [8,9,11].

299 We found no difference in the ultrasound and biomarker parameters in 300 the present study between SGA and normal birthweight controls. It is possible 301 that our small sample size in the SGA group could explain the lack of 302 relationship between the parameters and fetal size in the SGA group. The 303 conflicting results from studies using first and second trimester 3D placental 304 volume measurements to predict fetal size in the third trimester [18,33] are 305 probably because of the difficulties with manual placental segmentation. In the 306 future innovative automatic segmentation approaches for 3D ultrasound may 307 be find placental measurements to be clinically applicable [34]. Variation in 308 placental volume is greater in the first trimester before 10 weeks i.e. before 309 the definitive placenta is fully formed [35], with a fundal or low placental position being more difficult to assess than the fully anterior or posterior 310 311 position [33]. We have previously found that in pregnancies with a normal 312 outcome, there is no significant relationship between placental shape at 11-313 13⁺⁶ weeks of gestation and birthweight or centile, suggesting that the 314 placental shape is not completely determined during the early phases of 315 placentation and is not directly related to fetal size during the first half of 316 pregnancy [24,25].

317 A distinct relationship exists between the uterine spiral arteries and the 318 fetal or placental lobules and the finding of a smaller basal plate surface area at 11-13⁺⁶ weeks of gestation in pregnancies subsequently complicated by 319 320 pre-eclampsia [24]. This also suggests that ultrasound measurements of the 321 basal surface area reflects placentation indirectly and that this parameter is 322 less likely to be affected by the physiological morphological changes in the 323 placental structure between 8 and 12 weeks of gestation than placental 324 volume evaluated with 3D ultrasound.

325 Conclusion

326 In uncomplicated singleton pregnancies with a normal birthweight, 2D

327 measurements of placentation are related with fetal size but are not related to

328 subsequent excessive or slow fetal growth. LGA at birth is associated with

329 increased MS PAPP-A at 11-14 weeks of gestation supporting the association

between PAPP-A synthesis and early placental growth and development. The

331 clinical use of routine first trimester placental measurements in uncomplicated

332 pregnancies remains to be evaluated by large prospective cohorts.

333

334 335 336

337

- 339 Acknowledgments: We acknowledge the major contribution to this study of
- 340 Dr Shanthi Muttukrishna, who sadly passed away before manuscript
- 341 submission. We thank Catherine Rogers and Dr Sangeeta Suri for patient
- recruitment, data collection and follow up. We thank Paul Bassett for
- 343 statistical support. ALD has support at UCL/UCLH from the Department of
- Health's NIHR Biomedical Research Centres funding scheme.

References

347 348 349 350 351 352 353		Jauniaux E, Hempstock J, Greenwold N, Burton GJ. Trophoblastic oxidative stress in relation to temporal and regional differences in maternal placental blood flow in normal and abnormal early pregnancy. Am J Pathol 2003;162:115-125. Burton GJ, Jauniaux E and Charnock-Jones DS The influence of the intrauterine environment on human placental development. International Journal of Developmental Biology. 2010;54:303-12.
354 355 356	3.	Jauniaux E, Poston L, Burton GJ. Placental-related diseases of pregnancy: Involvement of oxidative stress and implications in human evolution. Hum Reprod Update. 2006;12:747-55.
357 358 359 360	4.	Burton GJ, Sibley CP, Jauniaux E. Placental Anatomy and Physiology. In: Obstetrics: Normal and Problem Pregnancies. Sixth Edition. Edts: Gabbe SG, Niebyl JR, Simpson JL, Landon M, Galan H, Jauniaux E, Driscoll DA. Elsevier, Philadelphia. 3-22, 2012.
361 362 363 364	5.	Jaddoe VW, de Jonge LL, Hofman A, Franco OH, Steegers EA, Gaillard R. First trimester fetal growth restriction and cardiovascular risk factors in school age children: population based cohort study. BMJ. 2014;348:g14.
365 366 367 368	6.	Burkhardt T, Schäffer L, Schneider C, Zimmermann R, Kurmanavicius J. Reference values for the weight of freshly delivered term placentas and for placental weight-birth weight ratios. Eur J Obstet Gynecol Reprod Biol. 2006;128:248-52.
369 370	7.	Forbes K, Westwood M. Maternal growth factor regulation of human placental development and fetal growth. J Endocrinol. 2010;207:1-16.
371 372 373 374 375	8.	Giudice I, Benintende G, Di Nicolò AM, et al. Correlation of neonatal weight with maternal serum levels of pregnancy-associated plasma protein-A during the first trimester of pregnancy: a retrospective study. J Perinat Med. 2014. Leung TY, Sahota DS, Chan LW, Law LW, Fung TY, Leung TN, Lau TK. Prediction of birth weight by fetal crown-rump

376	length and maternal serum levels of pregnancy-associated plasma
377	protein-A in the first trimester. Ultrasound Obstet Gynecol. 2008;31:10-
378	4.
379	 Goetzinger KR, Singla A, Gerkowicz S, Dicke JM, Gray DL, Odibo AO.
380	The efficiency of first-trimester serum analytes and maternal
381	characteristics in predicting fetal growth disorders. Am J Obstet
382	Gynecol. 2009;201:412.e1-6.
383	 D'Antonio F, Rijo C, Thilaganathan B, Akolekar R, Khalil A,
384	Papageourgiou A, Bhide A. Association between first-trimester
385	maternal serum pregnancy-associated plasma protein-A and obstetric
386	complications. Prenat Diagn. 2013;33(9):839-47.
387	 Nanda S, Akolekar R, Sodre D, Vaikousi E, Nicolaides KH. Maternal
388	serum adiponectin at 11-13 weeks of gestation in pregnancies
389	delivering small for gestation neonates. Fetal Diagn Ther. 2011;29:274-
390	9.
391	 Nanda S, Akolekar R, Sarquis R, Mosconi AP, Nicolaides KH. Maternal
392	serum adiponectin at 11 to 13 weeks of gestation in the prediction of
393	macrosomia. Prenat Diagn. 2011;31:479-83.
394	13. Jauniaux E, Jurkovic D, Campbell S, Hustin J. Doppler ultrasound study
395	of the developing placental circulations: Correlation with anatomic
396	findings. Am J Obstet Gynecol 1992;166:585-7.
397	14. Jauniaux E, Ramsay B, Campbell S. Ultrasonographic investigation of
398	placental morphology and size during the second trimester of
399	pregnancy. Am J Obstet Gynecol 1994;170:130-7.
400	15. Proctor LK, Toal M, Keating S, et al. Placental size and the prediction of
401	severe early-onset intrauterine growth restriction in women with low
402	pregnancy-associated plasma protein-A. Ultrasound Obstet Gynecol.
403	2009;34:274-82.

404 16. Collins SL, Stevenson GN, Noble JA, Impey L. Rapid calculation of 405 standardized placental volume at 11 to 13 weeks and the prediction of 406 small for gestational age babies. Ultrasound Med Biol. 2013;39:253-60. 407 17. Effendi M, Demers S, Giguère Y, et al. Association between first-408 trimester placental volume and birth weight. Placenta.2014;35:99-102. 409 18. Orzechowski K, Thomas D, McNamara CJ, Miller RC. Volumetric 410 assessment of longitudinal placental growth. Obstet Gynecol. 411 2014;123:164S. 412 19. de Almeida Pimenta EJ, Silva de Paula CF, Duarte Bonini Campos JA, 413 et al. Three-dimensional sonographic assessment of placental volume 414 and vascularization in pregnancies complicated by hypertensive 415 disorders. J Ultrasound Med. 2014;33:483-91. 416 20. Plasencia W, Akolekar R, Dagklis T, Veduta A, Nicolaides KH. 417 Placental volume at 11-13 weeks' gestation in the prediction of birth 418 weight percentile. Fetal Diagn Ther. 2011;30:23-8. 419 21. Schwartz N, Sammel MD, Leite R, Parry S. First-trimester placental 420 ultrasound and maternal serum markers as predictors of small-for-421 gestational-age infants. Am J Obstet Gynecol. 2014. pii: S0002-422 9378(14)00206-3. 423 22. Hata T, Tanaka H, Noguchi J, Hata K. Three-dimensional ultrasound 424 evaluation of the placenta. Placenta.2011:32:105-15. 425 23. Olsen IE, Groveman SA, Lawson ML, Clark RH, Zemel BS. New 426 intrauterine growth curves based on United States data. Pediatrics. 427 2010;125:e214-24. 428 24. Suri S, Muttukrishna S, Jauniaux E. 2D-ultrasound and endocrinologic 429 evaluation of placentation in early pregnancy and its relationship to 430 fetal birthweight in normal pregnancies and pre-eclampsia. Placenta. 431 2013;34:745-50.

432	25. Jauniaux E, Suri S, Muttukrishna S. Evaluation of the impact of
433	maternal smoking on ultrasound and endocrinological markers of first
434	trimester placentation Early Hum Dev. 2013;89:777-80.
435	26. Hafner E, Metzenbauer M, Höfinger D, et al. Comparison between
436	three-dimensional placental volume at 12 weeks and uterine artery
437	impedance/notching at 22 weeks in screening for pregnancy-induced
438	hypertension, pre-eclampsia and fetal growth restriction in a low-risk
439	population. Ultrasound Obstet Gynecol 2006;27:652-7.
440	27. Toal M, Chan C, Fallah S, et al. Usefulness of a placental profile in
441	high-risk pregnancies. Am J Obstet Gynecol 2007;196:363 e1-7.
442	28. Viero S, Chaddha V, Alkazaleh F, et al. Prognostic value of placental
443	ultrasound in pregnancies complicated by absent end-diastolic flow
444	velocity in the umbilical arteries. Placenta 2004;25:735-41.
445	29. Zygmunt M, Herr F, Keller-Schoenwetter S, et al. Characterization of
446	human chorionic gonadotropin as a novel angiogenic factor. J Clin
447	Endocrinol Metab. 2002;87:5290–6.
448	30.Wang J, Liu S, Qin HM, Zhao Y, Wang XQ, Yan Q. Pregnancy-
449	associated plasma protein A up-regulated by progesterone promotes
450	adhesion and proliferation of trophoblastic cells. Int J Clin Exp Pathol.
451	2014;7:1427-37.
452	31. Kalousová M, Muravská A, Zima T. Pregnancy-associated plasma
453	protein A (PAPP-A) and preeclampsia. Adv Clin Chem. 2014;63:169-
454	209.
455	32. Poon LC, Karagiannis G, Stratieva V, Syngelaki A, Nicolaides KH.
456	First-trimester prediction of macrosomia. Fetal Diagn Ther.
457	2011;29:139-47.
458	33. Hoopmann M, Schermuly S, Abele H, Zubke W, Kagan KO. First
459	trimester pregnancy volumes and subsequent small for gestational age
460	fetuses. Arch Gynecol Obstet. 2014;290:41-6.

- 461 34. Stevenson GN, Collins SL, Ding J, Impey L, Noble AD. 3-D Ultrasound
- 462 Segmentation of the Placenta Using the Random Walker Algorithm:
- 463 Reliability and Agreement, *Ultrasound Med. Biol.* Sep. 2015 in press.
- 464 35. Salafia CM, Yampolsky M, Shlakhter A, Mandel DH, Schwartz N.
- 465 Variety in placental shape: when does it originate? Placenta.
- 466 2012;33:164-70.
- 467

Table 1. Comparison (W test) of the birthweight, crown rump length (CRL), ultrasound and endocrinological data in women with a booking BMI < 25 (n= 193) with those with a BMI \geq 25 (n= 66). BMI was measured at 8-10 weeks of gestation

BMI < 25			BMI <u>></u> 25		
Media	n LQ;UQ	Med	dian LQ;UQ	р	
62	EC:70	62	67.70	0.90	
63	56,70	62	57,70	0.80	
3475	3226;3689	3454	3251;3622	0.89	
18.1	15.6;21.6	18.4	16.1;21.8	0.81	
442	319;531	398	313;517	0.23	
67.2	45.6;94.7	61.9	47.7;77.8	0.35	
0.98	0.69;1.42	1.20	0.76;1.84	<0.05	
0.95	0.74;1.29	1.10	0.80;1.27	0.23	
1.08	0.74;1.51	0.95	0.70;1.30	0.19	
	63 3475 18.1 442 67.2 0.98 0.95	MedianLQ;UQ6356;7034753226;368918.115.6;21.6442319;53167.245.6;94.70.980.69;1.420.950.74;1.29	Median LQ;UQ Median 63 56;70 62 3475 3226;3689 3454 18.1 15.6;21.6 18.4 442 319;531 398 67.2 45.6;94.7 61.9 0.98 0.69;1.42 1.20 0.95 0.74;1.29 1.10	Median LQ;UQ Median LQ;UQ 63 56;70 62 57;70 3475 3226;3689 3454 3251;3622 18.1 15.6;21.6 18.4 16.1;21.8 442 319;531 398 313;517 67.2 45.6;94.7 61.9 47.7;77.8 0.98 0.69;1.42 1.20 0.76;1.84 0.95 0.74;1.29 1.10 0.80;1.27	

Data are presented as median and lower quartile (LQ); upper quartile (UQ).

Table 2. Comparison of the median for the ultrasound and endocrinological measurements of placental development in LGA neonates (birthweight >90th centile, n= 30) and controls (birthweight 10th-90th centile, n=90).

Variables	LGA		Controls		
	Median	LQ;UQ	Mec	lian LQ;UQ	р
Placental thickness (mm)	18.2	15.2;21.7	17.9	15.3;22.0	0.91
Basal plate surface (mm ²)	446	366;522	453	346;556	0.36
Placental volume (mm ³)	63.4	47.7;87.1	68.4	49.9;87.5	0.71
fβhCG (MoM)	1.13	0.69;1.59	1.09	0.72;1.46	0.78
Inhibin A (MoM)	0.88	0.67;1.18	1.02	0.78;1.26	0.17
PAPP-A (MoM)	1.27	0.98;1.73	1.03	0.74;1.46	<0.05

Data are presented as median and lower quartile (LQ); upper quartile (UQ).

Table 3. Comparison of the median for the ultrasound and endocrinological measurements of placental development in SGA neonates (birthweight <10th centile, n= 17) and controls (birthweight 10th-90th centile, n=56).

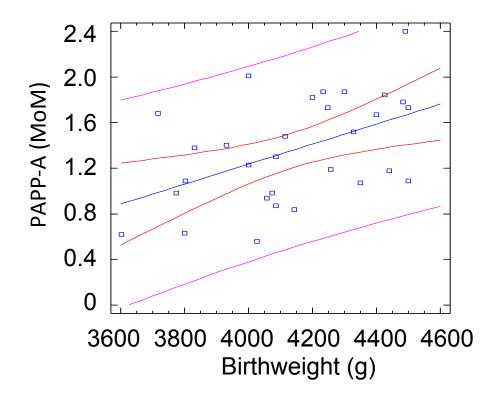
Variables	S	GA	Controls		
	Median	LQ;UQ	Media	an LQ;UQ	р
Placental thickness (mm)	17.5	14.7;19.3	18.5	17.5;21.5	0.11
Basal plate surface (mm ²)	458	368;586	443	318;519	0.91
Placental volume (mm ³)	64.5	52.7;82.4	67.6	47.1;88.6	0.27
fβhCG (MoM)	1.09	0.91;1.58	1.11	0.75;1.58	0.87
Inhibin A (MoM)	0.98	0.80;1.08	1.09	0.78;1.37	0.45
PAPP-A (MoM)	1.15	0.91;1.26	1.08	0.74;1.49	0.91

Data are presented as median and lower quartile (LQ); upper quartile (UQ).

	•		•
468			
469			
470			
471			
472			
473			
474			
475			
476			
477			
478			
479			
480			
481			
482			
	I		

483 Figure 1 Legend

- 484 <u>Scatter plot illustrating the relationship between first trimester maternal serum</u>
- 485 PAPP-A Multiple of the Median (MoM) and birthweight in the Large for
- 486 <u>Gestational Age group. The regression line is indicated in blue, the red and</u>
- 487 <u>the purple lines indicate the confidence intervals.</u>
- 488 Supplementary Figure 1 Legend
- 489 <u>Scatter plot illustrating the relationship between first trimester placental</u>
- 490 <u>surface area and birthweight for the whole cohort. The regression line is</u>
- 491 indicated in blue, the red and the purple lines indicate the confidence
- 492 <u>intervals.</u>
- 493 Supplementary Figure 2 Legend
- 494 <u>Scatter plot illustrating the relationship between first trimester placental 2D</u>
- 495 volume and birthweight for the whole cohort. The regression line is indicated
- 496 in blue, the red and the purple lines indicate the confidence intervals.



Supplementary File Click here to download Supplementary File: Supplementary Figure 1 BW and Surface Area Scatter diagram.pdf Supplementary File Click here to download Supplementary File: Supplemental Figure 2 BW and volume Scatter diagram.pdf