

1 Antiretroviral resistance at virologic failure in the NEAT 001/ANRS 143 trial: Raltegravir +
2 Darunavir/ritonavir or Tenofovir/Emtricitabine + Darunavir/ritonavir as first line
3 antiretroviral therapy

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32 Running Head: Resistance of first-line raltegravir + darunavir/r at virologic failure

33 Keywords: retrovirus, integrase inhibitors, resistance mutations, raltegravir, darunavir

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41 SYNOPSIS (250 words)

42 OBJECTIVES: To describe the pattern of drug resistance at virologic failure (VF) in the
43 NEAT001/ANRS143 trial (first-line treatment with ritonavir-boosted darunavir plus either
44 tenofovir/emtricitabine or raltegravir).

45 METHODS: A genotypic testing was performed at baseline for reverse transcriptase (RT) and
46 protease genes and for RT, protease and integrase (IN) genes for patients with a confirmed
47 viral load (VL) > 50 copies/mL or any single VL > 500 copies/mL at or after week 32.

48 RESULTS: A resistance test was obtained for 110/805 (13.7%) randomised participants
49 qualifying for resistance analysis (61/401 of RAL arm and 49/404 of TDF/FTC arm). No
50 resistance associated mutation (RAM) was observed in the TDF/FTC+DRV/r arm, and all
51 further analyses are limited to the RAL+DRV/r arm. In this group, 15/55 (27.3%) participants
52 had viruses with IN RAM (12 N155H alone, 1 N155H + Q148R, 1 F121Y and 1 Y143C), 2/53
53 (3.8%) with NtRTI RAM (K65R, M41L), and 1/57 (1.8%) with primary protease RAM (L76V).
54 The frequency of IN mutations at failure was significantly associated with baseline VL: 7.1%
55 for VL <100,000 copies/mL, 25.0% for VL ≥100-500,000 copies/mL, and 53.8% for VL
56 ≥500,000 copies/mL ($P_{\text{TREND}}=0.007$). Of note, 4/15 participants with IN RAM had a VL <200
57 copies/mL at time of testing.

58 CONCLUSION: In the NEAT001/ANRS143 trial, there were no RAM at VF in the standard
59 DRV/r+TDF/FTC regimen, contrasting with rate of 29.5% in the DRV/r+RAL NtRTI-sparing
60 regimen (mostly IN mutations). Cumulative risk of IN RAM after 96 weeks follow-up in
61 participants initiating antiretroviral therapy with DRV/r + RAL was 3.9%.

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64 INTRODUCTION

65 In Europe, a combination of 2 nucleoside or nucleotide analogue reverse transcriptase
66 inhibitors (NtRTI) and a non-nucleoside analogue reverse transcriptase inhibitor (NNRTI), a
67 ritonavir boosted protease inhibitor (PI) or an integrase strand transfer inhibitor (ISTI) is
68 recommended for initial therapy for HIV-1 infected patients.¹ The tolerability and toxicity
69 profile of NtRTIs in particular the cardiovascular risk with abacavir and bone and renal
70 toxicity with tenofovir has led to the research of NtRTI-sparing alternative antiretroviral
71 combinations.²⁻⁶ NEAT 001/ANRS 143 was an European open-label, non-inferiority, phase III
72 randomised trial that evaluated the efficacy of the NtRTI-sparing regimen raltegravir plus
73 darunavir and ritonavir (RAL+DRV/r) versus a standard of care regimen
74 tenofovir/emtricitabine plus darunavir and ritonavir (TDF/FTC+DRV/r) in treatment-naïve
75 adults. This study showed the non-inferiority of the NtRTI sparing strategy (RAL+DRV/r arm)
76 versus the standard arm but only in participants with baseline CD4 cell counts > 200
77 cells/mm³.⁷ As described in the main study report, genotypic analysis was done at screening
78 and at all visits from 32 weeks onwards for participants who had HIV-1 RNA ≥ 500 copies/mL.
79 Among participants who underwent genotype testing to assess emerging resistance at the
80 time of virological failure, treatment-emergent resistance was seen in no participants in the
81 standard of care-group and in six (21%) of 29 in the NtRTI sparing group, five of whom had
82 resistance to integrase (IN) and one to NtRTI.⁷ While IN-associated resistance frequency and
83 profile are somewhat well characterized with RAL, when used in combination with TDF/FTC,
84^{8,9} there is little information when RAL is combined with DRV/r in a randomised study.
85 Therefore, the objective of the present study, was to describe the full resistance profile at
86 virological failure and to determine factors associated with the development of IN-resistance
87 mutations.

88 **METHODS**

89 **Study design**

90 NEAT 001/ANRS 143 was an European open-label, non-inferiority, phase III randomised trial
91 conducted in 15 European countries. Eight hundred five participants were randomised in a
92 1/1 ratio to receive 400 mg twice daily raltegravir plus 800 mg darunavir and 100 mg
93 ritonavir once daily (n=401) or tenofovir/emtricitabine in a 245 and 200 mg fixed dose
94 combination once daily plus 800 mg of darunavir and 100 mg of ritonavir once daily (n= 404).
95 Eligible individuals had baseline plasma VL > 1000 copies/mL and no evidence of major IAS-
96 USA resistance mutations¹⁰ on genotype testing, historically or at screening. The primary
97 endpoint was the time to virological or clinical failure, with preplanned subgroup analyses of
98 the primary endpoint by baseline CD4 cell count and HIV-1 RNA concentration. Ethics
99 committee approval was obtained from all participating centres, in accordance with the
100 principles of the Declaration of Helsinki. All trial participants gave written informed consent.

101

102 **Genotypic resistance analyses and interpretation**

103 The criteria for genotypic testing was a confirmed viral load (VL) > 50 copies/mL or any single
104 VL > 500 copies/mL at or after W32. In addition, insufficient virological response was defined
105 as decrease <1 log₁₀ copies per mL in HIV-1 RNA concentration at week 18, or an HIV-1 RNA
106 concentration ≥ 400 copies/per mL at week 24. In this situation of insufficient virological
107 response before week 32, decision to perform genotypic testing and/or change in treatment
108 was optional and left to the clinician.⁷ Although protocol-defined virological failure was
109 considered at or after W32, genotypes done before because of insufficient virological
110 response were included in the resistance analysis. In patients with multiple virological

111 failures, we analysed all available resistance tests available, resistance developed on second-
112 line therapy was not considered in the analysis. Bulk sequences of the reverse transcriptase
113 (RT), protease and integrase (IN) genes on RNA were determined using the ANRS consensus
114 technique primer sequences described at <http://www.hivfrenchresistance.org> . In the main
115 results paper,⁷ resistance mutations were interpreted according to the 2009 IAS-USA list of
116 mutations (reference list used at time of inclusion) and in the present study with the 2014
117 IAS-USA version ¹¹. A genotypic testing at baseline was performed for RT and protease
118 genes, at each site local laboratory and for RT, protease and IN genes at virological failure,
119 mainly in the Pitié-Salpêtrière Virology Laboratory. Only data from participants with a
120 successful genotypic test were available for the analyses. To assess potential factors
121 associated with resistance development in participants treated with DRV/r + RAL, the
122 baseline characteristics of viral load and CD4+ T-cell count were evaluated.

123

124 **Statistical analyses**

125 The Kaplan Meier method was used to estimate cumulative proportion of patients with IN
126 resistance in the NtRTI-sparing strategy, assuming that patients who did not virologically fail
127 did not develop resistance. Chi squared tests, rank sum tests and tests for trend were used
128 to compare characteristics at baseline and failure between participants who developed at
129 least one IN resistance mutation and those who did not.

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133 **RESULTS**

134 Overall , 127 participants (69/401 in the RAL+DRV/r arm and 58/404 in the TDF/FTC+DRV/r
135 arm) met the criteria for genotypic testing with, at or after W32, either a confirmed viral
136 load (VL) > 50 copies/mL or at least one VL > 500 copies/mL. Baseline characteristics of
137 participants are reported in table 1. At least one resistance test was obtained for 110
138 participants (61 in the RAL+DRV/r arm and 49 in the TDF/FTC+DRV/r arm), although not all
139 tests were successful in all genes. Median (IQR) HIV RNA at time of genotype testing was
140 significantly different in participants who failed between the 2 arms: 373 copies/mL (IQR:
141 110-1064) in the RAL+DRV/r arm vs 133 copies/ml (IQR: 67-568) in the TDF/FTC+DRV/r arm;
142 p-value=0.02). In the TDF/FTC+DRV/r arm, among the 49 participants who met criteria for
143 genotypic testing and successfully had genotypic resistance test, no major IAS-USA
144 resistance mutations were observed; thus all further analyses are limited to the RAL+DRV/r
145 arm. Of the 61 genotypes tested in the RAL+DRV/r arm, we obtained 55, 53 and 57
146 sequences for IN, RT and protease gene, respectively. At baseline none had major IAS RT and
147 protease resistance mutations detected by Sanger sequencing. In those with at least one
148 successful genotypic test, 15/55 (27.3%) in the RAL DRV/R arm had viruses with IN resistance
149 mutations (12 N155H alone, 1 N155H + Q148R, 1 F121Y and 1 Y143C), 2/53 (3.8%) with
150 NtRTI resistance mutations (K65R, M41L), and 1/57 (1.8%) with a primary protease mutation
151 (L76V) (Table 2). Three patients presented minor IN resistance mutations (L74M or T97A)
152 that could be interpreted as polymorphisms. The cumulative risk in patients in the DRV/r
153 +RAL to experience virological failure and emergent IN resistance associated mutations was
154 2.1% (95% CI 1.0-4.1) at week 48 and 3.9% (95% CI 2.4-6.4) at week 96. HIV-1 RNA values at
155 failure were not significantly different in those who failed with or without an IN mutation
156 (median 731 copies/mL (IQR: 192, 14864) vs. 351 copies/mL (IQR: 134-904); p=0.17. The

157 proportion of patients in the RAL arm who achieved full virological success when switched to
158 a different regimen (mostly RAL changed to TDF/FTC) was similar in those who switched
159 after failure with resistance (13/15 = 86.7 %) and in those those who switched after failure
160 without resistance (27/34 = 79.4 %). The frequency of IN mutations at failure was
161 significantly associated with baseline VL: 7.1% (1/14) for participants harbouring a baseline
162 VL < 100,000 copies/mL, 25.0% (7/28) for a baseline VL ≥ 100-500,000 copies/mL, and 53.8%
163 (7/13) for a baseline VL ≥ 500,000 copies/mL ($P_{\text{TREND}}=0.007$). Although prespecified subgroup
164 analysis showed that the NtRTI-sparing regimen was inferior to the standard regimen group
165 in patients with baseline CD4 count of <200 cells/ μL there was no statistically significant
166 difference in the proportion of IN resistance between patients with a baseline CD4 count
167 <200 cells/ μL compared to those above (36.8 % vs. 22.2%, p-value=0.25). ⁷ Of note, 4/15
168 participants with IN resistance mutations had a VL < 200 copies/mL at the time of testing.
169 Figure 1 shows the time to detection of IN resistance mutations on RAL+DRV/r (based on all
170 participants in this arm), that tended to emerge early (between 19 and 96 weeks).

171

172 **DISCUSSION**

173 NEAT 001/ANRS 143 was a phase 3 trial of NtRTI sparing regimen which compared an
174 integrase strand transfer inhibitor (raltegravir) to a NtRTI standard backbone
175 (tenofovir/emtricitabine) in first line therapy with a boosted protease inhibitor (darunavir/r).
176 This trial showed that RAL+DRV/r regimen was overall non inferior to standard treatment for
177 antiretroviral-naïve participants, but inferior for those with a CD4 count < 200 cells/ μL .
178 Through week 96, a high proportion of participants treated with either regimen had viral
179 load suppression (HIV-1 RNA < 50 copies/mL in 78.6% and 82.2% for NtRTI-sparing group and

180 standard group)⁷. However the NtRTI-sparing regimen RAL+DRV/r was associated with
181 higher rates of virological failure in those with baseline CD4 counts < 200 cells/ μ L⁷ and was
182 associated with selection of resistance mutations at virological failure, especially to IN.
183 Whereas no resistance mutations were found in genotype of participants with virological
184 failure from the standard arm, IN mutation resistance was observed in more than one-
185 quarter of samples at failure in the RAL+DRV/r arm. Our results confirm very well established
186 data on the almost absence of development of protease resistance-associated mutations at
187 virological failure in patients on a first-line ritonavir boosted protease inhibitor combined
188 with 2 NtRTI,^{12,13} while such resistance mutations is more likely when a ritonavir-boosted
189 protease inhibitor is combined with NNRTI,¹⁴ or, to a lesser extent, with integrase strand
190 transfer inhibitor.¹⁵ These data suggest a mutual bidirectional protection of NtRTI and PI/r
191 when combined with regards to resistance selection,¹⁶ as illustrated by the total absence of
192 selection of reverse transcriptase or protease resistance-associated mutations in the 49
193 virological failures on ritonavir-boosted darunavir + tenofovir/emtricitabine.

194 However we cannot exclude that resistance mutations are selected outside the protease
195 gene such as gag-pol cleavage sites and gp41¹⁶⁻¹⁸ and this question should be examined in
196 future studies. In NEAT 001, the cumulative risk of integrase resistance at virological failure
197 in patients treated with DRV/r + RAL at W48 was 2.1%, which is higher than the cumulative
198 risk of resistance development reported in other studies with raltegravir +
199 tenofovir/emtricitabine given as first-line therapy, ranging from 0.2%¹⁹ to 1.4%²⁰ at W48.
200 Such higher rate of integrase resistance has been reported in previous studies of raltegravir
201 + ritonavir-boosted protease inhibitor. In the Spartan study, a randomised controlled
202 multicentre pilot study in 94 naive HIV infected participants received atazanavir plus RAL or
203 ritonavir-boosted atazanavir plus TDF/FTC. After 24 weeks of follow-up, 4 (6.3%) participants

204 in the NRTI-sparing arm failed with development of IN resistance mutations, while no
205 resistance mutations were observed in the control arm. Three of the 4 participants with
206 resistance at failure had baseline HIV-1 RNA > 500,000 copies/mL.²¹

207 In the PROGRESS pilot study, comparing the NtRTI sparing regimen of lopinavir/r plus RAL
208 with the standard of care regimen of lopinavir/r plus TDF/FTC in naïve HIV infected patients,
209 8 subjects in the LPV/r+RAL failed, 3 of them with IN resistance mutations (3.7%). One of
210 them had also an emergent major protease mutation; conversely, in the TDF/FTC arm only
211 1/5 patients who failed had a M184V mutation.¹⁵ Whether these differences are related to
212 the different backbones, 2 NtRTI or ritonavir-boosted protease, in combination with
213 raltegravir, or to differences in resistance testing and analysis is unknown. One could
214 hypothesize that, similarly to what is observed with PI/r therapy, TDF/FTC confers some
215 protection to the risk of resistance emergence at virological failure with raltegravir therapy.
216 The mechanism of this NtRTI protection could be an undiscovered molecular interaction
217 within the HIV replication cycle or more probably a consequence of the very long half-life of
218 intracellular tenofovir and emtricitabine, providing forgiveness to the great variability of
219 raltegravir exposure. On the contrary, despite its high genetic barrier to resistance,
220 darunavir/ritonavir, with relative short half-life, might confer less forgiveness to raltegravir,
221 especially in situations of partial or intermittent non-adherence. Further analyses will assess
222 adherence and raltegravir plasma concentrations in NEAT 001 to elucidate reasons for the
223 high rate of resistance emergence, especially in patients with high baseline viral load. On the
224 other hand, differences in assays used for resistance testing in the various studies should be
225 considered, and more importantly, different timepoints of analysis (first of confirmed
226 virological failure sample) and level of viral load at the time of genotyping, which might
227 greatly influence genotype results.²² This renders cross study comparisons hazardous with

228 regards to the prevalence of resistance at virological failure. Indeed, in NEAT 001, resistance
229 analysis population differed from those of previous studies of raltegravir +
230 tenofovir/emtricitabine,^{19,20} or of a pilot uncontrolled study of raltegravir +
231 darunavir/ritonavir.²³ In the latter study, ACTG 5262, rate of integrase resistance at virologic
232 failure was 4.5%; 5 out of 25 patients with virological failure and genotype testing had
233 integrase resistance mutations at virological failure and a baseline viral load > 100,000
234 copies/ml. In NEAT 001, the proportion of participants in the DRV/r + RAL group with
235 baseline viral load > 100,000 copies/ml who experienced virological failure and emergent
236 integrase resistance-associated mutations was 9.6% versus 10.4% in ACTG 5262.²³ Initiating
237 antiretroviral therapy with the combination of ritonavir-boosted darunavir + raltegravir in
238 patients with high baseline viral load is associated with an unacceptable high risk of
239 raltegravir resistance on treatment, particularly in those with HIV-1 RNA > 500,000
240 copies/ml; 27.3% developed resistance on treatment in our study. The main selected IN
241 mutation in our study was the N155H raltegravir signature mutation alone, so most viruses
242 at virological failure remained, in theory, susceptible to dolutegravir, except for the one
243 harbouring the F121Y mutation which confers phenotypic resistance to dolutegravir as
244 well.²⁴ The uncontrolled pilot VIKING 3 study have shown the efficacy of dolutegravir twice a
245 day on raltegravir failure with the mutation N155H alone.²⁵ However, great caution and
246 more clinical studies are needed, as recent data suggest that dolutegravir might also select
247 for N155H and that viruses harbouring such mutation might have diminished susceptibility
248 to dolutegravir when used once daily.²⁶ One limitation of our study is the absence of
249 genotypic information, due to either absence of available sample or failure to obtain
250 sequence in 12% of participants qualifying for resistance testing in the RAL + DRV/r arm. This
251 proportion was 16% in the TDF/FTC + DRV/r arm. Another limitation of our study is that the

252 protocol did not ask for IN gene sequence at baseline, as at the time of recruitment there
253 was little clinical use of integrase inhibitors and a risk of transmitted drug resistance was
254 very low for the integrase class (1.7% for IN resistance mutation in the PRIMO cohort of
255 recently infected patients).²⁷ Although we cannot formally exclude that some participants
256 might have had IN resistance pre-existing to initiation of therapy, this is highly unlikely, as
257 N155H mutation confers high level phenotypic resistance to raltegravir and in such
258 circumstance, virological failure would have occurred much more rapidly, without the early
259 virological suppression seen in 9/13 patients with N155H mutation. Although none of the RT
260 (n = 2) and protease (n = 1) resistance mutations evidenced at failure were detected at
261 baseline using Sanger sequencing, ultradeep sequencing on those baseline samples could
262 help to determine if these emergent RT (M41L, K65R) and protease (L76V) mutations are
263 due to selection or re-emergence of transmitted minority resistant variants. Of clinical
264 relevance, IN resistance was seen in patients (4/15) with very low-level viremia (HIV RNA
265 between 50 and 200 copies/mL), a phenomenon already described in the ACTG 5262 study.
266 ²³ In another study on risk factors for raltegravir resistance development in clinical practice,
267 we showed that 7.7 % (6/78) of patients with HIV RNA between 50 and 200 copies/mL had
268 IN resistance mutations. ²⁸ Thus, viral rebound with 2 consecutive HIV RNA values > 50
269 copies should be considered as definite virological failure in patients receiving DRV/r + RAL,
270 and genotypic resistance testing should be performed without delay in these patients

271 In summary, during 96-weeks of follow up, resistance to IN was detected in 15/401
272 participants randomised to DRV/r+RAL (3.7%). One quarter (27%) of samples at failure had
273 IN resistance mutations, with risk of resistance related to baseline HIV RNA. Most patients
274 with resistance mutations achieved complete suppression when switched to other regimens,
275 most often TDF/FTC instead of RAL, with continuation of ritonavir-boosted darunavir.

276 It would be interesting to investigate other NtRTI sparing strategies combining an ISTI with a
277 higher genetic barrier to resistance and a longer half-life such as dolutegravir , in
278 combination with a boosted-protease inhibitor. Based on these results on resistance,
279 initiation of antiretroviral therapy with the alternative regimen of ritonavir-boosted
280 darunavir and raltegravir in patients with CD4 > 200/ μ L should be limited to patients with
281 HIV RNA < 500,000 copies/ml, and discussed in patients with HIV RNA between 100,000 and
282 500,000 copies/ml.

283

284 **Acknowledgements**

285 We acknowledge the initial contribution of Professor Deenan Pillay, for the set-up of the
286 virology sub-group of the trial.

287 We thank the NEAT 001/ANRS 143 study participants and their partners, families, and
288 caregivers for participation in the study. We also thank the staff from all the centres
289 participating in the trial.

290 We are grateful for the collaboration with the European AIDS Treatment Group (EATG).

291 The French National Institute for Health and Medical Research – France REcherche
292 Nord&Sud Sida-hiv Hépatites (Inserm-ANRS) is the sponsor and a funder of the trial.

293 NEAT is a project funded to the Instituto Superiore di Sanità – Rome, by the European Union
294 under the Sixth Framework programme, project number LSHP-CT-2006-037570.

295 The trial was also supported by Gilead Sciences, Janssen Pharmaceuticals, and Merck
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485 **Transparency declarations**

486 FR has received honoraria for advisories or invited talks or conferences and research grants
487 from Abbvie Labs, Bristol-Myers Squibb, Gilead Sciences, Merck Laboratories, MSD, Janssen
488 Pharmaceuticals and ViiV healthcare.

489 AP (A Pozniak) has been an advisor and invited speaker and received honoraria, research
490 grant, travel and education from Abbvie, GSK, VIIV, BMS, Gilead Sciences, Janssen
491 Pharmaceuticals, Merck & Company, Tobira.

492 AM has received honoraria for advisories or invited talks or conferences and research grants
493 from Abbvie Labs, Bristol-Myers Squibb, Gilead Sciences, Merck Laboratories, MSD, Janssen
494 Pharmaceuticals and ViiV healthcare.

495 VC has received honoraria for advisories or invited talks or conferences and research grants
496 from Abbvie Labs, Bristol-Myers Squibb, Gilead Sciences, Merck Laboratories, MSD, Janssen
497 Pharmaceuticals and ViiV healthcare.

498

499 The institution of CS and LW has received support from Gilead, Tibotec, Roche, MSD, Janssen
500 Pharmaceuticals, Boehringer Ingelheim, Bristol-Myers Squibb, GlaxoSmithKline, ViiV
501 Healthcare, Abbott and Pfizer for the organisation of an annual academic workshop and for
502 ongoing clinical trials of Inserm-ANRS.

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508 The other authors declare that they have no conflicts of interest.

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601 Table 1 : Baseline characteristics of patients meeting criteria for genotypic testing

	RAL+DRV/r (n=69)	TDF+FTC+DRV/r (n=58)
Sex		
Male	65 (94%)	50 (86%)
Median (IQR) age (years)	37 (32-44)	39 (31-52)
Ethnic origin		
White	53 (77%)	45 (78%)
Black	12 (17%)	10 (17%)
Asian	1 (1%)	2 (3%)
Other	3 (4%)	1 (2%)
Mode of HIV infection		
Homosexual/bisexual sex	40 (63%)	32 (58%)
Heterosexual	23 (37%)	20 (36%)
IVDU	0	2 (4%)
Other	0	1 (2%)
HIV CDC clinical stage		
A	54 (78%)	47 (81%)
B	10 (15%)	7 (12%)
C	5 (7%)	4 (7%)
Median (IQR) CD4 cell count (cells per μ L)	295 (150-378)	316 (205-379)
CD4 cell count category (cells per μ L)		
<50	3 (4%)	3 (5%)
50-199	19 (28%)	11 (19%)
200-349	24 (35%)	21 (36%)
350-499	20 (29%)	22 (38%)

≥500	3 (4%)	1 (2%)
Median (IQR) HIV-1 RNA concentration at baseline (log ₁₀ copies per mL)	5.25 (4.85-5.58)	5.19 (4.80-5.54)
Baseline HIV-1 RNA category		
≥100 000 copies per mL	49 (71%)	36 (62%)
≥500 000 copies per mL	14 (20%)	9 (16%)
HCV co-infection	3 (4%)	4 (7%)

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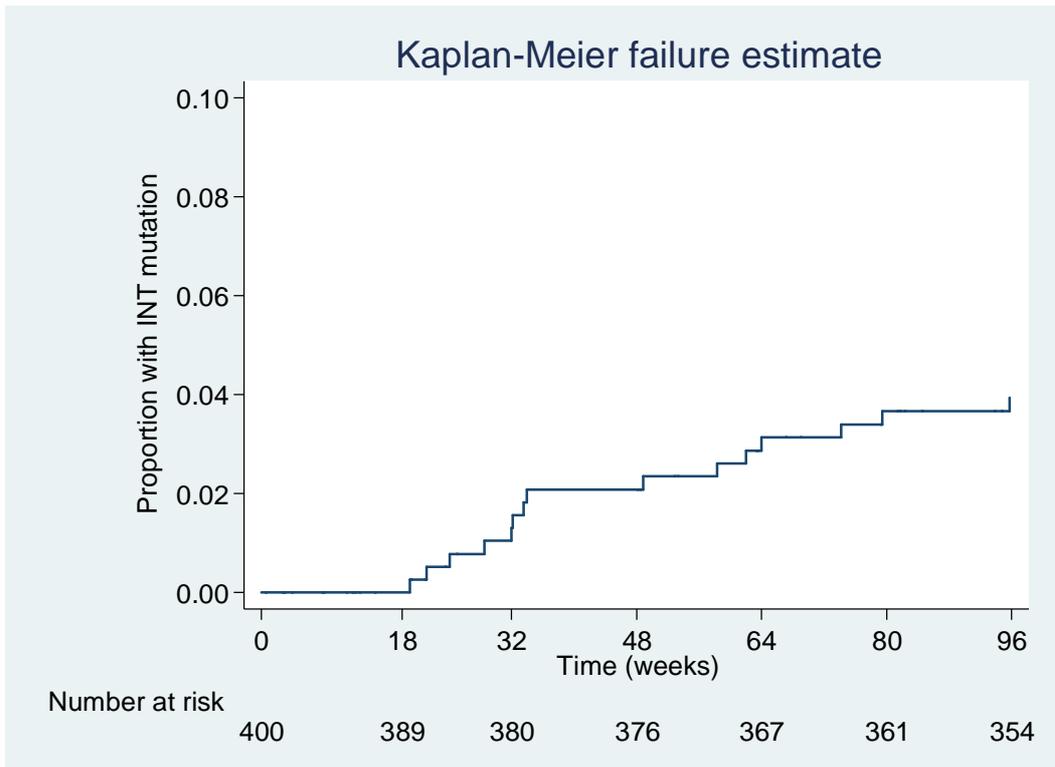
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607 Figure 1: time to detection of IN resistance mutations, RAL + DRV/r arm, NEAT 001/ANRS 143

608 trial

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619 Table 2 : Resistance mutations in the RAL+DRV/r arm

Patients	Genotypic testing		RT	PROT	IN	Subsequent regimen	VL at W96 (copies/mL)	Suppressed before resistance test
	Time	VL (copies/mL)						
1	W47	247			L76V	RAL+DRV/r	<50	Y
2	W38	340	M41L			TDF/FTC+EFV then TDF/FTC+DRV/r	<50	N
3	W65	3800	K65R			TDF/FTC+DRV/r	<50	Y
4	W24	64041			N155H	TDF/FTC+DRV/r	107	N
5	W58	60			Y143C	TDF/FTC+DRV/r	90	Y
6	W32	85			N155H	TDF/FTC+DRV/r	<50	N
7	W34	148			N155H	No treatment after W67	227185	Y
8	W64	192			N155H	TDF/FTC+DRV/r	68	Y

9	W62	406	N155H	TDF/FTC+DRV/r	<50	Y
10	W29	442	N155H	Missing data	Missing data	Y
11	W49	498	N155H	RAL+DRV/r	<50	Y
12	W79	731	N155H	ABC/3TC+DRV/r	<50	Y
13	W32	1311	N155H	TDF/FTC+DRV/r	<50	Y
14	W34	1900	N155H	TDF/FTC+ETR	<50	Y
15	W21	14864	N155H	TDF/FTC+EFV	<50	N
16	W19	52857	N155H	AZT/3TC+DRV/r+NVP	<50	N
17	W74	129000	N155H	RAL+DRV/r	50	Y
18	W96	1470	F121Y	RAL+DRV/r	1470	Y

620

621 RT : reverse transcriptase ; PROT : protease ; IN ; integrase ; VL : viral load ; W96 : 96 week ;
622 copies/mL : copies/mililiter ; Y : yes ; N : No ; RAL : raltegravir ; DRV/r : darunavir/ritonavir ;
623 TDF : tenofovir ; EFV : efavirenz ; FTC : emtricitabine ; ABC/3TC : abacavir/lamivudine ; ETR :
624 etravirine ; NVP : nevirapine ; RPV : rilpivirine