

Table S3. Excluded Studies (n=22)

Author	Reason for exclusion
Bakri et al. (2013)	Not a randomised controlled trial
Coat et al. (2015)	Not a randomised controlled trial
Cullinan et al. (2014)	Refers to a study population from previous publication, however original reference not specified
de Miranda et al. (2013)	Not a randomised controlled trial
Faveri et al. (2014)	Not a randomised controlled trial
Gonzalez et al. (2015)	Additional publication for already included study (Galván et al., 2014)
Himani et al. (2014)	Not a randomised controlled trial
Kaval et al. (2014)	Not a randomised controlled trial
Kobayashi et al. (2014)	Not a randomised controlled trial
Kucukcoskun et al. (2013)	Not a randomised controlled trial
López et al. (2014)	Not a randomised controlled trial
Meghil et al. (2015)	In vitro study
Morelli et al. (2014)	Not a randomised controlled trial
Ozcelik et al. (2015)	Not a randomised controlled trial
Preus et al. (2015)	Additional publication for already included study (Preus et al., 2013)
Rebele et al. (2014)	Additional publication for already included study (Zuhr et al., 2014)
Roos- Jansåker et al. (2014)	Not a randomised controlled trial
Schneider et al. (2014)	Additional publication for already included study (Jung et al., 2013)
Stone et al. (2015)	Additional publication for already included study (Stone et al., 2013)
Vercruyssen et al. (2014b)	Additional publication for already included study (Vercruyssen et al., 2014a)
Vercruyssen et al. (2014c)	Additional publication for already included study (Vercruyssen et al., 2014a)
(Waal et al., 2013)	Duplicate of de Waal et al. (2013)

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