1 Partial loss of function of the GHRH Receptor leads to mild 2 **Growth Hormone Deficiency** LC Gregory¹, KS Alatzoglou¹, MJ McCabe^{1,2,3}, PC Hindmarsh¹, JW Saldanha⁴, 3 N Romano⁵, P Le Tissier⁵, MT Dattani¹ 4 5 ¹Section of Genetics and Epigenetics in Health and Disease, Genetics and Genomic Medicine Programme, UCL Institute of Child Health, London, UNITED KINGDOM 6 WC1N 1EH. ²Kinghorn Centre for Clinical Genomics, Garvan Institute of Medical 7 8 Research, Darlinghurst, NSW, AUSTRALIA 2010. 3St Vincent's Clinical School, 9 UNSW Australia, Sydney, NSW, AUSTRALIA 2052. ⁴National Institute for Medical 10 Research, Mill Hill, London NW7 1AA. ⁵Centre for Integrative Physiology, 11 University of Edinburgh, Edinburgh, UNITED KINGDOM EH8 9DX. 12 Abbreviated title: GHRHR partial loss of function in mild IGHD. 13 14 15 Key terms: GHRHR, mild IGHD Type 1B, compound homozygosity. 16 Word Count: 3082 17 18 19 Number of figures and tables: 5 20 21 22 23 24 25

26	Corresponding author and person to whom reprint requests should be addressed:
27	Professor Mehul T Dattani MD FRCP FRCPCH
28	Professor and Head of Clinical Service in Paediatric Endocrinology
29	Head of Section of Genetics and Epigenetics in Health and Disease, Genetics and
30	Genomic Medicine Programme
31	UCL Institute of Child Health/Great Ormond Street Hospital for Children/ UCL
32	Hospitals
33	30 Guilford Street
34	London WC1N 1EH
35	Tel no. +44207 905 2657 (Academic)
36 37	Tel no. +4407 405 9200 Ext 1017 (NHS)
38	e-mail: m.dattani@ucl.ac.uk
39	
40	Disclosure statement: The authors have nothing to disclose.
41	
42	
43	
44	
45	
46	
47	
48	
49	
50	
51	

52 **Abstract**

53 **Introduction** Recessive mutations in *GHRHR* are associated with severe isolated GH 54 deficiency (IGHD), with a final height in untreated patients of 130cm±10cm (-55 7.2 \pm 1.6SDS; males) and 114 \pm 0.7cm (-8.3 \pm 0.1SDS; females). **Objective** We hypothesised that a consanguineous Pakistani family with IGHD in 3 siblings (2 56 57 males, 1 female) would have mutations in GH1 or GHRHR. Results Two novel homozygous missense variants [c.11G>A (p.R4Q), c.236C>T (p.P79L)] at conserved 58 59 residues were identified in all 3 siblings. Both were absent from control databases, 60 aside from pR4Q appearing once in heterozygous form in the ExAc Browser. The 61 brothers were diagnosed with GHD at 9.8 and 6.0 years (height SDS: -2.24 and -1.23 62 respectively), with a peak GH of 2.9 µg/l with low IGF-1/IGFBP3. Their sister 63 presented at 16 years with classic GHD (peak GH <0.1µg/l, IGF-1<3.3mmol/L) and 64 attained an untreated near-adult height of 144 cm (-3.0 SDS); the tallest untreated 65 patient with GHRHR mutations reported. An unrelated Pakistani female IGHD patient 66 was also compound homozygous. All patients had a small anterior pituitary on MRI. Functional analysis revealed a 50% reduction in maximal cAMP response to 67 stimulation with GHRH by the p.R4Q/p.P79L double mutant receptor, with a 100 fold 68 69 increase in EC50. Conclusion We report the first co-existence of two novel 70 compound homozygous GHRHR variants in 2 unrelated pedigrees associated with a 71 partial loss of function. Surprisingly, the patients have a relatively mild IGHD 72 phenotype. Analysis revealed that the pP79L mutation is associated with the 73 compromise in function, with the residual partial activity explaining the mild 74 phenotype.

75

Introduction

77

78

79

80

81

82

83

84

85

86

87

88

89

90

91

92

93

94

95

96

97

98

99

100

101

The gene encoding the growth hormone releasing hormone receptor (GHRHR) is 15.51kb in length and incorporates 13 exons on chromosome 7p14. It encodes a Gprotein coupled receptor (423aa) and is expressed on the somatotroph cells of the anterior pituitary (1). Its ligand growth hormone releasing hormone (GHRH), released from the hypothalamus, stimulates the synthesis and release of growth hormone (GH; encoded by GHI) upon binding in the presence of the pituitary-specific transcription factor POU1F1 (PIT1) (2,3). GH in turn binds to receptors on the liver and generates insulin-like growth factor 1 (IGF1) and insulin-like growth factor binding protein 3 (IGFBP3), thereby promoting growth. Consistent with their role in growth regulation, mutations in GHRHR, GH1 and SOX3 are implicated in the etiology of isolated growth hormone deficiency (IGHD) (4), and the pathway was recently implicated in the GHD phenotype observed in the autosomal dominant disorder pseudohypoparathyroidism type 1b (5). Autosomal recessive mutations occurring in the GHRHR gene have been implicated in severe IGHD Type 1B, also known as Sindh dwarfism (6,7). Reported aberrations in GHRHR have included missense, splice (8), nonsense (9,10), microdeletion and promoter mutations (11,12). Many have been shown to specifically affect cAMP production, for example GHRHR (p.K329E), which fails to show a cAMP response after treatment with GHRH (13). All mutations described to date have shown a complete loss of function. Severe IGHD Type 1B was initially described in pedigrees from the Indian subcontinent (14) and Brazil (15). Interestingly the phenotype is usually not that of classic IGHD in that affected patients have minimal facial hypoplasia and no microphallus, but do manifest anterior pituitary hypoplasia (APH) on their magnetic

resonance imaging (MRI) (3). However, growth failure is severe with proportionate dwarfism and pubertal delay, and biochemically, the patients have low GH and IGF1 concentrations with otherwise normal pituitary function. To date, reported height in untreated patients with a *GHRHR* mutation is on average 130 ± 10 cm (-7.2 ± 1.6 SDS) in males and 114 ± 0.7 cm (-8.3 ± 0.1 SDS) in females (16).

Previous studies in our cohort of IGHD patients (n=224) revealed *GHRHR* mutations in 3.7% of cases (15 patients from 7 pedigrees). All were familial cases, predominantly from the South East Asian community, manifesting severe growth failure with the vast majority showing APH on their MRI (7). In this manuscript, we report the presence of two homozygous variants in *GHRHR* in consanguineous pedigrees with a relatively mild GHD phenotype, and present functional data that reveal the first partial loss of function mutation in *GHRHR*. Additionally, an independent patient with the identical variants was also identified, suggesting the presence of a founder effect.

Materials and Methods

Patients

DNA was extracted from blood samples taken from two consanguineous pedigrees with IGHD. Ethical committee approval was obtained from the Institute of Child Health/Great Ormond Street Hospital for Children Joint Research Ethics Committee and informed written consent was obtained from patients and/or parents.

Direct Sequencing Analysis

Three siblings with IGHD from Pedigree 1 and a separate patient from Pedigree 2 were screened for *GH1* and *GHRHR* mutations. The coding region of these

genes consists of 5 exons in *GH1* and 13 exons in *GHRHR*. These were amplified by PCR on an Eppendorf Thermocycler over 35 cycles with primers designed using the Primer3 program (available at http://frodo.wi.mit.edu/primer3) flanking each of the exons in the coding regions of the genes. PCR products were treated with MicroClean reagent (Web Scientific, cat # 2MCL-10) according to manufacturer's instructions and then sequenced using BigDye v1.1 sequencing chemistry (Applied Biosystems) and analysed on a 3730X1 DNA Analyzer (Applied Biosystems/Hitachi, Japan, cat # 625-0020). Details of the PCR conditions are available upon request including the primer sequences, product sizes and annealing temperatures. For any mutations identified, control databases were consulted as follows: Exome Variant Server (evs.gs.washington.edu/EVS/) (EVS), 1000 Genomes (www.1000genomes.org), an in-house panel of 200 ethnically matched controls, and the Exome Aggregation Consortium (ExAC Browser) (http://exac.broadinstitute.org/).

Molecular modelling

The RasMol prediction model database was used to build a 3D annotated model of the GHRHR wild type and mutant proteins respectively, to analyse and compare protein folding and structure.

Functional analysis:

An expression vector was obtained encoding full-length wild-type *GHRHR* cloned into pcDNA3.1 (Source Bioscience). Detected mutations p.R4Q, p.P79L and the double mutant p.R4Q/p.P79L were introduced into the sequence using the QuikChange II XL Site-Directed Mutagenesis Kit (Agilent Technologies UK LTD). Vectors were transfected into HEK293 cells (American Type Culture Collection) cultured in DMEM supplemented with 10% foetal bovine serum, 100U/ml penicillin,

100μg/ml streptomycin and 1% non-essential amino acids at 37°C in a humidified 5% CO₂ incubator. Approximately 1x10⁶ cells were transfected with 1.2 μg Glosensor 22F (Promega, Madison, WI, USA) and 1.2 μg GHRHR using Polyjet transfection reagent (SignaGen laboratories, Gaithersburg, MD, USA) according to the manufacturer's instructions. Cells were plated in a white 96-well dish at a density of approximately 35,000 cells per well and the following day media replaced with Leibovitz's L-15 medium (Thermo Fisher Scientific, Waltham, MA, USA) containing 2mM luciferin (Promega). After equilibration at 25°C, the basal luciferase activity was measured on a Glomax luminometer (Promega) and cells were then stimulated with various concentrations of GHRH 1-44 (Bachem, Bubendorf, Switzerland) and the luciferase response monitored approximately every 3 minutes over a period of at least 60 minutes. Response to GHRH was calculated as the area under the curve for the time period of measurement after correction for background activity from unstimulated cells.

Results

Patient phenotypes:

Patient IV.1

The proband was a male born at term (birth weight 3.6 kg) to a consanguineous Pakistani family (Figure 1A), and first presented at the age of 4 years with bilateral undescended testes, micropenis and a hypoplastic scrotum. There was no history of neonatal hypoglycemia or jaundice, he had no dysmorphic features, and at presentation his height was 100.7cm (-0.73 SDS) with a weight of 14.8kg (-1.09 SDS). At the age of 4.2 years he had an acceptable testosterone response to a 3-day human chorionic gonadotrophin (hCG) stimulation test, rising from 0.4 to 4.8nmol/L

and basal gonadotrophins in the pre-pubertal range (LH <0.7 U/L, FSH 1.0 U/L). Following hCG stimulation, testes were bilaterally palpable; however, later examination revealed impalpable testes and he received a further 6-week course of treatment with hCG at the age of 7 years with a partial response, and underwent bilateral orchidopexies at the age of 8.2 years. Between the ages of 4-7 years, he grew steadily with a growth velocity of 5.0-5.5 cm/year (-1.34 to -1.09 SDS), but by the age of 8.5 years, his height was 119.7cm (-1.91 SDS) and his growth velocity had slowed to 2.3 cm/year (-4.1 SDS). A glucagon stimulation test performed at the age of 9.8 years (Ht 123.8cm, -2.24 SDS) showed a low peak GH (2.9µg/L) with otherwise normal pituitary function. He commenced treatment with recombinant human (rh) GH around the age of 10 years (mean dose 1mg/m²/day), progressed normally through puberty and attained a normal adult height of 170.4 cm (-0.65 SDS (Table 1); midparental height of 169.2 cm, -0.8 SDS) (Figure 2A). Retesting at the end of growth demonstrated persisting GHD with a low IGF1 (6.9 nmol/l; range 29.4-117.4), an undetectable peak GH (<0.1 µg/L) (Table 2) to insulin tolerance test, and otherwise normal pituitary function. A pituitary MRI confirmed APH (Figure 2D) and he remained on adult rhGH replacement (0.6mg/day).

194

195

196

197

198

199

200

201

177

178

179

180

181

182

183

184

185

186

187

188

189

190

191

192

193

Patient IV.2

The younger male sibling (Figure 1A) of patient IV.1 first presented at the age of 1.5 years with bilateral undescended testes, micropenis and a hypoplastic scrotum. He was born at term with a birth weight of 3.64 kg and there was no history of neonatal problems. At presentation he had a height of 79.6 cm (-0.5 SDS) with a weight of 9.8 kg (-1.48 SDS) and no dysmorphic features. A 3-day and 3-week HCG stimulation test showed normal testosterone responses (11.1 nmol/l and 18.7 nmol/l

respectively), with baseline gonadotrophins in the prepubertal range (LH <0.7U/L, FSH 1.7U/L); both testes were visualised in the inguinal canal. By the age of 2 years, he had a further 6-week hCG treatment course with good response in terms of testicular descent. However, at the age of 4 years, he had left testicular torsion with subsequent orchidectomy and right orchidopexy. By the age of 6 years his height was 110.2 cm (-1.21 SDS) and his growth velocity had slowed to 3.6cm/year (-2.63 SDS) (Figure 2B). Glucagon stimulation test at that time confirmed GHD with a peak GH of 2.9µg/l and a low IGF1 (18 ng/ml; normal range (NR) 45-321 ng/ml) and IGFBP3 (1.24 mg/l; range 1.86-4.39) (Table 2) with otherwise normal pituitary function and APH on MRI (Figure 2E). Treatment with rhGH was commenced at the age of 6.5 years with an excellent response. By the age of 14.6 years, he had progressed into puberty with a height of 173.3cm (+1.02 SDS) and subsequently decided to stop rhGH. He has decided not to attend any further clinics.

Patient IV.3

The female sibling of patients IV.1 and IV.2 (Figure 1A) first presented at age 16 years with short stature (height 144cm, -3.0 SDS). She had already attained menarche and had a clinical phenotype suggestive of untreated GHD (abdominal fat deposition, a high pitched voice and frontal bossing). She had an undetectable IGF1 (<3.3 nmol/L), undetectable peak GH to insulin tolerance test (<0.1 µg/l) (Table 2), a low bone mineral density (-2.5 Z scores in lumbar spine) and APH on MRI (Figure 2F). She was commenced on adult rhGH replacement (0.6mg/day) and reached a final height of 146.3cm (-2.7 SDS) (Table 1). She remains overweight, with acanthosis nigricans suggestive of insulin insensitivity (HOMA-IR of 3.1, peak insulin to oral glucose load of 143 mU/L, with a 2 hour blood glucose of 5.1 mmol/L).

Patient II.1

A female patient (unrelated to pedigree I) born to a consanguineous Pakistani pedigree (Figure 1B) with a birth weight of 3.32 kg, presented at age 6 years with short stature [height 104.3 cm (-1.8 SDS), weight 19.4 kg (-0.34 SDS)], poor growth with a growth velocity of 3.3 cm/year (-3 SDS), and APH on her MRI (Figure 2G). Biochemical testing revealed GH deficiency, with a peak GH to glucagon testing of 1.1μg/l, an IGF1 of 17 ng/ml (NR 45-321 ng/ml) and an IGFBP3 of 1.52 mg/L (NR 1.862-4.399 mg/L) (Table 2). At the age of 6 years she failed to respond to a GHRH test, and was subsequently commenced on rhGH treatment at a dose of 0.65mg/m²/day (Figure 2C). She underwent spontaneous puberty and there were no concerns regarding her physical development. She has achieved a final height of 166 cm (+0.66 SDS) (Table 1). Her father's cousin has two daughters that are on GH treatment for short stature (DNA not available).

Mutational analysis

Following direct sequencing analysis of three siblings (pedigree I) and an unrelated female patient (pedigree II) with IGHD, two homozygous variants were identified in the GHRHR gene in all four patients. The first was a novel homozygous missense variant in exon 1 (c.11G>A) (Figure 1Ci) resulting in the substitution of arginine by glutamine (p.R4Q). The second was a novel homozygous missense variant in exon 3 (c.236C>T) (Figure 1Cii) resulting in the substitution of proline by leucine (p.P79L). Neither of these changes were identified on control databases

ethnically-matched controls, with the exception of p.R4Q being present once on the ExAc browser in heterozygous form out of a total of 20,396 control alleles. Both p.R4Q and p.P79L have not been previously described and both are located within a highly conserved region between species (Figure 1D). All four patients were also screened for mutations in *GH1* and were negative.

Protein modelling

Molecular modelling predicts that the GHRHR p.P79L variant will disrupt a disulphide bridge, thus destabilising the protein. In addition, the protein prediction model Polyphen2 (http://genetics.bwh.harvard.edu/pph2/) predicted p.P79L to be functionally deleterious. Moreover, the crystal structure of a glucagon-like peptide-1 in complex with the extracellular domain of its receptor (likely to have the same structure as the GHRHR extracellular domain) shows that residues close to p.P79 interact with the ligand. Therefore, even if the mutant protein were to fold correctly without the disulphide bond in place (or with a weak disulphide bridge), the mutation is still predicted to disrupt the ligand-binding region.

It was not possible to model the R4Q mutant as the model did not extend far enough into the N-terminus. This region is in the signal peptide and is outside the hydrophobic region shown to be required for function (17). Additionally, the arginine or glutamine at position 4 (p.R4Q) have identical scores for signal peptide prediction (SignalIP4.1).

Luciferase assays

Functional analysis was performed by monitoring cAMP responses of cells expressing wild-type and mutant GHRHR to varying concentrations of GHRH, and demonstrated that the double p.R4Q/p.P79L mutation had a significantly reduced maximal activity to 52.0+/-4.6% of wild-type GHRHR (p<0.001; Figure 3), with a reduction in affinity for the GHRH1-44 ligand (EC50 p.R4Q/p.P79L 113x10⁻¹¹ +/-1.51x10⁻¹¹ vs WT 1.12x10⁻¹¹ +/- 0.21x10⁻¹¹, p<0.001). Analysis of GHRHR protein with individual mutations demonstrated that p.P79L is responsible for both the reduction in activity (55.3+/-4.4% of wild-type, p<0.001) and the altered affinity (EC50 113x10⁻¹¹ +/- 1.51x10⁻¹¹, p<0.001 vs WT; non-significant difference vs p.R4Q/pP79L) (Figure 3). The single p.R4Q mutation had no significant effect on either maximal activity (p = 0.65) or EC50 (p = 0.9) compared with wild type GHRHR (Figure 3). Western analysis of cell extracts demonstrated no significant difference in the expression levels of the various forms of GHRHR (data not shown).

Discussion

We report two novel homozygous *GHRHR* variants in three siblings (Pedigree I; IV.1-IV.3), and in an unrelated patient (Pedigree 2; II.1), from consanguineous families from the South East Asian community, suggesting a possible founder effect. Pedigree I (incorporating patients IV.1-IV.3) is multiply consanguineous, with the parents of the probands being first cousins. Despite all patients having IGHD and APH on their MRI, the combined effect of these variants is variable in terms of height deficit, and the patients' phenotypes are mild compared to previous reports, with presentation in mid-childhood. Indeed, the untreated female patient from pedigree I presented much later, after she had almost completed her growth, and reached a near-adult height of 144cm (-3.0 SDS). Compared to the mean of ~114cm in the literature,

this is the tallest untreated height reported for a patient with a *GHRHR* mutation to our knowledge. Subsequent treatment with an adult replacement dose of rhGH resulted in an improvement in her final height to 146.3 cm (-2.7 SDS). Surprisingly, the clinical presentation of the two brothers within the same pedigree with bilateral undescended testes, hypoplastic scrotum and micropenis was suggestive of hypogonadotrophic hypogonadism, although endocrine testing confirmed that the gonadal axis was intact and they progressed normally through puberty, with normalization of phallic size after commencement of rhGH treatment. The older brother and sister are now treated with adult GH replacement therapy.

The asymptomatic mother of patients IV.1-IV.3 was a heterozygous carrier of both variants, and the father is also expected to be a carrier, although his DNA is unavailable. The presence of these two homozygous variants in the two ostensibly unrelated families raises the possibility that pedigrees I and II are distantly related or may originate from the same area in South-East Asia.

Apart from a single report (18), patients with *GHRHR* mutations do not have neonatal hypoglycemia and in all reports to date they are reported to have normal genitalia. This is the first report of male patients with *GHRHR* mutations presenting with a micropenis and bilateral undescended testes. The mechanism underlying this presentation is unknown.

A number of previously reported missense *GHRHR* mutations (p.H137L, p.L144H, p.A176V, p.A222E, p.F242C, p.K329E) have been shown to result in correct surface expression of the receptor but reduced ability to bind to GHRH, thereby impairing intracellular signalling and stimulation of GH secretion (19,13,20). However, a missense mutation (p.V10G) within the signal peptide has been shown to affect the correct processing of the receptor and results in incomplete cleavage of the

signal peptide with failure of the mutant GHRHR receptor to translocate to the cell surface (17). The first variant, p.R4Q in exon 1, results in the substitution of a strongly basic arginine residue by a neutral glutamine residue. Despite our p.R4Q variant being located in the signal peptide, when arginine is substituted by tryptophan (p.R4W) at position 4 there is unaltered function, and this is consistent with our functional data whereby the p.R4Q variant appears to retain function (17).

The second variant, p.P79L in exon 3 results in the substitution of a proline residue by leucine. Proline is known to be essential for protein folding (21); therefore its loss at this highly conserved position will likely affect protein conformation, which supports our protein prediction model for p.P79L. The functional assays performed further support this and conclude that the p.P79L mutation alters the binding affinity and activity of GHRHR, and is thus the likely cause of the GHD observed in patients IV.1-IV.3 and II.1. Therefore the 50% reduction in the maximal cAMP response to stimulation with GHRH observed by the p.R4Q/p.P79L double mutant receptor is most likely due to this pathogenic p.P79L mutation alone rather than the combination of both p.R4Q and p.P79L (Figure 3). Our studies do not rule out the possibility that the p.R4Q variant may be contributory in some way to the mild phenotype.

Conclusion

We report the presence of two novel homozygous variants in *GHRHR* in a pedigree, and an unrelated patient with IGHD, suggesting a possible founder effect of these variants in patients with IGHD originating from a certain area of South-East Asia. The initial phenotype of all patients appears to be relatively mild, despite the presence of the two variants in the same gene. We show here the importance of performing functional studies in this highly unusual scenario where two variants are

present in compound homozygosity in affected individuals. All previously reported *GHRHR* mutations have been associated with complete loss of function. Our functional studies have shown that the novel p.P79L variant is pathogenic with what appears to be a partial loss of function, and is most likely the cause of the unusually mild form of IGHD in all four patients. Additionally, the female sibling in pedigree 1 has the tallest recorded height for an untreated patient with a *GHRHR* mutation, and our data therefore suggest the possibility that rare patients with "idiopathic" short stature may manifest mild genetic forms of GHD and reach the target height range for the family without treatment.

360

361

351

352

353

354

355

356

357

358

359

362 References

- 1. Baumann G. Mutations in the growth hormone releasing hormone receptor: a
- new form of dwarfism in humans. Growth Horm IGF Res. 1999; 9: 24-30.
- 365 2. Iguchi G, Okimura Y, Takahashi T, Mizuno I, Fumoto M, Takahashi Y, Kaji
- 366 H, Abe H, Chihara K. Cloning and characterization of the 5'-flanking region of
- the human growth hormone-releasing hormone receptor gene. J Biol Chem.
- 368 1999; 274(17):12108-14.
- 3. Shohreh R, Sherafat-Kazemzadeh R, Jee YH, Blitz A, Salvatori R. A novel
- frame shift in the GHRH receptor gene in familial isolated GH deficiency:
- early occurrence of anterior pituitary hypoplasia. J Clin Endocrinol Metab.
- 372 2011; 96(10): 2982-6.
- 4. Alatzoglou KS, Dattani MT. Genetic causes and treatment of isolated growth
- hormone deficiency-an update. Nat Rev Endocrinol. 2010; 6(10):562-76.

- 5. Sano S, Iwata H, Matsubara K, Fukami M, Kagami M, Ogata T. Growth
- 376 hormone deficiency in monozygotic twins with autosomal dominant
- pseudohypoparathyroidism type Ib. Endocr J. 2015; 62(6):523-9.
- 6. Baumann G, Maheshwari H. The Dwarfs of Sindh: severe growth hormone
- 379 (GH) deficiency caused by a mutation in the GH-releasing hormone receptor
- 380 gene. Acta Paediatr Suppl 1997; 423:33-8.
- 7. Alatzoglou KS, Turton JP, Kelberman D, Clayton PE, Mehta A, Buchanan C,
- 382 Aylwin S, Crowne EC, Christesen HT, Hertel NT, Trainer PJ, Savage MO,
- Raza J, Banerjee K, Sinha SK, Ten S, Mushtaq T, Brauner R, Cheetham TD,
- Hindmarsh PC, Mullis PE, Dattani MT. Expanding the spectrum of patients
- with GH1 and GHRHR mutations: genetic screening in a large cohort of
- patients with congenital isolated growth hormone deficiency. J Clin
- 387 Endocrinol Metab. 2009; 94 (9): 3191.
- 8. Salvatori R, Hayashida CY, Aguiar-Oliveira MH, Phillips JA 3rd, Souza AH,
- Gondo RG, Toledo SP, Conceição MM, Prince M, Maheshwari HG, Baumann
- 390 G, Levine MA. Familial dwarfism due to a novel mutation of the growth
- 391 hormone-releasing hormone receptor gene. J Clin Endocrinol Metab. 1999;
- 392 84(3):917.
- 9. Netchine I, Talon P, Dastot F, Vitaux F, Goossens M, Amselem S. Extensive
- 394 phenotypic analysis of a family with growth hormone (GH) deficiency caused
- by a mutation in the GH-releasing hormone receptor gene. J Clin Endocrinol
- 396 Metab. 1998; 83(2):432-6.
- 397 10. Birla S, Khadgawat R, Jyotsna VP, Jain V, Garg MK, Bhalla AS, Sharma A.
- 398 Identification of novel GHRHR and GH1 mutations in patients with isolated
- growth hormone deficiency. Growth Horm IGF Res. 2016; 29:50-56.

- 400 11. Corazzini V, Salvatori R. Molecular and clinical aspects of GHRH receptor
- 401 mutations. Endocr Dev. 2013; 24:106-17.
- 402 12. Arman A, Dündar BN, Çetinkaya E, Erzaim N, Büyükgebiz A. Novel Growth
- 403 Hormone-Releasing Hormone Receptor Gene Mutations in Turkish Children
- with Isolated Growth Hormone Deficiency. J Clin Res Pediatr Endocrinol.
- 405 2014; 6(4):202-8.
- 406 13. Salvatori R Fan X, Mullis PE, Haile A, Levine MA. Decreased expression of
- 407 the GHRH receptor gene due to a mutation in a Pit-1 binding site. Mol
- 408 Endocrinol. 2002; 16(3):450-8.
- 409 14. Maheshwari HG, Silverman BL, Dupuis J, Baumann G. Phenotype and
- genetic analysis of a syndrome caused by an inactivating mutation in the
- growth hormone-releasing hormone receptor: Dwarfism of Sindh. J Clin
- 412 Endocrinol Metab. 1998; 83(11):4065-74.
- 413 15. Salvatori R, Aguiar-Oliveira MH, Monte LV, Hedges L, Santos NL, Pereira
- 414 RM, Phillips JA. Detection of a recurring mutation in the human growth
- hormone-releasing hormone receptor gene. Clin Endocrinol (Oxf). 2002;
- 416 57(1):77-80.
- 417 16. Maheshwari HG, Rahim A, Shalet SM, Baumann G. Selective lack of growth
- hormone (GH) response to the GH-releasing peptide hexarelin in patients with
- 419 GH-releasing hormone receptor deficiency. J Clin Endocrinol Metab. 1999;
- 420 84: 956-959.
- 421 17. Godi M, Mellone S, Petri A, Arrigo T, Bardelli C, Corrado L, Bellone S,
- 422 Prodam F, Momigliano-Richiardi P, Bona G, Giordano M. A recurrent signal
- peptide mutation in the growth hormone releasing hormone receptor with

424	defective translocation to the cell surface and isolated growth hormone
425	deficiency. J Clin Endocrinol Metab. 2009; 94(10):3939-47.
426	18. Demirbilek H, Tahir S, Baran RT, Sherif M, Shah P, Ozbek MN, Hatipoglu N,
427	Baran A, Arya VB, Hussain K. Familial Isolated Growth Hormone Deficiency
428	Due to A Novel Homozygous Missense Mutation in the Growth Hormone
429	Releasing Hormone Receptor Gene: Clinical Presentation With
430	Hypoglycemia. J Clin Endocrinol Metab. 2014; 99(12):E2730-4.
431	19. Salvatori R, Fan X, Phillips JA 3rd, Espigares-Martin R, Martin De Lara I,
432	Freeman KL, Plotnick L, Al-Ashwal A, Levine MA. Three new mutations in
433	the gene for the growth hormone (gh)-releasing hormone receptor in familial
434	isolated gh deficiency type ib. J Clin Endocrinol Metab. 2001; 86(1):273-9.
435	20. Alba M, Salvatori R. Naturally-occurring missense mutations in the human
436	growth hormone-releasing hormone receptor alter ligand binding. J
437	Endocrinol. 2005; 186(3):515-21.
438	21. Levitt M. Effect of proline residues on protein folding. J. Mol. Biol. 1981;
439	145; 251-263.
440	
441	
442	<u>Figures</u>
443	Figure 1. (A) Consanguineous Pakistani pedigree with IGHD. This family tree
444	shows two male probands in Pedigree 1 and their affected sister (shaded black squares
445	and a shaded circle respectively). The double lines represent consanguinity, with the
446	parents of the affected patients being first cousins. The generations within the family
447	are indicated by roman numerals. (B) Pedigree II with IGHD. This family consists
448	of one affected female (shaded black circle) and her unaffected sister, born to first

cousin parents. (C) Two *GHRHR* mutations associated with IGHD phenotypes. A novel homozygous missense mutation, c.11G>A causing a p.R4Q substitution, was identified in exon 1 ('(i)' - shown as 'N' and indicated by arrow) and a homozygous missense mutation; c.236C>T, causing a p.P79L substitution, was found in exon 3 ((ii)' - shown by 'N' and indicated by arrow) in three siblings from pedigree I and in an unrelated female patient from pedigree II. (D) Highly conserved residues across multiple species. GHRHR protein sequences spanning both amino acids that are substituted in the patients. The p.R4 and p.P79 are represented in green and show high conservation between multiple species. Any spanning amino acid residues that differ from the reference human sequence are highlighted in red.

Figure 2. (A-C) Growth charts of Patients IV.1, IV.2 and II.1. (A) Growth of patient IV.1 with GH treatment commencing at ten years of age. (B) Growth of patient IV.2 with GH treatment commencing at seven years of age (C) Growth of patient II.1 with GH treatment commencing at six years of age. (D-G) Pituitary MRI scan of patients IV.1, IV.2, IV.3 and II.1 respectively, presenting with a small anterior pituitary (indicated by the arrows).

Figure 3. Functional analysis of mutant *GHRHR* proteins. Transfection of HEK293 cells with wild-type or mutant GHRHR demonstrating the effects of mutations on GHRHR responses to stimulation with ligand. Transfected cells were stimulated with varying concentrations of GHRH and receptor activation monitored by cAMP accumulation in the cells (evaluated by cotransfection with the cAMP sensor Glosensor). Values shown are the mean+/- SE of three independent transfection reactions, with the data normalised to the maximal response of the wild-type receptor for each assay. ***:

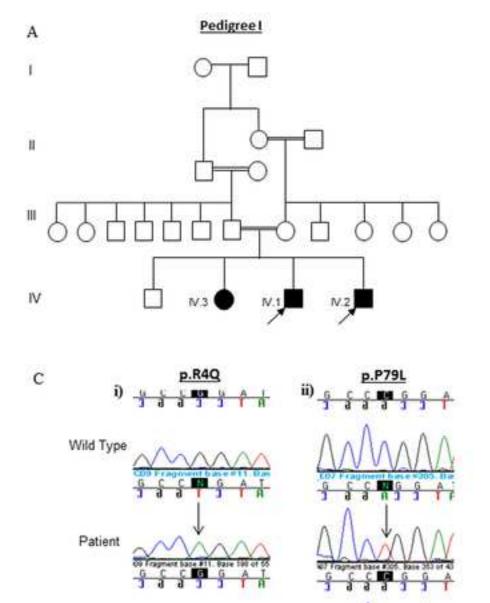
474	p<0.001 for both EC50 and maximum cAMP level, n.s.: not significant, one-way												
475	ANOVA, with Tukey post-hoc test.												
476													
477	Table 1. Auxological parameters of affected patients.												
478													
479	Table 2. Endocrine data from Pedigrees I and II. Endocrine values relative to age												
480	and MRI results for all patients: IV.1, IV.2, IV.3 and II.1.												

Table 1: Auxology on patients IV.1, IV.2, IV.3 and II.1

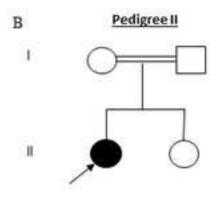
Patient	Sex	Age (yrs)	Ht SDS	Wt SDS	MRI	Tx Age (yrs)	Тх	Adult Ht (cm)	Adult Ht SDS
IV.1	M	9.8	-2.24	-2.15	APH	10.3	rhGH	170.4	-0.65
IV.2	М	6.2	-1.23	-0.48	APH	6.5	rhGH	173.3	1.02
IV.3	F	16.0	-3.0	-1.06	APH	Adult	rhGH	146.3	-2.7
II.1	F	6.0	-1.8	-0.34	APH	6.0	rhGH	166	0.66

Table 2: Endocrine testing for patients IV.1, IV.2, IV.3 and II.1

Patient	Age yrs	Peak GH (μg/L)	IGF-1 (ng/ml)	IGFBP3 (mg/L)	FT4 (pmol /L)	TSH (mU/L)	PRL (mU/L)	Cortisol peak (nmol/L)	E2 (pmol /L)	LH Basal (IU/L)	LH Peak (IU/L)	FSH Basal (IU/L)	FSH Peak (IU/L)	Testo (nmol/L)			Chol (mmol/L)	Chol /HDL ratio	US testes
IV.1	4.2	-	-	-	-	-	-	-	-	<0.7	-	1.0	-	D0 0.4		d .8	-	-	-
IV.1	9.8	2.9	18 (NR 64-580)	1.37 (NR 2.265- 5.734)	17.9	1.6	249	1067	-	0.7	3.4	0.3	1.7	-			-	-	-
IV.1	16.3	<0.1	6.9 (nmol/L; NR 29.4- 117.4)	-	21.1	1.29	221	688	-	4.2	11.4	3.1	4.2	32.4			-	-	-
IV.2	1.6	-	-	-	-	-	-	-	-	<0.7	-	1.7	-	D0 <0.7	3d 11.1	3wk 18.7	-	-	Inguinal canal
IV.2	6.2	2.9	18 (NR 45-321)	1.24 (NR 1.86- 4.39)	21.1	2.1	221	669	-	<0.7	10.2	5.3	18.9	-		•	-	-	-
IV.3	16.0	<0.1	<3.3 (nmol/L; NR 30.8- 129.5)	1.15 (NR 3.2-8.7)	15.8	4.63	196	733	123	3.4	-	5.2	-	-			4.6	3.8	-
II.1	6.5	1.1 (Glucagon) 1.2 (GHRH)	17 (NR 45-321)	1.52 (mg/L; NR 1.86- 4.39)	19.3	2.5	71	626	-	-	-	-	-	-			-	-	-



Wild Type



```
D p.R40
Human: M--D--R--R--M--W--G--A--H--V
Chimpanzee: M--D--R--R--W--G--A--H--V
Dog: M--D--S--R--V--W--G--A--C--I
Rabbit: M--D--S--R--V--W--G--A--C--V
Cow M--D--S--R--V--W--G--A--C--V
Cat M--D--S--R--A--A--Y--I--L
```

```
        p.P79L

        Human:
        V-T-L-P-C-P-D-F-F-S

        Chimpanzee:
        V-T-L-P-C-P-D-F-F-S

        Cat:
        V-T-L-P-C-P-D-F-F-S

        Guinea pig:
        V-T-L-P-C-P-D-F-F-S

        Wallaby:
        V-T-L-P-C-P-D-F-F-S

        Mouse:
        V-S-L-P-C-P-E-F-S

        Dolphin:
        V-S-L-P-C-P-A-F-F-S

        Rabbit:
        V-T-L-S-C-P-D-F-F-S
```

