

# BACE1 Dynamics Upon Inhibition with a BACE Inhibitor and Correlation to Downstream Alzheimer's Disease Markers in Elderly Healthy Participants

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**Abstract.** The  $\beta$ -site amyloid- $\beta$  protein precursor (A $\beta$ PP) cleaving enzyme-1 (BACE1) is the rate limiting enzyme in the generation of amyloid- $\beta$  peptide (A $\beta$ ) from A $\beta$ PP, one of the major pathways in Alzheimer's disease (AD) pathology. Increased BACE1 levels and activity have been reported in the brain of patients with sporadic AD. Therefore, changes of BACE1 levels in the cerebrospinal fluid (CSF) have also been investigated as a possible biomarker of the disease. We analyzed BACE1 levels in CSF of elderly healthy participants before and after chronic treatment with a BACE inhibitor (BACEi) and evaluated the correlation between BACE1 levels and downstream AD markers. Overall, BACE1 CSF levels showed strong correlations to all downstream AD markers investigated. This is the first reported finding that shows BACE1 levels in CSF were well correlated to its end product A $\beta$ <sub>1-42</sub>. As previously described, BACE1 levels were strongly correlated to total-tau and phosphorylated tau levels in CSF. Generally, chronic BACE inhibition did not influence BACE1 CSF protein levels. Follow-up studies including early-stage AD pathophysiology and prodromal AD patients will help to understand the importance of measuring BACE1 routinely in daily clinical practice and AD clinical trials.

**Keywords:** AD markers, Alzheimer's disease, BACE-1,  $\beta$ -secretase enzyme, JNJ-54861911

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## INTRODUCTION

Pathological changes in amyloid- $\beta$  peptide ( $A\beta$ ), total tau (t-tau), and hyperphosphorylated tau (p-tau) in cerebrospinal fluid (CSF) can be detected many years before neurodegeneration and clinical signs of dementia are observed in Alzheimer's disease (AD) patients (reviewed in [1]). Although previous studies have shown that these CSF specific markers are well associated with the brain pathology and constitute reliable diagnostic biomarkers of AD [2–8], new biomarkers would be of additional value to predict disease progression, also in the early disease stages, in order to stratify patients and to evaluate treatment efficacy.

$\beta$ -site amyloid precursor protein ( $A\beta$ PP) cleaving enzyme1 (BACE1) is the rate limiting enzyme in the generation of  $A\beta$  from  $A\beta$ PP [9, 10], one of the major pathways in AD pathology.  $A\beta$ PP can be cleaved by  $\alpha$ -secretase or  $\beta$ -secretase within the extracellular domain resulting in the production of large soluble  $A\beta$ PP derivatives (s $A\beta$ PP $\alpha$  and s $A\beta$ PP $\beta$ , respectively) and membrane-bound carboxyl-terminal fragments (CTF $\alpha$  or CTF $\beta$ , respectively). Subsequently,  $\gamma$ -secretase cleaves  $A\beta$ PP within its transmembrane domain, producing either a 3 kDa product p3 from the CTF $\alpha$  in the non-amyloidogenic pathway, or  $A\beta$  from the CTF $\beta$  in the amyloidogenic pathway (reviewed in [11]). Increased BACE1 levels and activity have been reported in the brain of patients with sporadic AD [12–16]. Therefore, changes of BACE1 levels in the CSF have also been investigated as a possible biomarker of the disease (reviewed in [17]).

Previous investigations measuring the activity or protein levels of BACE1 in CSF have resulted in different conclusions and despite BACE1 being the rate limiting step in  $A\beta$  formation no direct correlation between BACE1 and its end product ( $A\beta_{1-42}$ ) could be established in non-diseased or diseased populations. Some studies observed an increase of BACE1 activity in CSF of AD patients versus non-demented subjects and other dementias [18–20] as well as a higher BACE1 activity in mild cognitive impaired (MCI) compared to AD patients [20, 21]. Other groups reported no differences between controls, MCI, and AD patients [22, 23] and some others even reported a decrease of BACE1 activity in CSF of AD [24] and multiple sclerosis patients [25]. Concerning BACE1 CSF levels, Zhong et al. [21], and Ewers et al. [20] reported increased levels of soluble BACE1 in MCI patients versus AD and non-demented controls. Another study revealed a mild increase in BACE1

levels in AD but also in other neurological disorders associated with inflammation such as autoimmune limbic encephalitis [26], suggesting BACE1 level in CSF is not a specific biomarker for the diagnosis of AD. Interestingly, several groups have reported a strong correlation between BACE1 levels and the levels of t-tau [22, 23, 26–28] and p-tau [22, 23, 26, 28] in CSF and associated it to a possible link between BACE1 and neurodegeneration [22, 26–28].

Inhibitors of BACE1 prevent the formation of  $A\beta_{1-42}$  as well as  $A\beta_{1-40}$ ,  $A\beta_{1-38}$ , and  $A\beta_{1-43}$  and would be potential therapeutic agents in the treatment of AD. JNJ-54861911 is a potent orally active brain-penetrant BACE inhibitor (BACEi) developed by Janssen Research & Development in collaboration with Shionogi. In Phase I placebo-controlled single and multiple ascending dose studies in healthy elderly and young participants, JNJ-54861911 administered once daily (QD) achieved significant and sustained reduction in CSF  $A\beta$  (up to 95% at 90 mg QD for 14 days) and was safe and well tolerated without significant adverse events across the dose range investigated (5 mg–150 mg). As such, these results supported confirmation of target engagement of JNJ-54861911 (reduction in  $A\beta_{1-40}$  levels in plasma and CSF) through its peripheral and central BACE1 inhibition [29].

Given the current debate regarding the potential of BACE1 as a biomarker for AD and therapeutic target for the disease, we evaluated the correlation between BACE1 levels and downstream protein markers of  $A\beta$ PP metabolism and neuronal degeneration in CSF and analyzed BACE1 dynamics in CSF of elderly healthy individuals before and after chronic treatment with a BACEi.

## METHODS

### *Study population*

The study population considered for this analysis consisted of 38 elderly men or women (55–75 years; BMI: 18 to 32 kg/m<sup>2</sup>) enrolled in a double blind, multiple ascending dose (MAD) study to determine the safety, tolerability, pharmacokinetics, and central nervous effects of the BACEi JNJ-54861911 in healthy participants. The study consisted of a 4-week screening period, a 14-day treatment phase, and a follow-up period of 7 to 14 days after last dose administration. Elderly participants were considered healthy based on medical history, physical

132 examination, 12-lead ECGs, and clinical laboratory  
133 evaluations. In the MAD study, elderly participants  
134 received double-blind JNJ-54861911 ( $n=6$ /cohort)  
135 or placebo ( $n=2$ /cohort) as oral suspension at esca-  
136 lating doses of 5, 30, 50, or 90 mg QD or open label  
137 JNJ-54861911 as solid dose formulation of 25 mg QD  
138 ( $n=6$ ) for 14 days.

139 The elderly participants included in the current  
140 analyses are a sub-sample of the study population  
141 enrolled in the MAD study, i.e., all elderly partici-  
142 pants from whom CSF has been collected. Details of  
143 the study design have been described earlier [29].  
144 The MAD study was conducted from June 2013  
145 to December 2013 at SGS, Life Science Services,  
146 Clinical Pharmacology Unit, Belgium. The study  
147 protocol and its amendments were reviewed and  
148 approved by an Institutional Review Board (Com-  
149 missie voor Medische Ethiek, Ziekenhuis Netwerk  
150 Antwerpen [ZNA], Antwerp, Belgium). All proce-  
151 dures followed were in accordance with the principles  
152 of the Declaration of Helsinki. Written informed  
153 consent was obtained from all participants before  
154 participation. The study is registered on ClinicalTri-  
155 als.gov: NCT01887535.

#### 156 *APOE $\epsilon 4$ genotyping*

157 From all participants, a blood sample for phar-  
158 macogenomic analysis (10 mL) was collected in  
159 tubes containing potassium/sodium EDTA. DNA was  
160 isolated using Puregene chemistry and automated  
161 extraction using an Autopure LS. For all participants,  
162 APOE  $\epsilon 4$  carrier status was analyzed in a multiplex  
163 reaction using polymerase chain reaction/ligation  
164 detection reaction [30].

#### 165 *CSF collection and processing*

166 For all elderly participants, a baseline CSF sample  
167 (12 mL) was collected predose on Day 1 (between  
168 6:00 and 9:00 AM) in fasting condition by a sin-  
169 gle lumbar puncture between the L3 and L4 or L4  
170 and L5 intervertebral space. Serial CSF sampling  
171 (4 mL/sample) was performed through an indwelling  
172 subarachnoid lumbar catheter from 2 h before and  
173 until 36 h after the last dosing, as described previously  
174 [29, 31]. CSF samples were collected in polypropy-  
175 lene tubes and aliquoted by immediate transfer of  
176 500  $\mu$ L samples to multiple storage tubes (Micronic  
177 1.4 ml non-coded tubes U-bottom in Comorack-96,  
178 Cat No. MP22502 with caps from FluidX, Split TPE  
179 Capcluster Blue. Cat. No. 65-53028) and stored at

180  $-70^{\circ}\text{C}$  immediately after collection. All samples ana-  
181 lyzed in this study had at most two freeze-thaw  
182 cycles.

#### 183 *Bioanalytical methods*

##### 184 *Analysis of BACE1*

185 BACE1 levels in CSF were analyzed using a  
186 BACE1 sandwich ELISA as previously described  
187 [26]. Briefly, NUNC ninety-six-well plates (Life  
188 Technologies) were coated with 50  $\mu$ l/well of cap-  
189 ture antibody (5G7 [32]) dissolved in coating buffer  
190 (10 mM Tris-HCl, 10 mM NaCl, 10 mM NaN<sub>3</sub>,  
191 pH 8.5) with a final concentration of 2  $\mu$ g/ml.  
192 After overnight incubation at 4°C, the plates were  
193 washed with PBS+0.05% Tween 20 and blocked  
194 with 100  $\mu$ l/well of casein buffer (1 g casein in 1 L  
195 PBS, pH7.4) for 4 h at room temperature. The coat-  
196 ing was always done the day before the actual  
197 experiment. Samples or standards were diluted in  
198 casein buffer and mixed with the detection anti-  
199 body (10B8-HRPO [32], 10 mg/ml) diluted 1:2000  
200 in casein buffer. The mixtures were added to the  
201 ELISA plates and incubated overnight at 4°C. Plates  
202 were washed and developed with 0.2 mg/ml of  
203 3,5,3',5'-tetramethyl-benzidine (TMB, Sigma) dis-  
204 solved in 100 mM sodium acetate (NaAc, pH 4.9)  
205 supplemented with 0.03% H<sub>2</sub>O<sub>2</sub>. The reactions were  
206 allowed to proceed for maximum 15 min on a plate  
207 shaker at room temperature. The reactions were  
208 stopped by adding 2 N H<sub>2</sub>SO<sub>4</sub>, 50  $\mu$ l/well and the  
209 plates were read on a Perkin Elmer Envision 2103  
210 multilabel reader at 450 nm. The anti-BACE1 mon-  
211 oclonal antibodies (mAbs) 5G7 and 10B8 were  
212 generated as described before [32]. These mAbs are  
213 highly specific for BACE1 and do not cross react  
214 with BACE2 or other structurally related aspartyl  
215 proteases [26, 32]. BACE1 levels were determined  
216 using a standard curve with a 4-parameter logistic  
217 model with 1/Y<sup>2</sup> weighting function. All samples  
218 from each participant were analyzed in duplicate on  
219 the same assay plate. Only mean values with repli-  
220 cate well coefficient of variation (CV) of  $\leq 20\%$  were  
221 accepted.

##### 222 *Analysis of A $\beta_{1-37}$ , A $\beta_{1-38}$ , A $\beta_{1-40}$ , and A $\beta_{1-42}$ 223 concentrations (MSD 4-plex)*

224 A qualified prototype multiplex immunoassay  
225 based on Meso Scale Discovery (MSD) (Gaithers-  
226 burg, MD, USA) electrochemiluminescence (ECL)  
227 detection technology was utilized for simultaneous  
228 detection of four A $\beta$  species (A $\beta_{1-37}$ , A $\beta_{1-38}$ , A $\beta_{1-40}$

and A $\beta$ <sub>1-42</sub>). This method has been described previously [33, 34]. Briefly, the MSD 4-plex assay utilizes four different Janssen monoclonal antibodies with specificity for four different A $\beta$  isoforms (A $\beta$ <sub>1-37</sub>, A $\beta$ <sub>1-38</sub>, A $\beta$ <sub>1-40</sub>, and A $\beta$ <sub>1-42</sub>) and allows simultaneous quantification of these four A $\beta$  species in CSF. For all analytes, the lower and higher limit of quantitation were determined to be 4.57 and 10,000 pg/mL, respectively. Percentage cross-reactivity, defined as (mean predicted concentration/tested peptide concentration)\*100, was shown to be <1% for all combinations of antibodies and peptides tested. Detection was performed with labeled Janssen human-specific anti-A $\beta$  antibody JRF/A $\beta$ N/25 with specificity for A $\beta$  isoforms with intact N-terminus, i.e., full-length A $\beta$ . A $\beta$  concentrations were determined using a standard curve with 4-parameter logistic model with 1/Y<sup>2</sup> weighting function. All samples from each participant were analyzed in duplicate on the same assay plate. Only mean values with replicate well CV of  $\leq$ 20% were accepted.

#### Analysis of sA $\beta$ PP concentrations

sA $\beta$ PP $\alpha$ , sA $\beta$ PP $\beta$ , and sA $\beta$ PP total were quantified in CSF using MSD ECL detection technology. sA $\beta$ PP $\alpha$  and sA $\beta$ PP $\beta$  CSF concentrations were measured using MSD<sup>®</sup> 96-well MULTI-SPOT<sup>®</sup> sA $\beta$ PP $\alpha$ /sA $\beta$ PP $\beta$  assay according to manufacturer's instructions [35].

For sA $\beta$ PP total, an MSD ECL assay developed by Janssen Research & Development was used [29]. In brief, the assay uses P2-1 (against amino acid 104–118 of human A $\beta$ PP695) as capturing antibody, and SULFO-TAG<sup>TM</sup> labeled anti-sA $\beta$ PP JRD/sA $\beta$ PP/23, raised against the peptide sequence of amino acids 557–576 of human A $\beta$ PP695, as detection antibody. Briefly, 96-well SECTOR<sup>®</sup> standard plates were pre-wetted with PBS for 3 min and tapped dry, where after plates were coated with 1.25  $\mu$ g/mL capture antibody overnight at 4°C. After a wash, plates were blocked and washed again. Next, 25  $\mu$ L of standards or samples was applied, and the plate was incubated for 1 h at room temperature on a shaker. After the next washing step, 25  $\mu$ L of the detection antibody (20  $\mu$ g/mL) was added per well for an additional incubation step of 1 h. After the next wash step, read buffer was added to all wells, followed by 10 min of incubation. The plate was read with the Sector Imager 6000 (MSD).

The sA $\beta$ PP levels were determined using a standard curve with 4-parameter logistic model with 1/Y<sup>2</sup> weighting function. All samples from each

participant were analyzed in duplicate on the same assay plate. Only mean values with replicate well CV of  $\leq$ 20% were accepted.

#### Analysis of baseline CSF A $\beta$ <sub>1-42</sub>, P-tau<sub>181P</sub>, and T-tau levels

Baseline A $\beta$ <sub>1-42</sub>, phosphorylated tau at position threonine 181 (P-tau<sub>181P</sub>) and total tau (T-tau) concentrations were measured using INNO-BIA AlzBio3 kit reagents (Innogenetics now Fujirebio Europe, Ghent Belgium) and Luminex analytical platform [36, 37] with predefined assay acceptance criteria of CV <25% for duplicates [36]. Diagnostic threshold CSF concentrations for AD versus normal controls for A $\beta$ <sub>1-42</sub> were applied to current sample set to judge the likelihood of having cerebral amyloid plaque deposition [36, 37].

#### Statistical analysis

Baseline CSF concentrations of BACE1 were compared with amyloid downstream markers, markers of neurodegeneration and other baseline and demographic characteristics with Pearson correlation coefficients and linear regression. The percent change from baseline in CSF BACE1 concentrations after 14 days of treatment, 24-h post-dose, were computed. The relationships between the changes in CSF BACE1 with other factors were analyzed with an F-test. All analyses were performed using SAS statistical software version 9.2 (SAS Institute, Cary, NC).

## RESULTS

### Demographic characteristics

Demographic characteristics, APOE  $\epsilon$ 4 status, and pooled baseline CSF concentrations of BACE1 and all amyloid downstream markers and markers of neurodegeneration are summarized in Table 1. Thirty-eight elderly men and women (mean age 66.3 y) were enrolled and completed the study. Overall, 65.8% ( $n=25/38$ ) of subjects enrolled were male and 26.3% ( $n=10/38$ ) were identified as APOE  $\epsilon$ 4 carriers (Table 1). Pooled CSF BACE1 mean (SD) concentration was 4.4 (1.72) ng/mL and comparable to the 6.6 (0.7) ng/mL value reported by Barão et al. [26] for non-neurological disorder controls. Four participants had baseline A $\beta$ <sub>1-42</sub> concentrations below the threshold (249 pg/mL), suggestive of

Table 1

Demographics and baseline cerebrospinal fluid (CSF) biomarker concentrations for study participants

Demographic and Baseline Characteristics for CSF Cohorts: ALZ1002	
	Pooled CSF Subjects ALZ1002
<i>n</i>	38
Sex, Male, <i>n</i> (%)	25 (65.8%)
Age, years	
Mean (SD)	66.3 (5.93)
Median (Range)	67 (55, 74)
Race, White, <i>n</i> (%)	36 (94.7%)
APOE E4 Carrier Status, <i>n</i> (%)	
No	28 (73.7%)
Yes	10 (26.3%)
A $\beta_{1-37}$ , pg/mL, <i>n</i>	38
Mean (SD)	526.2 (157.53)
Median (Range)	506 (291, 975)
A $\beta_{1-38}$ , pg/mL, <i>n</i>	38
Mean (SD)	2977.1 (925.54)
Median (Range)	2975 (1650, 6030)
A $\beta_{1-40}$ , pg/mL, <i>n</i>	38
Mean (SD)	11143.2 (3301.40)
Median (Range)	10300 (6720, 21200)
A $\beta_{1-42}$ , pg/mL, <i>n</i>	38
Mean (SD)	908.8 (337.02)
Median (Range)	924 (321, 2200)
A $\beta_{1-42}$ /A $\beta_{1-40}$ Ratio, <i>n</i>	38
Mean (SD)	0.08 (0.024)
Median (Range)	0.08 (0.02, 0.13)
A $\beta_{1-42}$ (AlzBio3), pg/mL, <i>n</i>	37
Mean (SD)	364.2 (76.86)
Median (Range)	380 (137, 474)
T-tau, pg/mL, <i>n</i>	35
Mean (SD)	71.3 (42.44)
Median (Range)	57 (34, 213)
P-tau181, pg/mL, <i>n</i>	37
Mean (SD)	32.4 (15.83)
Median (Range)	28 (17, 106)
sA $\beta$ PP Total, ng/mL, <i>n</i>	38
Mean (SD)	1248.1 (433.21)
Median (Range)	1169 (555, 2140)
sA $\beta$ PP alpha, ng/mL, <i>n</i>	38
Mean (SD)	182.8 (64.67)
Median (Range)	181 (75, 351)
sA $\beta$ PP $\beta$ , ng/mL, <i>n</i>	38
Mean (SD)	262.2 (88.81)
Median (Range)	246 (124, 482)
BACE-1, ng/mL, <i>n</i>	38
Mean (SD)	4.4 (1.72)
Median (Range)	3.9 (2.0, 10.0)

325 cerebral amyloid plaque deposition [37], but none had  
326 elevated T-tau or P-tau<sub>181P</sub> values (data not shown).

327 *Correlation between BACE1 and APOE  $\epsilon$ 4*  
328 *status, gender, and age*

329 Correlation analyses were performed between CSF  
330 BACE1 and APOE  $\epsilon$ 4 status, gender, and age. CSF

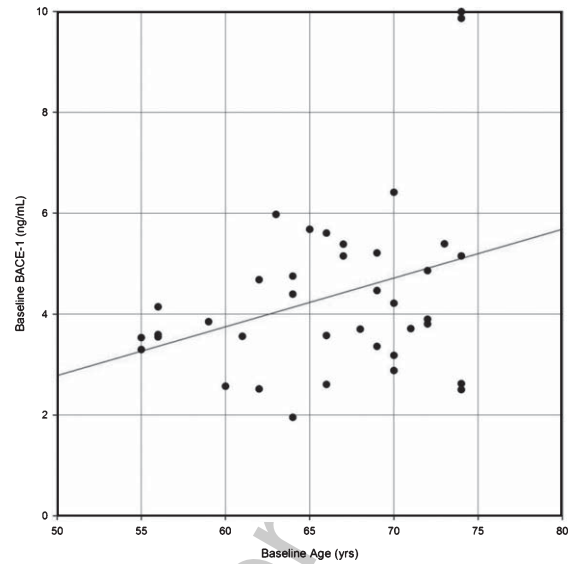


Fig. 1. Correlation of  $\beta$ -site A $\beta$ PP-cleaving enzyme-1 (BACE1) protein levels in CSF with age in healthy elderly participants. A Pearson correlation coefficient was calculated to evaluate the possible correlation between BACE1 and age. Regression line  $R^2 = 0.1114$ ; statistical significant level was set at 0.05.  $n = 38$ ;  $\rho = 0.33$ ;  $p = 0.0406$ .

BACE1 levels showed a weak positive correlation with age ( $r = 0.33$ ;  $p = 0.0405$ ; Fig. 1), but not with APOE  $\epsilon$ 4 status or gender (data not shown).

*Correlation between BACE1 and A $\beta_{1-37}$ , A $\beta_{1-38}$ , A $\beta_{1-40}$ , and A $\beta_{1-42}$  (MSD 4-plex)*

CSF BACE1 levels for all participants combined (APOE  $\epsilon$ 4 carriers and non-carriers; Fig. 2A, D, G, J) correlated strongly and significantly with A $\beta_{1-37}$  ( $r = 0.843$ ;  $p < 0.0001$ ), A $\beta_{1-38}$  ( $r = 0.862$ ;  $p < 0.0001$ ), and A $\beta_{1-40}$  ( $r = 0.869$ ,  $p < 0.0001$ ); and moderately with A $\beta_{1-42}$  ( $r = 0.497$ ;  $p = 0.002$ ). Despite the small sample size of APOE  $\epsilon$ 4 carriers, strong and significant correlations with BACE1 were observed in this small subgroup for A $\beta_{1-40}$ , ( $r = 0.821$ ;  $p = 0.004$ ; Fig. 2E), A $\beta_{1-38}$  ( $r = 0.865$ ;  $p = 0.001$ ; Fig. 2H), and A $\beta_{1-37}$  ( $r = 0.864$ ;  $p = 0.001$ ; Fig. 2K). Separation of APOE  $\epsilon$ 4 carriers and non-carriers did not influence the correlation coefficients for A $\beta_{1-40,1-38,1-37}$  species (Fig. 2F, I, L). The correlation between BACE1 and A $\beta_{1-42}$  was moderate and significant in noncarriers ( $r = 0.567$ ;  $p < 0.002$ ; Fig. 2C) but weak and non-significant in the carrier group ( $r = 0.121$ ;  $p = 0.740$ ; Fig. 2B) which was likely due to the small sample size of APOE  $\epsilon$ 4 carriers in the analysis group.

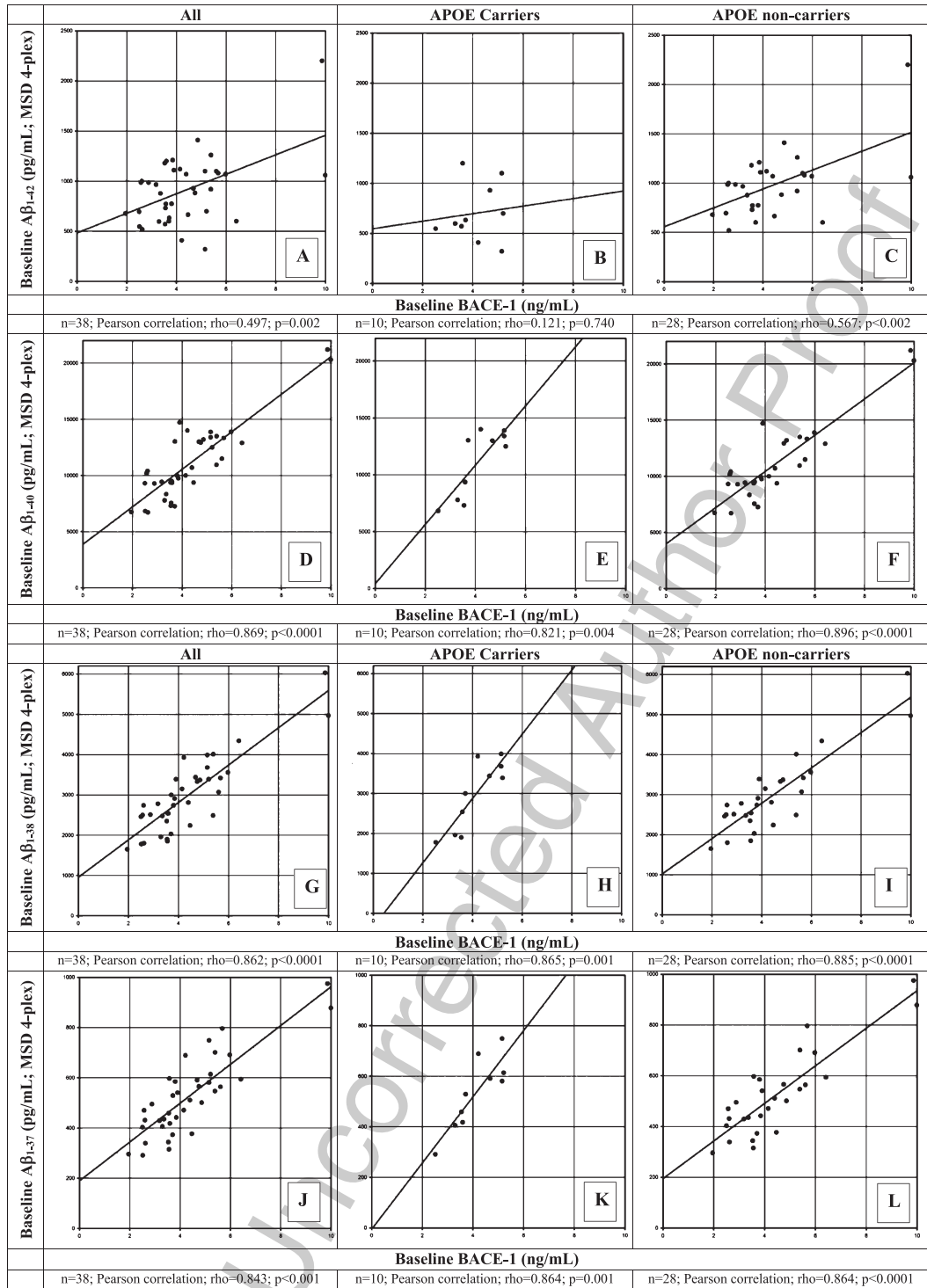


Fig. 2. Correlation of  $\beta$ -site APP-cleaving enzyme-1 (BACE1) protein levels with  $A\beta$  species ( $A\beta_{1-42}$ ,  $A\beta_{1-40}$ ,  $A\beta_{1-38}$ ,  $A\beta_{1-37}$ ) at baseline in CSF of healthy elderly for all participants (A, D, G, J), for APOE  $\epsilon 4$  allele carriers (B, E, H, K), and for APOE  $\epsilon 4$  non-carriers (C, F, I, L) measured by MSD4-plex assay system. A Pearson correlation coefficient was calculated to evaluate the possible correlation between BACE1 and  $A\beta_{1-42}$  (A-C); between BACE1 and  $A\beta_{1-40}$  (D-F); between BACE1 and  $A\beta_{1-38}$  (G-I); and between BACE1 and  $A\beta_{1-37}$  (K-L) for all, APOE  $\epsilon 4$  carrier and non-carriers, respectively. Number of participants for whom samples could be analyzed and for which levels were above LOQ are indicated below each panel.  $p < 0.05$  was set as a statistically significant level.

356 *Correlation between BACE1 and sAβPPα,*  
357 *sAβPP-β, and sAβPP-total*

358 Within this overall elderly population, CSF  
359 BACE1 levels correlated significantly and posi-  
360 tively with sAβPP-total ( $r=0.878$ ;  $p<0.0001$ ;  
361 Fig. 3A), sAβPPα ( $r=0.5227$ ;  $p=0.0008$ ; Fig. 3D)  
362 and sAβPPβ ( $r=0.5871$ ;  $p=0.0001$ ; Fig. 3G).  
363 These moderately strong correlations with sAβPP  
364 remained when evaluating APOE ε4 carriers  
365 ( $n=10$ ) (sAβPPβ [ $r=0.6403$ ;  $p=0.0461$ ]; sAβPPα  
366 [ $r=0.6195$ ;  $p=0.0561$ ]; sAβPP-total [ $r=0.6230$ ;  
367  $p=0.0543$ ]). Correlations and significance levels  
368 remained unchanged in the APOE ε4 non-carrier  
369 group (Fig. 3C, F, I).

370 *Correlations between BACE1 and Aβ<sub>1-42</sub>,*  
371 *P-tau<sub>181P</sub> and T-tau levels (AlzBio3)*

372 Moderately strong and significant positive correla-  
373 tions between CSF BACE1 and p-tau<sub>181P</sub> ( $r=0.4406$ ;  
374  $p=0.0063$ ; Fig. 4D) and t-tau ( $r=0.7355$ ;  $p<0.0001$ ;  
375 Fig. 4G) were observed in this elderly population,  
376 while CSF Aβ<sub>1-42</sub> as measured with the AlzBio3  
377 assay did not correlate with BACE1 ( $r=0.0305$ ;  
378  $p=0.8575$ ; Fig. 4A). Separation of carriers and non-  
379 carriers did not result in significant correlations with  
380 t-tau or p-tau<sub>181P</sub> for APOE ε4 carriers (Fig. 4B, E,  
381 H) perhaps due to its small sample size, while correla-  
382 tions were maintained for the APOE ε4 non-carriers  
383 (Fig. 4C, F, I).

384 *CSF BACE1 dynamics upon chronic inhibition*  
385 *with JNJ-54861911*

386 Overall treatment for up to 14 days with increas-  
387 ing dose levels (ranging from 5 to 90 mg) of the  
388 BACE inhibitor JNJ-54861911 did not influence  
389 CSF BACE1 protein levels as depicted in Fig. 5A  
390 ( $p=0.5313$ ).

391 However, it was noted that some individual partici-  
392 pants (8/38; all APOE ε4 non-carriers) showed  
393 increases in CSF BACE1 protein levels ranging from  
394 24 to 132% (Table 2) independent of dose level  
395 administered. None of these individuals had showed  
396 low CSF baseline levels of Aβ<sub>1-42</sub> suggestive of  
397 absence of cerebral amyloid plaque deposition. Fur-  
398 ther investigation did not show a correlation between  
399 baseline biomarker levels (Aβ (all forms), sAβPPα,  
400 sAβPPβ, sAβPP total, t-tau, p-tau<sub>181P</sub>) and change  
401 in CSF BACE1 from baseline that could poten-  
402 tially clarify these increases. Similar findings have

403 been observed upon acute dosing with JNJ-54861911  
404 (dose levels ranging from 1 to 150 mg) in the single  
405 ascending dose study of JNJ-54861911 (see Supple-  
406 mentary Figure 1 and Supplementary Table 1), with  
407 the exception that individual participants showing  
408 increases >20% of CSF BACE1 protein levels upon  
409 dosing were identified as both APOE ε4 carriers and  
410 non-carriers (Supplementary Table 1).

## 411 DISCUSSION

412 Identification of new biomarkers may enhance  
413 efforts to diagnose AD in an early stage, to strat-  
414 ify patients, and to better evaluate treatment efficacy.  
415 Since BACE1 is the rate limiting enzyme in the gener-  
416 ation of Aβ from AβPP [9, 10] and increased BACE1  
417 levels and activity have been reported in the brain  
418 of patients with sporadic AD [12–16], changes of  
419 BACE1 levels in the CSF have been investigated as a  
420 possible biomarker of the disease (see Barao et al. for  
421 a review [17]). We analyzed BACE1 dynamics in CSF  
422 of elderly healthy individuals before and after chronic  
423 inhibition of BACE and evaluated its correlation to  
424 the well-known downstream AD markers to better  
425 understand the potential benefit of measuring BACE1  
426 routinely in the clinics as a potential diagnostic or  
427 treatment effect biomarker for AD.

428 Savage et al. [23] reported that BACE1 activity  
429 increased approximately 1.8%/year in healthy con-  
430 trols but not in AD or MCI groups. However, in this  
431 cohort of healthy elderly individuals a weak correla-  
432 tion is observed between BACE1 CSF levels and age  
433 suggesting that BACE1 levels are minimally affected  
434 by age. Although increased BACE1 CSF activity has  
435 been associated with APOE ε4 genotype in subjects  
436 with MCI and AD [20], no significant correlation is  
437 observed between BACE1 levels and APOE ε4 status  
438 in healthy elderly individuals. The lack of such correla-  
439 tion is supported by similar findings by Zetterberg  
440 et al. [27], Mulder et al. [22], and Savage et al. [23],  
441 who found no evidence that number of APOE ε4 alle-  
442 les among all diagnostic groups had any impact on  
443 mean BACE1 activity.

444 BACE1 CSF protein levels show strong correla-  
445 tions to all downstream AD markers including  
446 Aβ<sub>1-37</sub>, Aβ<sub>1-38</sub>, Aβ<sub>1-40</sub>, Aβ<sub>1-42</sub>, total sAβPP,  
447 sAβPPα, and sAβPPβ suggesting there is an  
448 upstream metabolic pathway that can regulate the  
449 concentration of these metabolites together. Interest-  
450 ingly, APOE ε4 carriers show a tendency for strong  
451 correlations for Aβ forms except Aβ<sub>1-42</sub>. However,

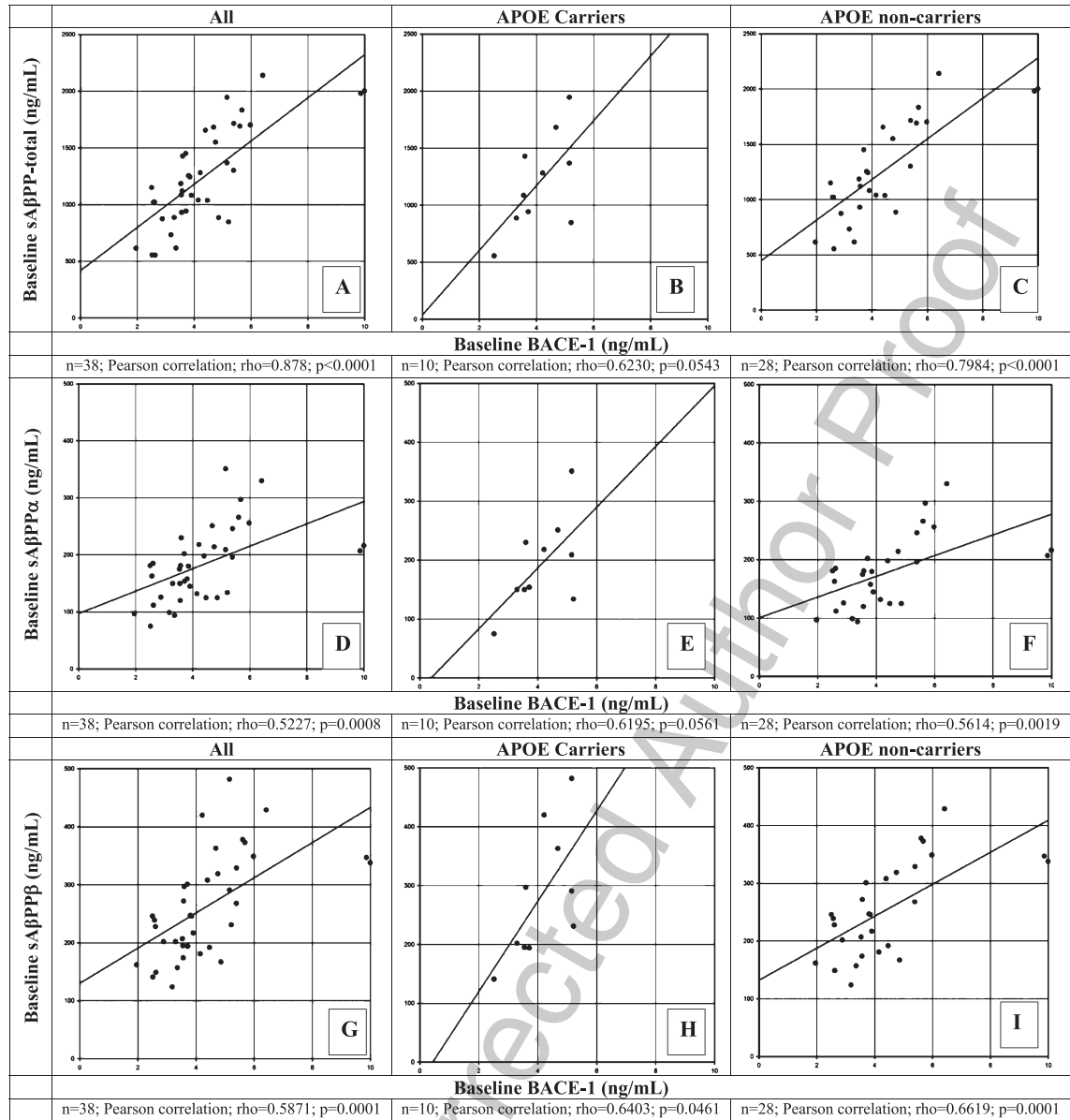


Fig. 3. Correlation of  $\beta$ -site A $\beta$ PP-cleaving enzyme-1 (BACE1) protein levels with sA $\beta$ PP total (A-C), sA $\beta$ PP $\alpha$  (D-F), and sA $\beta$ PP $\beta$  (G-I) at baseline in CSF of healthy elderly for all participants (A, D, G), for apolipoprotein (APOE)  $\epsilon 4$  allele carriers (B, E, H), and for APOE  $\epsilon 4$  non-carriers (C, F, I). A Pearson correlation coefficient was calculated to evaluate the possible correlation between BACE1 and sA $\beta$ PP total (A-C); between BACE1 and sA $\beta$ PP $\alpha$  (D-F); and between BACE1 and sA $\beta$ PP $\beta$  (G-I) for all APOE  $\epsilon 4$  carriers and non-carrier participants, respectively. Number of participants for whom samples could be analyzed and for which levels were above LOQ are indicated below each panel.  $p < 0.05$  was set as a statistically significant level.

452 these differences are not significant likely due to the  
453 small sample size.

454 In this study, for the first time, BACE1 levels  
455 correlate significantly with A $\beta_{1-42}$  levels in CSF.  
456 In MCI and AD patients, an inverse relation or no  
457 relation may be expected as higher BACE1 levels  
458 in AD patients occur in combination with lower

A $\beta_{1-42}$  due to plaque formation, depending on the  
balance between dynamics of drug treatment and  
biology of A $\beta$ PP processing on BACE1 levels. In  
healthy subjects, an increase in BACE1 levels would  
result in increased production of A $\beta_{1-42}$ , consistent  
with observations in this study. Intriguingly, this cor-  
relation is not observed when A $\beta_{1-42}$  levels were

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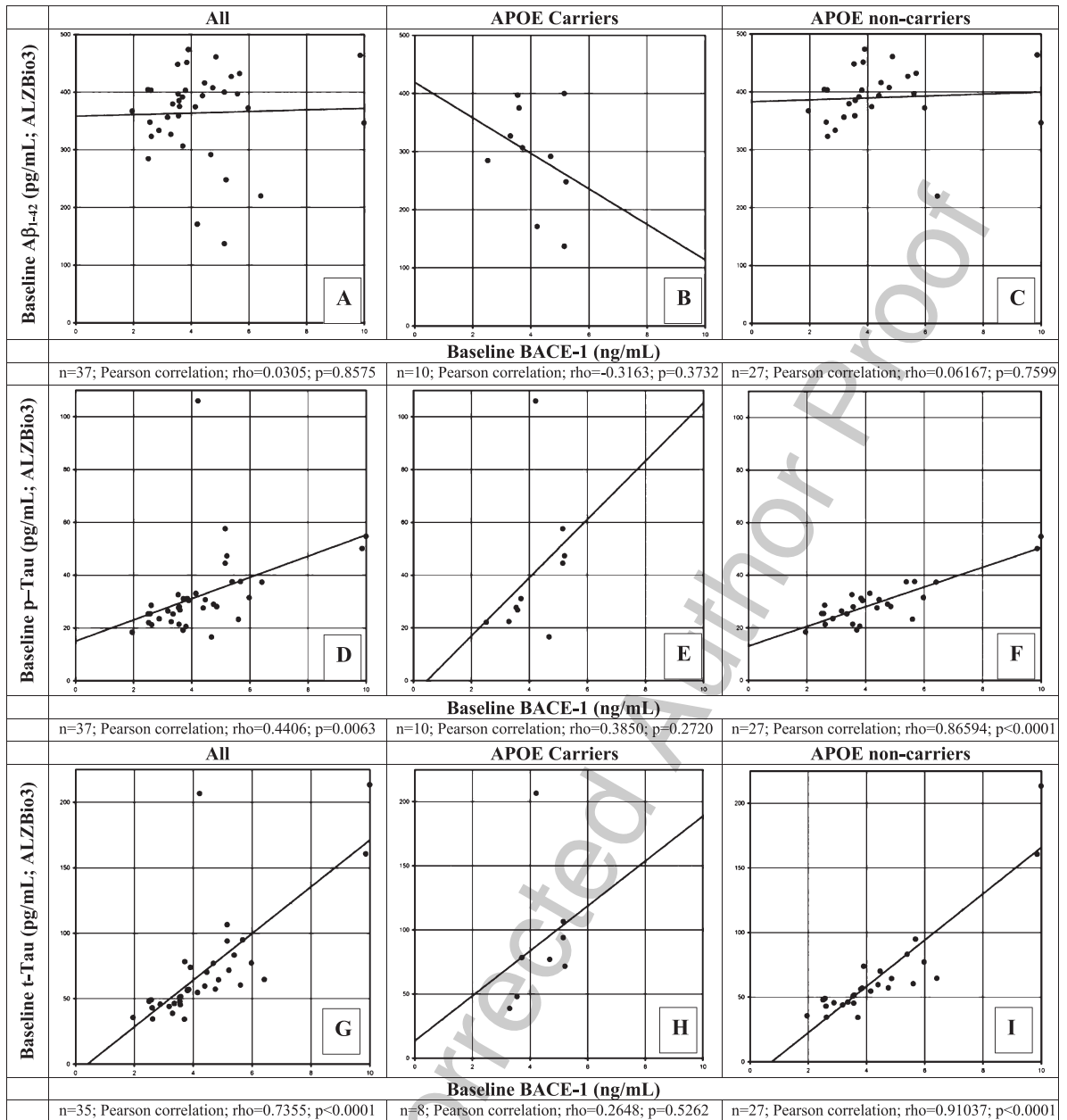


Fig. 4. Correlation of  $\beta$ -site A $\beta$ PP-cleaving enzyme-1 (BACE1) protein levels with A $\beta$ <sub>1-42</sub> (A-C), phosphorylated tau (p-tau<sub>181p</sub>, D-F), and total tau (t-tau, G-I) at baseline in CSF of healthy elderly for all participants (A, D, G), for apolipoprotein (APOE)  $\epsilon$ 4 allele carriers (B, E, H), and for APOE  $\epsilon$ 4 non-carriers (C, F, I) measured by the ALZBio3 (xMAP) assay. A Pearson correlation coefficient was calculated to evaluate the possible correlation between BACE1 and A $\beta$ <sub>1-42</sub> (A-C); between BACE1 and p-tau<sub>181p</sub> (D-F); and between BACE1 and t-tau (G-I) for all, APOE  $\epsilon$ 4 carriers and non-carriers, respectively. Number of participants for whom samples could be analyzed and for which levels were above LOQ are indicated below each panel.  $p < 0.05$  was set as a statistically significant level.

466 measured by the AlzBio-3 assay but only when the  
 467 A $\beta$  MSD 4-plex assay was used (a moderate correla-  
 468 tion was observed between the AlzBio-3 and MSD  
 469 4-plex assay [Pearson  $r = 0.659$ ,  $p > 0.0001$ ]; data not  
 470 shown). The reason for this discrepancy is currently

471 unclear, but might be multifactorial in nature. First  
 472 of all, matrix effects are known to influence the  
 473 concentration of A $\beta$ <sub>1-42</sub> among immunoassays [38].  
 474 The MSD 4-plex assay shows high sensitivity and  
 475 specificity allowing measurements in diluted samples

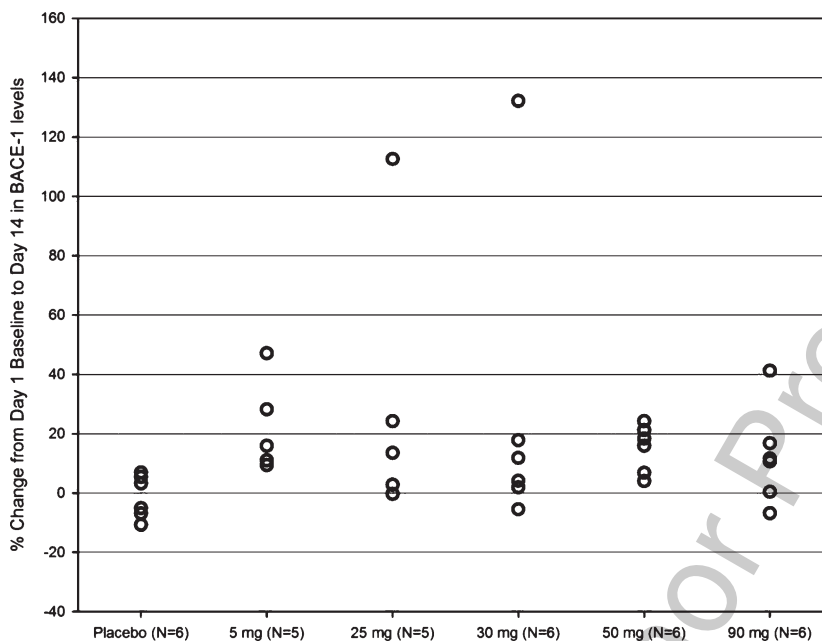


Fig. 5. Percent change in BACE1 levels from Day 1 baseline to Day 14 for those with >20% change of BACE1 protein levels from baseline following repeated once daily dosing with JNJ-54861911 at 5, 25, 30, 50, and 90 mg or placebo for 14 days. Data are represented as individual and mean percent change ( $n = 8/38$ ) in BACE1 from Day 1 baseline to Day 14 (24-h post dose).

476 thereby reducing actual matrix effects. Secondly,  
 477 both assays employ different antibodies. The Janssen  
 478 antibodies might have differential binding properties  
 479 altering the fraction of detectable  $A\beta_{1-42}$  with the  
 480 MSD 4-plex assay. Thirdly, dissimilar sources for  
 481 the calibrator peptides may lead to divergences in the  
 482 absolute  $A\beta_{1-42}$  concentration. In addition, variable  
 483 correlations between different  $A\beta_{1-42}$  immunoassays  
 484 have been reported before ranging from moderate  
 485 to very strong correlations [39–41]. The correlation  
 486 between BACE1 and  $A\beta_{1-40}$  CSF levels is in line with  
 487 earlier publications where BACE1 CSF activity was  
 488 well correlated to  $A\beta_{1-40}$  CSF levels [22, 27].

489 Since  $sA\beta_{PP\beta}$  is the direct product from  $A\beta_{PP}$   
 490 after BACE1 cleavage, the correlation between  
 491 BACE1 and  $sA\beta_{PP\beta}$  CSF levels is not unexpected  
 492 and is in line with the previous results describing  
 493 a strong correlation between  $sA\beta_{PP\beta}$  and BACE1  
 494 CSF activity [23, 27, 28]. In contrast, the corre-  
 495 lation between BACE1 and  $sA\beta_{PP\alpha}$  CSF levels  
 496 appears more surprising. Nevertheless, this correla-  
 497 tion might be explained by the strong correlation  
 498 between  $sA\beta_{PP\alpha}$  and  $sA\beta_{PP\beta}$  CSF levels which  
 499 also suggests that  $\alpha$ - and  $\beta$ -secretase processing of  
 500  $A\beta_{PP}$  can be co-regulated processes, as suggested  
 501 by the previous results describing a strong correlation  
 502 between  $sA\beta_{PP\alpha}$  and BACE1 CSF activity [27].

503 As previously reported, we also observed a strong  
 504 correlation between BACE1 levels and t-tau [22, 23,  
 505 26–28] and p-tau [22, 23, 26, 28] levels in CSF of  
 506 elderly healthy individuals. Although high amounts  
 507 of t-tau and p-tau in CSF have been associated with  
 508 increased neuronal damage [42–44] and have been  
 509 considered a general marker for neurodegenerative  
 510 processes [27, 42–44], in this study we only measured  
 511 baseline tau levels in elderly healthy individuals and it  
 512 is difficult to assume a direct link of BACE1 expres-  
 513 sion to tau hyperphosphorylation and/or tauopathy  
 514 and therefore to neurodegeneration. Tau is a phospho-  
 515 rylated protein which explains why t-tau and p-tau  
 516 are mostly correlated. Since in AD the increase in  
 517 t-tau and p-tau in CSF correlate well to each other  
 518 [27, 42, 43, 45], it remains to be established if that  
 519 is just an increase of “normal” tau overproduced by  
 520 a neurodegeneration-linked mechanism (e.g., stress  
 521 response) or if the observed positive correlation in  
 522 healthy individuals is due to another mechanism (e.g.,  
 523 aging) beyond the scope of this study.

524 Generally, BACE1 CSF protein levels are not  
 525 affected by acute (see Supplementary Figure 1) or  
 526 chronic BACE1 inhibition (Fig. 5). However, the  
 527 observed tendency to increased levels of BACE1  
 528 in some individual participants could not be linked  
 529 to changes in other biomarkers. In the MAD study  
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Table 2  
Participant baseline characteristics and CSF markers for those with >20% change of BACE1 protein levels from baseline following repeated once daily dosing with JNJ-54861911 at 5, 25, 30, 50, and 90 mg or placebo for 14 days

Age	Sex	Treatment mg QD	APOE $\epsilon$ 4 carrier status	Baseline BACE1 ng/mL	Day 14 BACE1 ng/mL (24 h post dose)	BACE1 %change from baseline	Baseline CSF Markers									
							A $\beta$ <sub>1-37</sub> pg/mL	A $\beta$ <sub>1-38</sub> pg/mL	A $\beta$ <sub>1-40</sub> pg/mL	A $\beta$ <sub>1-42</sub> pg/mL	ALZBIO3 A $\beta$ <sub>1-42</sub> pg/mL	p-tau <sub>181p</sub> pg/mL	t-tau pg/mL	sA $\beta$ PP Total ng/mL	sA $\beta$ PP $\alpha$ ng/mL	sA $\beta$ PP $\beta$ ng/mL
66	F	30	N	2.6035	6.0455	132.2	431	2740	10400	1000	403.5	28.6	43	1022	185	228
64	M	90	N	1.952	2.7565	41.2	296	1650	6750	679	367.3	18.4	35.6	616	97	162
72	M	5	N	3.8965	5.73	47.1	541	3390	14720	1110	473.8	30.4	73.9	1082	145	217
64	M	5	N	4.75	6.0885	28.2	566	3330	12930	882	407.5	29	57.2	1551	214	319
69	M	50	N	4.464	5.412	21.2	377	2240	9370	665	416	30.7	70.2	1037	125	192
63	M	50	N	5.9745	7.419	24.2	691	3560	13890	1070	372.4	31.5	77.2	1702	256	349
70	M	25 (solid)	N	6.413	7.965	24.2	594	4340	12900	601	219.9	37.4	64.6	2140	330	429
59	M	25 (solid)	N	3.8465	8.1775	112.6	442	2910	9750	1210	451.4	31.2	57	1244	180	246

Individual participants ( $n = 8/38$ ) showing >20% change from baseline in CSF BACE1 levels are depicted including their baseline biomarker profiles, APOE  $\epsilon$ 4 status and treatment allocation.

(chronic dose), only APOE  $\epsilon$ 4 non-carriers show significant changes in BACE1 CSF levels, but in the single ascending dose study (54861911ALZ1001), both carriers and non-carriers show changes >20%. Therefore, more in depth analysis are needed to further understand the reasons for this individual variation.

The relatively small sample size of the healthy elderly cohort in the MAD study can be considered a limitation of the present study, particularly for the low number of APOE E4 carriers when compared to other published studies in patients with AD. Thus, correlations of BACE1 for all AD markers were reported for all participants combined ( $n = 38$ ), APOE E4 carriers ( $n = 10$ ) and non-carriers ( $n = 28$ ) separately. Despite the small APOE E4 carrier subgroup, the observed correlations of biomarkers with BACE1 levels were found to be numerically comparable across all subgroups for all A $\beta$  fragments except A $\beta$ <sub>1-42</sub>.

## Conclusions

In elderly healthy participants, BACE1 CSF levels show strong to moderate correlations to all downstream AD markers including A $\beta$ <sub>1-42</sub> and markers of neurodegeneration (t-tau and p-tau<sub>181p</sub>). For the first time, a (moderate) correlation between BACE1 levels in CSF and A $\beta$ <sub>1-42</sub> is shown. Generally, chronic BACE inhibition does not influence BACE1 CSF levels. Additional studies including preclinical (asymptomatic) and prodromal AD cases will help understanding the significance of measuring BACE1 routinely in clinical practice and in AD clinical trials.

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## 580 SUPPLEMENTARY MATERIAL

581 The supplementary material is available in the  
582 electronic version of this article: <http://dx.doi.org/10.3233/JAD-160829>.

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