

**Table 2: Mean (SD) of clinical scores (other than the EDSS) at baseline and 1 year follow-up.**

	<b>Progressive MS</b>	<b>PPMS</b>	<b>SPMS</b>
<b>Mean 9-HPT baseline (z score) (SD)</b>	-0.88 (1.24)	-0.62 (0.95)	-1.31 (1.55)
<b>Mean 9-HPT 1 year (z score) (SD)</b>	<b>-1.26 (1.29)*</b>	<b>-1.07 (1.18)*</b>	<b>-1.58 (1.44)*</b>
<b>Mean TWT baseline (z score) (SD)</b>	-2.13 (5.22)	-0.49 (2.91)	-4.84 (6.94)
<b>Mean TWT 1 year (z score) (SD)</b>	-3.06 (6.07)	-1.05 (3.98)	-6.36 (7.49)
<b>Mean Grip Strength baseline (kg force) (SD)</b>	32.46 (26.45)	45.30 (27.29)	15.33 (11.81)
<b>Mean Grip Strength 1 year (kg force) (SD)</b>	<b>17.53 (11.45)*</b>	<b>20.13 (12.31)*</b>	14.07 (9.50)
<b>ASIA – motor baseline</b>	85.37 (14.78)	88.92 (11.92)	80.44 (17.17)
<b>ASIA – motor 1 year</b>	<b>80.19 (19.99)*</b>	<b>85.52 (12.83)*</b>	72.78 (25.58)
<b>ASIA – sensory (pin prick) baseline</b>	105.39 (6.40)	108.13 (6.05)	102.65 (6.78)
<b>ASIA – sensory (pin prick) 1 year</b>	103.73 (10.06)	105.46 (11.43)	101.29 (7.38)

ASIA-American Spinal Injury Association Scale; TWT-25-foot timed walk test; 9-HPT-9-hole peg test; EDSS-expanded disability status scale.

\*paired sample t-test comparing baseline with 1 year follow-up =  $p < 0.05$ .