

1 *A HOLISTIC MODEL FOR THE ENVIRONMENTAL EVALUATION OF FOOD*

2 *WASTE PREVENTION*

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12

13 **Abbreviations:**

14 GHG, greenhouse gas; LCA, life cycle assessment; AD, anaerobic digestion; N/A, not
15 applicable; MRIO, multi-regional input output; SIC, standard industrial classification;
16 MBS, marginal budget shares; AIDS, Almost Ideal Demand System; RE, rebound
17 effect; FEI, freed effective income; WRAP, The Waste and Resources Action
18 Programme.

19

20 **1 Introduction**

21 One third of food produced across the globe is thrown away uneaten, and this waste
22 has a large associated environmental burden (IMechE, 2013). Food waste is
23 responsible for 3.3 Bt-CO₂-eq. yr⁻¹, which makes it equivalent to the world's third
24 biggest carbon emitter after the economies of China and USA (FAO, 2013). In order
25 to reduce the environmental impact of food waste, the food waste hierarchy has
26 been adopted in various forms across different countries (Papargyropoulou et al.,
27 2014), providing guidelines on which disposal technologies are preferable (EC, 2008).

28 Food waste prevention, at the top of the food waste hierarchy, is considered to be
29 the most environmentally favorable option (Papargyropoulou et al., 2014).

30 According to a study published by the European Commission, approximately 44Mt
31 CO₂-eq. year could be avoided by introducing a 20% food waste reduction target (EC,
32 2014). This finding supports other studies highlighting the significant environmental
33 benefits of preventing food waste (Bernstad and Andersson, 2015; Gentil et al.,
34 2011; Martinez-Sanchez, 2016). Nevertheless, reported results are subject to a high
35 level of uncertainty; the reported greenhouse gas (GHG) emissions savings vary
36 widely, ranging from 800 to 4400 kg CO₂-eq. per ton of food waste (Bernstad and
37 Cánovas, 2015). These variations in the literature arise largely due to methodological
38 choices: most studies rely entirely on life cycle assessment approaches, do not
39 consider food imports, and ignore rebound effects. We discuss these three
40 methodological challenges before introducing a new holistic modelling approach to
41 addressing them.

42 Firstly, the majority of studies take a conventional process-based Life cycle
43 assessment (LCA) approach, commonly used in waste management studies (Table 1).

44 Excluding Martinez-Sanchez et al's study (2016), all of the reviewed studies adopt a
 45 bottom-up LCA approach, and therefore inherit the widely-discussed limitations of
 46 LCA such as system boundary cut-offs, data inconsistencies, study-specific scenarios
 47 and assumptions (Bernstad and la Cour Jansen, 2012; Laurent et al., 2014a, 2014b).
 48 LCA is also inadequate for evaluating waste prevention strategies due to its
 49 incomplete representation of the food system. For example, LCA studies generally
 50 do not consider variations within the same food category due to differences in
 51 production systems (e.g. all fish may be assigned the same carbon footprint, rather
 52 than distinguishing between different sources and catch methods), quality of the
 53 product (e.g. conventional vs organic) and methodological assumptions and
 54 approaches (e.g., truncation errors) (Audsley et al., 2009; Bernstad and Cánovas,
 55 2015; Chapagain and James, 2011).

56 Table 1 - Quantitative studies evaluating the environmental benefit of food waste
 57 prevention.

Study	Country	Assessment method	International trade included?	Rebound effect included?
Bernstad and Andersson (2015)	Sweden	Consequential LCA	Y	N
Chapagain and James (2011)	UK	LCA	N	N
Matsuda et al. (2012)	Denmark	LCA	N	N
Gentil et al. (2011)	Denmark	LCA	N	N
Venkat (2011)	USA	LCA	N	N
Audsley et al. (2009)	UK	LCA	N	N
Martinez-Sanchez et al. (2016)	Denmark	Life cycle costing	N	Y

58 The second challenge in modelling food waste prevention is the globalization of the
 59 food and associated supply chains. For example, 48% of the UK's food supply in 2008
 60 was imported from abroad, and these imports accounted for 67% of the GHG
 61 emissions associated with the UK food supply (Ruiter et al., 2016). It is therefore vital
 62 to account for the source of food products when estimating environmental benefits
 63 associated with food waste prevention. Excluding Bernstad and Andersson's study
 64 (2015), all of the reviewed studies assume food production occurs domestically or

65 regionally (Audsley et al., 2009; Martinez-Sanchez, 2016; Matsuda et al., 2012;
66 Venkat, 2011).

67 The final factor that results in substantial variation in estimated benefits from
68 preventing food waste is the inclusion, or lack of inclusion, of the rebound effect: the
69 avoidance of food waste in households leads to increased effective income and
70 additional expenditure on alternative products and services (Binswanger, 2001;
71 Brookes, 1990; Khazzoom, 1980). As this additional expenditure generates additional
72 GHG emissions, the environmental benefits of minimizing food waste can be partially
73 or completely offset. If the economic savings were to be spent on carbon-intensive
74 goods or services (e.g. air travel or domestic heating), it is even plausible for food
75 waste prevention to create higher environmental burdens than disposing of food
76 waste via other waste management alternatives (Martinez-Sanchez, 2016).

77 To conclude, the limitations discussed above show that conventional approaches to
78 investigating environmental benefits associated with food waste prevention are
79 insufficient in the context of behavioral and systemic effects, as well as a globalized
80 world. In order to combat these limitations, this study outlines a holistic approach to
81 quantifying the environmental benefits of food waste prevention. To counter
82 limitations of conventional bottom-up LCAs, a hybrid LCA approach is used,
83 combining conventional process-based LCA and input-output data (Salemdeeb and
84 Al-Tabbaa, n.d.). Secondly, the flow of goods and services throughout the global
85 supply chain was modelled using economic, top-down multi-regional input output
86 (MRIO) methods. Finally, the rebound effect is modelled using an econometric-based
87 marginal expenditure model. The United Kingdom was used as a case study.

88 **2 Methodology**

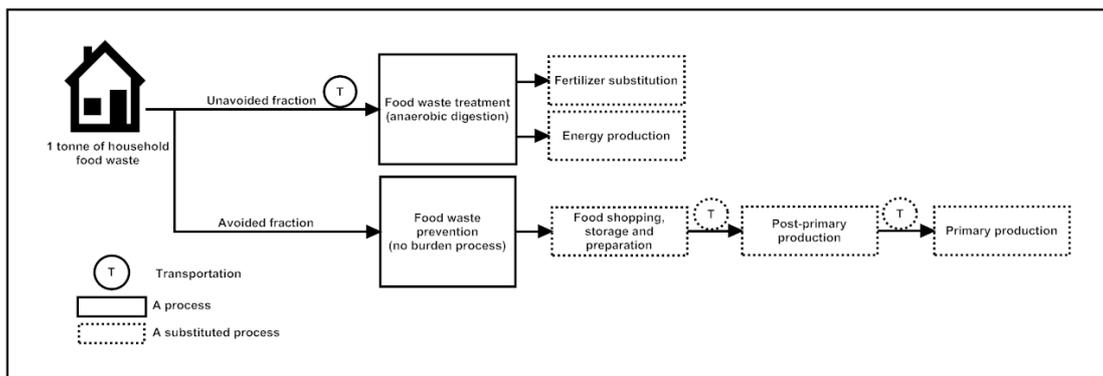
89 Three scenarios were modelled for the management of 1 ton of household food
90 waste:

- 91 i. Baseline-scenario: 1 ton of food is wasted and all food waste is sent to be
92 processed in an anaerobic digestion (AD) plant. Anaerobic digestion was
93 selected because it is the food waste treatment technology most currently
94 favored in the UK (Evangelisti et al., 2014; Salemdeeb and Al-Tabbaa, 2015);
- 95 ii. A partial-reduction scenario: a 60% reduction in food waste, with the
96 remaining fraction of food waste being sent to an AD plant; and
- 97 iii. A total-reduction scenario: 77% of food waste is prevented and 23% is sent to
98 an AD plant.

99 Food waste prevention scenarios are based on a study published by the Waste and
100 Resources Action Programme (WRAP), which estimates that 60% of food waste in
101 the UK is avoidable whilst 17% of this total has the potential to be avoided (WRAP,
102 2013). Possibly avoidable food waste includes leftovers such as bread crusts or
103 potato skins which are eaten by some people, but not others, and unavoidable food
104 waste (the remaining 23% of the total) consists of inedible waste such as egg shells
105 and tea bags (Table 2). Figure 1 shows a schematic diagram illustrating all scenarios
106 and processes.

107 Our study adopts a green-consumption approach: households which reduce food
108 waste are assumed to have reduced food purchases, rather than increased
109 consumption. Food waste prevention scenarios also include avoided household
110 food-related activities (e.g. grocery shopping, storage and preparation). Literature
111 data was used to model these activities: shopping is accountable for 70 kg CO₂-eq.

112 per ton food and the GHG burden associated with home storage and preparation is
 113 420kg CO₂-eq. per ton of food waste (Brook Lyndhurst, 2008; Pretty et al., 2005).
 114 Greenhouse gas emissions are presented using a single mid-point impact category:
 115 climate change. The global warming potential (GWP) metric is used to convert
 116 greenhouse gases to equivalent amounts of CO₂ by weighting their radiative?
 117 properties on a time horizon of 100 years (IPCC, 2007).



118

119 Figure 1 Conceptual diagram of scenarios investigated in this study. Post-primary
 120 production stage includes the processing of primary food products, the distribution
 121 and retailing of final products whilst primary production consists of processes
 122 required to produce primary food products and transport them to a regional
 123 distribution centre.

124 2.1 Hybrid life cycle assessment: anaerobic digestion

125 The environmental impacts of the baseline scenario and the unavoidable fraction of
 126 food waste in other scenarios (i.e., 40% of food waste in the partial-reduction and
 127 23% in the total-reduction scenarios) was modelled using a hybrid LCA model
 128 (Salemdeeb and Al-Tabbaa, (n.d.)) combining conventional process-based LCA and
 129 input-output analysis. Life cycle inventory data and technical parameters related to
 130 the AD technology are based on a previous study (Salemdeeb et al., 2016). Food
 131 waste collection and transportation are included in the assessment whilst food

132 waste packaging is excluded due to its insignificant impact (Bernstad and Andersson,
133 2015; Lebersorger and Schneider, 2011).

134 **2.2 An environmentally extended multi-regional input output analysis: food** 135 **waste prevention**

136 Input-Output (IO) analysis is a top-down approach to modelling the complex
137 interdependencies of industries within an economy (Leontief, 1936). IO tables are
138 widely applied to link economic sectors with producers and customers to understand
139 the interactions and impacts of economic activities (Leontief, 1951a, 1951b; Miller
140 and Blair, 2009). Exiobase V2 is a high-resolution database used for the multi-
141 regional input-output model in this study (Wood et al., 2015). The database provides
142 data at an unprecedented level of consistent detail in terms of sectors, products,
143 emissions and resources and covers 43 countries, which together account for
144 approximately 89% of global gross domestic product and 80-90 % of the trade flow
145 by value within Europe (Stadler et al., 2014; Tukker et al., 2014).

146 In order to integrate the monetary value of potential savings made by preventing
147 food waste with the Exiobase database, the following steps were taken: (i) food
148 prices, listed in Table 2, were converted from GB£ to Euro€ using the Purchasing
149 Power Parity index (World Bank, 2015); [ii] the data was then adjusted to the
150 Exiobase base year (i.e. 2007) in order to take into account inflation using the UK
151 Consumer Price Index (ONS, 2013); [iii] the data reported in purchase prices was
152 then converted into basic prices using a conversion ratio to in order to respect
153 margins, taxes and subsidies on products (Appendix A); [iv] a concordance matrix
154 was used to map monetary data onto the Exiobase's structure format (Appendix B);

155 and [v] the data was disaggregated to account for food imports by using existing
 156 food import weighting coefficients from Exiobase (Appendix C).

157 Table 2 The functional unit of the study: 1 tonne of UK household food waste
 158 disaggregated into three stream categories (i.e. unavoidable, possibly avoidable and
 159 avoidable). The functional unit is presented below using both physical (kg) and
 160 monetary (GB£) units (WRAP, 2013).

Food Type	Food waste					
	Unavoidable		Possibly avoidable		Avoidable	
	Quantity (kg)	EV (£) ¹	Quantity (kg)	EV (£) ¹	Quantity (kg)	EV (£) ¹
Fresh vegetables and salads	39.2	41.7	89.5	95.0	127.1	135.1
Drink	41.5	41.5	0.0	0.0	58.5	58.5
Fresh fruit	84.7	83.8	3.1	3.1	54.9	54.3
Meat and fish	31.4	115.6	10.4	38.2	47.1	173.5
Bakery	0.2	0.2	17.3	26.5	70.6	108.5
Dairy and eggs	9.3	15.0	0.2	0.3	65.9	107.1
Meals (home-made and pre-prepared)	0.2	0.7	0.2	0.7	69.0	329.6
Processed vegetables and salad	0.2	0.4	0.2	0.4	28.2	80.0
Cake and desserts	0.2	0.6	0.2	0.6	25.1	89.5
Staple foods	0.2	0.4	0.2	0.4	23.5	54.9
Condiments, sauces, herbs & spices	0.2	0.7	0.3	1.5	22.0	102.0
Oil and fat	0.2	0.1	8.2	6.2	3.1	2.4
Confectionery and snacks	0.2	1.0	0.2	1.0	9.6	63.3
Processed fruit	0.2	1.4	0.2	1.4	3.3	29.8
Other	0.2	0.0	59.6	4.4	1.7	0.1
Total²	207.7	303.4	189.4	179.8	609.8	1388.5

¹ Economic value based on the year 2012

² Figures might not sum due to rounding.

161 2.3 Modelling the rebound effect

162 The microeconomic rebound effect consists of a direct and indirect effect: the first is
 163 related to the additional demand for the product that has been subject to an
 164 efficiency improvement (i.e. additional demand for some categories of food, where
 165 the efficiency improvement is an increase in the ratio between the food purchased
 166 and consumed), whereas the latter refers to the additional demand in all other
 167 consumption categories (D Font Vivanco et al., 2016). The rebound effect was
 168 quantified through a single re-spending model in which all consumption categories

169 were treated equally (Murray, 2013). This approach achieves methodological
170 consistency at the expense of differentiation between the direct and the indirect
171 effect (for examples of the latter, see the works of Freire-González (2011), Thomas
172 and Azevedo (2013) and Font Vivanco and van der Voet (2014)). Specifically, we
173 estimate how freed effective income (FEI) was spent by calculating the marginal
174 budget shares (MBS) for each consumption category i . The MBS were calculated
175 using a linear specification of an Almost Ideal Demand System (AIDS), a demand
176 system model developed by (Deaton and Muellbauer, 1980) with properties that
177 makes it preferable to competing models (Chitnis and Sorrell, 2015; Deaton and
178 Muellbauer, 1980). For instance, compared with other approaches based on
179 expenditure elasticities or Engel curves (Chitnis et al., 2013, 2014; Font Vivanco et
180 al., 2014; Murray, 2013), the AIDS allows to estimate more accurately the pure
181 income effect (changes in expenditure due to changes in effective income), as the
182 substitution effect (changes in expenditure due to changes in relative prices) is
183 corrected by means of a price index. In a budget share (w) form, the AIDS model for
184 the i th consumption category and a given time period t is expressed as (Deaton and
185 Muellbauer, 1980):

$$186 \quad w_t^i = \alpha^i + \sum_{j=1, \dots, n} \gamma_j^i \ln p_t^j + \beta^i \ln \left(\frac{x_t^s}{P_t} \right) \quad (1)$$

187 where n is the number of consumption categories, x is total expenditures, P is
188 defined here as the Stone's price index, p is the price of a given category and α , β
189 and γ are the unknown parameters. The Stone's price index is defined as:

$$190 \quad \ln P_t = \sum_j w_t^j \ln p_t^j \quad (2)$$

191 Additionally, and in order to comply with consumer demand theory, three
192 constraints are imposed: adding-up, homogeneity and symmetry (Deaton and
193 Muellbauer, 1980). The microeconomic rebound effect in demand units (r_d) is
194 defined as:

$$195 \quad r_d = \sum_j s * w^i \quad (3)$$

196 where s is the total economic savings.

197 Data on the final consumption expenditure of households and price indices for
198 Classification of Individual Consumption According to Purpose (COICOP) 3 digit
199 categories for the UK and the period 2004-2013 were obtained from Eurostat
200 (2016a, 2016b). In order to harmonize product categories reported by the COICOP 3
201 digit (i) and Exiobase databases (j), we used the approach from Koning and Xingyu,
202 (2016), which derives transformation tables describing how COICOP categories are
203 distributed over Exiobase categories. Specifically, we used household expenditure
204 data to build weights in cases when a given COICOP category is distributed over
205 multiple Exiobase categories. The marginal budget shares of UK household
206 expenditure are listed in Appendix H in both Exiobase and COICOP formats.

207 The modelling of the rebound effect entails a high level of uncertainty. When people
208 save money from reducing food waste, it is not certain how they will alternatively
209 spend this surplus. We therefore model five scenarios of rebound spending, listed in
210 Table 3, that were developed based on a literature review (Appendix D). The first
211 scenario, the behavior-as-usual scenario (R-1), is based on the methodology
212 discussed above to allocate free effective income to all consumption categories. Two

213 sub-scenarios were also considered to investigate the level of uncertainty in MBS
214 estimates (scenarios R-1A and R-1B, see Table 3). In these two scenarios, the profit
215 made from reducing food waste is re-spent on the top 25 consumption categories,
216 which together make up more than 88% of spending (i.e., categories with the
217 highest MBS). Within these 25 categories, the re-spend is divided between the 15
218 categories with either the highest GHG-intensities (scenario R-1A) or the highest
219 MBS (scenario R-1B). The re-spend is limited to the top 25 consumption categories in
220 order to make the results more conservative and realistic than previous modelling
221 approaches which assume that additional spending may occur on services with the
222 highest or lowest GHG-intensities, regardless of their importance in the household
223 budget (e.g. Martinez-Sanchez et al. 2016).

224 The second part of the sensitivity analysis is based on the observation made by
225 WRAP that people tend to spend 50% of FEI in buying higher quality food products
226 (WRAP, 2014). Examples of food up-trade include buying locally-produced organic
227 agricultural products, higher-quality meat or switching between food types (e.g.,
228 more meat, less staples or more beef, less chicken). Therefore, we also include up-
229 trade scenarios that investigate the impact of re-spending 50% of the freed effective
230 income on purchasing quality oriented food products whilst the remaining 50% of
231 the FEI follow the original expenditure pattern. As GHG-intensities can vary largely
232 between quality oriented and conventional food products (Appendix E), we consider
233 two sub-scenarios: (i) GHG intensities remain the same for both conventional and
234 quality oriented products (scenario R-2A), and (ii) GHG intensities are updated to
235 reflect the variation between quality oriented and conventional food products

236 (scenario R-2B); we model quality orientated food products as organic food products
 237 (Appendix G).

238 Table 3 Rebound effect scenarios considered in this study.

Scenario	Description
Behaviour-as-usual (R-1)	A reference scenario that assumes the re-spend occurs in line with the methodology discussed in section 2.3. The marginal budget shares (MBS) for each consumption category are listed in Appendix H, in both Exiobase and COICOP formats.
Major spending scenario: GHG based (scenario R-1A)	This scenario allocates the re-spend to 15 major consumption categories ¹ with the highest CO ₂ intensities. MBS were recalculated based on the original weight of MBS values (Appendix I).
Major spending scenario: expenditure based (scenario R-1B)	This scenario redistributes the re-spend on 15 major consumption categories ¹ of the highest MBS. MBS were recalculated based on the original weight of MBS values (Appendix I).
Up-trade scenario: Exiobase GHG intensities (R-2A)	This scenario assumes that 50% of the re-spend occurs in food-product categories while the remaining 50% follows the same distribution patterns on the behaviour-as-usual scenario.
Up-trade scenario: Updated GHG intensities (R-2B)	This scenario uses updated GHG intensities to investigate the variation as a result of purchasing quality oriented products. Conversion factors are derived from literature (Appendix E).

¹ Major consumption categories is a list, presented in Table H.3, of 25 consumption categories where more than 88% the re-spend occur (i.e., categories with the highest MBS).

239 3 Results and discussion

240 Reducing food waste leads to substantial GHG savings (Table 4). Emissions are
 241 reduced by 700 and 888 kg CO₂-eq. per ton food waste for the scenarios of a partial
 242 (60%) and total reduction of avoidable and possibly avoidable food waste (77% with
 243 the remaining 23% of unavoidable food waste sent to AD plant), respectively.
 244 Hotspot analysis, depicted in *Figure 2*, shows that the avoidance of food production is
 245 accountable for the majority of these benefits: 83.5% for the partial reduction
 246 scenario and 76% for the total reduction scenario. These findings confirm other
 247 studies which recognise the importance of savings made in the production stage
 248 (Bernstad and Andersson, 2015; Gentil et al., 2011; Martinez-Sanchez et al., 2016).
 249 GHG savings from avoided food production are estimated in all industries across the
 250 entire supply chain, from fertilizers to iron and steel inputs (Table 5). Most of the
 251 savings result from avoided fertiliser and energy use; N-fertiliser production and

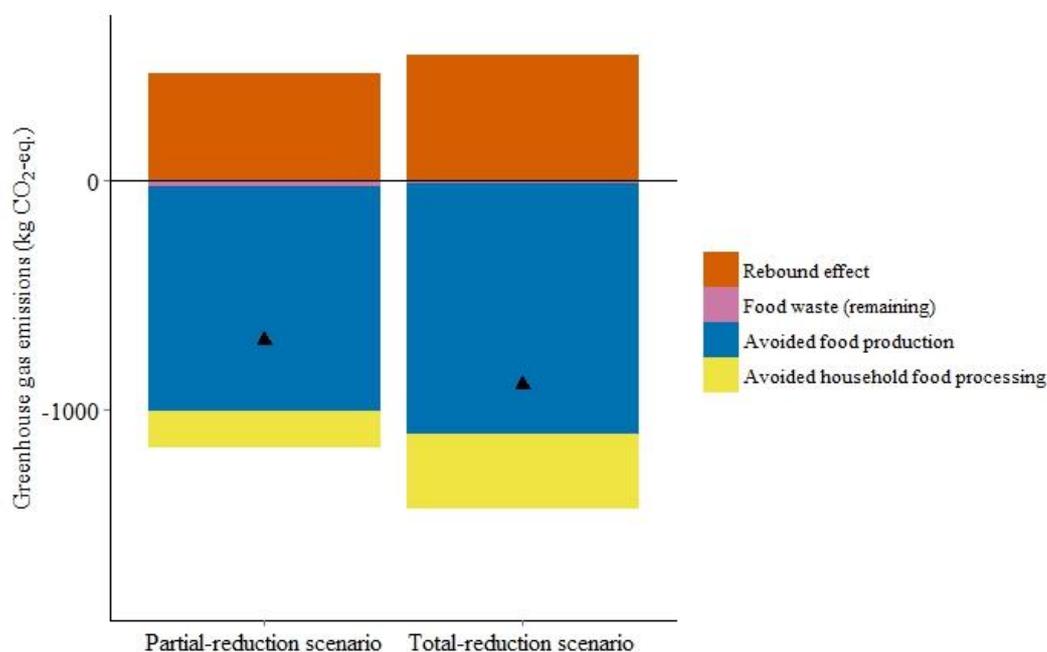
252 coal-based electricity generation contribute to the overall reduction by 25% and
 253 20%, respectively.

254 Table 4 GHG emissions, expressed in GWP, from food waste management as total
 255 food waste (kg CO₂-eq. per ton food waste) divided on streams and rebound effect¹.
 256 Negative values are overall GHG savings.

	Food waste treatment (AD)	Food waste prevention	Rebound effect (RE) ¹	Total ¹	RE Reduction rate (%) ²
Baseline scenario	-89	0	0	-89	NA
Partial-reduction scenario	-30	-1138	467 (290-685)	-700 (-483 to -878)	25-59
Total-reduction scenario	-11	-1419	542 (335-795)	-888 (-635 to -1095)	23-56

¹Range in brackets

²The reduction in GHG savings due to the inclusion of rebound spending.



257

258 *Figure 2 Hotspot analysis of GHG savings from food waste prevention. Triangles show the overall*
 259 *avoided GHG emissions.*

260

261 Table 5 Hotspot analysis for GHG savings from the avoided production of food, as
 262 food waste is reduced. Categories reported are Exiobase Industrial categories

Industrial sector	Weight %
N-fertiliser	25
Electricity (coal)	20
Vegetables, fruit, nuts	6
Electricity (gas)	5

Crude petroleum and services related to crude oil extraction	5
P- and other fertiliser	3
Basic iron and steel	3
Steam and hot water supply services	2
Chemicals	2
Cereal grains	2
Others	25

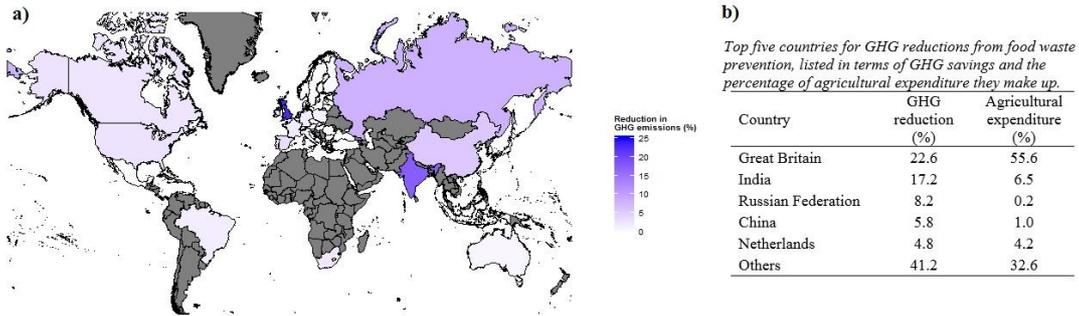
263 The second largest contributor to GHG savings is food-related household activities
264 (e.g., grocery shopping transportation, food storage and preparation). These
265 activities contribute to GHG reductions of 16.5% and 24% for the partial-reduction
266 and total-reduction scenarios respectively. These estimations are based on data
267 obtained from literature and raise questions concerning its reliability. For instance,
268 Gruber et al. (2014) state that between 0.7 - and 2.1 MJ of electricity is needed to
269 cook of 1 kg rice or potatoes, depending on household behaviour.

270 Overall, the combination of GHG savings in food production and related household
271 activities leads to a large potential GHG reduction, ranging from 1138-1419 kg CO₂-
272 eq. per ton of food waste prevented. However, these benefits are reduced by nearly
273 23-59% due to the impact of the rebound effect, shrinking GHG reductions to
274 between 483 and 1095 kg CO₂-eq. per ton of food waste. Despite the substantial
275 reductions in reported benefits, overall GHG savings remain 5-12 times greater than
276 those reported for anaerobic digestion. The study quantitatively confirms the
277 significant impact of the rebound effect in reducing environmental benefits
278 associated with food waste prevention (Druckman et al., 2011; Martinez-Sanchez et
279 al., 2016). A further discussion regarding the impact of the rebound effect and the
280 sensitivity of our results is covered in section 3.4.

281 With regards to the baseline-scenario where 1 ton of food is wasted and sent for
282 anaerobic digestion, results show an overall GHG reduction of 89 kg CO₂-eq. per ton
283 of food waste. These GHG savings occur mainly due to energy recovery and the
284 displacement of fertiliser, which lead to GHG reductions of 185.5 and 4.6 CO₂-eq. per
285 ton of food waste respectively. Contrastingly, most of the GHG burden of AD is a
286 result of the digestion process itself and the energy input required to operate the
287 system, whilst food waste collection and transportation has a less significant impact:
288 11 kg CO₂-eq. per ton of food waste (Salemdeeb and Al-Tabbaa, 2015). A hot spot
289 analysis of the baseline-scenario is presented in appendix F.

290 **3.1 The role of the MRIO model**

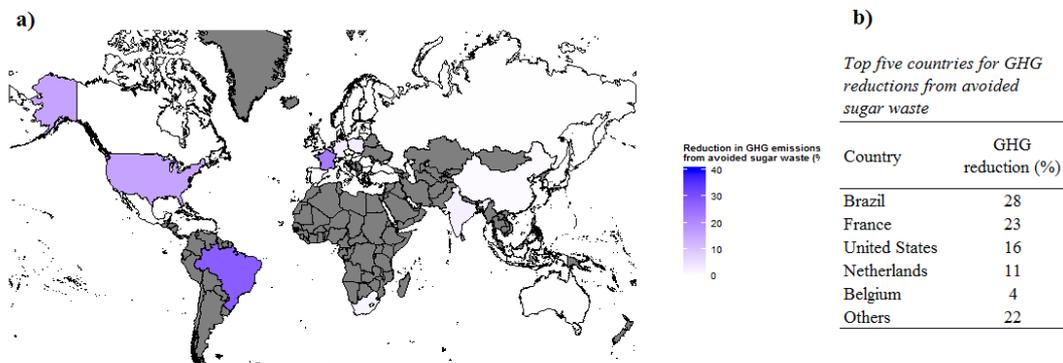
291 The GHG savings from reducing food waste occur internationally (Figure 3). Only 22%
292 of these savings take place within UK borders (Figure 3b) – this relatively low
293 percentage is attributed to the UK's dependence on food imports, the relatively
294 environmentally efficient food production systems and low-carbon energy sources in
295 the UK. Our results echo recent findings that the majority of the UK food basket's
296 GHG emissions occur abroad (Ruiter et al., 2016), partly due to lower GHG
297 efficiencies in agriculture in developing nations. Whilst only 6.5% of financial savings
298 made from waste avoidance comes from food produced in India, for example, this is
299 equivalent to a 17.5% reduction in GHG emissions (Table b in Figure 3). In this case,
300 the rice products category is the largest contributor to these savings which are made
301 across various industry groups in India, such as coal-based electricity (50%), N-
302 fertiliser (18%), P-fertiliser (4%) and the paddy rice sector (9%).



303

304 Figure 3 Preventing food waste in UK households leads to GHG savings
 305 internationally, due to savings made throughout the UK's global food supply chain.
 306 Countries shaded in grey have no data available.

307 The MRIO approach allows an unprecedented resolution of analysis, including
 308 differentiating impacts per food group as well as country. In the case of sugar, more
 309 than half of the GHG savings occur in Brazil and France, the leading suppliers of sugar
 310 to the UK (Figure 4); 37% of sugar cane being imported from Brazil and 21% of sugar
 311 beet being imported from France (Baker and Morgan, 2012).



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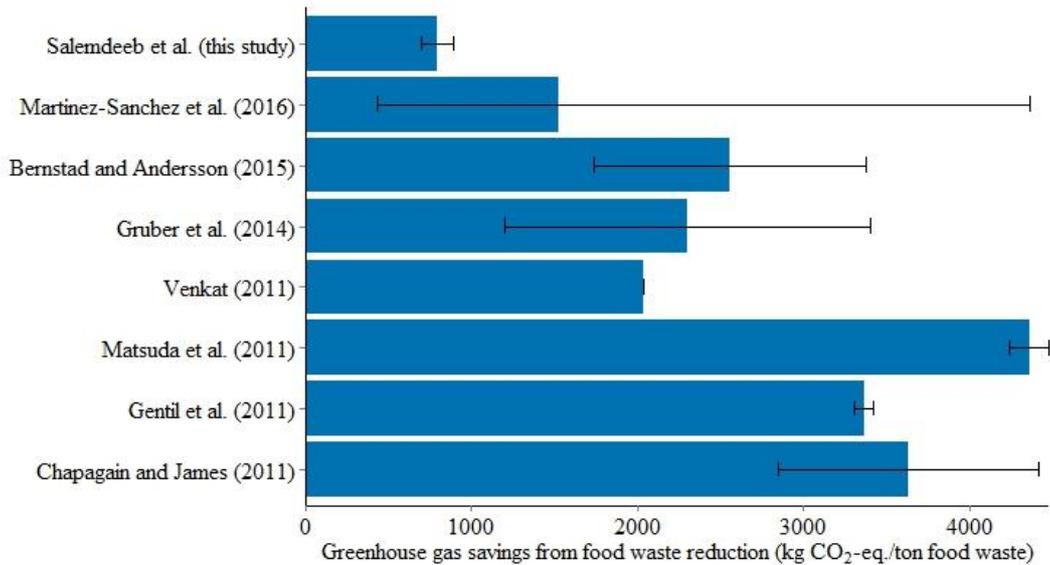
313 Figure 4 Sources of GHG savings for the avoidance of sugar waste, both from sugar
 314 beet and sugar cane. Countries shaded in grey have no data available.

315 Despite the analytical strengths of the MRIO method in modelling the global supply
 316 chain, the adoption of such an approach is subject to a major limitation. MRIO
 317 models use average national data and therefore neglect variation in impacts
 318 associated with products aggregated into the same industrial category (for example,

319 this study allocated an average GHG intensity for all dairy products in each country).
320 This shortcoming could in future be addressed by improving the quality of data
321 integrated into the MRIO model. This could be done by integrating the World Food
322 LCA database— a comprehensive and international inventory database for 200 food
323 life cycle assessments (Nemecek et al., 2015) - with the MRIO model. This hybrid
324 approach would then combine the advantages of IO analysis to cover the global food
325 supply chain and the advantage of process-based LCA to use up-to-date and high-
326 resolution environmental intensities.

327 **3.2 Comparison with previous studies**

328 Despite finding substantial GHG benefits of avoiding food waste, our estimates of
329 the GHG savings are more conservative than those reported in previous studies
330 (Figure 5). Differences arise due to the aggregated nature of the method (as
331 discussed above, see section 3.1) and variations in the scenarios evaluated and the
332 data used in each study. The scenarios used in this study assume, for example, that
333 23% of food waste is unavoidable (40% in the partial reduction scenario and 23% in
334 the total reduction scenarios) and, is therefore sent to anaerobic digestion, leading
335 to lower GHG reductions than if we had assumed that the total functional unit (1 ton
336 of food waste) was preventable.



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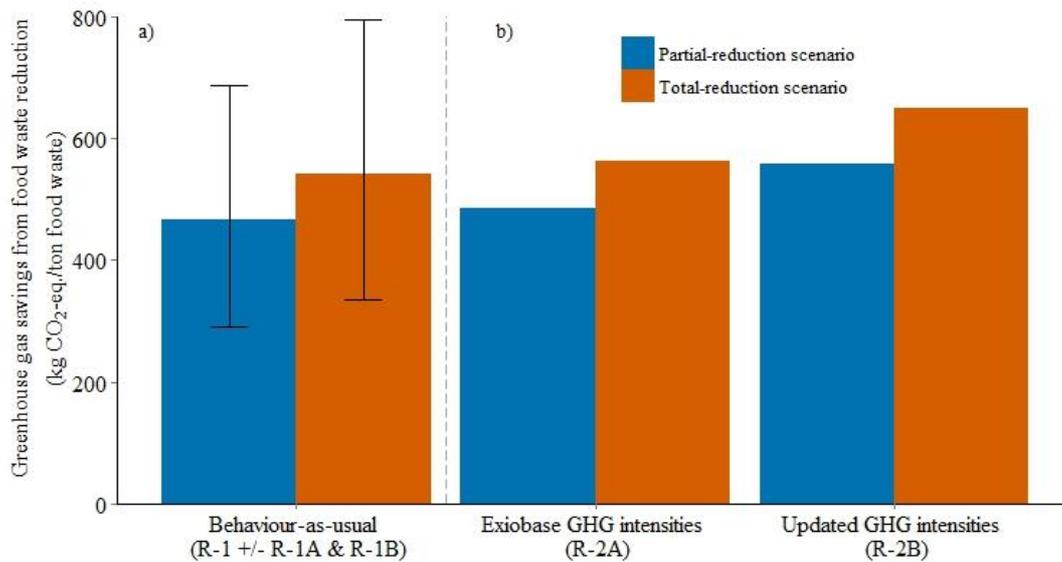
338 Figure 5 A comparison of the different estimates of GHG savings from avoiding one
 339 ton of food waste. The error bars illustrate the ranges reported in each study.

340 3.3 Rebound effect

341 Results of the sensitivity analysis show a high level of uncertainty associated with the
 342 rebound effect, with the reduction in GHG savings ranging from 23-59% (Table 4 and
 343 error bars in Figure 6a). The upper limit (R-1A), representing the GHG-based major
 344 spending scenario, is a result of re-spending savings on GHG-intensive categories
 345 such as wholesale trade, motor gasoline, petroleum and air transport services. The
 346 lower limit, representing the expenditure-based major spending scenario (R-1B), is a
 347 result of re-spending the freed effective income on less GHG intensive categories
 348 such as education services, real estate services and communication services.

349 The second part of the sensitivity analysis investigated the effect of shifting from
 350 conventional to quality-oriented food products (Up-trade scenarios, see Table 3 and
 351 Figure 6b). The use of the same Exiobase GHG intensities (scenario R-2A) results in a
 352 small 3.5% increase, while using updated GHG intensities increases the size of the
 353 rebound effect and, consequently reduces the benefits of food waste prevention by

354 19.5% (



355

356 Figure 66b). The low increase estimated using Exiobase GHG intensities could be

357 explained by two factors: 50% of the re-spending occurs in food product categories

358 that are considered low-GHG categories (Druckman et al., 2011), and the assumption

359 that GHG intensities of quality oriented products increase in the same way as paying

360 a higher price per functional unit (Girod and de Haan, 2010; Vringer and Blok, 1996).

361 For example, if the price of a functional unit of a quality-oriented product is twice

362 this of the conventional counterpart, then the environmental burden associated with

363 it would be doubled. Therefore the first scenario of the uptrade option approach

364 may fail to represent the true variation in environmental impacts between

365 conventional and quality-oriented products. The literature review shows that these

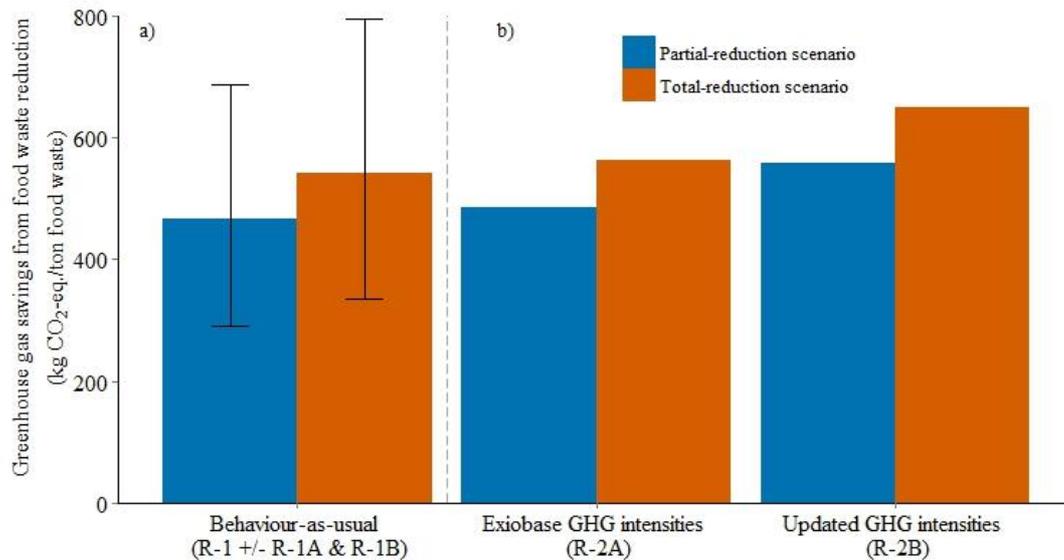
366 variations could vary hugely, from -38% for sugar and oil seeds to +27% for pig meat

367 production (Appendix D & G). Updating GHG intensities to reflect these variations

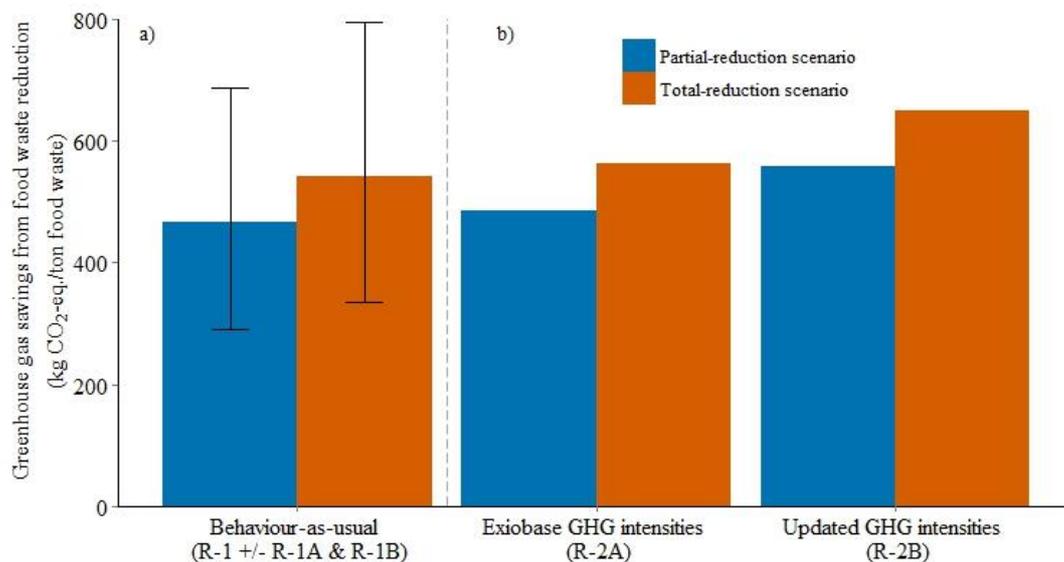
368 (scenario R-2B) show that shifting to quality-oriented products increases the

369 rebound effect and, consequently reduced food waste prevention benefits by 19.5%

370 (



371
 372 Figure 66b). This is due to the additional environmental burden associated with the
 373 production of many quality-oriented food products. Examples of higher impact and
 374 higher value products include organic products, (which have lower yields than
 375 conventional products) boneless meat, (which requires additional energy input in
 376 the food production process) and the use of premium packaging.



377
 378 Figure 6 Uncertainty in estimates for the rebound effect. The left two bars (a) show
 379 the GHG savings assuming that the rebound occurs in line with current budget shares
 380 (R-1), i.e. behavior-as-usual. The error bars represent the estimates for the GHG
 381 savings when spending is assumed to shift between the top 25 consumption
 382 categories (scenario R-1A, upper limit & scenario R-1B, lower limit). The bars to the

383 right show (b) the estimated GHG savings, assuming that some of the respond is
384 spent “trading up” to higher quality goods (scenarios R-2A and R-2B).

385 A handful of peer-reviewed studies have investigated the impact of the rebound
386 effect in food waste prevention activities or a similar context (Alfredsson, 2004;
387 Druckman et al., 2011; Martinez-Sanchez et al., 2016). Martinez-Sanchez and her
388 colleagues used an environmental life-cycle costing approach to evaluate the impact
389 of the rebound effect in food waste prevention activities in Denmark. Their study’s
390 results also found a large rebound effect – in fact much larger than that of our study
391 (1528-4367 kg CO₂ eq/tonne of food waste; 2-5 times higher than results reported in
392 this study). Their findings suggest that the rebound effect could exceed the GHG
393 savings from avoiding food waste, a phenomenon known as “backfire”, where
394 reducing food waste might actually increase GHG emissions. The large difference
395 between these two estimates are attributable to various factors: (i) Martinez-
396 Sanchez et al. use a highly aggregated economic model, combining all industrial
397 sectors into 9 categories; (ii) they use consumer expenditure surveys to allocate
398 savings on consumption categories; and (iii) they investigate extreme scenarios for
399 the rebound effect, including allocating 100% of the savings to the sector with the
400 highest environmental impact, namely “Household use, Hygiene”. Sectorial
401 aggregation is a known source of bias in the input-output literature (Moran and
402 Wood, 2014; Su et al., 2010), and our results may indicate that higher disaggregation
403 leads to lower overall GHG emissions for our case study. Our rebound effect model
404 also combines expenditure and cross-price elasticity (section 2.3), which may lend
405 more weight to low GHG-intensive consumption categories compared to simpler
406 models. Finally, our sensitivity analysis for the rebound effect is constrained so that
407 it more closely resembles current household spending. Despite these differences,

408 the potentially large rebound effect reported here as well as in similar studies
409 reveals the limitation of behavioural interventions, such as reducing food waste in
410 order to reduce greenhouse gas emissions (Martinez-Sanchez et al., 2016). To reduce
411 rebound effects and deliver effective GHG savings, behavioural change must be
412 coupled with economy-wide reductions in GHG intensity (Alfredsson, 2004;
413 Druckman et al., 2011; David Font Vivanco et al., 2016).

414 **4 Conclusions**

415 This paper explores the value of methodological refinements to evaluating the
416 environmental impacts associated with food waste prevention. The quantitative
417 results confirm existing ideas on the environmental benefits of food waste
418 prevention. Concretely, estimated GHG reduction values range between 700 and 888
419 kg CO₂-eq. per ton of food waste. Nevertheless, these emissions are relatively lower
420 than others reported in the literature, partly due to the impact of the rebound
421 effect, which reduces GHG benefits by up to 59%. Overall, our findings indicate that
422 the environmental benefits associated with food waste prevention intervention (e.g.,
423 the “love food hate waste” campaign in the UK (WRAP, 2013)) could be partially
424 undermined by rebound spending. Efforts to reduce the impact of food waste must
425 explicitly consider rebound effects; ultimately, to effectively deliver GHG reductions,
426 behavioural change, such as food waste reduction, must be coupled with reductions
427 in GHG emissions across the economy.

428 Furthermore, this study provides the first comprehensive assessment of food waste
429 prevention that includes the impacts associated with food imports. It highlights the
430 importance of adopting a top-down multi-disciplinary system-wide approach in
431 order to deal with the complexity of the food supply chain that extends beyond

432 geographical borders and across various industries. The findings of this research
433 have provided further insight into our understanding of the environmental impacts
434 of the globalized food production supply chain, particularly in developing countries.
435 The study would consequently help policy makers to develop strategies in order to
436 ensure high efficiency across the global supply chain, especially in developing
437 countries.

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