**Supplementary Table3:** Repeated measure analysis of variance (ANOVA) on neck movement kinematics variables. Significant results are in bold.

| | *F* | *degrees of freedom* | *P* |
|---|---|---|---|
| <u>Angular amplitude</u> | | | |
| **GROUP (1)** | **2,36** | **4.60** | **0.02** |
| SESSION (2) | 1,36 | 0.01 | 0.95 |
| TIME (3) | 2,72 | 0.66 | 0.52 |
| (1) x (2) | 2,36 | 0.20 | 0.82 |
| (1) x (3) | 4,72 | 2.25 | 0.07 |
| (2) x (3) | 2,72 | 0.39 | 0.68 |
| (1) x (2) x (3) | 4,72 | 0.56 | 0.69 |
| <u>Peak angular velocity</u> | | | |
| **GROUP (1)** | **2,36** | **8.66** | **0.001** |
| SESSION (2) | 1,36 | 0.51 | 0.48 |
| TIME (3) | 2,72 | 1.57 | 0.21 |
| (1) x (2) | 2,36 | 1.29 | 0.29 |
| (1) x (3) | 4,72 | 0.02 | 0.99 |
| (2) x (3) | 2,72 | 0.25 | 0.78 |
| (1) x (2) x (3) | 4,72 | 1.97 | 0.11 |